Heritable and environmental influences on innate immunity across three populations of threespine stickleback (*Gasterosteus aculeatus*)

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Abstract

Environmental variation plays a key role in immune development and function; factors such as

pathogen exposure history, seasonality, and resource availability all affect an individual's immune

phenotype. However, the relative contributions of heritable and non-heritable factors remain unclear

for most immune phenotypes. We used populations of threespine stickleback (*Gasterosteus*

aculeatus) with heritable differences in immune function to investigate the relationship between

immunity, genetic divergence, and the environment. Fish were raised in tanks with different flow

rates (continuous or intermittent) that harbored differing microbial communities. After long-term

acclimation to one tank environment, a subset of adult fish were moved to the alternate flow regime

and allowed to acclimate for eighteen weeks. We then measured the effects of starting environment,

transfer between environments, and final environment across several immune parameters. Both

population and treatment significantly affected immune function. Sticklebacks from a population

previously found to display the highest heritable levels of innate immunity displayed the highest

oxidative burst capacity (ROS) regardless of tank environment. However, all fish in intermittent flow

tanks (both resident and transfers) tended to have higher ROS production, more granulocytes, and

greater spleen mass than in continuous flow. Variation in liver mass was mainly driven by population

effects. Together, this work demonstrates that a simple change in water flow dynamics can shift

aquarium microbial conditions, creating opportunities to explore immune flexibility. Perhaps more

importantly, we also highlight the need for further research examining how naturally evolved genetic

differences and environmental factors individually and jointly influence the magnitude and direction

of immune responses.

Introduction

Differential immune responses facilitate an organism's ability to maintain high fitness in the face of

changing pathogen risk. While some elements of immunity are highly innate, others are influenced

primarily by either environment or by genotype-by-environment interactions. Ecoimmunology has

traditionally focused on environmental factors such as seasonality, resource availability, and

exposure to pathogens (1). This is largely due to difficulty in identifying heritable differences in wild

organisms, which is further complicated when environmental influences vary across the life of an

organism. For example, many species have a critical window where immune system development is

sensitive to external inputs. In these cases, the adult immune function is contingent on early life

exposures (2,3). In contrast, other aspects of immunity display plastic shifts depending on current

environmental conditions. This includes the large body of work examining how exposure to toxins

impacts immunity and disease e.g., (4,5). However, a large research gap exists when considering

whether environmentally induced immune shifts are common to all individuals of a species or

parceled into genotype-specific effects where only some individuals respond to cues (i.e., genotype-

environment interaction; reviewed in Bolnick et al. (6).

The microbial environment surrounding an organism has strong impacts on host immunity. In

mammals, the gut microbiome plays an important role in immune development and function,

including maintenance of homeostasis and disease resistance (7). Much of what we know in this area

comes from laboratory work on captive, inbred lines of house mice (*Mus musculus*). In addition to

their limited genetic diversity, housing mice in sterile lab environments may limit our power to

establish links between microbes and host immune phenotypes. Indeed, lab mice lack certain immune

cell populations that are found in pet store mice (8) and have much lower levels of immune activation

than wild animals due to limited pathogen exposure (9). Wild immune phenotypes can also be

recapitulated through "rewilding" experiments that acclimate lab mice to natural outdoor enclosures.

For example, wild-acclimated mice greatly increase granulocyte production and immune activation

relative to laboratory animals (10,11). Similarly, inoculating lab mice with wild gut microbiomes

lowered levels of inflammation and improved resistance to viral infection (12). Although most

immunology research has focused on rodent models, teleost fish represent an emerging model for

connecting environmental and microbial variation with immune development and function.

Fish models offer several useful avenues for studying immune variation. One clear benefit of

these systems is that their mucosal organs are in constant contact with the aquatic environment and

can quickly respond to environmental changes (13). Mucosal tissues such as respiratory surfaces

harbor important microbial communities and act in the first line of immune defense (14). Numerous

studies have examined how environmental factors such as salinity, pH, temperature, and pollutants

affect fish mucosal immunity (reviewed in Morshed and Lee, (15)). Another large body of work

addresses connections between pathogens and innate immunity, mostly focusing on organ specific

immune responses (reviewed in Dezfuli et al, (16)). Apart from tissue or response specific studies,

the ability to easily breed and rear fish across a spectrum of environments also offers research

opportunities that are often not available with rodent models. For example, housing similar strains in

lab, controlled outdoor (i.e., aquaculture), and wild settings, offers great opportunities for

disentangling genetic and environmental effects on immunity. Moreover, in instances where genetics

differences drive immune variation, several fish systems offer the opportunity to understand how and

why these phenotypic differences evolved (17,18)

72   Threespine stickleback fish (*Gasterosteus aculeatus*) are well known as models for studying

the process of adaptation via natural selection. This ancestrally marine species repeatedly colonized

and adapted to freshwater ecosystems across the northern hemisphere as glaciers receded 11,000

years ago (19,20,21). Recent work suggests that population-specific immune divergence is an

important factor in the adaptive radiation of stickleback into freshwater environments. Differences in

innate immune function have been documented between numerous ecotypes, including marine-

freshwater (22), sympatric benthic-limnetic (23), parapatric lake-stream ecotypes (24), and variation

over larger, continental scales (25,26). While some of these studies include more modern measures of

immune gene expression (18,23,27), many rely on two classic flow cytometric assays of immune

cells collected from the head kidney (i.e., the primary hematopoietic organ). In one case, forward and

side scatter are used to categorize populations and relative ratios of granulocytes and lymphocytes in

the head kidney, with greater proportions of granulocytes suggesting greater investment in innate

immunity (26). The second assay measures the oxidative burst response of granulocytes, where

fluorescent dyes allow the quantification of reactive oxygen species (ROS) production after cells are

exposed to an immune stimulant. (24,26). In general, populations with high natural macroparasite

exposure tend to evolve higher proportions of granulocytes and larger oxidative burst responses

(23,24). In addition to flow cytometric assays, the splenosomatic index (spleen mass/body mass, SSI)

is frequently used to evaluate immune activity in fish, with an increased SSI corresponding to higher

pathogen related immune response (28,29), potentially resulting from a greater need to filter

circulating leukocytes. Another simple measure, the hepatosomatic index (liver mass/body mass,

HSI) provides a proxy for individual condition because the liver is used to store fatty acids in fish

(30).

We took advantage of threespine stickleback populations with recently evolved heritable

differences in immune function to examine the effects of environment, most specifically microbial

community, on host immunity. By rearing fish in a highly controlled laboratory setting, we were able

to focus on two experimental variables: the effect of ancestry (i.e., host population) and the effect of

water flow into tanks (i.e., constant versus intermittent flow). We used three different stickleback

populations for this experiment: a 'resistant' population with a high oxidative burst response, a

'tolerant' population with a dramatically reduced oxidative burst capacity, and an ancestral 'marine'

population which had not had its immune phenotype previously categorized. Based on previous

results (18,26), we expected the cestode-resistant population to exhibit the highest immune response.

We also hypothesized that variation in water flow rate would affect the composition of microbes in

our fish tanks; specifically, we predicted that intermittent flow tanks would have more diverse

microbial communities due to higher environmental stability. Finally, we predicted that housing adult

fish in different water flow environments would reveal flexibility in adult innate immunity, likely

because of different microbial communities. Specifically, if the intermittent flow tanks drive higher

microbial diversity, fish housed in those tanks should also exhibit the largest immune responses. As

most of our fish measurements focused on cellular immunity, to understand more generalized effects

of water flow we also compared plasticity in two organs. We predicted that increased immune

investment would correlate with increases in spleen size, and that decreased liver size would indicate

increased energetic expenditure, potentially connected to immune activation.

Materials and Methods

Animal Care & Husbandry

Wild fish (F0-generation) were obtained from two sites on Vancouver Island, British Columbia:

Roberts Lake ("resistant" population, 50.222, -125.541); Gosling Lake ("tolerant", 50.061, -

125.504); and from the Kenai River Estuary in southeast Alaska ("marine", 60.542, -151.218).

Offspring were generated via in-vitro fertilization (F1-generation) in the field in summer 2019 and

fertilized eggs were shipped to the University of Wisconsin-Madison (ADFG license P-19-005;

Canada: NA19-457335). F1 fish were bred in the lab after reaching maturity in 2021, and those

offspring (F2) were used in this experiment. This breeding design should minimize maternal effects

on measured phenotypes, as all parents shared the same laboratory environment. Fish were housed in

18L tanks in full-sibling groups (n/tank = 2 – 15) with a water temperature of 17°C. The room was

kept on a 16:8 light cycle. Fish were fed daily with a mixture of freeze-dried bloodworms and mysis

shrimp, and each tank had a section of PVC pipe and two artificial plants for environmental

enrichment.

Acclimation Design

We used two water flow regimes to create different tank environments. Continuous-flow tanks had a

volume of 18L and input flow rate of 1L/minute. The intermittent flow tanks had a volume of 23L,

and water changes involved 1L/minute for 5 minutes every 12 hours. The entire volume of water was

replaced every 30 minutes in continuous flow tanks, as opposed to every 48 hours in intermittent

flow tanks. The intermittent flow tanks were also provided standing bubbling filters to maintain

water quality and promote microbial growth on the filter sponge. All tanks in the experiment shared a

common water system, and water was run through a UV filter before recirculation to limit microbe

movement between tanks. Due to a limited number of intermittent flow tanks, fry and young fish

were all initially reared in constant flow tanks. All fish used for this experiment had been in their

current tank for at least 11 months.

Fish ranged in age from 14 – 24 months at the start of the experiment and were randomly

assigned to one of four treatments: continuous flow only ('c'), intermittent flow only ('i'), move from

continuous to intermittent flow ('ci'), and move from intermittent to continuous flow ('ic'). After the

latter two treatments were initiated, fish were maintained in the new tank for approximately eighteen

weeks. After acclimation, we fasted fish for 24 hours and then euthanized via a combination of MS-

222 overdose (500 mg/L) and pithing. Prior to dissection fish were weighed and standard length

recorded. The liver and spleen were removed and weighed with an analytical balance (±0.0001), and

the head kidneys (HKs) were removed for flow cytometric assays.

Flow Cytometry Assay

Maximum ROS production in HK cells was quantified via oxidative burst assays. Organs were

placed in ice cold media ($0.9\times$ Roswell Park Memorial Institute medium containing 10% fetal bovine

serum, 100 μM nonessential amino acids, 100 U/mL penicillin, 100 μg/mL streptomycin, and 55 μM

β-mercaptoethanol) immediately after removal. Single cell suspensions were generated by manually

disrupting and filtering the tissue on a cell strainer (35 μm) with a pipette. We washed the cell

suspension once in 4 mL of cold media (300g, 4°C, 10 min), poured off most of the supernatant, and

then resuspended the cell pellet in the remaining media. Live HK cells were counted using a

hemocytometer (Hausser Scientific 3520) via Trypan blue exclusion (Corning 25-900-CI). Each

individual had 2×10^5 HK cells distributed to three separate wells on a 96-well plate. Each well

received either (1) 200 μL of HK medium or (2 & 3) HK medium with DHR-123 (ROS indicator

fluorochrome, 2 μg/mL, Sigma D1054). Samples were incubated at 18°C, 3% CO_2 for 10 minutes.

Next, PMA (Phorbol 12-myristate-13-acetat, 130 ng/mL; Sigma P8139) was added to well 3 to

stimulate ROS production while wells 1 and 2 received equivalent volumes of HK media. Cells were

incubated for a final 20 min at 18°C, 3% CO_2, placed in a sealed bag on ice for transport, and run on

a ThermoFisher Attune NxT V6 flow cytometer.

Data Analysis

Flow cytometry data was analyzed in FlowJo (TreeStar). The magnitude of ROS production during

oxidative burst assays was determined by comparing median fluorescence intensity of PMA-

stimulated and unstimulated cells. The proportion of granulocytes and lymphocytes was determined

by flow cytometry of the unstained, unstimulated HK cells and forward and side scatter gating

described in Weber et al. (18).

All other data analysis was done in R v4.2. Because the amount of ROS produced by head

kidney cells depended on time since exposure to PMA, we included flow cytometry sample order as

a covariate. Specifically, we made separate linear models for PMA-stimulated and unstimulated cells

with sample order as a random effect with R package *lme4* v35.5 (31) and used the model residuals

as the corrected median fluorescence intensity. We then built a series of linear models for

associations between four traits of interest (ROS production, percent granulocytes, liver and spleen

mass) and a suite of potential predictor variables: population, sex, family, tank environment

(continuous/intermittent), flow treatment (c/ci/ic/i), movement between tanks (ic and ci groups were

moved, c and i were not), body mass (only used for spleen and liver), and all relevant combinations

of predictor variables and interaction terms. We used the R package *performance* v12.4 (32) to

compare models and selected the model with the lowest AIC score for each response variable. The R

package *emmeans* v1.11 (33) was used to estimate group averages and test for significant differences

between multiple factors.

Tank 16S Sequencing & Analysis

We selected a subset of tanks for 16S sequencing to characterize microbial community differences

between flow regimes. Five continuous and five intermittent flow tanks were sampled using a

microbiome testing kit from Aquabiomics LLC (Junction City, OR). Two samples were taken from

185 each tank. First, 60 mL of tank water was slowly pushed through a 22-micron mixed cellulose ester

186 filter, followed by 2 mL of 90% ethanol; the filter was allowed to dry then sealed in a small plastic

187 container. Second, each tank's water intake tube was swabbed vigorously with a cotton swab, the

188 swab was dunked in a 1.5 mL cryotube filled with 90% ethanol, allowed to dry, then sealed in a

189 plastic tube.

190  Sequence data were curated in R v4.2 with the *DADA2* pipeline (v1.16, 34). Reads were

191 filtered and trimmed (command: 'filterAndTrim') with parameters maxN=0, truncQ=2,

192 rm.phix=TRUE and maxEE=c(2,5). Paired reads were then merged (command: 'mergePairs') and

193 chimera sequences were removed (command: 'removeBimeraDenovo'). R package *DECIPHER*

194 (v.2.26, 35) was used to construct an amplicon sequence variants (ASVs) table (command: 'IdTaxa')

195 after training on a reference dataset (SILVA 138 SSU; 36). Analyses of species richness and

196 differences between communities were completed with the R package *phyloseq* (v1.42, 37).

197 **Results**

198 *Tank Microbe Communities*

199 Despite collecting and submitting 20 microbial samples for 16S library preparation and sequencing,

200 we only recovered usable data from four tanks: three continuous flow and one intermittent. We were

201 unable to acquire additional tank microbial samples because the experiment had concluded by the

202 time that we learned of the sequencing error (i.e., we no longer had access to the relevant fish

203 populations in each tank environment). Although the small number of tanks limits our confidence in

204 measurements of microbial differences between water flow environments, we nonetheless identified

205 several patterns. 2D ordination (Figure 1) separated the filter and swab samples along the first NMDS

206 axis, and the intermittent flow tank separated from the three continuous flow tanks along the second

207 axis. The intermittent flow tank also had the highest Shannon diversity index score (Figure S1),

though it did not diverge greatly from the continuous flow tanks. We generated a list of the top ten

ASVs that had the largest difference in read counts between the tank environments. ASVs in the

genera *Sediminibacterium*, *Polynucleobacter*, and *Undibacterium* were overrepresented in both filter

and swab samples in the intermittent tank, whereas an ASV in the genus *Sphingopyxis* was

underrepresented in the intermittent samples compared to continuous flow. Together, this suggests

that the water flow regime likely altered the microbial communities where fish were housed.

Reactive Oxygen Species (ROS) Generation

The best fit regression model for ROS production included fixed effects for population and flow

treatment, and family as a random effect. The resistant stickleback population produced significantly

higher ROS than tolerant (mean of 0.55 median fluorescence intensity vs -0.48 mfi, Cohen's d =-

3.56, t-test p<0.00001, Table 1, Figure 2) or marine populations across all treatments (d =-1.72,

p<0.00001). The tolerant population also produced less ROS than marine fish (d=-1.84, p<0.00001).

These data support a strong role of population ancestry and evolutionary divergence in shaping

oxidative burst capacity. Across all populations the c treatment had the lowest ROS production,

which was significantly different from the i (d=-0.27, p = 0.004) and ci treatments (d=0.505, p =

0.0001) and marginally different from the ic treatment (d=0.37, p = 0.051). Fish in intermittent flow

tanks tended to have greater ROS production than those in continuous flow (Figure S6, d=-0.11, p =

0.002). There was no effect of sex on ROS generation (p = 0.74).

Granulocyte:Lymphocyte Ratio

The best supported model for percent granulocytes included fixed effects for population, sex, and

flow regime, and family as a random effect. Intermittent flow tanks averaged significantly higher

proportions of granulocytes in the head kidney than continuous flow tanks (38.1% vs 34%; t-test p =

0.003, Cohen's d =-0.03, Figure 3). The resistant population also had higher proportions of

granulocytes than the tolerant (41.2% vs 34.4%, p = 0.02, d=-0.83) or marine (32.6%, p = 0.001, d=-

1.05) populations. The latter two populations were not significantly different (p = 0.47).

Liver and Spleen Mass

Variation in spleen and liver mass was driven by fish mass, population, sex, and tank environment.

Fish from the tolerant population had significantly smaller livers than resistant fish after controlling

for mass (-0.44 vs 0.27 mass-scaled liver size, Cohen's d = -2.1, t-test p<0.00001, Table 1, Figure 4).

The marine population was intermediate in liver size and not significantly different from either

tolerant or resistant populations. Fish in the c treatment had significantly larger livers than the ci

(0.16 vs -0.12, d=0.81, p=0.03) and ic treatments (0.16 vs -0.13, d=0.83, p=0.02) and were

marginally larger than the ii treatment (0.16 vs -0.08, d=0.67, p=0.06). Males averaged smaller livers

than females, but this difference was not significant in multiple comparisons (-0.04 vs 0.04, d = 0.23,

p=0.16). The best-supported model for liver mass included population, sex, and flow treatment as

fixed effects and family as a random effect.

The marine population averaged larger spleens than both resistant (0.16 vs -0.08 mass

corrected spleen size, d = 0.49, p = 0.01, Figure 5) and tolerant populations (0.16 vs -0.08, d = 0.55, p

= 0.006). Male fish had larger spleens than females (0.11 vs -0.11, d=0.45, p=0.01), and fish in

intermittent flow had marginally larger spleens than continuous flow (0.06 vs -0.07, d = -0.28,

p=0.05). The best-supported model for spleen mass included population, sex, and flow regime. Mass-

corrected spleen size was not significantly correlated with either ROS production or

granulocyte:lymphocyte ratio (Pearson's correlation coefficient, p>0.1). Mass-corrected liver size

was positively correlated with ROS production (r=0.31, p=0.005), but not granulocyte:lymphocyte

ratio (p=0.18).

Discussion

We leveraged evolved differences in immunity across stickleback populations to investigate how

variation in the laboratory environment affects immune function. We found that simply transferring

fish between tanks with constant or intermittent water flow, a relatively modest environmental

change, led to significant changes in the inflammatory responses and composition of head kidney

cells. Intermittent water flow not only drove significantly higher levels of ROS production but also

greater proportion of granulocytes–a category that includes neutrophils likely to drive strong

oxidative burst responses. After eighteen weeks of exposure, the magnitude of both immune

measures approximated levels observed in fish that had been housed in each environment for a long

period. This demonstrates that environmentally induced flexibility in stickleback innate immune

responses is a relatively rapid process.

Apart from classic measures of innate immunity, we also tested the impacts of water flow

regime on liver and spleen size. Fish that ended the experiment housed in intermittent flow tanks had

significantly higher SSI, consistent with a plastic shift to greater innate immune allocation. In

contrast, there was no simple relationship between HSI and water flow treatment. Stable (non-

transplant) rearing under constant water flow yielded significantly higher HSI than the other

treatment groups. We had too few tanks available to perform sham transfers (i.e., c-c or i-i), so we

cannot rule out a handling effect in the ci or ic treatments. However, this seems unlikely given that

fish were allowed to acclimate to their new tanks for approximately eighteen weeks. The tolerant

population had the lowest HSI overall. This was likely due to this population's fast growth rate,

which is also associated with liver size in fish (38). Marine and resistant fish did not differ in relative

liver size even though marine fish are significantly larger.

All populations showed a similar magnitude of flexibility for ROS production, granulocyte

proportion, and SSI, and the heritable differences between populations were by far the strongest

predictor of immune response (Table 2). Population accounted for 89% of the variance in ROS

production, 42% of the variance in granulocyte proportion, and 43% of the variance in SSI. Several

recent studies have highlighted the utility of population level comparisons of immune variation (e.g.,

17, Robertson et al 2016, Weber et al 2022), but this remains a relatively neglected component of

most experimental designs (Sasser et al 2023).

Variation in ROS production in these populations evolved recently in response to parasitism

by the tapeworm *Schistocephalus solidus* which is not present in marine environments (18). We

found a similar magnitude of difference between resistant and tolerant populations compared to

previous work, although overall our measurements were lower than those reported in Weber et al

(18). Our measures of granulocyte proportion were comparable to our previous results (18) but

significantly higher than those reported in wild stickleback from Germany (24). This study was the

first to include measures of ROS production in ancestral marine stickleback and demonstrated that

the marine population is intermediate between the cestode resistant and tolerant freshwater

populations.

Because our experiment was performed in a laboratory with highly controlled environments,

we hypothesized that reducing the frequency of tank water changes would primarily lead to increased

microbial diversity. Our results, with the caveat that they represent only a few tanks, support this

prediction. The intermittent flow tank had the highest level of microbial diversity in swabs taken

from the tank outflow pipes, and the second highest diversity from filtered water samples (Figure

S1). Perhaps more striking was the divergence in microbe communities when accounting for ASV

abundance. Whether considering microbes filtered directly from the water or from a swab of the tank

outflow, 16S divergence along the first NMDS axis was strongly captured by flow regime (Fig S1).

While the present study was a preliminary examination of whether variation in water flow could

separately influence tank microbial environment and fish immunity, our positive results beg several

questions: Do changes in tank microbial environment alter the fish microbiome and, if so, are the

effects general or specific to areas such as the skin or gut? And are shifts in host immunity caused by microbial exposure, alterations in microbiome, or both events? More directed experiments are needed to address these questions, but our results do at least support a microbe-immune connection. The higher ROS and granulocyte levels of head kidney cells from stickleback in intermittent flow tanks suggests an increased systemic immune stress (40). This is consistent with pathogen response, potentially mediating via migration of antigen presenting cells from the periphery to head kidney (41).

Ethics Statement

This experiment was reviewed and approved by the University of Wisconsin-Madison IACUC under protocol L006460-A01.

Conflict of Interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

1.   Author Contributions

Conceived and designed the experiments: JW and CW. Performed the experiments, analyzed the data, and prepared the figures: CW. Wrote the first draft: CW and PC. Provided funding: JW. All authors contributed to the article and approved the submitted version.

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Figure 1: Bray-Curtis non-metric multidimensional ordination scaling plot of tank microbial

communities based on 16S data. Color indicates flow regime (red – continuous flow, blue –

intermittent flow) and shape indicates sampling location (square – tank outlet swab, triangle –tank

water sample).

Figure 2: ROS production during oxidative burst assay in head kidney cells by population. Color indicates treatment (red – continuous only, green – intermittent to continuous, blue – continuous to intermittent, purple - intermittent only. Symbols indicate significant differences (# - p<0.05, * - p<0.01)

Figure 3: percent granulocyte cells in head kidney by population. Color indicates flow regime (red – continuous flow, blue – intermittent flow. Symbols indicate significant differences (# - p<0.05, * - p<0.01)

Figure 4: relative liver mass (corrected for body mass) by population. Color indicates treatment (red – continuous only, green – intermittent to continuous, blue – continuous to intermittent, purple - intermittent only. Symbols indicate significant differences (# - p<0.05, * - p<0.01)

Figure 5: relative spleen mass (corrected for body mass) by population. Color indicates flow regime

(red – continuous flow, blue – intermittent flow. Symbols indicate significant differences (# - p<0.05,

* - p<0.01)

Supplemental Figure 1: diversity indices of tank microbial communities based on 16S data by flow

regime. Color indicates sampling location (blue – tank outlet swab, red –tank water sample).

Supplemental Figure 2: abundance of bacterial phyla by flow regime.

Supplemental Figure 3: abundance of bacterial classes by flow regime.

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