Cell cycle dysregulation of globally important SAR11 bacteria resulting from environmental perturbation

Chuankai Cheng[1], Brittany D. Bennett[1,2], Pratixa Savalia[3], Hasti Asrari[1], Carmen Biel[1], Kate A. Evans[1], Rui Tang[4], J. Cameron Thrash[1,3,#]
1. Department of Biological Sciences, University of Southern California, Los Angeles, CA, USA
2. Current address of B.D.B: BioTechnology Institute and Department of Plant and Microbial Biology , University of Minnesota, St. Paul, Minneapolis, MN, USA
3. Department of Earth Sciences, University of Southern California, Los Angeles, CA, USA
4. Department of Electrical and Computer Engineering, University of California, San Diego, La Jolla, CA, USA

#Correspondence: thrash@usc.edu

Abstract

Genome streamlining is hypothesized to occur in bacteria as an adaptation to resource-limited environments, but can result in gene losses affecting fundamental aspects of cellular physiology. The most abundant marine microorganisms, SAR11 (order *Pelagibacterales*), exhibit canonical genome streamlining, but the consequences of this genotype on core cellular processes like cell division remain unexplored. Here, analysis of 470 SAR11 genomes revealed widespread absence of key cell cycle control genes. Growth experiments demonstrated that although SAR11 bacteria maintain a normal cell cycle under oligotrophic conditions, they exhibit growth inhibition and aneuploidy when exposed to nutrient enrichment, carbon source shifts, or temperature stress. Detailed growth measurements and antibiotic inhibition experiments showed that these phenotypes resulted from cell division disruption with continuing DNA replication, leading to heterogeneous subpopulations of normal and polyploid cells. This vulnerability raises questions about microbial genome evolution and the evolutionary trade-offs between adaptations to stable nutrient-limited conditions and physiological resilience.

Introduction

Some microbial lineages have undergone significant genome reduction over evolutionary time, resulting in naturally evolved cells that reveal fundamental principles of cell biology under reduced genomic complexity[1,2]. Among them, SAR11 bacteria stand out as an exceptional model. With genome sizes typically around 1.2-1.3 Mbp—among the smallest of any free-living cells— these bacteria dominate marine ecosystems, comprising up to 40% of bacterial cells in surface seawater, and are canonical oligotrophic taxa adapted to low nutrient environments[3–5]. Their small genomes exhibit patterns collectively known as genome streamlining, such as high coding densities, few paralogs or pseudogenes, and enzyme promiscuity[6–9], that has been proposed to help them reduce nutritional requirements to thrive in extremely oligotrophic open ocean habitats[1,5,10]. Unlike synthetic minimal cells engineered in laboratory settings[11–13], SAR11 representatives are compelling "natural minimal cells" for investigating how genome reduction relates to increased fitness in the environment.

Despite their ecological success, SAR11 populations have numerous ostensibly disadvantageous traits and puzzling ecological patterns that suggest potential physiological vulnerabilities. Their streamlined genomes have decreased regulatory capacity[1,14,15] and metabolic consequences like a dependence on reduced sulfur sources[16] and amino acid and vitamin auxotrophies[17,18]. SAR11 do respond to phytoplankton blooms[19], but die in co-culture with the dominant phytoplankton *Prochlorococcus* when it reaches stationary phase[20] (unlike copiotrophic bacteria), and exhibit cell-cycle arrest when pyruvate concentrations are low relative to those of glycine[18]. Their small genomes also only contain single copies of ribosomal RNA genes that may result in limited translational power[21,22], thus contributing to their obligate slow growth physiology, with cells typically dividing only around once per day under optimal conditions both *in situ* and in culture[18,23–27].

These observations raise questions about the evolutionary trade-offs between genome streamlining and fitness. Importantly, they point to possible consequences of genome reduction in SAR11 on essential cellular processes like the cell cycle—the tightly regulated progression of cellular growth, DNA replication, and division[28]. Here we examined how SAR11 bacteria coordinate cell division and DNA replication in the context of a reduced genome, and what physiological constraints SAR11 responses impose on their ability to acclimate to environmental change.

Results

Most SAR11 lack canonical cell cycle regulation genes

We analyzed a previous pangenome of SAR11 with 470 representatives[27], as well as the pangenome of 120 SAR11 representatives on UniProt, and found that SAR11 lacks many of the canonical genes that coordinate cell division and DNA replication in *Escherichia coli*[29], *Bacillus subtilis*[30], *Caulobacter crescentus*[31], *Cereibacter sphaeroides*[32], and the synthetic minimal cell

JCVI-syn3[33] **(Fig. 1, Supplementary Table Tab 1-16, Supplementary Text)**. Several regulators of replication initiation were nearly or completely absent across SAR11, including *seqA*[34], *dam*[35], and *chpT*[36]. Although *seqA* was largely absent from Alphaproteobacteria, *dam* and *chpT* were widespread within the Alphaproteobacteria so their absence in SAR11 is unusual. Genes essential for divisome assembly and positioning were mostly missing in SAR11, such as *zipA*[37] (mostly gammaproteobacterial) and the widely distributed *ftsE*[38] and *mipZ*[39]. Most or all SAR11 genomes also lacked *minC* and *minD*, key regulators involved in chromosome segregation[30], *sepF* and *lemA*, both essential for maintaining uniform cell sizes in the minimal cell JCVI-syn3A[33], and the Caulobacterales polarity factor *tipN*[40]. These conspicuous gene absences led us to question how SAR11 thrives globally without such important cell cycle regulators. *B. subtilis minCD* knockouts had relatively few phenotypic consequences in a nutrient-limited medium whereby 89% of mutant cells formed normal Z-rings versus only 23% in rich medium[30]. Similarly, *E. coli seqA*, *topA*, and *dam* mutants also showed exaggerated cell cycle disruption in media with greater nutrient content compared to those with less[29]. In *C. crescentus*, deletion of *tipN* produced little difference in growth or cell size under minimal medium, but significant differences in rich medium[40]. Together, these findings suggest that if losing these cell cycle regulation genes has relatively minimal phenotypic consequences under nutrient-limited growth, selective pressure to maintain them might be relaxed in the consistently nutrient-limited oceans where SAR11 dominates.

Nutrient enrichment drives growth inhibition and aneuploidy

To test whether the absence of cell cycle regulation genes in SAR11 would result in deleterious growth phenotypes, we grew the SAR11 representative *Pelagibacter ubiqueversans*[41] (previously, *Candidatus* Pelagibacter ubique[42]) strain HTCC1062 in increasingly rich media by proportionally varying the concentrations of pyruvate, glycine, ammonium, phosphate, and vitamins **(Fig. 2, Supplementary Table Tab 17)**. Rather than monotonically increasing and asymptoting, HTCC1062 growth showed a "bell-shaped" phenotype. Growth yields increased as nutrient concentrations rose from 0.5x to 3x, followed by significant decreases in both rate and yield under higher nutrient conditions (8x and 10x) **(Fig. 2a-c)**. This "bell-shaped" phenotype aligns with SAR11's oligotrophic distribution where these organisms thrive in nutrient-limited environments but are inhibited in rich nutrient conditions.

Analysis of ploidy levels revealed distinct cell cycle patterns across nutrient conditions. Under limited nutrients (0.5x–3x), HTCC1062 cultures maintained normal ploidy (1-2 chromosomes) **(Fig. 2d)**, indicating a non-overlapping cell cycle where DNA replication completes before the next round begins **(Supplementary Text, Fig. S1)**. According to the Cooper-Helmstetter model[43], in steady-state bacterial growth[44] the ratio of cells at maximum ploidy to minimum ploidy—which we term the Cooper-Helmstetter Index —is approximately 2:1[45]. HTCC1062 maintained this ~2:1 ratio under 0.5x-3x nutrient conditions, reflecting normal cell cycle progression. In contrast, under richer conditions (4x–10x nutrients), we observed HTCC1062 subpopulations with more than two chromosomes and Cooper-Helmstetter Indices >> 2, indicating aneuploidy **(Fig. 2e)**. This differs from the typical 'overlapping cell cycle' of copiotrophs, where despite multiple replication forks, cells maintain a Cooper-Helmstetter Index ~2 **(Supplementary Text, Fig. S1-5)**.

Since we observed more cells with higher ploidy levels in richer nutrient conditions, we wanted to
determine whether this reflected a redistribution of DNA content among a smaller population or
instead represented changes in total DNA production. We quantified total DNA concentrations by
calculating the product of cell density and mean cellular ploidy level. We found that the total DNA
concentration also decreased significantly under 10x nutrient conditions **(Fig. 2f)**, demonstrating
that, although some cells contained more chromosomes, the overall DNA quantity in the culture
was substantially reduced due to lower cell numbers and dysregulated DNA replication. Thus,
while individual cells accumulated excess chromosomes, the population as a whole had less DNA
and suffered impaired growth.

Specific factors disrupting the SAR11 cell cycle

Having established that elevated nutrient concentrations induced growth inhibition and aneuploidy
in SAR11 strain HTCC1062, we next investigated which specific environmental factors triggered
these cell cycle disruptions. Since our initial experiment proportionally varied multiple nutrients
simultaneously (pyruvate, glycine, ammonium, phosphate, and vitamins, **Supplementary Table**
Tab 17), we sought to determine whether particular nutrients or combinations were responsible
for the observed effects, and whether other environmental parameters besides nutrients could
elicit similar responses.

HTCC1062 is a glycine auxotroph[17] and low pyruvate:glycine ratios inhibit cell cycle progression,
resulting in an accumulation of cells with diploid DNA content[18]. Since this diploid phenotype was
similar to our observations of aneuploidy based on proportional increases of all nutrients, we
examined the pyruvate:glycine ratio effects in detail. Through re-analysis of the data from Carini
et al. 2013[18] and application of the Cooper-Helmstetter Index, we found indicators of polyploidy
beyond two chromosome equivalents and filamentous morphologies that were not emphasized in
the original study **(Supplementary Text, Fig. S6)**. In our own experiments, we confirmed that
pyruvate:glycine ratios between 5:1 and 2:1 supported stable steady-state growth with normal
ploidy (Cooper-Helmstetter Index ~2), whereas ratios at or below 1:1 induced aneuploidy
(Cooper-Helmstetter Index >> 2; **Fig. 3a, Extended Data Fig. 1**). The concentration of these
compounds was less important than their ratio - by scaling pyruvate and glycine proportionally at
5:1, we could modulate saturation cell density without affecting growth rates or ploidy levels **(Fig.**
3b, Extended Data Fig. 2a), thus improving growth yields 100-fold from the original AMS1
medium recipe which was most commonly used for culturing HTCC1062[18] **(Extended Data Fig.**
3, Supplementary Table Tab 18).

Although a pyruvate:glycine ratio below 1:1 led to growth defects, this did not explain the
observation of polyploidy in our bulk nutrient experiments, because there we maintained the
proportions of all growth compounds. We therefore tested other medium components for similar
cell cycle dysregulation effects with increased concentrations. We found that excessive
ammonium leads to both growth inhibition and aneuploidy (**Fig. 3c, Fig. 4**), whereas increased
vitamin concentrations neither inhibited growth nor disrupted normal cell cycle progression
(Extended Data Fig. 2bc), and excessive phosphate (≥ 500 µM) did not affect the growth rate or
cause aneuploidy, but significantly reduced saturation cell density **(Extended Data Fig. 4)**.

Since glycine and ammonium could disrupt the cell cycle and cause growth inhibition, we tested
whether other nitrogen sources would produce the same phenotype. Nitrate had no effect (as
expected because HTCC1062 has no predicted nitrate assimilation genes) (**Fig. 3c**). Similarly to
excess glycine and ammonium, leucine caused both growth inhibition and aneuploidy (**Extended**
Data Fig. 2d), but supplemental alanine (**Fig. 3d, Extended Data Fig. 2e**), taurine **(Extended**
Data Fig. 2f), and adenine (**Extended Data Fig. 2g**) inhibited population growth without inducing
polyploidy. These differential responses highlight that cell cycle disruption depends on the specific
nitrogen source metabolized rather than total nitrogen availability.

We also tested the effect of changing the carbon source from pyruvate to glucose while
maintaining equivalent carbon concentrations. Despite this stoichiometric consistency, we
observed significant cell cycle disruption, indicating that the specific carbon source, rather than
just the carbon-to-nitrogen ratio, can affect cell cycle regulation (**Fig. 3e, Extended Data Fig. 2h**).

In addition to various chemical perturbations, we tested the effect of different temperatures. At
lower temperatures (16-20°C), HTCC1062 maintained normal ploidy levels even with the 1:1
pyruvate to glycine ratio (**Fig. 3f, Extended Data Fig. 2i**) that caused cell cycle disruption under
our default room temperature (fluctuating around 20°C - **Extended Data Fig. 5**). As temperatures
increased to 25°C, aneuploidy occurred even with a 5:1 pyruvate:glycine ratio, but was more
severe with a 1:1 pyruvate to glycine ratio, while at 30°C, growth was completely inhibited
regardless of nutrient concentrations (**Fig. 3f, Extended Data Fig. 2i**).

In summary, we identified three distinct patterns of SAR11 cell cycle dysregulation (**Fig. 3g-i**): *i)*
growth inhibition with aneuploidy occurred in response to glucose substitution, temperature
elevation to 25°C, and excessive ammonium, glycine, or leucine (**Fig. 3h**); *ii)* growth inhibition
without aneuploidy was observed during temperature shifts to 30°C, and with excessive alanine,
taurine, adenine, or phosphate (**Fig. 3i**); and *iii)* no growth inhibition with additional nitrate,
vitamins, or pyruvate (**Fig. 3j**). Notably, when comparing the Cooper-Helmstetter Index to the
instantaneous doubling rate, the data forms a triangular cluster pattern, revealing that growth
inhibition is frequently associated with cell cycle dysregulation (**Fig. 3g**). Cultures maintaining
optimal growth rates consistently exhibited normal ploidy (Cooper-Helmstetter Index ~2), while
growth-inhibited cultures often, but not always, displayed aberrant ploidy levels.

Onset and fate of aneuploidy under excessive ammonium

We next investigated the progression and mechanisms of aneuploidy induction. Among all the
aneuploidy inducing conditions, we chose excessive ammonium for deeper investigation because
ammonium is a major and universal inorganic nitrogen source for marine microorganisms[46] and
excretion of ammonium can be induced by phytoplankton-bacteria interactions[47]. Also, the simple
chemical composition of ammonium minimized the potential confounding factors compared to
other aneuploidy triggering conditions, such as complex growth dynamics with extended lag times
and multiple growth phases (pyruvate to glucose shifts; **Extended Data Fig. 2h**), co-involvement
of carbon metabolism changes and additional nitrogen sources (amino acid supplements), or
general effects on enzymes through temperature shifts[48]. We therefore conducted high-resolution

sampling of HTCC1062 cultures exposed to varying ammonium concentrations (0–4 mM) **(Fig.**
4) and observed significant growth inhibition in the high ammonium treatments compared to the
0 mM ammonium samples **(Fig. 4a–c)** with simultaneous increases in the Cooper-Helmstetter
Index **(Fig. 4d)** and diploid accumulation **(Fig. 4e–h)**.

During the first five days, where the growth curves under different ammonium concentrations
started diverging, the population doubling time τ increased from 23.02 ± 1.39 hours for the 0 mM
NH_4^+ treatment to 30.08 ± 0.81 hours in the 4 mM NH_4^+ treatment **(Fig. 4k)**. During this initial
period of growth divergence, when the ploidy level distributions were maintained as mostly
monoploids and diploids, we could also quantify cell cycle period durations using the Cooper-
Helmstetter model (**Methods, Supplementary Text, Fig. S7**)[45]. In non-overlapping cell cycle
progression, these periods are: B (between cell birth and DNA replication initiation), C (DNA
replication), and D (between replication completion and cell division) **(Fig. 4ij)**. D period
experienced the most dramatic extension under high ammonium, increasing from 3.53 ± 0.70
hours at 0 mM to 10.19 ± 1.26 hours at 4 mM NH_4^+ **(Fig. 4k)**, indicating delayed cell division
after DNA replication completed. The C period showed modest increases (from 10.19 ± 1.28 to
12.02 ± 0.60 hours), while the B period slightly decreased with elevated ammonium (from 9.31 ±
1.11 to 7.86 ± 0.49 hours), suggesting earlier DNA replication initiation. Thus, excessive
ammonium primarily impacted post-replication processes, with aneuploidy resulting from division
delays coupled to continued chromosome replication.

Polyploidy appeared after day 5 in samples with high ammonium concentrations **(Fig. 4gh)**.
Specifically, we observed that a third chromosome equivalent (triploidy) occurred first, indicating
an imbalance in DNA replication initiation whereby only one of the chromosomes in diploids was
duplicated. The appearance of odd number chromosome equivalents was consistent with the lack
of regulatory genes controlling DNA replication initiation **(Supplementary Text, Fig. S4)**, and
mirrored that of *E. coli* mutations in the same genes[29]. Because of aneuploidy (Cooper-
Helmstetter Index >> 2), after day 5 we could no longer estimate the durations of B, C, and D
periods based on the Cooper-Helmstetter model, so we used cell cycle-disrupting antibiotics (in
antibiotic 'run-off' experiments) to validate our measurements of cell cycle periods under
ammonium stress. We used cephalexin[49], which inhibits cell division without affecting DNA
replication, alongside rifampin and chloramphenicol[50], which inhibit transcription and translation,
both required for new rounds of DNA replication initiation. By monitoring the ploidy distributions
of ammonium-treated samples after treatment with these antibiotics, we confirmed that excessive
ammonium causes division delays while allowing continued DNA replication **(Supplementary**
Text, Fig. S8). Furthermore, samples treated with only cephalexin (cell division inhibition)
confirmed that triploids developed from diploids, indicating that diploids conduct DNA replication
on only one of the chromosomes. These antibiotic treatments also corroborated our B, C, and D
period estimations from above and provided an orthogonal confirmation of the mechanisms
underlying the cell cycle dysregulation we observed in SAR11 **(Supplementary Text, Fig. S8)**.

Using fluorescence microscopy, we observed both filamentous and normal rod-shaped
HTCC1062 cells in our samples with polyploidy under excessive ammonium **(Extended Data Fig.**
6a–f). This pleomorphic phenotype is similar to the polymorphism observed in HTCC1062 under
low pyruvate:glycine ratios[18] and previous genetic studies in *E. coli*[51], *C. crescentus*[31], and the

minimal synthetic cell JCVI-Syn3[33] where cell cycle regulation genes were disrupted. Dynamic
light scattering measurements confirmed a trend toward increased mean cell size with higher
ploidy levels, corroborating the generation of filamentous cells with larger sizes (**Extended Data**
Fig. 6g–j). As the cultures reached stationary phase, we observed a decrease in the Cooper-
Helmstetter Index, indicating that the frequency of polyploids decreased over time, leaving cells
predominantly with 1-2 chromosome equivalents **(Fig. 4gh)**. Flow cytometric analysis revealed
increased background fluorescence in high ammonium samples during the same growth stage
(Extended Data Fig. 7a–e), similar to patterns observed when we subjected actively growing
cells to a lysis buffer, suggesting selective lysis of polyploid cells in stationary phase **(Extended**
Data Fig. 7f–i).

Growth inhibition results from subpopulation heterogeneity

Our high-resolution temporal analysis revealed that excessive ammonium created a mixed
population of euploid and aneuploid cells. This heterogeneity, with co-occurrence of both
filamentous and normal rod-shaped cells, indicated that not all cells responded identically to
ammonium stress. We also observed that polyploid cells were more prone to lysis as cultures
entered stationary phase, suggesting that aneuploidy represents a physiological dead-end rather
than an adaptive strategy for SAR11.

Inspired by previous studies on cell cycle regulation in bacteria with disrupted divisome genes[30],
we hypothesized that excessive ammonium creates two distinct subpopulations: 1) a normally
dividing subset and 2) a non-dividing subset where DNA replication continues but cell division
fails. We propose that the absence of the key cell cycle regulation genes discussed above **(Fig.**
1, Supplementary Text) provides the mechanistic basis for this subpopulation heterogeneity.

To test our hypothesis, we applied a quantitative subpopulation growth model that assumes
population growth results from two subpopulations: one actively dividing and one non-dividing.
The model predicts overall population growth rate using the active subpopulation growth rate and
the fraction of actively dividing cells (inferred from the proportion of cells experiencing aneuploidy)
as inputs **(Fig. 5ab)**. This model successfully predicted population doubling rates under excessive
ammonium conditions **(Fig. 5c)**, providing strong quantitative validation that the population growth
slowdown stems directly from the emergence of a subpopulation of chromosome-replicating but
non-dividing cells **(Fig. 5d)**.

Cell cycle vulnerability is conserved in divergent SAR11

Since we found a systemic lack of cell cycle regulatory genes across the SAR11 clade (**Fig. 1**),
we conducted parallel experiments on the phylogenetically distant freshwater SAR11 (LD12)
strain LSUCC0530[26] under various temperatures and ammonium chloride concentrations. The
freshwater LD12/IIIb subclade is sister to the brackish-water adapted subclade IIIa, and both of
these lineages likely diverged from a common ancestor with other SAR11 hundreds of millions of
years ago[26,27,52]. Notably, LSUCC0530 and many other SAR11 subclade III strains also lack cell

cycle regulatory genes, but possess some of the P-II nitrogen regulatory genes that are absent in
HTCC1062 **(Supplementary Table Tab 3)**[26,27,53]. Comparing the growth responses in
LSUCC0530 therefore afforded us an opportunity to assess whether the cell cycle dysregulation
phenotype spans highly divergent SAR11 membership and if P-II nitrogen-sensing genes affect
cell cycle responses in SAR11 under elevated nitrogen conditions.

We found that LSUCC0530 still exhibited significant cell cycle vulnerabilities **(Fig. 6)**. At 16°C,
LSUCC0530 showed growth inhibition at higher ammonium concentrations (4 mM), with only
slight increases in the Cooper-Helmstetter Index that remained close to normal levels (~2).
However, at the more optimal growth temperature of 25°C (defined by growth rates[26]),
LSUCC0530 exhibited a strikingly similar phenotype to HTCC1062 - higher ammonium
concentrations induced both severe growth inhibition and pronounced aneuploidy (Cooper-
Helmstetter Index > 6). These results demonstrated that nitrogen-induced cell cycle dysregulation
and growth inhibition occurs in diverse SAR11 lineages from different habitats, regardless of the
presence of additional nitrogen regulatory genes.

280 Discussion

The physiological vulnerabilities we uncovered in SAR11 fundamentally deviate from established
bacterial principles[54]. We propose that the widespread absence of multiple canonical cell cycle
regulatory genes in SAR11 (**Fig. 1**) leads to the growth inhibition caused by various environmental
perturbations detailed herein (**Fig. 4**). Similar negative growth effects of excessive nitrogen
compared to carbon have also been identified in a SAR11 subclade 1a open ocean strain,
HTCC7211[55,56]. Growth inhibition under excessive nitrogen contradicts a traditional
understanding of nutrient-growth relationships that predict enhanced or unaffected growth[57,58].
Furthermore, our observations of increased mean cell sizes following growth inhibition with
aneuploidy (**Extended Data Fig. 6**) show that SAR11 fails to follow the classical bacterial growth
law where cell size positively correlates with growth rate[54,59]. The absence of cell division
regulatory genes in SAR11 therefore appears to compromise fundamental cell size homeostasis
mechanisms found in better-studied model bacteria[60].

Our findings reveal restrictions on SAR11 growth rates beyond simple nutrient limitation. The
optimal growth conditions we identified in this study were characterized by non-overlapping cell
cycles, with maximum ploidy levels of 2 chromosome equivalents. The additional nutrients that
would be expected to induce overlapping cell cycles and faster growth rates in *E. coli* and *B.*
subtilis instead caused cell cycle disruption and growth inhibition in SAR11. This suggests that
SAR11's inability to achieve overlapping cell cycles, likely due to the absence of key regulatory
genes like *minCD*, *seqA,* and *dam* (**Fig. 1**), constrains the organism to obligate slow growth.
Notably, while mutants with single knockouts of these genes in model organisms (such as *E.*
coli[29]) could still achieve overlapping cell cycles in rich media, these mutants retained most of
their cell cycle regulatory machinery. Conversely, the lack of multiple cell cycle regulation genes
in SAR11 appears to have imposed an upper limit on growth rate that is independent of nutrient
availability, because it cannot safely accelerate growth through the overlapping cell cycle
mechanisms that enable rapid division in well-regulated bacteria.

Although some of the concentrations used in our experiments were much higher than measured
standing stocks in marine systems[61], standing concentrations can be low due to high turnover
rates[62] and cells can still experience locally high concentrations of compounds, especially in the
phycosphere[46,63] (see a more detailed discussion in **Supplementary Text**). Regardless, our other
results showing SAR11 cell cycle disruption from altered ratios of compounds, temperature shifts,
and carbon source switches, where concentrations were maintained the same, indicate that the
absolute concentration of compounds is not the only driver of dysregulation.

Furthermore, our observations align well with, and help explain, known ecological patterns of
SAR11 in natural environments. Many regions of the open ocean are characterized by nitrogen
limitation rather than carbon limitation[64]- conditions that would favor organisms like SAR11 that
thrive with high C:N ratios. Indeed, SAR11 enrichment typically coincides with the growth phase
of primary production but declines after phytoplankton blooms[19,20], when C:N ratios and organic
carbon compositions shift substantially[65]. The carbon landscape changes during bloom decay
may parallel the shifts we tested in laboratory conditions. These patterns correlate with field
observations of higher diploid frequencies (chromosome duplicated but undivided cells) and
elevated cell death when SAR11 abundance declines during spring bloom[66], suggesting potential
connections between natural nutrient dynamics and the cell cycle disruptions we observed
experimentally.

The loss of cell cycle regulatory genes likely reflects adaptive trade-offs driven by selection for
genome streamlining in chronically oligotrophic environments. Under stable, low-nutrient
conditions, maintenance of regulatory genes like *minCD* and *seqA* may provide diminishing
returns, and their loss reduces the metabolic costs of expressing these genes. The SAR11
streamlined cell cycle machinery functions adequately under oligotrophic conditions (**Fig. 2e**),
similarly to *B. subtilis minCD* mutants[30], but lacks the regulatory buffering capacity to maintain
homeostasis under environmental perturbations (**Fig. 3**). Given SAR11's limited gene regulatory
capacity[1,14,15], cell cycle disruption may result from environmental perturbations shifting protein
expression out of balance. Deviation in the stoichiometric ratios of proteins within the "fellowship
of the Z-ring"[67] causes cell cycle disruption in *E. coli*[51], *C. crescentus*[31,68], and *Mycobacterium*
smegmatis[69]. Overall, the detailed mechanisms underlying SAR11 cell cycle disruption need
further investigation with gene-expression studies.

Given that genome streamlining is common among dominant marine microorganisms adapted to
nutrient-limited environments[1], the cell cycle vulnerabilities we observed might be more universal
and worth characterizing in further studies. In support of this hypothesis, we found that many other
aquatic Alphaproteobacteria were missing some of these cell cycle regulatory genes based on
our UniProt searches. Among all the widely distributed genes in the Alphaproteobacteria (*dam*,
chpT, *ftsE*, *minC*, *minD*, *mipZ*, and *lemA*), we found that the SAR116 clade, *Candidatus*
Puniceispirillales[70,71], only possessed *minD*, and the *Parvularculales*[72] were missing *minC*, with
dam only present in 1/43 genomes with *dnaA* **(Supplementary Table Tabs 6, 10, 11)**. In contrast
to the 1,098 *Rhodobacterales*[73] that had *dnaA*, only 247 of them had *dam*, 10 had *ftsE*, 121 had
minC, and 39 had *lemA* **(Supplementary Table Tabs 9, 10, 13)**. Therefore, the absence of these
genes appears common among aquatic Alphaproteobacteria (SAR11 stands out as an extreme

case), could be diagnostic of organisms adapted to oligotrophic environments, and might also set
upper bounds on growth rates obtainable by these organisms.

The potential widespread cell cycle vulnerabilities among marine taxa might shift the way we
model biogeochemical cycles. Conventional biogeochemical models typically assume that
microbial growth and activity are primarily determined by bulk nutrient concentrations, following
Monod kinetics or similar formulations[74,75]. Our findings challenge this paradigm by demonstrating
that relative changes in nutrient conditions and compositional shifts may be equally or more
important than absolute concentrations, particularly for streamlined organisms. If similar
sensitivities are common among other streamlined taxa, then the ratios of nutrient standing stocks
would influence not only the classical determination of nutrient limitation under Liebig's Law of the
Minimum[76,77], but also taxon-specific physiological responses that shape ecosystem function.

Extensively missing cell cycle genes, especially in ancient lineages like SAR11 (estimated
divergence from a common ancestor with other Alphaproteobacteria ~700 million - 1 billion years
ago[52,78]), raises an alternative evolutionary hypothesis that instead of these genes being lost
through streamlining, their absence represents an ancestral state. In this scenario, the cell cycle
regulation genes we see in *E. coli* and other fast growing organisms are adaptations for enhanced
growth in nutrient-rich environments like animal guts. Indeed, it has been proposed that *minC*,
minD, and *seqA* were missing from the last bacterial common ancestor (LBCA) core genome, but
lemA and *sepF* were present[79]. That ancestral state reconstruction was not focused on
Alphaproteobacteria and lacked SAR11 and other marine taxa. Expanded LBCA reconstructions
in the future with a broader selection of genome-reduced organisms that include SAR11 could
explore if SAR11 cell cycle gene absences are convergent with the LBCA through streamlining,
reflective of the ancestral state, or a mixture of the two whereby the common ancestor of SAR11
and other Alphaproteobacteria lacked some of the cell cycle regulation genes and streamlining
acted to remove those that remained.

The nutrient sensitivities we documented also have profound implications for culturing marine
oligotrophs. Standard microbiological practices like nutrient enrichment and temperature
optimization, or even simply shifting carbon sources, which is common when performing isolation
experiments with artificial media or nutrient-amended natural media, may inadvertently trigger
physiological disruptions that prevent successful cultivation. This may partially explain the "great
plate count anomaly"[80] and the extremely low isolation success rates for dominant organisms like
SAR11 even with high throughput dilution-to-extinction approaches[81]. Many uncultured marine
oligotrophs may share similar streamlining-associated vulnerabilities, requiring cultivation
approaches that prioritize environmental stability and stoichiometric balance over absolute
nutrient concentrations.

In conclusion, our study reveals how the absence of key regulatory genes in SAR11 has
compromised its ability to coordinate cell cycle progression under environmental perturbations,
indicating a likely evolutionary trade-off whereby the precise calibration of SAR11's metabolism
to oligotrophic conditions has enabled remarkable ecological dominance but at the cost of
reduced physiological resilience. The direct coupling between environmental conditions and
cellular physiology in these dominant marine microorganisms adds a critical dimension to ocean

biogeochemistry, where nutrient dynamics and stoichiometric ratios may play more important
roles than previously recognized in models based primarily on absolute concentration thresholds.
If similar vulnerabilities are widespread among oligotrophic microorganisms, it will require new
frameworks for understanding their ecology, evolution, cultivation, and responses to
environmental change.

394 Methods

395 SAR11 pangenomics

We determined the presence or absence of cell cycle regulation marker genes across different
SAR11 subclades with the pangenome generated previously for 470 unique genomes[27]. We took
the aligned amino acid sequences of all the open reading frames from the previous pangenome
summary, removed inserted gaps, and used InterProScan-5.75-106.0[82,83] to generate updated
annotations for 517,196 of 551,103 amino acid sequences (93.8%). The amino acid sequences
and their InterProScan annotations are available on FigShare[84]. We targeted cell cycle proteins
for analysis based on genetics studies of model organisms **(Fig. 1, Supplementary Table Tab**
1) where knock outs of the corresponding genes caused cell cycle disruption. We then searched
for the gene and the organism on UniProt and identified the corresponding InterProScan ID.
Generic InterProScan IDs, i.e., those that represent common protein features and therefore cover
multiple genes, were excluded. We then looked for the corresponding InterProScan annotations
of the target proteins in the SAR11 pangenome. The TipN protein from *C. crescentus[40]* does not
have any Interprocan IDs (as of September 5th, 2025), so we queried the amino acid sequence
of TipN (Q2F5H9_CAUVC on UniProt) against all 551,103 SAR11 pangenome amino acid
sequences using BLASTP v2.14.1 **(Supplementary Table Tab 15)**. The detailed
presence/absence accounting of each target protein within each SAR11 genome is in
Supplementary Table Tab 3.

414 UniProt searches for targeted genes across all bacterial taxa

In addition to looking for cell cycle proteins in SAR11, we used UniProt
(https://www.uniprot.org/)[85,86] to examine the distribution of the same cell cycle proteins across
other taxonomic groups at varying evolutionary distances from SAR11. All UniProt searches were
conducted between July 22nd and September 5th, 2025. We took each of the InterProScan IDs
in **Table 1**, e.g. IPR013317, and entered "(taxonomy_id:2) IPR013317" in the search box on
UniProt. We grouped the search results by taxonomy:
https://www.uniprot.org/uniprotkb?groupBy=taxonomy&query=%28taxonomy_id%3A2%29+IPR
013317. The taxonomy dropdown list was expanded towards SAR11 HTCC1062, i.e., Bacteria,
Pseudomonadati, Pseudomonadota, Alphaproteobacteria, Candidatus Pelagibacterales,
Candidatus Pelagibacteraceae, Candidatus Pelagibacter, Pelagibacter ubique, Pelagibacter
ubique (strain HTCC1062). We used the Anthropic Claude web interface (Sonnet 4) to parse the
taxonomic hierarchy on the UniProt webpage and export this as csv tables. The dialogue is
available through https://claude.ai/share/a932bef3-eac3-4c5b-8a12-3599b385d366. The

exported csv tables were proofread manually **(Supplementary Table Tabs 4–14)**. As TipN from
C. crescentus did not have an InterProScan ID, we obtained all the "Similar Proteins" from UniProt
for the TipN designator "Q2F5H9_CAUVC" (**Supplementary Table Tab 16)**.

Bacterial strains

The SAR11 representative *Candidatus* Pelagibacter ubique strain HTCC1062[87] was generously
provided by Dr. Stephen J. Giovannoni. Cultures of *Candidatus* Fonsibacter ubiquis strain
LSUCC0530 were maintained in the Thrash Lab culture collection[26]. We prepared cryostocks in
10% DMSO or 10% glycerol and stored them in a -80°C freezer or liquid nitrogen. Differences in
the reagents or storage conditions did not affect growth physiology in the subsequent cultivation
experiments, e.g., **Fig.2a**, **Extended Data Fig. 2ef**, **Extended Data Fig.3**, where some replicates
were revived from different cryoprotectant sources and showed reproducible phenotypes. *E. coli*
strain NCM3722 was generously provided by Dr. Terence T. Hwa and was used for testing the
applicability of SYBR ® Green 1 staining to infer ploidy levels (**Extended Data Fig. 9**). The
cryostocks were preserved in 10% glycerol stocks and stored in -80°C freezer.

Growth media

The media used in this study for growing SAR11 were adapted from three artificial seawater
recipes: AMS1[18], JW2[88], and JW5[26], with detailed chemical compositions provided in
Supplementary Table Tab 17 and 18. For culturing strain HTCC1062, we based our formulation
on AMS1 but made one key modification: we reduced the salinity from 36.1 ppt (AMS1) to 23.2
ppt, consistent with the JW2 recipe. This modification significantly improved the growth rate of
HTCC1062 (**Extended Data Fig. 3a-b**), and we designated this revised medium as CCM2. For
growing the freshwater SAR11 strain LSUCC0530, we further reduced the salinity of CCM2 to
1.45 ppt, matching the JW5 recipe, and referred to this modified medium as CCM5.

All media for growing SAR11 were prepared gravimetrically by assuming a density of 1.01 g/mL.
This estimate was based on weighing 50 mL of prepared media in a Falcon tube with volumetric
markings, yielding a mass of 50.3 g (1.006 g/mL), and was rounded to 1.01 g/mL for convenience.
Accordingly, MilliQ water volumes were determined by weight rather than volume, estimated via
e.g. a graduated cylinder, to improve accuracy (see **Supplementary Table Tab 18**).

To prepare 1 L of CCM2, we weighed 985.3703 g of MilliQ water into a 3.7% HCl acid-washed
container (Nalgene™ Polycarbonate Bottles). We then added the following components: 15.8965
g NaCl, 7.0702 g $MgCl_2 \cdot 2H_2O$, 0.8401 g $NaHCO_3$, 1.0098 g $CaCl_2 \cdot 2H_2O$, 0.4975 g KCl, 0.11
g sodium pyruvate (1 mM), 15 mg glycine (0.2 mM), and 2.98 mg L-methionine (0.02 mM). To
this base, we added 2 mL of a 10,000x vitamin mix (the final concentration is 20x), 1 mL of a
1,000x iron mix, 10 µL of a 100,000x trace metal mix, and 0.2 mL of a 500 mM phosphate buffer.
After all components were dissolved, the media were sterilized by vacuum filtration through a 0.2
µm filter (Nalgene™ Rapid-Flow™ PES filter material, 0.2µm, 75mm membrane) into Pyrex®
glass bottles.

The concentrated stock solutions used for these additives were prepared and stored as follows.
The 500 mM phosphate buffer (1 L, pH 8.0), based on the Cold Spring Harbor sodium phosphate
buffer recipe [89], was prepared by dissolving 0.466 g Na_2HPO_4 and 0.034 g NaH_2PO_4 in 1,000
g of MilliQ water, followed by vacuum filtration through a 0.2 µm filter (Nalgene™ Rapid-Flow™
PES filter material, 0.2µm, 75mm membrane) and storage at room temperature. The 100,000x
trace metal mix (1 L) was prepared by dissolving 0.18 g $MnCl_2 \cdot 4H_2O$, 20 mg $ZnSO_4 \cdot H_2O$, 6.49
mg $CoCl_2$, 6.57 mg Na_2MoO_4, 17.3 mg Na_2SeO_3, and 13 mg $NiCl_2$ in 1,000 g of MilliQ water.
The solution was vacuum filter-sterilized as above, aliquoted, and stored at 4°C. The 1000x iron
mix (1 L) consisted of 28 mg $FeSO_4 \cdot 7H_2O$ and 81 mg nitrilotriacetic acid disodium salt
($C_6H_7NO_6Na_2$), dissolved in 1,000 g of MilliQ water, sterilized by vacuum filtration as above,
aliquoted, and stored at 4°C. To prepare the 10,000x vitamin mix (1 L), we dissolved 1 g
$NaHCO_3$, 1.69 g thiamin (B1), 2.6 mg riboflavin (B2), 0.985 g nicotinic acid (B3), 1.013 g calcium
pantothenate (B5), 1.028 g pyridoxine (B6), 9.8 mg biotin (B7), 17.7 mg folic acid (B9), 9.5 mg
vitamin B12, 0.901 g myo-inositol, and 82.3 mg 4-aminobenzoic acid in 1000 g of MilliQ water.
The mixture was thoroughly dissolved, vacuum filtered through a 0.2 µm membrane as above,
aliquoted into sterile polypropylene tubes (VWR™), wrapped in foil to prevent light exposure, and
stored at 4°C.

We used 30 mM aspartate with M63 media under 37°C for growing *E. coli*, which is a slow-growing
condition that would keep *E. coli* in a non-overlapping cell cycle[54], to help validate the applicability
of using SYBR ® Green 1 for cellular DNA content quantification **(Extended Data Fig. 9)**. M63
minimal medium was prepared as follows: For 1 L of M63 media, we combined 3.0 g KH_2PO_4,
7.0 g $K_2HPO_4 \cdot 3H_2O$, 2.0 g $(NH_4)_2SO_4$, 0.5 mg $FeSO_4 \cdot 7H_2O$, 0.246 g $MgSO_4 \cdot 7H_2O$ (final
concentration 1 mM), and 0.0111 g $CaCl_2$ (final concentration 0.1 mM) in approximately 900 mL
of MilliQ water. After all components were dissolved, the solution was sterilized by vacuum
filtration through a 0.2 µm filter (Nalgene™ Rapid-Flow™ PES filter material, 0.2µm, 75mm
membrane). We then added the following filter-sterilized components: 10 mL of 1 M thiamine-HCl
(final concentration 10 mg/L) and 30 mL of 1 M sodium aspartate (final concentration 30 mM).
The final volume was adjusted to 1 L with sterile MilliQ water. The 1 M thiamine-HCl stock solution
was prepared by dissolving 33.73 g thiamine hydrochloride in 100 mL of MilliQ water, vacuum
filter-sterilized through a 0.2 µm filter as above, and stored at 4°C in the dark. The 1 M sodium
aspartate stock solution was prepared by dissolving 17.71 g sodium L-aspartate monohydrate in
100 mL of MilliQ water, vacuum filter-sterilized through a 0.2 µm filter as above, and stored at
4°C.

Bacterial Culturing

We used 3.7% HCl acid-washed and autoclaved polycarbonate flasks or bottles (Nalgene™,
TriForest) for all SAR11 culture experiments. Cultures were grown at room temperature (17–23°C,
Extended Data Fig. 5) in a regular storage cabinet without shaking, air sparging, or extra light
control. We found that culturing in a volume greater than 400 mL provided better reproducibility,
in contrast to the previously used 50 mL format[18] **(Extended Data Figs. 3b-c, 8)**. Cells were
revived from cyrostocks by either fully thawing the stocks (1 mL) or using a pipette tip to scratch
a tiny amount (~1–10 µL) and transferring them into fresh media. The revivals were then
transferred again to new fresh media before reaching stationary phase. We restricted our number

of transfers to less than 3 (at most 50 generations) to avoid potential mutations that might alter
physiology. For each condition perturbation experiment, cultures were first established under
optimal steady-state growth before transfer to experimental nutrient conditions. We defined
optimal steady-state growth as having the optimal doubling rate among tested conditions (1
doubling/day) and steady-state ploidy level distribution (Cooper-Helmstetter Index ~2). It is
important to note that the physiological data presented in this study represent outcomes of
condition shift experiments, where cultures were transferred from optimal steady-state growth
conditions to test conditions, rather than cultures adapted to, or initiated directly in, the
experimental media.
516
Note that the x-axis values in **Fig. 3d** represent additional chemical concentrations/compounds
added to the standard medium. Specifically, since 1 mM glycine was present in control media
(**Supplementary Table Tab 17**), "0 mM" indicates baseline 1 mM glycine, while "2 mM"
represents 2 mM added to the standard 1 mM glycine (totaling 3 mM glycine). For **Fig. 4**, as there
was no ammonium in the positive control medium, the concentrations are the final concentrations.
The ammonium concentrations in **Fig. 6** are the final concentrations.
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524 For growing *E. coli*, we revived the cryostock by scratching a tiny amount of unthawed samples
525 (~1–10 µL) using a pipette tip into the fresh liquid media in polycarbonate flasks.
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Cell counts
We measured cell densities by flow cytometry using an Accuri C6 Plus (BD) with a blue laser (488
nm) and sensors for both green (533 +/- 30 nm) and yellow (585 +/- 40 nm) fluorescence. We
used a 96-well polystyrene plate (Corning® Costar®) for setting up the staining reaction. The
staining protocol was strain specific to achieve clearly resolved peak distribution via green
fluorescence area (reflecting ploidy level) during steady state growth **(Extended Data Fig. 9)**. For
HTCC1062, each well contained 120 µL of liquid count sample, consisting of 12 µL of 100x SYBR
® Green 1 (Biotium or Lonza, final concentration 10x), 12 µL of 100x Tris-EDTA (Sigma-Aldrich
®, 10x final concentration — 100 mM Tris-HCl, 10 mM EDTA), 12 µL of 5% Glutaraldehyde (final
concentration 0.5%), and 84 µL of bacterial culture. For LSUCC0530, each well contained 6 µL
of 100x SYBR ® Green 1 (final concentration 5x) and 114 µL of bacterial culture. For *E. coli*
NCM3722 (as a reference), each well consisted of 12 µL of 100x SYBR ® Green 1, 12 µL of 100x
Tris-EDTA, 12 µL of 5% Glutaraldehyde, and 12 µL of RNAse (Invitrogen™ Ambion™ RNase
Cocktail™. RNAse cocktail had little effect on the SAR11 signals). The 100x SYBR ® Green 1
was diluted from the 10,000x vendor stock (Biotium or Lonza) with 100x Tris-EDTA. The 5%
Glutaraldehyde was diluted from the 25% vendor stock (Sigma-Aldrich ® Grade I) with MilliQ
water. After staining, the plate was incubated in dark for at least 30 minutes before flow cytometric
measurements. We maintained cell density within our count samples at below 1,000 cells/µL, and
therefore the "bacterial culture" mentioned above consisted of an aliquot from the growth culture
and MilliQ water as the diluent when concentrations in the growth culture exceeded 1,000 cells/µL.
We used the "Medium" preset flow rate (35 µL/min, 16 µm core). The threshold was set at a
minimum of 1,000 for green fluorescence intensity (labeled as "FL1-H" or "FITC-H" on the BD
Accuri software). Based on the excitation/emission spectrum of SYBR ® Green 1 binding DNA,
DNA fluorescence was expected to have a 3.5–6:1 ratio of green vs. yellow fluorescence (labeled

as "FL2-H" or "PE-H" in the BD Accuri software). Therefore, we gated with a diagonal ellipse on
the green vs. yellow fluorescence plot accordingly (**Extended Data Fig. 7b-e, g-l, Extended Data**
Fig. 9a,c,e,g, Supplementary Fig. 7a-e). The cell density in the well was calculated by the
number of events that were gated as cells divided by the total flow-through volume (30 µL). The
dilution factor was then taken into account to calculate the cell density from the culture samples.
A small portion of cell counts and ploidy level distributions, specifically those taken on day 55 in
Fig. 6, were collected using Guava EasyCyte 5HT, with the InCyte 3.1 software. Sample
preparation was completed identically as when using the Accuri. We used the preset medium flow
rate (0.59 µL/sec) and gains for all the channels were default (100). The triggering channel was
set as "Green-B Fluorescence (GRN-B-HLin)" (the green fluorescence intensity) with the threshold of
60.

Estimation of instantaneous doubling time τ

The method for estimating instantaneous doubling time is adapted from previous studies in the
same lab[90,91]. We applied a sliding window for every three time points across the full growth curve,
and applied a linear regression for $log2$(cell density) vs. time **(Extended Data Fig. 10)**. We used
the slope +/- one standard error as the candidate instantaneous doubling rates. The candidate
rates were assigned to the beginning, middle, and end of the sliding window time frame. Finally,
we interpolated the spatial averages of the candidate rates as the instantaneous doubling rates
vs. time. The implementation of the algorithm is included in our GitHub repository[92].

Ploidy level distribution

SYBR ® Green 1 selectively stains cellular DNA, and because SAR11 and *E. coli* do not exhibit
autofluorescence, the resulting fluorescence areas (fluorescence intensities integrated over time
for each flow cytometer event) reflect ploidy levels. When plotting histograms of green
fluorescence areas from gated flow cytometry events, we observed peaks that corresponded to
integral chromosome copy numbers for each strain (**Extended Data Fig. 9**). Linear regression of
the green fluorescence area vs. theoretical DNA content, calculated by the expected number of
chromosome equivalents multiplied by the corresponding genome size of the strain,
demonstrated a strong correlation between theoretical DNA content and measured fluorescence
(R^2 = 0.990, P < 0.001, n = 8), validating the use of fluorescence intensity as a quantitative
measure of chromosome equivalents (**Extended Data Fig. 9i**). Therefore, the distributions of
fluorescence signals (defined as *f(x)* where *x* is the green fluorescence area, and *f(x)* is the curve
that represent the relative frequency of *x*) were mapped to ploidy level distributions (defined as
p(a) where *a* is the ploidy level) as follows: we identified the peak regions that corresponded to
one chromosome equivalent as in **Fig. 3h-j**, **Extended Data Fig. 6a-c,g-i** and noted the mean
green fluorescence area as x_{G1}. Then, $f(x) := p(a \cdot x_{G1}), p(a) := f(x/x_{G1})$. To handle many samples
in high throughput, we wrote a Python script to automate the gating and ploidy level extraction
process, maintaining the same principles as manual analysis on the BD Accuri software described
above. The Python script used the fcsparser package to read and parse raw flow cytometry files
(.fcs). The detailed code is included in the GitHub repository[92].

Cooper-Helmstetter Index

We defined the Cooper-Helmstetter Index as the ratio between maximum and minimum ploidy level of a population. To account for variation in signal vs. noise during measurements, we tested different X% cutoffs that excluded outlier data and took the ratio between X% and (100-X)% percentiles. We found that removing the highest and lowest 10% of the data resulted in an approximately 2:1 Cooper-Helmstetter Index for the *E. coli* control data under coordinated cell cycles from previous studies, reflecting the coordination between chromosome replication and cell division **(Supplementary Text)**. Therefore, unless otherwise specified, the Cooper-Helmstetter Index values reported in this study used a 10% cutoff.

Estimation of B, C, and D periods based on ploidy level distributions

One can simulate the expected ploidy level distribution based on the ratio between B, C, and D period duration and the generation time τ — B/τ, C/τ and D/τ[45]. This analytical simulation was based on the Cooper-Helmstetter model whereby parent cells have 2x the DNA content of newly divided children cells[43]. However, this method can only be applied to simulate steady-state populations. Therefore, we only used this method to calculate B, C, and D periods in samples where the Cooper-Helmstetter Index was smaller than 3. To estimate B/τ, C/τ, and D/τ, previous studies tested simulations that best matched the ploidy level distribution, either via manual iteration[93] or closed-source programming[94]. We used Python for our implementation, available on GitHub[92]. Notably, the ploidy level distribution only estimates B/τ, C/τ, and D/τ, i.e. the ratio between the durations of each period and the doubling time, so we calculated absolute durations of B, C, and D periods by multiplying B/τ, C/τ, and D/τ by τ. To verify our estimations of B, C, and D periods, we did DNA "runoff" experiments through antibiotics treatments. The details of our cell cycle dynamics estimation and verification could be found in **Supplementary Text and Figs. S7,S8**.

Cell lysis experiments

To investigate the fate of polyploid cells and validate our observations of increased background fluorescence in high ammonium samples **(Extended Data Fig. 7)**, we conducted controlled cell lysis experiments. We added 50 µL of DNA/RNA lysis buffer (Zymo Research) to 1 mL aliquots of culture samples in 2 mL microcentrifuge tubes. Flow cytometry measurements were taken at regular intervals (0.0, 1.2, 2.4, 3.6, 6.0, and 10.1 hours) to track changes in cellular integrity and fluorescence patterns. The gated fraction was calculated as the percentage of events falling within the elliptical gate defined by the green versus yellow fluorescence ratio characteristic of intact, DNA-stained cells, as shown in **Extended Data Fig. 7b-e, g-l.**.

Subpopulation growth model

We implemented a quantitative subpopulation growth model as previously developed[81]: $\lambda_p = \lambda \cdot log2(1+\Phi)$, where λ_p is the population doubling rate, λ is the doubling rate of the active subpopulation (fraction Φ of the total), assuming cells in the remaining fraction *(1-Φ)* do not divide. This model assumes exponential growth is driven by a fraction of cells dividing normally. We

assumed across all ammonium levels that active subpopulations maintained the same doubling
rate (λ = 1.1 divisions/day) as observed under no ammonium conditions, where Φ = 1.0 (all cells
actively dividing). Under excessive nitrogen conditions, Φ < 1 was determined by comparing
ploidy level distributions to identify cells with ≥ 2 chromosome equivalents resulting from division
inhibition. We defined the ploidy level distribution of positive control (Φ = 1.0) as $p_0(a)$, a
represents the ploidy level in number of chromosome equivalents, the ploidy level distribution of
samples with aneuploidy (Φ < 1.0) as $p(a)$. To estimate Φ, we normalized both ploidy distributions
($p_0(a)$ and $p(a)$) to the same height at the one-chromosome peak ($a = 1$), ensuring comparability

(Fig. 5ab). Then, Φ was calculated as the ratio of their total areas: $\Phi = \int_a [p_0(a)/p_0(1)] \div \int_a$
$[p(a)/p(1)]$. This represents the proportion of cells under the experimental condition that match the
DNA content distribution of normally dividing cells.

Dynamic light scattering

Dynamic light scattering (DLS) measurements were performed using a Wyatt Mobius Zetasizer
at the Center of Excellence in NanoBiophysics at USC. 2 mL of live cell culture was aliquoted into
the cuvette (BRAND ® PS, 1.5 mL semi-micro) and loaded into the laser slot of the DLS machine.
Data acquisition and instrument control were managed through the DYNAMICS V7 software. For
all measurements, we applied the following parameters: DLS acquisition time of 5 seconds, read
interval of 1 second, 20 DLS acquisitions per measurement, auto-attenuation time limit of 60
seconds, and normal laser mode. We utilized the pre-configured "Sodium Chloride 2.5%" solvent
profile with the following specifications: refractive index of 1.3374 (measured at 589 nm and
20°C), aqueous temperature model, viscosity of 1.044 cP at 20°C, fixed dielectric constant model,
and a dielectric constant value of 74.39161493. To export the DLS measurements, we selected
the "regularization graph" function in the software and set the resolution bar to maximum (highest
resolution) in the control panel. We configured the regularization graph with "Radius" as the x-
axis and "%Number" as the y-axis, using "Rayleigh Spheres" as the analytical model. This
configuration displayed a frequency histogram of Rayleigh sphere radii. Data were exported by
right-clicking the cursor and selecting "Export" to obtain the histogram data. The mean Rayleigh
sphere radius was calculated by taking the weighted average (dot product) of the frequency
values (%Number) and their corresponding radii from the histogram.

Epifluorescence microscopy

We stained the HTCC1062 cells in 15 mL Falcon tubes, in the same proportion as our flow
cytometry staining protocol, with 7mL of cell culture, 1mL of 100x SYBR ® Green 1, 1mL of 100x
Tris-EDTA, and 1mL of 5% Glutaraldehyde. The Falcon tube was incubated in the dark for at least
30 minutes, then harvested with 25 mm black polycarbonate filters (Isopore™ 0.2 µm Blk PC
membrane) through vacuum filtration. Filters were then placed on glass slides and imaged
through fluorescence microscope Axioskop 2 with AxioCam Cm1 (Zeiss).
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Statistics & Reproducibility
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No statistical method was used to predetermine sample size. Sample sizes varied across
experiments based on experimental design and practical constraints, ranging from 2-10 biological
replicates per condition. Discrepancies in replicate numbers resulted from multiple
considerations: practical constraints on the number of conditions that could be simultaneously
maintained, the use of gradient experiments (e.g., increasing ammonium concentrations) where
reproducibility was confirmed by consistent trends across the gradient of conditions rather than
solely by replicate numbers at individual conditions, and prioritization of resources toward optimal
growth conditions that received repeated experimental attention across multiple independent
batches. No data were excluded from the analyses. The experiments were not randomized, with
cultures assigned to experimental conditions based on the experimental design. The investigators
were not blinded to allocation during experiments and outcome assessment. Growth curve
analyses used least-squares linear regression with a sliding window approach (across three time
points) to estimate instantaneous doubling rates. Two-sample t-tests were performed to compare
doubling rates and saturation cell densities between conditions. For ploidy level distribution
analyses, linear regression validated the relationship between green fluorescence area and
theoretical DNA content (R^2 = 0.990, P < 0.001, n = 8). The Cooper-Helmstetter Index was
calculated using a 10% cutoff (ratio between 90th and 10th percentiles), which was validated to
produce approximately 2:1 ratios for *E. coli* control data under coordinated cell cycles.
Reproducibility was rigorously ensured through repeated independent experimental batches
conducted over the course of the study. Through repeated experimentation across multiple
batches, we consistently identified optimal growth conditions characterized by approximately one
day doubling time and Cooper-Helmstetter Index values around 2, demonstrating the robustness
and reliability of our experimental approach. Custom Python scripts for all the analyses pipelines,
including growth curve analysis and automated flow cytometry data analysis, as well as those for
main figure generation, are available on GitHub[92].

Data Availability

Epifluorescence microscopic images beyond those of **Extended Data Fig. 6**[95] and the results of the SAR11 InterProScan analyses and prior CheckM output for all taxa[27] are hosted externally at FigShare[84].

Access to the source data (including growth curves and flow cytometry/ploidy level distributions data) to all the main figures (**Fig. 1-6**) are available at Supplementary Table Tabs 1-3 and our GitHub repository[92]. The Google Colab notebooks in the GitHub repository provide "push-button" pipeline to read and index the raw flow cytometry files and therefore readers are able to follow how the files got turned into the ploidy level plots in the paper.

Code Availability

We provide python code in Google Colab Notebook format in our GitHub repository[92]. The code include the essential data analyses pipeline to recreate the figures.

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Author Contributions

C.C. contributed to study development, designed and conducted growth experiments, developed flow cytometry methodology, created the code for flow cytometry data analysis, growth rate calculations, and data visualization, developed the subpopulation model, performed all bioinformatics analyses, performed fluorescence microscopy, dynamic light scattering measurements and wrote the paper. B.D.B. conducted control growth experiments. P.S. helped with fluorescence microscopy. H.A. and C.B. helped with media preparation and growth measurements. C.B. helped with media preparation and dynamic light scattering measurements. K.A.E. helped with formalization of the subpopulation model. R.T. assisted with flow cytometry

729   method development. J.C.T. developed the study, helped with experimental design and
730   bioinformatics strategy, obtained funding for the work, assisted with data analysis and
731   visualization, and wrote the paper. All authors contributed to proofing and editing the final
732   manuscript.
733

Competing Interests

735   The authors declare that they have no competing interests.

Figures

Figure 1 | Distributions of canonical cell cycle regulatory proteins across SAR11 subclades (top)
and other bacteria (bottom). The top panel is a heatmap showing the distribution of proteins within
HTCC1062 and the SAR11 subclades (Ia, Ib, Ic, II, IIIa.1, IIIa.2, IIIa.3, IIIb) based on our pangenomic
analysis of 470 representatives. Each column represents a different InterProScan ID for the labeled protein.
Color represents the fraction of genomes with the protein present: yellow (1.0) = present in all genomes,
purple (0.2-0.4) = present in a minority of genomes, dark blue (0.0) = absent from all genomes. DnaA[96,97]
serves as a positive reference expected to be present in most genomes. The bottom panel shows the
taxonomic distribution of each protein across broader bacterial groups (Bacteria, Pseudomonadota,
Alphaproteobacteria) in the context of the overall SAR11 clade based on UniProt searches. The the shade
of the circle indicates the relative distribution of a protein in UniProt normalized to DnaA for each taxonomic
group: black circles (0.1-1) indicate proteins present in 10%-100% of genomes compared to DnaA, grey
circles (0.01-0.1) indicate proteins present at between 1-10% that of DnaA, and empty circles (0-0.01)
indicate proteins that are absent or mostly absent, occurring in less than 1% of genomes compared to
DnaA. Detailed accounting of protein distributions across individual SAR11 genomes or bacterial groups is
provided in **Supplementary Table Tab 1-3**.

Figure 2| SAR11 growth response to nutrient enrichment. (a) Growth curves of SAR11 strain
HTCC1062 under increasing nutrient concentrations (0.5x to 10x). The number of replicates for each growth
curve are specified within each plot. **(b)** Instantaneous doubling rates across nutrient concentrations. **(c)**
Saturation cell density across nutrient concentrations. **(d)** Flow cytometry histograms of cellular DNA
content showing ploidy distributions during exponential (red) and stationary (blue) growth phases across
nutrient concentrations. **(e)** Cooper-Helmstetter Index (ratio of maximum to minimum ploidy) across nutrient
concentrations. Dashed lines indicate trends. **(f)** Saturation cellular DNA concentration (chromosome
equivalents per mL) across nutrient concentrations. Data for this figure is available at **Supplementary**
Table Tabs 19, 20.

Figure 3| Different factors triggering cell cycle dysregulation in SAR11. (a-f) SAR11 growth rates and
yields (top panels) with corresponding Cooper-Helmstetter Index measurements (bottom panels) under
various conditions. **(a)** Effect of pyruvate-to-glycine ratios, with cultures transferred from an optimal 5:1 ratio
to the experimental ratios. **(b)** Proportional scaling of pyruvate and glycine concentrations while maintaining
an optimal 5:1 ratio, with cultures transferred from a 1 mM pyruvate/0.2 mM glycine baseline. **(c)** Effect of
inorganic nitrogen sources: ammonium (NH_4^+) and nitrate (NO_3^-) at 0–8 mM, with cultures transferred
from 5 mM pyruvate/1 mM glycine without additional inorganic nitrogen. **(d)** Differential effects of organic
nitrogen sources: glycine versus alanine. Red "+" indicates additional compounds added to base media,

not absolute concentrations. **(e)** Carbon source shifts from pyruvate to glucose while maintaining equivalent
carbon concentrations. **(f)** Temperature responses (16–30°C) under different glycine concentrations, with
cultures transferred from room temperature. **(g)** Relationship between instantaneous doubling rate and
Cooper-Helmstetter Index revealing three distinct response categories: *i)* growth inhibition with aneuploidy,
ii) growth inhibition without aneuploidy, and *iii)* normal growth. **(h-j)** Flow cytometry profiles of cellular DNA
content under representative conditions from each response category. Additional experimental data are
shown in **Fig. 4** and **Extended Data Figs. 1, 2, and 4**. Detailed nutrient conditions are provided in
Supplementary Table Tab 17.
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Figure 4| High-resolution temporal analysis of excessive ammonium effects on SAR11 cell cycle
regulation. (a-d) Time course measurements of SAR11 growth parameters under varying ammonium
concentrations (0-4 mM): (a) cell density, (b) total DNA, (c) instantaneous doubling rate, and (d) Cooper-
Helmstetter Index. **(e-h)** Flow cytometry histograms showing DNA content distributions over time under
different ammonium concentrations: (e) 0 mM, (f) 0.2 mM, (g) 2 mM, and (h) 4 mM NH_4^+ . Detailed nutrient
concentrations are provided in **Supplementary Table Tab 16**. Dashed lines separate exponential and
stationary growth phases. **(i)** Theoretical ploidy distribution showing maximum likelihood estimation (see
Methods) of B (between cell birth and DNA replication initiation), C (DNA replication), and D (between
replication completion and cell division) periods (in colored contours) fitted to experimental measurements
(gray histogram). **(j)** Schematic representation of bacterial cell cycle with B, C, and D periods across one
generation (τ). **(k)** Ammonium stress extends SAR11 generation time and delays cell division. Cell cycle
period durations under increasing ammonium concentrations, estimated from ploidy level distributions
collected during the first five days of growth. Statistical comparisons between treatments were added (* p
< 0.05, ** p < 0.01, *** p < 0.001; Mann-Whitney U two-sided tests comparing 0 mM vs 2 mM and 0 mM vs
4 mM NH_4^+). For the specific p-values, τ: p=0.012266 (0 mM vs. 2 mM), p=0.000036 (0 mM vs. 4 mM); B:
p=0.056377 (0 mM vs. 2 mM), p=0.006037 (0 mM vs. 4 mM); C: p=0.094999 (0 mM vs. 2 mM), p=0.000646
(0 mM vs. 4 mM); D: p=0.002869 (0 mM vs. 2 mM), p=0.000036 (0 mM vs. 4 mM).

Figure 5| Subpopulation model quantitatively validates the link between cell cycle heterogeneity
and growth inhibition. (a-b) Ploidy level distributions comparing optimal growth conditions (0 mM NH_4^+ ,
blue contour) with high ammonium conditions (4 mM NH_4^+ , orange contour) at **(a)** day 3 and **(b)** day 9.
Area under the orange contours is shaded either gray or orange: the orange areas are exactly covered
under the blue contour, indicating the subpopulation of the orange contour that is under optimal ploidy level,
with the fraction of Φ in the subpopulation model, the gray areas represent the subpopulations that are
under aneuploidy defined as *1-Φ* (see **Methods**). **(c)** Relationship between population instantaneous
doubling rate λ_p and fraction of cells with optimal ploidy levels Φ across different ammonium concentrations.
Dashed curve represents predictions from the active subpopulation model, $\lambda_p = \lambda \cdot log2(1+\Phi)$, not a fit to
the data (see **Methods**). **(d)** Conceptual model showing how excessive nitrogen creates heterogeneous
populations: cells maintaining optimal ploidy continue dividing at normal rates while aneuploid cells fail to
divide, eventually leading to cell lysis. Solid arrow colors correspond to ammonium concentrations, and the
greater the ammonium, the more cells become aneuploid. The dashed black arrow reflects the fact that
many other environmental perturbations also lead to aneuploidy.

Figure 6| Cell cycle vulnerability extends to freshwater SAR11 strain LSUCC0530 with the P-II
system. (a-f) Time course measurements of strain LSUCC0530 growth parameters under varying
ammonium concentrations (0.5-4 mM, detailed nutrient concentrations are in **Supplementary Table Tab**
16) at two temperatures: (a,c,e) 16°C and (b,d,f) 25°C, showing (a-b) cell density, (c-d) instantaneous
doubling rate, and (e-f) Cooper-Helmstetter Index. **(g-l)** Ploidy level distributions over time under different

ammonium concentrations and temperatures: (g-i) 16°C and (j-l) 25°C, with ammonium concentrations of
(g,j) 0.5 mM, (h,k) 2 mM, and (i,l) 4 mM NH_4^+ . Each condition is in duplicates.

Extended Data Figures

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Extended Data Figure 1| Effect of pyruvate:glycine ratios on SAR11 growth and cell cycle regulation.
(a-c) Growth curves showing SAR11 responses to different glycine and pyruvate concentrations: (a) glycine
experiment with 0.1 mM pyruvate, anchor condition 20 µM glycine; (b) glycine experiment with 1 mM
pyruvate, anchor condition 200 µM glycine; (c) pyruvate experiment with 20 µM glycine, anchor condition 1
mM pyruvate. **(d-e)** Doubling rates and saturation cell density under different glycine concentrations.
Dashed curves represent high pyruvate (1 mM) and vitamins (20X); solid curves represent low pyruvate
(0.1 mM) and vitamins (2X). **(f-g)** Doubling rates and saturation cell density under various pyruvate
concentrations with fixed glycine (20 µM) and vitamins (20X). **(h-k)** Ploidy level distributions across
exponential (red) and stationary (blue) phases and Cooper-Helmstetter Index: (h,i) low pyruvate and vitamin
conditions (solid curves in d,e); (j,k) high pyruvate and vitamin conditions (dashed curves in d,e). For 4 mM
glycine in high pyruvate conditions (j,k), absence of red data indicates no growth. **(l,m)** Ploidy level
distributions and Cooper-Helmstetter Index under various pyruvate concentrations corresponding to panels
(f,g). Media compositions are provided in **Supplementary Table Tab 17**.

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Extended Data Figure 2| Growth curves and ploidy distributions for experiments described in Fig.
3. Detailed media compositions are provided in **Supplementary Table Tab 17.** For conditions where
Cooper-Helmstetter Index remained around 2 throughout the time course, detailed ploidy distributions over
time are not shown as they are essentially identical to the positive control in (a). **(a)** Raw data of **Fig. 3b**,
showing growth curves, Cooper-Helmstetter Index over time, and ploidy distributions during growth and
stationary phases. **(b,c)** Results of two independent vitamin experiments under different pyruvate (100 µM
vs. 1 mM), glycine (20 µM vs. 200 µM) and ammonium chloride (800 µM vs. 0) concentrations. **(d)** Excessive
leucine experiment. **(e)** Corresponds to the alanine experiment data in **Fig. 3f**. **(f)** Physiological effect of
excessive taurine. **(g)** Effect of excessive adenine. **(h)** Pyruvate to glucose shift experiment in **Fig. 3e**. **(i)**
Temperature experiment in **Fig. 3d**.

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Extended Data Figure 3| Growth curves of HTCC1062 under (a) adapted AMS1 media in 50 mL, the
specific concentration of each vitamin was slightly different from the original AMS1 recipe[18]. **(b)** "1x"
condition as in **Fig. 2** in 50 mL, **(c)** "1x" condition in large volume (> 500 mL), and **(d)** CCM2 media in large
volume. The detailed media recipes can be found in **Supplementary Table Tabs 17 and 18**. The "1x"
condition in (b) and (c) have the same nutrient concentrations as AMS1 media, but under lower salinity
(23.3 ppt vs. 36.1 ppt). Discrepancies in the number of replicates resulted from performing different sets of
experiments with different volumes. We have included data from all experiments conducted. The growth
curve data are in **Supplementary Table Tab 21**.

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Extended Data Figure 4| HTCC1062 cell cycle physiology under various phosphate concentrations,
including (a) growth curves, (b) doubling rates, (c) saturation cell density, (d) ploidy level
distribution, (e) Cooper-Helmstetter Index (10% cutoff). 100 µM was the anchor condition that was
transferred to each experimental condition. For the 0.1 µM sample, we made 1L of phosphate-free media
to which we transferred 1 mL of the seed culture (at 100 µM phosphate starting concentration). The 1000-
fold dilution therefore set the upper limit of the carried-over phosphate at 0.1 µM. The detailed media recipes
are in **Supplementary Table Tab 18**.

Extended Data Figure 5| Laboratory room temperature monitoring during experiments. Temperature
measurements (°C) over time showing maximum (blue), minimum (green), and average (orange) daily
temperatures in the laboratory where SAR11 HTCC1062 cultures were maintained. Data collected using
iMonnit temperature monitoring system. Room temperature typically fluctuated between 17-23°C, which
corresponds to the "room temperature" conditions referenced throughout the experiments.

Extended Data Figure 6| Elevated ammonium induces cell size polymorphism and morphological
abnormalities in SAR11. (a-f) First experimental batch showing: Flow cytometry data of histograms of
green fluorescence areas from exponential phase cultures with (a) 0 mM, (b) 4 mM, and (c) 8 mM NH_4 Cl,
revealing progressive increase in polyploidy with higher ammonium levels. In these green fluorescence
area histogram, the population that we identified as cells with one copy number of chromosomes are gated
and labeled as 'G1' and highlighted in purple. (d-f) Corresponding epifluorescence microscopy images of
SYBR ® Green-stained cells from the same cultures, revealing normal rod-shaped morphology in control
conditions versus elongated filamentous forms in high ammonium conditions. Scale bars = 5 µm.
Microscopic images were taken at least 6 times at different locations of the slide for each sample: n=6 for
0 mM, n=16 for 4 mM, and n=43 for 8 mM, which are available on FigShare[95]. More images were taken for
samples with higher NH_4 Cl concentrations due to confirming the appearance of fillamentous cells were
being found everywhere. **(g-j)** Independent from the data shown in (a-f), second experimental batch
showing: Flow cytometry histograms of green fluorescence areas during exponential growth phase with
different ammonium concentrations: (g) 0 mM, (h) 4 mM, and (i) 6 mM NH_4 Cl. We gated and labeled the
one-chromosome population as 'M1'. The ranges of our manual gate are also displayed, as minimum green
fluorescence area = 8132.0 (arbitrary unit), maximum green fluorescence area = 18199.0 (arbitrary unit).
(j) Dynamic light scattering measurements of cell size (Rayleigh sphere radius) from the same cultures,
demonstrating significantly increased cell size with higher ammonium concentrations. The dynamic light
scattering source data is available in **Supplementary Table Tab 22**.

Extended Data Figure 7| Flow cytometry gated fraction analysis and cell lysis experiments. (a)
Variation of flow cytometry gated fraction at each time point across the growth curves under different
ammonium chloride concentrations in Figure 3. Examples of the calculation of gated fractions are shown in
(b-e). **(b-e)** Flow cytometry scatter plots showing green versus yellow fluorescence with gating ellipses and
percentages of gated events at different time points and ammonium concentrations: (b) 0 mM NH_4^+ day
8, (c) 4 mM NH_4^+ day 9, (d) 0 mM NH_4^+ day 22, and (e) 4 mM NH_4^+ day 22. (f) Time course of gated
fraction decline during lysis buffer treatment. (g-l) Flow cytometry scatter plots showing the progressive
breakdown of cellular integrity over time following addition of lysis buffer, with time points from 0.0 to 10.1
hours demonstrating the transition from intact cells to cellular debris.

Extended Data Figure 8| Effect of culturing volumes on the growth physiology. Samples labeled with
"(50 mL)" are 50 mL liquid culturing in 125 mL flasks, otherwise are in the normal culturing conditions (>
400 mL as described in **'Bacterial culturing', Methods**). "1X" and "2X" media are the same as in **Fig.2**
and **Extended Data Fig. 1.** Here, we are showing the **(a)** growth curves, **(b, c)** violin plots with data points,
and the p-value of the two-sample two-sided t-test for doubling rates and saturation cell densities**.**
Discrepancies in the number of replicates resulted from performing different sets of experiments with
different volumes. Growth curve source data are available in **Supplementary Table Tab 23**.

Extended Data Figure 9| Flow cytometry gating strategy and ploidy calibration. (a-h) Flow cytometry
scatter plots showing green versus yellow fluorescence (left panels) and corresponding DNA content
histograms (right panels) for different bacterial strains and conditions: (a-b) SAR11 HTCC1062 samples
with coordinated cell cycles, (c-d) SAR11 HTCC1062 samples with polyploidy, (e-f) SAR11 LSUCC0530,

and (g-h) *E. coli* NCM3722. Green diagonal gates define cellular events based on the expected 3.5-6:1
ratio of green to yellow fluorescence for SYBR ® Green-stained DNA. In the histograms, peaks are gated
and labeled according to genome equivalents (G1 = 1 chromosome, G2 = 2 chromosomes, etc.), with
percentages indicating the proportion of events within each ploidy peak. **(i)** Linear regression between
theoretical DNA content and green fluorescence area across different bacterial strains. The underlying data
are in **Supplementary Table Tab. 24**.

Extended Data Figure 10| Example growth curve analysis. (a) Log 2 transformed cell density across
time. Lines in different colors are the least squares linear regression fit within a sliding window of 3 time
points across the full growth curve. **(b)** The estimation of instantaneous doubling rates for each sliding
window are plotted as scattering dots with the corresponding color as in (a). The red curve is the non-
parametric spatial average fit.

Supplementary information

Supplementary Information| The supplementary materials include: **(1)** supplementary text covering in-depth evaluation of the cell cycle marker genes that we chose in **Fig. 1** and their presence or absence in SAR11 genomes (**Section 1**), a basic background discussion of bacterial cell cycles[28], reanalysis of population ploidy levels from previous studies for *E. coli* [29,45,98], *V. cholerae*[99] (**Section 2**), and SAR11 HTCC1062[18] (**Section 3**), reanalysis of DNA fluorescence microscopic image of SAR11 HTCC1062[18], the pipeline for flow cytometry data analysis (**Section 4**), our DNA "runoff" experiments with antibiotic treatments for cell cycle dynamics validation in HTCC1062 (**Section 5**), and additional points of discussion stemming from our results (**Section 6**). **(2)** 8 supplementary figures **(Fig. S1-S8)** and their captions. **(3)** Detailed descriptions of the 24 supplementary tables **(Supplementary Table Tabs 1-24)** that contain additional data and analyses.

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(a) Glycine experiment with 0.1 mM pyruvate

(b) Glycine experiment with 1 mM pyruvate

(c) Pyruvate experiment with 20 μM Glycine

AHF 209 lab

Flow cytometry data

Epi-fluorescence microscope data

Flow cytometry data

Dynamic Light Scattering measurements