1

Title: Circular continuum of alpha motoneuron types

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Running title: α-MN types' circular continuum

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24 **Author Approvals:** All authors have read and approve of manuscript. This manuscript has not
25 been previously published.

ABSTRACT

Alpha-motoneurons (α-MNs) are traditionally classified into slow (S), fast fatigue-resistant (FR),

and fast-fatigable (FF), which exist along a continuum of properties between slow and fast,

enabling the generation of graded force and seamless movement. Using combinations of

markers, we developed novel immunohistochemistry protocols that enabled co-labeling of six

major and transitional α-MN types throughout the mouse lumbar spinal cord with unprecedented

detail. Intriguingly, our protocols labeled for the first time: α-MNs of the fast fatigue intermediate

(FI) type; a previously undescribed transitional α-MN subtype (FR/FI); and a novel subtype of α-

MNs exhibiting hybrid characteristics of both S and FF types – termed S/FF – which resist ALS

degeneration. Electrophysiological recordings confirmed FR/FI and S/FF subtypes, both

exhibiting mixed traits. The discovery of S/FF subtype reveals that α-MNs exist along a circular

continuum between slow and fast types, challenging the traditional linear model and reshaping

our understanding of their role in motor control.

New & Noteworthy
This study introduces a novel immunohistochemistry protocol to co-label six distinct types of adult spinal
cord motor neurons. This technical innovation led to a conceptual paradigm shift, revealing a circular
continuum of motor neuron subtypes rather than a linear one. This new framework provides
unprecedented precision for studying their varying susceptibility to degeneration in diseases like ALS,
with broad implications for understanding motor control in health and disease.

INTRODUCTION

Decades of research have established that spinal alpha motor neurons (α-MNs), muscle fibers, and motor units (MUs) do not exhibit uniform functional characteristics but instead exist along a linear continuum of discrete classes ranging from slow to fast phenotypes. This gradient reflects distinct physiological and metabolic properties, including contraction speed, fatigue resistance, and force generation capacity[1,2]. Slow-twitch (Type I) muscle fibers, innervated by smaller α-MNs, demonstrate high fatigue resistance, rendering them well-suited for sustained, low-intensity motor activities[3,4]. In contrast, fast-twitch (Type II) fibers, associated with larger α-MNs, are optimized for rapid, forceful contractions but exhibit reduced fatigue resistance, making them ideal for brief, high-intensity movements. The recruitment of these MN types adheres to the size principle, wherein smaller, slower α-MNs are activated first, followed sequentially by larger, faster α-MNs as the demand for force production escalates[5]. Importantly, the physiological properties of α-MNs are closely matched to those of the muscle fibers they innervate[6], such that slow α-MNs synapse with fatigue-resistant, slow-twitch fibers, while fast α-MNs innervate fast-twitch fibers optimized for power and speed. This hierarchical recruitment and precise matching are critical for the smooth execution of motor tasks, ensuring efficient force generation across diverse physical activities.

α-MNs can be classified based on a range of characteristics, including electrophysiological properties[7] (such as action potential firing thresholds and afterhyperpolarization, AHP, amplitude and duration), morphological features[8,9] (such as soma size and dendritic architecture), contractile properties (related to the speed and endurance of the muscle fibers they innervate), and immunohistochemical (IHC) markers that identify specific proteins or molecular expressions[6]. Traditionally, α-MNs have been categorized into three primary types: slow (S), fast fatigue-resistant (FR), and fast fatigable (FF), reflecting differences in their physiological roles and muscle activation profiles. Electrophysiological recordings have successfully distinguished these types, and in some cases, even identified a fourth subtype—fast intermediate (FI)[7]. However, immunofluorescence (IF) protocols have never been capable – in any species – of labeling the FI α-MN type or simultaneously co-labeling more than two α-MN types within a single sample. This significant limitation restricts comprehensive mapping of α-MN diversity and highlights the need for enhanced IF methods to fully capture the complexity of α-MN subtypes in both physiological and pathological states.

Here we developed a novel IF protocol capable of co-labeling six distinct types (4 major types
and 2 transitional subtypes) of α-MNs in the lumbar spinal cord of the adult mouse, thereby
enabling an unprecedented level of detail. Using this protocol, in addition to examining the
distribution of different α-MN types across the lumbar cord, we identified two novel transitional
subtypes of spinal α-MNs, FR/FI and S/FF, which shares molecular, electrical, and morphological
features of both S and FF α-MNs. Our results show that these newly described cells are present
in male and female wild-type (WT) mice and do not degenerate in ALS. Electrophysiological
recordings confirmed the presence of both FR/FI and S/FF α-MNs with mixed slow and fast
characteristics, a phenomenon that could only be replicated in simulations when both slow SK3
and fast SK2 currents were present. This finding indicates that α-MNs are arranged along a
circular continuum, contradicting the conventional view of a linear progression from S to FF types
as opposing extremes.

RESULTS

Typing major α-MN types, including the FI type, in the mouse spinal cord

Molecular markers, in the right combinations, can distinguish the major types of α-MNs (**Fig 1**). Our first objective was to use a combination of slow (SK3) and fast (OPN and MMP9) markers to categorize α-MNs in the adult mouse spinal cord into their respective types. In addition to these markers, we incorporated NeuN (a neuronal marker) and VaChT (a cholinergic synapse marker specific to α-MNs) to label and identify α-MN cell bodies. Therefore, we employed two distinct immunofluorescence (IF) protocols on serial sections of spinal cord tissue (protocols 1 and 2) to label α-MNs with these five markers. **Figure 1** illustrates these protocols and demonstrates how the expression patterns of these markers successfully distinguish the four major α-MN types.

Figure 1. Overview of immunofluorescence protocols and antibody combinations used for α-MN typing. Each protocol is numbered and corresponds to a specific combination of antibodies, color-coded to indicate the labeled cell type. The figure shows which cell types are identified by each antibody combination. (figure created using Biorender)

Figure 2. α-MN types of P90 SOD1-G93A WT and SOD (symptom onset) mice differentiated using protocols 1 and 2. (**A**) 20x image of protocol 1: OPN, SK3, NeuN and VaChT, (**A1**) Zoom of MN with NeuN (blue) and VaChT (green) and (**A2**) OPN (white) and SK3 (red) labels (**B**) 20x image of protocol 2: MMP9, SK3, NeuN and VaChT (**B1**) Zoom of cell with MMP9 (white) and (**B2**) SK3 (red) label. Black and red lines indicate where the cells are in the sections. (**C**) Mean LCA changes of α-MN types in WT (N of each type FF=1115, FI=966, FR=186=, S=83, and S/FF=16) and SOD (N of each type FF=677, FI=539, FR=133, S=117, and S/FF=19) mice. LCA changes across lumbar segments in WT (**D**) and SOD (**E**) mice for each α-MN type. Error bars represent SD. Statistical significance: *** p ≤ 0.001, ** p ≤ 0.003, * p ≤ 0.05.

To validate the IF protocols, we measured the largest cross-sectional area (LCA) of labeled α-

MNs in the lumbar spinal cord of adult SOD1- G93A WT male mice (3-4 months old) to verify that

our methods reproduce the known soma size differences among α-MN types. Our results show

that the mean LCA of the labeled cells aligns with established size differences (**Fig. 2C**): cells

expressing MMP9 but not SK3 (MMP9+/SK3–, probable FF cells) were the largest, followed by

cells expressing OPN but not SK3 (OPN+/SK3–, probable FI cells), which were larger than cells

co-expressing OPN and SK3 (OPN+/SK3+, probable FR cells). The smallest cells were those

expressing SK3 but not OPN (OPN–/SK3+, probable S cells). These differences in mean LCA

were statistically significant ($p<0.001$, **Fig. 2B**). Similar size differences among α-MN types were

observed in females (see **Supplemental Fig. 1A**).

To determine whether the size differences described above are consistent throughout the lumbar

cord, we examined the LCA of various α-MN types across lumbar segments L3-L6. Although

overall cell size generally increased from L3 to L6 (**Table S2**), the relative size differences among

α-MN types remained consistent across these segments. Specifically, MMP9+/SK3– (probable

FF) cells consistently exhibited the largest size, while OPN–/SK3+ (probable S) cells were the

smallest. The sizes of OPN+/SK3– (probable FI) and OPN+/SK3+ (probable FR) cells fell between

these extremes (**Fig. 2D**). Furthermore, these size trends were consistent in both male and female

mice (see **Supplemental Fig. 1C**). Collectively, these results confirm that the IF protocols

developed can reliably co-label the four major α-MN types, including the FI type, in the lumbar

spinal cord of adult mice.

MMP9+/SK3+ cells: a MN type that co-express slow and fast markers and resist ALS

degeneration

Interestingly, our labeling of α-MN types revealed a small subset of lumbar MNs that co-expressed

both slow and fast markers (MMP9+/SK3+). These transitional cells, which have not been

previously described in the literature, are termed the "S/FF" type. Their average somatic LCA is

comparable to that of S MNs (**Fig. 2C**, gray bar), suggesting that they are structurally more similar

to S MNs. Notably, these cells were only observed in certain lumbar segments (specifically L3

and L6; **Fig. 2D**) and, when present, were found surrounded by other MN types. Their LCA

increases from L3 to L6 (**Fig. 2D**), and among all α-MN types in these segments, S/FF cells exhibit

the lowest LCA (**Fig. 2D**) and density (**Figs. 3B and 3C**). They constitute less than 0.7% of all α-

MN types in the adult mouse lumbar cord (see the small gray slice in **Figs. 3D & E**). S/FF cells

are also present in the lumbar cords of adult female mice (**Supplemental Fig. 1**).

Figure 3. α-MN density across types using protocols 1 & 2. (**A**) Mean density changes of α-MN
types in SOD1- G93A WT and SOD mice. Density changes across lumbar segments in WT (**B**)
and SOD (**C**) mice for each α-MN type. Percent distribution of each α-MN type in (**D**) WT and (**E**)
SOD mice. Error bars represent SD. Statistical significance: *** p ≤ 0.001, ** p ≤ 0.003, * p ≤ 0.05.
180

Given that transitional S/FF MNs share molecular properties with both disease-vulnerable FF MNs
and disease-resistant S MNs, we examined their susceptibility to ALS degeneration. Our results
show that SOD spinal cords contain comparable numbers and proportions of S/FF MNs to those
in WT mice (**Figs. 3A, B, & C**), indicating that these cells are resistant to ALS degeneration.
Conversely, FI MNs, as expected, had lower numbers and proportions in SOD spinal cords
relative to WT, indicating their vulnerability in the disease.
187
188

Figure 4. α-MN types of SOD1-G93A WT mice differentiated using protocol 3. (A) 20x image of
protocol 3: OPN, SK2, SK3 and NeuroTrace (A1) Zoom cell labeled with NeuroTrace (blue),
VaCht (white) and (A2) SK3 (red) (A3) SK2 (green). Black and red lines indicate where in the
section the cells are located (B) LCA of α-MN types identified by SK2 and SK3 markers (protocol
3). (**C**) Percent distribution of α-MN types labeled with SK2 and SK3. (**D**) LCA variation of WT α-

MN types across lumbar segments. Error bars represent SD. Statistical significance: *** p ≤ 0.001,
** p ≤ 0.003, * p ≤ 0.05.
197
SK2 and SK3 co-labeling parse α-MNs into different, yet overlapping, types
The identification of major α-MN types in the experiments above required two separate IF
protocols, resulting in distinct sets of tissue samples in which spinal motoneurons did not co-
express all markers. To overcome this limitation, we developed a single IF protocol capable of
labeling the four major α-MN types. Deardorff et al.[10] demonstrated that SK2 and SK3 isoforms
differentially label α-MNs—with SK3 exclusively marking slow α-MNs and SK2 labeling all α-MN
types. However, their sequential IF protocol, which applied the SK3 antibody first followed by the
SK2 antibody on the same tissue, may have artificially enhanced the widespread expression of
SK2. To address this, we re-evaluated the expression patterns of SK2 and SK3 in α-MNs using a
revised IF protocol (Protocol 3, **Fig. 1**) that enables simultaneous co-labeling by employing
antibodies derived from different species for more accurate detection.

Our results show that the vast majority of α-MNs (≈92.2%) do not co-express SK2 and SK3
channels (**Fig. 4C**). As illustrated in **Fig. 4C**, approximately 70.9% of cells express SK2 only (SK3-
/SK2+), ≈21.3% express SK3 only (SK3+/SK2-), ≈7.7% co-express both (SK3+/SK2+), and only
≈0.1% express neither (SK3-/SK2-). SK3-/SK2+ cells exhibited the largest somatic LCA mean
(**Fig. 4B**, red bar) and distribution (**Supplemental Fig. 2C**, red trace), indicating that they
comprise the fastest types (FF and FI cells). In contrast, SK3+/SK2- cells had the smallest somatic
LCA mean (**Fig. 4B**, blue bar) and distribution (**Supplemental Fig. 2C**, blue trace), corresponding
to the slowest types (S and FR cells). The small subset of SK3+/SK2+ cells showed an
intermediate somatic LCA range (**Fig. 4B**, gray bar) and distribution (**Supplemental Fig. 2C**, gray
trace), suggesting that they represent transitional groups between fast and slow cells. However,
since S/FF cells have LCA similar to S cells (**Fig. 2C**) while SK3+/SK2+ cells exhibit intermediate
LCAs between the fast (FF & FI cells) and slow types (FR & S cells, **Fig. 4B**), this implies the
existence of an additional transitional subtype, that are larger in size bridging fast and slow cells.
Additionally, the few SK3-/SK2- cells – which, despite being VaChT positive, lack SK labeling –
displayed a small somatic LCA mean (similar to the FR&S group, **Figs. 4B and 4C**, white bar)
and a peak distribution overlapping with intermediate types (**Supplementa**l **Fig. 2C**, dashed
trace); we have designated these as an unknown (UN) group (see Discussion). Interestingly, the
four α-MN groups identified using the SK2 and SK3 co-labeling protocol, along with the UN group,

were present in all lumbar segments and maintained consistent somatic LCA relationships across segments (**Fig. 4D**).

Figure 5. α-MN types of SOD1-G93A WT mice differentiated using protocol 4. (A) 20x image of protocol 4: OPN, SK2, SK3 and NeuroTrace (A1) Zoom of cell labeled with OPN and (A2) SK3, a cell positive SK2 (A4) and negative for A (B) LCA of α-MN types identified by SK2 and SK3 markers (protocol 3). (**B**) Percent distribution of α-MN types labeled with SK2 and SK3. (**C**) LCA variation of WT α-MN types across lumbar segments. (**D**) LCA of α-MN types identified by SK2, SK3, and OPN markers (protocol 4). (**E**) Percent distribution of α-MN types based on SK2/SK3/OPN combinations (protocol 4). Error bars represent SD. Statistical significance: *** p ≤ 0.001, * p ≤ 0.05.

In summary, our SK2 and SK3 co-labeling protocol demonstrates that: 1) The vast majority of α-MNs do not co-express SK2 and SK3 isoforms (with SK2 predominantly expressed by fast MNs

242   and SK3 by slow MNs), 2) SK2 and SK3 isoforms can parse α-MNs into distinct yet overlapping

243   groups, and 3) Although VaChT is a marker of α-MNs, SK2 and SK3 co-labeling can identify

244   ≈99.9% of α-MNs without the need for VaChT.

SK2, SK3, and OPN co-labeling parse α-MNs into six distinct types

Based on our finding that SK2/SK3 co-labeling without VaChT can identify ≈99.9% of α-MNs, we

developed an additional four-channel IHC protocol that combines SK2/SK3 co-labeling with OPN

in place of VaChT (Protocol 4 in **Fig. 1**). With cells co-expressing all markers, we were able to

distinguish more α-MN types than with the single protocols used previously. This protocol was

tested in a different set of animals than those used in **Fig. 2**.

Using this protocol, we distinctly labeled the four major α-MN types (FF, FI, FR, and S) as well as

two transitional subtypes (FI/FR and S/FF) that represent a small percentage of the population.

Specifically, OPN separated SK3+/SK2- cells into the S and FR types, SK3-/SK2+ cells into the

FF and FI types, and SK3+/SK2+ cells into transitional FI/FR and S/FF subtypes (**Fig. 5B**).

Notably, this provides a second independent line of evidence for a transitional population of

SK3+/SK2+/OPN- cells existing between S and FF α-MNs (i.e., the S/FF type), with the first

evidence being the SK3+/MMP9+ cells in **Fig. 2**. The SK3+/SK2+/OPN- cells have somatic LCA

means (**Fig. 5B**) between FF and S cells, consistent with a transitional S/FF subtype. Likewise,

SK3+/SK2+/OPN+ cells exhibited somatic LCA values (**Fig. 5B**) intermediate between FR and FI

cells, supporting their classification as transitional FR/FI subtype. Importantly, the average

somatic LCA values and distributions of the S, FR, FI, and FF types identified via the

SK3/SK2/OPN protocol (Protocol 4, **Fig. 5**) closely resembled those obtained with the OPN and

MMP9 protocols (Protocols 1 and 2, **Fig. 2**). **Supplemental Fig. 2** provides a cross-comparison

of the somatic LCA distributions from all protocols. Because the SK3/SK2/OPN protocol parsed

α-MNs into more distinct groups than the OPN and MMP9 protocols, the somatic LCA distributions

for some types (e.g., S and FI in **Supplemental Fig. 2D**) displayed narrower peaks confined to

more specific ranges. This improved separation among α-MNs: somatic LCA values below

500µm² were predominantly S MNs, values between 500–700µm² were predominantly FI MNs,

and values of 1,000µm² or greater were predominantly FF MNs.

In summary, the SK3/SK2/OPN protocol is a single IHC method that, through co-expression of all
markers, successfully distinguishes both major and transitional α-MN types (**Fig. 5B**), further
confirming the labeling observed in **Figs. 2 and 4B**. Additionally, this protocol independently
confirms the existence of the transitional S/FF and FR/FI subtypes.

Circular continuum of α-MN types

Traditionally, α-MNs have been described as existing along a linear continuum, with S-type at one
extreme and FF-type at the other (**Fig. 6A**). However, the discovery of cells that co-express both
slow and fast markers (S/FF and FI/FR subtypes) suggest a more complex, circular continuum of
α-MN types (**Fig. 6B**). This section examines whether empirical evidence supports the existence
of S/FF and FI/FR cells and a circular continuum of α-MN types.

Figure 6. Comparison of the currently accepted linear α-MN continuum (A) with the proposed
circular continuum of (B) α-MN types (figure created using Biorender).
287

Because α-MN types differ in their firing capacities—FF cells fire the fastest and S cells the
slowest, with other types in between—and because SK channels mediate the AHP depth and
duration in spinal α-MNs (with S cells exhibiting the slowest/deepest AHP and FF cells the
fastest/shallowest), AHP duration serves as the primary electrophysiological property that varies

with α-MN type. It can accurately classify α-MNs into their respective types[11-14]. Specifically, AHP

½ decay alone has been shown to classify α-MNs into slow and fast types with 100% accuracy—

fast cells have an AHP ½ decay of less than 20ms, while slow cells have an AHP ½ decay greater

than 20ms[12]. Therefore, if S/FF and FI/FR cells exist, they would be expected to exhibit hybrid

slow and fast AHP dynamics, as both subtypes have been shown to co-express SK2 and SK3.

To investigate this, we obtained intracellular electrophysiological recordings from α-MNs of adult

non-transgenic C57 mice and plotted the AHP amplitude against AHP ½ decay (**Fig. 7A**), with

fast cells (AHP ½ decay <20ms) shown in blue and slow cells (AHP ½ decay >20ms) in red. Our

IF labeling protocols indicated that SK2 channels are predominantly present in fast cells, whereas

SK3 channels are predominantly found in slow cells. Therefore, we used empirical AHP

recordings from a very slow cell (AHP ½ decay ≈35ms, **Figs. 7A and 7B,** outlined in green) likely

to have SK3 channels only to develop a computer model of the SK3 current (red trace in **Fig. 7B**

and **Table S1**), and recordings from a very fast cell (AHP ½ decay ≈10ms, **Figs. 7A and 7D,**

outlined in green) likely to have to have SK2 channels only to develop a computer model of the

SK2 current (blue trace in **Figs. 7B** and **Table S1**. In simulations, we optimized the SK2 and SK3

channel parameters until the AHP amplitude and duration matched the empirical data (see raw

vs. simulated traces in **Figs. 7B and 7D**).

Figure 7. Electrophysiological recordings of MNs support a circular continuum of different α-MN types. (**A**) Empirical data of AHP amplitude vs. AHP ½ decay in non-transgenic C57 MNs (N = 99) reveal overlapping cell properties among α-MN types. The vertical blue and red dashed lines mark the range where transitional subtypes are found. Cells highlighted in yellow and green are those modeled in panels B, C, and D (indicated by gray arrows). The cells that were modeled for C (S/FF and FI/FR-type) are indicated by triangles in panel A. (**B–D**) The raw and simulated AHP recordings are shown for a S MN (**B**), a S/FF MN (**C**), and a F MN (**D**). Only SK3 (in B) and SK2 (in D) conductances could reproduce the AHP recordings of slow and fast cells, respectively. In C, both SK2 and SK3 conductances were needed to match the AHP recordings (purple trace), as SK2 alone (blue trace) or SK3 alone (red trace) did not suffice. (**E**) Comparison of Rin between transitional MNs (AHP ½ decay: 18–22ms) and the slowest slow MNs (AHP ½ decay ≥30ms) in non-transgenic C57 MNs.

Notably, the SK2 and SK3 channel models exhibited drastically different current dynamics,

indicating that currents mediated by these isoforms are not merely scaled versions of each other.

The SK2 channel model had a Hill coefficient (n_{SK2}) of 4, a half-maximal effective concentration

($K_{0.5}$) of 0.5μM, and a time constant (τ_{SK2}) of 7ms, while the SK3 channel model had an n_{SK3} of

1.3, $K_{0.5}$ of 0.5μM, and τ_{SK3} of 25ms. This suggests that SK3 currents activate more slowly, have

a lower activation slope, and are more sensitive to Ca²⁺ compared to SK2 channels. Using these

channel models, we were able to simulate the AHP recordings of most fast (blue) cells with SK2

channels alone, adjusting the channel conductance to match AHP amplitude. Similarly, most slow

(red) cell recordings were accurately simulated using SK3 channels alone. However, most cells

with AHP ½ decay values between 18ms and 22ms (± 2ms around the 20ms cutoff, **Fig. 7A**)

could not be simulated with a single channel isoform. Instead, a combination of SK2 and SK3

currents was necessary. For example, one cell's AHP properties were best replicated by a mix of

68% SK2 and 32% SK3 (purple trace in **Fig. 7C**). Four additional examples of cells requiring a

combination of both currents are shown by the triangles in **Fig. 7A,** outlined in orange.

Because transitional S/FF and FR/FI subtypes co-express SK2 and SK3 (**Figs. 2, 3, 4, & 5**), and

electrophysiological recordings suggest the presence of cells with hybrid slow and fast dynamics

within the 18–22 ms AHP ½-decay range, these transitional subtypes are expected to fall

predominantly within that window. As S/FF and FR/FI cells differ in size, we used input resistance

(Rin) as a proxy to determine whether α-MNs within the 18–22 ms AHP ½-decay range represent

size-diverse populations. For comparison, Rin values from the slowest slow-type cells (AHP ½-

decay ≥30 ms, presumed S cells) were also included to indicate typical Rin values for S cells (**Fig.**

7E). Our results show that cells in the 18–22 ms range span a broad spectrum of Rin values,

indicating two distinct, heterogenous populations: 1) small cell with large Rin and long AHP ½

decay>20ms), which are even smaller than the smallest S cells in the ≥30 ms group (red cells in

Fig. 7E); and 2) large cells with low Rin and fast (of AHP ½ decay<20ms) cells (blue cells in **Fig.**

7E). This confirms our IF data that two cell populations (transitional S/FF and FR/FI subtypes) of

different sizes exist in the 18–22 ms AHP ½-decay range were combined SK2 and SK3 currents

mediate the AHP.

Together, these findings support our IF labeling data, confirming the existence of two transitional

α-MN subtypes. These subtypes exhibit mixed slow and fast AHP dynamics – due to combined

SK2 and SK3 currents – but differ markedly in cell size. These finding supports the concept of a

circular continuum in α-MN types through the presence of S/FF and FI/FR transitional cells co-

expressing both SK2 and SK3 channel isoforms.

DISCUSSION

The present study identifies two novel transitional subtypes of spinal α-MNs, FR/FI and S/FF, which share molecular, electrical, and morphological features of slow and fast cells. Labeling of these cells was observed in the lumbar spinal cord of male, female, transgenic, and non-transgenic adult mice. Both electrophysiological recordings and IF staining confirmed the presence of these transitional subtypes with mixed slow and fast characteristics, a phenomenon that could only be replicated in simulations when both slow SK3 and fast SK2 currents were present. This finding demonstrates that α-MNs lie along a circular continuum, challenging the traditional view of a strictly linear progression from S to FF types as polar opposites. In addition to identifying these new subtypes, this study is the first to label the FI type. The discovery was made possible by a novel IF protocol capable of co-labeling six distinct types (4 major types and 2 transitional subtypes) of α-MNs, thereby enabling an unprecedented level of detail in studying α-MNs. This advancement opens the door to enhanced aging and neurodegenerative research where different α-MN types exhibit varying degrees of susceptibility.

For over 60 years, spinal α-MN, muscle fiber, and MU types have been extensively studied using various techniques, unveiling a continuum of morphological, biophysical, electrical, molecular, and contractile properties. Traditionally, α-MNs have been categorized along a linear spectrum between S and FF phenotypes. Electrophysiological intracellular recordings have identified up to four distinct α-MN types[7], while immunohistochemistry (IHC) staining has differentiated up to four MU types[15] and as many as eight muscle fiber types[16] types. Until now, however, distinguishing α-MN subtypes using IHC has been limited. Recent RNA sequencing studies support our findings, revealing that α-MNs are far more diverse than previously recognized, with over eight distinct types identified[17,18]. Interestingly, despite these advancements, IHC staining of α-MNs have traditionally been restricted to co-labeling no more than two types simultaneously in any species[19-21]. Furthermore, no IHC protocol to date has successfully identified the FI α-MN subtype in any species.

The present study introduces a groundbreaking IF protocol that enables the co-labeling of six distinct α-MN types (FF, FI, FI/FR, FR, S, and S/FF) within the mouse lumbar spinal cord. This advancement is based on two key findings. First, we refined the understanding of SK2 and SK3 channel distribution in α-MNs, leveraging the finding that α-MNs exhibit a distinct and divergent

expression pattern of SK channels. Consistent with the findings of Deardorff, et al. [10], our results
confirm and extend that SK3 channels are exclusively expressed in slow MNs (S and FR types).
However, we further demonstrate that SK2 channels are specifically expressed in fast MNs (FI
and FF types), a distinction made possible by employing newer SK2 and SK3 antibodies from
different species, allowing for simultaneous co-labeling of both channel types. This improvement
over the sequential IF protocols used by Deardorff, et al. [10], reduces the risk of overestimating
SK2 distribution. Second, we found that SK2 and SK3 co-labeling identifies ≈99.9% of α-MNs,
effectively replacing the need for cholinergic labeling to accurately label α-MNs. Interestingly, a
very small subset of α-MNs (~0.1%) did not express either SK2 or SK3 channels. Furthermore,
across all tested animals (male, female, transgenic, and non-transgenic), no cells were found that
were negative for VaChT but positive for SK2 or SK3 (VaChT−, SK2+ or SK3+). This breakthrough
significantly enhances the accuracy of α-MN classification and opens new avenues for detailed
analysis of spinal motor circuitry.

Among all ion channels in α-MNs, SK channels are the only ones that correlate with α-MN types
through their AHP properties, and AHP is the only electrical property that differ among α-MN types.
Consequently, it is not surprising that the expression levels of these channel isoforms can
distinguish between different α-MN types. Our findings demonstrate that SK2 and SK3 currents
are not merely scaled versions of one another but exhibit markedly different current dynamics.
Specifically, SK2 currents activate significantly faster than SK3 currents, with a time constant
approximately 3.5 times shorter in our simulations (τ_{SK2} ≈7ms vs. τ_{SK3} ≈25ms). This difference
indicates that SK2 channels not only activate more rapidly but also have a steeper activation slope
and reduced sensitivity to Ca^{2+} compared to SK3 channels. These modeling data support the
differential expression of these isoforms among α-MN types, highlighting their distinct functional
roles. Although various markers have been used to label different α-MN types, such as SV2A[22],
Esrrb[23], and UCHL1[24] for slow cells; Chondrolectin[25], CGRP [26], and Dlk1[27] for fast cells; MMP9[19]
for FF cells; and Osteopontin[20] for S and FR cells, SK2 and SK3[10] – as ion channels that mediate
the AHP they stand out as the only markers with both molecular and functional relevance, thereby
providing a more accurate means of distinguishing between α-MN subtypes.

Of special interest is the finding of a transitional cell subtype, the S/FF subtype, that closes the
loop between S and FF α-MNs and form a circular continuum. Our results indicate that S/FF cells

are: 1) Present in both male and female mice, as well as in multiple mouse strains, 2) Small in
size, with LCA and Rin values comparable to those of S cells, 3) Rare in the Lumbar cord,
constituting approximately 0.7% of all MN types, and localized specifically to L3 and L6 segments,
4) Characterized by co-expression of both slow and fast markers (MMP9+/SK2+/SK3+/OPN-), 5)
Exhibiting an AHP ½ decay time between 18ms and 22ms, supporting a firing rate much faster
than typical S cells, and 6) Resistant to degeneration in ALS. Although these properties suggest
they may represent a "super type," it remains to be determined whether S/FF cells are fatigable
or fatigue-resistant. Another important finding of this study is the successful labeling of FI α-MNs
using IHC. We showed that FI cells: (1) are the second most prevalent α-MN type (after FF cells)
in the adult mouse lumbar spinal cord; (2) are susceptible to degeneration in ALS; and (3) display
similar size and frequency in both male and female mice. The detailed characterization of these
cell types will advance research on aging and neurodegeneration, where α-MN types differ in their
susceptibility.
437

Material and Methods

Immunohistochemistry

Ethical approval

All procedures were approved through the Wright State University animal care and use committee.

Animals

ALS mice: Mice for the immunohistochemistry studies were (~3 months, G93A-SOD1: N = 19, WT: N = 13) bred from breeders purchased from Jackson Laboratory (B6SJL-Tg, Stock# 002726). Hybrid females were bred with hemizygote males, allowing for the expression of the SOD-1 human gene in some their offspring (SOD-1 mice) while also providing offspring that did not show this expression to be used as wildtype (WT) littermate controls. We used only male mice, as the disease is more aggressive in males[28], to provide more consistency of disease changes and, thereby, robustness of results. Genotyping was performed by Transnetyx, Inc. Mice were randomly assigned from the colony to the study.

C57BL/6 mice: Mice in the supplementary figure 2 are C57BL/6, obtained from National Institute on Aging (NIA) colony (N = 9, male = 5, female = 4). The mice were randomly selected from NIA's colony.

Spinal Cord Preparation

Mice were given a lethal dose of Euthasol followed by transcardial perfusion with a phosphate buffer rinse, then fixed with 4% paraformaldehyde. The spinal cords were dissected and post-fixed for 1-2hrs, then refrigerated in 15% sucrose for up to 2 weeks. Next, each segment was identified and marked with a tissue dye, embedded in tissue freezing medium, then flash-frozen and stored at -80˚C. The cords were then sectioned at 45µm on a Leica cryostat (Model #: HM 550 ThermoFisher® Cryostat), serially collected, and kept in cryoprotectant at -20˚C until labeling.

Immuno Labeling Protocols 1, 2 and 3

For the first three protocols this is the general protocol, serial slices (4-5) of each spinal cord segment were extracted from the cryoprotectant and labeled for each animal. Sections were washed three times (3x) in phosphate buffer saline with 0.1% Triton-X (PBS-T); then incubated one hour in 10% normal horse serum (NHS). The primary antibodies (see Table 1 for antibody

list) were incubated overnight at 4°C; then washed 3x in PBS-T. The secondary antibodies were

incubated at 25°C for 2-3 hours. After washing with phosphate buffer saline (PBS), the sections

were mounted and cover-slipped with Vectashield (Vector labs) for imaging (see methods in

Imaging section, below). Figures 2A, 2B and 4A, A1-A3 show examples of labeling of all protocols.

<u>SK2, SK3 and OPN labeling (Protocol 4)</u>

This protocol was completed in 3 SOD1-G93A WT male mice and 9 C57BL/6 male and female

mice. In the SOD1-G93A WT sections were labeled with SK2, SK3, OPN, and NeuroTrace. Spinal

cord segments from L5 and L6 were extracted from cryoprotectant and labeled for each animal.

For the C57BL/6 mice, sections were labeled with SK2, SK3, and OPN. Spinal cord segments L3-

L6 were used to complete analysis.

The SK2 was incubated overnight at 4°C; then was washed 3x with PBS-T. Then, the secondary

antibody incubated for 2 hours; then FAB fragment incubated for 30min. SK3 and OPN antibodies

(NeuN, same as protocol 1, was added for C57) were then incubated overnight at 4°C and,

secondary antibodies incubated at 25°C for 2-3 hours; Neurotrace, (omitted for C57) was

incubated for 30 min. After washing with PBS, sections were mounted and cover-slipped with

Vectashield for imaging. See figure 5A & A1-A6 for example of labeling.

498　**Table 1.** List of all antibodies used in each labeling protocol with associated protocol and
499　dilution.
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Protocol #	Antibody	Vendor	Catalog #	Dilution	RRID
Primary Antibodies					
1 & 2	NeuN α guinea pig	Sigma	ABN90	1:300	RRID:AB 11205592
1 & 2	VAChT α mouse	Abcam	AB134298	1:1000	discontinued
3	VAChT α mouse	Novus	NBPS-59378	1:400	RRID:AB_2922997
1, 2, 3 & 4	SK3 α rabbit	Sigma	AB5350	1:1000	RRID:AB_3713098
1 & 4	OPN α goat	R&D systems	AF808	1:750	RRID:AB_2194992
2	MMP-9 α goat	Sigma	M9570	1:500	RRID:AB_1079397
3 & 4	SK2 α goat	Abcam	AB99457	1:1000	RRID:AB_10675678
Secondary Antibodies					
1 & 2	Alexa Fluor 405	Jackson Immuno	706-475-148	1:200	RRID:AB_2340470
1 & 2	Alexa Fluor 488	Jackson Immuno	715-545-150	1:100	RRID:AB_2340846
3	Alexa Fluor 488	Jackson Immuno	705-545-147	1:100	RRID:AB_2336933
1, 2, 3 & 4	Cy-3	Jackson Immuno	711-165-152	1:100	RRID:AB_2307443
1 & 2	Alexa Fluor 647	Jackson Immuno	705-605-147	1:100	RRID:AB_2340437
3 & 4	Alexa Fluor 647	Jackson Immuno	715-605-150	1:100	RRID:AB_2340865
Other Agents					
4	FAB fragment	Abcam	ab98826	1:200	RRID:AB_10674476
3 & 4	Neurotrace	Life Sciences Tech	N21479	1:250	

<u>Imaging and Analysis</u>

Imaging: An Olympus FV1000 confocal microscope was used to acquire 20X images at 1µm
steps and 1.2x zoom of the ventral side of the spinal cord, specifically the areas containing motor
neuron pools was imaged (Rexed lamina IX). Lumbar regions L3-L6 were imaged with 3-4
complete slices imaged for each lumbar segment for each animal.

Image Analysis*:* The images collected were analyzed by a blinded experimenter using Fluoview
software (Olympus). The largest cross-sectional area (LCA) was measured, as well as the
average immunofluorescent (IF) intensities for each cell. In protocols 1-3, cells were labeled as
alpha motor neurons if they were positive for VAChT and specifically displaying c-boutons and
NeuN (see **Fig 1**). Additionally, they had to have a cross-sectional area larger than 300µm (29).

To determine whether cells were positive for OPN or MMP-9, background fluorescence levels

were taken in an area that was negative for all markers, and the background fluorescence was

averaged. Next, (i.e., OPN or MMP9), the average IF intensity of the cell at the LCA was divided

against the background. If the intensity ratio was twice as high as the background, the motor

neurons were categorized as positive for either MMP9 or OPN. They were then categorized into

FF-, FI-, FR-, or S-motor neurons (see Fig 1). The SK2/SK3-labeled cells were determined to be

positive if clusters of channels were found on the cell membrane of the soma; and were

considered an α-MN if VaChT was also present. If the cell was positive for SK2 then it was

considered an F (FF or FI) cell. If it was positive for SK3 was categorized as an S cell (FR or S).

Labeling with OPN, SK2, and SK3 allowed us to differentiate FR (OPN+ and SK3+) and S (OPN-

and SK3+) cells together with labeling of FF (OPN- and SK2+) and FI (OPN+ and SK2+) cells.

Exclusion criteria: Mice and/or images were excluded due to poor signal to noise ratios.

Electrophysiology

<u>Animals</u>

C57BL/6 mice: Mice for the electrophysiology studies were both male and female C57BL/6 mice

from 3 age groups were received from National Institute on Aging. The 3 age groups consisted

of: 3-4 months (female N = 12 and male N = 10), 12-14 months (female N = 12 and male N = 5)

and 24+ months (female N = 21 and male N = 13). The mice with the same age and sex were

housed with their similar littermates, with food and water ad libitum.

<u>Tissue Preparation</u>

Mouse laminectomy of the sacrocadual region of the spinal cord was performed as previously

described in Mahrous and Elbasiouny [30,31]. Mice underwent deep anesthesia via an intraperitoneal

injection of urethane (0.27g/100g weight). Animal response was checked by tail/toe pinch to

ensure mice were fully anesthetized. If necessary, supplemental injections were given until the

animal was unresponsive to the tail/toe pinch and respiration was observably slow and steady.

Next, the animal was securely pinned dorsal side up to a dissecting dish and supplied with a

steady flow of carbogen (mixture of 95% O_2 and 5% CO_2) through a face mask. Afterwards, the

dorsal skin was cut and removed exposing the back muscles. Longitudinal incisions were made

through the back muscle down both sides of the vertebral column. Starting around the upper

lumbar region (L1), a single cut to the vertebrae was made to expose the spinal cord. Once
exposed, modified Artificial Cerebral Spinal Fluid (mACSF) aerated with carbogen was steadily
dripped on the surgical site at a rate of 4-5 mL/min. The vertebral column was then carefully cut
along the sides of the spinal cord towards the tail of the animal as far as possible to expose the
sacrocaudal roots. Immediately, the spinal cord was transected, and the dura was longitudinally
cut. The cord was then gently lifted to cut the ends of the spinal cord roots. Afterwards, the spinal
cord was carefully transported to a mACSF filled petri dish with carbogen aeration and the animal
was decapitated (an AMVA-approved method of euthanasia). At the petri dish the spinal roots
were separated and freed from the spinal cord and neighboring roots. The freed cord was
transected around the L6-S1 region and the S1-C02 segments were transferred to an intracellular
recording chamber. Carbogen aerated normal Artificial Cerebral Spinal Fluid (nACSF) was
supplied at a rate of 2.5-3 mL/min to the recording chamber. At the recording chamber the spinal
cord was pinned ventral side up and the freed spinal roots were placed on bipolar electrodes. The
roots were covered with petroleum jelly for cord stability and root moisture. After completing this
process, the spinal cord was incubated for at least 1 hour in the recording chamber before starting
intracellular recordings.

<u>Solutions</u>
The modified Artificial Cerebral Spinal Fluid (mACSF) contained the following (in millimolar): 118
NaCl, 3 KCl, 1.3 $MgSO_4$, 5 $MgCl_2$, 1.4 NaH_2PO_4, 1.5 $CaCl_2$, 24 $NaHCO_3$, and 25 glucose. The
normal Artificial Cerebral Spinal Fluid (nACSF) solution consisted of (in millimolar): 128 NaCl, 3
KCl, 1.5 $MgSO_4$, 1 NaH_2PO_4, 2.5 $CaCl_2$, 22 $NaHCO_3$, and 12 glucose. Glucose and $NaHCO_3$ were
added on the day of the experiment to preserve the stocks for a long period. The composition of
both ACSF solutions was adopted from previous methodology (Deutsch and Elbasiouny 2024).

<u>Motoneuron Identification</u>
Sharp glass micropipettes were pulled from 2mm outer-diameter thick-walled borosilicate capillary
glass (A-M Systems, Sequim, WA, USA, 604000) using a micropipette puller (P-97; Sutter
Instrument, Novato, CA). Micropipettes were then filled with 3 M $KC_2H_3O_2$ and 100 mM KCl. A
silver chloride (Ag-AgCl) electrode was placed inside the micropipette for αMN recording.
Micropipette resistance typically ranged from 32-43 MΩ. Micropipettes were advanced vertically
into the ventral horn of the spinal cord using a micro positioner (2660; David Kopf Instruments,

Tujunga, CA) until an αMN was impaled. αMNs were identified using an antidromic action potential

through the stimulation of the mounted ventral roots. Stable αMNs were verified by a resting

membrane potential ≤-55 mV and ≥50 mV antidromic action potential spike height. All real-time

αMN recordings were interfaced using a Power 1401−3A board (Cambridge Electronic Design,

Cambridge, UK) after signal amplification using an Axoclamp-2A/B amplifier (Molecular Devices,

San Jose, CA, USA). The Axoclamp-2A/B was running in discontinuous current clamp (DCC)

mode with 6-8 kHz switching rate. The Spike2 software (version 8.23, Cambridge Electronic

Design) was utilized for data recording and storage for offline data analysis.

<u>Measurement of Afterhyperpolarization Properties</u>

The MN After-Hyperpolarization Phase (AHP) was measured by stimulating the impaled MN with

5 consecutive pules of current with 1 second intervals. The stimulated action potentials were

averaged and analyzed to measure AHP amplitude, AHP 1/2 decay and AHP 2/3 decay. AHP

amplitude was measured by taking the voltage difference between the resting membrane potential

and the deepest voltage value of the AHP. AHP 1/2 decay was recorded as the time from the start

of the AHP to the point at which the AHP amplitude had decayed to half of its value. The time at

which the AHP was two thirds of its maximum value in reference to the start of the action potential

was recorded as AHP 2/3 decay.

Exclusion criteria: Cells were excluded from analysis if all parameters such as AHP and

resistance.

Computational Modeling

To reverse engineer the kinetics of SK2, and SK3 channels, we followed the methodology of

Mousa [32], one S and one F cell models were developed, based on the electrical recordings obtained

from S and F MNs, respectively. The anatomy of S and F cell models were developed using

reconstructed 3D morphology of spinal mouse MNs [33,34]. The passive and active properties of the

two cell models were optimized to match their respective types from the mouse recordings. Briefly,

The S-type and the F-type MNs' specific membrane resistance (R_m) for soma, axon hillock, and

initial segment were set to 1629 $\Omega . cm^2$ and 738 $\Omega . cm^2$, respectively, while the dendritic membrane

resistance was set to a 20 times higher R_m following the methodology of Fleshman, et al. [9]. The

specific membrane capacitance (C_m) was set to 1μF/cm², and the specific axial resistance (R_a) was

set to 70 $\Omega . cm$. fast sodium (Naf), delayed rectifier potassium (Kdr), N-type Ca²⁺ (CaN), and Ca²⁺-

activated potassium K(Ca) channels were added to the soma. The initial segment and axon hillock

included: Naf, Kdr, and persistent sodium (Nap) channels. The Naf and Kdr channels are
responsible for the generation of AP spikes, while CaN channels produce the after-depolarization
(ADP) that activates the Ca^{2+}-activated potassium K(Ca) channels, which in turn mediate the
afterhyperpolarization (AHP). Two types of K(Ca) channels were included in the current
computational study: SK2 and SK3, with the goal to reverse engineer their kinetics. A complete
list of the passive, and active channel conductances is provided in table S2.

The SK channels were modeled as conductance-based models following Hodgkin and Huxley
channel style (equation 1). The channel conductance was modeled as Hill equation, that varies
the steady state conductance based on the intracellular Ca concentration (equation 2). The real-
time normalized channel conductance (s) was computed using ordinary differential equation of
first order with time constant (τ_S) (equation 3). The intracellular the intracellular Ca^{2+} dynamics
were the same in both the S-type and the F-type MNs following of the methods of Mousa [32].

$$I_{SK} = \bar{g}_{SK} \times s \times (V_m - E_k) \tag{1}$$

$$s_\infty = \frac{[Ca_i]^n}{[Ca_i]^n + K_{0.5}{}^n} \tag{2}$$

$$\frac{ds}{dt} = \frac{s_\infty - s}{\tau_S} \tag{3}$$

Using the AHP records of the S-type, and F-type MNs, the kinetics of the SK3 and SK2 channels
were explored to solve for the 1) the Hill coefficient (n) that represents activation slope of the
channel with respect to the Ca^{2+} concentration, 2) Time constant (τ_S) that represent activation
speed of the channels and 3) the half maximal effective concentration of the intracellular Ca^{2+} $K_{0.5}$
that represents the overall channel sensitivity to intracellular Ca^{2+}.

<u>Statistics</u>

SPSS Software (RRID:SCR_002865) was used to complete all immunohistochemistry and
electrophysiology statistical analysis. A two or one way ANOVA was performed on the LCA and
density data with Tukey's post-hoc analysis, A power analysis was completed for all LCA and
density measures to determine the appropriate number of cells and animals for analysis.
Independent unpaired t-tests were performed for comparisons between SOD and WT groups in
density. Alpha was set at a p= 0.05 for significance. All histograms and graphs were created using

GraphPad Prism (RRID:SCR_002798). The electrophysiology and computational modeling graphs were all created using Python (RRID:SCR_008394).

Ethics declaration

Large Language Models (LLMs) were used solely to refine the text of the initial manuscript draft prepared by the authors.

Data availability statement

All data supporting the results are included in the manuscript figures in addition as accompanied raw data in the supplementary material.

Competing interests

The author declares no competing interests.

Acknowledgements

This work was funded by the National Institute of Neurological Disorders and Stroke (award numbers: NS091836 and NS131816) of the National Institutes of Health. The authors would like to thank the following people for their support and contribution to the collection of data for this work: Cierra Ellington, Weston Gelford, Brielle Gatrell, Leila Jaber and Natalie Ehret.

Disclaimer

The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.

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