Title: Transcriptional and metabolic stasis define desiccation-induced dormancy in the soil
bacterium *Arthrobacter* sp. AZCC_0090 until water vapor initiates resuscitation.

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ABSTRACT

Microbes inhabiting soils experience periodic water deprivation. The effects of desiccation on
DNA, protein, and membrane integrity are well-described. However, the effects of drying and
rehydration on the composition of cellular RNA and metabolites are still poorly understood.
Here, we describe how slow drying and rehydration with water vapor influence the composition
of RNAs and metabolites in a soil *Arthrobacter*. While drying reduced cultivability relative to
hydrated controls, water vapor rehydration fully restored it. Ribosomal RNA proportions
remained constant throughout all treatments, and mRNA profiles showed stable composition
during desiccation—changing only during transitions into and out of desiccation-induced
dormancy. Six transcriptional modules displayed distinct expression patterns in desiccated-
rehydrated samples relative to hydrated controls, including desiccation-rehydration responsive
and rehydration-specific profiles. Targeted intracellular metabolomics revealed similarly static
profiles during desiccation, with a cluster of ribonucleosides and nucleobases increasing in
response to desiccation and returning to baseline levels upon rehydration with water vapor.
These findings demonstrate that both mRNA and metabolite profiles remain essentially frozen in
desiccated *Arthrobacter*, with dynamic changes occurring only during state transitions. These
results have important implications in environments with frequent drying cycles where stable
mRNA in dormant cells combined with intracellular RNA recycling may obscure interpretations
of RNA-based environmental analyses that use RNA as a marker of microbial activity. Our
results suggest that RNA-based activity assessments in periodically dry environments require
careful consideration of dormancy-associated molecular preservation.

SIGNIFICANCE STATEMENT

Metabolic activity quickly ceases in drying bacteria as they enter desiccation-induced dormancy. We show mRNA and metabolite profiles were variable during drying and rewetting but did not change while desiccated. Additionally, water vapor stimulated the shift from the static to active state when exiting desiccation-induced dormancy. These shifts coincided with increased cultivability, indicating water vapor resuscitated dry cells. Because RNAs are transient, labile molecules that are turned over rapidly in growing bacteria, the presence of RNA in the environment is used as a marker for microbial activity. Our research shows this assumption may not hold for desiccated cells, indicating reliance on RNA as a marker of activity in environments that experience drying may obscure estimates of *in situ* microbial activity.

INTRODUCTION

Water is required for life as a substrate in essential biological reactions and as a solvent to transport nutrients and waste (1). As such, the lack of water stresses nearly all organisms. Future climate models predict changes in global precipitation patterns, further restricting precipitation in drylands and introducing drought to regions that have not previously experienced it (2–4). The impacts of drought can accelerate agricultural crop losses and food insecurity (5, 6), reduce freshwater connectivity and services (7), and alter soil biogeochemistry (8–11). Soil microbiomes are restructured during drought (8, 12, 13) and can influence crop drought tolerance (14–17). Despite the impacts of drying on soil microbes and their critical roles in global carbon dynamics and food production, basic aspects of how soil microbes persist in the dry state remain unknown.

As soil dries, the solutes in pore water become concentrated, reducing water potential and limiting water availability. Microbes equilibrate rapidly to the water potential of their surroundings because of their small size (13, 18). Eventually, growth substrates precipitate, rendering them unavailable for microbial metabolism. Thus, microbial activity slows with dehydration until cellular respiration stops (13, 19). Macromolecules in dehydrated cells are prone to structural damage. Proteins fold improperly, denature, or are oxidized (20–22). DNA can also be oxidized by reactive oxygen species (ROS) (18, 23). And membrane integrity can be compromised in the desiccated state or upon rehydration, where lysis may occur due to rapid turgor pressure changes that come with the influx of water (24, 25).

Some bacteria endure water scarcity through dormancy, a reversible state of reduced metabolic activity (26). Spore-forming microbes like *Bacillus* and *Streptomyces* undergo dormancy via cell differentiation to produce ultra-resistant spores in response to nutrient starvation (26–28). Yet, many—perhaps most—soil microbes cannot sporulate. Instead, these non-spore formers employ anhydrobiosis, a state of suspended animation where organisms survive extreme water loss by halting metabolism to nearly undetectable levels while maintaining cellular integrity (29, 30). Anhydrobiosis enables survival for years to decades in the dry state with rapid metabolic resumption upon rehydration. While well characterized in tardigrades, nematodes, and some plants, the molecular mechanisms underlying anhydrobiosis in non-spore forming soil microbes remain less understood (29–31). Non-spore formers respond to water loss by mitigating cellular damage through multiple coordinated mechanisms. These include accumulating organic osmolytes like trehalose that lower intracellular solute potential and may stabilize membranes and macromolecules (13, 32–36); remodeling membrane lipids to resist disruption (37, 38);

producing exopolysaccharides and biofilms that slow water loss (39, 40); upregulating oxidative
stress protection (31, 41, 42); and enriching transcripts for molecular chaperones and DNA repair
proteins (41–43).

Yet, the fate of RNA and intracellular metabolites during desiccation-induced dormancy remain
understudied, particularly how the transcriptional and metabolic profiles change in dry cells and
upon rehydration. While endospores show a dramatic reduction in RNA content during
dormancy (44), the RNA dynamics in desiccation-tolerant non-spore-forming bacteria are
underexplored. This question is important to resolve for environmental microbiology, where
RNA abundances—both ribosomal and messenger RNA—serve as a key indicator of microbial
activity across diverse environments (45–48), including soils (49–51). If RNAs are detectable in
inactive cells, RNA may not reliably indicate microbial activity. Here, we demonstrate that
desiccation induces a dormant state in a soil *Arthrobacter* characterized by: 1) reduced but
recoverable cultivability, with water vapor alone sufficient for resuscitation; 2) stable mRNA and
intracellular metabolite profiles during desiccation, despite dynamic changes during transitions
into and out of the desiccated state; and 3) ribosomal RNAs that occupy a constant fraction of the
total RNA pool irrespective of hydration (and hence, activity) status. By identifying distinct
temporal patterns in mRNAs and metabolites across the desiccation-rehydration cycle, we reveal
implications for how RNA-based approaches may misrepresent microbial activity in
environments that experience periodic drying.

RESULTS & DISCUSSION

Experimental design. To investigate cellular responses to desiccation stress, we studied
Arthrobacter sp. strain AZCC_0090, a soil actinobacterium isolated from semiarid soil in
Southern Arizona that is closely related to the *Arthrobacter* phylotypes found across the United
States (52–54). We developed a controlled desiccation system using two humidity chambers in
which the relative humidity (RH) of the atmosphere was controlled with saturated salts or
ultrapure (Nanopure) water (Fig. 1 a,b). The chambers consisted of a "control" chamber
maintained at 100% RH and a "treatment" chamber where RH was gradually reduced from 100%
to 26% over 14 days to desiccate cells, corresponding to an atmospheric water potential change
from 0 to -183 MPa (Fig. 1c). After 14 days of desiccation, we restored the 100% RH
atmosphere of the treatment chamber to rehydrate dried cells for two additional days (Fig. 1c).
The degree of desiccation extended far below the water potentials that inhibit growth in both *E.*
coli (-4.6 MPa=96.7% RH) and *Arthrobacter spp*. (-17 MPa=88.0% RH) (18). Cells were
collected on non-hygroscopic polycarbonate filters and placed into these chambers. Replicate
filters were collected from the chambers at four timepoints to analyze cell cultivability,
intracellular metabolite profiles, and gene expression (Fig. 1c).

This experimental design incorporated three unique aspects relative to previous studies (41, 42).
First, hydrated control cells were maintained alongside treatments, allowing us to specifically
identify the responses to desiccation and rehydration. Second, dehydration occurred gradually
over 14 days rather than rapidly. Finally, rehydration was achieved through water vapor alone.
This approach enabled control over cellular water status while minimizing confounding variables
as suggested by Bosch, et al (29).

Dry cells are dormant. We defined cultivability as the fraction of filtered cells that were
culturable on solid media. Initial cultivability immediately after filtering was 36.3 ± 24.5%

(mean ± SD, n=4; Fig. 2A), with variability reflecting the technical challenges of quantitatively
recovering cells from filters. Cells maintained in hydrated control conditions showed stable
cultivability throughout the experiment, with no significant variation over time (Kruskal Wallis p
= 0.580; Fig. 2A). In contrast, cells subjected to desiccation showed significant temporal
variation in cultivability (Kruskal Wallis p = 0.022), with mean values decreasing by an order of
magnitude from 24.0% at day 2 (100% RH) to 2.46% at day 8 (65% RH; Fig. 2A). Desiccated
cells showed significantly reduced cultivability compared to hydrated controls at both day 8 and
day 14 (Mann-Whitney p = 0.028 for both timepoints; Fig. 2A), indicating that reduced
cultivability was due to desiccation.

Water vapor restored cultivability of desiccated cells, demonstrating dry cells were dormant, not
dead. When cells from day 14 (26% RH) were exposed to 100% RH for two days, their mean
cultivability increased to 14.4%—statistically indistinguishable from constantly hydrated
controls at day 16 (Mann-Whitney P = 0.49; Fig. 2A). Although the AZCC_0090 genome lacks
genes associated with sporulation (53), we tested whether the observed recovery was due to
spore formation. No growth was observed after treating cells with ethanol, confirming
AZCC_0090 survives desiccation without sporulating.

We further calculated the relative effects of desiccation and rehydration as the cultivability ratio
of treatment to control cells at each timepoint (Fig. 2B). This confirmed significant variation
across the experiment (Kruskal-Wallis p = 1.76e-8), with days 8 and 14 showing significantly
lower relative cultivability compared to both pre-desiccation (day 2) and post-rehydration (day
16) timepoints (Fig. 2B; Dunn's test, Bonferroni-adjusted P ≤ 0.05). These results demonstrate
that desiccation caused reduced cultivability and water vapor restored cultivability in desiccated
Arthrobacter.

Effect of desiccation and rehydration on RNA content and composition. Initial total RNA
yields from washed cells were 150 ± 29.1 ng µl^{-1} (mean ± SD, n=3; Fig 3a). After 2 days at
100% RH, total RNA decreased in both the control and treatment groups relative to the washed
cells, with no significant difference between the conditions, likely due to nutrient starvation
leading to ribosome degradation (55, 56). Subsequently, RNA amounts in the control condition
varied significantly over time (Kruskal-Wallis p = 0.033 between days 2 and 16; Fig. 3A), while
desiccated and rehydrated cells showed no temporal variation (p = 0.305; Fig. 3A). Because
rRNA constitutes most of the total RNA, these temporal differences likely represent ribosomal
turnover in metabolically active control cells versus desiccated cells undergoing metabolic arrest.
However, no significant differences in total RNA content were detected between control and
treatment groups at any individual timepoint (Wilcoxon rank-sum tests, all p ≥ 0.08).

We investigated whether the fraction of total RNA occupied by the main cellular rRNAs (16S
and 23S rRNA) varied during the experiment. To do this, we quantified 16S and 23S rRNA
transcript abundances and normalized them to the amount of total extracted RNA (Fig. 3 B,C).
The proportions of both rRNA species remained stable across all time points in both treatment
and control conditions (Kruskal-Wallis 16S rRNA treatment *p*=0.312 control *p*=0.541; 23S
rRNA treatment *p*=0.644, control *p*=0.384). Pairwise comparisons revealed no significant
differences between control and treatment groups at any individual timepoint for either 16S
rRNA or 23S rRNA (Wilcoxon rank-sum tests, p ≥ 0.1). These results indicate that the
contributions of 16S and 23S rRNAs to the total RNA pool were maintained despite changes in
total RNA content.

In contrast to the effects on rRNA, drying and rehydrating reshaped mRNA transcription
patterns, but transcription profiles were stable in desiccated cells. Analysis of mRNA
transcriptional responses revealed significant effects of both time point and treatment, with each
factor explaining ~20% of the observed variation in gene expression (PERMANOVA time:
21.9%, p=0.001; treatment: 19.1%, $p \leq 0.001$; Supplemental Fig. 1). The interaction between time
and treatment explained an additional 16.8% variation (p=0.009), indicating that temporal gene
expression patterns differed between control and treatment conditions. The control samples
showed changes over time, though none of the consecutive timepoint shifts were significant
(PERMANOVA p >0.05 between consecutive timepoints). In contrast, the treatment samples
displayed a significant shift in gene expression upon desiccation (day 2 to 8: PERMANOVA
p=0.023, R^2=0.53). Upon rehydration, although the time variable explained a large proportion of
variance in gene expression profiles (R^2=0.56), this shift was not significant (day 14 to 16:
PERMANOVA p=0.1). Yet, the transcriptional profiles were indistinguishable in the desiccated
state (day 8 to 14 PERMANOVA p=0.73, R^2= 0.15). These findings show the composition of
mRNA profiles were variable during drying and rehydration but did not change over time in dry
Arthrobacter cells.

Analysis of the temporal patterns in gene expression supported our interpretation that gene
expression profiles remained static during desiccation while hydrated cells were transcriptionally
dynamic. We detected 1,409 genes with significantly different temporal expression patterns
across treatment and control conditions (ImpulseDE2 FDR-corrected p ≤0.05; Supplementary
Table 1). These genes clustered into six distinct gene co-expression modules based on their
combined temporal patterns across both conditions (Fig. 4, Supplementary Table 1). Across all
transcriptional modules, we observed further evidence of a frozen transcriptional state in
desiccated cells, as no substantial change in mean gene expression patterns in the treatment
samples between days 8 and 14 was apparent (bold brown lines, Fig. 4). However, transcriptional
profiles were dynamic in treatment samples during drying and/or rehydration in Transcriptome
Modules 2, 3, 4, 5 and 6 (Fig. 4 B-F). In contrast, these gene co-expression modules exhibited
distinct variable responses throughout the experiment in control samples, including between days
8 and 14, suggesting hydrated cells were transcriptionally active and dynamically responded to
starvation.

Two main desiccation/rehydration-specific gene expression patterns emerged in the treatment
samples. First, Transcriptome Modules 5 (143 genes) and 6 (80 genes) exhibited similar
temporal responses where expression increased during drying, remained elevated throughout
desiccation, and returned to baseline after rehydration (Fig. 4 E,F and Supplementary Table 1).
While these transcriptional modules showed similar expression patterns in treatment samples,
their expression in hydrated controls was distinct, suggesting that although their roles are similar
during desiccation, they were expressed independently during starvation.

The annotations of genes expressed in Transcriptome Modules 5 and 6 revealed responses
consistent with desiccation tolerance mechanisms in non-spore forming microbes (Fig. 4 E,F;
Supplementary Table 1). For example, Transcriptome Module 5 included genes coding for fatty
acid metabolism, the osmolyte trimethyl glycine (betaine) synthesis and transport, and purine
catabolism. The coordinated upregulation of choline-to-betaine conversion machinery alongside
osmolyte transporters suggests AZCC_0090 depends on the conversion of external choline to
betaine for osmoregulation during drying. The upregulation of compatible solute synthesis and

transport machinery is a common response to drying (31). Additionally, Transcriptome Module 5 contained regulatory and repair systems including numerous transcriptional regulators, DNA repair proteins, and ROS protection enzymes—all hallmarks of desiccation stress responses in microbes (31). Finally, a large-conductance mechanosensitive channel was also identified that may prime cells to cope with the stresses associated with rehydration (57). However, we were surprised by the presence of genes in Transcriptome Module 5 that code for protein synthesis machinery including several ribosomal proteins and translation factors. This was unexpected given the apparent metabolic slowdown during drying, though similar findings have been previously reported (36, 58). Transcriptome Module 6 focused on distinct cellular processes including carbohydrate processing, protein quality control through proteases, aromatic compound and lipid metabolism, and nucleotide processing via a putative NUDIX family pyrophosphohydrolase. The genes in Transcriptome Modules 5 and 6 largely align with previously reported bacterial desiccation responses, including expected mechanisms for ROS mitigation, osmoregulation, putative membrane remodeling, and activation of DNA and protein repair systems to address oxidized biomolecules (31, 36, 59). Notably, 33% of Transcriptome Module 5 and 38% of Transcriptome Module 6 genes lacked meaningful annotations, suggesting novel mechanisms and genes may contribute to desiccation tolerance. The expression patterns of both modules—increased relative abundance during drying and decreased relative abundance upon rehydration—suggest these transcripts are likely recycled upon rewetting.

The second desiccation-rehydration specific gene expression pattern was the dramatic increased abundance of 290 genes across Transcriptome Modules 3 & 4 during rehydration with water vapor, suggesting key roles in cellular resuscitation (Fig. 4 C,D). These genes were expressed at low levels in the treatment condition prior to rehydration though their expression was distinct in controls (Fig. 4 C,D and Supplementary Table 1). Transcriptome Module 3 contained genes coding fatty acid beta-oxidation and aromatic compound degradation pathways, alongside abundant transcriptional and translational machinery indicating active protein synthesis during rehydration. Stress response signatures included multiple chaperones and catalase, suggesting mitigation of oxidative damage, while the high density of transcriptional regulators indicates extensive gene expression reprogramming during rehydration. Transcriptome Module 4 contains genes coding for osmoprotectant transport (distinct from Module 5), a xylose metabolism operon, histidine catabolism, DNA repair and replication machinery, and energy metabolism genes. The xylose pathway and associated sugar phosphate enzymes may shuttle 5-carbon sugars toward phosphoribosyl pyrophosphate (PRPP) for nucleic acid repair or synthesis. Histidine degradation may serve dual functions: chelating divalent cations during desiccation to reduce ROS generation, then providing carbon and nitrogen upon rehydration (60). InterProScan analysis revealed seven 'hypothetical proteins' (HNP00_000350, HNP00_000836, HNP00_001555, HNP00_001771, HNP00_002967, HNP00_002968, and HNP00_003348) containing disorder domains with polyampholyte subdomains—signatures of eukaryotic anhydrins with chaperone-like roles during desiccation (61, 62). Two of these (HNP00_001555 and HNP00_001771) also contained HNH-nuclease-like domains, suggesting dual roles in nucleic acid metabolism and protein stability. Together, Transcriptome Modules 3 and 4 represent coordinated cellular machinery activated during rehydration: Module 3 mobilizes lipids for energy while reactivating transcription, translation, and stress management, while Module 4 manages osmotic stress, alternative carbon utilization, DNA repair, and resource acquisition essential for growth resumption.

Desiccated cells are in metabolic stasis. To identify metabolic changes that correspond to
survival during drying and rehydration we also conducted targeted and untargeted intracellular
metabolite analysis alongside the transcriptomes. Targeted metabolite analysis revealed that
treatment was the dominant factor shaping metabolic composition (PERMANOVA R^2 = 24.3%,
$p < 0.001$), followed by temporal dynamics (PERMANOVA R^2 = 17.8%, $p < 0.001$) and their
interaction (PERMANOVA R^2 = 15.9%, $p = 0.002$; Supplemental Fig. 2). Collectively, these
factors explained 58% of total targeted metabolomic variance in the experiment. Like the results
from the transcriptome analysis, we observed a treatment-specific response characterized by
metabolic restructuring during drying (between days 2 and 8; PERMANOVA R^2 = 63.8%, p =
0.01) and rehydration (between days 14 and 16; PERMANOVA R^2 = 33.3%, p = 0.01), with no
change in the dry state (between days 8 and 14; PERMANOVA R^2 = 7.3%, p = 0.71). In
contrast, control samples displayed a muted temporal drift (Day 2-8: PERMANOVA R^2 =
26.6%, p = 0.01; Day 8-14: PERMANOVA R^2 = 21.5%, p = 0.05; Day 14-16: PERMANOVA
R^2 = 10.8%, p = 0.43). These results demonstrate that like the observed compositional stasis in
the dry state transcriptomes, *Arthrobacter* also undergo metabolic dormancy during desiccation
with subsequent recovery toward profiles like the pre-desiccated state.

To identify metabolites with correlated temporal profiles, we clustered targeted metabolite
profiles based on the shape of their normalized peak height variation over time. Of the 105
targeted metabolites analyzed, 46 (43%) showed significantly distinct temporal patterns across
the treatment and control samples (modified ImpulseDE2 FDR-corrected p ≤0.05;
Supplementary Table 2). Clustering of significantly different metabolites across the treatment
and control conditions revealed four Targeted Metabolite Modules (Fig. 5; Supplementary Table
2). The largest Targeted Metabolite Module (module 1, 21 metabolites) showed a similar profile
during desiccation to that observed for Transcriptome Modules 5 and 6 (Figs 4 E,F),
characterized by increasing peak area during drying, an elevated level when dry, and a return to
baseline after rehydration (Fig. 5A). Of these metabolites, 12 (57%) were either directly related
to nucleic acid metabolism, including all ribonucleosides, purine and pyrimidine bases, or
nucleotide degradation products. These nucleotide degradation products likely accumulate
because transcription ceases in the transition to the dry state. We speculate that existing
nucleotide monophosphates are progressively dephosphorylated, and their N-glycosidic bonds
cleaved, releasing the ribonucleosides and nitrogenous bases we observed. This observation is
consistent with internal mRNA recycling across the desiccation-rehydration continuum. Also
notable were the presence of potential antioxidant compounds including B-vitamins (B$_1$ & B$_3$),
L-gulonolactone (an intermediate in the ascorbic acid biosynthetic pathway), and N-acetyl L-
glutamic acid (63–66). Finally, both L-methionine and methylthioadenosine (MTA) were
elevated during desiccation. These metabolites may work as part of a methionine-methionine
sulfoxide antioxidant cycling system where methionine serves as a ROS scavenger, with MTA
indicating ongoing methionine recycling, SAM production, and/or polyamine synthesis during
desiccation (67).

The remaining Targeted Metabolite Modules showed metabolite depletion in treatment samples
from days 2-14, potentially due to active catabolism, abiotic degradation, non-enzymatic
transformations, or residual enzymatic activity (29)—possibilities our data cannot distinguish.
Betaine, a known osmolyte, decreased in both conditions (Targeted Metabolite Module 4; Fig.
5D) but more steeply in controls. In desiccated cells, betaine synthesis transcripts were more
abundant (Transcriptome Module 5; Fig 4E) despite declining betaine concentrations, suggesting
consumption or export during osmotic adaptation. Alternatively, these betaine synthesis genes

may be transcribed during desiccation but not translated or active until more energy becomes
available upon rehydration. In hydrated controls, betaine catabolism transcripts (Transcriptome
Module 1; Fig 4A) increased in abundance alongside steeper betaine depletion, consistent with
its use as a carbon or nitrogen source during starvation. Supporting betaine catabolism during
combined stress, transcripts coding for sarcosine oxidase, glycine hydroxymethyltransferase, and
serine dehydratase (betaine-to-pyruvate pathway) were enriched in Transcriptome Module 1 and
more abundant in controls (Fig. 4A). Finally, Targeted Metabolite Module 3 compounds (Fig.
5C) remained depleted in desiccated cells but increased upon rehydration in treatment samples,
while also increasing throughout the experiment in starving hydrated control cells. These may
represent critical compounds for active metabolism, including N-acetyl-alpha-D-galactosamine,
vanillic acid, 3-hydroxyphenylacetic acid, riboflavin, pyridoxine, thymine, 2,4-
dihydroxypyrimidine-5-carboxylic acid, and kynurenic acid.

We further analyzed 3,349 untargeted metabolite features from combined positive and negative
ion modes (1,424 negative ion mode features and 1,925 positive ion mode features). Temporal
analysis revealed that 133 features (4%) exhibited significant temporal trajectories across the
experimental conditions (Supplementary Table 3). These features were clustered into three
modules based on their combined treatment and control patterns, mirroring the approach used in
the targeted metabolomics analysis. Untargeted Metabolite Module 1 (Supplementary Fig. 3A)
exhibited a temporal profile like Targeted Metabolome Module 1 (Fig. 5A): features increased
during desiccation, returned to baseline upon rehydration, and remained stable under control
conditions. Untargeted Metabolite Module 2 is comprised of features that remained stable in the
treatment condition across days 2, 8, and 14 but decreased in intensity upon rehydration
(Supplementary Fig. 3B). These same features were progressively depleted in controls,
consistent with their loss in metabolically active hydrated cells while persisting in metabolically
arrested desiccated cells. Untargeted Metabolite Module 3 features increased under control
conditions but remained low in treated cells on days 2, 8, and 14 (Supplementary Fig. 3C), then
increased markedly upon rehydration—consistent with their production or accumulation in
metabolically active hydrated cells.

Many untargeted features could not be assigned specific molecular formulas. Among those that
were assignable, several showed consistent patterns across both targeted and untargeted analyses.
For example, gluconic acid, uridine, and hypoxanthine exhibited similar temporal trajectories in
both datasets (Fig 5A and Supplementary Fig. 3A). In contrast, several metabolites that showed
strong temporal signals in the targeted analysis—with increased intensity upon desiccation and
return to baseline upon rehydration (Fig. 5A)—exhibited more muted responses in the untargeted
analysis (Untargeted Metabolite Module 2; Supplementary Fig. 3B), characterized by stable
intensity during desiccation rather than increases, and reduced intensity in hydrated cells. These
metabolites included adenosine, deoxyuridine, nicotinamide, adenine, xanthine, and
methylthioadenosine. The differences between analytical approaches likely reflect
methodological factors: targeted analyses use compound-specific optimization and isotope-
labeled internal standards for each metabolite, providing greater sensitivity and accuracy for
known compounds, while untargeted approaches employ generic parameters optimized for
detecting the broadest possible range of features, often at the expense of sensitivity for specific
metabolites. The targeted data are therefore more reliable for quantifying these specific
compounds, while the untargeted data provide complementary discovery of unanticipated
metabolites. Importantly, despite quantitative differences, the directional trends—depletion in
active cells and persistence in dry cells—were generally consistent between approaches.

CONCLUSION

Dormancy is defined as a reversible state of low to no metabolic activity (68). Our results demonstrate that desiccation induces a dormant state in *Arthrobacter* sp. AZCC_0090, characterized by compositionally stable mRNA and intracellular metabolite profiles in the desiccated state (days 8-14), despite dramatic restructuring during the transitions into and out of desiccation. Figure 6 synthesizes these findings as a conceptual diagram of molecular responses across the desiccation-rehydration continuum, illustrating how physiological processes sequentially activate during drying, stabilize in dormancy, and reactivate upon rehydration. Water vapor was sufficient to resuscitate dormant cells, inducing shifts in both mRNA and metabolites that prime cells for regrowth. We identified the accumulation of ribonucleosides and nucleobases during desiccation that persisted when mRNA profiles were stable. The source of these nucleotide degradation products during a period of apparent transcriptional stability remains unclear, but may represent degradation of damaged RNAs, turnover of non-coding RNAs not captured in our analysis, or accumulation of RNA turnover products generated during the drying transition. More focused experiments measuring RNA turnover rates directly are needed to resolve this apparent paradox.

The signatures we observed in desiccation-induced dormancy differ markedly from other dormancy states such as endospores. While most RNAs in dormant endospores are unstable and degrade to serve as nucleotide reservoirs for germination (44, 69), *Arthrobacter* maintained stable RNA profiles throughout desiccation. This pattern more closely resembles RNA dynamics in the non-spore forming actinobacterium, *Curtobacterium*, and desert communities where RNA profiles remained stable over extended dry periods (43, 70, 71).

Our findings challenge fundamental assumptions underlying RNA-based assessments of microbial activity in environments that experience desiccation. Microbial ecologists commonly use RNA presence as a proxy for microbial activity, based on the rationale that RNA is labile and would degrade in dead or inactive cells (48, 72). While RNA turnover is rapid in growing cells and partially applies to dormant endospores (44, 69), this assumption has not been systematically tested for desiccated non-spore forming bacteria. Methods applying rRNA:rDNA gene abundance ratios (51, 73) and metatranscriptomic analyses (71, 74, 75) operate under the assumption that extracted RNA reflects metabolically active populations. However, our data demonstrate that: 1) RNA is extractable and sufficiently intact for quantification and sequencing from desiccated cells, 2) some of these RNAs remain abundant during desiccation-induced dormancy, and 3) proportional transcript changes occur primarily during transitions into or out of desiccation, but not during the dormant desiccated state.

Transcriptomes from desiccated cells may reflect the transcriptional state when cells entered dormancy, rather than ongoing transcription. Our results support this interpretation. The stable mRNA composition we observed from days 8 to 14 indicates transcriptional stasis, not active transcription in the dormant state. However, this presents a complex interpretational challenge: RNA extracted from environmental samples experiencing desiccation cannot distinguish between metabolically active cells and dormant cells retaining transcripts from their pre-dormancy state. This issue is particularly acute in soil studies, where extraction protocols that process 1-2 g soil inevitably capture microenvironments with varying hydration states, yielding RNA from mixed populations of dormant and active cells that cannot be easily disentangled using current methods. Consistent with this, recent community-level studies show transcriptional responses follow rewetting (36, 71, 76), suggesting the transcriptional signatured detected in

field samples may represent a mixture of dormancy-associated transcripts and active
transcription during a hydration event. The ability to extract compositionally stable RNAs from
desiccated cells therefore suggests that RNA-based activity assessments may overestimate *in* situ
microbial activity in dryland soils by conflating dormant cells retaining stable transcripts with
metabolically active populations.

There are several important limitations of this work. First, we examined only one strain of
Arthrobacter, a genus known for its desiccation tolerance. Thus, it is unclear whether RNA
stability is a specific feature of *Arthrobacter*'s desiccation tolerance mechanisms or represents a
more general response to desiccation stress. However, the similar findings in *Curtobacterium*
isolates (70) and in complex microbial communities (36, 71) suggest this phenomenon may be
widespread among desiccation-tolerant bacteria. Moreover, the stability of transcript and
metabolic composition from days 8-14 suggests cells reach a functionally dormant state by day
8. Yet, the point at which water loss induces dormancy remains to be fully characterized. Future
studies employing direct measurement of intracellular water content and high-resolution
temporal sampling during early desiccation will be needed to establish these relationships.
Additionally, these experiments were performed under controlled laboratory conditions, and their
relevance field conditions remains yet to be determined. Unfortunately, methods for studying
RNA stability in soil microbial communities are currently lacking. Finally, while we
demonstrated water vapor was sufficient for resuscitation, the mechanisms by which desiccated
cells sense and respond to water vapor remain unknown. Some metabolites accumulated during
desiccation may exhibit humectant-like properties, but the biophysical and molecular basis of
vapor-phase rehydration requires further investigation.

The persistence of RNA in desiccated cells has implications extending far beyond arid soil
microbiology, with relevance for understanding microbial survival and dispersal in extreme
environments, astrobiology applications, pathogen dispersal across climate regimes, and the
function of airborne microbiomes. The ability of desiccated cells to maintain RNA while
remaining dormant until water vapor triggers resuscitation suggests environmental microbes may
be more resilient than previously recognized, potentially reshaping our understanding of
microbial biogeography and ecosystem function in water-limited systems on Earth and beyond.

METHODS:

Strain source and propagation: Arthrobacter sp. strain AZCC_0090 was isolated as described
elsewhere (52) and its genome sequence is available (53). All growth experiments were
conducted on Yeast Mannitol media (YM), consisting of (per liter) 1.0 g yeast extract, 10.0 g
mannitol, 0.5 g dipotassium phosphate, 0.2 g magnesium sulfate, 0.1 g sodium chloride, and 1.0
g calcium carbonate. Solid media was prepared with 2% Noble agar. Cell washes and
resuspensions were conducted in YM salts (per liter): 0.5 dipotassium phosphate, 0.2 g
magnesium sulfate, and 0.1 g sodium chloride. All incubations were at 25ºC.

Cell preparation for desiccation: We pelleted a 1.0 L overnight (~18 h) culture of AZCC_0090
(27,500 rpm for 30 minutes) and washed once with YM salts before resuspending in 1.0 L YM
salts. We incubated resuspended cells overnight at 25ºC with shaking. The following day, 10 ml
aliquots of the cell suspension (~5-6 $\times 10^8$ cell ml^{-1}) were vacuum-filtered through individual 0.2
µm pore-size hydrophilic non-hygroscopic polycarbonate membrane filters (Millipore Sigma
Polycarbonate Membrane Filter GTTP02500; 25 mm diameter) to collect cells. Each filter was
placed into a vented petri dish. For "washed" control samples, cells were filtered as described

above but processed immediately for viability assays and total and ribosomal RNA quantification
without incubation in the desiccation chamber.

Humidity chamber construction and humidity control: Humidity chambers were constructed
from plastic storage containers. Several 1/4" diameter ports were drilled in each container to
accommodate humidity sensor wires and to suspend a small fan (SEPA 12V 0.03A). Access
ports were sealed with tape or silicone. The relative humidity was controlled using a series of
supersaturated salt solutions as described previously (77). The following saturated salts were
prepared with Nanopure water (nH$_2$O): nH$_2$O (no salt added), KCl, NaCl, NaBr, K$_2$CO$_3$, MgCl$_2$,
and CH$_3$CO$_2$K. The salts were considered saturated by the appearance of precipitated salt at
25ºC. Saturated salt solutions or water were contained in an open beaker sitting underneath a fan
blowing toward the surface of the solution. The fans were wired to a power supply (TekPower
TP3005T) set to 12V 0.08A. At each change in RH, the humidity chamber was opened and the
beaker containing the water or saturated salt was exchanged and the humidity chamber was
closed. Temperature and relative humidity were continuously monitored with a Sensirion SEK-
SHT35 digital humidity sensor placed inside an empty, closed vented petri dish. The Sensirion
sensor was connected to a laptop via a Sensiron SEK-SensorBridge running the Sensiron Control
Center. Chambers were maintained at constant temperature (25°C) throughout the experiment to
prevent temperature fluctuations that could cause condensation. Supplementary Fig 4 shows the
real time temperature and RH data during the rehydration phase. Filters were visually inspected
during sampling and showed no evidence of liquid water accumulation.

Experimental Design: We randomized filtered cells to treatment or control humidity chambers.
The RH in the control chamber was maintained at 99-100% for the duration of the
experiment. The RH in the treatment chamber was slowly dehydrated from 100% RH to ~25%
RH over the course of two weeks (48 h at each humidity level). After 14 days the treatment
chamber was rehydrated with water vapor for 48 h. Replicate filters were selected randomly
from the treatment and control chambers for cultivability assays, metabolomics, or
transcriptomics at days 2, 8, 14, and 16 after the start of the experiment. The chambers were only
opened to change the saturated salt solutions or for sampling.

Cultivability and spore formation assays: Cells were resuspended from filters in YM salts by
vortexing for 10 minutes at maximum speed. 200 µl of resuspended cells were fixed with 5%
formaldehyde (vol/vol) and stained with SYBR green I (1:40 dilution of commercial stock in
Tris-EDTA) for 24 hours before counting with an EMD-Millipore Guava Technologies flow
cytometer (Millipore, Billerica, MA, USA), as described previously (52). Culturable cells were
enumerated by plate counts by serially diluting resuspended cells in YM salts and plating on
solid YM. We defined percent cultivability as the percent of resuspended cells enumerated with
flow cytometry that formed colonies on solid media. We used a 1 h treatment with 70% ethanol
to determine if *Arthrobacter* produced ethanol-resistant spores. In brief, filters containing dried
cells were floated on 70% ethanol for 1 h before spotting on solid YM and incubating. No
growth was observed after ethanol treatment.

RNA extraction, sequencing and mapping: Replicate filters were placed into microcentrifuge
tubes containing glass disruptor beads, and frozen at -80ºC until extraction. RNA was extracted
using a Qiagen RNEasy mini kit, per the manufacturer's instructions. DNA was removed with
Ambion TURBO DNase per the manufacturer's instructions. RNA was quantified with a Qbit
using hs or br kits, as appropriate based on RNA concentration. Samples were sequenced at
SeqCenter, LLC (Pittsburgh, PA), using their standard protocols. In brief, RNAs were DNAse

treated a second time with Invitrogen DNAse (RNAse free). Library preparation was performed
using Illumina's Stranded Total RNA Prep Ligation with Ribo-Zero Plus kit and 10bp IDT for
Illumina indices. Samples were sequenced on a NextSeq2000 giving 2x51bp reads.
Demultiplexing, quality control, and adapter trimming was performed with BCL Convert v3.9.3.
The quality of generated raw reads was assessed by FastQC v0.73 via Galaxy (galaxy0) (78, 79).
The reads were mapped to *Arthrobacter* sp. AZCC_0090 genome using Bowtie2 v2.4.1 (80) with
default parameters in paired-end mode. Counts were generated with the featureCounts function
in the Rsubread v2.12.3 R Bioconductor package (81).

rRNA qPCR: RNA extracts were used as template for RT-qPCR using a SuperScript™ III One-
Step RT-PCR System with Platinum™ *Taq* DNA Polymerase kit, per the manufacturer's
instructions. 16S rRNA RT-qPCR was performed using 515F 5′-GTGCCA
GCMGCCGCGGTAA-3′ and 806R 5′-GGACTACHVGGGTWTCTAAT-3′ 16S rRNA primers
(82). 23s rRNA RT-qPCR was performed using 111F 5'-ATGTCCGAATGGGGAAACCC-3'
and 557R 5'-CACGGTACTGGTCCGCTATC-3' 23S rRNA primers that were designed for this
study from the *Arthrobacter* sp. AZCC_0090 genome sequence (53). Cycle conditions for both
16S and 23S rRNAs: 48ºC 30 minutes, 95ºC for 10 minutes, followed by 40 cycles of 95ºC 15
seconds, and 60ºC for 1 minute. All qPCRs were run in triplicate and quantified against a
standard curve prepared with *Arthrobacter* AZCC_0090 gDNA.

Temporal analysis of RNA abundances. Differential expression analysis was performed using
ImpulseDE2 (83) to identify genes with distinct expression across the experimental conditions.
ImpulseDE2 was selected for its ability to model complete temporal trajectories and detect
impulse-like expression patterns where genes temporarily change expression before returning to
baseline levels (83). The analysis was conducted in case-control mode to compare treatment
(case) and control conditions across all time points simultaneously, using count data for genes
that had at least 10 reads in three or more samples (3709 of 4653 genes). Genes with adjusted p-
values ≤ 0.05 were considered significantly differentially expressed.

Clustering for temporal transcriptome dynamics: We used DESeq2 size factor normalized
expression values for significantly differentially expressed genes from the ImpulseDE2 analysis
for clustering analysis. Size factor-normalized expression values were standardized using Z-
score normalization to ensure gene transcripts were grouped by expression patterns rather than
magnitude. Mean expression values were calculated for each gene at each time point within
treatment and control conditions. This double normalization precludes statistical comparisons
between time points. To determine the optimal number of gene expression clusters, we used
hierarchical clustering using correlation-based distances (1 - Pearson correlation) and Ward's
linkage. The number of clusters was determined using the elbow method applied to within-
cluster sum of squares, with a minimum threshold of 6 modules to ensure adequate resolution of
expression patterns.

Metabolite extraction: Replicate filters were frozen at -80ºC until metabolite extraction.
Intracellular metabolites were extracted from filtered cells by direct sonication in methanol.
Briefly, we added 1 mL of cold methanol to tubes containing filtered cells on ice and sonicated
with a probe-style sonicator (Fisher Scientific Model FB120 with CL-18 probe) for 5 minutes at
an amplitude of 60%. Filter debris was separated from supernatant by centrifugation. The
supernatant was transferred to a new tube and dried to completeness in an Eppendorf Vaccufuge
plus at 45ºC for 40 min. We extracted metabolites from several filters without cells and methanol
only as negative controls.

Metabolomics: Analyses were performed at the Joint Genome Institute using standard
procedures. Dried extracts were resuspended in methanol containing internal standards (^{13}C-^{15}N
labeled amino acids and 2-amino-3-bromo-5-methylbenzoic acid), filtered, and analyzed by LC-
MS using an Agilent 1290 Infinity LC system (Agilent, Santa Clara, CA) coupled to a Thermo
QExactive HF orbitrap mass spectrometer (Thermo Scientific, San Jose, CA). Polar metabolites
were separated using HILIC chromatography on a Poroshell 120 HILIC-Z column with a water-
acetonitrile gradient. Full MS spectra (m/z 70-1050) and MS/MS fragmentation data were
acquired in both positive and negative ion modes. Sample injection order was randomized with
methanol blanks between samples. Complete analytical conditions are provided in
Supplementary Methods.

For targeted metabolite identification, experimental mass spectra were compared to compound
standards using custom Python code (84). Spectral features were assigned confidence scores (0-
3) according to Metabolomics Standards Initiative levels (85), with "level 1" identifications
requiring mass accuracy and retention time matches to pure standards, and highest confidence
identifications also requiring matching MS/MS fragmentation patterns. Complete analytical and
identification parameters are provided in Supplementary Methods.

For untargeted features, experimental mass spectra of unassigned features with MS/MS
fragmentation data were compared against the Global Natural Products Social Molecular
Networking (GNPS) (86) that performs molecular networking and grouping partially and fully
identified metabolites based on their MS/MS fragmentation tree, leading to the discovery of
related metabolites/features based on common/similar functional groups; and SIRIUS 4 (87)
which uses isotope patterns in MS spectra and fragmentation profiles in MS/MS spectra to
further assist in molecular formula assignment and potential structural elucidation. CSI:FingerID
was used for molecular structure annotation through database searches and CANOPUS for de
novo compound class prediction. This integrated workflow supports comprehensive
identification of both known and novel compounds from tandem mass spectrometry data in
complex matrices.

Volume adjustment and Ion mode selection: We experienced sample volume loss during
metabolite extraction for nine samples before drying: T0C rep 4 (100 µL collected), T0C rep 1
(200 µL), T0E rep 5 (200 µL), T0E rep 4 (250 µL), T0E rep 3 (300 µL), T1C rep 3 (450 µL),
T1E rep 3 (450 µL), T1E rep 1 (300 µL), and T2E rep 1 (400 µL). To account for this volume
loss, we adjusted metabolite peak heights by multiplying by the ratio of expected volume (500
µL) to actual volume collected: Adjusted peak height = Original peak height × (500/Actual
volume collected). For targeted metabolites identified in both positive and negative ion modes,
we selected the polarity with higher mean peak heights for subsequent analyses. For untargeted
features, duplicate metabolites in the negative and positive ion mode were identified. Features
with identical predicted molecular formulas and retention times within 5 seconds across positive
and negative ion modes were considered duplicates. For each duplicate pair, the metabolite
measured in the ion mode with higher mean intensity across all samples was retained. This
deduplication process removed 32 duplicated features. For both targeted and untargeted
metabolomics, a small value was added to missing and zero values (10% of the smallest positive
peak area) to facilitate Log transformation in downstream analyses.

Temporal analysis of metabolites: ImpulseDE2 was designed for RNA-seq count data analysis
but was adapted for metabolomics peak intensity data. To do this, we Log2-transformed the peak
heights, multiplied them by 100, and rounded to create pseudo-count values. Results were

extracted and clustered using the same framework as transcriptomics analysis described above.
Significantly different metabolites were defined as those with Impulse2DE adjusted p-values ≤
0.05.

MDS plots and statistics of transcriptome and metabolome data: We used multidimensional
scaling (MDS) plots and permutational multivariate analysis of variance (PERMANOVA) to
compare transcriptome and metabolome profiles over time across conditions. Raw transcriptome
count data were processed using DESeq2 (88) with variance stabilizing transformation for
visualization and multivariate analyses. We Log10-transformed the metabolome data. For both
datasets, multidimensional scaling was used to visualize sample relationships based on Euclidean
distances. PERMANOVAs were implemented through the adonis2 function in the vegan R
package (89), employing a factorial design (~day + treatment + day:treatment) with 999
permutations. To resolve temporal dynamics within each condition, we conducted separate
pairwise PERMANOVA comparisons between time point combinations for control and
treatment groups independently.

DATA AVAILIBILITY:

Processed RNA-seq data generated in this study have been deposited in the NCBI Gene
Expression Omnibus (GEO) under accession number GSE309279. Individual samples are found
in accessions GSM9264299-GSM9264323. Raw metabolome data is available in the massIVE
repository at the Global Natural Product Social Molecular Networking (GNPS) site under the
accession MSV00009260 (free registration required). Code used in analyses and metabolite
sample metadata are available at 10.6084/m9.figshare.30370339.

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FIGURE LEGENDS:

Figure 1: Experimental system for controlled desiccation and rehydration. (A) Custom
humidity chambers housed within a temperature-controlled incubator. (B) Interior chamber
configuration showing saturated salt solution for humidity control and real-time
temperature/humidity sensor. (C) Relative humidity profiles over the 16-day experiment, with
sampling points (purple circles and vertical dashed lines) and water/salt solutions used at each
stage. Abbreviations: K-Ac: Potassium Acetate; dH2O: deionized water.

Figure 2: Desiccation-induced growth inhibition is reversible with water vapor. (A) Cell
cultivability throughout the 16-day experiment with points showing individual replicate filters
(n=4) for washed cells (filtered and assayed immediately without incubation; no fill), controls
(blue), and treatment samples (brown). Brackets with asterisk indicate significant differences

between treatment and control (Mann-Whitney p ≤ 0.05). (B) Relative cultivability
(treatment/control ratio) showing desiccation-induced decreases in cultivability and recovery
post rehydration. Points are all-by-all pairwise cultivability ratios. The dashed line in (B)
indicates 100% relative cultivability (treatment equals control). Box plots with shared letters are
not significantly different (Dunn's test with Bonferroni correction, $p > 0.05$). C=Control,
T=Treatment, given in terms of percent RH.

Figure 3: rRNA composition during desiccation and rehydration is constant. (A) Total RNA
yield from filtered cells over the 16-day experiment. Individual points represent RNA
concentrations from replicate filters: washed cells (filtered and assayed immediately without
incubation; no fill), hydrated controls (blue), and desiccation-rehydration-treated samples
(brown). (B,C) Normalized abundance of rRNA transcripts (copies ng total RNA□¹) for (B) 16S
rRNA and (C) 23S rRNA. Box plots show median (horizontal line), interquartile range (box),
and $1.5 \times$ interquartile range (whiskers). Kruskal-Wallis test p-values shown for control (C) and
treatment (T) groups across all timepoints (Days 2-16).

Figure 4: Temporal expression modules of differentially expressed genes. Six distinct co-
expression modules (A-F) identified through correlation-based hierarchical clustering of gene
transcripts with significantly distinct temporal responses across treatment and control conditions
(ImpulseDE2, FDR-corrected $p \leq 0.05$). Each panel displays mean z-score normalized gene
expression value (±SEM) for control (bold blue) and treatment (bold brown) conditions, with
individual gene profiles shown as thin lines. Sample sizes (n) indicate the number of expressed
genes within each module.

Figure 5: Temporal modules of differentially abundant targeted metabolites. Four
metabolite modules (A-D) were identified through correlation-based hierarchical clustering of
targeted metabolites with significantly distinct temporal responses across treatment and control
conditions (modified ImpulseDE2, FDR-corrected $p \leq 0.05$). Each panel displays mean z-score
normalized targeted metabolite peak height value (±SEM) for control (bold blue) and treatment
(bold brown) conditions, with individual metabolite profiles shown as thin lines. Sample sizes
(n) indicate the number of targeted metabolites within each module.

Figure 6: Conceptual diagram showing how *Arthrobacter* molecular processes respond
across the desiccation-rehydration continuum. As cellular water content decreases, cells
sequentially activate protective mechanisms and accumulate stress-related metabolites. Below
the dormancy threshold (dashed line and shaded area), RNA transcript and metabolite
composition stabilizes, indicating metabolic quiescence. During rehydration, cells suppress
desiccation responses and activate energy mobilization, biosynthesis, and growth machinery.

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