West Nile virus dissemination among individual wild mosquito vectors in Northern Colorado, 2023

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19 Abstract

West Nile virus (WNV) transmission risk is typically estimated from pooled whole-mosquito

infection data, which may overestimate the proportion of mosquitoes capable of transmission. To

assess natural viral dissemination in field-collected *Culex tarsalis,* we tested infection rates in

tissues of 1,793 individual mosquitoes collected from Northern Colorado in August, 2023.

Fifteen mosquitoes had detectable abdominal infections, but WNV RNA was detected in only

53% (8/15) of their thorax and head tissues, while another 27% (4/15) had WNV RNA detected

in either the thorax or the head alone. Logistic regression suggests an inconsistent relationship

between abdominal viral RNA load and virus dissemination, whereas receiver operating

characteristic analysis identifies a threshold of ~59,000 RNA copies in the abdomen predictive of

dissemination (AUC 0.80, 95% CI: 0.545, 1). These results suggest whole-body RNA detection

may overestimate transmission potential from field-captured mosquitoes, and that incorporating

infection data could refine surveillance-based risk indices for WNV.

Introduction

West Nile virus (WNV) is the most widespread arthropod-borne virus in the United States and poses a persistent public health threat and economic burden *(1-4)*. Since its introduction to the country in 1999, thousands of cases of West Nile disease (WND) have been diagnosed in humans annually *(5)* despite evidence of significant underreporting of infections and disease *(6)*. Some estimates put the true number of human infections in the US since the virus emerged at roughly 7 million *(4,7)*. Mosquitoes from the genus *Culex* are the primary vectors for WNV, and *Culex tarsalis* (Coquillett) is one of the most significant enzootic and epidemic vectors in the western U.S., playing a key role in virus amplification via the enzootic cycle among birds and transmission to humans *(8,9)*. Because there is no human vaccine or specific antiviral treatment for WND, disease prevention relies heavily on entomological surveillance, vector control, and personal protective measures *(10)*. These Integrated Vector Management (IVM) strategies include WNV surveillance through mosquito trapping & WNV testing, public communications of WNV transmission risk and recommendations for personal protection measures such as behavior modifications and repellent use when risk is determined to be high, and vector control operations that focus on draining water from larval sites, as well as larvicide and adulticide applications *(11,12)*. This approach may incur significant costs to taxpayers where local and state governments pay to implement it. Furthermore, the efficacy of some of these approaches can be hampered by weather and insecticide resistance in the mosquito populations *(13)*, and there may be concern from individuals or groups about the effect of widespread insecticide use on pollinators and other non-target insect populations and the environment *(14-16)*. Accordingly, IVM-connected WNV surveillance strategies should be employed in at-risk areas using the most precise WNV detection methods, as these provide critical insight for mosquito control

districts/programs, public health authorities and elected officials about contemporary and

temporal risks of WNV transmission risk in humans and helps to guide decision making around

public communications and control efforts.

Current WNV surveillance programs rely on pooled mosquito testing, whereby whole

female mosquitoes in pools (usually up to 50 per pool) are homogenized in a buffer solution. The

buffer is then tested for either WNV antigen with a rapid test or WNV RNA through reverse-

transcription quantitative PCR (RT-qPCR) to estimate pooled infection rates and the Vector

Index (VI), an estimate of the abundance of infected mosquitoes in an area, which can be used to

guide public health interventions *(17,18)*. The RT-qPCR method to quantify WNV RNA is

considered to be the most sensitive and accurate method *(19,20)* but is more resource-intensive.

WNV positive pools are determined from amplification of WNV RNA in pools of mosquitoes

captured in standard surveillance traps – meeting a predetermined threshold cycle threshold (CT)

value or, ideally, a threshold CT value determined by comparing amplification to a standard

curve of known viral RNA quantities *(21)*. This method assumes that one or more mosquitoes

from a pool determined to be below this CT threshold is infected with WNV and has the

potential to transmit WNV to humans. Data from tested mosquito pools over an area are then

used to calculate the mosquito infection rate via either the minimum infection rate (MIR), which

assumes only one infected mosquito per positive pool, or via the maximum likelihood estimation

(MLE), which probabilistically (via a binomial distribution of infected individuals in a positive

pool) estimates the mosquito infection rate given the observed number of positive mosquito

pools and their pool sizes (22). The mosquito infection rate multiplied with the species capture

rate forms the VI for each captured and tested species *(23)*. These mathematical estimates have

been shown to be acceptable measures of true mosquito infection rates, with VI correlating with

human WNV infections in the following weeks. Therefore, they are used as action thresholds to

initiate specific vector control interventions to mitigate human risk *(24,25)*. Importantly, the

mosquito infection rate variable used in the VI equation naturally varies among mosquito species

due to differences in species vector competence for WNV.

Following ingestion of an infectious bloodmeal, the vector competence of a mosquito

species or strain for WNV depends on the ability of the virus to infect the midgut and foregut

tissues, replicate and spread in those tissues, disseminate into hemocoelic tissues, infect the

salivary gland tissue in the thorax, and finally disseminate into the saliva. The vector competence

is variable depending on the virus titer ingested in the blood meal *(26)*, and the ingested and

newly produced progeny viruses must pass through infection/escape barriers in the midgut and

salivary gland tissues before the mosquito can become infectious *(27)*. The time that this process

takes is known as the extrinsic incubation period (EIP) and has been characterized rigorously

under laboratory conditions *(28,29)*. This period is temperature-dependent but generally lasts

between 8-18 days under summer conditions in temperate regions *(30)*.

Much less is known about WNV dissemination rates in individual wild-caught

mosquitoes, as testing individual field-derived mosquitoes is often not economical due to low

prevalence within mosquito populations, which typically necessitates pooled testing *(21,31,32)*.

Condotta et al. tested individual and pooled mosquitoes to evaluate the actual infection rate in

WNV positive mosquitoes for *Cx. pipiens* and *Cx. restuans* as well as to evaluate if the MIR and

MLE overestimate or underestimate WNV infection *(25)*. However, the authors did not account

for the possibility of non-disseminated infections. If a substantial proportion of these mosquitoes

harbor only localized midgut infections, risk assessments based solely on infection prevalence

may overestimate actual transmission potential. Improved understanding of viral dissemination

in wild mosquitoes is therefore essential to refine entomological risk indices and enhance the

accuracy of outbreak predictions.

The 2023 summer in Northern Colorado had unusually high mosquito abundance and

infection prevalence, which allowed for a meaningful sample size of individual WNV-positive

mosquitoes to be found over a short two-week time frame. Using these naturally infected field-

derived mosquitoes, we tested the hypothesis that traditional approaches to assessing WNV risk

based on testing of mosquito pools overestimates actual risk. In particular, we sought to

determine the extent to which WNV-positive, wild *Culex tarsalis* mosquitoes lack viral RNA in

the head and thorax, indicating a lower-than-expected potential for transmission. By dissecting

individual mosquitoes and estimating viral loads in specific tissues, we aimed to quantify the

proportion of infections that are non-disseminated and assess the implications for surveillance-

based risk assessment.

Materials and Methods

Adult *Cx. tarsalis* from Larimer, Weld, and Morgan counties, Colorado, USA were

trapped using CDC miniature traps, using dry ice but no light as the attractant, during the weeks

of August 7th and 14th 2023. 1791 mosquitoes were captured and stored at –80°C until dissection

and testing began in 2024.

Mosquito samples were dissected into abdomen, thorax, and head tissue compartments.

Each mosquito and dissection forceps were surface sterilized by dipping it into 70% EtOH and

then rinsed twice in PBS before dissection. Each mosquito was dissected separately in depression

wells of a glass depression well plate and the plate was sterilized between dissections to avoid

contamination among samples. Dissected abdomen and head tissues were stored individually in

microfuge tubes before testing, while thorax tissues were pooled (n=11 per pool) for testing,

except for samples 19, 76, 124, and 172 where the thoraces were tested individually while the

heads were pooled.

One sterile ball bearing and 300 µL of mosquito diluent was added to each abdominal

tissue sample. Mosquito diluent was created using phosphate buffered saline (PBS), fetal bovine

serum (FBS), penicillin streptomycin, Fungizone, and gentamicin, and was stored at 4°C.

Abdominal tissues were homogenized at 24 Hz frequency for 60 seconds and centrifuged. 15 µL

of supernatant from each homogenate was pooled into groups of 11, the RNA was extracted from

the pooled homogenate using the Omega Bio-Tek Mag-Bind Viral DNA/RNA 96 Kit and was

then tested using RT-qPCR to identify the presence of WNV RNA in each homogenate pool. If a

pooled supernatant was positive, the 11 individual abdomen homogenates were subsequently

tested for the presence of WNV. Once an individual mosquito was identified as having an

abdomen positive for WNV, the corresponding thorax pool and individual head and thorax

tissues were tested.

Infection of the midgut is a prerequisite for dissemination of the entire mosquito.

Therefore, only individuals with RNA presence in the abdomen were included in this study. CT

values were obtained from raw PCR output at a consistent fluorescence threshold of 34,000.

Aliquots of varying concentrations of WNV RNA standards were cloned from viral RNA

isolated from stocks and stored at –80°C until their use in a standard curve run alongside the

samples. RNA concentrations in these aliquots were 100, 10,000, and 1,000,000 copies, and the

number of copies in each positive sample was estimated from a linear regression of the standard

curve CT values to account for fluctuations in CT estimates between runs. Whole-body CT

estimates were created by summing the RNA estimates from the standard curves of the three

separate tissues and converting them back into a CT value. Based on previous studies that

showed WNV-infected mosquito cells consistently produced greater than 10^2 RNA copies for

each infectious Plaque Forming Unit (PFU) *(33,34)*, a conservative binary infection threshold of

200 RNA copies was created to distinguish weakly infected tissue. This cutoff minimizes false

positives from non-infectious viral RNA while maintaining sensitivity for biologically relevant

infections which are likely to contain an infectious unit.

Statistical analysis was performed in R version 4.5.1 using packages ggplot2 *(35)* for

visualizations, patchwork (36) for organizing plots, corrplot *(37)* for correlation analysis, and

pROC *(38)* for receiver operator characteristics analysis. Logistic regression was performed

using a generalized linear model with a logit link function, and statistical significance was

determined as a p value below 0.05.

Results

To provide historical context for the 2023 dissections, combined *Culex pipiens* and *Culex*

tarsalis mosquito abundance and the vector index (VI) in Northern Colorado regions from long-

term (2012–2024) surveillance data are displayed relative to 2023 data (Figure 1). These elevated

VI and mosquito abundance numbers are consistent with high human West Nile Virus (WNV)

case counts from the same surveillance period (Figure 2).

RNA levels in sampled mosquitoes varied widely from nearly undetectable to millions of

copies in each tissue compartment but were generally higher in the abdominal tissues (Table 1).

Corresponding thorax and head CT values suggest variable dissemination efficiency, with

several mosquitoes exhibiting high abdominal RNA but limited or no evidence of dissemination

to secondary tissues. Overall, the abdominal infection rate was approximately 1 per 120

mosquitoes, or 0.84%. Of those infected, 8/15 (53.33%) had viral RNA in both the thorax and

head tissue.

Mosquitoes with disseminated infections exhibited consistently low CT values across all

compartments, reflecting high RNA loads (Figure 3). In contrast, those with failed or incomplete

dissemination showed sharp CT increases (lower RNA) between abdomen and head/thorax

tissues. Weak infections showed uniformly high CT values or undetectable values.

To assess whether RNA concentrations in one tissue could predict viral presence in

others, we conducted correlation analyses using two approaches: raw CT values and log☐☐-

transformed RNA values (Figure 4). Raw CT values (Panel A) showed a strong positive

association between thorax and head tissues (r = 0.70), moderate correlation between abdomen

and head (r = 0.49), and weak correlation between abdomen and thorax (r = 0.23). RNA values

that were estimated from CT outputs were then log-transformed (Panel B) and yielded

intermediate to strong correlations: r = 0.63 for thorax–head, r = 0.50 for abdomen-head, and r =

0.21 for abdomen–thorax.

A logistic regression was then conducted to evaluate the relationship between presence or

absence of a disseminated WNV infection in mosquitoes and the log-transformed abdominal

RNA levels (Figure 5). A binary infection threshold of 200 RNA copies in both the head/thorax

was selected to classify individuals as "infected" or "uninfected" in the target tissue. For every

log increase in abdominal RNA, the odds of WNV successfully disseminating to a mosquito's

head and thorax increased by approximately 2.5 times (OR = 2.45, 95% CI: 0.81, 7.36, p = 0.11).

Lastly, we evaluated whether RNA concentration in the abdomen could serve as a

predictor for the presence of virus in the head and thorax, which is a key indicator of

dissemination and potential transmission competence. The same threshold of 200 copies of RNA

from the previous analysis was used. The receiver operating characteristic (ROC) curve analysis

revealed good overall discriminative ability, with an area under the curve (AUC) of 0.80 (95%

CI: 0.545–1.000; Figure 6). This suggests that abdomen RNA levels can moderately to strongly

differentiate mosquitoes with disseminated infections from those without. The optimal abdomen

RNA threshold for predicting head/thorax infection was estimated from the AUC using the same

RNA copy threshold and measured ~59,000 RNA copies. At this threshold, sensitivity was 1.00,

indicating that all mosquitoes with ≥200 copies in the head and thorax were correctly identified.

Specificity was 0.625, meaning that 62.5% of mosquitoes without complete dissemination were

correctly classified as negative.

Discussion

Our study provides novel insights into WNV infection dynamics in wild, field-collected

Cx. tarsalis, highlighting that detection of WNV in pools of mosquitoes does not explicitly

equate to transmission potential in the wild, because many of these positive mosquitoes do not

have completely disseminated infections. Of the 15 mosquitoes that were positive in abdominal

tissue, nearly half failed to demonstrate complete viral dissemination into the thorax and head.

This indicates that a substantial proportion of naturally infected mosquitoes may not contribute

to transmission at the time of capture, despite being classified as "infected" under current

surveillance standard methods. The addition of whole-body estimates to our analysis provides a

comparison to what likely would have been observed had the whole mosquito been tested by

itself, or in a pool of non-infected mosquitoes, mimicking the standard approach used in pool-

based arbovirus surveillance.

Importantly, this study used mosquitoes that were collected during the unique conditions

of 2023, when Northern Colorado experienced unusually high mosquito abundance, WNV

activity, and human cases. These coincided with elevated mosquito abundance and vector index

values during mid-August, when field collections were performed. The human cases were often

severe, neurological cases, which are the cases most likely to be reported to the health system.

Relative to the preceding decade, both mosquito abundance and VI in 2023 ranked among the

highest observed allowing us to obtain enough naturally infected individuals (0.83%) that

allowed for relatively cost-effective screening and testing of individual mosquitoes and tissue-

specific analyses of these mosquitoes, which is rarely economically feasible under typical field

conditions *(23)*.

Our correlation analysis suggests that viral burden in head and thorax tissues generally

increases with abdominal RNA, but the relationship is not strictly proportional. Mosquitoes with

failed or incomplete dissemination showed sharp CT increases between abdomen and

head/thorax, suggesting potential midgut escape or salivary gland infection barriers or a

mosquito that was captured early in the extrinsic incubation period for the virus. Overall,

correlations between WNV infection in abdomen and thorax tissues were lower than abdomen

and head tissues. Correlation statistics were relatively similar between CT value and log-RNA

estimates.

The relationship between abdominal viral RNA burden and dissemination was not

statistically significant in a logistic regression, though the directionality of the relationship

suggests that higher abdominal titers increased the odds of dissemination. According to our

model, for every log increase in abdominal RNA, the odds of WNV successfully disseminating

in a mosquito increased by approximately 2.45 times. Although not statistically significant, the

observed trend is consistent with prior laboratory-based studies that suggest higher viral titer in

the infectious bloodmeal, and therefore a lower CT value, leads to an increased chance of a fully

disseminated infection *(25)*.

ROC curve analysis further explored the predictive utility of abdominal RNA levels for

dissemination. We identified an abdominal RNA threshold of approximately ~59,000 copies that

discriminated between disseminated and non-disseminated infections with high sensitivity (1.0)

but moderate specificity (0.625), yielding an AUC of 0.80 (95% CI: 0.55–1.0). This finding

suggests that increased abdominal RNA values strengthen predictions of a disseminated infection

in mosquitoes. The relatively low specificity indicates that a subset of mosquitoes with high

abdominal titers may still fail to disseminate or could have recently taken an infectious

bloodmeal and are early in the EIP. These results reinforce the biological complexity of WNV

dissemination and the limitations of using whole-body RNA measurements as proxies for vector

competence.

Several methodological considerations of our data warrant further discussion. First, the

rarity of naturally infected mosquitoes necessitated pooling strategies in our initial screening, and

while this improved efficiency, it introduced challenges in interpreting thorax RNA values when

multiple individuals were combined. In two cases, pooled thorax homogenates might have

masked heterogeneity between individuals, diluting strong infections or inflating weak ones.

Second, viral RNA quantification by RT-qPCR is inherently variable at low copy numbers, such

as the binary cutoff of 200 RNA copies that we applied *(39)*. Although the threshold approach

provides a consistent framework, different cutoffs could shift classification, underscoring the

need for standardized dissemination definitions for field caught mosquitoes. Finally, our sample

size, though substantial for field collections, yielded only 15 positives. This limits our ability to

detect subtle trends and necessitates cautious interpretation of the statistical associations we

performed.

Nonetheless, our results align with and extend prior laboratory studies of *Culex spp.*

vector competence. Experimental infections in colony mosquitoes often report higher

dissemination rates than observed here, possibly reflecting differences in viral dose, mosquito

age, or environmental stressors between controlled and field conditions *(28,29)*. The lower

dissemination rates in wild mosquitoes may most obviously reflect the timing of their capture

before the EIP was complete. Alternatively, they could also reflect a combination of midgut

escape barriers, immune priming, or ecological pressures not captured in laboratory systems *(27)*.

These findings suggest that extrapolating laboratory-based competence data to field populations

may overestimate true transmission risk at the time of mosquito capture and testing.

From a surveillance perspective, these findings have important implications. Current

arboviral monitoring programs typically classify any WNV-positive mosquito sample below a

cycle threshold value of ~36-39 as potentially infectious, regardless of dissemination status

(21,40). Our data suggests this approach may inflate estimates of vectorial capacity by failing to

account for the proportion of mosquitoes with unsuccessfully disseminated infections restricted

to the midgut, or weak disseminated infections that may be mosquitoes captured early in the EIP

or that can only transmit few infectious virions. Similarly, a previous modeling study that

incorporated WNV infection dynamics in mosquitoes into transmission models found that a

potential explanation for the variability of CT values observed in WNV surveillance pools is due

to a substantial proportion of mosquitoes that are exposed to WNV do not develop a productive

infection *(41)*. Incorporating tissue-specific viral dissemination data into predictive risk indices

could improve their accuracy and reduce overuse of scarce resources. While the logistical

challenges of dissecting large numbers of mosquitoes are arduous, statistical adjustment factors

that incorporate CT values as a proxy for predicting the potential dissemination and

infectiousness of a mosquito informed by this study and future studies like it may offer a solution.

Future research should focus on validating dissemination thresholds in larger sample sets

and across temporal and ecological contexts. Our sampling occurred within a limited two-week

period in mid-August, representing only a narrow temporal window of mosquito activity.

Seasonal or age-related changes in mosquito physiology may alter dissemination efficiency, and

longitudinal studies with broader sampling could illustrate these dynamics to better capture

seasonal variation in infection prevalence or dissemination efficiency. An important future step

will be integrating dissection-based dissemination data from laboratory studies with salivary

secretion of infectious virions, which would directly establish the link between tissue-level

infection and actual transmission capability *(42)*. Finally, exploring viral genetic strain variation

in dissemination success would provide valuable insight into the evolutionary pressures shaping

WNV transmission.

In summary, our findings demonstrate that a substantial fraction of field-collected *Culex*

tarsalis harbor WNV infections restricted to the abdomen, without evidence of dissemination to

the thorax and head. Abdominal viral RNA levels showed predictive value for dissemination, but

with limited specificity. These results demonstrate the importance of distinguishing between

infection and transmissibility in surveillance-based risk models. Refining entomological risk

indices to include CT values as a proxy for transmission likelihood to account for incomplete

dissemination will improve the accuracy of WNV outbreak predictions and guide more efficient

public health responses.

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Biographical Sketch

Jackson DeCook is a RaHP VEC fellow and Colorado School of Public Health graduate

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Table

Mosquito ID	Abdomen CT	Abdomen RNA	Thorax CT	Thorax RNA	Head CT	Head RNA
Table. Infection data from all wild *Culex tarsalis* mosquitoes that tested positive in their abdomens for West Nile virus RNA						
A3	15.86	5,985,545.67	25.24	8,461.57	23.39	30,850.83
A4	32.81	42.27	25.24	8,461.57	33.84	20.52
D8	17.54	1,845,606.78	23.85	22,353.08	24.37	15,554.08
D10	16.28	4,471,412.28	23.85	22,353.08	28.74	732.22
19	22.54	68,236.08	21.76	118,408.02	24.41	18,157.96
76	22.99	49,615.82	Negative	Negative	Negative	Negative
124	23.37	37,916.02	Negative	Negative	Negative	Negative
182	37.00	2.46	Negative	Negative	Negative	Negative
259	33.42	137.19	28.14	4,593.69	Negative	Negative
703	21.71	334,350.00	Negative	Negative	33.71	112.79
928	16.98	7,788,455.58	32.01	349.40	Negative	Negative
1103	19.20	1,767,845.07	Negative	Negative	33.87	101.73
1150	18.54	2,752,642.96	30.14	1,212.83	30.59	898.81
1186	23.50	100,984.11	27.16	8,863.06	24.67	46,551.64
1341	18.17	3,358,847.22	25.08	109,088.94	31.48	2,683.82
1,793 mosquitoes were tested in pools, and 143 mosquitoes from positive pools were tested as individuals. RNA numbers refer to estimated RNA copies estimated from a linear regression of CT values from a standard curve. Tissues with less than 200 copies of RNA were considered negative. A prerequisite for inclusion in the analysis and further testing was the presence of viral						

RNA in the abdomen tissue.

Figure Legends

Figure 1: Historical West Nile virus mosquito vector abundance and VI in Northern Colorado regions during the 2023 season compared to other seasons. The years 2012-2024 (excluding 2023) are highlighted in grey, while the 2023 season is highlighted in red. BC: Boulder County, CO; BE: Berthoud, CO; FC: Fort Collins, CO; LV: Loveland, CO.

Figure 2: Confirmed human West Nile virus cases in Colorado during 2023 compared to other years. The 2023 season, highlighted in yellow, showed a large spike in human cases compared to other seasons from 2012-2024 highlighted in blue.

Figure 3: Paired CT values for abdomen, thorax, and head compartments of WNV-positive mosquitoes revealed distinct patterns by dissemination category. WNV-infected mosquitoes were grouped into four phenotypes: disseminated infection (n = 8), failed dissemination (n = 2), incomplete dissemination (n = 4), and weak midgut infection (n = 1). Plots include corresponding whole body mosquito CT estimates determined by adding together and combining RNA estimates from given tissue CT values, then inverting them back into one whole body estimate CT estimate. *Denotes multiple positive samples in one thorax pool, which artificially deflated the CT estimate. **Denotes a weaker midgut infection that had disseminated into the thorax but not the head.

Figure 4: Correlation analyses of RNA values in paired tissue compartments of mosquito samples. Correlation matrices for raw CT values (Panel A) and log-transformed RNA estimates (Panel B).

Figure 5: Logistic Regression model predicting complete dissemination of viral RNA via log

RNA estimates. Blue dots represent WNV-positive mosquitoes. The red line represents the

regression line and the shaded red area the 95% CI of the regression line. For every log increase

in abdominal RNA, the odds of WNV successfully disseminating to the head and thorax

increased by approximately 2.5 times (OR = 2.45, 95% CI: 0.81, 7.36, p = 0.11)

Figure 6: Receiver Operating Characteristic (ROC) curve analysis for abdomen RNA value

that predicts binary threshold for complete dissemination. The binary infection threshold was

set at 200 copies of viral RNA. The area under the curve (AUC) for prediction of infection was

0.8 (95% CI: 0.545, 1). The optimal threshold for prediction of complete dissemination at 200

copies of RNA by abdomen RNA was ~59,000 copies with a sensitivity of 1 and a specificity of

0.625.