Specific Combinations of Physiological Tau Phosphorylation Regulate Tau-Microtubule Interactions in Developing Neurons

Nima N Naseri[1,2], Tian Xu[3], Sapanna Chantarawong[2], Steven M Patrie[3], Neil L Kelleher[3], Manu Sharma[4], Ophir Shalem[2,3], Elizabeth Rhoades[1,6]

[1]Department of Chemistry, University of Pennsylvania, Philadelphia, PA, USA

[2]Center for Cellular and Molecular Therapeutics, Children's Hospital of Philadelphia, Philadelphia, PA, USA

[3]Department of Chemistry, Northwestern University, Evanston, Illinois 60208, United States

[4]Appel Institute for Alzheimer's Research, and Feil Family Brain & Mind Research Institute, Weill Cornell Medicine, New York, NY, USA

[5]Department of Genetics, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA

[6]Department of Biochemistry and Biophysics, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA

ABSTRACT

Tau phosphorylation is a defining feature of Alzheimer's disease, yet it also plays an essential physiological role in stabilizing microtubules (MTs) during normal neuronal development. While individual phosphorylation sites have been well-studied in pathology, it remains largely unknown how combinatorial phosphorylation is regulated under physiological conditions. Here, we uncover distinct, site-specific phosphorylation patterns on tau in developing human neurons. With top-down mass spectrometry we find that functional, endogenous tau is highly modified, with up to 21 phosphates per molecule. We identify patterns of co-occurrence between phosphorylation sites that are in proximity in the linear protein sequence, such as epitopes S202/T205/T212/T217 and T231/S235/S262. Moreover, these phospho-epitopes define discrete pools of tau and regulate tau-MT interactions in coordination, providing a mechanism for fine-tuning the binding of tau to MTs. Intriguingly, we find that co-occurring phospho-epitopes are dynamically regulated in response to changes in MT integrity; chemical perturbation of neuronal MTs promotes rapid tau dephosphorylation by phosphatase PP2a at most sites to enhance tau-MT interactions and counteract destabilization. We then use the PS19 tauopathy mouse model to demonstrate that developmental and pathological tau phosphorylation patterns partially overlap, and that co-occurring phospho-epitopes exhibit similar associations with the insoluble fraction in aged mice. Our results reveal an isoform-dependence on the effects of site-specific tau phosphorylation on its behavior. Together, these findings define a combinatorial phosphorylation code that modulates tau's physiological function in neurons and raises the possibility that MT destabilization precedes tau phosphorylation in disease. This work provides a mechanistic framework for distinguishing functional from pathological tau phosphorylation, with implications for the development of therapies that specifically target disease-associated tau proteoforms.

INTRODUCTION

Hyper-phosphorylation of the microtubule (MT)- associated protein tau is strongly correlated with neuropathology in tauopathies including Alzheimer's disease (AD)[1-3]. Substantial evidence supports that tau's properties are significantly altered by post-translational modifications (PTMs) at specific residues, and that accumulation of these phosphate groups is found in intracellular deposits of aggregated tau. There is considerable discrepancy over whether any of these phospho-sites, of which there are over 80 potential sites in tau, are truly causative for aggregation[4] or merely correlated with disease progression. However, several sites are canonically associated with fibrillar aggregates found in disease. These include phosphorylation at sites primarily throughout the proline-rich region (PRR; comprised of domains P1 and P2) and the C-terminal domain at residues T181, S202, T205, T212, S214, T217, T231, S235, S262, S396, S404, S416 and S422 (**Fig. 1a**). Phosphorylation at sites T181 and T217 are currently the most precise tau biomarkers for AD diagnosis[5-8].

The relationship between tau phosphorylation and its physiological state is complex; in numerous organisms, including humans and rodents, tau is highly phosphorylated during normal fetal brain development, underscoring a functional, regulatory role for many phosphorylation sites[9-12]. In fact, many of the same phospho-

sites that are canonically associated with tau aggregates in disease are also present at this stage of development, when phospho-tau (p-tau) is highly soluble and functional. Adding to the complexity is that there are 6 tau isoforms expressed in the adult CNS. The shortest tau isoform, 0N3R (**Fig. 1a**), is exclusively expressed in fetal tissue, whereas isoforms 0N3R, 0N4R, 1N3R and 1N4R comprise the majority of tau in adult brains[13]. However, much of the biochemical tau research has focused on the longest isoform, 2N4R, despite its relatively low fraction in adult brains and negligible presence in fetal brains. The extent to which phospho-regulation of tau function is isoform-dependent is underexplored, but may be particularly relevant in the fetal brain, as the alternatively spliced regions are highly charged (net negative for N-terminal inserts, N; net positive for the repeat-regions insert, R), and thus their inclusion/exclusion may be integral to the effects of negative charges or other physico-chemical changes conferred by phosphorylation.

While the MT-binding domain (MBD) of tau has been the focus of intense research in promoting tau aggregate assembly, the adjacent flanking PRR and R' domains are the primary regulatory regions of tau-MT dynamics. The PRR is the most abundantly phosphorylated domain in tau[14]. As compared to the MBD, the PRR is more competent in promoting MT assembly from soluble tubulin[15], and tau binding to both soluble tubulin and MTs is greatly diminished by phospho-mimic mutations to the PRR[16,17]. The presence of the PRR is critical for tau's ability to bind to MTs[18]; in fact, the MBD shows only weak affinity for MTs on its own[15,19]. Therefore, charge alterations to the PRR by phosphorylation are highly regulatory to tau-MT interactions, likely in a site-specific manner[20-22].

Broadly, phosphorylation to tau is thought to enhance its dissociation from MTs, or inhibit its binding to growing MTs, to facilitate axonal outgrowth during development. Elevated levels of tau phosphorylation have been observed in fetal human brains[11,12], supporting its physiological role in early neurodevelopment. Experimental strategies to increase tau phosphorylation – such as *in vitro* incubation of recombinant tau with kinases[23] or phosphatase inhibition via okadaic acid treatment[24] – can also induce high levels of tau phosphorylation in non-neuronal cell culture models. However, these methods are generally non-specific to phospho-epitopes in tau and may affect multiple substrates beyond tau. The complexity of tau phosphorylation is underscored in its regulation through both physiological and pathological processes. For instance, phosphorylation at one site may prime or enhance phosphorylation at additional sites, illustrating the coordinated action of multiple PTMs to a single tau molecule[25-28]. In disease contexts, phosphorylation at specific residues, such as S262 and S356, has been reported to exert opposing effects on tau's assembly into aggregates[29-32]. Such conflicting findings may reflect the influence of combinatorial PTMs rather than the effects of individual phosphorylation events in isolation.

Beyond regulation of tau-MT interactions, some p-tau species have been suggested to localize to specific cellular compartments[33-35]. However, there is unclarity in whether site-specific phosphorylation directs tau to specific regions or instead tau is site-specifically modified in different regions. An alternative possibility is that different p-tau species exist as distinct pools of proteins.

Here, we systematically characterize the role of site-specific phosphorylation in fetal tau using iPSC-

derived human neurons (i[3]Neurons, referred to hereafter as iNeurons), which endogenously express high levels of phosphorylated tau. We show that tau phosphorylation occurs not as isolated modifications but in co-regulated combinations of specific sites. While phosphorylation is generally thought to diminish tau's interaction with MT, our data reveal a reciprocal relationship in which MT destabilization triggers rapid, site-specific changes in tau phosphorylation. These dynamic responses point to the existence of distinct pools of tau defined by their combinatorial phospho-patterns. We then connect physiological regulation with disease states by comparing these patterns in iNeurons with aged PS19 tauopathy mouse brains, uncovering both shared and divergent features, including isoform-specific effects of phosphorylation and enrichment of co-occurring phospho-epitopes in insoluble tau. Together, our findings suggest that combinatorial phosphorylation is not only a mechanism for regulating tau function in healthy neurons, but also a potential driver of tau aggregation in disease.

RESULTS

Throughout this study, we used validated antibodies against specific p-tau sites[36-38]. We also validated these antibodies in mouse brains and human iNeurons by tau knockout and knockdown, respectively.

Tau is physiologically hyperphosphorylated in human iNeurons.

Extensive phosphorylation to the fetal tau isoform, 0N3R, is reported in multiple organisms including developing avians[9], rodents[10] and humans[11,12]. Based on this high abundance in fetal neurons from various species, we postulated that a naïve neuronal model would be ideal for further exploring physiological tau phosphorylation. Therefore, we turned to human iPSC-derived induced neurons (iNeurons), which suitably recapitulate an embryonic environment[39-41], for our studies.

Numerous phosphorylation modifications to tau were readily detectable by Western blot in iNeurons, which pre-dominantly express the fetal 0N3R isoform. Many canonical AD-relevant antibodies that we probed were detected in iNeurons, including against sites pT181 (AT270 epitope), pS202/pT205 (AT8 epitope), pT212, pT217, pT231 (AT180 epitope), pS235, pS262, pS396, pS404 and pS416 (**Fig. 1b**).

Despite exclusively using previously validated p-tau antibodies in this study, most have not been specifically tested for tau reactivity in iNeurons. Additionally, iNeurons may express low levels of 1N3R and 2N3R tau[42], limiting our ability to draw precise conclusions about the fetal 0N3R isoform. We overcame these limitations by first generating a tau knockdown (tau[KD]) iPSC model. We used CRISPR-interference to knockdown endogenous tau in human Ngn2-iPSCs expressing dCas9-KRAB$_{(KOX1)}$ by transducing a sgRNA targeting *MAPT* (tau[KD] iPSCs). After neuronal differentiation, this approach resulted in near-complete tau depletion compared to cells transduced with a non-targeting control (NTC) sgRNA (**Fig. S1a**). Unlike tau knockout models, tau knockdown did not lead to compensatory upregulation of the MT-associated proteins (MAPs) MAP1A, MAP1B or MAP2 (**Fig. S1b**). A key advantage of this tau[KD] model is that individual tau isoforms can be re-introduced post-differentiation via lentiviral transduction and titered to approximately endogenous levels (**Fig. S1c**), enabling

specific comparisons between tau isoforms without confounding compensation by other MAPs. Using this model, we focused our investigation on the fetal 0N3R tau isoform in developing neurons. Importantly, p-tau antibody specificity for tau was clearly demonstrated, apart from epitopes T212/S214, S214 (independently) and S422 (**Fig. S1d**). For the remainder of this study, we performed measurements in iNeurons either on endogenous tau (3R) or used this exogenous isoform-specific model to facilitate comparisons of 0N3R vs 0N4R tau, as indicated.

The ease of p-tau detection in iNeurons intrigued us to explore the extent of phosphate addition per tau molecule. We applied top-down mass spectrometry, which enables analysis of PTMs on intact proteins, to quantify precise stoichiometries of phosphorylation of endogenous tau that was immunoprecipitated from iNeurons. A mean of 12.2 and median of 12.0 phosphates per tau protein were detected. Phosphorylation levels per tau molecule were quantitatively characterized by four distinct cluster groups: the first around 1-6 phosphates per tau, the second around 7-10 phosphates per tau, the third around 11-18 phosphates per tau, and the fourth around 19-21 phosphates per tau (**Fig. 1c** & **S2**). Within each cluster, the most frequent number of phospho-modifications were 5, 8, 14 and 19 phosphates per tau. Additionally, acetylation was detected for tau molecules modified with at least 11 but not fewer phosphates (**Fig. S2**). Based on past qualifiers that >7 phosphates per tau protein are indicative of tau hyperphosphorylation[12], the high phosphorylation stoichiometries indicate that a significant fraction, approximately 82%, of fetal tau is physiologically hyperphosphorylated in iNeurons. These results reveal diverse populations of tau molecules that are phosphorylated in varying stoichiometries in potentially distinct combinations.

We used an orthogonal approach, p-tau immunoprecipitation followed by back-calculation based on immune-capture efficiencies, to estimate the frequency of site-specific phosphorylation to fetal tau in tau[KD] iNeurons expressing 0N3R[EGFP]. We asked the following question: when a quantifiable amount of tau is recovered from a known amount of starting lysate, what percentage of that protein is positive for phosphorylation at the captured phospho-epitope? To answer this question, we calculated the recovery of p-tau by immunoblotting using a pan-tau antibody, and then normalized this value to the recovery of the immunoprecipitated phospho-site to estimate the frequency of phosphorylation at that phospho-epitope[43]. In agreement with the top-down mass spectrometry results, we estimated the phosphorylation frequency of several phospho-epitopes in 0N3R tau to be as high as ~70%: Phospho-sites pT217 and pS235 were uncommon (<20%), pT181 and pT212 were moderately common (>20%), and pS202/pT205, pT231 and pS396 were abundant (>45%) (**Fig. 1d**).

Together, these results demonstrate that phosphorylation to 0N3R tau is highly abundant in developing iNeurons, underscoring the functional role for this regulatory modification during normal neuronal development.

Tau is phosphorylated in site-specific combinatorial patterns in iNeurons.

Having identified high stoichiometries of tau phosphorylation in iNeurons, we next asked whether phosphorylation patterns are random or occur in distinct combinations. A major caveat of using Western blots to measure changes to phosphorylation levels in a protein of interest is that combinatorial PTMs at the single-

molecule level cannot be measured. Meanwhile, the regulation of tau-MT interactions may be dependent upon combinatorial phosphorylation to tau rather than single amino-acid modifications. Some combinations of phosphorylation have previously been observed in tau aggregates at epitopes such as S202/T205, T212/S214, T231/S235 and S396/S404[44-48]. However, combinatorial occurrences of tau phosphorylation are generally understudied, particularly in the physiological state. We reasoned that specific combinations of tau phosphorylation could be measured to predict specific fetal tau phospho-proteoforms.

To investigate potential co-occurrence of phosphorylation sites of tau in iNeurons, we asked: when tau is phosphorylated at a given site, what is the likelihood that it is also phosphorylated at a second site? To address this question, we examined tau's phosphorylation signature by immunoprecipitating p-tau at individual phospho-epitopes, followed by probing for co-occurring phosphorylation at additional sites (**Fig. 2a**). Immunoprecipitation was performed under denaturing conditions using site-specific p-tau antibodies targeting the most prominent AD-relevant epitopes within the PRR (T181, S202/T205, T212, T217 and T231) and one epitope in the C-terminus (S396). Immunoprecipitated p-tau was detected by Western blot, and co-occurring phosphorylation was assessed by co-blotting with a panel of p-tau antibodies spanning the PRR (T181, S202/T205, T212, T217, T231, S235), MBD (S262) and C-terminus (S396, S404, S416) (**Fig. 2b**). To estimate co-occurrence frequencies between two PTMs, the signal for each secondary phospho-site (normalized to input) was divided by the signal for the primary immunoprecipitated site (also normalized to input).

This approach yielded numerous unique patterns of co-occurring phospho-sites, indicating that tau phosphorylation follows non-random, site-specific patterns (**Fig. 2c**). First, we searched the dataset for previously reported co-occurrences to validate our approach. Consistent with earlier findings, two well-characterized co-occurrences, pS396/pS404 and pT231/pS235, were among the most frequently observed combinations. Specifically, phosphorylation at S396 was associated with a ~61% probability of concurrent phosphorylation at S404. Similarly, tau phosphorylated at T231 exhibited a ~41% likelihood of co-occurring phosphorylation at S235.

We next sought to identify novel patterns of tau phosphorylation by ranking the top ten most common pairwise co-occurrences (**Fig. 2d**, *left column*). From highest to lowest co-occurrence, the most prominent dual combinations of phospho-epitopes were as follows (with the immunoprecipitated site underlined): pS202/pT205/pS396 (68%); pS396/pS404 (61%); pS202/pT205/pT212 (61%); pT181/pS396 (58%); pT212/pT217 (54%); pT181/pS202/pT205 (52%); pT212/pS396 (46%); pT181/pT217 (45%); pT181/pT231 (42%); pT231/pS235 (41%).

As an example, tau phosphorylated at T217 was also phosphorylated at T212 in ~54% of cases. Interestingly, the reverse relationship was not as prevalent: only ~8% of tau phosphorylated at T212 also carried phosphorylation at T217. Such asymmetric patterns suggest that phosphorylation at specific sites (e.g., T212) may act as a priming event for subsequent phosphorylation at a second epitope (e.g., T217), revealing potential hierarchical or sequential relationships among tau phosphorylation events.

Next, we explored this dataset to infer potential combinations of three simultaneous co-occurrences.

While two-dimensional matrices such as this one are informative for evaluating pairwise probabilities, they do not account for how a third site may influence, or be influenced by, an existing pair. For example, a high probability of co-occurrence between A and B [$P(A,B)$], and between B and C [$P(B,C)$], does not necessarily imply frequent co-occurrence of A, B and C together. To address this limitation, we applied minimum linkage analysis, a relatively conservative approach that estimates the probability of triple co-occurrence by using the weakest pairwise link among the three sites (i.e., $P(A,B,C)$=[minimum of $P(A,B)$, $P(A,C)$, $P(B,C)$]), to predict potential combinations of triplet PTMs. Using this metric, the top ten triplets were ranked from highest to lowest estimated co-occurrences to predict the most likely sets of three simultaneously co-occurring tau phospho-epitopes (**Fig. 2d**, *right column*). Some of the most frequent co-occurrences may indicate specific tau phospho-proteoforms (**Fig. 2e**).

The pairwise and triplet analyses revealed robust linkages between specific phospho-epitopes, which we subsequently grouped into functional clusters for the remainder of this study. Frequent co-occurrences were observed between S202/T205, T212 and T217, forming a tightly associated cluster (color-coded blue). A second cluster emerged linking T231 with S235 and S262 (color-coded red). In contrast, phosphorylation at T181 and S396 was broadly distributed, indicating more promiscuous co-occurrence patterns (color-coded gray). Finally, S404 and S416 co-occurred most strongly with S396, and to a lesser extent with T217 and T212, forming a distinct subgroup (color-coded magenta).

These patterns of co-occurrences suggest that tau phosphorylation is not a random process. The frequent co-occurrence of certain phospho-epitopes may reflect coordinated regulation by shared kinases or shared functional consequences in modulating tau's biochemical properties and behavior. Accordingly, we hypothesized that specific combinations of phosphorylation may define distinct pools of tau, each potentially associated with unique functional roles.

Site-specific phosphorylation to tau is associated with distinct pools of proteins.

Tau phosphorylation regulates tau-MT interactions, although molecular details are lacking for many individual phosphorylation sites, and combinatorial effects are even more poorly characterized. Given that different p-tau species were observed in unique phosphorylation combinations, we asked whether specific phospho-epitopes that exhibit high levels of co-occurrence exhibit similar sub-cellular localizations. We tested this hypothesis by fractionating MTs from iNeurons to assess whether specific phospho-epitopes are associated with MT-bound or cytosolic pools of tau.

We first separated pools of cytosolic MT-free tau from MT-bound tau by fractionating MTs from tau^{KD} iNeurons expressing the 0N3R isoform. Effective MT fractionation was indicated by separation of detyrosinated α-tubulin, a marker for intact MTs, from neuron-specific enolase (NSE), a marker for neuronal cytosol and plasma membrane (**Fig. 3a & S3**). Approximately 43% of tau and 77% of β-tubulin III was found in the MT-bound fraction (**Fig. 3b**). We then probed each fraction for p-tau to quantify the proportion of p-tau associated with the MT-bound pool (**Fig. 3b**).

We observed that tau phosphorylated at sites in the P2 domain of the PRR, proximal to the MBD (T231,
S235), and in the R1 domain (S262) was found almost exclusively in the cytosolic fraction, while phosphorylation
to the N-terminal segment of the P2 domain (sites S202/T205, T212 and T217) was more strongly associated
with MTs. These localizations are consistent with the idea that the PRR can regulate tau-MT binding
independently of the MBD. Phosphorylation in the P1 domain (T181) and C-terminal domain (sites S396, S404
and S416) was also more likely to be found in the MT fraction. Overall, we observed a bimodal distribution, in
which tau that was phosphorylated outside of the last 15 residues of the P2 domain in the PRR + early MBD
residues (T231, S235, S262) was more likely to be associated with the MT fraction compared to those within this
region.

This bimodal effect was further emphasized by grouping phospho-epitopes with strong co-occurrence
linkages together for a more convenient presentation of the data (**Fig. 3c**). As previously described, phospho-
sites were categorized by the following color schematic: gray (T181, S396), blue (S202/T205, T212, T217), red
(T231, S235, S262) and magenta (S404, S416). For clarity and consistency, we maintained this consolidated
grouping throughout the remainder of the analyses. Data corresponding to each independent phospho-epitope
are available in the supplementary information.

Overall, these findings indicate that tau that is phosphorylated at different phospho-epitopes is associated
with distinct pools of MT-bound and cytosolic localizations.

262   *Specific tau phospho-sites are co-regulated in response to MT damage and recovery.*

We next asked whether the regulation of site-specific tau phosphorylation in iNeurons aligned with
observed patterns of co-phosphorylation. Based on canonical models of tau-MT binding in neurodegeneration,
phosphorylation to tau is thought to displace it from MTs, facilitating MT depolymerization. This line of reasoning
seems counterintuitive in the context of developing neurons, which display high stoichiometries of tau
phosphorylation while maintaining dynamic, elongating neurites comprised of polymerized MTs. Therefore, we
considered an alternative hypothesis that phosphorylation to tau may also be influenced by the stability of MTs,
rather than acting only as its primary regulator.

We tested this hypothesis by pharmacologically manipulating the neuronal cytoskeletal network using
small molecules and assessed the impact on site-specific tau phosphorylation. MTs were destabilized using
either nocodazole or demecolcine or stabilized using paclitaxel; as a control, actin filaments were depolymerized
using latrunculin A (**Fig. 4a & S4a**). MT disruption with nocodazole or demecolcine led to pronounced tau
dephosphorylation at numerous phospho-epitopes including S202/T205, T212 and T217, and more modest
dephosphorylation at T231, S235 and S262. Intriguingly, MT disruption resulted in increased tau phosphorylation
in the C-terminus at epitopes S404 and S416. MT stabilization with paclitaxel produced similar tau
dephosphorylation patterns at epitopes S202/T205, T212, T217, though effects at T231, S235 and particularly
S262 were less pronounced. In contrast, actin depolymerization had minimal impact on tau phosphorylation at

most of the measured epitopes (**Fig. S4b**). Together, these results suggest that site-specific tau phosphorylation is differentially regulated in response to changes to MT stability.

We expanded upon this finding by measuring how phosphorylation to tau is modulated in response to MT growth cycles. We induced MT catastrophe in iNeurons using a brief (5 minute) cold exposure followed by either short- or long-term nocodazole treatment for 15 or 90 minutes, respectively, to analyze the cellular response to acute versus sustained MT damage. The 90-minute nocodazole treatment group was followed by washout and allowed to recover for either 1, 3 or 6 hours to test for site-specific regulation of tau phosphorylation levels during re-stabilization of MTs (recovery phase) (**Fig. S5a**).

First, we measured the loss of MT stability during nocodazole treatment and after washout. Nocodazole treatment disrupted the spindle-like cytoskeletal lattice that was clearly visualized in the control group but was diminished by 90 minutes of treatment: Cytoskeletal spindles were detectable again in the soma by 3 hours after nocodazole washout (**Fig. S5b**). The axonal localization of tau was also disrupted and recovered during this same timeline. These visual findings were corroborated by immunoblot against detyrosinated α-tubulin and K40-acetylated α-tubulin, markers of stable MTs, which were reduced to ~50% of control levels and recovered to ~75% at 3 hours after nocodazole washout (**Fig. 4b,c**).

Next, we correlated changes to p-tau phosphorylation signatures throughout the treatment and recovery periods with MT collapse and re-stabilization (**Fig. 4b,d** and **S5c**). Tau phosphorylation dynamics during MT disruption and recovery could be classified into four distinct groups. The first group, comprised of T181 and S396 (gray line), was not significantly impacted by nocodazole treatment or washout. The second group (S202/T205, T212, T217; blue line) underwent strong dephosphorylation (~23% of control levels) in response to nocodazole treatment followed by rapid re-phosphorylation after nocodazole washout (recovery to ~64% of control levels). The third group (T231, S235 and S262; red line) exhibited delayed and more modest dephosphorylation in response to nocodazole treatment (~45% of control levels), with limited levels of re-phosphorylation after nocodazole washout (recovery to ~54% of control levels). Phosphorylation at these six epitopes (S202/T205, T212, T217, T231, S235, S262) continued to decrease until 1 hour into the recovery phase, even after detyrosinated α-tubulin and acetylated α-tubulin levels had stabilized. More specifically, changes to phospho-epitopes S202/T205, T212 and T217 closely mirrored the changes to MT stability throughout the time course, while phosphorylation at epitopes T231, S235 and S262 exhibited similar but slower dephosphorylation and re-phosphorylation trends. The rapidly dephosphorylated epitopes (S202/T205, T212 and T217) were more likely to be bound to MTs than the more slowly dephosphorylated epitopes (T231, S235 and S262) (**Fig. S5d**). Lastly, the fourth group included phospho-sites in the C-terminus (S404, S416; magenta line) which were conversely rapidly phosphorylated within 15 min of MT collapse: phosphorylation at these sites continued to increase until the nocodazole was washed out (~175% of control levels), at which point these sites were immediately, rapidly dephosphorylated (~65% of control levels) in alignment with the timescale of MT stabilization, highlighting an inverse relationship with MT integrity. The prompt increase in phosphorylation at these two epitopes may reflect the importance of regulation at these sites for counteracting MT destabilization.

The patterns of site-specific dephosphorylation and phosphorylation in response to MT damage and recovery corroborated the most prominent phosphorylation co-occurrences that were observed in iNeurons (from **Fig. 2d**). For instance, pS202/pT205 and pT212 (~61% co-occurrence), pT212 and pT217 (~54% co-occurrence), pT231 and pS235 (~41% co-occurrence), and pT181 and pS396 (~58% co-occurrence) were similarly impacted by nocodazole treatment and washout. These coordinated changes support the notion that these sites are not only frequently co-phosphorylated but also co-regulated in response to shifts in MT stability.

Although nocodazole treatment did not impact total (pan) tau or β-tubulin III levels, both proteins were non-significantly upregulated after nocodazole washout, suggesting a potential compensatory cellular response to counteract MT destabilization by increasing tau and tubulin levels (**Fig. 4b,c**). Notably, changes to tau phosphorylation occurred prior to this upregulation; therefore, the observed patterns of dephosphorylation and phosphorylation were independent of new protein translation.

In conjunction with our previous MT-fractionation data, the unique patterns of site-specific dephosphorylation in response to MT growth cycles suggest that dephosphorylation of a subset of sites is most critical to tau to binding to MTs to counteract effects of destabilization. While phosphorylation at sites T181, S396, S202/T205, T212 and T217 remained unchanged or quickly recovered during MT recovery, sites T231, S235 and S262 were likely sustained in the dephosphorylated state to support MT re-stabilization. These data highlight a critical role for phosphorylation at sites T231, S235 and S262 in regulating tau's interaction with MTs during recovery. In contrast, the immediate phosphorylation increases at S404 and S416 suggest that these modifications may promote or stabilize tau's association with MTs. More broadly, our data show that site-specific tau phosphorylation is dynamically regulated by MT stability in distinct combinatorial patterns, with co-regulated clusters including T181-S396, S202/T205-T212-T217, T231-S235-S262 and S404-S416.

Tau dephosphorylation by PP2a is necessary to stabilize shrinking MTs.

These biochemical assays suggest that there are distinct pools of p-tau in developing neurons. As MTs undergo collapse, specific p-tau sites are dephosphorylated, shifting the equilibrium toward increased tau binding to MTs, potentially as a compensatory mechanism to counteract MT catastrophe. As cellular conditions become conducive to MT regrowth or repair, these same sites are re-phosphorylated, tipping the balance back toward less MT-bound tau and restoring dynamic flexibility. This regulatory model contrasts with the prevailing view in neurodegeneration that phosphorylation to tau is thought to drive MT destabilization by disrupting tau's MT-binding capacity. Our findings instead raise the possibility that, at least in the context of development, changes in MT stability precede and influence site-specific tau phosphorylation. Taken together, these observations suggest that tau phosphorylation can function both as a consequence and a driver of MT stability, with the directionality of this relationship potentially differing between physiological and pathological states.

We tested this hypothesis by manipulating the molecular pathways that regulate tau dephosphorylation and phosphorylation during MT collapse and regrowth. Thus, we sought to identify the phosphatases and kinases

that are activated during this process. First, we measured phosphatase and kinase activation for enzymes that have been previously implicated in tau regulation[10,25]. We found that the phosphatase PP2a was activated during nocodazole treatment, concurrent with the period of tau dephosphorylation (**Fig. 5a & S6**, *top panel for each*). The kinases Erk1/2 and Akt1 were activated after nocodazole washout, aligning with the period of tau re-phosphorylation (**Fig. 5a & S6**, *middle two panels for each*), whereas the kinase GSK3β was activated as soon as 15 minutes after nocodazole treatment (**Fig. 5a & S6**, *bottom panel for each*), preceding the period of phosphorylation of most tau sites except for S404 and S416.

Next, we tested the functional consequences of tau dephosphorylation and re-phosphorylation on MT stability by pharmacologically modulating phosphatase and kinase activity. We combined phosphatase inhibition with nocodazole treatment to assess the role of tau dephosphorylation during MT collapse, and applied kinase inhibition during the recovery period to test for the impact of blocking tau phosphorylation during MT recovery. Among the kinase inhibitors that we tested – targeting Akt1 (AKT1 inhibitor VIII), Erk1/2 (Erk1/2 inhibitor I) and GSK3β (BIO) – only the Akt1 inhibitor was both effective and selective for its intended target in iNeurons during the tested timeline (**Fig. S7a,b**). Akt1 inhibition resulted in only a modest improvement in MT stability compared to DMSO treatment (**Fig. S7b**), suggesting that blocking tau phosphorylation at sites that are targeted by Akt1 during MT recovery has a limited effect on MT stabilization. These findings imply that blocking tau dephosphorylation during MT collapse may play a more critical role in maintaining MT integrity.

In support, phosphatase inhibition during MT collapse had a dramatic effect on MT stability. We tested two small pharmacological inhibitors of PP2a, LB-100 (reversible) and Calyculin A (irreversible), to inhibit PP2a activity during nocodazole treatment for 90 minutes. Following treatment, both nocodazole and the inhibitors were washed out, and cells were allowed to recover for 3 hours. Successful PP2a inhibition was confirmed by anti-pPP2a immunoblot (**Fig. 5b**). LB-100 treatment reduced MT stability compared to DMSO, but MTs were able to recover after washout (**Fig. 5b-d**). In contrast, treatment with the potent PP1/PP2a inhibitor Calyculin A led to severe MT destabilization, and they were not able to recover after washout due to the irreversible nature of inhibition.

We correlated these changes in MT stability with tau phosphorylation by measuring the impact of PP2a inhibition on tau's phosphorylation state during nocodazole treatment. We compared mild inhibition by LB-100 with potent inhibition by Calyculin A to tease out specific tau phospho-epitopes that may be critical for stabilizing shrinking MTs. As expected, PP2a inhibition correlated with reduced dephosphorylation at multiple phospho-epitopes, including S202/T205, T212, T217, T231, S235 and S262, while phosphorylation at T181, S396, S404 and S416 remained largely unaffected (**Fig. 5c,e & S8**). Of note, Calyculin A treatment resulted in dramatically higher levels of phosphorylation at phospho-epitopes T212, S235, and especially at S262, reinforcing that dephosphorylation of these residues is critical for tau's capacity to stabilize shrinking MTs.

Phospho-tau is abundant and soluble in developing mouse brains.

Our findings on the combinatorial regulation of physiological tau phosphorylation patterns in iNeurons

motivated us to compare our results with previous studies in other system models. We asked how similar tau

phosphorylation modifications are between the developmental and pathological states, as others have done[10-

12]. Therefore, we turned to wildtype and PS19 tauopathy mouse models to further investigate the nature of fetal

tau phosphorylation *in vivo*.

First, we probed for site-specific tau phosphorylation during embryonic development by dissecting

wildtype embryonic mouse brains at 12 days post-gestation (embryonic day 12, or *E12*). As reported by others,

we observed robust immunoreactivity for several canonical AD-relevant p-tau epitopes, including S202/T205,

T231, S235, S262, S396, S404, S416 and S422 (**Fig. 6a**). To investigate the subcellular distribution of p-tau, we

focused on pS404, which was readily detectable in primary neuron cultures derived from wildtype embryonic

mouse brains (**Fig. 6b**). Notably, the localization patterns for pS404 and α-tubulin were extremely similar,

suggesting that, as in iNeurons, tau that is phosphorylated at S404 remains capable of associating with MTs.

Next, we asked how p-tau levels change over the course of aging. An aging time course of wildtype mice

revealed that pan-tau levels were ~20-fold higher at P0 compared to 1-year-old mice (**Fig. 6c**). A modest band

shift in pan-tau signal at P0 to P31 and onwards likely represents an isoform switch from highly phosphorylated

3R to less phosphorylated 4R tau. The band shift representing isoform switching was more prominent when we

probed for changes to several phospho-sites. When normalized to pan-tau levels, several of these phospho-

sites were most highly enriched at post-natal day 0 (P0), while some sites such as pS202/pT205, pT231 and

pS396 were bimodally expressed at birth and again at 1-year of age, but less so in between. Overall, these data

are aligned with the presence of physiological tau phosphorylation in developing brains and are consistent with

prior studies in rats, avians and humans.

In contrast to the age-dependent decline in total and p-tau levels observed in wildtype mice, tauopathies

such as AD are characterized by an aberrant, age-related increase in p-tau. This distinction prompted us to

compare site-specific phosphorylation patterns of tau between fetal mouse brains – representing a

developmental stage with physiologically high levels of tau phosphorylation – and aged tauopathy mouse brains

– a time when tau phosphorylation is largely ectopic. For this comparison, we utilized the PS19 tauopathy mouse

model, which overexpresses the 1N4R isoform of tau harboring the pathogenic P301S mutation and is well-

documented to develop insoluble tau deposits by 3 months of age[49]. Given that tau phosphorylation is frequently

used as a marker of its aggregation in AD, we also examined whether p-tau forms insoluble deposits in neonatal

PS19 mouse brains (P0) and compared them to 9-month-old PS19 mice. To this end, we assessed the levels

and solubility of p-tau across numerous phospho-epitopes at these two timepoints by fractionating soluble and

insoluble proteins and probing them using a panel of 11 site-specific p-tau antibodies (**Fig. 6d**).

We first compared p-tau levels, normalized to pan-tau, between the neonate and aged PS19 mice (**Fig.

6d,e**). In contrast to aged WT mice, numerous p-tau epitopes were readily detectable in aged PS19 mice, and a

clear mass shift was evident between 0N3R mouse tau at P0 compared to 1N4R human tau at 9-months.

Phosphorylation at sites T212/S214 (AT100 epitope) and S235 was barely detectable at P0 but showed a non-

significant >3-fold increase and a significant >4-fold increase, respectively, by 9-months of age. In contrast, phosphorylation levels, normalized to pan-tau, in the 9-month-old PS19 mice were a fraction of those found in neonates at several phospho-epitopes including at sites S202/T205 (~93% lower), T231 (~72% lower), S262 (~64% lower) and S396 (~70% lower). No significant differences in tau phosphorylation, normalized to pan-tau, were observed between P0 and 9-month-old PS19 mice at phospho-sites T181, T217, S404, S416 or S422, suggesting comparable phosphate occupancy at these sites across both timepoints. Together, these results highlight conserved and divergent patterns of tau phosphorylation that may distinguish physiological from pathological modifications.

We next evaluated the solubility of p-tau across developmental and pathological time points. In both P0 and 9-month-old PS19 mice, the majority of pan-tau (anti-Tau5) was recovered in the soluble fraction (**Fig. 6d,f**). The high percentage of pan-tau solubility observed in the aged mice likely reflects the considerable overexpression of tau in this transgenic model, because >4-fold more pan-tau was found in the insoluble fraction in the 9-month-old compared to neonatal PS19 mouse brains. Substantial differences in p-tau solubility were evident between neonatal and 9-month-old brains. In aged mice, several phospho-epitopes were predominantly associated with the insoluble fraction, especially at phospho-epitopes S202/T205 (~61% soluble), T212/S214 (~33% soluble), T217 (~50% soluble) and strikingly at S422 (~17% soluble). Additional phospho-sites such as T181 (~82% soluble), T231 (~75% soluble), S235 (~84% soluble) and S262 (~75% soluble) also showed greater association with the insoluble fraction with age. In contrast, phosphorylation at C-terminal sites S396 (~94% soluble), S404 (~91% soluble) and S416 (~94% soluble) remained largely in the soluble pool. In the 9-month-old mice, the insoluble p-tau band was not infrequently mass-shifted upwards compared to the soluble p-tau signal, suggesting these higher bands may represent more heavily modified insoluble tau species. Notably, in neonatal brains, nearly all p-tau species examined were exclusively found in the soluble fraction, without any evident mass shifts between the soluble and insoluble fractions.

These data indicate that while there are many overlaps between physiological and disease-associated tau phosphorylation signatures, fetal p-tau does not form aggregates. This divergence between developmental (i.e., physiological) phosphorylation in the fetal brain and ectopic phosphorylation during aging may give rise to distinct p-tau species, some of which may be unique to either state.

Site-specific phosphorylation has differential effects on different tau isoforms.

Our data demonstrates that fetal tau is modified at many of the same phospho-epitopes as pathology-associated tau, and in some cases even more so, yet fetal tau does not form insoluble aggregates. A key distinction between neonatal and adult tau lies in their isoform composition: neonates exclusively express 3R tau, while adults express both 3R and the more positively charged 4R isoform. Importantly, 4R tau is not present during early development, when tau phosphorylation levels are highest, suggesting that the regulatory environment governing tau phosphorylation shifts as the brain matures. This age-dependent shift in tau isoform expression raises the possibility that site-specific phosphorylation may have different functional consequences

for 3R and 4R tau, potentially driven by differences in their intrinsic charges and by the age-context in which they are expressed.

One notable shortcoming of iNeurons is their inability to recapitulate the developmental transition from 3R to 4R tau following neuronal maturation[42]. To address this limitation, we returned to the tau^KD model that we generated earlier and lentivirally expressed a comparable isoform, 0N4R tau, to approximately endogenous levels (**Fig. S1c**). This system allowed us to directly compare the phospho-site-specific interactions of 4R tau with MTs, and to draw parallels to our earlier findings in 3R tau.

Using this model, we first validated that 0N3R and 0N4R tau displayed comparable levels of phosphorylation in the fetal iNeuron environment. Across most epitopes, phosphorylation levels were similar between the two isoforms, except at T231 and S235 (**Fig. S9a**), which were phosphorylated at lower levels in 0N4R compared to 0N3R tau. Importantly, these trends were independent of total tau expression levels for each isoform.

We next asked whether phosphorylation at these sites differently impacted 3R and 4R tau's association with MTs. Thus, we fractionated MTs from tau^KD iNeurons expressing 0N4R tau and quantified the MT-bound and cytosolic pools of p-tau, making direct comparisons to our previously established measurements for 0N3R tau (**Fig. 7a**). Although the percentage of MT-bound tau was equivalent for both 0N3R and 0N4R (~43 vs ~48%, respectively), phospho-0N4R was consistently more enriched in the MT fraction across nearly all epitopes (**Fig. 7a** and **Fig. S9b-d**). This difference was most dramatic at sites T217 and T231, where >2-fold more 0N4R tau was found in the MT-bound pool compared to 0N3R tau. Strikingly, more than 50% of phospho-0N4R tau was bound to MTs when phosphorylated at T181, S202/T205, T212, S396, S404 and S416, indicating that phosphorylation at these sites either is not as disruptive or may even enhance rather than diminish binding of 0N4R to MTs.

These findings suggest that 0N3R is more sensitive to phosphorylation at the same epitopes in terms of disrupting MT binding, whereas 0N4R tau retains some degree of its MT association despite phosphorylation at the same epitopes. The observed differences in MT binding between 0N3R p-tau and 0N4R p-tau appear two-fold: First, cytosolic pools of 0N3R p-tau were generally higher than those of 0N4R p-tau (**Fig. S9c**): Second, MT-bound pools of 0N4R p-tau exceeded those of 0N3R p-tau (**Fig. S9d**). In particular, pT231 and pS235 were reduced in the cytosolic fraction for 0N4R compared to 0N3R, while pT212, pT217 and pT231 were increased in the MT-bound fraction for 0N4R compared to 0N3R.

To directly test whether isoform-dependent effects of site-specific tau phosphorylation influence MT dynamics, we turned to a cell-free system to model and validate these interactions biophysically. While phospho-mimetic substitutions are widely used, their ability to accurately mimic endogenous phosphorylation remains uncertain. To address this, we performed recombinant MT polymerization assays using wildtype and a panel of site-specific phospho-mimetic variants of 0N3R and 0N4R tau. We cloned, expressed and purified recombinant forms of wildtype 0N3R and 0N4R tau, along with phospho-mimetic mutants generated via Thr>Glu or Ser>Glu substitutions at key sites identified from our neuronal dataset: T181, T217, T231, S235, S262, S396 and S404.

As independent phospho-mimetics do not account for combinatorial phosphorylation modifications, we
additionally generated three combinatorial phospho-mimetics based on the observed patterns in neurons:
T231E/S235E, T231E/S262E and S396E/S404E.

Using purified soluble tubulin from bovine brains, we assessed the capacity of each tau variant to promote
polymerization of soluble tubulin (**Fig. 7b**). Overall, most single-site phospho-mimetics impaired MT
polymerization compared to their wildtype counterparts, regardless of isoform. A notable exception was the
S262E mutation, which severely impaired the rate of MT polymerization by ~73% in 0N3R tau but had little to no
effect on 0N4R tau. Combinatorial phospho-mimetics revealed further divergent effects in the two tau isoforms.
The dual mutants T231E/S235E and T231E/S262E, which were identified by our co-linkage and co-regulation
analyses, markedly impaired MT polymerization activity by 0N3R but less so by 0N4R tau (**Fig. S10**). Although
individual mutations at T231E and S235E similarly reduced MT polymerization activity across both isoforms,
their combination (T231E/S235E) had an additive inhibitory effect on 0N3R's but not 0N4R's abilities to promote
MT polymerization. Consistent with our observations in neurons, phospho-mimetic mutations at S396E, S404E
and in combination had comparatively modest effects on MT polymerization by either tau isoform. These findings
are in concurrence with our neuronal data, indicating that 0N3R is more sensitive to the inhibitory effects of
phosphorylation than 0N4R tau, particularly at sites S262E and in multi-site phospho-mimetic contexts. In
support, correlation of p-tau bound to MTs (from iNeurons) with MT polymerization rates (from recombinant
proteins) emphasized a clear disruption by site-specific phosphorylation/phospho-mimics to 0N3R's (R^2=0.480)
but not 0N4R's (R^2=0.002) interaction with MTs (**Fig. 7c**).

DISCUSSION

PTMs like phosphorylation diversify the functions of proteins, yet they are often studied in isolation. Tau
is a striking example of PTM complexity, with over 80 potential phosphorylation and 40+ potential acetylation
sites, as well as additional modifications including methylation, ubiquitination, succinylation, *O*-GlcNAcylation
and others[14,50-52]. Our study explores the combinatorial landscape of tau phosphorylation in a physiological
context – one that may serve as a critical reference point to tau's behavior in disease. Future studies identifying
specific phospho-proteoforms in physiological and pathological contexts could reveal tau molecules that are
unique to the disease state.

For instance, by extending our analysis to aged wildtype and PS19 tauopathy mouse brains, we found
that while absolute phosphorylation levels and isoform expression differ, patterns of co-regulated phospho-sites
in iNeurons mirrored those found in insoluble tau fractions in aged PS19 mice (**Fig. 7d**). This raises the intriguing
possibility that combinatorial phospho-regulation contributes not only to MT association, but also aggregation
propensity in disease. While the comparison spans different isoforms – primarily 0N3R mouse tau in neonates
versus predominantly 1N4R[P301S] human tau in aged PS19 mice – this is unlikely to confound our interpretation,
as mouse and human tau share ~97.8% amino acid homology between T181 and the C-terminus, conserving

all phospho-sites probed in this study.

From the physiological perspective, we used iPSC-derived human neurons to show that endogenous
fetal tau is extensively phosphorylated, with up to 21 phosphate groups per molecule as measured by top-down
mass spectrometry – far exceeding prior estimates from fetal or AD brains[12,24,53,54]. Interestingly, a prior study
similarly identified two pools of p-tau centered around ~8 and ~14 phosphates per tau molecule, by utilizing
2N4R overexpression in insect cells[24]. However, in that study and in contrast to our current work, the cells were
pre-treated with phosphatase inhibitors prior to lysis to enrich p-tau; meanwhile, our results support a natural
higher level of p-tau in developing human neurons. Importantly, we identified that specific combinations of
phospho-sites are co-regulated, shifting in response to changes in MT stability. The exact kinases that target
each specific epitope in the context of a developing neuron are uncertain, though past studies have found that
numerous kinases, such as family proteins in the GSK3, CDK, ERK, JNK, p38, MAPK and other pathways, can
target multiple and often overlapping phospho-epitopes in tau[25,55-57]. These identified phospho-patterns appear
to define discrete tau proteoforms with distinct MT-binding properties, challenging the notion that phosphorylation
broadly reduces tau's MT association.

In developing neurons, tau phosphorylation appears responsive to MT growth cycles (**Fig. 8**). When MTs
destabilize, such as during the frequent collapse and regrowth cycles of axons, the first pool of p-tau species,
phosphorylated at S202/T205, T212 and T217, are dephosphorylated presumably to enhance tau's binding
capacity to tubulin/MTs. Then, a second pool of p-tau species (i.e., pT231, pS235, pS262) is dephosphorylated
to promote further MT stabilization. Based on our MT fractionation measurements for each phospho-epitope, the
rapid dephosphorylation of the first set of sites (S202/T205, T212 and T217) may indicate a cellular response to
increase the affinity of p-tau species which are already bound to MTs. Meanwhile, the slower dephosphorylation
of the second set of phospho-epitopes (T231, S235 and S262) may represent dephosphorylation of a
cytoplasmic fraction of tau, thus contributing to the overall population of dephosphorylated tau that is available
to promote MT growth and repair. Among the phospho-sites measured in this study, dephosphorylation at sites
T231, S235 and S262 appear to be the most critical for enhancing this interaction. Once MT stability is re-
established, these same sites are re-phosphorylated: first, epitopes S202/T205, T212 and T217 are
phosphorylated, possibly to facilitate dissociation of tau from MTs: then, tau is re-phosphorylated at sites that
strongly inhibit tau's binding to MTs (e.g., T231, S235 and S262) in order to maintain cytosolic pools of p-tau that
are dissociated from MTs. This paradigm contrasts with the prevailing view in neurodegeneration, where
increased tau phosphorylation is thought to cause MT destabilization. Our findings suggest a more nuanced
relationship: in physiological settings, tau phosphorylation responds to cytoskeletal changes, while in disease,
the inverse may occur – or both directions may be active in a pathological feedback loop.

Isoform composition further shapes tau's phospho-responsiveness. We show that 0N3R tau is more
sensitive than 0N4R tau to the inhibitory effects of specific phosphorylation sites on MT polymerization and
localization. In particular, dual phospho-mimetics (e.g., T231E/S235E, T231E/S262E) strongly suppress MT
polymerization by 0N3R but not 0N4R tau. This differential susceptibility may reflect an important developmental
switch: phosphorylation serves a regulatory role in 3R-dominant fetal tau, while the emergence of 4R tau in the

maturing brain may buffer tau's response to PTMs, or allow more fine-tuning of tau function, unless it is overwhelmed as in disease.

Our findings point to multiple layers of phospho-regulation that govern tau's function: site-specific, combinatorial and isoform-dependent. Many questions remain about how combinatorial tau phosphorylation is regulated and how it influences tau's diverse functions. Most of the pairwise and triplet phospho-combinations we identified are novel, leaving open how, when and where these phospho-proteoforms arise in neurons, and what roles they play beyond regulating tubulin/MT interactions. The diversity of phospho-proteoforms may allow tau to carry out distinct cellular roles, including MT regulation, tubulin-actin crosslinking, vesicle trafficking, or synaptic modulation, depending on its modification profile.

Importantly, our study has limitations. Phospho-specific antibodies may vary in affinity and can be affected by neighboring modifications, which may lead to underestimation of phospho-occupancy at certain sites. For example, T181 phosphorylation frequently co-occurred with other phospho-sites while also exhibiting high levels of independent phosphorylation, yet we estimated its occupancy at only ~35%. Another limitation is that the use of kinase/phosphatase inhibitors and cytoskeleton-targeting small molecules are non-specific, and may affect tau indirectly, outside of physiological pathways that normally modify MT stability. Future work using genetic approaches to modify trans-regulators of tau-MT interactions, high-resolution top-down proteomics or genetic code-expansion strategies to incorporate site-specific PTMs, could more precisely resolve how phospho-proteoforms are regulated and function.

As a whole, our results demonstrate that while fetal tau is extensively phosphorylated at many of the same sites implicated in tauopathy, it remains functionally distinct due to its isoform composition and differential sensitivity to phosphorylation. Compared to 0N4R tau, 0N3R tau exhibits a greater sensitivity to phospho-mediated disruption of MT interactions, suggesting that its role during early brain development involves finely tuned regulation by phosphorylation. The increased susceptibility of 0N3R tau to phospho-regulation may underlie its unique role during early neuronal development, when dynamic modulation of MT interactions is essential. Our findings underscore the importance of both combinations of site-specific phosphorylation patterns and isoform context in modulating tau function. Furthermore, the differential behavior of 0N3R versus oN4R tau in response to phosphorylation highlights a critical layer of regulation that may contribute to isoform-specific vulnerabilities observed in tauopathies.

In summary, we demonstrate that physiological tau phospho-proteoforms are tightly linked to MT dynamics, sensitive to isoform context, and organized in co-regulated clusters that may foreshadow aggregation behavior in disease. These insights reframe our understanding of tau regulation and highlight new avenues for exploring how phosphorylation contributes to tau function and dysfunction.

METHODS

Mouse lines and husbandry

Ethical Statement: All animal procedures including husbandry and experimental procedures, were performed according to NIH guidelines and approved by the Institutional Animal Care and Use Committee at Weill Cornell Medicine (Animal Welfare Federal Wide Assurance No: A3290-01; protocol number 2014-0015).

Mouse strains: PS19 mice[58] overexpressing human tau (1N4R) carrying the disease-causing P301S mutation, driven by the mouse prion protein promoter (stock# 008169, Jackson Lab, ME) and wildtype (C57BL/6 J; Stock # 000664 Jackson Labs, ME) were kept in 12 h light/dark cycle in a temperature-controlled room with free access to water and food. PS19 transgenic mice (generated in C57BL/6 background, and inbred for >20 generations) were bred to wildtype mice of the same line to generate 50% transgenic and 50% wildtype offspring used in this study. Littermates were raised together and tissue were harvested in parallel.

Mouse tissue harvesting

Mouse brains were dissected, washed once with ice-cold PBS, and cut into left and right hemispheres. The brains were flash-frozen in under 60 seconds post-decapitation. For post-natal brain dissections, one hemisphere was immediately flash-frozen in liquid nitrogen and stored at -80C for solubility assays. The other hemisphere was immediately resuspended to 10% (w/v) in PBS supplemented with protease and phosphatase inhibitors, mechanically homogenized using a dounce tissue grinder, and supplemented with 4x Laemmli buffer (supplemented with 10 mM DTT). The same homogenization protocol was used for embryonic brain dissections (E12). These samples were stored at -80C to be used for SDS-PAGE followed by immunoblot.

Primary neuron cultures

Primary neurons from embryonic day 12 wildtype mice were cultured essentially as previously described[59]. Briefly, cortices were dissected in ice-cold HBSS followed by trypsinization (0.05% trypsin-EDTA) for 10 min at 37 °C. The brains were then triturated with a siliconized pipette and plated onto poly-L-lysine coated glass coverslips. Plating medium (DMEM, Thermo Fisher) containing 5 g/L glucose, 0.2 g/L $NaHCO_3$, 0.1 g/L transferrin, 0.25 g/L insulin, 0.3 g/L L-glutamine, and 10% fetal bovine serum was replaced with growth medium (DMEM, Thermo Fisher) containing 5 g/L glucose, 0.2 g/L $NaHCO_3$, 0.1 g/L transferrin, 0.3 g/L L-glutamine, 5% fetal bovine serum, 2% B-27 or N21-MAX supplement, and 2 µM cytosine arabinoside 2 days after plating. On day *in vitro* 8, cultured neurons were washed twice with cold PBS and fixed with 4% PFA (in PBS) for 20 minutes at room temperature, followed by immunofluorescence.

Generation of tau^KD human iPSCs

Human WTC11 iPSCs stably-expressing Ngn2 (under a dox-inducible promoter) and dCas9-KRAB$_{(KOX1)}$ were transduced with sgRNAs targeting *MAPT* followed by puromycin selection. Three sgRNAs were tested independently: 1) 5'GTGTTGGTGCCGGAGCTGGT, 2) 5'GGGCTGCAGTCGAGAGTGAA, and 3) 5'GGAAGCCCCAGTCTGCGGAG. Non-targeting control (NTC) sgRNA: 5' GCCGAGCGGCAGGGTGCCGC. The first sgRNA resulted in stable knockdown of tau protein for at least 45 days post-differentiation while the other two sgRNAs resulted in only partial tau knockdown. The described experiments were performed using iPSCs generated from the first sgRNA, referred to as tau^KD, for lentiviral transduction of tau constructs.

Lentivirus production and transduction

Lentivirus was generated as previously described[59]. Briefly, HEK293T cells were co-transfected at low passage with 1.06µg of pMDLG (Addgene plasmid# 12251), 0.57µg of pMD2.G (Addgene plasmid# 12259), 0.4µg of pRSV-Rev (Addgene plasmid# 12253) plasmid, and 1.6µg of the lentiviral plasmid, using 1:3 ratio of total DNA to PEI per well of a 6-well plate. The culture medium was replaced after 6 hours with mTesR+ (for iPSC transductions) or neurobasal media (for neuronal

transductions). The supernatant was collected after 48h and passed through a 0.45 μM polyether sulfone filter to remove
any cell debris. Large batches of virus were made together and small aliquots were stored at -80°C, to be thawed only once.

iPSCs were transduced with lentivirus containing guides against *MAPT* or NTC followed by puromycin selection (1 μg/mL)
48 hours-post transduction for 72 hours (until control, non-transduced cells were 100% dead) to generate tau^{KD} iPSCs.

iPSC-derived tau^{KD} neural progenitors were transduced with lentivirus containing tau constructs at 72 hours post-
differentiation using the doxycycline-induced Ngn2 cassette. Neural progenitors were lifted with StemPro Accutase Cell
Dissociation Reagent (5 min, 37C), pelleted and resuspended in neuronal differentiation media. Neural progenitors were
plated at 0.5x10^6 cells in a single well of a 6-well plate. Lentiviruses containing either FUW-0N3R^{myc}, FUW-0N4R^{myc} or FUW-
0N3R^{EGFP} were added to the media upon re-plating. We did not observe any silencing of exogenously expressed tau in
differentiated neurons using the UbC promoter.

iPSC culture and neuronal differentiation

Human iPSC cultures and neuronal differentiation protocols were performed as previously described with minor
modifications[60]. CRISPRi-iPSCs expressing inducible Ngn2 from AAVS1 safe harbor locus were maintained in mTesR1+
media with mTesR1+ supplements. iPSCs were plated on hESC Matrigel and maintained in mTesR1+ media (Stem Cell
Technologies). iPSCs were differentiated to glutamatergic neurons following established protocols[60]. iPSCs were lifted and
singularized using StemPro Accutase (5 min, 37C) followed by neutralization with mTesR1+ media. Cells were gently
pelleted for 5 minutes at 300*g*, then resuspended to 0.7x10^6 cells/mL in neuronal induction media: KnockOut DMEM/F-12
(Gibco# 12660012) + 1x NEAA (Gibco#11140050) + 1x GlutaMAX (Gibco# 35050-061) + 10 nM Y27632 ROCK inhibitor
(Tocris# 125410) + 1x N2 max (Gibco #17502-048) + 2 μg/mL doxycycline hydrochloride (Sigma# D9891). A complete media
change was made the following day using the same media. The next day, another complete media change was made but
without ROCK inhibitor. Neural progenitors were lifted and dissociated with StemPro Accutase 72-hours post neuronal
induction, pelleted (5 min, 300*g*), and re-plated at 0.5x10^6 cells per well of a 6-well plate that was first coated overnight with
poly-L-ornithine hydrobromide (0.1 mg/mL in borate buffer pH 8.5; Sigma, #P3655). The replating maturation media
contained: Neurobasal-A (Gibco# 10888-022) + 1x NEAA + 1xGlutaMAX + 10 nM Y27632 ROCK inhibitor + 2 μg/mL
doxycycline hydrochloride + 1x B-27 plus (Gibco# A3582801) + 10 ng/mL BDNF (PeproTech #450-02) + 10 ng/mL NT-3
(PeproTech #450-03) + 1 μg/mL laminin (Gibco# 23017-015). 50% media changes were made every 7 days with the same
media lacking ROCK inhibitor and doxycycline. iNeurons were harvested at the time points indicated within each figure and
figure legend.

Immunoprecipitation of phospho-tau

Tau^{KD} iNeurons were re-plated at 2x10^7 cells/plate on a PLO-coated 15-cm dish and transduced with FUW-0N3R^{EGFP}. At 32
days post-induction, iNeurons were washed twice with room temperature PBS and then harvested in the dish in 8 mL of
ice-cold RIPA buffer (supplemented with 2x protease inhibitors and 2x phosphatase inhibitors). The cells were transferred
to a conical tube and rotated at 4C for 10 minutes, followed by pelleting of debris by centrifugation at 17,000*g* for 10 min at
4C. The supernatant was collected and divided into 8 equal tubes (1 mL each, ~2.5x10^6 cells per tube) for phospho-tau
immunoprecipitation. 50 μL of lysate was collected from each tube and was supplemented with 50 μL of 4x Laemmli buffer
(supplemented with 100 mM DTT, and boiled for 15 min at 95C before SDS-PAGE) for the input lanes. Phospho-tau
antibodies were added to the remaining lysates and rotated at 4C overnight: pT181 mouse monoclonal (10μg), AT8 mouse
monoclonal (10μg), pT212 rabbit polyclonal (10μg), pT217 rabbit polyclonal (10μg), pT231 mouse monoclonal (10μg),
pS235 mouse monoclonal (15μg), pS396 rabbit polyclonal (5μg) or non-specific mouse or rabbit IgG (for IgG control). The
following morning, either Protein A (Neta/Sigma, GE28-9513-78) or Protein G (Neta/Sigma, GE28-9513-79) magnetic

sepharose beads were washed 3x with ice-cold RIPA buffer and incubated with each immunoprecipitation for 2 hours,
rotating at 4C. The beads were then gently pelleted and washed 3x with ice-cold RIPA buffer using a DynaMag-2 Magnet
rack (Fisher, 12-321-D). Affinity captured proteins were eluted into 170 μL of 2x Laemmli buffer (supplemented with 50 mM
DTT) at 95C for 15 minutes. Samples were subject to SDS-PAGE followed by co-blotting for phospho-tau epitopes.

Calculation of phospho-tau abundance and co-occurrence

684 Affinity-captured phospho-tau was assumed to be monomeric and soluble due to the presence of deoxycholate, triton-X
685 and SDS in the lysis and wash buffers, and therefore co-blotted phospho-tau was assumed to be covalently-modified tau
686 rather than the result of tau multimerization. Volumes per well for each measurement for SDS-PAGE: input (5μL,
687 representative of ~6.25×10^3 cells, or 2.24% of the IP lane), IgG control or eluted phospho-tau (20μL, representative of
688 ~2.79×10^5 cells). Signal intensities in the input lane were back-calculated to 100% of the IP lane (by multiplication by 44.7.

To calculate phospho-tau abundance

The efficiency of phospho-tau that was affinity-captured by each phospho-specific antibody was calculated using
immunoblot:

A. Efficiency of phospho-tau capture = Intensity of p-tau IP lane / Back-calculated intensity of p-tau input lane.

Next, the percentage of total tau that was recovered within each affinity capture was calculated. This number represents
the percentage of phospho-tau that was recovered from the total tau lysate.

B. Efficiency of total tau capture = Intensity of total tau IP lane / Back-calculated intensity of total tau input lane.

Lastly, phospho-tau abundance was estimated by using a ratio of 'B / A'. In other words, of the A% of phospho-tau that was
recovered, B% of it was positive for the given phospho-tau epitope. For example, for a given replicate, if 2.57% of pT181
was recovered ('A'), and this was equal to 1.03% of total tau recovery ('B'), then 'B / A' = 1.03% / 2.57% = 39.9% of total tau
is phosphorylated at T181. Abundance was calculated using the average of a technical repeat for each replicate, and then
averaged across all replicates: pT181 (n=4), AT8 (n=5), pT212 (n=4), pT217 (n=6), pT231 (n=6), pS235 (n=6), pS396 (n=4).

To calculate phospho-tau co-occurrence

The same logic as above was used to calculate phospho-tau co-occurrence:

C. Efficiency of phospho-tau co-occurrence = Intensity of p-tau co-blot in IP lane / Back-calculated intensity of co-
blotted p-tau in input lane.

Co-occurrence was calculated using a ratio of 'C / A'. In other words, of the A% of phospho-tau that was recovered, C% of
it was positive for the given co-occurring phospho-tau epitope. For example, for a given replicate if 0.052% of AT8 was
recovered ('C') from the pT181 immunoprecipitation (A = 2.57%), then 'C / A' = 0.052% / 2.57% = 20.1% of pT181 molecules
carry a phospho-modification at the AT8 epitope.

Recovery of tau phosphorylated at Ser235 was too inefficient to reliably quantify co-occurrence of phosphorylation;
therefore, these calculations were omitted.

Combinations of three co-occurring phospho-epitopes were predicted by minimum linkage analysis, which ranks trios based
on their weakest link by accounting for co-occurrence in both directions. In other words, low P(A, B) will penalize the score
even if P(A, C) + P (B, C) is high.

Top-down mass spectrometry

Top-down mass spectrometry (TD-MS) of tau proteoforms was performed essentially as previously described[61]. The
harvested iNeurons (8 million cells, DPI 30) were suspended in 500 μL of homogenization buffer composed of Ham's F12

medium supplemented with 1× Halt Protease and Phosphatase Inhibitor, 5 mM EDTA, and 0.45% CHAPS, and left in 4 °C

for half an hour for cell lysis. Afterwards, the cell lysate was subjected to sonication on ice for 20 seconds at 40% power,

using a pulse cycle of 2 seconds on and 3 seconds off. The lysate was then centrifuged at 17,000g for 30 minutes at 4°C

to separate cell debris, and supernatants were collected for tau IP. Tau antibody-conjugated beads were prepared by

incubating 10 µg each of HT-7 and Tau-5 antibodies with 50 µL of Protein A/G beads at room temperature for 10 minutes.

The prepared conjugated beads were added to 500 µL of the cell lysate and incubated overnight at 4°C with end-to-end

rotation. Afterwards, the beads were subjected to a series of wash steps: twice with 500 µL homogenization buffer, twice

with a 1:1 mixture of homogenization buffer and water, and three times with 500 µL of water. Finally, the tau proteins were

eluted from the beads incubation in 150 µL of 10% formic acid at room temperature for 30 minutes. The eluates were flash-

frozen and stored at -80 °C for further analysis.

Individual ion mass spectrometry (I²MS) is an advanced top-down MS technique that enables direct mass readout of

complex tau proteoforms at the intact level[62]. The SampleStream platform (Integrated Protein Technologies) was interfaced

with a Q Exactive HF mass spectrometer (Thermo Fisher Scientific) using the Ion Max source equipped with a HESI II probe

to provide online buffer exchange and I²MS analysis. Triplicate I²MS runs were performed for the iNeuron-derived tau IP

sample. For each run, 50 µL of immunoprecipitated tau samples were cleaned and buffer-exchanged into a solution of 0.2%

(v/v) formic acid and 30% (v/v) acetonitrile in water, followed by direct injection into the mass spectrometer at a flow rate of

1.6 µL/min for I²MS analysis. On the mass spectrometer, automated Ion Control (AIC) was utilized to dynamically adjust the

injection time based on ion signal density, ensuring optimal detection of individual ion signals. Additional mass spectrometry

settings included an Orbitrap central electrode voltage of 1 kV, trapping gas pressure of 0.3, m/z range of 650-2,500, a

resolution of 120,000 at m/z 200 (corresponding to a 1 s transient time), a spray voltage of 3.1 kV, in-source CID energy of

15 eV, and a source temperature of 320 °C. I²MS data were acquired over a 50-minute period per run, totaling approximately

3,000 scans.

All the I²MS transient files were converted to .storx files and processed using STORIboard

(https://www.proteinaceous.net/storiboard) with the voting charge assignment algorithm. After processing, .mzML files were

generated, presenting the mass domain spectrum of each run. The mass spectra were annotated by TDValidator

(Proteinaceous, https://www.proteinaceous.net/tdvalidator). Tau 0N3R proteoforms were matched to spectral peaks based

on intact mass, using a mass accuracy window of ±50 parts per million (ppm) and a mass tolerance of 1.8 Da. The 0N3R

proteoforms were quantified by their relative abundance.

Intact microtubule fractionation from iNeurons

Intact microtubules were fractionated from soluble cytosolic proteins using tau[KD] iNeurons expressing either FUW-0N3R[myc]

or FUW-0N4R[myc] at 12 days post-neuronal induction following established protocols[63]. Neurons were plated at 0.5x10^{6} cells

in a single well of a 12-well PLO-coated plate.

Fresh microtubule stabilization buffer (MSB) was made containing 100 mM PIPES (Millipore Sigma #P1851) + 1 mM MgSO$_4$

(M2643) + 2 mM EGTA (E3889) + 0.1 mM EDTA (E8008) + 2 M glycerol (G9012). The pH was adjusted to 6.75 with KOH

(221473) to fully dissolve the PIPES. 1 mM PMSF (10837091001) + 1x protease inhibitor (P8340) + 1x Halt phosphatase

inhibitor cocktail (78420) were added fresh immediately before the assay. MSB was pre-warmed to 37C.

The media was aspirated, and the cells were gently washed once with MSB. Next, the cells were incubated with 300 µL of

pre-warmed MSB containing 1% Tx-100 for 5 min at 37C. The plate was gently tilted after the addition of the buffer. After 5

minutes, the buffer was collected (and placed on ice) and the cells were washed with 300 µL of the same buffer and

combined with the initial collection, termed the cytosolic fraction. Cells with intact cytoskeletons remained adhered to the

well. These were scraped in 600 µL MSB containing 1% Tx-100 and placed on ice (intact MT fraction). Following the extractions, the two fractions were brought to equivalent volumes in MSB + 1% Tx-100. 200 µL 4X Laemmli SDS loading buffer (supplemented with 10 mM DTT) was added to each sample. Samples were boiled for 20 min at 95C and immediately subject to separation by SDS-PAGE for immunoblot.

The same protocol was used for immunofluorescence except cells were either incubated for 5 min at 37C in MSB (no cytosolic extraction) or MSB + 1% Tx-100 (cytosolic extraction), followed by a single wash in the same buffer and then fixation by 4% PFA in PBS for 20 min at room temperature.

Anti-detyrosinated α-tubulin was used as a marker for intact MTs, and anti-NSE was used as a cytosolic/membrane marker.

Immunofluorescence in primary mouse neurons and iNeurons

Immunofluorescence was performed essentially as previously described[59]. Cells were plated and maintained on tissue-culture treated and coated glass coverslips (poly-L-laminin for primary neurons, poly-L-ornithine for iNeurons). Cells were washed twice with PBS + 1 mM $MgCl_2$ and fixed in 4% paraformaldehyde (PFA) for 20 min at room temperature. The PFA was washed out twice with PBS + 1 mM $MgCl_2$, then the cells were permeabilized for 5 minutes with 0.1% Tx-100 in PBS-T, followed by incubation with blocking buffer (PBS-T + 5% BSA) for 1 hour at room temperature. Cells were incubated overnight at 4C in primary antibody: β-tubulin III rabbit polyclonal (1:500), β-tubulin III mouse monoclonal (1:500), α-tubulin 1a mouse monoclonal (1:500), detyrosinated α-tubulin rabbit polyclonal (1:500).

Pharmacological reagents

The following pharmacological reagents were utilized throughout this study: Nocodazole (10 µM final; 12-281-0), demecolcine (1 µM final; D7385; lot #102753904), paclitaxel (10 µM final; T1912; lot #1003615845), latrunculin A (2 µM final; L5163; lot #0000373456), LB-100 (20 µM final; 29105; lot #0613520-17), Calyculin A (20 nM final; C5552; lot #0000366393), AKT1 inhibitor VIII (20 µM final; 14870; lot #0613313-34), Erk1/2 inhibitor I (10 nM final; A1176841; lot #HA2), GSK3β BIO-1 inhibitor (5 µM final; 13123; lot #0586619-49).

Cytoskeleton manipulation by pharmacological reagents

iNeurons (*DPI 21*) were treated with either DMSO, nocodazole (10 µM), demecolcine (1 µM), paclitaxel (10 µM) or latrunculin A (2 µM) for 90 minutes in complete neuronal media. Cells were washed twice with PBS at room temperature and harvested for Western blot in ice-cold RIPA buffer supplemented with protease and phosphatase inhibitors.

Pharmacological microtubule catastrophe by nocodazole treatment

Nocodazole was resuspended in DMSO to 10 mM, aliquoted and stored at -20C. DPI 25 iNeurons ($0.5x10^6$ per well of a 6-well plate for immunoblot, $0.4x10^5$ per well of a 24-well plate for immunofluorescence) were washed once with ice-cold PBS for 5 min to facilitate MT catastrophe, and then treated with 10 µM nocodazole (final) in pre-warmed complete neuronal media for either 15 minutes or 90 minutes at 37C. For MT recovery experiments, nocodazole was washed out by aspirating out the media and performing three washes with pre-warmed neuronal media without nocodazole. After the third wash was removed, the cells were incubated at 37C in complete neuronal media without nocodazole for either 1 hour, 3 hours or 6 hours to allow for MT recovery. At the final time point, for immunoblot, the cells were washed twice with room temperature PBS then lysed and scraped in ice-cold RIPA buffer supplemented with protease inhibitors and phosphatase inhibitors on ice. Following 10 min of rotation at 4C, debris were pelleted at 17,000*g* for 10 min at 4C, the supernatant was collected and supplemented with 4x Laemmli buffer + 10 mM DTT, boiled for 20 min at 95C, then subject to SDS-PAGE followed by immunoblot. For immunofluorescence, the cells were washed twice with 0.1M PHEM buffer (pH 7.2) at room temperature and fixed for 15 min in 4%PFA/0.25%GA in 0.1M PHEM buffer (pH 7.2) at room temperature. The fixative was washed out

796 3x with PHEM buffer, and immunofluorescence was performed as described above except PBS was replaced with PHEM

797 buffer for all steps including washing and blocking buffer (5% BSA in PHEM-T). Stable microtubules were detected by anti-

798 acetylated α-tubulin and anti-detyrosinated α-tubulin antibodies.

Kinase/phosphatase inhibition

iNeurons (*DPI 30*) were treated for 90 minutes with nocodazole (10 µM) and either LB-100 (20 µM) or Calyculin A (20 nM).

Cells were either washed and collected for Western blot at this point, or the nocodazole and phosphatase inhibitors were

washed out 3x with pre-warmed complete media (lacking nocodazole and phosphatase inhibitors) and allowed to recover

at 37C for 3 hours prior to harvesting. For kinase inhibition, neurons were treated for 90 minutes with 10 µM nocodazole

followed by 3x washout, followed by incubation with AKT1 inhibitor VIII (20 µM) for 3 hours at 37C. At this final timepoint,

cells were then harvested, as described above, for Western blot.

SDS-PAGE and quantitative immunoblotting

Proteins were separated by SDS-PAGE for immunoblotting as previously described[59]. Briefly, 8-15% Laemmli gels (10.3%T

and 3.3%C) were used to separate proteins on Bio-Rad apparati. 2.5 mM final DTT was used in SDS Laemmli buffer unless

indicated otherwise. Proteins were transferred onto nitrocellulose (pore-size = 0.45 µm; GE Healthcare) and blocked with

Every Blot Blocking Buffer (Bio-Rad). Immunoblotting was performed by incubating the blocked membranes with primary

antibodies in blocking buffer for overnight incubation. Following 5 washes with TBS-Tween 20 (0.1%), blots were incubated

with secondary antibodies (goat anti-rabbit conjugated to IRDye 680RD or 800CW; LI-COR) at 1/10,000 in blocking buffer

for 1-2 hours. Immunoblots were washed 5x with TBS-T and dried, then scanned on an Odyssey CLx (LI-COR) and

quantified using Image-Studio software (LI-COR).

Purification of recombinant tau wildtype and phospho-mimic proteins

Recombinant tau proteins were expressed in BL21(DE3) cells and purified as previously described with minor

modifications[16]. *MAPT* was cloned into the pET-HT vector with a N-terminal 6xHis-TEV fusion, and transformed into

BL21(DE3) competent cells. Overnight starter cultures were incubated in 500 mL LB broth at 37C until OD600=0.6, at which

time protein expression was induced with 1 mM isopropyl-β-D-1-thiogalactopyranoside (IPTG) at 18C for 16 hours. Bacteria

were then pelleted (4000*g* for 20 min at 4C) and resuspended in cold lysis buffer (20 mM Tris pH 8.0, 150 mM NaCl, 1

Roche EDTA-free protease inhibitor tablet, 1 mg/mL lysozyme, 20 mM imidazole, 1 mM PMSF, 1x DNase, 1 mM MgCl$_2$).

Cells were rotated at 4C for 30 minutes followed by sonication on ice (2 minutes; 1 sec on, 2 sec off) and centrifuged again

(20,000*g*, 30 minutes at 4C) to remove cellular debris. The supernatant was subject to affinity capture using Ni-NTA resin

(Fisher; PI88222) for 1 hour, rotating, at 4C. Unbound proteins were washed away with 6 column volumes of buffer

containing 20 mM Tris pH 8.0 + 150 mM NaCl + 20 mM imidazole, then eluted in the same buffer containing 300 mM

imidazole. The eluted 6xHis-TEV-tau protein was buffer exchanged to the previous buffer (20 mM Tris pH 8.0 + 150 mM

NaCl + 20 mM imidazole) using a 10 kDa MWCO Amicon Ultra-15 Centrifugal Filter Unit (Millipore #UFC9010), concentrated

to ~1.5 mL, and incubated with super TEV protease-6xHis (1:300 enzyme to tau molar ratio) and 1 mM DTT, rotating at 4C

overnight. The following day, the mixture was diluted 15-fold in 20 mM Tris pH 8.0 + 150 mM NaCl + 20 mM imidazole to

dilute the DTT and reverse-Ni NTA affinity capture (1 hour, rotating at 4C) was used to remove the TEV-6xHis protease from

the mixture. The flowthrough (containing tau) was collected and buffer exchanged into 20 mM Tris pH 8.0 + 150 mM NaCl

+ 1 mM EDTA + 1 mM TCEP, concentrated to ~2 mL and injected onto a HiLoad 16/600 Superdex 200 PG column for size

exclusion in the same buffer. Fractions containing tau were identified by UV-absorption at 280 nm. Fractions containing

>95% pure tau were pooled, concentrated to ~100 µM (determined by NanoDrop), aliquoted, flash frozen in liquid N$_2$ and

stored at -80C to be used for a single freeze-thaw cycle.

Tau phospho-mimic mutation sequences are as follows: Thr181Glu (ACA>GAA): Thr217Glu (ACC>GAA): Thr231Glu
(ACT>GAA): Ser235Glu (TCG>GAG): Ser262Glu (TCC>GAA): Ser396Glu (TCG>GAG): Ser404Glu (TCT>GAA).

Purification of tubulin from bovine brains

Tubulin was purified from fresh bovine brains as previously described[64] and flash frozen in BRB80 buffer (80 mM PIPES +
1 mM $MgCl_2$ + 1 mM EGTA, pH 6.8). Frozen aliquots were thawed on ice and clarified by centrifugation at 100,000g for 6
min at 4C. The supernatant was collected, and the concentration of tubulin was estimated using NanoDrop. Clarified
samples were used immediately for the MT polymerization assay, and fresh aliquots were clarified for each replicate.

Microtubule polymerization assay by turbidity

Polymerization of tubulin was monitored by light scatter at 340 nm as previously described with minor adjustments[15]. Freshly
clarified tubulin (20 µM final) was incubated with tau protein (10 µM final) in cold BRB80 buffer supplemented with fresh 1
mM DTT. A 250 µL reaction was made on ice and 100x fresh GTP (1 mM final) was added and mixed by pipette trituration
on ice. After 5 minutes, 200 µL were quickly transferred to a pre-warmed 96-well black-walled clear bottom plate and the
reaction was monitored at 37C for 45 minutes on a M1000 Tecan spectrophotometer. 9 flash measurements were made
and averaged per well per timepoint throughout the kinetic measurement. Each replicate of 0N3R tau wildtype and phospho-
mimics were measured in parallel, and similarly so for 0N4R. Three independent measurements were made and compared
to their respective wildtype measurements for each sample, to account for read-to-read variability. Afterwards samples were
returned to ice for 5 min to confirm that the samples could be depolymerized (thus eliminating concern for potential protein
aggregation). Polymerization curves were corrected by subtracting a plate blank, a buffer blank and a tubulin + GTP (no
tau) measurement from each sample. Curves were then normalized to the maximum data point for each sample. The time
to 50% V_{max} was compared to wildtype for each isoform and averaged for final measurements.

Triton-X solubility assay of PS19 transgenic mouse brains

Mouse brains from PS19 mice were dissected on ice at either post-natal day 0 or at 9-months. Brain lysates were subject
to Triton-X (Tx) solubility as previously described[65]. Briefly, brains were rinsed twice with ice cold PBS, then homogenized
in 0.1% Tx-100 in PBS supplemented with protease and phosphatase inhibitors. Samples were rotated for 30 min at 4C
and then sonicated 10x at 10% power (0.5 sec on, 1 sec off). The tissue was then centrifuged at 17,000g for 90 min at 4C.
The supernatant (soluble fraction) was collected, and the pellet (insoluble fraction) was resuspended in an equal volume of
lysis buffer as the supernatant. Each sample volume was doubled using 4x Laemmli buffer (supplemented with 10 mM DTT)
and sonicated again: 20x at 10% power (0.5 sec on, 1 sec off). The samples were then boiled at 95C for 20 min before
loading equal volumes of each fraction on SDS-PAGE, followed by immunoblot for tau. Approximately two-fold more tissue
levels were loaded for 9-month-old samples compared to neonates (as indicated by β-actin immunoblot) to improve
detection of lowly-detected phosphorylation epitopes, particularly at sites pS202/pT205, pT231 and pS262. Insoluble tau
was calculated as a percentage of total protein per sample and/or normalized to β-actin, as indicated.

Antibody list

Antibody	Host Species	Manufacturer	Catalog #	Working Dilution
Tau5 (pan-tau)	Mouse	Invitrogen	MA5-12808	1:1000 (WB)
Tau5 (pan-tau)	Rabbit	Novus	NB015844	1:1000 (WB)
HT7 (pan-tau)	Mouse	Invitrogen	MN1000	For IP only
AT270 (Tau pT181)	Mouse	Invitrogen	MN1050	1:1000 (WB)
AT8 (Tau pS202/pT205)	Mouse	Invitrogen	MN1020	1:1000 (WB) 1:100 (ICC)
Tau pT212	Rabbit	Invitrogen	44740G	1:1000 (WB)
Tau pS214	Rabbit	Invitrogen	44742G	1:500 (WB)

AT100 (Tau pT212/pS214)	Mouse	Invitrogen	MN1060	1:1000 (WB)
Tau pT217	Rabbit	Invitrogen	44-744	1:1000 (WB)
AT180 (Tau pT231)	Mouse	Invitrogen	MN1040	1:1000 (WB) 1:100 (ICC)
Tau pS235	Mouse	Millipore Sigma	MABN2275	1:500 (WB)
Tau pS262	Rabbit	Invitrogen	44-750G	1:500 (WB)
Tau pS396	Rabbit	Invitrogen	44-752G	1:1000 (WB)
Tau pS404	Rabbit	Invitrogen	44-758G	1:1000 (WB) 1:100 (ICC)
Tau pS416	Rabbit	Invitrogen	PA1-4719	1:1000 (WB) 1:100 (ICC)
Tau pS422	Rabbit	Invitrogen	44-764G	1:1000 (WB)
NeuN	Rabbit	Invitrogen	PA5-74899	1:1000 (WB)
GAPDH	Rabbit			1:1000 (WB)
Tau 3R	Mouse	Millipore Sigma	05803MI	1:1000 (WB)
β-tubulin III	Mouse	R&D Systems	MAB1195	1:1000 (WB) 1:250 (ICC)
β-tubulin III	Rabbit	Invitrogen	PA5-86069	1:250 (ICC)
α-tubulin 1A	Rabbit	Abcam	ab18251	1:1000 (WB)
Detyrosinated α-tubulin	Rabbit	Millipore Sigma	AB3201	1:1000 (WB) 1:250 (ICC)
Acetylated α-tubulin (aK40)	Mouse	Invitrogen	6-11B-1	1:1000 (WB)
β-actin	Mouse	Invitrogen	MA1-744	1:1000 (WB)
Hsp70	Mouse	Invitrogen	MA3-007	1:250 (WB)
NSE	Rabbit	Abcam	ab53025	1:1000 (WB)
MAP1A	Rabbit	Invitrogen	PA558642	1:1000 (WB)
MAP1B	Rabbit	Invitrogen	PA578052	1:1000 (WB)
MAP2	Rabbit	Millipore Sigma	AB5622	1:1000 (WB)
SV2a	Rabbit	Thermo Fisher	PA5-115990	1:1000 (WB)
pAkt1 (pS473)	Rabbit	Invitrogen	44621G	1:500 (WB)
Akt1	Mouse	Invitrogen	AHO1112	1:250 (WB)
pErk1/2 (pT202/pT204)	Mouse	Invitrogen	501128621	1:1000 (WB)
Erk1/2	Rabbit	Invitrogen	MA515134	1:1000 (WB)
pGSK3β (pY216)	Rabbit	Invitrogen	44604G	1:1000 (WB)
GSK3β	Mouse	Invitrogen	MA515597	1:1000 (WB)
Methyl-PP2a (mL309)	Mouse	Santa Cruz	sc-81603 (2A10)	1:200 (WB)
pPP2a (pY307)	Rabbit	Invitrogen	PIPA536874	1:500 (WB)
PP2a	Rabbit	Invitrogen	PA517510	1:1000 (WB)
VDAC1	Mouse	Millipore Sigma	MABN504	1:2000 (WB)

All anti-tau antibodies were knockout/knockdown validated using either mouse brains, iPSC-derived neurons or both. Anti-

pS422 had a strong, non-specific band at ~50 kDa, slightly beneath a faint p-tau band, in iPSC-derived neurons but not in

mouse brains. The non-specific signal occluded reliable quantification in iNeurons. AT100 (pT212/pS214) was not detected

in iNeurons, and in concurrence anti-pS214 (Invitrogen, #44742G) was inconsistently detected as a very faint band that

could not be reliably quantified.

Statistical analysis

All experiments were performed using reagents that were aliquoted to minimize freeze-thaw cycles and improve

reproducibility. Each 'n' was collected independently, as indicated in the figure legends. SC randomized and blinded NNN

to sample identifies (lentivirus identities, mouse ages, sample treatments) for data analysis. All analyses were performed

using PyCharm Community Edition 2023.2.4. Statistical significance for comparisons between two sample groups was

determined by two-tailed Student's *t* test. Significance for curve comparisons for nocodazole-treated sample groups was

determined by post-hoc Tukey's HSD test. Significance for curve comparisons for MT polymerization reactions was determined by two-way ANOVA analysis.

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AUTHOR INFORMATION

AUTHORS AND AFFILIATIONS

Department of Chemistry, University of Pennsylvania, Philadelphia, PA, USA

Nima N Naseri, Elizabeth Rhoades

Center for Cellular and Molecular Therapeutics, Children's Hospital of Philadelphia, Philadelphia, PA, USA

Nima N Naseri, Sapanna Chantarawong, Ophir Shalem

Department of Chemistry, Northwestern University, Evanston, Illinois 60208, United States

Tian Xu, Steven M Patrie, Neil L Kelleher

Appel Institute for Alzheimer's Research, and Feil Family Brain & Mind Research Institute, Weill Cornell Medicine, New York, NY, USA

Manu Sharma

Department of Genetics, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA

Ophir Shalem

Department of Biochemistry & Biophysics, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA

Elizabeth Rhoades

CONTRIBUTIONS

NNN and ER conceived the project, directed by ER and OS. All experiments were performed and analyzed by NNN except for top-down mass spectrometry, performed by TX under guidance by SMP and NLK. SC provided technical support. MS provided mice for this study.

CORRESPONDING AUTHOR

914 Correspondence to Elizabeth Rhoades.

ETHICS DECLARATIONS

917 The authors declare no competing interests.

DATA AVAILABILITY

920 The raw immunoblots generated in this study are available in the supporting information.

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GRAPHICAL ABSTRACT

Schematic model of our findings: Tau phosphorylation is dynamically regulated in specific combinatorial patterns in response to shifting MT growth cycles.

 Figure 1 – Fetal tau is hyperphosphorylated in human iNeurons.

 a) Schematic of the fetal human 0N3R tau isoform. Residue numbering is based on the 2N4R isoform, as is convention in

the field. The phospho-epitopes that were probed in this study in iNeurons are indicated and consistently color-coded throughout. **b)** P-tau was detected by immunoblot at the indicated epitopes in wildtype human iNeurons. Images are representative of numerous blots. **c)** Pan-tau was immunoprecipated from iNeurons (*DPI 30*), and stoichiometries of phosphorylation events per tau protein were measured by top-down mass spectrometry with I^{2}MS technology, indicating up to 21 phosphates per tau protein. PTMs were assigned based on mass shifts of ~80 Da for phosphorylation, ~42 Da for acetylation and ~14 Da for methylation. The relative abundance of phosphate occupancy was calculated as a percentage of all detected 0N3R tau proteoforms. The annotated spectrum is representative of a single replicate of n=3 independent I^{2}MS injections. Quantifications represent mean ± STD for n=3 independent I^{2}MS injections. **d)** Tau^{KD} iNeurons were lentivirally transduced with 0N3R^{EGFP}, and p-tau was then immunoprecipitated using the indicated p-tau antibody, separated by SDS-PAGE and immunoblotted against the indicated immunoprecipitated p-tau epitope and pan-tau (anti-Tau5 mouse for p-tau rabbit immunoprecipitations; anti-Tau5 rabbit for p-tau mouse immunoprecipitations). IgG control = anti-myc mouse monoclonal or anti-GAPDH rabbit polyclonal antibodies. Quantification of phospho-site abundance, described in the 'Methods' section, is representative of the average of two technical replicates for n=4 (pT181, pT212, pS396), n=5 (AT8) and n=6 (pT217, pT231, pS235) independent cultures and immunoprecipitations. An example of the back-calculation method is provided for a single replicate (out of 4 replicates) for quantification of phosphate occupancy at S396. All data are representative of mean ± SEM.

Figure 2: Phospho-epitopes are co-phosphorylated in specific patterns in iNeurons.

a) General workflow for p-tau immunoprecipitation from iNeurons under denaturing conditions, followed by blotting for co-occurring phospho-epitopes. **b)** Tau[KD] iNeurons were lentivirally transduced with 0N3R[EGFP]. P-tau was immunoprecipitated at 32 days post-induction, followed by separation by SDS-PAGE and immunoblotted against the indicated immunoprecipitated p-tau epitope and co-blotted at various p-tau epitopes. The immunoblot outlined in orange indicates the immunoprecipitated p-tau species in that given column of immunoblots. Blots are representative of n=4 (pT181, pT212, pS396), n=5 (pS202/pT205) and n=6 (pT217, pT231) independent cultures and immunoprecipitations. **c)** Heat map representing the quantification of phospho-site co-occurrence for each immunoprecipitated p-tau species, as described in the 'Methods' section. Green=high co-occurrence. Purple=low co-occurrence. Data is representative of n=4 (pT181, pT212,

pS396), n=5 (pS202/pT205) and n=6 (pT217, pT231) independent cultures and immunoprecipitations. **d)** The top 10 most
common combinations of two and three co-occurring phospho-epitopes are ranked from top to bottom. For pairwise
combinations, the percentages adjacent to each combination reflect the highest linkage for a given pair of phospho-epitopes.
Combinations of three phospho-epitopes were predicted by minimum linkage analysis as described in the 'Methods' section.
The percentages adjacent to each triplet represent the lowest co-occurrence probability between any of the three indicated
epitopes. **e)** Schematic representation of several predicted combinatorial phospho-modifications to 0N3R tau in iNeurons.

A *from iNeurons (DPI 12)*

B

C *Consolidated Quantification Based Upon Linkages*

Figure 3: Specific tau phospho-epitopes are distinctly associated with cytosolic and MT-bound pools of tau.

a) MTs were fractionated from tau[KD] iNeurons expressing 0N3R[myc] at *DPI 12* (n=3 independent cultures, transductions and fractionations). SDS-PAGE followed by immunoblot was used to detect p-tau levels in cytosolic and MT-bound fractions. Separation of detyrosinated α-tubulin (MT fraction, only) from neuron-specific enolase (NSE), a cytosol-specific protein (cytosolic fraction, only), indicated successful separation of intact MTs from the cytosol. **b)** The amounts of pan-tau (anti-Tau5), β-tubulin III and p-tau that were found in the MT-bound fraction were quantified as a percentage of total protein (cytosolic + MT fractions) for each indicated target. **c)** A consolidated presentation of the quantifications in 'b' are presented based on the color-coded clusters that were defined in 'Figure 2d'. The quantifications for combined phospho-epitopes are as described: Gray (pT181, pS396): Blue (pS202/pT205, pT212, pT217): Red (pT231, pS235, pS262): Magenta (pS404, pS416). All data are representative of mean ± SEM.

A *from iNeurons (DPI 21)*

DMSO Nocodazole Demecolcine Paclitaxel

pT181
pS202/pT205
pT212
pT217
pT231
pS235
pS262
pS396
pS404
pS416
Tau5 — 50
GAPDH — 37

Legend:
□ pT181, pS396
■ pS202/pT205, pT212, pT217
■ pT231, pS235, pS262
■ pS404, pS416

p-tau/Tau5 (% DMSO)

DMSO Nocodazole Demecolcine Paclitaxel

**** ** (Nocodazole)
p=0.07
**** *** (Demecolcine)
* ****

Destabilize Microtubules *Stabilize Microtubules*

B *from iNeurons (DPI 25)*

DMSO 15m 90m Noco 1hr 3hr 6hr Washout

pT181 — No major change
pS202/pT205 — Rapid dephos. Rapid phos.
pT212
pT217
pT231 — Delayed dephos. Slow phos.
pS235
pS262
pS396 — No major change
pS404 — Rapid phos. Rapid dephos.
pS416
Tau5 — 50
Detyros α-tubulin — Stable MTs
Acetylated α-tubulin
β-tubulin III — 50
GAPDH — 37

C
■ Acetylated tubulin ■ Detyrosinated tubulin
■ Total tau ■ β-tubulin III

Washout Noco ▼ *Recovery*

MT Stability Protein/β-tub (%DMSO)
100
75
50

15 min 90 min +1 hr +3 hrs +6 hrs
* **** *** *

Protein/GAPDH (%DMSO)
200
150
100
50

15 min 90 min +1 hr +3 hrs +6 hrs

D
Washout Noco ▼
Noco *Recovery*

p-tau/Tau5 (%DMSO)

15 min 90 min +1 hr +3 hrs +6 hrs

□ pT181, pS396
■ pS202/pT205, pT212, pT217
■ pT231, pS235, pS262
■ pS404, pS416

Entire assay   At 90 min

**** (Entire assay)
*** ****

**** ** (At 90 min)
*** **
****

Figure 4: Phospho-sites throughout tau are differentially regulated by MT integrity.

a) iNeurons (*DPI 21*) were treated with either DMSO (control), nocodazole (10 µM), demecolcine (1 µM) or paclitaxel (10 µM) for 90 minutes to manipulate the cytoskeleton. Samples were separated by SDS-PAGE followed by anti-p-tau immunoblot. P-tau levels were quantified and normalized to pan-tau (anti-Tau5) for each treatment and then normalized to DMSO-treated samples (control). N=3 independent cultures and treatments per group. All data are representative of mean ± SEM. *$P<0.05$; **$P<0.01$; ****$P<0.0001$ by Student's t-test. For **b-d)** iNeurons (*DPI 25*) were treated with either DMSO (control) or 10 µM nocodazole for either 15 min, 90 min, or 90 min followed by nocodazole washout and recovery for 1 hour, 3 hours or 6 hours. **b)** Samples were harvested for SDS-PAGE followed by immunoblot against the indicated proteins. N=3 independent cultures and treatments per group. **c)** Quantification of 'b' for MT stability as measured by changes to detyrosinated α-tubulin and K40 acetylated α-tubulin during nocodazole treatment and washout. Total (pan) tau and β-tubulin III levels were not significantly impacted throughout the assay. **d)** Quantification of 'b' for p-tau. **$P<0.01$; ***$P<0.001$; ****$P<0.0001$ by post-hoc Tukey's HSD test.

Figure 5 – Tau dephosphorylation by PP2a is necessary to stabilize shrinking MTs.

a) iNeurons (*DPI 25*) were treated with either DMSO (control) or 10 µM nocodazole for either 15 min, 90 min, or 90 min followed by nocodazole washout and recovery for 1 hour, 3 hours or 6 hours. PP2a activation was measured by methylation at Leu309. Kinase activation was measured by phosphorylation against Erk1/2 (T202/T204), Akt1 (S473) and GSK3β (Y216). Blots are representative of n=3 independent treatments. **b)** iNeurons (*DPI 30*) were simultaneously treated with nocodazole and the indicated PP2a inhibitors (LB-100 at 20 µM; Calyculin A at 20 nM). The nocodazole and phosphatase inhibitors were washed out and neurons were allowed to recover for 3 hours. Successful PP2a inhibition was determined by anti-phosho-PP2a (Y307) immunoblot. Changes to MT stability were determined by anti-acetylated-α-tubulin (K40) immunoblot. Blots are representative of n=4 independent treatments. For **c-e**, iNeurons (*DPI 30*) were treated with either DMSO (control), 10 µM nocodazole, or 10 µM nocodazole supplemented with either LB-100 (20 µM) or Calyculin A (20 nM) for 90 min. N=3 independent treatments. **c)** Representative immunoblots are shown for the indicated proteins and p-tau epitopes. **d)** As in 'b', quantification of changes to MT stability by immunoblot against α-tubulin acetylated at K40. No significant changes were detected to total α-tubulin or pan-tau (anti-Tau5) levels. **e)** As in 'd', changes to p-tau were measured by immunoblot against the indicated phospho-epitopes. P-tau levels were normalized to pan-tau (anti-Tau5) for each sample. N.S.=not significant. **P<0.01; ***P<0.001; ****P<0.0001 by Student's t-test. All data are representative of mean ± SEM.

Figure 6: p-tau is abundant and highly soluble in developing mouse brains.

a) Brains were collected from wildtype mice on embryonic day 12 (E12). Following separation by SDS-PAGE, pan-tau (anti-

Tau5) and p-tau sites were detected by immunoblot at the indicated epitopes. Immunoblots are representative of 6
embryonic mouse brains. **b)** Tau phosphorylated at S404 (green) colocalized with MT protein α-tubulin (red) in wildtype
primary mouse neurons at *DIV*8. **c)** Wildtype mouse brains were collected at post-natal days 0, 12, 31, 72 and at 1 year,
and from tau$^{-/-}$ mice (P60). Pan-tau (anti-Tau5) and p-tau were detected by immunoblot. Pan-tau levels were normalized to
GAPDH, and p-tau levels were normalized to pan-tau at each time point. The band shift from the gray arrowhead to the
black arrowhead represents the isoform shift from 3R to 4R tau, respectively. Immunoblots and quantifications are
representative of n=3 littermates. For **d-f**, PS19 mouse brains were collected at post-natal days 0 and at 9 months. N=3
littermates per time point. The band shift between P0 and 9 months represents 0N3R mouse tau (gray arrowhead) and
1N4R human tau (black arrowhead). **d)** Triton-X solubility from PS19 mouse brains was used to separate [S]oluble from
[I]nsoluble p-tau, followed by immunoblot. **e)** Total p-tau levels (soluble + insoluble) were quantified and normalized to pan-
tau (anti-Tau5) at each time point and represented as a fold-change of P0 levels. **f)** P-tau solubility was quantified as a
percentage of total p-tau (soluble + insoluble) for each epitope at each time point. Pan-tau (anti-Tau5) solubility was
quantified by Tau5/β-actin as a fold-change of P0 levels for both the soluble and insoluble fractions. Immunoblots and
quantifications are representative of n=3 littermates. All data are representative of mean ± SEM. *P<0.05; **P<0.01;
***P<0.001; ****P<0.0001 by Student's t-test.

A from iNeurons (DPI 12)

B from recombinant proteins

C

D

Figure 7: Phosphorylation is more disruptive to 3R than 4R tau's interaction with MTs.

a) MTs were fractionated from tau[KD] iNeurons expressing 0N4R[myc] at *DPI 12* (n=3 independent cultures, transductions and fractionations), as in Figure 3a. The measurements for 0N3R were re-plotted from Figure 3a to facilitate comparison. SDS-PAGE followed by immunoblot was used to detect p-tau levels in cytosolic and MT-bound fractions. Separation of detyrosinated α-tubulin (MT fraction, only) from neuron-specific enolase (NSE), a cytosol-specific protein (cytosolic fraction, only), indicated successful separation of intact MTs from the cytosol. The percentage of p-tau that was found in the MT-bound fraction was quantified as a percentage of total p-tau (cytosolic + MT fractions) for each phospho-site. **b)** MT polymerization was detected *in vitro* by light scatter at 340 nm for recombinant wildtype 0N3R, wildtype 0N4R, or phospho-mimics of each at the indicated sites. The reaction mixture (20 µM soluble tubulin + 10 µM recombinant tau in BRB80 buffer) was supplemented with 1 mM DTT (final), initiated by addition of 1 mM GTP (final) at 37C and monitored for 45 minutes on a spectrophotometer. N=3 independent polymerization reactions for each tau variant. Quantification of the change in the reaction rate to 50% V_{max} for each phospho-mimic was compared to wildtype tau for either 0N3R or 0N4R isoforms. For 0N3R: *$P<0.05$; **$P<0.01$; ***$P<0.001$; ****$P<0.0001$ by Student's t-test. For 0N4R: [#]$P<0.05$; [##]$P<0.01$; [###]$P<0.001$; [####]$P<0.0001$ by Student's t-test. For comparison of 0N3R to 0N4R: Φ$P<0.05$; ΦΦ$P<0.01$ by Student's t-test. All data are representative of mean ± SEM. **c)** The percentage of MT-bound 0N3R and 0N4R p-tau from iNeurons (from Fig. 7a) was plotted alongside the increase in $t_{1/2}$ rate of MT polymerization by tau phospho-mimics compared to WT (from Fig. 7b), for epitopes T181, T217, T231, S235, S262, S396 and S404. **d)** The percentage of cytosolic 0N4R p-tau from iNeurons (from Fig. 7a), was plotted alongside the percentage of insoluble p-tau from 9-month-old PS19 mouse brains (from Fig. 6F). Note that the measurements for phospho-epitope T212 (MT fractionation from iNeurons) were paired with T212/S214 (solubility from PS19 mouse brains).

Figure 8: Schematic summary

Temporal changes to site-specific phosphorylated occur in specific combinations in response to MT collapse and growth. Based on co-occurrence linkage of phospho-epitopes, fractionation of MT-bound and cytosolic proteins, and changes to site-specific phosphorylated during MT collapse and growth, we present predictions of the likelihood that certain combinatorial phospho-modifications to tau are found bound to or dissociated from MTs.