Distinct Acetate Utilization Strategies Differentiate Butyrate and Octanoate Producing Chain-Elongating Bacteria

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Abstract

Chain elongating bacteria (CEB) are a unique guild of anaerobes that convert lactate, ethanol, and acetate derived from organic waste into valuable short- and medium-chain fatty acids (MCFAs). However, the metabolic rules that determine product chain length have remained elusive. Here, we combine ^{13}C isotope tracing, proteomics, and metabolic modelling to show that distinct acetate utilization strategies underlie the divergence between butyrate- and MCFA-producing CEB. MCFA-producing strains sustain redox balance while recycling acetate to maximize lactate use under acetate limitation, but at the cost of slower growth due to increased protein burden. In contrast, butyrate-producing strains grow faster due to lower protein costs by favoring acetate assimilation, at the cost of restricted lactate utilization when acetate is scarce. These physiological trade-offs are encoded in the substrate specificity of coenzyme A transferase, the terminal enzyme in reverse β-oxidation. Our findings uncover a fundamental constraint shaping chain-length selectivity in CEB and offer new strategies to optimize MCFA production from organic waste streams.

Introduction

Anaerobic fermentation could transform billions of tons of organic waste per year into economically viable, carbon-negative fuels and chemicals, enabling a circular economy. One promising approach is microbial chain elongation, which produces C_6-C_8 medium chain fatty acids (MCFAs)[1]. These versatile platform chemicals can be applied directly in agricultural feeds, nutritional supplements, cosmetics, antimicrobials and surfactants[2,3], or derivatized to produce liquid fuels[4–6], polyhydroxyalkanoates[7], and other oleochemicals such as fatty alcohols, diols and dicarboxylates[8,9]. Since most MCFAs are currently sourced from palm kernel and coconut oil[1], local production via waste fermentation offers additional environmental benefit by mitigating deforestation and biodiversity loss.

MCFAs are produced by chain elongating bacteria (CEB), a unique guild of strict anaerobes first described by Barker in 1939 with the isolation of *Clostridium kluyveri*[10]. A key challenge in deploying chain elongation has been controlling product distribution. All known CEB synthesize butyrate (C4), hexanoate (C6) and/or octanoate (C8) via the reverse beta-oxidation (RBO) pathway[11], but the relative abundance of each varies drastically among species and environmental conditions. In fact, many species only make butyrate, a phenomenon exemplified by CEB in the human gut. Clarifying why certain CEB specialize in MCFA production (C6-C8) while others only make butyrate (C4) would illuminate ecological and physiological determinants of MCFA production. This would inform strategies to increase the yield, selectivity and productivity of MCFA bioprocesses.

During RBO, an electron donor such as lactate is oxidized to acetyl-CoA, which condenses with an acyl-CoA. The resulting intermediate is reduced through cyclical reactions, extending the acyl-CoA by two carbons per cycle. Termination is typically catalyzed by a CoA transferase (CoAT), which transfers CoA from the final acyl-CoA to acetate, yielding a free fatty acid (i.e., butyrate, hexanoate, or octanoate) and regenerating acetyl-CoA. Historically, the stoichiometry of acetate utilization by CEB

and its implications for energy conservation have been debated. In the 1950s, Barker suggested that acetyl-CoA re-enters RBO following termination, resulting in net acetate consumption, and that energy is conserved via a then-unknown chemiosmotic mechanism. We call this stoichiometry *acetate assimilation*:

$$1\ Lactate + 1\ Acetate \rightarrow 1\ Butyrate + 1\ CO_2 + 1\ H_2O \quad (Eq.\ 1)$$

$$2\ Lactate + 1\ Acetate \rightarrow 1\ Hexanoate + 2\ CO_2 + 2\ H_2O \quad (Eq.\ 2)$$

$$3\ Lactate + 1\ Acetate \rightarrow 1\ Octanoate + 3\ CO_2 + 3\ H_2O \quad (Eq.\ 3)$$

On the other hand, Thauer *et al.* argued that some product formation occurs without net acetate consumption[12–14]: instead of entering the RBO cycle following termination, acetyl-CoA is diverted by phosphate acetyltransferase (PTA) and acetate kinase (ACK) to regenerate acetate and yield ATP via substrate-level phosphorylation (SLP)[11], a process we call *acetate recycling*:

$$2\ Lactate \rightarrow 1\ Butyrate + 2\ CO_2 + 2\ H_2 \quad (Eq.\ 4)$$

$$3\ Lactate \rightarrow 1\ Hexanoate + 3\ CO_2 + 2\ H_2 + 1\ H_2O \quad (Eq.\ 5)$$

$$4\ Lactate \rightarrow 1\ Octanoate + 4\ CO_2 + 2\ H_2 + 2\ H_2O \quad (Eq.\ 6)$$

Barker's hypothesis was vindicated, ironically by Thauer *et al.*, with the discovery of chemiosmosis in *C. kluyveri*[15–18]. The reduction of an enoyl-CoA is coupled to the reduction of ferredoxin via electron bifurcation, then reduced ferredoxin is oxidized via the membrane bound ferredoxin:NAD^+ oxidoreductase (RNF complex) which generates ion motive force (IMF) for ATP synthesis[15,16]. It has since become consensus that both acetate assimilation (with IMF) and acetate recycling (with SLP) operate in CEB, with the former generally assumed to dominate[2,3,11,15,17,18]. However, this has not been systematically investigated across species and growth conditions.

Here, we combine batch fermentations, ^{13}C isotope tracing, proteomics, and metabolic modelling to investigate the relationship between acetate metabolism and product

formation in a butyrate-producing CEB (*Anaerostipes caccae*) and a MCFA-producing CEB (*Pseudoramibacter alactolyticus*). Our results suggest that acetate utilization strategy differentiates MCFA-producing and butyrate-producing CEB. We show that MCFA production allows for increased acetate recycling by maintaining redox balance. This enables more lactate utilization under acetate-limiting conditions, at the cost of slower growth due to an increased protein burden associated with making longer products. In contrast, exclusive butyrate production enables faster growth due to a reduced catabolic protein demand, but constrains acetate recycling, resulting in poor lactate utilization and growth under acetate limiting conditions. This trade-off is reflected by differing substrate chain-length specificities of CoAT in MCFA and butyrate producers. Together, these findings provide foundational insights into chain-length selectivity of CEB and offer new strategies to enhance MCFA production from waste.

Results

P. alactolyticus maintains growth and lactate consumption during acetate scarcity, producing longer chain-length products

To evaluate how acetate availability affects growth, product formation and substrate utilization in *P. alactolyticus* and *A. caccae,* we conducted lactate batch fermentations with and without acetate. When acetate was supplemented, *A. caccae* only produced butyrate while *P. alactolyticus* produced butyrate and hexanoate, and effectively all lactate was consumed by both organisms. Interestingly, acetate consumption by *P. alactolyticus* was significantly inferior to consumption by *A. caccae*. When acetate was not supplemented, *P. alactolyticus* grew and fully consumed lactate, albeit at a slower rate than with acetate, and fatty acid production shifted towards hexanoate and octanoate (Fig. 1a). *A. caccae* did not display significant growth (not shown). Hence, acetate appears to be a mandatory co-substrate for *A. caccae* but a facultative one for *P. alactolyticus*.

Figure 1. Batch experiments show effects of acetate-to-lactate ratio on fatty acid profile, growth and lactate utilization in *A. caccae* and *P. alactolyticus*. a. Substrate and product concentrations and growth throughout batch fermentation of *A. caccae* and *P. alactolyticus* on lactate and acetate, and of *P. alactolyticus* on lactate only (n = 3). **b.** Growth curves of *P. alactolyticus* and **c.** *A. caccae* at varied acetate-to-lactate ratios (lactate concentration fixed at 100 mM) (n = 3). **d.** *P. alactolyticus* maintains growth and lactate consumption at low ratios, whereas these are severely hindered in *A. caccae*. Initial lactate concentrations and lactate consumed (initial minus endpoint concentration) by both organisms at different acetate-to-lactate ratios (n = 3). **e.** Endpoint concentrations of butyrate, hexanoate and octanoate produced by both organisms at different acetate-to-lactate ratios (n = 3). *P. alactolyticus* favours hexanoate and

133 octanoate production as ratio decreases, *A. caccae* solely produces butyrate. Error bars represent
134 1 standard deviation.
135

We then evaluated differences in these organisms' responses to intermediate acetate-
to-lactate ratios, keeping lactate constant. Whereas *A. caccae* only produced butyrate
in all conditions, with production increasing with acetate availability, *P. alactolyticus*
produced a mixture of butyrate, hexanoate and octanoate, favouring longer products
at low acetate-to-lactate ratios (Fig. 1e). Lengthening of products in response to acetate
scarcity is reminiscent of similar observations in other MCFA-producing CEB and
bioreactors[10,11,19–21]. As before, *P. alactolyticus* grew beyond the maximum OD achieved
on lactate/acetate free media when only lactate was supplemented. While its
maximum OD increased with acetate, it was relatively constant (Fig. 1b,
Supplementary Material Fig. 1a). On the other hand, *A. caccae* growth decreased
significantly as acetate supplementation was reduced, with the maximal OD achieved
in low acetate conditions being inferior to that achieved on base media (Fig. 1c,
Supplementary Material Fig 1b). Consistent with these observations, lactate
consumption by *A. caccae* was poor at low acetate-to-lactate ratios and did not
approach the amount available in the media until a ratio of 0.5, while lactate was
effectively fully consumed by *P. alactolyticus* at all tested ratios (Fig. 1d). This confirms
that *A. caccae* depends more strongly on acetate than *P. alactolyticus*.

Favouring acetate recycling allows *P. alactolyticus* to maintain growth under
acetate scarcity

Acetate recycling through PTA and ACK could allow *P. alactolyticus* to consume less
acetate than *A. caccae*, thereby reducing its reliance on it as a co-substrate. To evaluate
whether acetate recycling is more prevalent in *P. alactolyticus*, we compared acetate
consumption by both organisms across acetate-to-lactate ratios to its expected value
if no acetate were recycled, that is if one mole were consumed for each mole of product
formed. With *A. caccae*, acetate consumption was slightly inferior to its expected value
for all tested ratios, suggesting minimal recycling (Fig. 2a). On the other hand, acetate

consumption by *P. alactolyticus* was significantly lower than anticipated. In fact, minimal production was detected at low ratios, indicating that acetate recycling by *P. alactolyticus* is superior to that by *A. caccae*.

Figure 2. 1-^{13}C acetate tracing shows different acetate utilization strategies in *A. caccae* and *P. alactolyticus*. a. Measured acetate consumption and consumption expected if no recycling were occurring at different acetate-to-lactate ratios (n=3). **b.** Left: Schematics of full acetate assimilation in the tracing experiment. Recycling is minimal and acetate pool labelling pattern does not significantly change after a period of time (Dt). Acetate pool concentration decreases

due to assimilation, via CoAT. [13]C Labeled carbon presented as a black circle. Right: Schematics

of a highly active acetate recycling, through acetate regeneration via PTA/ACK. Acetate

labelling pattern drastically changes over time, with limited assimilation.

Biorender.com/coz8d26. **c.** 1-^{13}C-acetate tracing throughout batch growth of *P. alactolyticus.* **d.**

and *A. caccae* (n=3). *P. alactolyticus* recycles acetate readily, causing low net consumption,

whereas recycling in *A. caccae* is minimal.

To confirm this, we performed a tracing experiment by supplementing 1-^{13}C labeled

acetate to *P. alactolyticus* and *A. caccae* during lactate fermentation (Fig. 2b). In this

experiment, we anticipated two possible outcomes. In the first, consumed acetate

would be assimilated into fatty acids, with any remaining acetate being labeled. This

would be an indicative of minimal to no recycling. In the second, labeled acetate

would be incorporated into fatty acids while unlabeled acetate would be produced

via unlabeled lactate oxidation and PTA/ACK reactions. Then, labeled acetyl-CoA

pool would be substantially diluted, resulting in an extracellular acetate pool

containing both unlabeled and labeled acetate. This would indicate strong acetate

recycling. The first scenario was observed in *A. caccae* (Fig. 2c), where labeled acetate

was depleted and an insignificant amount of unlabeled acetate was generated,

indicating minimal but detectable recycling. We observed the second scenario in *P.*

alactolyticus (Fig. 2d), where most of the 1-^{13}C-acetate was assimilated and the major

fraction of the extracellular acetate pool was unlabeled. A similar result was obtained

with *C. kluyveri* using labeled ethanol and acetate[22]. These results support that *P.*

alactolyticus, unlike *A. caccae*, does not depend strongly on acetate as a co-substrate

because acetate is readily recycled through PTA/ACK, reducing net consumption

requirements.

Favouring acetate recycling requires long chain products for redox balance and

reduces chemiosmosis

We then asked whether either organism's bias towards acetate assimilation or

recycling shifted across acetate-to-lactate ratios. Also, it remained unclear why *A.*

caccae was incapable of strongly recycling acetate, and how acetate utilization affected product spectra and energy conservation. To address these questions, we used a stoichiometric model of RBO whose fluxes were calculated from our data (Fig 3a). We quantified moles of acetate recycled per mole of product (θ) and established that the number of RBO cycles (n) constrains acetate recycling, with more cycles (MCFA production) enabling stronger recycling.

Figure 3. Stronger recycling requires more RBO cycles on average and reduces chemiosmosis.
a. Stoichiometric model of RBO with simultaneous acetate assimilation and recycling, where θ is the extent of acetate recycling (moles recycled per mole product). LDH = electron bifurcating lactate dehydrogenase; LutC = lactate utilization protein C; PFOR = pyruvate:ferredoxin oxidoreductase; PFL = pyruvate formate lyase; PTA = phosphate acetyltransferase; ACK = acetate kinase; ACACT = acetyl-CoA C-acetyltransferase; HACD = 3-hydroxyacyl-CoA dehydrogenase; ECOAH = enoyl-CoA hydratase; EB-ACD = electron bifurcating acyl-CoA dehydrogenase, comprising acyl-CoA dehydrogenase (ACD) and electron transfer flavoproteins A and B (EtfA and EtfB); CoAT = acyl-CoA:acetate CoA transferase; Fd = ferredoxin; RNF1 = proton translocating ferredoxin: NAD+ oxidoreductase complex; ATPase: F0/F1 ATP synthase;

HYD1 = Fe–Fe hydrogenase. BioRender.com/r3otw9j. **b.** Mean number of RBO cycles (n) in *P. alactolyticus* as a function of acetate-to-lactate ratio. **c.** Flux through RNF relative to product flux (α) for *A. caccae* **d.** and *P. alactolyticus* **e.** Experimentally derived pairs of n and θ, and inequality relating these parameters for maintenance of redox balance ($\alpha > 0$) **f.** Acetate recycling as a function of acetate-to-lactate ratio **g.** and ratio of acetate-to-lactate consumption at different ratios of supplemented acetate and lactate. When acetate is scarce, production of longer chained products by *P. alactolyticus* enables strong acetate recycling ($\theta > 0.5$) by balancing the reduction equivalents released by increased lactate oxidation, thereby maintaining null or positive flux through RNF. Since *A. caccae* only produces butyrate, redox balance is not possible for $\theta > 0.5$, meaning acetate and lactate must be consumed in a ratio of at least 1/3.

When acetate was plentiful, acetate recycling by *A. caccae* was minimal ($\theta \approx 0.2$). In this case, NADH produced from lactate is inferior to NADH consumed by the single RBO cycle which makes butyrate ($n = 1$). This deficit is balanced by RNF flux (α), which regenerates NADH from ferredoxin. Acetate recycling by *A. caccae* increased when less acetate was supplemented. This decreased the ratio in which acetate and lactate were consumed (Fig. 3g), allowing for more lactate utilization (Fig. 1d) than would have been possible without acetate recycling. When 0.5 moles of acetate are recycled for each mole of butyrate produced ($\theta = 0.5$), NADH production from lactate matches consumption by RBO and RNF flux goes to 0. Assuming that reverse flux through RNF is infeasible, we hypothesized that *A. caccae* could not achieve $\theta > 0.5$ because NADH would accumulate, meaning it would need to consume acetate and lactate in a ratio of at least 1/3. Indeed, θ was significantly larger than 0.5 and α significantly smaller than 0 only in the absence of acetate. Here, growth was poorer than on base media alone and effectively no lactate was consumed (Fig. 1c,d), which is consistent with redox imbalance. As expected, the ratio of acetate-to-lactate consumption did not fall significantly below 1/3 in any of the conditions tested. This lower bound explains why growth and lactate utilization by *A. caccae* dropped sharply between acetate-to-lactate supplementation ratios of 0.5 and 0.25 (Fig. 1c,d).

On the other hand, *P. alactolyticus* maintained growth and full lactate utilization when acetate was scarce. As suggested previously, this is due to its enhanced capacity for acetate recycling: *P. alactolyticus* achieved $\theta \geq 0.5$ in all tested conditions, with full recycling ($\theta \approx 1$) occurring at low acetate-to-lactate ratios. This was impossible in *A. caccae* as there would be an NADH surplus, but unlike *A. caccae*, *P. alactolyticus* can produce hexanoate and octanoate in addition to butyrate. As these MCFAs require more NADH, stronger acetate recycling is possible without the loss of redox balance. Indeed, *P. alactolyticus* favoured MCFA production as acetate supplementation was reduced and θ approached 1 (Fig. 3b). Heightened NADH production from lactate was counteracted by increasingly lengthened products (increasing n) and predicted RNF flux remained within a 95% CI of 0. Thus, we propose that by favouring MCFA production when acetate is scarce, *P. alactolyticus* can fully recycle acetate while maintaining redox balance, meaning there is no lower bound on acetate-to-lactate consumption. This explains why, unlike *A. caccae*, *P. alactolyticus* does not require acetate as a co-substrate.

In addition to requiring MCFA production, acetate recycling may also increase hydrogen production (Supplementary Material Fig. 2). As was established, acetate recycling increases lactate oxidation, which reduces the NADH deficit that drives RNF. Reduction of RNF flux leaves an excess of reduced ferredoxin, which can be balanced by hydrogen production via HYD1 flux (β). Alternatively, reduced ferredoxin production can be tempered by redirecting pyruvate from PFOR to PFL: when forming acetyl-CoA, PFOR reduces ferredoxin and produces CO_2, whereas PFL only produces formate. The puzzling redundancy of PFL and PFOR may then be functional. Flux through PFL (φ) allows for some electrons to be balanced with formate rather than hydrogen when acetate is recycled, potentially preventing rapid accumulation of H_2. Heightened hydrogen partial pressure has been shown to hinder chain elongation due to thermodynamic constraints[23]. Notably, assuming that flux through HYD1 must be positive or null implies that formate production requires some acetate recycling, otherwise there would not be enough reduced ferredoxin to

regenerate NADH. Indeed, formate measurements from select acetate-to-lactate ratios
predict non-negative HYD1 flux for both organisms (Supplementary Material Fig. 3).
PFL flux is higher in *P. alactolyticus* than *A. caccae*, particularly at low acetate-to-lactate
ratios when acetate recycling is more prevalent and more ferredoxin must be
balanced.

Acetate recycling also has important implications for energy conservation in RBO.
Chemiosmosis is often assumed to be the primary mode of energy conservation in
CEB, with SLP playing a minor and static role. These results show that SLP becomes
increasingly prevalent in both *A. caccae* and *P. alactolyticus* as acetate supplementation
is reduced. Moreover, SLP decreases chemiosmosis through RNF as more NADH is
produced from lactate. This reduction in RNF flux along with increased lactate
utilization means that acetate recycling reduces ATP yield on lactate. Additionally, if
acetate is fully assimilated ($\theta = 0$), ATP yield is constant with chain length, therefore
butyrate production via acetate assimilation maximizes energy yield on lactate. This
appears to be the strategy employed by *A. caccae*, with predicted ATP yield being
higher for *A. caccae* than *P. alactolyticus* when acetate is abundant (Supplementary
Material Fig. 1b). Therefore, *P. alactolyticus* likely assumes an ATP yield penalty to
strongly recycle acetate. Under acetate limitation, increased lactate utilization enabled
by strong recycling may outweigh this penalty.

Acetate recycling and requisite production of longer chain products impose higher
metabolic burden, reducing growth rate

In addition to energy yield, a critical characteristic of a metabolic strategy is enzyme
cost[24–26]. Each reaction in a metabolic pathway demands the synthesis and
maintenance of an enzyme pool. Given an arbitrary pathway flux, the size of this pool
is a function of the enzyme's saturation and the reaction's thermodynamic driving
force. It follows that a longer pathway and/or a pathway with more reactions near
equilibrium will require more enzyme per unit flux. Resource allocation arguments

suggest that a higher catabolic enzyme cost per ATP flux is likely to slow growth, since fewer resources (i.e., biomass) are free to engage in anabolism[8].

Figure 4. Trade-off between efficient acetate utilization and metabolic burden/growth rate and the restriction of *A. caccae*'s CoAT to acyl-CoA beyond C4. a. Predicted enzyme cost per unit ATP flux (g/mmol ATP/hr) required to produce butyrate, hexanoate and octanoate with and without acetate recycling **b.** Maximum growth rates achieved by *P. alactolyticus* and *A. caccae* at different acetate-to-lactate ratios. **c.** Area under the growth curves for *P. alactolyticus* and *A. caccae* **d.** Differential proteomics on *P. alactolyticus* grown on lactate with and without acetate (n=5). Top 3 Total Ion Current (Top 3 TIC) was used as comparison metrics. Each data point was scaled by the maximum value of the corresponding enzyme across all conditions.* $p < 0.05$. **e.** Acyl-CoA CoA transfer reaction using *A. caccae*'s and *P. alactolyticus*' cell lysate. All replicates are biological. Recycling acetate and/or producing longer products requires a larger pool of RBO enzymes, likely contributing to the growth rate penalty assumed by *P. alactolyticus* as compared to *A. caccae* and by both organisms when acetate-to-lactate ratio is reduced. However, acetate recycling maintains growth when acetate is scarce. *P. alactolyticus*' CoAT reacts with C4-C8 acyl-CoAs, while *A. caccae*'s is limited to C4.

Enzyme Cost Minimization (ECM)[25] was used to approximate a lower bound for RBO enzyme cost per ATP flux for butyrate, hexanoate or octanoate production with full acetate recycling or full assimilation. ECM predicted that thiolase (ACACT) reactions are the main thermodynamic bottleneck in RBO (Supplementary Material Fig. 4). At the total enzyme cost minimum, the effects of this bottleneck are spread across other reactions, including HACD, ECOAH and EB-ACD, increasing their enzyme cost. Thiolase reactions are increasingly unfavourable as chain length grows (Supplementary Material Fig. 4), therefore MCFA production engenders a higher total enzyme cost than butyrate production. Acetate recycling further heightens enzyme cost due to PTA and ACK and reduced ATP yield on lactate (Fig. 4a, Supplementary Material Fig. 5). Therefore, acetate recycling likely imposes a growth rate penalty, particularly if MCFAs are produced to strongly recycle acetate ($\theta > 0.5$). This is consistent with the faster specific growth rates of *A. caccae* vs. *P. alactolyticus* (Fig 4b): the former minimizes enzyme cost by favouring acetate assimilation and only producing butyrate, while the latter assumes the higher enzymatic burden required to recycle acetate and make MCFAs.

Since ECM predicts enzyme cost per unit flux, a higher cost could be reflected in both heightened protein expression and/or reduced flux. To test whether favouring acetate recycling and MCFA production is facilitated by changes in protein expression, we performed differential proteomics analysis on *P. alactolyticus* (Fig. 4d) with and without acetate supplementation. We observed increased expression in PFOR and PFL when acetate was not provided. This may facilitate more pyruvate flux to acetyl-CoA, compensating for increased diversion of acetyl-CoA to acetate recycling. Additionally, we observed heightened expression of ACACT and HACD when acetate was not supplemented and MCFA production was favoured, consistent with ACACT reactions being more thermodynamically constrained for MCFAs. While ECM suggested that MCFA production imparts higher demand for ECOAH and EBACD, expression of these enzymes did not change significantly. This discrepancy

is not unexpected, since ECM finds an optimal distribution of metabolite concentrations that may not reflect intracellular conditions. These enzymes may also be more catalytically efficient than expected. Similarly, expression of CoAT, PTA and ACK did not change significantly. Nonetheless, these results support that favouring MCFA production when acetate is scarce imposes an enzyme cost penalty and involves gene expression control in *P. alactolyticus*.

A. caccae's CoAT activity is limited to butyryl-CoA, preventing further elongation to MCFAs

Despite the impact of acetate utilization strategies on product chain length, lactate utilization, energy conservation, growth and gene expression, the molecular mechanism that constrains *A. caccae*'s products to butyrate while enabling *P. alactolyticus* to synthesize MCFAs remains unclear. One possible explanation could be enzyme specificity.

In the synthetic RBO in *E. coli*, thioesterases are employed to terminate elongation cycles by acting on CoA/ACP intermediates, and they are crucial for controlling fatty acid chain length[9,27,28]. Analogously, CoA transferases terminate elongation cycles in CEB and may have a similar role in specifying chain length. Some CoATs have been heterologously expressed and characterized in *E. coli,* where it was observed that CoATs from butyrate-producing CEB have preference for butyryl-CoA and no activity on hexanoyl-CoA[29–31].

To investigate CoAT specificity in *A. caccae* and *P. alactolyticus*, we obtained cell lysates from both organisms and provided acetate and butyryl-CoA, hexanoyl-CoA or octanoyl-CoA as substrates. With *A. caccae*'s lysate, activity was observed on butyryl-CoA but not hexanoyl-CoA. *P. alactolyticus* lysate, on the other hand, exhibited activity not only on butyryl-CoA but also hexanoyl-CoA and octanoyl-CoA (Fig. 4e). Notably, our proteomics data indicate that a single allele is responsible for CoAT activity in both *A. caccae* and *P. alactolyticus*, although multiple CoAT and

thioesterase genes are encoded by both organisms. Nonetheless, these results suggest that CoAT specificity is strict in *A. caccae* and broader in *P. alactolyticus*, corroborating previous studies of CEB CoATs[29,30] and providing the first report of CoAT activity on octanoyl-CoA.

Discussion

While the role of acetate in CEB was debated in the decades following their discovery in 1939[10,12,22,23,32–34], the consensus has since become that acetate is mainly assimilated, with IMF being the primary mode of energy conservation. Our results challenge this view, as we show that while the butyrate-producer *A. caccae* favours acetate assimilation and IMF, *P. alactolyticus* favours acetate recycling and SLP, making MCFAs to balance additional redox equivalents from lactate. As a result, *A. caccae* must consume acetate as a co-substrate, whereas *P. alactolyticus* can grow and consume lactate without net acetate consumption.

Given the stoichiometric relationship between CEB products and acetate utilization, capacity for acetate recycling may represent a fundamental distinction between butyrate-producing and MCFA-producing CEB, with important ecological implications. Under acetate-limiting conditions, MCFA-producing CEB would outcompete butyrate-producing CEB by maintaining lactate utilization, as demonstrated here with *P. alactolyticus* and *A. caccae*. In contrast, butyrate production would likely outcompete MCFA production if growth were not limited by acetate, since acetate recycling imposes growth rate and yield penalties. Accordingly, we propose that environments with low acetate-to-lactate ratios select for MCFA producing CEB, whereas those with high acetate-to-lactate ratios select for butyrate producing CEB.

The environments from which *P. alactolyticus* and *A. caccae* were isolated support this hypothesis. *P. alactolyticus* was isolated from human infection sites[35] where lactate

appears to be enriched, such as infections of the lungs[36], brain[37], and teeth[38]. Conversely, *A. caccae* was isolated from the human gut where acetate accumulates to high concentrations (>50 mM) and is the most abundant SCFA[39–42]. More generally, lower acetate-to-electron donor supplementation ratios promoted MCFA production over butyrate in open culture batch reactors, although propionate production appears to have tempered MCFA production at very low ratios[19,43,44]. Lower ratios of acetate-to-lactate feed rates favoured hexanoate production over butyrate in a continuously fed open culture reactor[44], consistent with MCFA production enabling faster lactate utilization when acetate feed rate is limiting due to increased acetate recycling. In a semi-continuous chain elongation reactor fed lactate and xylan at constant rates, butyrate producers eventually outcompeted MCFA producers. This shift was associated with the enrichment of potential acetate producers (*Syntrophococcus*), which could have increased acetate cross-feeding and given a competitive advantage to butyrate producers. These bioprocess studies support that acetate utilization strategy is a key ecological differentiator of butyrate and MCFA-producing CEB, with the latter's capacity for acetate recycling being advantageous when acetate is limiting. Leveraging this ecological niche for MCFA production could be bolstered by synthetic microbiomes designed to limit acetate cross-feeding, thereby optimizing MCFA conversion.

The terminal enzyme of RBO, CoAT, is likely critical for controlling sole butyrate versus MCFA production by CEB. In *A. caccae*, CoAT is specific to butyryl-CoA, whereas in *P. alactolyticus* it acts on butyryl-CoA, hexanoyl-CoA and octanoyl-CoA. This explains why *P. alactolyticus* can make MCFAs and *A. caccae* cannot, affording the former enhanced capacity for acetate recycling and efficient lactate utilization. However, it does not explain how acetate recycling is modulated in response to acetate limitation. This may be a passive process, where the reduction of intracellular acetate concentration during acetate limitation increases the thermodynamic driving force, and therefore the net flux, of PTA and ACK compared to lactate oxidation. Likewise, net flux through CoAT may be reduced by acetate limitation, reducing the relative rate at which RBO is terminated. If one CoAT allele processes 4, 6 and 8 carbon

intermediates, as appears to be the case in *P. alactolyticus*, this could represent a passive mechanism for favouring MCFA production in response to acetate limitation, enabling increased acetate recycling.

However, we observed that ACACT and HACD abundance significantly increased in *P. alactolyticus* when acetate was not supplemented and MCFA production was favoured, suggesting that favouring MCFA production involves gene expression control. One likely mechanism involves the redox-sensing transcriptional regulator Rex, which responds to changes in $NADH/NAD^+$ ratios. If acetate recycling increases passively in response to acetate limitation, there could be a transient stoichiometric excess of NADH which could increase this ratio and trigger Rex. The Rex consensus binding site[45,46] has been identified in the promoter regions of RBO enzyme genes, including ACACT and HACD, in *C. kluyveri*[45], *Caproicibacterium lactatifermentans*[21] and *Clostridium acetobutylicum*[46]. In *P. alactolyticus* genome, nearly identical sequences to the consensus can be found upstream of the *acact-ecoah-hacd* operon and the *coat* gene (Supplementary Material S1), suggesting that Rex has an important role in the regulation of RBO genes. Alternatively, acetylphosphate and acetyl-CoA could be involved in this regulation, as their intracellular concentrations would decrease in response to lower acetate availability. Acetylphosphate is a known signalling molecule in two-component systems[47–49], while both acetylphosphate and acetyl-CoA participate in lysine acetylation, a post-translational modification[50,51].

In sum, our findings pave the way for engineering CEB metabolism and MCFA-producing bioreactors to support a more sustainable bioeconomy. We show that acetate-to-lactate ratios have significant impacts on fatty acid chain-length, indicating that limiting acetate feed and controlling acetate generation in microbiomes will be crucial strategies to maximize MCFA yields. In parallel, circumventing regulatory mechanisms and engineering CoAT for great control of MCFA chain length will be key molecular interventions to boost MCFA production and selectivity.

Methods

Bacterial strains and culturing conditions

Pseudoramibacter alactolyticus DSM 3980 and *Anaerostipes caccae* DSM 14662 were purchased from the German Collection of Micro-organisms and Cell Cultures (DSMZ). Both organisms were cultured in Modified Reinforced Clostridial Medium (ATCC 2107) with minor modifications. Starch was removed and glucose was replaced for lactic acid. Chemicals were purchased from BioShop (Burlington, ON, Canada) unless otherwise stated. Beef extract, $10\,g\,L^{-1}$; Tryptose (Milipore, Burlington, MA, USA), $10\,g\,L^{-1}$; NaCl, $5\,g\,L^{-1}$; yeast extract, $3\,g\,L^{-1}$; sodium acetate, varied concentrations; lactic acid, varied concentrations; resazurin, 0.01% (Sigma-Aldrich, St. Louis, MO, USA); L-cysteine.HCl, $0.5\,gL^{-1}$. pH was adjusted to 6.8. After autoclaving, culture medium was purged with N_2/CO_2 gas mix (80%/20%). Batch kinetics were conducted in media bottles sealed with rubber stoppers. Acetate-to-lactate ratio experiment was conducted in 96-well plates. 1-^{13}C acetate tracing and cell growth for proteomics were conducted in Hungate tubes. Both strains were statically incubated at 37°C in all experiments.

Lactate, formate and carboxylic acids quantification

All samples were filtered through a 0.2 μm membrane and stored at $-20\,°C$. Prior to analysis, samples were thawed, centrifuged at $17,000 \times g$ for 2 minutes, and diluted appropriately with HPLC-grade water. Lactate and formate were quantified using high-performance liquid chromatography (HPLC) on an UltiMate 3000 system (Thermo Fisher Scientific, Waltham, MA, USA) equipped with an Aminex HPX-87H column (300×7.8 mm, 9 μm, Bio-Rad, Hercules, CA, USA) and a compatible guard column. The mobile phase consisted of 5 mM sulfuric acid, and elution was performed at a flow rate of 0.6 mL/min. The column was maintained at $50\,°C$. Ultraviolet (UV) detection was used for compound identification and quantification. Data acquisition and analysis were carried out using Chromeleon 7 software (Thermo)

Acetate, butyrate, hexanoate and octanoate were measured using gas chromatography (8900 GC System, Agilent, Santa Clara, CA, USA) with tandem mass spectrometry (7000D Triple Quadrupole GC-MS, Agilent) and DB-FatWax column (Agilent). Fatty acids in the diluted samples were protonated with formic acid to a final concentration of 0.1 M. 0.3 µL of each sample were injected with a split ratio of 10:1. The run time was 16 min and the temperature gradient as it follows: 80°C for 1 minute, a 20°C/min ramp until 200°C, 5°C/min until 210°C, 20°C/min until 250°C and finally held for 5 mins. The carrier gas was helium at a flow rate of 1 mL/min. The mass spectrometer was operated either in scan mode (96-well batches and acetate tracing) or dynamic multiple reaction monitoring (dMRM) mode (Batch kinetics). Target analytes were ionized and fragmented by electron ionization. The precursor ion and product ion of target analytes (dMRM) were selected using Agilent software (MassHunter Optimizer, Agilent). To quantify ^{13}C labeled acetate, m/z 61 was used while m/z 60 was used for unlabelled acetate.

Protein extraction and digestion

Biomass was collected during mid-exponential phase by centrifugation, washed once with Phosphate Buffered Saline (PBS), pH 7, and frozen with liquid N_2. Cell pellets were stored at −80°C until further processing. Protein was extracted and digested as described by Lawson et al.[52] ,with minor modifications. Cell pellets were resuspended in 175 µL of 1% sodium deoxycholate in 50 mM triethylammonium bicarbonate (TEAB) buffer, pH 8, and mixed 1:1 (v:v) with B-PER (Thermo Fisher). Cells were lysed with 100 µm acid washed glass beads (Sigma) by vortexing at 2500 rpm for 1 minute. This process was repeated 4 more times with intermittent incubation on ice for 30 seconds. Samples were then frozen at -80°C to aid the lysis process and slowly thawed on ice. Once thawed, samples were vortexed for 1 minute and centrifuged at 14000 rpm for 10 minutes at 4°C. Protein quantification was carried out with Pierce™ Bradford Protein Assay Kit (Thermo Fisher). Cell lysate was then transferred to new tubes and proteins were normalized by mass for differential proteomics. Next, proteins were precipitated with trichloroacetic acid (TCA) at a final concentration of

20% and incubated on ice for 10 minutes. Samples were then centrifuged at 4°C and

14000 rpm for 5 minutes and protein pellet was washed twice with ice cold acetone.

Protein pellets were resuspended in 50 μL of 6M urea in 200 mM ammonium

bicarbonate (ABC) buffer. Next, dithiothreitol (DTT) in 200 mM ABC buffer was

added to a final concentration of 2.3 mM and samples were incubated at 37°C for 1

hour. Next, iodoacetamide (IAM) in 200 mM ABC was added to a final concentration

of 3.75 mM and samples were incubated at room temperature, in the dark, for 30

minutes. Prior to tryptic digest, samples were diluted with 200 mM ABC to reach a

urea concentration below 1M. Sequencing-grade trypsin (Promega, Madison, WI,

USA), 1:50 ratio trypsin to protein, was then added and samples were incubated

overnight at 37°C and 350 rpm. Peptide purification was carried out with OMIX Tips

(Agilent). Trifluoroacetic acid was added to the samples to a final concentration of 1%.

Next, OMIX C18 Tip was wet twice with 100 μL of a 1:1 mixture of acetonitrile (ACN)

and H_2O. Tip was equilibrated twice with 100 μL of 0.1% TFA and samples were

aspirated and dispensed 3-5 times. Next, tip was washed twice with 100 μL of 0.1%

TFA. Samples were eluted by aspiring and dispensing 100 μL of 95% ACN/0.1%

formic acid. Finally, samples were dried in speedvac and resuspended in 100 μL of

0.1% formic acid and filtered with 0.2 μm prior to injection.

LC/MS parameters for peptide separation and detection

All peptide samples were analyzed using a one-dimensional nano-flow LC-MS/MS

setup. Briefly, 10 μL of each sample was injected into an EASY-nano LC 1000 system

coupled to a Q-Exactive Orbitrap mass spectrometer (Thermo Scientific) via a nano-

electrospray ionization (nanoESI) source. Peptides were separated on a custom-

packed SilicaTip emitter column (New Objective, Woburn, USA) using ReproSil-Pur

C18-AQ resin (Dr. Maisch GmbH, Ammerbuch-Entringen, Baden-Württemberg,

Germany). The mobile phases consisted of solvent A (0.1% formic acid in H_2O) and

solvent B (0.1% formic acid in acetonitrile), and separation was achieved at a constant

flow rate of 250 nL/min. A gradient was applied as follows: 0 to 5 min 0% B, increase

to 10% B; 5 to 93 min, increase to 40% B; 93 to 95 min, ramp to 95% B; held at 95% B until 105 min; returned to 0% B by 106 min and held until 120 min for column re-equilibration. The mass spectrometer operated in positive ion mode with a spray voltage of 3 kV and a capillary temperature of 275 °C. Full MS scans were acquired from 400 to 2,000 m/z at a resolution of 70,000, with an AGC target of 1e6 and a maximum injection time of 30 ms. For MS/MS acquisition, a Top10 data-dependent method was employed, isolating the top 10 most intense precursor ions within a 0.4 m/z isolation window. MS2 scans were acquired from 200 to 2,000 m/z at a resolution of 17,500, with a maximum injection time of 50 ms and a normalized collision energy (NCE) of 27.

Raw mass spectra data processing

Tandem mass spectra were extracted and converted to peak lists using the Global Proteome Machine (GPM; thegpm.org) pipeline (version 2020.11.12.1). Charge state deconvolution and deisotoping were not performed. MS/MS spectra were searched using X! Tandem (version X! Tandem Aspartate 2020.11.12.1) against custom protein databases for *P. alactolyticus* (NCBI TaxID: 113287) and *A. caccae* (NCBI TaxID: 105841), containing 2,285 and 3,294 protein entries, respectively. Protein FASTA files were obtained from the NCBI RefSeq database using genome assemblies ASM18550v1 (downloaded in February 2023) and ASM2018143v1 (downloaded in November 2023). Database searches were performed using trypsin as the digestion enzyme, with a precursor ion mass tolerance of 20 ppm and a fragment ion mass tolerance of 0.40 Da. Carbamidomethylation of cysteine and selenocysteine residues was specified as a fixed modification. Variable modifications included N-terminal pyro-glutamate formation from glutamine and glutamic acid, N-terminal ammonia-loss, deamidation of asparagine and glutamine, and oxidation or dioxidation of methionine and tryptophan residues.

Scaffold (version Scaffold_5.1.2, Proteome Software Inc., Portland, OR) was used to validate MS/MS based peptide and protein identifications. Peptide identifications

were accepted if they could be established at greater than 95.0% probability by the Peptide Prophet algorithm[53] with Scaffold delta-mass correction. Protein identifications were accepted if they could be established at greater than 99.0% probability and contained at least 2 identified peptides. Protein probabilities were assigned by the Protein Prophet algorithm[54]. Proteins that contained similar peptides and could not be differentiated based on MS/MS analysis alone were grouped to satisfy the principles of parsimony. Up or downregulation of proteins were assessed using Top 3 total ion current (TIC) as quantitative metric. The t-test was corrected with Benjamini-Hochberg method.

Cell lysate colorimetric assay

P. alactolyticus' and *A. caccae*'s cell pellets were collected at mid exponential phase, normalized by OD (0.8), and washed once with 1x PBS, pH7 and stored at -80°C until further processing. 10 mM Tris-HCl buffer (pH 7.5) containing 1 mM DTT and 40 mg/ml of lysozyme were added and samples were incubated at 37 °C for 20 minutes. Next, 0.1g of 100 μm acid washed glass beads (Sigma) by vortexing at 2500 rpm for 1 minute and incubating on ice for 30 seconds for 6 times total. Lysate was centrifuged at 13500 rpm for 30 minutes at 4°C and clarified lysate was ultrafiltrated with a 30 kDa MWCO concentrator for 30 minutes at 4°C. CoAT assay was coupled to citrate synthase assay to detect free CoA, as described by Sato et al.[55], with minor modifications. Briefly, 26 μL of lysate was combined with 10 μL of 40 mM phosphate buffer, pH 7.4, 2 μL of 10 mM acyl-CoA (Sigma) and 2 μL of 2M sodium acetate. Samples were incubated at 25°C for 5 min. Next, 40 μL of 8 mM oxaloacetic acid, 8 mM of 5,5'-dithiobis-2-nitrobenzoic acid (DTNB) and 46.5 μg/mL of citrate synthase (NZYTech, Lisbon, Portugal) in 400mM phosphate buffer, pH 8, was added to each assay. Samples were incubated at 37°C for 30 min. Absorbance was read at 412 nm and negative controls for each condition did not have sodium acetate added. Acetyl-CoA formation quantification was evaluated using acetyl-CoA (Sigma) to prepare a calibration curve.

Enzyme Cost Minimization (ECM)

Python packages equilibrator-api and equilibrator-pathway (https://gitlab.com/equilibrator) were used to perform ECM, developed by Flamholz et al[25]. A reaction's enzyme demand $[E]$ (molar) given flux J is:

$$[E] = \frac{J}{k_{cat}} \frac{1 + \Pi_i \left(\frac{K_{M,i}}{[C_i]}\right)^{m_i}}{1 - e^{\frac{\Delta G'}{RT}}}$$

k_{cat} is the forward rate constant, $[C_i]$ is the concentration of reactant i, $K_{M,i}$ is the enzyme's saturation constant for reactant i, m_i is the stoichiometric coefficient of reactant i, and $\Delta G'$ is the Gibbs free energy change, estimated via component contribution at pH 6[56]. Total enzyme cost of a pathway per unit flux is minimized:

$$Minimize\ \Lambda = \frac{1}{J} \sum_i M_i\, n_i [E_i]$$

$$Such\ that\ C_{j,min} < C_j < C_{j,max}\ \forall j$$

$$And\ \Delta G'_i = \Delta G°'_i + RT\boldsymbol{S}_i^T \cdot \ln(\boldsymbol{C}) < 0\ \forall i$$

Where $\boldsymbol{S}$ is the pathway's stoichiometric matrix and $\boldsymbol{C}$ contains metabolite concentrations. For the ith reaction, n_i is its relative flux, M_i is its enzyme's molar weight. Rate constants and saturation constants are shared across all enzymes (k_{cat} = 200 s⁻¹; K_m = 0.2 μM), molecular weights (MW) were taken from Uniprot (https://www.uniprot.org/). Lower and upper bounds of pathway specific metabolites are 1 μM and 10 mM, apart from oxoacyl-CoAs (lower bound of 0.4 μM and upper bound of 10 mM). Universal metabolite (e.g. ATP) concentrations are derived from literature[57]. The reduction potential of ferredoxin is set to -400 mV and NADH to -280 mV. Saturation effects of redox equivalents are omitted. RNF, HYD1 and ATP synthase were not included in enzyme cost estimates.

Stoichiometric Model

n is the mean number of RBO cycles, derived from measurements of butyrate ($[B]$), hexanoate ($[H]$) and octanoate ($[O]$) production:

$$n = \frac{[B] + 2[H] + 3[O]}{[B] + [H] + [O]}.$$

θ is the SLP flux per product flux (specific flux); $\theta = 0$ corresponds to complete acetate assimilation and $\theta = 1$ to complete recycling. Molar product yield on acetate ($Y_{Prod./_{Ac.}}$) is related to acetate recycling through:

$$Y_{Prod./_{Ac.}} = \frac{1}{1 - \theta}.$$

θ can therefore be estimated from butyrate, hexanoate and octanoate production and acetate consumption data. Specific lactate consumption flux is $n + \theta$: increased acetate recycling requires that more lactate is oxidized to supplement acetyl-CoA lost to SLP. Specific RNF flux, α, is the difference of NADH production via lactate oxidation to acetyl-CoA and NADH consumption by RBO cycles per mole of product. Since reverse flux through RNF is predicted to be infeasible:

$$\alpha = -2(n + \theta) + 3n,$$

$$\alpha = n - 2\theta \geq 0.$$

Values of n and θ that satisfy this inequality correspond to combinations of product profile and acetate utilization strategy for which NADH balances; if the inequality is violated, redox balance would require negative flux through RNF to balance a surplus of NADH.

685 Likewise, specific HYD1 flux is equal to ferredoxin reduced by EB-ACD minus
686 ferredoxin oxidized by RNF and diverted by PFL per mole of product:

688
$$\beta = n - \alpha - \varphi,$$
689
$$\beta = 2\theta - \varphi \geq 0 .$$

691 ATP yield per mole of lactate is one half RNF flux plus SLP flux per lactate flux:

693
$$Y_{ATP/Lac.} = \frac{0.5\alpha + \theta}{n + \theta},$$
694
$$Y_{ATP/Lac.} = \frac{1}{2}\left(\frac{n}{n + \theta}\right).$$

See Supplementary Material S1 for calculations.

Data availability
The mass spectrometry proteomics data have been deposited to the ProteomeXchange
Consortium via the PRIDE[58] partner repository with the dataset identifier PXD063079
and 10.6019/PXD063079. ECM models and python functions are available on GitHub
(https://github.com/Connor-Bowers/Acetate-Utilization-Strategy).

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Conflict of Interest
The authors declare no conflicts of interest.

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