A model of neural population dynamics for flexible sensorimotor control

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ABSTRACT

Modern large-scale recordings have revealed that motor cortex activity during reaching follows low-dimensional dynamics, thought to reflect sensorimotor computations underlying muscle activation. However, the origin of these low dimensional patterns, and how they flexibly reorganize across different tasks remain unclear. Here we demonstrate that the key features of neural activity can naturally emerge in a linear model combining a random network with a biomechanical system. Remarkably, this model shows explicitly how a fixed network can achieve flexible control of multiple behaviours through optimal mapping of sensory feedback onto the network. Finally, analytical decomposition of the controller reveals that low-dimensional network dynamics follow directly from the propagation of low-dimensional feedback signals from the biomechanical plant through the network. This formalism provides a computational framework to interpret flexible motor control in the nervous system, which directly links neural population dynamics to sensorimotor behavior.

1 Introduction

2   A central challenge in neuroscience is to explain how neural activity generates behavior and 3 adapts to changing environments(Krakauer et al., 2017). To address this, recent advances have shifted 4 focus from individual neurons to the collective dynamics of populations of neurons(Gao & Ganguli, 5 2015; Stringer & Pachitariu, 2024; Urai et al., 2022). Empirical studies show that the population 6 dynamics can be effectively captured by rather low-dimensional, time-varying signals, referred to as 7 *neural factors* (Churchland & Shenoy, 2024), or *latent dynamical state*(Gallego et al., 2017; Vyas et 8 al., 2020). These factors have been interpreted as signals that the brain must generate to orchestrate 9 behavior(Churchland et al., 2012; Churchland & Shenoy, 2024). Yet, fundamental questions remain: 10 what is the relationship between neural factors and biological or physical variables that characterize 11 the movement, and which factors are required for a given behavior?

12   Prevailing theories propose that neural factors emerge from recurrent connectivity among 13 cortical and subcortical areas, forming attractors that shape population activity(Vyas et al., 2020). 14 Artificial recurrent neural networks (RNN) capture this idea by developing stable patterns – such as 15 tonic or multi-phasic activity – generating muscle commands when optimized on sensorimotor 16 tasks(Aldarondo et al., 2024; Feulner et al., 2022; Guang et al., 2024; Gurnani et al., 2024; Kalidindi 17 et al., 2021; Lillicrap & Scott, 2013; Michaels et al., 2020; Saxena et al., 2022; Sussillo et al., 2015). 18 However, generalization to other tasks remains challenging for these models, which rely on training 19 based on novel relevant datasets(Zador et al., 2023). Their behavior is often difficult to interpret due 20 to non-linearities and dependency on both training data(Zador et al., 2023), and training 21 algorithms(Codol et al., 2024). This raises the question: are simpler, more interpretable models 22 sufficient to account for some key features of motor cortical dynamics?

23   In contrast to trained artificial networks, primates exhibit remarkable flexibility as they can 24 rapidly adapt to novel contexts, or even update control within an ongoing movement(Braun et al., 25 2009; Crevecoeur, Mathew, et al., 2020; Kalidindi & Crevecoeur, 2023; Lake et al., 2016; Saxe et al., 26 2021). Although development certainly forms a wide range of behaviors akin to long term training, 27 recent computational modeling studies suggest that contextual inputs to the network can evoke 28 patterns suitable to a given task(Beiran et al., 2023; Kao et al., 2021; Lindén et al., 2022; Logiaco et 29 al., 2021; Mante et al., 2013; Remington et al., 2018; Schimel et al., 2023; Sohn et al., 2021; Stroud

et al., 2018). However, it remains unclear how inputs are computed and adjusted across diverse

sensorimotor tasks, such as different instructions or loading conditions.

Here we propose a unifying theoretical framework that explains both the emergence of low-

dimensional factors in motor cortical dynamics, and how inputs to the network should be computed

to accomplish the task at hand. We developed a linear model coupling a random network to a

biomechanical limb and simulated various tasks using stochastic optimal control(Åström, 1970;

Schimel et al., 2023; Todorov & Jordan, 2002). In this framework, the feedback control policy maps

the feedback about the state of the whole system (network and limb) onto optimal network

activations. We demonstrate that this approach directly links the parameters of the controller to the

network activity across tasks without the need for example-driven (re)training. Remarkably, our

model reproduced key features observed in motor cortex, including preparatory activity anticipating

the upcoming movement(Churchland et al., 2010; Kaufman et al., 2014), rotational dynamics during

movement(Churchland et al., 2012; Sabatini & Kaufman, 2024), and activity during movement

preparation and execution periods restricted to orthogonal subspaces(Elsayed et al., 2016).

Furthermore, we show that this linear formulation offers an novel view on the origin of low-

dimensional factors using the low-rank hypothesis of complex systems(Thibeault et al., 2024):

although the network connectivity is high-dimensional, its activity is mainly driven by inputs carrying

sensory feedback and task parameters, yielding low-dimensional patterns of activation. Together, our

results propose a formal link between sensorimotor control and low-dimensional population activity

for a fixed random network, offering a powerful candidate framework to interpret the neural basis of

flexible motor control.

Results

We constructed a super-system composed of a randomly connected recurrent network ($n = 100$ nodes) coupled to a limb (Fig. 1a). The network activity, $\boldsymbol{r}(t) \in \mathbb{R}^{100}$, was represented as a standard rate equation(Kalidindi et al., 2021; Kao et al., 2021; Schimel et al., 2023; Sussillo et al., 2015). The network output controlled one of the two limb models: a point-mass moving in a cartesian plane or a two-link planar arm. Both models featured two-dimensional actuation, with cartesian forces applied along the plane for the point-mass, and joint torques applied to the shoulder and elbow joints for the planar arm. The limb state, $\boldsymbol{q}(t) \in \mathbb{R}^{6}$, encompassed position, velocity and actuation forces/torques. Full details of the network and limb dynamics are provided in the Methods. For compact representation, the linear dynamics governing the network-body system were jointly described by:

$$\begin{bmatrix} \dot{\boldsymbol{r}} \\ \dot{\boldsymbol{q}} \end{bmatrix} = \begin{bmatrix} J & 0 \\ C & M \end{bmatrix} \begin{bmatrix} \boldsymbol{r} \\ \boldsymbol{q} \end{bmatrix} + \begin{bmatrix} \boldsymbol{\varepsilon} \\ 0 \end{bmatrix} + \begin{bmatrix} I \\ 0 \end{bmatrix} \boldsymbol{u},\tag{1}$$

where $J \in \mathbb{R}^{100 \times 100}$ was the random state transition matrix, $\boldsymbol{\varepsilon} \in \mathbb{R}^{100}$ was a constant input vector inducing heterogenous spontaneous activity, C was the random linear readout that mapped the network activity to limb actuation, and M was the state transition matrix of limb dynamics (the explicit dependency on time was omitted from Eqn. 1 for clarity). The control input $\boldsymbol{u}(t) \in \mathbb{R}^{100}$ influenced only the network activity. The identity matrix I denotes that each control input component activated a single network unit.

The objective was to find inputs $\boldsymbol{u}(t)$ that steer the network activity to make the limb move optimally as defined by a cost-function. We adopted the formalism of receding-horizon to allow modelling changes in task instructions such as the unexpected occurrence of a "GO" cue presented during movement preparation (see Methods). This problem was solved as follows: we determined the control inputs that minimized the expected cost ($\mathcal{J}(\boldsymbol{q}, \boldsymbol{u}, t)$) over a time-horizon Δh defined by:

$$\mathcal{J}(\boldsymbol{q}, \boldsymbol{u}, t) = \int_{t}^{t+\Delta h} \boldsymbol{q}(s)^T Q(s) \boldsymbol{q}(s) + \boldsymbol{u}(s)^T R(s) \boldsymbol{u}(s) ds\tag{2}$$

We then applied the first time-step of the control law and repeated the process by moving the time-horizon forward. Here, $Q(.)$ is a positive-semidefinite matrix penalizing deviations from desired limb states (note that state vector includes the target, omitted here for simplicity, see Methods), and $R(.)$ is a positive-definite matrix penalizing large network inputs ($\boldsymbol{u}$).

Figure 1 Schematic representation of the network-body system. *a) Task-dependent control of network-body system through tunable control gains. b) illustration of how the tunable control gains may reshape the low dimensional neural trajectories based on task parameters. c) Illustration of a stereotypical prepare-to-reach task, showing how the neural population activity is driven into orthogonal subspaces for preparation and movement, where dots represent preparatory states, curves represent activity over time and color coded to different directions of reaching d) Selected benchmark tasks taken from standard motor control literature used to test the malleability of sensorimotor control in primates dependent on changes in task objectives (flexibility) and biomechanics (adaptation).*

We now simply consider the structure of the controller to interpret its effect on the network-

body dynamics across task variations. For the given system dynamics (Eqn. 1) and quadratic cost

function (Eqn. 2), the optimal control inputs for each time-horizon can be computed using the classical

Linear Quadratic Regulator (LQR) approach(Åström, 1970; Todorov, 2005) (see Methods), which yields

an optimal state-feedback control law that can be decomposed as follows:

$$\boldsymbol{u}(t) = -L_{net}(\boldsymbol{\Theta}, t)\boldsymbol{r}(t) - L_{limb}(\boldsymbol{\Theta}, t)\boldsymbol{q}(t). \tag{3}$$

The set $\boldsymbol{\Theta}$ encompasses all the system and cost parameters (i.e. $\boldsymbol{\Theta} = \{Q, R, J, C, M\}$), and L_{net}

and L_{limb} are the control gains applied to the network and limb states, respectively. Substituting this

feedback control law (Eqn. 3) into the system dynamics (Eqn. 1) gives the closed-loop system:

$$\begin{bmatrix} \dot{\boldsymbol{r}} \\ \dot{\boldsymbol{q}} \end{bmatrix} = \begin{bmatrix} J - L_{net}(\boldsymbol{\Theta}, t) & -L_{limb}(\boldsymbol{\Theta}, t) \\ C & M \end{bmatrix} \begin{bmatrix} \boldsymbol{r} \\ \boldsymbol{q} \end{bmatrix} + \begin{bmatrix} \boldsymbol{\varepsilon} \\ 0 \end{bmatrix}. \qquad (4)$$

Rewriting the system in this closed-loop form offers an interpretation of the controller structure: this optimal control scheme enables multiple tasks (represented by $\boldsymbol{\Theta}$) by dynamically adjusting the coupling of network nodes (J became $J - L_{net}(\boldsymbol{\Theta}, t)$), and the feedback about the limb states through the matrix $-L_{limb}(\boldsymbol{\Theta}, t)$ (Fig. 1a). In essence, this approach leverages the linear structure of the system to compute the optimal network connectivity suitable for a given set of parameters without data-driven (re)training. Thus, we may expect that different tasks (and their corresponding sets of parameters) induce different network activations, resulting in various shapes and trajectories of the network states representing neural population activity (Fig. 1b). We show below that this model remarkably reproduces previously published properties (Fig. 1c), and makes quantitative predictions of neural activities associated with standard tasks (Fig. 1d).

Emergence of low-dimensional factors for preparation and execution

We first validate the model by showing that it reproduces hallmark features of monkey's primary motor cortex (M1) activity during a standard center-out reaching task(Churchland et al., 2012; Elsayed et al., 2016) (Fig. 1c). Specifically, using a receding-horizon control scheme(Guigon, 2023; Maciejowski, 2002) (see Methods), the model generated realistic hand trajectories in a delayed prepare-to-reach paradigm, including bell-shape velocity profiles following the GO cue (Fig 2a). At the level of individual network nodes, we observed heterogenous activity patterns, with tonic levels of activity during the preparatory phase that quickly encoded the impending target, and a subsequent phasic activity linked to movement execution (Fig 2b). Both the amplitude and the phase of individual responses varied across nodes and movement directions. Notably, many nodes exhibited an overshoot immediately after target onset, resembling M1 recordings(Kaufman et al., 2014; Lara et al., 2018). We observed that this overshoot occurred due to the cost parameters, as increasing the penalty on control inputs reduced it (simulations not shown).

Figure 2 **Feedback control produces meaningful behavior and reproduces M1-like preparation and movement-related "factors"** a) Hand kinematics for the simulation of a point mass system b) exemplar neural firing rates from selected units, observe that the activity of some neurons depends on the target of the pending movement. c) Pairwise correlations in preparatory and movement periods d) Linear relationship between pairwise-correlations from movement to preparatory period. The lack of pattern shows that activities from one epoch is statistically independent of that of the other epoch e) neural activity along the principal modes in the preparatory period. f) same as (e) for the movement period. g) alignment between preparatory and movement period activities. The histogram shows distribution of alignment indices across surrogate data and the vertical line represent the alignment of subspaces from the principal modes of preparatory and execution epochs (low alignment corresponds to orthogonal) h) comparison of the model with monkey datasets, monkey A(Churchland et al., 2012), monkey B(Suresh et al., 2020) i) comparison of alignment index of top six preparatory and movement period PCs j) The goodness of fit (R^2) obtained by fitting the top six PC trajectories to a rotational dynamical system using the jPCA procedure. Asterisk symbols indicate the p-values from one-tailed test: *p-val < 0.05, **p-val < 0.01, ***p-val < 0.005

To characterize the interactions between nodes across epochs, we first analyzed functional connectivity by computing pairwise correlations of time-series activity during the preparatory (150

to 50 ms before the GO cue) and movement epochs (50 to 150 ms after the GO cue). Fig. 2c shows

that the average pairwise-correlations across targets observed during preparation was not

maintained during movement. Consequently, the pairwise-correlations among nodes during

preparation were not linearly related to those observed during movement. This resulted in a low

Pearson correlation-coefficient between epochs (Fig 2d) indicating a reorganization of network

interactions driven by task objective to prepare or execute movement.

To examine the dominant features of population activity and link them to previously reported

neural factors, we performed principal component analysis (PCA) on the network activity during

preparatory and movement epochs (see Methods). The dominant principal components (PCs) in the

preparatory epoch encoded target information prior to movement onset (Fig. 2e). This finding

demonstrates that directional encoding of the upcoming movement occurred within a subspace of

$\mathbb{R}^n$ that did not produce any motor output. This observation is consistent with experimental

observations where neuronal activity unfolds along "output-null" dimensions that do not produce

any movement(Churchland & Shenoy, 2024; Elsayed et al., 2016). The same PCA applied to the

population activity after the GO cue revealed rotational trajectories (Fig. 2f), closely resembling

rotations reported in M1(Churchland et al., 2012). Notably, the control scheme showed distinct

responses between preparatory versus movement epochs because the task objectives (Q) changed:

during preparation deviation from start was penalized, whereas during movement deviation from the

goal was penalized. As a result, the controller allowed the same state-feedback signals to produce

different network trajectories depending on whether the system was preparing or executing a

movement.

This task-dependent control scheme also captured another well-known feature of M1 activity:

the orthogonality between preparatory and execution related activity(Elsayed et al., 2016). Applying

PCA to network activity in each epoch separately, the preparatory-PCs explained little of the variance

observed during the movement, and vice-versa. To quantify the degree of overlap, we computed the

alignment index(Elsayed et al., 2016) (see Methods), measuring how much variance in preparatory

epoch was explained by the first six PCs from the execution epoch, normalized by the variance

explained by the first six PCs from the preparatory epoch. When the activities during preparation and

execution phases are confined to orthogonal output-null and output-potent subspaces respectively

without any overlap, the alignment index is zero. In our model, the network activities exhibited a low

alignment index, consistent with recordings from M1 (Elsayed et al., 2016), and significantly lower

than surrogate datasets generated via the tensor maximization entropy (TME) procedure (Fig. 2g, see

Methods)

The foregoing observation highlighted low alignment between preparatory and movement

related activities, as well as rotational trajectories. To evaluate the model's resemblance to the motor

cortex quantitatively, we compared its behavior with publicly available datasets of neural recordings

in monkeys (Fig. 2h)(Churchland et al., 2012; Suresh et al., 2020). Specifically, we compared the

alignment index and rotational dynamics in both the model and M1 data. Both the model and M1

recordings exhibited low alignment indices, substantially lower than those observed in surrogate

datasets (Fig. 2i). Rotational dynamics were quantified using jPCA method(Churchland et al., 2012),

which was used to fit the top six principal components to a constrained dynamical system with purely

rotational structure (see Methods). The goodness of fit, measured by R^2, was consistent across M1

recordings and model simulations, and significantly larger than surrogate datasets generated via the

TME procedure (Fig. 2j).

To further characterize the rotational structure from the firing rate without dimensionality

reduction, we computed the complex-valued gyration number(Kuzmina et al., 2024). The real and

imaginary parts of the gyration number capture the normalized decay and rotational components in

the population activity, respectively (see Methods). The model and M1 recordings exhibited

comparable levels of rotation and decay, whereas shuffled datasets showed markedly reduced

rotational component (Supplementary Fig. 1).

Thus, closed-loop control of the network-body system naturally gave rise to low-dimensional

neural trajectories in orthogonal preparatory and movement subspaces, with rotational population

dynamics closely paralleling patterns of neural activities recorded in M1. Remarkably, these features

emerged from a linear system combined with a quadratic cost. No additional constraint was required,

such as enforcing simple network dynamics(Sussillo et al., 2015), or minimizing trajectory

tangling(Russo et al., 2018; Saxena et al., 2022) as expressed in previous models.

We made several additional observations that are reported in the Supplementary Material,

which can be summarized as follows: our results appear robust against variations in the model

structures for comparable networks and inputs. Supplementary Fig. 2 shows that the results for the

center-out reaching task were similar when coupling the network to a two-link arm instead of a point-

mass as shown in Fig. 2. Then, we also observed low alignment between preparatory and movement

related activity, as well as rotations, in fully connected recurrent networks without any excitation-

inhibition balanced structure, and randomly sampled Erdös-Rényi networks (see Methods and

Supplementary Fig. 3, 4).

To gain further insight into the model's properties, we examined the effect of state feedback

control on the network dynamics. First, spectral analysis of the state transition matrix revealed that

the distribution of eigenvalues contained complex pairs of eigen values associated with oscillatory

behavior (Fig. 3a). In the initial, randomly configured networks, many eigenvalues exhibited large

absolute imaginary components corresponding to high-frequency oscillations, and real parts close to

imaginary axis, indicating slow decay. Interestingly, the closed form expression $(J - L_{net})$ modified the

distribution by reducing the maximum absolute imaginary part of the eigen values and decreasing

the spectral abscissa (Fig. 3a, b).

Next, we analyzed the role of state feedback inputs in driving the network activity. After the

GO cue, inputs displayed a smooth, time-varying profile that persisted beyond peak velocity (Fig. 3c).

Interestingly, input signals $(\boldsymbol{u}(t))$ decayed faster than the network activity, suggesting that

movement execution was supported by a sustained activation generated by the network's intrinsic

dynamics. To evaluate its contribution, we examined both the unforced dynamics of the initial,

randomly configured network (J) and the dynamics of the controlled network $(J - L_{net})$ after setting

the input to zero following the 'GO' cue. The activity of individual nodes revealed that the unforced

dynamics were characterized by high-frequency, low-amplitude oscillations that decayed more

quickly than the feedback-driven activity. We quantified the normalized total activity across nodes

and reach directions, scaled to the initial preparatory state. Networks with state feedback inputs

showed a rise in activity followed by a slow decay, whereas unforced dynamics exhibited a much

faster decay (Fig. 3d). These results demonstrate how state feedback inputs interact with intrinsic

network dynamics to shape the network activity during reaching movements.

Figure 3 Model analysis *a) Eigen value spectrum of an exemplar original network (left) and the same network when modified by the state feedback control law (right, Eqn. 4). b) Change in spectral abscissa (maximum real part) and in the maximum imaginary part of the eigen values across 5 networks c) Simulated hand velocity, network activity and control inputs while reaching to the target aligned with the x-axis. Dotted and dashed vertical lines represent the time of GO cue and time of maximum velocity respectively d) Left panels: Node activity with full state feedback inputs compared with the unforced dynamics after the same initialization. Right panel: Normalized total activity across nodes and reach directions. *p-val < 0.05 ***p-val < 0.005 from paired two-sample ttest across N=5 samples.*

Variation in movement dynamics

Building on the validation of the model in the center out reaching task (as shown in Fig. 2), we now illustrate its predictive power. Indeed, we can change any task parameter value (i.e. change a subset of Θ) and interrogate the model about the resulting neural activities. Using paradigmatic examples from motor control literature (Fig. 1d), we demonstrate how task parameters shape neural trajectories, enabling quantitative predictions about neural population dynamics across a range of tasks. Two subsets of task parameters are often studied: (1) the task objectives (the weighting matrices Q and R penalizing states or inputs in the cost function, expressed in Eqn. 2), and (2) the system dynamics (the matrix M). Based on the fact that the control gains, and hence the network

inputs, are modulated as a function of the above-mentioned task parameters (Eqn. 3), we can explore

how these parameters shaped the network dynamics.

We first examine the influence of velocity-dependent force-fields, widely used to study motor

adaptation(Thoroughman & Shadmehr, 2000), on the network dynamics. A velocity-dependent force-

field of the form $f_x = \alpha \dot{y}$ and $f_y = \alpha \dot{x}$ modifies the limb dynamics by coupling forward speed with

lateral force and lateral speed with forward force. Assuming that the controller has knowledge of this

force field, the model was able to produce straight hand paths towards the target after the GO signal

(Fig. 4a), countering the applied lateral forces with scaled hand forces (Fig. 4a, bottom-right). Note

that we do not model the process of adaptation, but we assumed that the controller knows the force-

field parameter. Although no movement occurred prior to the GO cue, a few individual nodes

encoded the level of the force-field parameter (α) during the preparatory phase, without generating

motor output (Fig. 4b). Hence, network activity in the output-null space already encoded the strength

of force field parameter. This was followed by a scaling in the amplitude of rate responses in individual

nodes during the movement epoch (Fig. 4b).

At the population level, the dominant PCs encoded force field strength during the preparatory

epoch, followed by rotational trajectories in the movement epoch (Fig. 4c). Notably, these rotations

occupied different planes but maintained a consistent direction even when the force field was applied

in opposite directions (-5 to $+5$).

Next, we quantified the changes in neural population responses across force-fields by

computing the path changes compared to the baseline parameter level ($\alpha = 0$) (Fig. 4g). The change

in preparatory state was measured as the distance between the preparatory state at the GO signal

and at the baseline force-field parameter level. Movement-related changes in PCs were quantified as

the sum of squared differences between points on the PC trajectory and the baseline trajectory.

Across different networks, both preparatory and movement period PCs scale with the strength of the

force-field parameter (α) (Fig 4h). Indeed, analyzing the corresponding control gains across varying

force-field values revealed that these gains changed with α during both preparatory and execution

epochs, thereby shifting network activity into different preparatory states that scaled with the force-

field strength even when moving to the same spatial target.

Figure 4 Flexible control to changes in biomechanical requirements. *a) representation of the task with clockwise or counterclockwise force field of different strength, and hand kinematics with varying levels of lateral force applied to counter the force field. b) Exemplar neuron firing rates c) projection of the network trajectories in the principal mode of the preparation and movement epochs for five different levels of orthogonal force-field parameter. (d-e-f) same as above for five different levels of limb inertia. g) Illustration of the key measures of variation in neural factors: h) change in preparatory and movement related factors for force-field task. i) Same as h for inertial loading task. The circle markers depict mean across N=5 networks, and the error bars indicate the s.e.m.*

We next asked whether this modulation in neural trajectories extended to other changes in

limb dynamics. In a second set of simulations, we varied inertial loads by simulating different masses

of the hand while reaching to the target (Fig. 4d). Similar to the force-field task, individual nodes

encoded the inertial load level m_{load} (Fig. 4e) during both preparatory and movement epochs.

Applying PCA again showed that the dominant PCs in each epoch reflected the load magnitude (Fig.

4f). As before, both preparatory and movement PCs scaled with the level of loading (Fig. 4i),

confirming that parameters altering limb dynamics produced feedback modulation that reshaped the

network activity.

To assess the model properties with multiple targets and loading conditions, we simulated
reaching tasks involving eight spatial targets under varying velocity-dependent force fields and inertial
loads (Supplementary Fig. 5a). In both conditions, preparatory principal components (PCs) exhibited
affine encoding: preparatory states varied with the magnitude of the load (m_{load}) or force field
parameter (α), while offsets were determined by the target location (Supplementary Fig. 5b). Notably,
the radial organization shown in preparatory states is consistent with the empirical evidence from
motor adaptation studies(Sun et al., 2022; Vyas et al., 2018). Under force field conditions, preparatory
shifts occurred tangentially (toward or away from adjacent targets), whereas inertial loading induced
radial scaling of preparatory states. During movement, PCs traced rotational trajectories that varied
systematically with both target direction and mechanical loading (Supplementary Fig. 5c), indicating
an interaction between spatial goals and limb dynamics. Quantitatively, increasing the angular
separation between target directions was related to greater distance between preparatory states in
the low dimensional, projected space (Supplementary Fig. 5d). Overall, varying the limb dynamics led
to a combination of scaling and directional variations in the PCs of network population activity.

Variation in task objectives

We now use the same approach to show a modulation of population activity in response to
variation in task objectives (varying Q matrix in Eqn. 3). To test this, we simulated two tasks typically
used in human behavioral experiments: the bar task(Gallivan et al., 2016; Nashed et al., 2012), and a
shooting (or a hit) task(Česonis & Franklin, 2022).

In the bar task, the hand must reach a target with different levels of penalty on the lateral
endpoint deviation, leading to variation in the lateral end position (Fig 5a). When a brief mechanical
load was applied to perturb the movement laterally, the model corrected errors more vigorously in
directions where errors were more costly (high lateral cost), leading to smaller deviations and higher
corrective forces (Fig. 5a, perturbed condition). In contrast when the cost was low, it corrected less
(smaller force, larger hand deviation) as expected under the minimal intervention principle(Todorov
& Jordan, 2002). Behaviorally, these error corrections recapitulate the effect of environmental
factors shown by Nashed and colleagues(Nashed et al., 2012) where the online correction was
modulated by the target width. At the network level, despite the absence of motor output during
preparation, some network nodes already encoded task objectives (i.e. varied as a function of the
lateral cost parameter). At the population level, preparatory PCs separated as a function of the lateral
cost parameter, followed by distinct trajectories during execution (Fig. 5b).

Figure 5 Flexible control to changes in task performance objectives *a) representation of the task with varying levels of penalty on the lateral end-point coordinate allowing modulation of the feedback response b) projection of the network trajectories on the three principal modes from preparatory and movement epochs for five different levels of lateral terminal displacement cost parameter. (c-d) same as above for five different levels of shooting parameter captured by a cost on termina hand velocity. e) Change in preparatory and movement period factor properties for bar task. f) Same as e for the shooting task. The circle markers depict mean across N=5 networks, and the error bars indicate the s.e.m.*

In the shooting task, the penalty on terminal velocity of reaching the target was systematically

reduced, leading to shooting movements that hit the target without stopping on target (Fig 5c).

Notably, the differences in kinematics were minimal (Fig. 5c), especially the differences in hand speed

became apparent only near the end of the movement (Fig. 5c top-right panel). At the population

level, preparatory PCs reflected changes in the cost on terminal velocity before the actual movement,

followed by distinct movement related PCs (Fig. 5d). Across different network instantiations, both

preparatory and movement-related PC trajectories scaled with cost parameters for both tasks,

demonstrating that these parameters can be extracted from the low-dimensional features of the

network activity (Fig. 5e, f). Movement PCs during perturbation showed larger path length

modulation with the bar parameter (Fig. 5e), highlighting how state-feedback control integrates limb

feedback to adjust network trajectories according to task objectives.

Interestingly, our model reproduced another unexpected feature of M1 activity linked to task-

dependent consideration of limb feedback. We applied constant loads in eight radial directions during

a prepare-to-reach task toward a target 20 cm from the start location (Supplementary Fig. 6). Loads

were presented unexpectedly in two contexts: $500 \, ms$ after target onset (preparatory epoch) and

$100 \, ms$ after the GO cue (execution epoch). In both cases, the controller rapidly corrected hand

deviations. Simulations revealed that the magnitude of individual nodes' responses to loading during

preparatory (posture) and execution epochs were uncorrelated (Supplementary Fig. 6a, b). Such

random changes in the load representations were consistent with evidence of distinct cortical

responses during posture maintenance and reach execution(Kurtzer et al., 2005). Note however that

our model applied end-point loads in cartesian space, unlike joint torques used in the

abovementioned experimental study.

Low rank hypothesis applied to network-body system

Our developments and simulations highlight a critical role of state-feedback and task

parameters in shaping population activity. First, the optimal input to the system clearly conveys

feedback from the modelled limb into the network (Eqn. 3), which must influence the network

trajectories. The analysis of the network' activity without feedback also confirmed the defining role

of state feedback on the network trajectories (Fig. 3). Next, our previous simulations show that both

task parameters and perturbation responses together influence network trajectories (Fig. 5e,

Supplementary Fig. 6). Note that we do not specify the source of inputs, in practice biological systems

must contend with delays and noise in sensory processing and it is assumed that an estimate from

sensory feedback or internal predictions is available(Franklin & Wolpert, 2011; Shadmehr & Krakauer,

2008). Now, we develop a more formal argument of why low-dimensional features emerge from limb

feedback based on the spectral properties of the network-body system.

The dynamics of the full system (Eqn. 4) can be written compactly as $\dot{\boldsymbol{z}} = A_c \boldsymbol{z}$, where A_c

represents the combined system dynamics of the network, limb and desired limb states under closed-

loop control. For simplicity we ignored the constant input ($\boldsymbol{\varepsilon}$) as it does not impact subsequent

analyses. The matrix A_c has a block structure, consisting of a high-dimensional, partially random

component ($A_c^{(1)}$) and a low-dimensional component ($A_c^{(2)}$) related to the limb feedback gains (Fig.

5a, see Methods).

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$$\underbrace{\begin{bmatrix} J - L_{net}(\boldsymbol{\Theta}) & -L_{limb}(\boldsymbol{\Theta}) \\ C & M \end{bmatrix}}_{A_c} = \underbrace{\begin{bmatrix} J - L_{net}(\boldsymbol{\Theta}) & 0 \\ C & M \end{bmatrix}}_{A_c^{(1)}} + \underbrace{\begin{bmatrix} 0 & -L_{limb}(\boldsymbol{\Theta}) \\ 0 & 0 \end{bmatrix}}_{A_c^{(2)}} \tag{5}$$

Thibeault and colleagues(Thibeault et al., 2024) recently showed that the connectivity of

many natural physical systems can be modelled as a combination of a random component and a low-

dimensional component. They used Weyl's inequality to show such systems are effectively low-

dimensional, provided the spectrum of the random component is small in comparison with the low-

dimensional component of the overall system connectivity. By rewriting the Weyl's inequality

from(Thibeault et al., 2024) while considering Eqn. 5, we get:

348
$$\left| \sigma_i(A_c) - \sigma_i\left(A_c^{(2)}\right) \right| \leq \left\| A_c^{(1)} \right\|_2 \tag{6}$$

for all $i \in \{1, 2, \dots, n\}$, where σ_i is the ith singular value and $\|.\|_2$ is the spectral norm (largest singular

value) of a matrix. The inequality indicates that, when the spectral norm of $A_c^{(1)}$ is sufficiently small,

the singular values of the total connectivity matrix (A_c) remains close to the singular values of its low-

dimensional component ($A_c^{(2)}$)(Thibeault et al., 2024). In this scenario, the total matrix (A_c) also

attains a low effective rank, meaning that a small number of dominant features capture most of the

connectivity structure.

We examined the dimensionality of network structure under the application of feedback

control in the center-out reaching task. In line with the low rank property (Eqn. 6), the singular values

of the matrix A_c decreased rapidly, and matched those of the limb-feedback connectivity term $A_c^{(2)}$

for the first four components (Fig. 6a-b). Using a well-defined effective rank metric that is based on

the uniformity of singular value distribution (see Methods), we found that the dimensionality of the

network structure closely tracked that of the limb related input. Consequently, even though the

system's initial connectivity was high-dimensional ($erank$: 69), the structure of the controller input

forced low-dimensionality ($erank$: 3).

Figure 6 Testing low-rank hypothesis in the interacting network-body system *a) decomposing network structure into the default connectivity and the limb input structure resulting from the structure of the LQR controller. We indicated the low-dimensional structure of $A_c^{(2)}$ by illustrating the singular value decomposition of this matrix. The dashed lines indicate that the rank of the low-dimensional components can change depending on the task definition and dimension of the effector. See main text (Eqn. 5) for the mathematical description of these block matrices. b) Singular values of the composite matrix (in gray), of the default connectivity (in red), and the limb input matrix (in cyan). c) Singular values of covariance matrix of network trajectories obtained after concatenation of their trajectories across the 8 different targets. Observe that the effective rank (<7) was low in comparison with the network size (n = 100). d) Illustration of the task with via-point used to modulate the complexity (left subpanel). Simulated hand displacement and velocity to a horizontal target in the three via-point tasks (right subpanels). e) Singular values of the network activity in the movement period (left), effective ranks of the covariance matrices of the network trajectories across five different instances of the model. The vertical lines are the effective ranks, the horizontal axis was truncated for clarity. f) Illustration of the eight-directional reaching task with a 2-degree of freedom (2-DOF) and a 1-degree of freedom (1-DOF) arm. g) Singular values of the covariance matrix of the network activities in the movement period (left), and effective ranks for five different instances of the model (right). The light gray lines on the bar plots correspond to individual network instances.*

Thus, it is expected that the network activity be also low- dimensional as their dimension is

determined by the connectivity structure. Indeed, the effective rank of the covariance of network

activity across time and targets was much lower ($erank$: 6.8) than the actual number of network
nodes ($n = 100$) (Fig. 6c).

The foregoing spectral analysis connected the rapid decay of the singular values of the system
matrix A_c (i.e., its structural properties) to the low-dimensionality of the network activity (i.e., its
dynamics). A direct corollary is that increasing the dimensionality of the input signal (through $A_c^{(2)}$)
containing task-relevant information should increase the effective rank of the network activity
(dashed lines in Fig. 6a). We tested this in two ways: (1) first we increased task complexity by adding
via-points along the movement path (2) then we modified the dimension of the plant by considering
either a single joint system or a two-joints system.

We simulated the center-out reaching task with 0, 1, or 2 intermediate via-points. Although
hand paths were generally similar (Fig. 6d), the velocity profiles showed additional sub-movements
as the number of via-points increased. We observed two key changes indicating an increase in the
dimensionality of feedback input signals. First, the effective rank of the network connectivity
component associated with the limb feedback ($A_c^{(2)}$) increased with the number of via-points
(Supplementary Fig. 7a). Second, the time series of network inputs also showed an increase in
effective rank (Supplementary Fig. 7b). Given that the dimensionality of the network activity is tightly
linked to the structure of limb feedback, we examined the changes in the singular values of the
network activity. As task complexity increased, the singular value spectrum decayed more slowly (Fig.
6e). Consequently, the effective rank, equivalent to the dimensionality of the network activities,
increased with task-complexity (Fig. 6e), although the network structure, eight reach directions, and
movement duration remained unchanged. This suggest that increasing task-demands selectively
induced higher-dimensional feedback input signals, thereby increasing the dimensionality of the
associated network dynamics.

We next varied limb biomechanics by simulating movements with either a one-dimensional
(1-DOF) or a two-dimensional (2-DOF) limb to reach eight radial targets (Fig. 6f). The number of DOF
directly modified the size of the state vector and of the feedback gain matrix $L_{limb}(\mathbf{\Theta})$. Again, the
effective rank of the network connectivity component associated with limb feedback, and the time
series of network inputs increased with the added biomechanical dimension (Supplementary Fig. 7c,
d). Singular value decomposition of the network activity showed that the 1-DOF simulations exhibited
a steeper singular value decay, resulting in a lower effective rank than the 2-DOF simulations (Fig. 6g).

Thus, increasing the biomechanical dimensions also increased the dimensionality of the
corresponding network dynamics.

Together, these results support the view that low-rank motor cortical dynamics emerge
naturally from optimal control of the network-body system, and provide a formal connection between
the dimensionality of the input to the network, such as the number of degrees-of-freedom or the
presence of intermediate goals, and the neural population activity. Finally, as a corollary of low rank
hypothesis described above, we observed that for similar tasks and biomechanics, and therefore
similar inputs to networks, the principal components were preserved across variations in the network
connectivity (Supplementary Fig. 8). This observation is consistent with the observed similarity in
neural population trajectories across individuals performing a task(Safaie et al., 2023), assuming that
different brains can be characterized by a similar network topology.

Discussion

Our results demonstrate that several features of neural population dynamics naturally emerge from optimal control of a simple, linear network-body system. By coupling a high-dimensional random network to a biomechanical plant and computing optimal control gains for each task, we replicated several hallmark features of motor cortical activity including rotational dynamics(Churchland et al., 2012; Sabatini & Kaufman, 2024), preparatory states encoding the parameters of impending movements(Churchland et al., 2010; Churchland & Shenoy, 2024; Kaufman et al., 2014), and orthogonal preparatory and execution subspaces(Elsayed et al., 2016). Our model captured the fact that population activity reflects variations in task parameters, such as altered force fields(Ahmadi-Pajouh et al., 2012; Sun et al., 2022), inertial load(Kirk et al., 2024), or task demands before movement onset. Finally we demonstrated that this linear formulation establishes the critical role of the input to the network (here the state-feedback control signal) in the shaping of the network dynamics(Sauerbrei et al., 2020) based on the low-rank hypothesis of complex systems(Thibeault et al., 2024).

Clearly, the model was based on very simplifying assumptions: we assumed a fully observable state, direct readout for the actuation signals, and perfect knowledge of the network connectivity to derive the optimal controller. We believe that these assumptions were justified to formulate the basic properties of such a network-body system in the simplest case, and expect that future works unveil the properties of more biologically plausible models in detail. Clearly, considering a partially observable state (i.e., with delays and noise(Scott, 2016)), and indirect connections between the body and the network may enrich the predictions with insight into distributed processes across different brain regions(Michaels et al., 2020, 2025; Omrani et al., 2016) including cerebellum(Becker & Person, 2019; Israely et al., 2025), somatosensory and parietal areas(Chowdhury et al., 2020; Guo et al., 2025; Omrani et al., 2016; Takei et al., 2021), and spinal cord(Guang et al., 2024; Kirk et al., 2024; Lindén et al., 2022). Likewise, the question of robustness against imperfect knowledge of the network structure in the controller is an important challenge for prospective studies.

The model architecture corresponds to assumptions that are consistent with experimental evidence from motor cortical recordings: First, the relationship between network and muscle activation is fixed (Eqn. 1), which is consistent with the evidence that neural activation patterns exhibit a fixed relationship with muscle activation when changing arm posture or adapting to a force field

(Cherian et al., 2013; Scott et al., 1997). Likewise, network units exhibited changes in response

magnitudes dependent on the task(Kurtzer et al., 2005). However, we did not model the effect of

delays and nonlinearities that are known to determine neural responses during reaching and

mechanical loading(Lillicrap & Scott, 2013; Pruszynski et al., 2011). These simplifying assumptions are

not fundamental limitations since they can be addressed in more complex instances of the network-

body model, by modifying the block-structure of the network(Perich et al., 2021), including

nonlinearities in the muscle and body dynamics(Lillicrap & Scott, 2013; Trainin et al., 2007), or adding

delays and noise following standard techniques(Crevecoeur et al., 2016; Takei et al., 2021). In this

light, the simplifying assumptions discussed above can be seen as an asset: it allowed us to

comprehensively demonstrate the remarkable explanatory power of the simplest instance of the

model, thereby showing that the first basic, linear approximation already provides deep insight along

with testable predictions about the shape and dimensions of neural factors that one may expect for

any experiment that could be modeled in this framework.

Our approach differs from conventional neural network models which rely on data-driven

training(Aldarondo et al., 2024; Chiappa et al., 2024; Codol et al., 2024; Feulner et al., 2022, 2025;

Guang et al., 2024; Kalidindi et al., 2021; Lillicrap & Scott, 2013; Merel et al., 2019; Michaels et al.,

2016, 2020; Saxena et al., 2022; Sussillo et al., 2015; Zimnik & Churchland, 2021), with task-

dependent network trajectories that can be recalled by contextual inputs(Mante et al., 2013) when

similar situations arise. Here, because we formulated a linear model, the optimal network weights

could be calculated analytically as optimal feedback control gains modifying both the way state

feedback was fed into the network, as well as how different network nodes needed to be (de)coupled.

This approach offers an original interpretation of how optimal controllers can be synthesized in the

brain: variations in model parameters (Θ) yield distinct feedback control gains that modify input to

the system and coupling of network nodes. Thus, task-selection (e.g. hold then move)(Elsayed et al.,

2016; Kurtzer et al., 2005), task-dependent control(Donchin et al., 1998; Gallego et al., 2018; Heming

et al., 2019; Michaels et al., 2025; Miri et al., 2017; Mizes et al., 2024; Rodriguez et al., 2024; Saxena

et al., 2022), and motor adaptation(Kirk et al., 2024; Perich et al., 2018; Sun et al., 2022) can in

principle be achieved in a fixed-network architecture by efficiently modulating the projections of

somatosensory signals into the network according to the task parameters.

This view provides a mechanism by which humans can express flexible, task-dependent

control across fast timescales, i.e., between or even within trials(Braun et al., 2009; Česonis &

Franklin, 2022; Comite et al., 2022; Crevecoeur, Mathew, et al., 2020; Crevecoeur, Thonnard, et al.,

2020; Kalidindi & Crevecoeur, 2024; Kobak & Mehring, 2012). While connectivity may be reshaped

over longer timescales through synaptic plasticity(Feulner et al., 2025; Gurnani et al., 2024; Ostry &

Gribble, 2016; Sadtler et al., 2014), rapid adjustments may be plausibly explained by swiftly modifying

feedback control inputs through a fixed network architecture(Schimel et al., 2023; Sohn et al., 2021).

We do not rule out that real sensorimotor circuits may develop specialized connectivity for commonly

encountered tasks over time(Singh & Scott, 2003), owing to plasticity in cortical and subcortical

regions (Pemberton et al., 2024). Rather, we propose that such experience-driven plasticity coexists

with fast, task-dependent modulation of feedback-driven input to the network, enabling primates to

deploy flexible control policies across a wide range of contexts very rapidly.

Another key insight offered by the linear formulation was that low-dimensional neural factors

can emerge because limb and task parameters provide a dominant, low-rank input to the otherwise

high-dimensional recurrent network. This aligns with the low-rank hypothesis of complex

systems(Thibeault et al., 2024), which posits that a small subset of principal modes embedded within

a large random network yields a low effective rank, making the system trajectories low-dimensional.

The block structure of the network-body dynamics and the expression of optimal control gains (Eqn.

5) allowed decomposing the closed-loop system into components linked to the network or feedback

input, and study the spectral properties of each component as well as their effect on the dimension

of the network trajectories. A direct consequence of this relationship was that the dimensionality of

neural trajectories scaled with task complexity or with the dimensionality of the effector (Fig. 5, via

points and degrees of freedom, respectively). Overall, this model portrays motor cortex as an

input-driven dynamical system, consistent with experimental evidence(Israely et al., 2025; Omrani et

al., 2016; O'Shea et al., 2022; Park et al., 2025; Sauerbrei et al., 2020; Vahidi et al., 2024), while

additionally highlighting the role of state feedback and task parameters in the computation of optimal

network inputs.

In all this study shows that linear models as first approximation can provide a powerful test

bed to make interpretable predictions about the shape and dimensions of neural trajectories,

providing a candidate theoretical link between neural activity and sensorimotor control. This

framework predicts that variations in task parameters lead to measurable changes in population

activities, reflecting distinct control policies and biomechanical constraints. These normative insights

may inform fundamental research and brain-machine development to overcome the challenges

posed by increasingly large neural datasets.

Methods

We used the following convention throughout the paper: scalar quantities appear in italicized symbols, vectors in bold and italicized font, matrices in capital symbols, and sets of parameters in bold and capital symbols. The dependency on time is sometimes omitted for clarity.

Network dynamics.

We generated random networks comprising $n = 100$ units. The network activity was represented by the rate vector $\boldsymbol{r}(t)$ denoting the firing rate of all network units. The dynamics of this network was governed by the rate equation:

$$\tau_{net}\dot{\boldsymbol{r}} = -\boldsymbol{r}(t) + W\boldsymbol{r}(t) + \boldsymbol{\varepsilon} + \boldsymbol{u}(t) \tag{7}$$

Here $\tau_{net} = 20ms$ is the time constant of a single network unit, and W is the network adjacency matrix. For compactness, we describe the network dynamics by combining the first two terms into $J = \frac{1}{\tau_{net}}(W - I)$, where I is the identity matrix. Throughout this article, we refer to J as the network state transition matrix. The input to the network consists of two terms: $\boldsymbol{\varepsilon} \in \mathbb{R}^n$ is a constant vector drawn from a zero-mean normal distribution $\mathcal{N}(0, \ 5)$ generating an offset representing spontaneous activity. This constant offset was treated with system augmentation considering $\dot{\boldsymbol{\varepsilon}} = 0$. The vector $\boldsymbol{u}(t)$ is the control signal that must be calculated based on the cost function representing task demands. In our model, we assumed that all units receive direct control inputs. We observed that restricting direct control inputs to a subset of network units produced similar results. The network adjacency matrix W was initialized such that all eigenvalues of the resulting state transition matrix J were negative. We studied three classes of random networks described below.

The first class of networks consisted of *Inhibition Stabilized Networks (ISN's),* comprising separate inhibitory and excitatory populations, with $n_E = 80$ excitatory units and $n_I = 20$ inhibitory units*.* The combined network activity was represented by the rate vector $\boldsymbol{r}(t) = \begin{bmatrix} \boldsymbol{r_E}(t) \\ \boldsymbol{r_I}(t) \end{bmatrix}$, where $\boldsymbol{r_E}(t)$ and $\boldsymbol{r_I}(t)$ denote the firing rates of the excitatory and inhibitory populations, respectively. To simulate inhibitory stabilized regime, the network adjacency matrix was constructed using the algorithm described by Hennequin and colleagues in (Hennequin et al., 2014; Kao et al., 2021).

The second class of networks consisted of *Fully Connected Recurrent Networks.* Here, the network adjacency matrix was drawn from a normal distribution $\mathcal{N}(0, g^2/\text{n})$, where g $= 0.8$. This

configuration ensured stable recurrent dynamics, as described previously(Michaels et al., 2020;
Sussillo et al., 2015).

The third class of networks corresponded to *Erdös-Rényi* random networks, in which
connections between unit pairs were determined probabilistically. Specifically, each connection was
assigned with a given probability parameter, with $p = 0.4$ indicating that only 40% of total number
of neuron pairs were connected (other parameter values yielded comparable results). Excitatory and
inhibitory weights were assigned by randomly setting nonzero connections to $+0.5$ or -0.5 with
equal probability. To ensure network stability, we first set the diagonal terms in the adjacency matrix
to zeros. This was followed by incremental decrease in the diagonal terms until all eigen values
became negative.

Overall, the given network drives limb movement by actuating muscles through an output
vector $\boldsymbol{a}(t)$. The relationship between network activity and limb muscle actuation was defined as:

$$\boldsymbol{a}(t) = W_{out}\boldsymbol{r}(t) \tag{8}$$

Here $W_{\text{out}} \in \mathbb{R}^{2 \times n}$ is the readout matrix whose entries are drawn from a normal distribution,
$\mathcal{N}(0, 0.5)$, allowing multiple network units to contribute at different amounts to limb actuation.
Notably, each random network corresponded to different random samples of the adjacency matrix,
while maintaining a fixed readout matrix.

Limb dynamics.

For the point mass approximation of limb dynamics, the limb state vector was defined as $\boldsymbol{q} =$
$[x \quad \dot{x} \quad f_x \quad y \quad \dot{y} \quad f_y]^T$ where the coordinates x and y represent the displacement of point mass in
the lateral and forward directions respectively, the dot represent their time derivatives, and f_x and f_y
are the forces applied by the controlled actuator to the mass. These forces respond to the network's
output $\boldsymbol{a}(t)$, with a_x and a_y representing the network's actuation in the x and y directions,
respectively. Overall, the system of differential equations for the limb and the actuation dynamics
was:

$$m\ddot{x} = -k\dot{x} + f_x \tag{9}$$

$$m\ddot{y} = -k\dot{y} + f_y \tag{10}$$

$$\tau_{act}\dot{f}_x = a_x - f_x \tag{11}$$

556
$$\tau_{act}\dot{f}_y = a_y - f_y \tag{12}$$

557 Here k is the dissipative constant (0.1 Nsm^{-1}), and Eqn (11), (12) represent the first order muscle

558 dynamics with the actuation time-constant $\tau_{act} = 0.1 \ s$.

559 The limb state evolves according to the differential equation $\dot{q} = Mq(t) + Fa(t)$, with:

560
$$M = \begin{bmatrix} 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & -\dfrac{k}{m} & \dfrac{1}{m} & 0 & 0 & 0 \\ 0 & 0 & -\dfrac{1}{\tau_{act}} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 0 & -\dfrac{k}{m} & \dfrac{1}{m} \\ 0 & 0 & 0 & 0 & 0 & -\dfrac{1}{\tau_{act}} \end{bmatrix} \tag{13}$$

561
$$F = \begin{bmatrix} 0 & 0 \\ 0 & 0 \\ \dfrac{1}{\tau_{act}} & 0 \\ 0 & 0 \\ 0 & 0 \\ 0 & \dfrac{1}{\tau_{act}} \end{bmatrix} \tag{14}$$

Additionally, we have simulated a linear approximation of a two-dimensional planar arm actuated at

the shoulder and elbow joints. Details on the methods and simulations with this shoulder-elbow arm

are provided in the Supplementary Material.

For simplicity, we can define a joint variable $z = \begin{bmatrix} r \\ q \\ \varepsilon \end{bmatrix}$ to jointly describe the limb and network states,

including the constant offset term for spontaneous activity, expressed as $\dot{\varepsilon} = 0$. The dynamics of this

joint system can be expressed compactly as $\dot{z} = Az + Bu$, where:

568
$$\dot{z} = \begin{bmatrix} \dot{r} \\ \dot{q} \\ \dot{\varepsilon} \end{bmatrix}, A = \begin{bmatrix} J & 0 & 1 \\ C & M & 0 \\ 0 & 0 & 0 \end{bmatrix} and \ B = \begin{bmatrix} I \\ 0 \\ 0 \end{bmatrix} u. \tag{15}$$

Here 0 and 1 represents a block matrix filled with 0's and $1's$ respectively, and I represents an identity

matrix with size equal to the number of network units. Here, $C = FW_{out}$ represents the

transformation (FW_{out}) from network activity (r) to the forces acting on the limb (f). Note the matrix

A here indicates the default state-transition matrix of the network-body system. Applying closed-loop

control, as follows, involves modifications in this state-transition matrix with feedback components.

Receding horizon control in a Linear Quadratic Regulator (LQR) form.

We solved the problem of finding optimal network control inputs by repeatedly minimizing a

cost on limb states and inputs within a moving time horizon

$$\boldsymbol{u} := \underset{\boldsymbol{u}}{\arg\min} \, \mathcal{J}(\boldsymbol{z}, \boldsymbol{u}) \tag{16}$$

578   Given the quadratic form of the cost function (Eqn. 2), and the linear system dynamics (Eqn. 3), the

579   optimal control reflects the well-known LQR problem (Åström, 1970; Todorov, 2005), whose solutions

580   takes the following state-feedback form

$$\boldsymbol{u}(t) = -L(A, B, Q, R, t)\boldsymbol{z}(t) \tag{17}$$

Here, L is a time-varying control gain matrix that linearly maps the available state measurements ($\boldsymbol{z}$)

or their estimates onto control inputs.

To compute the control gains, we transformed the control problem into a discrete time system

based on Euler integration with $10 \; ms$ time steps. Then the control gains were computed recursively

backward in time following standard techniques (Åström, 1970; Todorov, 2005). This procedure yields

control gains that depend on the system dynamics (A and B) and on the task objectives (Q and R), as

represented in Eqn. 17. Calling $\boldsymbol{\Theta}^{(i)} = \{A^{(i)}, B^{(i)}, Q^{(i)}, R^{(i)}\}$ the set of task parameters known to the

controller   for   a   given   task (i),   we   can   rewrite   the   control   law   as:

$$\boldsymbol{u}(t) = -L(\boldsymbol{\Theta}^{(i)}, t)\boldsymbol{z}(t) = \begin{bmatrix} -L_{net}(\boldsymbol{\Theta}^{(i)}, t) & | & -L_{limb}(\boldsymbol{\Theta}^{(i)}, t) \end{bmatrix} \begin{bmatrix} \boldsymbol{r}(t) \\ \boldsymbol{q}(t) \end{bmatrix} \tag{18}$$

This formulation expresses that the state-feedback control policy is specific to a given task parameter

set $\boldsymbol{\Theta}$. Notice that in results section, we denoted the task parameter set with individual block

components (J, C, M) of the system matrix (A), but they are essentially the same. Notably, the control

law can be decomposed to separate the contribution of network or limb related feedback.

Overall, the Receding Horizon Control scheme (Guigon, 2023) iteratively recalculates the optimal

control gains at each step. This process involves:

1. Collecting the task parameters $\boldsymbol{\Theta}^{(i)}$ corresponding to the current task (i) at each time step (t)

2. Calculating the control gains over the prediction horizon $\{L(\Theta^{(i)}, t), \ldots, L(\Theta^{(i)}, t + \Delta h)\}$, for the current time window (from t to $t + \Delta h$).

3. Applying the first control gain of the sequence, $\boldsymbol{u}(t) = L(\Theta^{(i)}, t)\boldsymbol{z}(t)$

4. Updating the time to $(t + 1)$ and repeating from step 1.

In this work, we assumed that the knowledge of task parameters is available and expect that adding a module to perform inference about these parameters when they are not known exactly may link our developments to more general contexts (Heald et al., 2021).

Prepare-to-reach task.

This task involved holding posture at a given starting location $(x^*_{start}, y^*_{start})$ for an unspecified duration, then executing the movement towards the target $(x^*_{target}, y^*_{target})$ upon receiving a "GO" signal. This paradigm effectively induces a transition between postural control (prepare) and reaching (move) control following a signal which occurs at a non-predictable time. To capture the fact that the occurrence of the "GO" signal was unpredictable, we employed a two-phases receding horizon cost-function with three terms as follows:

$$
\begin{aligned}
\mathcal{J}(\boldsymbol{q}, \boldsymbol{u}, t) = &\underbrace{\int_{t}^{t+\Delta h_{prep}} (\boldsymbol{q}(s) - \boldsymbol{q}^*_{start})^T Q_{prep}(s)(\boldsymbol{q}(s) - \boldsymbol{q}^*_{start})ds}_{prep\ cost} \\
&+ \underbrace{\int_{t+\Delta h_{prep}}^{t+\Delta h_{prep}+\Delta h_{move}} (\boldsymbol{q}(s) - \boldsymbol{q}^*_{target})^T Q_{move}(s)(\boldsymbol{q}(s) - \boldsymbol{q}^*_{target})ds}_{move\ cost} \\
&+ \underbrace{\int_{t}^{t+\Delta h_{prep}+\Delta h_{move}} \boldsymbol{u}(s)^T R(s)\boldsymbol{u}(s)ds}_{input\ cost}
\end{aligned}
\tag{19}
$$

Here, $\boldsymbol{q}^*_{start} = [x^*_{start} \quad 0 \quad 0 \quad y^*_{start} \quad 0 \quad 0]^T$ and $\boldsymbol{q}^*_{target} = [x^*_{target} \quad 0 \quad 0 \quad y^*_{target} \quad 0 \quad 0]^T$ represent the overall desired start and terminal target hand states. Note that the velocity and force terms of the desired states are set to 0, meaning any deviations from the non-zero velocities and forces incurs a cost. Here, $Q_{prep}(.)$ and $Q_{move}(.)$ penalize state deviations during the preparatory and movement epochs, respectively. Before the "GO" signal, the first term penalizes deviations from the starting position over a predicted preparatory horizon $\Delta h_{prep} = 50\ ms$. This horizon maybe much shorter than the actual preparatory period (typically $> 500\ ms$), to encourage rapid preparation for

the uncertain GO signal. The second term penalizes deviations from the target over a fixed movement

horizon $\Delta h_{move} = 500\ ms$, starting at $t + \Delta h_{prep}$. The third term penalizes control inputs over both

horizons. This cost was recomputed at each time step during the preparatory period until the "GO"

signal occurs.

Once the GO signal was delivered, the predicted preparatory horizon was replaced by the

measured time of the GO signal (t_{GO}). The cost function for the movement period became:

626
$$\mathcal{J}(\boldsymbol{q}, \boldsymbol{u}, t) = \int_{t}^{t_{GO}+\Delta h_{move}} \left(\boldsymbol{q}(s) - \boldsymbol{q}_{target}^*\right)^T Q_{move}(s)\left(\boldsymbol{q}(s) - \boldsymbol{q}_{target}^*\right)ds$$
$$+ \int_{t}^{t_{GO}+\Delta h_{move}} \boldsymbol{u}(s)^T R(s)\boldsymbol{u}(s)ds \tag{20}$$

The first term penalizes the deviations from the target state, while the second term penalizes

control inputs over the fixed movement horizon. By expressing the distinct objectives of preparatory

and movement periods into separate cost terms, this optimization naturally yields two distinct sets

of feedback control gains: one for maintaining posture while anticipating a movement during

preparation, and another for executing the reach once the GO signal arrives.

We use the following parameter values, $Q_{prep} = diag([100,100\ 0, 0,100,100,0])$ for the

cost on hand deviation from the desired start location, and $Q_{move} = diag([10, 0.1, 0,10,0.1,0])$ for

the cost on hand deviation from the desired terminal target location. The terminal target cost penalty

Q_{move} was further scaled by the factor $\left(t/\Delta h_{move}\right)^6$ to ensure low initial cost when the elapsed time

(t) is small relative to the movement horizon (Δh_{move}), and a smooth build up until the terminal

time step. The penalty on the network control inputs was set at $R = 10^{-10}$ ensuring the solutions

prioritize reaching the targets with relatively smaller cost on the squared magnitude of control inputs.

Changes in Limb Mechanics

We investigated two specific scenarios: a velocity-dependent force field and an inertial loading

task. In the Velocity-Dependent Force Field Task (FF), the limb was subjected to a velocity-dependent

force field where the force f_x was proportional to the effector's velocity $\dot{y}$, expressed as $f_x = \alpha\dot{y}$, and

the force f_y was proportional to the effector's velocity $\dot{x}$, expressed as $f_y = \alpha\dot{x}$ as in standard motor

adaptation paradigms. This introduced a coupling between forward velocity – lateral force, and lateral

velocity − forward force, effectively modifying the limb dynamics matrix M to $M(\alpha)$. The limb

dynamics including the force fields can be represented as follows:

647
$$M = \begin{bmatrix} 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & -\dfrac{k}{m} & \dfrac{1}{m} & 0 & \dfrac{\alpha}{m} & 0 \\ 0 & 0 & -\dfrac{1}{\tau_{act}} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 1 & 0 \\ 0 & \dfrac{\alpha}{m} & 0 & 0 & -\dfrac{k}{m} & \dfrac{1}{m} \\ 0 & 0 & 0 & 0 & 0 & -\dfrac{1}{\tau_{act}} \end{bmatrix}$$
(21)

648 In the Inertial Loading Task, we simulated the addition of inertial loads (m_{load}), which altered

649 the limb dynamics. These additional loads influence the limb dynamics matrix M, resulting in a

650 modified matrix $M(m_{load})$. This allowed us to examine how the control scheme adapted to changes

651 in limb inertia. The limb dynamics with the additional inertial loads was formulated as follows:

652
$$M = \begin{bmatrix} 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & -\dfrac{k}{m + m_{load}} & \dfrac{1}{m + m_{load}} & 0 & 0 & 0 \\ 0 & 0 & -\dfrac{1}{\tau_{act}} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 0 & -\dfrac{k}{m + m_{load}} & \dfrac{1}{m + m_{load}} \\ 0 & 0 & 0 & 0 & 0 & -\dfrac{1}{\tau_{act}} \end{bmatrix}$$
(22)

We simulated the prepare-to-reach task using the receding horizon control scheme across five

different   levels   for   each   parameter: $\alpha \in \{-5, -2.5, 0, 2.5, 5\}\, NSm^{-1}$ and $m_{load} \in$

$\{0.2, 0.4, 0.6, 0.8, 1.0\}\, KG$. Notably, the cost parameters were the same across the three simulated

reaching tasks: center-out reaching, force field and inertial loading.

Changes in Task Objectives

To investigate the influence of task objectives on the network-body dynamics, we modulated

matrix Q that assigns cost penalty on each state component.

In the spatial target redundancy task, we focused on the lateral deviation to simulate reaching

to a target with different geometry (as the dot-bar task (Nashed et al., 2012)). We systematically

varied the parameter governing lateral deviation in the cost matrix Q_{move} from Eqn. 19-20 by

multiplying the default value with a scalar λ_{bar} across five levels: $\{0.001, 0.01, 0.1, 1, 10\}$. This scalar

multiplication essentially transforms the matrix penalizing state deviation as $Q_{move} = diag([100 \times$

$\lambda_{bar}, 0.1, 0, 100, 0.1, 0])$. A low parameter value (e.g., when multiplied with 0.001) imposed minimal

penalty on lateral (x) deviation, allowing for larger deviation in endpoint location. Conversely, higher

parameter value (e.g., when multiplied with 10) imposed a strong penalty on the lateral deviation,

necessitating corrective actions to achieve a low terminal displacement.

In the "shooting" task, we focused on the hand velocity. We varied the cost associated with

the lateral and forward velocity parameters by multiplying the default value with a scalar λ_{shoot} across

the same five levels: $\{0.001, 0.01, 0.1, 1, 10\}$. This scalar multiplication transforms the terms

penalizing the hand velocity by transforming the matrix $Q_{move} = diag([100, 0.1 \times$

$\lambda_{shoot}, 0, 100, 0.1 \times \lambda_{shoot}, 0])$. At low parameter value (e.g., when multiplied with 0.001), stopping

at the target was not required, resulting in non-zero terminal velocity—consistent with a "shooting"

motion. At higher values (e.g., when multiplied with 10), terminal velocity was heavily penalized,

necessitating deceleration or stopping of the hand as it reached the target.

In both bar and shooting tasks, the penalty on the network control inputs remained

unchanged at $R = 10^{-10}$.

Both biomechanical adaptation (modifying matrix M) and flexibility in task objectives

(adjusting matrix Q) involved changes in the task parameter set $\Theta^{(i)}$. As described in Eqn. (18),

alterations in these parameters modified the control gains $L(t)$, leading to task-dependent network-

body trajectories. By systematically varying the parameters associated with limb dynamics (M) and

the entries in the cost function (Q), we assessed how the control system adapted its policy to

maintain optimal performance across different biomechanical conditions and task objectives.

PCA in preparatory and movement epochs.

Following previous work by Elsayed and colleagues (Elsayed et al., 2016), we grouped the

network responses into two matrices corresponding to the preparatory and movement epochs.

Preparatory epoch responses were represented by a rectangular matrix $P \in \mathbb{R}^{n \times cd}$, where n is the

number of units, c is the number of conditions (e.g., number of targets, force-field values, bar target

penalties, via-point scenarios etc.,), and d is the total duration of the preparatory epoch. Similarly,

movement execution period responses are represented by $E \in \mathbb{R}^{n \times cd}$. We first soft-normalized the

activity by the activity range plus a small constant (0.005). We performed PCA on the covariance

matrix of preparatory response epochs P, treating each row (i.e., network unit) as a variable, to obtain

the top six components (prep-PCs) of the network trajectories in the n-dimensional space. Similarly,

we obtained the top six components from the movement epochs (move-PCs) by performing PCA on

the covariance matrix of movement response E.

We compared how the pairwise correlations changed between the preparatory and

movement epochs by computing the correlation in firing rates between each possible pair of units

during each epoch. We then computed an average of these correlations across eight target

conditions. This yielded two correlations for each pair of units, one for each of the preparation and

movement epoch (Fig. 2c). We tested if the correlation coefficient for each pair of neurons in one

epoch linearly correlated with that of the other epoch. Pearson correlation coefficient was used to

quantify the pairwise correlations between the preparatory and movement epochs across all neuron

pairs (Fig. 2d).

Alignment Index

707 We determined how aligned the top-ten preparatory and movement related principal

708 components were by the alignment index, following the procedure described previously in (Elsayed

709 et al., 2016) :

$$AI = \frac{Tr\left(X_{move}^T Cov_{prep} X_{move}\right)}{Tr\left(X_{prep}^T Cov_{prep} X_{prep}\right)} \tag{23}$$

Here X_{prep} and $X_{move} \in \mathbb{R}^{6 \times cd}$ are matrices containing the top six preparatory and movement

principal components, Cov_{prep} is the preparatory covariance matrix, and $Tr(.)$ is the trace operator.

Eqn. 23 described the ratio of how much variance the top six movement principal components could

explain of the preparatory activity with how much top six preparatory principal components could

explain of the preparatory activity (the maximum preparatory variance captured by any six linear

projections). The alignment index ranges from 0, indicating the preparatory and movement activities

are orthogonal, to 1, indicating the preparatory and movement activities are perfectly aligned.

In Fig. 2, we compared the alignment indices of the model with two publicly available monkey

M1 recordings from prepare to reach tasks (Churchland et al., 2012; Suresh et al., 2020). The public

dataset from (Churchland et al., 2012) predominantly captures execution-related neural activity, with

only a brief 50 ms window preceding the onset of the phasic M1 response, that may reflect the states

achieved at the end of preparatory epoch. Accordingly, we defined proxy of the preparatory response

(X_{prep}) from the $0 - 50\ ms$ interval prior to the phasic response onset, and the execution response

(X_{move}) from the $50 - 100\ ms$ interval following movement onset, ensuring symmetric $50\ ms$

windows for both responses. For the model and M1 recordings from (Suresh et al., 2020), which

include more extensive preparatory epochs, we defined the preparatory response in the $200\ ms$

window spanning $50 - 250$ ms before the GO cue. The execution response was defined in the

$200\ ms$ window from $50 - 250\ ms$ following movement onset.

jPCA analysis

We performed jPCA analysis on the network activity using procedure developed in

(Churchland et al., 2012). First, we obtained the top six movement period principal components X

($6 \times cd$ dimensions). We numerically calculated the derivative of X yielding $\dot{X}$, and fit a linear

dynamical model which found a relationship between X and $\dot{X}$, expressed as $\dot{X} = MX$. Here, M was

constrained to be skew-symmetric, which restricted the possible dynamical systems to systems with

oscillatory or rotational dynamics. We assessed the model's fit by calculating the coefficient of

determination or goodness-of-fit metric (R^2). jPCA analysis was also applied on publicly available M1

recordings from (Churchland et al., 2012; Suresh et al., 2020). Notably, from (Suresh et al., 2020), we

used the data available from Monkey 4 that performed prepare to reach task. Across datasets, jPCA

analysis was applied for the first $300\ ms$ after movement onset.

Quantifying rotations and decay in data

To quantify the rotational structure within the neural population activity, we implemented the

gyration number analysis proposed by (Kuzmina et al., 2024). This model-agnostic method measures

the rotational and decay components present in time-series data without requiring dimensionality

reduction. The analysis was performed using the publicly available code from the original publication.

The core steps were as follows:

First, neural activity data of movement execution epochs from all experimental conditions

were concatenated into a single matrix $E \in \mathbb{R}^{n \times cd}$, where rows represent the number of nodes and

the columns represent the activity across $c = 8$ reaching directions and d time duration (from 0 to

300 ms after the GO cue). To make the data formatting suitable with the libraries developed by

Kuzmina, we transposed the original matrix to $Y = E^T$ so that the rows of Y represent the time points

across all reach directions (cd) and columns represent individual nodes (n).

Next, we computed spatial differential covariance matrix as $\dot{Y}Y^T$, and identified its i eigen

values (λ_i). The coordinates for the gyration plane were derived from the eigen spectrum. The decay

axis, which captures expansive or contractive dynamics, and the rotation axis, which captures

rotational strength, were calculated using the first complex-conjugated eigenvalue pair as follows:

Rotation axis:

$$rotation = \frac{|Im(\lambda_1)| + |Im(\lambda_2)|}{\sum_{i=1}^{n}|\lambda_i|} \tag{24}$$

758 Decay axis:

$$decay = \frac{|Re(\lambda_1)| + |Re(\lambda_2)|}{\sum_{i=1}^{n}|\lambda_i|} \tag{25}$$

760 This provided a standardized, two-dimensional measure to compare the rotational dynamics

761 across datasets.

Tensor Maximum Entropy (TME)

We tested our findings – specifically, low alignment indices, quantity of rotations, and

preserved PCs across networks – against the hypothesis that these features are a byproduct of tuning

and smoothness properties of neurons. We employed the TME method to generate surrogate

datasets (Elsayed & Cunningham, 2017). TME method generates surrogate datasets that retain upto

the second-order marginal moments of the original network data (mean, covariances across neurons,

conditions, and time) while randomizing the higher-order interaction terms. We generated surrogate

datasets for each network across simulated tasks.

In the center-out reach simulated task, we computed the PCs of 1000 randomly sampled TME

surrogate datasets, for each network activity dataset, during both the preparation and movement

epochs, then calculated the alignment index and the fit to rotational dynamics. We compared these

surrogate alignment indices and rotations with those obtained from the actual network data (Fig. 2,

Supplementary Fig. 2, 3, 4). Similarly, surrogate datasets were computed for M1 recordings (Fig. 2),

and the alignment indices and rotations were compared with those obtained from the actual data.

Furthermore, for each task, we computed the PCs of 1000 randomly sampled TME datasets

per network and examined the correlations among these PCs across networks performing the same

task (Supplementary Fig. 8).

Singular value decomposition analysis.

We performed singular value decomposition to analyze the dimensionality of the network

connectivity matrices and population activities. Recall that the network-body dynamics can be jointly

expressed as a closed-loop system of the form presented in Eqn. 4. For simplicity, we can ignore the

spontaneous activity offset $\boldsymbol{\varepsilon}$, and the overall system can be represented as follows,

784
$$\begin{bmatrix} \dot{\boldsymbol{r}} \\ \dot{\boldsymbol{q}} \end{bmatrix} = \begin{bmatrix} J - L_{net}(\boldsymbol{\Theta}) & -L_{limb}(\boldsymbol{\Theta}) \\ C & M \end{bmatrix} \begin{bmatrix} \boldsymbol{r} \\ \boldsymbol{q} \end{bmatrix} \tag{26}$$

The above network-body dynamics jointly express closed-loop system of the form $\dot{\boldsymbol{z}} = A_c \boldsymbol{z}$, where

A_c has a block structure corresponding to network and limb dynamics as well as their connection.

Note that A_c represents the closed-loop state-transition matrix that includes control gains, and it is

different from the open-loop state-transition matrix A described in Eqn. 15 before applying the

feedback control law. This matrix was then decomposed into two terms ($A_c^{(1)}$ and $A_c^{(2)}$) as described

in Eqn. 5.

Singular value spectra have been found for each of the decomposed terms and of the composite

matrix (Fig. 6a, b). Additionally, singular value spectrum has also been computed for the network

responses matrix in the movement epoch, $E \in \mathbb{R}^{n \times cd}$ (Fig. 6c). Here $c = 8$ describes the number of

target directions in the center-out reaching task for both the via-point (Fig. 6d) and biomechanical

tasks (Fig. 6f).

Dimensionality

Given the singular value spectra, $\sigma_{i=1,2,\dots,n}$, of a matrix A, its dimensionality can be measured

from the well-defined Roy and Vetterli's effective rank as described in (Thibeault et al., 2024):

799
$$erank(A) = \exp([H(p_1, \dots, p_n)]) \tag{27}$$

800   Here $H(p_1, \ldots, p_n) = -\sum_i p_i log p_i$ is the Shannon entropy of the singular value spectrum, measured

801   as a function of the singular value mass function

$$p_i = \frac{\sigma_i}{\|\mathbf{A}\|_*} = \frac{\sigma_i}{\sum_{j=1}^{n} \sigma_j}, \forall i \in \{1, \ldots, n\} \tag{28}$$

803   *erank* measures the uniformity of the singular value distribution, resulting in a low effective rank

804   when the singular values decrease rapidly.

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Declaration of Interests

810   The authors declare no conflict of interest.

Author Contributions

812   Conceptualization: H.K and F.C; Data curation: H.K; Formal analysis: H.K; Funding acquisition:

813   H.K and F.C; Investigation: H.K; Methodology: H.K and F.C; Project administration: H.K and F.C;

814   Resources: F.C; Supervision: F.C; Validation: H.K and F.C; Visualization: H.K; Writing – original draft: H.K

815   and F.C; Writing – review & editing: H.K and F.C.

Code Availability

817   The code and data from simulations will be available in the public repository 'figshare' after

818   publication

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