Contrast-enhanced micro-XCT as a tool for organismal and reproductive trait observations in corals based on scans of *Thesea nivea* Deichmann, 1936

Erin E. Easton

University of Texas Rio Grande Valley, 33363 Marine Lab Dr., South Padre Island, TX, USA

Highlights
- Contrast-enhanced micro-XCT proves useful for octocoral systematics.
- Organismal and histological information for *T. nivea* was visualized with contrast.
- Sufficient density differences were observed to differentiate among soft tissues.

Abstract

Micro-X-ray computed tomography (micro-XCT) with contrast enhancement is considered a non-destructive tool that is increasingly being applied to explore the internal and external structures of vertebrates and invertebrates. Although micro-XCT has been applied to corals to study skeletal features, contrast enhancement has not been tested to explore the soft tissue structures of corals. This study is the first to explore the utility of contrast enhancement advance octocoral systematics by testing whether internal and external features, including soft tissue features, of the octocoral *Thesea nivea* can be visualized after contrast staining with 2.5% Lugol's iodine. Contrast staining permitted visualization of soft tissues with sufficient density differences among tissues to distinguish skeletal elements, dermal layers, polyp internal structures, and oocyte stages and features. Further optimization of this approach could enhance its utility for systematics and increase its efficiency through development of semi-automated pipelines for morphometric and histological analyses.

1. Introduction

X-ray computed tomography (XCT) has applications in numerous fields (reviewed in Withers et al., 2021), including metrology, manufacturing, engineering, food science, materials science, biomedical and life sciences, paleontology, and Earth sciences. It is considered to be a non-destructive tool (but see Faulwetter et al., 2013) to obtain information on internal and external structures at scales of meters to nanometers (Withers et al., 2021), depending on the resolution of the scanner. In the life sciences, micron-scale XCT (hereafter micro-XCT) has been used to non-invasively study the external and internal morphological characters of a polychaetes (Faulwetter et al., 2013), earthworms (Fernández et al., 2014), chick embryos (Metscher, 2009), frogs (Porro and Richards, 2017), and fish (Weinhardt et al., 2018). Compared to dissection-based analyses, application of micro-XCT for morphology-based systematics has advantages in not only being non-destructive but also in its utility for the rapid creation of high-resolution, three-dimensional, morphological data (Faulwetter et al., 2013) and histological information (Gutiérrez et al., 2018) that can be digitalized as virtual type material (i.e., cybertypes; see Buser et al., 2020; Faulwetter et al., 2013; Porro and Richards, 2017) that could serve for virtual dissections, biochemical modeling (Buser et al., 2020; Porro and Richards, 2017), and education (Buser et al., 2020; Porro and Richards, 2017).

These benefits are enhanced with the application of contrast stains to enhance visualization of soft tissues. With the application of chemical contrast stain, taxonomically informative morphological details of internal structures and histological information have been visualized in lumbricid earthworms (Fernández et al., 2014), crickets (Gutiérrez et al., 2018), frogs (Porro and Richards, 2017) have been explored by micro-XCT. Among the contrast stains used, Lugol's iodine and other iodine contrast stains have shown promise for visualizing soft-

tissue and skeletal structures, including delicate and small structures that are often difficult to

visualize through traditional dissection methods, in a wide range of vertebrates and invertebrates

(Fernández et al., 2014; Gutiérrez et al., 2018; Metscher, 2009; Porro and Richards, 2017).

Despite the promise contrast-enhanced micro-XCT for systematics, its application for

systematics remains limited even for taxa, such as corals, that have been studied with XCT and

micro-XCT for decades.

In corals, micro-XCT has been applied to study skeleton density (Duprey et al., 2012;

Roche et al., 2010) and structural/morphological characteristics (Fabri et al., 2022; Kaandorp et

al., 2005; Knackstedt et al., 2006; Kramer et al., 2022; Kruszyński et al., 2007), effects of ocean

acidification on coral skeletons (Enochs et al., 2015; Hennige et al., 2020; Scucchia et al., 2021;

Tambutté et al., 2015; Wolfram et al., 2022), coral surface area and volume relationships

(Gutiérrez-Heredia et al., 2015; House et al., 2018; Laforsch et al., 2008), effects of turbulence

and flow on coral skeletons (Iwasaki et al., 2018), growth patterns (Li et al., 2021; Li et al.,

2020; Medellín-Maldonado et al., 2022; Yudelman and Slowey, 2022), explore effects of coral-

coral biont relationships (Beuck et al., 2007), and model the effects of environmental or

biological changes on coral skeletons (Wolfram et al., 2022). Most of these studies have been

conducted on scleractinians corals, which have substantial calcium carbonate skeletons. In

contrast, few studies have been conducted on octocorals. The first application of micro-XCT to

octocorals was mapping of the stem canals of octocorals to understand their internal organization

and their physiological and functional role in octocoral colony growth (Morales Pinzón et al.,

2014). Micro-XCT was also used to explore of the effects of ocean acidification on the octocoral

Eunicea flexuosa by Enochs et al. (2015). Urushihara et al. (2016) were the first to use micro-

XCT to obtain biological and structural information for an octocoral, the white coral, *Corallium*

konojoi. Early applications of micro-XCT on corals often report a limitation of the method the

limited or lack of detection of soft tissue using standard scanning or modifications such as phase-

contrast and synchrotron micron-XCT (Morales Pinzón et al., 2014; Naumann et al., 2009;

Urushihara et al., 2016). Despite not using contrast stain, Urushihara et al. (2016) were able to

distinguish some information on the structures formed by living tissues, such as gastrovascular

canals and polyp cavities, through application of edge-enhancement effect of synchrotron X-ray

imaging.

To the best of my knowledge, no studies have used chemical contrast stains to visualize

soft tissues in corals, so the utility of micro-XCT to explore internal soft tissues of corals has yet

to be tested. Here, I test the utility of Lugol's iodine for contrast enhancement of the octocoral

Thesea nivea Deichmann, 1936 to determine whether additional morphological characters are

distinguishable compared to micro-XCT without contrast staining and thus whether this tool

could be useful for advancing octocoral systematics.

2. Materials and methods

2.1. Sample collection and preparation

A specimen of *Thesea nivea* (DFH33-536A) was collected by the remotely operated

vehicle SubAtlantic Mohawk 18, operated by the UNCW Undersea Vehicles Program, on 29

September 2017 at 86 m depth at MacNeil Bank (28.0410 °N, 93.4933 °W). The specimen was

preserved in 95% ethanol at -20°C. An ~5 cm long piece of a terminal branch was clipped to

include a terminal branching point and sent to the University of Texas High-Resolution X-ray

Computed Tomography Facility (hereafter, UTCT). The raw sequencing data from Quattrini et

al. (2024) is available from GenBank (SAMN38145133).

2.2. Micro-XCT imaging and processing

UTCT staff conducted a total of three specimen scans. The first scan was performed 16

December 2022 on the ~5 cm (length) fragment (Fig. 1), unstained, with the NSI Helical scanner

with the following parameters: Fein Focus High Power source, 90 kV, 0.15 mA, aluminum foil

filter, Perkin Elmer detector, 0.25 pF gain, 2 fps, 1x1 binning, source to object 70.84 mm, source

to detector 1053.225 mm, helical continuous CT scan, vertical extent 64 mm, pitch 6.39698 mm,

10 revolutions, 2.5 sets, no frames averaged, 0 skip frames, 15000 projections, 5 gain

calibrations, 5 mm calibration phantom, data range [-5, 100] adjusted grayscale values, beam-

hardening correction = 0.1. A total of 3697 slices of voxel size 13.5 μm were obtained. To

increase resolution, the fragment was cut down to an ~ 0.7 × 0.5 cm fragment at the branch

junction (Fig. 1) and rescanned, unstained, on 28 February 2023 with the Zeiss Xradia 620 Versa

with the following parameters: flat panel, 70kV, 8.5W, 0.1s acquisition time, 5 samples per view,

detector 252.336 mm, source -14.249 mm, XYZ [-117, -1533, -203], camera bin 1, angles ±180,

3201 views, no filter, dithering, multi reference. The 16bit TIFF images were reconstructed by

Xradia Reconstructor with center shift -0.735, beam hardening 0, theta 0, byte scaling [-0.002,

0.035], binning 1, and recon filter smooth (kernel size = 0.7). To explore the use of contrast

enhancement to observe the soft tissues, the fragment used for the second scan was then stained

in 2.5% Lugol's for ~27 h and was subsequently scanned on 22 August 2023 Zeiss Xradia 620

Versa with the following parameters: flat panel, 70kV, 8.5W, 0.09s acquisition time, 5 samples

per view, detector 252.5 mm, source -14.3 mm, XYZ [468, -21729, 567], camera bin 1, angles

±180, 4501 views, no filter, dithering, multi reference. The 16bit TIFF images were

reconstructed with center shift -0.839, beam hardening 0.2, theta 0, byte scaling [-0.02, 0.65],

binning 1, and recon filter smooth (kernel size = 0.7). The scans are archived at UTCT.

Dragonfly 2022.2 Build 1409 (Comet Technologies Canada, Inc., Montreal, Canada; software

available at https://www.theobjects.com/dragonfly) was used for three-dimensional

reconstructions and analyses of the tomographic images. In DragonFly, a threshold of 10500

(first scan; Fig. 1), 7500 (second scan, Fig. 2A-D) and 7500/5000 (3D/2D, third scan) were used

to segment and remove the bulk of the background noise prior to viewing 3D reconstructions and

exporting images; additional background noise pixels were removed with Dragonfly ROI define

range and ROI painter 3D freehand tool and overwritten to a value of 0. Octocoral morphological

terminology follows Bayer et al. (1983) and (Fabricius and Alderslade, 2001).

Fig. 1. 3D rendering of unstained micro-XCT scan of a ~5 cm long fragment of *Thesea nivea*
specimen DFH33-536A with a white box indicating the approximate boundaries of the ~0.7 × 0.5
cm fragment subsequently scanned with and without contrast (Fig. 2). Scanned at The University
of Texas High-Resolution X-ray Computed Tomography Facility (UTCT) with the NSI Helical
scanner. Voxel size = 13.5 µm. Rendered in Dragonfly 2022.2 Build 1409.

Fig. 2. 3D renderings and approximately equal views on three planes of an ~0.7 × 0.5 cm fragment of *T. nivea*, showing the skeletal elements visualized by scanning without contrast (A-D) and the additional morphological features visible with contrast enhancement with ~27 h of staining with 2.5% Lugol's iodine (E-H). ax = axis, lo = loculus, m = mesenteries, ml = mesenterial lining, mo = mouth opening, o = oocyte, p = polyp, po = point, sc = sclerite, sc-t = sclerites in tentacles, st can = stem canals, and ve = vitelline envelope. Morphological

140 terminology follows Bayer et al. (1983) and (Fabricius and Alderslade, 2001). Scanned with a
141 Zeiss Xradia 620 Versa. Voxel size = 4.0 µm. Rendered in Dragonfly 2022.2 Build 1409.
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3. Results

A total of 3697, 1470, and 1470 tomographic slices were obtained respectively for scan 1,

2, and 3 with a voxel size 13.5 µm (scan 1) and 4.0 µm (scans 2 and 3). Thresholds used to

isolate skeletal elements from air were differed between stained and unstained scans.

Segmentation of different soft tissues was not achieved and the threshold between air and stained

coral tissues was not sufficiently distinct to completely distinguish between air sand some soft

tissues. In contrast, contrast enhancement allowed some soft tissues to be distinguished from one

another to identify internal and external morphological features and histological information.

Skeletal axis with loculi and a central core (Fig. 2–3), polyp (autozooid) cavities, and sclerites

were visible with and without staining (Fig. 2). The arrangement of the coenenchyme and polyp

sclerites are visible externally and internally. Sclerites are observed along the central axis and

throughout the coenenchyme with greater apparent densities near the surface than between

polyps, and along the axis. Without contrast staining (Fig. 2 A-D), tissue spaces were largely not

distinguishable from air, so polyp cavities were visible but the boundaries with the surrounding

tissues were not distinguishable. Lugol's iodine sufficiently stained the sample to allow for

visualization of soft tissues (Fig. 2 E-H), including polyps and gametes, as well as the skeletal

elements. Sufficient detail was observed to see the mesenterial lining of the polyp cavity, oocytes

separated by mesenteries, the arrangement of point and collar sclerites relative to soft tissues, the

mouth opening, stem canals and their linings, and oocyte characteristics with notable density

differences. At least two cohorts of oocytes are visible with early stage, previtellogenic oocytes

being adjacent to late-stage, vitellogenic oocytes that are ready to spawn. The nucleus, nucleolus,

yolk, and vitelline envelope are visible (Fig. 3).

Fig. 3. Micro-XCT slice of *T. nivea*, showing some of the additional histological features visible
with contrast enhancement with ~27 h of staining with 2.5% Lugol's iodine. cc = central canal,
co = collar, lo = loculus, mc = mesoglea capsule, mf = mesentery filament, ml = mesenterial
lining, nc = nucleus, nl = nucleolus, o = oocyte, po = point, pvo = previtellogenic oocyte, st can
= stem canals, ve = vitelline envelope, and vo = vitellogenic oocyte. Morphological terminology
follows Bayer et al. (1983) and (Fabricius and Alderslade, 2001). Scanned with a Zeiss Xradia
620 Versa. Voxel size = 4.0 µm. Rendered in Dragonfly 2022.2 Build 1409.

4. Discussion

Micro-XCT without contrast revealed skeletal features of the octocoral *T. nivea* but soft

tissues were largely indistinguishable as noted by other studies (Morales Pinzón et al., 2014;

Naumann et al., 2009; Urushihara et al., 2016). In contrast, micro-XCT with contrast

enhancement permitted visualization of soft tissues with sufficient detail to differentiate among

oocyte stages and characteristics (i.e., nucleus, nucleolus, yolk, and vitelline envelope) and

among soft tissue layers to better visualize the internal structures of *T. nivea*. As expected, higher

resolution was achieved with a smaller region of interest as maximum resolution is related to the

object's dimensions (Withers et al., 2021). The goal of this study was not to optimize techniques

but to test whether contrast-enhanced micro-XCT could be used as a tool to enhance systematics

by obtaining additional morphometric and histological information for octocorals compared to

micro-XCT without contrast staining. Having achieved this goal, I will shift discussion to the

potential next steps to optimize this approach for octocoral systematics is warranted. Greater

detail and distinction among soft tissue features may be possible with modifications to the

scanning protocol, including using a nano-XCT, using a scanner with helical scanning modes,

optimizing contrast enhancement protocols, using density calibration techniques and applying

image improvement protocols to improve ability to autosegment tissues (Chalker et al., 1985;

Duprey et al., 2012; Faulwetter et al., 2013; Laforsch et al., 2008; Roche et al., 2010), and testing

application for image analysis for thresholding, segmentation, and quantification of

morphometrics.

Nano-scale XCTs and helical scanning features are worth exploring to achieve greater

resolution and visualization of smaller characteristics; however, there are tradeoffs between

sample size and resolution as well as scan time and thus cost to achieve higher resolution (see

Withers et al., 2021). Further, higher resolution scans and higher-energy scans would increase the

X-ray dose, in turn, increasing the potential destructive effects of XCT (Withers et al., 2021). For

example, higher dosages could result in damage to DNA and compromise the integrity of the

sample for future molecular analyses, which could be compounded by effects of the contrast

stain used and the condition of the sample used. Although micro-XCT is largely considered non-

destructive and non-invasive, the application of stain inherently makes the process invasive, even

if minimally so, because stains are often not fully washed out (Fernández et al., 2014).

Nevertheless, contrast-enhanced micro-XCT was successfully applied to decades old museum

specimens of earthworms (Fernández et al., 2014) demonstrates that this method could likewise

be applied to museum collections of octocorals. Because the effects of micro-XCT and contrast

stains on molecular material has revealed mixed results (see Faulwetter et al., 2013) and their

effect on molecular material of preserved octocorals have not been explored, this method would

need to be tested on museum collections to determine whether there are negative effects on

specimens and if there is an optimal methodology or processing order to minimize effects and

maximize recoverable information from type specimens. XCT has also been conducted on living

scleractinians (Laforsch et al., 2008), so application of this method, with or without, contrast

stains could also be explored to evaluate its utility and the potential destructive effects for living

octocorals in aquaculture or after live collections prior to more destructive studies.

Further testing may also reveal optimal stains and staining protocols for histological

information and autosegmentation. Lugol's iodine was selected for this test because it other

mixtures of iodine and potassium iodine are optimal stains in other studies for differentiation of

tissues, are largely considered non-destructive, and will leach out of samples (see, e.g.,

Fernández et al., 2014; Gutiérrez et al., 2018; Metscher, 2009; Weinhardt et al., 2018). In

addition, phosphotungstic acid (PTA) staining may be a viable option because, like Lugol's

iodine, it provided a strong contrast for differentiating check embryo (Metscher, 2009),

earthworm (Fernández et al., 2014), and teleost fish tissues (Weinhardt et al., 2018). Lugol's

iodine precipitates can decrease its dynamic range for tissue analysis (Weinhardt et al., 2018) and

PTA is acidic and can take longer to penetrate than iodine solutions (Metscher, 2009), so

decalcification could be an issue in corals. Different stains, stain concentration, and medias for

preservation (e.g., dry, ethanol, formalin), staining (ethanol, methanol, formalin, water), and

scanning may have an effect on tissue shrinkage and stain absorption (see, e.g., Faulwetter et al.,

2013; Gutiérrez et al., 2018; Metscher, 2009; Weinhardt et al., 2018). Dual or multiple stains may

be appropriate for optimizing histological information obtained from contrast-enhanced micro-

XCT. Stains may also prove useful for exploring effects on calcium carbonate skeletal elements

if they differentially stain these elements. Pairing contrast-stain methods with scanning electron

microscopy (SEM) and chemical and histological analyses could contribute to our understanding

of coral morphology and physiology and the utility of micro-XCT to differentiate different

characteristics and elucidate additional taxonomic and ecological information (e.g., Beuck et al.,

2007), such as chitinous features if XCT methods could differentiate such chitinous features

(Vandepas et al., 2023).

Automated pipelines for segmentation and morphometrics would improve the utility of

contrast staining and micro-XCT. Such pipelines have been developed for other fauna, e.g.,

teleost fish (Weinhardt et al., 2018) and foraminiferal-algal nodule samples (Chandra et al.,

2024). Some automated pipelines have been developed for specific tasks in corals, e.g., for

analyzing indeterminate growth forms in the scleractinian *Madracis mirabilis* (Kruszyński et al.,

2007) and for semi-automated stem canal tracking in the octocoral *Muricea muricata* (Morales

Pinzón et al., 2014). These pipelines could be modified and integrated with pipelines for

contrast-stained samples to optimize them for automated segmentation and morphometric

analyses for integrative systematics and revisionary taxonomy, including for application to type

specimens that can only be analyzed with nondestructive methodologies. For example,

applications and pipelines could be developed to test whether volumes, areas, and quantities of

tissues, sclerites, canal, axis, and other features could be calculated using automated, semi-

automated, and artificial intelligence approaches. The raw data can be archived as done with this

dataset at the UTCT and that data and the processed outputs can be made available in public

repositories for subsequent analyses, virtual dissection, digital dissection, and educational

purposed (see Buser et al., 2020 for Workflows and review of repositories and outputs).

5. Conclusions

Contrast-enhanced micro-XCT provided additional organismal and histological

information for *T. nivea* compared to micro-XCT without contrast enhancement. This method

permitted visualization of soft tissues with sufficient density differences among tissues to

different mesoderm and gastrodermis layers, different stages and features of oocytes, as well as

the arrangement of skeletal elements internally and externally. Thus, this tool shows promise

octocoral systematics. The utility of the tool could be enhanced by further testing to optimize

protocols, in particular to test different contrast staining protocols and image analysis protocols

to facilitate a semi-automated approach to collect morphometric and histological information. Its

utility would be further enhanced with integration with traditional techniques for a more

comprehensive systematics approach to aid in the description and revision of octocoral taxa.

Such optimizations will result in enhanced biological and ecological information for octocorals

and provide cybertypes for subsequent revisions, virtual dissection, and education.

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