Aggressive Cholesterol Lowering Normalizes Atherosclerosis Regression in _Jak2_^{_V617F_}

Clonal Hematopoiesis

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Abstract

Background - Clonal hematopoiesis (CH) has emerged as an important risk factor for atherosclerotic cardiovascular disease (ACVD). Mouse studies have established a causal role of CH in atherosclerosis progression and have defined macrophage inflammatory responses as a key underlying mechanism. We undertook the present study to assess the hypothesis that ongoing inflammation would impede atherosclerosis regression in $Jak2^{V617F}$ ($Jak2^{VF}$) CH mice.

Methods and Results - Chimeric $Jak2^{VF/WT}$ or control WT/WT bone marrow was transplanted into $Ldlr^{-/-}$ mice and, following 13-16 weeks of Western diet-induced atherosclerosis progression, cholesterol was lowered either moderately (to 200-300 mg/dl) or markedly (to 100 mg/dl). With moderate cholesterol lowering there was impaired regression in $Jak2^{VF}$ CH mice compared to controls. However, with marked cholesterol lowering, regression was similar in $Jak2^{VF}$ CH and control mice.

Two mechanisms of low-density lipoprotein (LDL) lowering-induced suppression of inflammation in plaques were implicated: 1) reversal of increased proliferation, DNA damage and Absent in Melanoma 2 (AIM2) inflammasome activation specifically in $Jak2^{VF}$ macrophages and 2) markedly increased macrophage triggering receptor expressed on myeloid cells 2 (TREM2), c-myc expressing macrophages in both $Jak2^{VF}$ and control mice.

Conclusions - Aggressive LDL lowering reverses inflammasome activation and induces pro-resolving changes in macrophages in $Jak2^{VF}$ CH, halting atherosclerosis progression and promoting features of plaque stabilization. These findings suggest that aggressive LDL cholesterol lowering could effectively reverse ACVD risk in individuals with $JAK2^{VF}$ clonal hematopoiesis.

Translational Perspective

Clonal hematopoiesis increases the risk of atherosclerotic cardiovascular disease. Amongst mutations associated with clonal hematopoiesis, $Jak2^{V617F}$ confers the greatest increased risk of atherosclerotic cardiovascular disease. Our findings demonstrate that aggressive LDL lowering normalizes atherosclerosis regression in $Jak2^{V617F}$ clonal hematopoiesis by reversing inflammasome activation and inducing pro-resolving changes in macrophages. These changes lead to increased features of plaque stability, including decreased macrophage burden, increased collagen, and improved efferocytosis. These results suggest that aggressive LDL-C lowering in $Jak2^{V617F}$ clonal hematopoiesis patients would mitigate the increased atherosclerotic cardiovascular disease risk.

1. Introduction

Despite therapeutic advances, ACVD remains the leading cause of death in the developed world.[1] Although inflammation plays a key role in atherosclerosis progression, cholesterol accumulation remains a prerequisite for lesion development, and LDL lowering has consistently shown a benefit in many clinical trials.[2-4]

The role of inflammation in increasing ACVD risk has also now been well established. The LoDoCo 2 trial found that the risk of cardiovascular events was significantly lower in patients with chronic coronary disease who were given 0.5 mg of colchicine daily.[5] Based on these and other results, the FDA approved the use of low dose colchicine as the first anti-inflammatory drug for heart disease.[6] The CANTOS trial involving the use of interleukin-1β (IL-1β) antibodies showed reduced cardiovascular events in high-risk patients with mean LDL cholesterol levels of 81 mg/dl - 84 mg/dl and a high-sensitivity C-reactive protein (hs-CRP) level of at least 2 mg/L.

However, there was a small increase in fatal infections, and the FDA did not approve this

treatment for marketing.[7] Many observations suggest that hypercholesterolemia is linked to

inflammatory risk. For example, statins lower hs-CRP levels[8] and preclinical studies have shown

that cholesterol accumulation in plaque macrophages promotes inflammasome activation.[9-12]

However, the mechanisms linking hypercholesterolemia, macrophage cholesterol accumulation

and inflammation remain incompletely understood, especially in the clinically important context

of atherosclerosis regression induced by LDL lowering.[13-19]

Clonal hematopoiesis (CH) arises from somatic mutations in hematopoietic stem cells (HSC) that

confer a selective advantage and lead to clonal expansion of blood cells. CH commonly arises

from mutations in genes that mediate epigenetic modifications or cytokine signaling.[20,21]

Amongst CH mutations, $Jak2^{VF}$, which increases signaling by hematopoietic cytokines, confers

the greatest risk of ACVD.[22-24] Moreover, $JAK2^{VF}$ has been detected in 3-4% of a general

European population,[25] and increases thrombotic risk and coronary artery plaque erosion even at

low variable allele frequency().[26,27,28] We showed in a hypercholesterolemic mouse model that

$Jak2^{VF}$ CH exacerbates atherosclerosis via AIM2 inflammasome activation in mice[29] with genetic

studies suggesting a similar role in humans.[30] The AIM2 inflammasome is activated by double

stranded DNA fragments in the cytosol.[31] We proposed two potential mechanisms of DNA

damage underlying AIM2 inflammasome activation in $Jak2^{VF}$ CH: increased proliferation of

$Jak2^{VF}$ macrophages leading to DNA replication stress or increased mitochondrial glycolytic

metabolism, reactive oxygen species (ROS) formation and oxidative DNA damage. Based on

these findings, we hypothesized that LDL lowering-induced atherosclerosis regression would be

impaired in $Jak2^{VF}$ CH mice due to persistence of the underlying mechanisms promoting

inflammasome activation. Contrary to our hypothesis, we found that cholesterol lowering

reversed inflammasome associated changes in *Jak2*[VF] macrophages and that marked cholesterol

lowering induced regression similar to control mice. These studies suggest the importance of

rigorous control of LDL cholesterol levels in individuals with *JAK2*[VF] clonal hematopoiesis.

2. Methods

84   Several experimental procedures were performed as previously described[16,29]

2.1 Mice

All mice used for these studies were male and on a C57BL/6J background. Mice were housed in

a pathogen-free facility under standard conditions of temperature (23 °C) with a 12-hour light-

dark with ad libitum food and water access. Cages and water were changed every 7-14 days. All

mouse experiments were approved by the Institutional Animal Care and Use Committee of

Columbia University under protocol number AABG0561, and were conducted in accordance

with NIH guidelines and the Guide for the Care and Use of Laboratory Animals. Mice

heterozygous for the *Jak2*[VF] conditional knock-in allele were generated as previously

described.[32] *Jak2*[VF] mice were then crossed to *Mx1-Cre* (The Jackson Laboratory, B6.Cg-

Tg(*Mx1-Cre*)1*Cgn*/J (003556) or *Scl-Cre* (The Jackson Laboratory, C57BL/6-Tg(Tal1-

cre/ERT)42-056Jrg/J (037466) to generate *Mx1-CreJak2*[VF] and *Scl-CreJak2*[VF] mice respectively.

Scl-Cre-Jak2[VF] mice were then crossed with ZsGreen reporter mice (The Jackson Laboratory,

B6.Cg-Gt(ROSA)26Sor[tm6(CAG-ZsGreen1)Hze]/J (Ai6(RCL-ZsGreen) (007906) to generate *Scl-

CreJak2*[VF]*ZsGreen* mice. *Ldlr*^{-/-} recipient mice for the *Mx1-CreJak2*[VF] moderate cholesterol

lowering model that included *Myh11-Cre*[ERT2] and *ZsGreen* alleles from a previous lineage-tracing

study were obtained from a collaborator and have been previously described.[33] However, these

alleles were not relevant to the experimental outcomes assessed and were not analyzed. Half of

the recipients were *Ldlr$^{-/-}$ Myh-11-CreZsGreen* while the other half either lacked the *ZsGreen*

allele or both the *ZsGreen* allele and the *Myh11-Cre*. For the *Mx1-CreJak2^{VF}* and *Scl-CreJak2^{VF}*

aggressive cholesterol lowering studies, *Ldlr$^{-/-}$* recipient mice were purchased from The Jackson

Laboratory (B6.129S7-*Ldlr*tm1Her/J (002207)). Littermate control mice for studies involving

Mx1-CreJak2^{VF} mice contained either an allele with *Mx1-Cre* or the *Jak2^{VF}* transgene, but not

both. Littermate control mice for studies involving *Scl-CreJak2^{VF}ZsGreen* mice contained the

alleles for *Scl-Cre* and *ZsGreen* but not the *Jak2^{VF}* transgene.

2.2 Bone Marrow Transplantation

Bone marrow transplantations (BMT) were conducted as previously described with the following

exceptions.[10] For the *Mx1-CreJak2^{VF}* moderate cholesterol lowering study, donor mice were 8-12

weeks old while recipients were 11-14 weeks old. For the *Mx1-CreJak2^{VF}* effective cholesterol

lowering study, donor mice were 7-16 weeks old while recipients were 7 weeks old. For the *Scl-*

CreJak2^{VF} study, donor mice were 6-12 weeks old while recipients were 8 weeks old. For the

Mx1-CreJak2^{VF} moderate cholesterol lowering study, recipients were lethally irradiated once

with 10.5 Gy from a cesium gamma source. Due to decommissioning of the cesium gamma

source, recipients from the *Mx1-CreJak2^{VF}* and *Scl-CreJak2^{VF}* effective cholesterol lowering

studies were irradiated with 10.5 Gy using a Multirad 350 X-ray Irradiator from Precision X-

Ray. Within 24 hours of irradiation, bone marrow was isolated from donors with the indicated

genotypes. Total bone marrow cell number was quantified using an iN CYTO C-Chip

hemocytometer (DHC-N01) according to the manufacturer instructions. Irradiated mice were

randomized to treatment groups, anesthetized with isoflurane before receiving 3×10^6 total bone

marrow cells via intravenous (i.v.) injection at a total final volume of 100 μl. For the *Mx1-*

CreJak2^{VF} studies, recipients received either 6×10^5 *CD45.1Mx1-CreJak2$^{VF/WT}$* or 6×10^5

CD45.1 control bone marrow cells (20%) combined with 2.4 x 10^6 *CD45.2Jak2$^{WT/WT}$* cells (80%).

For the *Scl-CreJak2^{VF}* study, recipients received either 6 x 10^5 *CD45.1CD45.2Scl-*

CreJak2$^{VF/WT}$ZsGreen or 6 x 10^5 *CD45.1CD45.2Scl-CreJak2$^{WT/WT}$ZsGreen* bone marrow cells

(20%) combined with 2.4 x 10^6 *CD45.1Jak2$^{WT/WT}$* cells (80%). For the *Mx1-CreJak2^{VF}* studies,

mice were allowed to recover for four weeks after BMT before being injected intraperitonially

(i.p.) with 50 µg/mouse/day polyinosinic:polycytidylic acid (pIpC) two times, 48 hours apart.

2.3 Atherosclerosis Studies

For the *Mx1-CreJak2^{VF}* studies, power analysis using GPower3.1 indicated that with a total

sample size of 80 (n = 20 per group), the study had 80% power to detect an effect size of f = 0.32

at $\alpha = 0.05$, using two-way analysis of variance (ANOVA) across two genotypes and two

treatments. For the *Scl-CreJak2^{VF}* study, power analysis using GPower3.1 indicated that with a

total sample size of 80 (n = 16 per group), the study had 80% power to detect an effect size of f =

0.40 at $\alpha = 0.05$, using one-way ANOVA across five groups. Four weeks after BMT. *Ldlr$^{-/-}$*

recipient mice were fed a western diet (ENVIGO, cat. no. TD.88137) for the indicated times. For

the final 10 days of the western diet period of the *Scl-CreJak2^{VF}* study, mice were switched to a

western diet containing tamoxifen at 500 mg/kg by weight (ENVIGO, cat. no. TD130889). To

induce LDL lowering in the *Mx1-CreJak2^{VF}* study of Figure 1A, mice were administered 2 x 10^{11}

viral particles per mouse in 200 µl of 1X PBS via tail vein injection of an hDAD-*hLDLr* viral

vector (Gene Vector Core Laboratory at the Baylor College of Medicine) and switched to chow

diet. To induce LDL lowering in the *Mx1-CreJak2^{VF}* study of Figure 4A and the *Scl-CreJak2^{VF}*

study of Figure 6A, mice were administered 2.5 x 10^{11} genome copies per mouse in 100 µl of 1X

PBS via tail vein injection of an AAV8-TBG-*mLdlr* vector (AAV-263355, Vector Biolabs) and

switched to chow diet. Mice were anesthetized using 5% isoflurane via inhalation at a flow rate

of approximately 3L/min oxygen using a calibrated vaporizer. Anesthetic depth was assessed

continuously using respiratory rate monitoring and the toe-pinch reflex. Isoflurane was

administered acutely during procedures requiring anesthesia, including blood collection and

euthanasia. Blood collection was performed via retro-orbital sinus for plasma, complete blood

counts, and flow cytometric analysis at the indicated timepoints. For euthanasia, mice were first

rendered deeply unconscious with isoflurane, after which cervical dislocation was performed as a

secondary method to ensure death, in accordance with AVMA guidelines. Following euthanasia,

aortic roots were collected and fixed with 4% paraformaldehyde (PFA) (Electron Microscopy

Sciences 15710; 16% PFA diluted 1:4 in 1.33X PBS) for 24 hours at 4 °C, then embedded in

paraffin.

2.4 Histological Analysis

Lesion area and necrotic core area were quantified as previously described.[22,29] Researchers

blinded to genotype sectioned paraffin-embedded aortic root lesions at similar points between

mice over a 150 μm span for a total of 50 sections spaced 3 μm apart with 2 sections per slide on

25 slides. Six total slides spaced 30 μm apart (slides 1,5,10,15,20,25) were then stained with

hematoxylin & eosin (H&E) (Sigma MHS32-1L; Abcam ab246824) and imaged with an

Olympus DP27 camera attached to an Olympus CX43 biological microscope set to the 10X

objective using Olympus cellSens Entry 3.1 software. Lesion area was then quantified in a

blinded fashion and the average of the six slides was used to determine lesion area. The Necrotic

core area was similarly quantified in a blinded fashion using the same six H&E sections.

Collagen was stained using the Polysciences Picrosirius Red Stain Kit (cat. no. 24901) according

to the manufacturer's instructions. The same slide between mice was stained and the collagen

quantified by applying a consistent color threshold to calculate the collagen-positive area as a

percentage of total lesion area. Picrosirius red was imaged via the same system used for H&E

imaging. All lesion analysis was conducted using FIJI software.

2.5 Immunofluorescence

Identical slides of aortic roots between mice were baked in a dry incubator at 60 °C for 30

minutes and then deparaffinized in Histo-clear (National Diagnostics HS-200/50-899-90147)

three times for 10 minutes. Histo-clear was removed by 20 shakes in 100% ethanol twice

followed by 20 shakes in Histoprep Reagent Alcohol (fisher HC-600-1GAL) before being

washed in tap water 7 times. Antigen retrieval was performed by placing slides either in citric

acid-based antigen retrieval solution (Vector Laboratories, H3300) or tris-based antigen retrieval

solution (Vector Laboratories, H3301) and pressure cooking for 15 minutes with a 5-minute

natural release in an Instant Pot IP-LUX pressure cooker. Citric acid-based antigen retrieval was

performed for all antibodies except for the antibody against cleaved GasD. After pressure

cooking, slides were cooled for 10 minutes and then washed 3 times for 5 minutes in 1X

phosphate buffered saline (PBS) (Boston Bioproducts BM-220; diluted 1:10). Hydrophobic

circles were drawn using a liquid blocker pen (Sigma Z377821). For antibodies sourced from

mice, mouse on mouse blocking was performed by incubating sections in 10% goat serum

(ThermoFisher 10000C) in 1X PBS (Corning 21-040-CM) with 1 drop of mouse-on-mouse block

per 1.25ml of solution (Vector Laboratories NC9290646) for 1 hour at room temperature in a

humidified chamber. Slides were then washed in 1X PBS containing tween 20 (Fisher BP337-

500) at a concentration of 0.01% (PBS-T) twice for 5 minutes and then in 1X PBS once for 5

minutes. For antibodies not sourced from mice, sections were blocked by incubating in Normal

Serum Block (Biolegend 927503) for 1 hour at room temperature in a humidified chamber.

Following blocking, sections were incubated with the following primary antibodies at the

indicated dilutions or concentrations overnight at 4 °C in a humidified chamber: AIM2 (Abcam,

ab119791, 1:250), 8-hydroxydeoxyGuanosine (Abcam, ab183395, 1:100), Cleaved GasD (Cell

Signaling, 10137, 10µg/ml), c-myc (Cell Signaling, 5605, 5.76 µg/ml), Ki67 (Abcam, ab15580,

9 µg/ml), MAC2 conjugated to Alexa Fluor 488 (Cedarlane, CL8942AF4, 1 µg/ml), MAC2

(Cedarlane, CL8942AP, 1 µg/ml), MerTK (R&D, BAF591, 2 µg/ml), pγH2AX (Cell Signaling,

9718, 0.74 µg/ml), ZsGreen (ThermoFisher, TA180002, 10 µg/ml), TREM2 (Denali, 4D9

DC1847, 1:100). The following IgG antibodies were used as negative controls for primary

antibodies sourced from the same species at the same concentration: Mouse IgG (ChromPure,

015-000-003), Rabbit IgG (Abcam, ab172730), Rabbit IgG (Novus Biologicals, NBP2-24891),

Rabbit IgG (ChromPure 011-000-003), Rat IgG (ChromPure, 012-000-003), Rat IgG (Biolegend,

400431), Rat IgG conjugated to Alexa Fluor 488 (Invitrogen, 53-4321-80). Slides were then

washed twice with PBS-T for 5 minutes and once with 1X PBS for 5 minutes. The following

secondary antibodies were used at a dilution of 1:200 for 1 hour at room temperature: Rat

conjugated to Alexa Fluor 488 (Invitrogen A11006), Rat conjugated to Alexa Fluor 568

(Invitrogen A11077), Rat conjugated to Alexa Fluor 647 (Invitrogen A-21247), Rabbit

conjugated to Alexa Fluor 568 (Invitrogen A11011), Rabbit conjugated to Alexa Fluor 647

(A27040). The following secondary antibodies were used at a dilution of 1:800 for 1 hour at

room temperature: Mouse conjugated to Alexa Fluor 647 (Invitrogen A21237), Streptavidin

conjugated to Alexa Fluor 568 (Invitrogen S11226), Streptavidin conjugated to Alexa Fluor 647

(Invitrogen S32357). DAPI (4',6-Diamidino-2-Phenylindole, Dilactate) (Biolegend, 422801) was

included during incubation with secondary antibodies at a concentration of 5 µg/ml. Slides were

then washed twice with PBS-T for 5 minutes and once with 1X PBS for 5 minutes. After

washing, slides were mounted using Prolong Gold Antifade Reagent with DAPI (Invitrogen

P36935). TUNEL staining was performed using the In Situ Cell Death Detection Kit TMR Red

(Roche, 12156792910) according to the manufacturer's instructions. Slides were imaged on a

Leica Fluorescent DMI 6000B wide-field microscope or a Nikon Ti Eclipse inverted microscope

with high-sensitivity confocal imaging at the Confocal and Specialized Microscopy Shared

Resource (CSMSR) Core at Columbia University. All images were analyzed in a blinded fashion

using FIJI software.

2.6 Statistics

Statistical analyses were conducted using GraphPad Prism v10.5. Data are presented as the mean

$\pm$ s.e.m., with all measurements obtained from distinct biological samples. All statistical tests

were performed using two-sided analyses. Normality was tested using the D'Agostino-Pearson

omnibus and, where appropriate, log transformation was applied to approximate normality.

Formal outliers were removed using a two-tailed Grubbs' test ($\alpha = 0.05$). Repeated measures data

were analyzed using two-way ANOVA with the Geisser-Greenhouse correction for sphericity and

Tukey's multiple comparisons test with individual variance estimation. For datasets involving

two independent variables, two-way ANOVA with Tukey's multiple comparisons test or Kruskal-

Wallis with Dunn's multiple comparisons test were used based on distribution. For datasets

involving five experimental groups, one-way ANOVA with Holm-Sidak's multiple comparisons

test or Kruskal-Wallis with Dunn's multiple comparisons test were used based on distribution.

Details of blood analysis can be found in the supplement.

3. Results

3.1 Atherosclerosis Regression is Impaired with Moderate Cholesterol Lowering in $Jak2^{VF}$

CH

To assess the effect of *Jak2*[VF] CH on atherosclerosis regression, we placed *Jak2*[VF] CH male mice

and controls on a western diet for 16 weeks and then induced cholesterol lowering using a

Helper-dependent Adenoviral vector containing the human LDL receptor gene (hDAD-hLDLR)

combined with a switch to chow diet for an additional 5 weeks (Figure 1A). Prior studies were

performed in female mice.[16,29] *Jak2*[VF] CH male mice exhibited splenomegaly, lower body

weight, and increased RBCs, hematocrit, red blood cell distribution width (RDWc), and

neutrophils, mirroring previous findings in females (Supplemental Figure 1A-I).[29] In this model,

CD45.1+ cells are *Jak2*[VF] in experimental mice and WT in controls. CD45.1+ neutrophils and

monocytes were elevated while CD45.1+ lymphocytes were reduced (Supplemental Figure 1J-

L). Plasma cholesterol was reduced in *Jak2*[VF] CH mice on western diet (Figure 1B) similar to

previous findings in female mice and humans.[24,29,34] Plasma cholesterol remained moderately

elevated 10 days post-virus treatment but returned to pre-diet levels (~200-300 mg/dl) by the end

of the regression period (Figure 1B). At baseline, lesion area and necrotic core area were

significantly increased in the aortic root of male *Jak2*[VF] CH mice compared to controls,

confirming that *Jak2*[VF] CH worsens atherosclerosis in both male and female mice (Figure 1C-

E).[29] Moderate cholesterol lowering halted progression of lesion and necrotic core area in control

mice whereas *Jak2*[VF] CH mice developed significantly larger necrotic cores and displayed a

strong trend toward increased lesion area (p=0.052) (Figure 1C-E). Consistent with previous

regression studies,[35,36] lesional collagen was increased in control mice after cholesterol lowering

with no significant change in *Jak2*[VF] CH mice, further indicating impaired regression in the

Jak2[VF] CH mice (Figure 1F,G). The most consistent phenotype found in atherosclerosis

regression studies has been a decrease in macrophage burden.[13,17-19,36] Macrophages were

significantly decreased in control mice but not in *Jak2*[VF] CH mice after cholesterol lowering

(Figure 1H,I). These results indicate that atherosclerosis regression is impaired in *Jak2*^{*VF*} CH

with moderate cholesterol lowering.

We next assessed whether impaired regression in *Jak2*^{*VF*} CH mice was associated with persistent

inflammatory features in plaques. Necrotic, inflammatory cell death is mediated by activated

Gasdermin D (GasD) downstream of inflammasome activation.[37] We used an antibody to the

active N-terminal fragment of GasD to assess pyroptosis in plaques.[38] Total cleaved GasD in

plaques as well as cleaved GasD in the necrotic core were increased in *Jak2*^{*VF*} CH lesions at

baseline and were not reduced by cholesterol lowering (Figure 2A-C). However, macrophage-

specific cleaved GasD was decreased by cholesterol lowering in *Jak2*^{*VF*} CH lesions, suggesting

that macrophage pyroptosis had been suppressed by the time of harvest (Figure 2D,E).

Consistent with earlier findings in females, AIM2+ macrophages and phosphorylated histone

H2A.X (pγH2AX), an indicator of double stranded DNA break formation, were increased in

Jak2^{*VF*} CH lesions at baseline and were decreased by cholesterol lowering, suggesting reversal of

AIM2 inflammasome activation (Figure 2F-I).[29] Additionally, macrophage proliferation trended

higher at baseline in *Jak2*^{*VF*} CH mice and was significantly reduced by cholesterol lowering

(Figure 2J,K). Macrophage oxidized DNA was increased in control lesions and unchanged by

cholesterol lowering in *Jak2*^{*VF*} CH lesions (Figure 2L,M). These data suggest reversal of

macrophage AIM2 inflammasome activation and pyroptosis by moderate cholesterol lowering in

Jak2^{*VF*} CH mice, correlating with decreased macrophage proliferation and decreased DNA

damage response but not with oxidative DNA damage changes. The persistence of cleaved GasD

in the necrotic core area may reflect ongoing pyroptosis during the early phase of regression

when cholesterol levels were persistently elevated and could explain impaired regression in the

Jak2^{*VF*} mice.

285 **3.2 Cholesterol Lowering Restores Impaired Efferocytosis and increases TREM2+**

286 **Macrophages in** *Jak2*[VF] **CH Lesions**

287 Atherosclerosis regression has been associated with improvements in pro-resolving features such

288 as increased macrophage efferocytosis, mer proto-oncogene tyrosine kinase (MerTK)

289 expression,[13,39,40] increased numbers of TREM2+ macrophages and limitation of necrotic core

290 formation in plaques.[16,41] During atherosclerosis progression, macrophage MerTK and TREM2

291 were suppressed in *Jak2*[VF] CH mouse plaques as a result of interleukin-1 (IL-1) signaling from

292 mutant to wild-type (WT) cells.[38] Consistent with these studies, we found that macrophage

293 MerTK was decreased in *Jak2*[VF] CH lesions at baseline compared to controls (Figure 3A,B).

294 MerTK levels were completely restored by cholesterol lowering (Figure 3A,B). Additionally, we

295 found that cholesterol lowering dramatically increased the percentage of macrophages positive

296 for TREM2 in both control and *Jak2*[VF] CH lesions (Figure 3C,D). Consistent with these findings,

297 macrophage-associated TUNEL+ nuclei as a percentage of total lesional TUNEL+ nuclei, an

298 estimate of in situ efferocytosis,[14] were significantly decreased in *Jak2*[VF] CH lesions at baseline

299 and restored by cholesterol lowering, (Figure 3E,F). Together, these data suggest that cholesterol

300 lowering restores impaired efferocytosis in *Jak2*[VF] CH lesions and increases the proportion of

301 inflammation-resolving macrophages in lesions. Thus, macrophage inflammasome activation and

302 associated defects in efferocytosis were reversed by cholesterol lowering in *Jak2*[VF] CH mice. The

303 increased necrotic core and decreased collagen content in these mice could reflect limited

304 resolution of hypercholesterolemia during the earlier phases of regression.

305 **3.3 More Effective Cholesterol Lowering Restores Atherosclerosis Regression**

306 To test this hypothesis, we performed a similar regression study but with more effective LDL

307 cholesterol lowering. Murine LDL does not bind as strongly to the human LDLR (employed in

Figure 1) as to the mouse LDLR.[42,43] Therefore, we employed an Adeno-Associated Virus

serotype 8 vector (AAV8) containing the mouse *Ldlr* gene which more effectively and more

quickly lowered cholesterol levels (Figure 4A). In this model, CD45.1+ cells are *Jak2^{VF}* in

experimental mice and WT in controls. Again, *Jak2^{VF}* CH mice exhibited splenomegaly, lower

body weight, and increased RBCs, hematocrit, and RDWc while CD45.1+ neutrophils and

monocytes were elevated, and these parameters were not appreciably changed by cholesterol

lowering (Supplemental Figure 2, Figure 4B). Consistent with the first study, lesion area and

necrotic core area were significantly increased in *Jak2^{VF}* CH mice at baseline. However, in

contrast to the first study, while both groups showed similar upwards trends, there was no

significant change in lesion area or necrotic core area in either group after aggressive LDL

lowering (Figure 4C-E). Furthermore, aggressive cholesterol lowering significantly increased

lesional collagen and decreased macrophage burden in both groups (Figure 4F-I). Analysis of

cleaved GasD showed an increase in macrophages in *Jak2^{VF}* mice at baseline that was reversed

by cholesterol lowering, and in contrast to the first study a decrease in cleaved GasD in the

necrotic core that appeared to involve both control and *Jak2^{VF}* CH mice (Supplemental Figure

3A-D). Consistent with the first study, double stranded DNA breaks (pγH2AX) were increased in

Jak2VF CH lesions at baseline and more strongly decreased by aggressive cholesterol lowering

along with a significant decrease in macrophage proliferation (Supplemental Figure 3E-H).

Additionally, macrophage MerTK was increased by aggressive cholesterol lowering in a manner

consistent with the first study (Supplemental Figure 3I,J). These results indicate that more

effective cholesterol lowering completely reversed inflammatory features and induced similar

levels of atherosclerosis regression in control and *Jak2^{VF}* CH lesions.

3.4 Cholesterol Lowering Suppresses Proliferation of *Jak2^VF* Macrophages and increases c-Myc+TREM2+ Macrophages

The first two studies indicated that effective cholesterol lowering could reverse impaired regression and the underlying cellular defects that promote AIM2 inflammasome activation. However, in these studies *Jak2^VF* was active during progression and lesion area was increased at baseline, potentially influencing the results. To simulate the situation where the *Jak2^VF* mutation was acquired later in life after atherosclerosis had already developed, we performed a third study in which *Jak2^VF* was activated in HSCs at the start of regression by using a tamoxifen-inducible Scl-driven cre recombinase along with a floxed ZsGreen reporter allele (*Jak2^VF Scl* CH) to assess cell genotype specific changes (Figure 5A). In addition to the two cholesterol lowering groups (regression groups) we also included control and *Jak2^VF* mice that remained on the western diet (progression groups). As expected, plasma cholesterol remained elevated in the progression groups but was markedly and rapidly decreased in both regression groups (Figure 5B). In this model, cells double positive for CD45.1 and CD45.2 are *Jak2^VF* in experimental mice and WT in controls. The *Jak2^VF* phenotype was partially apparent as indicated by increased spleen weights, RDWc, and hematocrit as well as expansion of CD45.1+CD45.2+ blood monocytes and neutrophils, but less pronounced than in the earlier studies when *Jak2^VF* was activated prior to Western diet feeding (Supplemental Figure 4).

Compared to the earlier models, the impact of *Jak2^VF* on lesion progression was less pronounced which likely reflects the shorter period of *Jak2^VF* activation (Supplemental Figure 5A-C). However, consistent with the earlier studies, the necrotic core significantly worsened in the *Jak2^VF Scl* CH progression mice but not in the control *Scl* mice compared to baseline, while the necrotic core was not significantly changed in either regression group compared to baseline

(Supplemental Figure 5C). Additionally, macrophage burden was similarly decreased in both

regression groups, (Supplemental Figure 5D,E). These studies further support that aggressive

cholesterol lowering similarly promotes regression in control and $Jak2^{VF}$ CH mice, compared to

progression or baseline groups, in mice with $Jak2^{VF}$ only activated at the beginning of the

regression period.

Cleaved GasD was increased in $Jak2^{VF}$ CH lesions compared to baseline and trended lower

(p=.06) after cholesterol lowering, consistent with aggressive cholesterol lowering reversing

pyroptosis in lesions (Figure 5C,D). In the $Jak2^{VF}$ CH progression group, proliferation was

significantly increased in $Jak2^{VF}$ (green) macrophages but not in WT (non-green) macrophages

indicating a mutant cell specific effect, as seen previously.[29] Notably, this was reversed by

cholesterol lowering indicating that proliferation of the $Jak2^{VF}$ cells was highly dependent on

LDL cholesterol levels (Figure 5E-G). Consistently, the DNA damage response (pγH2AX) was

significantly increased in $Jak2^{VF}$ cells, and this was reversed by cholesterol lowering while WT

cells showed no significant changes within $Jak2^{VF}$ CH lesions (Figure 5H-J). This suggests that

cell autonomous proliferation and associated formation of double stranded DNA breaks is

reversed by cholesterol lowering in lesions of $Jak2^{VF}$ CH mice.

Given that a proliferative efferocytic population with high c-Myc expression has been described

during regression,[13,39] we assessed c-Myc expression along with TREM2. In contrast to the

decreases in Ki67, macrophage c-Myc and c-Myc+TREM2[Hi] macrophages were increased

during regression in both control and $Jak2^{VF}$ mice, suggesting a selective increase of TREM2+,

anti-inflammatory macrophages despite a decrease in total macrophages (Figure 6).

4. Discussion

We previously showed that the combination of LDL lowering and *Jak2VF* genetic inactivation

induced fibrous cap thickening and increased TREM2Hi macrophages in *Jak2VF* CH mice.[16]

Given the propensity of plaque *Jak2VF* mutant cells to proliferation, DNA damage, and AIM2

inflammasome activation,[29] we hypothesized that LDL lowering alone would be insufficient to

induce plaque regression in *Jak2VF* mice. While this proved to be the case with moderate LDL

lowering, aggressive cholesterol lowering produced plaque regression (or halted progression)

similarly in controls and *Jak2VF* CH mice. Surprisingly, LDL lowering reversed the major

cellular changes in *Jak2VF* macrophages that have been associated with athero-progression. This

included reduced AIM2 expression and pyroptosis and increased MerTK, TREM2 and in situ

efferocytosis that have all been mechanistically linked in prior studies of *Jak2VF* mice.[38] Whereas

we previously considered glycolytic mitochondrial ROS production and oxidative DNA damage

as a likely mechanism underlying AIM2 inflammasome activation, the reversal of pyroptosis by

cholesterol lowering was not associated with reduced oxidized DNA. Rather, decreased

macrophage proliferation and reduced replication stress appears to be the major mechanism

underlying reversal of pyroptosis.

Studies of atherosclerosis regression induced by LDL lowering in mouse models have revealed

multiple underlying mechanisms[44] including macrophage emigration,[45] decreased monocyte

entry[46] and a key role of acquired immunity and T-regs.[17] Similar to macrophage proliferation

being a major factor accounting for increased macrophage number during advanced

atherosclerosis progression,[47] suppression of proliferation is the predominant mechanism

decreasing macrophage burden during regression.[35] Our studies suggest that decreased

proliferation of *Jak2VF* macrophages is also a key mechanism decreasing macrophage burden

during atherosclerosis regression. Moreover, decreased proliferation was associated with reduced

DNA damage response, AIM2 expression and pyroptosis in *Jak2^VF* CH lesions, suggesting

decreased replication induced DNA damage as the key underlying mechanism responding to

cholesterol lowering.

Paradoxically, despite the overall reduction in macrophage burden, during regression there may

also be a relative increase in a proliferative set of efferocytotic macrophages that also express c-

myc expression and contribute to plaque stability.[13,14] However, in addition to a potential role in

cell proliferation c-myc has an additional role in Akt signaling and cell survival.[48,49] Previously,

we observed a 4-fold increase in TREM2^Hi macrophages during atherosclerosis regression

induced by both LDL lowering and *Jak2^VF* inactivation in *Jak2^VF* CH mice.[16] In the present

study, we found that LDL lowering alone led to a marked increase in TREM2 staining in

macrophages, as well as elevated c-myc expression specifically within TREM2^Hi macrophages,

in both control and mutant mice. This contrasts with the decreased proliferation and DNA

damage response found specifically in the *Jak2^VF* macrophages. Our findings together suggest

that during regression there is an increase in TREM2^Hi, c-myc and MerTK expressing

macrophages either through increased proliferation or increased survival of these subsets that

then have beneficial effects on efferocytosis and plaque stability. Given that inflammasome

activation and IL-1 release have been linked to reduced MerTK and TREM2 as a result of A

Disintegrin And Metalloproteinase 17 (ADAM17)-mediated cleavage,[39,50] the increase in this

pro-resolving macrophage population may in part be secondary to reduced cholesterol-induced

inflammasome activation. Although IL-1β antibodies have been shown to inhibit atherosclerosis

regression in *Apoe^-/-* mice,[15] IL-1β antibodies improved lesion stability in hypercholesterolemic

Jak2^VF CH mice.[16,29] Elevated IL-1β signaling as a result of increased pyroptosis in *Jak2^VF* CH

lesions is decreased in the present study as a result of LDL lowering. Combined, these results

suggest that excessive IL-1β activation is pro-atherogenic in the context of hypercholesterolemia

while a basal level of IL-1β activation may be required for lesion resolution after cholesterol

lowering which is blocked when IL-1β antibodies are present.

The history of LDL lowering guidelines has been to recommend progressively lower targets

based on clinical trial evidence. Current recommendations suggest an LDL cholesterol target

below 70 mg/dl for patients with established ACVD or in certain high-risk groups.[51] Statin use

has been associated with improved outcomes in human myeloproliferative neoplasm (MPN)

patients and was associated with a 37% reduction in the risk of thrombosis in patients who had

polycythemia vera or essential thrombocythemia as well as a 22% reduction in all-cause

mortality.[52] While data from mice should be extrapolated to humans with caution, the AIM2

inflammasome seems to increase ACVD risk in both mice and humans carrying the $Jak2^{VF}$

mutation.[30] The present preclinical study adds mechanistic findings to support the idea that

aggressive LDL-C lowering in $Jak2^{VF}$ MPN patients would reduce ACVD risk.

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Disclosures

A.R.T. is a consultant for CSL Behring and is on the scientific advisory board of Beren

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Author Contribution Statement

B.H., A.T., N.W., T.F. made substantial contributions to conception, design, data acquisition,

analysis, and interpretation. They also drafted and critically reviewed the manuscript for

intellectual content. M.T., K.A., C.H., S.S., and T.X. contributed to data acquisition and analysis.

Data Availability Statement

The datasets generated for this study are available from the corresponding author upon

reasonable request.

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Figure 1

Figure 1. Impaired Atherosclerosis Regression in *Jak2^VF* CH Mice with Moderate

Cholesterol Lowering. A. Study Design. **B.** Plasma cholesterol (n = 34, 55, 55, 54, 16, 16 for

Control mice, n=31, 55, 49, 39, 17, 16 for *Jak2^VF* mice, for weeks 0, 5, 11, 15, 17.5, 21

respectively). **C.** H&E images of aortic root lesions. Black lines, necrotic core. Scale bar, 200

μm. **D.** Lesion area, n = 15-23. **E.** Necrotic core area, n = 15-23. **F.** Picrosirius red-stained aortic

root lesions. Scale bar, 278 μm **G.** Collagen area as a percentage of lesion area, n = 15-24. **H.**

Images of aortic root lesions stained for MAC2 (Green) and DAPI (Blue). Scale bar, 100 μm. **I.**

Macrophage area, n = 15-24. All quantifications shown as mean ± s.e.m. Two-way ANOVA with

the Geisser-Greenhouse correction for sphericity and Tukey's multiple comparisons test (B).

Two-way ANOVA with Tukey's multiple comparisons test (D,E,G,I).

Figure 2

Figure 2. Moderate Cholesterol Lowering Reverses Macrophage AIM2 Inflammasome Activation, DNA Damage, and Proliferation in *Jak2^{VF}* CH Lesions. A. Images of aortic root lesions stained for MAC2 (Green), Cleaved GasD (Red), and DAPI (Blue). Scale bar, 127 μm. **B.** Log_{10} transformed cleaved GasD mean fluorescence intensity (MFI) in lesions with the addition of constant 1, n = 15-24. **C.** Log_{10} transformed cleaved GasD mean fluorescence intensity (MFI) in necrotic cores with the addition of the constant 1, n = 15-24. **D.** Images of aortic root lesions stained for MAC2 (Green), Cleaved GasD (Red), and DAPI (Blue). Scale bar, 40 μm. White arrows, cleaved GasD+ macrophages. **E.** Log_{10} transformed cleaved GasD positive macrophages per section with the addition of constant 1, n = 15-24. **F.** Images of aortic root lesions stained for MAC2 (Green), AIM2 (Red), and DAPI (Blue). Scale bar, 75 μm. White arrows, AIM2 positive macrophages. **G.** Log_{10} transformed AIM2 positive macrophages per section with the addition of constant 1, n = 15-23. **H.** Images of aortic root lesions stained for MAC2 (Green), pγH2AX (Red), and DAPI (Blue). Scale bar, 46 μm. White arrows, pγH2AX positive cells. **I.** Log_{10} transformed pγH2AX positive macrophages per section with the addition of constant 1, n = 15-23. **J.** Images of aortic root lesions stained for MAC2 (Green), Ki67 (Red), and DAPI (Blue). Scale bar, 25 μm. White arrows, Ki67 positive macrophages. **K.** Log_{10} transformed Ki67 positive macrophages per section with the addition of constant 1, n = 15-23. **L.** Images of aortic root lesions stained for MAC2 (Green), 8OHdG (Red), and DAPI (Blue). Scale bar, 78 μm. **M.** Percentage of MAC2 positive area double positive for 8OHdG and MAC2, n = 14-24. MAC2 intensity differences reflect independent staining and imaging sessions across panels. All quantifications shown as mean ± s.e.m. Two-way ANOVA with Tukey's multiple comparisons test (B,C). Kruskal-Wallis test with Dunn's multiple comparisons test (E,G,I,K,M).

Figure 3

Figure 3. Moderate Cholesterol Lowering Reverses Impaired Efferocytosis in *Jak2^{VF}* CH

Lesions While Increasing TREM2^{Hi} Macrophages in Control and *Jak2^{VF}* CH Lesions A.

Images of aortic root lesions stained for MAC2 (Green), MerTK (Red), and DAPI (Blue). Scale

bar, 102 μm. **B.** Percentage of MAC2 positive area double positive for MerTK and MAC2, n =

15-23. **C.** Images of aortic root lesions stained for MAC2 (Green), TREM2 (Red), and DAPI

(Blue). Scale bar, 100 μm. **D.** Percentage of MAC2 positive area double positive for TREM2 and

MAC2, n = 15-24. **E.** Images of in situ efferocytosis in aortic root lesions: MAC2 (Green),

TUNEL (Red), and DAPI (Blue). Scale bar, 40 μm. White arrows, nuclei double positive for

TUNEL and MAC2. White wedges, nuclei positive for TUNEL but negative for MAC2. **F.**

Percentage of TUNEL positive nuclei also positive for MAC2. MAC2 intensity differences

reflect independent staining and imaging sessions across panels, n = 13-24. All quantifications

shown as mean ± s.e.m. Two-way ANOVA with Tukey's multiple comparisons test (D). Kruskal-

Wallis test with Dunn's multiple comparisons test (B,F).

Figure 4

Figure 4. Aggressive Cholesterol Lowering Normalizes Regression in *Jak2^{VF}* CH Lesions. A.

Study Design. **B.** Plasma cholesterol (n = 5, 38, 19, 18, 18 for Control mice, n = 5, 37, 15, 16, 15

for Jak2VF mice, for weeks 0, 4, 13, 15, 18 respectively). **C.** H&E images of aortic root lesions.

Black lines, necrotic core. Scale bar, 200 μm. **D.** Lesion area, n = 13-20. **E.** Necrotic core area, n

= 13-20. **F.** Picrosirius red-stained aortic root lesions. Scale bar, 219 μm **G.** Collagen area as a

percentage of lesion area, n = 13-20. **H.** Images of aortic root lesions stained for MAC2 (Green)

and DAPI (Blue). Scale bar, 193 μm. **I.** Macrophage area, n = 13-20. All quantifications shown

as mean ± s.e.m. Two-way ANOVA with Tukey's multiple comparisons test (D,G,I). Two-way

ANOVA with the Geisser-Greenhouse correction for sphericity and Tukey's multiple

comparisons test (B). Kruskal-Wallis test with Dunn's multiple comparisons test (E)

Figure 5

Figure 5. Cholesterol Lowering Suppresses *Jak2^{VF}* Macrophage Proliferation and DNA Damage. A. Study design. **B.** Plasma cholesterol (n = 80, 79, 79 for Baseline mice for weeks 3, 11, 15 respectively; n = 13, 15 for Control Progression mice, n = 16, 16 for Control Regression mice, n = 15, 15 for *Jak2^{VF}* Progression mice, n = 16, 16 for *Jak2^{VF}* Regression mice, for weeks 18, 23 respectively) **C.** Images of aortic root lesions for MAC2 (Green), Cleaved GasD (Red), and DAPI (Blue). Scale bar, 98 µm. **D.** Log_{10} transformed cleaved GasD mean fluorescence intensity (MFI) in lesions with the addition of constant 1, n = 14-16. **E.** Images of aortic root lesions for MAC2 (Red), Ki67 (White), and ZsGreen (Green). Scale bar, 133 µm. White arrows, macrophages double positive for Ki67 and ZsGreen. **F.** Macrophages positive for both Ki67 and ZsGreen per section, n = 14-15. **G.** Macrophages positive for Ki67 but negative for ZsGreen per section, n = 13-16. **H.** Images of aortic root lesions stained for pγH2AX (Red), ZsGreen (Green), and DAPI (Blue). Scale bar, 75 µm. White arrows, pγH2AX positive cells. **I.** Log_{10} transformed cells double positive for pγH2AX and ZsGreen in lesions with the addition of constant 1, n = 13-16. **J.** Log_{10} transformed cells positive for pγH2AX but negative for ZsGreen in lesions with the addition of constant 1, n = 13-16. All quantifications shown as mean ± s.e.m. One-way ANOVA with Holm-Sidak's multiple comparisons test (D). Kruskal-Wallis test with Dunn's multiple comparison's test (F,G,I,J).

Figure 6

Figure 6. Cholesterol Lowering Increases c-myc in TREM2^{Hi} Macrophages. A. Images of

aortic root lesions stained for MAC2 (Green), c-myc (Red), and DAPI (Blue). Scale bar, 121 μm.

B. Percentage of macrophages positive for c-myc, n = 14-16. **C.** Images of aortic root lesions

stained for MAC2 (Green), c-myc (Blue), and TREM2 (Red). Scale bar, 121 μm. **D.** Percentage

of TREM2 positive macrophages positive for c-myc, n = 14-16. All quantifications shown as

mean ± s.e.m. One-way ANOVA with Holm-Sidak's multiple comparisons test (B). Kruskal-

Wallis test with Dunn's multiple comparisons test (D).

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