Cell cycle dysregulation of globally important SAR11 bacteria resulting from environmental perturbation

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Abstract

Genome streamlining is hypothesized to occur in bacteria as an adaptation to resource-limited environments but can result in ostensibly deleterious gene losses affecting core aspects of cellular physiology. The most abundant marine microorganisms, SAR11 (order *Pelagibacterales*), exhibit canonical genome streamlining, but the consequences of this genotype on core cellular processes like cell division remain unexplored. Analysis of 470 SAR11 genomes revealed widespread absence of key cell cycle control genes, and growth experiments demonstrated that, although SAR11 bacteria maintain a normal cell cycle under oligotrophic conditions, they exhibit growth inhibition and aneuploidy when exposed to nutrient enrichment, carbon source shifts, or temperature stress. Detailed temporal sampling demonstrated that these phenotypes occur as a result of cell division disruption with continuing DNA replication, leading to heterogeneous subpopulations of normal and polyploid cells. This vulnerability reflects an evolutionary trade-off where adaptation to stable nutrient-limited conditions results in reduced physiological resilience.

Main

Some microbial lineages have undergone significant genome reduction over evolutionary time, resulting in naturally evolved cells that reveal core principles of cell biology under reduced genomic complexity[1,2]. Among them, SAR11 bacteria stand out as an exceptional model. With genome sizes typically around 1.2-1.3 Mbp—among the smallest of any free-living cells— these bacteria dominate marine ecosystems, comprising up to 40% of bacterial cells in surface seawater, and are canonical oligotrophic taxa adapted to low nutrient environments[3–5]. Their small genomes exhibit patterns collectively known as genome streamlining, such as high coding densities, few paralogs or pseudogenes, and enzyme promiscuity[6–9]. Unlike synthetic minimal cells engineered in laboratory settings[10–12], SAR11 representatives are compelling "natural minimal cells" for investigating how genome reduction relates to increased fitness in the environment.

Despite their ecological success, SAR11 populations exhibit numerous ostensibly disadvantageous traits and puzzling ecological patterns that suggest potential physiological vulnerabilities. They are obligate slow growing taxa, typically dividing only once per day under optimal conditions both *in situ* and in culture[13–18]. Their streamlined genomes result in decreased regulatory capacity[1,19,20] and metabolic consequences, like a dependence on reduced sulfur sources[21] and amino acid and vitamin auxotrophies[14,22]. SAR11 do not thrive in phytoplankton bloom conditions[23], die in co-culture with the dominant phytoplankton *Prochlorococcus* when it reaches stationary phase[24] (both scenarios that enrich copiotrophic bacteria), and exhibit cell-cycle arrest when pyruvate concentrations are low relative to those of glycine[14].

These observations raise questions about the evolutionary trade-offs between genome streamlining and fitness. Importantly, they point to possible consequences of genome reduction in SAR11 on essential cellular processes like the cell cycle—the tightly regulated progression of cellular growth, DNA replication, and division[25]. Here we examined how SAR11 bacteria coordinate cell division and DNA replication in the context of a reduced genome, and what physiological constraints SAR11 responses impose on their ability to acclimate to environmental change.

Results

Canonical cell cycle regulation genes are missing in most SAR11 genomes

We analyzed the pangenome of SAR11 with 470 representatives and determined that SAR11 lacks most of the canonical genes that coordinate cell division and DNA replication in the well-characterized model organisms *Escherichia coli*[26], *Bacillus subtilis*[27], and *Caulobacter crescentus*[28], as well as the synthetic minimal cell JCVI-syn3[29] **(Table 1)**. These genes fell broadly

into two categories: genes governing divisome assembly/positioning and genes regulating DNA
replication initiation. In the first category, the gene encoding FtsZ, the tubulin-like protein forming
the contractile Z-ring, lacks the region encoding C-terminal domain in 464 out of 470 (98.7%) of
SAR11 genomes. This domain is critical as its deletion causes severe cell envelope defects in *C.*
crescentus[28] and disrupts essential FtsZ-FtsA interactions[30]. Proper stoichiometric ratios between
FtsZ and FtsA are necessary for normal cell division in *E. coli*[31]. Similarly, *minC* and *minD*, which
encode proteins restricting Z-ring formation to midcell by preventing FtsZ polymerization at cell
poles[27], were absent in 468 out of 470 (99.6%) SAR11 genomes. In *B. subtilis*, *minCD* mutants
formed misplaced FtsZ rings, leading to abnormal chromosome segregation and polyploidy[27]. The
genes encoding for SepF, which anchors FtsZ to the membrane, and LemA, involved in divisome
regulation- both essential for the coordination of cell cycle for the synthetic minimal cell[29]- were
also absent in all SAR11 genomes (Table 1). In the second category, the genes encoding SeqA,
which controls replication timing, the Dam methyltransferase, which marks DNA for replication
control, and TopA, which regulates DNA topology during replication, were absent in 455 out of
470 (96.8%) SAR11 genomes. Mutations in, or deletions of, these genes in *E. coli* caused
dysregulated replication and abnormal chromosome copy numbers, such as 3 or 5 chromosome
equivalents, which indicated improper cell division coordination[26].

These conspicuous gene absences led us to question how SAR11 thrives globally without such
important cell cycle regulators. *B. subtilis minCD* knockouts had relatively few phenotypic
consequences in a nutrient-limited medium whereby 89% of mutant cells formed normal Z-rings
versus only 23% in rich medium[27]. Similarly, *E. coli seqA*, *topA*, and *dam* mutants also showed
exaggerated cell cycle disruption in media with greater nutrient content compared to those with
less[26] **(Supplementary Note 1)**. If losing these cell cycle regulation genes has relatively minimal
phenotypic consequences under nutrient-limited growth, these results suggest that selective
pressure to maintain them might be relaxed in the consistently nutrient-limited oceans where
SAR11 dominates.

SAR11 exhibits growth inhibition and aneuploidy in response to nutrient enrichment

To test whether the absence of cell cycle regulation genes in SAR11 would result in similar
deleterious growth phenotypes as those in the *B. subtilis* and *E. coli* mutants, we grew the SAR11
representative *Candidatus* Pelagibacter ubique HTCC1062 in increasingly rich media by
proportionally varying the concentrations of pyruvate, glycine, ammonium, phosphate, and
vitamins **(Fig. 1)**. Rather than monotonically increasing then saturating at a constant level with
nutrients, HTCC1062 growth showed a "bell-shaped" phenotype. Growth yields increased as
nutrient concentrations rose from 0.5x to 3x, followed by significant decreases in both rate and
yield under higher nutrient conditions (8x and 10x) **(Fig. 1a-c)**. This "bell-shaped" phenotype
aligns with SAR11's oligotrophic distribution where these organisms thrive in nutrient-limited
environments but are inhibited in rich nutrient conditions.

Analysis of ploidy levels revealed distinct cell cycle patterns across nutrient conditions. Under
limited nutrients (0.5x–3x), SAR11 cultures maintained normal ploidy (1-2 chromosomes) **(Fig.**

1d), indicating a non-overlapping cell cycle where DNA replication completes before the next
round begins **(Supplementary Note 1)**. According to the Cooper-Helmstetter model[32], in steady-
state bacterial growth[33] the ratio of cells at maximum ploidy to minimum ploidy—which we term
the Cooper-Helmstetter Index —is approximately 2:1[34]. SAR11 maintained this ~2:1 ratio under
0.5x-3x nutrient conditions, reflecting normal cell cycle progression. In contrast, under richer
conditions (4x–10x nutrients), we observed SAR11 subpopulations with more than two
chromosomes and Cooper-Helmstetter Indices >> 2, indicating aneuploidy **(Fig. 1e)**. This differs
from the typical 'overlapping cell cycle' of copiotrophs, where despite multiple replication forks,
cells maintain a Cooper-Helmstetter Index ~2 **(Supplementary Note 1)**.

Since we observed more cells with higher ploidy levels appearing under richer nutrient conditions,
we wanted to determine whether this reflected a redistribution of DNA content among a smaller
population or instead represented changes in total DNA production. Therefore, we quantified total
DNA concentrations by calculating the product of cell density and mean cellular ploidy level. We
found that the total DNA concentration also decreased significantly under 10x nutrient conditions
(Fig. 1f), demonstrating that, although some cells contained more chromosomes, the overall DNA
quantity in the culture was substantially reduced due to lower cell numbers and dysregulated DNA
replication. This means that while individual cells accumulated excess chromosomes, the
population as a whole suffered reduced DNA and impaired growth.

Identification of specific factors triggering cell cycle dysregulation in SAR11

Having established that elevated nutrient concentrations induced growth inhibition and aneuploidy
in SAR11, we next investigated which specific environmental factors triggered these cell cycle
disruptions. Since our initial experiment proportionally varied multiple nutrients simultaneously
(pyruvate, glycine, ammonium, phosphate, and vitamins), we sought to determine whether
particular nutrients or combinations were responsible for the observed effects, and whether other
environmental parameters besides nutrients could elicit similar responses.

HTCC1062 is a glycine auxotroph[22] and low pyruvate:glycine ratios inhibit cell cycle progression,
resulting in an accumulation of cells with diploid DNA content[14]. Since this diploid phenotype was
similar to our observations of aneuploidy based on proportional increases of all nutrients, we
examined the pyruvate:glycine ratio effects in detail. Through re-analysis of the data from Carini
et al. 2013[14] and application of the Cooper-Helmstetter Index, we found indicators of polyploidy
beyond two chromosome equivalents and filamentous morphologies that were not emphasized
in the original study **(Supplementary Note 2)**. In our own experiments, we confirmed that
pyruvate:glycine ratios between 5:1 and 2:1 supported stable steady-state growth with normal
ploidy (Cooper-Helmstetter Index ~2), whereas ratios at or below 1:1 induced aneuploidy
(Cooper-Helmstetter Index >> 2; **Fig. 2a, Extended Data Fig. 1**). The concentration of these
compounds was less important than their ratio - by scaling pyruvate and glycine proportionally at
5:1, we could modulate saturation cell density without affecting growth rates or ploidy levels **(Fig.
2b, Extended Data Fig. 2a)**, thus improving growth yields 100-fold from the original AMS1

medium recipe which was most commonly used for culturing HTCC1062[14]**(Extended Data Fig.**
3).

Although a pyruvate:glycine ratio below 1:1 led to growth defects, this did not explain the
observation of polyploidy in our bulk nutrient experiments, because there we maintained the
proportions of all growth compounds. We therefore tested other medium components for similar
cell cycle dysregulation effects with increased concentrations. We found that excessive
ammonium leads to both growth inhibition and aneuploidy (**Fig. 2c, Fig.3**), whereas increased
vitamin concentrations neither inhibited growth nor disrupted normal cell cycle progression
(Extended Data Fig.2bc), and excessive phosphate did not affect the growth rate or cause
aneuploidy, but significantly reduced saturation cell density **(Extended Data Fig. 4)**.

Since glycine and ammonium could disrupt the cell cycle and cause growth inhibition, we tested
whether other nitrogen sources would produce the same phenotype. Nitrate, another inorganic
nitrogen source, had no effect (as expected because HTCC1062 has no predicted nitrate
assimilation genes) (**Fig.2c**). Similarly to excess glycine and ammonium, leucine caused both
growth inhibition and aneuploidy (**Extended Data Fig. 2d**), but supplemental alanine (**Fig. 2d,**
Extended Data Fig. 2e), taurine **(Extended Data Fig. 2f)**, and adenine (**Extended Data Fig. 2g**)
inhibited population growth without inducing polyploidy. These differential responses highlight that
cell cycle disruption depends on the specific nitrogen source metabolized rather than total
nitrogen availability.

We also tested the effect of changing the carbon source from pyruvate to glucose while
maintaining equivalent carbon concentrations. Despite this stoichiometric consistency, we
observed significant cell cycle disruption, indicating that the specific carbon source, rather than
just the carbon-to-nitrogen ratio, can affect cell cycle regulation (**Fig. 2e, Extended Data Fig. 2h**).

In addition to various chemical perturbations, we tested the effect of different temperatures. At
lower temperatures (16-20°C), SAR11 maintained normal ploidy levels even with the 1:1 pyruvate
to glycine ratio (**Fig. 2f, Extended Data Fig. 2i**) that caused cell cycle disruption under our default
room temperature (fluctuating around 20°C - **Extended Data Fig. 5**). As temperatures increased
to 25°C, aneuploidy occurred even with a 5:1 pyruvate:glycine ratio but was more severe with a
1:1 pyruvate to glycine ratio, while at 30°C, growth was completely inhibited regardless of nutrient
concentrations (**Fig. 2f, Extended Data Fig. 2i**).

In summary, we identified several distinct patterns of SAR11 cell cycle dysregulation (**Fig. 2g-i**):
(1; Fig. 2h) growth inhibition with aneuploidy occurred in response to glucose substitution,
temperature elevation to 25°C, and excessive ammonium, glycine, or leucine; (2; Fig. 2i) growth
inhibition without aneuploidy was observed during temperature shifts to 30°C, and with excessive
alanine, taurine, adenine, or phosphate; and (3; Fig.2j) no growth inhibition with additional nitrate,
vitamins, or pyruvate. Notably, when comparing the Cooper-Helmstetter Index to the
instantaneous doubling rate, the data forms a triangular cluster pattern, revealing that growth
inhibition is frequently associated with cell cycle dysregulation (**Fig. 2g**). Cultures maintaining
optimal growth rates consistently exhibited normal ploidy (Cooper-Helmstetter Index ~2), while
growth-inhibited cultures often, but not always, displayed aberrant ploidy levels.

High temporal resolution sampling reveals the onset and fate of aneuploidy under excessive ammonium

To understand the progression and mechanisms of aneuploidy induction, we conducted high-resolution sampling of SAR11 cultures exposed to varying ammonium concentrations (0–4 mM) **(Fig. 3)**. During the first five days, growth curves remained similar across treatments but afterward showed concentration-dependent decreases in growth rates **(Fig.3a–c)**.

Ploidy levels during early growth (days 2-5) showed minimal variation, with Cooper-Helmstetter Index values only slightly increased in higher ammonium treatments **(Fig. 3d–h)**. This allowed us to quantify cell cycle period durations using the Cooper-Helmstetter model[34]. In non-overlapping cell cycle progression, these periods are: B (between cell birth and DNA replication initiation), C (DNA replication), and D (between replication completion and cell division) **(Fig. 3i,j)**. D period experienced the most dramatic extension under high ammonium, increasing from 3.53 ± 0.70 hours at 0 mM to 10.19 ± 1.26 hours at 4 mM NH_4^+ **(Fig. 3k)**, indicating delayed cell division after DNA replication completed. The C period showed modest increases (from 10.19 ± 1.28 to 12.02 ± 0.60 hours), while the B period slightly decreased with elevated ammonium (from 9.31 ± 1.11 to 7.86 ± 0.49 hours), suggesting earlier DNA replication initiation. These results demonstrated that excessive ammonium primarily impacted post-replication processes, with aneuploidy resulting from division delays coupled to continued chromosome replication.

Polyploidy appeared after day 5 in samples with high ammonium concentrations **(Fig. 3gh)**. Specifically, we observed that a third chromosome equivalent (triploidy) occurred first, indicating an imbalance in DNA replication initiation whereby only one of the chromosomes in diploids was duplicated. The appearance of odd number chromosome equivalents was consistent with the lack of regulatory genes controlling DNA replication initiation **(Table 1)**, and mirrored that of *E. coli* mutations in the same genes[26]. Due to the appearance of aneuploidy (Cooper-Helmstetter Index >> 2), after day 5 we could no longer estimate the durations of B, C, and D periods based on the Cooper-Helmstetter model, so we used cell cycle-disrupting antibiotics (in antibiotic 'run-off' experiments) to validate our measurements of cell cycle periods under ammonium stress. We used cephalexin[35], which inhibits cell division without affecting DNA replication, alongside rifampin and chloramphenicol[36], which inhibit transcription and translation, both required for new rounds of DNA replication initiation. By monitoring the ploidy distributions of ammonium-treated samples after treatment with these antibiotics, we confirmed that excessive ammonium causes division delays while allowing continued DNA replication **(Supplementary Note 4)**. Furthermore, samples treated with only cephalexin (cell division inhibition) confirmed that triploids developed from diploids, indicating that diploids conduct DNA replication on only one of the chromosomes. These antibiotic treatments also corroborated our B, C, and D period estimations from above and provided an orthogonal confirmation of the mechanisms underlying the cell cycle dysregulation we observed in SAR11 **(Supplementary Note 4)**.

Using fluorescence microscopy, we observed both filamentous and normal rod-shaped SAR11 cells in our samples with polyploidy under excessive ammonium **(Extended Data Fig. 6a–f)**. This pleomorphic phenotype is similar to the polymorphism observed in SAR11 under low

pyruvate:glycine ratios[14] and previous genetic studies in *E. coli*[31], *C. crescentus*[28], and the minimal
synthetic cell JCVI-Syn3[29] where cell cycle regulation genes were disrupted. Dynamic light
scattering measurements confirmed a trend toward increased mean cell size with higher ploidy
levels, corroborating the generation of filamentous cells with larger sizes (**Extended Data Fig.**
6g–j). As the cultures reached stationary phase, we observed a decrease in the Cooper-
Helmstetter Index, indicating that the frequency of polyploids decreased over time, leaving cells
predominantly with 1-2 chromosome equivalents **(Fig. 3gh)**. Flow cytometric analysis revealed
increased background fluorescence in high ammonium samples during the same growth stage
(Extended Data Fig. 7a–e), like patterns observed when we subjected actively growing cells to
a lysis buffer, suggesting selective lysis of polyploid cells in stationary phase **(Extended Data**
Fig. 7f–i).

232 A subpopulation model quantitatively validates the link between cell
233 cycle heterogeneity and growth inhibition

Our high-resolution temporal analysis revealed that excessive ammonium created a mixed
population of euploid and polyploid cells. This heterogeneity, with co-occurrence of both
filamentous and normal rod-shaped cells, indicated that not all cells responded identically to
ammonium stress. We also observed that polyploid cells were more prone to lysis as cultures
entered stationary phase, suggesting that aneuploidy represents a physiological dead-end rather
than an adaptive strategy for SAR11.

Inspired by previous studies on cell cycle regulation in bacteria with disrupted divisome genes[27],
we hypothesized that excessive ammonium creates two distinct subpopulations: 1) a normally
dividing subset and 2) a non-dividing subset where DNA replication continues but cell division
fails. We propose that the absence of the key cell cycle regulation genes discussed above **(Table**
1) provides the mechanistic basis for this subpopulation heterogeneity.

To test our hypothesis, we applied a quantitative subpopulation growth model that assumes
population growth results from two subpopulations: one actively dividing and one non-dividing.
Using the active subpopulation growth rate and the fraction of actively dividing cells as inputs
(Fig. 4ab), the model predicts overall population growth rate. This model successfully predicted
population doubling rates under excessive ammonium conditions **(Fig. 4c)**, providing strong
quantitative validation that the population growth slowdown stems directly from the emergence of
a subpopulation of chromosome-replicating but non-dividing cells **(Fig. 4d)**.

252 Cell cycle vulnerability extends to a phylogenetically divergent
253 SAR11 lineage despite presence of P-II nitrogen regulatory genes

Since we found that the lack of cell cycle regulatory genes is prevalent across the SAR11 clade
(**Table 1**), we conducted parallel experiments on the phylogenetically distant freshwater SAR11
(LD12) strain LSUCC0530[17] under various temperatures and ammonium chloride concentrations.
The freshwater LD12/IIIb subclade is sister to the brackish-water adapted subclade IIIa, and both

of these lineages likely diverged from a common ancestor with other SAR11 hundreds of millions
of years ago[17,18,37]. Notably, LSUCC0530, and many other SAR11 subclade III strains, are also
missing the cell cycle regulatory genes in **Table 1 (Supplementary Table 3)**, but possess some
of the P-II nitrogen regulatory genes that are absent in HTCC1062[17,18,38]. Comparing the growth
responses in LSUCC0530 therefore afforded us an opportunity to assess whether the cell cycle
dysregulation phenotype spans highly divergent SAR11 membership and if P-II nitrogen-sensing
genes affect cell cycle responses in SAR11 under elevated nitrogen conditions.

We found that LSUCC0530 still exhibited significant cell cycle vulnerabilities **(Fig. 5)**. At 16°C,
LSUCC0530 showed growth inhibition at higher ammonium concentrations (4 mM), with only
slight increases in the Cooper-Helmstetter Index that remained close to normal levels (~2).
However, at the more optimal growth temperature of 25°C (defined by growth rates[17]),
LSUCC0530 exhibited a strikingly similar phenotype to HTCC1062 - higher ammonium
concentrations induced both severe growth inhibition and pronounced aneuploidy (Cooper-
Helmstetter Index > 6). These results demonstrated that nitrogen-induced cell cycle dysregulation
and growth inhibition occur in diverse SAR11 lineages from different habitats, regardless of the
presence of additional nitrogen regulatory genes.

274 Discussion

The physiological vulnerabilities we have found in SAR11 fundamentally deviate from established
bacterial principles. We propose that the widespread absence of multiple canonical cell cycle
regulatory genes in SAR11 (**Table 1**) leads to the growth inhibition caused by various
environmental perturbations detailed herein (**Fig. 3**). Similar negative growth effects of excessive
nitrogen compared to carbon have also been identified in a SAR11 subclade 1a open ocean
strain, HTCC7211[39,40]. However, growth inhibition under excessive nitrogen contradicts a
classical understanding of nutrient-growth relationships that predict enhanced or unaffected
growth[41,42]. Very high concentrations of ammonia or glycine (50–500 mM - much higher than the
concentrations we tested on SAR11 - **Fig.2af, Extended Data Fig. 2**), can inhibit growth of *E.*
coli and *B. subtilis*, however, the mechanisms of inhibition in SAR11 are different. The inhibitory
effect of ammonium in *E. coli, B. subtilis*, and *Corynebacterium glutamicum* was characterized as
an outcome of increased ionic strength[43], which does not correspond to our observations in
SAR11 given that HTCC1062 was already growing in much higher ionic strength media and our
concentrations of ammonium were much lower. Although excessive glycine inhibited cell wall
synthesis and cell division in *E. coli, B. subtilis, Selenomonas ruminantium, Streptococcus bovis,*
and others[44], similarly to what we observed for SAR11, our work also identified additional
environmental perturbations, such as temperature or carbon shifts, that have analogous effects
compared to excessive nitrogen. Furthermore, our observations of increased mean cell sizes
following growth inhibition with aneuploidy (**Extended Data Fig. 6**) show that SAR11 fails to follow
the classical bacterial growth law where cell size positively correlates with growth rate[45–47]. Thus,
the absence of cell division regulatory genes associated with genome streamlining in SAR11 have
compromised fundamental cell size homeostasis mechanisms found in better-studied model
bacteria[48].

Nevertheless, our observations help explain known ecological patterns of SAR11 in natural
environments. Many regions of the open ocean are characterized by nitrogen limitation rather
than carbon limitation[49,50]- conditions that would favor organisms like SAR11 that thrive with high
C:N ratios. Indeed, SAR11 enrichment typically coincides with the growth phase of primary
production but declines after phytoplankton blooms[23,24], when C:N ratios and organic carbon
compositions shift substantially[51,52]. The carbon landscape changes during bloom decay may
parallel the shifts we tested in laboratory conditions. These patterns correlate with field
observations of higher diploid frequencies (chromosome duplicated but undivided cells) and
elevated cell death when SAR11 abundance declines during spring bloom[53], suggesting potential
connections between natural nutrient dynamics and the cell cycle disruptions we observed
experimentally. Furthermore, our observations of aneuploidy occurring at temperatures above
20°C under a 1:1 pyruvate-to-glycine ratio (~5:1 C:N), but not in samples maintained below 20°C
(**Fig. 2d, Extended Data Fig. 1e**) are notable given that the cellular C:N ratio of HTCC1062 is
approximately 4–6:1[54], and the strain was originally isolated from ~12 °C seawater[55]. The
emergence of coordinated cell cycles at lower temperatures under nutrient conditions resembling
cellular stoichiometry suggests that such environments may more closely reflect SAR11's native
ecological and physiological context.

SAR11's sensitivity to nutrient perturbations may also affect estimates of *in situ* bacterial activity.
SAR11 cannot incorporate thymidine in common DNA synthesis activity assays[54], and our results
show that excessive leucine inhibits SAR11 growth (**Extended Data Fig. 1i**). Even though such
assays can be used with concentrations as low as 20 nM[56], because we found that the relative
C:N ratio and carbon exchange can significantly perturb the cell cycle, our observations suggest
that leucine measurements may systematically underestimate SAR11's *in situ* activity.
Furthermore, recent measurements showing SAR11 single-cell respiration rates at very low levels
relative to copiotrophic taxa may also have underestimated SAR11 respiration since many of the
samples were taken during phytoplankton blooms[57], which we also expect to cause significant
cell cycle disruption due to decreased C:N ratios and carbon turnover. Opposite these scenarios
where *in situ* activity may be underestimated, our identification of compounds causing growth
inhibition without aneuploidy (category 2 in **Fig. 2g**) reveals that SAR11 can undergo complete
growth arrest under certain conditions, potentially representing a dormancy-like state[58]. For
example, excessive alanine caused complete cessation of both population growth and DNA
replication, while cells maintained normal ploidy levels throughout (4-8 mM, **Fig. 2f**). This
contrasts with the chaotic cell cycle disruption caused by an excess of other nitrogen-containing
compounds in excess, where DNA replication continued while cell division failed, leading to
aneuploidy and eventual cell death. Our findings thus have broader implications for understanding
the metabolic contributions of streamlined marine bacteria to ocean biogeochemistry, as standard
activity measurements may not accurately capture their physiological state or ecological function.

The loss of cell cycle regulatory genes likely reflects adaptive trade-offs driven by selection for
genome streamlining in chronically oligotrophic environments. Under stable, low-nutrient
conditions, maintenance of regulatory genes like *minCD* and *seqA* may provide diminishing
returns, and their loss reduces the metabolic costs of expressing these genes. The streamlined
cell cycle machinery functions adequately under oligotrophic conditions (**Fig. 1e**), similarly to *B.*
subtilis minCD mutants[27], but lacks the buffering capacity to maintain homeostasis under

environmental perturbations (**Fig. 2**). Notably, the presence of additional P-II genes in
LSUCC0530 does not rescue these vulnerabilities (**Fig. 5**), indicating that cell cycle regulatory
genes are more critical than nutrient sensing systems for maintaining division coordination under
stress, and their absence represents deeper architectural constraints of extreme genome
reduction. This may explain why P-II regulatory systems are absent in most SAR11 subclades
other than subclade III **(Supplementary Table 3)**: nutrient sensing provides little benefit when
the fundamental cell cycle machinery cannot respond appropriately to environmental changes,
and thus these genes are ripe for deletion with continued streamlining.

Our findings reveal restrictions on SAR11 growth rates beyond simple nutrient limitation. The
optimal growth conditions we identified in this study were characterized by non-overlapping cell
cycles, with maximum ploidy levels of 2 chromosome equivalents. The additional nutrients that
would be expected to induce overlapping cell cycles and faster growth rates in *E. coli* and *B.
subtilis* instead caused cell cycle disruption and growth inhibition in SAR11. This suggests that
SAR11's incapability of achieving overlapping cell cycles, likely due to the absence of key
regulatory genes like *minCD, seqA*, and (complete) *ftsZ* (**Table 1**), constrains the organism to
obligate slow growth. Notably, while individual knockouts of these genes in model organisms
(such as those in Olsson et al. 2003[26]) can still achieve overlapping cell cycles in rich media,
these mutants retain most of their cell cycle regulatory machinery, whereas SAR11 genomes lack
multiple critical regulatory genes. Thus, genome streamlining appears to have imposed an upper
limit on growth rate that is independent of nutrient availability, as SAR11 cannot safely accelerate
growth through the overlapping cell cycle mechanisms that enable rapid division in well-regulated
bacteria. Testing whether multiple simultaneous cell cycle gene knockouts restrict model
organisms to non-overlapping growth cycles would provide important validation of this constraint
mechanism and help establish whether the growth rate limitations we observe represent a broader
consequence of extreme regulatory gene loss.

Given that genome streamlining is common among dominant marine microorganisms adapted to
nutrient-limited environments[1], the cell cycle vulnerabilities we observed might be more universal.
We examined the annotations from a few abundant marine heterotrophic bacterioplankton
genomes, specifically the SAR116 clade[59], the AEGEAN-169 clade[60], and the Roseobacter
CHABI-5 strain US3C007[61]. We found that *minC*, *sepF*, and *seqA* were absent in all of these
genomes, the *minD* gene was missing in all the genomes within AEGEAN-169 clade and the
US3C007 genome, and the *ftsZ* C-terminal domain was missing in 430 of 438 AEGEAN-169
genomes. Thus, the absence of cell cycle regulation genes may be diagnostic of organisms
adapted to oligotrophic environments and may also set upper bounds on growth rates obtainable
by these organisms.

Widespread absence of these genes, especially in ancient lineages like SAR11 (est. divergence
from a common ancestor with other Alphaproteobacteria ~1 billion years ago[37,62]), raises the
alternative evolutionary hypothesis that these genes were not lost through streamlining, but
instead their absence represents an ancestral state. Indeed, it has been proposed that *minC*,
minD, and *seqA* were missing from the LBCA core genome, but *lemA* and *sepF* were present[63].
Since that ancestral state reconstruction was not focused on Alphaproteobacteria and lacked
SAR11 and other marine taxa, future investigations could explore if SAR11 cell cycle gene

absences are convergent with the LBCA through streamlining, reflective of the ancestral state, or
a mixture of the two whereby the SAR11 common ancestor lacked some of the cell cycle
regulation genes and streamlining acted to remove those that remained.

Regardless of the evolutionary path, the absence of cell cycle regulating genes has compromised
SAR11's ability to maintain homeostasis across environmental conditions, constraining steady-
state growth to a narrow range of conditions unlike the broad regulatory flexibility of model
copiotrophic organisms. Conventional biogeochemical models typically assume that microbial
growth and activity are primarily determined by bulk nutrient concentrations, following Monod
kinetics or similar formulations[64,65]. Our findings challenge this paradigm by demonstrating that
relative changes in nutrient conditions and compositional shifts may be equally or more important
than absolute concentrations, particularly for streamlined organisms. If similar environmental
sensitivities exist in other streamlined taxa, marine element cycling may be more strongly
influenced by the dynamics and ratios of nutrients rather than their standing concentrations,
requiring a reevaluation of how we model and predict biogeochemical processes.

The nutrient sensitivities we document also have profound implications for culturing marine
oligotrophs. Standard microbiological practices like nutrient enrichment and temperature
optimization, or even simply shifting carbon sources, which is highly likely when performing
isolation experiments with artificial media or nutrient-amended natural media, may inadvertently
trigger physiological disruptions that prevent successful cultivation. Many uncultured marine
oligotrophs may share similar streamlining-associated vulnerabilities, requiring cultivation
approaches that prioritize environmental stability and stoichiometric balance over absolute
nutrient concentrations. Since laboratory conditions inevitably differ from natural marine
environments, streamlined bacteria likely experience perturbations during isolation efforts that
trigger the cell cycle disruptions we observed. This may partially explain the "great plate count
anomaly"[66] and the extremely low isolation success rates for dominant organisms like SAR11
even with high throughput dilution-to-extinction approaches[67].

In conclusion, our study reveals how the absence of key regulatory genes in SAR11 has
compromised its ability to coordinate cell cycle progression under environmental perturbations,
indicating a likely evolutionary trade-off whereby the precise calibration of SAR11's metabolism
to oligotrophic conditions has enabled remarkable ecological dominance but at the cost of
reduced physiological resilience. The direct coupling between environmental conditions and
cellular physiology in these dominant marine microorganisms adds a critical dimension to ocean
biogeochemistry, where nutrient dynamics and stoichiometric ratios may play more important
roles than previously recognized in models based primarily on absolute concentration thresholds.
If similar vulnerabilities are widespread among oligotrophic microorganisms, it will require new
frameworks for understanding their ecology, cultivation, and responses to environmental change.

Methods

420 SAR11 pangenomics

We determined the presence or absence of cell cycle regulation marker genes across different SAR11 subclades with the pangenome generated previously for 470 unique genomes[18]. Gene annotations were assigned from multiple databases, but our analysis focused specifically on the Pfam database[68]. We referred to previous *E. coli* studies for the targeted genes (**Supplementary Note 2**), then identified the corresponding Pfam IDs through the EcoCyc database[69]. The list of targeted Pfam IDs and their corresponding annotations are shown in **Table S3**. The presence/absence data in **Table S4** was generated by a custom Python script (provided in the GitHub repository). Lastly, we generated **Table S3** by summarizing the data in **Table S4** by Excel.

429 Bacterial strains

The SAR11 representative *Candidatus* Pelagibacter ubique strain HTCC1062[55] was generously provided by Dr. Stephen J. Giovannoni. Cultures of *Candidatus* Fonsibacter ubiquis strain LSUCC0530 were maintained in the Thrash Lab culture collection[17]. We prepared cryostocks in 10% DMSO or 10% glycerol and stored them in a -80°C freezer or liquid nitrogen. Differences in the reagents or storage conditions did not affect growth physiology in the subsequent cultivation experiments, e.g., **Fig.1a**, **Extended Data Fig. 2ef**, **Extended Data Fig.3**, where some replicates were revived from different cryoprotectant sources and showed reproducible phenotypes. *E. coli* strain NCM3722 was generously provided by Dr. Terence T. Hwa and was used for testing the applicability of SYBR ® Green 1 staining to infer ploidy levels (**Extended Data Fig. 9**). The cryostocks were preserved in 10% glycerol stocks and stored in -80°C freezer.

440 Growth media

The media used in this study for growing SAR11 were adapted from three artificial seawater recipes: AMS1[14], JW2[70], and JW5[17], with detailed chemical compositions provided in Tables S1 and S2. For culturing strain HTCC1062, we based our formulation on AMS1 but made one key modification: we reduced the salinity from 36.1 ppt (AMS1) to 23.2 ppt, consistent with the JW2 recipe. This modification significantly improved the growth rate of HTCC1062 (**Extended Data Fig. 3a-b**), and we designated this revised medium as CCM2. For growing the freshwater SAR11 strain LSUCC0530, we further reduced the salinity of CCM2 to 1.45 ppt, matching the JW5 recipe, and referred to this modified medium as CCM5.

All media for growing SAR11 were prepared gravimetrically by assuming a density of 1.01 g/mL. This estimate was based on weighing 50 mL of prepared media in a Falcon tube with volumetric markings, yielding a mass of 50.3 g (1.006 g/mL), and was rounded to 1.01 g/mL for convenience. Accordingly, MilliQ water volumes were determined by weight rather than volume, estimated via e.g. a graduated cylinder, to improve accuracy (see **Table S1**).

To prepare 1 L of CCM2, we weighed 985.3703 g of MilliQ water into a 3.7% HCl acid-washed
container (Nalgene™ Polycarbonate Bottles). We then added the following components: 15.8965
g NaCl, 7.0702 g $MgCl_2 \cdot 2H_2O$, 0.8401 g $NaHCO_3$, 1.0098 g $CaCl_2 \cdot 2H_2O$, 0.4975 g KCl, 0.11
g sodium pyruvate (1 mM), 15 mg glycine (0.2 mM), and 2.98 mg L-methionine (0.02 mM). To
this base, we added 2 mL of a 10,000x vitamin mix (the final concentration is 20x), 1 mL of a
1,000x iron mix, 10 µL of a 100,000x trace metal mix, and 0.2 mL of a 500 mM phosphate buffer.
After all components were dissolved, the media were sterilized by vacuum filtration through a 0.2
µm filter (Nalgene™ Rapid-Flow™ PES filter material, 0.2µm, 75mm membrane) into Pyrex®
glass bottles.

The concentrated stock solutions used for these additives were prepared and stored as follows.
The 500 mM phosphate buffer (1 L, pH 8.0), based on the Cold Spring Harbor sodium phosphate
buffer recipe [71], was prepared by dissolving 0.466 g Na_2HPO_4 and 0.034 g NaH_2PO_4 in 1,000
g of MilliQ water, followed by vacuum filtration through a 0.2 µm filter (Nalgene™ Rapid-Flow™
PES filter material, 0.2µm, 75mm membrane) and storage at room temperature. The 100,000x
trace metal mix (1 L) was prepared by dissolving 0.18 g $MnCl_2 \cdot 4H_2O$, 20 mg $ZnSO_4 \cdot H_2O$, 6.49
mg $CoCl_2$, 6.57 mg Na_2MoO_4, 17.3 mg Na_2SeO_3, and 13 mg $NiCl_2$ in 1,000 g of MilliQ water.
The solution was vacuum filter-sterilized as above, aliquoted, and stored at 4°C. The 1000x iron
mix (1 L) consisted of 28 mg $FeSO_4 \cdot 7H_2O$ and 81 mg nitrilotriacetic acid disodium salt
$(C_6H_7NO_6Na_2)$, dissolved in 1,000 g of MilliQ water, sterilized by vacuum filtration as above,
aliquoted, and stored at 4°C. To prepare the 10,000x vitamin mix (1 L), we dissolved 1 g
$NaHCO_3$, 1.69 g thiamin (B1), 2.6 mg riboflavin (B2), 0.985 g nicotinic acid (B3), 1.013 g calcium
pantothenate (B5), 1.028 g pyridoxine (B6), 9.8 mg biotin (B7), 17.7 mg folic acid (B9), 9.5 mg
vitamin B12, 0.901 g myo-inositol, and 82.3 mg 4-aminobenzoic acid in 1000 g of MilliQ water.
The mixture was thoroughly dissolved, vacuum filtered through a 0.2 µm membrane as above,
aliquoted into sterile polypropylene tubes (VWR™), wrapped in foil to prevent light exposure, and
stored at 4°C.

We used 30 mM aspartate with M63 media under 37°C for growing *E. coli*, which is a slow-growing
condition that would keep *E. coli* in a non-overlapping cell cycle[47], to help validate the applicability
of using SYBR ® Green 1 for cellular DNA content quantification **(Supplementary Note 1)**. M63
minimal medium was prepared as follows: For 1 L of M63 media, we combined 3.0 g KH_2PO_4,
7.0 g $K_2HPO_4 \cdot 3H_2O$, 2.0 g $(NH_4)_2SO_4$, 0.5 mg $FeSO_4 \cdot 7H_2O$, 0.246 g $MgSO_4 \cdot 7H_2O$ (final
concentration 1 mM), and 0.0111 g $CaCl_2$ (final concentration 0.1 mM) in approximately 900 mL
of MilliQ water. After all components were dissolved, the solution was sterilized by vacuum
filtration through a 0.2 µm filter (Nalgene™ Rapid-Flow™ PES filter material, 0.2µm, 75mm
membrane). We then added the following filter-sterilized components: 10 mL of 1 M thiamine-HCl
(final concentration 10 mg/L) and 30 mL of 1 M sodium aspartate (final concentration 30 mM).
The final volume was adjusted to 1 L with sterile MilliQ water. The 1 M thiamine-HCl stock solution
was prepared by dissolving 33.73 g thiamine hydrochloride in 100 mL of MilliQ water, vacuum
filter-sterilized through a 0.2 µm filter as above and stored at 4°C in the dark. The 1 M sodium
aspartate stock solution was prepared by dissolving 17.71 g sodium L-aspartate monohydrate in
100 mL of MilliQ water, vacuum filter-sterilized through a 0.2 µm filter as above, and stored at
4°C.

Bacterial Culturing

We used 3.7% HCl acid-washed and autoclaved polycarbonate flasks or bottles (Nalgene™, TriForest) for all SAR11 culture experiments. Cultures were grown at room temperature (17–23°C, **Extended Data Fig. 5**) in a regular storage cabinet without shaking, air sparging, or extra light control. We found that culturing in a volume greater than 400 mL provided better reproducibility, in contrast to the previously used 50 mL format **(Extended Data Figs. 3b-c, 8)**. Cells were revived from cyrostocks by either fully thawing the stocks (1 mL) or using a pipette tip to scratch a tiny amount (~1–10 μL) and transferring them into fresh media. The revivals were then transferred again to new fresh media before reaching stationary phase. We restricted our number of transfers to less than 3 (at most 50 generations) to avoid potential mutations that might alter physiology. For each condition perturbation experiment, cultures were first established under optimal steady-state growth before transfer to experimental nutrient conditions. We defined optimal steady-state growth as having the optimal doubling rate among tested conditions (1 doubling/day) and steady-state ploidy level distribution (Cooper-Helmstetter Index ~2). It is important to note that the physiological data presented in this study represent outcomes of condition shift experiments, where cultures were transferred from optimal steady-state growth conditions to test conditions, rather than cultures adapted to, or initiated directly in, the experimental media.

Note that the x-axis values in **Fig. 2cd** represent additional chemical concentrations/compounds added to the standard medium. For example, in **Fig. 2d**, since 1 mM glycine was present in control media (**Supplementary Table 2**), "0 mM" indicates baseline 1 mM glycine, while "2 mM" represents 2 mM added to the standard 1 mM glycine (totaling 3 mM glycine). For **Fig. 3**, as there was no ammonium in the positive control medium, the concentrations are the final concentrations. The ammonium concentrations in Fig. 5 are the final concentrations.

For growing *E. coli*, we revived the cryostock by scratching a tiny amount of unthawed samples (~1–10 μL) using a pipette tip into the fresh liquid media in polycarbonate flasks.

Cell counts

We measured cell densities by flow cytometry using an Accuri C6 Plus (BD) with a blue laser (488 nm) and sensors for both green (533 +/- 30 nm) and yellow (585 +/- 40 nm) fluorescence. We used a 96-well polystyrene plate (Corning® Costar®) for setting up the staining reaction. The staining protocol was strain specific to achieve clearly resolved peak distribution via green fluorescence area (reflecting ploidy level) during steady state growth **(Extended Data Fig. 9)**. For HTCC1062, each well contained 120 μL of liquid count sample, consisting of 12 μL of 100x SYBR ® Green 1 (Biotium or Lonza, final concentration 10x), 12 μL of 100x Tris-EDTA (Sigma-Aldrich ®, 10x final concentration — 100 mM Tris-HCl, 10 mM EDTA), 12 μL of 5% Glutaraldehyde (final concentration 0.5%), and 84 μL of bacterial culture. For LSUCC0530, each well contained 6 μL of 100x SYBR ® Green 1 (final concentration 5x) and 114 μL of bacterial culture. For *E. coli* NCM3722 (as a reference), each well consisted of 12 μL of 100x SYBR ® Green 1, 12 μL of 100x Tris-EDTA, 12 μL of 5% Glutaraldehyde, and 12 μL of RNAse (Invitrogen™ Ambion™ RNase Cocktail™. RNAse cocktail had little effect on the SAR11 signals). The 100x SYBR ® Green 1 was diluted from the 10,000x vendor stock (Biotium or Lonza) with 100x Tris-EDTA. The 5%

Glutaraldehyde was diluted from the 25% vendor stock (Sigma-Aldrich ® Grade I) with MilliQ
water. After staining, the plate was incubated in dark for at least 30 minutes before flow cytometric
measurements. We maintained cell density within our count samples at below 1,000 cells/µL, and
therefore the "bacterial culture" mentioned above consisted of an aliquot from the growth culture
and MilliQ water as the diluent when concentrations in the growth culture exceeded 1,000 cells/µL.
We used the "Medium" preset flow rate (35 µL/min, 16 µm core). The threshold was set at a
minimum of 1,000 for green fluorescence intensity (labeled as "FL1-H" or "FITC-H" on the BD
Accuri software). Based on the excitation/emission spectrum of SYBR ® Green 1 binding DNA,
DNA fluorescence was expected to have a 3.5–6:1 ratio of green vs. yellow fluorescence (labeled
as "FL2-H" or "PE-H" in the BD Accuri software). Therefore, we gated with a diagonal ellipse on
the green vs. yellow fluorescence plot accordingly (**Extended Data Fig. 9a,c,e,g**). The cell density
in the well was calculated by the number of events that were gated as cells divided by the total
flow-through volume (30 µL). The dilution factor was then taken into account to calculate the cell
density from the culture samples. A small portion of cell counts and ploidy level distributions,
specifically those taken on day 55 in **Fig. 5,** were collected using Guava EasyCyte 5HT, with the
InCyte 3.1 software. Sample preparation was completed identically as when using the Accuri. We
used the preset medium flow rate (0.59 µL/sec) and gains for all the channels were default (100).
The triggering channel was set as "Green-B Fluorescence (GRN-B-HLin)" (the green fluorescence
intensity) with the threshold of 60.

Estimation of instantaneous doubling time τ

The method for estimating instantaneous doubling time is adapted from previous studies in the
same lab[72,73]. We applied a sliding window for every three time points across the full growth curve
and applied a linear regression for *log2*(cell density) vs. time **(Extended Data Fig. 10)**. We used
the slope +/- one standard error as the candidate instantaneous doubling rates. The candidate
rates were assigned to the beginning, middle, and end of the sliding window time frame. Finally,
we interpolated the spatial averages of the candidate rates as the instantaneous doubling rates
vs. time. The implementation of the algorithm is included in our GitHub repository.

Ploidy level distribution

SYBR ® Green 1 selectively stains cellular DNA, and because SAR11 and *E. coli* do not exhibit
autofluorescence, the resulting fluorescence areas (fluorescence intensities integrated over time
for each flow cytometer event) reflect ploidy levels. When plotting histograms of green
fluorescence areas from gated flow cytometry events, we observed peaks that corresponded to
integral chromosome copy numbers for each strain (**Extended Data Fig. 9**). Linear regression of
the green fluorescence area vs. theoretical DNA content, calculated by the expected number of
chromosome equivalents multiplied by the corresponding genome size of the strain,
demonstrated a strong correlation between theoretical DNA content and measured fluorescence
(R^2 = 0.990, P < 0.001, n = 8), validating the use of fluorescence intensity as a quantitative
measure of chromosome equivalents (**Extended Data Fig. 9i**). Therefore, the distributions of
fluorescence signals (defined as *f(x)* where *x* is the green fluorescence area, and *f(x)* is the curve
that represent the relative frequency of *x*) were mapped to ploidy level distributions (defined as

p(a) where *a* is the ploidy level) as follows: we identified the peak regions that corresponded to
one chromosome equivalent as in **Fig. 2h-j**, **Extended Data Fig. 6a-c,g-i** and noted the mean
green fluorescence area as x_{G1}. Then, $f(x) := p(a\, x_{G1})$, $p(a) := f(x/x_{G1})$. To handle many samples
in high throughput, we wrote a Python script to automate the gating and ploidy level extraction
process, maintaining the same principles as manual analysis on the BD Accuri software described
above. The Python script used the fcsparser package to read and parse raw flow cytometry files
(.fcs). The detailed code is included in the GitHub repository.

Cooper-Helmstetter Index

We defined the Cooper-Helmstetter Index as the ratio between maximum and minimum ploidy
level of a population. To account for variation in signal vs. noise during measurements, we tested
different X% cutoffs that excluded outlier data and took the ratio between X% and (100-X)%
percentiles. We found that removing the highest and lowest 10% of the data resulted in an
approximately 2:1 Cooper-Helmstetter Index for the *E. coli* control data under coordinated cell
cycles from previous studies, reflecting the coordination between chromosome replication and
cell division **(Supplementary materials)**. Therefore, unless otherwise specified, the Cooper-
Helmstetter Index values reported in this study used a 10% cutoff.

Estimation of B, C, and D periods based on ploidy level distributions

One can simulate the expected ploidy level distribution based on the ratio between B, C, and D
period duration and the generation time τ — B/τ, C/τ and D/τ[34]. This analytical simulation was
based on the Cooper-Helmstetter model whereby parent cells have 2x the DNA content of newly
divided children cells[32]. However, this method can only be applied to simulate steady-state
populations. Therefore, we only used this method to calculate B, C, and D periods in samples
where the Cooper-Helmstetter Index was smaller than 3. To estimate B/τ, C/τ, and D/τ, previous
studies tested simulations that best matched the ploidy level distribution, either via manual
iteration[74] or closed-source programming[75]. We used Python for our implementation, available on
GitHub (https://github.com/thrash-lab/SAR11_cell_cycle). Notably, the ploidy level distribution
only estimates B/τ, C/τ, and D/τ, i.e. the ratio between the durations of each period and the
doubling time, so we calculated absolute durations of B, C, and D periods by multiplying B/τ, C/τ,
and D/τ by τ. To verify our estimations of B, C, and D periods, we did DNA "runoff" experiments
through antibiotics treatments. The details of our cell cycle dynamics estimation and verification
could be found in **Supplementary Note 4**.

Cell lysis experiments

To investigate the fate of polyploid cells and validate our observations of increased background
fluorescence in high ammonium samples **(Extended Data Fig. 7)**, we conducted controlled cell
lysis experiments. We added 50 µL of DNA/RNA lysis buffer (Zymo Research) to 1 mL aliquots
of culture samples in 2 mL microcentrifuge tubes. Flow cytometry measurements were taken at
regular intervals (0.0, 1.2, 2.4, 3.6, 6.0, and 10.1 hours) to track changes in cellular integrity and
fluorescence patterns. The gated fraction was calculated as the percentage of events falling within

the elliptical gate defined by the green versus yellow fluorescence ratio characteristic of intact,
DNA-stained cells, as described above.

Subpopulation growth model

We implemented a quantitative subpopulation growth model as previously developed[67]: $\lambda_p =$

$\lambda \cdot log2(1+\Phi)$, where λ_p is the population doubling rate, λ is the doubling rate of the active

subpopulation (fraction Φ of the total), assuming cells in the remaining fraction *(1-Φ)* do not divide.

This model assumes exponential growth is driven by a fraction of cells dividing normally. We

assumed across all ammonium levels that active subpopulations maintained the same doubling

rate (λ = 1.1 divisions/day) as observed under no ammonium conditions, where Φ = 1.0 (all cells

actively dividing). Under excessive nitrogen conditions, $\Phi < 1$ was determined by comparing

ploidy level distributions to identify cells with $\geq$ 2 chromosome equivalents resulting from division

inhibition. We defined the ploidy level distribution of positive control (Φ = 1.0) as $p_0(a)$, *a*

represents the ploidy level in number of chromosome equivalents, the ploidy level distribution of

samples with aneuploidy ($\Phi < 1.0$) as *p(a)*. To estimate Φ, we normalized both ploidy distributions

($p_0(a)$ and p(a)) to the same height at the one-chromosome peak (*a = 1*), ensuring comparability

(Fig. 4ab). Then, Φ was calculated as the ratio of their total areas: $\Phi = \int_a [p_0(a)/p_0(1)] \div \int_a$

[p(a)/p(1)]. This represents the proportion of cells under the experimental condition that match the

DNA content distribution of normally dividing cells.

Dynamic light scattering

Dynamic light scattering (DLS) measurements were performed using a Wyatt Mobius Zetasizer
at the Center of Excellence in NanoBiophysics at USC. 2 mL of live cell culture was aliquoted into
the cuvette (BRAND ® PS, 1.5 mL semi-micro) and loaded into the laser slot of the DLS machine.
Data acquisition and instrument control were managed through the DYNAMICS V7 software. For
all measurements, we applied the following parameters: DLS acquisition time of 5 seconds, read
interval of 1 second, 20 DLS acquisitions per measurement, auto-attenuation time limit of 60
seconds, and normal laser mode. We utilized the pre-configured "Sodium Chloride 2.5%" solvent
profile with the following specifications: refractive index of 1.3374 (measured at 589 nm and
20°C), aqueous temperature model, viscosity of 1.044 cP at 20°C, fixed dielectric constant model,
and a dielectric constant value of 74.39161493. To export the DLS measurements, we selected
the "regularization graph" function in the software and set the resolution bar to maximum (highest
resolution) in the control panel. We configured the regularization graph with "Radius" as the x-
axis and "%Number" as the y-axis, using "Rayleigh Spheres" as the analytical model. This
configuration displayed a frequency histogram of Rayleigh sphere radii. Data were exported by
right clicking the cursor and selecting "Export" to obtain the histogram data. The mean Rayleigh
sphere radius was calculated by taking the weighted average (dot product) of the frequency
values (%Number) and their corresponding radii from the histogram.

Epifluorescence microscopy

We stained the HTCC1062 cells in 15 mL Falcon tubes, in the same proportion as our flow cytometry staining protocol, with 7mL of cell culture, 1mL of 100x SYBR ® Green 1, 1mL of 100x Tris-EDTA, and 1mL of 5% Glutaraldehyde. The Falcon tube was incubated in the dark for at least 30 minutes, then harvested with 25 mm black polycarbonate filters (Isopore™ 0.2 µm Blk PC membrane) through vacuum filtration. Filters were then placed on glass slides and imaged through fluorescence microscope Axioskop 2 with AxioCam Cm1 (Zeiss).

Figures

Table 1| Absence of canonical cell cycle regulatory proteins across SAR11 subclades. The table shows the distribution of key cell cycle regulatory genes across different SAR11 subclades (Ia, Ib, Ic, II, III, IIIa, IIIb) compared to the reference organism HTCC1062. White boxes indicate complete absence of the gene, while gray boxes show partial presence. Proteins are categorized into cell division (FtsZ, MinC, MinD, LemA, SepF), and divisome/replication regulation functions (SeqA, Dam, TopA). References for protein functions in model organisms are provided in the rightmost column.

Fig. 1| SAR11 growth response to nutrient enrichment. (a) Growth curves of SAR11 strain HTCC1062 under increasing nutrient concentrations (0.5x to 10x). Number of replicates for each growth curves are specified within each plot. **(b)** Instantaneous doubling rates across nutrient concentrations. **(c)** Saturation cell density across nutrient concentrations. **(d)** Flow cytometry histograms of cellular DNA content showing ploidy distributions during exponential (red) and stationary (blue) growth phases across nutrient concentrations. **(e)** Cooper-Helmstetter Index (ratio of maximum to minimum ploidy) across nutrient concentrations. Dashed lines indicate trends. **(f)** Saturation cellular DNA concentration (chromosome equivalents per mL) across nutrient concentrations.

Fig. 2| Different factors triggering cell cycle dysregulation in SAR11. (a-f) SAR11 growth rates and yields (top panels) with corresponding Cooper-Helmstetter Index measurements (bottom panels) under various conditions. **(a)** Effect of pyruvate-to-glycine ratios, with cultures transferred from an optimal 5:1 ratio to the experimental ratios. **(b)** Proportional scaling of pyruvate and glycine concentrations while maintaining an optimal 5:1 ratio, with cultures transferred from a 1 mM pyruvate/0.2 mM glycine baseline. **(c)** Effect of inorganic nitrogen sources: ammonium (NH_4^+) and nitrate (NO_3^-) at 0–8 mM, with cultures transferred from 5 mM pyruvate/1 mM glycine without additional inorganic nitrogen. **(d)** Differential effects of organic nitrogen sources: glycine versus alanine. **(e)** Carbon source shifts from pyruvate to glucose while maintaining equivalent carbon concentrations. **(f)** Temperature responses (16–30°C) under different glycine concentrations, with cultures transferred from room temperature. **(g)** Relationship between instantaneous doubling rate and Cooper-Helmstetter Index revealing three distinct response categories: (1) growth inhibition with aneuploidy, (2) growth inhibition without aneuploidy, and (3) normal growth. **(h-j)** Flow cytometry profiles of cellular DNA content under representative conditions from each response category. Additional experimental data are shown in **Fig. 3** and **Extended Data Figs. 1, 2, and 4**. Detailed nutrient conditions are provided in **Supplementary Table 2**.

Fig.3| High-resolution temporal analysis of excessive ammonium effects on SAR11 cell cycle regulation. (a-d) Time course measurements of SAR11 growth parameters under varying ammonium concentrations (0-4 mM): (a) cell density, (b) total DNA, (c) instantaneous doubling rate, and (d) Cooper-Helmstetter Index. **(e-h)** Flow cytometry histograms showing DNA content distributions over time under

different ammonium concentrations: (e) 0 mM, (f) 0.2 mM, (g) 2 mM, and (h) 4 mM NH_4^+. Detailed nutrient
concentrations are provided in **Supplementary Table 2**. Dashed lines separate exponential and stationary
growth phases. **(i)** Theoretical ploidy distribution showing maximum likelihood estimation (see **Methods**) of
B, C, and D periods (colored contours) fitted to experimental measurements (gray histogram). **(j)** Schematic
representation of bacterial cell cycle with B, C, and D periods across one generation time (τ). **(k)** Ammonium
stress extends SAR11 generation time and delays cell division. Cell cycle period durations under increasing
ammonium concentrations, estimated from ploidy level distributions collected during the first five days of
growth. Statistical comparisons between treatments (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$; Mann-Whitney
U tests comparing 0 mM vs 2 mM and 0 mM vs 4 mM NH_4^+).

Fig. 4| Subpopulation model quantitatively validates the link between cell cycle heterogeneity and
growth inhibition. (a-b) Ploidy level distributions comparing optimal growth conditions (0 mM NH_4^+, blue
contour) with high ammonium conditions (4 mM NH_4^+, orange contour) at **(a)** day 3 and **(b)** day 9. Area
under the orange contours is shaded either gray or orange: the orange areas are exactly covered under
the blue contour, indicating the subpopulation of the orange contour that is under optimal ploidy level, with
the fraction of Φ in the subpopulation model, the gray areas represent the subpopulations that are under
aneuploidy defined as $1-\Phi$ (see **Methods**). **(c)** Relationship between population instantaneous doubling
rate λ_P and fraction of cells with optimal ploidy levels Φ across different ammonium concentrations. Dashed
curve represents predictions from the active subpopulation model, $\lambda_p = \lambda \, log2(1+\Phi)$, not a fit to the data
(see **Methods**). **(d)** Conceptual model showing how excessive nitrogen creates heterogeneous
populations: cells maintaining optimal ploidy continue dividing at normal rates while aneuploid cells fail to
divide, eventually leading to cell lysis.

Fig.5| Cell cycle vulnerability extends to freshwater SAR11 strain LSUCC0530 with the P-II system.
(a-f) Time course measurements of strain LSUCC0530 growth parameters under varying ammonium
concentrations (0.5-4 mM, detailed nutrient concentrations are in **Supplementary Table 2**) at two
temperatures: (a,c,e) 16°C and (b,d,f) 25°C, showing (a-b) cell density, (c-d) instantaneous doubling rate,
and (e-f) Cooper-Helmstetter Index. **(g-l)** Ploidy level distributions over time under different ammonium
concentrations and temperatures: (g-i) 16°C and (j-l) 25°C, with ammonium concentrations of (g,j) 0.5 mM,
(h,k) 2 mM, and (i,l) 4 mM NH_4^+. Each condition is in duplicates.

Extended Data Figures

Extended Data Figure 1| Effect of pyruvate:glycine ratios on SAR11 growth and cell cycle regulation. **(a-c)** Growth curves showing SAR11 responses to different glycine and pyruvate concentrations: (a) glycine experiment with 0.1 mM pyruvate, anchor condition 20 µM glycine; (b) glycine experiment with 1 mM pyruvate, anchor condition 200 µM glycine; (c) pyruvate experiment with 20 µM glycine, anchor condition 1 mM pyruvate. **(d-e)** Doubling rates and saturation cell density under different glycine concentrations. Dashed curves represent high pyruvate (1 mM) and vitamins (20X); solid curves represent low pyruvate (0.1 mM) and vitamins (2X). **(f-g)** Doubling rates and saturation cell density under various pyruvate concentrations with fixed glycine (20 µM) and vitamins (20X). **(h-k)** Ploidy level distributions across exponential (red) and stationary (blue) phases and Cooper-Helmstetter Index: (h,i) low pyruvate and vitamin conditions (solid curves in d,e); (j,k) high pyruvate and vitamin conditions (dashed curves in d,e). For 4 mM glycine in high pyruvate conditions (j,k), absence of red data indicates no growth. **(l,m)** Ploidy level distributions and Cooper-Helmstetter Index under various pyruvate concentrations corresponding to panels (f,g). Media compositions are provided in **Supplementary Table 2**.

Extended Data Figure 2| Growth curves and ploidy distributions for experiments described in Fig. 2. Detailed media compositions are provided in **Supplementary Table 2.** For conditions where Cooper-Helmstetter Index remained around 2 throughout the time course, detailed ploidy distributions over time are not shown as they are essentially identical to the positive control in (a). **(a)** Raw data of **Fig. 2b**, showing growth curves, Cooper-Helmstetter Index over time, and ploidy distributions during growth and stationary phases. **(b,c)** Results of two independent vitamin experiments under different pyruvate (100 µM vs. 1 mM), glycine (20 µM vs. 200 µM) and ammonium chloride (800 µM vs. 0) concentrations. **(d)** Excessive leucine experiment. **(e)** Corresponds to the alanine experiment data in **Fig. 2f**. **(f)** Physiological effect of excessive taurine. **(g)** Effect of excessive adenine. **(h)** Pyruvate to glucose shift experiment in **Fig. 2e**. **(i)** Temperature experiment in **Fig. 2d**.

Extended Data Figure 3| Growth curves of HTCC1062 under (a) adapted AMS1 media in 50 mL, the specific concentration of each vitamin was slightly different from the original AMS1 recipe[14]. **(b)** "1x" condition as in **Fig. 1** in 50 mL, **(c)** "1x" condition in large volume (> 500 mL), and **(d)** CCM2 media in large volume. The detailed media recipes can be found in **Supplementary Tables S1 and S2**. The "1x" condition in (b) and (c) have the same nutrient concentrations as AMS1 media, but under lower salinity (23.3 ppt vs. 36.1 ppt).

Extended Data Figure 4| HTCC1062 cell cycle physiology under various phosphate concentrations, including (a) growth curves, (b) doubling rates, (c) saturation cell density, (d) ploidy level distribution, (e) Cooper-Helmstetter Index (10% cutoff). 100 µM was the anchor condition that was transferred to each experimental condition. For the 0.1 µM sample, we made 1L of phosphate-free media to which we transferred 1 mL of the seed culture (at 100 µM phosphate starting concentration). The 1000-fold dilution therefore set the upper limit of the carried-over phosphate at 0.1 µM. The detailed media recipes are in **Supplementary Table 2**.

Extended Data Figure 5| Laboratory room temperature monitoring during experiments. Temperature measurements (°C) over time showing maximum (blue), minimum (green), and average (orange) daily temperatures in the laboratory where SAR11 cultures were maintained. Data collected using iMonnit temperature monitoring system. Room temperature typically fluctuated between 17-23°C, which corresponds to the "room temperature" conditions referenced throughout the experiments.

Extended Data Figure 6| Elevated ammonium induces cell size polymorphism and morphological abnormalities in SAR11. (a-d) First experimental batch showing: Flow cytometry profiles of cellular DNA content during exponential growth phase with different ammonium concentrations: (a) 0 mM, (b) 4 mM, and (c) 6 mM NH_4 Cl, revealing progressive increase in polyploidy with higher ammonium levels, alongside (d) dynamic light scattering measurements of cell size (Rayleigh sphere radius) from the same cultures, demonstrating significantly increased cell size with higher ammonium concentrations. (e-j) Second experimental batch under identical conditions showing: Flow cytometry data from exponential phase cultures with (e) 0 mM, (f) 4 mM, and (g) 8 mM NH_4 Cl, with corresponding epifluorescence microscopy images (h-j) of SYBR ® Green-stained cells from the same cultures, revealing normal rod-shaped morphology in control conditions versus elongated filamentous forms in high ammonium conditions. Scale bars = 5 μm.

Extended Data Figure 7| Flow cytometry gated fraction analysis and cell lysis experiments. (a) Variation of flow cytometry gated fraction at each time point across the growth curves under different ammonium chloride concentrations in Figure 3. Examples of the calculation of gated fractions are shown in (b-e). (b-e) Flow cytometry scatter plots showing green versus yellow fluorescence with gating ellipses and percentages of gated events at different time points and ammonium concentrations: (b) 0 mM NH_4^+ day 8, (c) 4 mM NH_4^+ day 9, (d) 0 mM NH_4^+ day 22, and (e) 4 mM NH_4^+ day 22. (f) Time course of gated fraction decline during lysis buffer treatment. (g-l) Flow cytometry scatter plots showing the progressive breakdown of cellular integrity over time following addition of lysis buffer, with time points from 0.0 to 10.1 hours demonstrating the transition from intact cells to cellular debris.

Extended Data Figure 8| Effect of culturing volumes on the growth physiology. Samples labeled with "(50 mL)" are 50 mL liquid culturing in 125 mL flasks, otherwise are in the normal culturing conditions (> 400 mL as described in methods). "1X" and "2X" media are the same as in **Fig.1** and **Extended Data Fig. 1.** Here, we are showing the **(a)** growth curves, **(b,c)** violin plots with data points, and the p-value of the two-sample t-test for doubling rates and saturation cell densities**.**

Extended Data Figure 9| Flow cytometry gating strategy and ploidy calibration. (a-h) Flow cytometry scatter plots showing green versus yellow fluorescence (left panels) and corresponding DNA content histograms (right panels) for different bacterial strains and conditions: (a-b) SAR11 HTCC1062 samples with coordinated cell cycles, (c-d) SAR11 HTCC1062 samples with polyploidy, (e-f) SAR11 LSUCC0530, and (g-h) *E. coli* NCM3722. Green diagonal gates define cellular events based on the expected 3.5-6:1 ratio of green to yellow fluorescence for SYBR ® Green-stained DNA. In the histograms, peaks are gated and labeled according to genome equivalents (G1 = 1 chromosome, G2 = 2 chromosomes, etc.), with percentages indicating the proportion of events within each ploidy peak. (i) Linear regression between theoretical DNA content and green fluorescence area across different bacterial strains. The data points are in **Supplementary Table. 4**.

Extended Data Figure 10| Example growth curve analysis. (a) Log 2 transformed cell density across time. Lines in different colors are the least squares linear regression fit within a sliding window of 3 time points across the full growth curve. **(b)** The estimation of instantaneous doubling rates for each sliding window are plotted as scattering dots with the corresponding color as in (a). The red curve is the non-parametric spatial average fit.

Supplementary information

Supplementary Information| The supplementary materials include text and figures covering a basic background discussion of bacterial cell cycles[25], reanalysis of population ploidy levels from previous studies for *E. coli* [26,34,76], *V. cholerae*[77], and SAR11 HTCC1062[14], reanalysis of DNA fluorescence microscopic image of SAR11 HTCC1062[14], and our DNA "runoff" experiments with antibiotic treatments for cell cycle dynamics validation in HTCC1062.

Supplementary Tables 1–4

Supplementary Table 1| Detailed media recipe for our new optimized medium (CCM2) that facilitated HTCC1062 growth rates near 1 doubling/day and yields reaching 10^9 cells/mL **(Extended Data Fig. 3d)**, including the molar and mass concentrations of all components, as well as the concentrated stock concentrations for some of the components.

Supplementary Table 2| Molar concentrations of the chemical components for all the media used in this study. The components that had varying concentrations in each experiment are highlighted.

Supplementary Table 3| Presence or absence of each cell cycle marker gene (**Table 1**) in each SAR11 genome using a previously generated pangenome analysis[18]. The order of the genomes is the same as in the phylogenomic tree of the reference study[18].

Supplementary Table 4| Data of the fluorescence signal and ploidy level estimation in **Extended Data Fig. 9**.

Data Availability

Epifluorescence microscopic images beyond those of **Extended Data Fig. 6** are hosted externally at FigShare (https://figshare.com/account/projects/254066/articles/29396375).

Code Availability

We provide python code in Google Colab Notebook format in our GitHub repository (https://github.com/thrash-lab/SAR11_cell_cycle).

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Catagory	Protein	Domain	Pfam	HTCC1062 Existence	SAR11 subclades								Reference
					Ia	Ib	Ic	II	IIIa.1	IIIa.2	IIIa.3	IIIb	
Cell division	FtsZ	GTPase	PF00091	Y	184/206	133/147	4/4	75/82	8/8	2/4	6/8	10/11	*C.crescentus* (Sundararajan et al. 2015); JCVI-syn3A (Pelletier et al., 2021)
		C-terminal	PF12327	N	4/206	0	0	1/82	0	1/4	0	0	
	MinC	N-terminal	PF05209	N	0	0	0	0	0	0	0	0	*B.subtilis* (Levin et al. 1998)
		C-terminal	PF03775	N	0	0	0	0	0	0	0	0	
	MinD	nucleotide binding	PF01656	N	0	1/147	1/4	0	0	0	0	0	
	LemA		PF04011	N	0	0	0	0	0	0	0	0	JCVI-syn3A (Pelletier et al., 2021)
	SepF		PF04472	N	0	0	0	0	0	0	0	0	
Chromosome replication initiation regulation	SeqA	C-terminal	PF03925	N	0	0	0	0	0	0	0	0	*E.coli* (Olsson et al. 2003)
		N-terminal	PF17206	N	0	0	0	0	0	0	0	0	
	Dam		PF05869	N	1/206	1/147	0	0	0	0	0	0	
			PF02086	N	13/206	2/147	0	2/82	0	0	0	0	
	TopA		PF01131	Y	182/206	126/147	3/4	77/82	6/8	4/4	8/8	8/11	
		DNA binding C4 zinc finger	PF01396	N	1/206	0	0	0	0	0	0	0	
		Zinc-ribbon-like	PF08272	N	0	0	0	0	0	0	0	0	
		Toprim domain	PF01751	N	2/206	0	0	1/82	0	0	0	0	

(g) Cooper-Helmstetter Index vs. Instantaneous doubling rate (doublings/day)

1 — 1a, 1b, 1c
2
3

1 Growth inhibition + aneuploidy

1a: Excessive NH₄⁺/ Glycine/ Leucine

1b: Room temp (~20 °C) to 25 °C

1c: Pyruvate to Glucose shift (same carbon conc.).

2 Growth inhibition + No aneuploidy

- Optimal condition stationary phase transitions.

- Room temp (~20 °C) to 16 °C (slow growth) or 30 °C (completely stop)

- Excessive Alanine/Taurine/ Adenine/Phosphate

3 No growth inhibition

- Excessive nitrate

- Excessive vitamin, pyruvate

(a)

(b)

(c)

(d)

AHF 209 lab

Flow cytometry data

Epi-fluorescence microscope data

Flow cytometry data

Dynamic Light Scattering measurements