An integrated model of population growth saturation and basal ROS levels predicts cellular ferroptosis sensitivity

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Abstract

Ferroptosis is a form of regulated cell death characterized by iron-dependent lipid peroxidation and membrane rupture. While cellular populations reaching confluence are known to have limited sensitivity to ferroptosis, an understanding of the interplay between growth dynamics, ROS levels and ferroptosis is currently lacking. Here we use live-cell imaging coupled to ROS tracing to reveal a feedback loop between population growth and ferroptotic cell death. Starting out from the observation that the cellular proliferation rate

declines with increased cellular density, we find that ROS levels also decline with increasing
cellular density. Low ROS levels make cells insensitive to ferroptosis, which in turn enables
population growth. This feedback produces two steady states: (i) a ferroptosis-insensitive
state characterized by slow growth, low levels of ROS and low rates of cell death and (ii) a
ferroptosis-sensitive state characterized by rapid growth, ROS accumulation, and high rates
of ferroptosis. Interestingly, triggering effective ferroptosis by interfering with GPX4
activity is directly linked with this mechanism. On the other hand, keeping cell numbers and
drug concentration/cell constant while restricting growth space led to reduced
proliferation, reduced ROS and decreased ferroptotic cell death. Importantly, ferroptosis
resistance at high cellular confluency could be broken by increasing cellular ROS and lipid
ROS through a galactose-promoted OXPHOS switch. A mathematical model of the feedback
mechanism predicts the long-term fate of populations as well as their ferroptosis sensitivity
when external conditions impacting cell proliferation rates, ROS, or both are changed.
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Introduction

The observation that cysteine removal kills cells in culture only under low density dates
back to the establishment of human cell culture by Harry Eagle in the 1960ies(Eagle, 1960).
We now know that in cell culture cysteine removal induces ferroptosis, an iron-dependent
type of regulated necrosis(Gao et al., 2018). Ferroptotic cells present with loss of plasma
membrane integrity due to excessive lipid peroxidation, osmotic cytoplasmic swelling, and
mitochondrial fragmentation and failure(Dixon et al., 2012; Friedmann Angeli et al., 2014;
Riegman et al., 2020). Glutathione peroxidase 4 (GPX4) constitutively hydrolyses lipid
hydroperoxides thereby preventing ferroptosis(Yang et al., 2014). Consequently, genetic or
pharmacological inactivation of GPX4 induces ferroptotic cell death(Friedmann Angeli et al.,
2014; Seiler et al., 2008; Yang et al., 2014). GPX4 requires glutathione (GSH) as an electron
donor to reduce lipid hydroperoxides. Cellular GSH synthesis is coupled to the availability of
intracellular cysteine which can be generated from cystine imported from the extracellular
space via the cystine/glutamate antiporter System xc-. One of the most defining hallmarks
of ferroptotic cell death to date is excessive membrane lipid peroxidation driven by lipid
reactive oxygen species (lipid ROS) which unlike general ROS reside within cellular
membranes(Kagan et al., 2017; Wiernicki et al., 2020). Yet, in cycling cells mitochondria are
a   major   source   of   superoxide   as   a   by-product   of   oxidative   phosphorylation

(OXPHOS)(Ivanova et al., 2021), which in the presence of protein iron-sulphur clusters

undergoes a Fenton reaction giving rise to lipid ROS(Homma et al., 2021). Thereby,

mitochondrial OXPHOS is thought to indirectly feed into ferroptosis susceptibility of cells.

Notably, cells generating cellular ATP mainly through glycolysis—the so-called Warburg

effect—also generate less superoxide (Martens et al., 2005), which may influence

ferroptosis sensitivity(Homma et al., 2021). Unlike for other types of cell death, cellular

population density indeed has been observed to also restrict the capability of cells to

undergo ferroptotic cell death induced through various experimental means(Schneider et

al., 2010; Seiler et al., 2008). Herein, E-cadherin on epithelial cells was shown to sequester

YAP1 upon close cell-to-cell contact thereby preventing YAP1-mediated induction of ACSL4

and TFRC(Wu et al., 2019). Yet, similar observations can also be made for mesenchymal

cells lacking expression of E-cadherin suggesting additional mechanisms by which high

cellular confluence restricts ferroptotic cell death (reviewed in(Vucetic et al., 2020)).

Indeed, high cellular density was shown to downregulate ROS and ferric iron content(Yan et

al., 2024), known outputs and inputs, respectively, of mitochondrial oxidative

phosphorylation (OXPHOS). While the mitochondrial TCA cycle was shown to promote

ferroptosis induced through cysteine or GSH depletion(Gao et al., 2018), it is only poorly

understood how cellular confluence, cellular ROS levels and ferroptosis sensitivity might be

connected. Here, we used a combined approach of cellular experimental work with

mathematical modelling to address this connection.

Results

Population growth dynamics are linked with cellular ROS levels

To test the hypothesis that cellular proliferation rates are accompanied by high metabolic

generation of ROS in non-epithelial cells, we made use of mouse embryonic fibroblasts

(MEFs) seeded at low (LD), middle (MD) and high cellular density (HD) into similar sized

cell culture wells in the same volume of growth media, tracked cellular confluence over time

using live cell imaging and calculated doubling times. As expected, cells seeded at HD

reached confluence first, followed by MD and LD (Figure 1A). Importantly, cells seeded at

HD showed progressively slower proliferation rates in comparison to cells seeded at LD or

MD (Figure 1B). Next, we measured levels of cellular ROS comparing LD, MD and HD cells

using the fluorescent ROS tracer dye CellROX. Indeed, mean fluorescent intensity (MFI) of

the tracer decreased in all three starting densities over time with increased cellular density

indicative of lower levels of ROS (Figure 1C). Notably, with labile iron present, lipid ROS can

arise through Fenton reactions. Indeed, basal cellular lipid ROS levels also decreased

inversely proportional with starting density (Figure 1D). To next determine whether these

changes in cellular proliferation and ROS levels were mirrored in transcriptional profile

changes, we subjected MEFs seeded at LD as compared to HD into similar sized wells with

similar volumes of media to RNA-sequencing (RNA-seq). Interestingly, mere changes in

growth at these two different seeding densities was sufficient to significantly alter gene

expression programmes in the two states. Interestingly, gene set enrichment analysis

(GSEA) showed an enrichment of mitotic spindle gene set as well as ROS pathway (Figure

1E), suggesting proliferative cells with high levels of ROS to be present predominantly

within the LD condition.

A mathematical model predicts a negative feedback loop of population growth, lipid

ROS and ferroptosis

Given that high lipid ROS at LD is likely permissive for ferroptotic cell death, we decided to

mathematically model a connection of these parameters to understand mechanisms

potentially interlinking these. To this end, we built a minimal mathematical model of the

interaction between population growth, levels of lipid ROS, and ferroptosis. The model

consists of three components: i) population dynamics driven by the balance between

logistic growth and ferroptotic cell death, ii) the production of ROS as a side-product of

cellular growth, which can feed into to the production of lipid ROS and, via the Fenton

reaction, to lipid peroxidation (LPO) and iii) ferroptotic cell death triggered by LPO.

Interestingly, the model predicts a negative feedback loop in which fast growth leads to high

levels of lipid ROS, which via LPO production can lead to ferroptotic cell death in turn

restricting growth (Figure 2A). We focus on the population size n and average levels of lipid

ROS per cell, denoted r. The dynamics of these variables is characterized by two differential

equations: The population size grows logistically, reaching a plateau specified by a carrying

capacity K. It decreases due to cell death, which effectively occurs when lipid ROS reaches a

level r0 such that lipid ROS-dependent LPO production overwhelms the LPO scavenging and

repair mechanisms and cells undergo ferroptosis. Lipid ROS levels increase at a rate a per

cell division and they decrease at a rate br due to ROS scavenging and degradation (Figure
2B). We also included a recently described biochemical positive-feedback loop, where the
generation of lipid ROS leads to the production of further lipid ROS as a by-product of the
Fenton reaction(Co et al., 2024). The resulting differential equations (Figure 2B) predict the
dynamics and the eventual fate of a population (Figure 2C). Interestingly, the feedback
between population dynamics, lipid ROS levels and ferroptotic cell death leads to seeding-
density-dependent cell fates. Each point in this diagram specifies a lipid ROS level r on the x-
axis and a population size n on the y-axis. Arrows indicate the flow of populations over time:
Starting from low population sizes (relative to the carrying capacity) and high levels of lipid
ROS, populations are taken to a steady state with high rate of cell death and low population
size. This ferroptosis-sensitive state is indicated by a red point. Conversely, initial
conditions with high population size and low levels of lipid ROS evolve to a steady state
characterized by a low rate of ferroptotic cell death and a population reaching carrying
capacity. Initial conditions that lead to either the susceptible or the resistant state (i.e. HD,
MD or LD seeding of cells or varying levels of cellular growth and, hence ROS production)
define basins of attraction of these states (shaded in blue and red, respectively). These
basins of attraction depend on the parameters of the model (see Document S1).

Seeding density determines cellular ROS levels and ferroptosis sensitivity

To test our mathematical model experimentally, we manipulated the parameters
characterizing the feedback loop between population dynamics, ROS levels and ferroptosis.
We started by interfering with GPX4 activity using the small molecule inhibitor RSL3(Yang
and Stockwell, 2008). Since constitutive GPX4 activity leads to clearance of LPO products,
GPX4 inhibition leads to increased levels of LPO. Excessive LPO leads to membrane
destabilization, permeabilization(Pedrera et al., 2020) and ferroptotic cell death(Bebber et
al., 2020; Conrad and Pratt, 2019). Interestingly, RSL3 treatment led to increased detection
of both lipid ROS and total ROS as the seeding cell density was decreased from HD to LD
(Figure 3A, 3B). Moreover, lipid ROS increased over time in a strict density-dependent
manner upon RSL3-treatment (Figure 3C). As a result of this, cells seeded at LD and MD but
not HD underwent cell death upon RSL3 treatment (Figure 3D). Importantly, these
outcomes match the predictions of our mathematical model: We fit the model parameters to
the experimental data giving confluence and lipid ROS levels over time, resulting in the

curves shown (Figures 3E-3J), both for the control without RSL3 and the experiments with
GPX4 inhibition using RSL3. As expected, we find the lipid ROS threshold parameter r0
reduced under RSL3 relative to the control, which leads to a shift in the basins of attraction
specifying cell fate (Figure 3G, 3J): under RSL3, cell death is triggered already at lower lipid
ROS rates due to reduced LPO clearance. This reduces the population size, and leads to a
faster turnover of cells, and (averaged over the surviving cells) increased levels of lipid ROS.

Ferroptosis sensitivity is restricted by growth space and not limited RSL3 availability
per cell

To control for the possibility that in the LD condition individual cells receive relatively
higher doses of RSL3 leading to increased induction of ferroptosis, we repeated RSL3
treatments of cells seeded at LD, MD and HD comparing growth in 24 well versus 12 well
plates while scaling the medium volumes and RSL3 amounts to the smaller growth area
provided by 24-well plates, thereby keeping RSL3 concentration per cell constant. By doing
this, only the growth space, i.e. relative confluency of any given cell number varied between
the 12- and 24-well condition. Cells grown in 24-well plates at all three starting densities
showed a smaller induction of general ROS upon treatment with RSL3 (Figure 4A) in
comparison to the 12-well conditions (Figure 3B). Importantly, the MD condition seeded in
24-well plates was much more resistant to lipid ROS and cell death (Figure 4B, 4C) than the
same cell number treated with the same drug concentration per cell in a 12-well format
with more growth space (Figure 3C, 3D). Moreover, cultivation under restricted space (24-
well) led to unperturbed continued growth of MD cells while confluency of MD cells was
decreased under RSL3 treatment with unrestricted space (Figure 4C). These data
demonstrate that it is indeed high cellular confluence and not limited drug availability per
cell that causes increased ferroptosis resistance and decreased levels of ROS and lipid ROS.
In our mathematical model this mechanism emerges from the density-dependent rate of cell
divisions, and a rate of ROS production that is proportional to the rate of cell divisions.

Ferroptosis sensitivity of growing populations are determined by OXPHOS-derived
ROS levels

Next, we aimed to experimentally increase the rate of ROS accumulation per cell division. To

this end, we made use of the principle that cells generating energy equivalents in the form

of ATP can do so via OXPHOS or through glycolysis(Greene et al., 2022). While the former

process is more efficient in generating ATP, this efficiency comes at the cost of electron

leakage from the respiratory chain in the mitochondria leading to a high rate of ROS

generation(Nolfi-Donegan et al., 2020). Experimentally, cells can be forced to

predominantly use OXPHOS for ATP generation by replacing glucose with galactose in

growth media leading to increased ROS which should be uncoupled from cell

confluency(Aguer et al., 2011). To achieve this, MEF culture media were selectively depleted

and repleted for glucose or galactose in glucose-free medium supplemented with insulin-

transferrin-selenium (ITS+) instead of calve serum as it is free of glucose and. Notably, ITS+

supplementation is vital for ferroptosis to proceed as selenium is rate-limiting for GPX4

translation and transferrin allows for uptake of iron and is thereby equally crucial for

ferroptosis(Gao et al., 2015). Indeed, growing cells in glucose-free medium replenished with

galactose but not glucose led to slightly increased ROS in cells grown at HD condition and

increased lipid ROS in all three starting densities in comparison to glucose supplemented

cells within 24 hours (Figure 5A, 5B). In line with our model, the increase in lipid ROS in the

galactose condition also led to increased lipid ROS under RSL3 treatment, resulting in

strong sensitization to ferroptotic cell death in galactose- compared to glucose-treated cells

at HD (Figure 5C-5E). These data together with our data testing cellular growth space

indicate that the inhibitory effect of high population density on ferroptosis cell fate is

caused by low metabolic levels of cellular ROS and not cellular proximity.

Discussion

By integrating mathematical modeling with experimental data, we provide evidence that

cellular population dynamics, metabolic ROS production, and ferroptosis sensitivity are

interlinked. These results have important implications for the design and control of in vitro

studies testing ferroptosis sensitivity in fast-growing cell populations such as cancer cell

lines. Specifically, we show that low-density (LD) cultures exhibit faster proliferation,

elevated ROS generation and greater sensitivity to ferroptosis. This inverse relationship

between cellular density and sensitivity to ROS was first established by a study in human

fibroblasts(Kim et al., 2012). While the concept of ferroptosis was unknown at the time,

more recent studies have provided evidence for a direct link between cellular density and

ferroptosis sensitivity. A specific cell state in glioma in which constitutive active NOTCH
signaling increases mitochondrial ROS and ferroptosis sensitivity has been reported(Banu
et al., 2024). Interestingly, epithelial cancer cell lines were shown to restrict ferroptosis via
E-Cadherin-mediated YAP1 sequestration at high cellular densities and cell-to-cell
contact(Wu et al., 2019). Moreover, low cell density was shown to render breast cancer cell
lines ferroptosis sensitive due to elevated PUFA integration into their lipidomes(Panzilius et
al., 2019).

Furthermore, the use of galactose to force mitochondrial oxidative phosphorylation
(OXPHOS)(Aguer et al., 2011)—a known source of ROS(Labuschagne et al., 2019)—
revealed that metabolic context, rather than density alone, is a key determinant of
ferroptosis susceptibility. Interestingly, oxygen consumption in cell populations has long
been known to decrease markedly upon reaching confluency(Bereiter-Hahn et al., 1998;
Jorjani and Ozturk, 1999). More recent studies have shown that mitochondrial activity
decreases with cellular density in epithelial cells(Thurakkal et al., 2023), while oxygen
consumption in 3D tissue models using HepG2 cells is markedly increased at lower
densities(Magliaro et al., 2019), and proliferating fibroblasts show an increase of OXPHOS
by 81% in comparison to quiescent fibroblasts(Yao et al., 2019), a cell state that is
commonly induced by high density conditions(Fan and Meyer, 2021). Taken together with
our findings, this suggests that the increase in ferroptosis sensitivity in low density and
galactose supplemented cell populations observed in this study share upregulation of
OXPHOS as a common underlying mechanism. Of note, the elicitation of OXPHOS in
proliferating fibroblast population is driven by mitochondrial fusion(Yao et al., 2019), a
process by which cells adapt to metabolic challenges such as fasting(Lee et al., 2014),
whereas quiescent cells show signs of mitochondrial fragmentation(Yao et al., 2019). In
light of our findings linking density-dependent proliferation to OXPHOS and thereby
ferroptosis sensitivity, this supports and refines earlier studies indicating that
mitochondrial ROS contribute to lipid peroxidation and ferroptosis in specific contexts
(Gaschler et al., 2018; Nolfi-Donegan et al., 2020). Our findings extend this concept by
showing that seeding density is actively linked with ferroptosis sensitivity through a
negative feedback mechanism involving ROS dynamics and proliferation rates. Importantly,
our mathematical modeling aligns with the emerging understanding of ferroptosis
regulation as a systems-level process with multiple feedback loops(Co et al., 2024). While
prior models have considered the role of iron, lipid metabolism, and antioxidant

systems(Konstorum et al., 2020), our model uniquely incorporates population growth dynamics, revealing bistable outcomes (ferroptosis-sensitive vs. -resistant states) depending on initial conditions such as cell density and ROS levels. This prediction was experimentally validated using scaled culture formats (12- vs. 24-well plates), ruling out drug dilution as a confounding factor and emphasizing that cell density and growth-induced ROS accumulation drive the feedback loop. This model explains the seemingly paradoxical observation that low-density cell populations—unrestricted by spatial constraints—can initiate ferroptosis. This phenomenon arises from the accumulation of reactive oxygen species (ROS) generated during rapid expansion. In principle, such a mechanism could affect any context of accelerated cellular growth, where instead of establishing a large population, the cells undergo population collapse due to ferroptotic cell death. Central to our model is a negative feedback loop: rapid cell divisions lead to increased ROS production, which induces lipid peroxidation and ultimately triggers ferroptosis. This dynamic gives rise to bistable behavior, with one state marked by low proliferation, minimal ROS levels, and absence of ferroptosis, and the other characterized by high proliferation and turnover, elevated ROS levels, and ferroptotic cell death.

Together, our findings position cell density as both a predictor and regulator of ferroptosis susceptibility, mediated through ROS and metabolic activity. This has broad implications for tissue homeostasis, cancer biology, and therapy resistance, particularly in light of recent interest in exploiting ferroptosis as a therapeutic vulnerability in proliferative and therapy-resistant tumor populations(Hassannia et al., 2019). By integrating experimental data with predictive modeling, our study adds a quantitative framework to the qualitative observations previously reported, offering a deeper mechanistic understanding of how proliferative states and metabolic stress shape ferroptotic outcomes.

Materials and Methods

REAGENT or RESOURCE	Suppplier	Cat#
Chemicals		
BODIPY C11	Thermo Fischer	D3861
CellRox Green	Thermo Fischer	C10444
DMEM, high glucose, GlutaMAX™ supplement	Thermo Fisher	61965059

DMEM, glucose free, GlutaMAX™ supplement	Thermo Fisher	11966025
Dimethyl sulfoxide (DMSO)	PAN Biotech	P60-36720100
Blasticidn	Thermo Fisher	15205
DRAQ7	Biolegend	424001
FCS	Sigma-Aldrich	F0804
Ferrostatin-1	Cayman Chemicals	17729
Glucose monohydrate	Merck	1.04074.0500
Galactose	Sigma-Aldrich	G5388
ITS+	Corning	354352
PBS, pH 7.4	Thermo Fisher	10010056
Penicillium Streptomycin (PS)	Sigma	P4333-100ML
RSL3	Selleck Chem	S8155
STY-BODIPY	Cayman Chemical	Cay27089-500
Trypsin	Serva	9002-07-7
Kits		
NucleoSpin RNA kit	Macherey-Nagel	740955250
Lexogen QuantSeq kit	Lexogen Austria	166.96
Data deposition		
Bulk RNA seq		Upon publication
Cell lines		
KRAS wild type expressing "Rasless" mouse embryonic fibroblasts (MEFs)	RAS Initiative at the Frederick National Laboratory for Cancer Research (FNLCR), US	N/A
Software and algorithms		
nf-core suite (v3.7)	(Ewels et al., 2020)	https://github.com/nf-core/rnaseq/releases/tag/3.7

STAR (v2.7.10a)	(Dobin et al., 2013)	https://github.com/STAR-Fusion/STAR-Fusion/wiki/STAR-Fusion-release-and-CTAT-Genome-Lib-Compatibility-Matrix
Salmon (v1.5.2)	(Patro et al., 2017)	https://github.com/COMBINE-lab/salmon/releases/tag/v1.5.2
DESeq2 (v1.36.0)	(Love et al., 2014)	https://bioconductor.org/packages/release/bioc/html/DESeq2.html
fdrtool (v1.2.17)	(Strimmer, 2008)	https://cran.r-project.org/web/packages/fdrtool/index.html
gprofiler2 (v0.2.2)	(Kolberg et al., 2020)	https://cran.r-project.org/web/packages/gprofiler2/index.html
Flowjo version 10.6.2	BD Life Sciences	https://www.flowjo.com/solutions/flowjo/downloads/previous-versions
Prism version 10	GraphPad	https://www.graphpad.com
IncuCyte 2024B	Sartorius	https://www.sartorius.com/en/products/live-cell-imaging-analysis/live-cell-analysis-software

Cells

276   Mefs were kept in T-75 flasks at 37°C with 5% CO_2 and all media were supplemented with 4

277   µg/mL blasticidin, 10% FCS and 1% P/S. MEFs were tested for mycoplasma at regular

278   intervals (mycoplasma barcodes, Eurofins Genomics). Cells were passaged every 3-4 days
279   and discarded after 3 weeks.

Quantification and statistical analysis

Raw data from bulk RNA sequencing was processed as described above, and all other raw
data was processed using Excel and GraphPad prism. For statistical testing and generation
of figures, GraphPad Prism 10 was used. Two-tailed t-tests were used to compare two
conditions, and two-way ANOVA was used to compare multiple samples. All measurements
were performed at least three times, and results are presented as mean ± standard error
mean (SEM). ns: not significant; ⬜p < 0.05; ⬜⬜, p < 0.01; ⬜⬜⬜, p < 0.001; ⬜⬜⬜⬜, p < 0.0001.

Population doublings

290   Cells were seeded in T25-flasks (LD: 329.000; MD: 724.000; HD: 1.578.000 cells per flask) in
291   5 mL medium and incubated for 24, 48 and 72 h. Afterwards, cells were detached in 1 mL
292   trypsin+ 5mL medium as described above and counted using a Casy Model TT cell counter
293   (Roche Diagnostics). Population doublings were then calculated using the following
294   equation:

$$Population\ doublings = log_2(cells\ counted) - log_2(cells\ seeded)$$

Reagents

296   RSL3 was dissolved in DMSO at 1 mM.

Treatments

For treatment with RSL3, cells were seeded in 24-well plates at 25.000 (low density; LD),
55.000 (medium density; MD) or 120.000 (high density; HD) per well. After 24 hours, RSL3
was added to the medium at a final concentration of 0.1 µM. For glucose/galactose exchange
experiments, cells were seeded in DMEM GlutaMAX™ supplemented with blasticidin, PS and
FCS as described above. After 24 h, cells were washed thrice with PBS (Gibco) and received

glucose-free DMEM (Gibco) supplemented with either 4,5 g/L glucose or galactose, 4 μg/mL
blasticidin, 1% P/S and 1% Insulin-Selenium-Transferrin+ (ITS+) supplement (Corning).

RNA sequencing

For RNA sequencing, MEFs were plated in a 6 well plate at 125.000 (LD) or 600.000 (HD)
cells per well. After 24 h, cells were washed with PBS and RNA isolation was done using the
NucleoSpin RNA kit (Macherey-Nagel). cDNA libraries amplified from the 3 UTR were
generated from total RNA using the Lexogen QuantSeq kit (Lexogen, Austria) according to
the standard protocol and sequenced with a 50-bp single-end protocol on Illumina
HiSeq4000 sequencer (Illumina, USA).

Primary data analysis was conducted using the RNA-seq pipeline from the nf-core suite
(v3.7)(Ewels et al., 2020); sequencing reads were aligned to the GRCh38 (v103) human
reference genome using STAR (v2.7.10a)(Dobin et al., 2013). Gene quantification was
conducted using Salmon (v1.5.2)(Patro et al., 2017). The pipeline was executed with default
parameters. Downstream differential expression analysis was performed using DESeq2
(v1.36.0)(Love et al., 2014), with default parameters. To enhance the accuracy of fold-
change estimation, we included mouse ID as a batch effect in the design matrix. For some
comparison, the original p-values inferred by DESeq2 revealed significant deviation from
the expected uniform null distribution, suggesting low sensitivity. To correct for this, we
recomputed the raw p-values using fdrtool (v1.2.17)(Strimmer, 2008) to increase the
power of the differential expression procedure while maintaining efficient control for false
discovery. Subsequently, the Benjamini-Hochberg procedure was applied to correct the p-
values for multiple tests.

GO enrichment analysis was conducted using gprofiler2 (v0.2.2)(Kolberg et al., 2020). The
selection criteria focused on differentially expressed genes, as defined above. Using ordered
gene query and gProfiler's "g_SCS" method for p-value adjustment, which accounts for the
hierarchical structure of GO terms, enriched GO terms were identified among the
differentially expressed genes.

Flow cytometry

MEFs were seeded in 24 or 12 well plates, treated after 24 with RSL3 as described above and incubated for the indicated durations. BODIPY C11 was added to each well at a final concentration of 5 µM followed by incubation for 30 min at 37°C. Cells were washed, detached and the cell pellet was then resuspended in 200 µl of PBS with 2% FCS and [1 µg/ml] propidium iodide (PI). CellROX was added to each well at a final concentration of 2.5 µM followed by incubation for 30 min at 37°C. Cells were washed, detached and the cell pellet was then resuspended in 200 µl of PBS with 2% FCS and [1 µg/ml] propidium iodide (PI). Flow cytometry data were acquired on the BD LSRFortessa (BD Biosciences) and analyzed with Flowjo V10.6.2.

Live cell imaging (IncuCyte)

MEFs were plated in 12- and 24-well plates and treated as indicated. For dead cell quantification DRAQ7 [100 mM] was used. For lipid ROS quantification STY-BODIPY [1 µM] was used. Cells were imaged every 2h using the 10x objective within the IncuCyte SX5 live cell imaging system (Sartorius). Analysis for confluence, DRAQ7- positive (dead), reduced- and oxidized-BODIPY positive cells was performed using the Software IncuCyte 2024B (Sartorius). To quantify the number of live cells (live cell confluence) and their lipid ROS levels we carried out additional image analysis to estimate the fraction of the Incucyte signal contributed from dead cells and from living cells. We converted all video frames and images per vessel and applied a color mask to exclude dead cells based on their DRAQ7 signal. Exclusion of the signal from dead cells was performed by expanding the dead cell mask and identifying its overlap with the fluorescence and coverage mask, see Document S1.

Cellular ROS quantification

To quantify the level of cellular lipid ROS (lipid ROS levels averaged over live cells) we normalize the lipid ROS signal from live cells by dividing by the live cell confluence.

Mathematical model and data fitting

The first differential equation in Fig 2B gives the rate of change of cell numbers relative to 100% confluence (left hand side) as a balance between the rates of cell divisions and cell death, respectively (right hand side). Analogously, the second equation gives the rate of change of lipid ROS levels (left hand side) and lipid ROS generation and clearance rates (right hand side). We estimate the model parameters by fitting the solution of the differential equation in Fig. 2B to the data using a weighted least-square fit. These parameter estimates give the fits to the time courses in Fig. 4 E, F, H, I and the basins of attraction in Fig. 4 G and J. Details are given in Document S1.

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Author Contributions

526 ES, EYI, J. Berg and SvK conceived the project and wrote the manuscript. SvK and J. Berg
527 supervised the project. EYI and ES performed the majority of experiments, modelling and
528 analysis with significant contributions from FM, FIY and J. Brägelmann.

Competing Interests

530 The authors declare no competing interests.

Data Availability

RNAseq datasets generated within this study have been deposited at public repositories
(please refer to key resource table) and are publicly available upon publication. All other
original data published within this study are available from the lead contact upon request.

The code used for mathematical modelling (see Document S1) will be made available upon
publication.

Any additional information required to reanalyse the data reported in this work paper is
available from the corresponding author upon request.

551   **Figure 1: Population growth is linked to cellular ROS levels.**

552   (A) Confluency over time measured in MEFs seeded at 25.000 (low density, LD), 55.000

553   (medium density, MD) or 120.000 cells (high density, HD) per well on a 24 well plate

554   using the Incucyte live cell imaging system. Right: brightfield images recorded at the

555   indicated time points. Yellow margins indicate cell boundaries.

(B) Population doublings of MEF populations seeded at LD, MD and HD measured at the indicated time points.

(C) Total cellular ROS measured using the CellROX dye in FACS at the indicated time points of MEF populations seeded at LD, MD and HD. Shown is MFI(mean fluorescence intensity) normalized to LD at 24 h within each of the replicates.

(D) Lipid ROS over time shown as oxidized-to-reduced ratio of the STY-BODIPY dye, measured in the Incucyte live-cell imaging system at the indicated time points of MEF populations seeded at LD, MD and HD.

(E) Exemplary gene sets from Gene set enrichment analysis (GSEA) are shown.

Figure 2: A mathematical model of the interaction between population growth, levels of lipid ROS, and ferroptosis.

(A) Schematic overview of the feedback loop linking population dynamics and lipid ROS levels.

(B) Mathematical model describing the feedback loop linking population dynamics and lipid ROS levels. n, population size; r, average levels of lipid ROS per cell; K, carrying capacity; a basal rate of cell divisions; b basal rate of cell death; a, ROS generation rate per cell division; b, ROS depletion rate per molecule.

(C) Basin of attraction plot resulting from the mathematical model, where the lines represent sample trajectories starting from different seeding densities (blue – HD; yellow – MD; red – LD). Areas colored orange or blue indicate basins on attraction, i.e. starting points that will evolve either to the ferroptosis sensitive state (orange) or the insensitive state (blue). Arrows indicate the dynamics defined by the model (see Document S1).

Figure 3: Ferroptosis sensitivity is linked with the clearance of lipid peroxidation products.

(A) Total lipid ROS measured using Bodipy C11 dye in FACS at the indicated time points of MEF populations seeded at LD, MD and HD in 24-well plates and in presence of vehicle control (DMSO) or GPX4 inhibitor 0.1 µM RSL3. MFI, mean fluorescence intensity.

(B) Total cellular ROS measured using the CellROX dye in FACS at the indicated time points of MEF populations seeded at LD, MD and HD in 12-well plates and in presence of DMSO or 0.1 µM RSL3.

(C) Lipid ROS over time shown as oxidized-to-reduced ratio of the STY-BODIPY dye, measured in the Incucyte live-cell imaging system at the indicated time points of MEF

607  populations seeded at LD, MD and HD in 12-well plates and in presence of DMSO or 0.1

608  µM RSL3.

609 (D) Dead cell counts over time shown as dead cell count-to-confluence ratio using t DRAQ7

610  dead cell dye, measured in the Incucyte live-cell imaging system at the indicated time

611  points of MEF populations seeded at LD, MD and HD in 12-well plates and in presence of

612  DMSO or 0.1 µM RSL3. Data in A-D are shown as mean ± SEM.; * $p \leq 0.05$ (one-way

613  Anova).

614 (E) Live cell confluency of the Incucyte measurement corresponding to data shown in

615  (C)+(D), DMSO-treated populations. Colors indicate different starting population sizes

616  (blue – HD; yellow – MD; red – LD), and differently shaped symbols represent different

617  replicates. Data from DMSO-treated populations shown.

618 (F) Levels of lipid ROS in live cells computed from the Incucyte measurements displayed in

619  (C)+(D), DMSO-treated population. Colors indicate different starting population sizes

620  (blue – HD; yellow – MD; red – LD), and differently shaped symbols represent different

621  replicates.

622 (G) Basins of attractions plot showing live cell confluence versus live cell lipid ROS levels

623  computed from (E) and (F). Colors of symbols indicate different starting population

624  sizes (blue – HD; yellow – MD; red – LD), for clarity only a single replicate is shown. Data

625  from DMSO-treated populations.

626 (H) Live cell confluency of the Incucyte measurement corresponding to data shown in

627  (C)+(D), DMSO-treated populations. Colors indicate different starting population sizes

628  (blue – HD; yellow – MD; red – LD), and differently shaped symbols represent different

629  replicates. Data from 0.1 µM RSL3-treated populations shown.

630 (I) Levels of lipid ROS in live cells computed from the Incucyte measurements displayed in

631  (C)+(D), DMSO-treated population. Colors indicate different starting population sizes

632  (blue – HD; yellow – MD; red – LD), and differently shaped symbols represent different

633  replicates. Data from 0.1 µM RSL3- treated populations.

634 (J) Basins of attractions plot showing live cell confluence versus live cell lipid ROS levels

635  computed from (H) and (I). Colors of symbols indicate different starting population

636  sizes (blue – HD; yellow – MD; red – LD), for clarity only a single replicate is shown. Data

637  from 0.1 µM RSL3-treated populations.

638   Parameters for the fits in (E), (F), (H), (I), and for the basins of attraction if (G) and (J)

639   are come from least-square fitting the mathematical model to the data, see Methods and

640   Document S1.

Figure 4: Ferroptosis sensitivity is restricted by growth space and not limited RSL3 availability per cell.

(A) Total cellular ROS measured using the CellROX dye in FACS at the indicated time points of MEF populations seeded at LD, MD and HD in 24-well plates in presence of DMSO or 0.1 μM RSL3.

(B) Lipid ROS over time shown as oxidized-to-reduced ratio of the STY-BODIPY dye, measured in the Incucyte live-cell imaging system at the indicated time points of MEF populations seeded at LD, MD and HD in 24-well plates presence of DMSO or 0.1 μM RSL3.

(C) Dead cell counts over time shown as dead cell count-to-confluence ratio using the DRAQ7 dead cell dye, measured in the Incucyte live-cell imaging system at the indicated time points of MEF populations seeded at LD, MD and HD in 24-well plates in presence of DMSO or 0.1 μM RSL3.

(D) Confluency over time of the Incucyte measurements at the indicated time points of MEF populations seeded at MD in 12-well and 24-well plates in presence of DMSO or 0.1 μM RSL3. Confluency data in 12-well plates is taken from the measurements displayed in figure 3 (D). All data are shown as mean ± SEM.

Figure 5: Ferroptosis sensitivity of growing populations are determined by OXPHOS-derived ROS levels.

(A) Total cellular ROS measured using the CellROX dye in FACS at the indicated time points of MEF populations seeded at LD, MD and HD in galactose or glucose medium and in presence of DMSO or 0.1 μM RSL3.

(B) Lipid ROS over time shown as oxidized-to-reduced ratio of the STY-BODIPY dye, measured in the Incucyte live-cell imaging system at the indicated time points of MEF populations seeded at LD, MD and HD in galactose or glucose medium

(C) Lipid ROS over time shown as oxidized-to-reduced ratio of the STY-BODIPY dye, measured in the Incucyte live-cell imaging system at the indicated time points and in presence of DMSO or 0.1 μM RSL3 at HD.

(D) Dead cell counts over time shown as dead cell count-to-confluence ratio using the DRAQ7 dead cell dye, measured in the Incucyte live-cell imaging system at the indicated time points of MEF populations seeded at HD in glucose or galactose medium in presence of DMSO or 0.1 μM RSL3.

(E) Confluency over time data from measurements displayed in (D). All data are shown as mean ± SEM.

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