STRAIN-SPECIFIC VIRULENCE SIGNATURES OF *CAMPYLOBACTER JEJUNI*

ASSOCIATED WITH WATERY VERSUS BLOODY DIARRHEA IN THE NEONATAL

PIGLET MODEL

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Abstract

Campylobacter jejuni is the leading cause of bacterial gastroenteritis globally, presenting with either watery or bloody/inflammatory diarrhea. Despite this clinical variability, the underlying mechanisms driving these distinct diarrheal manifestations remain unclear. The neonatal piglet model provides a unique opportunity to investigate these differences using strains with defined disease manifestations. We evaluated ten *C. jejuni* strains previously shown to cause consistent diarrheal manifestations in neonatal piglets: five strains associated with watery diarrhea and five associated with bloody/inflammatory diarrhea. The study found significant strain to strain variation among most assays, but overall strains associated with bloody/inflammatory diarrhea exhibited significantly higher levels of epithelial cell invasion, intracellular survival, macrophage survivability, and disruption of intestinal barrier integrity compared to watery diarrhea strains. Notably, both groups produced similar levels of cytolethal distending toxin (CDT), and elicited comparable IL-8 responses. While both groups facilitated translocation of commensal *E. coli*, only bloody/inflammatory strains caused increased paracellular permeability, as shown by TEER and FITC-dextran assays. Variation in adherence was observed between groups depending on the cell line used. This study reveals that there is significant variation in the virulence phenotype of *C. jejuni* strains and identifies several characteristics consistently associated with a specific diarrheal manifestation group. These findings provide new insights into the strain-specific pathogenic mechanisms of *C. jejuni*, with implications for understanding host-pathogen interactions and informing targeted diagnostic and therapeutic strategies.

Author Summary

Campylobacter jejuni is one of the most common causes of bacterial diarrhea worldwide, affecting

millions each year. Infected individuals may experience either watery or bloody/inflammatory

diarrhea, but the reasons why different strains cause different types of illness have remained a

mystery. In this study, we used a neonatal piglet model, which accurately mimics human diarrheal

disease, to investigate why certain *C. jejuni* strains cause more severe symptoms than others. We

compared strains known to cause either watery or bloody diarrhea and found key differences in

their ability to invade intestinal cells, survive inside immune cells, and damage the intestinal

barrier. While both groups of strains could trigger inflammation and translocate *E. coli* through

the intestinal lining, only the strains linked to bloody diarrhea caused significant barrier disruption

and had increased intracellular survival. These findings reveal that different *C. jejuni* strains follow

distinct paths during infection, which helps explain why they produce different symptoms.

Understanding these differences could lead to better diagnostics, treatments, and possibly vaccines

to reduce the burden of campylobacteriosis around the world.

Introduction

Campylobacter jejuni is the leading cause of bacterial gastroenteritis worldwide, responsible for over 550 million cases annually[1]. In the United States alone, it affects more than 1.9 million people per year, imposing significant economic and public health burdens[2]. While typically self-limiting, C. jejuni infection can lead to long-term sequelae such as post-infectious irritable bowel syndrome (PI-IBS), reactive arthritis, and Guillain-Barré syndrome[3-5]. Increasing evidence also links Campylobacter to growth stunting in children from low- and middle-income countries due to chronic enteric infections[6-8].

Clinically, C. jejuni infection presents as watery or bloody/inflammatory diarrhea, with up to 27% of U.S. cases involving visible blood in stools[9]. Bloody/inflammatory diarrhea suggests deeper intestinal invasion and inflammation, often associated with more severe outcomes[10]. Despite decades of reporting this clinical distinction, the mechanisms driving these divergent diarrheal manifestations remain poorly understood. Several virulence factors have been proposed to influence disease severity, including enterotoxin production, cytotoxins like cytolethal distending toxin (CDT), and bacterial invasiveness[11-13]. However, no studies have definitively linked these traits to specific diarrheal outcomes. Clinical data are often confounded by subjective patient reporting and variable strain backgrounds, complicating direct comparisons. Additionally, many Campylobacter studies rely heavily on just a few clinical C. jejuni strains, most commonly NCTC11168, 81-176, or 81116[14, 15], which may unintentionally bias findings, given the well-documented heterogeneity in virulence factors across C. jejuni strains virulence factors[16-18].

The neonatal piglet model provides a robust platform for studying C. jejuni-induced diarrhea[19]. Unlike murine models, piglets exhibit human-like and can consistently replicate both watery and bloody/inflammatory diarrheal manifestations following infection with specific C.

jejuni strains[20, 21]. Piglets are recognized as strong alternatives to both canines or non-human primates for non-rodent evaluations that are required by regulatory agencies[22, 23] and have intestinal functions physiologically similar to humans[24-26]. Utilization of this model allows for controlled, strain-specific comparisons with minimized host variation. Healthy piglets typically do not develop disease when exposed to *C. jejuni*[27]. However, colostrum-deprived neonatal piglets consistently develop clinical symptoms such as large intestinal lesions and inflammation along with diarrhea lasting up to six days depending on the *C. jejuni* strain used for infection[28]. Similarly, gnotobiotic piglets infected with *C. jejuni* also display symptoms of diarrhea and sloughing of epithelial cells from the mucosa in the cecum and colon closely resembling human campylobacteriosis pathologies[20, 29]. Despite these advantages, the use of piglets in *C. jejuni* research remains limited due to the high costs and specialized housing requirements, leading many researchers to favor more accessible models such as mice, ferrets, guinea pigs, or rats.

In this study, we leveraged the neonatal piglet model to investigate phenotypic differences between *C. jejuni* strains that cause watery diarrhea compared to those that cause bloody/inflammatory diarrhea. Using ten strains classified by the resultant diarrheal manifestation, we assessed virulence traits including invasion, intracellular survival, epithelial barrier disruption, and immunostimulation. Our goal was to evaluate these virulence and pathogenicity traits that may relate to the differences in diarrheal presentation, advancing our understanding of *C. jejuni* pathogenesis and informing new approaches to diagnosis or intervention.

Materials and Methods

Bacterial Culturing and Growth

C. jejuni strains used in this study (**Table 1**). All strains were grown and maintained on Mueller-Hinton agar plates supplemented with 5% defibrinated bovine blood (MHB; Becton, Dickinson and Company Difco) for 48 hours at 37°C with 10% CO_2. Strains for assays that required liquid culture were grown in Mueller – Hinton broth (MH; Becton, Dickinson and Company Difco) with constant shaking (100 rpm) for 16-18 hours at 37°C with 10% CO_2. Assay control strains *Escherichia coli* DH5α and *Salmonella enterica* subspecies *enterica* serovar Typhimurium str. RM6835 were both grown aerobically either on Luria – Bertani (LB) agar (Fisher Bioreagents) at 37°C for 24 hours or in LB broth (Fisher Bioreagents) with constant shaking (100 rpm) at 37°C for 24 hours. For selective isolation of *Campylobacter* in select assays, *C. jejuni* strains were cultured on Campy CEFEX agar, a modified MH agar with the addition of vancomycin (20 mg/L), polymyxin B (0.35 mg/L), trimethoprim (26.4 mg/L), sodium cefoperazone (20 mg/L) and amphotericin B (10 mg/L).

136   **Table 1.** *Campylobacter jejuni* strains utilized in this study

Strain	Source	Sequence Type (ST)	Clonal Complex	Diarrheal Manifestation
NCTC11168	Clinical	ST43	ST-21	Bloody and/or Inflammatory
81-176	Clinical	ST604	ST-42	Bloody and/or Inflammatory
M129	Clinical	ST353	ST-353	Bloody and/or Inflammatory
A9a	Poultry	ST2827	ST-460	Bloody and/or Inflammatory
D33a	Poultry	ST459	ST-42	Bloody and/or Inflammatory
RM1221	Poultry	ST354	ST-354	Watery
S3	Poultry	ST354	ST-354	Watery
D42a	Poultry	ST21	ST-21	Watery
A14a	Poultry	ST1212	ST-607	Watery
A13a	Poultry	ST1212	ST-607	Watery

Cytolethal Distending Toxin (CDT) Assay

CDT activity was measured using a modified protocol from Abuoun et al[30]. Briefly, *C. jejuni* strains were grown overnight on MHB plates at either 37°C or 42°C under microaerobic conditions (10% CO_2). Bacterial growth was harvested by resuspending the entire plate in 5 ml of Brucella broth (Becton, Dickinson and Company, BBL). The suspension was centrifuged at 10,000 × g for 20 minutes at 4°C. The supernatant was discarded, and the bacterial pellet was resuspended in 3 ml of Eagle's Minimum Essential Medium (EMEM; Corning) supplemented with 10% fetal bovine serum (FBS; Corning). The OD_{600} of the suspension was adjusted to 1.0 using EMEM + 10% FBS. Lysates were prepared by sonicating the suspension on ice using a QSonica sonicator (20-second pulses, 20-second rests, five cycles total). The lysate was centrifuged at 10,000 × g for 20 minutes at 4°C, and the supernatant was filter-sterilized using a 0.22 µm syringe filter (Fisher Scientific) to remove viable bacteria. Sterile lysates were serially diluted two-fold (1:1 to 1:128) in EMEM + 10% FBS. HeLa cells (ATCC CCL-2) were seeded into 96-well plates at 2×10^4 cells/ml in 100 µl of EMEM + 10% FBS and incubated for 3 hours at 37°C with 5% CO_2. Subsequently, 100 µl of each dilution of filtered cell lysate was added to the HeLa cells. Plates were incubated at 37°C with 5% CO_2 for five days. Following incubation, cells were fixed with 10% formalin and stained with 0.8% crystal violet. The CDT titer was defined as the reciprocal of the highest dilution showing >50% cell distension. *E. coli* DH5α was used as a negative control. Each strain was tested in three biologically independent assays (n = 3).

Attachment Assays

Attachment was assessed using three epithelial cell lines: non-polarized INT407 (ATCC CCL-6), and polarized Caco-2 BBE (ATCC HTB-37) and T84 (ATCC CCL-248) cells. Cell lines were

seeded in 24-well tissue culture-treated plates (1 ml per well at 1×10^6 cells/ml) and incubated for

18 hours at 37°C with 5% CO_2. *Campylobacter* cultures were grown overnight in MH broth with

shaking (100 rpm) at 37°C in 10% CO_2. The OD_{600} was adjusted to 0.1 in the appropriate medium

for each cell line: EMEM + 10% FBS for INT407, EMEM + 20% FBS for Caco-2 BBE, and

DMEM/F-12 + 5% FBS for T84. Each well was washed twice with sterile PBS, then inoculated

with 1 ml of *C. jejuni* inoculum (approximately 1×10^8 CFU, multiplicity of infection (MOI) 100).

To enhance bacterial contact with host cells, plates were centrifuged at $600 \times g$ for 5 minutes then

incubated for 1 hour at 37°C with 5% CO_2. Wells were then washed twice with PBS to remove

non-adherent bacteria. Host cells were lysed by adding 1 ml of 0.1% Triton X-100 in PBS and

incubating for 10 minutes at room temperature. Lysates were serially diluted and plated on MHB

agar for CFU enumeration after incubation at 37°C in 10% CO_2 for 48 hours. Attachment

percentage was calculated as: (CFU recovered / CFU inoculated) $\times$ 100. Each strain was tested in

technical duplicates in three independent experiments (n = 3). Negative controls included two

wells inoculated with only sterile PBS. *E. coli* DH5α was used as a positive control. Due to

insufficient T84 cell growth, *C. jejuni* strain 81-176 was unable to be included in attachment assays

using this line.

Invasion assays

Enterocyte invasion was assessed using INT407, Caco-2 BBE, and T84 cells, following the same

seeding and infection conditions described for attachment assays. After overnight growth of *C.*

jejuni in MH broth at 37°C with 10% CO_2 and shaking (100 rpm), cultures were diluted to OD_{600}

= 0.1 in the appropriate medium for each cell line to achieve a MOI of 100. Each well of the 24-

well plates was washed twice with PBS and then inoculated with 1 ml of the bacterial suspension.

Plates were centrifuged at 600 × g for 5 minutes and incubated for 3 hours at 37°C with 5% CO_2

to allow for bacterial invasion. Following incubation, wells were washed twice with PBS, and 1

ml of cell line-specific medium containing gentamicin (250 µg/ml; Acros Organics) was added to

each well. Plates were incubated for an additional hour to eliminate extracellular bacteria. After

gentamicin treatment, wells were washed twice with PBS and then lysed with 1 ml of 0.1% Triton

X-100 in PBS. The lysates were serially diluted and plated on MHB agar, which was incubated at

37°C with 10% CO_2 for 48 hours. The percent invasion was calculated as: (CFU recovered after

gentamicin / CFU in initial inoculum) × 100. Each strain was assessed in technical duplicates in

three biologically independent experiments (n = 3). *Salmonella* Typhimurium strain RM6835 was

used as a positive control, and *E. coli* DH5α as a negative control. Every assay included two

uninoculated wells and were processed exactly as the positive and negative controls. Due to

insufficient T84 cell growth, *C. jejuni* strain 81-176 was unable to be included in invasion assays

using this cell line.

Macrophage Survivability

The ability of the different *C. jejuni* strains to survive intracellularly in macrophages was assessed

using J774A.1 mouse macrophages (ATCC TIB-67). Cells were seeded into 24-well plates at 1 ×

10^6 cells/ml in 1 ml per well and incubated for 18 hours at 37°C with 5% CO_2 to establish

monolayers. Overnight MH broth cultures of each *C. jejuni* strain were prepared, adjusted to OD_{600}

= 0.1 (~1 × 10^8 CFU/ml) in DMEM + 10% FBS (J7774A.1 culture media), and added to each well

at an MOI of 100. Two wells were left uninoculated as negative controls. Plates were incubated at

37°C with 5% CO_2 for 24, 48, or 72 hours. At each time point, wells were washed twice with PBS

and then treated with 1 ml of gentamicin (250 µg/ml in DMEM + 10% FBS) for 1 hour to eliminate

extracellular bacteria. After treatment, wells were washed again, and macrophages were lysed by

adding 1 ml of 0.1% Triton X-100 in PBS. Lysates were serially diluted and plated on MHB agar,

incubated at 37°C with 10% CO_2 for 48 hours, and colonies enumerated. Each strain was tested in

two technical replicates across three independent biological assays (n=3). *C. jejuni* strain 81-176

was included as a positive control due to its known interaction with macrophages[31].

IL-8 ELISA and 24-hour Intracellular Survivability

T84 cells were seeded into 24-well plates at 5.5×10^5 cells/well and cultured for approximately 7

days until reaching 100% confluence. *C. jejuni* strains were grown overnight in MH broth and

diluted to $OD_{600} = 0.1$ in DMEM/F-12 with 5% FBS (T84 medium). Each well was infected with

1 ml of bacterial suspension (~1×10^8 CFU, MOI 100) and incubated at 37°C with 5% CO_2 for 3

hours. Following infection, wells were washed with PBS and treated with 1 ml of gentamicin (250

µg/ml in T84 medium) for 1 hour. Wells were then washed again, fresh medium was added, and

plates were incubated for 24 hours at 37°C with 5% CO_2. After 24 hours, media from each well

was collected, centrifuged at $12,000 \times g$ for 1 minute, and the supernatant stored at –80°C for

cytokine analysis. Human IL-8 levels were measured using the BD OptEIA™ ELISA kit (BD

Biosciences) per the manufacturer's instructions. To assess intracellular bacterial survival,

epithelial cells were lysed after supernatant removal by adding 1 ml of 0.1% Triton X-100 in PBS.

Lysates were serially diluted and plated on MHB agar. Plates were incubated at 37°C in 10% CO_2

for 48 hours, and colonies were counted. Each strain was evaluated in two technical replicates per

assay, with three independent biological replicates (n = 3). Due to insufficient T84 cell growth, *C.*

jejuni strain 81-176 was unable to be included in IL-8 and intracellular assays using this cell line.

Transepithelial Electrical Resistance (TEER)

To evaluate epithelial barrier integrity, transepithelial electrical resistance (TEER) was measured using Caco-2 BBE cells. Cells were seeded at 2×10^5 cells per well into 0.4 μm pore-size Transwell inserts (Falcon, Corning) placed in 24-well tissue culture-treated plates. Cells were cultured in EMEM with 20% FBS at 37°C with 5% CO_2 until a confluent monolayer formed (TEER > 250 $\Omega \cdot cm^2$), typically by day 14. Monolayer integrity was assessed microscopically and with an EVOM2 volt/ohm meter (World Precision Instruments). Following confluence, cells were maintained for an additional 120 hours to promote tight junction maturation. Prior to infection, TEER was recorded, and a cell count was performed using a hemocytometer to calculate the bacterial concentration needed for MOI 100. *C. jejuni* cultures were prepared by growing strains overnight in MH broth, adjusting to $OD_{600} = 0.1$, and diluting in Caco-2 BBE medium. From each Transwell, 50 μl of media was removed from the apical compartment and replaced with 50 μl of the corresponding *C. jejuni* inoculum ($\sim 5 \times 10^6$ CFU; MOI 100). Each strain was tested in duplicate Transwells, with two uninoculated wells serving as negative controls (sterile medium only). Infected plates were incubated at 37°C with 5% CO_2 for 72 hours. TEER measurements were taken at 24, 48, and 72 hours using Millicell ERS-2 electrodes (Millipore). Electrodes were disinfected and rinsed between each well using the following sequence: 10% bleach, sterile water (×2), 70% ethanol, sterile water (×2), and pre-warmed media. Each *C. jejuni* strain was tested in duplicates during three independent biological experiments (n = 3).

FITC-Dextran Translocation

To assess paracellular permeability to small molecules, a 4-kDa fluorescein isothiocyanate (FITC)-dextran probe (Millipore Sigma) was applied to mature Caco-2 BBE monolayers grown on 0.4 μm

Transwell inserts in phenol red-free MEM (Gibco). Cells were seeded at 2×10^5 cells per insert

and cultured to confluence (TEER > 250 $\Omega \cdot cm^2$), then maintained for an additional 120 hours to

allow tight junction maturation. Overnight *C. jejuni* cultures were adjusted to $OD_{600} = 0.1$ (~5 $\times$

10^6 CFU) and used to inoculate the apical compartments (50 µl per insert, MOI 100). Two wells

were left as negative controls (sterile medium only). After 72 hours of incubation at 37°C with 5%

CO_2, 100 µl of media was removed from the apical compartment and replaced with 100 µl of 4-

kDa FITC-dextran solution (10 mg/ml in PBS). Plates were incubated for 3 hours, then 100 µl was

collected from the basolateral compartment and transferred to a black walled 96-well plate for

fluorescence measurement. Fluorescence was measured using a SpectraMax M2 plate reader

(Molecular Devices) with excitation at 490 nm and emission at 530 nm. Relative fluorescence

units (RFUs) were blanked against sterile Caco-2 BBE medium. Each *C. jejuni* strain was tested

in three biological experiments with two technical replicates each (n = 3).

Commensal Bacteria Translocation

The ability of *C. jejuni* to disrupt the epithelial barrier and promote translocation of non-invasive

commensal bacteria was assessed using *E. coli* DH5α as a model commensal. Two experimental

approaches were performed: (1) a 6-hour co-inoculation and (2) a 72-hour pre-infection with *C.*

jejuni followed by 3-hour *E. coli* exposure. For both approaches, Caco-2 BBE cells were seeded

at 1.5×10^5 cells/ml into 3 µm pore-size Transwell inserts and cultured to confluence (TEER >

250 $\Omega \cdot cm^2$), with daily monitoring of TEER.

6-hour co-culture: Overnight cultures of *C. jejuni* and *E. coli* DH5α were grown and adjusted to

$OD_{600} = 0.1$ (~5 $\times 10^6$ CFU). The apical compartment was inoculated with 50 µl of each strain

(MOI 100 per organism). After 6 hours of incubation, media from the basal compartment was

collected and plated on MacConkey agar for *E. coli* and CEFEX agar for *C. jejuni*. CEFEX agar

was incubated at 37°C with 10% CO_2 for 48 hours; MacConkey plates were incubated aerobically

at 37°C for 24 hours. Each strain was tested in three independent biological experiments with two

technical replicates each (n = 3).

72-hour pre-infection + 3-hour E. coli exposure: Caco-2 BBE cells were infected with *C. jejuni*

as described for the TEER assay. After 72 hours, 50 µl of *E. coli* DH5α (MOI 100) was added to

the apical compartment and incubated for an additional 3 hours. Basolateral media was collected

and plated as described above. Each strain was tested in three independent biological experiments

with two technical replicates per experiment (n = 3). To assess intracellular *C. jejuni* and *E. coli*,

the apical compartment was treated with gentamicin (250 µg/ml) for 1 hour, washed, and lysed

with 0.1% Triton X-100. Lysates were plated on CEFEX and MacConkey agar for quantification.

Translocation efficiency was calculated as: (CFU in basal compartment / CFU inoculated) × 100.

Statistical Analysis

Statistical analyses were performed using GraphPad Prism (v10.4.1) for comparisons between

diarrheal manifestations or RStudio (v2022.07.1) for comparisons between strains. All data were

tested for normality (Shapiro–Wilk test) and equal variance (Levene's test). For comparisons

between strains associated with watery and bloody/inflammatory diarrhea (n = 15 per group), the

non-parametric Mann–Whitney U test was applied. Statistical significance was defined as $p \leq 0.05$.

For comparisons across multiple strains or conditions, non-parametric Kruskal–Wallis tests with

Dunn's post hoc test were used. Compact Letter Display (CLD) notation was used to visualize the

results of the pairwise comparisons. Strains that do not share a letter are significantly different

from each other ($p < 0.05$), while strains sharing the same letter are not significantly different.

Letters were assigned using the multcompView package in R, based on adjusted p-values.

Statistical significance was defined as p ≤ 0.05. Each assay included a minimum of three

independent biological replicates per strain (n = 3 per group), with technical replicates as noted.

Data are presented as mean ± SEM unless otherwise stated.

Results

***C. jejuni* strains associated with bloody/inflammatory diarrhea exhibit increased invasion and**

intracellular survival in epithelial cells. To assess whether *C. jejuni* strains associated with

distinct diarrheal phenotypes exhibit differences in virulence potential both on a strain-to-strain

level and between groups, we compared five strains associated with watery diarrhea and five

associated with bloody/inflammatory diarrhea (**Table 1**). All ten strains have previously been used

in the neonatal piglet model to confirm their diarrheal manifestations *in vivo* (**Fig 1A-B**). Invasion

assays were conducted using INT407, Caco-2 BBE and T84 cells. Significant differences were

observed between several strains, notably, A9a was a significantly better invader of all three cell

lines than all other nine strains (Note: 81-176 was not tested with T84 cells), whereas all five of

the watery diarrhea associated strains were poor invaders regardless of the cell line tested (**Fig 2A,**

Supplementary Fig S1A, Supplementary Fig S2A). Invasion assays conducted in polarized

Caco-2 BBE cell revealed significantly greater invasion by bloody/inflammatory associated strains

compared to watery diarrhea strains (p < 0.0001; **Fig 2B**) Similar trends were observed using non-

polarized INT407 cells (p = < 0.0001; **Supplementary Fig S1B**) and T84 cells (p = 0.0035;

Supplementary Fig S2B).

Fig 1. Gross pathology associated with different diarrheal outcome caused by different strains of *Campylobacter jejuni* based on previous challenge in colostrum deprived neonatal piglet model.

(A) Gross pathology of the intestinal tract of neonatal piglets infected with *C. jejuni* strains associated with watery diarrhea manifestation. (B) Gross pathology of the intestinal tract of neonatal piglets infected with *C. jejuni* strains associated with bloody and/or inflammatory diarrhea manifestation. Piglet studies were conducted prior to this study and were described previously in Law et al and Cooper et al[21, 32].

Fig 2. Average percent invasion of intestinal epithelial cell line Caco-2 BBE.

The capacities of all ten *C. jejuni* strains to invade Caco-2 BBE cells at a multiplicity of infection of 100 were examined *in vitro*. Invasiveness is expressed as the percentage of bacteria which had invaded cultured intestinal epithelial cells following a 3-hour incubation and 1-hour gentamicin exposure, compared to the inoculum. (A) Invasion across all ten *C. jejuni* strains. Bars labeled with different letters indicate statistically significant differences (p < 0.05) based on Dunn's post hoc test following a Kruskal-Wallis analysis. Shared letters denote groups that are not significantly different from each other. (B) Invasiveness of Caco-2 BBE cells by *C. jejuni* strains grouped by diarrheal manifestation. There was a significant difference between watery and bloody/inflammatory diarrhea associated strains and their invasion of Caco-2 BBE cells (****, p < 0.0001). Invasion was calculated from three biologically independent assays with two technical replicates per strain (n = 15).

To evaluate whether increased invasion correlated with improved intracellular persistence,

we measured viable intracellular bacteria at 24 hours post-infection in T84 cells. Strain to strain

variation was observed among bloody/inflammatory strains M129 and A9a, where they displayed

significantly higher intracellular survival than all other strains (**Fig 3A**). As a group,

bloody/inflammatory diarrhea associated strains exhibited significantly higher intracellular

survival than watery diarrhea associated strains ($p = 0.0007$; **Fig 3B**).

Fig 3. Intracellular survival over 24 hours in T84 cells.

The ability to persist within T84 cells at a multiplicity of infection of 100 over 24-hours was examined *in vitro*. (A) Average percent survival within T84 cells by strain. Bars labeled with different letters indicate statistically significant differences (p < 0.05) based on Dunn's post hoc test following a Kruskal-Wallis analysis (n = 3). Shared letters denote groups that are not significantly different from each other. (B) Percent T84 24-hour intracellular survival by *C. jejuni* strains grouped by diarrheal manifestation. There was a significant difference between watery and bloody/inflammatory diarrhea associated strains (***, p = 0.0007). Average 24-hour intracellular survival was calculated from three biologically independent assays with two technical replicates (n = 12). Strain 81-176 is not included in this data set.

Differential attachment of C. jejuni strains across intestinal cell lines. To determine whether

differences in invasion were due to upstream differences in adherence, we assessed attachment

efficiency after a 1-hour infection of epithelial cell lines INT407, Caco-2 BBE and T84. Significant

differences were observed between strains across INT407 (**Fig 4A**) and Caco-2 BBE cells (**Fig**

4C) but not T84 cells (**Supplementary Fig S3A**). There were significant differences in attachment

between watery and bloody/inflammatory diarrhea associated strains, but the differences depended

on the cell line used. Bloody/inflammatory associated strains adhered significantly better to the

non-polarized INT407 cells (p = 0.028; **Fig 4B**), whereas watery diarrhea associated strains

adhered significantly better to the polarized Caco-2 BBE (p = 0.023; **Fig 4D**), while there was no

significant difference between the groups with polarized T84 cells (p = 0.93; **Supplementary Fig**

S3B).

CDT production does not distinguish between watery and bloody/inflammatory strains. All *C.*

jejuni strains in this study produced detectable CDT activity, as measured by the HeLa cell

distension assay. We did not observe any strain variation in CDT production between watery and

bloody/inflammatory diarrhea associated strains at either 37°C or 42°C (**Supplementary Fig**

S4A). When compared as groups at 37°C, mean CDT titers were comparable between watery

(geometric mean = 0.094) and bloody/inflammatory diarrhea associated strains (geometric mean

= 0.086; p = 0.74; **Supplementary Fig S4B**). Due to the commensal relationship between poultry

and *C. jejuni*, CDT production was also measured at the poultry internal body temperature of 42°C

and here mean CDT titers were different between watery (geometric mean = 0.10) and

bloody/inflammatory strains but not statistically significant (geometric mean = 0.041; p = 0.086;

Supplementary Fig S4B).

Fig 4. Adherence to intestinal epithelial cell lines .

Adherence is expressed as the percentage of bacteria which had either adhered to or invaded cultured intestinal epithelial cells following a 1-hour incubation, compared to the inoculum. (A) Adherence of each *C. jejuni* strain to INT407 cells. Bars labeled with different letters indicate statistically significant differences (p < 0.05) based on Dunn's post hoc test following a Kruskal-Wallis analysis (n = 3). Shared letters denote groups that are not significantly different from each other. (B) Adherence to INT407 cell by *C. jejuni* strains grouped by diarrheal manifestation. There was a significant difference between watery and bloody/inflammatory diarrhea associated strains and their attachment to INT407 cells (*, p = 0.028). Average percent attachment was calculated from three biologically independent assays with two technical replicates (n = 15). (C) Adherence of each *C. jejuni* strain to Caco-2 BBE cells (n = 3). (D) Adherence to Caco-2 BBE cells by *C. jejuni* strains grouped by diarrheal manifestation. There was a significant difference between watery and bloody/inflammatory diarrhea associated strains and their attachment to Caco-2 BBE

418   cells (*, p = 0.023). Average percent attachment was calculated from three biologically

419   independent assays with two technical replicates (n = 15).

Bloody/inflammatory strains exhibit greater 24-hour intracellular survival in T84 cells but induce similar IL-8 responses. To evaluate whether differences in intracellular persistence affected epithelial inflammatory signaling, we quantified human IL-8 production in T84 cell supernatants at 24 hours post-infection and measured viable intracellular *C. jejuni* following gentamicin treatment and lysis. IL-8 production was significantly higher among strains M129 and A9a compared to strains D33a, S3, A14a, and A13a (**Supplementary Fig S5A**). Strain M129 induced the highest IL-8 levels (141.2 pg/ml), whereas S3 (a watery strain) produced the lowest (62.54 pg/ml), highlighting strain-level variability. Strains associated with bloody/inflammatory diarrhea demonstrated significantly greater intracellular survival at 24 hours than watery diarrhea strains (p = 0.0007; **Fig 3B**). Despite this, IL-8 secretion was not significantly different between groups: mean concentrations were 80.92 pg/ml for watery strains and 78.33 pg/ml for bloody/inflammatory strains (p = 0.19; **Supplementary Fig S5B**).

Bloody/inflammatory strains more profoundly disrupt epithelial barrier function over time. To assess whether *C. jejuni* strains differ in their capacity to disrupt epithelial barrier integrity, we measured TEER in polarized Caco-2 BBE monolayers at 24-, 48-, and 72-hours post-infection. Across 24-,48- and 72-hours, strains A14a, A13a and S3 had the lowest changes in TEER while strains A9a, M129 and 81-176 had the highest changes in TEER (**Fig 5A**). When grouped by diarrheal manifestation, bloody/inflammatory diarrhea associated strains caused a significantly greater reduction in TEER at all time points. At 24 hours, TEER decreased by 15.6% compared to 4.03% in watery diarrhea associated strains (p < 0.0001; **Fig 5B**). Differences remained significant at 48 hours (27.1% verses 10.7%; p < 0.0001) and 72 hours (41.7% verses 18.3%; p < 0.0001).

Fig 5. Change in the transepithelial electrical resistance (TEER) over 24, 48 and 72 hours.

Change in TEER was calculated based on the initial pre-infection TEER for each strain. (A) Change in TEER for each *C. jejuni* strain over 24-, 48- and 72-hours. Those labeled with different letters indicate statistically significant differences ($p < 0.05$) based on Dunn's post hoc test following a Kruskal-Wallis analysis (n = 3). Shared letters denote groups that are not significantly different from each other. (B) Change in TEER across *C. jejuni* strains grouped by diarrheal manifestation. There was a significant difference between the watery and bloody/inflammatory diarrhea associated strains at 24 hours (****, $p < 0.0001$) 48 hours (****, $p < 0.0001$) and at 72 hours (****, $p < 0.0001$). Average change in TEER was calculated from three biologically independent assays with two technical replicates (n = 15). Mock infection represents Caco-2 BBE cells that contained only sterile cell culture media.

Bloody/inflammatory strains increase paracellular permeability to small molecules. To directly

measure functional barrier permeability, we quantified apical-to-basolateral flux of 4-kDa FITC-

dextran across polarized Caco-2 BBE monolayers following 72-hour infection. Strain-specific

permeability values were observed to be highest among strain A9a (a bloody/inflammatory strain)

while the lowest was observed among strain A13a (a watery diarrhea associated strain; **Fig 6A**).

Infection with bloody/inflammatory strains resulted in a 2-fold higher FITC-dextran translocation

compared to watery strains ($p < 0.0001$; **Fig 6B**).

Fig 6. The fluorescence of FITC-Dextran flow through after 72 hours of infection with *C. jejuni* strains.

(A) Average FITC-Dextran fluorescence intensity of each *C. jejuni* strain. Bars labeled with different letters indicate statistically significant differences ($p < 0.05$) based on Dunn's post hoc test following a Kruskal-Wallis analysis (n = 3). Shared letters denote groups that are not significantly different from each other. (B) There was a highly significant difference between the watery and bloody/inflammatory diarrhea associated strains (****, $p < 0.0001$). The average FITC-Dextran fluorescence was calculated based on three biologically independent assays per strain with two technical replicates (n = 15). Mock infection represents Caco-2 BBE cells that contained only sterile cell culture media.

C. jejuni promotes translocation of commensal E. coli across the epithelial barrier. We next

assessed whether barrier disruption by *C. jejuni* strains altered host susceptibility to microbial

translocation. Using polarized Caco-2 BBE monolayers in Transwell inserts, we evaluated whether

a non-invasive commensal strain of *E. coli* (DH5α) could cross the epithelial barrier during or after

infection with *C. jejuni* strains. Two experimental approaches were tested: (i) co-inoculation of *C.*

jejuni and *E. coli* for 6 hours, and (ii) pre-infection with *C. jejuni* for 72 hours followed by 3-hour

exposure to *E. coli*. In both models, *E. coli* translocation was observed among all strains and there

were no significant differences between strains (**Supplementary Fig S6A, S6C**). During co-

inoculation, the mean *E. coli* CFU recovered from the basal chamber was not significantly different

between bloody/inflammatory and watery diarrhea associated strains (p = 0.57; **Supplementary**

Fig S6B). In the sequential infection model, basal recovery of *E. coli* was more pronounced, but

no significant difference was observed between bloody/inflammatory and watery diarrhea

associated strains (p = 0.13; **Supplementary Fig S6D**).

Strains associated with bloody/inflammatory diarrhea demonstrate enhanced intracellular

survival in macrophages. To investigate whether there was strain variation in the interactions with

innate immune cells, we measured intracellular survival of the *C. jejuni* strains in J774A.1 murine

macrophages at 24-, 48-, and 72-hours post-infection. There were significant differences between

strains at all time points. Notably, strain A9a had the highest percent survivability across all time

points while 81-176 had the lowest (**Fig 7A, 7C, 7E**). At 24 hours, viable intracellular *C. jejuni*

was 2.6-fold higher among bloody/inflammatory diarrhea associated strains but there was no

significant difference compared to watery diarrhea associated strains (p = 0.36; **Fig 7B**). At 48

hours post infection, bloody/inflammatory diarrhea associated strains showed significantly greater

intracellular survivability (p = 0.046; **Fig 7D**). However, by 72-hours post infection, there was

again no significant difference between bloody/inflammatory and watery diarrhea associated

strains (p = 0.62; **Fig 7F**).

Fig 7. Survivability of *C. jejuni* strains in J774A.1 macrophages over 24, 48 and 72 hours.

(A) Survivability by each *C. jejuni* strain over 24 hours within J774A.1 macrophages. Bars labeled

with different letters indicate statistically significant differences (p < 0.05) based on Dunn's post

hoc test following a Kruskal-Wallis analysis. Shared letters denote groups that are not significantly

different from each other. Average percent survivability was calculated based on three biologically

independent assays with two technical replicates (n = 3). (B) Macrophage survivability of *C. jejuni*

strains grouped by diarrheal manifestation over 24 hours. There was no significant difference in

survivability between the watery and bloody/inflammatory diarrhea associated strains at 24 hours

(p = 0.36). Average percent survivability was calculated based on three biologically independent

assays with two technical replicates (n = 15). (C) Survivability by each *C. jejuni* strain over 48-

hours within J774A.1 macrophages. Average percent survivability was calculated based on three

biologically independent assays with two technical replicates (n = 3). (D) Percent survivability

within J774A.1 macrophages across *C. jejuni* strains grouped by diarrheal manifestation. At 48-

hours post infection there was a difference between bloody/inflammatory and watery diarrhea

associated strains (*, $p = 0.046$). Average percent survivability was calculated based on three

biologically independent assays with two technical replicates ($n = 15$). (E) Survivability of *C.*

jejuni strains in J774A.1 macrophages over 72 hours. Average percent survivability was calculated

based on three biologically independent assays with two technical replicates ($n = 3$). (F)

Macrophage survivability of *C. jejuni* strains grouped by diarrheal manifestation over 72 hours.

There was no significant difference in survivability between the watery and bloody/inflammatory

diarrhea associated strains at 72 hours ($p = 0.62$). Average percent survivability was calculated

based on three biologically independent assays with two technical replicates ($n = 15$).

Discussion

Clinical outcomes associated with different *C. jejuni* strains vary widely, from mild, self-limiting watery diarrhea to more severe presentations involving bloody and/or inflammatory diarrhea, abdominal cramping, and fever[10]. While host factors such as immune status and microbiota composition influence disease severity, accumulating evidence suggests that bacterial strain differences also contribute significantly to clinical heterogeneity[6, 33]. However, identifying phenotypic or molecular markers that distinguish high- and low-virulence *C. jejuni* strains has proven challenging[34]. While group-level differences were clear, we observed notable variation within each group, consistent with strain-to-strain variations from studies mentioned previously. Some watery strains exhibited moderate invasion or barrier disruption, and not all bloody/inflammatory strains displayed the most extreme phenotypes. A study by Law et al performed invasion, attachment and macrophage survivability assays using six out of the 10 *C. jejuni* strains used in this study[21]. However, several differences exist between the prior study and ours in the methodology and over all approach. In contrast to our study which used human intestinal epithelial cells (Caco-2 BBE, INT-407 and T84), that study used non-polarized human epithelial cells (HEp-2) that don't form tight junctions for attachment and invasion assays. Our study has shown that different cell lines can provide very different results among *C. jejuni* strains particularly during attachment assays. Furthermore, macrophage survivability was only performed at 72 hours post infection, missing significant differences 48 hours that exist between watery and bloody/inflammatory diarrhea associated strains. This study dramatically expands from the Law et al study by examining a more detailed phenotypic analysis between *C. jejuni* strains, in addition to approaching the strains as two groups with distinct diarrheal manifestations confirmed in neonatal piglets.

Using a neonatal piglet model, which closely recapitulates human *C. jejuni* associated

diarrheal disease[21, 29, 35], *C. jejuni* strains can be classified into two groups that consistently

induce a particular diarrheal manifestation of either watery diarrhea or bloody/inflammatory in the

neonatal piglet model[21, 32, 35]. The strains used in this study were chosen for their known

diarrheal manifestation as well as their varied source background of either clinical or poultry

sources. Given that poultry are the primary reservoirs of *C. jejuni*, our strains represent both mild

and severe infections that can arise from poultry. Two strains observed to cause

bloody/inflammatory diarrhea in piglets were sourced from poultry while the remaining three were

sourced human clinical cases. In contrast, all the watery diarrhea associated strains in this study

were isolated from poultry, which likely reflects a surveillance bias. Individuals experiencing

milder, self-limiting symptoms such as watery diarrhea may be less likely to seek medical

attention, leading to underreporting in clinical settings. By comparing *in vitro* virulence traits, we

found significant strain to strain variation both within and between diarrheal manifestation groups,

particularly among strains associated with bloody/inflammatory diarrhea which consistently

exhibited enhanced invasion, intracellular persistence, epithelial barrier disruption and

macrophage survivability, each a hallmark of a more invasive and inflammatory disease

mechanism.

Adherence to intestinal epithelial cells is one of the primary steps to initiating *C. jejuni*

infection[36, 37]. Here we found that bloody/inflammatory diarrhea associated strains had higher

levels of adherence to small intestinal INT407 cells than watery diarrhea associated strains. Non-

polarized cells such as INT407 cells lack a defined brush border and other features such as tight

junctions that are more representative of the epithelial cells of the intestinal tract[38]. The

increased adherence of bloody/inflammatory diarrhea-associated strains to INT407 cells may be

attributed to the absence of tight junctions in this cell line, which has more easily accessible

basolateral adhesion molecules like fibronectin, a recognized target for the bacterial adhesins CadF

and FlpA[39]. Multiple studies have observed higher INT407 adherence among *C. jejuni* strains

associated with febrile diarrhea than strains or those from clinical sources compared to strains from

patients without diarrhea/fever or from environmental sources[40, 41], suggesting that adherence

to INT407 cells by *C. jejuni* strains may be a feature of more virulent strains. In contrast, adherence

patterns shifted when using Caco-2 BBE cells, a differentiated epithelial cell line originating from

the human colon[42]. Here, adherence was higher among watery diarrhea associated strains and

there was greater strain to strain variation, particularly between groups, where 81-176 had lower

levels of adherence than watery diarrhea associated strains A13a, A14a and S3. Polarized cells

such as Caco-2 BBE cells are able to form polarized monolayers with microvilli, and tight

junctions, in addition to displaying brush border proteins that, despite being of colonic origin, are

characteristic of small intestinal villus cells, including villin, fimbrin and the terminal web proteins

fodrin and myosin II[43-46]. Watery diarrhea associated strains may have higher affinity for the

adhesions displayed by Caco-2 BBE cells, but this is not yet supported by any studies and requires

future investigation. However, adherence to T84 cells was similar across all *C. jejuni* strains and

no significant differences were observed between diarrheal manifestation groups or between

strains. T84 cells have been derived from a human colonic carcinoma and are highly polarized

with short microvilli, tight junctions and desmosomes between cells[47]. T84 cells offer a more

accurate model of colonocytes due to their retention of key colonic features, including high

expression of colonic markers and the presence of short microvilli characteristic of

colonocytes[48]. Variation in the adherence of *C. jejuni* strains with defined diarrheal

manifestations among polarized and non-polarized tissue culture cell lines requires more

investigations into the mechanisms driving these different responses.

Invasion has long been a regarded as a hallmark of *C. jejuni* pathogenesis and has been

studied extensively in tissue culture models[37, 49-52]. In the present study we found that

bloody/inflammatory diarrhea associated strains demonstrated significantly higher invasiveness of

both non-polarized and polarized intestinal epithelial cells. While the individual invasiveness of

bloody/inflammatory diarrhea strains varied, there were few significant differences between

strains from the same diarrheal manifestation, as all bloody/inflammatory diarrhea associated

strains were invasive and all watery diarrhea associated strains were poorly invasive or non-

invasive. Several groups have also observed variation in the invasiveness of *C. jejuni* strains.

Everest et al (1992) found that *C. jejuni* clinical isolates from patients with colitis were more

invasive than isolates from patients with non-inflammatory diarrhea[53]. Strain dependent

invasiveness has also been observed using environmental strains compared to clinical strains,

where clinical strains were found to be significantly more invasive[41]. Even intra-strain

invasiveness has been found, particularly among continuously passed laboratory strains. For

example, the clinical strain 81-176 has been reported to range in its invasiveness from 0.8 to

1.8%[54-56], while the genome sequenced clinical strain NCTC11168 (NCTC11168-GS) had

diminished invasiveness and translocation abilities compared to the original isolate (NCTC11168-

O), highlighting the potential effects of high laboratory passage on strain pathogenicity and

colonization[57]. Furthermore, Cooper et al (2013) found that NCTC11168-GS had decreased

disease production in the neonatal piglet model compared to NCTC11168-O[32]. Taken together,

the consistent invasiveness observed among bloody/inflammatory diarrhea associated strains in

our study, regardless of cell line used, supports invasion as a defining characteristic of the

bloody/inflammatory diarrheal manifestation. The lack of invasiveness among watery diarrhea-

associated strains may reflect alternative pathogenic strategies, such as growth capabilities and

metabolic adaptability, that do not rely on epithelial invasion. These differences in invasive

capacity likely contribute to the distinct clinical presentations observed between strain groups and

reinforce the need for broader strain inclusion in *C. jejuni* pathogenesis research.

Bloody/inflammatory strains not only exhibit greater invasion of both polarized and non-

polarized epithelial cells but also demonstrate enhanced intracellular persistence. Intracellular

survival of *C. jejuni* has been linked to proinflammatory signaling and immune evasion in both *in*

vitro and *in vivo* models [31, 58], but this is the first study to demonstrate that such phenotypes are

heightened in strains associated with a consistent bloody/inflammatory diarrheal manifestation *in*

vivo. Through macrophage survivability assays, we observed a connection to immune evasion by

bloody/inflammatory diarrhea associated strains where these strains exhibited prolonged

persistence within macrophages up to 48 hours post-infection. This suggests that not only are

bloody/inflammatory diarrhea associated strains able to survive for at least 24 hours within

intestinal epithelial cells, but they also have an ability to evade phagocytic killing for several days.

Strain variation in macrophage survivability was most pronounced between bloody/inflammatory

diarrhea strains, particularly among strain A9a at 24 hours where it had higher levels of

survivability compared to strains 81-176, D33a and NCTC11168 as well as all watery diarrhea

associated strains. Consistent with our study, Day et al (2000) and Law et al (2009) found that

M129 was able to be recovered from J774A.1 macrophages after 72-hours, while the later study

also observed survivability among A9a, A13a, A14a and D42a[21, 59]. Survivability differences

between watery and bloody/inflammatory diarrhea associated strains at 48 hours, but not at 24 or

72 hours, suggests a transient but critical window during which certain *C. jejuni* strains,

particularly those associated with bloody or inflammatory diarrhea, are better equipped or contain

alternative mechanisms to persist slightly longer within host immune cells. *C. jejuni* contains one

catalase enzyme, encoded by the *katA* gene, which aids in protection from reactive oxygen species

generated during the oxidative burst once the bacterium is phagocytosed within macrophages[60,

61]. The *katA* gene has been found to be critical for *C. jejuni* macrophage survivability, where

wildtype strain M129 was shown to be able to persist at levels significantly higher than a M129

katA mutant at 24, 48 and 72 hours within J774A.1 macrophages[59]. Another study found that

the down-regulation of *katA* in *C. jejuni* strain NCTC11168 through a mutation in a MarR-type

transcriptional regulator (Cj1556) was also reduced J774A.1 macrophage survivability[62, 63].

Future studies should investigate catalase expression or activity contributes to the prolonged

intracellular persistence observed in bloody/inflammatory diarrhea-associated strains.

Disruption of epithelial barrier function further differentiated the two diarrheal

manifestation groups. Bloody/inflammatory strains induced greater reductions in TEER and

increased paracellular flux of FITC-dextran across polarized monolayers - both indicators of tight

junction impairment[64, 65]. Other studies evaluating the changes to the TEER *in vitro* utilizing

invasive *C. jejuni* strains, particularly 81-176 and NCTC11168, did find a significant drop in the

TEER. However, none of these studies utilized strains with defined diarrheal manifestations or

compared them to watery diarrhea associated strains[66-69]. This disruption in barrier integrity

was significantly more pronounced in bloody/inflammatory strains and our study is the first to

directly link this phenotype with reproducible diarrheal manifestations across multiple isolates.

The effects we observed on the integrity of the Caco-2 BBE monolayers, regardless of defined

diarrheal manifestation, translated into increased translocation of a non-invasive commensal *E.*

coli strain, providing evidence that the barrier compromise facilitated microbial movement across

the epithelium. The translocation of noninvasive bacteria such as *E. coli* during *C. jejuni* infection

has been previously investigated *in vitro* with varying results. Konkel et al (1992) observed no

change in the TEER or translocation of *E. coli* DH5α up to 6 hours following inoculation of Caco-

2 cell monolayers using bloody/inflammatory strain M129 and strains of unknown diarrheal

manifestations; F38011, 81116 and 78-27[70]. In our study, despite watery diarrhea associated

strains being poorly invasive or non-invasive, we observed *E. coli* translocation at similar levels

to bloody/inflammatory strains, suggesting alternate means for *E. coli* translocation other than

invasion. Translocation of *E. coli* was found to not correspond with *C. jejuni* invasiveness in one

study that used invasion-defective *C. jejuni* flagella mutant strains, with lipid raft-mediated

endocytosis suggested to induce this effect[71]. The use of M cells to promote transcytosis of non-

invasive bacteria was also observed using bloody/inflammatory diarrhea associated strain 81-176

but was not investigated using any other strains[72]. Both lipid rafts and M cells should be further

investigated as potential mechanisms behind *E. coli* translocation by invasive and non-invasive *C.*

jejuni strains.

Not all measured pathogenicity phenotypes differed between the two manifestation groups.

Our study found that CDT production levels were not altered both between strains and across

diarrheal manifestation groups at either temperature, suggesting CDT is not a discriminating factor

for diarrheal severity. CDT is widespread among *C. jejuni* isolates and contributes to host cell

cycle arrest, DNA damage, and epithelial disruption[73], however the specific contributions of

CDT in *C. jejuni* pathogenesis remains unclear[74, 75]. There is limited evidence that CDT

expression is critical to disease but it was found that CDT contributes to greater adherence and

invasion of epithelial cells along with more progressive gastritis and proximal duodenitis in two

in vivo mouse models[76, 77]. However, the role of CDT in driving different diarrheal symptoms

is not well understood and previous studies have assessed CDT production with HeLa cells among

C. jejuni strains from clinical or poultry sources and have reported variability, although none had

a diarrheal manifestation associated with any of the strains[78-80]. Additionally, IL-8 secretion, a

hallmark of initial epithelial response to *C. jejuni* contact[81-83] and a potent chemoattractant and

cellular activator[82] also did not differ significantly between diarrheal manifestation groups at 24

hours post-infection. On a strain to strain level, more variation was observed among

bloody/inflammatory strains than watery diarrhea associated strains, with both M129 and A9a

being significantly different from D33a, while only M129 was significantly different from watery

diarrhea associated strains S3, A14a, and A13a. Only watery diarrhea associated strain RM1221

and D42a showed significantly higher IL-8 secretion than other strains within its group and one

bloody/inflammatory diarrhea associated strain D33a. Few studies have looked at differences in

IL-8 secretion across *C. jejuni* strains and this is the first study to assess IL-8 secretion by *C. jejuni*

strains with known diarrheal manifestations in the neonatal piglet model. One study using

bloody/inflammatory diarrhea associated strain NCTC11168 and human colitis strain L115

showed no difference in IL-8 secretion by T84 cells[84], while another study looked at IL-8

secretion between *C. jejuni* strains from poultry and human sources and found no difference in IL-

8 secretion by T84 cells between groups[85]. However, IL-8 secretion is not based solely on the

invasive or adherent capability of *C. jejuni* strains, as it can also be activated by CDT

production[82, 83], indicating that early chemokine responses may not correlate with longer-term

invasive or inflammatory phenotypes. Furthermore, our findings that both bloody/inflammatory

and watery diarrhea associated strains produce similar levels of CDT and elicit comparable IL-8

responses despite significant differences in invasion. This variation highlights the importance of

considering strain-level differences when evaluating the inflammatory potential of *C. jejuni* and

suggests that multiple mechanisms may drive IL-8 secretion in the host.

Strain A9a, originally recovered from a poultry processing plant in Kansas, USA[86], is

associated with bloody/inflammatory diarrhea in the neonatal piglet model. Its phenotypic

responses *in vitro* highlight the wide variation in virulence factors between bloody/inflammatory

diarrhea associated strains as well as compared to watery diarrhea associated strains. A9a

demonstrated the highest levels of adherence to intestinal epithelial cells, particularly to Caco-2

BBE and T84 cells, and also the highest levels of invasion in both non-polarized and polarized

cells along with enhanced intracellular survival compared to all other *C. jejuni* strains. While its

CDT production was comparable to many of the other *C. jejuni* strains, A9a showed the highest

stimulation of IL-8 secretion from T84 cells, results that support IL-8 production due to high

adherence and invasion even with similar levels of CDT. A9a also caused the most pronounced

disruption to epithelial barrier integrity, with the steepest decline in TEER, the highest FITC-

dextran permeability, and the greatest translocation of *E. coli* DH5α across Caco-2 BBE

monolayers over 72 hours. Finally, A9a had the highest survivability within macrophages across

all time points, reflecting its resilience against innate immune responses. Despite its strong

virulence potential, A9a was not hypervirulent in the piglet model[21]. Instead, it produced

bloody/inflammatory diarrhea similar to the other strains in this study, 81-176, M129, D33a and

NCTC11168, despite the differences in virulence capabilities, a finding that suggests that multiple

factors drive the diarrheal manifestations. *C. jejuni* strain variation has been in other studies, such

as Ex114, a *C. jejuni* strain that was found to be 25 times more invasive than reference strain

81116, which is a relatively low invader[16]. Consistent with our findings, the same study reported

that increased invasiveness was not linked to enhanced adhesion, and motility levels were similar

between highly and minimally invasive strains. In other studies, stain 81-176, sourced from a raw

milk outbreak,[87] is widely regarded as a highly invasive clinical isolate and has been shown to

cause robust epithelial invasion in cell lines[54, 88] and multiple animal models[89] as well as

produce disease in humans[90]. Yet its performance varies between laboratories depending on

passage history[54, 56, 91]. Repeatedly passages reduced the invasiveness and serum survival of

81-176[92]. Similarly, while strain NCTC11168 is a reference strain in *C. jejuni* research, its

virulence is known to diminish with laboratory passage, leading to reduced motility, invasion and

colonization capacity *in vitro*[57] in addition to altering *in vivo* virulence in the neonatal piglet

model[32]. Our findings support these previous reports that strain-dependent variation plays a key

role in pathogenicity and is highlighted by the high variation associated with strain A9a in most of

the phenotypic assays performed in this study.

This strain to strain variations observed in this study, even among strains associated with a

particular consistent diarrheal manifestation in the neonatal piglet model, highlight the inherent

complexity and plasticity of *C. jejuni* virulence[93-96]. This study also underscores the need for

population-scale studies integrating phenotypic data with comparative genomics to identify

combinations of traits that drive disease severity. One such study that performed a comparative

genomic analysis on 67 *C. jejuni* and 12 *C. coli* strains, identified that the *Campylobacter jejuni*-

integrated elements (CJIEs) originally identified in *C. jejuni* strain RM1221, were variably present

across other *Campylobacter* strains[97]. These genomic elements, some of which included

prophages and mobile genetic elements, contribute to functional differences that may affect

virulence, stress response, or host interaction. Notably, Parker et al reported that coding sequences

within CJIEs were highly variable, highlighting a potential genomic mechanism for the phenotypic

diversity observed in our assays[97]. This supports our findings that even within clinically defined

groups, virulence phenotypes can differ, potentially due to underlying genomic heterogeneity. The

consistency of our group-level findings despite intra-group variability supports the biological

relevance of the phenotypes we observed. One limitation of this study is that the number of strains

included was limited, but they were well-characterized and associated with consistent clinical

phenotypes in a validated *in vivo* neonatal piglet model. Our *in vitro* assays cannot fully replicate

host complexity, but the consistency of results across multiple models strengthens confidence in

the observed trends. Future work should integrate whole-genome sequencing, transcriptomic

profiling, and *in vivo* validation to identify the molecular determinants responsible for these

virulence phenotypes.

In summary, *C. jejuni* strains associated with bloody/inflammatory diarrhea exhibit a

distinct virulence profile characterized by epithelial invasion, intracellular survival, barrier

disruption, and macrophage persistence (**Fig 8**). Together, enhanced invasion and intestinal

damage, intracellular survival, and macrophage survivability provide a functional explanation for

the more severe pathology observed in the piglet model by bloody/inflammatory strain and, by

extension, potentially in human infections. By linking *in vivo* disease phenotypes to mechanistic

in vitro traits, our findings advance understanding of *C. jejuni* pathogenesis and provide a

framework for developing targeted diagnostics, risk-based screening tools, and novel therapeutic

interventions. Furthermore, the strain-to-strain variation observed in this study, even within groups

associated with the same *in vivo* diarrheal manifestation, present the caution that needs to be taken

when interpreting the results of experiments that utilize only a few *C. jejuni* strains.

Fig 8. Proposed lifestyles of *C. jejuni* strains associated with watery or bloody/inflammatory diarrhea.

Watery diarrhea associated strains live an extracellular lifestyle where they attach to enterocytes and produce CDT toxin. They are poor invaders, disrupting the tight junctions between epithelial cells to a minimal degree, although commensal bacterial such as *E. coli* are translocated. Those that do weakly invade, do not survive long term intracellularly and are effectively removed by macrophages. Bloody/inflammatory diarrhea associated strains support an intracellular lifestyle where they attach to and invade enterocytes, significantly disrupting the tight junctions between those enterocytes. Bloody/inflammatory diarrhea associated strains can evade killing by macrophages for longer periods of time, promoting infection and contributing to more severe patient symptoms. Figure created in BioRender.

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Ethics statement

This study did not involve the use of animals or human participants. The *Campylobacter jejuni* strains used in this study were previously characterized in a neonatal piglet model under approved animal use protocols, as described in Law et al and Cooper et al. No new *in vivo* experiments were conducted for this study.

Data availability statement

All relevant data are within the manuscript and its supplementary files.

Author Contributions

JB: Conceptualization, methodology, experimentation, formal analysis, writing – original draft, and review & editing. **KKC:** Conceptualization, methodology, resources, funding acquisition, project administration, supervision, writing, and review & editing. **CP:** Writing, and review & editing. **BP:** Writing, and review & editing.

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Competing interests

The authors declare no competing interests.

Supplementary Figure Captions

Supplementary Fig S1. Invasion of INT407 cells.

The capacities of all ten *C. jejuni* strains to invade INT407 cells at a multiplicity of infection of

100 were examined *in vitro*. Invasiveness is expressed as the percentage of bacteria which had

invaded cultured intestinal epithelial cells following a 3-hour incubation and 1-hour gentamicin

exposure, compared to the inoculum. (A) Invasion across all ten *C. jejuni* strains. Bars labeled

with different letters indicate statistically significant differences ($p < 0.05$) based on Dunn's post

hoc test following a Kruskal-Wallis analysis. Shared letters denote strains that are not significantly

different from each other. (B) Invasiveness of INT407 cells by *C. jejuni* strains grouped by

diarrheal manifestation. There was a significant difference between watery and

bloody/inflammatory diarrhea associated strains and their invasion of INT407 cells (****, $p <$

0.0001). Invasion was calculated as from three biologically independent assays with two technical

replicates per strain (n = 15).

Supplementary Fig S2. Average percent invasion of intestinal epithelial cell line T84. The

capacities of all ten *C. jejuni* strains to invade T84 cells at a multiplicity of infection of 100 were

examined *in vitro*. Invasiveness is expressed as the percentage of bacteria which had invaded

cultured intestinal epithelial cells following a 3-hour incubation and 1-hour gentamicin exposure,

compared to the inoculum. (A) Invasion of T84 cells across all ten *C. jejuni* strains. Bars labeled

with different letters indicate statistically significant differences ($p < 0.05$) based on Dunn's post

hoc test following a Kruskal-Wallis analysis. Shared letters denote groups that are not significantly

different from each other. (B) Invasiveness of *C. jejuni* strains grouped by diarrheal manifestation.

There was a significant difference between watery and bloody/inflammatory diarrhea associated

strains and their invasion of T84 cells (**, p = 0.0035). Invasion was calculated from three

biologically independent assays with two technical replicates per strain (n = 15).

Supplementary Fig S3. Adherence to T84 cells.

(A) Adherence to T84 cells by *C. jejuni* strains. Bars labeled with different letters indicate

statistically significant differences (p < 0.05) based on Dunn's post hoc test following a Kruskal-

Wallis analysis. Shared letters denote groups that are not significantly different from each other (n

= 3). Strain 81-176 was not included in this data set. (B) Adherence to T84 cells by *C. jejuni* strains

grouped by diarrheal manifestation. There was no significant difference between watery and

bloody/inflammatory diarrhea associated strains and their attachment to T84 cells (p = 0.93).

Average percent attachment was calculated from three biologically independent assays with two

technical replicates (n = 12). Strain 81-176 is not included in this data set.

Supplementary Fig S4. Cytolethal Distending Toxin (CDT) production at 37°C and 42°C.

CDT toxin production was measured using HeLa cells and reported as the reciprocal of the highest

dilution with < 50% abnormal cells. (A) CDT toxin production at 37°C and 42°C by *C. jejuni*

strains. CDT production was measured in three biologically independent assays per strain (n = 3).

(B) CDT production *C. jejuni* strains grouped by diarrheal manifestation. No significant difference

was found in CDT production when grouped by diarrheal manifestation at either 37°C (p = 0.74)

or 42°C (p = 0.086). CDT production was not significantly different when performed at 37°C

compared to 42°C for watery diarrhea associated strains (p = 0.65) or bloody/inflammatory

diarrhea associated strains (p = 0.12). Average CDT was calculated from three biologically

independent assays with two technical replicates (n = 15).

Supplementary Fig S5. IL-8 Production following 24-hour incubation with *C. jejuni* strains.

(A) IL-8 production in pg/ml of *C. jejuni* strains. Bars labeled with different letters indicate statistically significant differences (p < 0.05) based on Dunn's post hoc test following a Kruskal-Wallis analysis. Shared letters denote groups that are not significantly different from each other. Average IL-8 production was calculated from three biologically independent assays with two technical replicates (n = 3). Strain 81-176 is not included in this data set. Mock infection represents Caco-2 BBE cells that contained only sterile cell culture media. (B) IL-8 production in pg/ml of *C. jejuni* strains grouped by diarrheal manifestation. There was no significant difference between watery and bloody/inflammatory diarrhea associated strains (p = 0.19) Average IL-8 production was calculated from three biologically independent assays with two technical replicates (n = 15). Mock infection represents Caco-2 BBE cells that contained only sterile cell culture media. Strain 81-176 is not included in this data set.

Supplementary Fig S6. Translocation of *Escherichia coli* through Caco-2 BBE cell monolayers.

(A) 6-hour co-culture incubation with *C. jejuni* strains. Bars labeled with different letters indicate statistically significant differences (p < 0.05) based on Dunn's post hoc test following a Kruskal-Wallis analysis. Shared letters denote groups that are not significantly different from each other. Average 6-hour *E. coli* translocation was calculated from three biologically independent assays with two technical replicates (n = 3). (B) 6-hour co-culture incubation with *C. jejuni* strains grouped by diarrheal manifestation (n = 15). There was no significant difference between the watery and bloody/inflammatory diarrhea-associated *C. jejuni* strains (p = 0.57). Mock infection

represents Caco-2 BBE cells that contained only sterile cell culture media. (C) Pre-infection with

C. jejuni for 72 hours followed by 3-hour exposure to *E. coli* through Caco-2 BBE cells by strain

(n = 3). (D) Pre-infection with *C. jejuni* for 72 hours followed by 3-hour exposure to *E. coli* through

Caco-2 BBE grouped by diarrheal manifestation (n = 15). There was no significant difference in

the translocation of *E. coli* between the watery and bloody/inflammatory diarrhea-associated *C.*

jejuni strains (p = 0.13).

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