Transferring active inference to newly encountered prism-shifted environments

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Abstract

Active inference has been proposed as a unified explanation of perception and action. Previous

work has shown that canonical neural networks that minimize shared Helmholtz energy are cast as

performing active inference of the external environment. However, how animals flexibly adapt to

newly encountered environments remains to be fully addressed. To investigate the brain's

generalizability and adaptability to new environments, this work develops canonical neural

networks that employ multiple policy matrices in parallel. We demonstrate that the proposed

model can recapitulate the prism adaptation—a form of visuomotor adaptation—under an arm-

reaching task. Using policy matrices pretrained under various target positions, these networks

could transfer previous experiences and exhibit faster adaptation to the prism-shifted environment

than the naive networks. Furthermore, after-effects were observed following the removal of

simulated prism glasses. These results suggest the biological plausibility and utility of the proposed

model, providing insights into the adaptive capabilities of the brain.

Keywords: Free-energy principle, Prism adaptation, Active inference, POMDP, Transfer learning

INTRODUCTION

The brain exhibits great adaptability to newly encountered environments, and modeling it using

neural networks remains a significant challenge in neuroscience. The free-energy principle (FEP)

(Friston et al., 2006; Friston, 2010) has been proposed to account for perception (Lanillos et al.,

2021; Mirza et al., 2021), learning, and action(Klar et al., 2025; Lanillos et al., 2021) of biological

organisms in terms of Bayesian inference and the minimization of variational free energy. Biological

organisms are considered to develop the generative model—a hypothesis about the dependence

structure between hidden states and sensory inputs—in the brain by minimizing variational free

energy as a tractable proxy for minimizing the sensory surprise. By doing so, they perceive hidden

environmental states and optimize their actions accordingly to minimize the risk associated with

future outcomes, a process referred to as active inference (Da Costa et al., 2020; Friston et al.,

2017).

Notably, recent works have shown that canonical neural networks that minimize Helmholtz

energy can be read as following the FEP under a class of partially observable Markov decision

process (POMDP) models (Isomura et al., 2022). These networks can exhibit active inference under

various task settings, including causal inference (Isomura & Friston, 2020) rule learning (Tazawa &

Isomura, 2024), prediction, and planning (Paul et al., 2024) These properties suggest that

recapitulating the external environment in the network's internal states is an inherent property of

neural networks.

Despite these successes, when encountering novel environments, these networks basically need

to learn a generative model for new environments from scratch. This requires a considerable

training cost, and the generalization error usually declines with a widely observed power-low order

of time (i.e., $\mathcal{O}(t^{-1})$) (Hastie et al., 2009). By contrast, recent advances in machine learning suggest

that transferring previously learned models may facilitate these networks to adaptation to new

environments (Kouw & Loog, 2018; Zhuang et al., 2020). However, whether canonical neural

networks can exhibit such transfer learning remains largely unexplored.

To investigate the neuronal mechanisms of adaptability and generalizability, prism adaptation

serves as a representative visuomotor phenomenon (Hermann & Cattell, 1898; Prablanc et al.,

2020). This can be observed, for instance, when subjects perform a reaching task while wearing

the prism glasses that shift their visual field. Initially, subjects wearing prism glasses struggle to

complete reaching tasks as prediction misalignment causes an increase in reaching error; after a

few trials, however, they gradually learn to accurately point to targets with minimal errors,

demonstrating the adaptability to new environments. Upon removal of the prism glasses, initial

errors are made but are immediately recovered. This task requires the readjustment and

integration of visual and somatosensory information to novel sensory-motor contingencies, making

it suited to model the brain's generalizability using canonical neural networks.

In doing so, some observations can be considered as a generalizability criterion: In healthy

human prism exposure, the adaptation occurs within approximately 10 trials, and the reaching

error approaches approximately zero (Luauté et al., 2009; Rossetti et al., 1993). This is a

remarkably low number compared to the number of times a person has ever reached, indicating

that biological brains can immediately correct their predictive discrepancies. However, previous

modeling works have yet to fully explain the neuronal mechanisms underlying this significant gap

(Sakaguchi et al., 2001; Smith et al., 2006; Inoue et al., 2015). Although Bayesian frameworks have

been proposed as a promising avenue for addressing this issue (Petitet et al., 2018), concrete

models that capture the underlying processes are still lacking.

To address this issue, this work developed canonical neural networks that exhibit transfer

learning based on the FEP and active inference and applied them to explain the prism adaptation.

We demonstrated that these neural networks can transfer previously learned policy matrices—

pretrained to generate actions to reach various target positions depending on observations—to

facilitate adaptation to a newly encountered environment. These networks exhibited the rapid

adaptation in the presence of simulated prism glasses and the after-effects following the removal

of the prism glasses, as observed in empirical prism adaptation. Mathematical analyses

demonstrated that the prediction error for selecting the optimal mixture of policy matrices

converges with an exponential order decay (i.e., $\mathcal{O}(e^{-\alpha t})$ with a coefficient $\alpha > 0$), which is

considerably faster than the widely known t^{-1} order decay of generalization errors for

conventional models. We conclude by discussing possible biological implementations of these

learning mechanisms.

METHODS

Canonical neural networks

We began by outlining canonical neural networks (Isomura et al., 2022; Isomura & Friston, 2020)

with a particular focus on modeling arm reaching tasks. We defined a two-layer canonical neural

network (Fig. 1) of rate-coding models comprising middle $x(t) \coloneqq \left(x_1(t), \dots, x_{N_x}(t)\right)^{\mathrm{T}}$ and output

$y(t) \coloneqq \left(y_1(t), \dots, y_{N_y}(t)\right)^{\mathrm{T}}$ layers. On receiving sensory inputs $o(t) \coloneqq \left(o_1(t), \dots, o_{N_o}(t)\right)^{\mathrm{T}}$, $x(t)$

yields the neural dynamics and propagates it to $y(t)$; then, $y(t)$ generates actions of the agent,

that is, a motion in either up, down, left, or right direction in a grid world. These neural activities

are provided as follows:

$$\dot{x}(t) \propto -\mathrm{sig}^{-1}\big(x(t)\big) + (W_1 - W_0)o(t) + (K_1 - K_0)x(t - \Delta t) + h_1 - h_0 \tag{1}$$

$$\dot{y}(t) \propto -\mathrm{sig}^{-1}\big(y(t)\big) + (V_1 - V_0)(x(t - \Delta t) \otimes \lambda) + m_1 - m_0 \tag{2}$$

where $\lambda := \big(\lambda_1, \ldots, \lambda_{N_\lambda}\big)^{\mathrm{T}}$ denotes firing intensities of modulator neurons encoding mixture

parameters; $W_1, W_0 \in \mathbb{R}^{N_x \times N_o}$ and $K_1, K_0 \in \mathbb{R}^{N_x \times N_x}$, $V_1, V_0 \in \mathbb{R}^{N_x \times N_x N_\lambda}$ are synaptic weight

matrices; and $h_1 := h_1(W_1, K_1), h_0 := h_0(W_0, K_0), m_1 = m_1(V_1), m_0 = m_0(V_0)$ are the adaptive

firing thresholds that depend on synaptic strengths. Here, $(V_1 - V_0)(x(t - \Delta t) \otimes \lambda)$ represents

synaptic inputs from the middle layer that are modulated by λ.

Without loss of generality, Equations (1) and (2) can be derived as a gradient descent on

Helmholtz energy $\mathcal{A}$. The functional form of $\mathcal{A}$ can be identified by computing the integral of the

right-hand side of Equations (1) and (2), as follows:

$$\mathcal{A} = \int_0^t \binom{x(\tau)}{\bar{x}(\tau)}^{\mathrm{T}} \left\{ \ln\binom{x(\tau)}{\bar{x}(\tau)} - \binom{W_1}{W_0}o(\tau) - \binom{K_1}{K_0}x(\tau - \Delta t) - \binom{h_1}{h_0} \right\} d\tau$$

$$+ \int_0^t \binom{y(\tau)}{\bar{y}(\tau)}^{\mathrm{T}} \left\{ \ln\binom{y(\tau)}{\bar{y}(\tau)} - (1 - 2\Gamma(\tau))\binom{V_1}{V_0}(x(\tau - \Delta t) \otimes \lambda) - \binom{m_1}{m_0} \right\} d\tau + \mathcal{C} \tag{3}$$

The form of $\mathcal{A}$ is equivalent to the variational free energy under a class of POMDPs (Isomura et al.,

2022). This indicates that the dynamics of canonical neural networks are equivalent to Bayesian

Belief updating under a class of POMDPs, supporting the validity of the free energy principle as a

universal characterization of neural dynamics and self-organization. Notably, a gradient descent on

the shared Helmholtz energy derives the synaptic plasticity in the output-layer synaptic weights *V*,

which is expressed as neuromodulation of Hebbian plasticity in the form of a three-factor learning

rule (Frémaux & Gerstner, 2016; Kuśmierz et al., 2017; Pawlak et al., 2010) (Fig. 1A). This formally

corresponds to the update of policy matrix to minimize future risks (Isomura et al., 2022). Based on

this foundation, hereafter we formulated prism adaptation in terms of POMDPs (that correspond

to canonical neural networks) following the FEP.

Fig. 1. Schematic of canonical neural networks performing active inference. A. Canonical neural

network architecture for performing an arm reaching task (top) and possible neuronal

implementation of policy learning in terms of the three-factor learning rule (bottom). Middle layer

activity x_τ is generated by sensory inputs, o_τ^t and o_τ^h that carry information about target and hand

positions. Action $\boldsymbol{\delta_{\tau+1}}$ is generated by x_τ using the tensor of policy matrices, yielding a hand

motion in the grid world. **B.** A POMDP model for reaching tasks expressed in the form of a

graphical model. The lower part formally corresponds to the canonical neural network shown in

(A). This architecture enables transfer learning by selecting C from the pool via attentional switch

λ. Network weights and λ are updated by using $\mathbf{s}$, $\boldsymbol{\delta}$, and risk Γ. **C.** Generalization errors in $\mathbf{C}$ and λ.

D. Engaged view of (C) with semi-log scale.

Corresponding generative models

The behavior of an agent interacting with a discrete state space is expressed in the form of a

POMDP as follows: The environment comprises binary sensory inputs (observations) $o_\tau =$

$\left(o_\tau^1, \ldots, o_\tau^{N_o}\right)^{\mathrm{T}} \in \{0,,1\}^{N_o}$ and hidden states $s_\tau = \left(s_\tau^1, \ldots, s_\tau^{N_s}\right)^{\mathrm{T}} \in \{0,,1\}^{N_o}$, and their sequences are

denoted as $o_{1:t} = \{o_1, \ldots, o_t\}$ and $s_{1:t} = \{s_1, \ldots, s_t\}$. Here, hidden states involve a factorial structure

comprising two one-hot vectors of hand (s_τ^h) and target (s_τ^t) positions, which is denoted as $s_\tau =$

$s_\tau^h \otimes s_\tau^t$ using the Kronecker product operator $\otimes$. Similarly, sensory inputs $o_\tau = o_\tau^h \otimes o_\tau^t$ comprise

a product of somatosensory input for hand position o_τ^h and visual input for target position o_τ^t.

Action or decision δ_τ describes the motion of the agent's hand, which can move up, down, left, or

right at each time step. This makes the agent's hand position (s^h) move one grid, but it will stay if it

reaches the end of the grid field.

Sensory inputs o_τ are generated based on hidden states s_τ in the form of a categorical

distribution $P(o_\tau|s_\tau, A) = \mathrm{Cat}(As_\tau)$ through the likelihood matrix A. The dynamics of hidden

states depend on the previous state and action, expressed as $P(s_{\tau+1}|s_\tau, \delta_\tau, B) = \mathrm{Cat}\big(B(\delta_\tau \otimes s_\tau)\big)$

using transition matrix B. The agent's action is determined based on the policy matrix C that

defines the selection probability of action depending on hidden states, $P(\delta_{\tau+1}|s_\tau, C) = \mathrm{Cat}(Cs_\tau)$.

Here, a counterfactual learning of the policy matrix is adopted following the previous work

(Isomura et al., 2022). Under this setting, the agent adopts a risk-dependent policy model

$P(\delta_{\tau+1}|s_\tau, \gamma_{\tau+1}, C) = \text{Cat}(Cs_\tau)^{\gamma_{\tau+1}}\text{Cat}((C' \oslash C)s_\tau)^{\overline{\gamma_{\tau+1}}}$ to update C, in which the agent learns to

retain or enhance the current strategy if the risk $\gamma_{\tau+1}$ is 0, whereas the agent forgets it if the risk is

1 (where $\overline{\gamma_{\tau+1}} = 1 - \gamma_{\tau+1}$ denotes the sign-flipped $\gamma_{\tau+1}$). Hence, the generative model is defined

as follows:

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$$P(\delta_{1:t}, s_{1:t}, o_{1:t}, \gamma_{1:t}, \theta) = P(\theta)P(\gamma_t)\prod_{\tau=1}^{t} P(o_\tau|s_\tau, A)P(s_\tau|s_{\tau-1}, \delta_{\tau-1}, B)P(\delta_\tau|s_{\tau-1}, \gamma_\tau, C) \quad (4)$$

where θ is a set of parameters, $\theta = \{A, B, C\}$. Prior beliefs about parameter matrices $P(\theta) =$

$P(A)P(B)P(C)$ follow Dirichlet distributions $P(A) = \text{Dir}(a)$, $Q(B) = \text{Dir}(b)$, and $Q(C) = \text{Dir}(c)$

parameterized by Dirichlet parameters a, b, and c.

Implementation of transfer learning

In contrast to naive active inference agents defined above (i.e., naive learners), here we define

agent exhibiting transfer learning (i.e., transfer learners). Transfer learning (Zhuang et al., 2020)

enables the deployment of previously learned policy matrices to quickly adapt to newly

encountered environments, including the presence of prism exposure. In this work, we model

policy matrix C using a mixture of policy matrices as a function of mixture parameter λ, as follows:

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$$\ln C(\lambda) = \lambda_1 \ln C_1 + \lambda_2 \ln C_2 + \cdots + \lambda_{N_C} \ln C_{N_C} \quad (5)$$

Each fixed independent policy matrix C_k defines the selection probability of hand action in the k-th

context, and λ is a mixture weight parameter or attentional switch that follows a categorical

distribution $\lambda \sim \mathrm{Cat}(\Lambda)$, analogous to a mixture of generative models(Isomura et al., 2019). A set of

parameter matrices $\{C_k\}$ are generated by pretraining using naive learners. In this formulation,

transfers learners employ the parameter set $\theta = \{A, B, \lambda\}$ and update them instead of updating

$\theta_{\mathrm{naive}} = \{A, B, C\}$.

Variational Bayesian inference

An approximate posterior distribution is defined using a mean-field approximation as

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$$Q(\delta_{1:t}, s_{1:t}, \theta_{\mathrm{naive}}) = Q(A)Q(B)Q(C)\prod_{\tau=1}^{t} Q(s_\tau)Q(\delta_\tau) \tag{6}$$

175   for naive learners and

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$$Q(\delta_{1:t}, s_{1:t}, \theta) = Q(A)Q(B)Q(\lambda)\prod_{\tau=1}^{t} Q(s_\tau)Q(\delta_\tau) \tag{7}$$

for transfer learners. Approximate posterior beliefs about hidden states, action, and mixture

parameter follow categorical distributions $Q(s_\tau) = \mathrm{Cat}(\mathbf{s}_\tau)$, $Q(\delta_\tau) = \mathrm{Cat}(\boldsymbol{\delta}_\tau)$ and $Q(\lambda) = \mathrm{Cat}(\boldsymbol{\lambda})$

parameterized by the posterior expectations $\mathbf{s}_\tau$, $\boldsymbol{\delta}_\tau$, and $\boldsymbol{\lambda}$. Moreover, approximate posterior

beliefs about parameter matrices follow Dirichlet distributions $Q(A) = \mathrm{Dir}(\mathbf{a})$, $Q(B) = \mathrm{Dir}(\mathbf{b})$

and $Q(C) = \mathrm{Dir}(\mathbf{c})$ parameterized by Dirichlet parameters $\mathbf{a}$, $\mathbf{b}$, and $\mathbf{c}$.

Given the above generative model and posterior distribution, the variational free energy for

naive learners is provided as follows:

$F(o_{1:t}, \mathbf{s}_{1:t}, \boldsymbol{\delta}_{1:t}, \boldsymbol{\theta}) = \mathrm{E}_{Q,P(\gamma)}[-\ln P\,(\delta_{1:t}, s_{1:t}, o_{1:t}, \gamma_{1:t}, \theta) + \ln Q\,(\delta_{1:t}, s_{1:t}, \theta)]$

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$$= \sum_{\tau=1}^{t} \mathbf{s}_\tau \cdot (\ln \mathbf{s}_\tau - \ln \mathbf{A} \cdot o_\tau - \ln \mathbf{B}(\boldsymbol{\delta}_{\tau-1} \otimes \mathbf{s}_{\tau-1}))$$

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$$+ \sum_{\tau=1}^{t} \boldsymbol{\delta}_{\tau} \cdot (\ln \boldsymbol{\delta}_{\tau} - (1 - 2\Gamma_{\tau}) \ln \mathbf{C}\, \mathbf{s}_{\tau-1})$$

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$$+ (\mathbf{a} - a) \cdot \ln \mathbf{A} - \ln \mathcal{B}(\mathbf{a}) + (\mathbf{b} - b) \cdot \ln \mathbf{B} - \ln \mathcal{B}(\mathbf{b}) + (\mathbf{c} - c) \cdot \ln \mathbf{C} - \ln \mathcal{B}(\mathbf{c}) \tag{8}$$

For transfer learners, the complexity of C in Equation (8), $(\mathbf{c} - c) \cdot \ln \mathbf{C} - \ln \mathcal{B}(\mathbf{c})$, is replaced with

that of λ, which is given as $\mathcal{D}_{\mathrm{KL}}[Q(\lambda)||P(\lambda)] = \boldsymbol{\lambda} \cdot (\ln \boldsymbol{\lambda} - \ln \Lambda)$. Here, $\Gamma_t \in [0,1]$ is a risk that

evaluates the goodness of action for each step.

The gradient descent on F furnishes the Bayesian belief update rules. Posterior beliefs about

hidden states s_{τ} and action δ_{τ} are updated for each step. These inference update rules are derived

by solving the fixed point of implicit gradient descent (i.e., $\partial F / \partial \mathbf{s}_t = 0$ and $\partial F / \partial \boldsymbol{\delta}_t = 0$):

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$$\begin{cases} \mathbf{s}_t = \sigma\big(\ln \mathbf{A} \cdot o_t + \ln \mathbf{B}\,(\boldsymbol{\delta}_{t-1} \otimes \mathbf{s}_{t-1})\big) \\ \quad\quad \boldsymbol{\delta}_t = \sigma(\ln \mathbf{C}\,\mathbf{s}_{t-1}) \end{cases} \tag{9}$$

195 Dirichlet parameters a, b, c, and mixture parameter λ are updated at the end of each trial as part

196 of the learning. These learning update rules are derived by solving $\partial F / \partial \theta = 0$ as:

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$$\mathbf{a} = a + \sum_{\tau=1}^{t} o_{\tau} \mathbf{s}_{\tau}^{\mathrm{T}}$$

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$$\mathbf{b} = b + \sum_{\tau=1}^{t} \mathbf{s}_{\tau} (\boldsymbol{\delta}_{\tau-1} \otimes \mathbf{s}_{\tau-1})^{\mathrm{T}}$$

199
$$\mathbf{c} = c + \sum_{\tau=1}^{t} (1 - 2\Gamma_{\tau}) \boldsymbol{\delta}_{\tau} \mathbf{s}_{\tau-1}^{\mathrm{T}} \tag{10}$$

200 for naive learners. For transfer learners, the C's update is replaced with the λ's update as:

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$$\lambda_k = \sigma\left(\ln \Lambda_k + \sum_{\tau} (1 - 2\Gamma_{\tau}) \delta_{\tau} \cdot \ln C_k s_{\tau} \right) \tag{11}$$

202 Through Equation (11), the agent learns to select the action that minimizes the risk, while avoiding

203 actions that increase the risk.

Simulation settings

In the simulation, a set of 100 policy matrices, $C_{(1,1)}, C_{(1,2)}, \ldots, C_{(10,10)} \in [0,1]^{4 \times 10^4}$, are

prepared for a mutually different target position, where each $C_{(n,m)}$ denotes the one pretrained to

reach the target on the coordinate (n, m). During each pretraining, the target position was fixed at

(n, m), and the agent continued to randomly move its hand for 100000 steps, which was followed

by the learning of the posterior belief about $C_{(n,m)}$ based on Equation (10). In pre-training, we use

an A matrix created based on a uniform distribution as the initial value so that the same policy can

be adopted even if the target moves to a nearby location.

RESULTS

Transferring active inference to novel environments

This work aims to mathematically model the generalizability and adaptability of the brain to

novel environments. An arm reaching task is a widely used visuo-motor paradigm to investigate

the emergence of sensory-motor contingencies, in which subjects move their hands towards the

target position based on visual input (Bourgeois et al., 2021). This can be modeled using canonical

neural networks (Isomura et al., 2022), which receive visual and somatosensory inputs, infer the

latent environmental states via middle-layer neural activity, and generate actions to shift the arm

position (Fig. 1A, top). Risk here is characterized by the distance from the target, and the network

learns the optimal action policy through the plasticity of the output layer synaptic connection

weights (Fig. 1A, bottom). As previously established (Isomura et al., 2022), canonical neural

networks are read as performing active inference of the external environment to minimize risks

associated with future outcomes, under a POMDP generative model (Fig. 1B). Thus, after sufficient

exposure to the environment, these networks self-organize to recapitulate the interacting

environment as a universal property.

In doing so, conventional models need to relearn the policy matrix (C) from scratch upon

encountering a new environment, making it extremely time-consuming. Since the policy matrix

posterior takes continuous values following a Dirichlet distribution, this method exhibits a widely

observed 1/t-order generalization error decay (Ref: Hastie et al., 2009) (Fig. 1C, D, red lines).

However, this indicates a large gap from humans and animals that can quickly adapt to moving

their arms to a given target position (Luauté et al., 2009; Rossetti et al., 1993).

To model the quick adaptation, we constructed canonical neural networks that employ multiple

policy matrices in parallel, each of which was pretrained to reach different target positions. The key

advantage is the incorporation of the switching parameter λ that follows a categorical distribution.

In contrast to the naive model, this network converges the generalization error considerably faster

in a simple example setting (Fig. 1C, D blue lines).

Mathematical analyses revealed the distinct learning mechanisms (Appendix A). Critically,

discrete switching variable λ tends to converge to a one-hot vector as evidence is accumulated.

This makes the optimal policy selection from a set of policies converge with an exponential order, a

speed considerably faster than the well-known 1/t order generalization error decay. Intuitively, this

is because upon receiving sensory inputs, the evidence is accumulated linearly with time (i.e.,

$\mathcal{O}(t)$)—and the amplitude of the selected value is determined by the difference in evidence for

each component of λ. This makes the posterior expectation in the form of an exponential function

$\exp(-t\langle\text{evidence gap}\rangle)$, where $\langle\text{evidence gap}\rangle$ denotes the difference in normalized evidence.

Although computing this difference involves the generalization error in the $1/\sqrt{t}$ order, this is

negligible compared to the order 1 amplitude of the difference itself. Therefore, the generalization

error of λ is determined by the form $\exp\left(-t(X_{1\text{st}} - X_{2\text{nd}})\right)$ as the leading order, where X_{1st} and

X_{2nd} are the normalized evidences for the most plausible and second most plausible policies,

causing it to decrease exponentially with time. Further details are provided in Appendix A.

In essence, both mathematical analyses and numerical simulations (Fig. 1C, D) suggest that the

selection mechanism of policy matrices enables more rapid adaptation than naive parameter

learning, analogous to empirically observed prism adaptation. Based on these observations, in the

remainder of this paper, we formally model prism adaptation using the canonical neural networks

exhibiting transfer learning—and examine whether the rapid adaptation to a prism-shifted

environment and the after-effects following the removal of prism glasses can be reproduced.

Modeling prism adaptation

In this section, we instantiated transfer of active inference through modeling a prism-shift

paradigm of arm reaching tasks (Hermann & Cattell, 1898; Rossetti et al., 1993) (Fig. 2A). Agents

perform a reaching task. For each trial, the agent's hand is initially located at a random position in

a 10 × 10 grid field (Fig. 2B). At each step, the agents receive sensory information about target and

hand position and infer hidden states and actions to determine the next motion from either up,

down, left, or right (Equation (9)). A trial ends when either hand reaches the target or 100 steps

have passed, followed by the updates of parameters (Equations. (10) and (11)). This cycle

continues for 200 trials. The risk Γ_t is defined based on the change in Manhattan distance between

the hand and target: $\Gamma_t = 0.45$ when the distance decreases for each step (i.e., when the hand

moved toward the target); otherwise, $\Gamma_t = 0.55$.

A simulation comprises three phases (Fig. 2C): The first 140 trials serves a "baseline"

environment without prism glasses, in which the target is placed on the coordinate $(x, y) = (7,5)$

(Fig. 2C, Baseline). Starting from a flat prior $\boldsymbol{\lambda}$, the agent optimized the mixture parameter $\boldsymbol{\lambda}$ for the

baseline condition (Fig. 2C). The second 30 trials correspond to the "prism exposure," in which the

target is placed on $(x, y) =$(4,5) (a white filled grid in Fig. 2C, prism exposure phase) but its

apparent position is still observed at (7,5). This prism shift was modeled by changing the likelihood

mapping A, which displaces only the target position but not the hand position. While the apparent

target position is unchanged from the baseline, the agent can notice the difference when it

receives the risk after an action was made. In the last 30-trial "post exposure" phase, the agent

returns to the environment in the absence of prism exposure, where the target is placed—and

observed—at $(x, y) = (7,5)$. In each phase, the agent learns a policy that brings the hand closer to

the true target by minimizing the free energy.

We demonstrated that transfer learners that employ pretrained policy matrices can replicate the

key empirical properties of prism adaptation. Performance was assessed by the error between the

x coordinates of the target and hand after the minimum steps to reach the target (Fig. 2C). While

large errors were initially observed during both the prism exposure and post-exposure phases,

they rapidly diminished to approximately zero. The transition in policy matrix $\mathbf{C}$ shows the

occurrence of adaptation in both phases (Fig. 2C, bottom), which was driven by the update of

mixture weights λ (Fig. 2D). In each phase, transfer learners consistently learn the optimal λ

values. Specifically, during prism exposure, λ is adjusted to align the policy with the actual target

position, while in the post-exposure phase, λ reverts to the baseline policy.

We observed distinct properties between transfer and naive learners. The proposed model

(transfer learner) qualitatively replicated experimental outcomes (Fig. 2E). During prism exposure,

initially large duration to reach the target decreased after approximately 5 trials and converged

around 10. In the post-exposure phase, transfer learners initially exhibited an after-effect akin to

empirical prism adaptation and re-learn gradually. In contrast, naive learners that learn policy

matrix C directly via Equation (10) could not reproduce the after-effect (Fig. 2E, red error bars).

While the duration of naive learners increased during the prism exposure, they failed to exhibit the

duration increase during post-exposure, arguably because of slow learning during the prism

exposure.

In summary, the proposed model can learn to perform the arm reaching task both in the

absence and presence of prism shift in the Bayes optimal manner and replicate the dynamics of

empirical prism adaptation. We confirmed that these outcomes can be observed even with

randomly varied target positions (Fig. 3).

Fig. 2. Simulating prism adaptation using canonical neural networks. A. The prism adaptation

paradigm: (1) a subject performs an arm reaching task in the baseline phase; (2) during the prism

exposure phase, the same task is performed with wearing prism glasses; and (3) during the post-

exposure phase, the prism glasses are removed. **B.** The pretraining of policy matrices. Prism

adaptation is modeled with a discrete state space (POMDP) model. The hand and target are placed

in a 10x10 grid world. The colors in each grid represent the hand-moving directions that

correspond to the color map besides the heatmap, indicating the action selection probability for

moving up/down/left/right. **C.** Overview of the simulation setting. The upper panel shows the

trajectory of the x-coordinate difference between the target and hand after the minimum steps.

The bottom panel shows the corresponding changes in the policy matrix. Heatmaps illustrate how

the agent's policy matrix changes over trials. While the colors are blurred before training

(leftmost), the colors become high contrast through training. The fixed point (crosspoint of vertical

and horizontal dashed lines) approximately pursues the target position (open square) both in the

absence and presence of prism shift. **D**. Changes in the two policy mixture weights corresponding

to original and new target positions. **E**. The upper and lower panels show the duration (the number

of steps) for transfer learners and naive learners, respectively. **F.** Comparison of the duration at the

1 trial after prism exposure between the transfer and naive learners. In (C)–(E), the lines and

shaded areas indicate the medians and interquartile ranges.

Fig. 3. Simulations with randomized target. Same as Fig.2 but the target position is changed

randomly over sessions, showing the robustness of the proposed model. **A.** The x-coordinate

difference between the target and the hand after the minimum steps. **B**. Changes in the two policy

mixture weights. **C**. Duration for the transfer (top) and naive learners (bottom). **D**. Comparison of

the duration value between the transfer and naïve learners. In (A)–(C), the lines and shaded areas

indicate the medians and interquartile ranges.

Exponential-order generalization error decay in prism adaptation

Lastly, we analytically investigated the learning speed of transfer and naive learners. For

analytical tractability, here we assume that the posterior hidden state $\mathbf{s}_\tau$ well approximates the

true hidden state s_τ, the action δ_τ follows a random walk, and that there exists an optimal policy

matrix C^* in a set of pretrained matrices $\{C_k\}$. Under these conditions, the mixture parameter $\boldsymbol{\lambda}$

and policy matrix $\mathbf{C}(\boldsymbol{\lambda})$ converge to the Bayes optimal values $\boldsymbol{\lambda}^*$ and $\mathbf{C}^*$ with the e^{-at} order decay

of generalization error, where $a > 0$. Detailed derivations are described in detail in the Appendix.

This convergence speed is considerably distinct from learning speed in the policy matrix $\mathbf{C}$ of naive

learners that converges to the Bayes optimal value $\mathbf{C}^*$ with the $1/t$ order decay.

To valid the change in generalization error, we simulated the transfer learners under the

condition in which the action is defined as a random walk and confirmed the e^{-at} order

convergence of policy mixture weights $\boldsymbol{\lambda}$ (Fig. 4A) and policy matrix $\mathbf{C}$ (Fig. 4B). The generalization

error of the mixture weight $\boldsymbol{\lambda}$ in transfer learners converges in approximately 2400 steps, and its

change resembles a straight line in a semi-log plot, indicating the exponential order convergence

(Fig. 4A, blue line). After 2400 steps, more than half of $\boldsymbol{\lambda}$ elements become Bayes optimal one-hot

vector; therefore, the median generalization error becomes zero. The gradient of the

generalization error in the semi-log plot closely matches the theoretical gradient calculated in the

Appendix. The generalization error of the policy matrix $\mathbf{C}$ in the transfer learner also exhibited a

similar property (Fig. 4B), in which empirical errors resembled a theoretical line (green line). In

contrast, the naive learner requires a longer convergence time in the t^{-1} order (Fig. 4C), aligning a

line in a log-log scale after about 500 steps.

In essence, the error of the transfer learner decreases much faster than that of the naive

learner, enabling a faster optimization of the policy matrix. The faster adaptation is further

confirmed under the condition where the hidden states are updated following Bayesian belief

updating rules (Fig. 4D, E). At the one trial after the prism shift (i.e., trial 142), the majority of

transfer learners reached the target significantly faster than the naïve learners (Fig. 2F; $p =$

4.15×10^{-18}, Mann–Whitney U test) and the median duration of transfer learners was only

approximately 8.3% of that of naive learners.

Fig. 4. Generalization error in simplified model simulation. A. Generalization error of λ and the theoretical value in toy model. **B**. Generalization error of C and theoretical value in semi-log plot in toy model. **C.** Generalization error of C, and theoretical value in log-log plot. Both learners have a common initial value of the policy matrix in toy model. **D.** Generalization error of λ in main simulation. **E.** Generalization error of C and theoretical value in semi-log plot in main simulation.

DISCUSSION

In this work, we developed an active inference model incorporating transfer learning and applied it to model prism adaptation. Canonical neural networks employing multiple policy matrices can transfer previously learned policies to novel environments, demonstrating faster adaptation than naive learners. This has broader implications for understanding the brain's generalizability and adaptability, particularly in the context of prism adaptation. The transfer learners involve three different timescales comprising fast updates of state s and action δ, slow updates of mixture weights λ, and ultra-slow updates of parameters A, B and C, akin to previous computational models for prism adaptation (Inoue et al., 2015).

Two timescales in prism adaptation were suggested by several works (G. M. Redding et al., 2005; G. Redding & Wallace, 2002, 2006). On this view, fast and slow adaptations are interpreted as recalibration of frames and realignment of the visuo-motor mapping, respectively, and the latter induces after effect. Our observations were consistent with this view: only transfer learners that

update λ, but not naive learners without λ, exhibited after effect, indicating the importance of

transfer mechanisms to reproduce empirical phenomena.

Such correspondences in timescales are beneficial to identify a precise mapping between the

parameters of active inference models and corresponding brain regions. Specifically, faster

timescale adaptation is attenuated by lesions in the posterior parietal cortex (Canavan et al., 1990;

Clower et al., 1996; Newport & Jackson, 2006; Pisella et al., 2004; Welch & Goldstein, 1972). This

impairs both error reduction and after effects. Moreover, fast adaptation involves the primary

motor cortex (Danckert et al., 2008), anterior cingulate cortex (Danckert et al., 2008; Luauté et al.,

2009), and cerebellum (Danckert et al., 2008; Luauté et al., 2009). In particular, cerebellar lesions

result in decreased or absent prism after-effects (Calzolari et al., 2015; Hanajima et al., 2015;

Pisella et al., 2005), suggesting its role in slow adaptation.

Furthermore, the underlying neuronal mechanisms can be considered in terms of

neuromodulation of synaptic plasticity. The λ update rule in Equation (11) compares action and

experience and reinforces optimal policy, providing a functional explanation of policy adaptation,

which may be associated with attentional switch and working memory mediated by such as

dopaminergic neurons. Then, the process of amplifying more similar connections and attenuating

less similar connections can be formulated as dopaminergic modulation of synaptic plasticity.

Many traditional models in prism adaptation have posited multi-timescale mechanisms (Inoue

et al., 2015; Kim et al., 2015; Kording et al., 2007). While these models can account for behavioral

performance, they do not fully explain the underlying neuronal mechanisms and how different

timescales contribute to learning. The proposed canonical neural networks have potential to

assimilate empirical data into modelling. Earlier work has established a reverse engineering

method to estimate generative model from empirical neural activity data based on canonical

neural networks (Isomura et al., 2023, 2025). This allows us to compare model predictions with

empirical results (Kitazawa et al., 1995). In future work, we hope to elucidate the functional

relationship between brain regions and the prism adaptation process by comparing the network

properties of our model and empirical data.

CONCLUSION

In summary, we developed a transfer learning model of active inference based on canonical

neural networks. Our model selected the Bayes optimal parameter from pretrained parameters

and demonstrated faster adaptation to a novel prism glasses environment. Further, it successfully

recapitulated features of prism adaptation such as after effect. These results support that the

mixture policy matrices enable transfer of knowledge learned from experiences to quickly adapt to

the environment and have the capacity to reproduce the brain's generalizability.

Appendix

Comparison of generalization errors

Here, we assume that the posterior beliefs about the hidden state and action well approximate the true hidden state and action: $\mathbf{s} = s, \boldsymbol{\delta} = \delta$. In addition, we assume that $\{\delta_\tau\}$ is a random walk, indicating that any $\delta_\tau, \delta_{\tau'}$ ($\tau \neq \tau'$) are independent and identically distributed.

We define a Hebbian product as a block vector, $\vec{X} = \frac{1}{t}\sum_{\tau=1}^{t}(1 - 2\Gamma_\tau)\boldsymbol{\delta}_\tau \otimes \mathbf{s}_{\tau-1}$ and its large-time limit as $\vec{X}^* = \lim_{t \to \infty} \vec{X} = \langle(1 - 2\Gamma_\tau)\boldsymbol{\delta}_\tau \otimes \mathbf{s}_{\tau-1}\rangle$. The generalization error of $\vec{X}$ is given by the covariance matrix of their difference $E_X = \langle\Delta\vec{X}\Delta\vec{X}^{\mathrm{T}}\rangle$, where $\Delta\vec{X} = \vec{X} - \vec{X}^*$. When the agent obeys a random work, E_X can be analytically computed, showing the t^{-1} order convergence.

The posterior belief about the policy mapping C is parameterized by the Dirichlet parameter, which is given as Equation (7), or equivalently, as a vector $\vec{\mathbf{c}} = \vec{c} + t\vec{X}$. Then, the posterior belief about C is given as $\mathbf{C} = \mathbf{c} \oslash (\vec{\mathbf{1}}\vec{\mathbf{1}}^{\mathrm{T}}\mathbf{c}) \Leftrightarrow \vec{\mathbf{C}} = \vec{X} \oslash \vec{Y}$ when c is negligibly small, where $\oslash$ indicates the Hadamard division operator and $\vec{Y} = \frac{1}{t}\sum_{\tau=1}^{t}(1 - 2\Gamma_\tau)\vec{\mathbf{1}} \otimes \mathbf{s}_{\tau-1}$. When the agent obeys a random walk, $\vec{Y}^* = \langle(1 - 2\Gamma_\tau)\vec{\mathbf{1}} \otimes \mathbf{s}_{\tau-1}\rangle = \frac{1}{N_s}(1 - 2\langle\Gamma_\tau\rangle)\vec{\mathbf{1}} \otimes \vec{\mathbf{1}}$ holds. This provides $\vec{\mathbf{C}}^* = N_s(1 - 2\langle\Gamma_\tau\rangle)^{-1}\vec{X}^*$.

The generalization error of $\vec{\mathbf{C}}$ is given as $E_C = \langle(\vec{\mathbf{C}} - \vec{\mathbf{C}}^*)(\vec{\mathbf{C}} - \vec{\mathbf{C}}^*)^{\mathrm{T}}\rangle$. Then, $\vec{\mathbf{C}} = \vec{X} \oslash \vec{Y} = (\vec{X}^* + \Delta\vec{X}) \oslash (\vec{Y}^* + \Delta\vec{Y})$ is approximated as $\vec{\mathbf{C}} \simeq \vec{X}^* \oslash \vec{Y}^* + \Delta\vec{X} \oslash \vec{Y}^* - \vec{X}^* \oslash \vec{Y}^{*\odot2} \odot \Delta\vec{Y} = \vec{\mathbf{C}}^* + N_s(1 - 2\langle\Gamma_\tau\rangle)^{-1}(\Delta\vec{X} - \vec{\mathbf{C}}^* \odot \Delta\vec{Y})$ as the first-order approximation. Thus, E_C becomes

$$E_C = N_s^2(1 - 2\langle\Gamma_\tau\rangle)^{-2} \langle(\Delta\vec{X} - \vec{\mathbf{C}}^* \odot \Delta\vec{Y})(\Delta\vec{X} - \vec{\mathbf{C}}^* \odot \Delta\vec{Y})^{\mathrm{T}}\rangle \tag{12}$$

Because $\vec{Y}$ is expressed as $\vec{Y} = \Omega\vec{X}$ using a block diagonal matrix Ω, $\vec{\mathbf{C}}^* \odot \Delta\vec{Y} = \mathrm{diag}[\vec{\mathbf{C}}^*](\vec{Y} - \vec{Y}^*) = \mathrm{diag}[\vec{\mathbf{C}}^*](\Omega\vec{X} - \Omega\vec{X}^*) = \mathrm{diag}[\vec{\mathbf{C}}^*]\Omega\Delta\vec{X}$ holds. Thus, we obtain

$$E_C = N_s^2(1 - 2\langle \Gamma_\tau \rangle)^{-2} \left\langle \left(I - \text{diag}[\vec{\mathbf{C}}^*]\varOmega\right)\Delta\vec{X}\Delta\vec{X}^{\mathrm{T}}\left(I - \text{diag}[\vec{\mathbf{C}}^*]\varOmega\right)^{\mathrm{T}} \right\rangle$$

$$= N_s^2(1 - 2\langle \Gamma_\tau \rangle)^{-2}\left(I - \text{diag}[\vec{\mathbf{C}}^*]\varOmega\right)E_X\left(I - \text{diag}[\vec{\mathbf{C}}^*]\varOmega\right)^{\mathrm{T}} \tag{13}$$

In contrast, the transfer learner that equips with the mixture policies updates the mixing balance $\boldsymbol{\lambda}$ instead of updating $\mathbf{c}$ directly. In this case, the posterior belief about the policy mapping is given as follows:

$$\vec{\mathbf{C}} = \exp\left[\overrightarrow{\ln C_1}\boldsymbol{\lambda}_1 + \cdots + \overrightarrow{\ln C_{N_\lambda}}\boldsymbol{\lambda}_{N_\lambda}\right]$$

$$= \vec{\mathbf{C}}^* + \vec{\mathbf{C}}^* \odot \left(\overrightarrow{\ln C_1}\,\Delta\boldsymbol{\lambda}_1 + \cdots + \overrightarrow{\ln C_{N_\lambda}}\,\Delta\boldsymbol{\lambda}_{N_\lambda}\right) \tag{14}$$

Here, the λ update rule is expressed as $\boldsymbol{\lambda}_k = \sigma\left(\ln \boldsymbol{\Lambda}_k + \overrightarrow{\ln C_k} \cdot t\vec{X}\right)$ and its large-time limit as $\boldsymbol{\lambda}_k^* = \sigma\left(\ln \boldsymbol{\Lambda}_k + \overrightarrow{\ln C_k} \cdot t\vec{X}^*\right)$. The difference between $\vec{\mathbf{C}}$ and $\vec{\mathbf{C}}^*$ is computed as

$$\vec{\mathbf{C}} - \vec{\mathbf{C}}^* = \vec{\mathbf{C}}^* \odot \left(\overrightarrow{\ln C_1}, \dots, \overrightarrow{\ln C_{N_\lambda}}\right)\Delta\boldsymbol{\lambda} \tag{15}$$

where $\Delta\boldsymbol{\lambda} = \boldsymbol{\lambda} - \boldsymbol{\lambda}^*$ holds and $\varLambda$ is assumed to be a flat prior and thus omitted for simplicity.

When one of the previously experienced contexts has a considerably higher similarity to the current environment compared to other contexts, an element of $\boldsymbol{\lambda}$ that corresponds to the context monotonically converges to one. Under this condition, $\boldsymbol{\lambda}^* = \sigma\left(t\left(\overrightarrow{\ln C_1}, \dots, \overrightarrow{\ln C_{N_\lambda}}\right)^{\mathrm{T}}\vec{X}^*\right) = \sigma\left(t\left(\overrightarrow{\ln C_1}, \dots, \overrightarrow{\ln C_{N_\lambda}}\right)^{\mathrm{T}}\vec{X}^* - t\max_l \overrightarrow{\ln C_l}^{\mathrm{T}}\vec{X}^*\right)$ holds owing to the property of softmax function σ.

Thus, by defining $l = \text{argmax}_i(\overrightarrow{\ln C_l}^{\mathrm{T}}\vec{X}^*)$ and $D_i = \overrightarrow{\ln C_i}\,\vec{X}^*$, we obtain $\boldsymbol{\lambda}_k^* = \frac{e^{tD_k}}{\sum_i e^{tD_i}} \propto e^{t(D_k - D_l)}$. All elements of $\boldsymbol{\lambda}$ except for the largest element ($k = l$) converge to zero exponentially with time, i.e., $\boldsymbol{\lambda}_k = \exp\left(tD_k - tD_l + \mathcal{O}(\sqrt{t})\right) = \mathcal{O}\left(e^{-(D_l - D_k)t}\right)$ as the leading order, because the generalization error of $\overrightarrow{\ln C_i}\,\vec{X}$ is of order $\mathcal{O}(1/\sqrt{t})$ and negligibly smaller than $(D_l - D_k)$. Conversely, the largest element is computed as $\boldsymbol{\lambda}_k = 1 - \sum_{l\neq k}\boldsymbol{\lambda}_l = 1 - \mathcal{O}\left(e^{t(D_{l'} - D_l)}\right)$, where $l' = \text{argmax}_{i\neq l}(\overrightarrow{\ln C_l}^{\mathrm{T}}\vec{X}^*)$ indices the second largest element.

462   This provides $\lambda - \lambda^* = \mathcal{O}\left(e^{-t(D_l - D_{l'})}\right)$. Therefore, the generalization error $E_C = \left\langle\left(\vec{\mathbf{C}} - \right.\right.$

463    $\left.\left.\vec{\mathbf{C}}^*\right)\left(\vec{\mathbf{C}} - \vec{\mathbf{C}}^*\right)^{\mathrm{T}}\right\rangle$ for the transfer learner is in $\mathcal{O}\left(e^{2t(D_l - D_{l'})}\right)$, which indicates that E_C of the transfer

464   learner converges to zero much faster than does that of the naive learner. Thus, the generalization

465   error of the transfer learner is determined based on the generalization error of pretrained policy

466   matrices.

469   **Table 1. Glossary of expressions**

Expression	Definition	Explanation
t	Current time	$t \in \{0,1,\dots\}$
τ	Time index	$\tau \in \{0,1,\dots,t\}$
o_τ	Sensory input	$o_\tau \in \{0,1\}^{10000\times1}$
s_τ	Hidden state	$s_\tau = s_\tau^h \otimes s_\tau^t$
s_τ^h	Hidden state of hand position	$s_\tau^h \in \{0,1\}^{100\times1}$
s_τ^t	Hidden state of target position	$s_\tau^t \in \{0,1\}^{100\times1}$
$\mathbf{s_\tau}$	Expected hidden state	Posterior belief of hidden state s_τ, $\mathbf{s_\tau} \in [0,1]^{10000\times1}$
δ_τ	Action (up down left right)	$\delta_\tau \in \{0,1\}^{4\times1}$
$\boldsymbol{\delta}_\tau$	Expected action	Posterior belief of action δ_τ, $\boldsymbol{\delta}_\tau \in [0,1]^{4\times1}$

A, B, C	parameter matrices	$A \in [0,1]^{10000 \times 10000}, B \in [0,1]^{10000 \times 40000},$ $C \in [0,1]^{4 \times 10000}$
$\mathbf{A}, \mathbf{B}, \mathbf{C}$	Expected parameter matrices	Posterior belief of parameter matrices, A, B, C, $\mathbf{A} \in [0,1]^{10000 \times 10000}, \mathbf{B} \in [0,1]^{10000 \times 40000},$ $\mathbf{C} \in [0,1]^{4 \times 10000}$
λ	Mixture weight	Mixture weight for policy.
$\boldsymbol{\lambda}$	Expected mixture weight	Posterior belief of mixture parameter λ.
θ	parameters	The set of parameters.
$\boldsymbol{\theta}$	Expected parameters	Posterior belief of parameter θ.
a, b, c	Dirichlet parameter	Dirichlet parameter of matrices, A, B, C, $a \in \mathbb{R}_{>0}^{10000 \times 10000}, b \in \mathbb{R}_{>0}^{10000 \times 40000},$ $c \in \mathbb{R}_{>0}^{4 \times 10000}$
$\mathbf{a}, \mathbf{b}, \mathbf{c}$	Dirichlet parameter	Dirichlet parameter of matrices, $\mathbf{A}, \mathbf{B}, \mathbf{C}$, $\mathbf{a} \in \mathbb{R}_{>0}^{10000 \times 10000}, \mathbf{b} \in \mathbb{R}_{>0}^{10000 \times 40000},$ $\mathbf{c} \in \mathbb{R}_{>0}^{4 \times 10000}$
Γ	risk	$\Gamma \in [0,1]$
$\mathcal{B}(\cdot)$	Beta function	$\mathcal{B}(\mathbf{a}_{\cdot k}) = \frac{\prod_i \Gamma(\mathbf{a}_{ik})}{\Gamma(\sum_i \mathbf{a}_{ik})}, \quad \Gamma(\cdot)$: Gamma function

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Competing interest declaration

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