Single-cell transcriptome sequencing for opening the blood-brain barrier through

specific mode electroacupuncture stimulation

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Abstract

Background: The blood-brain barrier (BBB) interferes with the treatment of central nervous system disorders owing to the complexity of its structure and restrictive function. Thus, it is challenging to develop central nervous system drug delivery strategies. Specific mode electroacupuncture (EA) stimulation can effectively open the BBB in rats.

Methods: Here, we used single-cell RNA sequencing (scRNA-seq) to comprehensively map the cell population in the rat cerebral cortex.

Results: We identified 23 cell subsets and eight types of cells in the brain by cell annotation. scRNA-seq revealed transcriptional changes in the cerebral cortex under EA.

Conclusions: Our findings offer valuable insights into the molecular and cellular modifications in the brain resulting from EA intervention and serve as a resource for drug delivery across healthy and diseased states. Innovative approaches to enhance BBB opening will lead to more effective therapeutic plans and enhanced drug delivery.

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Keywords: blood-brain barrier; central nervous system; drug delivery; single-cell RNA

sequencing; bioinformatics analysis; transcriptional change

Introduction

The blood-brain barrier (BBB), which is crucial for drug delivery to the brain, mainly

comprises specialized brain endothelial cells with tight junctions, a basement membrane,

neurons, pericytes, and astrocytes. Its chemical composition and physical properties create an

adaptable interface. Single-cell RNA sequencing (scRNA-seq) can systematically identify

cell types and post-intervention molecular changes by analyzing the gene expression profiles

of individual cells. This enables researchers to infer cell type-specific interactions and predict

the molecular basis and functional significance of these ligand-receptor interactions.

Our previous research revealed that electroacupuncture (EA) employing the

parameters of "2/100 Hz, 3 mA, 6 s-6 s, 40 min" at the head stimulation points (Baihui and

Shuigou acupoints) yields a notably effective BBB opening effect. Nevertheless, the

mechanism remains largely unknown (Zhang et al., 2018; Zhang et al., 2020; Ma et al., 2022;

Lin et al., 2023; Ma et al., 2024; Dai et al., 2025). Here, we addressed this challenge by

presenting a comprehensive single-cell molecular map of the rat frontal cortex, which covers

approximately 98,338 cells from 10 samples, including freshly excised cortical brain tissue

after EA intervention and responsive tissue from the control group. We characterized 23

clusters in the rat frontal cortex, including eight annotated cell types.

Methods

Animal model

Male Sprague–Dawley rats (Specific Pathogen Free), 8–10 weeks old and weighing 180–220

g, were obtained from Shanghai Sipul-Bike Experimental Animal Company. All mice were

housed in the Zhejiang Chinese Medical University Laboratory Animal Research Center

under a 12-h light/dark cycle with food and water given ad libitum. Rats were group-housed

and were randomly assigned to experimental groups.

Materials and methods

Grouping and interventions

Rats were randomly assigned to the EA and CON groups (n = 5 per group). The EA group

received EA; the CON group received the same non-stimulated binding treatment. Sterile

disposable needles from Beijing Zhongyan Taihe Medical Equipment Co., Ltd. (Beijing,

China) were used for EA. The GV20 (Baihui) and GV26 (Shuigou) acupuncture points were

selected, with needle dimensions of 25 mm x 0.13 mm for GV20 and 16 mm $\times$ 0.07 mm for

GV26. A custom relay, connected to an acupuncture point stimulator (HANS-200A, Nanjing

Jisheng Co., Ltd., Nanjing, China), activated the needles in a 6 s on/off cycle. The current

was set at 3 mA at a frequency of 2/100 Hz, and the stimulation lasted for 40 min.

Cerebral cortex issue preparation

At the conclusion of the experiments, rats were anesthetized using intraperitoneally

administered pentobarbital (50 mg/kg). Subsequently, normal saline solution was circulated

through the left side of the heart. The brain was removed via decapitation, and the frontal

cortex tissue was immediately separated and placed in an ice-cold sterile RNase-free culture

dish with an appropriate amount of calcium-free and magnesium-free $1 \times$ phosphate-buffered

saline (PBS). The tissue was then sliced into 0.5-mm^3 pieces and washed with $1 \times$ PBS. Non-

target tissues, such as the blood cells and brain white matter, were carefully removed.

Single cells were isolated using a previously described method (Chi et al., 2024).

Standard cDNA amplification and library construction were performed. The libraries were

sequenced on an Illumina NovaSeq 6000 system (paired-end, 150 bp) by LC-BioTechnology

Co., Ltd. (Hangzhou, China) with a minimum depth of 20,000 reads per cell.

Quantification and statistical analysis

Bioinformatics analysis

Sequencing results were demultiplexed and converted to the FASTQ format using Illumina

bcl2fastq (version 2.20). The Cell Ranger pipeline (v6.1.1;

<https://support.10xgenomics.com/single-cell-gene-

expression/software/pipelines/latest/what-is-cell-ranger>) handles sample demultiplexing,

barcode processing, and single-cell 3' gene counting. From five EA and five CON samples,

98,338 single cells were captured using the 10X Genomics Chromium Single Cell 3' solution.

The output was analyzed using Seurat (version 3.1.1) for dimensional reduction, clustering,

and scRNA-seq data analysis. Quality control filtered cells with fewer than 500 expressed

genes, UMI counts below 500, and >25% mitochondrial DNA-derived gene expression; as a

result, 80,713 cells were included in the analysis.

To enhance data visualization, we used Seurat for the dimensionality reduction of all

cells, followed by t-distributed stochastic neighbor embedding (t-SNE) for two-dimensional

projection. The process included 1) applying the LogNormalize method from Seurat's

"Normalization" function to determine the gene expression values; 2) conducting principal

component analysis (PCA) of normalized expression values, selecting the top 10 principal

components (PCs) for clustering and t-SNE analysis; 3) using the weighted shared nearest

neighbor (SNN) graph-based clustering method to identify clusters; and 4) selecting marker

genes for each cluster using the Wilcoxon rank-sum test (default parameters "bimod" and the

likelihood ratio test) via Seurat's FindAllMarkers function. Marker genes were chosen based

on their expression in more than 10% of cells within a cluster, with an average log value (fold

change) greater than 0.25 (default parameter: 0.26).

Bioinformatics analysis was performed using the OmicStudio tools, which are

accessible at https://www.omicstudio.cn/tool.

Doublet removal

Occasionally, two or more cells are encapsulated in the same gem during single-cell

sequencing, resulting in abnormal barcodes that could affect the analysis (called doublets or

multilets). Therefore, we used Doublet Finder software to identify and remove double and

multiple cells to ensure the quality of the results, with the 7.5% doublet formation rate

guideline recommended by 10X Genomics for single-cell analysis, aiming to identify the

most likely doublets.

Classification of single-cell clusters

The single-cell subset classification analysis involved several steps. First, low-quality cells

were removed, and expression values were normalized using the Log Normalize method in

Seurat's "Normalization" function. Next, PCA was performed on the normalized expression

values to reduce the dimensionality and variables. The top 10 PCs were selected for

clustering and subpopulation analyses. Finally, the Seurat software used a graph-theory-based

clustering algorithm to divide the cells. This process included constructing a k-nearest

neighbor clustering graph based on the Euclidean distance from significant PCs, optimizing

intercellular distance weights using the Jaccard similarity and identifying cell clusters using

an SNN module-optimized clustering algorithm.

Analysis of marker genes

Seurat used a bimodal likelihood ratio statistical test to analyze differentially expressed genes

(DEGs) across various cell populations to identify genes that were upregulated in different

clusters. The screening criteria for upregulated genes were as follows: 1) genes expressed in

more than 10% of cells in the target or control subpopulations; 2) *P*-value $\leq$ 0.01; and 3) gene

expression fold change (logFC) $\geq$ 0.26, meaning that the fold increase in gene expression was

$\geq 2^{0.26}$.

Cell-type annotation

Cell annotation results were defined using SingleR by employing a reference dataset derived

from Mouse RNAseq Data. The correlation between the gene expression profiles of each cell

and the dataset was calculated by assigning each cell a corresponding identification category.

We also tallied the cell types identified within each cluster and their respective percentages,

selecting the cell type with the highest correspondence for each cluster as the cell-type

identification result.

Differential gene expression analysis

For differential analysis, the bimod algorithm was chosen, and the following parameters for

screening DEGs were used: 1) $P < 0.01$, 2) logFC $\geq$ 0.26, and 3) the threshold for gene

expression in at least one type of cell was 0.1.

Functional enrichment analysis

For the Ḍ significance enrichment analysis, we initially mapped all DEGs that were

differentially expressed by various terms. We then calculated the number of genes belonging

to each term and used hypergeometric tests to identify Gene Ontology entries significantly

enriched in DEGs compared to the entire genome background. The Kyoto Encyclopedia of

Genes and Genomes (KEGG) enrichment analysis followed the same strategy. Enrichment

scatter plots and bar charts were generated using OmicStudio tools at

https://www.omicstudio.cn/tool.

Cell-cell communication analysis

CellPhoneDB was used to analyze cellular communication by predicting ligand-receptor

interactions based on receptor expression in one cell type and ligand expression in another.

For each gene, we calculated the percentage of cells expressing and the average expression of

genes. Ligand-receptor pairs were included only if the proportion of cells expressing both

genes exceeded 10%. For the polymers, the subunit with the lowest average expression

represented the receptor in the statistical analysis. We compared all cell types in pairs within

the filtered dataset by randomly arranging the cells into a new population with a default of

1000 arrangements. We determined the mean expression of ligands in a randomly arranged

cell population and the average expression of receptors in interacting cell types and then

calculated their mean. This process was repeated several times to obtain a normal mean

distribution. Next, we calculated the actual average number of ligand-receptor pairs in the

original cell population. The significance of the receptor-ligand pair was determined by the

proportion of the calculated average values equal to or exceeding the actual average. We then

sorted the interactions between cell types based on the number of significant ligand-receptor

pairs for manual screening of biologically relevant interactions. As CellPhoneDB only

recognizes human genes or proteins, we used the Ensemble tool to convert genes into their

homologous counterparts before conducting further analyses.

Results

ScRNA-seq and clustering analysis

We used 10X Genomics technology to analyze the mRNA levels of individual cells isolated

from the frontal cortex of rats (Figure 1a). We analyzed 98,338 individual cells from 10

different biological samples. A clear boundary between cells and non-cells was visible. The

environmental background was very clean, with almost no environmentally free RNA (Figure

1b). We eliminated cells with potential double droplets, characterized by an unusually high

number of detected genes, and unhealthy cells with typical mitochondrial mRNA loads

exceeding 10%.

[Figure 1 near here]

Cells were isolated from two groups of 10 tissue samples ($n = 5$ per group), a blank

control group (CON) and a specific mode EA stimulation group (EA). The cells were

clustered using the Seurat package, and the t-distributed Stochastic Neighbor Embedding

algorithm was used for visualization. Twenty-three clusters (cluster 0–cluster 22) were

obtained by cell subgroup classification. The proportion of each cluster in the CON and EA

groups is shown in Figure 1c and d.

Identification of cell types in different clusters in the CON and EA groups

The SingleR package was used to identify the predominant cell types. Cells were annotated

according to the expression of canonical cell class markers (Figure 2a). We identified eight

cell types (Figure 2b). In addition to endothelial cells, we identified astrocytes, microglia,

oligodendrocytes, T cells, border-associated macrophages (BAMs), fibroblasts, and

granulocytes in this dataset (Figure 2a and b). The combined analysis of cell clustering

(Figure 1d) and cell identification showed that endothelial cells were enriched in two

subpopulations, astrocytes were enriched in six subpopulations, and microglial marker genes

were enriched in 10 subpopulations. Oligodendrocytes, T cells, BAMs, fibroblasts, and

granulocytes each exhibited a single subcluster (Figure 2b and c).

[Figure 2 near here]

Evaluation of DEGs and pathways related to EA intervention on a holistic level

Based on the differences between the EA and CON groups, the cells with large clustering

differences between the groups and those closely related to the composition and function of

the BBB (endothelial cells, astrocytes, and microglia) were selected for differential analysis

to further analyze the mechanism of EA intervention in the BBB.

Endothelial cells

Endothelial cells play a crucial role in BBB function. These cells create a continuous network

of tight and adhesive connections along their contacts, forming a selective barrier that

regulates the movement of substances inside and outside the brain. The DEGs were analyzed

to identify important genes and pathways involved in maintaining this barrier. The expression

of a total of 147 genes was significantly increased, and that of 160 genes was markedly

downregulated (logFC = 0.26, $P < 0.01$). The expression fold changes of the top 10 genes

most significantly upregulated and downregulated are shown in Figure 3a, and all DEGs are

listed in Supplementary File 1.

[Figure 3 near here]

To perform enrichment analysis to evaluate the functionality of the 307 genes, we

used the Gene Ontology (GO) terms, which encompassed biological processes (BPs), cellular

components (CCs), and molecular function (MF), demonstrating the enrichment of 42 GO

terms related to the BBB ($P < 0.05$, count ≥ 3) (Figure 3c). KEGG analysis yielded nine

pathways that may be associated with BBB function: tight junctions, endocytosis, focal

adhesion, the phosphatidylinositol 3-kinase (PI3K)/Akt signaling pathway, the mitogen-

activated protein kinase (MAPK) signaling pathway, the hypoxia-inducible factor 1 (HIF-1)

signaling pathway, the Janus kinase/signal transducer and activator of transcription

(JAK/STAT) signaling pathway, ferroptosis, and cell adhesion molecules (Figure 3b).

Computational gene set enrichment analysis ($q < 0.05$) revealed eight significantly enriched

unique pathways and identified the following BPs as being affected by EA: complement and

coagulation cascades, ribosomes, lysosomes, cardiac muscle contraction, the rig I-like

receptor signaling pathway, proteasomes, antigen processing and presentation, and cytokine-

cytokine receptor interactions (Figure 4).

[Figure 4 near here]

DEGs in astrocytes

DEG analysis identified 24 downregulated and three upregulated genes, and the top 10 most

upregulated and top three most downregulated genes are shown in Figure 5a. GO was

performed. KEGG analyses revealed that DEGs were mainly enriched in calcium-related

terms, adenosine triphosphate (ATP) and adenosine diphosphate synthesis and metabolism,

and the nicotinamide adenine dinucleotide dehydrogenase complex. These molecules are

prominent in certain pathways that may be connected to BBB function and permeability,

including positive regulation of vascular permeability, cellular response to the vascular

endothelial growth factor stimulus, endothelial cell chemotaxis, and the platelet-derived

growth factor receptor signaling pathway (Figure 5b and c). Furthermore, these molecules

were also involved in the regulation of the metabolic process of reactive oxygen species, the

response to hypoxia, the response to hyperoxia, cell respiration, and the regulation of gaseous

respiratory exchange.

[Figure 5 near here]

DEGs in the microglia following EA intervention

Among the DEGs observed in the microglia under EA intervention, the top 10 genes that

were most significantly upregulated and downregulated are shown in Figure 6a. EA produced

an immediate damage-associated molecular pattern response and the co-chaperone of the heat

shock protein 70, DNAJ protein family (Dnaja1 and Dnajb1), related to the inflammatory

response (Cao et al., 2014; Kovacs et al., 2017). According to the GO analysis, the terms

associated with DEGs were mainly classified into five categories: calcium signaling, MAPK-

related pathways, chemokine pathways, extracellular function, and angiogenesis (Figure 6c).

Figure 6b shows the results of functional enrichment in the KEGG pathway database, which

may be related to BBB function: the MAPK signaling pathway, endocytosis, HIF-1 signaling

pathway, PI3K-Akt signaling pathway, tumor necrosis factor (TNF) signaling pathway, cell

adhesion molecules, Wnt signaling pathway, and tight junctions.

[Figure 6 near here]

Endothelial cell subsets following EA intervention

Characteristic gene expression of EC_Clusters

The single-cell analysis identified 23 EC subgroups, of which four clusters (clusters 0, 2, 4,

and 5) were dominant between the EA and control groups (Figure 7a). Therefore, further GO

and KEGG analysis was performed to evaluate the characteristic gene expression patterns of

these four subgroups (Figure 7c–f), and the bubble maps of the top 10 genes expressed in

these four subgroups are shown in Figure 7b.

[Figure 7 near here]

The upregulated and downregulated genes in these four subgroups were further

analyzed (EA vs. CON). The enriched pathways of DEGs in EC_Cluster0 and EC_Cluster2

exhibited a high degree of overlap (Figure 7c and d) and included infectious disease, the

immune system, the MAPK signaling pathway, fluid shear stress, and atherosclerosis. In

contrast, cluster 0 was enriched in platelet activation, whereas cluster 2 was enriched in the

TNF signaling pathway genes. GO and KEGG results showed that the characteristic

expression genes of EC_Cluster4 were mainly involved in immune system-related terms

(Figure 7e). Similarly, the DEGs of EC_Cluster5 are primarily enriched in pathways related

to the immune system, infectious diseases, and the regulation of cell population proliferation.

(Figure 7f). In contrast to EC_Cluster4, EC_Cluster5 was also enriched in the interleukin

(IL)-17 signaling pathway, fluid shear stress, and the atherosclerosis pathway.

Electroacupuncture altered EC_Clusters of interest

To examine the DEGs and pathways associated with EA exposure from the four subsets of

EC, we compared the significantly upregulated or downregulated genes between the EA and

CON groups and identified the most representative enriched pathways and processes

(Supplementary Files 2 and 3). Neither the upregulated nor downregulated genes of

EC_Cluster0 were independent of other clusters; that is, the differential genes of EC_Cluster0

represented the common influence of EA intervention, suggesting that this is the basic

response of endothelial cells to the effect of EA.

Thirty-four genes were significantly upregulated, and 11 genes were significantly

downregulated by EA in EC_Cluster0 (Supplementary File 2b). Pathway analysis revealed

downregulation of cellular responses to extracellular stimuli and inflammatory responses

(Supplementary Files 1, 2a and 2d). Genes in pathways that involve leukotriene biosynthetic

processes, metabolic processes, and synthase activity were downregulated (Supplementary

File 1). We found that EA-related genes related to interferon signaling were upregulated by

EA (Supplementary Files 2b and 4), which affects brain endothelial function and barrier

integrity (Oshima et al., 2001; Zhang et al., 2005; Mbofung et al., 2017). Interestingly, Stip1

regulated the Hsp90ab1 function (Li et al., 2014), and its mRNA was also regulated by EA in

EC_Cluster0 (Supplementary File 4). Notably, *Hsp90b1* and *Hsp90ab1* were enriched in the

fluid shear stress and atherosclerosis pathways (Supplementary File 2c).

325   The upregulated genes and corresponding functions of EC_Cluster2 were highly

correlated with those of EC_Cluster0, with the addition of increased *Psap, Mt-co3, Pdia4,*

and *Atrx.1* expression (Supplementary Files 2g, h, j, and 5a) related to the extracellular matrix

region and active transmembrane transporter activity (Supplementary File 6). Only 20 genes

were downregulated in EC_Cluster2 (Supplementary File 5b). Among them, *Nfkbia, Cxcl10,*

and *Cxcl2* had the highest number of enriched pathways, mainly including the NF-κB

signaling pathway, IL-17 signaling pathway, TNF signaling pathway, cytokine-cytokine

receptor interaction, and chemokine signaling pathway (Supplementary Files 2f, g, i, and 7).

333   After EA intervention, 15 unique upregulated genes and 13 downregulated genes were

identified in EC_Cluster4 (Supplementary File 5). Importantly, downregulated gene

enrichment analysis identified pathways related to BBB transport and barrier function. We

also observed that terms and pathways related to the immune response were enriched

(Supplementary Files 3a, 3b, 3d, and 8). The upregulated DEGs were mainly related to the

inflammatory response and involved a variety of cytokine-related signaling pathways.

Simultaneously, several typical signaling pathways were also observed, including the ERK

cascade, MAPK, and PI3K pathways. Finally, the EA intervention in EC_Cluster4 also

resulted in changes in vasculogenesis, astrocyte cell migration, pinocytosis, and calcium-

mediated signaling (Supplementary Files 3b, 3c, 3e, and 9).

343   Among the downregulated genes in EC_Cluster5, only six genes overlapped with

other subgroups, and the remaining 104 genes were downregulated (Supplementary File 5b).

The downregulated genes were primarily related to ribosomes, suggesting active changes in

protein synthesis and processing (Supplementary File 10). Among the upregulated genes in

EC_Cluster 5, 21 coincided with other subgroups, and the remaining 44 genes

(Supplementary File 5a) were enriched in the regulation of the establishment of the BBB,

sodium-dependent organic anion transmembrane transporter activity, and sprouting, which

are important for BBB formation and material transport, in addition to chemokine activity

and immune cell chemotaxis (Supplementary Files 3g, 3h, 3j, and 11).

Nature of the microglial cell subsets and the effects of the EA intervention

Analysis of the microglial cell subsets yielded 15 cluster subsets, and marker genes showed

different microglial subsets (Supplementary File 12); therefore, these 15 clusters were

considered distinct clusters of microglial cells. We selected six clusters (MG_Cluster0, 1, 2,

3, 5, and 6) with large changes and annotated marker genes that were differentially expressed

among these cell populations. GO annotation identified the top 20 enrichment terms with the

most significant enrichment, whereas KEGG revealed the top 20 pathways with the largest

number of genes and the 20 pathways with the smallest P-values. A Venn diagram displays

the overlap between these pathways and entries (Supplementary Files 13 and 14).

Characteristic DEGs of MG_Clusters

The BP, CC, and MF pathways with the most significant (minimum Q-value) enrichment of

the top gene of MG_Cluster1, as well as the top 20 pathways with the highest number of

these genes, are displayed in Supplementary Files 13b, 14b, and 15–17. These entries

involved the membrane dynamics, G protein-coupled receptor signaling pathway, cytokine-

mediated signaling pathway, and extracellular space (Supplementary Files 13, 14a, and 15).

KEGG analysis showed cytokine-cytokine receptor interaction, arachidonic acid metabolism,

ECM-receptor interaction, signaling pathways regulating stem cell pluripotency, platelet

activation, and JAK-STAT signaling (Supplementary Files 13b, 14b, 14c, 16, and 17). The

uniquely enriched entries and pathways of MG_Cluster0 were mainly related to the

intracellular anatomical structure, responses of cells to various cytokines, and regulation of

transcription factors (Supplementary Files 13a, 14a, and 18). The important pathways were

the FoxO and NF-κB signaling pathways (Supplementary Files 13a, 14b, 14c, 18, and 19). In

contrast to the other clusters, the functions of MG_Cluster2 included the extracellular region,

cellular response to organic substances, and lysosome and chemokine signaling pathways

(Supplementary Files 13c, 14, 20–23). MG_Cluster3 had important functions that differed

from those of the other clusters, summarized as negative regulation of amyloid fibril

formation, positive regulation of tau protein kinase activity, and low-density lipoprotein

particle receptor binding (Supplementary Files 13d, 14a, and 24). The total number of entries

and pathways representing the unique functions of MG_Cluster5 was the largest

(Supplementary File 14), and its functions mainly focused on the immune response

(Supplementary Files 13e, 14a–c, 25–27). For MG_Cluster6, the top enriched pathways in

MG_Cluster6 were not unique to other clusters (Supplementary Files 14b, 14c, 27–29), and

GO enrichment analysis showed that they were mainly related to ATP binding, transcription,

and protein folding (Supplementary Files 13f, 14b, 14c, and 28).

DEGs following electroacupuncture intervention in the MG_Clusters

We analyzed the coincidence and non-coincidence of the upregulated and downregulated

DEGs in the six clusters (Supplementary Files 30a and 31a). Similarly, we performed an

intersection analysis of GO entries with more than two DEGs and KEGG pathways with a Q-

value ≤ 0.05 (Supplementary Files 30b, 31b, 31l).

Upregulated genes and enrichment analysis of MG_Clusters

Regarding the quantity of upregulated genes, MG_Cluster3 had the highest number ($n = 52$),

followed by MG_Cluster6 ($n = 38$); the numbers in MG_Cluster5 and MG_Cluster0 were 14

and 13, respectively; the number in MG_Cluster2 was seven, while the number in

MG_Cluster1 was only one (Supplementary File 30a). In contrast, GO analysis showed that

MG_Cluster5 had the largest number of entries, independent of the other clusters ($n = 53$),

followed by MG_Cluster6 and MG_Cluster0, with 18 and 13 entries, respectively.

MG_Cluster2, MG_Cluster1, and MG_Cluster3 had similar numbers of independent

enrichment entries; MG_Cluster2 had eight entries, and the remaining two clusters had seven

entries (Supplementary File 30b). Regarding the KEGG pathways, for MG_Cluster0, all

activated pathways were similar to those of the other clusters. In contrast, the number of

upregulated gene enrichment pathways in MG_Cluster1 that do not overlap with other

clusters was the largest (13 pathways). The enrichment of upregulated genes in MG_Cluster6

occurred in six pathways, whereas the featured pathways in MG_Cluster5, 3, and 2 were 3, 2,

and 1, respectively (Supplementary File 30i).

Next, based on the above results, we analyzed the unique GO and KEGG enrichment

of the six clusters of interest to study the functional changes in each cluster after the EA

intervention. Among them, MG_Cluster0 was related to vascular function. MG_Cluster0

functioned as a focal adhesion and synapse (Supplementary File 30c). GO enrichment in

MG_Cluster1 was mainly related to post-translational modifications of proteins. The KEGG

results showed that Hsp90aa1 and Hsp90ab1 were also enriched in the PI3K/Akt signaling

pathway (Supplementary File 30d and j). In MG_Cluster2, we identified genes upregulated in

the cluster after EA intervention, which involved the basement membrane and extracellular

region (Supplementary File 30e and j). Upregulated genes in MG_Cluster3 were mainly

enriched in GO terms related to axon and myelin. KEGG analysis revealed that this cluster

was related to ribosomes (Supplementary File 30f and j). In MG_Cluster5, the upregulated

genes were mainly enriched in the cytosol and plasma membrane. Notably, the two genes

upregulated in the cluster (*Ccl3* and *Ccl4*) play key roles in and are mainly enriched in

calcium and CCR chemokine receptor-related functions, as well as in the toll-like receptor

signaling pathway (Supplementary File 30g and k). The enriched pathways in MG_Cluster6

are mostly related to mitochondria after EA intervention (Supplementary File 30h and k).

Downregulated genes and enrichment analysis of MG_Clusters

We observed that among the six clusters of independently downregulated genes,

MG_Cluster3 and MG_Cluster6 involved far more genes than the other clusters, with 82 and

68 genes, respectively. The number of pathways identified in the GO and KEGG enrichments

of MG_Cluster6 were also higher than those of the other five clusters (Supplementary File

31a, b, and l), including the cellular response to various stimuli. Another noteworthy pathway

was the fluid shear stress and atherosclerosis pathway (Supplementary File 31h and k),

because the fluid shear stress generated by directional shear of blood flow directly acts on

brain microvascular endothelial cells.

Furthermore, the downregulated genes in MG_Cluster0 were mainly associated with

focal adhesion, synapses, the response to angiotensin, and positive regulation of

angiogenesis; however, no unique KEGG enrichment pathway was identified (Supplementary

File 31c). The G protein-coupled purine nucleotide receptor and platelet activation were the

key terms of MG_Cluster1 enriched (Supplementary File 31d and j). In the GO enrichment of

MG_Cluster2, nine important genes were downregulated (Supplementary File 31g and l). In

the unique GO of MG_Cluster3, we focused on the regulation of T cell and B cell migration.

KEGG analysis yielded three pathways, including inositol phosphate metabolism, the C-type

lectin receptor signaling pathway, and the phosphatidylinositol signaling system

(Supplementary File 31e and l). Finally, the MG_Cluster5 downregulated genes enriched GO

terms and pathways were mainly related to immune function (Supplementary File 31f and l).

Coordination of cell communication in the BBB following EA intervention

Because the BBB is orchestrated by the coordinated actions and interactions of several

different cell types, cell communication analysis is necessary. First, we compared cell

communication between the EA and CON groups (Supplementary File 32a–f) and further

investigated the communication network between the two groups of cells and other cells

(Supplementary File 32g and h). The number of protein interactions between the different cell

types ($P < 0.05$) was calculated to generate a heat map (Supplementary File 32a and d), and

the heat map values were log (natural logarithm) log-transformed (Supplementary File 32e

and f). Since endothelial cells are the most direct cell type constituting the physical

characteristics of the BBB, we focused on the degree of communication between various

types of cells and endothelial cells. Upon comparing the EA and CON groups, we found that

BAMs, microglia (MG), T cells, granulocytes, and endothelial cells demonstrated obvious

differences in their interactions with endothelial cells (Supplementary File 32a and d). The

results suggested that the cells with the most active relationship with endothelial cells were

astrocytes, fibroblasts, and endothelial cells, whereas the largest changes between the two

groups were granulocytes (GC) (Supplementary File 32b, e, g, and h).

To further explore the interaction between cell types, we analyzed the ligand-receptor

pairs of other cells interacting with endothelial cells (Supplementary File 33a). Among the

top 20 ligand-receptor pairs in the mean value, there were four pairs of interactions with

endothelial cells that were different between the groups, namely CD74_APP, PLXNB2_PTN,

LAMP1_FAM3C, and CD74_COPA. TNFRSF21_APP was present only in the CON group,

whereas CSF1R_CSF1 was specifically present in the EA group (Supplementary File 33a). In

the CON group, the ligand-receptor pair CD74_APP was not observed, suggesting that the

EA intervention activated the ligand-receptor interaction of CD74_APP. In the

communication between the AC and the EC, the ligand-receptor pair activated by the EA also

contained TNFSF12_TNFRSF25, while GDF11_TGFR_AVR2B was blocked. Additionally,

the mean interactions of TYRO3_GAS6, TNFSF13_TNFRSF1A, NOTCH1_JAG2,

FGFR2_EPHA4, and FGFR2_PTPRR were consistently decreased in the EA group

(Supplementary File 33b). The FB-EC communication attracted our attention because there

were more ligand-receptor pairs than others. In the EA group, the communication between

TGFB3 in the FB and its corresponding receptors in the endothelial cells was activated.

Furthermore, apart from the higher mean PLXNB2_PTN in the EA group than that in the

CON group, we observed that all other ligand-receptor pairs with mean changes were higher

in the CON group (Supplementary File 33c).

Except for the TNFSF12_TNFRSF25 exclusively in the EA group and

PLXNB2_SEMA4C in the CON group, in the ligand-receptor interaction between microglia

and EC, we observed nine pairs of ligand-receptor pairs promoted by EA (Supplementary

File 33d). In terms of interaction between granulocytes and endothelial cells (GC-EC), many

ligand-receptor pairs were present only in the EA or CON group (Supplementary File 33e).

We then focused on oligodendrocyte and endothelial cell (OC-EC) communication and found

that the *P*-values of most ligand-receptor pairs decreased in the EA group, suggesting that EA

rendered these interactions more pronounced. In addition, there were also communications

that appeared exclusively in one group (Supplementary File 33f). In terms of the TC and EC

communication, TGFB1_TGFbeta_receptor1 and TGFB1_TGFbeta_receptor2 appeared only

in the EA group, whereas AR_Testosterone_byHSD17B12,

COL11A2_integrin_a1b1_complex, IFNG_Type_II_IFNR, and SEMA4A_PLXND1 were

only present in the CON group. The *P*-value of TGFB1_TGFBR3 was smaller in the EA

group, while the *P*-value of CXCR6_CXCL16 was smaller in the CON group, and three pairs

had a larger mean in the EA group (Supplementary File 33g). Finally, EA activated the

communication of JAG1_NOTCH4 and TNFSF12_TNFRSF25 and blocked the

communication of IGFBP3_TMEM219 and MERTK_GAS6 in BAM-endothelial cells

(Supplementary File 33h).

Discussion

Increased expression of inflammatory markers such as C-C motif chemokine ligand (CCL-4

and CCL-3) and TMEM119 and decreased expression of cellular communication network

family proteins results in increased BBB permeability (Lee et al., 2017; You et al., 2019;

Davidson et al., 2022; Liu et al., 2022; Liu et al., 2024). Previous studies have shown that the

AAV-PHP.eB delivery is facilitated by the receptor protein lymphocyte antigen-6E (LY6E)

in humans (Fu et al., 2021). EA pretreatment reduces BBB permeability and upregulates the

expression of *Irf7* in healthy rats (Wu et al., 2019). Moreover, functional analysis in our study

identified numerous terms and pathways associated with the BBB. Unexpectedly, the large

clustering differences in microglia with and without EA intervention caught our attention.

Indeed, microglia may serve as crucial priming cells for EA-induced opening of the BBB.

Consequently, future research could focus on this aspect, and our laboratory is currently

investigating this phenomenon, even though current research on microglia and BBB is mostly

focused on the pathology and neuroinflammation of neurodegenerative diseases (Xu et al.,

2015).

Higher basal Hmox1 expression in microglia is accompanied by increased oxidative

stress, which directly affects the permeability of the BBB. Furthermore, Hmox1 regulates

microglial polarization to the M2 phenotype (Groh et al., 2023). Of the top 10 genes that

were downregulated after EA treatment, *Mx1*, *Mx2*, *Ifi27,* and *Ly6e* are immune-related

genes, while Iba1 (encoded by *Aif1*) is a canonical microglial marker (Gandal et al., 2018). In

addition, Pycard and Ltc4s function as mediators in apoptosis and inflammation (McConnell

and Vertino, 2000; Agostini et al., 2004; Faustin et al., 2007; Fernandes-Alnemri et al., 2007;

Bryan et al., 2009; Hasegawa et al., 2009; Hornung et al., 2009; Taxman et al., 2011; Lu et

al., 2014; Guan et al., 2015; Shen et al., 2019; Shen et al., 2021).

The relationship between FK506 binding protein (FKBP) and the immunosuppressive

drug FK506 has been examined; FKBP5 and FKBP4 are associated with neurological

diseases, including Parkinson's disease and AD (McConnell and Vertino, 2000; Bryan et al.,

2009; Jiang et al., 2023). Notably, the basic neural basis synapses of memory and cognitive

function are highly susceptible to synaptic phagocytosis by activated microglia and may

improve cognitive function by reducing excessive activation of microglia (Reverte et al.,

2024). We also observed enrichment of the pathway associated with cocaine addiction, which

has been associated with microglia for synaptic adaptations in the nucleus accumbens

synapses during cocaine withdrawal (Victor et al., 2022). Another pathway, thyroid hormone

synthesis, is important for the microglial phenotype (Supplementary Files 13d, 14b, 14c, 29,

and 34). The trigger receptor expressed in myeloid cell 2 (TREM2) is a cell surface receptor

found in macrophages and microglia that responds to disease-related signals to regulate the

phenotype of these innate immune cells. TREM2 is regulated by thyroid hormones, and its

expression in macrophages and microglia is stimulated by thyroid hormones and synthetic

thyroid hormone agonists (thyroid inhibitors).

In addition to considering the overall clustering of endothelial cells and microglia,

which are cells with large differences in clustering, subsequent experiments should also focus

on changes in the characteristics of the clustering of these cell subpopulations to explore

whether there are certain unknown potential key subpopulations that play a critical role in

BBB permeability. Similarly, cell communication analysis should not be confined to

astrocytes and pericytes, which are typically regarded as cell types that are functionally

associated with the BBB or comprised in the BBB. Differences in clustering and gene

expression were also present in fibroblasts, BAMs, and T cells, although not so pronounced

as to be focused on in this article, but it is possible that they are also involved in the

regulation of BBB permeability.

This study had some limitations. First, as this investigation represents the initial

analysis of single-cell transcriptome sequencing in the frontal cortex following EA

intervention, there exists a limited understanding of the signaling pathways involved in EA-

mediated BBB function. Second, a rat model was selected for this study due to considerations

of EA operational precision. Third, additional protein analyses and functional validation are

necessary to confirm the putative roles of each cellular phenotype. Finally, the possibility

cannot be excluded that certain cells or cell types may be lost during tissue dissociation and

cell enrichment; indeed, pericytes and neurons, which also play significant roles in the brain,

were not enriched in this study. Nevertheless, this single-cell transcriptome sequencing in a

rat model to investigate the target of action of EA-opening BBB could facilitate the study of

BBB-opening-related mechanisms, which is crucial to numerous current investigations of

exogenous drugs crossing the BBB into the brain.

Conclusions

The study of the molecular and cellular mechanisms that govern the function of the BBB is

complex and requires a thorough understanding of the classification and molecular

characteristics of cells, as well as detailed characterization of the spatial organization and

interaction of molecularly defined cell types. This is because the spatial relationship between

cells is the primary determinant of intercellular interactions and communication, which are

mediated by juxtacrine and paracrine signaling. Our study revealed a unique frontal cortex-

specific transcriptome signature and elucidated the cell types and clusters that mediate EA-

induced transcriptional changes, including cellular communication. Our study highlights the

characteristic changes in brain endothelial cells under EA intervention, as well as the cell

types that synergistically participate in the structural and functional changes of the BBB, such

as microglia and astrocytes, providing a framework for the mechanism of EA opening the

BBB. The development of high-resolution, spatially resolved whole-brain cell atlases will

provide invaluable resources for investigating BBB function during EA interventions. Future

research in this area is necessary to elucidate the intricate details of intercellular

communication and gain a deeper understanding of the mechanisms underlying BBB

function.

Declarations

Ethics approval and consent to participate: The Animal Ethics Committee of Zhejiang

Chinese Medical University approved the experimental procedures (Approval No.: IACUC-

20220507-01). All experiments were performed in accordance with the ARRIVE guidelines.

Consent to participate was not applicable.

Consent for publication: Not applicable.

Availability of data and materials: This study did not generate new unique reagents. The

scRNA-seq data files are publicly available in the Gene Expression Omnibus

(https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE272895) under accession number

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Authors' contributions: C.M.: Conceptualization, Data curation, Funding acquisition,

Writing – original draft, and Visualization. Z.J., L.G., K.Q., and T.J.: Validation, Software,

and Resources. J.Y., Z.P., and Q.C.: Project administration and Formal analysis, and M.D.

and Q.Y.: Investigation and Methodology. X.L.: Funding acquisition and Writing – review &

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Figure Legends

Figure 1. Overview of single-cell analysis of the experimental samples. (a) Schematic

overview of the study design. **(b)** Results of effective cell identification. **(c)** Percentage of 23

clusters in EA and CON groups. **(d)** T-Distributed Stochastic Neighbor Embedding (t-SNE)

of the transcriptome from cells of the CON and EA groups. CON, control; EA,

electroacupuncture.

Figure 2. Results of the cell type identification. (a) Dot plot heatmap of the marker genes in

individual clusters. **(b)** Cell type identification T-Distributed Stochastic Neighbor Embedding

(t-SNE) diagram. **(c)** The violin plot shows the expression of marker genes of eight cells.

CON, control; EA, electroacupuncture.

Figure 3. Differential gene and enrichment analysis results of the endothelial cells. (a)
Differential gene volcano map. **(b)** Histogram of the KEGG analysis results. **(c)** Histogram of
the GO analysis results. GO, Gene Ontology; KEGG, Kyoto Encyclopedia of Genes and
Genomes.

Figure 4. Gene set enrichment analysis results. Eight pathways are shown.

Figure 5. Differential gene and enrichment analysis results of astrocytes. (a) Differential
gene volcano map. **(b)** Histogram of KEGG analysis results. **(c)** Histogram of GO analysis
results. GO, Gene Ontology; KEGG, Kyoto Encyclopedia of Genes and Genomes.

Figure 6. Differential gene and enrichment analysis results of the microglia. (a)
Differential gene volcano map. **(b)** Histogram of KEGG analysis results. **(c)** Histogram of
GO analysis results. GO, Gene Ontology; KEGG, Kyoto Encyclopedia of Genes and
Genomes.

Figure 7. Subgroup clustering and functional enrichment of endothelial cells. (a)
Endothelial cell subset analysis in the two groups. **(b)** The top 10 characteristic expression
genes of the four subgroups. **(c–f)** The GO and KEGG results of the characteristic expression
genes of the four subgroups. The histogram of GO results show that the number of enriched
genes was ranked in the top 20, and $q < 0.05$. The histogram and bubble diagram of the
KEGG results show the top 20 terms of the number of enriched genes and the 20 terms with
the smallest P-value, respectively. GO, Gene Ontology; KEGG, Kyoto Encyclopedia of
Genes and Genomes.

Supplementary Files

Supplementary File 1: Pathway analysis for genes downregulated by SMES only in

EC_cluster0

Supplementary File 2: Differential gene and enrichment analysis results of EC_Cluster0 and

EC_Cluster2, related to Figure 7.

Supplementary File 3: Differential gene and enrichment analysis results of EC_Cluster4 and

EC_Cluster5, related to Figure 7.

Supplementary File 4: Pathway analysis for genes upregulated by SMES only in

EC_cluster0

Supplementary File 5: Venn diagram showing the differential gene intersection and

uniqueness of the four clusters of interest in endothelial cells, related to Figure 7.

Supplementary File 6: Pathway analysis for genes upregulated only in EC_cluster2

Supplementary File 7: Pathway analysis for genes downregulated only in EC_cluster2

Supplementary File 8: Pathway analysis for genes downregulated only in EC_cluster4

Supplementary File 9: Pathway analysis for genes upregulated only in EC_cluster4

Supplementary File 10: Pathway analysis for genes downregulated only in EC_cluster5

Supplementary File 11: Pathway analysis for genes upregulated only in EC_cluster5

Supplementary File 12: Subgroup clustering and functional enrichment of microglia, related

to Figure 6.

Supplementary File 13: The GO and KEGG results of the characteristic expression genes of

the six subgroups of microglia, related to Figure 6.

Supplementary File 14: Upset map of crossover and uniqueness of the enrichment function

of the characteristic genes of 6 MG_Clusters of interest, related to Figure 6.

Supplementary File 15: GO analysis for MG_cluster1 top genes only (S≥2)

Supplementary File 16: KEGG analysis for MG_cluster1 top genes only (counts top 20)

793 **Supplementary File 17:** KEGG analysis for MG_cluster1 top genes only (20 smallest P

794  values)

795 **Supplementary File 18:** GO analysis for MG_cluster0 top genes only (S≥2)

796 **Supplementary File 19:** KEGG analysis for MG_cluster0 top genes only (counts top 20)

797 **Supplementary File 20:** KEGG analysis for MG_cluster0 top genes only (20 smallest P

798  values)

799 **Supplementary File 21:** GO analysis for MG_cluster2 top genes only (S≥2)

800 **Supplementary File 22:** KEGG analysis for MG_cluster2 top genes only (counts top 20)

801 **Supplementary File 23:** KEGG analysis for MG_cluster2 top genes only (20 smallest P

802  values)

803 **Supplementary File 24:** GO analysis for MG_cluster3 top genes only (S≥2)

804 **Supplementary File 25:** GO analysis for MG_cluster5 top genes only (S≥2)

805 **Supplementary File 26:** KEGG analysis for MG_cluster5 top genes only (counts top 20)

806 **Supplementary File 27:** KEGG analysis for MG_cluster5 top genes only (20 smallest P

807  values)

808 **Supplementary File 28:** GO analysis for MG_cluster6 top genes only (S≥2)

809 **Supplementary File 29:** KEGG analysis for MG_cluster3 top genes only (counts top 20)

810 **Supplementary File 30:** Functional enrichment analysis of unique upregulated genes in

811  MG_clusters after electroacupuncture, related to Figure 6.

812 **Supplementary File 31:** Functional enrichment analysis of unique downregulated genes in

813  MG_clusters after EA, related to Figure 6.

814 **Supplementary File 32:** The interactions between cells, related to the section "Coordination

815  of cell communication in the BBB following EA intervention."

816 **Supplementary File 33:** Cell communication with endothelial cells, related to the section

817  "Coordination of cell communication in the BBB following EA intervention."

818   **Supplementary File 34:** KEGG analysis for MG_cluster3 top genes only (20 smallest P

819   values)

a

KEGG_ANTIGEN_PROCESSING_AND_PRESENTATION

b

KEGG_CARDIAC_MUSCLE_CONTRACTION

c

KEGG_COMPLEMENT_AND_COAGULATION_CASCADES

d

KEGG_CYTOKINE_CYTOKINE_RECEPTOR_INTERACTION

e

KEGG_LYSOSOME

f

KEGG_PROTEASOME

g

KEGG_RIBOSOME

h

KEGG_RIG_I_LIKE_RECEPTOR_SIGNALING_PATHWAY