Growth Rates and Metabolic Traits Differ by Diarrheal Manifestation in *Campylobacter*

***jejuni* Strains**

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Short title: Metabolism and growth differences in *Campylobacter jejuni* strains

Abstract

Introduction: *Campylobacter jejuni* is the leading cause of bacterial gastroenteritis worldwide.

Infections with *C. jejuni* can result in two different diarrheal manifestations in humans: watery

diarrhea or bloody/inflammatory diarrhea.

Hypothesis/Gap Statement: Currently, little is known about *C. jejuni* and/or host factors

associated with elicitation of these two distinct diarrheal manifestations. We hypothesize that

these factors may include growth and metabolic trait differences between *C. jejuni* strains

associated with watery diarrhea and bloody/inflammatory diarrhea.

Aim: Using *C. jejuni* strains with a defined diarrheal manifestation in the neonatal piglet model,

we aimed to assess differences in temperature dependent growth rates, motility, biofilm

production, and carbon utilization between diarrheal manifestation groups.

Methodology: Strains were initially assessed for 192 different carbon sources using phenotypic

microarrays followed by specific carbon utilization, growth, motility, and biofilm assays at 37°C

and/or 42°C.

Results: We found that at $37°$C, watery diarrhea associated *C. jejuni* strains grew significantly

faster compared to bloody/inflammatory diarrhea associated *C. jejuni* strains. However, there

was no significant growth difference at 42°C between the groups, due to bloody/inflammatory

diarrhea associated strains growing faster at $42°$C compared to $37°$C. Additionally at $37°$C, we

found that L-fucose utilization was significantly higher among watery diarrhea associated strains,

while L-glutamine utilization was significantly higher among bloody/inflammatory diarrhea

associated strains.

Conclusion: The results indicate there are distinct metabolic adaptations between watery and/or

bloody/inflammatory diarrhea associated *C. jejuni* strains particularly at 37°C, which may be one

of the factors associated with differing diarrheal manifestations.

Introduction

Campylobacter jejuni is a major cause of bacterial gastroenteritis worldwide, responsible for an estimated 550 million cases annually [1]. Infected individuals typically present within 2-5 days of exposure with symptoms including abdominal cramping, nausea, fever, and diarrhea, which can be either watery or bloody/inflammatory in nature [2-4]. Although these distinct diarrheal manifestations have been recognized for decades [5, 6], little is known about the bacterial phenotypic traits that might contribute to these different clinical outcomes.

Watery diarrhea is characterized by loose, non-bloody stools, while bloody/inflammatory diarrhea includes the presence of blood in the stool and/or inflammation of the ileum or colon [4, 7]. Beyond the acute symptoms, campylobacteriosis is associated with several post-infectious sequelae, including Guillain-Barré syndrome and post-infectious irritable bowel syndrome (PI-IBS) [8, 9]. Previous studies suggest that watery diarrhea is linked to secretory mechanisms and enterotoxin activity [10-14], while bloody diarrhea is associated with increased invasiveness [15-17] and cytotoxin production [18-20]. However, fundamental bacterial traits involved in colonization and persistence, such as growth rate, carbon source utilization, motility, and biofilm formation, have not been systematically examined in the context of diarrheal manifestation.

C. jejuni exhibits substantial phenotypic diversity, with variation observed even in strains sharing the same single sequence type (ST) [21, 22], lipooligosaccharide (LOS) structure [23, 24], biofilm formation capacity, aerotolerance [25], antimicrobial resistance, immune response modulation [26], and/or association with PI-IBS [27]. Agricultural and laboratory strains demonstrate further variability due to genetic drift [28] and phase-variation [29] following

multiple passages [30-34]. Unlike many enteric bacteria, *C. jejuni* lacks pathways necessary for

the metabolism of common intestinal carbohydrates such as glucose and galactose [35]. Despite

its relatively small genome and fewer identified metabolic pathways compared to other enteric

pathogens like *Salmonella, C. jejuni* demonstrates notable metabolic flexibility, utilizing amino

acids or citric acid cycle intermediates as energy sources [31, 36, 37].

This metabolic heterogeneity includes the ability of some strains to metabolize glutamine and

asparagine [38]. The amino acid L-glutamine can serve as a primary energy source in *C. jejuni*

strains encoding a gamma-glutamyl transpeptidase (GGT) [39], with GGT-positive strains, such

as those in the ST-45 clonal complex (ST-45 CC) [40], showing enhanced colonization in murine

models. Other strains may compensate for the lack of GGT by through alternative metabolic

pathways [38, 41]. Certain strains, particularly those of ST-22 CC [40] harbor a genomic island

for L-fucose metabolism - a sugar found in intestinal mucin glycoproteins [42, 43]. L-fucose

metabolism confers a competitive advantage during colonization in some hosts, though its role in

human pathogenesis remains unclear [42, 44]. These metabolic differences may contribute to

variations in colonization potential, virulence, and clinical manifestation.

Despite these known differences, colonization factors such as growth, motility, biofilm

formation, and carbon utilization have not been systematically studied for their potential roles in

influencing diarrheal outcomes of *C. jejuni* infections. Addressing this knowledge gap is

essential for better understanding the pathogenesis of this important pathogen. In this study, we

investigated whether growth characteristics and metabolic capacity differ between strains of *C.*

jejuni associated with distinct diarrheal manifestations, and whether these differences reflect

potential host adaptation or zoonotic traits. Using a panel of ten well-characterized *C. jejuni*

strains shown to cause either watery or bloody/inflammatory diarrhea in the neonatal piglet

model - a system that reliably recapitulates human disease phenotypes [45, 46], we compared

generation times, carbon source utilization (L-fucose, L-glutamine, and mucin), motility, and

biofilm formation across temperatures representative of human (37°C) and chicken (42°C)

hosts.

Materials and Methods

Bacterial Culturing and Growth

All strains used in this study, their source, year of isolation, and associated diarrheal manifestation in the neonatal piglet model are listed in **Table 1**. The strains selected for this study were chosen based on their documented diarrheal manifestations in neonatal piglets, offering a more controlled way to investigate the mechanisms behind the observed clinical variability. All watery diarrhea associated strains were sourced from chickens (*Gallus gallus*) while two strains associated with bloody/inflammatory diarrhea originated from chickens and the other three were isolated from human clinical cases. In addition to the *in vivo* work that has been performed with these strains, all have been characterized either genotypically or phenotypically to varying degrees in previous studies, with strains NCTC11168, 81-176 and M129 the most well characterized. However, none of these strains have been investigated as part of two diarrheal manifestation groups for their growth and metabolic capabilities as has been done in this study. All *C. jejuni* strains were grown under microaerophilic conditions (5% O_2, 10% CO_2, 85% N_2) and maintained on Mueller-Hinton agar plates supplemented with 5% defibrinated bovine blood (MHB; Becton, Dickinson and Company, Difco) for 48 hours at 37°C. Strains for assays that required liquid culture were grown in Mueller-Hinton (MH; Becton, Dickinson and Company Difco) broth with constant shaking (100 rpm) for 16-18 hours at 37°C under microaerophilic conditions.

Growth Curves

Growth curves in MH broth were conducted for each of the *C. jejuni* strains. Overnight cultures

were grown with shaking (100 rpm) at 37°C under microaerophilic conditions, OD_{600} measured,

and then diluted to a final OD_{600} of 0.001 (~1 x 10^6 CFU/ml) with MH broth. Next, 300 µl

aliquots of the diluted inoculum were added in triplicate to wells in a sterile 96-well polystyrene

plate (Fisher Scientific), and the plate incubated at 37°C with under microaerophilic conditions

for 1 hour before being sealed tightly with an optical plate film cover (Applied Biosystems) to

prevent evaporation during incubation. The sealed plate was then placed in a SpectraMax M2

plate reader at either 37°C or 42°C, to investigate body temperature differences between humans

(37°C) and chickens (42°C; the primary *C. jejuni* reservoir), with continuous shaking (100 rpm)

for 36 hours with OD_{600} readings recorded every 15 minutes. Generation times for each strain

were calculated using readings from the logarithmic phase of growth. Three biological replicates

were performed for all 10 *C. jejuni* strains with two technical replicates (n = 3).

Carbon Utilization Microarray

Phenotype carbon utilization microarrays were conducted as described previously by Line et al

[47]. Briefly, phenotype microarrays (PMs) were conducted using the PM1 and PM2A plates

(Biolog Inc., CA, USA) for variation in carbon utilization sources between strains. Each strain of

C. jejuni was grown on MHB agar for 12 – 16 hours at 37°C under microaerophilic conditions.

The bacteria were collected from the MHB agar plate using an inoculating loop, resuspended in

17 ml of IF-0a medium (Biolog Inc., CA, USA), and then diluted to a final OD_{600} of 0.8 in IF-0a

medium. Next, the inoculum suspension was mixed with IF-0a, a phenotype microarray additive

solution containing tetrazolium violet (Redox dye D), according to manufacturer's instructions.

Then 100 µl of the inoculum suspension was added to each well of either the PM1 or PM2A

plates. The plates were incubated at 37°C under microaerophilic conditions for 48 hours before

taking OD_{550} measurements in a microplate reader (SpectraMax M2) and visually recording a

color change from clear to violet in each well on a scale of 0-3. A negative control plate for both

types of plates was also incubated in the absence of bacteria to determine false positives. Each

strain was screened a single time with both the PM1 and PM2A carbon utilization plates to serve

as an initial screening method to indicate potential carbon sources of interest to study further for

the strains as described below (n = 1).

L- Fucose, L- Glutamine, and Mucin Utilization Assays

The phenotype microarray initial screening results indicated carbon utilization differences

between the diarrheal manifestation groups for both L-fucose and L-glutamine, thus we focused

on these carbon sources for additional studies. Studies on L-glutamine were done at both 37°C

and 42°C, while L-fucose utilization assays were done at only 37°C. Mucin utilization at 37°C

was added as an additional assay as it has been shown to be important to *Campylobacter*

pathogenesis and L-fucose is a component of mucus. L-fucose, L-glutamine, and mucin

utilization assays were adapted from Stahl et al [42]. Briefly, overnight MH broth cultures of the

different *C. jejuni* strains were grown with shaking (100 rpm) then diluted to a final OD_{600} of

0.01 with minimum essential medium (MEM; Gibco) without glutamine or phenol red and

supplemented with 20 μM $FeSO_4$. The media was also supplemented with either no supplement,

25 mM L-fucose (Thermo Scientific), 0.01 mg/ml bovine submaxillary gland mucin (Millipore)

or 20 mM L-glutamine (Alfa Aesar) depending on the assay. Next, 300 μl aliquots of the diluted

inoculum with or without the appropriate supplement were inoculated in triplicate into a sterile

96-well plate, incubated at 37°C under microaerophilic conditions for 1 hour, then sealed tightly

with an optical plate film cover (Applied Biosystems) to prevent evaporation during incubation.

The sealed plate was then placed in a SpectraMax M2 plate reader at either 37°C or 42°C (for L-

fucose and L-glutamine) with continuous shaking (100 rpm) for 36 hours with OD_{600} reading

recorded every 15 minutes. The plate included a blank control well containing 300 µl of

uninoculated medium. Results were recorded as the maximum OD_{600} obtained for the culture

during 36 hours of growth minus the blank media OD_{600}[39]. Each strain was tested in three

biological replicates with three technical replicates for each of the different carbon utilization

assays with either L-fucose, mucin or L-glutamine or without supplements (n = 3). There was no

growth without any L-fucose, mucin or L-glutamine present during any of the assays.

Motility Assay (Soft Agar Swarming)

Motility assays were conducted based on assays described previously by Reuter et al [48] with

the following modifications: (1) using an OD_{600} of 1.0; (2) checking at time points: 24 hours and

48 hours; (3) using a 10 µl inoculation into the agar; and (4) incubating the agar plates at either

37°C or 42°C. Briefly, each *C. jejuni* strain was grown overnight in MH broth, the OD_{600}

measured, and the culture diluted in MH broth to a final OD_{600} of 1.0. Mueller Hinton (MH) soft

agar plates (Mueller Hinton broth supplemented with 0.4% agar) were inoculated with 10 µl of

the diluted inoculum directly into the center of the plate by stabbing into the agar. Inoculated

plates were incubated at either 37°C or 42°C under microaerophilic conditions for 48 hours. The

radius of growth was measured after 24 hours and 48 hours of incubation using a digital

calibrator starting from the edge of the inoculum spot to the edge of growth. Each strain was

inoculated onto two separate plates for two technical replicates, and each assay was conducted in

three biologically independent assays (n = 3).

Biofilm Assay

Biofilm assays were performed as previously described by Reeser et al[49] except for the following modification: (1) strains were inoculated at an OD_{600} of 0.25. Briefly, *C. jejuni* strains were grown overnight in MH broth with shaking (100 rpm) at 37°C under microaerophilic conditions, the OD_{600} was measured, and the culture diluted with MH broth to a final OD_{600} of 0.25. Then 100 µl of diluted inoculum were then added to the corresponding well of a sterile 24-well polystyrene plate (Fisher Scientific, Los Angeles, CA, USA) containing 1 ml of MH broth. The plate was then statically incubated at 37°C under microaerophilic conditions for 72 hours. After 72 hours incubation, all liquid media was carefully removed from each well by pipetting to avoid disrupting the pellicle, and then the plate was dried at 55°C for 30 minutes. The pellicle in each well was then stained by adding 1 ml of 0.1% crystal violet (100 mg of crystal violet powder (Acros Organics), 8 ml of sterile double distilled water (ddH_2O), and 2 ml 100% methanol (Fisher Bioreagents)) and incubating at room temperature for 5 minutes. Next, each well was washed twice with 1 ml of sterile ddH_2O to remove any excess crystal violet, the plate was dried at 55°C for 15 minutes and then decolorized by adding 1 ml of decolorizer solution (80% ethanol (Fisher Bioreagents) and 20% acetone solution (Fisher Bioreagents)). Finally, 100 µl of the decolorized solution for each strain was transferred to a corresponding well of a 96-well polystyrene plate, and the absorbance at 570 nm was measured using a SpectraMax M2 microplate reader. Each strain was tested in two technical replicates during three biologically independent assays (n = 3).

Statistical Analysis

Statistical analyses were performed using GraphPad Prism (v10.4.1) for comparisons between diarrheal manifestations or RStudio (v2022.07.1) for comparisons between strains. All data were tested for normality (Shapiro–Wilk test) and equal variance (Levene's test). For comparisons between strains associated with watery and bloody/inflammatory diarrhea (n = 15 per group), the non-parametric Mann–Whitney U test was applied. Statistical significance was defined as $p \leq$ 0.05. For comparisons across multiple strains or conditions, non-parametric Kruskal–Wallis tests with Dunn's post hoc test were used. Compact Letter Display (CLD) notation was used to visualize the results of the pairwise comparisons. Strains that do not share a letter are significantly different from each other ($p < 0.05$), while strains sharing the same letter are not significantly different. Statistical significance was defined as $p \leq 0.05$. Each assay included a minimum of three independent biological replicates per strain (n = 3), with technical replicates as noted. Data are presented as mean ± SEM unless otherwise stated.

Results

Watery diarrhea-associated C. jejuni strains grow faster than bloody/inflammatory associated strains at 37•C

To evaluate whether there are differences in growth dynamics between strains associated with different diarrheal manifestations, we compared the growth kinetics of five watery diarrhea-associated and five bloody/inflammatory-associated *C. jejuni* strains at two host-relevant temperatures: 37°C (human) and 42°C (chicken). Growth was monitored over 36 hours using OD□□□ measurements taken every 15 minutes. Strain to strain differences were observed widely among both 37°C and 42°C. Strains M129 and NCTC11168 grew significantly slower at 37°C than at 42°C ($p < 0.05$; **Figure 1A**).

At both temperatures, watery diarrhea associated strains entered logarithmic growth phase earlier and reached higher OD□□□ values compared to bloody/inflammatory strains (**Supplementary Figure 1A–D**). One watery strain (D42a) displayed a slower growth profile, similar to that of bloody/inflammatory strains. Generation times calculated from logarithmic growth phase found significantly faster generation times for watery diarrhea associated strains compared to bloody/inflammatory associated strains at 37°C but not at 42°C (37°C watery diarrhea associated 115.8 minutes, 37°C bloody/inflammatory diarrhea associated 139.99 minutes $p = 0.018$; 42°C watery diarrhea associated 95.23 minutes, bloody/inflammatory diarrhea associated 42°C 111.47 minutes $p = 0.38$; **Figure 1B**). There was no significant difference in generation times at 37°C compared to 42°C for watery diarrhea associated strains ($p = 0.12$) but bloody/inflammatory diarrhea associated strains grew significantly faster at 42°C than 37°C ($p = 0.0057$).

Strains differ in utilization of L-fucose and L-glutamine but not mucin

To determine whether there are nutrient utilization differences between strains associated with

distinct diarrheal outcomes, we screened all ten *C. jejuni* strains for their ability to metabolize

192 carbon sources using Biolog's PM1 and PM2A phenotype microarray plates. Several carbon

sources, including L- glutamic acid, succinic acid, fumaric acid, a-hydroxy-butyric acid and D-L-

malic acid were utilized by all ten *C. jejuni* strains, regardless of their diarrheal manifestation.

The amino acid L- aspartic acid was utilized strongly by watery diarrhea associated strains A13a,

S3 and weakly by RM1221 but was more strongly utilized by bloody/inflammatory strains

M129, 81-176, NCTC11168 and D33a, as indicated by a stronger color change. There were a

few carbon sources used solely by one or two watery diarrhea associated strains and not by

bloody/inflammatory diarrhea associated strains and vice versa, including D-tagatose (D33a),

succinnamic acid (D33a, 81-176), citric acid (NCTC11168 and 81-176) and tricarballyic acid

(S3). Several carbon sources exhibited distinct utilization patterns between the two diarrheal

manifestation groups (**Supplementary Figure 2**). The sugar D-arabinose was utilized by two

watery diarrhea associated strains D42a and S3, but was utilized more strongly by three

bloody/inflammatory diarrhea strains (M129, 81-176, NCTC11168). L-serine was utilized by

only three bloody/inflammatory diarrhea associated strains (M129, 81-176 and NCTC11168) but

not utilized by any watery diarrhea associated strains, while both L-glycyl-proline and glycyl-L-

glutamic acid were utilized by watery diarrhea associated strains A13a, A14a, S3 but only

bloody/inflammatory diarrhea associated strain A9a. Most notably, the amino acid L-glutamine

and the sugar L-fucose were utilized by multiple strains in only one group: L-glutamine was used

by three bloody/inflammatory strains (81-176, M129, D33a) and only one watery strain (S3),

while L-fucose was used by four watery strains (A13a, A14a, D42a, S3) and just one

bloody/inflammatory strain (A9a). The possible role that L-fucose and L-glutamine utilization,

along with mucin, could have in colonization of the host's intestinal tract among these *C. jejuni*

strains made them desirable for further phenotypic analysis [50-52].

All five watery strains showed robust growth in the presence of L-fucose at 37°C (**Figure 2A**).

The geometric mean of the OD☐☐☐ for watery strains was 0.076 compared to 0.030 for

bloody/inflammatory strains (p < 0.0001). L-fucose supported significantly greater growth in

watery diarrhea-associated strains (**Figure 2B**). These results suggest that L-fucose metabolism

is a consistent trait among watery diarrhea-associated strains. To assess whether differences in

mucosal substrate metabolism extended beyond individual monosaccharide components of

mucin, like L-fucose, we next tested the ability of each strain to grow in medium supplemented

with bovine submaxillary gland mucin at 37°C. Although there was strain-level variability, no

significant difference in mucin utilization was observed between watery and

bloody/inflammatory associated strains (p = 0.099), (**Figure 3, Supplementary Figure 3**).

L-glutamine utilization supported higher levels of growth among all strains compared to L-

fucose, with several significant differences between different strains at 37°C or 42°C (**Figure

4A**). Among all strains tested, only watery diarrhea-associated strain A13a showed significantly

higher growth at 42°C compared to 37°C, while bloody/inflammatory diarrhea-associated strains

81-176 and A9a showed increased growth at 37°C compared to 42°C. However, when grouped

by diarrheal manifestation, bloody/inflammatory associated strains exhibited enhanced growth at

37°C in L-glutamine-supplemented medium compared to watery diarrhea associated strains (p =

0.0005) (**Figure 4B**). There was no difference in growth potential at 42°C between watery and

bloody/inflammatory strains, (p = 0.68), suggesting a temperature or host dependent role for

glutamine utilization among *C. jejuni* strains. Together, these results demonstrate that carbon

source utilization differs consistently between strain and diarrheal manifestation groups, and

these traits may be modulated by host temperature. The enhanced L-fucose metabolism of watery

diarrhea associated strains may facilitate rapid growth and colonization in human hosts, while the

slower growth and utilization of L-glutamine by bloody/inflammatory diarrhea associated strains

may contribute to persistence within the human host.

Motility varies widely among C. jejuni strains but does not distinguish diarrheal phenotype

Motility is critically important for *C. jejuni* colonization and pathogenesis, aiding in both

adhesion as well as invasion of host cells [53-55]. To assess whether motility differs between

strains associated with either watery or bloody/inflammatory diarrhea, we performed swarming

motility assays in soft agar at both 37°C and 42°C. A wide range of motility phenotypes were

observed among *C. jejuni* strains: watery diarrhea associated strains D42a and RM1221, and

bloody/inflammatory diarrhea associated strains NCTC11168, D33a, and 81-176 were highly

motile (>10 mm radius), while watery diarrhea associated strain S3 and bloody/inflammatory

diarrhea associated strain A9a were weakly motile or non-motile (<10 mm) (**Figure 5**). Strains

A13a and A14a both had higher (but not significantly different) levels of motility at 42°C. No

significant difference in motility was observed between strains associated with the different

diarrheal manifestations at either temperature: 37°C (p = 0.33) or 42°C (p = 0.64;

Supplementary Figure 4). There was no significant difference in motility at different

temperatures for either the watery (p = 0.35) or bloody/inflammatory (p = 0.24) diarrhea

associated strains.

Biofilm formation does not differ by diarrheal phenotype

Biofilm formation contributes to the persistence, and transmission of *C. jejuni* [56]. Therefore, to

assess the potential differences in these traits among our *C. jejuni* strains, we quantified biofilm

formation at 37°C using crystal violet staining. Strong biofilm producers (A□□□ > 0.30)

included watery diarrhea associated strains A13a and D42a and bloody/inflammatory diarrhea

associated strain M129. Medium biofilm formation (A□□□ between 0.20–0.30) was observed in

watery diarrhea associated strains A14a and S3 and bloody/inflammatory diarrhea associated

strains 81-176 and NCTC11168, while poor biofilm formation (A□□□ < 0.20) was noted for

watery diarrhea associated strain RM1221 and bloody/inflammatory diarrhea associated strains

A9a and D33a (**Figure 6A**). Although strains varied in their individual capacities, biofilm

formation at 37°C was not found to significantly differ between diarrheal manifestation groups

(p = 0.061; **Figure 6B**).

Discussion

This study investigated the variation between strains of *C. jejuni* with defined diarrheal phenotypes in the neonatal piglet model, we assessed growth rates, carbon source utilization, motility, and biofilm formation at human and chicken body temperatures. We observed that watery diarrhea-associated *C. jejuni* strains grow faster than bloody/inflammatory associated strains at 37°C. Here, *C. jejuni* strains showed significant strain to strain variation, including differences in the utilization of L-fucose, L-glutamine, generation times, and but did not display significantly different abilities to form biofilms or to utilize bovine submaxillary gland mucin when grouped by diarrheal manifestation, a finding that was not surprising based on *C. jejuni's* limited ability to metabolize carbohydrates [35]. The uniqueness in carbon utilization between diarrheal manifestation groups may be attributed to numerous factors including host adaptation, evolutionary advantages or preferred niches.

We observed very little to no growth of any of the *C. jejuni* strains in the presence of mucin, suggesting an inability to break it down on their own. It is known that *C. jejuni* growth is enhanced when co-cultured with commensal *Bacteroides vulgatus*, a response suggested to be due to the breakdown of mucin by *B. vulgatus* [57]. There are several types of bacteria that are known mucin degraders that have been identified in humans including *Bifidobacterium* [58, 59], *Bacteroides* [59] and *Akkermansia muciniphila* [60]. Mucin degradation by *A. muciniphila* is known to support intestinal barrier function [61] and provide physiological benefits that prevent disease [61-63]. The composition of mucin degraders in chickens is less well defined, but *Bacteroides* has been found to be one of the most predominating genera of bacteria in the chicken intestinal microbiome [62, 64]. The growth of these commensal bacteria is supported by the highly glycosylated mucins within the intestinal mucus [65], during which active

fructosidases are secreted [66, 67]. *C. jejuni* lacks the ability to release L-fucose from glycans

and instead is known to utilize free fucose from mucin degraders such as *B. vulgatus* [57].

The mucus layer of the intestinal tract is where *C. jejuni* encounters L-fucose, the only known

carbohydrate chemoattractant for *C. jejuni* [68, 69]. In the human gut, 80% of the total dry

weight of intestinal mucins is made up of *O*-linked glycans, while L-fucose is a key terminal

glycan the exact percentage is not known due to the diversity in glycosylation between

individuals [70-72]. However, in chickens L-fucose is suggested to comprise an estimated 7% of

the *O*-glycans in the intestinal tract [73]. The *fuc* locus for L-fucose catabolism has been

identified in >50% of sequenced *C. jejuni* isolates [74] and has been observed in a high

percentage of *C. jejuni* isolates from humans [75]. Here we found that strains associated with

watery diarrhea exhibited enhanced utilization of L-fucose at 37°C. These watery diarrhea

associated strains also grew significantly faster overall at 37°C than those linked to

bloody/inflammatory diarrhea. While these differences may be observational in nature, we

hypothesize that this combination of rapid growth and efficient metabolism may support rapid

early colonization, helping to contribute to the acute nature of watery diarrhea. Reduced

invasiveness by watery diarrhea associated strains may also be a key factor to the observed

diarrheal manifestation, as the bacteria would remain within the mucus layer of the gut where it

rapidly grows and is eventually expelled [76].

Chemotaxis towards L-fucose in the intestinal lumen through the upregulation of L-fucose

dehydrogenase, FucX, is suggested to contribute to its clearance while non-L-fucose

metabolizing *C. jejuni* strains move towards the intestinal mucosa to establish disease [77].

These findings would support the hypothesis that watery diarrhea associated strains utilize L-

fucose in the mucus layer where they are maintained further away from the intestinal epithelial

cells while bloody/inflammatory diarrhea associated strains move to establish themselves at the

enterocyte surface. Indeed, we have recently found that bloody/inflammatory diarrhea associated

C. jejuni strains are significantly more invasive than watery diarrhea associated strains [76], a

finding that may suggest that a higher level of virulence among bloody/inflammatory diarrhea

associated strains could be a key contributor to the diarrhea manifestation differences. However,

in contrast, L-fucose utilization has also been observed *in vitro* to enhance invasion of Caco-2

cells and significantly increase fibronectin binding efficacy in strain NCTC11168 [44]. Another

study found similar results with invasion of Caco-2 increased with the addition of 10 mM L-

fucose under microaerophilic conditions using *C. jejuni* strain 108 [67]. The same study

observed growth enhancement of *C. jejuni* strain 108 in the presence of L-fucose, a finding

similar to ours, suggesting that watery diarrhea associated strains may alter their invasiveness if

tested under the same conditions. In addition, we found that the increased growth potential of

watery diarrhea associated strains was maintained at both host-relevant temperatures, suggesting

adaptation to colonization across multiple hosts with enhanced growth in humans. The ability to

utilize L-fucose provided a colonization advantage *in vivo* in piglets but had no effect on the

colonization of chickens when inoculated at a low dose [42]. Since piglets are a model for human

disease, whereas chickens are the natural reservoir for *C. jejuni*, this suggests L-fucose utilization

at 37°C (human body temperature) versus 42°C (chicken body temperature) may only be

relevant to human disease. Other factors including virulence factors that have not yet been

elucidated may also strongly contribute to these observed growth and metabolic differences in

strains associated with one diarrheal manifestation compared to the other.

Bloody/inflammatory associated diarrhea strains grew more slowly particularly at 37°C, a factor

that potentially contributes to prolonged colonization and disease development. Slower growth

may allow for slower establishment of an infection, which allows for delayed immune

recognition of the pathogen until the infection is more established, potentially resulting in a more

damaging infection. Initial Biolog screening found that some strains preferentially utilized L-

glutamine, we observed a significant increase in growth potential in the presence of L-glutamine

by bloody/inflammatory associated strains compared to watery diarrhea associated strains at

37°C but not at 42°C. In humans, glutamine is known to support epithelial barrier function and

modulate host immune responses, and its depletion may promote tissue damage and

inflammation [78-80]. Because L-glutamine is a key fuel source for enterocytes and supports

tight junction integrity [78, 81], *C. jejuni* utilization of L-glutamine may provide a metabolic

advantage and also actively disrupt enterocyte homeostasis. In the context of inflammation,

where glutamine demand is heightened due to increased epithelial turnover and immune cell

activation, its depletion could contribute to impaired repair to tissue damage as well as reduced

immune function [82]. Other studies have found that *C. jejuni* strains have considerable variation

in their ability to utilize L-glutamine, with 31% of strains [40] containing the enzyme gamma-

glutamyl transpepidase (GGT) necessary for glutamine and glutathione metabolism. One study

found a higher percentage of *C. jejuni* strains from human isolates (37.93%) to contain the *ggt*

gene compared to 14.29% among strains from non-human sources [51], suggesting an advantage

for these strains in the human host. Furthermore, a study of 166 *C. jejuni* strains from Finnish

patients found an association between bloody diarrhea and GGT production [83], while another

study found purified *C. jejuni* GGT impaired intestinal cell and lymphocyte proliferation [84].

The complicated and variable response by *C. jejuni* strains containing *ggt* suggests that

individual strains may have complex metabolic requirements or can compensate with alternative

pathways not yet characterized. Overall, the metabolic diversity observed among strains

highlights the importance of considering host-specific and strain-specific adaptations when

investigating L-glutamine utilization among *C. jejuni* strains, especially among those associated

with bloody/inflammatory diarrhea.

This study found that motility differences were not restricted to the different diarrheal

manifestation groups. Motility was variable at the strain level at either 37°C or 42°C. All strains

were motile except strain S3, which was originally able to colonize chickens [85, 86], but

minimal laboratory passages rendered it defective for colonization [87]. Interestingly, motility is

a critical factor associated with colonization/pathogenicity [88-91]. Previously, similar results

were demonstrated for non-motile *C. jejuni* strain CS that caused few pathological changes in the

piglet model, but grew to a greater maximum cell density in MH medium compared to a

genotypically similar but motile strain [89]. Watery diarrhea associated strains with limited to

no motility, such as S3, may be able to overcome the mucus layer via the more rapid growth that

we observed in this study, but additional studies are needed to confirm this hypothesis. Our

results demonstrate that *C. jejuni* strain motility does not have a role in the type of diarrheal

manifestation associated with the strain.

Biofilm formation is known to differ among *C. jejuni* strains [92] and has been suggested to

promote survival, transmission and colonization of hosts [93, 94]. The present study revealed

that there was no significant difference in biofilm formation among watery or

bloody/inflammatory diarrhea associated strains at 37°C, thus demonstrating that factors other

than biofilm formation during human colonization are important to the type of diarrheal

manifestation produced by the strain. In addition to temperature, biofilm formation by bacteria

can be triggered by various environmental stressors such as nutrient availability, varying oxygen

tensions and osmotic changes [95-97], for example, one study showed that *C. jejuni* biofilm

formation was increased under low-oxygen tensions as well as in minimal nutrient medium [49].

When nutrients are available, such as L-fucose, it is known that biofilm formation is reduced,

and growth is enhanced *in vitro* [74]. Future studies should investigate the ability of *C. jejuni*

strains associated with watery diarrhea to form biofilms when L-fucose is provided in the

medium, particularly given their enhanced growth with L-fucose.

It is important to note that our study revealed substantial phenotypic variability within each

diarrheal manifestation group, and there are likely numerous *C. jejuni* associated factors and host

factors associated with the different diarrheal manifestations. In fact, it is not unexpected to see

strain to strain variability given the known genomic and functional diversity of *C. jejuni*.

However, this strain to strain variability reinforces the need to study multiple strains to identify

group-level trends. Within the watery diarrhea group, strain D42a had a longer generation time at

37°C than the other watery associated strains. A13a showed significantly higher growth at 42°C

in the presence of L-glutamine. Among bloody/inflammatory strains, NCTC11168, and M129

had slower generation times at 37°C than at 42°C. 81-176, D33a and NCTC-11168 showed

similar levels of motility, but A9a and M129 were only weakly motile. The presence of these

outliers highlights the spectrum of metabolic and growth capabilities within each diarrheal

manifestation group, and further supports that these diarrheal manifestations are probably due to

numerous different virulence and host factors. As mentioned previously, that

bloody/inflammatory diarrhea associated strains may simply have enhanced virulence factors

compared to watery diarrhea associated strains, an explanation supported by other work by our

lab [76]. Additional work is necessary to determine if growth rate and metabolic traits along with

various key virulence attributes are true contributors to these two diarrheal manifestations in

human disease.

Another consideration is that strain classification in this study was based on diarrheal outcomes

observed in the neonatal piglet model, rather than direct human clinical data. While this may

limit immediate generalizability, the piglet model is the only experimental systems that reliably

reproduces both watery and bloody/inflammatory diarrheal manifestations caused by *C. jejuni*. It

provides a controlled environment to directly associate specific bacterial traits with clinical

outcomes, eliminating many of the confounding variables inherent in human observational

studies. Additionally, clinical strains are likely biased towards bloody/inflammatory diarrhea

associated strains, as people suffering from the less severe watery diarrhea are not likely to seek

medical attention. Nonetheless, validation of these findings using well-characterized human

isolates with known clinical presentations will be important for confirming their broader

relevance. Furthermore, there are a wide range of confounding factors that exist that could

further contribute to the diarrheal manifestations, even within the neonatal piglet model. The

piglet model used with these ten *C. jejuni* strains in prior studies were conventional not

gnotobiotic piglets, allowed for slight variation in the gut microbiome. It remains to be

elucidated if these *Campylobacter* strains may differ in their abilities to outcompete and/or

interact with the gut microbiome in piglets and/or human during disease production.

Despite these limitations, our findings provide initial evidence that the diarrheal outcome

produced during a *C. jejuni* infection may be at least partially shaped by fundamental differences

in the growth and metabolism of the infecting strain. Strains associated with watery diarrhea

appear optimized for rapid expansion and mucus-derived sugar utilization, while those linked to

bloody/inflammatory diarrhea are slower growers, utilizing L-glutamine for enhanced growth at

37°C. These strategies may reflect differing host adaptation trajectories and suggest that

metabolic profiling could provide new insight into the pathogenic potential of *C. jejuni* lineages.

Contributors

JB: Conceptualization, methodology, experimentation, formal analysis, writing – original draft, and review & editing. **KKC:** Conceptualization, methodology, resources, funding acquisition, project administration, supervision, writing, and review & editing. **CP:** Writing, and review & editing. **BP:** Writing, and review & editing.

Conflicts of Interest

The authors have no conflicts of interest.

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518 **Table 1.** *Campylobacter jejuni* strains utilized in the study and associated diarrheal manifestation

Strain	Source	Clonal Complex	ST	Year of Isolation	Diarrheal Manifestation
RM1221	Chicken	ST-354	ST354	2005	Watery
S3	Chicken	ST-354	ST354	2007	Watery
D42a	Chicken	ST-21	ST21	2007	Watery
A14a	Chicken	ST-607	ST1212	2007	Watery
A13a	Chicken	ST-607	ST1212	2007	Watery
NCTC11168	Clinical	ST-21	ST43	1977	Bloody and/or Inflammatory
81-176	Clinical	ST-42	ST604	1985	Bloody and/or Inflammatory
M129	Clinical	ST-353	ST353	1989	Bloody and/or Inflammatory
A9a	Chicken	ST-460	ST2827	2007	Bloody and/or Inflammatory
D33a	Chicken	ST-42	ST459	2007	Bloody and/or Inflammatory

 Figure Legends

Figure 1. Generation time of *C. jejuni* strains at 37°C and 42°C. (A) Generation Time in

minutes at 37°C and 42°C for all *C. jejuni* strains. Average generation time calculated from

logarithmic phase from three biologically independent assays with three technical replicates at

both 37°C and 42°C (n = 3). Compact letter displays (CLDs) indicate statistically significant

differences between groups (p < 0.05) as determined by Kruskal-Wallis test followed by Dunn's

post hoc test. Bars labeled with different letters indicate statistically significant differences (p <

0.05) between those strains and/or temperatures, whereas shared letters denote groups that are

not significantly different from each other. (B) Generation time in minutes of *C. jejuni* strains

grouped by diarrheal manifestation (n = 15). There was a significant difference between

bloody/inflammatory and watery diarrhea associated strains at 37°C (*, p = 0.018) but not at

42°C (p = 0.38). There was a significant difference between 37°C and 42°C among

Bloody/inflammatory diarrhea associated strains (**, p = 0.0057), but not among watery diarrhea

associated strains (p = 0.12).

Figure 2. Utilization of L-fucose at 37°C. (A) L-fucose utilization at 37°C between *C. jejuni*

strains. Compact letter displays (CLDs) indicate statistically significant differences between

groups (p < 0.05) as determined by Kruskal-Wallis test followed by Dunn's post hoc test (n = 3).

Bars labeled with different letters indicate statistically significant differences (p < 0.05) between

those strains whereas shared letters denote groups that are not significantly different from each

other. (B) L-fucose utilization at 37°C between *C. jejuni* strains grouped by diarrheal

manifestation. There was a significant difference between the growth of watery diarrhea and

bloody/inflammatory associated strains when grown in minimal media containing L-fucose at

37°C (****, p < 0.0001). The average highest OD_{600} was calculated from three biologically

independent assays with three technical replicates (n = 15).

Figure 3. Utilization of mucin at 37°C. Bovine submucosally gland mucin utilization at 37°C

by *C. jejuni* strains. Compact letter displays (CLDs) indicate statistically significant differences

between groups (p < 0.05) as determined by Kruskal-Wallis test followed by Dunn's post hoc

test. Bars labeled with different letters indicate statistically significant difference (p < 0.05)

between those strains, whereas shared letters denote groups that are not significantly different

from each other. The average highest OD_{600} was calculated from three biologically independent

assays with three technical replicates (n = 3).

Figure 4. Utilization of L-glutamine at 37°C and 42°C. (A) Average highest OD_{600} L-

glutamine utilization at 37°C and 42°C across all *C. jejuni* strains. Compact letter displays

(CLDs) indicate statistically significant differences between groups (p < 0.05) as determined by

Kruskal-Wallis test followed by Dunn's post hoc test (n = 3). Bars labeled with different letters

indicate statistically significant difference (p < 0.05) between those strains and/or temperatures,

whereas shared letters denote groups that are not significantly different from each other. (B)

Average highest OD_{600} L-glutamine utilization at 37°C and 42°C across all *C. jejuni* strains

grouped by diarrheal manifestation. There was a significant difference between the growth of

watery diarrhea and bloody/inflammatory associated strains when grown at 37°C in minimal

media containing L- glutamine (***, p = 0.0005) but not at 42°C (p = 0.68). The average highest

OD_{600} was calculated from three biologically independent assays with three technical replicates

(n = 15).

Figure 5. Motility at 37°C and 42°C. Average motility of *C. jejuni* strains after 48-hour

incubation at both 37°C and 42°C. Motility was measured as the radius of the halo of growth in

millimeters after 48-hour incubation. Average motility was calculated from three biologically

independent assays with two technical replicates (n = 3). Compact letter displays (CLDs)

indicate statistically significant differences between groups (p < 0.05) as determined by Kruskal-

Wallis test followed by Dunn's post hoc test (n = 3). Bars labeled with different letters indicate

statistically significant difference (p < 0.05) between those strains and/or temperatures, whereas

shared letters denote groups that are not significantly different from each other.

Figure 6. Biofilm production at 37°C. (A) Formation of biofilm after 72 hours at 37°C among

C. jejuni strains. Biofilm formation was quantified using spectrometer readings at 570 nm

following a 72-hour incubation at 37°C. Compact letter displays (CLDs) indicate statistically

significant differences between groups (p < 0.05) as determined by Kruskal-Wallis test followed

by Dunn's post hoc test. Bars labeled with different letters indicate statistically significant

difference (p < 0.05) between those strains, whereas shared letters denote groups that are not

significantly different from each other. Average biofilm formation was determined from three

biologically independent assays at 37°C with two technical replicates (n = 3) (B) Average

biofilm production of watery diarrhea and bloody/inflammatory associated strains after 72 hours

at 37°C. Average biofilm production at 37°C was calculated from three biologically independent

assays with two technical replicates (n = 15).

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