Biomechanics of static roll posture control by body flexion in adult zebrafish

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Summary

Posture control is crucial for animals. Static posture control in fish remains poorly

explored. Recent studies have shown that larval zebrafish perform body flexion during

slight roll tilts: the body flexion displaces a gas-filled swim bladder, generating counter-

rotation torque for postural recovery through misalignment of gravity and buoyancy

forces. Swim bladder deflation impairs this postural recovery, suggesting its critical role.

This static posture control strategy may be utilized by many fish species. However, adult

fish differ from larvae in morphology and behavior, raising questions about the generality

of this mechanism. Our behavioral analysis showed that adult zebrafish also flexed their

body during roll tilts, with flexion persisting until recovery to an upright posture.

Similarly to larvae, swim bladder deflation impaired postural recovery. These results

demonstrate that adult fish employ static roll posture control through body flexion and

suggest the generality of this mechanism in fish species.

Introduction

For many animals, posture control is crucial for survival, regardless of whether they live on the land or in the water. Terrestrial animals use both dynamic and static postural control mechanisms.[1–3] When posture is significantly disrupted, animals dynamically move their limb and axial muscles to recover their desired posture. Even during seemingly motionless periods, static postural control through anti-gravity muscle tone continuously maintains posture.

How about postural control in fish? Previous studies have been predominantly centered on dynamic movements involving swimming and fin dynamics.[4–8] In contrast, our understanding of static postural control mechanisms remains limited. This is particularly intriguing because most fish species are inherently unstable[7] - anesthetized or dead fish typically roll to a belly-up position due to their mass distribution.[6,9–11] Nevertheless, many fish species maintain an upright posture even while appearing motionless.[9,10] These common observations suggest the existence of static postural control mechanisms through neuromuscular activity. However, until recently, the underlying mechanisms of this static postural control remained poorly understood.

Recent studies on millimeter-sized larval zebrafish have provided valuable insights into this longstanding question. When slightly roll tilted or artificial vestibular stimulation mimicking a head roll tilt was applied, larval zebrafish perform body flexion and recover an upright posture.[12–16] This body flexion behavior is driven by neural circuits, from a vestibular nucleus via reticulospinal neurons projecting to the spinal cord, and the posterior hypaxial muscles (PHM) near the swim bladder.[12,17] This posture control through body flexion relies on the presence of the swim bladder, a gas-filled chamber in the body: postural recovery is impaired in swim bladder-deflated larvae.[12] Biomechanics

underlying this postural recovery has been proposed.[12] The body flexion during roll tilt

displaces the swim bladder to one side while placing the head and tail to the other side.

Since the density of the swim bladder is orders of magnitude lower than the rest of the

body, this asymmetric positioning of the swim bladder results in the misalignment of

gravity and buoyancy forces, which generates a corrective moment of force for postural

recovery. This fine and static posture control strategy may be utilized by many fish

species possessing a swim bladder or low-density tissue. However, adult fish differ from

larvae in musculoskeletal structure, body size, and behavioral dynamics,[18–24] raising

questions about the generality of this mechanism.

In the present study, behavioral analyses reveal that adult zebrafish utilize body flexion

to correct roll-tilted posture similarly to larvae. When sustained roll tilt stimulus is applied,

the body flexion persists throughout the stimulus. Crucially, swim bladder deflation

disturbs postural recovery, suggesting swim bladder's critical role in maintaining static

posture. These results suggest that zebrafish maintain an upright posture via the fine and

static roll posture control mechanism through body flexion throughout their life.

Results

Adult zebrafish utilize body flexion to correct roll-tilted posture

To investigate how adult zebrafish maintain an upright posture, we developed a fish

rotation apparatus (Figure 1A). A fish was placed in a cylindrical chamber in a dark room

and subjected to postural disturbance in the roll axis. Viscous water containing

methylcellulose was used to efficiently deliver roll stimulus to the fish and to slow down

its behavior for easier observation. Fish's posture was simultaneously recorded by two

cameras positioned at the front and dorsal sides of the chamber. Pigment-less *casper*[25]

fish were used as a standard fish for easier deflation of the swim bladder in later

experiments (see below).

Rotation of the chamber induced roll tilt in the fish. As previously reported in

larvae,[12,13,15] adult fish occasionally performed dynamic postural control behaviors

accompanied by swim-like vigorous body movement and fin beating. Since the present

study focused on static postural control behaviors, we collected trials in which fish

recovered posture without these dynamic movements. When a roll-tilt stimulus was

applied towards fish's left-down side, fish was slightly tilted to the left-down direction.

Simultaneously, the fish flexed its body to the right (ear-up) side (Figure 1B middle

column, Video S1). As the tilt stimulus progressed, head roll angle and body flexion angle

increased (Figure 1C). After the roll tilt stimulus reached its final angle, fish gradually

recovered the upright posture, while the flexed body relaxed to its original state (Figure

1B right column, Figure 1C, Video S1). Similar results were obtained in wild-type fish

(Figure S1). These results suggest that upon postural disturbance in the roll axis, adult

zebrafish recover an upright posture by the body flexion to the ear-up side.

Body flexion continues throughout sustained head roll tilt

To further clarify the relationship between the head roll tilt and body flexion, fish's

anterior body was rigidly restrained to a rectangular chamber using an acrylic holder in

fish tank water without methylcellulose, and a roll tilt stimulus was applied (Figure 2A).

With this setup, fish's head roll angle was directly coupled with the chamber's tilt angle

throughout the experiment. When a roll tilt stimulus was applied towards the fish's left-

down or right-down side and the tilt was kept for 3 s, fish continued the body flexion to

the ear-up side throughout the sustained stimulation (Figure 2B and 2C). In some trials,

fish exhibited swim-like lateral body undulation and tail flick to either left or right side

during the sustained tilt (Figure S2). As the sustained tilt stimulation was released, the

flexed body relaxed. These results further demonstrate the tight correlation between the

head roll tilt and body flexion.

Biomechanical model of postural recovery through body flexion

Mechanistically, how does the body flexion contribute to the roll postural recovery? A

biomechanical model of the posture control has been proposed in a larval fish study.[12]

The body flexion during roll tilt causes asymmetric positioning of the low-density swim

bladder relative to the whole body, resulting in the misalignment of gravity and buoyancy

forces, which generates a corrective moment of force for postural recovery.[12] Building

upon this biomechanical framework established in larval zebrafish, we developed a

corresponding model for adult zebrafish. In adult zebrafish, the center of mass (COM)

and center of volume (COV) are located near the constriction region between the anterior

and posterior swim bladder chambers.[11] Both COM and COV are located on the midline

when a fish is at rest: gravity acting on COM and buoyancy acting on COV are balanced

(Figure 3 left column). When tilted in the roll axis, the fish flexes its body towards the

ear-up side (Figure 3 middle column). The swim bladder shifts toward the ear-down side

relative to the whole body, while the head and tail reposition toward the ear-up side.

Because the swim bladder contains gas with a density orders of magnitude lower than the

rest of the body tissues, the ear-down side positioning of the swim bladder shifts relative

positions of COM and COV, which misaligns the gravity and buoyancy forces. This

misalignment generates a moment of force that counteracts the roll tilt, thereby restoring

an upright posture. According to this model, postural recovery is expected to be disturbed

in a swim bladder-deflated fish. Specifically, in the swim bladder-deflated fish, the

density of the body is nearly homogeneous. As a result, positions of the COM and COV

hardly separate, even when the fish performs body flexion during roll tilt (Figure 3 right

column). Consequently, little moment of force is generated, resulting in significantly

impaired postural recovery. Additionally, the swim bladder-deflated fish is expected to

be prone to roll tilt, since it is not able to efficiently counteract roll tilt through body

flexion.

Swim bladder plays a pivotal role in roll posture recovery

To test whether the model holds true in adult fish, as previously demonstrated in larvae,

we deflated swim bladder in *casper* fish and performed behavioral analysis (Figure S3).

To fairly evaluate the impact of swim bladder deflation, control experiments (sham

deflation) were also conducted: this sham procedure involved all the steps performed on

the deflated fish with the exception of piercing the swim bladder sac and applying

negative pressure to remove the bladder gases. After the sham procedure, fish initiated

locomotion within a few minutes, and locomotion speed recovered to levels comparable

to pre-procedure levels within the 10-minute recovery period (Figure S4). Furthermore,

when roll tilted, sham fish exhibited posture recovery behavior with kinetic parameters

similar to those of intact fish (see texts below, Table S1, and STAR Methods for kinetic

parameters). These data indicate that the sham procedure including anesthesia did not

significantly affect fish behaviors.

In response to roll tilt stimulus, sham fish flexed their body and recovered an upright

posture. Figure 4A (top photographs) and Video S2 show examples. When a roll-tilt

stimulus was applied towards the fish's right-down side, a sham fish was slightly tilted to

the right-down direction. Simultaneously, the fish flexed its body to the left (ear-up) side.

After the stimulus reached its final angle, the head roll angle decreased and the body

flexion relaxed to the original state (Figure 4A, right column in the top photographs).

In swim bladder-deflated fish experiments, when a roll-tilt stimulus was applied towards

the fish's left-down side, a fish was slightly tilted to the left-down direction (Figure 4B,

top photographs and Video S2). Simultaneously, the fish flexed its body to the right (ear-

up) side. In contrast to sham fish, the body flexion did not relax to the original state and

the head roll angle only slightly and gradually decreased, after the stimulus reached its

final angle (Figure 4B, right column in the top photographs).

To evaluate the effects of swim bladder deflation on behavioral kinetics, angles and

angular velocities of the head roll and body flexion were compared (Figure 4A and 4B,

bottom traces). In both sham and deflated fish, head roll angle increased as the roll tilt

stimulus angle increased. The head roll onset time was not significantly different (0.065

$\pm$ 0.052 s in sham; 0.176 $\pm$ 0.170 s in deflated, $p = 0.145$, Mann-Whitney U test). Based

on our biomechanical model described above, deflated fish were predicted to be more

prone to roll tilt, since they cannot efficiently counteract roll tilt through the body flexion.

Consistent with this model prediction, deflated fish exhibited larger maximum head roll

angles (Figure 4C, $p = 0.026$, Mann-Whitney U test), and showed delayed head roll peak

timing (2.024 $\pm$ 0.071 s in sham; 2.576 $\pm$ 0.152 s in deflated, $p = 0.002$, Mann-Whitney

U test) compared to sham controls.

More importantly, swim bladder deflation significantly impaired postural recovery

dynamics. While head roll angles gradually decreased in both sham and deflated fish

during recovery phase after reaching peak roll angles, the recovery kinetics were slower

in deflated fish. This difference was evident in their head angular velocity profiles: during

the recovery phase, sham fish showed pronounced troughs in their velocity traces

(asterisk in Figure 4A; note that negative velocity reflects rapid recovery movement),

whereas such troughs were much less evident in the traces of swim bladder-deflated fish

(Figure 4B). Quantitatively, the minimum head roll angular velocity was significantly

less negative (indicating slower recovery) in deflated fish compared to sham fish (Figure

4D, $p = 0.015$, Mann-Whitney U test). These data demonstrated that swim bladder plays

a critical role in effective postural recovery.

As head roll stimulus angle increased, body flexion angle also increased in both sham and

deflated fish. Similarly to the head roll angle changes, the onset time of body flexion was

not significantly different (0.238 ± 0.058 s in sham; 0.454 ± 0.208 s in deflated, $p = 0.093$,

Mann-Whitney U test), while the peak time was delayed in deflated fish (2.087 ± 0.124 s

in sham; 3.304 ± 0.628 s in deflated, $p = 0.004$, Mann-Whitney U test). There was no

significant difference in the maximum body flexion angle (Figure 4E, $p = 0.937$, Mann-

Whitney U test).

In sham fish, as the stimulus approached the final angle, the body flexion angle began to

decrease toward the baseline. In deflated fish, in contrast, the body flexion angle remained

high and did not immediately return to the baseline. As described above, sham fish

exhibited faster head roll recovery compared to deflated fish. Consequently, the speed of

body flexion relaxation was also faster: sham fish exhibited pronounced troughs in their

angular velocity traces (double asterisks in Figure 4A; note that negative velocity reflects

rapid body relaxation), whereas such troughs were barely detectable in the traces of swim

bladder-deflated fish (Figure 4B). The minimum body flexion angular velocity was

significantly less negative (indicating slower body relaxation) in the deflated fish group

(Figure 4F, $p = 0.002$, Mann-Whitney U test). These results demonstrated that deflating

the swim bladder disturbs posture recovery despite fish performing sustained body

flexion during roll tilt. Collectively, these findings suggest that adult zebrafish, similar to

larvae, employ body flexion for static roll posture control, where the swim bladder plays

a crucial role in effective posture recovery.

Body flexion with intact swim bladder generates recovery moment of force

To examine whether body flexion with intact swim bladders generates moment of force,

we analyzed passive movement of chemically fixed, body-flexed fish specimens before

and after swim bladder deflation. Fish were euthanized and chemically fixed in a body-

flexed posture (Figure 5A, top). The body flexion angles (θ1 in Figure 5A) were between

14 and 24 degrees in the 4 specimens examined. The fixed fish specimen was held by a

pair of forceps in a chamber filled with fish tank water. To mimic the body orientation of

live fish during roll tilt (Figure 1 and 4), the fixed specimen was held in a roll-tilted

orientation with its body flexed to the ear-up side (Figure 5A, bottom). Care was taken to

apply equivalent roll tilt angles (θ2 in Figure 5A) across before-deflation and after-

deflation conditions (before deflation: $24.3 \pm 4.7°$; after deflation: $24.0 \pm 5.5°$). The tilted

specimen was gently released and passive movement was recorded by a front camera.

Once the constraint by the forceps was removed, the specimen before swim bladder

deflation started passive rolling toward the ear-up side (Figure 5B, top photographs and

Video S3). This movement was consistent with the biomechanical model (Figure 3) and

was similar to postural recovery of intact and sham fish (Figures 1 and 4A). A key

difference between intact/sham fish and chemically fixed specimens was the presence or

absence of body straightening during postural recovery. In intact and sham fish, the body

returns to the symmetric, straight shape as the head roll angle approaches zero (Figure 1B

241 and 1C), which erases recovery moment of force and allows fish to settle into an upright

242 roll posture. In chemically fixed specimens with body-flexed shape, the body flexion

243 angle remains constant regardless of head roll angle, which likely generates moment of

244 force that keeps the specimen rolling passing through upright orientation. As expected,

245 the fixed specimens continued rolling even after they reached an upright orientation, and

246 head roll angle continuously decreased (asterisk in Figure 5C, left panel). Similar

247 movements were observed in all 4 fish specimens (asterisk in Figure 5C, right panel).

248 To examine whether swim bladder deflation disturbs the passive roll recovery, after the

249 passive movement experiments described above, the swim bladder was deflated and the

250 specimens were again subjected to the same passive movement experiments. Deflated

251 specimens did not consistently roll toward the ear-up direction (Figure 5B, bottom

252 photographs and Video S3): they did not roll or slightly rolled in a random direction

253 (double asterisks in Figure 5C, left panel). Similar movements were observed in all 4 fish

254 specimens (double asterisks in Figure 5C, right panel). Head roll angular velocities were

255 calculated from the period from 0.2 to 0.5 s after the release. Angular velocity was

256 significantly reduced after swim bladder deflation (before deflation: -290.0 ± 48.4°/s;

257 after deflation: 31.0 ± 111.2°/s; p = 1.3e-22, Welch's t-test). These results further

258 demonstrated that body flexion with intact swim bladders is sufficient to produce passive

259 recovery moment of force for roll postural recovery.

261 Discussion

262 The present study has established an experimental paradigm for analyzing roll postural

263 control behavior in adult zebrafish and demonstrated that when slightly roll tilted, adult

264 zebrafish exhibit body flexion to recover an upright posture (Figure 1). Both the tight

correlation between body flexion and head roll angle (Figure 2) and the dependence on

swim bladder for postural recovery (Figure 4) suggest that the mechanisms underlying

roll postural maintenance through body flexion are similar to those in larvae (Figure 3).[12]

The passive movement experiment using chemically fixed fish specimens demonstrated

that the flexed body with intact swim bladder generates recovery moment of force (Figure

5). The conservation of these mechanisms between larvae and adults suggests that body

flexion serves as a fundamental strategy for static roll postural maintenance throughout

their life.

Previous researches on larvae suggested that the otolith organs in the vestibular system

sense roll tilt and induce the body flexion. [12,13,15,16] Not only the otolith system, but fish

may also use sensory information from eyes, semicircular canals, and lateral line, to

perform the body flexion during roll tilt. In our experiments, however, the body flexion

was observed in dark conditions. Therefore, visual inputs are not necessary for the body

flexion. Moreover, in restrained behavioral experiments, fish maintained the body flexion

throughout the sustained tilt stimulus, during which angular velocity and water flow were

minimal, while gravitational input from otolith organs persisted. This observation

suggests that the gravity-sensing otolith organs play a primary role in inducing this

behavior.

Neural circuits and muscles that induces the body flexion behavior during roll tilt were

identified in zebrafish larvae.[12,13,16,17,26,27] A vestibular nucleus (tangential nucleus)

receives head roll tilt signals from vestibular primary afferents and send neural signals to

a group of reticulospinal neurons in the nucleus of the medial longitudinal fasciculus that

projects to the spinal cord.[12] These neuronal nuclei also exist in adult fish.[28–30] This

conservation of the neuronal nuclei and similarity of the body flexion behavior between

larvae and adults suggest that the same neural circuits likely play a principal role in

inducing the body flexion in adult fish. Regarding the muscles responsible for the body

flexion during roll tilt, adult zebrafish appeared to flex their body near the middle of the

body where the caudal chamber of the swim bladder is located (Figure 1B and 2B). In

larvae, muscle contraction during roll tilt also appears to occur only near the swim

bladder.[12] Consistent with this, the PHM muscles lateral to the swim bladder generate

body flexion, with slow-type PHM primarily responsible for this movement.[12,17] These

data suggest that the slow-type PHMs also generate the body flexion in adults. Muscular

organization in adult fish, however, is more complex and extensively developed

compared to larvae.[18,20,31,32] Thus, other muscles, such as trunk slow muscles that are

recruited during weak and sustained body movements, may also contribute to the body

flexion.[33] Experimentally examining the causal relationship between the body flexion and

neuromuscular cell populations in adult fish is technically challenging due to their size,

opaque tissues, ossified skull, and lack of gene promoters for selectively targeting a

specific cell population. However, future advancements in technology, including optical,

genetic, and chemical approaches, as well as combination of these, may help overcome

these limitations and clarify neural and muscular mechanisms.

In a biomechanical model, the body flexion toward the ear-up side displaces the low-

density swim bladder toward the ear-down side, resulting in separation of the COM and

COV (Figure 3). The magnitude of the recovery moment of force is proportional to the

distance between the COM and COV, which is maximized under a condition where the

swim bladder, the least dense part of the body, is located near the COM, and the body

flexes at the position near the swim bladder. The body organization and the body flexion

in larval zebrafish meet this condition, indicating that the body flexion is a reasonable,

energy-efficient behavior for postural correction.[12] Similarly in adult zebrafish, the

COM—positioned at approximately one third of the total body from the rostral end—is

located around a constriction region of the swim bladder separating the rostral and caudal

chambers.[11] Regarding the body flexion region, as discussed above, the body flexed

around the middle of the body (Figures 1B, 2B, 4A and 4B), the location of which was

slightly caudal to the swim bladder. Thus, the flexion region seems to slightly caudally

deviate from the most biomechanically efficient location. This subtle deviation may be

attributed to the musculoskeletal organization in adult fish. In the abdominal region in the

rostral body, bony structures increase the body stiffness: lateral angular stiffness of the

vertebral column is higher in the abdominal region than the caudal body region,[34] and the

rib cage bones covering internal organs presumably increase the stability in the abdominal

region. These morphological characteristics make the rostral body flexion challenging

and constrain the flexion region primarily to the middle and caudal body.[35,36] Considering

these morphological constraints, the flexion at the middle of the body is presumably an

adaptive compromise between biomechanical efficiency and structural limitations. While

the results from the swim bladder deflation experiments in live fish (Figure 4) and fixed

fish specimens (Figure 5) supported the biomechanical model (Figure 3), the precise

locations of the COM and COV during body flexion have not been provided. Further

investigation through morphometric analyses would help address these questions.

Swim bladder-deflated fish were prone to roll tilt, and their maximum head roll angle was

larger than sham control (Figure 4C). Previous studies showed that larval zebrafish

increase body flexion angle in response to increasing vestibular stimulus mimicking head

roll.[15,16] Given that larval and adult zebrafish employ similar roll posture control

mechanisms, deflated adult zebrafish in the present study would attempt to counteract roll

tilt by increasing their body flexion angle. However, the maximum body flexion angle

was comparable between control and deflated groups, despite deflated fish experiencing

greater postural perturbations (Figure 4E). These data suggest that adult fish face

morphological constraints that limit their compensatory body flexion capacity. Unlike

flexible larvae, adult fish possess increased body stiffness due to ossified skeletal

structures. This may restrict the range of achievable body flexion angles in adult fish.

Previous studies showed that during tilt in the roll axis, fish exhibit body undulation with

asymmetric motor pattern that recovers their posture.[4,5,8] Consistently, in the present

study, swim-like vigorous body movement and fin beating were observed when adult

zebrafish was roll tilted. Intriguingly, in experiments where the fish's rostral body was

restrained and sustained tilt stimulation was delivered, fish occasionally exhibited a

swim-like body undulation and tail flick behaviors in addition to their body flexion as

larvae do (Figure S2).[13,15,16] This indicates that fish maintain roll posture primarily

through static control via body flexion, and recruit dynamic control through vigorous

body movements when static control alone is insufficient.

What are the advantages of static posture control through body flexion? Compared to

swimming and fin movements, maintaining posture through slight body flexion is less

visually conspicuous and therefore likely reduces the risk of being detected by

predators.[37,38] Additionally, body flexion presumably requires less energy compared to

vigorous axial undulation during swimming.[39] This is particularly beneficial during rest

periods when maintaining postural stability while conserving energy is crucial.

The mechanism of posture control by body flexion is likely a widely used strategy

employed by many aquatic organisms with low-density organs. While our study focused

on the swim bladder, not only the swim bladder in many fish species, but also lungs in

lungfish and lipid-rich liver in sharks may play a crucial role when these animals flex

their body upon roll tilt.[40–42] Further investigation across a broader range of species will

elucidate the generality of the body flexion-mediated, static roll posture control

mechanism.

Limitations of the study

Swim bladder-deflated fish showed slow but noticeable posture recovery (Figure 4).

Technical limitations in the deflation procedure might explain this slow recovery: the

swim bladder may not have been fully deflated. While the posterior chamber of the swim

bladder was deflated, the anterior chamber was difficult to observe and therefore its

deflation was not confirmed. Small amount of residual gas might have generated a small

recovery moment of force during body flexion. In the fixed specimen experiments, since

specimen viability was not a concern, we were able to apply stronger negative pressure

to more extensively remove gas from the swim bladder. This might have produced more

pronounced impairment of posture recovery (Figure 5).

Most behavioral experiments were conducted in viscous water conditions using

methylcellulose in order to efficiently deliver roll tilt stimulus and clearly observe posture

control responses. Due to the increased viscosity, the behavioral kinematic profiles

measured under viscous water conditions were likely slowed relative to those under

normal water conditions. The viscous medium may also affect the relative contributions

of static versus dynamic postural control strategies, as the increased drag forces could

favor sustained postural adjustments over rapid swimming movements. However, fish

exhibited body flexion during roll tilt under normal water condition in our restrained

experiments (Figure 2), and experiments using chemically fixed specimens demonstrated

that the fundamental body flexion mechanism operates effectively in normal water,

suggesting that while the temporal dynamics and the relative contributions of static versus

dynamic postural control strategies may be altered by viscosity, the underlying

biomechanical principles remain valid.

Although the present study has demonstrated that body flexion plays a crucial role in roll

posture control, this mechanism represents only one component of the complex postural

control repertoire that fish employ to maintain an upright posture. Previous studies on

fish postural control have primarily focused on dynamic control mechanisms. Fin

movements vary considerably among fish species. Some species skillfully control their

fins to maintain posture even while they do not locomote.[43–45] In these species, fin

movements, particularly the pectoral fins, may play a primary role in maintaining posture.

The present study focused on static posture control and did not provide quantitative

analysis of the relative contributions and frequencies of static versus dynamic control

strategies. As discussed above, some fish species may predominantly use dynamic

posture control. Given that fish species have evolved diverse survival strategies across

various aquatic environments, future comparative studies examining how postural control

strategies vary among species with different body morphologies and ecological niches

would provide important insights into the adaptive significance of static versus dynamic

postural control mechanisms.

Resource availability

Lead contact

Further information and requests for resources and reagents should be directed to and will

be fulfilled by the Lead Contact, Masashi Tanimoto (tanimoto@nibb.ac.jp).

Materials availability

This study did not generate new unique reagents.

Data and code availability

All data reported in this paper will be shared by the lead contact upon request. All original

code has been deposited at Zenodo at https://zenodo.org/records/14551001 and is

publicly available as of the date of publication. Any additional information is available

from the lead contact upon request.

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Author contributions

R.N., T.K., S.H., and M.T. designed the research; T.K. built a prototype of the

experimental apparatus under the supervision of M.T.; R.N. established the apparatus,

performed experiments, and analyzed data under the supervision of M.T.; R.N. and M.T.

wrote the manuscript.

Declaration of interests

The authors declare no competing interests.

STAR Methods

Key resources table

EXPERIMENTAL MODEL AND STUDY PARTICIPANT DETAILS

Fish

Adult wild-type and *casper*[25] zebrafish (38-45 mm in total length) were maintained under

light-dark cycles (10:14 or 12:12 hours) under standard conditions.[46] For all experiments,

both sexes of fish that displayed normal body morphology and maintained a dorsal-up

posture while at rest were used. For unrestrained behavioral experiments of intact fish, 2

males and 2 females of *casper* fish and 2 males and 2 females of wild-type fish were used.

For restrained behavioral experiments, 2 males and 1 female of wild-type fish and 1 male

and 2 females of *casper* fish were used. For unrestrained behavioral experiments of

casper fish with swim bladder deflation, 3 males and 3 females were used for sham

deflation, and 3 males and 3 females were used for deflation. For locomotion experiments,

1 male and 3 females of *casper* fish were used. For fixed specimen passive movement

experiments, 2 males and 2 females of *casper* fish were used. All experiments were

conducted according to animal experiment protocols approved by the animal care and use

committees of the National Institutes of Natural Sciences.

METHODS DETAILS

Unrestrained behavioral experiments

The fish chamber consisted of two acrylic cylinders of different sizes (22 mm [inner

diameter] × 50 mm [length] × 1.5 mm [thickness] and 46 mm [inner diameter] × 10 mm

[length] × 2 mm [thickness]) connected by an acrylic ring plate. The two cylinders were

separated by a transparent, fluorinated ethylene propylene sheet (NR0538-002,

Fronchemical), which had similar refractive index as water. Small holes were made on

this sheet so that water passes between the two cylinders. Both ends of the connected

chamber were covered with acrylic lids. The two cylinders served different purposes: the

smaller cylinder housed a fish, while the larger cylinder supplied oxygen and, by

manually tilting the chamber, removed small air bubbles from the smaller cylinder. Air

bubble was maintained in the larger cylinder for oxygen supply. Since it was difficult to

consistently tilt adult fish and reliably observe their postural responses in normal water

conditions, presumably due to their large inertia and rapid postural recovery, behavioral

experiments were conducted under viscous water conditions. The chamber was filled with

fish tank water containing 0.8% methylcellulose (22223-65, Nacalai Tesque, inc.), and a

fish was placed in the smaller cylinder.

The rotation stimulus device was composed of a motorized rotation stage (DDR100/M,

ThorLabs) and supporting mechanical components. The fish chamber was mounted on

this device. The stage was driven by a stage controller (BBD301, ThorLabs) using a

software (Kinesis version 1.14.49, ThorLabs). Fish were illuminated by an infrared light-

emitting diode (IR-LED) plate (LFL-100IR2-850, CCS) from the ventral side and another

IR-LED (HLV3-22IR860, CCS) from the caudal side. Experiments were conducted in a

dark room to eliminate visual cues. The chamber was rotated 45° in the roll direction

(maximum velocity: 40°/s, acceleration and deceleration: 25°/s²) unless otherwise noted.

Fish behavior was recorded at 60 frames per s (fps) by two cameras (HC-VX992MS,

Panasonic) from the frontal and dorsal sides. The timing of rotation stimulus and camera

image frames were synchronized by a flash of an IR-LED, which was oriented towards

two cameras and distinct from the illumination IR-LEDs. In each trial, a voltage pulse

was sent from the rotation stage controller to the IR-LED through a pulse generator

(SEN7203, Nihon Kohden) at 1 s before the rotation started.

Since swim bladder-deflated fish were prone to roll tilting, they exhibited dynamic

posture control through swimming and tail flick more frequently compared to intact and

sham fish when subjected to the standard roll stimulation described above. To better

observe static posture control via slight body flexion, a weaker rotation stimulus of 35-

45° (maximum velocity: 30-40°/s, acceleration and deceleration: 20-25°/s²) was applied.

The reduced buoyancy caused by swim bladder deflation was compensated by 5-32% (in

most cases 10-25%) sucrose (196-00015, Fujifilm Wako), depending on neutral buoyancy

of individual fish, in fish tank water containing 0.8% methylcellulose (22223-65, Nacalai

Tesque, inc.) solution. For wild-type fish, which were slightly larger than *casper* fish, a

cylinder chamber with larger dimensions (26 mm [inner diameter] × 50 mm [length] × 2

mm [thickness] and 46 mm [inner diameter] × 10 mm [length] × 2 mm [thickness]) was

used.

Swim bladder deflation

Pigment-less *casper* fish were used for easier identification of the swim bladder position.

Fish were anesthetized with 0.01% MS-222 (Ethyl 3-aminobenzoate methanesulfonate,

A5040, Sigma-Aldrich) for 10 minutes, and after confirming the absence of response to

tactile stimuli, a syringe needle (27G [NN-2719S, Terumo] or 30G [Dentronics]) was

gently inserted into the caudal chamber of the swim bladder from a lateral and slightly

dorsal and caudal direction. Negative pressure was gently and gradually applied to the

syringe to remove the gas from the swim bladder. Successful swim bladder deflation was

confirmed by the caudal chamber of the swim bladder becoming invisible. Following

deflation, fish were returned to tank water, allowed to rest for 10 minutes before

behavioral experiments.

Sham deflation

Sham swim bladder deflation was performed almost exactly as those for deflation

procedure described above. The only modification was that the swim bladder sac was not

penetrated by a syringe needle and swim bladder gas was not removed for sham deflation.

Even slight piercing of the swim bladder sac with a syringe needle resulted in gas leakage,

which would have compromised the intended control condition. Therefore, sham fish

underwent identical handling, surgical preparation, and recovery procedure to those used

for deflated fish, but with the swim bladder left intact avoiding penetration of the swim

bladder sac.

Locomotion before and after sham deflation procedure

casper fish were used. Individual fish was placed in a tank (260 mm [length] × 150 mm

[width] × 175 mm [height]) filled with fish tank water (depth: 70 mm), and behavior was

recorded at 60 fps for 11 minutes from the top by a camera (HC-VX992MS, Panasonic).

Sham swim bladder deflation was performed as described above. After the sham

procedure, fish was again placed in the tank and behavior was recorded.

Restrained behavioral experiments

Fish were anesthetized with 0.01% MS-222 for 10 minutes. The fish's body between the

operculum and pectoral fin was immobilized by a separable pair of acrylic plates that

have a ditch: an elliptical hole (major axis: 6.0-6.75 mm; minor axis: 4-5 mm) was formed

when these plates were combined together. To stabilize the body position, a small amount

of flexible silicone (Macks Earplugs) was applied to the space between the hole and the

fish body. The plate holding the fish was then placed into a groove of an acrylic chamber

(60 mm [length] × 30 mm [width] × 45 mm [height]) filled with fish tank water without

methylcellulose. An open-topped rectangular box (55 mm [length] × 30 mm [width] × 20

mm [height]) was placed over the fish to prevent image distortion when tilt stimulus was

applied and the water surface tilted. Fish were allowed to rest for at least a few minutes

before stimulus delivery and camera recording began. Fish was illuminated by an IR-LED

(LFL-100IR2-850, CCS) placed below the chamber. The rotation stimulus device was the

same as that described in 'Unrestrained behavioral experiments' section. The chamber

was mounted on the rotation stimulus device, and 20° roll-tilt stimulation (maximum

velocity: 10°/s, acceleration and deceleration: 5°/s²) was applied and held for 3 s before

returning to its original position. Fish behavior was recorded at 25 fps by a camera

(daA720-520um, Basler) with a lens (13VM308ASIRII, Tamron) from the dorsal side

using software (pylon Viewer version 6.2.0.8205, Basler). The camera tilted together with

the fish chamber. The timing of the rotation stimulus and the camera image frames were

synchronized by voltage pulses. Specifically, from 2 s before the rotation started in each

trial, image frame acquisition was triggered by voltage pulses from the rotation stage

controller through a pulse generator (SEN-7203, Nihon Kohden).

Fixed-specimen passive movement experiments

Fish were euthanized by placing them with 0.04% MS-222 for 30 minutes. The fish

specimens were restrained on a sponge plate using metal pins, with the body maintained

in a bent posture such that the body flexion angle was approximately 20 degrees. The

body bend direction was to the left in 2 fish and to the right in 2 fish. The fish specimens

were fixed with 4% paraformaldehyde (158127, Sigma-Aldrich) in 1x phosphate buffered

saline (PBS) for 30 minutes at room temperature. After brief rinse with 1x PBS, the fish

specimens were photographed from the dorsal direction by a camera (HC-VX992MS,

Panasonic). The body flexion angle of the fixed fish specimens was between 14 and 24

degrees in 4 specimens examined.

The fixed fish specimen was held by a pair of forceps in a chamber filled with fish tank

water. The held specimen was manually roll tilted from the dorsal-up orientation with its

body flexed to the ear-up side. The tilted specimen was released and passive movement

was recorded by a front camera (HC-VX992MS, Panasonic) at 60 fps. Care was taken to

minimize external forces to the specimen after the release. Swim bladder deflation was

performed as described above. Since specimen viability was not a concern, swim bladder

deflation was performed more extensively than in live fish, allowing for stronger negative

pressure application and more complete gas removal.

QUANTIFICATION AND STATISTICAL ANALYSIS

Image analysis of live fish experiments

Captured videos were analyzed with a custom program written in Python (version 3.12.7).

The data analysis employed Python libraries including NumPy, OpenCV, Matplotlib,

pandas and scikit-image[47–51]. Videos from unrestrained behavioral experiments were

downsampled to 30 fps, which was sufficient to capture behavioral dynamics. Videos

from restrained behavioral experiments were analyzed at the original frame rate. For

analysis, videos were converted into series of TIFF images using OpenCV. The head roll

angle was calculated as follows: each image from the frontal camera was binarized to

isolate pixels containing the eyes, and the xy coordinates of each eye's center were

estimated. The head roll angle was then measured as the angle between the line

connecting the centers of the two eyes and the horizontal line.

The body flexion angle was calculated using images from the dorsal camera. Each image

was binarized to extract pixels containing the fish while excluding the fins. The fish's

midline, from snout to tail, was divided into 23 segments. The body flexion angle was

determined by calculating the angle between two lines: (1) the line connecting the second

and twelfth points from the tail, and (2) the line connecting the twelfth and twenty-second

points. These points were selected since the two lines best represent the body flexion in

most cases. In image frames where the fish's snout or tail overlapped with the contour of

the cylinder in the images, the point closest to the body flexion point (either the thirteenth,

fourteenth, or fifteenth point) was chosen as the middle point. The angle was calculated

between (1) the line connecting the second and middle points, and (2) the line connecting

the middle and twenty-second points. The dorsal camera images were distorted by optical

refraction through the curved surface of the acrylic cylinder, resulting in slight expansion

of image objects in the cylinder's short-axis direction. The magnitude of distortion

increased from the top to the bottom of the cylinder along the depth axis. It also increased

from the center to the edge along the cylinder's short-axis direction in horizontal planes,

except in the middle horizontal planes where the image slightly shrank near the cylinder's

edge. However, since the body flexion angle was measured from the body midline, this

image distortion would minimally affect the angle measurements. Also, since the fish's

location was randomly distributed in the cylinder across multiple trials, any potential

effects of image distortion would be averaged out, thus having minimal impact on the

angle analysis. Therefore, the body flexion angle was calculated from raw images.

For all measurements except dynamic movement analysis (Figure S2), image frames

where fish exhibited swimming or tail flick were excluded from the dataset.

Supplementary videos were made from image series using a software (Clipchamp,

Microsoft).

Image analysis of locomotion experiments

Captured videos were analyzed with a custom program written in MATLAB (version

R2023a). In each image frame, background was subtracted, binarized to find pixels

containing fish, and the centroid position was estimated. Instantaneous locomotion speed

was calculated from the centroid position changes and smoothed by 60-frame moving

average. Locomotion speed was then calculated as the mean instantaneous speed per

minute.

Image analysis of fixed-specimen passive movement experiments

Head roll angle was calculated from captured videos using the same methods described

above for live fish. Videos were analyzed at the original frame rate. For image frames

where the custom tracking program failed to detect eye positions, these eye positions were

manually annotated. Only trials where fish specimens showed no visible influence of

external forces from the pair of forceps after release were included in the analysis. For

each individual fish specimen, 10 trials each were randomly selected from the before-

deflation and after-deflation conditions.

Definition of Measured Values and Statistical Analysis

Data was analyzed using a custom code written in Python (version 3.12.7). A single trial

where head roll angle exceeded more than 40 degrees was excluded from the analysis. To

extract slow changes in head angle, a 21-frame moving average was applied to raw head

angle data. Raw body flexion angle data was smooth enough, and therefore raw angle

data was used. All time-series head roll and body flexion angle data were offset by

subtracting the pre-stimulus baseline that was average angle during the initial 1 s of each

trial. The maximum head roll angle and body flexion angle were defined as the peak

values after the stimulus onset. Head roll angular velocity was calculated from the

smoothened angle data in each trial using the numpy.gradient function from the Python

NumPy library, and a 15-frame moving average was applied. For body flexion angular

velocity, a 25-frame moving average was applied to raw angle data. Angular velocity was

then calculated from the smoothened angle data in each trial using the numpy.gradient

function, and a 13-frame moving average was applied. The minimum angular velocity

was defined as the lowest value after the tilt stimulus onset. Onset time for head roll and

body flexion angles were defined as the first time point at which the angles after the

stimulus onset exceeded 2× standard deviation during 1 s pre-stimulus period. Peak time

for head roll and body flexion angles were defined as the time point at which the angles

after stimulus onset reached their maximum value. For fixed-specimen passive movement,

head roll angular velocities were calculated as the slope of linear regression fitted to angle

data in each trial during the period from 0.2 to 0.5 s after release. The effect of swim

bladder deflation on posture recovery was evaluated by testing angular velocity values

using the two-sided Welch's t-test. All statistical analyses were performed using the

SciPy tool (version 1.13.1)[52]. Except the fixed-specimen passive movement analysis, the

mean value for each individual was calculated from in the recorded trials. Using the

individual means, the overall mean and standard deviation were calculated for intact,

sham, and swim bladder-deflated fish. The effect of swim bladder deflation on posture

recovery was evaluated using the two-sided Mann-Whitney U test.

Supplemental information

Figure legends

Figure 1. Static roll posture control through body flexion in adult zebrafish.

(A) Schematic illustration of unrestrained behavioral experiments. Behavior of adult

zebrafish during roll tilt stimuli was recorded using dorsal and frontal view cameras in a

dark room. (B, C) Behavioral experiments on intact adult *casper* fish. (B) Snapshots of a

fish during a roll tilt stimulus towards its left-down side (top row: frontal view; bottom

row: dorsal view). Magenta lines connecting the center of eyes show head roll angle.

Black and magenta dashed lines denote the midlines of the rostral and caudal body,

respectively. Changes in the head roll angle and body flexion angle relative to the pre-

stimulus baselines are indicated at the upper right. Fish tank water contains

methylcellulose. Before stimulus onset, the fish maintains an upright posture (0.0 s). As

the fish is tilted in the roll direction, it flexes its body towards the ear-up side (2.5 s). The

fish recovers its upright posture as it straightens its body (6.0 s). Scale bars indicate 3 mm.

(C) Time courses of changes in head roll angle and body flexion angle in response to roll

tilt stimuli. Average traces from four individual fish are shown in different colors (7 to 9

trials per fish). See also Figures S1.

Figure 2. Restrained behavior during static roll tilt.

(A) Schematic illustration of restrained behavioral experiments. A fish was restrained and

subjected to roll tilt stimuli in a dark room. Its behavior was recorded by a dorsal camera,

which tilted together with the fish chamber. (B) Snapshots of a restrained fish during a

roll tilt stimulus towards its left-down side. Before stimulus onset, the body is straight (-

2.0 s). While the sustained tilt stimulus is applied, the fish maintains body flexion (6.0 s).

As the tilt stimulus is released, the fish straightens its body (12.0 s). Scale bars indicate 3

mm. (C) Time courses of body flexion angle in response to roll tilt stimuli. Average traces

from six individual fish (5 to 8 trials per fish) are shown (red: *casper* fish; blue: wild-type

fish). See also Figure S2.

Figure 3. A mechanistic model of static roll posture control through body flexion in adult

fish.

A biomechanical model of postural recovery from roll tilt by body flexion adapted from

a model for larval zebrafish in Sugioka et al.[12] Gravity and buoyancy forces act at the

center of mass (COM) and center of volume (COV), respectively. The COM and COV

are located near the constriction region between the anterior and posterior swim bladder

chambers.[11] Left column: At rest, the fish's COM and COV are located on the midline,

and the gravity and buoyancy forces are nearly balanced, enabling the fish to maintain an

upright posture. Middle column: When the fish is tilted in the roll direction, it flexes its

body towards the ear-up side, causing the swim bladder to shift towards the ear-down

side. The extremely low density of the swim bladder results in a shift in the relative

positions of the COM and COV. This misalignment of gravity and buoyancy axes

generates a moment of force that restores the upright posture. Right column: A fish with

a deflated swim bladder flexes its body when tilted in the roll direction. Due to nearly

uniform body density, the relative position of COM and COV remains almost unchanged.

Consequently, the moment of force is greatly reduced, preventing restoration of upright

posture.

Figure 4. Behavior of static roll posture control in swim bladder-deflated fish.

(A and B) Behavioral images and kinetics of sham control and swim bladder-deflated

casper fish. (Top photographs) Snapshots of a sham fish (A) and swim bladder-deflated

fish (B) during a roll tilt stimulus (top row: frontal view; bottom row: dorsal view). Fish

tank water contains methylcellulose (A) and methylcellulose and sucrose (B). A sham

fish maintains an upright posture before stimulus onset (0.0 s). As the fish is tilted in the

right-down direction, it flexes its body towards the left (ear-up) side (2.5 s). The fish

recovered upright posture, while its body flexion relaxed to the original state (6.0 s). A

deflated fish maintains an upright posture before stimulus onset (0.0 s). As the fish is

tilted in the left-down direction, it flexes its body towards the right (ear-up) side (2.5 s).

The fish remains roll tilted, while it continues body flexion (6.0 s). Scale bar indicates 3

mm. (Bottom traces) Time courses of changes in head roll angle, head roll angular

velocity, changes in body flexion angle, and body flexion angular velocity in response to

roll tilt stimuli. Average traces from six individual fish are shown in different colors (4 to

8 trials per fish). In angular velocity traces of head roll and body flexion, there are troughs

(asterisk and double asterisks) during postural recovery in sham fish group, while troughs

are not clearly observed in deflated fish group. (C-F) Comparison of behavioral

parameters between sham group and swim bladder-deflated group. (C) Maximum head

roll angle. $p = 0.026$, Mann-Whitney U test. (D) Minimum head roll angular velocity. p

$= 0.015$, Mann-Whitney U test. (E) Maximum body flexion angle. $p = 0.937$, Mann-

Whitney U test. (F) Minimum body flexion angular velocity. $p = 0.002$, Mann-Whitney

U test. See also Figures S3 and S4.

Figure 5. Fixed-specimen passive movement experiments.

(A) Schematic illustration of fixed-specimen passive movement experiments. A fish was

euthanized and chemically fixed in a body-flexed posture with body flexion angle ($\theta 1$)

approximately 20 degrees. The fixed fish specimen was held by a pair of forceps in a

chamber filled with fish tank water. The held specimen was manually roll tilted

approximately 24 degrees (θ2) with its body flexed to the ear-up side. The tilted specimen

was released and passive movement was recorded by a front camera. (B) Snapshots of

passive movement of a released fish specimen before (top row) and after (bottom row)

swim bladder deflation. Before deflation, the specimen rolls toward ear-up side and

continues rolling. After deflation, the specimen does not roll. Scale bar indicates 3 mm.

(C) Time courses of head roll angle before (asterisk) and after swim bladder deflation

(double asterisks). (Left) Ten trials in each condition from an example fish. (Right) Data

from 4 fish. Black traces represent mean and gray areas represent standard deviation.

Figure S1. Unrestrained behavioral experiments in wild-type fish.

(A, B) Unrestrained behavioral experiments in wild-type adult zebrafish performed in a

dark room. (A) Snapshots of a fish during a roll tilt stimulus towards its left-down side

(top row: frontal view; bottom row: dorsal view). Magenta lines connecting the center of

eyes show head roll angle. Black and magenta dashed lines denote the midlines of the

rostral and caudal body, respectively. Changes in the head roll angle and body flexion

angle relative to the pre-stimulus baselines are indicated at the upper right. Before

stimulus onset, the fish maintains an upright posture (0.0 s). As the fish is tilted in the roll

direction, it flexes its body towards the ear-up side (2.5 s). The fish recovers its upright

posture as it straightens its body (5.0 s). Scale bars indicate 3 mm. (B) Time courses of

changes in head roll angle and body flexion angle in response to roll tilt stimuli. Average

traces from four individual fish are shown in different colors (6 to 9 trials per fish).

Figure S2. Dynamic movement during roll tilt.

Time course of body flexion angle in response to sustained roll tilt stimulation in body-restrained experiments. Example 5 trials where fish exhibited dynamic movement are shown in different colors.

Figure S3. Swim bladder deflation.

Lateral view images of pigment-less *casper* fish before and after swim bladder deflation. Scale bar indicates 5 mm.

Figure S4. Locomotion before and after sham deflation procedure.

Average locomotion speed per minute before and after sham deflation procedure. Locomotion speed recovered to levels comparable to pre-procedure levels in a few minutes.

Table S1. Kinematic profiles of head roll and body flexion in intact, sham, and deflated fish.

Kinematic parameters in intact, sham, and deflated fish (mean ± standard deviation). N indicates number of fish. Mann-Whitney U test was used for statistic comparisons. U denotes the test statistic. Asterisks indicate p values smaller than 0.05.

Video S1. Static posture control by body flexion during roll-tilt stimulus in intact adult zebrafish.

Front and dorsal view video clips in intact *casper* fish. Video plays at real-time speed.

Video S2. Static posture control by body flexion during roll-tilt stimulus in sham deflation

and swim bladder-deflated adult zebrafish.

Front and dorsal view video clips in sham deflation (first half) and swim bladder-deflated

(second half) *casper* fish. Video plays at real-time speed.

Video S3. Passive movement of fixed fish specimens.

Front view video clips of a fixed fish specimen before (first half) and after (second half)

swim bladder deflation. Video plays at ×0.25 speed.

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Figure 1

Figure 2

A

Roll-tilt stimulus

Dorsal side
camera

Fish holder

B

Rostral body-restrained

-2.0 s   6.0 s   12.0 s

Δ0.1°   Δ15.1°   Δ-3.3°

C

Figure 3

	Upright	Roll tilted	Swim bladder-deflated
Frontal view			
	Buoyancy / Gravity / Swim bladder	Moment of force	Moment of force
Dorsal view	Swim bladder / COV / COM	Body flexion	Body flexion

Figure 4

Figure 5