Evidence for strong purifying selection of human *47S* ribosomal RNA genes

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ABSTRACT

The multicopy *47S* ribosomal RNA (rRNA) genes are among the most highly expressed genes in the human genome, yet to-date essentially no disease-causing sequence variants have been identified in these genes. This lack of disease association is surprising, as defects in *47S* rRNA transcription and changes in the ribosomal protein dosage, as well as nucleotide changes in the mitochondrial rRNA, all result in disease. The failure to identify rRNA-associated diseases may thus primarily stem from the experimental challenges associated with analyzing this chromosomally isolated high-copy gene family. Here, we used an evolutionary approach to test whether mutations in the human *47S* genes can have phenotypic consequences. By analyzing sequence variants among rRNA genes across more than 3,000 individuals from the high-coverage 1,000 Genomes Project, we demonstrate highly stratified variant abundance across the *47S* rRNA genes. In individual genomes, novel variants were frequently found at high frequency in the transcribed spacer sequences as well as the evolutionarily young expansion segments, but rarely across the conserved *18S*, *5.8S* and *28S* rRNA-encoding sequences. Variant number and frequencies were lowest in evolutionarily highly constrained nucleotide elements that are identical across >90% of sequenced eukaryotes. These results indicate that strong purifying selection acts to suppress frequency expansion of deleterious variants among the hundreds of *47S* rRNA copies and imply that deleterious variants in the *47S* rRNA have the potential to cause phenotypic consequences at very low frequency. As low-frequency variant calls are rarely considered in association studies, this may explain why disease associations with *47S* rRNA variants have so far escaped detection.

Keywords: ribosomal rRNA genes, rDNA, conserved nucleotide elements, purifying selection

SIGNIFICANCE STATEMENT

The rRNA genes are the most highly expressed genes in the human genome but there are almost no know diseases linked to sequence variants in the rRNA. We describe over 12,000 sequence variants that coexist within and between individuals and uncover signatures of strong purifying selection against deleterious variants. Our data indicate that deleterious rRNA variants cause sufficient fitness costs (and by extension disease phenotypes) to be detected even against a massive backdrop of functional copies. As current disease-mapping algorithms generally ignore sequence variants that are only observed in a small percentage of sequencing reads, our data provide an obvious reason for the lack of disease associations.

INTRODUCTION

Protein translation depends on the *28S*, *18S*, *5.8S*, and *5S* ribosomal RNAs (rRNAs), which form the catalytic core of the ribosome. To satisfy the high demand for ribosome production and protein synthesis, all four rRNAs are encoded by numerous gene copies. In the human genome, the small *5S* rRNA is encoded in a single highly repetitive locus on chromosome 1, whereas the *28S*, *18S,* and *5.8S* rRNAs are produced from polycistronic *47S* transcripts that are encoded in repetitive ribosomal DNA (rDNA) arrays located on the short arms of the five acrocentric chromosomes, 13, 14, 15, 21, and 22 [1-3]. An estimated 300-400 rRNA gene copies reside in these arrays, but copy number is highly variable among individuals and frequently changes from one generation to the next [4-7].

Although the *47S* rRNA genes are overall highly conserved, they harbor a substantial amount of sequence diversity. Most of this diversity maps to the large non-transcribed spacer sequences that separate the *47S* transcription units [8-10]. However, nucleotide variants have also been observed in the sequences coding for the *47S* transcript. Variation is particularly pronounced in the expansion segments [11-13], evolutionary young stem-loop structures with poorly defined functions [14,15], and has also been reported in the core RNA structures of the ribosome [11,13,16]. Indeed, some of these variant rRNA sequences show differential expression among tissues as well as different epigenetic marks, implying tissue-specific regulation and possibly specialized functions for these variant ribosomes [6,13,16-18].

Recombination mechanisms, including gene conversion and unequal sister chromatid exchange, are highly active in the rDNA [19,20]. In addition to changing total rRNA gene copy numbers, these mechanisms allow variants to increase or decrease in frequency among rDNA copies. As a result of these variant dynamics, sequence homogeneity among repeats is higher than expected from independent variant accumulation, leading to the concerted evolution of rDNA repeats [21,22]. Most of the analysis of rRNA variants has focused on high-copy variants that are present in a large fraction of rRNA gene copies, with the expectation that high-copy variants are most likely to have functional consequences [16,23]. Indeed, one recent analysis of the UK Biobank identified a significant correlation between variants in expansion segment 15L and body size traits [23].

What remains unclear is what fraction of all rRNA genes needs to harbor a particular variant before they become subject to purifying selection. Analyses of rDNA sequences in budding yeast indicate that this fraction may be quite low, as deleterious rRNA variants are strongly selected against, even if they are present at variant frequencies <5% [24]. Given the high degree of conservation of ribosomal RNAs, with blocks of near sequence identity across >90% of sequenced eukaryotes [25], we predicted that stringent selection also shapes the human rRNA sequences. To test this prediction, we took advantage of the relatively high sequence coverage offered by most recent iteration of the 1,000 Genomes Project [26] to identify low-copy number nucleotide variants in the human rDNA at high confidence. This analysis yielded signatures of strong purifying selection across the *18S*, *5.8S*, and large sections of the *28S* rRNAs.

RESULTS

Intra- and intergenomic sequence diversity of human *47S* sequences
To probe for signatures of purifying selection in the human rDNA, we focused on sequences of the *47S* transcript. The primary transcript encodes the sequences of the *18S*, *5.8S*, and *28S* rRNAs, as well as external and internal RNA spacer sequences (*5' ETS*, *ITS1/2*, *3' ETS*) that are nucleolytically removed during ribosome biogenesis (schematic, **Fig. 1a, Supplementary Table 1**). These elements are predicted to be under varying levels of purifying selection [24,27]. We identified variants by mapping sequencing reads from the high-coverage dataset of the 1,000 Genomes Project [26] to a prototype sequence of the *47S* gene. Inspection of individual samples showed largely uniform mapping efficiency across all elements of the 47S transcript,

except for the *3'ETS*, where mapping efficiency was substantially reduced (**Supplemental Fig. 1a**). Comparing the average sequence coverage of the *47S* gene to the genome-wide sequence coverage yielded an estimated median rRNA gene copy number of 228 copies per haploid genome (min: 84, max: 541) for the samples in this dataset (**Fig. 1b**), in line with previous copy number measurements for the human genome [4,5].

To identify variants in the *47S* gene, we adapted a pipeline previously used for rDNA variant analysis in budding yeast [24]. This pipeline determines intragenomic variant frequencies (iVFs), i.e. the fraction of reads that code for a variant at each genomic position (see Methods). Because of inherent challenges with sequencing long homopolymer runs, we excluded all variants mapping to homopolymeric sequence runs (see Methods; **Supplementary Table 2**). Benchmarking against the average 30-fold sequence coverage of the high-coverage dataset of the 1,000 Genomes Project indicated that the pipeline reliably and accurately recovered variants with iVFs ≥ 1% (see Methods; **Supplementary Fig. 1b**). Below 1% iVFs, the fraction of false negatives increased substantially (~75% false negatives at iVFs = 0.5%), although precision of recalled iVFs remained high (**Supplementary Fig. 1c**). The pipeline thus reliably recovers variants that are present in at least a handful of *47S* repeats.

Our pipeline also sought to exclude variants originating from likely pseudogenes. Most rDNA-derived pseudogenes are have undergone sequence degradation [28] and thus did not enter our pipeline, which allowed only one variant (insertion/deletion or single-nucleotide) per sequencing read. As there is presently no evidence for rDNA-derived pseudogenes contributing to concerted evolution within these clusters, variants within pseudogenes are stably inherited and detectable as variants with consistently low iVFs across many samples [29]. This characteristic rendered suspected pseudogenic variants readily identifiable at the population level. Based on these considerations, we excluded 290 presumed pseudogenic variants from further analysis (**Supplementary Table 3**). These variants were shared by at least 5% of the samples (n ≥ 160) in the dataset and showed consistent iVFs at very low frequencies, with little or no evidence of copy-number amplification across the whole dataset (see Methods). For a few of these variants, BLAST analysis identified perfect pseudogenic matches in the reference genome (GRCH38.p14). Most suspected pseudogenic variants were not identifiable in the reference genome and may map to the edges of the rDNA arrays, which harbor degenerating rDNA repeats that apparently escape recombination-mediated homogenization [28].

In total, we identified 12,588 unique *47S* rDNA variants across 3,190 samples of the 1,000 Genomes Project (**Supplementary Table 4**). These variants occurred throughout the *47S* (**Fig. 1a**), affecting more than 61.3% of the sequence (8,168/13,314bp). Approximately 75% of the variants were single-nucleotide variants (SNVs) and 25% were insertions or deletions (indels), ranging in size from 1-28 bp (median: 2 bp). This number is in line with analyses of short-read sequences [11,16,17], although a recent analysis using long reads suggested a substantially higher incidence of indels [13]. As those novel indels occurred at very low iVFs, they may have been below the detection threshold of our analysis (**Supplementary Fig. 1**). We observed a similar split between SNVs and indels for all rRNA-encoding sequences and spacer elements except for the 3' external transcribed spacer (*3' ETS*), which had a lower fraction of SNVs (**Supplementary Fig. 2**).

Most variants occurred at iVFs below 0.2, with a second peak at iVFs >0.85 (**Fig. 1c**) Any given human genome harbored variants at a median of 214 positions (range: 153 – 293) with various iVFs across all rDNA repeats. In addition, some nucleotide positions displayed multiple non-reference variants (median: 218 variants; range: 157 - 297). Based on the high false-negative rate for very-low-frequency variants (**Supplementary Fig. 1**), the true rDNA diversity within the 1,000 Genomes cohort is expected to be higher.

Heritability of rDNA sequence variants

The vast majority of variants were either observed in a single individual or a small number of individuals, consistent with the strong overall conservation of the rDNA. Nevertheless, 61.4% of variants were observed in more than one sample (**Fig. 2a**), indicating either heritability or independent mutational events. To get an estimate of the heritability of variants, we focused on the 2635 (17.7%) variants that were found in exactly two samples and asked whether the two samples were derived from individuals from the same study population. The 1000 Genomes Project comprises samples from 26 populations, each represented by 74 - 179 individuals [26]. We found that rDNA variant pairs originated from the same population 54.7% of the time (**Fig. 2b**), which is significantly higher than the 4.036% expected from a null model of random sampling (p<10^{-5}, Fisher's exact test). These data indicate that a substantial fraction of shared rDNA variants in this data set is the consequence of heritable events that propagate within these populations. These data also imply that the majority of *47S* variants called here are not the result of somatic mutations or sequencing artifacts.

The sharedness analysis also revealed a small number of variants that are shared among >99% of all samples (**Fig. 2a**). Many of these variants are likely the consequence of rare variants that were present in the reference rDNA prototype and thus reflect variants of a randomly sampled repeat that was chosen as reference. To test this possibility, we defined the major allele at every position within the dataset (see Methods) and used this information to construct a consensus prototype of the human *47S* rRNA region. Because of indel differences, the resulting consensus prototype is 13,365 bp long, and thus 51 bp longer than the original prototype. When we plotted the variant dataset against the consensus prototype, several common high-frequency variants disappeared (**Supplementary Fig. 3**), confirming that the high incidence of these variants was an artifact of rare variants present in the original prototype. The full sequence of the consensus *47S* prototype is given in **Supplementary File 1** and offers an alternative reference for future variant mapping experiments that is robust to reference-driven inflation of variant frequencies.

Distribution of variants across the *47S* rDNA

Further analysis showed that variation was distributed unevenly across the *47S* rDNA. The fraction of variant nucleotides was lowest for the *18S* rRNA-encoding sequence as well as the *3' ETS* (**Fig. 3a**). In addition, variants with iVF>10% were readily observed in the spacer sequences (5' *ETS*, *ITS1/2*, 3' *ETS*) but were notably depleted in the *18S* and *5.8S* rRNA-encoding sequences, as well as parts of the 28S rRNA-encoding sequences (**Fig. 1a, 3b**). By first approximation, unique variants represent individual mutational events in human history, although some variants likely arose independently more than once (see Discussion). By contrast, variant frequency reflects the amplification of a variant through the mechanisms of concerted evolution [30]. Thus, to better capture the overall level variation, we calculated a variation score for each *47S* element by multiplying the fraction of variant nucleotides with the median level of iVFs observed across the dataset (see Methods). This analysis revealed consistently higher variation scores for the spacer regions compared to the rRNA-encoding sequences (**Fig. 3c-d**; t-test, p=0.0064), strongly suggesting that rRNA-encoding sequences are under stronger purifying selection in the human population than the spacer regions.

We asked whether particular types of mutations are differentially enriched between spacer regions and rRNA-encoding sequences. Analysis of the 8,168 unique variant positions showed no consistent trends in the proportions of SNV and indels (**Supplementary Fig. 2**) or in the relative proportion of transition and transversion mutations (**Supplementary Fig. 4a**) between spacer sequences and rRNA-encoding sequences. However, indel sizes were larger in spacer

regions, suggesting more mutational freedom (**Fig. 3e**). In addition, G-C transversions were significantly more common in the spacers, while A-G transitions were more common in the rRNA sequences (**Supplementary Fig. 4b-e**). These mutational biases may be linked to the markedly higher G-C content of the spacers (**Supplementary Fig. 4f-g**) [31].

Overall, the number of unique variants (SNV and indels) correlated with the lengths of individual elements of the *47S,* both for rRNA-encoding sequences and for spacer sequences, but the number of variant positions was significantly depressed in the rRNAs compared to the spacer sequences (**Supplementary Fig. 5a**).

To further investigate the possibility of purifying selection in the rRNA-encoding sequences, we focused on the *28S* rRNA-encoding element. Although much of the *28S* rRNA that forms the core structure of the large ribosomal subunit is conserved, previous analyses have identified several elements of extreme conservation that map to the inner core of the large subunit (**Fig. 4a**, red). These conserved nucleotide elements (CNEs) comprise roughly 21% of the *28S* rRNA (**Supplementary Table 5**) and are virtually identical across eukaryotes (>90% sequence identity) [25]. The extreme conservation across billions of years of evolution implies that any sequence change within the CNEs can be considered deleterious [24]. By contrast, the expansion segments (**Supplementary Table 6**) have expanded notably in length during metazoan evolution [14,32]. These segments form variably sized, GC-rich stemloop structures that extend from the core large subunit (**Fig. 4a**, blue). They are often not completely resolvable by structure determination methods [33] and are hotspots of sequence variation in the human *28S* rDNA [11]. Therefore, we classified the *28S* sequences into three classes: expansion segments, CNEs, and the rest of the *28S* (**Fig. 4a**, grey).

Variant detection was strongly stratified among these three sequence classes. Individual genomes showed a median fraction of variant nucleotides (at any iVF) of 3.18% in the expansion segments, 0.11% in the CNEs and 0.51% in the rest of the *28S* (**Fig. 4b**). These differences are highly significant (two-way Kolmogorov-Smirnov test; $p<10^{-5}$). Importantly, the total fraction of nucleotides that were invariant across the entire dataset was similar for all three sequence classes (**Fig. 4c**). These data suggest that purifying selection is strongest in the CNEs. In line with this interpretation, median indel sizes in the CNEs were significantly shorter than in the rest of the *28S* rRNA (**Fig. 4d**), and iVFs were lowest in the CNEs (**Fig. 4e**; two-way Kolmogorov-Smirnov test; $p<10^{-5}$). Finally, variants in the CNEs were also least likely to be

shared among individuals (**Fig. 4f**). Taken together, these results imply that variants in the CNEs are deleterious and undergo purifying selection both at the level of variant amplification and at the level of inheritance. Our data also suggest that variants in the CNEs can cause these deleterious effects even when present at extremely low copy numbers.

Discussion

Here we used comparative genomic analyses to reveal signatures of strong purifying selection across elements of the human *47S* rRNA genes. The significant depletion of high-copy variants in these segments suggests strongly dominant effects that can cause phenotypic consequence even against the backdrop of a large number of gene copies with the reference variant.

The elements of the *47S* rRNA genes exhibited differences in variation both in the frequency at which unique variants were detected and in the extent to which variants were amplified in copy number. By first approximation, unique variants reflect the mutational events across the data set. Assuming these events follow a Poisson distribution, we estimate that approximately 60% of such variants are the result of distinct mutational events and the remaining variants occurred independently two or more times in the study population. Supporting the notion that mutational events tend to be unique, we found that >50% of variants shared between two individuals segregated in the same population group. However, there are clear limits to this model because the sequencing depth of the data set did not allow a comprehensive capture of variants with iVF<1%. In addition, strong purifying selection may have suppressed the copy numbers of deleterious variants below our limit of detection, thereby selectively reducing our ability to capture mutational events in the rRNA-encoding genes (**Supplementary Fig. 5a**). It is also possible that mutation frequencies differ between spacer sequences and the rRNA-encoding sequences. This possibility is suggested by the notably higher GC content of the spacer sequences and expansion segments (**Supplementary Figs. 4f-g, 5b**), and the fact that differences in base composition can result in different mutation rates [34,35]. However, we did not observe any obvious differences in the type of variants (transitions, transversions, indels) across the different elements of the *47S* that could hint at differential activity of repair mechanisms. Consistent with random mutational events, the number of unique variants correlated strictly with the lengths of the various spacers and rRNA-encoding segments. Uniform mutation accumulation is also in line with similar observations in the *S. cerevisiae* rDNA, which was sequenced at much higher coverage [24,36].

Our findings show that variants in the spacer regions and the expansion segments of the *28S* rDNA change readily in variant frequencies across individuals, whereas variant amplification was substantially more constrained in the conserved rRNA-encoding sequences. The spreading of variants among rDNA repeats is fully consistent with the recombination mechanisms that drive the concerted evolution of rRNA genes [21,22] and shows that these mechanisms are highly active in the human population. Some of the recombination mechanisms, such as gene conversion, can mediate the transfer of single variants between repeats. However, we note that the mechanisms that underlie the frequent changes in rDNA copy numbers, such as unequal sister chromatid exchange or break induced recombination [20], amplify or delete the sequences of entire repeats and thus amplify or delete variants regardless of their location in the *47S*. The fact that high-frequency variants are nevertheless rarely observed in the structural RNAs of the ribosome (except the expansion segments) implies strong purifying selection that eliminates genomes in which deleterious variants have spread to too many rRNA gene copies.

The low frequency of variants in the structural RNAs is even more striking given that not all rRNA genes are expressed at any given time [6,37]. Recent measurements of individual human rDNA arrays have revealed profound differences in epigenetic regulation and expression levels among arrays [6,38,39]. Our data imply that silencing of rRNA repeats must change (between tissues, between individuals, or over time), as permanent and heritable silencing of specific repeats would shield variants in those repeats from selection.

The fact that predicted deleterious variants rarely occur at variant frequencies higher than a few percent further indicates that these variants have the potential to poison cellular physiology even when most ribosomes do not carry this variant. Poisoning could be a result of the extreme cellular abundance of ribosomes and the fact that translation frequently involves multiple ribosomes on the same transcript. Whether these selective effects occur at the cellular or the organismal level remains to be determined. Regardless, these data predict that individuals who carry deleterious variants at elevated frequencies will likely experience deleterious phenotypes and disease and warrant a closer examination of predicted deleterious rDNA variants in disease association studies.

Materials and Methods

Variant calling

Using SRA Toolkit (v2.10.8), we obtained 3,190 high-coverage (30X) whole-genome sequencing (WGS) samples from the National Center of Biotechnology Information (Accessions: PRJEB37677 and PRJEB5507) [26]. The downloaded SRA files were converted to paired-end FASTQ format and processed reads were aligned against a reference human rDNA prototype (GenBank: U13369.1) using Bowtie2 (v2.4.2). Although multiple rDNA sequences are available on GenBank [9,40-42], they are largely consistent across the *47S* gene. The resulting mapping data were sorted and compressed into .bam format and analyzed in a two-step variant calling process using LoFreq (v2.1.5) [43]. First, alignment was adjusted around the insertions and deletions (indels) to minimize artifacts. Then the allele frequency of SNVs and indels were extracted across all reads and all positions, yielding an intragenomic variant frequency (iVF), i.e. the fraction of reads that code for a variant, at each genomic position of the rDNA prototype.

Variant filtering

To limit potentially artifactual variant calls, we excluded homopolymer-associated variants and presumed pseudogenic variants from further analysis. As homopolymers are a common source of sequencing errors that would appear as reproducible variants in our analysis, we excluded variants htat mapped to homopolymers. Homopolymers were defined as ≥ 10 consecutive identical nucleotides (C or G-rich), allowing 1 mismatch (Supplementary Table 2). In addition, we defined a list of 290 predicted pseudogenic variants (Supplementary Table 3), which were shared across at least 5% of individuals in the sample cohort (n ≥ 160) and displayed a concentrated low allele frequency profile that allows for a low level of outliers. Specifically, 97.5% (2 standard deviations from the mean) of variant frequencies of a predicted pseudogenic variant must fall under an iVF=0.0714, which is a rounded estimate of 1/14, the minimum number of reads with an allele (1), divided by one of the lowest reported *47S* rRNA copy numbers in human (14) [4]. This analysis was performed to account for the fact that a variant being physically present as a single copy in a genome can yield different iVFs depending on the total rDNA copy number.

Benchmarking

To benchmark the sensitivity of our variant calling pipeline's ability to capture variants at different levels of coverage, we generated synthetic samples using the NExt-generation sequencing Analysis Toolkit (NEAT) [44]. The reads of one randomly selected subject's genetic profile were downsampled at different coverages, from 7x, 30x, 50x, 100x and 200x. Then

synthetic variants were introduced at particular allele frequencies by mixing mutant and wild-type reads in controlled ratios. The variant calling pipeline was benchmarked against these ground-truth datasets to obtain estimates of false-positive and false-negative errors as well as accuracy of iVF recall at each level of coverage.

Copy number estimates

To obtain a rough estimate of total 47S copy number in a given sample, the average sequencing depth across the *47S* was divided by the total sequencing depth of that sample (calculated by dividing total sequenced bases by the length of the reference genome GRCH38.p14). This calculation yielded an estimate of the average *47S* copy number per haploid genome.

Heritability analysis

To test for heritability, we focused on variants that were observed in exactly two individuals in the whole dataset. The underlying assumption is that study populations are genetically more related and thus heritable rDNA variants should be enriched in a given population. By contrast, if variants were primarily the results of independent mutational events (e.g. somatic mutations), then variants should not be linked to population. To calculate the probability that a variant would be observed in the same population by random chance, we calculated the sum of probabilities of recovering an allele from a given population (spanning between 74 and 179 samples) without replacement. For example, P(k=2, &CEU) = 179/3190*178/3189 = 0.003132 (with k being the number of samples sharing the variant, and CEU being Utah residents (CEPH) with Northern and Western European ancestry in this example). The sum of probabilities for randomly identifying a variant pair in any of the 26 study populations is 0.04036.

Consensus *47S* prototype

To define the consensus *47S* sequence of the 1000 Genomes Project, we first established consensus *47S* sequences for each individual in the data set by defining the majority allele at each position of the prototype. We then defined the majority allele across the dataset by tallying the majority alleles among all individuals for a given position. These alleles were then concatenated to establish the consensus *47S* prototype **(Supplementary File 1)**. Because of an overabundance of insertions over deletions among the majority alleles, the consensus *47S* prototype is 51 bp longer than the *47S* of U13369.1.

Analysis of *47S* and *28S* segments

The boundary coordinates of the elements of *47S* (using the U13369.1 reference) are given in **Supplementary Table 1**. The coordinates of the CNEs were defined by manual curation based on the sequences defined by [25] and are given in **Supplementary Table 5**. The coordinates of the expansion segments were taken from [45] and are given in **Supplementary Table 6**. The positions of CNEs and expansion segments were visualized on a cryo-EM derived structure of the *28S* (PDB: 8QYX; [33]) using PyMOL.

Calculation of variation scores

As described in the text, variation is observed in both the fraction of variant nucleotides (a proxy of incidence of mutational events) and the variation in iVFs (reflecting variant amplification events). Because of our inability to confidently detect variants with iVF<0.01, these two forms of variation are not fully independent because strong iVF suppression by selection could result in iVFs that are undetectable, resulting in variants being erroneously counted as invariant. To account for this partial interdependence, we combined both forms of measurable variation by calculating a variation score that is the product of the fraction of variant nucleotides and the median level of iVFs observed across the dataset. We chose the median levels of iVFs for these calculations to avoid disproportionate effects of variants shared by multiple individuals.

Estimating incidence of mutational events

In our analysis, 38.7% of nucleotides across the *47S* showed no detectable variants across the data set. Assuming a Poisson distribution, this incidence of invariant nucleotides yields an expectation $\lambda=0.94933$. Based on this expectation, we estimate that 60% of the unique variants are the result of unique mutational events, whereas 40% of variants occurred independently 2 or more times.

Conflict of interest statement

The authors declare no conflict of interest.

Author contributions

Conceptualization: X.M, D.S., A.H.; Investigation: X.M., F.C., B.G., A.H.; Code and formal analysis: X.M., F.C., B.G., D.S.; Illustration: E.B.; Writing - Original draft: X.M., D.S., A.H.; Writing - Review and Editing: X.M., F.C., B.G., E.K.B., D.S., A.H.

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Data availability

Coordinates of the variants identified in this study as well as all the coordinates used to define the different parts of the *47S* are given in **Supplementary Tables 1-6**. The computer scripts used for data analysis are available on Github: https://github.com/limaxf/Human_rDNA_project

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Figure Legends

Figure 1. Distribution of sequence variants across the 47S rDNA.
(**a**) Top: schematic indicating the relative positions and lengths of individual *47S* elements. *ETS* - external transcribed spacer, *ITS* - internal transcribed spacer. rRNA-encoding sequences are shaded in pale green. Bottom: cumulative plot of all identified sequence variants and their associated frequencies observed in the high-coverage 1000 Genomes Project data set. Each individual measurement is shown as a blue dot. Pale green shading and orange dashes indicate the positions and boundaries of the rRNA-encoding sequences, respectively. (**b**) Estimated *47S* copy number per haploid genome for each sample in the data set. (**c**) Distribution of iVFs (binned into increments of 0.005) for all variants observed in the data set. Zoomed-in inset shows observed variant numbers at very high iVFs.

Figure 2: Heritability of *47S* variants
(**a**) Sharedness of variants among samples across the data set. Insets show zoom-ins at low and high levels of sharedness. (**b**) Analysis of populations of origin of variants that were observed in exactly two genomes in the data set. The left pie chart shows expectation if variants arose independently and are randomly distributed across the populations. The right pie chart shows the observed distribution of variant pairs among populations. Fisher's exact test: $p<10^{-5}$.

Figure 3: Differences in variant frequencies and identities across the *47S*.
Analysis of variants as a function of *47S* elements in different *47S* elements. Spacer sequences are indicated in blue, rRNA-encoding sequences are shown in pale green. (**a**) Fraction of total nucleotides within each element for which variants were detected in the data set. (**b**) Box-and-whiskers plots showing the distribution of iVFs. Median is shown as black bar, boxes indicate 25-75% range and error bars indicate 95% confidence interval. Measurements outside of this range are shown as individual dots to show overall spread of the data. (c) Variation score calculated as the product of the fraction of variant nucleotides in (a) and the global median of the iVFs, noted on top of panel (b). (**d**) Averages of the variation scores of spacers and rRNA-encoding sequences shown in (c). Error bars indicate standard deviation. p=0.0064; two-tailed t-test. (**e**) Box and whiskers plots showing the ranges and medians of indel sizes in the different *47S* elements.

Figure 4: Evidence of purifying selection in the *28S* rDNA.

Analysis of variants in the *28S* as a function of nucleotide elements. Expansion segments (ESs) are indicated in blue, conserved nucleotide elements (CNEs) are shown red, all other 28S sequences (rest) are shown in orange. (**a**) Structure of the human *28S* rRNA (PDB: 8QYX) indicating the location of CNEs in the core (red) and the well-ordered bases of the ESs at the periphery (blue). Most ES sequences do not have a uniform conformation and thus are not structurally resolved. (**b**) For each genome in the dataset, the percentage of nucleotides showing any level of variability in the 28S elements was determined. The cumulative distribution of percentages among the 3190 genomes is shown as a box and whiskers plots. Median percentages are noted above the graph. (**c**) Percentage of nucleotide positions for which no variant was detected in the entire dataset. (**d**) Box and whiskers plots showing the ranges and medians of indel sizes. (**e**) For each identified variant, the median variant frequency was calculated across the dataset and plotted as a box and whiskers plot for all the variants in each nucleotide element. This approach was taken to avoid disproportionate effects of variants shared by multiple individuals on the distribution. (**f**) Pie charts indicating sharedness of *28S* variants among samples as function of nucleotide elements. Pairwise Chi-square analysis with Bonferroni correction.

Figure 1

a

b   Variants observed in exactly two individuals (n=2635)

Figure 2

Figure 3

a

28S rRNA
— CNEs
— ESs

b

Variant nucleotides per genome (%)

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ESs   CNEs   Rest

28S sequences

c

Invariant nucleotides across dataset (%)

ESs   CNEs   Rest

28S sequences

d

Median

3 bp   1 bp   2 bp

Indel size (bp)

ESs   CNEs   Rest

28S sequences

e

Median iVFs for each variant nucleotide

***

***

***

ESs   CNEs   Rest

28S sequences

f

■ Unique variants
□ Shared variants

p = 0.0037   p = 0.137

p = 0.149

ESs   CNEs   Rest of 28S

Lorem
ipsu

28S sequences

Significance cutoff (Bonferroni corr.): p=0.0167