Mechanics and growth coordination define SOSEKI-based polarity fields.

Marcel Piepers[1], Blanca Jazmin Reyes-Hernández[1], João R D Ramos[2,3] , Neva Bölke[1], Laura Schütz[1], Changzheng Song[1], Anamarija Primc[1], Lotte Bald[1], Roeland MH Merks[2, 3], Dolf Weijers[4], and Alexis Maizel[1,*]

1: Center for Organismal Studies (COS), University of Heidelberg, Im Neuenheimer Feld 230, 69120 Heidelberg, Germany

2: Mathematical Institute, University Leiden, P.O. Box 9512, 2300 RA, Leiden, The Netherlands

3: Institute of Biology, Leiden University, P.O. Box 9505, 2300 RA, Leiden, The Netherlands

4: Laboratory of Biochemistry, Wageningen University, Wageningen 6708WE, The Netherlands

* Corresponding author: Alexis Maizel (alexis.maizel@cos.uni-heidelberg.de)

ORCIDs

MP 0000-0002-0422-7291
BJRH 0000-0001-9748-9751
JRDR 0009-0007-0714-7389
CS 0000-0001-8346-713X
AP 0009-0008-2844-6764
LB 0000-0002-9471-2716
RMHM 0000-0002-6152-687X
DW 0000-0003-4378-141X
AM 0000-0001-6843-1059

Abstract

The formation of organs requires the coordinated growth of cells and tissues relative to the main body axes. Plant growth is typically anisotropic and mechanically coupled through contiguous cell walls, yet how these physical patterns link to cell and tissue polarity remains unclear. Here, we use SOSEKI (SOK) proteins—previously thought to report global polarity fields—as markers to dissect how polarity arises during lateral root (LR) organogenesis. Live imaging revealed that SOK polarisation does not follow a uniform global field but instead responds to local differences in growth and mechanical state between neighbouring tissues. SOKs accumulate at interfaces separating domains of distinct growth behaviour and dissipate under compressive stress. After perturbing tissue interfaces or the mechanical continuity of the tissue, the coherence of the polarity was disrupted, indicating that stable axis establishment requires mechanical coupling across the cell wall network. Our results suggest that SOK polarisation is mechanoresponsive, linking tissue mechanics to polarity and axis establishment.

Main Text

Multicellular development requires the coordinated growth of cells, tissues, and organs relative to the major body axes. In plants, organ growth is characterised by the preservation of contiguous cell wall contacts, is typically anisotropic, and produces specific shapes. While animals rely on canonical polarity proteins, these have not been identified yet in plants, which employ alternative strategies, including auxin transport, cell wall–mediated mechanical continuity, and geometry-based cues. The local orientations of anisotropic expansion, known as the principal directions of growth (PDGs), are inherently linked to organ shape and mechanics. PDGs provide a geometric framework for how growth patterns can inform division orientation and tissue architecture (Hejnowicz & Romberger, 1984). Yet, the molecular mechanisms that connect PDGs to division orientation remain largely unknown.

SOSEKI (SOK) proteins represent a deeply conserved family of polar proteins present throughout land plants. Their polarisation depends on an N-terminal DIX domain that mediates concentration-dependent polymerisation, enabling the formation of discrete polar domains at cell edges. This polymerisation is not merely structural: it provides the high local concentration required to recruit effector proteins such as *ANGUSTIFOLIA*, thereby linking polarity landmarks to cellular functions. Remarkably, DIX-dependent polymerisation is shared with animal polarity proteins such as Dishevelled (Schwarz-Romond *et al*, 2007) and SAR-group

60 “Musketeer” proteins (Kostareli *et al*, 2025), underscoring an ancient and conserved
61 biochemical principle of polarity establishment across kingdoms (van Dop *et al*, 2020). In
62 *Arabidopsis thaliana*, SOKs are expressed in the embryo and proliferating regions of the
63 primary and lateral roots (LRs), and have been proposed to interpret global polarity cues and
64 influence cell division orientation locally (Yoshida *et al*, 2019). However, the nature of the cues
65 that determine SOK localisation is unclear.

66 The post-embryonic formation of lateral organs, such as LRs, requires the
67 respecification of growth and cell division along axes orthogonal to those of the main organ.
68 The growth of these lateral organs is also characterised by unsteady growth fields, in which
69 growth anisotropy varies in direction or between adjacent regions, potentially creating
70 mechanical conflicts (Szymanowska-Pułka et al., 2012). It is unknown when and how the
71 polarity fields are established upon the formation of the new organ axes. In *Arabidopsis*, LRs
72 originate from xylem pole pericycle (XPP) cells that maintain cell proliferation in the
73 differentiation zone and act as founder cells (Dubrovsky *et al*, 2001). LR development follows
74 a stereotyped series of stages (Malamy & Benfey, 1997). Upon initiation (LRI), activated
75 founder cells radially swell and divide asymmetrically to generate a packet of small central
76 cells flanked by larger ones (Fig. 1a, Stage I; (Vermeer *et al*, 2014; Vilches Barro *et al*, 2019;
77 Torres-Martínez *et al*, 2020)). These cells then divide periclinally, forming the two-layered
78 Stage II primordium (Malamy & Benfey, 1997; von Wangenheim *et al*, 2016; Schütz *et al*,
79 2021) (Fig. 1a). Subsequent stages involve continued division and growth, progressively
80 shaping the primordium into an organisation comparable to the primary root. During this
81 process, anisotropic expansion predominates in the central domain (provascular domain),
82 while the surrounding ground tissue expands less, resulting in continuous deformation of the
83 primordium (Malamy & Benfey, 1997; von Wangenheim *et al*, 2016). In the primary root apex,
84 whose geometry remains steady, SOK proteins localise to polar cell edges, faithfully reporting
85 the shoot–root and radial axes that align with the principal directions of growth in a stable
86 growth field (Nakielski, 2008). By contrast, in the emerging LR, SOKs polarise to edges
87 oriented along the new shoot–root and radial axes, which are orthogonal to those of the parent
88 root (Yoshida *et al*, 2019) (Fig. 1a). How SOK polarity is established and reoriented during the
89 formation of new organ axes, and what cues determine this respecification, remains unknown.
90 Here, we show that local mechanical and geometric cues, rather than a global field, define
91 coherent SOK-based polarity fields in developing LRs.

92 To investigate the emergence of the SOK polarity fields during LR formation, we
93 mapped the polarisation of SOK1, SOK2, and SOK5 from founder cells activation to LR

94 emergence. Expressed from their native promoters, these three SOKs could all be detected
95 during LR development, albeit with distinct expression strengths and domains (Yoshida *et al*,
96 2019). To ensure reliable tracking of polarity across all cells, we complemented these with
97 RPS5A-driven reporters (Weijers *et al*, 2001) for SOK1, SOK2, and SOK5, as well as an XPP-
98 specific (Vilches Barro *et al*, 2019) SOK1 reporter to assess pre-activation polarisation.
99 Importantly, these misexpression constructs did not alter cell division orientation in the root
100 meristem or LR development, and polarisation remained unperturbed (Fig. S1a, b). These
101 validated reporters enabled us to track the polarisation of SOK1, SOK2, and SOK5 from
102 activation to Stage II (Fig. 1a–c, Fig. S2). In XPP cells, all three proteins polarised as in the
103 primary root meristem, integrating the parent root polarity field (Fig. 1b XPP; schematic in Fig.
104 1c). Upon founder cell activation and radial swelling, however, their polarisation diverged:
105 SOK1 shifted to the edges away from the founder-founder interface and to the periclinal face
106 toward the endodermis, SOK2 concentrated at the first cell wall formed after the founder cell
107 division, and SOK5 decorated edges flanking this interface and the vasculature-facing
108 periclinal edge (Fig. 1b, founder cells). After the first asymmetric division (Stage I), SOK1's
109 divergent polarisation became even more pronounced (Fig. 1b, Stage I, schematic in Fig. 1c).
110 These changes mark the first symmetry-breaking event, where diverging polarity fields replace
111 the parental SOK pattern of XPP centred around the central cell wall. A second symmetry-
112 breaking occurred during the transition to Stage II, when periclinal divisions created a two-
113 layered primordium. Here, SOK1 polarized toward the new periclinal interface between inner
114 and outer cells, SOK2 formed a cross-like pattern marking both the first cell wall formed after
115 the founder cell division and periclinal interfaces, and SOK5 likewise accumulated at the
116 periclinal interface (Fig. 1b, Stage II; schematic in Fig. 1c). Flanking cells that had not yet
117 divided retained their earlier polarisation, highlighting the domain-specific reorganisation of
118 polarity (Fig. S2).

119 Because SOK polarisation in mature roots and embryos defines a polarity "code" for the
120 shoot–root and in–out axes (Yoshida *et al*, 2019), we next asked whether the early symmetry-
121 breaking events already establish these axes (Fig. 1d). In mature roots, endogenous SOK1
122 marks the shoot-out edge, while SOK2 and SOK5 localise to the root-in edge. At Stage II,
123 however, their axial patterns were inconsistent: SOK1 converged toward the new periclinal
124 interface, whereas SOK2 and SOK5 diverged away from it (Fig. 1d). Thus, although both
125 shoot-root and radial information can be detected, the combined SOK patterns cannot be
126 reconciled into a coherent set of shoot–root and radial axes. These observations demonstrate
127 that, early on, SOK proteins do not obey a uniform global polarity field, suggesting that the
128 establishment of the LR axis requires a later maturation phase.

129 To understand how incoherent polarity patterns become progressively organised, we
130 tracked the polarisation of SOK1, SOK2, and SOK5 during stages III–VI of LR development
131 (Movie S1). Strikingly, despite the *pRPS5A* promoter driving uniform expression throughout
132 LR development (Fig. S3), the pRPS5A::SOK1/2/5:YFP signal was not evenly distributed.
133 While polarisation was stable in individual cells, it differed between tissue domains (Fig. 2a).
134 Fluorescence intensity was consistently enriched near the interface separating provascular
135 and ground tissue precursors, corresponding to the prospective pericycle–endodermis (PE)
136 interface (Fig. 2a, Movie S2). To quantify this, we processed light-sheet and confocal datasets
137 spanning stage I to emergence using a custom pipeline that identified the positions of 1,388
138 SOK signal maxima across 462 images, yielding a density map of SOK signal maxima. This
139 analysis confirmed that all three SOK reporters preferentially accumulated near the PE
140 interface throughout LR organogenesis (Fig. 2b). Interestingly, each SOK displayed a slightly
141 different localisation bias. pRPS5A::SOK1:YFP enriched toward ground tissue interfaces,
142 consistent with its known attraction to the endodermis–cortex junction in the root apical
143 meristem (Yoshida *et al*, 2019). pRPS5A::SOK2:YFP accumulation aligned more precisely
144 with the PE interface itself, while pRPS5A::SOK5:YFP was enriched in provascular cells
145 directly adjacent to the PE interface (Movie S1). Together, these patterns suggest that the PE
146 interface constitutes a consistent attractor for SOK polarisation, with each family member
147 responding to slightly differently within this region. Interestingly, the PE interface, which
148 corresponds to the periclinal interface specified upon the Stage I to II transition (Fig. S4, Movie
149 S2), separates the anisotropically growing provascular core from the more isotropic ground
150 tissue. Quantification of cell anisotropy across stages confirmed that growth anisotropy
151 progressively increased in the central provascular domain. In contrast, growth in the ground
152 tissue precursors remained isotropic (Fig. 2c). Importantly, SOK accumulation did not directly
153 correlate with anisotropy at the per-cell level (Fig. S5). Instead, SOKs accumulate near the
154 tissue boundary where domains of differential growth meet (Fig. 2b).

155 To test whether the domains of differential growth correspond to differences in
156 mechanical state, we next analysed cell wall properties and cytoskeletal organisation across
157 the developing primordium. Cell wall fluorescence lifetime imaging with the carbohydrate-
158 binding dye CarboTag-BDP (Besten *et al*, 2025), 2025), reporting cell wall network structure,
159 did not reveal evident spatial heterogeneity in wall environments of primordia Stages I to V
160 (Fig. S6). However, in later stages, lifetime quantification revealed significantly longer lifetimes
161 in central domains than in peripheral ones, suggesting differences in cell wall composition or
162 stiffness (Fig. 2d). This result echoes similar conclusions from the primary root (Alonso Baez
163 *et al*, 2025). We then examined cortical microtubule organisation as a proxy for mapping the

164 orientation of mechanical stresses (Verger *et al*, 2018; Vilches Barro, 2018) in developing LR
165 primordia (Fig. 2e). Quantification of the mean anisotropy-weighted microtubule orientation at
166 cell-level regions revealed a supracellular pattern of microtubule orientation (Fig. 2f). In the
167 central domain of stages IV and V, the MT orientation is perpendicular to the PDG, whereas
168 in stage VI, the MT orientation in the provascular domain changed and tended to align with
169 the PDG of the provascular domain, reflecting anisotropic growth in the provascular domain.
170 In contrast, peripheral cells displayed more isotropic microtubule arrays, consistent with their
171 reduced and directionally unconstrained expansion. Together, these data demonstrate that
172 the LR primordium is mechanically heterogeneous: the provascular domain is characterised
173 by denser walls and anisotropic stresses, whereas the surrounding ground tissue has less
174 dense walls and isotropic stresses. Thus, the provascular-ground tissue interface emerges as
175 a boundary between domains of differential growth and distinct mechanical states. This
176 suggests that SOK polarisation may be conditioned by local mechanical heterogeneity rather
177 than a uniform global polarity field.

178 To further explore the relationship between tissue mechanics and SOK polarisation,
179 we developed a mechanical model of the developing LR primordium (Fig. S7a). The model
180 was based on segmented experimental data from *pRPS5A::SOK2* reporter lines at stages IV–
181 VI and was used to calculate local strain distributions across the provascular, ground tissue,
182 and their intervening boundary zone. Importantly, the simulations did not impose any
183 predefined differences in cell-edge properties between regions, allowing the mechanical
184 response to emerge solely from tissue geometry that resulted from growth patterns. The
185 simulated strain distribution revealed lower strain values in the boundary region between the
186 provascular and ground tissue domains (Fig. 2g-i, Fig. S7b, c), demonstrating that tissue
187 geometry alone is sufficient to generate mechanical heterogeneity within the primordium and
188 highlighting this boundary as a mechanically distinct region. We then examined the correlation
189 between SOK2 signal intensity at individual cell edges and the corresponding local strain
190 magnitude (Fig. 2g, h, j, Fig. S7d). We observed a moderate, albeit significant, correlation
191 between the SOK signal and local mechanical strain at cell edges in the boundary and, to a
192 lesser extent, in the ground tissue regions, suggesting a link between polarity and the
193 mechanical landscape of the developing primordium.

194 Building on the observation that SOKs map to domains of differential growth and
195 mechanical state, we next asked how polarity responds when these tissues are subjected to
196 changes in mechanics. LR emergence provides a natural context for this as primordia
197 successively push through overlying tissue layers (Vilches-Barro & Maizel, 2015). The

198 endodermis acts as a mechanical barrier, generating compressive stress at stage II (Stöckle
199 *et al*, 2022). While the cortex and epidermis constrain the shape of the LR primordium (Lucas
200 *et al*, 2013), it remains to be established whether this occurs through compressive stress. To
201 address this, we ablated cortex cells overlying a stage IV primordium and observed an
202 immediate increase in primordium length (7µm in 5 seconds, Fig. S8a). This rapid elongation
203 indicates that cortical cells exert compressive stress. We next asked how SOK polarisation
204 responds to these stresses. Time-lapse imaging of pRPS5A::SOK5:YFP from stage II to
205 emergence revealed a striking correlation between SOK accumulation and growth (Fig. 3a;
206 Movie S3). SOK5 signal intensity increased during periods of elongation but sharply
207 decreased during phases of little or no growth, despite the *RPS5A* promoter being active
208 throughout organogenesis (Fig. S8b). The decline in signal coincided with developmental
209 windows during which the primordium encounters maximum compressive stress beneath the
210 endodermis (stage II) and the cortex (stage IV). A similar pattern was observed for
211 pRPS5A::SOK2:YFP, suggesting that dissipation under stress is a general feature of SOK
212 proteins (Fig. S8c). To confirm this interpretation, we relieved compressive stress by ablating
213 overlying cortex cells and imaged SOK5 signal dynamics. In ablated samples, the SOK5 signal
214 remained consistently high throughout organogenesis, with intensities approximately 3.5-fold
215 greater than in controls (Fig. 3b, Movie S3). To more precisely address the relationship
216 between changes in tissue mechanics induced by cell ablation and SOK polarisation, we
217 extended our mechanical model to simulate strain distribution in lateral root primordia following
218 removal of the overlying cortex and epidermis (Fig. 3c). Using the same mechanical
219 parameters as for intact primordia, the ablation model revealed a significant increase in strain
220 values, and an increased heterogeneity (larger variance) of strain values in periclinal walls
221 compared to non-ablated controls (Fig. 3d). These simulations demonstrate that releasing
222 external compression through ablation shifts mechanical load toward periclinal interfaces.
223 Interestingly, this shift is consistent with experimentally observed enhancement of SOK5
224 polarisation along these surfaces (Fig. 3e). Together, these results suggest that the
225 mechanoresponsive behaviour of SOKs reflects their ability to sense and align with the
226 redistribution of tensile forces within the primordium in response to mechanical perturbation.
227 If correct, a reduction of the tensile forces due to increased compressive forces should lead to
228 a reduction in SOK signal accumulation. To experimentally test this prediction, we perturbed
229 microtubules in the endodermis using the inducible driver–reporter system *pCASP1»PHS1ΔP*
230 to trigger endodermal microtubule depolymerisation, leading to a lack of endodermis thinning
231 and an increase in compressive stresses (Stöckle *et al*, 2022). Dexamethasone (DEX)
232 treatment triggered endodermal microtubule depolymerisation, verified by a marked loss of

233 MAP4:mVenus signal (Fig. 3f, Fig. S8d). In this background, pRPS5A::SOK5:YFP intensity
234 was significantly reduced compared to mock controls, indicating that compressive stress
235 generated by defective endodermal responses dissipates the SOK signal. Together, these
236 results establish that SOK proteins are polarity markers whose accumulation is
237 mechanoresponsive, linking the physical constraints of emergence to the dynamic regulation
238 of polarity fields in the LR primordium.

239 To test whether the mechanoresponsive behaviour of SOKs extends beyond the root,
240 we examined their localisation in the shoot apical meristem (SAM), an organ where tissue
241 dynamics generate heterogeneous stress patterns (Alonso-Serra *et al*, 2024; Shi *et al*, 2018;
242 Hamant *et al*, 2008; Uyttewaal *et al*, 2012). Despite uniform activity of the *pRPS5A* promoter
243 (Fig. S9a), pRPS5A::SOK1/2/5:YFP signals were specifically absent from creases near the
244 peripheral zone and at sites of incipient primordia (Fig. S9b). These regions are characterised
245 by minimal growth and elevated mechanical stress arising from organ outgrowth and boundary
246 formation. Thus, as in LR primordia, SOKs dissipate from mechanically stressed zones in the
247 SAM, suggesting that their stress response is a general feature of plant organogenesis rather
248 than an organ-specific phenomenon.

249 Our previous results showed that SOK polarity reflects mechanical heterogeneity and
250 is mechanoresponsive. We next asked how cell and tissue interfaces, as well as mechanical
251 continuity, contribute to the establishment and maintenance of SOK polarity patterns. We first
252 live-imaged gSOK1::YFP in response to the targeted ablation of the overlying endodermis at
253 Stage II. Removal of the endodermis resulted in a loss of edge polarity in the adjacent outer
254 central cells (Fig. 4a), a phenotype reminiscent of natural endodermal thinning during stage II,
255 which also coincides with reduced SOK1 polarity (Fig. 4b). These results indicate that the
256 endodermis is required not only as a structural contact but may also serve as a conduit for
257 transmitting mechanical cues that stabilise SOK1 polarity at adjacent cell edges. We then
258 asked whether the cell wall network within the primordium is also playing a role in SOK1
259 polarity. For this, we performed single-cell ablations in stage I and II primordia (Fig. 4c). Of 24
260 ablation events, half led to an immediate abortion of the primordium development. In contrast,
261 the others continued for some time but eventually arrested. In this group, the SOK1 signal was
262 frequently lost, although transient polarity reorientations were observed near the ablation site
263 (Fig. 4c, Fig. S10a). These results indicate that targeted alteration of the cell wall network is
264 sufficient to reconfigure polarity fields and alter organ-level behaviour. Because SOK
265 polarisation maps to the provascular–ground tissue boundaries, where domains of differential
266 growth and distinct mechanical states meet, we next asked whether altering root radial

267 patterning would affect SOK polarisation. To this end, we examined SOK1 polarity in the
268 *scarecrow* (*scr)* mutant, which is defective in proper ground tissue patterning and fails to
269 establish the outer layer during the stage II–III transition (Goh *et al*, 2016). In wild type, SOK1
270 polarity gradually shifts from the PE interface toward the ground tissue interface during stages
271 II–IV. In *scr* mutants, however, polarity was disrupted throughout the primordium, including
272 provascular cells normally unaffected by *SCR* function (Fig. 4d). This indicates that proper
273 patterning and differentiation of the ground tissue are required for long-range polarity
274 coherence. We can speculate that in the *scr* mutant, changes in the mechanical properties
275 and/or the topology of the tissue cell wall network alter the transmission of mechanical cues,
276 stabilising SOK polarity across the primordium.

277 We next focused on the role of the PE interface, which depends on the
278 PLETHORA3/5/7 (PLT3/5/7) transcription factors (Du & Scheres, 2017). In *plt3/5/7* triple
279 mutants, the PE interface is rarely formed, yet SOK1 maintained its divergent edge polarity in
280 stage I primordia unless the overlying endodermis was thinned, reiterating that the
281 endodermis-primordium interface affects SOK1 polarity (Fig. 4e). Remarkably, in rare *plt3/5/7*
282 primordia that underwent a periclinal division in some cells, SOK1, SOK2, and SOK5
283 repolarised to this new interface, resembling the wild type pattern (Fig. 4f early, Fig. S10b).
284 This wild-type-like pattern was absent in older primordia (Fig. 4f early, Fig. S10b), which were
285 characterised by more isotropically oriented cortical microtubules than in wild type and by
286 deformed cells growing isotropically (Fig. S10d). Together, these data suggest that, while the
287 transient establishment of a correct cellular layout can account for proper SOK polarisation
288 independent of specific cell identity, changes in growth behaviour lead to SOK repolarisation.
289 To investigate when mispolarisation occurred, we recorded pRPS5A::SOK2:YFP in *plt3/5/7*
290 and found that mispolarisation coincided with growth arrest, confirming the
291 mechanosresponsiveness of SOK accumulation (Fig. S10d). Together, these data show that
292 SOK polarity depends on the structural presence of cell wall networks and their mechanical
293 continuity. Disruption of interfaces, whether by ablation or genetic perturbation, redistributes
294 mechanical stresses and alters polarity at the organ level. In contrast, perturbations in growth
295 or geometry that preserve cell–cell contacts typically retain wild-type-like polarity. Thus, the
296 mechanical continuity of the cell wall network emerges as a key determinant of SOK polarity
297 during organogenesis.

298 Together, our results reveal that SOK proteins provide a molecular link between growth
299 fields and axis formation in plants. Rather than reflecting a uniform global field, SOK polarity
300 emerges from the physical architecture of tissues—interfaces, boundaries, and the continuity

of the cell wall network. These findings establish SOKs as sensitive reporters of mechanical organisation in living tissues and highlight how the coupling between mechanics and polarity underpins the self-organisation of plant organs. Future work should aim at clarifying SOSEKI proteins are direct mechanosensors or act downstream of mechanical signal transduction as well as elucidating the developmental functions of SOKs. This will be key to understanding how plants integrate mechanical information to coordinate growth, patterning, and morphogenesis.

308 **Methods**

309 **Plant material and growth conditions**

310 All experiments were performed in *Arabidopsis thaliana* (Col-0 background). An overview of
311 plant lines used is provided in Supplementary Table S1. SOSEKI marker lines (*gSOK1–*
312 *5::YFP*) were described previously (Yoshida *et al*, 2019) and were crossed with plasma
313 membrane marker lines (pUBQ10::LTI6B:mCherry; (Elsayad *et al*, 2016)). SOK reporters
314 were introgressed into the *plt3/5/7* and *scr* mutants backgrounds (Hofhuis *et al*, 2013; Goh *et*
315 *al*, 2016), by transformation or crossing. Seeds were surface-sterilised (70% ethanol, 0.05%
316 SDS), stratified for 24 h at 4 °C in darkness, and sown on half-strength Murashige and Skoog
317 (½MS) medium (pH 5.7) supplemented with 1% phytoagar. Plants were grown under long-day
318 conditions (16 h light/8 h dark, 22 °C). For some experiments, plates were supplemented with
319 1% sucrose. Soil-grown plants were cultivated under the same photoperiod and temperature.

320 **Plant transformation and selection**

321 Stable transformation was performed using the floral dip method (Clough & Bent, 1998) with
322 *Agrobacterium tumefaciens* strain GV3101. Transformants were selected either by antibiotic
323 resistance (BASTA, hygromycin, kanamycin) or by fluorescence-accumulating seed
324 technology (FAST; (Shimada *et al*, 2010)).

325 **Inducible expression**

326 For endodermis-specific microtubule depolymerisation, we used the *pCASP1>>PHS1ΔP*
327 system (Stöckle *et al*, 2022). Seedlings were transferred at 7 d after germination (DAG) to
328 ½MS medium containing 15 µM dexamethasone (DEX) and imaged after ~24 h.

329 **Sample preparation and staining**

330 Seedlings were fixed in 4% paraformaldehyde in PBS for 2 h at room temperature or overnight
331 at 4 °C, then washed and cleared using ClearSee (Kurihara *et al*, 2015). Cell walls were
332 counterstained with 1 mg/mL calcofluor white. For live imaging, seedlings were mounted in ½
333 MS medium on agar slices, in chambered coverglass systems, or in glass/FEP capillaries for
334 light-sheet microscopy.Confocal and light-sheet microscopy

335 Confocal imaging was performed on Leica SP5II and SP8 systems equipped with water-
336 immersion objectives and white-light or multi-photon lasers. Excitation/emission settings are

provided in Supplementary methods. For live imaging, z-stacks were acquired every 30 min with step sizes of 0.5–1 µm. Light-sheet imaging was performed using a Luxendo MuViSPIM (Bruker) with dual-sided illumination and 40× or 60× water-immersion objectives. Time-lapse recordings spanned up to three days, with z-stacks collected at 30-minute intervals. Additional details are provided in the Supplemental Materials.

Laser ablation

Targeted ablations were performed either with two-photon excitation on a Leica SP8 system (960 nm, 20–30% power) or with an integrated UV ablation laser on the MuViSPIM. Exposure times were adjusted until visible damage was achieved. Additional details are provided in the Supplemental Materials.

Image processing and quantification

An extensive description is provided in the Supplemental Materials. Images were processed in Fiji. Light-sheet data were corrected and cropped using BigDataProcessor2 (Tischer *et al*, 2019). Drift correction of confocal timelapses was done with the Fiji Registration plugin. For weak signals, maximum intensity projections of 2–10 slices were generated. SOK signal maxima were quantified using a custom Python pipeline on 462 images (1388 maxima) and plotted relative to developmental stage. CarboTag-BDP fluorescence lifetimes were fitted with a two-component exponential decay model in LAS X software (Leica) and analysed in R. Microtubule orientation was quantified from 2D cortical images using FibrilJ (Boudaoud *et al*, 2014), with anisotropy-weighted mean orientations plotted per cell group. Growth anisotropy and principal growth directions were determined with MorphoGraphX (Strauss *et al*, 2022). Additional details are provided in the Supplemental Materials.

Molecular cloning

All constructs (listed in Table S1) were generated by GreenGate cloning (Lampropoulos *et al*, 2013; Piepers *et al*, 2023).

363 **Data availability**

364 All raw images, processed data, and biological resources are available from the corresponding
365 author upon reasonable request. Custom scripts for image analysis are available from
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372 **Ethics declarations**

373 The authors declare no competing interests.

374 **Contributions**

375 A.M. D.W. and M.P. conceived the study and analyzed the results. M.P. performed wet bench
376 experiments under the supervision of A.M. and, with help from or material generated or
377 provided by B.J.R.H, N.B., L.S. C.S., A.P., L.B. nd D.W.. J.R.D.R. performed the
378 computational modelling with input from A.M. and R.M.H.M, who provided feedback on
379 interpretation. M.P. and A.M. wrote the manuscript with input from all authors.
380

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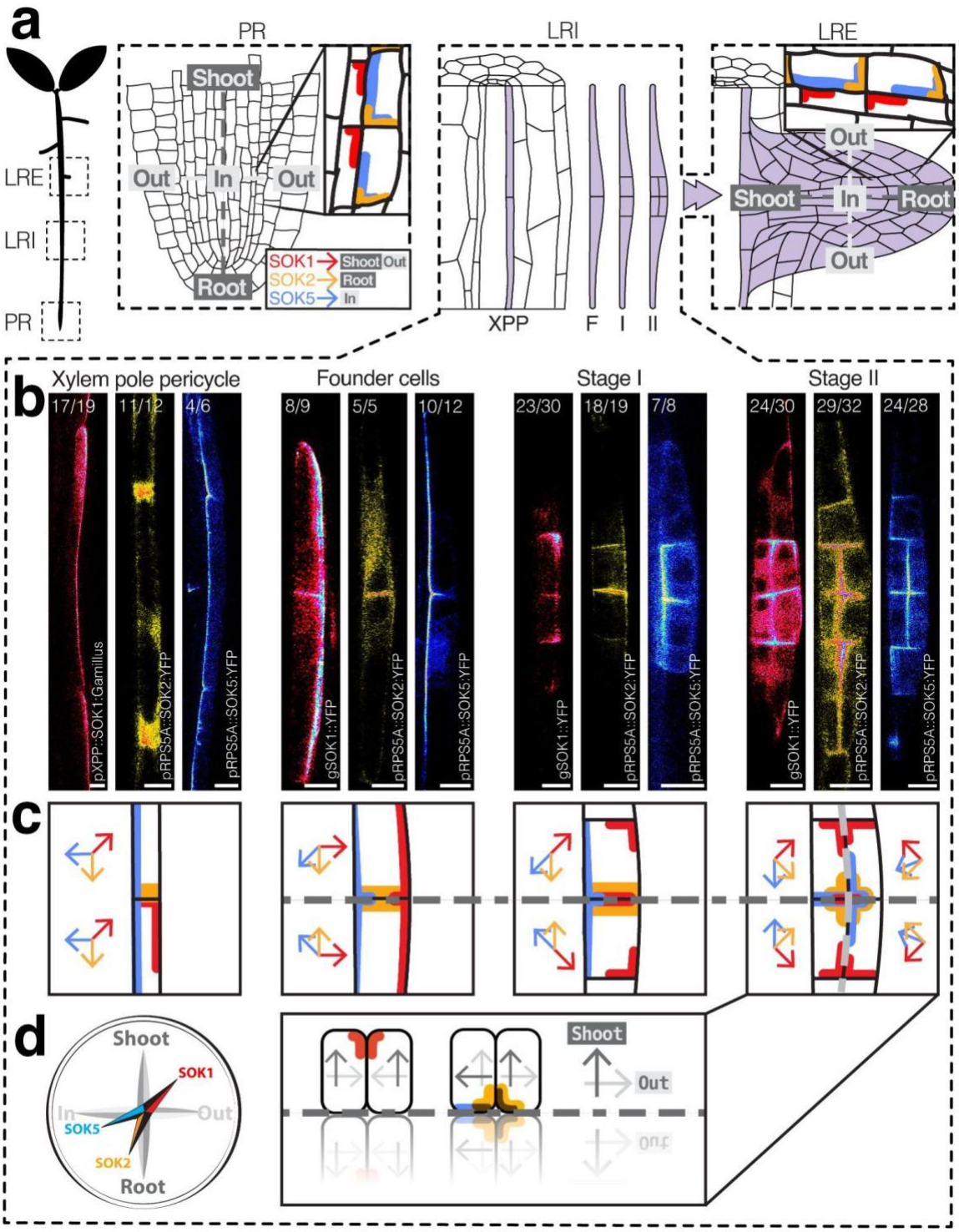
492 **Figures and legends**



493

494 **Figure 1 | Two symmetry-breaking events pattern early lateral root primordia.**

495 **a**, Schematic of *Arabidopsis* root zones showing the primary root (PR), lateral root initiation

496 (LRI), and lateral root emergence (LRE). Insets illustrate SOSEKI (SOK1 in red, SOK2 in

orange, SOK5 in blue) localisation in the PR and emerged LR, reporting the shoot–root and in–out axes.

b, Representative images of fluorescently tagged SOK1, SOK2, and SOK5 reporters in XPP cells, founder cells, Stage I, and Stage II primordia. Numbers indicate the frequency of observed patterns across independent samples. Scale bars, 10 μm. See also Movie S1.

c, Consensus schematics of SOK polarisation at each stage. Arrows denote the orientation of SOK polarisation in each cell. The grey dashed lines indicate axes of symmetry. **d**, At Stage II, the shoot-root and in-out axes inferred from SOK polarisation are incoherent between the inner and outer cells.

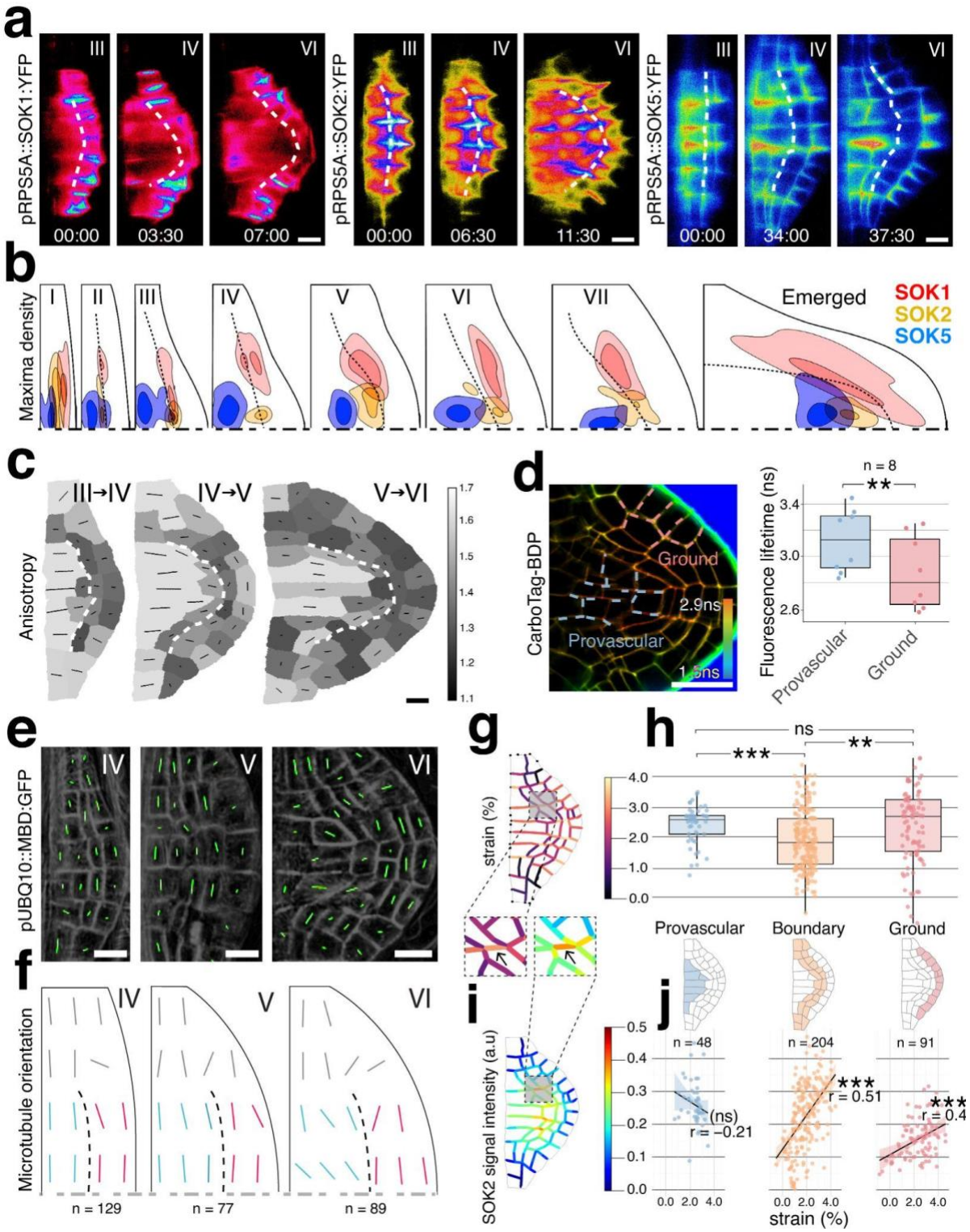


Figure 2 | SOK polarisation highlights domains of differential tissue growth.

a, Time-lapse light-sheet imaging of SOK1, SOK2, and SOK5 reporters from LR primordium stages III to VI. SOK polarisation is stable in individual cells and is consistently enriched near the pericycle–endodermis interface (dashed line). Scale bars, 10 µm. Time in hh:mm format.

b, Consensus density maps highlighting the regions with the highest SOK1 (red), SOK2 (orange), and SOK5 (blue) expression across developmental stages. Developmental stages and number of cells analyzed: I (n = 126), II (n = 216), III (n = 294), IV (n = 234), V (n = 122), VI (n = 69), VII (n = 114), emerged (n = 213). Range of LR height at each stage: I: 8-15µm, II: 15-23µm, III: 23-30µm, IV: 30-38µm, V: 38-45µm, VI: 45-50µm, VII: 50-60µm, emerged: 60-130µm. Only half of the LR primordium is represented. The black dashed line is the pericycle-endodermis interface.

c, Quantification of cell growth anisotropy between successive stages (III–IV, IV–V, V–VI). Higher anisotropy is detected in the central domain. Scale bar, 10 µm.

d, Left, confocal FLIM imaging of CarboTag-BDP in stages III–V of LR primordia. Color scale denotes fluorescence lifetime (ns). Right, quantification of CarboTag-BDP fluorescence lifetimes in epidermal, ground tissue, pericycle-endodermis junction, and provascular domains. Provascular and pericycle show significantly higher values (**$p<0.01$).

e, Confocal imaging of cortical microtubule organisation (pUBQ10::MBD:GFP, grey) at stages IV–VI. Microtubule orientation and anisotropy in each cell are indicated by green overlays. Scale bars, 10 µm.

f, Schematics of average microtubule orientation. Central tissues show alignment along anisotropic growth directions, while peripheral tissues remain isotropic. The black dashed line is the pericycle-endodermis interface.

g, Predicted strain pattern obtained after pressurising the cellular template of a Stage V primordium.

h, Boxplots showing the distribution of strain across the provascular, boundary, and ground tissue domains.

i, SOK2 cortical signal intensity mapped on the same pressurised template as in g.

j, Correlation between strain magnitude and SOK2-YFP signal intensity for each tissue domain.

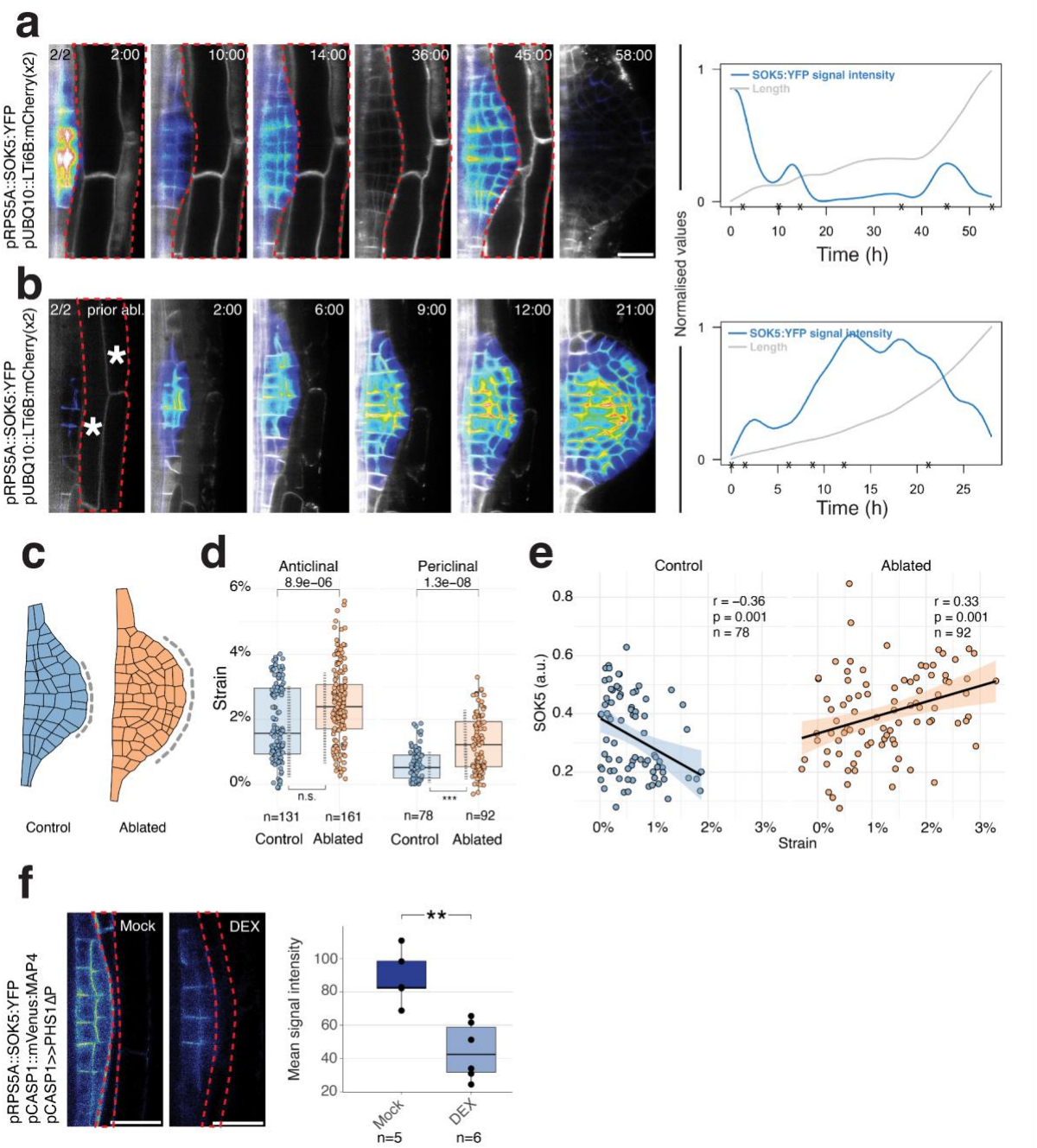
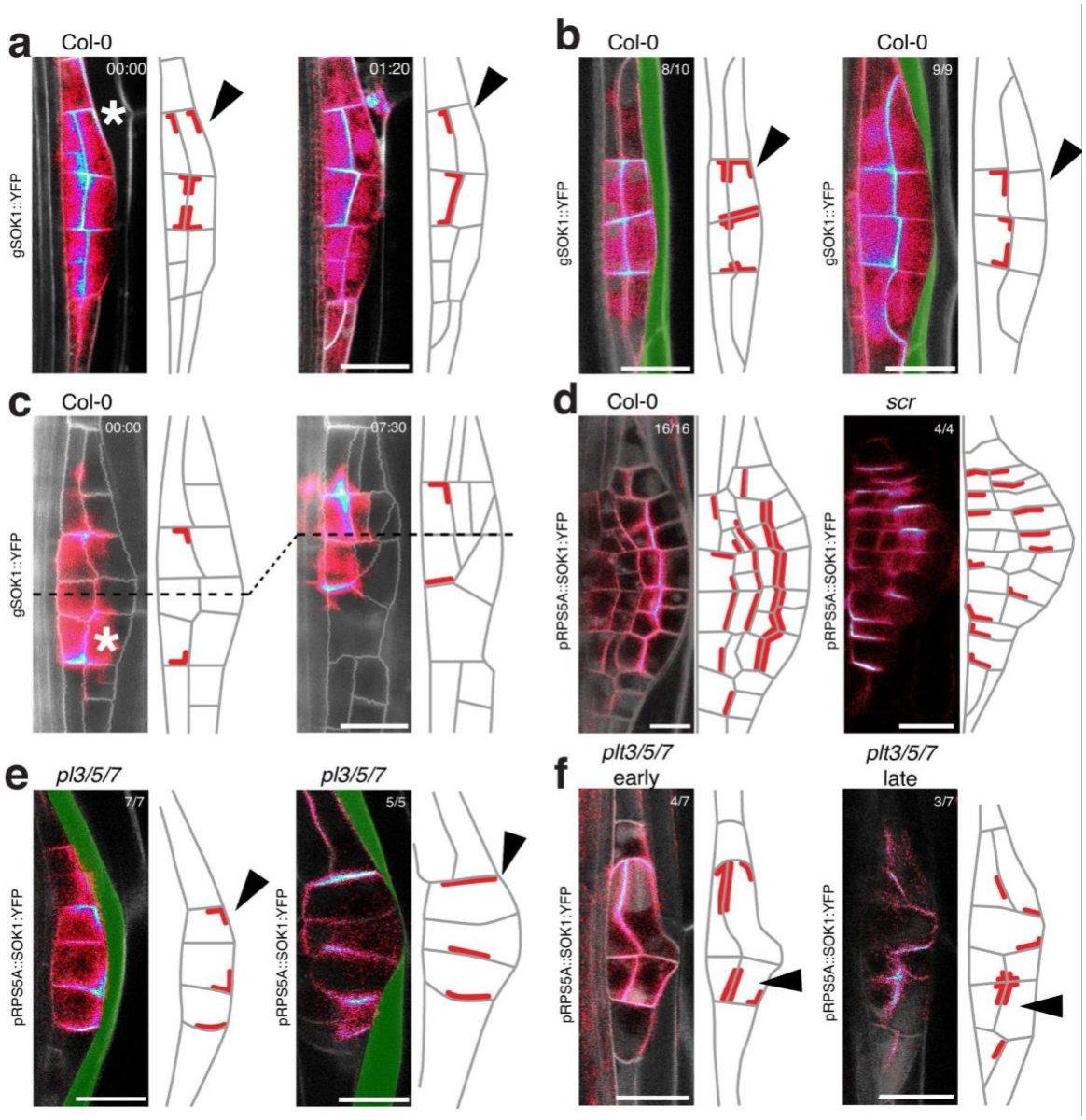


Figure 3 | SOSEKI accumulation is mechanoresponsive during lateral root emergence. **a**, **b** Time-lapse light-sheet imaging of pRPS5A::SOK5:YFP (blue) with plasma membrane marker (grey) from stage II to emergence in wild type (a) and after targeted ablation of overlying cortex cells (asterisks) to relieve compressive stress. Right: quantification of primordium length (grey) and SOK5 signal intensity (blue) over time.

c, schematic of the meshes used for turgor-induced strain simulation in control and ablated conditions. The dashed lines indicate the range of external vertices set free to move. In the ablated case, the fraction of free-to-move vertices is increased compared to the control condition to account for the absence of the overlying tissue.

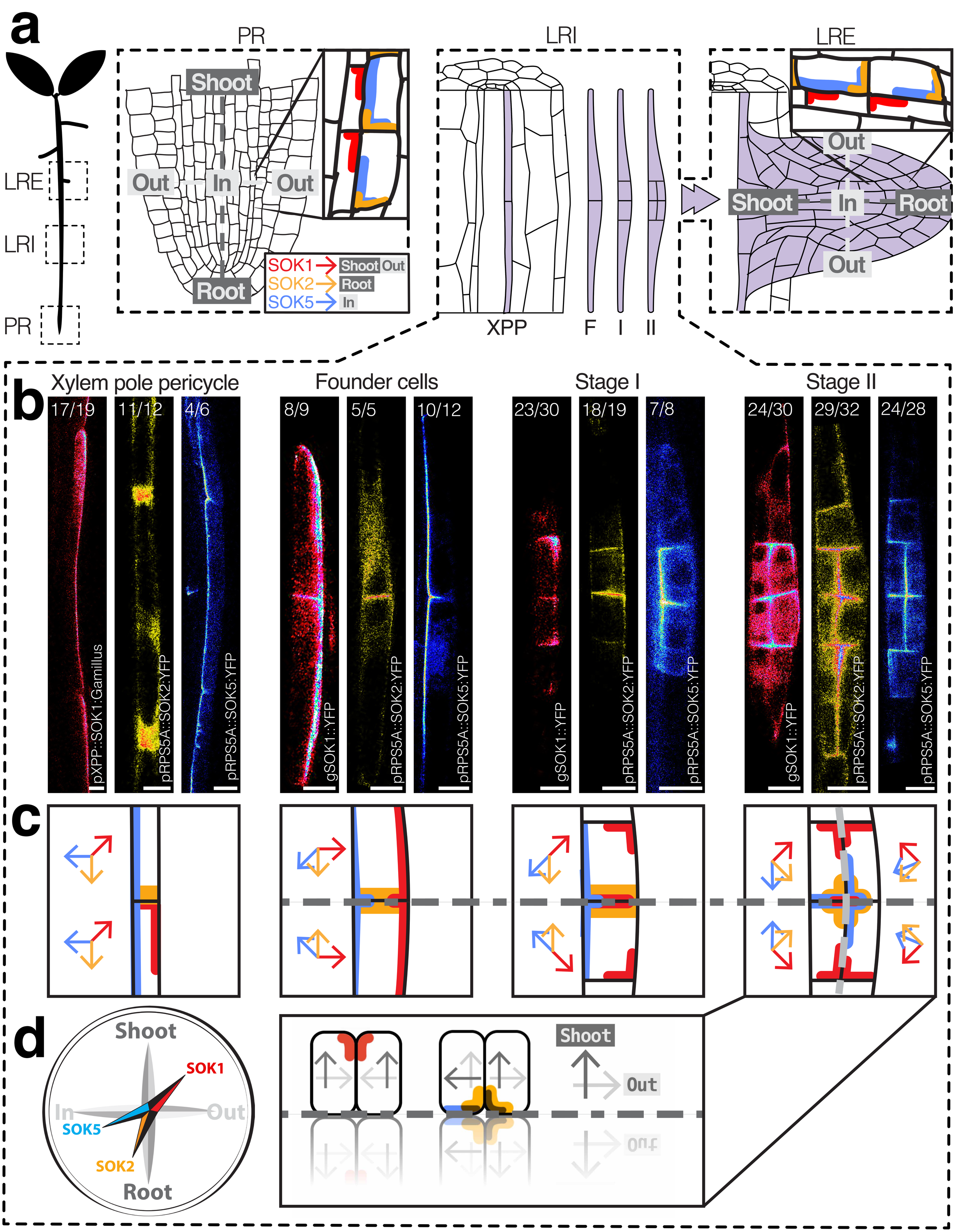
547 **d**, boxplot showing the distribution of strain in anticlinal and periclinal walls after pressurising
548 the cellular template in control and ablated conditions. P-values for the comparisons of the
549 mean are indicated above. The vertical dashed lines indicate the distributions' variances and
550 the symbols below indicate the result of a Levene's test for equality of variance (***, p<0.001).
551 Anticlinal walls are perpendicular to the primordium surface, periclinal ones parallel.
552 **e**, Correlation between strain magnitude and SOK5-YFP signal intensity in periclinal walls in
553 control and ablated conditions.
554 **f**, Confocal imaging of pRPS5A::SOK5:YFP upon dexamethasone (DEX)-inducible
555 depolymerisation of endodermal microtubules using pCASP1»PHS1ΔP. Scale bars, 20 µm.

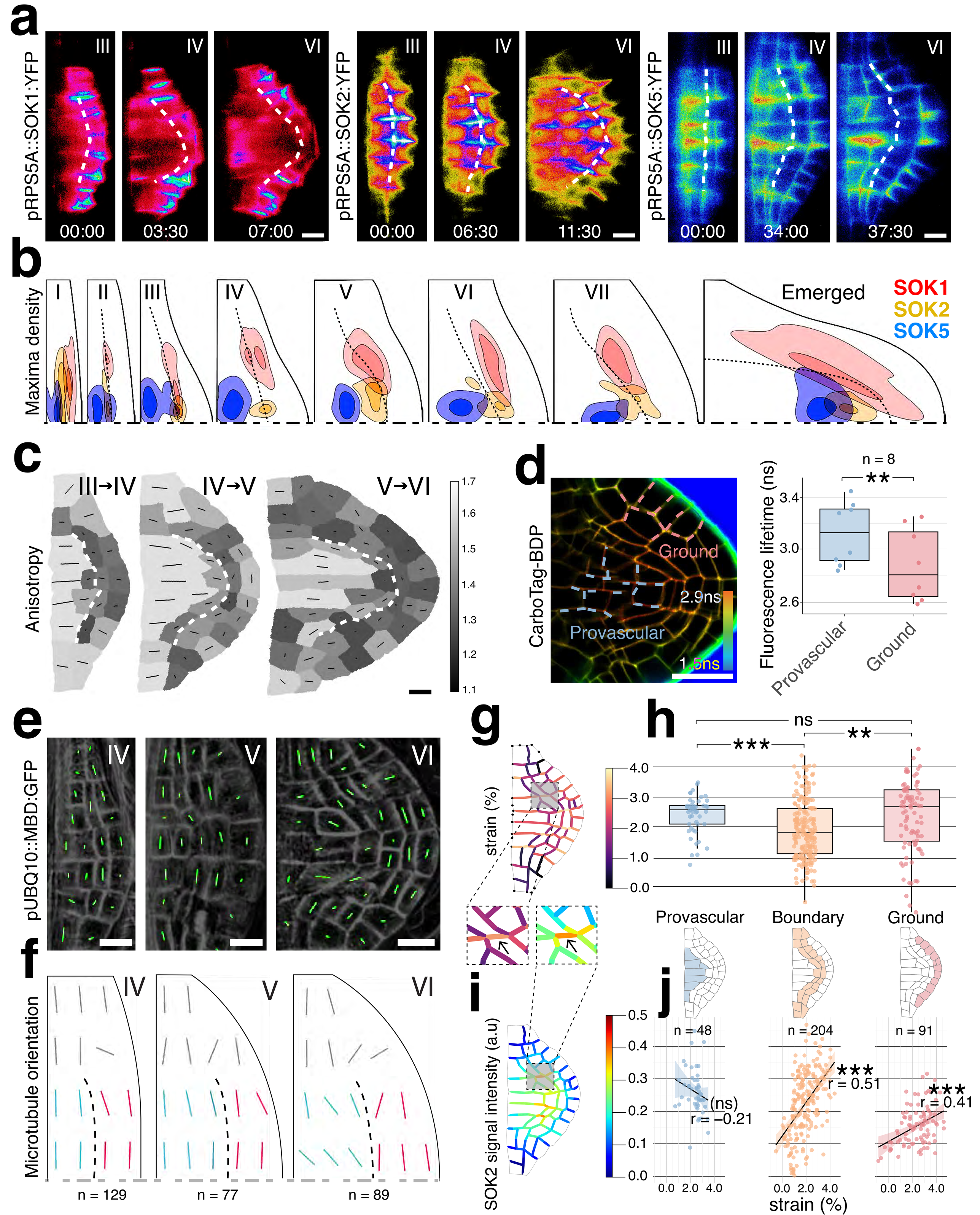


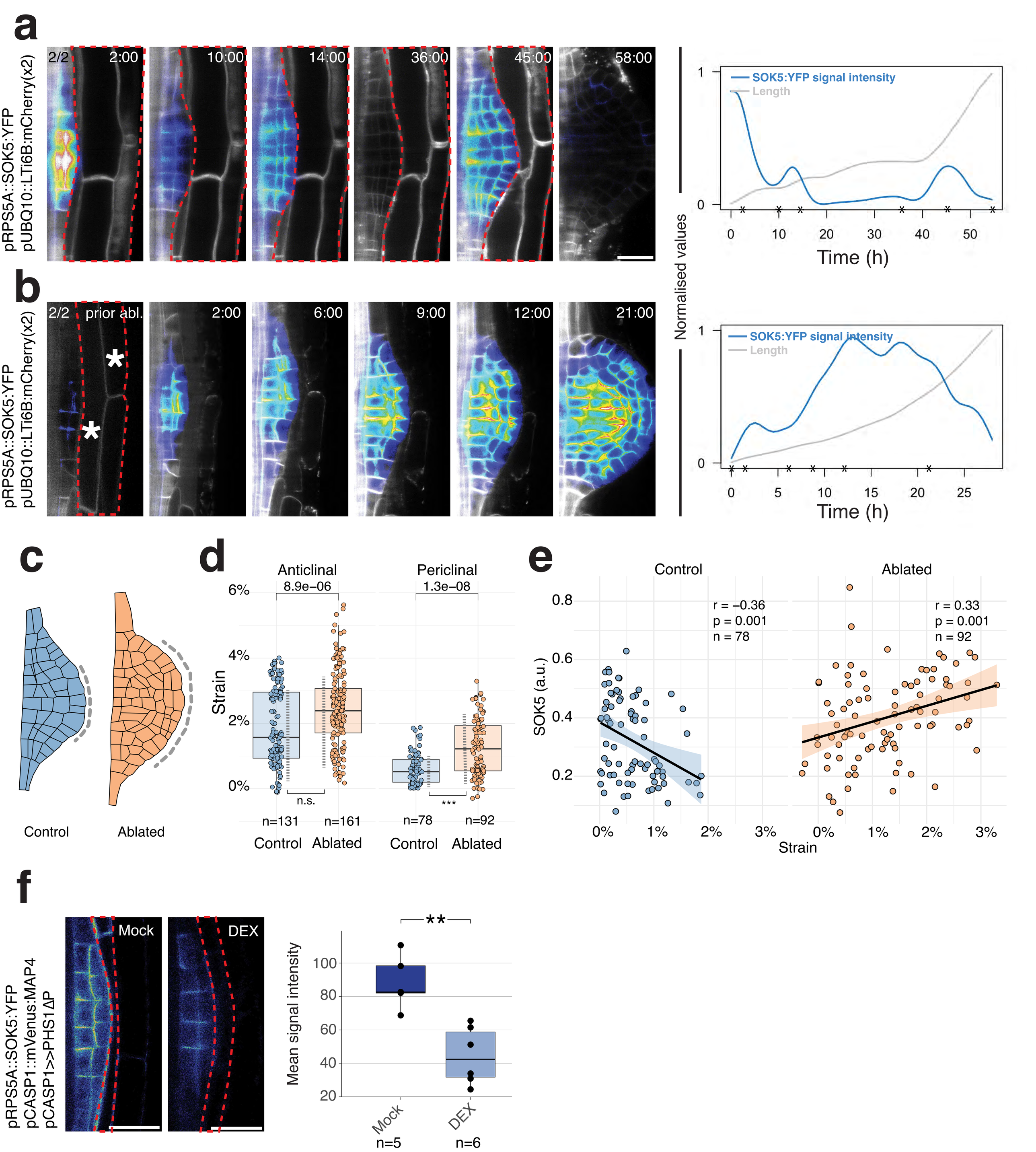
556

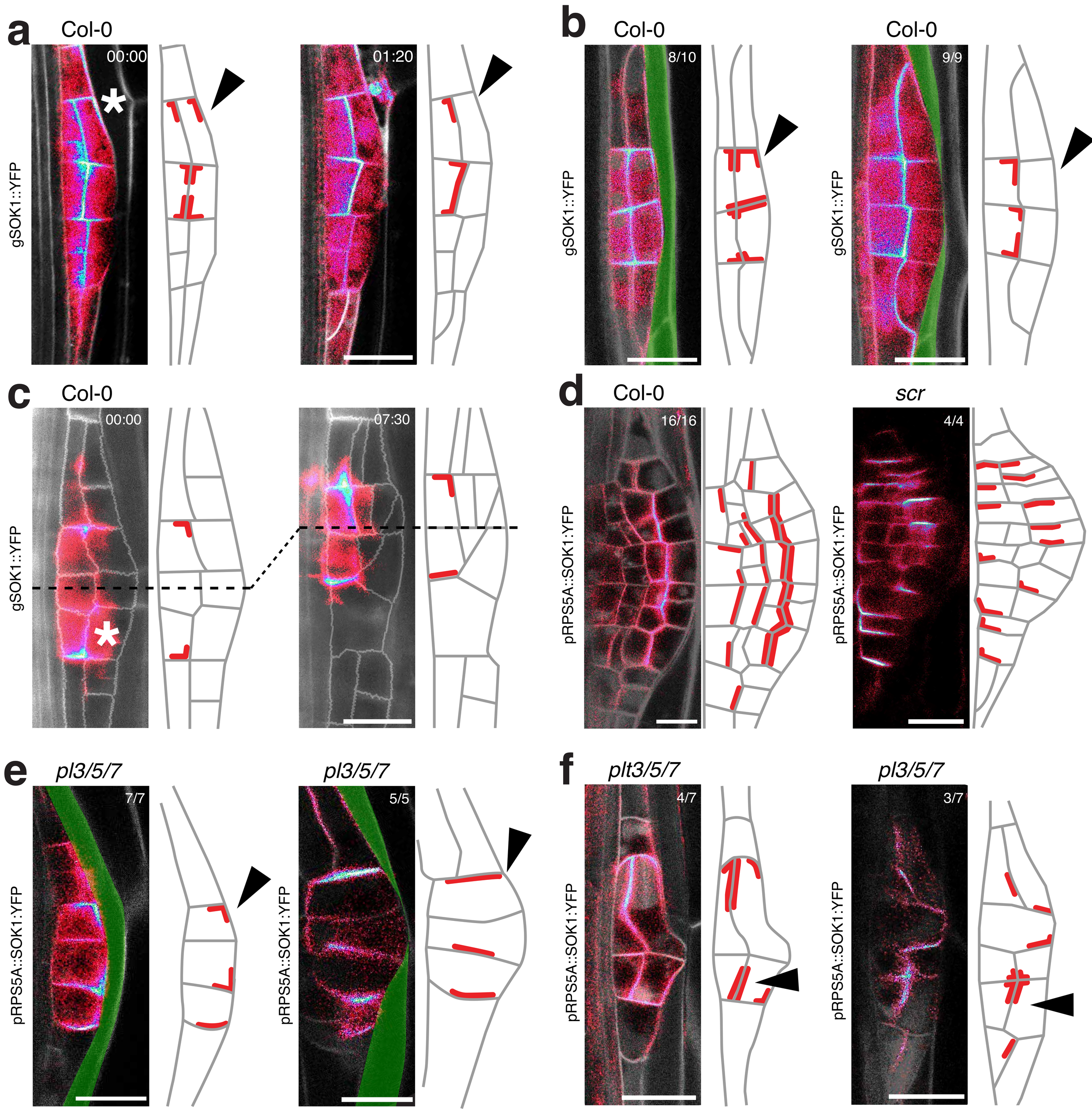
557 **Figure 4 | SOK polarity depends on tissue interfaces and mechanical continuity.**

558 **a-f**, Confocal or light-sheet (c) sections through LR primordia expressing the indicated SOK
559 reporter. In each case, the images and matching schematic depict the consequence of the
560 following perturbations on SOK polarisation: (a) ablation of endodermis, (b) crossing of
561 endodermis, (c) ablation of a cell in the LR primordium, (d) *scr* mutant, (e) crossing of the
562 endodermis or (f) formation of a periclinal interface in *plt3/5/7* mutant. Asterisks mark ablated
563 cells. Black arrowheads highlight changes in polarisation. Scale bars: 20 µm.


a
LRE
LRI
PR
PR
Shoot
Out
In
Out
Root
SOK1 Shoot Out
SOK2 Root
SOK5 In
LRI
XPP
F
I
II
LRE
Out
Shoot
In
Root
Out
b
Xylem pole pericycle
Founder cells
Stage I
Stage II
17/19
11/12
4/6
8/9
5/5
10/12
23/30
18/19
7/8
24/30
29/32
24/28
pXPP::SOK1:Gamillus
pRPS5A::SOK2:YFP
pRPS5A::SOK5:YFP
gSOK1::YFP
pRPS5A::SOK2:YFP
pRPS5A::SOK5:YFP
gSOK1::YFP
pRPS5A::SOK2:YFP
pRPS5A::SOK5:YFP
gSOK1::YFP
pRPS5A::SOK2:YFP
pRPS5A::SOK5:YFP
c
d
Shoot
SOK1
In
Out
SOK5
SOK2
Root
Shoot
Out


a
pRPS5A::SOK1:YFP
III
IV
VI
00:00
03:30
07:00
pRPS5A::SOK2:YFP
00:00
06:30
11:30
pRPS5A::SOK5:YFP
00:00
34:00
37:30
b
Maxima density
I
II
III
IV
V
VI
VII
Emerged
SOK1
SOK2
SOK5
c
Anisotropy
III→IV
IV→V
V→VI
1.7
1.6
1.5
1.4
1.3
1.2
1.1
d
CarboTag-BDP
Ground
2.9ns
Provascular
1.5ns
n = 8
**
Fluorescence lifetime (ns)
3.4
3.0
2.6
Provascular
Ground
e
pUBQ10::MBD:GFP
IV
V
VI
f
Microtubule orientation
IV
V
VI
n = 129
n = 77
n = 89
g
strain (%)
i
SOK2 signal intensity (a.u)
h
ns
***
**
4.0
3.0
2.0
1.0
0.0
Provascular
Boundary
Ground
j
0.5
0.4
0.3
0.2
0.1
0.0
n = 48
n = 204
n = 91
***
r = 0.51
(ns)
r = −0.21
***
r = 0.41
0.0 2.0 4.0
strain (%)


a
pRPS5A::SOK5:YFP
pUBQ10::LTi6B:mCherry(x2)
2/2
2:00
10:00
14:00
36:00
45:00
58:00
SOK5:YFP signal intensity
Length
Normalised values
Time (h)
b
pRPS5A::SOK5:YFP
pUBQ10::LTi6B:mCherry(x2)
2/2
prior abl.
2:00
6:00
9:00
12:00
21:00
c
Control
Ablated
d
Anticlinal
Periclinal
8.9e−06
1.3e−08
Strain
n.s.
***
n=131
n=161
n=78
n=92
Control
Ablated
e
Control
Ablated
r = −0.36
p = 0.001
n = 78
r = 0.33
p = 0.001
n = 92
SOK5 (a.u.)
Strain
f
pRPS5A::SOK5:YFP
pCASP1::mVenus:MAP4
pCASP1>>PHS1ΔP
Mock
DEX
Mean signal intensity
**
n=5
n=6


a
Col-0
00:00
01:20
gSOK1::YFP
b
Col-0
8/10
9/9
gSOK1::YFP
c
Col-0
00:00
07:30
gSOK1::YFP
d
Col-0
16/16
scr
4/4
pRPS5A::SOK1:YFP
e
pl3/5/7
7/7
5/5
pRPS5A::SOK1:YFP
f
plt3/5/7
4/7
3/7
pRPS5A::SOK1:YFP