Divergent paths, convergent heads: morphological adaptation of head shape to habitat use and diet in snakes.

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Abstract

Morphological convergence—where distantly related species evolve similar traits in

response to shared ecological pressures—is a hallmark of adaptive evolution. In snakes, head

shape is a key functional trait linked to habitat use and diet, yet the extent and drivers of its

convergence across habitat types and diet remain poorly understood. Here, we used geometric

morphometric analyses to analyze dorsal head shape from photographs of over 266 snake

species, representing ~5% of global snake diversity. Our analyses reveal that head shape

variation is only weakly structured by phylogeny and allometry, but shaped by ecological

specialization. Morphospace patterns reflect distinct differences in species with different

ecologies: fossorial species exhibit compact, posteriorly wider heads suited for burrowing;

aquatic species show streamlined profiles for hydrodynamic efficiency; and arboreal snakes

tend to possess elongated heads for maneuvering in complex habitats. Terrestrial and semi-

fossorial snakes display broad morphospace overlap and an elevated shape disparity

highlighting morphological versatility. While diet covaried significantly with head shape,

species with similar diets did not exhibit strong morphological convergence. These findings

underscore the dominant role of ecology over phylogeny in shaping the evolution of head

shape in gape-limited predators like snakes.

Keywords: diet; convergence; head shape; habitat use; snakes

Introduction

The environment plays a central role in shaping animal morphology by favoring traits that enhance survival and reproductive success. When species are exposed to similar ecological pressures, they often evolve similar phenotypes—an evolutionary pattern known as convergent evolution (Losos, 2011; Stayton, 2015). However, the extent to which traits respond to ecological selection can vary significantly across morphological systems (Wainwright, 2007; Deepak et al., 2022). Different factors can explain head shape variation including feeding behavior, sexual selection, and habitat use (Pough & Groves, 1983; Moon et al., 2019). Species with specialized diets, such as mollusks feeders, may, for example evolve asymmetric mandibles in response to whether snails are left or right wound (Pandelis et al., 2023). Sexual selection may also impact head shape, especially if it impacts mate attraction or competitive ability (Fabre et al., 2016). However, most often a multitude of sometimes conflicting selective pressures drive the evolution of any given trait (Huey & Kingsolver, 1989). Consequently, species inhabiting similar habitats may follow distinct evolutionary and morphological pathways (Losos et al., 1998). This is especially true for aquatic snakes facing similar environmental pressures, yet showing different body plans and head shapes (Fabre et al., 2016; Segall et al., 2020; Sheratt et al., 2018). Moreover, despite similar ecological pressures, head shapes may diverge across different clades because other factors such as evolutionary history and habitat-specific behaviors also shape morphology (Speed & Arbuckle, 2017; Grundler & Rabosky, 2014).

Snakes are an excellent model system to study morphological convergence because of their ecological versatility (Pyron & Burbrink, 2012) and their reliance on the head to feed as gape-limited predators (Moon et al., 2019). Among the various selective pressures acting on snake morphology, diet is by far the most studied and influential driver of head shape evolution. Numerous studies have demonstrated that trophic specialization—whether

targeting elongate, bulky, hard-shelled, or elusive prey—has led to distinct and repeated

morphological adaptations in cranial morphology (Klaczko et al., 2016; Fabre et al., 2016;

Segall et al., 2020; Deepak et al., 2022). For example, feeding-related morphological

evolution is evident in sea snakes, where selective pressures related to foraging mode have

resulted in distinct head shapes (Sherratt et al., 2018). Similarly, homalopsid and xenodontine

snakes have evolved unique head shapes driven by the functional demands imposed by the

prey they eat (Klaczko et al., 2016; Fabre et al., 2016). Habitat-related selective pressures also

influence snake morphology. *Boidae* and *Pythonidae*, for instance, exhibit head shape

convergence driven primarily by habitat use (Esquerré & Keogh, 2016).

70   Previous studies on head shape convergence in snakes have focused on arboreal,

aquatic, fossorial and terrestrial snakes. For instance, aquatic species frequently develop

narrow heads with upward-facing eyes and nostrils, features that improve their ability to

capture prey, move efficiently through water and spot predators while remaining submerged

(Hibbitts and Fitzgerald, 2005; Vincent et al., 2009; Segall et al., 2016, 2020; Deepak et al.,

2022). Similarly, burrowing snakes possess robust heads adapted for digging and streamlined

bodies with reduced ventral scales, which help them burrow with minimal friction (Fabre et

al., 2016; Herrel et al., 2008). Meanwhile, microcephalic sea snakes exhibit distinct head

shapes linked to developmental changes, representing habitat specialization rather than direct

functional convergence (Sherratt et al., 2019). Terrestrial snakes from different lineages often

exhibit convergence in robust, broad head shapes associated with subduing large or ground-

dwelling prey, reflecting similar ecological demands despite phylogenetic differences

(Klaczko et al., 2016; da Silva et al., 2018; Carrasco et al., 2023; Pandelis et al., 2023).

Finally, arboreal snakes frequently converge on slender, elongate head shapes with enlarged

orbits—adaptations that enhance precision in prey capture and navigation in structurally

complex habitats (Carrasco et al., 2023; Pandelis et al., 2023; Seneci et al., 2025).

Our overarching prediction is that snakes inhabiting similar environments or eating

similar prey will show morphological convergence. Particularly, we predict that fossorial

snakes will exhibit a narrow, V-shaped head that facilitates substrate penetration and

minimizes the energetic cost of burrowing (Navas et al., 2004). This prediction is supported

by recent work showing that fossorial snakes display consistent cranial streamlining

associated with head-first burrowing, including reduced head width and reinforced snouts

(Deepak et al., 2022; Seneci et al., 2025). These morphological traits have evolved

independently in multiple lineages of burrowing snakes, reflecting strong functional

convergence related to locomotion in compact substrates. Head shape in fossorial snakes is

expected to be primarily shaped by locomotor demands rather than feeding ecology, as these

species typically consume small, soft-bodied soil invertebrates that do not require specialized

cranial adaptations for prey capture or processing. Arboreal snakes are predicted to have

slender heads, which enhance crypsis and maneuverability among branches and foliage—

traits commonly observed in arboreal colubrids and vipers (Carrasco et al., 2023; Palci et al.,

2024). However, mollusk specialists such as *Dipsas* and *Sibon* often exhibit more robust or

blunt head shapes, which are associated with the biomechanical demands of molluscivory,

including increased muscle mass and cranial rigidity for extracting soft-bodied prey from

shells (Palci et al., 2024). Aquatic snakes are expected to exhibit high disparity in head shape,

reflecting their exploitation of diverse prey types and the functional demands of navigating

various aquatic environments (Deepak et al., 2022). This pattern has been documented in

multiple aquatic snake lineages, where variation in prey capture strategies (e.g., gripping,

constriction) and ecological specialization (e.g., fish, amphibians, crustaceans) correlates with

significant cranial morphological diversity (Segall et al., 2016). Species that utilize multiple

environments (e.g., semi-aquatic, semi-arboreal, semi-fossorial) are predicted to exhibit

intermediate morphological features that reflect functional compromises between distinct

ecological demands. These semi-specialized species would occupy broader morphospaces due

to the need to balance locomotion and foraging strategies across habitats (Ortiz-Medina et al.,

2022; Pandelis et al., 2023).We also predict that greater morphological variation will be

observed in snakes that live in transitional habitats and that have non-specialized diets.

Materials and Methods

Sample and ecological classification

We collected data from 281 species used for habitat use (521 specimens) and 197

species for diet (384 specimens). Animals were housed in three European Natural History

Museums: the research collection of the last author (99 specimens), the Alexander Koenig

Museum in Bonn (319 specimens), and the Museum of Natural Sciences in Brussels (103

specimens). Our measurements were taken from adult specimens whenever possible.

However, in some cases, only young individuals were available. For some species, only

subadults were measured because of a lack of availability of adults (Table S1). Our sampling

aimed to encompass the phylogenetic and ecological diversity of snakes, while remaining

limited by the availability of specimens in these collections.

Based on the literature, eight habitat use categories were determined (Spawls et al.,

2002; Whitaker & Captain, 2004; Campbell & Lamar, 2004; Marais, 2004; O'Shea, 2005;

Vogel, 2006; Glaw & Vences, 2007; Bartlett & Bartlett, 2009; Das, 2010; O'Shea, 2018;

Allen, 2019; Chippaux, 2019; Pietersen et al., 2021; Egan, 2022; Das, 2023). We classified

the species into 102 terrestrial, 34 arboreal, 19 aquatic, 7 fossorial, 43 semi-arboreal, 33 semi-

aquatic, and 29 semi-fossorial species. We based our ecological categorization on the

biomechanical constraints imposed by the environment (Table S2). For instance, similar

hydrodynamic constraints affect both marine and freshwater snakes leading us to group them

into the same category.

We used the time-calibrated phylogeny and dietary data from the supplementary

material of the paper by Title et al. (2024). This paper contain a recent time-calibrated

phylogeny of 6,885 species and a complete dataset of diet proportions of more than 68,547

species of squamates. Categories were modified and regrouped based on the functional

constraints imposed by the prey. We define a total of ten dietary groups, including 19

generalists, 3 hard egg feeders, 76 hard prey feeders, 16 invertebrate feeders, 2 mollusk

specialists, 2 soft egg specialists, and 79 soft prey eaters (Table S3). In creating these

categories, we grouped salamanders, lizards, and fish together as they have cylindrical and

flexible bodies and as such should impose similar functional constraints.

Geometric morphometric data

For each individual a photo of the head in dorsal view was taken with a Nikon ©

D3100 camera. We omitted photos from a lateral view because of sample quality (head

deformed & specimens with mouth partially open). Snakes were placed on a grid paper for

calibration and scale (1 x 1cm squares; Figure S1A). To perform the geometric morphometric

analysis, 25 landmarks and 10 semi-landmarks were selected (Figure S1B) and defined (Table

S4). These landmarks and semi-landmarks were based on the literature (Manier, 2004;

Mangiacotti et al., 2014; Ruane, 2015; Roth-Monzón et al., 2021). They capture the general

head shape of the animals and are easy to identify. This approach was applied to quantify

interspecific variation in head shape in a standardized way, while minimizing noise due to

orientation or placement error.

As we based our analysis on landmarks placed on cephalic scales, only species from

the Alethinophidia, including Colubridae, Elapidae, Lamprophiidae, Homalopsidae, Pareidae,

Psammophiidae, and Pseudoxyrhophiidae were used. We excluded Scolecophidean snakes

due to incompatible landmark patterns. A repeatability test was performed using ten pictures

from three individuals of *Lampropeltis californiae* to explore whether the positioning of the

head caused variation in landmark placement. Similarly, landmarks were placed ten times on

these pictures to evaluate error in landmark placement. Variation in landmark placement due

to head positioning as well as landmark placement was limited (Figure S2). Species were

landmarked using the tpsDig software (Rohlf, 2015). The 2D landmark coordinates were

imported into R with the *geomorph* package (Adams et al., 2025), using the function *gpagen*.

Generalized Procrustes Analysis (GPA) superimposes configurations by translating, scaling,

and rotating landmark coordinates to remove non-shape variation, thereby allowing

comparisons of pure shape (Rohlf & Slice, 1990; Figure S1C). Species means were then

computed from Procrustes-aligned coordinates and used in subsequent analyses. Semi-

landmarks were slid along their tangent directions, minimizing bending energy to optimize

their positions. Statistical robustness of landmarking was assessed through repeatability tests

and visual inspection of variation across replicates.

Phylogenetic signal

The phylogenetic tree was pruned to match our species in the morphometric data. To

evaluate the extent to which shape variation is structured by phylogeny we used the *physignal*

function in R from the *geomorph* package. The *physignal* function quantifies the strength of

phylogenetic signal using a generalized K-statistic, comparing observed similarity with

expectations under Brownian motion. We applied this method to test whether head shape

variation was structured by shared ancestry. Significance was assessed with 1000

permutations of tip labels, generating a null distribution against which the observed signal

was compared. A value close to 1 would indicate a strong phylogenetic signal, meaning

closely related species exhibit more similar shapes than would be expected by random chance.

On the other hand, values significantly less than 1 suggest a weaker phylogenetic signal,

indicating that the variation in shape is less influenced by the evolutionary history of the

species.

Allometry

Allometry was quantified using a phylogenetic generalized least squares (PGLS)

model, with shape coordinates as the dependent variable and centroid size as the predictor.

This test was used to evaluate whether differences in head shape could be explained by

differences in body size. Phylogenetic generalized least squares (PGLS) models fit a

regression that accounts for shared ancestry by incorporating the expected covariance

structure among species (Grafen, 1989). We implemented this in R using the function

procD.pgls from *geomorph*, and statistical significance was assessed via permutation tests on

residual sums of squares.

Phylogenetic principal components analysis

A phylogenetically-informed principal component analysis (PCA) was performed

using the *phytools* package (Revell, 2012) to explore shape variation in relation to habitat and

diet categories. This method was applied to reduce the dimensionality of morphometric data

and visualize axes of greatest variation while accounting for phylogenetic structure.

Eigenvalues were calculated to assess the variance explained by the principal components,

and the first two principal components (PC1 & PC2) were visualized. The phylomorphospace

was visualized by integrating the pruned phylogenetic tree and the principal component

scores, with species colored based on their habitat use and diet using the *ggphylomorpho*

function (Barr, 2017). Phylogenetic PCA modifies classical PCA by incorporating a

phylogenetic covariance matrix, ensuring that loadings reflect evolutionary relationships.

Implementation was done with the *phyl.pca* function in the *phytools* package, and significance

of phylogenetic structure in ordination was assessed by comparing eigenvalues with those

expected under Brownian motion simulations.

Differences between groups

A phylogenetic multivariate analysis of variance was performed using Procrustes shape

coordinates as the dependent variables to test whether habitat or diet groups differed in head

shape. Phylogenetic MANOVA extends multivariate ANOVA by accounting for phylogenetic

covariance, testing for mean shape differences among groups. Implementation was performed

with *procD.pgls* function from *geomorph* package, which computes sums of squares and

generates P-values by permutation (1000 iterations) of residuals, thereby providing a non-

parametric assessment of significance.

Analyses of covariation

A phylogenetic Two-Block PLS (Partial Least Squares) analysis was carried out using

the *phylo.integration* function from the *geomorph* package, to test for covariation between

head shape and diet composition. This method identifies axes of maximal covariation between

two data blocks while correcting for non-independence among species due to shared ancestry

(Rohlf & Corti, 2000). Implementation was performed with the *phylo.integration* function in

geomorph, and significance was assessed through permutation tests (1000 iterations)

comparing observed singular values with those from randomized datasets. We used

continuous proportions of prey items (e.g., hard prey, soft prey, invertebrates, etc.), allowing

for a finer representation of dietary gradients across species. This matrix was aligned with

shape data from Procrustes-aligned landmarks, and phylogenetic relationships were accounted

for.

Convergence

To assess morphological convergence among species sharing similar habitats, we

employed the *search.conv* function from the *RRphylo* package (Castiglione et al., 2019). This

method evaluates whether species occupying the same habitat or dietary category exhibit

greater phenotypic similarity than expected under a Brownian motion model of trait

evolution. The analysis was conducted on a time-calibrated phylogeny and focused on the

first two principal components of head shape variation (PC1 and PC2). To ensure statistical

robustness, only categories represented by at least three species were retained for analysis

(e.g., the soft eggs diet was not included in some analyses as they were less than 3 individuals

in this group). The function quantifies convergence by calculating the mean angular distance

in trait space between focal taxa and their nearest phenotypic neighbors, both in terms of trait

values (ang.state) and their estimated evolutionary timing (ang.state.time). Significant

convergence is inferred when observed similarity is greater than expected under neutral

evolutionary expectations.

Disparity analysis

We performed a morphological disparity analysis to assess the relationship between

shape variation and habitats or diet groups while accounting for phylogenetic relationships,

using the *morphol.disparity* function from the *geomorph* package. We used Procrustes-

aligned shape coordinates (GPA) and tested for differences in morphological disparity across

habitats and diet categories. A phylogenetically informed disparity analysis was conducted

using a permutation-based resampling method (1000 iterations), enabling robust comparisons

of shape variance between habitat types and diet groups.

Results

Phylogenetic signal

The observed value of K is low for shape (K = 0.096), indicating a weak phylogenetic

signal. Furthermore, the result was not statistically significant (P = 0.91), suggesting that the

morphological shape variation among species is not strongly structured by phylogenetic

relationships. This implies that closely related species do not resemble each other more than

expected by chance in terms of overall shape.

Allometry

The phylogenetic generalized least squares (PGLS) analysis revealed a statistically

significant relationship between shape and centroid size (Df = 1; SS = 4.12; Rsq = 0.027; F =

6.82; Z = 2.63; P < 0.05). Despite a relatively low proportion of variance explained, the

allometric signal in head shape variation was significant.

Variation in head shape

In our principal component analysis, 97% of the variation in head shape is explained

by the first two principal components (PC1: 73.39%; PC2: 23.99%; Figure 1; Figure 2).

Although most of the variance is explained by PC1 and PC2, we also visualized the

morphospaces defined by PC1 vs PC3 (Figure S3; Figure S5) and PC2 vs PC3 (Figure S4;

Figure S6) to capture additional axes of shape variation and to ensure that our interpretations

were not restricted to a single projection. The phylomorphospace of head landmarks reveals

structuring of head shape variation among snakes. Fossorial species, characterized by low

PC1 and PC2 values, exhibit elongated and broad posterior head (Figure 1). Arboreal and semi-arboreal snakes, by contrast, tend to occupy higher PC1 values and display slender, elongated heads. Aquatic and semi-aquatic species are more dispersed along PC1, with heads often appearing streamlined. Terrestrial snakes are widely spread across the morphospace and semi-fossorial and semi-arboreal species tend to fall in intermediate regions of the morphospace.

In terms of diet, species consuming soft-bodied prey (e.g., snakes, lizards) generally exhibit higher PC1 values, associated with elongated and narrower heads (Figure 2; Figure 3). Conversely, species feeding on harder prey (e.g., rodents, birds, mollusks) are found in the lower range of PC1 and often exhibit broader, more robust heads. Mollusk specialists and other durophagous feeders show this trend most strongly. PC2 variation also reflects dietary adaptations: species with lower PC2 values, such as soft-prey specialists and generalists, tend to have narrower heads, while invertebrate feeders cluster around broader and more robust head shapes. Deformation grids show that many species exhibit a combination of longer, narrower snouts with posterior heads widening—contributing to the shared V-shaped morphology in fossorial, semi-aquatic, and some hard-prey specialists (Figure 1). Overall, generalist feeders and species with diverse prey types occupy wide, overlapping regions of the morphospace, indicating that head shape in snakes is shaped by a complex interplay between habitat use and dietary specialization.

Differences between habitat groups

The MANOVA indicates significant differences between habitat groups in head shape (Table 1). When adding Log_{10}-transformed centroid size as a covariate, we found significant effects of habitat, centroid size and the interaction between the two. The interaction between habitat and centroid size was also significant. Moreover, post-hoc pairwise comparisons

further revealed that fossorial snakes, as well as semi-fossorial, differ significantly from all

ecological groups (Table 2). Additionally, semi-aquatic and semi-arboreal differ from

terrestrial snakes in head shape.

Differences between diet groups

There was a trend toward head shape differentiation among diet groups, based on

dominant dietary regimes, as revealed by the phylogenetic MANOVA (Table 3). When

adding Log_{10}-transformed centroid size as a covariate, this tendency remained. Centroid size

did differ between dietary groups, while interactions were not significant (Table 3). Post-hoc

pairwise comparisons indicated a significant difference in head shape between species

consuming hard prey and those consuming soft prey ($P < 0.05$; Table 4). There were trends

observed between hard prey and soft eggs feeders ($P = 0.090$), as well as between

invertebrates and soft eggs feeders ($P = 0.092$).

Analyses of covariance

Our results revealed a significant covariation between head shape and habitat use (r-

PLS = 0.38, Z = 2.67, $P < 0.01$), as well as between head shape and diet (r-PLS = 0.59, Z =

3.82, $P < 0.05$). This indicates that species occupying different habitat types or relying on

different dietary resources differ in head shape. Specifically, the distribution of species along

the first PLS axis suggests that morphological variation is aligned with ecological gradients

(Figure 4). Aquatic and fossorial species appear to cluster separately from arboreal or

terrestrial taxa, reflecting adaptive morphological specializations for swimming, burrowing,

or climbing. In the case of diet, species that consume hard prey tend to separate from those

feeding primarily on soft-bodied prey or eggs, suggesting that cranial shape variation may be

driven by biomechanical demands related to prey processing (Figure 5).

Convergence

The convergence test results revealed contrasting patterns of morphological evolution

depending on whether species were grouped by habitat use or diet (Table 5). Among habitat

groups, strong evidence for morphological convergence was found within aquatic and

fossorial species. These two groups showed significantly lower mean angles of phenotypic

distance (ang.state = 58.46 and 11.29, respectively; $P < 0.01$ for both). These results were also

supported by the timing-based convergence metric, indicating that the convergent traits

evolved synchronously within these clades (ang.state.time = 331.51 and 98.38, respectively; P

< 0.01 for both groups). In contrast, no significant convergence was detected within the other

habitat groups, such as terrestrial, arboreal, semi-arboreal, semi-aquatic, or semi-fossorial

species (Table 5). While some of these groups (e.g., arboreal or semi-aquatic) showed

moderately low angles of phenotypic distance, the results were not statistically significant.

No dietary group showed statistically significant morphological convergence, although

mollusk specialists approached the lowest angle values (ang.state = 53.65, $P = 0.165$), hinting

at possible trends that did not reach significance, potentially due to the very small sample

size. All other dietary groups—including hard prey, soft prey, invertebrates, and hard egg

specialists—exhibited non-significant convergence metrics. Timing-based convergence

likewise yielded no significant patterns, indicating that when morphological similarities were

observed, they did not evolve at the same time across lineages.

Disparity analysis

Our findings indicate that semi-fossorial species exhibit the highest morphological

disparity (0.0122; Figure 6). Aquatic species displayed the second highest score in

morphological disparity (0.0116). Moderate levels of disparity were observed in terrestrial

species (0.0112) and semi-arboreal species (0.0111). Conversely, fossorial species (0.0108),

semi-aquatic species (0.0108) and arboreal species (0.0087) demonstrated the lowest non-zero

variances. Pairwise absolute differences reveal that the greatest differences occur between

aquatic and arboreal species (0.003), as well as between arboreal and semi-fossorial species

(Table S5). However, pairwise absolute differences among the other habitat types remain

small and statistically non-significant.

Our findings further indicated that species consuming soft prey exhibit the highest

morphological disparity (0.018; Figure 6). Species consuming hard prey and mollusks

displayed notable morphological disparity (0.011 and 0.0085 respectively). Moderate levels

of disparity were observed in generalist species (0.0071), invertebrate feeders (0.0088) and

hard-egg consumers (0.0086). Conversely, soft-egg consumers (0.0025) demonstrated the

lowest non-zero variances. Pairwise absolute differences confirm that soft-prey consumers

exhibit significantly higher morphological disparity compared to most other dietary

categories, particularly soft-egg, mollusk, and hard-egg consumers (Table S6). Yet, pairwise

absolute differences and significance levels among the other diet categories remain minimal

and non-significant, except marginally for the comparison between soft-prey and soft-egg

consumers.

Discussion

Our analyses demonstrate that snake head shape variation is not primarily governed by

phylogenetic relatedness or body size, but rather reflects adaptations to ecological contexts

and feeding strategies. The weak and statistically non-significant phylogenetic signal (K =

0.0964) indicates that closely related species do not resemble each other in head shape more

than expected by chance. This supports the idea that ecological and functional demands may

override phylogenetic constraints, enabling repeated and independent morphological

adaptations across lineages. Similar patterns have been observed by da Silva et al. (2018),

who reported convergent heads shapes in aquatic and fossorial snakes regardless of

phylogenetic affiliation, emphasizing the influence of habitat-driven functional demands.

Likewise, da Silva et al. (2018) found that trophic specialization drove significant cranial

divergence among Neotropical snakes with limited phylogenetic signal, suggesting that diet,

like habitat, can supersede phylogenetic inertia. On the other hand, Esquerré and Keogh

(2016) found a moderate phylogenetic influence on head shape in Australian pythons and

boas, though ecological divergence still played a key role—highlighting potential clade-

specific variation in the balance between constraint and adaptation. Although our allometric

test revealed a statistically significant relationship between centroid size and shape, the effect

was small ($R^2 = 0.025$). This decoupling indicates that selection acts more directly on cranial

morphology than on body size (da Silva et al., 2018).

The distribution of species in morphospace reinforces this interpretation. Ecological

specialization corresponds to distinct regions of cranial variation, especially among fossorial,

arboreal, and semi-aquatic species. Fossorial snakes, with their V-shaped and posteriorly

broadened heads, occupy a unique morphospace region—consistent with mechanical

requirements for head-first burrowing and maneuvering through confined spaces (da Silva et

al., 2018; Strong et al., 2020; Pandelis et al., 2023). Arboreal and semi-arboreal species

exhibit slender, elongated heads, which likely facilitate navigation and prey capture in

structurally complex habitats (Herrel et al., 2008; Klaczko et al., 2016). Similarly, aquatic and

semi-aquatic species often show streamlined cranial shapes associated with reduced

hydrodynamic drag (Segall et al., 2016, 2020; Deepak et al., 2022).

The phylogenetic MANOVA confirmed significant overall differences in head shape

among habitat groups, with fossorial and semi-fossorial species showing distinct

morphologies compared to most others. This pattern highlights the strong biomechanical

constraints imposed by a subterranean lifestyle. Interestingly, semi-fossorial species exhibited

the highest disparity among all habitat types. This elevated variation may stem from their

intermediate ecological position, requiring adaptations to both surface and subsurface

environments. Variability in substrate type, time spent underground, and degrees of cranial

reinforcement or kinesis could contribute to this morphological diversity (Herrel et al., 2008;

da Silva et al., 2018; Title et al., 2024).

Aquatic species displayed relatively high morphological disparity, likely reflecting the

broad ecological diversity of aquatic environments and the wide array of prey types these

snakes exploit. This is consistent with findings from Segall et al. (2016, 2020) and Deepak et

al. (2022) who showed that aquatic snakes adapted to different flow regimes, prey sizes, and

foraging strategies often evolve distinct cranial morphologies. Indeed, it has been shown that

water acts both as a biomechanical constraint and a driver of morphological diversification

(Sherratt et al., 2018). In contrast, fossorial species displayed more moderate disparity levels,

which may reflect stronger functional constraints linked to a fully subterranean lifestyle. Such

species often converge toward compact, reinforced head shapes adapted to head-first

burrowing, thereby limiting morphological variation. In arboreal snakes, stability during

strikes and secure navigation along narrow, flexible supports may favor streamlined, stable

cranial morphologies (Klaczko et al., 2016; Alencar et al., 2017). Similarly, semi-aquatic

species may face conflicting selective pressures between aquatic locomotion and terrestrial

maneuverability, potentially resulting in conservative morphologies shaped by functional

compromise (Sherratt et al., 2018; Segall et al., 2020).

Dietary specialization also contributes meaningfully to head shape variation. Species

feeding on soft-bodied prey such as snakes, amphibians, or fish often display elongated,

narrow heads—likely facilitating the consumption of these prey. In contrast, snakes that

consume hard or bulky prey, including mammals, birds, or shelled invertebrates, possess

broader, more robust heads adapted to gripping and processing resistant prey. In 2019,

Perkins and Eason showed that sympatric water snake species exhibited head shapes matching

their dietary preferences: narrow heads were associated with fish diets, and broad heads with

amphibians. Generalists spanned a wide part of morphospace, reflecting cranial versatility and

behavioral plasticity (Deepak et al., 2022; Pandelis et al., 2023). Soft-prey consumers

exhibited the highest morphological disparity, likely reflecting the variety of functional

solutions for handling elongate, mobile prey (Segall et al., 2020; Pandelis et al., 2023). In

contrast, mollusk and soft-egg specialists clustered tightly in morphospace, suggesting

convergence toward a limited set of biomechanically effective forms for durophagy (Pandelis

et al., 2023).

Convergence analyses further illuminate the strong influence of habitat-driven

functional constraints. Significant morphological convergence was detected among fossorial

and aquatic species, likely reflecting parallel adaptations to movement through compact

substrates or fluid environments (Herrel et al., 2008; Segall et al., 2016). Similarly, our

detection of convergence among fossorial taxa supports the view that dealing with resistant

media—whether water or soil—can lead to similar head shapes across distantly related

lineages. In contrast, we did not detect significant convergence among dietary groups.

Although species consuming similar prey types often exhibited analogous head shapes, these

patterns lacked statistical support for convergence. This contrasts with findings such as

Perkins and Eason (2019), who documented strong diet-morphology correlations in sympatric

species. The broader inconsistency may be due to variability in foraging behavior, strike

mechanics, or ecological context across clades, limiting the emergence of shared

morphological optima. Furthermore, lineages may face developmental or functional

constraints that shape divergent cranial solutions to similar dietary challenges (Segall et al.,

2020; Pandelis et al., 2023). The exclusion of underrepresented groups, such as mollusk

feeders or egg specialists, from our convergence analyses may also limit our ability to detect

certain trends.

Taken together, our findings reinforce the growing consensus that habitat use and

dietary specialization play significant but distinct roles in shaping the evolution of head shape

in snakes. Environments imposing strong biomechanical constraints, such as arboreal and

fossorial habitats, clearly shape cranial form. However, diet—especially differences in prey

hardness and body shape—exerts an even stronger and more consistent influence on cranial

morphology across lineages, as highlighted by the PLS analysis. The pronounced covariation

among head shape, habitat, and diet underscores that ecological specialization involves a

dynamic interplay of selective pressures, with both habitat use and feeding ecology jointly

driving morphological evolution in snakes.

While these results provide valuable insights, it is important to consider potential

methodological limitations. In particular, we acknowledge the limitations of using a 2D dorsal

view to represent head shape. The omission of the third dimension means that important

aspects of morphology, such as underslung jaws in burrowing taxa or relatively tall heads in

arboreal species, may not be adequately captured. Prior studies have shown that 2D methods

can underestimate morphological variance (Buser et al., 2018) and in some cases introduce

errors comparable to interspecific differences (Liu et al., 2014). The reliability of 2D analyses

is particularly limited for highly three-dimensional structures. While our 2D dataset provides

valuable comparative information, we note that complementary data from lateral views or full

3D reconstructions (e.g., CT scans) would enhance the robustness of functional and

evolutionary inferences.

461 Beyond analytical methods, a number of biological and data-driven limitations should

462 be acknowledged. First, the categorization of habitats remains somewhat coarse and

463 potentially subjective. For example, semi-fossorial species may share more ecological traits

464 with terrestrial than fully fossorial snakes, and semi-aquatic species vary widely in their

465 dependence on aquatic environments (Esquerré & Keogh, 2016; Silva et al., 2017).

466 Incorporating quantitative ecological data—such as habitat features (e.g., branch density, soil

467 compaction, water salinity) or substrate use (e.g., frequency of use of forest soil, mud, or tree

468 species)—could refine these categories and better capture the ecological continuum

469 (Manjarrez et al., 2017b; Title et al., 2024). Second, although our dietary classifications are

470 grounded in empirical data, they could be enhanced by integrating quantitative prey traits—

471 such as size and hardness—that more accurately represent the functional challenges faced by

472 predators, rather than relying solely on prey shape (Vincent et al., 2009; da Silva et al., 2018).

473 For instance, both birds and frogs may be categorized as soft prey, yet their ecologies and

474 physical properties differ markedly, potentially requiring distinct feeding adaptations (Segall

475 et al., 2020; Deepak et al., 2022). Understanding the functional properties of prey would thus

476 provide more nuanced insights into head shape evolution. Furthermore, the inclusion of

477 behavioral variables—such as foraging strategy or strike kinematics—would significantly

478 strengthen the link between morphology and ecological function (Herrel et al., 2008; Segall et

479 al., 2016; Moon et al., 2019). These traits are likely to interact with head shape in complex

480 ways that are not fully captured by static ecological or dietary categories alone. Additionally,

481 focusing on taxonomically or ecologically specialized clades (e.g., snail-eaters, egg

482 specialists) could shed light on extreme morphological adaptations that illustrate more clearly

483 how head shape evolves under strong selective pressure (Pandelis et al., 2023; Palci et al.,

484 2024). Finally, subadult specimens can change our biological interpretation because of

485 ontogenetic changes in shape where the adult form can be very different in head shape pattern

compared to juveniles or even subadult individuals, due to different habitat use or diet

(Patterson et al., 2022).

Our study underscores the complex and multifactorial nature of head shape evolution

in snakes, driven more by ecological function than phylogenetic history or allometry. Moon et

al. (2019) emphasized the remarkable adaptability of the snake feeding system, noting that

head morphology reflects not only dietary and ecological demands, but also performance

constraints like gape limitation, strike kinematics, and prey handling strategies. They

highlight how head shape plays a central role in functional performance—such as strike

accuracy, hydrodynamics, and force generation—yet also caution that our understanding

remains limited by the narrow taxonomic and ecological scope of most studies. To address

this, future research should aim for a more integrative approach—linking head morphology

with detailed data on strike mechanics, bite force, and prey-handling behaviors across

ecological contexts. For instance, striking behaviors vary between aquatic and terrestrial

environments, and bite performance has only been measured in a few species, suggesting that

much remains to be explored (Bartolon et al., 2013; Penning, 2017; Moon et al., 2019). Prey

manipulation could have a significant effect on the overall morphology of snakes, and could

be of great interest in understanding the adaptability of certain habitats to different prey items

(Crotty & Jayne, 2015). Furthermore, intraspecific variation in feeding plasticity (Manjarrez

et al., 2017a; Bonnet et al., 2021; Ortiz-Medina et al., 2022), as well as ontogenetic (López et

al., 2013; Patterson et al., 2022) and sexual dimorphism (Borczyk et al., 2021; Shine &

Goiran, 2021) in head shape and diet, could further illuminate the selective pressures shaping

head form. Expanding datasets to include internal morphology, muscle architecture, and

functional performance metrics would not only validate the ecological relevance of head

shape variation but also test longstanding hypotheses about convergence and specialization in

snake evolution. In doing so, we can build a more mechanistic understanding of how

morphology translates into ecological success.

Conclusion

Our findings reveal that snake head shape is shaped less by phylogenetic relatedness

or body size and more by ecological function and dietary specialization. Morphological

variation in cranial form reflects repeated, and often convergent, adaptations to environmental

demands such as burrowing, climbing, or swimming, as well as to prey capture and

processing. This is especially apparent in fossorial and semi-aquatic snakes, where head

shapes align with biomechanical requirements like substrate penetration or hydrodynamic

efficiency, and in durophagous species, which exhibit robust heads for handling hard prey.

Despite a weak phylogenetic signal and minimal allometric influence, we detected strong

associations between head shape and ecological context, reinforced by disparity patterns and

PLS analyses. Intriguingly, high morphological disparity within narrow ecological

categories—such as fossorial and aquatic habitats—suggests the evolution of multiple

functional solutions to similar environmental challenges, likely shaped by fine-scale habitat

variation, prey diversity, or biomechanical constraints.

Our use of cephalic scale-based morphometrics offers a pragmatic and ecologically relevant

proxy for head shape in large comparative datasets, but we recognize its limitations. Internal

cranial architecture, muscle arrangement, and soft tissue all contribute to ecological

performance and remain largely unexplored in this context. Moving forward, a more

integrative approach—incorporating performance data (e.g., bite force, strike dynamics),

behavioral traits (e.g., foraging strategy, prey handling), and finer-scale ecological metrics—

will be essential for linking form to function. Investigating intraspecific variation, ontogeny,

and sexual dimorphism can further illuminate how head shape evolves under diverse selective

pressures. By bridging morphology with performance and behavior, future research can

deepen our understanding of how ecological demands shape evolutionary trajectories, not

only in snakes but across vertebrate lineages navigating similar functional landscapes.

Author Contribution

David Hudry: conceptualization, investigation, writing – original draft, writing – review and

editing

Anthony Herrel: conceptualization, investigation supervision, writing – review and editing.

Acknowledgments

The authors would like to thank Dennis Rödder and Morris Fleck from the Museum

Alexander Koenig in Bonn, and Olivier Pauwels from the Museum of Natural Sciences of

Brussels for access to specimens.

Conflicts of Interest

The authors declare no conflicts of interest.

Data Availability Statement

The data that support the findings of this study are openly available on Github at

https://github.com/DavidHudry/Supplementary-Geomorphometric-Data .

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Figures

Figures

Figure 1: Phylomorphospace illustrating head shape variation across 281 species of snakes.

The phylogeny is plotted in the morphospace described by the first two axes (PC1 vs. PC2).

Nodes are colored based on species habitat classification.

Figure 2: Phylomorphospace illustrating head shape variation across 197 species of snakes.

The phylogeny is plotted in the morphospace described by the first two axes (PC1 vs. PC2).

Nodes are colored based on species diet classification.

Figure 3: Phylogenetic PCA illustrating proportions of prey items of the 197 species of

snakes included in the analyses as described by the first two axes (PC1 vs. PC2).

Figure 4: Two-block phylogenetic PLS plot illustrating covariation between head shape and

ecological niches in snakes. Species are plotted along the first PLS axis of head shape (x-axis)

and ecological niche (y-axis). Points are colored by habitat category, with selected species

labeled.

Figure 5: Two-block phylogenetic PLS plot illustrating covariation between head shape and

diet in snakes. Species are plotted along the first PLS axis of head shape (x-axis) and diet (y-

axis). Points are colored by diet category, with selected species labeled.

Figure 6: Barplot of the morphological disparity analysis across habitats and diets. The plot

presents Procrustes variances for each habitat and diet, indicating the level of morphological

variation within groups.

Tables

Table 1: Results of the phylogenetic MANCOVA and MANOVA testing the effect of habitat

use on shape with and without accounting for allometry. The table presents the degrees of

freedom (Df), sum of squares (SS), mean squares (MS), proportion of explained variance

(R^2), F-statistic (F), and p-value.

	Df	SS	MS	R^2	F	P
MANCOVA						
Centroid size	1	2.91	2.91	0.01	4.71	$P < 0.05$
Habitat	6	24.94	4.16	0.13	6.72	$P < 0.05$
Interaction	6	11.46	1.91	0.06	2.73	$P < 0.05$
MANOVA						
Habitat	6	24.94	4.16	0.13	6.33	$P < 0.05$

747   Table 2: Results of the Tukey post-hoc test for pairwise comparisons of morphological

748   disparity across habitat groups. The table presents the effect size (d), upper confidence limit at

749   95% (UCL 95%), Z-score (Z), and p-value for each comparison.

Comparison	d	UCL (95%)	Z	P
Fossorial – aquatic	0.17	0.13	2.20	$P < 0.05$
Fossorial – arboreal	0.17	0.13	2.17	$P < 0.05$
Fossorial – semi-aquatic	0.18	0.13	2.28	$P < 0.05$
Fossorial – semi-arboreal	0.17	0.13	2.25	$P < 0.05$
Fossorial – semi-fossorial	0.20	0.13	2.40	$P < 0.05$
Fossorial – terrestrial	0.18	0.13	2.23	$P < 0.05$
Semi-fossorial - arboreal	0.07	0.06	2.12	$P < 0.05$
Semi-fossorial – semi-aquatic	0.09	0.07	2.34	$P < 0.05$
Semi-fossorial – semi-arboreal	0.06	0.05	1.94	$P < 0.05$
Semi-fossorial – terrestrial	0.09	0.04	2.91	$P < 0.05$
Semi-aquatic – terrestrial	0.08	0.06	2.35	$P < 0.05$
Semi-arboreal – terrestrial	0.05	0.05	1.89	$P < 0.05$

751 Table 3: Results of the phylogenetic MANCOVA and MANOVA testing the effect of diet on

752 head shape. The table presents the degrees of freedom (Df), sum of squares (SS), mean

753 squares (MS), proportion of explained variance (R^2), F-statistic (F), and p-value.

	Df	SS	MS	R^2	F	P
MANCOVA						
Centroid size	1	5.85	5.85	0.04	8.59	$P < 0.05$
Diet	5	6.78	1.36	0.04	1.99	0.083
Interaction	5	5.75	1.15	0.04	1.69	0.141
MANOVA						
Diet	5	6.78	1.36	0.05	1.89	0.089

755   Table 4: Results of the Tukey post-hoc test for pairwise comparisons of morphological

756   disparity across diet groups. The table presents the effect size (d), upper confidence limit at

757   95% (UCL 95%), Z-score (Z), and p-value (p.value) for each comparison.

Comparison	d	UCL (95%)	Z	P
Hard prey – Soft prey	0.04	0.04	2.08	$P < 0.05$
Hard prey – Soft egg	0.16	0.21	1.46	0.090
Invertebrates – Soft eggs	0.16	0.20	1.40	0.092

759 Table 5: Results of the convergence test. State1 and state2 correspond to pair of ecological

760 groups being compared. The mean angles of phenotypic distance are reported using ang.state

761 (state) and the test of convergence with timing of diversification using ang.state.time (time),

762 with the corresponding p-values.

	State	*P*	Time	*P*
Habitat				
terrestrial	90.31	0.736	518.63	0.984
arboreal	85.40	0.087	478.54	0.271
semi-arboreal	91.41	0.886	507.65	0.715
aquatic	58.46	*P < 0.01*	331.51	*P < 0.01*
semi-aquatic	85.42	0.078	538.57	0.937
fossorial	11.29	*P < 0.01*	98.38	*P < 0.01*
semi-fossorial	90.73	0.563	525.32	0.850
Diet				
Hard eggs	102.42	0.640	532.97	0.604
Hard prey	89.35	0.443	491.36	0.290
Invertebrates	87.85	0.304	508.23	0.621
Mollusks	53.65	0.165	448.20	0.372
Soft prey	88.04	0.155	501.86	0.616

Phylogenetic PCA with Dietary Proportions