Interpretable Aging Signatures in Human Retinal Cell Types Revealed by Single-Cell RNA Sequencing and Sparse Logistic Regression

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Financial Support: This study was mainly funded by the Pioneer and Leading Goose R&D

Program of Zhejiang Province 2023 with reference number 2023C04049 and Ningbo International

Collaboration Program 2023 with reference number 2023H025. Additionally, this work was

supported by the National Natural Science Foundation of China with reference number 82201227

and the Natural Science Foundation of Guangdong Province, China with reference number

2023A1515011225.

Authors' Contributions: LY and SL drafted the paper and performed the analysis. YT, QP, TC

contributed to data formatting and correction. YY, JL, YZ, YS, QY, ZL, LC, GM, and RR provided

comments on the paper. FL, and WM organized the project and provided comments. Collaborators

from Queen's University Belfast and Universiti Brunei Darussalam provided academic guidance

and editorial suggestions only; they did not participate in data analysis, sample handling, or access

to raw data. All substantive research activities were completed within Mainland China.

Conflict of Interest: The authors have no conflicts of interest to disclose.

Data and Code availability: The single-cell RNA sequencing data generated in this study and

custom code for the multi-stage machine learning pipeline have been deposited in Figshare with

the DOI: 10.6084/m9.figshare.28757048 and GSA-Human (accession ID: HRA014708).

Human subjects Ethics statement: Human subjects were included in this study. This study

was conducted at the University of Nottingham Ningbo China, Lihuili Hospital affiliated with

Ningbo University, and the Affiliated Ningbo Eye Hospital of Wenzhou Medical University.

The Institutional Review Boards/Ethics Committees of the participating institutions reviewed

and approved the study protocol. Informed consent was obtained from all participants or their

legal representatives prior to tissue collection. All study procedures adhered to the tenets of

the Declaration of Helsinki.

Running head: Retinal Aging Signatures in Chinese Cohort

Abbreviations and Acronyms: AC: amacrine cell; AMD: age-related macular degeneration;

AO/PI: acridine orange/propidium iodide; AUC: area under the curve; BC: bipolar cell; BSA:

bovine serum albumin; DB: diffuse bipolar cell; DEGs: differentially expressed genes; DM:

diabetes mellitus; DR: diabetic retinopathy; ECM: extracellular matrix; FDR: false discovery rate;

FMB: flat midget bipolar cell; GEMs: gel beads in emulsion; HC: horizontal cell; HRCA: human

retina cell atlas; IMB: invaginating midget bipolar cell; logFC: log fold change; MGC: Müller

glial cell; ML: machine learning; PB-DE: pseudobulk differential expression; RB: rod bipolar cell;

RFECV: recursive feature elimination with cross-validation; RGC: retinal ganglion cell; ROC:

receiver operating characteristic; RPE: retinal pigment epithelium; SC-DE: single-cell differential

expression; scRNA-seq: single-cell RNA sequencing; snRNA-seq: single-nucleus RNA

sequencing; TC: T cell; TF: transcription factor; UMI: unique molecular identifier; UMAP:

uniform manifold approximation and projection

Manuscript Information:

Abstract: 236

Word count: 5193

Number of figures: 5

Number of tables: 3

Keywords: aging, retina, single-cell RNA sequencing, machine learning, transcriptional

regulation

Abstract

Purpose: To characterize cell type specific transcriptional changes during human retinal aging and

develop machine learning model for cellular age discrimination in a Chinese cohort.

Design: Cross-sectional, laboratory-based observational study.

Participants: Eighteen unfrozen retinas from 12 Chinese donors (9 young, 34-55y; 9 old, 68-92 y).

Methods: Single-cell RNA sequencing (10x, v3.1) generated 223612 cells, batch-corrected with scVI;

age-related signatures were defined by intersecting single-cell and pseudo-bulk differentially

expressed genes, then cell-type-specific panels were rank-ordered with L1-regularised logistic

regression plus recursive feature elimination and interpreted through hallmark-pathway enrichment

and transcription-factor regulon mapping.

Main Outcome Measures: Age-related cellular composition shifts; cell-type-specific differentially

expressed genes; machine-learning classifier accuracy and feature rankings; transcription factor

regulon activity changes.

Results: Eleven major retinal cell populations were identified. Aging showed declining rod-to-cone

ratios, reduced bipolar cell proportions among interneurons, and increased astrocyte abundance.

Müller glial cells exhibited the most pronounced transcriptional changes, followed by bipolar cells

and rods. Machine-learning classifiers achieved 80-96% accuracy across cell types (microglia 96%,

horizontal cells 93%, bipolar cells 91%, cones 90%, rods 89%). Shared aging signatures included

mitochondrial dysfunction and inflammatory activation. Cell specific vulnerabilities emerged:

mitochondria-centric stress in rods/bipolar cells, proteostasis-retinoid metabolism in cones, and

structural-RNA maintenance in horizontal cells.

Conclusions: This study provides the first machine learning derived, cell-type specific aging

signatures for human retina in a Chinese cohort, revealing both conserved molecular hallmarks and

distinctive cellular vulnerabilities that inform targeted therapeutic strategies for retinal aging.

Introduction

Aging is a fundamental biological process characterized by progressive functional and structural decline across multiple organ systems, including the retina [1, 2]. Age-related retinal deterioration disrupts visual function, impairing acuity and quality of life, and increases vulnerability to retinal diseases such as age-related macular degeneration (AMD) and diabetic retinopathy (DR) [3-5]. Understanding the mechanisms underlying retinal aging is essential for developing strategies to preserve vision in aging populations [6, 7].

Advances in high-resolution transcriptomic technologies, particularly single-cell RNA sequencing (scRNA-seq), have significantly enhanced our understanding of retinal aging by enabling detailed profiling of cellular heterogeneity and molecular dynamics [8-10]. Recent scRNA-seq studies have revealed progressive transcriptional changes across retinal cell types during aging. In 2020, human and macaque analyses identified a foveal-to-peripheral aging gradient and *MYO9A*-negative rod vulnerability [9]. By 2025, mouse studies uncovered transcriptionally distinct rod subpopulations with differential aging responses and bipolar cell (BC) shifts linked to scotopic vision decline [8]. However, considerations regarding population diversity remain. Large-scale human retina transcriptomic datasets predominantly feature samples from European ancestry populations [11, 12], resulting in limited representation of other populations. While initiatives like the Human Cell Atlas have mapped retinal development across 122 donors, only 5 Asian donors were included in its most comprehensive dataset to date [13]. Furthermore, smaller studies often lack adequate representation of younger age groups, potentially missing early molecular changes that preceded structural or functional deficits. Ethnic variations in retinal characteristics—such as macular pigment density and retinal layer thickness—necessitate diverse cohorts for generalizable insights [14-16].

To address these limitations, we characterize the age-dependent transcriptional landscape of the

human retina using scRNA-seq in a cohort of 18 Chinese donors aged 34-92 years. Unique strengths

of our dataset are the inclusion of early-age samples providing insights into initial stages of retinal

aging, ethnic-specific characterization addressing representation gaps in Chinese populations. This

study aims to define age-dependent changes in retinal cellular composition, identify transcriptional

signatures of retinal aging, and elucidate underlying regulatory networks. This study integrates

conventional differential expression analysis with L1-regularized logistic regression and recursive

feature elimination to identify cell-type-specific aging signatures that transcend traditional statistical

thresholds.

Methods

Retinal Sample Collection

139 Human retinas were collected from living and cadaveric donors under protocols approved by the

140 ethics committees of the University of Nottingham Ningbo China, the Ningbo Lihuili Hospital, and

141 the Ningbo Eye Hospital. Living donor samples were processed within 10 min post-enucleation, and

142 cadaveric samples within 6 h postmortem. Retinal specimens were collected without regional

143 dissection to ensure comprehensive coverage.

Donor Demographics

We analyzed 18 retinal samples from 12 donors of Han Chinese ethnicity, stratified into young (34-55

years, n=9) and old (68-92 years, n=9) groups. Eight samples were from individuals with DR, evenly

distributed across age groups. Table 1 provides donor details, including disease status and reasons for

enucleation or death.

Retinal Tissue Dissociation

Retinal tissues were dissociated using the LK003150-1bx Dissociation Kit (Worthington Biochemical

Corporation). Tissues were minced into fragments and incubated at 37℃ for 30 min with gentle

agitation. Dissociation was performed using a gentleMACS C tube, followed by filtration through a

70 µm cell strainer. Red blood cells were lysed using Red Blood Cell Lysis Solution (Miltenyi Biotec),

and viable cells were counted using AO/PI fluorescent dye with CountStar analysis. Cell suspensions

with viability >85% were resuspended in 0.04% BSA/PBS at 700–1200 cells·µL^{-1}.

scRNA-seq library preparation

Single-cell suspensions were processed using the Chromium Single Cell 3' Library and Gel Bead Kit

v3.1 (10x Genomics). Approximately 10,000 cells per sample were loaded onto the Chromium

Controller to generate gel beads in emulsion (GEMs). Reverse transcription within GEMs produced

barcoded cDNA, followed by amplification, fragmentation, and adapter ligation. Libraries were

sequenced (Illumina NovaSeq, 150 bp paired-end), and quality was assessed with FastQC.

scRNA-seq Data Processing and Analysis

Raw sequencing data were processed using Cell Ranger v8.0.1 (10x Genomics) for demultiplexing,

alignment to the human reference genome (GRCh38-2020-A), barcode filtering, and UMI

quantification. Processed sequencing data have been deposited in the Genome Sequence Archive for

Human (GSA-Human; accession HRA014708) at the National Genomics Data Center, China National

Center for Bioinformation / Beijing Institute of Genomics, Chinese Academy of Sciences, and are

accessible via the GSA family portal [17, 18]. Quality control was performed using a dynamic

thresholding approach based on median absolute deviation statistics to adaptively filter cells. Retained

cells expressed ≥200 genes, had UMI counts >500, and <15% mitochondrial transcripts. Doublets

were identified and removed using DoubletFinder v2.0.4 [19]. Integrated analysis of scRNA-seq

datasets was performed using Scanpy v1.10.2 with batch-effect correction via scVI-tools v0.17.1 [20,

21]. Highly variable genes were selected for dimensionality reduction using latent space embedding. A

k-nearest neighbor graph was constructed for Leiden clustering at multiple resolutions to identify

major retinal cell types. Marker gene expression was used for cell type annotation across clusters

based on corresponding marker genes.

Rod Contamination Filtering

To minimize technical artifacts from rod contamination in non-rod populations, we implemented a

systematic filtering approach. Rod-specific expression scores were calculated for each cell using

canonical photoreceptor markers (*RHO*, *PDE6B*, *GNAT1*) via Scanpy's score_genes function. Optimal

thresholds were determined by identifying local minima in kernel density estimation plots of the score

distribution. For non-rod population analyses, cells exceeding the algorithm-determined threshold

were excluded, while rod-specific analyses retained only cells above threshold.

Age-dependent Differential Expression Analysis

Age-dependent transcriptional changes across retinal cell populations were examined using

complementary single-cell differential expression (SC-DE) and pseudobulk differential expression

(PB-DE) approaches. For SC-DE, cells were grouped by cell type and age category (young vs. old),

with differentially expressed genes (DEGs) identified using likelihood-ratio tests in Seurat v5.1.0

(FDR < 0.05, |log□FC| > 0.25) [22]. For PB-DE, expression counts were aggregated by cluster-sample

combinations and analyzed with DESeq2 v1.42.1 (design: ~ batch + age_group) [23]. Batch denotes the

sample processing/acquisition date; because both eyes from each donor were processed on the same

date, each donor's samples were assigned to a single batch. Following normalization and dispersion

estimation, significance was determined using Wald tests with apeglm shrinkage (adjusted $P < 0.05$,

with |log FC| thresholds ≥ 0). Results identified three categories of age-associated genes: exclusively

SC-DE, exclusively PB-DE, and high-confidence DEGs from both methods. We also performed a

complementary donor-level sensitivity analysis using aggregated left/right eye data with additional

covariates (design: ~ sex + DM_status + age_group) as a conservative benchmark, where DM_status

encodes non diabatic versus the combined diabetic and diabetic retinopathy groups.

Pathway Enrichment Analysis

Pathway enrichment was conducted using the irGSEA v3.3.2 [24], integrating scoring methods,

including AUCell, UCell, singscore, ssgsea, JASMINE, and viper. Hallmark gene sets from MSigDB

[25] were used as reference pathways. Enrichment scores were calculated for each cell type and age

group. Results were aggregated using robust rank aggregation to obtain consensus enrichment scores.

Significantly enriched pathways were defined as those with an adjusted $P < 0.05$.

Multi Stage Machine Learning (ML) Based Key Genes Selection

A multi stage, rigorously controlled ML framework to identify age stage marker genes in each

retinal cell type was implemented. Firstly, for each old versus young comparison, we curated

the top 200 genes by absolute log fold change from DEGs and extracted their expression

profiles for z score normalization. The normalized matrix was then stratified into 70 % training

and 30 % testing subsets, with all features mean centered and variance scaled to conform to

linear model prerequisites. Then, L1 regularized logistic regression was applied, optimizing

the penalty hyperparameter C (0.01–10) via 5 fold cross-validation grid search to enforce model

sparsity. Building upon this tuned model, recursive feature elimination with internal

cross☐validation (RFECV) was employed, systematically removing the least contributory genes

until maximal cross☐validated performance was attained. To validate the robustness of these key

genes, we repeated RFECV across 20 bootstrap replicates, retaining only those genes selected in

over 50 % of runs. This 50% threshold is commonly adopted in stability selection frameworks[26,]

[27] to balance stringent feature reproducibility with the retention of biologically relevant signals.

Model performance on the test set was evaluated by precision, recall, and F1☐scores,

complemented by ROC curves and AUC metrics for each class. By integrating L1 penalization,

RFECV, and stability selection, this ML based framework yielded an important and stable gene

signature for age☐stage classification.

Transcription Factor Regulatory Network Inference

Transcription factor (TF) regulatory networks were inferred using pySCENIC (v1.2.2) [28] to identify

key transcriptional regulators across retinal cell populations during aging. For computational

efficiency, 5,000 cells were randomly sampled from each dataset and processed into cell type-specific

subsets for interneurons and glial cells. Co-expression modules were identified with GRNBoost2 with

official list of human TFs (https://resources.aertslab.org/cistarget/tf_lists/), followed by cis-regulatory

motif analysis using RcisTarget with hg38 motif rankings (10kb up/downstream of transcription start

sites). Regulon activity scores were computed using AUCell and binarized to determine active

regulons in individual cells. Regulon specificity scores were calculated to identify condition-specific

transcriptional regulators.

Gene Set Scoring Analysis in Aging Retinal Cell Types

Gene set scoring was performed to evaluate pathway activity across retinal cell types during aging

using the UCell package (v2.6.2) [29]. Predefined gene sets, including cellular senescence (SenMayo) [30]

and genes related to polyamine metabolism (see Supplementary Table S1). Statistical comparisons of

pathway scores between young and old age groups were conducted using Wilcoxon rank-sum tests,

with significance defined at $P<0.05$.

Definition of Age-Related Signatures

In this study, we define "age-related signatures" as comprehensive molecular profiles that integrate

findings from both differential expression analysis and machine learning approaches to capture

age-associated changes in retinal cell populations. These signatures comprise three key components:

(1) proportion shifts reflecting changes in cell type composition with age, (2) DE-signatures

representing genes consistently identified as differentially expressed in both single-cell and

pseudobulk analyses, and (3) ML-signatures consisting of genes with stable predictive importance for

age classification, as determined by L1-regularized logistic regression with recursive feature

elimination and bootstrap validation. The final age-related signatures represent the integration of these

complementary analytical approaches, ensuring both statistical significance and functional relevance

for age discrimination across retinal cell types. The end-to-end workflow is summarized in Fig. 1a.

Results

Age-Related Shifts in Retinal Cellular Composition

We performed scRNA-seq analysis of 18 retinal samples from young and older adults. Unsupervised

clustering identified 11 major retinal cell populations (Figs. 1b, 1c) with the summary table in

Supplementary Table S2. For aging analysis, we focused on glial cells, photoreceptors, and

interneurons, excluding T cells (variable proportions) and retinal pigment epithelium (RPEs)/ retinal

ganglion cells (low cell counts). Quantitative assessment revealed distinct age-related compositional

changes. The rod-to-cone ratio showed a decreasing trend with advancing age (Fig. 2a). Among

interneurons, the relative proportion of BCs shows a downward trend with increasing age (Fig. 2b).

Within glial populations, astrocytes exhibited the most pronounced age-related changes, with their

relative proportion showing a clear upward trend with advancing age, while Müller glial cells (MGCs)

consistently represented the majority of glial cells across age groups (Figs. 2c-e).

Further analysis of identified BC subtypes (Figs. 3a, 3b) revealed distinct age-related patterns (Fig. 3c)

with summary shown in Supplementary Table S3. Rod BCs (RB) consistently represented the largest

proportion among BC subtypes (median 26%), with an outlier at age 50 (68.85%). Among diffuse

BCs (DB), DB2 and DB3b were the most abundant, with DB2 showing higher proportions in

middle-aged samples (~12.88% at age 69) and lower values in older samples (~6.57% at age 92).

DB4a exhibited a gradual decline with age (14.47% at age 34 to ~8.97% at age 69), while DB4b

remained consistently below 2%. Midget BCs showed divergent patterns: Invaginating midget BCs

(proportions remained relatively stable across ages (~10-16%), while flat midget BCs showed greater

variability, peaking at 15.79% at age 55 and declining to ~5% in older samples.

Comprehensive Profiling of Aging Retina Uncovers Cell␣Type␣Specific DEGs and Shared

Hallmarks

Having characterized the age-related shifts in retinal cellular composition, we next aimed to delineate

the underlying molecular alterations by performing a comprehensive transcriptional analysis across

major retinal cell types. Transcriptional profiling revealed cell type-specific differential gene

expression patterns across retinal cells with aging (Supplementary Table S4-S6). As a conservative

benchmark, we also summarized expression at the donor level with covariate adjustment for sex and

disease status, yielding fewer per cell-type DEGs (Supplementary Table S7). BCs exhibited the most

substantial transcriptional changes among interneurons with 1,171 DEGs (563 upregulated, 608

downregulated), compared to amacrine cells (ACs) (26 DEGs) and horizontal cells (HCs) (124 DEGs)

(Fig. 3d). Among these, 96.7% of BC DEGs were cell type-specific, compared to 53.8% in ACs and

71.8% in HCs, with 278 high-confidence genes detected by both analysis methods. Pathway analysis

identified shared enrichment in hypoxia-related pathways across all aging interneurons, with

glycolysis upregulated in aging AC and HC (Fig. 4a). Gene symbols and their corresponding full

standardized names are provided in Supplementary Table S8. BCs demonstrated pronounced

inflammatory activation (*CCL2*, *HLA-DRA*), gliosis (*GFAP*), and metabolic shifts toward glycolysis

(*PFKFB4*, *PDK1*), along with extensive mitochondrial gene downregulation. ACs showed

upregulation of angiogenic signaling (*VEGFA*) and mitochondrial quality control genes (*BNIP3*),

while HCs exhibited unique enrichment in TGF-beta signaling and stress response genes (*EGR1*,

TMSB10). Despite cell type-specific responses, conserved aging hallmarks emerged across all

interneurons: mitochondrial dysfunction, immune activation, and synaptic weakening.

Among glial cells, MGCs exhibited the most pronounced alterations (2,117 DEGs), followed by

microglia (276 DEGs) and astrocytes (74 DEGs) (Fig. 3e). Cell type specificity was highest in MGCs

(94.2%), compared to microglia (68.5%) and astrocytes (43.2%). Core genes upregulated across all

glial types included *FTH1* (iron sequestration), *LDHA* (glycolysis), and *SLC3A2* (amino acid

transport), while *MT-ND6* (mitochondrial function) was consistently downregulated. Pathway

analysis confirmed shared enrichment in Hypoxia, TNFA signaling via NF-kB, mTORC1 signaling,

and EMT pathways (Fig. 4b). Each glial subtype demonstrated distinctive transcriptional signatures:

MGCs uniquely displayed extensive inflammatory signaling (*CXCL1/2*) and matrix remodeling (*SERPINE1, LOX*); astrocytes showed induction of stress-response factors (*DNAJB1, DDIT3*) with concurrent downregulation of neuronal-supportive genes (*GRIA1, AQP4*). Comparative analysis with retinal interneurons revealed shared aging mechanisms but distinct effector pathways: glial cells prominently involved antigen-presentation, whereas interneurons primarily expressed chemokines.

Photoreceptors exhibited subtype-specific aging responses, with rods showing substantially greater transcriptional changes (273 DEGs) than cones (67 DEGs) (Fig. 3f). Cell type-specificity analysis revealed that 91.9% of rod DEGs were unique to rods versus 67.2% for cones. Both photoreceptor types shared upregulation of stress response genes (*CRYAB, MT2A*) and chaperones (*BAG3*), while commonly downregulating mitochondrial genes (*MT-ND6*) and cytoskeletal components (*KIF2A*). Integrated pathway analysis confirmed enrichment of oxidative stress response and mitochondrial dysfunction pathways in both cell types (Fig. 4c). Rods uniquely exhibited downregulation of TNFA-signaling-via-NFKB pathways alongside significant upregulation of WNT-β-catenin signaling, supported by increased expression of *WNT5B*, *WNT11* and *FZD3*. Rod-specific DEGs included upregulated stress response genes (*S100A6*, *NLN*) and downregulated phototransduction-related genes (*ELOVL4*, *CRB1*). Cones selectively downregulated fatty acid metabolism and protein secretion pathways, with substantial decreases in membrane transport components. Compared to glial cells, photoreceptors exhibited similar response patterns but with lower magnitude of transcriptional changes, underscoring their specialized functional vulnerability during aging.

Machine Learning Identifies Robust Transcriptional Features of Retinal Aging

In the previous section, we performed DE and enrichment analysis to characterize aging-related

changes within major retinal cell types. To further identify the robust transcriptional discriminators of

cellular age, we applied a ML framework using a L1□regularized logistic regression with

cross-validation. This approach ranked genes based on their importance in classification, providing a

prioritized list of robust age-defining features (Supplementary Table S9). Complete model weights

were provided in Supplementary Table S10 and bootstrap selection frequencies across all 20

replicates for each cell type were detailed in Supplementary Table S11, demonstrating the stability of

selected features. Compared to traditional feature analysis approaches, the ML model excelled at

identifying subtle yet highly consistent changes indicative of aging, including features with modest

fold changes that might be overlooked in standard statistical tests, particularly in regulatory elements

and less abundant transcripts that nevertheless serve as powerful age discriminators. Our ML models

achieved high classification accuracy across all cell types, ranging from 80% in astrocytes to 96% in

microglia, with an average accuracy of 89%, demonstrating strong classification power of the

identified features (Table 2). The number of ML-identified discriminatory features varied

considerably between cell types, with patterns that partially mirrored our DEG analysis but revealed

important distinctions. Astrocytes showed the fewest ML features (15), consistent with their limited

DEGs (74), while MGCs had the most (199), aligning with their extensive DEG count (2,117).

Bipolar cells (180), rods (191), and cones (196) all exhibited substantial ML features, indicating

strong age-related transcriptional signatures (Fig. 4d). Notably, cones presented a striking divergence

between metrics-few DEGs (67) but abundant ML features (196), and this pattern was also observed

in ACs (105 ML features versus 26 DEGs).

The ML analysis consistently pinpointed genes central to cell-type-specific functions and critical

homeostatic pathways as top age classifiers. Firstly, analysis of transcriptional features recurring in

three or more retinal cell types, complement and reinforce the shared patterns of aging that

discriminate between young and old groups (Supplementary Table S12). Mitochondrial dysfunction

emerges as a dominant theme, with *MT-ND6* showing the highest frequency. Proteostasis decline is

evident through frequent chaperones such as *CRYAB* and *HSPA1A*, and the ubiquitin system via *UBC*,

indicating pan-retinal stress responses to protein misfolding. Oxidative stress responses are

widespread, marked by *GPX3* and metallothioneins like *MT2A*, while low-grade inflammation is

supported by immune genes including *HLA-A* and *S100A10*. Structural integrity is also affected, with

cytoskeletal changes via *TUBA1B*, synaptic reorganization via *MAGI2*, and extracellular matrix

remodeling via *P4HA1*. Beyond these established hallmarks, novel players include transcriptional

regulators *BHLHE40*, linked to hypoxia and circadian disruption, and *ERO1A*. Additionally,

non-coding RNAs like *FTX* and *SNHG14* point to epigenetic regulation, while *NCL* (nucleolin) hints

at nucleolar stress, and *TF* (transferrin) indicates disrupted iron homeostasis. These findings reinforce

classic aging themes while highlighting novel regulatory and metabolic vulnerabilities in the aging

retina.

Cell-Type Specific ML Features Reveal Distinct Aging Vulnerabilities

Our ML model of microglia demonstrated a high degree of accuracy (96%) in distinguishing between

young and old cells (Table 2). This high performance, compared to other retinal cell types (which

averaged 89% accuracy). Our recursive feature elimination with cross-validation approach identified

the optimal feature set for classification (Fig. 4e), ensuring model performance while minimizing

overfitting. Inspection of the top 20 importance ranks (Fig. 4f) reveals the dominant molecular

programmes of Metal–redox buffering, accompanied by Inflammation-linked matrix remodeling. A

smaller third set reflects metabolic and structural rewiring. Metallothioneins (*MT1E*, *MT1X*, *MT2A*)

and ferritin subunits (*FTH1*, *FTL*) occupied five positions among the top-ranked features, revealing a

concerted response to metal dysregulation as a defining hallmark of aged microglia. This metal-redox

buffering signature has been previously noted in photoreceptors but is now specifically pinpointed as

a key distinguishing feature in aged microglia cells, potentially indicating a tractable pathway for

modulating glial contributions to retinal senescence.

For astrocytes, classification accuracy was more modest at 80%, reflecting a focused 15-gene

signature related to acute-phase and protease regulation (Fig. 5a). Haptoglobin (*HP*) and

serine-protease inhibitor *SLPI* were among the top-ranked features.

The MGC classifier achieved 89% accuracy in five-fold cross-validation (Fig. 5b). Analysis of the

highest-weight features reveals three interconnected aging programs: mitochondrial distress

(evidenced by *MT-CO3*, *MT-ND6*, and *MT-ND3*), matrix remodeling (featuring *COL4A3*), and a

distinctive Ca²☐/Wnt-lipid signaling network. This third program combines Ca²☐ sensor *CALM1*,

Wnt pathway inhibitor *WIF1*, and lipid/hypoxia response genes (*RORA*, *HILPDA*, and *ADM*). Our BC

classifier performed robustly at 91% accuracy, while AC reached 85% accuracy and HC achieved 93%

accuracy (Fig. 5c-e). In interneuron ACs and BCs, mitochondrial distress dominates-notably, eight of

BC's top ten features are mitochondrial transcripts (*MT-CO3*, *MT-CYB*, *MT-CO2*, *MT-ATP6*,

MT-ND2, *MT-CO1*, *MT-ND3*, *MT-ND5*), pointing to respiratory chain impairment as the principal

discriminator of BC aging. ACs similarly prioritize mitochondrial genes (*MT-ATP6, MT-ND6,*

MT-CO2) but additionally elevate the mitophagy trigger *BNIP3*. While MGCs display only modest

mitochondrial signal, their Ca²☐ machinery integrates with tissue-modulatory networks. Each cell

type shows distinct proteostasis-lipid-immune signatures: ACs feature chaperone *HSP90AA1*,

ER-reticulon *RTN3*, lipid enzyme *HMGCS1* , and *MHC-I HLA-C*; BCs include circadian/hypoxia

regulator *BHLHE40*; and MGCs highlight matrix-gliosis gene *COL4A3* and vasopeptide *ADM*. HCs

break the pattern entirely-their top features are cytoskeletal and synaptic scaffolds (*SEPTIN4,*

TUBA1B, STMN4, DCLK1), alongside a unique RNA-chaperone module (*SNHG14, FTX , CRYAB,*

HSPE1, FUS) and signaling modulators (*PDE4B , GRIA4*). This analysis reveals that aging manifests

as energy failure in AC/BC, metabolic-paracrine rewiring in MGC, and structural-RNA maintenance

in HC.

Rods (89% accuracy, AUC = 0.95) are dominated by a dual axis of mitochondrial respiratory-chain

failure-six MT-encoded OXPHOS transcripts (e.g., *MT-CO3, MT-ND3, MT-CO2, MT-CO1, MT-ND2,*

MT-CYB) together with a broad heat-shock/ubiquitin response (*HSPA1A, UBB, HSP90AB1, DNAJB1*),

indicating that aging rods depend on sustained ATP supply and intensive protein-quality control (Fig.

5f). Cones deliver comparable performance (90% accuracy, AUC = 0.96) yet place no mitochondrial

genes within their top 20 features (Fig. 5g); instead, they emphasise chaperone-ribosome stress

(*HSPH1, DNAJB1, RPS26*) and outer-segment membrane/retinoid maintenance (*TTR, ROM1, BCO2,*

THSD7B). Thus, aging photoreceptors converge on proteostasis yet diverge into mitochondria-centric

(rods) versus membrane-metabolite (cones) adaptations. Unlike inner neurons, they couple protein

surveillance directly to phototransduction architecture, highlighting distinct therapeutic entry points

for preserving scotopic versus photopic vision in the aging retina.

Regulatory Network Alterations with Aging Human Retina

SCENIC analysis revealed both shared and cell type-specific TF regulatory patterns in aging retinal

interneurons (Fig. S1a; see Supplementary Table S13). Across all 3 interneuron types,

stress-responsive TFs *BHLHE40* and *MXI1* showed consistently increased regulon activity, indicating

a conserved hypoxia-driven metabolic stress response. Notably, *BHLHE40* was also identified as one

of the top aging features by BCs ML model, underscoring its importance in interneuron aging. In

aging interneurons, *CHD1* regulon activity increased, whereas *NEUROD1* and ATF-family regulon

activities decreased. Each interneuron type displayed distinctive regulatory signatures. ACs exhibited

unique *PROX1* regulon activation (reduced in BCs) alongside elevated *NFIA* and *TCF4* regulons. BCs

showed pronounced inflammatory signatures through increased *NFKB1* regulon activity, aligning

with upregulated inflammatory genes (*CCL2*, *HLA-DRA*) from our differential expression analysis.

HCs displayed distinctive *IRF1* regulon activation and compromised identity maintenance through

substantial decreases in *ONECUT1* activity.

Gene set scoring analysis revealed significant decreases in polyamine metabolism pathway activity in

aged cells across all interneuron types (Fig. S1b). Conversely, cellular senescence gene set (SenMayo)

activity increased significantly in all three cell types (Fig. S1c).

SCENIC analysis revealed conserved activation of stress-responsive TFs across all glial cell types

during aging (Fig. S2a; see Supplementary Table S14). *XBP1*, *JUND*, *FOSL2*, *MAFF*, *BHLHE40*, and

BHLHE41 showed increased regulon activity in astrocytes (obvious elevation), microglia (moderate

elevation), and MGC (variable elevation), highlighting conserved regulatory mechanisms related to

cellular stress, inflammation, and metabolic reprogramming. Each glial subtype exhibited distinctive

regulatory signatures. MGC uniquely showed significant *ZXDA*(-) regulon activity reduction,

suggesting altered chromatin remodeling. Microglia specifically displayed increased regulon activity

of hypoxia-responsive (*MITF*, *MXI1*) and metabolic TFs (*FOSL1*), alongside reduced regulon activity

of immune-related regulons (*RFXANK*). Astrocytes demonstrated substantial induction of

stress-response (*CEBPB*, *HOXA5*) and lipid metabolism (*SREBF1*) regulons. While both interneurons

and glia showed increased stress-responsive TF regulon activity with age, glial cells exhibited more

pronounced differential activity, particularly with strong *ZBTB21* regulon activation in aged MGCs

and astrocytes, and consistent *MAFF* elevation across all glial cells. In addition to these changes, TF

analysis revealed distinct regulatory profiles in rods and cones, detailed in Supplementary Table S15.

Gene set scoring analysis revealed differential metabolic resilience among glial subtypes. Polyamine

metabolism gene set activity decreased significantly only in aging MGC, while microglia and

astrocytes maintained stable activity (Fig. S2b). The SenMayo cellular senescence gene set showed

robust increased activity across all glial types, particularly in astrocytes and MGC, exceeding the

magnitude observed in interneurons and suggesting a more prominent role for glial senescence in

retinal aging (Fig. S2c).

Discussion

Although scRNA-seq transcriptomic studies have explored retinal aging at various biological levels,

compared to AMD, the physiological aging of human retina has received less attention, despite being

the foundation for late-onset retinal diseases. Current single-cell retinal aging studies have been

constrained by limited sample sizes, incomplete age representation across the adult lifespan, and

predominant focus on cohorts of European ancestry. Moreover, while ML models have been widely

adopted for feature selection and predictive analysis in various biological domains [31-34], their

application in human retinal aging transcriptomic research remains limited. Most previous studies on

human retinal aging have predominantly utilized conventional statistical approaches to identify

age-associated transcriptional changes[9, 10, 35]. Here, we generated scRNA-seq profiles from 18

unfrozen retinas of a genetically homogeneous Chinese cohort spanning 34–92 years. By coupling

conventional differential-expression analysis with a cross-validated machine-learning framework, we

delineate conserved molecular hallmarks and expose sharp cell-type-specific vulnerabilities that

refine the molecular narrative of human retinal aging.

A key finding of our study was the progressive age-related reduction in the rod-to-cone ratio,

suggesting selective rod vulnerability. This aligns with classic histological and clinical observations

showing substantial rod loss by late adulthood [36, 37]. Rods inherently possess higher metabolic

demands due to extensive outer segment renewal and their reliance on aerobic glycolysis, making

them particularly susceptible to metabolic stress, mitochondrial dysfunction, and oxidative damage [38,

39]. Our transcriptomic analysis provided direct molecular evidence supporting this hypothesis,

demonstrating substantial dysregulation of mitochondrial genes and oxidative phosphorylation

pathways specifically in rod. Quantitatively, rods exhibited significantly more mitochondrial-related

DEGs compared to cones. Additionally, marked inflammatory activation and upregulation of

stress-response genes further highlight rods' pronounced susceptibility to aging stressors [8]. In contrast,

cones demonstrate fewer transcriptional alterations, consistent with their known slower degenerative

kinetics and greater resilience [40, 41]. Interestingly, cones selectively upregulated certain

immune-related genes, possibly reflecting adaptive responses rather than direct degeneration. Based

on their relatively stable transcriptomic profiles, cones may adopt distinct adaptive responses to

mitigate the impact of aging-induced cellular stress.

Among retinal interneurons, BCs exhibited the most significant age-related transcriptional changes,

prominently characterized by inflammatory activation and pronounced mitochondrial dysfunction.

Animal studies have shown BC dendritic remodeling and altered synaptic ribbon architecture during

aging [42], suggesting a heightened sensitivity of BCs to aging stress. HCs and ACs showed

comparatively fewer transcriptional changes. Despite also exhibiting hallmarks of oxidative stress and

synaptic remodeling, these interneurons may maintain greater intrinsic stability or resilience.

We also highlighted significant glial involvement in retinal aging, particularly MGCs, which

displayed profound inflammatory responses and extracellular matrix remodeling. These findings

support prior evidence that reactive gliosis in MGCs, initially protective, can exacerbate inflammation

and vascular dysregulation upon chronic activation [43, 44]. Astrocytes, although fewer in number,

similarly exhibited stress-related activation. Enhanced astrocytic stress responses could reshape local

inflammatory and metabolic environments, influencing neuronal survival and retinal homeostasis.

In contrast to traditional retinal aging studies that rely mainly on DE analysis to identify

age-associated genes[45], ML approaches provide alternative methodologies that can extract informative

signatures from noisy, high-dimensional data and alleviate certain statistical model assumptions[46].

While DE methods excel at detecting large-magnitude transcriptional changes, they frequently

overlook subtle yet consistent alterations in regulatory elements and low-abundance transcripts that

may be functionally significant. Traditional analyses rank genes by statistical significance, while

machine learning provides feature importance rankings based on predictive power and biological

relevance. Furthermore, while general aging gene sets like SenMayo provide valuable insights into

conserved senescence pathways [30], they may not fully capture the cell-type-specific nuances or the

broader spectrum of non-senescence-related aging within a complex, specialized tissue such as the

human retina. Our ML-ranking approach addresses this gap by identifying transcripts with the highest

classification power, highlighting features that maintain consistent age-associated patterns even when

their absolute expression changes fall below statistical thresholds for differential expression. This

complementary perspective helps bridge the gap between statistical significance and biological

relevance in understanding retinal aging. These include metallothioneins, mitochondrial genes,

proteostasis regulators, interferon-stimulated genes, chaperones, and long non-coding RNAs, many of

which were not among the top DEGs but still emerged as robust indicators of aging. Importantly, the

ML features also delineated cell type–resolved patterns: BCs, ACs, and rods shared a pronounced

mitochondria-centric axis, whereas cones showed a retinoid metabolism, and proteostasis-focused

profile. MGCs exhibited a coupled interferon-response and collagen signature, while HCs were

marked by cytoskeletal and RNA-maintenance changes. To systematically connect our molecular

findings with their functional implications, we have synthesized the cell-type-specific aging

signatures, their associated hallmarks, potential retinal consequences, and translational applications in

a comprehensive summary (Table 3). By capturing these multifaceted and cell-specific signals

beyond conventional DE analysis, the ML-driven approach provides a more precise, systems-level

understanding of retinal aging and could inform more targeted therapeutic strategies. While

biologically plausible, these links are hypothesis-generating given our cross-sectional, transcriptomic

design and will require future functional validation.

To address potential ethnic diversity limitations, we compared our Han Chinese cohort with the

predominantly European ancestry human retina cell atlas (HRCA) age model (135 samples, 57 donors,

ages 10-91)[13]. The atlas reported age-associated activation of complement/coagulation, adaptive

immunity, steroid biosynthesis, and calcium import, alongside suppression of ribosomal translation

and mitochondrial gene expression. Our findings largely align: mitochondrial down-regulation in rods,

bipolar, and amacrine cells, with immune activation in BCs and MGCs, supporting cross-cohort

robustness of core aging hallmarks. However, some signals were more prominent in our cohort, rod

WNT/β-catenin upregulation, microglial metallothionein-ferritin programs, and cone retinoid/lipid

shifts, potentially reflecting population-specific differences alongside methodological factors. We

interpret these differences cautiously as cohort- or methodology-dependent rather than definitive

ancestry effects, given that HRCA modeled age continuously and analyzed scRNA-seq and

single-nucleus RNA sequencing (snRNA-seq) separately, whereas we used discrete old-versus-young

comparisons with scRNA-seq only. Taken together, the findings are compatible with conserved aging

programs while indicating additional, possibly cohort-enriched signals, underscoring the utility of

including diverse populations.

This study has several limitations. The relatively small sample size in certain age brackets and the low

RPE cell yield restrict our ability to capture RPE-specific aging changes. Proteomic and functional

assays will be necessary to confirm these findings. Moreover, the ML models, while rigorously

cross-validated, were trained on the same dataset used for feature discovery. A key limitation of this

study is the absence of external validation using independent human retinal scRNA-seq datasets. We

attempted to apply our classifiers to the HRCA retinal data; however, differences in sequencing

platforms, sample preparation workflows, and donor demographics resulted in incomplete overlap of

critical marker genes, preventing reliable evaluation. Future efforts will focus on harmonizing

datasets across studies or generating additional cohorts to enable rigorous external validation. Such

work will facilitate assessment of cohort-specific variations in classifier performance and

aging-associated transcriptional signatures, thereby enhancing the generalizability, interpretability,

and translational relevance of our machine-learning classifiers. Particularly, we plan to leverage

advanced computational methods, such as transfer learning and domain adaptation, to bridge technical

differences across platforms and integrate diverse datasets into our ML framework. These approaches

will also help disentangle ancestry-related signals from cohorts and methodological confounders,

enabling a more nuanced understanding of conserved versus population-specific aging mechanisms in

the human retina.

In summary, we systematically characterized early-age transcriptional landscapes associated with

human retinal aging within an ethnically homogeneous Chinese cohort. Our approach combined

differential-expression statistics with a sparsity-driven machine-learning pipeline to identify robust

aging signatures. This study addresses gaps previously overlooked in existing literature, particularly

the focus on older starting ages and predominantly European ancestry representation. By generating

the first machine-learning-derived, cell-type-specific aging gene lists for the human retina, our

findings provide insights into conserved molecular hallmarks alongside distinctive cell-type-specific

vulnerabilities relevant for developing targeted therapeutic interventions aimed at mitigating

age-related retinal degeneration processes across diverse populations.

Statements and Declarations

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Consent to Publish

All authors have consent for publication.

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Figure Legends

Figure 1. (a) Analytical workflow for identifying age-related transcriptional signatures in human

retinal cells. **(b)** UMAP visualization of 11 major retinal cell populations annotated from 18 samples.

Cell populations are color-coded by annotated cell types. **(c)** Dot plot showing marker genes'

expression for major retina cell type. Dot size represents the percentage of cells expressing each

marker, while color intensity indicates average expression level.

Figure 2. (a) Scatter plot showing the age-dependent decline in rod-to-cone photoreceptor ratio

across individual samples. Each point represents an individual sample. **(b)** Age-related changes in

bipolar cell proportion relative to total interneurons (BC /(AC+BC+HC)), showing a downward trend

with advancing age. **(c)** Age-related changes in Müller glial cells proportion relative to total glial cell

populations (astrocytes, microglia, and Müller glial cells). **(d)** Age-related changes in astrocytes

proportion relative to total glial cell populations. **(e)** Age-related changes in microglia proportion

relative to total glial cell population.

AC: amacrine cell; BC: bipolar cell; HC: horizontal cell; MGC: Müller glial cell; RGC: retinal

ganglion cell; RPE: retinal pigment epithelium; TC: T cell; MG: Microglia; AST: Astrocyte

Figure 3. (a) UMAP visualization of bipolar cell subtypes. Distinct transcriptional clusters

correspond to major bipolar cell subtypes, including rod bipolar cells (RB), ON diffuse bipolar cells

(DB1–DB3a), OFF diffuse bipolar cells (DB3b–DB4), and midget bipolar cells—invaginating (IMB)

and flat (FMB) types. **(b)** Dot plot showing marker genes' expression for bipolar cell subtypes. Dot

size represents the percentage of cells expressing each marker gene, while color intensity indicates the

average expression level. **(c)** Stacked bar chart depicting the relative proportions of bipolar cell

subtypes across samples arranged by donor age. **(d, e, f)** Bar plot quantifying age-associated

differentially expressed genes (DEGs) across retinal interneuron populations for (d) interneurons, (e)

glia and (f) photoreceptors identified by integrated single-cell (SC-DE) and pseudobulk (PB-DE)

analyses. Upward bars (positive values) represent genes significantly upregulated in older retinas,

while downward bars (negative values) indicate genes significantly downregulated with age.

Figure 4. (a, b, c) Heatmap showing enriched pathways across retinal cell types of (a) interneurons,

(b) glia and (c) photoreceptors based on irGSEA analysis. Color intensity indicates robust rank

aggregation score, with red representing upregulation in old group and blue representing

downregulation in old group. Significance levels: $*P < 0.05$, $**P < 0.01$, $***P < 0.001$, $****P <$

0.0001. **(d)** Bar plot showing the number of machine learning-identified discriminatory features

across different retinal cell types. Green bars represent the total number of ML features, while yellow

bars represent cell-type-specific features unique to each cell type. **(e)** Recursive feature elimination

with cross-validation (RFECV) plot showing the relationship between feature number and

cross-validation accuracy scores for the aging classifier of microglia. **(f)** Horizontal bar chart

displaying the top 20 feature importance scores for microglia age classification, ranked by their

contribution to distinguishing young from old groups. Features represent genes with the highest

discriminatory power for microglia aging.

Figure 5. Horizontal bar charts showing the top 20 feature importance scores for age classification

across different retinal cell types: (a) astrocytes, (b) Müller glial cells (MGCs), (c) amacrine cells

(ACs), (d) bipolar   cells   (BCs), (e) horizontal   cells   (HCs), (f) rod   photoreceptors,   and (g) cone

photoreceptors.

Table 1. Retinal sample information

Sample	Donor ID	Batch	Tissue Source	Eye‡	Sex§	Age(y)	Diabetic Status*	Eye Removal/Death Reason	Hospital†	Group
1	D1	B01	Live	L	M	76	DM	Corneal staphyloma	L.H.	Old
2	D2	B02	Live	L	M	55	nonDM	Phthisis bulbi	L.H.	Young
3	D3	B03	Live	R	M	71	nonDM	Corneal ulcer	Y.H.	Old
4	D4	B04	Live	L	F	50	nonDM	Phthisis bulbi	Y.H.	Young
5	D5	B04	Live	R	F	68	nonDM	Corneal perforation	Y.H.	Old
6	D6	B05	Cadaver	L	M	34	nonDM	Cerebral hemorrhage	Y.H.	Young
7	D7	B06	Cadaver	L	F	92	nonDM	Natural death	Y.H.	Old
8	D7	B06	Cadaver	R	F	92	nonDM	Natural death	Y.H.	Old
9	D8	B07	Cadaver	L	F	55	DM	Traumatic brain injury	Y.H.	Young
10	D8	B07	Cadaver	R	F	55	DM	Traumatic brain injury	Y.H.	Young
11	D9	B08	Cadaver	L	M	55	DR	Brainstem hemorrhage	Y.H.	Young
12	D9	B08	Cadaver	R	M	55	DR	Brainstem hemorrhage	Y.H.	Young
13	D10	B09	Cadaver	L	M	35	DR	Traumatic shock	Y.H.	Young
14	D10	B09	Cadaver	R	M	35	DR	Traumatic shock	Y.H.	Young
15	D11	B10	Cadaver	L	M	84	DR	Prostate cancer	Y.H.	Old
16	D11	B10	Cadaver	R	M	84	DR	Prostate cancer	Y.H.	Old
17	D12	B11	Cadaver	L	M	69	DR	Lung cancer	Y.H.	Old
18	D12	B11	Cadaver	R	M	69	DR	Lung cancer	Y.H.	Old

*DM, diabetes mellitus without diabetic retinopathy DR; diabetic retinopathy; nonDM, non-diabetic retinopathy nor diabetic. Because the tissues were obtained
intra-operatively or post-mortem and detailed fundus imaging records were unavailable, the exact stage or subtype of diabetic retinopathy (e.g., NPDR vs PDR) could not be
ascertained for the DR cases.
†L.H., The Ningbo Lihuili Hospital; Y.H., The Ningbo Eye Hospital.
‡ L, left; R, right.
§M, male; F, female.

Table 2. Performance Metrics of Cell Age Classification Models Across Retinal Cell Types

Cell Type‡	Accuracy*	F1-Score†	Precision†	Recall†	AUC
Microglia	0.96	0.95	0.95	0.95	0.98
HC	0.93	0.93	0.93	0.93	0.97
BC	0.91	0.91	0.91	0.90	0.96
Cone	0.90	0.88	0.89	0.87	0.94
Rod	0.89	0.89	0.89	0.89	0.95
MGC	0.89	0.89	0.89	0.89	0.95
AC	0.85	0.83	0.84	0.82	0.93
Astrocyte	0.80	0.79	0.79	0.79	0.87

755 *Accuracy represents the overall proportion of correctly classified cells.

756 †F1-score, precision, and recall are reported as macro-averages across young and old classes.

757 ‡ HC: horizontal cell; BC: bipolar cell; MGC: Müller glial cell; AC: amacrine cell.

771 **Table 3.** Cell-type aging signatures mapped to aging-related biological processes, integrating single-cell and ML evidence

Cell Type	Single-cell evidence (DEGs / pathways)	ML evidence (top interpretable features)	Aging-related biological processes
Rod	TNFA signaling via NF-κB was downregulated in Old, and WNT/β-catenin signaling was upregulated in Old (*WNT5B*, *WNT11*, *FZD3*); stress/chaperone genes (*S100A6*, *BAG3*) were upregulated in Old; outer-segment/membrane–retinoid maintenance genes (*ELOVL4*, *CRB1*) were downregulated in Old.	mt-encoded OXPHOS genes (*MT-CO3*/*CO2*/*CO1*, *MT-ND2*/*ND3*, *MT-CYB*) and proteostasis/stress genes (*HSPA1A*, *UBB*, *HSP90AB1*, *DNAJB1*) ranked among top features.	Mitochondrial dysfunction; oxidative/ROS and proteostasis stress; impaired retinoid/membrane maintenance.
Cone	Fatty-acid metabolism and protein-secretion pathways were downregulated in Old; broad reductions in membrane-transport components in Old.	Proteostasis–ribosome genes (*HSPH1*, *DNAJB1*, *RPS26*) and outer-segment/retinoid–membrane genes (*TTR*, *ROM1*, *BCO2*, *THSD7B*) among top features; minimal mitochondrial ranking.	Proteostasis stress; membrane/retinoid–lipid homeostasis shift.
Bipolar cell (BC)	Interneurons with the largest DEGs; inflammatory genes (*CCL2*, *HLA-DRA*) upregulated in Old; glycolytic genes (*PFKFB4*, *PDK1*) upregulated in Old; broad mitochondrial gene sets downregulated in Old.	mt genes (*MT-CO3*/*CO2*/*CO1*, *MT-ATP6*, *MT-ND2*/*ND3*/*ND5*) among top features; stress-responsive gene *BHLHE40* also prominent.	Mitochondrial dysfunction; inflammatory activation; glycolytic reprogramming.
Amacrine cell	*VEGFA* and *BNIP3* upregulated in Old	mt genes (*MT-ATP6*, *MT-ND6*, *MT-CO2*) together with proteostasis/lipid genes (*HSP90AA1*, *RTN3*,	Mitochondrial dysfunction; proteostasis stress; immune

Cell type			
(AC)		HMGCS1) and *HLA-C* among top features.	signaling.
Horizontal cell (HC)	Stress/TGF-β-associated genes (*EGR1*, *TMSB10*) upregulated in Old.	Cytoskeletal/synaptic scaffold genes (*SEPTIN4*, *TUBA1B*, *STMN4*, *DCLK1*) and RNA/protein-homeostasis genes (*SNHG14*, *FTX*, *CRYAB*, *HSPE1*, *FUS*), plus synaptic signaling genes (*PDE4B*, *GRIA4*) among top features.	Cytoskeletal/structural remodeling; synaptic-maintenance adjustments; RNA/protein-homeostasis stress.
Müller glia cell (MGC)	Chemokine/inflammatory genes (e.g., *CXCL* family) and ECM-remodeling genes (*SERPINE1*, *LOX*) upregulated in Old.	Mixed program with mitochondrial (*MT-CO3/ND6/ND3*), matrix (*COL4A3*), and Ca/Wnt–lipid/hypoxia-related genes (*CALM1*, *WIF1*, *RORA*, *HILPDA*, *ADM*) among top features.	Inflammatory/gliotic activation; ECM remodeling; metabolic rewiring; altered intercellular communication.
Astrocyte	ER-stress genes (*DNAJB1*, *DDIT3*) upregulated in Old; *AQP4* and *GRIA1* downregulated in Old.	Acute-phase/protease-regulation genes (e.g., *HP*, *SLPI* and related markers) among top features.	Acute-phase/innate response; ER/proteostasis stress; altered neuron–glia support.
Microglia	Immune–metabolic shift and angiogenic signals upregulated in Old.	Metallothioneins (*MT1E*, *MT1X*, *MT2A*) and ferritin subunits (*FTH1*, *FTL*) dominated top features.	Iron/redox homeostasis (metallothionein–ferritin axis); para-inflammatory remodeling; altered immune communication.

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