Metabolic Engineering Reveals *LUP5* as a Determinant of Saponin Composition and

Insect Resistance in *Barbarea vulgaris*

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Running head: *LUP5* Drives Saponin-Mediated Insect Resistance

Summary

Plant–insect coevolution has been a major driver of specialized metabolite
diversification, yet the genetic basis of natural variation in defensive chemistry
remains poorly understood. The wild crucifer *Barbarea vulgaris* comprises two
ecotypes, an insect-resistant G-type and a susceptible P-type, characterized by distinct
triterpenoid saponin profiles. To investigate the causal relationship between saponin
composition and insect resistance, we established a stable transformation system for
B. vulgaris. Expression of the G-type β-amyrin synthase gene *LUP5* in the susceptible
P-type conferred up to a 95% reduction in *Plutella xylostella* feeding, accompanied by
increased accumulation of three hederagenin-derived monodesmosidic saponins.
Comparison of *LUP5* expression driven by its native promoter and by the constitutive
35S promoter revealed that the native promoter leads to increased hederagenin
accumulation and is activated later in development, which may prevent early
metabolic stress and allow coordinated expression of downstream pathway genes. In
contrast, silencing of *CYP72A552* by RNAi decreased total hederagenin levels by
approximately 40% without affecting resistance, indicating threshold-dependent
defense. Our results provide direct *in planta* evidence that *LUP5* is a key determinant
of natural variation in insect resistance in *B. vulgaris*, underscoring the pivotal role of
the saponin backbone in herbivore deterrence. By linking promoter activity to
metabolite structural diversity, this work provides mechanistic and conceptual insight
into how plants coordinate specialized metabolism and defense.

Keywords: triterpenoid saponins, metabolic engineering, β-amyrin synthase,
promoter regulation, insect resistance, *Barbarea vulgaris,* chemical ecology

Introduction

Plants have evolved a wide array of specialized metabolites to deter insect herbivores (Fürstenberg-Hägg, Zagrobelny and Bak, 2013; Yactayo-Chang et al., 2020; Beran and Petschenka, 2022). Among these, triterpenoid saponins, which consist of a hydrophobic sapogenin backbone and one or more hydrophilic sugar moieties, represent a structurally diverse and ecologically important class of defensive compounds. Due to their structural similarity to sterols and steroid hormones, triterpenoid saponins have been hypothesized to interact with eukaryotic cell membranes (Cárdenas, Almeida and Bak, 2019). In addition, their inherent bitterness may deter herbivores, contributing to their role as effective defense agents (Augustin et al., 2011). Thousands of triterpenoid saponins have been reported to date (Xu, Fazio and Matsuda, 2004; Augustin et al., 2011; Moses, Papadopoulou and Osbourn, 2014; Huang et al., 2020). Importantly, specific saponin structures have been implicated in insect resistance, highlighting the functional significance of their chemical diversity (Stevenson, Nyirenda and Veitch, 2010; Cui et al., 2019; Hussain et al., 2019; Liu et al., 2019; Dolma et al., 2021).

The structure–activity relationships underlying saponin bioactivity are critical to their defensive function. For example, hederagenin 3-*O*-monoglucoside has higher toxicity and antifeedant activity than oleanolic acid 3-*O*-monoglucoside (which lacks C-23 hydroxylation), and gypsogenic acid 3-*O*-monoglucoside (which is further oxidized at C-23 to the ketone) (Liu et al., 2019). Additionally, monodesmosidic hederagenin and oleanolic acid exhibited higher toxicity and antifeedant activity than their bidesmosidic counterparts (Tian et al., 2021; Dervishi et al., 2025, in press). These observations suggest that even subtle modifications to the sapogenin backbone, glycosylation pattern, or sugar linkage can significantly alter saponin bioactivity. This structural diversity makes saponins a valuable system for studying molecular evolutionary mechanisms of specialized metabolism, particularly the structure–activity relationships underlying their ecological functions in insect defense. Despite growing knowledge of these structure–activity relationships, the genetic and biochemical mechanisms underlying saponin diversification remain poorly understood in most species. One particularly promising ecological model to explore

this question is the wild crucifer *Barbarea vulgaris*, which naturally segregates in two

ecotypes or chemotypes that alter in both saponin profiles and insect resistance.

B. vulgaris has emerged as a powerful ecological model for investigating how

specialized metabolites contribute to herbivore resistance (Kuzina et al., 2011; Hauser,

Toneatto and Nielsen, 2012; Byrne et al., 2017). The species comprises two ecotypes:

the glabrous insect-resistant G-type, and the pubescent insect-susceptible P-type

(Agerbirk, Olsen and Nielsen, 2001). This intraspecific divergence likely arose from

isolation in different Ice Age refugia (Hauser, Toneatto and Nielsen, 2012) and is

associated with marked differences in saponin composition (Kuzina et al., 2009;

Khakimov et al., 2012; Khakimov et al., 2016). Gene duplication events have further

contributed to the chemical divergence and insect resistance (Khakimov et al., 2015;

Liu et al., 2019). Insect resistance in G-type *B. vulgaris* correlates with four oleanane-

type defensive saponins, including oleanolic acid cellobioside, hederagenin

cellobioside, gypsogenin cellobioside, and 4-epihederagenin cellobioside (Agerbirk et

al., 2003; Kuzina et al., 2011). Among these, hederagenin cellobioside is particularly

toxic and confers G-type insect resistance (Agerbirk et al., 2003; Nielsen et al., 2010;

Kuzina et al., 2011).

The biosynthetic pathway leading to hederagenin cellobioside in G-type *B.

vulgaris* has been elucidated up to the first glycosylation step (Fig. 1). The

oxidosqualene cyclase *LUP5* is highly expressed in the G-type and primarily produces

β-amyrin (Khakimov et al., 2015). Subsequent enzymatic steps involve CYP716A80,

CYP72A552, and UGT73C11, which sequentially convert β-amyrin into oleanolic acid,

hederagenin, and hederagenin 3-*O*-glucoside (Fig. 1) (Augustin et al., 2012; Khakimov

et al., 2015; Liu et al., 2019). The enzyme responsible for the final step in forming

hederagenin cellobioside remains unidentified (Erthmann, Agerbirk and Bak, 2018). In

contrast, *LUP5* is expressed at very low levels in *B. vulgaris* P-type and primarily

produces α-amyrin due to two amino acid substitutions as compared to the *LUP5* in

the G-type (Günther et al., 2021). Despite 98% sequence identity at the amino acid

level, the G- and P-type LUP5 enzymes differ markedly in both their gene expression

and product profiles. The P-type plants preferentially express *LUP2,* an oxidosqualene

cyclase over 80% identical at the amino acid level to *LUP5*, but it produces

predominantly lupeol (98%) and only 2% β-amyrin-derived saponins (Khakimov et al., 2015). Notably, the genes encoding for the remaining enzymes responsible for the biosynthesis of hederagenin 3-*O*-glucoside (CYP716A80, CYP72A552, and UGT73C11) are present in both P-type and G-type and exhibit similar substrate and product specificity (Augustin et al., 2012; Khakimov et al., 2015; Liu et al., 2019). However, the *cyclases* are differentially regulated suggesting that upstream regulation and oxidosqualene cyclase product specificity may be key drivers of saponin structural and insect resistance difference. Additionally, CYP72A552, which catalyzes the C23 hydroxylation of oleanolic acid to hederagenin, the precursor of the more toxic hederagenin-type saponins, has not yet been validated *in planta* for its ecological contribution to insect resistance in *B. vulgaris*.

Fig. 1 Biosynthetic pathways for lupeol and β–amyrin derived triterpenoid saponins in *B. vulgaris*. Monodesmosidic saponin, a single sugar chain attached at preferentially C-3 (R1) or C-28 (R2); bidesmosidic saponin, sugar chains attached at both C-3 (R1) and C-28 (R2).

To investigate the genetic and biochemical basis of saponin-mediated insect resistance, we leveraged the natural variation in *B. vulgaris* to develop a model system linking *in planta* metabolic engineering of specialized metabolism with ecological function. We provide functional evidence that engineering saponin biosynthesis through manipulation of *LUP5* expression substantially enhances insect resistance in this wild crucifer and explains the molecular basis of the difference in insect resistance

between the G- and P-type *B. vulgaris*. By comparing constructs driven by the native *LUP5* and constitutive 35S promoters, we further reveal how promoter activity shapes metabolite structural diversity. These findings offer new mechanistic insight into plant–insect coevolution and established a model system for dissecting genotype–phenotype relationships in plant chemical specialization.

Materials and methods

Plant and insect materials

Seeds of *Barbarea vulgaris* G-type (glabrous, accession B44, Herbarium-code: CP0057358) and P-type (pubescent, accession B4, herbarium-code: CP0057347) were provided by Associate professor Niels Agerbirk *(Agerbirk et al., 2021)* and used for stable transformation. Both transformed and wild-type plants were cultivated in soil (Krukvaxtjord med lera och kisel, SW Horto AB, Hammenhog, Sweden) in a greenhouse maintained at 19 °C under a 16 h light/8 h dark photoperiod. Irradiance was supplemented with LED lamps whenever natural light intensity dropped below 250 μmol m^{-2} s^{-1}, with full-spectrum sunlight available when curtains were open. Plants were fertigated on Thursdays and Fridays with a nutrient solution (electrical conductivity 2.2 mS cm^{-1}; pH 5.8) prepared by dissolving 100 g L^{-1} of a compound fertilizer (Pioner Basis 13-2-23+3+ME; containing 13% N, 2% P_2O_5, 23% K_2O, 3% MgO, plus micronutrients) together with 0.5 g L^{-1} of iron chelate (Pioner Fe-EDDHA 6%; 6% Fe) in water. *Brassica napus* plants were grown in the same greenhouse under identical conditions. *Plutella xylostella* (diamondback moth) eggs were obtained from Dr. Patrick Hughes (Boyce Thompson Institute, Ithaca, NY, USA). The laboratory colony was originally established at the New York State Agricultural Experiment Station (Geneva, NY, USA) in 1994. The insects were reared on *B. napus* at 20 °C under a 16 h light/8 h dark photoperiod in cages. Third instar *P. xylostella* larvae were used for the insect feeding assay.

Plasmids construction

For stable transformation, the pJCV51 vector was employed to introduce the G-type *LUP5* coding sequence and to assess tissue-specific promoter activity (native

LUP5 and constitutive 35S), while pK7FWG2 was utilized for *CYP72A552* silencing (Karimi, Inzé and Depicker, 2002). The *LUP5* coding sequence, its native promoter (1988 bp), and the *CYP72A552* coding sequence were PCR-amplified from *B. vulgaris* G-type cDNA and genomic DNA (Supplementary Table S1 and S2). G-type *LUP5* expression was driven either by the 35S promoter or its native promoter, while *CYP72A552* was driven by the 35S promoter.

The pJCV51-p35S::LUP5, pJCV51-p35S::eGFP, and pK7FWG2-CYP72A552 RNAi plasmids were assembled using Gateway technology (Gateway™ BP Clonase™ II Enzyme mix, Thermo Fisher Scientific, 11789020; Gateway™ LR Clonase™ II Enzyme mix, Thermo Fisher Scientific, 11791020) (Supplementary Table S1). pDONR207 was used as the entry clone vector for both constructs (Thermo Fisher Scientific, 117207-021). Subsequently, the pJCV51-pLUP5::LUP5 and pJCV51-pLUP5::eGFP plasmids were generated by replacing the 35S promoter in pJCV51-p35S::LUP5 or pJCV51-p35S::eGFP with the G-type *LUP5* promoter using the SalI sites. Finally, the plasmids were introduced into *Agrobacterium tumefaciens* strain AGL1 via electroporation (Hayta et al., 2021).

Stable transformation in wild crucifer *B. vulgaris*

Seed sterilization was achieved by immersing seeds in 70% ethanol for 30 s, followed by a 12.5 min treatment in 3% sodium hypochlorite (Thermo Fisher Scientific) with 0.1% Tween20 (Bio-RAD, 1706531) and thorough rinsing with sterile water. Seeds were sown on germination medium in Magenta boxes and incubated in darkness for 6–8 days (Supplementary Table S3).

Hypocotyl explants (~3 mm) from 6–10-day-old seedlings were incubated for 15 min with *A. tumefaciens* strains (OD$_{600}$ = 0.5 in 10 mM MgCl$_2$, 100 μM acetosyringone) with gentle agitation and then co-cultivated in darkness for three days (Supplementary Table S3). The pJCV51-pLUP5::LUP5 and pJCV51-35S::LUP5 constructs were transformed into both *B. vulgaris* ecotypes, while pJCV51-p35S::eGFP, pJCV51-pLUP5::eGFP, and pK7FWG2-CYP72A552 RNAi were introduced only into the G-type.

After rinsing in Milli-Q water containing 1 μL/mL timentin, the explants were

transferred sequentially to callus induction (one week), shoot induction (two rounds,

two weeks each), and root induction media (two rounds, two weeks each) at 25°C

under a 16:8 h light–dark cycle (Supplementary Table S3). Throughout these stages,

the explants were maintained in a climate chamber at 25°C under a 16:8 h light-dark

cycle. Kanamycin (50 ng/mL) was used for selecting transformed explants, whereas

wild-type explants were cultured without kanamycin supplementation in the medium.

CYP72A552 RNAi plants were confirmed by NPTII (neomycin phosphotransferase

II) ELISA Kit (Agdia, PSP 73000/0288). All the other transgenic plants were confirmed

by RFP fluorescence (for *LUP5* expression and promoter activity constructs).

Fluorescence was analyzed on a Leica M205FA fluorescence dissection microscope

(Leica Microsystems). RFP and eGFP were imaged using the dsRed plant (excitation

546/10 nm; emission 600/40 nm) or ET GFP filters (excitation 470/40 nm; emission

525/50 nm), respectively. Subsequently, the confirmed plants were transferred to soil

and grown in a greenhouse at 19°C under a 16:8 h light–dark cycle.

Choice insect feeding assay

Insect resistance was evaluated using at least three individual plants (biological

replicates) per transgenic line. For each transgenic plant, five transgenic and five wild-

type leaf discs (1.57 cm² each) were alternately arranged in a petri dish (9.4 x 1.6 cm)

(Greiner BIO-ONE, 633180) with filter paper moistened with 2 mL of water. After a 3–

5-hour starvation period, ten third-instar *P. xylostella* larvae were placed at the center

of the plate, following a modified protocol from Liu et al (Liu et al., 2019). Leaf

consumption was quantified when half of the wild-type leaves were consumed using

ImageJ (approx 7.5 h).

Preparation of plant extracts and metabolite analysis

The extraction of saponins and sapogenins was adapted from Khakimov et al.

(2016). *B. vulgaris* leaf samples were ground with liquid nitrogen using a mortar and

pestle. For saponin detection, 100 mg of leaf powder was weighed into 1.5 mL

Eppendorf tubes and extracted with 300 μL of 85% methanol (v/v) via sonication for

30 minutes, followed by centrifugation at 16,000 × g for 10 minutes. Supernatants

(200 μL) were filtered through a 0.22-μm filter before LC-qTOF-ESI-MS/MS analysis.

To detect total and free sapogenins, 200 mg of leaf powder was weighed into 2

mL Eppendorf tubes and extracted with 600 μL of 85% methanol (v/v) at 100°C while

mixing at 1,400 × rpm in a thermomixer (Eppendorf, Denmark). The samples were

cooled on ice and centrifuged at 16,000 × g for 3 min. After filtration through a 0.22-

μm filter, 100 μL of supernatant was collected for free sapogenin detection via LC-

qTOF-APCI-MS/MS. An additional 300 μL of supernatant was collected and dried under

nitrogen flow. To cleave off sugar residues, samples were treated with 500 μL of 2 M

hydrochloric acid at 100°C while mixing at 1,400 × rpm for 1.5 hours in a thermomixer

(Eppendorf, Denmark). After cooling on ice, a double volume of ethyl acetate was

added to the acid-water mixture, followed by vortexing and centrifugation at 3,500

× g for 5 minutes. The samples were extracted three times with ethyl acetate to collect

sapogenins. To remove residual acid, an equal volume of Milli-Q water was added, the

samples were subsequently vortexed and centrifugated at 3,500 × g for 5 minutes.

This washing step was repeated three times. The final extracts were dried under

nitrogen flow, re-solubilized in 300 μL of 100% methanol, and filtered through a 0.22-

μm filter before total sapogenin detection via LC-qTOF-APCI-MS/MS.

LC-qTOF-ESI-MS/MS was performed according to Liu et al. (2019). LC-qTOF-APCI-

MS/MS was performed as described by Patel et al. (2020). Untargeted metabolite data

were analyzed using XCMS (Tautenhahn et al., 2012), and targeted saponin and

sapogenin analyses were conducted with DataAnalysis software (v.4.3; Bruker,

Bremen, Germany) following Khakimov et al. (2016). Hederagenin cellobioside and

oleanolic acid cellobioside standards were used for saponin identification. Lupeol, β-

amyrin, oleanolic acid, and hederagenin standards were employed for sapogenin

identification.

Gene expression analysis

Total RNA was extracted using the Spectrum™ Plant Total RNA Kit (Sigma-Aldrich,

STRN50-1KT) and then synthesized to cDNA by iScript™ cDNA Synthesis Kit (Bio-Rad,

1708891). Relative expression of *LUP5* was quantified via qPCR using kapa SYBR® fast

kit (Merck-Sigma, KK4607) (Khakimov et al., 2015). *Tubulin* (GenBank accession no.

EU555191) was used as reference gene, and *LUP5* expression levels were normalized

to the wild-type P-type control (Liu TongJin et al., 2016). Primer sequences are

provided in Supplementary Table S1 (Khakimov et al., 2015).

243 Results

244 Establishment of a transformation and regeneration system in the wild crucifer *B.*

245 *vulgaris*

To enable functional studies of insect resistance in *B. vulgaris* as an ecological

model system, we developed a stable transformation and regeneration method for

both the G-type and P-type ecotypes (Fig.1, Supplementary Fig. S1, Supplementary

Table S3). To metabolically engineer the saponin compositions, we introduced the G-

type *LUP5* coding sequence into both ecotypes and attempted to silence *CYP72A552*

in the G-type. *LUP5* expression was driven either by the constitutive 35S promoter or

the native *LUP5* promoter. Transformation efficiency, calculated as the percentage of

positive transgenic plants to all obtained plants from tissue culture, reached up to 94%

across experiments (Table 1). The native *LUP5* promoter exhibited approximately two-

fold higher transformation efficiency than the 35S promoter in both the G- and P-type,

indicating a selection pressure against *LUP5* overexpression from the 35S promoter

(Table 1).

258 Stable expression of G-type *LUP5* in the P-type confers insect resistance

To evaluate the impact of G-type *LUP5* expression on insect resistance, a choice

insect feeding assay was conducted by presenting alternating wildtype and transgenic

B. vulgaris leaf discs to diamondback moth larvae. Leaf area consumed was quantified

when approximately half of the total leaf material of the wild type had been eaten

(approx. 7.5 hr). The best performing *LUP5*-transformed P-type plants exhibited a

significant reduction in larval consumption, ranging from 76 - 95% (Fig. 2, A and B).

QPCR on the best performing 35S and *LUP5* promoter lines, confirmed that the G-type

LUP5 was transformed and expressed in the P-type both under the 35S promoter or

the native G-type *LUP5* promoter (Fig. 2C). Interestingly, the 35S promoter expressed

the *LUP5* at approximately sixteen-fold higher levels than that in the best pLUP5::LUP5

transformed P-type and the wildtype P- and G-type (Fig. 2C).

Fig. 2 Expression of the G-type *LUP5* in *B. vulgaris* P-type reduces feeding by diamondback moth larvae. A) Consumption area (%) after 7.5 h (choice test, three individual plants per transgenic line; each replicate represents one Petri dish containing five transgenic and five wildtype leaf discs). B) Example of the insect choice feeding assay, and the resulting leaf condition after 7.5 hr insect exposure. C) Relative *LUP5* expression levels (three individual plants per transgenic line). PWT, wildtype P-type *B. vulgaris*; GWT, wildtype G-type *B. vulgaris*; p35S::LUP5, p35S::LUP5 transformed P-type *B. vulgaris*; pLUP5::LUP5, pLUP5::LUP5 transformed P-type *B. vulgaris*, LUP5, P-type *B. vulgaris* expressing the G-type *LUP5*. Statistical significance was assessed using Student's *t*-test: *($p<0.5$), ** ($p < 0.05$) and *** ($p < 0.005$).

Expression of G-type *LUP5* induced β-amyrin-derived saponins in P-type *B. vulgaris*.

Based on the highest reduction of leaf area consumed, three transgenic lines

were selected for each promoter type (35S and native *LUP5*) and subjected to untargeted and targeted LCMS analyses. The untargeted metabolite analysis revealed approximately 9,500 distinct *m/z* features, each defined as a unique *m/z* and retention time (RT) pair. Features differing between *LUP5*-expressing and wild-type plants ($P < 0.5$) were ranked by fold change, and the top 100 increased and 100 decreased features were analyzed further. However, extraction of the *m/z* features using DataAnalysis software revealed that the majority lacked clear MS^2 fragmentation patterns, preventing structural annotation. Many of these features likely represent in-source fragments, background ions, or uncharacterized metabolites with inconclusive fragmentation.

Consequently, a targeted saponin analysis was conducted using DataAnalysis. *B. vulgaris* saponins were detected by extracted ion chromatograms of our previously tentatively identified aglycones and their structures were inferred from characteristic fragmentation patterns. Based on 455 m/z, 469 *m/z,* and 471 m/z, the characteristic fragmentation patterns of oleanolic acid, gypsogenin and hederagenin were tentatively identified, respectively. This targeted approach identified ten putative distinct saponins in P-type lines and thirty in G-type lines (Supplementary Table S4 and S5). All detected saponins were classified as monodesmosidic, based on their fragmentation patterns. Saponin abundance was subsequently quantified by calculating peak areas from extracted ion chromatograms (Supplementary Table S4 and S5).

The LCMS analysis revealed three hederagenin-derived monodesmosidic saponins (two hexoses; RT 10.7, 11.5, and 12.3 min) and one oleanolic acid monoglucoside (one hexose; RT 9.5 min) that accumulated at significantly higher levels in *LUP5*-transformed P-type compared to wild-type P-type (Fig. 3, A and B). The most abundant of the three hederagenin-derived saponins eluted at 11.5 min and was increased ~four-fold in the P-type expressing *LUP5* under the native *LUP5* promoter compared to the wildtype and was ~two-fold more abundant than in P-type plants transformed with *LUP5* under the 35S promoter (Fig. 3A). Hederagenin cellobioside (eluted at 12.3 min) was also increased ~four-fold but remained at lower levels in pLUP5::LUP5 transformed P-type (Fig. 3A). These three hederagenin-derived saponins

314 were also present in the control G-type plants, with hederagenin cellobioside (eluted

315 at 12.3 min) being the most abundant hederagenin-derived saponin (Supplementary

316 Table S5 and S8). The increased oleanolic acid monoglucoside (eluted at 9.5 min) was

317 not detected in G-type (Supplementary Table S5). The other detected saponins

318 remained unchanged (Supplementary Table S6).

Fig. 3 Expression of the G-type *LUP5* increased glycosylated oleanolic acid and hederagenin levels in the transgenic P-type *B. vulgaris*. A) Monodesmosidic hederagenin (with 2 hexoses) peak area (EIC: m/z = 841.4591 ± 0.2). B) Oleanolic acid monoglucoside peak area (EIC: m/z = 617.4059 ± 0.2). C) Peak area of sapogenins, including total hederagenin (EIC: m/z = 437.3425 ± 0.2) and total oleanolic acid (EIC: m/z = 439.3593± 0.2). PWT, wildtype P-type *B. vulgaris*; p35S::LUP5, p35S::LUP5 transformed P-type *B. vulgaris*; pLUP5::LUP5, pLUP5::LUP5 transformed P-type *B. vulgaris*. Error bars represent the standard deviation of the mean from three individual plants. Statistical significance was assessed using Student's *t*-test: *(p<0.5), ** (p < 0.05) and *** (p < 0.005).

To evaluate the effect of G-type *LUP5* expression on P-type *B. vulgaris* saponin aglycone biosynthesis and accumulation, levels of free and total sapogenins were analyzed. Free sapogenins were measured from untreated samples, representing aglycones that occur naturally in a non-glycosylated form. Total sapogenins were defined as the sum of free and sugar-bound sapogenins, the latter released through hydrochloric acid mediated hydrolysis of glycosylated saponins. A transgenic line (with three vegetative clones) from both p35S::*LUP5* and pLUP5::*LUP5*-transformed P-type *B. vulgaris* was selected based on reduced leaf area consumption and increased accumulation of four saponins (Fig. 2A, Fig. 3, A and B). This analysis revealed a significant increase in total hederagenin and oleanolic acid levels in *LUP5*-transformed P-type plants (Fig. 3C), while total lupeol, β-amyrin, and free sapogenins remained undetectable (Supplementary Table S7). Higher accumulation of total hederagenin was observed in plants expressing *LUP5* under the native promoter compared to those under the 35S promoter (Fig. 3C).

To investigate how promoter choice affects gene expression and metabolic composition, we compared the previously described transgenic P-type lines expressing *LUP5* under either the constitutive 35S or the native *LUP5* promoter. Interestingly, although the 35S promoter drove much higher *LUP5* expression levels compared to the native promoter (Fig. 2C), this did not result in proportionally increased accumulation of β-amyrin–derived saponins (Fig. 3A–C). To investigate this, we made eGFP lines with the *LUP5* and 35S promoter respectively. Analysis of these lines the 35S promoter was already active at the shoot induction stage and consistently drove stronger fluorescence signals, whereas the *LUP5* promoter only became active only about four weeks after transfer to soil (Fig. 4A-F). These observations indicate that the two promoters differ mainly in temporal activation and relative expression strength, which likely contributes to the observed variation in transcript levels, metabolite accumulation, and transformation efficiency.

Shoot induction stage

Four weeks in soil after root induction

Fig. 4 Native *LUP5* promoter supports higher transformation efficiency via moderate

expression in *B. vulgaris*. During the shoot induction stage, no detectable eGFP fluorescence was observed in the pLUP5::eGFP lines (B). Four weeks after root induction, eGFP fluorescence could be detected in the pLUP5::GFP lines (D, E). However, GFP expression driven by the 35S promoter was still much stronger, as evident by the saturated image F, acquired with the same exposure time. RFP, driven by the 35S promoter, was used for screening transgenic plants by microscopy. A, D: Wild-type plants under white light, eGFP, and RFP filters; B, E: pLUP5::eGFP transformed G-type plants under white light, eGFP, and RFP filters; C, F: p35S::eGFP transformed G-type plants under white light, eGFP, and RFP filters; Scale bars: A–C, 10 mm, D–F, 0.5 mm.

Introduction of G-type *LUP5* in G-type increased a monodesmosidic hederagenin (with three hexoses) and a oleanolic acid monoglucoside (with two hexoses) in both p35S::LUP5 and pLUP5::LUP5 transformed G-type plants, retention times 8.5, and 11.0 min, respectively (Fig. 5, A to C). Monodesmosidic oleanolic acid (with 3 hexose, retention time at 10.7 min) increased in all pLUP5::LUP5 transformed G-type lines (Fig. 5C). Twenty-six additional saponins remained unchanged (Supplementary Table S8), and the three slightly elevated saponins remained at low abundance relative to other saponins (Fig. 5A-C, Supplementary Table S8).

Fig. 5 Expression of G-type *LUP5* increased glycosylated oleanolic acid and hederagenin
levels in G-type *B. vulgaris*. A) Monodesmosidic hederagenin (with 3 hexose) peak area
(EIC: *m/z* = 1003.5115 ± 0.2). B) Monodesmosidic oleanolic acid (with two hexoses)
peak area (EIC: *m/z* = 617.4059 ± 0.2). C) Monodesmosidic oleanolic acid (with 3

hexose) peak area (EIC: *m/z* = 987.517 ± 0.2). GWT, wildtype G-type *B. vulgaris*; p35S::LUP5, p35S::LUP5 transformed G-type *B. vulgaris*; pLUP5::LUP5, pLUP5::LUP5 transformed G-type *B. vulgaris*. Error bars represent the standard deviation of the mean from three individual plants. Statistical significance was assessed using Student's *t*-test: *(p<0.5), ** (p < 0.05) and *** (p < 0.005).

In conclusion, stable transformation of G-type *LUP5* in P-type significantly increased one oleanolic acid monoglucoside (with one hexose) and three hederagenin-derived monodesmosidic saponins (each with two hexoses) by approximately 50% to fourfold, depending on the promoter and compound (Fig. 3, A and B). Notably, the oleanolic acid monoglucoside, eluting at 9.5 minutes, was detected exclusively in the transformed P-type (Fig. 3B, Supplementary Table S5). The most abundant hederagenin-derived saponin in P-type eluted at 11.5 min, whereas hederagenin cellobioside (eluted at 12.3 min) remained the dominant saponin in G-type (Fig. 3A, Supplementary Table S6 and S8). Introduction of G-type *LUP5* in G-type slightly increased saponin levels, but their concentrations remained low compared to other oleanolic acid- and hederagenin-derived compounds (Fig. 5, A to C, Supplementary Table S8). Expression of G-type *LUP5* by its native promoter resulted in higher transformation efficiency and induced greater accumulation of β-amyrin-derived sapogenins and their glycosylated saponins, despite lower LUP5 transcript levels compared to the 35S promoter (Fig. 3, A to C, Fig. 5, A to C, Table 1, Supplementary Table S7).

***CYP72A552* silencing decreased to 40% hederagenin derived saponin accumulation in G-type *B. vulgaris*.**

To evaluate the impact of G-type *CYP72A552* silencing on insect resistance, a choice insect feeding assay was conducted as described above. However, neither the transgenic G-type nor the wild-type G-type plants were consumed by diamondback moth larvae as measure after 7.5 hours (Fig. 6G). To assess the impact of *CYP72A552* downregulation on saponin and sapogenin levels in G-type *B. vulgaris*, a metabolomic analysis was performed as described above. Silencing of *CYP72A552* reduced the accumulation of six saponins in the G-type, including hederagenin monoglucoside and three other hederagenin-derived monodesmosidic saponins (each with two hexoses),

monodesmosidic gypsogenin (with two hexoses), and one unknown saponin (Fig. 6, A

to E). MS/MS analysis indicated that the unknown saponin contains a sapogenin of

457 m/z with one hexose and two methylpentoses (Fig. 6E). Twenty-three other

saponins, including seven glycosylated oleanolic acids, remained unchanged

(Supplementary Table S9). When the sapogenin levels of *CYP72A552*-silenced line #13

and wild-type G-type *B. vulgaris* were compared, the analysis revealed a 40%

reduction in total hederagenin, while total and free oleanolic acid levels remained

unchanged, consistent with the saponin data (Fig. 6A–F).. Lupeol and β-amyrin

remained undetectable in G-type *B. vulgaris* (Supplementary Table S7). In conclusion,

silencing *CYP72A552* significantly reduced hederagenin biosynthesis and the

accumulation of its glycosylated derivatives in G-type *B. vulgaris*.

Fig. 6 Silencing *CYP72A552* decreased hederagenin and its derived saponins in G-type

B. vulgaris. A) Hederagenin monoglucoside peak area (EIC: *m/z* = 679.4063 ± 0.2). B)

Hederagenin cellobioside peak area (EIC: *m/z* = 841.4591 ± 0.2). C) Monodesmosidic

hederagenin (with two hexoses) peak area (EIC: *m/z* = 841.4591 ± 0.2). D)

Monodesmosidic gypsogenin (with two hexoses) peak area (EIC: *m/z* = 839.4409 ± 0.2).

E) unknown compound-1 peak area (EIC: *m/z* = 901.2429 ± 0.2). F) Peak area of

sapogenins, including total hederagenin (EIC: *m/z* = 437.3425 ± 0.2), free and oleanolic

acid (EIC: *m/z* = 439.3593± 0.2). G) Example of the insect choice feeding assay, and the

resulting leaf condition after 7.5 hr insect exposure. GWT, wildtype P-type *B. vulgaris*; CYP72A552::RNAi, *CYP72A552* silenced G-type *B. vulgaris*. Error bars represent the standard deviation of the mean from three individual plants. Statistical significance was assessed using Student's *t*-test: *(p<0.5), ** (p < 0.05) and *** (p < 0.005).

Discussion

Deciphering the genetic and biochemical bases of natural insect resistance is essential for our basic understanding of chemical ecology and for addressing global challenges in crop protection and sustainability. Our study contributes to this effort by elucidating how structural diversification in plant specialized metabolites mediates ecological defense and by identifying regulatory elements that can be harnessed for future resistance breeding.

Triterpenoid saponins are key mediators of plant–insect interactions and have attracted attention due to their high chemical diversity and structure-dependent bioactivity and unique modes of action. Key factors influencing insect resistance include the structure of the saponin, the composition of the sapogenin backbone, the types of sugar moieties, the length and number of glycoside chains, and the sites of glycosylation (Gao et al., 2011; Liu et al., 2019; Tian et al., 2021). Prior metabolic engineering efforts have focused on modifying saponin composition by disrupting biosynthetic genes in legumes (Confalonieri et al., 2021; Hodgins et al., 2024). For example, Confalonieri et al. (2021) knocked out *CYP93E2*, which hydroxylates β-amyrin at the C-24 position, in *Medicago truncatula*, resulting in transgenic lines that no longer produced non-hemolytic soyasapogenols saponins but instead redirecting metabolic flux toward the synthesis of hemolytic saponins. Hodgins et al. (2024) knocked out β-amyrin synthase *BAS1* in pea (*Pisum sativum*), leading to a 99.8% reduction in saponin content in the seeds. However, these studies did not address how targeted saponin engineering influences ecological traits such as herbivore resistance or consumption.

We have previously transiently expressed saponin biosynthetic genes in *Nicotiana benthamiana* (Khakimov et al., 2015; Liu et al., 2019). An unexpected

drawback of this transient tobacco system was that hederagenin was further
metabolized by endogenous tobacco enzymes, which led to the accumulation of
hederagenin-3-*O*-monoglucoside to levels far below those naturally occurring in
Barbarea vulgaris (Liu et al., 2019). When oleanolic acid monoglucoside was
transiently produced in *N. benthamiana*, mainly non-toxic bidesmosidic saponins
accumulated, suggesting that the toxic monoglucosides were further glycosylated and
thereby detoxified by the plant (Khakimov et al., 2015). In addition, the diamondback
moth is a crucifer specialist and will not feed on *N. benthamiana*. To overcome these
major obstacles, we metabolically engineered the saponin biosynthetic pathway
directly in the wild crucifer *B. vulgaris* to test whether specific triterpenoid profiles
confer resistance to insect herbivory.

We hypothesized that differences in *LUP5* expression between G- and P-type *B.*
vulgaris underlie their distinct saponin profiles and insect resistance, based on
quantitative trait locus (QTL) analysis and insect feeding assays with saponin-treated
leaf disks (Augustin et al., 2012; Khakimov et al., 2015; Nielsen et al., 2010; Kuzina et
al., 2011). Our metabolic engineering strategy demonstrates that the susceptibility of
the P-type to diamondback moth feeding is primarily due to its lack of *LUP5*
expression. LUP5 encodes an oxidosqualene cyclase that produces β-amyrin, the
precursor of oleanolic acid and hederagenin-derived saponins, both implicated in
insect deterrence. Interestingly, our results further suggest that glycoside linkage
exerts less influence on feeding behavior than the sapogenin backbone itself.

Variation in oxidosqualene cyclase product specificity may be a key driver of
saponin-profile differences between the two *B. vulgaris* ecotypes. Insect-susceptible
P-type plants predominantly produce lupeol-derived saponins, reflecting their higher
expression of *LUP2*, while G-type plants express *LUP5* and accumulate β-amyrin-
derived saponins, including oleanolic acid and hederagenin cellobioside, both
contributing to insect resistance (Augustin et al., 2012; Khakimov et al., 2015; Liu et
al., 2019; Günther et al., 2021). By combining gene transfer with ecological assays, our
study provides a framework for linking specialized metabolism with ecological
function in a non-model plant system.

492   To test this hypothesis in an *in planta* system, the β-amyrin synthase *LUP5* was

493 expressed in both the insect resistant G-type and insect susceptible P-type *B. vulgaris*.

494 In the otherwise insect susceptible P-type, this resulted in up to a 95% reduction in

495 leaf consumption and increased levels of three hederagenin-derived monodesmosidic

496 saponins (each with two hexoses) and one oleanolic acid monoglucoside (Fig. 2A, Fig.

497 3, A and B). In wildtype *B. vulgaris* G-type, hederagenin cellobioside is the

498 predominant saponin, while only small amounts of the other two hederagenin-

499 derived saponins were detected at retention times of 10.7 and 11.5 min (Fig. 5, A and

500 B, Supplementary Table S8). In contrast, in the *LUP5*-transformed P-type, the

501 monodesmosidic hederagenin eluting at 11.5 min is more abundant than the other

502 two (Fig. 3A). This variation highlights differences in saponin glycosylation patterns

503 between P- and G-types, suggesting that these three hederagenin-derived

504 monodesmosidic saponins, particularly the one detected at 11.5 min, may contribute

505 to insect resistance in the transformed P-type plants. Hederagenin 3-*O*-glucoside

506 exhibits seven-fold stronger feeding reduction to diamondback moth and tobacco

507 hornworm compared to oleanolic acid 3-*O*-glucoside (Liu et al., 2019). This enhanced

508 efficacy has been linked to C-23 hydroxylation in hederagenin, which causes the C-3

509 glucose moiety to adopt a different orientation relative to the sapogenin backbone

510 compared to oleanolic acid (Cárdenas, Almeida and Bak, 2019; Liu et al., 2019).

511 Considering the bioactivity and the relatively low increase of oleanolic acid

512 monoglucoside compared to hederagenin-derived monodesmosidic saponins in *LUP5*-

513 transformed P-type suggest that there is a CYP72A552 ortholog in the P-type that

514 effectively transforms the oleanolic acid to hederagenin. This hederagenin is then

515 glycosylated by different UGTs than in the G-type *B. vulgaris* to other linkage types

516 than the 1→4 linkage cellobiosides that predominantly accumulate in the G-type.

517  Based on our findings, *LUP5* is identified as the key determinant for insect

518 resistance differences between G- and P-type *B. vulgaris*. Furthermore, three

519 hederagenin-derived monodesmosidic saponins (each with two hexoses) may play a

520 role in insect resistance in *LUP5*-transformed P-type, particularly the most abundant

521 saponin at retention time 11.5 min. These findings offer new mechanistic insight into

522 plant–insect coevolution and establish a model for dissecting genotype–phenotype

relationships in plant chemical defense. Future work comparing the insect resistance
differences between the elucidated structures of these three hederagenin-derived
monodesmosidic saponins could provide further insights into how glycosylation
patterns affect saponin bioactivity. Glycoside linkage impacts cytotoxicity of saponins
in *in vivo* assays (Chwalek et al., 2006). However, how glycoside linkage affects insect
resistance remains unknown. Unfortunately, due to their low concentration, isolating
and purifying these compounds for bioactivity testing remains challenging. Future
research should focus on identifying candidate glycosyltransferases that produces a
variety of glycoside linkage with the aim to produce defense-related hederagenin-
derived monodesmosidic saponins *in planta*.

Interestingly, when *LUP5* expression was driven by the constitutive 35S promoter,
LUP5 was expressed at approximately sixteen-fold higher levels than in the best
pLUP5::LUP5 transgenic line and also exceeded expression levels in both wild-type P-
and G-type plants (Fig. 2C). However, this high expression did not translate into
significantly increased saponin production (Fig. 2, A and B, Fig. 5, A to C). In contrast,
using the native *LUP5* promoter not only resulted in approximately two-fold higher
transformation efficiency (Table 1) but also led to greater accumulation of
hederagenin and its glycosides in the P-type background despite the overall much
lower expression profile (Fig. 3, A and C). These findings indicate that expression
strength alone does not determine metabolic output.

We propose that high and premature expression of *LUP5* under the 35S promoter
leads to early toxic β-amyrin accumulation, thereby reducing transformation
efficiency (Fig.2 and Fig. 3). In *B. vulgaris*, *LUP5* is expressed most strongly in leaves
compared with roots and petioles (Khakimov et al., 2015). To better understand the
observed differences in transformation efficiency, saponin and sapogenin
accumulation, and *LUP5* expression levels between the native and constitutive
promoters, we compared promoter activity and eGFP fluorescence intensity during
plant regeneration and early growth. Microscopy observations support this
interpretation: the 35S promoter was already active during shoot induction, whereas
the native *LUP5* promoter became detectable only four weeks after transfer to soil
following root induction (Fig. 2). Such premature activation likely causes β-amyrin to

accumulate before downstream pathway genes are expressed, disturbing metabolic
balance through substrate depletion or feedback inhibition. By contrast, delayed
activation under the native *LUP5* promoter allows coordinated expression with
downstream enzymes, promoting efficient accumulation of of saponins that are non-
toxic to the plant.

Thus, temporal coordination of gene expression emerges as a key determinant of
successful metabolic engineering. Although constitutive promoters such as 35S are
widely used to achieve strong expression, their untimed activity can impose metabolic
burdens and reduce transformation efficiency. Similar effects have been reported in
other plant systems: in cotton (*Gossypium hirsutum*), continuous 35S activity
throughout development caused unintended metabolic load (Sunilkumar et al., 2002),
while in maize (*Zea mays*), the *ZmUbi1* promoter achieved higher transformation
efficiency and better tissue-culture survival than 35S despite lower transcript levels
(Beringer et al., 2017). These findings reinforce that expression timing, rather than
transcriptional magnitude, is crucial for maintaining metabolic homeostasis and
efficient pathway flux.

Taken together, although the 35S promoter can drive high levels of transgene
expression, its continuous activity often disrupts metabolic balance, decreases
transformation efficiency, and induces pleiotropic effects on plant development. In
contrast, the native LUP5 promoter confines expression to appropriate developmental
stages, providing precise metabolic control and coordinated biosynthetic regulation.
These results highlight that promoter choice governs metabolic outcomes not merely
through expression strength but through temporal alignment with downstream
biosynthetic processes, thereby ensuring efficient *in planta* production of defense-
related hederagenin-derived monodesmosidic saponins.

We had anticipated that silencing of *CYP72A552* in G-type would reduce insect
consumption as hederagenin derived saponins are more bioactive than those derived
from oleanolic acid (Liu et al., 2019) . However, our results show that while silencing
of *CYP72A552* decreased hederagenin biosynthesis by up to 40%, leading to a
significant reduction in hederagenin- and gypsogenin (which is hederagening that has

been further oxidized at C-23 to the ketone)- derived monodesmosidic saponins. Specifically, the bioactive hederagenin monoglucoside, hederagenin cellobioside and monodesmosidic gypsogenin (with two hexoses) were decreased (Fig. 6, A to D). The decrease in monodesmosidic gypsogenin and unknown compound 1 may have been caused by the reduced hederagenin biosynthesis or off-target effects (Fig. 6, D and E, Supplementary Fig. S2), possibly resulting from the high nucleotide sequence identity of eight tandemly repeated *CYP72A* homologs (Liu et al., 2019). Previous studies indicate that cellobiosides of oleanolic acid, hederagenin, and gypsogenin both correlate with insect resistance in *B. vulgaris* in a concentration-dependent manner (Shinoda et al., 2002; Agerbirk et al., 2003; Kuzina et al., 2009; Liu et al., 2019). The hederagenin cellobioside concentration in G-type *B. vulgaris* leaves is ~eleven-fold higher than the ED_{50} (50% effective dose) for *P. xylostella* (Shinoda et al., 2002; Liu et al., 2019). Thus, even with a 40% reduction, the remaining saponin levels still exceed the toxicity threshold required to deter feeding. Likewise, *LUP5*-transformed P-type plants did not reach the full resistance potential of G-type plants, likely due to incomplete accumulation of the most potent hederagenin saponins (Fig. 2, A and B, Fig. 3, A to C, Fig. 6, A to G). Overexpression of *LUP5* in G-type plants produced only marginal increases in minor oleanolic acid and hederagenin-derived saponins, suggesting that G-type plants may already accumulate saponin at or close the acceptable threshold for accumulation (Fig. 6, A to C, Supplementary Table S8).

Conclusion

In summary, this study demonstrates that targeted metabolic engineering of triterpenoid saponins in the wild crucifer *Barbarea vulgaris* is a robust approach to dissect the ecological roles of structurally diverse saponins and study insect resistance mediated by specialized metabolism. Expression of the β-amyrin synthase *LUP5* under its native promoter was more effective than constitutive expression, leading to higher transformation efficiency and increased accumulation of insect-deterring hederagenin-derived monodesmosidic saponins. This underscores the importance of promoter choice and precise transcriptional regulation in optimizing specialized metabolite production.

Our findings establish stable metabolic engineering of saponins not only as a tool

for biotechnological enhancement of resistance traits, but also as a powerful approach

to understanding the role of plant defense compounds in chemical ecology. In contrast

to transient expression systems, which often result in unstable metabolite

accumulation and further modification by host enzymes, stable engineering enables

consistent expression of pathway genes and reliable assessment of metabolite

function. We identified *LUP5* as a crucial determinant of insect resistance in *Barbarea*

vulgaris and demonstrated that three specific hederagenin-derived monodesmosidic

saponins, each containing two hexose units, are associated with this defense. Taken

together, this work introduces a novel application of metabolic engineering to unravel

the ecological functions of plant metabolites and provides promising strategies for

crop protection through fine-tuned manipulation of biosynthetic pathways.

Table 1. A stable transformation system in *B. vulgaris* enabled up to 94% efficiency.

Construct for transformation	Ecotype	Total numbers of plants	Positive/total
pJCV51-pLUP5::LUP5	G-Type	31	94%
	P-Type	35	60%
pJCV51-p35S::LUP5	G-Type	52	40%
	P-Type	66	26%
pJCV51-pLUP5::eGFP	G-Type	24	58%
pJCV51-p35S::eGFP	G-Type	20	55%
pK7FWG2-CYP72A552 RNAi	G-Type	46	28%

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Conflicts of interest

Authors declare that there are no conflicts of interest.

Author contributions

JS, PC, and SB designed the research; JS, PC, JG, SKN and SB analysed the data and wrote the paper; JS, PC and SKN performed the research; JG provided the data analysis strategy and standards.

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Fig. S1 *Agrobacterium*-mediated stable plant transformation process.

Fig. S2 Nucleotide sequence alignment between the RNAi fragment and eight tandemly repeated *CYP72A* genes in *B. vulgaris*. Accession numbers of the eight CYP72A genes range from MH252567 to MH252574.

Tab. S1 Primers used in this study

	Oligo name	Sequence 5'-3'
Amplication	LUP5_Fw	ATGTGGAGGTTGAAGTTAGGAGAGG
	LUP5_Rv	GCTGCGTTCGTCACTCATAAACATTAA
	LUP5_Promoter_Fw	GGATACGGATACGGATACGGAT
	LUP5_Promoter_Rv	GTTGTACTCTACATATAGATCATCATT
	eGFP-Fw	ATGGTGAGCAAGGGCGA
	eGFP-Rv	TTACTTGTACAGCTCGTCCATG
Gateway	LUP5_attB1_Fw	GGGGACAAGTTTGTACAAAAAAGCAGGCTATGTGGAGGTTGAAGTTAGGAGAGG
	LUP5_attB2_Rv	GCTGCGTTCGTCACTCATAAACATTAAACCCAGCTTTCTTGTACAAAGTGGTCCCC
	CYP72A552_attB1_Fw	GGGGACAAGTTTGTACAAAAAAGCAGGCTCGGTCACAACAAATTTAATTCTCCGAATC
	CYP72A552_attB2_Rv	GAGATATCAGTTGCGTCGGTAACAGTACCCAGCTTTCTTGTACAAAGTGGTCCCC
	eGFP_attB1_Fw	GGGGACAAGTTTGTACAAAAAAGCAGGCTATGGTGAGCAAGGGCGA
	eGFP_attB2_Rv	GGGGACCACTTTGTACAAGAAAGCTGGGTTTACTTGTACAGCTCGTCCATG
qPCR	Tubulin qPCR Fw	GGAGATGTTTAGGCGTGTG
	Tubulin qPCR Rv	GCGTCTTGGTATTGCTGGT
	LUP5 qPCR Fw	CTGAGCGTGAGTACGTGGAA
	LUP5 qPCR Rv	GATCTGGATAGAGTTGCTGGA

Tab. S2 Nucleotide sequence of the G-type LUP5 promoter

GGATACGGATACGGATACGGATACGGATAGTAGAATAACGGATAATACGAATACGGATACAGATACGGATATC
CTGAAAAATCCGGATATCCGTATCCGTAACAGGGCTATTACTGACCCCACCCGTCCGGCAGTAGAGTCCGTC
TACGTCCTGCGTCCCCTCATTCATTGTACCTATGACAAAGACGCATAGTTATTAGAGCTACACCGCCGCGACT
TTGCTGCTCCTCCACTCATACATTATCATAGCTAAGTTCTCAAAAAGATTCAATCAAAGCCCTTCTCTTTGTATGG
GACCATTTTACACGTGATTATGTATCAACGTTACTTGCTCATTGACAAAATTGAGTTAGGTCTCTCCTCTTTTGCT
CTATTTTACTTCTATATTTGTCAATTTACTCTACTATGCATCTAATTATGACGGTACATGAAGTCCTTATGGTTAGGTT
TGCCACCGGTTGTGATTACAAATTTATTAGAATTTATCCCATGGTTAGAGAATTTATAAGTTTTTTTTCATTAGTTATA
TTATAATATTTTCTAAGTATAAGGTTGAATATGAGTATTAAAAAAAAAAAGAGAGAGAACTAACAATGGATAAAATAT
CATATGACTGAAATTTTTTTATACATTCCGTAAGGAACTAAGGATGATTATTAGTATAAAGATTCATTGCATCAAAC
AATTATGGTTAAGTAGTTAATTTACATCAATTTGGTATAATCAACATCCAATTTAAAAAATACGCGTCACACAAAGA
TTAAACCCAAATACACATGTGATAAAGAGAAGAACAAAGATGACCATCAATTACGCTGGTTGTCTTTGCATGAAT
GGAACACCTAATCGCGGGAAACTTTTTGAATCAGCGACTCAAACATACTTCGTTTCTACATAGGTGTCATTCAA
TATAATTACATATGTAGGTAGCTAGTTTTAACGGACTGATCATAATTTTTGTAGGTTTTTTTTTTTTAATAACTAAAAG
GTTTTAGGTCTAAGCCTGTACATCCTTTTAGACCCAGGACCAAAGCAGGTTATATGGTCTCGTCCCATGAGCC
ACTCGAACCAACGACCTCTAACCTTTGCCTGAGATATTTACCAGTTGAGTTATTAGCTCTTGGTTAATTTTTATAG
GTTTAAATCAAATGTATCTCATAATGATCGATATAACAAACAATAAACAAAAAAAGTTTGAAGGTGAATTTTGCAC
CCAAAAAAAAAAAAAAACTTTTTATTATCTTTTTCATTTTTTTTATAAATCACGGGAGTTCTAAACCTTTGACCCGTA
ATCTTTTTCGGTATCCGGAACCAGCCTTTACTCTATTTCTATTTTAAAAATGTCTCTCAGTACCAATGGAGCCGG
GTTTGAACCCGTGAAACAAAAATATTTATTTATTATTTATTATTATATTTTGGAAAGAACGTAAAAGTTATTTCAACGA
AAAAAATGTGGGAATATAAATAAAAAAAAAATTCAATATAATATTAAATTATTTACCAAACTGTACTCTTATAAAGTTA
TTTGATTCGTCGTTACCTCTATATAAGCGTACGTACATGAAACTCTTCCAAAGTATTGGTGATAAAGGCAAACAT
CGACCCAGCACAAGTACTCTCTCTTTCTTTCTCTTATCTCACTTTTCCTCTGTTTCACATATATGTATTCGTTACAT
GAGGGCTCTTATAATATATAAAGACATGCATATAAAATCATATATATATATATATATGTATGTAAATATAGTGTTCTATAT
ATAATGTTAATCTATGTATACGGTATACCGTATGAATGTACACTCACTACATCATATATCATCATGCGGTTATGAAAT
TCTCAATTCAGTGAGTATAATTTGGACATATACGTATAGATAGCGTCTAAATTTTTGTAATTTTTTAAAAAAAAATAAA
TGAATGACGGTTTGAAACGAACATAACAATAACATATATCGATATTTTGTTGTACTCTACATATAGATCATCATT

Tab. S3 Meida for tissue culture

	Germination		Co-cultivation		Callus induction		Shoot induction		Root induction	
Media (800 mL)	MS (M0222)	3.52 g	MS (M0222)	3.52 g	Gamborg B5	3.16 g	Gamborg B5	3.16 g	Gamborg B5	3.16 g
	Sucrose (1%)	8 g	Sucrose (1%)	8 g	MES	400 mg	MES	400 mg	MES	400 mg
	pH 5.8 (with KOH)		pH 5.8 (with KOH)		Glucose	16 g	Glucose	16 g	Glucose	16 g
	Agar (0.8%)	6.4 g	Agar (0.8%)	6.4 g	pH 5.8 (with KOH)		pH 5.8 (with KOH)		pH 5.8 (with KOH)	
					Phytagel	2.4 g	Phytagel	2.4 g	Phytagel	2.4 g
Adding before using (800 mL)			AS	800 µL	Kinetin	80 µl	Zeatin	800 µl	NAA	108 µl
					2,4-D	400 µl	NAA	80 µl	IAA	50 µl
					Timentin	800 µl	Timentin	800 µl	Timentin	800 µl
					Kanamycin	800 µl	Kanamycin	800 µl	Kanamycin	800 µl

Note: Chemical information: MS, Murashige & Skoog medium including vitamins (Duchefa, M0222.0050); Gamborg B5 (Duchefa, G0210.0050). Stocks concentration: Kanamycin: 50 mg/mL, Timentin: 200 mg/mL, Kinetin: 1 mg/mL, Zetin: 1 mg/mL , NAA (naphthalene acetic acid): 0.93 mg/mL, IAA (indole-3-aceti cacid): 1 mg/mL, 2,4-D (2,4-dichlorophenoxyacetic acid): 1 mg/mL , AS (Acetosyringone): 19.62 mg/mL.

Tab. S4 Saponins detected in P-type *B. vulgaris*. EIC, extract ion chromatogram

Sapogenin	Saponin fragment	Sugar moieties	Formic acid	Fragmentation pattern in Mass Spectra	EIC±0.2	Retention time (min)		
457	457,619,781,943, 989	3 x hexose	Yes	$[M_{989}\text{-}46\text{-}162\text{-}162\text{-}162=457]$	989.5404	8.6	8.9	
447	447,609,755,901	1 x hexose; 2 x methylpentose	No	$[M_{901}\text{-}146\text{-}146\text{-}162=447]$	901.2429	6.3		
473	473,635,797,959, 1005	3 x hexose	Yes	$[M_{1005}\text{-}46\text{-}162\text{-}162\text{-}162=473]$	1005.5337	8.1	8.4	
473	473,635,797,843	2 x hexose	Yes	$[M_{843}\text{-}46\text{-}162\text{-}162=473]$	843.4798	8.6		
471	471,633,795,841	2 x hexose	Yes	$[M_{841}\text{-}46\text{-}162\text{-}162=471]$	841.4591	10.7	11.5	12.3
455	455,617	1 x hexose	No	$[M_{617}\text{-}162=455]$	617.4059	9.5		

Tab. S5 Saponins detected in G-type *B. vulgaris*. EIC, extract ion chromatogram

Sapo genin	Saponin fragment	Sugar moieties	Formic acid	Fragmentation pattern in Mass Spectra	EIC±0.2	Retention time (min)				
457	457,619,781,943, 989	3 x hexose	Yes	$[M_{989}-46-162-162-162=457]$	989.5404	8.6	8.9	9.1		
447	447,609,771,917, 1079,1225	3 x hexose ; 2 x methylpentose	No	$[M_{1225}-146-162-146-162-162=447]$	1225.348	5.3				
447	447,609,755,901	1 x hexose; 2 x methylpentose	No	$[M_{901}-146-146-162=447]$	901.2429	7.0				
649	649,811,973,1019	2 x hexose	Yes	$[M_{1019}-46-162-162=649]$	1019.5076	7.9				
649	649,811,857	1 x hexose	Yes	$[M_{857}-46-162=649]$	857.4543	8.4				
469	469,631,793,839	2 x hexose	Yes	$[M_{839}-46-162-162=469]$	839.4409	13.1				
473	473,635,797,959, 1005	3 x hexose	Yes	$[M_{1005}-46-162-162-162=473]$	1005.5337	8.4				
473	473,635,797,843	2 x hexose	Yes	$[M_{843}-46-162-162=473]$	843.4798	8.0				
471	471,633,795,841	2 x hexose	Yes	$[M_{841}-46-162-162=471]$	841.4591	10.7	11.5	12.1	12.3	13.3
471	471,633,795	2 x hexose	No	$[M_{795}-162-162=471]$	795.4536	9.5	11.7			
471	471,603,749,795	1 x pentos; 1 x methylpentose	Yes	$[M_{795}-46-146-132=471]$	795.4536	13.8				
471	471,633,679	1 x hexose	Yes	$[M_{679}-46-162=471]$	679.4063	13.2				
471	471,633,795,957, 1003	3 x hexose	Yes	$[M_{1003}-46-162-162-162=471]$	1003.5115	8.5	9.3			
455	455,617	1 x hexose	No	$[M_{617}-162=455]$	617.4059	15.9				
455	455,617,779,941	3 x hexose	No	$[M_{941}-162-162-162=455]$	941.5115	10.2				
455	455,617,779,941, 987	3 x hexose	Yes	$[M_{987}-46-162-162-162=455]$	987.517	10.7				
455	455,617,779	2 x hexose	No	$[M_{779}-162-162=455]$	779.4587	11.0	11.5	14.2		
455	455,617,779,825	2 x hexose	Yes	$[M_{825}-46-162-162=455]$	825.4642	11.3	13,3	14.5		

Tab. S6 Non significantly peak area changed saponins in LUP5 transformed P-type *B. vulgaris* compared to wildtype P-type. EIC, extract ion chromatogram; PWT, wildtype P-type *B. vulgaris*; p35S::LUP5, p35S::LUP5 transformed P-type *B. vulgaris*.

Fragments	Sugar moieties	EIC ± 0.2	Retention time (min)	Peak area						
				PWT	p35S::LUP5-1	p35S::LUP5-2	p35S::LUP5-43	pLUP5::LUP5-2	pLUP5::LUP5-4	pLUP5::LUP5-6
457,619,781,943,989	3 x hexose	989.5404	8.6	104397 ± 14484	76740 ± 6720	78388 ± 5652	116101 ± 7003	105183 ± 12223	96111 ± 4826	96408 ± 6982
457,619,781,943,989	3 x hexose	989.5404	8.9	103949 ± 22256	160286 ± 11490	164287 ± 6733	90535 ± 2995	93870 ± 16808	120504 ± 23440	112588 ± 6319
447,609,755,901	1 x hexose + 2 x methylpentose	901.2429	6.3	514487 ± 15989	515685 ± 14393	681218 ± 36231	456469 ± 39764	460209 ± 82384	491958 ± 19291	399510 ± 15858
473,635,797,843	2 x hexose	843.4798	8.6	379938 ± 129721	767152 ± 82948	793761 ± 38062	373927 ± 25068	283426 ± 26935	497737 ± 137792	413195 ± 21207
473,635,797,959,1005	3 x hexose	1005.5337	8.1	731408 ± 68292	700227 ± 1622	678699 ± 28074	647943 ± 3678	615053 ± 23641	618340 ± 7003	584503 ± 9686
473,635,797,959,1005	3 x hexose	1005.5337	8.4	248947 ± 33719	309143 ± 5811	328133 ± 1430	235073 ± 10365	213887 ± 21875	256559 ± 16436	209736 ± 7098

Tab. S7 Identification and relative quantification of total and free sapogenins in *B. vulgaris*. EIC, extract ion chromatogram

Sapogenins	EIC±0.2	Retention time (min)	PWT	p35S::LUP5-2	pLUP5::LUP5-4	GWT	CYP72A552::RNAi-13
Total lupeol	409.3851	31.1	N/A	N/A	N/A	N/A	N/A
Free lupeol	409.3851	31.1	N/A	N/A	N/A	N/A	N/A
Total β-amyrin	409.3851	32.5	N/A	N/A	N/A	N/A	N/A
Free β-amyrin	409.3851	32.5	N/A	N/A	N/A	N/A	N/A
Total oleanolic acid	439.3593	21.5	20884 ± 3963	45589 ± 6970	53763 ± 5506	837805 ± 94973	930214 ± 259536
Free oleanolic acid	439.3593	21.5	N/A	N/A	N/A	7694 ± 2187	12102 ± 3978
Total hederagenin	437.3425	16.7	37387 ± 13280	119157 ± 28689	316704 ± 75506	2923104 ± 69572	1763484 ± 124066
Free hederagenin	437.3425	16.7	N/A	N/A	N/A	N/A	N/A

Tab. S8 Non significantly peak area changed saponins in LUP5 transformed G-type *B. vulgaris* compared to wildtype G-type. EIC, extract ion chromatogram; GWT, wildtype G-type *B. vulgaris*; p35S::LUP5, p35S::LUP5 transformed G-type *B. vulgaris*. Hederagenin cellbioside (EIC: m/z 841.4591± 0.2, retention time 12.3 min) was quantified by after diluting sample 60 times

Fragments	Sugar moieties	EIC ± 0.2	Retention time (min)	Peak area						
				GWT	p35S::LUP5-3	p35S::LUP5-4	p35S::LUP5-8	pLUP5::LUP5-1	pLUP5::LUP5-4	pLUP5::LUP5-19
457,619,781, 943,989	3 x hexose	989.5404	8.6 min	20482 ± 2118	38987 ± 1098	51472 ± 15255	21690 ± 3768	19634 ± 865	20222 ± 1111	31016 ± 5656
457,619,781, 943,989	3 x hexose	989.5404	8.9 min	14821 ± 1198	18031 ± 2051	17787 ± 1628	12320 ± 1638	18273 ± 2536	18420 ± 1669	21301 ± 3786
457,619,781, 943,989	3 x hexose	989.5404	9.1 min	38031 ± 3104	52061 ± 5462	65168 ± 12087	35694 ± 2021	48842 ± 4730	49031 ± 4808	51257 ± 2596
447,609,771, 917,1079,1225	3 x hexose 2 x methylpentose	1225.3480	5.3 min	13663 ± 2246	18448 ± 3368	22842 ± 4336	15106 ± 3645	25363 ± 6389	25538 ± 6666	20553 ± 5429
447,609,755, 901	1 x hexose 2 x methylpentose	901.2429	7.0 min	120237 ± 16382	234354 ± 60723	265639 ± 33723	153354 ± 46292	103209 ± 18904	158676 ± 26195	69202 ± 27745
649,811,973, 1019	2 x hexose	1019.5076	7.9 min	21216 ± 6337	46666 ± 8855	55221 ± 9747	32606 ± 7696	24344 ± 7109	19506 ± 5435	24221 ± 3354
649,811,857	1 x hexose	857.4543	8.4 min	12711 ± 5812	54358 ± 10282	39625 ± 11515	11513 ± 1677	8841 ± 1206	6367 ± 1110	12549 ± 4138
469,631,793, 839.4409	2 x hexose	839.4409	13.1 min	184062 ± 9520	177262 ± 6220	188763 ± 36759	162025 ± 11433	163858 ± 9362	158627 ± 16412	169893 ± 1543
473,635,797, 959,1005	3 x hexose	1005.5337	8.4 min	26331 ± 1839	30415 ± 1107	32803 ± 6153	18898 ± 1143	22765 ± 1235	23008 ± 3232	29006 ± 6414
473,635,797, 843.4798	2 x hexose	843.4798	8.0 min	17071 ± 5223	10868 ± 3119	14373 ± 6021	10972 ± 1123	21960 ± 1914	25028 ± 5756	11849 ± 1801
471,633,795, 841	2 x hexose	841.4591	12.3 min	100456 ± 5418	106334 ± 12545	110089 ± 8301	95604 ± 2647	107654 ± 11391	102554 ± 10010	96034 ± 5295
471,633,795, 841	2 x hexose	841.4591	10.7 min	33658 ± 5344	37416 ± 8271	38169 ± 6400	31962 ± 9915	47190 ± 3606	45222 ± 2232	27295 ± 7916
471,633,795, 841	2 x hexose	841.4591	11.5 min	25386 ± 3902	24225 ± 3487	29513 ± 3269	18135 ± 1956	32274 ± 3485	28554 ± 3328	22019 ± 5539
471,633,795, 841	2 x hexose	841.4591	12.1 min	47036 ± 16885	32613 ± 17910	29637 ± 9302	19750 ± 14769	47282 ± 7261	45142 ± 2657	25284 ± 6002
471,633,795, 841	2 x hexose	841.4591	13.3 min	88619 ± 2761	90928 ± 7073	95672 ± 18388	90196 ± 5713	86544 ± 4723	83258 ± 8292	92525 ± 5391
471,633,795	2 x hexose	795.4536	9.5 min	5117 ± 699	6368 ± 987	6909 ± 2907	6047 ± 640	9009 ± 1110	7197 ± 861	8855 ± 1485
471,633,795	2 x hexose	795.4536	11.7 min	218249 ± 23129	216482 ± 35533	230016 ± 16668	210209 ± 23914	309077 ± 21009	301037 ± 23688	200395 ± 82158
471,603,749, 795	1 x pentos 1 x methylpentose	795.4536	13.8 min	17769 ± 2552	22284 ± 3550	65568 ± 57745	19566 ± 2099	25555 ± 1657	26195 ± 1627	18956 ± 4763
471,633,679	1 x hexose	679.4063	13.2 min	212610 ± 36755	233137 ± 4815	207951 ± 34240	207624 ± 16534	167168 ± 11718	179878 ± 11956	208232 ± 22129
471,633,795, 957,1003	3 x hexose	1003.5115	9.3 min	11634 ± 2468	11052 ± 1548	10676 ± 2002	20561 ± 6247	18977 ± 2852	16839 ± 3467	23814 ± 3476
455,617	1 x hexose	617.4059	15.9 min	10294 ± 1439	13237 ± 2571	13947 ± 1427	15815 ± 829	17539 ± 283	17940 ± 1969	12755 ± 3767
455,617,779, 941	3 x hexose	941.5115	10.2 min	2146 ± 144	2830 ± 851	3396 ± 249	2760 ± 899	3733 ± 575	3265 ± 921	2592 ± 375
455,617,779	2 x hexose	779.4587	11.5 min	5830 ± 286	7906 ± 539	5088 ± 2615	7406 ± 635	5930 ± 366	8004 ± 812	6783 ± 1732
455,617,779	2 x hexose	779.4587	14.2 min	2662 ± 1048	4302 ± 1240	5675 ± 814	2779 ± 669	5970 ± 1384	5353 ± 735	3217 ± 1321
455,617,779, 825	2 x hexose	825.4642	11.3 min	9091 ± 1213	7393 ± 793	10092 ± 3281	9520 ± 1552	10141 ± 1139	9067 ± 2291	9807 ± 1897
455,617,779, 825	2 x hexose	825.4642	13,3 min	71245 ± 20814	92414 ± 31302	113829 ± 25789	98847 ± 34763	176841 ± 21237	178891 ± 7069	89426 ± 54408
455,617,779, 825	2 x hexose	825.4642	14.5 min	243257 ± 17534	274932 ± 25755	308652 ± 55083	298511 ± 15815	308259 ± 6512	499973 ± 154132	303445 ± 31768

Tab. S9 Non significantly peak area changed saponins in CYP72A552 RNAi G-type *B. vulgaris* compared to wildtype G-type. EIC, extract ion chromatogram; GWT, wildtype P-type *B. vulgaris*; CYP72A552::RNAi, CYP72A552 silenced G-type *B. vulgaris.*

Fragments	Sugar moieties	EIC ± 0.2	Retention time (min)	Peak area GWT	CYP72A552::RNAi-12	CYP72A552::RNAi-13	CYP72A552::RNAi-20
457,619,781,943,989	3 x hexose	989.5404	8.6	59779 ± 11070	22819 ± 12186	50571 ± 16040	114054 ± 20836
457,619,781,943,989	3 x hexose	989.5404	8.9	138182 ± 17852	73616 ± 40884	128750 ± 25492	191028 ± 39924
457,619,781,943,989	3 x hexose	989.5404	9.1	114945 ± 21459	58662 ± 32186	103841 ± 16971	193364 ± 49342
447,609,771,917,1079,1225	3 x hexose 2 x methylpentose	1225.3480	5.3	46154 ± 7366	21556 ± 14434	71688 ± 59579	113983 ± 69871
649,811,973,1019	2 x hexose	1019.5076	7.9	135335 ± 19808	55449 ± 29797	88059 ± 16763	65890 ± 20234
649,811,857	1 x hexose	857.4543	8.4	77952 ± 10900	25061 ± 12578	50488 ± 8478	49935 ± 17760
473,635,797,959,1005	3 x hexose	1005.5337	8.4	113195 ± 20812	29081 ± 13620	56670 ± 9168	145066 ± 50308
473,635,797,843.4798	2 x hexose	843.4798	8.0	31446 ± 7784	12140 ± 5535	18386 ± 2755	19709 ± 5620
471,633,795,841	2 x hexose	841.4591	10.7	136220 ± 38770	76534 ± 45911	99014 ± 25908	82659 ± 26899
471,633,795,841	2 x hexose	841.4591	11.5	35229 ± 5872	11376 ± 3350	18245 ± 5585	25617 ± 5052
471,633,795	2 x hexose	795.4536	9.5	90519 ± 8592	29836 ± 11870	58144 ± 15541	66536 ± 14249
471,633,795	2 x hexose	795.4536	11.7	728536 ± 151774	470860 ± 306512	665595 ± 140211	582805 ± 161723
471,603,749,795	1 x pentos 1 x methylpentose	795.4536	13.8	550036 ± 42464	380767 ± 129601	494529 ± 57332	285280 ± 150650
471,633,795,957,1003	3 x hexose	1003.5115	8.5	60301 ± 7106	41708 ± 24516	60618 ± 18649	36844 ± 8278
471,633,795,957,1003	3 x hexose	1003.5115	9.3	47445 ± 9326	13747 ± 6648	32703 ± 11770	87323 ± 26478
455,617	1 x hexose	617.4059	15.9	143159 ± 29068	132769 ± 98284	175934 ± 61931	52051 ± 22730
455,617,779,941	3 x hexose	941.5115	10.2	22899 ± 4464	14295 ± 7815	25146 ± 5922	23357 ± 5447
455,617,779,941,987	3 x hexose	987.5170	10.7	21236 ± 2477	16389 ± 7742	27686 ± 5895	38374 ± 8331
455,617,779	2 x hexose	779.4587	11.0	99602 ± 24999	62016 ± 54628	68706 ± 46239	86853 ± 28604
455,617,779	2 x hexose	779.4587	11.5	71824 ± 16651	52094 ± 28782	68902 ± 18317	75586 ± 28924
455,617,779	2 x hexose	779.4587	14.2	29037 ± 6717	15961 ± 11135	23933 ± 1307	19142 ± 2578
455,617,779,825	2 x hexose	825.4642	11.3	29293 ± 1026	20550 ± 10861	26234 ± 4644	30276 ± 7026
455,617,779,825	2 x hexose	825.4642	13.3	321419 ± 118351	201969 ± 167251	291024 ± 109151	266926 ± 75364
455,617,779,825	2 x hexose	825.4642	14.5	2161276 ± 255225	1722183 ± 777331	2351852 ± 301176	1599796 ± 531805