Sex-dependent neural plasticity in response to damage

Marina Recatalà-Martinez[1], Manel Bosch[2], Pedro Gaspar[3], Alessandro Mineo[3], Santiago

Rios[1], Irene Miguel-Aliaga[3], Marta Morey[1,4,*]

1.Departament de Genètica, Microbiologia i Estadística, Facultat de Biologia, Universitat

de Barcelona, Barcelona, Spain

2. Unitat de Microscòpia Òptica Avançada, Centres Científics i Tecnològics de la

Universitat de Barcelona (CCiTUB), Barcelona, Spain

3. The Francis Crick Institute, London, United Kingdom.

4. Human Genetics and Disease, Institut de Biomedicina de la Universitat de Barcelona

(IBUB), Barcelona, Spain

*Corresponding author: mmorey@ub.edu

ABSTRACT

Plasticity of intact neural tissue in the vicinity of neural damage serves to restoring

functionality of circuits. Much remains to be learned about the mechanisms regulating

this process and the reported sex differences in recovery outcomes. Here we present the

fly gut and its innervation as simplified model to address these questions. We show that

gut damage caused by ingestion of toxic agents resulted in plasticity of the enteric

neuronal network, manifested as a Reactive Oxygen Species (ROS)-dependent increase

in neural tissue, which was reversible after a recovery period. Interestingly, males did not

display neural plasticity, and masculinization of neurons in females suppressed the

damage-dependent neural growth. Together, these findings position the fly gut as a

system to investigate the cellular, molecular and sex-specific underpinnings of neural

plasticity, with implications for therapeutic advancements in neural circuit recovery.

INTRODUCTION

Neural plasticity involves two key mechanisms for recovery after injury: axonal

regeneration and structural plasticity of intact neural tissue. While axonal regeneration

has been widely studied (Mahar and Cavalli, 2018; Tedeschi and Bradke, 2017),

modulating the plasticity of remaining healthy neural tissue offers an alternative route to

restore function (Gao et al., 2022; Petersen et al., 2022). Clinical evidence shows that this

form of plasticity supports functional recovery and circuit reorganization after acute

damage such as stroke (Cirillo et al., 2020; Murphy and Corbett, 2009; Nudo, 2003;

Sampaio-Baptista et al., 2018) or multiple sclerosis episodes (Ksiazek-Winiarek et al.,

2015; Prosperini et al., 2015). Notably, recovery outcomes show sex-specific differences,

(Turtzo and McCullough, 2008; Yu et al., 2015), suggesting variability in plasticity capacity

(Hyer et al., 2018; Kirby et al., 2024).

Despite these observations, the molecular mechanisms regulating plasticity in intact

adult neural tissue remain poorly understood. This is partly due to the technical

challenges of studying healthy and damaged neurons in close proximity, which make it

difficult to isolate and study specific structural plasticity processes. To address this, we

developed a model that focuses on how intact neurons respond to non-neural tissue

damage, using peripheral innervation as an accessible system. This allows for controlled

injury and analysis of plasticity in a physiologically relevant yet simplified context.

We used the digestive tract of *Drosophila melanogaster* as a model system. Like in

mammals, the fly gut is structurally and functionally compartmentalized (Buchon et al.,

2013; Lemaitre and Miguel-Aliaga, 2013; Marianes and Spradling, 2013). Its epithelium

includes intestinal stem cells (ISCs), enteroblasts (EBs), absorptive enterocytes (ECs),

and secretory enteroendocrine (EE) cells. The gut is wrapped in muscle, oxygenated by a

tracheal system, and innervated by neurons located in the central nervous system, the

corpora cardiaca (neurosecretory structure), and the hypocerebral ganglion (HCG, one

of the stomatogastric ganglia) (Kuraishi et al., 2015; Miguel-Aliaga et al., 2018). While

most neurites target visceral muscle, some extend to the underlying epithelium (Cognigni

et al., 2011; Cui et al., 2024; Kenmoku et al., 2016; Petsakou et al., 2023). Unlike

mammals, innervation in the fly gut is regionally restricted, making it well-suited for

targeted analysis (Kuraishi et al., 2015; Miguel-Aliaga et al., 2018). Recent studies reveal

that gastrointestinal neurons respond to factors such as microbiota, nutrients, aging, and

reproductive state in flies and mammals (Ameku et al., 2020; Hadjieconomou et al.,

2020). While functional plasticity has been observed in the posterior fly midgut during

recovery (Petsakou et al., 2023), the mechanisms of structural plasticity in response to

gut damage—and how they are shaped by biological sex—remain unexplored. Here, we

show that intact neurons innervating the anterior midgut exhibit a female-specific, ROS-

dependent reversible structural plasticity, which is absent in male flies and suppressed

in females with masculinized neurons.

RESULTS AND DISCUSSION

Intestinal damage induces reversible neural plasticity.

In order to quantify and characterize the innervation in the anterior part of the midgut we

proceeded to select a neural driver and reporter that would specifically label neuronal

processes with native GFP fluorescence. This prevented background signal from

secondary antibodies and provided a high signal to noise ratio which facilitated faithful

neural process quantification as GFP signal. General neuronal markers, such as Elav

(Chen et al., 2016; Holsopple et al., 2022; Titos et al., 2023) or n-Synaptobrevin (Weaver

et al., 2020), also label EEs. However, we used the *GMR51F12-GAL4* driver line from the

Janelia FlyLight collection (Jenett et al., 2012; Min et al., 2021; Olds and Xu, 2014) and a

specific *nSyb.S-GAL4* driver (Weaver et al., 2020), neither of which labels EEs.

Morphological landmarks in whole-mount preparations, combined with phalloidin co-

staining to visualize the surrounding musculature, enabled consistent imaging of the

same digestive tract region and its associated neural innervation (Figure 1A). Using 3D

reconstruction and image analysis we obtained volume quantifications for both the

digestive tube and neural tissue (see Materials and Methods). Scaling growth is a

prevalent phenomenon in the peripheral nervous system where sensory and motor

neurons must adjust the size of their arborizations according to the area of their target

tissues to maintain their functionality (Bentley and Toroian-Raymond, 1981; Bucher and

Pflüger, 2000; Lee and Stevens, 2007; Menon et al., 2013). Measuring the volume of the

digestive tube enabled us to use statistical analysis methods that accounted for and

removed any potential influence of digestive tube size variation in adults (driven by

treatment or genetic background) on neural tissue quantification comparisons (see

Materials and Methods).

To damage the gut we fed flies with DSS. DSS is a polymer that induces colitis in

mammals (Yang and Merlin, 2024) and has been used in *Drosophila* to study the cellular

mechanisms and molecular pathways that regulate ISC proliferation during regeneration

(Jiang et al., 2016; Tian et al., 2022). When flies ingest DSS it crosses the epithelium

expanding the basement membrane sheet and altering muscle morphology (Howard et

al., 2019). The resulting change in biomechanical forces in the niche is thought to activate

ISC division (Howard et al., 2019). DSS feeding also results in trachea sprouting

(Perochon et al., 2021), which is necessary for ISC proliferation (Perochon et al., 2021;

Tamamouna et al., 2021). Interestingly, basement membrane and muscle defects, as

well as trachea remodeling, are reversible after a recovery period (Howard et al., 2019;

Perochon et al., 2021; Tamamouna et al., 2021). We wondered whether adult neurons

were plastic and could also respond to gut damage.

To analyze the effect of gut damage on neural plasticity we fed adult mated females with

DSS for 4 days and compared them to controls fed with the carrier (sucrose). We

confirmed the effectiveness of DSS by replicating previously published observations,

including a reduction in lifespan (Amcheslavsky et al., 2009) (data not shown) and an

increase in the proliferative response of ISCs in the midgut (Amcheslavsky et al., 2009)

(see later in Figure 2A). Over 90% of the flies that survived the feeding protocol tested

negative for the SMURF assay (Rera et al., 2012), indicating that in the majority of animals

(93,3%±SD4.5) that were dissected gut permeability was not compromised. Thus, during

DSS feeding, neurons were largely shielded from direct exposure to gut contents that

could potentially cause them damage. When we dissected the DSS-fed females and

compared them to control flies we observed a significant increase in neural tissue (Figure

1B). To rule out neurogenesis as the source of the new neural tissue, we quantified the

number of neural nuclei in the HCG, the primary source of neurons innervating the

anterior midgut (Figure 1A). No differences were observed between control and DSS-fed

animals (Figure 1C), suggesting that the increase in neural tissue was due to neural

growth. This neural growth was not exclusive to DSS damage since we also observed it

when feeding the flies with H_2O_2 (Figure 1D).

Figure 1

Figure 1. Neural plasticity induced by gut damage resolves after recovery. A) Drawing
of the adult gut with two areas of interest highlighted and corresponding confocal Z-
projections. The square box region corresponds to the area above the proventriculus (pv)
and the image shows neuronal nuclei (magenta, anti-Elav) and neuronal membrane (grey,
GFP) of the HCG. Autofluorescence of the peritrophic membrane lining the gut in this

region is observed. The rectangular box region corresponds to the area of the anterior midgut imaged in subsequent analysis and the images show neuronal processes (grey, GFP) and muscle fibers (grey, Phalloidin). B) Schematic outlining the feeding protocol and dissection time. Confocal Z-projections of neuronal processes innervating the anterior midgut of control (C) and DSS-fed (DSS) females and quantification of neural tissue. Red outline in the box plots or bar graphs indicates female. C) Confocal Z-projections of the HCG of control and DSS-fed females stained with Hoechst (grey, which also accumulates in some tracheal branches) and showing neuronal nuclei (magenta, anti-Elav). Quantification of neuronal nuclei in the HCG of C and DSS-fed females. D) Quantification of neural tissue in control and H_2O_2-fed females. E) Schematic of the feeding protocol and recovery period. Quantification of neural tissue after the feeding protocol and after the recovery period (Rec). Scale bar 50μm. Statistical significance is indicated as follows: *$p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, n.s = not significant. Gut schematic from *BioRender.com*.

Tracheal terminal cells (TTCs) sprout in response to DSS and H_2O_2 (Perochon et al., 2021; Tamamouna et al., 2021), so we examined their behavior in the anterior midgut. This region showed sparse tracheation, which remained unchanged after DSS feeding, indicating that TTCs in this area were unresponsive to gut damage (Supplementary Figure 1A, B). Moreover, TTC morphology did not match the extent of neural growth, suggesting they do not serve as a scaffold for neural tissue growth in this area.

We next explored the stability of this neural plasticity and conducted recovery experiments (Figure 1E). While DSS feeding increased the neural tissue (C versus DSS), a 4-day recovery period (DSS + Rec) reverted the amount of neural tissue to levels as those of control flies (C + Rec). Consistent with this observation, a clear reversal of neural growth was observed when comparing flies dissected after the DSS treatment (DSS) and those dissected after the recovery phase (DSS + Rec). No differences were observed between control flies (C versus C + Rec).

In summary, these experiments indicate that the intact neural tissue innervating the digestive tube is plastic and responds to damage with growth. This neural growth is

reversible after a recovery period, as the gut returns to homeostasis after injury.

Importantly, these observations were validated with two independent neural drivers

(*GMR51F12-GAL4*, Figure 1 and *nSyb.S-GAL4*, Supplementary Figure 1C).

ISC proliferation does not mediate neural plasticity.

To determine whether ISC proliferation drove DSS-induced neural growth, we first

confirmed that DSS feeding increased ISC division in the anterior midgut, as shown by

elevated Histone H3 phosphorylation (H3P) signal and lineage tracing using ReDDM

(Antonello et al., 2015) (Figures 2A–B) (see Materials and Methods). To test causality, we

blocked ISC cell division during DSS feeding using a combination of a *Cdk1* null allele

(*Cdk1^{null}*) and a temperature-sensitive allele (*Cdk^{1E1–24}*) (Rodríguez et al., 2024) (Figure 2C).

Neural growth remained unaffected by the proliferation block (Figure 2D), indicating that

ISC division is not required for DSS-induced neural plasticity.

Gut-derived ROS stimulates neural plasticity.

DSS feeding results in epithelial damage, causing cell death and an increase in ROS

levels (Wu et al., 2012). To test the contribution of ROS levels to neural growth, we co-fed

flies with DSS and the ROS inhibitor N-acetyl cysteine (NAC). Neural growth was reduced

in DSS + NAC flies and comparable to control + NAC levels (Figure 2E), indicating that

DSS-dependent ROS promotes neural plasticity.

Reversal of neural growth as the gut returns to homeostasis is not caspase

dependent.

We were curious about the mechanisms controlling neural growth reversal during

recovery. Axon pruning can take place either through axon retraction or degeneration (Luo

and O'Leary, 2005). During developmental remodeling dendritic arborizing (da) sensory

neurons ddaC degenerate (Williams and Truman, 2005) using local caspase activation to

direct dendrite engulfment (Williams et al., 2006). To assess whether caspases mediated

neural growth reversal, we inhibited apoptosis in neurons by overexpressing Diap1.

Reversal still occurred (Supplementary Figure 2), suggesting that this process may result

from axon retraction rather than caspase-dependent mechanisms.

Figure 2

Figure 2. Neural plasticity does not depend on ISC proliferation but on gut-derived ROS. A) Quantification of H3P/Hoechst positive cells in the anterior and the whole midgut in C and DSS-fed females. B) Schematic showing activation of ReDDM lineage tracing during the feeding protocol. Confocal Z-projections of the anterior midgut stained with

Hoechst (grey) and showing the cell membrane of ISCs/EBs (magenta, anti-GFP) in C and DSS-fed females. Quantification of the percentage of the ISC/EB area (GFP signal) from the total area of the anterior mid gut in C and DSS-fed females. C-D) Schematic showing temperature dependent knock out of Cdk1 function during the feeding protocol. C) Quantification of H3P/Hoechst positive cells in the anterior midgut and the whole midgut in wild type (heterozygous) and *Cdk1* null females after DSS feeding. D) Quantification of neural tissue in wild type and *Cdk1* null females after DSS feeding. E) Confocal Z-projections of neuronal processes in the anterior midgut of DSS, DSS + NAC and C +NAC -fed females and quantification of neural tissue. Scale bar 50µm. Statistical significance is indicated as follows: *$p < 0.05$, **$p < 0.01$, ***$p < 0.001$, n.s = not significant.

Neural plasticity is exclusive to females and is actively suppressed when female neurons are masculinized.

Interestingly, males did not exhibit neural growth following DSS treatment (Figure 3A). To investigate whether this neural growth was exclusive to female neurons, we aimed to create female individuals with masculinized neurons. Most sex differences in *Drosophila* arise from the female specific expression of the *Sex lethal* gene (*Sxl*) which codes for an RNA binding protein (Bell et al., 1988). Sxl induces the alternative splicing of the *transformer* (*tra*) gene generating the female fate determining TraF protein only in females (Belote et al., 1989; Boggs et al., 1987; Inoue et al., 1990; Sosnowski et al., 1989). We first confirmed that neurons in the HCG expressed the female-specific alternative splicing variant of *tra* while males didn't (Figure 3B,C) (Hérault et al., 2024). Subsequently, we proceeded to masculinize neurons in females by means of *tra* downregulation with RNAi during development (Figure 3D). We confirmed that the presence of the *UAS-Dcr2* transgene did not affect the response of wild type females to DSS, and thus, the expected increase in neural tissue was observed. Interestingly, DSS feeding did not have any effect in masculinized females and the amount of neural tissue was not significantly different between control and DSS-fed flies. In addition, DSS-fed masculinized females displayed significantly less neural tissue that DSS-fed control flies, aligning with the absence of neural growth in masculinized females.

Figure 3

236

237

238 *Figure 3.* **Neural plasticity is not observed in males and masculinization of female**

239 **neurons abolishes neural growth.** A) Confocal Z-projections of neuronal processes in

240 the anterior midgut of C and DSS-fed males, and quantification of neural tissue. Blue

241 outline in box plots indicates male. B-C) Confocal Z-projections at the level of the HCG

242 showing female-specific *tra* alternative splicing in neurons (grey, GFP; magenta, Elav) in

243 females (B) and absence in males (C). D-E) Schematic showing transgene expression in

244 neurons in relation to the feeding protocol. D) Quantification and comparison of neural

245 tissue in females and females with masculinized neurons both in C versus DSS-fed

246 conditions. E) Quantification and comparison of neural tissue in males and males with

247 feminized neurons both in C versus DSS-fed conditions. Scale bar 50μm. Statistical

248 significance is indicated as follows: * *p < 0.05,* ** *p < 0.01,* *** *p < 0.001,* n.s = not

249 significant.

We also carried out the reverse experiment and attempted to confer plasticity to male

neurons by feminizing them through developmental *Sxl* overexpression (Figure 3E) (Bell

et al., 1991). In this case, the DSS treatment had no effect in feminized males, and we did

not observe the neural growth we expected to see for a successfully feminized male.

Moreover, both control and DSS-fed feminized males showed less amount of neural

tissue than wild type males. These results indicate that neuronal Sxl overexpression in

males is not sufficient to induce damage-responsive plasticity, and may even impair

neural tissue growth in our context.

These findings reveal a previously unrecognized sex-specific mechanism of neural

plasticity in the fly gut, where female neurons exhibit a unique capacity for damage-

induced growth that is actively suppressed by masculinization. In addition, the lack of

neural growth in males following DSS-induced gut damage suggests that neural plasticity

is limited in males compared to females.

The *Drosophila* gut and its innervation as a model to investigate neural plasticity and

the role of sex in its regulation

This system enables the study of both structural growth and retraction phases of adult

intact neural tissue in response to damage, capturing the dynamic nature of plasticity. In

addition, we uncovered a clear sexual dimorphism: neural growth is absent in males and

suppressed in masculinized female neurons. However, feminizing male neurons was not

sufficient to induce plasticity. Two key avenues emerge for understanding this

dimorphism. First, our findings suggest that sex-specific gene expression may underlie

the observed differences in plasticity, pointing to differentially expressed genes as

potential regulators of neural responsiveness. We show that DSS-induced ROS promotes

neural growth in females, aligning with evidence that ROS supports structural plasticity

(Oswald et al., 2018). Sex differences in gene expression regulating ROS production or in

ROS-responsive signaling pathways, such as TOR and InR/PI3K/Akt, which regulate

neural regrowth during developmental remodeling in flies (Sanal et al., 2023; Yaniv and

Schuldiner, 2016) and mammalian regeneration (Lund-Ricard et al., 2020), could drive

the female-specific neural growth observed in response to gut damage. Second, the

failure of feminized male neurons to elicit growth implies that neuronal identity alone is

not enough—sex-specific cues from surrounding tissues such as the gut epithelium,

visceral muscle, or tracheal cells may be necessary to support or trigger neural growth.

Similarly, during recovery, axon retraction could involve cell surface molecules like

Ephrins, Slits or Semaphorins, potentially expressed by female-specific gut tissues, akin

to repulsive axon guidance mechanisms (Luo and O'Leary, 2005).

Building on evidence that sex influences organ formation and physiology (Mank and

Rideout, 2021), the results presented here establish the *Drosophila* gut and its

innervation as a model for elucidating how sex shapes neural plasticity of intact neural

tissue in response to damage. Understanding these mechanisms could guide the

development of sex-specific therapeutic strategies for neural repair.

MATERIALS AND METHODS

Fly stocks

The following fly lines were used: *GMR51F12-GAL4* (BDSC:58685), *nSyb-GAL4.S* (BDSC:

51635), *UAS-Flybow.1.1B* (used as 10xUAS-CD8::GFP, BDSC: 56802, 56803), *DSRF.Term-*

GAL4 (BDSC: 25753), *esg-GAL4* (a gift from M. Milán, unknown insertion), *UAS-*

mCD8::GFP (BDSC:5130), *UAS-H2B::RFP* (a gift from J. Morante), *tubP-GAL80^{ts}* (BDSC:

7017), *Cdk1^{null}* (BDSC: 6643), *Cdk1^{1E1–24}* (BDSC: 6641), *UAS-Diap1* (BDSC: 15310), *traF-*

GAL4 (a gift from B. Hudry), *UAS-Dcr-2* (BDSC: 24650), *UAS-traRNAi.TRiPJF03132* (*UAS-*

traRNAi, BDSC: 28512), *UASp-Sxl.alt5-C8* (*UAS-Sxl*, BDSC: 58484). The list of complete

genotypes is available in Supplementary Information.

Feeding protocols

For feeding assays, virgin females were collected and aged on standard media at 25°C for

3-4 days before undergoing mating for 24hrs. Then same procedure was carried out when

experiments were performed with males. Flies were recovered from the mating and

transferred in groups of 10 to an empty vial containing 5 pieces of 2cm × 2cm of bench

paper soaked with 500ml of the desired feeding solution. Flies were transferred to a new

vial with fresh feeding paper every day for the specified number of days prior to

dissection. The feeding protocol was always done at 29°C. For DSS (Merck, 42867)

induced damage, flies were fed with 5% sucrose (Control) or with 6% DSS in 5% sucrose (DSS) for 4 days. For the SMURF assay, the last control and DSS feeding solutions prior to the day of dissection were laced with Brilliant Blue FCF (80717, Merck) at 2.5% w/v. For H_2O_2 (1072100250, Merck) induced damage, flies were fed with 5% Sucrose (Control) or 1% H_2O_2 in 5% sucrose (H_2O_2) for 4 days. For NAC treatment, flies were fed with 1,2mM NAC in 5% sucrose (Control + NAC) or 6% DSS + 1,2mM NAC in 5% sucrose (DSS + NAC) for 4 days. For recovery protocols, after the DSS feeding protocol, control and DSS-fed flies were each transferred to vials with 5% sucrose for 4 days (Control + Recovery; DSS + Recovery). To carry out comparisons within the same cohort of flies, a subset of flies was dissected after the DSS treatment and the rest after the recovery period.

Temperature sensitive assays

To visualize the amount of proliferation taking place exclusively during the four days of the feeding protocol we set ReDDM-based crosses (Antonello et al., 2015). This lineage tracing approach uses the Gal80 temperature sensitive allele (*Gal80ts*), which inhibits GAL4 transcription at permissive temperature (19°C) and allows it at the restrictive one (29°C) (McGuire et al., 2003), and *esg-GAL4* to label ISCs and EBs. Crosses were grown and flies were kept at 17°C to ensure Gal80ts repression until adult mated female flies were shifted to 29°C to inactive the Gal80 and carry out the feeding protocol. To block ISC proliferation during the feeding protocol, *Cdk1null/ Cdk1E1–24* flies were grown, aged and mated at 17°C, Cdk1 function was abrogated once the flies were transferred to 29°C (Rodriguez et al., 2024) during the DSS feeding protocol.

Dissection and immunostaining

To obtain the gut flies were dissected in PBS. Adult animals had their heads cut off with scissors by the neck, their abdomens were pulled apart from the thorax and opened to extract the gut. With this procedure the digestive tube was severed well above the crop duct. Once fat and ovaries were removed, the gut was handled by its posterior end and transferred to PBS in a well drawn onto a poly-l-lysine-coated slide (P1524, Merck) using hydrophobic silicone (Flowsil, Intek Adhesives). In cases were the anterior part of the midgut had to be repositioned, we manipulated the gut from the crop to avoid touching the digestive tube. Guts were fixed at room temperature for 30min in 4% PFA in PBS.

Washes were done with PBS-T (PBS, 0.25% Triton X-100). To label the muscle or nuclei,

guts were incubated at room temperature for 30 min with Alexa Fluor™ 635 Phalloidin

(1/400, A34054, Invitrogen) or Hoechst 33258 (1/1000, H3569, Invitrogen) respectively in

PBS-T. A final wash with PBS was done prior to mounting. When antibodies were used,

primaries were incubated overnight at 4°C, and secondaries were incubated at room

temperature for 2–3 h. The following antibodies were used: rat-anti-Elav (1/100, 7E8A10,

DSHB), rabbit-anti-H3P (1/1000, 06-570, EDM Milipore), rabbit-anti-DsRed (1/200,

632496, Clontech), chicken-anti-GFP (1/800, ab13970, Abcam), Alexa Fluor™ 568 goat-

anti-rat, Alexa Fluor™ 488 goat-anti-rabbit, Alexa Fluor™ 568 goat-anti-rabbit, Alexa

Fluor™ 488 goat-anti-chicken (1/500, A11077, A11008, A11011, A11039, Life

Technologies). Samples were mounted in VECTASHIELD® PLUS Antifade Mounting (H-

1900-10, Vector Laboratories).

Microscopy

Samples were imaged using a Zeiss LSM 880 confocal microscope (Zeiss, Germany)

equipped with a 25X 0.8 glycerol immersion media objective and an Argon and a

HeNe633 lasers. For neural network analysis, to consistently image the same region in

each gut, we used the end of the proventriculus as a positional landmark and captured

the gut section that fit within the visual field of the 25X objective at 0.8 magnification,

which in our set up generated images of 566,79 μm^2. As quality control for dissection,

only guts with an intact HCG were considered since this ganglion contains the cell bodies

of many of the neurons innervating the anterior midgut. Stacks of images were acquired

with a pixel size of 0.55x0.55x1um (xyz) and a pixel dwell time of 2.05us.

Image processing and quantifications based on images

Images were processed with Fiji (version ImageJ 1.53c, (Schindelin et al., 2012) and

figures assembled using Adobe Illustrator (Adobe, San Jose, CA).

For quantification of neural tissue and gut parameters: The channel with the neuron

staining was filtered in 3D (Ollion et al., 2013) first with the maximum filter and then with

the minimum one, with a radius of 3.3um in x and y and 2um in z, in both filters. Then the

filtered stack was processed using the Tubeness plugin (sigma = 0.66) (Sato et al., 1998).

Finally, images were binarized using the Bernsen's AutoLocal threshold method (radius =

2) (Bernsen, 1986). The resulting binary stack was analyzed first with the 3D Object

Counter function to obtain the total neuronal network volume (mm^3). The channel with

the gut staining was processed by background subtraction and then thresholder using

the Li's method (Li and Lee, 1993). The resulting binary stack was analyzed with the 3D

Object Counter function to obtain the volume of the gut.

For other quantifications: The number of Elav/Hoechst positive nuclei in the HCG was

counted from the confocal stack using the 3D Object Counter plugin. The number of TTC

nuclei was counted by hand from the confocal stack maximum projection. TTCs volume

was obtained using the same procedure as for neural tissue quantification. The number

of H3P/ Hoechst positive nuclei in the midgut was counted directly under the confocal

microscope. For quantification of cumulative proliferation using ReDDM, xyz stacks of

half the gut were taken and z-projected. The Hoechst signal was manually outlined to

measure the gut area. To quantify the area of GFP signal from mCD8::GFP-labeled cells

(representing ISCs and EBs resulting from ISCs divisions) a Gaussian Blur filter (radius =

2.0) was applied. The image was then thresholded using the "MaxEntropy" algorithm

(Kapur et al., 1985) and finally, the GFP-positive regions larger than $10\mu m^2$ were

quantified. The GFP area was represented as a percentage of the total area.

Other quantifications

For the SMURF assay (Rera et al., 2012), on the 4th day of the DSS feeding protocol, we

assessed the proportion of surviving flies that were positive for the SMURF phenotype.

Statistics

Data analysis was carried out using Prism 6 (GraphPad Software Inc., San Diego, CA) and

Statgraphics Centurion version 18 (Statgraphics Technologies Inc., The Plains, VA).

Experiments were performed with three biological replicates yielding similar results, and

a representative replicate is shown. A minimum of 15 guts were analyzed for each

condition. For the SMURF assay ten tubes with 10 flies each were used. For data shown

in box plots, the median is given between the first and third quartiles (ends of the box).

Whiskers represent the maximum and minimum values of the data. Bar graphs display

the mean, with error bars representing the standard deviation.

For the amount of neural tissue and TTCs tissue: To analyze the effect of the treatment

on neural tissue volume and TTCs tissue volume, analysis of covariance (ANCOVA) was

performed. The dependent variable was neural tissue volume or TTCs tissue volume, the

fixed factor was the treatment, and the covariate was gut volume (Figure 1B, D, E; Figure

2D, E; Figure 3A, D, E; Supplementary Figure 1B, C; Supplementary Figure 2).

For other quantifications: For pairwise comparisons of data sets following a normal

distribution (Figure 1C) the unpaired t-test was performed. For pairwise comparisons of

data sets not following a normal distribution we used the non-parametric Mann Whitney

test (Figure 2A-C; Supplementary Figure 1A).

FUNDING

This work was funded by the Spanish Ministerio de Ciencia e Innovación (grant PID2019-

107340GB-I00) and Agència de Gestió d'Ajuts Universitaris i de Recerca of the

Generalitat de Catalunya (2021SGR00293) to M.M. Work in I.M-A. was funded by an ERC

Advanced Grant (ERCAdG 787470 "IntraGutSex"), a UKRI Horizon Europe guarantee grant

(EPSRC-ERC EP/Y03298/1), MRC intramural funding and the Francis Crick Institute,

which receives its core funding from Cancer Research UK (FC001317 and FC001175), the

UK Medical Research Council (FC001317 and FC001175), and the Wellcome Trust

(FC001317 and FC001175).

ACKNOWLEDGEMENTS

We thank C. González, M. Milán, C. Estella, J. Morante, B. Hudry, M. Corominas, F. Serras,

BDSC and DSHB for reagents and members of the Corominas' and Serras' laboratories

for insightful discussions. We are grateful to Q. Zhu and O. Ramirez for their assistance

with early pilot experiments that helped shape this research. We are indebted to our

colleagues F. Cebrià, M. Milán, M. Corominas, F. Serras, B. Payer and the CCiTUB

technological platform for their invaluable support and encouragement during this

project.

CONFLICT OF INTERESTS

The authors declare that they have no conflict of interest.

CONTRIBUTIONS

Conceptualization: M.M.; Methodology: M.R-M., M.B., P.G., A.M., S.R., I.M-A., M.M.;

Investigation: M.R-M., M.M.; Formal Analysis: M.R-M., P.G., A.M., S.R., I.M-A., M.M.;

Validation: M.R-M., M.M.; Visualization: M.R-M., M.M.; Data Curation: M.R-M., M.M.;

Resources: P.G., A.M., I.M-A.; Supervision: M.M.; Project Administration: M.M.; Funding

Acquisition: M.M.; Writing – Original Draft: M.M. with contributions from all the authors.

REFERENCES

Amcheslavsky, A., Jiang, J., Ip, Y.T., 2009. Tissue Damage-Induced Intestinal Stem Cell Division in Drosophila. Cell Stem Cell 4, 49–61. https://doi.org/10.1016/j.stem.2008.10.016

Antonello, Z.A., Reiff, T., Ballesta-Illan, E., Dominguez, M., 2015. Robust intestinal homeostasis relies on cellular plasticity in enteroblasts mediated by miR-8– Escargot switch. EMBO J. 34, 2025–2041. https://doi.org/10.15252/embj.201591517

Bell, L.R., Horabin, J.I., Schedl, P., Cline, T.W., 1991. Positive autoregulation of Sex-lethal by alternative splicing maintains the female determined state in Drosophila. Cell 65, 229–239. https://doi.org/10.1016/0092-8674(91)90157-T

Bell, L.R., Maine, E.M., Schedl, P., Cline, T.W., 1988. Sex-lethal, a Drosophila sex determination switch gene, exhibits sex-specific RNA splicing and sequence similarity to RNA binding proteins. Cell 55, 1037–1046. https://doi.org/10.1016/0092-8674(88)90248-6

Belote, J.M., McKeown, M., Boggs, R.T., Ohkawa, R., Sosnowski, B.A., 1989. Molecular genetics of *transformer*, a genetic switch controlling sexual differentiation in *Drosophila*. Dev. Genet. 10, 143–154. https://doi.org/10.1002/dvg.1020100304

Bentley, D., Toroian-Raymond, A., 1981. Embryonic and postembryonic morphogenesis of a grasshopper interneuron. J. Comp. Neurol. 201, 507–518. https://doi.org/10.1002/cne.902010404

Bernsen, J., 1986. Dynamic Thresholding of Gray Level Image. Proc. Int. Conf. Pattern Recognit. Berl. ICPR 86 1251–1255.

Boggs, R.T., Gregor, P., Idriss, S., Belote, J.M., McKeown, M., 1987. Regulation of sexual differentiation in D. melanogaster via alternative splicing of RNA from the transformer gene. Cell 50, 739–747. https://doi.org/10.1016/0092-8674(87)90332-1

Bucher, D., Pflüger, H.-J., 2000. Directional sensitivity of an identified wind-sensitive interneuron during the postembryonic development of the locust. J. Insect Physiol. 46, 1545–1556. https://doi.org/10.1016/S0022-1910(00)00078-0

Buchon, N., Osman, D., David, F.P.A., Yu Fang, H., Boquete, J.-P., Deplancke, B., Lemaitre, B., 2013. Morphological and Molecular Characterization of Adult Midgut Compartmentalization in Drosophila. Cell Rep. 3, 1725–1738. https://doi.org/10.1016/j.celrep.2013.04.001

Chen, J., Reiher, W., Hermann-Luibl, C., Sellami, A., Cognigni, P., Kondo, S., Helfrich-Förster, C., Veenstra, J.A., Wegener, C., 2016. Allatostatin A Signalling in

Drosophila Regulates Feeding and Sleep and Is Modulated by PDF. PLOS Genet. 12, e1006346. https://doi.org/10.1371/journal.pgen.1006346

Cirillo, C., Brihmat, N., Castel-Lacanal, E., Le Friec, A., Barbieux-Guillot, M., Raposo, N., Pariente, J., Viguier, A., Simonetta-Moreau, M., Albucher, J.-F., Olivot, J.-M., Desmoulin, F., Marque, P., Chollet, F., Loubinoux, I., 2020. Post-stroke remodeling processes in animal models and humans. J. Cereb. Blood Flow Metab. 40, 3–22. https://doi.org/10.1177/0271678X19882788

Cognigni, P., Bailey, A.P., Miguel-Aliaga, I., 2011. Enteric Neurons and Systemic Signals Couple Nutritional and Reproductive Status with Intestinal Homeostasis. Cell Metab. 13, 92–104. https://doi.org/10.1016/j.cmet.2010.12.010

Cui, X., Meiselman, M.R., Thornton, S.N., Yapici, N., 2024. A gut-brain-gut interoceptive circuit loop gates sugar ingestion in Drosophila. https://doi.org/10.1101/2024.09.02.610892

Gao, Z., Pang, Z., Chen, Y., Lei, G., Zhu, S., Li, G., Shen, Y., Xu, W., 2022. Restoring After Central Nervous System Injuries: Neural Mechanisms and Translational Applications of Motor Recovery. Neurosci. Bull. 38, 1569–1587. https://doi.org/10.1007/s12264-022-00959-x

Hérault, C., Pihl, T., Hudry, B., 2024. Cellular sex throughout the organism underlies somatic sexual differentiation. Nat. Commun. 15, 6925. https://doi.org/10.1038/s41467-024-51228-6

Holsopple, J.M., Cook, K.R., Popodi, E.M., 2022. Enteroendocrine cell expression of split-GAL4 drivers bearing regulatory sequences associated with panneuronally expressed genes in Drosophila melanogaster. Open Access.

Howard, A.M., LaFever, K.S., Fenix, A.M., Scurrah, C.R., Lau, K.S., Burnette, D.T., Bhave, G., Ferrell, N., Page-McCaw, A., 2019. DSS-induced damage to basement membranes is repaired by matrix replacement and crosslinking. J. Cell Sci. 132, jcs226860. https://doi.org/10.1242/jcs.226860

Hyer, M.M., Phillips, L.L., Neigh, G.N., 2018. Sex Differences in Synaptic Plasticity: Hormones and Beyond. Front. Mol. Neurosci. 11, 266. https://doi.org/10.3389/fnmol.2018.00266

Inoue, K., Hoshijima, K., Sakamoto, H., Shimura, Y., 1990. Binding of the Drosophila Sex-lethal gene product to the alternative splice site of transformer primary transcript. Nature 344, 461–463. https://doi.org/10.1038/344461a0

Jenett, A., Rubin, G.M., Ngo, T.-T.B., Shepherd, D., Murphy, C., Dionne, H., Pfeiffer, B.D., Cavallaro, A., Hall, D., Jeter, J., Iyer, N., Fetter, D., Hausenfluck, J.H., Peng, H., Trautman, E.T., Svirskas, R.R., Myers, E.W., Iwinski, Z.R., Aso, Y., DePasquale, G.M., Enos, A., Hulamm, P., Lam, S.C.B., Li, H.-H., Laverty, T.R., Long, F., Qu, L., Murphy, S.D., Rokicki, K., Safford, T., Shaw, K., Simpson, J.H., Sowell, A., Tae, S., Yu, Y., Zugates, C.T., 2012. A GAL4-Driver Line Resource for Drosophila Neurobiology. Cell Rep. 2, 991–1001. https://doi.org/10.1016/j.celrep.2012.09.011

Jiang, H., Tian, A., Jiang, J., 2016. Intestinal stem cell response to injury: lessons from Drosophila. Cell. Mol. Life Sci. 73, 3337–3349. https://doi.org/10.1007/s00018-016-2235-9

Kapur, J.N., Sahoo, P.K., Wong, A.K.C., 1985. A new method for gray-level picture thresholding using the entropy of the histogram. Comput. Vis. Graph. Image Process. 29, 273–285. https://doi.org/10.1016/0734-189X(85)90125-2

Kenmoku, H., Ishikawa, H., Ote, M., Kuraishi, T., Kurata, S., 2016. A subset of neurons
controls the permeability of the peritrophic matrix and midgut structure in
Drosophila adults. J. Exp. Biol. jeb.122960. https://doi.org/10.1242/jeb.122960
Kirby, E.D., Andrushko, J.W., Rinat, S., D'Arcy, R.C.N., Boyd, L.A., 2024. Investigating
female versus male differences in white matter neuroplasticity associated with
complex visuo-motor learning. Sci. Rep. 14, 5951.
https://doi.org/10.1038/s41598-024-56453-z
Ksiazek-Winiarek, D.J., Szpakowski, P., Glabinski, A., 2015. Neural Plasticity in Multiple
Sclerosis: The Functional and Molecular Background. Neural Plast. 2015, 1–11.
https://doi.org/10.1155/2015/307175
Kuraishi, T., Kenmoku, H., Kurata, S., 2015. From mouth to anus: Functional and
structural relevance of enteric neurons in the Drosophila melanogaster gut.
Insect Biochem. Mol. Biol. 67, 21–26.
https://doi.org/10.1016/j.ibmb.2015.07.003
Lee, S., Stevens, C.F., 2007. General design principle for scalable neural circuits in a
vertebrate retina. Proc. Natl. Acad. Sci. 104, 12931–12935.
https://doi.org/10.1073/pnas.0705469104
Lemaitre, B., Miguel-Aliaga, I., 2013. The Digestive Tract of *Drosophila melanogaster*.
Annu. Rev. Genet. 47, 377–404. https://doi.org/10.1146/annurev-genet-111212-
133343
Li, C.H., Lee, C.K., 1993. Minimum cross entropy thresholding. Pattern Recognit. 26,
617–625. https://doi.org/10.1016/0031-3203(93)90115-D
Lund-Ricard, Y., Cormier, P., Morales, J., Boutet, A., 2020. mTOR Signaling at the
Crossroad between Metazoan Regeneration and Human Diseases. Int. J. Mol.
Sci. 21, 2718. https://doi.org/10.3390/ijms21082718
Luo, L., O'Leary, D.D.M., 2005. AXON RETRACTION AND DEGENERATION IN
DEVELOPMENT AND DISEASE. Annu. Rev. Neurosci. 28, 127–156.
https://doi.org/10.1146/annurev.neuro.28.061604.135632
Mahar, M., Cavalli, V., 2018. Intrinsic mechanisms of neuronal axon regeneration. Nat.
Rev. Neurosci. 19, 323–337. https://doi.org/10.1038/s41583-018-0001-8
Mank, J.E., Rideout, E.J., 2021. Developmental mechanisms of sex differences: from
cells to organisms. Development 148. https://doi.org/10.1242/dev.199750
Marianes, A., Spradling, A.C., 2013. Physiological and stem cell compartmentalization
within the Drosophila midgut. eLife 2, e00886.
https://doi.org/10.7554/eLife.00886
McGuire, S.E., Le, P.T., Osborn, A.J., Matsumoto, K., Davis, R.L., 2003. Spatiotemporal
Rescue of Memory Dysfunction in *Drosophila*. Science 302, 1765–1768.
https://doi.org/10.1126/science.1089035
Menon, K.P., Carrillo, R.A., Zinn, K., 2013. Development and plasticity of the *Drosophila*
larval neuromuscular junction. WIREs Dev. Biol. 2, 647–670.
https://doi.org/10.1002/wdev.108
Miguel-Aliaga, I., Jasper, H., Lemaitre, B., 2018. Anatomy and Physiology of the Digestive
Tract of *Drosophila melanogaster*. Genetics 210, 357–396.
https://doi.org/10.1534/genetics.118.300224
Min, S., Oh, Y., Verma, P., Whitehead, S.C., Yapici, N., Van Vactor, D., Suh, G.S., Liberles,
S., 2021. Control of feeding by Piezo-mediated gut mechanosensation in
Drosophila. eLife 10, e63049. https://doi.org/10.7554/eLife.63049

Murphy, T.H., Corbett, D., 2009. Plasticity during stroke recovery: from synapse to
behaviour. Nat. Rev. Neurosci. 10, 861–872. https://doi.org/10.1038/nrn2735
Nudo, R.J., 2003. Functional and structural plasticity in motor cortex: implications for
stroke recovery. Phys. Med. Rehabil. Clin. N. Am. 14, S57–S76.
https://doi.org/10.1016/S1047-9651(02)00054-2
Olds, W.H., Xu, T., 2014. Regulation of food intake by mechanosensory ion channels in
enteric neurons. eLife 3, e04402. https://doi.org/10.7554/eLife.04402
Ollion, J., Cochennec, J., Loll, F., Escudé, C., Boudier, T., 2013. TANGO: a generic tool for
high-throughput 3D image analysis for studying nuclear organization.
Bioinformatics 29, 1840–1841. https://doi.org/10.1093/bioinformatics/btt276
Oswald, M.C.W., Garnham, N., Sweeney, S.T., Landgraf, M., 2018. Regulation of
neuronal development and function by ROS. FEBS Lett. 592, 679–691.
https://doi.org/10.1002/1873-3468.12972
Perochon, J., Yu, Y., Aughey, G.N., Medina, A.B., Southall, T.D., Cordero, J.B., 2021.
Dynamic adult tracheal plasticity drives stem cell adaptation to changes in
intestinal homeostasis in Drosophila. Nat. Cell Biol. 23, 485–496.
https://doi.org/10.1038/s41556-021-00676-z
Petersen, E.D., Sharkey, E.D., Pal, A., Shafau, L.O., Zenchak-Petersen, J., Peña, A.J.,
Aggarwal, A., Prakash, M., Hochgeschwender, U., 2022. Restoring Function After
Severe Spinal Cord Injury Through BioLuminescent-OptoGenetics. Front. Neurol.
12, 792643. https://doi.org/10.3389/fneur.2021.792643
Petsakou, A., Liu, Yifang, Liu, Ying, Comjean, A., Hu, Y., Perrimon, N., 2023. Cholinergic
neurons trigger epithelial Ca2+ currents to heal the gut. Nature 623, 122–131.
https://doi.org/10.1038/s41586-023-06627-y
Prosperini, L., Piattella, M.C., Giannì, C., Pantano, P., 2015. Functional and Structural
Brain Plasticity Enhanced by Motor and Cognitive Rehabilitation in Multiple
Sclerosis. Neural Plast. 2015, 1–12. https://doi.org/10.1155/2015/481574
Rera, M., Clark, R.I., Walker, D.W., 2012. Intestinal barrier dysfunction links metabolic
and inflammatory markers of aging to death in Drosophila. Proc. Natl. Acad. Sci.
U. S. A. 109, 21528–21533. https://doi.org/10.1073/pnas.1215849110
Rodríguez, A., Foronda, D., Córdoba, S., Felipe-Cordero, D., Baonza, A., Miguez, D.G.,
Estella, C., 2024. Cell proliferation and Notch signaling coordinate the formation
of epithelial folds in the *Drosophila* leg. Development 151, dev202384.
https://doi.org/10.1242/dev.202384
Sampaio-Baptista, C., Sanders, Z.-B., Johansen-Berg, H., 2018. Structural Plasticity in
Adulthood with Motor Learning and Stroke Rehabilitation. Annu. Rev. Neurosci.
41, 25–40. https://doi.org/10.1146/annurev-neuro-080317-062015
Sanal, N., Keding, L., Gigengack, U., Michalke, E., Rumpf, S., 2023. TORC1 regulation of
dendrite regrowth after pruning is linked to actin and exocytosis. PLOS Genet. 19,
e1010526. https://doi.org/10.1371/journal.pgen.1010526
Sato, Y., Nakajima, S., Shiraga, N., Atsumi, H., Yoshida, S., Koller, T., Gerig, G., Kikinis,
R., 1998. Three-dimensional multi-scale line filter for segmentation and
visualization of curvilinear structures in medical images. Med. Image Anal. 2,
143–168. https://doi.org/10.1016/S1361-8415(98)80009-1
Schindelin, J., Arganda-Carreras, I., Frise, E., Kaynig, V., Longair, M., Pietzsch, T.,
Preibisch, S., Rueden, C., Saalfeld, S., Schmid, B., Tinevez, J.-Y., White, D.J.,
Hartenstein, V., Eliceiri, K., Tomancak, P., Cardona, A., 2012. Fiji: an open-source

platform for biological-image analysis. Nat. Methods 9, 676–682. https://doi.org/10.1038/nmeth.2019

Sosnowski, B.A., Belote, J.M., McKeown, M., 1989. Sex-specific alternative splicing of RNA from the transformer gene results from sequence-dependent splice site blockage. Cell 58, 449–459. https://doi.org/10.1016/0092-8674(89)90426-1

Tamamouna, V., Rahman, M.M., Petersson, M., Charalambous, I., Kux, K., Mainor, H., Bolender, V., Isbilir, B., Edgar, B.A., Pitsouli, C., 2021. Remodelling of oxygen-transporting tracheoles drives intestinal regeneration and tumorigenesis in Drosophila. Nat. Cell Biol. 23, 497–510. https://doi.org/10.1038/s41556-021-00674-1

Tedeschi, A., Bradke, F., 2017. Spatial and temporal arrangement of neuronal intrinsic and extrinsic mechanisms controlling axon regeneration. Curr. Opin. Neurobiol. 42, 118–127. https://doi.org/10.1016/j.conb.2016.12.005

Tian, A., Morejon, V., Kohoutek, S., Huang, Y., Deng, W., Jiang, J., 2022. Damage-induced regeneration of the intestinal stem cell pool through enteroblast mitosis in the Drosophila midgut. EMBO J. 41, e110834. https://doi.org/10.15252/embj.2022110834

Titos, I., Juginović, A., Vaccaro, A., Nambara, K., Gorelik, P., Mazor, O., Rogulja, D., 2023. A gut-secreted peptide suppresses arousability from sleep. Cell 186, 1382-1397.e21. https://doi.org/10.1016/j.cell.2023.02.022

Turtzo, L.C., McCullough, L.D., 2008. Sex Differences in Stroke. Cerebrovasc. Dis. 26, 462–474. https://doi.org/10.1159/000155983

Weaver, L.N., Ma, T., Drummond-Barbosa, D., 2020. Analysis of Gal4 Expression Patterns in Adult Drosophila Females. G3 GenesGenomesGenetics 10, 4147–4158. https://doi.org/10.1534/g3.120.401676

Williams, D.W., Kondo, S., Krzyzanowska, A., Hiromi, Y., Truman, J.W., 2006. Local caspase activity directs engulfment of dendrites during pruning. Nat. Neurosci. 9, 1234–1236. https://doi.org/10.1038/nn1774

Williams, D.W., Truman, J.W., 2005. Cellular mechanisms of dendrite pruning in Drosophila : insights from in vivo time-lapse of remodeling dendritic arborizing sensory neurons. Development 132, 3631–3642. https://doi.org/10.1242/dev.01928

Wu, S.-C., Liao, C.-W., Pan, R.-L., Juang, J.-L., 2012. Infection-Induced Intestinal Oxidative Stress Triggers Organ-to-Organ Immunological Communication in Drosophila. Cell Host Microbe 11, 410–417. https://doi.org/10.1016/j.chom.2012.03.004

Yang, C., Merlin, D., 2024. Unveiling Colitis: A Journey through the Dextran Sodium Sulfate-induced Model. Inflamm. Bowel Dis. 30, 844–853. https://doi.org/10.1093/ibd/izad312

Yaniv, S.P., Schuldiner, O., 2016. A fly's view of neuronal remodeling. WIREs Dev. Biol. 5, 618–635. https://doi.org/10.1002/wdev.241

Yu, C., An, Z., Zhao, W., Wang, W., Gao, C., Liu, S., Wang, J., Wu, J., 2015. Sex Differences in Stroke Subtypes, Severity, Risk Factors, and Outcomes among Elderly Patients with Acute Ischemic Stroke. Front. Aging Neurosci. 7. https://doi.org/10.3389/fnagi.2015.00174