Patterns of Interploidy Admixture in Polyploid Complexes: Insights from *Thymus* sect. *Mastichina*
(Lamiaceae)

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ABSTRACT

Understanding gene flow between ploidy levels in polyploid complexes is essential for species delimitation
and conservation. This study explores evolutionary dynamics in the polyploid complex *Thymus* sect.
Mastichina (Lamiaceae), comprising three taxa: *T. mastichina* subsp. *mastichina*, *T. mastichina* subsp.
donyanae, and the endangered *T. albicans*. Using Hyb-Seq data, phylogenomics (nuclear orthologs), and
population genomics (SNPs), we confirm the section consists of two sister groups with distinct ploidy levels:
a diploid and a tetraploid one. The tetraploid group shows low genetic differentiation among its populations,
probably indicating rapid expansion across diverse environments. In contrast, the diploid group exhibits
more complex genetic structuring, potentially shaped by geomorphology, interploidy introgression, and
incipient isolation. Four diploid subgroups (Algarve, Cádiz, Doñana, and Hercynian) are identified, with
reticulate evolution. The dense reticulation observed is compatible with incomplete lineage sorting in diploid
lineages, due to recent and rapid divergence events. Phylogeographic analyses suggest isolation-by-distance,
with two major riverbeds maybe playing a role in shaping genetic differentiation, while interploidy gene

flow detected could have facilitated ancient and/or ongoing admixture between diploid and tetraploid
lineages, despite geographic isolation. These findings highlight cryptic genetic diversity and emphasise the
need for an integrative taxonomy that includes multiple lines of evidence: morphological, cytological,
genomic, and ecological. Conservation efforts should prioritise protecting the four diploid subgroups, aided
by flow cytometry, since they may harbour critical adaptive potential to both specific habitat types and/or
environmental conditions. This work contributes to advancing our knowledge of evolution in polyploid
complexes, by combining genomic approaches and highlighting cryptic diversity in *Thymus* species. Future
research should investigate morphometric and chemical data, hybridisation events, divergence times,
diversification dynamics, and relationships with other *Thymus* species to further understand polyploid
evolution and its impact on biodiversity.

Keywords: Angiosperms353 | Hyb-Seq | Interploidy Admixture | Phylogenomics | Polyploid Bridges |
Population Genomics

1 | Introduction

Understanding the mechanisms driving speciation is a central focus of evolutionary biology. Polyploidy is considered one such mechanism of speciation with profound implications for plant evolution and ecology, which is mediated through whole-genome duplication (WGD; Van de Peer *et al.* 2017, 2021). Although this process has often been regarded as an evolutionary 'dead end', due to the limited evidence of ancient polyploidisation events (Arrigo and Barker 2012; Mayrose *et al.* 2015; but see Leebens-Mack *et al.* 2019), the existence of many polyploids of relatively recent origin supports its potential role as a driver of plant diversification (Vanneste *et al.* 2014a, 2014b; Soltis *et al.* 2015; Van de Peer *et al.* 2017, 2021). Even considering that polyploid lineages frequently face extinction, it seems that at least in rare cases they successfully establish and undergo significant diversification, as the "rarely successful hypothesis" postulates (Arrigo and Barker 2012; Hagen and Beaulieu 2024).

Polyploidy can arise through WGD within a single species (autopolyploidy) or after hybridisation (allopolyploidy), a well-established and prevalent process in plants that facilitates gene flow between distinct lineages that contributes to the emergence of novel species (Soltis and Soltis 2009; Sheidai and Koohdar 2023). Although newly established polyploids may initially experience reduced fertility and fitness due to genomic instability or changes in gene expression and epigenetic changes (Comai 2005; Porturas *et al.* 2019), once these issues are overcome, their potential for rapid adaptation can confer a selective advantage. At short-term, the success of polyploids can be explained by increased genetic variation, mediated by changes in gene expression and epigenetic remodelling, which influence the morphology, physiology, and ecology of newly formed polyploids (Schoenfelder and Fox 2015), and also by increased genetic robustness (Van de Peer *et al.* 2017). These changes, in turn, may affect interspecies interactions, confer tolerance to a broader range of ecological and environmental conditions, facilitate the colonisation of new habitats, and increase the potential for invasiveness (te Beest *et al.* 2012; Soltis *et al.* 2014; Van de Peer *et al.* 2021).

Polyploidy can promote sympatric speciation in plants, by acting as a natural reproductive barrier, as offspring from newly formed polyploids and their lower-ploidy progenitor(s) often exhibit unbalanced chromosome numbers, leading to sterility (the so-called *triploid block*; Ramsey and Schemske 1998; Otto and Whitton 2000; Adams and Wendel 2005). Nevertheless, this barrier to interploidy hybridization, it is sometimes leaky (for a review see Salony *et al.* 2025). Thus, the establishment of polyploid species in sympatry likely depends on prezygotic barriers between newly formed polyploids and their diploid progenitor(s), along with shifts from cross- to self-pollination or from sexual to asexual reproduction, which can mitigate cytotype minority exclusion of recently formed polyploids (Van de Peer *et al.* 2017). However, reproductive barriers following WGD may not be complete, particularly in cases where intermediate cytotypes are viable, which could facilitate the backcrossing with parental cytotypes (the so-called *triploid bridge pathway*; Ramsey and Schemske 1998; Husband 2004; Bartolić *et al.* 2025). Such backcrossing events may enable bidirectional gene flow, if the formed fertile interploidy hybrids are capable of

backcrossing with their parentals (Kolář *et al.* 2017; Karbstein *et al.* 2022; Hodač *et al.* 2023; Bartolić *et al.*
2024). Otherwise, unreduced gametes could also mediate unidirectional gene flow from diploids to
tetraploids, thus enabling interploidy gene flow (Leal *et al.* 2024).

Interploidy gene flow between lineages has turned out to characterise the evolution of many polyploid
complexes (Nieto Feliner *et al.* 2020 and references therein), in which species with different ploidy levels
interchange genetic material without apparently altering the chromosome number. Introgression and
polyploidisation, although generally addressed in the literature as separate biological phenomena, are not
mutually exclusive and often coexist in nature (Leal *et al.* 2024). These introgression events allow receptor
species to accumulate new alleles not only through introgression with closely diploid progenitors, but also
from more distantly related diploid or polyploid donor lineages, contributing to genetic diversity and
facilitating adaptive allele emergence (Suarez-Gonzalez *et al.* 2018; Seear *et al.* 2020; Nieto Feliner *et al.*
2020; Schmickl and Yant 2021; Nibau *et al.* 2022). Despite growing recognition of their interplay,
significant gaps remain in our understanding of how interploidy admixture in polyploid complexes shape
evolutionary trajectories. Additionally, as polyploid complexes and introgression often blur phylogenetic
relationships and obscure phenotypic distinctions (along with other factors such as incomplete lineage
sorting, ILS), traditional taxonomic species differentiation can be challenging (Mallet 2007; Soltis *et al.*
2009; Al-Shehbaz 2012; Han *et al.* 2015). This is especially relevant for cryptic and threatened species
because accurate identification assures the correct assessment and implementation of conservation strategies
(Bickford *et al.* 2007; Fišer *et al.* 2018; Hending 2025).

Polyploidisation, introgression, and hybridisation, are common phenomena in several plant families,
including Lamiaceae, and particularly in thyme—genus *Thymus* L. (e.g., Šoštarić *et al.* 2012; Yousefi *et al.*
2015). This genus is notable for its high species diversity (WFO 2025), significant economic value, high
level of endemisms, and ecological importance, as thyme formations represent one of the most characteristic
communities of Mediterranean shrublands (Morales 1986, 2002, 2010). In the Iberian Peninsula, *Thymus*
sect. *Mastichina* presents an excellent model for studying evolutionary patterns driven by polyploidisation
and introgression processes, which could be shaping relationships among their components. The section
includes two closely related species (three taxa), whose populations are sometimes quite challenging to
differentiate morphologically: *Thymus mastichina* (L.) L. and *T. albicans* Hoffmanns. & Link. *Thymus*
mastichina is one of the most widely distributed endemic thyme species in the Iberian Peninsula. This
species is known to hybridise with a large number of taxa with overlapping ranges (Morales 1986, 2010).
Two subspecies have been described within it: *T. mastichina* subsp. *mastichina* (tetraploid), an Iberian
widespread taxon, and *T. mastichina* subsp. *donyanae* (diploid), whose populations are mainly located
within Doñana National and Natural Parks, in SW Spain (Morales 2010). The other species is *T. albicans*
(diploid), found along the southwestern coast of the Iberian Peninsula across habitats highly threatened by
coastal urban development (Valdés Castrillón *et al.* 1999). Taxonomists have differentiated these three taxa
using morphological traits, mainly based on inflorescence diameter and calyx length (Morales 1986, 2002).
However, this group exhibits a high degree of phenotypic variation, at both morphological (Morales 2010;

Méndez-Tovar *et al.* 2015) and chemotypic levels (e.g., Miguel *et al.* 2003; Filipe *et al.* 2017). Therefore,

unravelling the intricate relationships of this polyploid complex—essential for clarifying its taxonomic

status—should be a priority, as it would help guide future conservation strategies (Hending 2025).

As High-Throughput Sequencing (HTS) technologies have become more accessible (Metzker 2010),

population genomics methods have become an essential tool for reconstructing the evolutionary patterns that

shape complex species histories (DePristo *et al.* 2011; Ellegren 2014). Among HTS techniques, genome

skimming and target-enrichment have revolutionised our understanding of plant systematics (Mamanova *et*

al. 2010; Dodsworth 2015; Pezzini *et al.* 2023). Hyb-Seq, which combines these two approaches (Weitemier

et al. 2014; Dodsworth *et al.* 2019), has gained prominence in plant phylogenomics due to its affordability

(reasonable per-sample cost), reproducibility, and replicability, while offering high resolution regardless of

tissue-template quality (Villaverde *et al.* 2018; Brewer *et al.* 2019; Hale *et al.* 2020; Shee *et al.* 2020;

Zuntini *et al.* 2024). While other genomic techniques, such as restriction site-associated DNA sequencing

(RADseq) or genotyping-by-sequencing (GBS), have been used extensively to explore population structure

and genetic diversity (Baird *et al.* 2008; Elshire *et al.* 2011; Peterson *et al.* 2012; Campos *et al.* 2024), the

potential application of Hyb-Seq in population genetics still remains largely underexplored (Baker *et al.*

2021; McDonnell *et al.* 2021; but see Ousmael and Hansen 2024, Woudstra *et al.* 2025, or Viruel *et al.* 2025

for recent applications). However, current computational tools in phylogenomics and population genomics

have been shown to effectively bridge micro- and macroevolutionary levels, using the same Hyb-Seq data,

which can be encoded as either nuclear ortholog sequences or single-nucleotide polymorphism (SNPs; Beck

et al. 2021; Slimp *et al.* 2021; Wenzell *et al.* 2021; Cooper *et al.* 2023; Phang *et al.* 2023; Tiley *et al.* 2024;

Rincón Barrado *et al.* 2024a, 2024b; Balant *et al.* 2025; Pardo Otero *et al.* 2024; Freund *et al.* 2025; Liang *et*

al. 2025; Stefani *et al.* 2025). By combining these analytical methods, insights into genetic connectivity,

introgression, and the microevolutionary patterns of populations can be gained, which can be useful for

identifying populations at risk of inbreeding or loss of adaptive potential and help in conservation and

biodiversity management.

In this study, we aim to understand the evolutionary dynamics and genetic structure underlying the *Thymus*

sect. *Mastichina* polyploid complex, with particular focus on the extent and patterns of interploidy

admixture. To achieve this, we employ Hyb-Seq data in combination with phylogenomics and population

genomics approaches to (i) resolve phylogenetic relationships among taxa in this section, (ii) assess genetic

differentiation and admixture among diploid and tetraploid taxa within the complex, (iii) investigate signals

of gene flow and introgression within and across ploidy levels, including potential pathways leading to

interploidy admixture, and (iv) evaluate the implications of these patterns for taxonomy and conservation of

Thymus sect. *Mastichina* taxa. This integrative framework seeks to clarify processes at the micro-

macroevolutionary frontier shaping species boundaries in the presence of gene flow across ploidy levels in

megadiverse Mediterranean scrubland endemics.

2 | Materials and Methods

2.1 | Study Group and Taxon Sampling

Thymus sect. *Mastichina* comprises two species and three taxa, all endemic to the Iberian Peninsula, differing in their distribution patterns across the region. *Thymus mastichina* subsp. *mastichina*, is a tetraploid taxon (2n = 56, 58, 60) widely distributed throughout the Iberian Peninsula across a variety of habitats such as roadside slopes, abandoned farmlands, pine forests, and mountain scree, growing on loose siliceous substrates but also on calcareous soils. *Thymus mastichina* subsp. *donyanae* is a diploid taxon (2n = 30) mainly located in coastal sandbanks and stabilised dunes within Doñana National and Natural Parks, in SW Spain (Huelva province). *Thymus albicans* is also a diploid taxon (2n = 28, 30) inhabiting stabilised subcostal dunes and coastal pine forests on sandy substrates along the coastline in Cádiz province (Spain) and Algarve (Portugal), SW Iberian Peninsula (Morales 2010). *Thymus albicans* is included in the Spanish national and regional Red Lists (Valdés Castrillón *et al.* 1999; Cabezudo *et al.* 2005), and is as well listed in the International Union for Conservation of Nature (IUCN) Red List (Buira *et al.* 2017).

We sampled a total of 40 populations from May to June 2023 across the Iberian Peninsula (Table 1). Twenty of those populations were the same studied in Girón *et al.* (2012). Individuals of each population were identified following Flora iberica (Morales 2010). Herbarium vouchers of each population were deposited at SEV herbarium (Table 1). Leaves of 8-12 individuals per population were dried in silica gel and stored at room temperature prior to DNA extraction. Additionally, we included three other species of *Thymus* from MA herbarium vouchers as outgroups (*T. carnosus* Boiss., *T. capitellatus* Hoffmanns. & Link and *T. camphoratus* Hoffmanns. & Link).

2.2 | Genome Size and Ploidy Level Assessments

Nuclear DNA amount was assessed from 344 individuals from the 40 studied populations. For these individuals, flow cytometry was performed either on fresh or silica-dried leaf material collected from the same plants used in the genomic workflow, or from seeds originating from those plants. *Lycopersicon esculentum* L. Stupické polní tyčkové rané cultivar (2C = 1.96 pg), and *Raphanus sativus* Saxa cultivar (2C = 1.11 pg) (Doležel *et al.* 1992), provided by the Centre of Plant Structural and Functional Genomics (Institute of Experimental Botany of the Czech Academy of Sciences), were used as internal standard. Leaf tissue of sample as well as internal standard were chopped together with a razor blade in a Petri dish in 1.2 ml of LB01 lysis buffer (Doležel *et al.* 1989), supplemented with Triton X-100 (8%; Girón *et al.* 2012) and 50 μg/ml RNase A, and stained with 50 μg/ml of propidium iodide. The nuclei suspension obtained was filtered through a 30 μm mesh CellTrics disposable filter (Partec GmbH, Munster, Germany), kept on ice for 5–30 min and measured in a flow cytometer CYTOMICS FC500-MP (Beckman Coulter, Fullerton, CA, USA) equipped with a 20 mW Ar-Ion laser at 488 nm. Acquisition was automatically stopped at 20,000 events. The total nuclear DNA content was calculated in each sample by multiplying the DNA content of the

standard by the quotient between the 2C peak positions of the sample and the standard in the histogram of
fluorescence intensities. As *Raphanus sativus* slightly but significantly overestimated genome size compared
with *Lycopersicon esculentum* (t = -6.6302, df = 49; p < 0.01), we applied a correction factor of 0.95 to all
measurements obtained with this standard, based on 50 samples analysed with both standards. Genome size
assessments with both fresh material and dried leaves were highly correlated between the two methods
(Deming Regression Fit, Pearson's r = 0.99; N = 16) and that no significant differences were found between
paired samples analysed with either method (Paired t-test, t = -0.19, df = 15, p = 0.853). Mean 2C values and
standard deviations were calculated for each individual plant and for each population. Ploidy levels were
assigned following Girón *et al.* (2012). Additionally, we estimated ploidy level from allelic ratios inferred
from SNPs called from our genomic sequencing data (see section 2.4.4 below).

2.3 | Molecular Protocols

2.3.1 | DNA Extraction and Genomic Library Preparation

DNA extraction was performed in eight individuals of each population. Between 15 and 20 mg of silica-
dried foliar tissue per specimen was kept at −80ºC for 15 min and then milled with a Mixer Mill MM301
(Retsch Inc., Haan, NRW, Germany). We used the DNeasy Plant Mini Kit (Qiagen, Hilden, NRW,
Germany) and the GeneMATRIX DNA Purification Kit (EURx, Warsaw, Poland) for extraction of total
cellular DNA, following manufacturer's protocols. Precipitated DNA pellets were resuspended in Milli-Q
ultrapure water (Merck KGaA, Darmstadt, HE, Germany). Relative DNA concentration (ng/µL) was
measured with a dsDNA Quantification Assay Kit in a Qubit™ 3.0 fluorometer (ThermoFisher Scientific,
Waltham, MA, USA). DNA extracts were sonicated with an ultrasonicator Bioruptor® Pico (Diagenode
Inc., Liège, Belgium), for 10 cycles with 30" on and 30" off shearing times, to obtain an average fragment
size of ~250 bp. Dual-indexed genomic libraries, for Illumina®, were prepared using the NEBNext®
Ultra™ II DNA Library Prep Kit and the NEBNext® Multiplex Oligos (Dual Index Primers Sets 1 and 2)
from New England Biolabs (Ipswich, MA, USA), at half of the recommended volumes (Hale *et al.* 2020).
Size selection was done with AMPure XP magnetic beads (Agencourt, Beverly, MA, USA) and the indexing
PCR had 10 cycles in total. Concentration of all genomic libraries was checked using the Qubit®
fluorometer, with 10% libraries being profiled for fragment distribution on a 4200 TapeStation System
(Agilent Technologies, Santa Clara, CA, USA) with D5000 ScreenTape assays and reagents. Lastly,
genomic libraries were normalised (10 nM) and pooled (~24 libs/pool). Each pool contained ~1500 ng DNA
for an average fragment size of ~290 bp.

2.3.2 | Hyb-Seq Implementation

Library pools were hybridised with the Angiosperms353 (Johnson *et al.* 2019) expert enrichment panel
(Daicel Arbor Biosciences, Ann Arbor, MI, USA). A day-long hybridisation was carried out in an Applied
Biosystems™ Veriti™ Thermal Cycler (Waltham, MA, USA), with settings 95ºC 5 min, 65ºC 5 min, and

65ºC ∞. The hybridised, biotin-labelled baits were then captured with streptavidin-coated magnetic beads

and further enriched with KAPA HiFi 2X HotStart ReadyMix PCR Kit (Roche, Basel, Switzerland), for 16

cycles, using the i5 and i7 forward and reverse "reamp" primers described in Meyer and Kircher (2010).

Amplified PCR products were cleaned with Agencourt AMPure XP magnetic beads, quantified with a

Qubit® fluorometer, and profiled on a 4200 TapeStation System. The enriched pools were then normalised

and multiplexed, together with the plain genomic libraries, for a full Hyb-Seq implementation (Hale *et al.*

2020; Baker *et al.* 2022). Finally, this multiplexed Hyb-Seq pool (75% enriched library pools + 25% plain

genomic libraries) was sequenced on an Illumina® NovaSeq X System producing 2×150 bp paired end

reads at Macrogen Inc. (Seoul, South Korea).

2.4 | Bioinformatic Analyses

2.4.1 | Data Mining, Target Assembly, and Data Matrix Refinement

Demultiplexed, raw sequencing reads were quality-checked with FastQC 0.12.1 (Andrews 2010) and

MultiQC 1.25 (Ewels *et al.* 2016). Low-quality bases, short reads, and remaining adapters were filtered out

using fastp 0.23.4 (Chen 2023). Nuclear targets and plastid coding DNA sequences (CDSs) were assembled

with HybPiper 2.0.2 (Johnson *et al.* 2016), using the *mega353* target file (McLay *et al.* 2021). Here, we

designed an ad hoc plastid CDS target file from the plastome of eight *Thymus* species available from an

open access online repository (NCBI 1988). On average, out of ~11M reads/individual, ~1.18M

reads/individual mapped to our 353 intended nuclear targets (i.e., ~10.33% reads on target). Target success

(measured as percentage of reads mapping to target loci in HybPiper) ranged between 4% and 54%, with

~10.5% target success on average. Potential paralogy, checked with HybPiper, was not detected. Low-

coverage ($<\frac{1}{3}$ median) samples and genes, as measured by the max_overlap.R script (see Shee *et al.* 2020),

were removed. Finally, out of 323 individuals initially processed, we retained 304 accessions (301 from

Thymus sect *Mastichina* plus 3 outgroups) and 332 supercontig sequences per accession, comprising both

the exons and their flanking non-coding regions, for subsequent analyses. Detailed statistics from HybPiper

and max_overlap.R can be found as a Zenodo repository (see Data Availability Statement below).

2.4.2 | Multiple Sequence Alignment (MSA) and Filtering

Balanced data matrices were aligned with MAFFT 7.520 (Katoh and Standley 2013), using the E-INS-i

algorithm, and quality checked with AMAS (Borowiec 2016). Resulting MSAs were used to infer

exploratory gene trees with FastTree 2.1.11 (Price *et al.* 2010). TreeShrink 1.2.1 (Mai and Mirarab 2018)

was applied to automate removal of outlier branches from FastTree topologies and their corresponding

MSAs. AMAS was used to select the threshold that maximised the proportion of parsimony-informative

characters (P_{PIC}), while minimising the percent of missing data. Target orthologs with P_{PIC} values $<\frac{1}{3}$ of the

median were excluded. As a result, 301 individuals (298 from *Thymus* sect *Mastichina* plus 3 outgroups) and

329 supercontigs were retained for downstream analysis. Finally, the selected outlier-filtered MSAs were

realigned again with MAFFT and further refined with trimAl 1.4.1 (Capella-Gutierrez *et al.* 2009). AMAS summaries can be found in the Zenodo repository (see Data Availability Statement).

2.4.3 | Gene and Species Tree Inference

Nuclear ML gene trees were estimated with IQ-TREE 2.2.0 (Minh *et al.* 2020). Selection of best-fit model of sequence evolution was done by ModelFinder Plus (Kalyaanamoorthy *et al.* 2017) and support values were calculated (1,000 bootstrap replicates) using both UFBoot2 (Hoang *et al.* 2018) and SH-aLRT (Anisimova *et al.* 2011) algorithms. Unsupported branch bipartitions (BS = 0) across ML gene trees were collapsed (see Mirarab 2019; Simmons and Gatesy 2021) using the Newick utilities 1.6.0 package (Junier and Zdobnov 2010). The species tree was estimated with ASTRAL III 5.7.8 (Zhang *et al.* 2018) under the multispecies coalescent (MSC) framework with branch support estimated as local posterior probabilities (LPP). Finally, the MSC species tree was scaled to present branch lengths in substitutions per site using RAxML-NG 1.2.2 (Kozlov *et al.* 2019). This scaled species tree was visualised using FigTree 1.4.4 (Rambaut 2018). As the plastome represents a canonical coalescent gene (c-gene; Doyle 2022), outlier-filtered, trimmed supercontig MSAs were concatenated using AMAS. Then, a plastid ML tree was inferred using IQ-TREE 2.2.0.

2.4.4 | SNP Calling

All *Thymus* sect. *Mastichina* accessions included in the phylogenomic analyses (298) were initially used for SNP calling, adapting the workflow designed by Slimp *et al.* (2021), with modifications (see Balant *et al.* 2025). Outgroups were excluded as this analysis was intended to examine genetic variation that segregates exclusively within the study populations. The variant detection was carried out with GATK4 4.5.0.0 (McKenna *et al.* 2010), using the longest (most-complete) supercontig sequence (assembled with HybPiper) for each of the 353 targets as a pseudo-genome reference. We opted for a conservative approach at SNP calling, by eliminating multi-allelic variants. A total of 82,137K single nucleotide polymorphisms (SNPs) were initially called. After a robust filtering, the SNP matrix was processed using BCFtools 1.20 (Danecek *et al.* 2021) and VCFtools 0.1.16 (Danecek *et al.* 2011). Linkage disequilibrium was avoided using PLINK 2.0 (Chang *et al.* 2015) with the command *--indep-pairwise* 50 5 0.2. Specifically, the command works within 50 variant sliding windows, by a step of 5 SNPs. Inside these windows, when two SNPs show r² correlation values higher than 0.2, one of them is removed. The final filtered SNP data matrix consisted of 254 individuals and 2,223 unlinked SNPs.

2.4.5 | Ploidy Level Estimation Based on Genomic Allelic Ratios

We estimated the ploidy level from our samples following the workflow designed by Viruel *et al.* (2019, 2023). Briefly, allelic frequencies were estimated with nQuire (Weiß *et al.* 2018). These frequencies were used to calculate allelic ratios and delta log-likelihood values per sample using the dplyr 1.1.4 (Wickham *et al.* 2023) and devEMF 4.5 packages (Johnson 2024) in R 4.3.2 (R Core Team 2022). Ploidy was then

inferred using model-based approaches (Corrêa dos Santos *et al.* 2017), selecting the ploidy level

corresponding to the model with the lowest log-likelihood value. These estimates were compared to our flow

cytometry measurements (see section 2.2 above).

2.4.6 | Population Structure Analyses and Summary Statistics

Using the SNP matrix above, population structure analyses were carried out in ADMIXTURE 1.3.0

(Alexander *et al.* 2009; Alexander and Lange 2011), and the optimal number of clusters was estimated based

on cross-validation (CV) error (metric that reflects the model's predictive accuracy for different values of

K). In parallel, STRUCTURE 2.3.4 (Pritchard *et al.* 2000), as implemented in the ipyrad toolkit 0.9.102

(Eaton and Overcast 2020), was also used to estimate the optimal number of genetic clusters. A range of K

values (2–10) was tested in ten independent runs and the most likely number of clusters was selected by

detecting the highest values of the ΔK statistic (Evanno *et al.* 2005). ADMIXTURE results for each K value

were plotted using the pophelperShiny 2.1.1 R package (Francis 2017). R packages mapmixture 1.2.0

(Jenkins 2024) and ggplot2 (Wickham 2016) were used to obtain pie charts and project them onto a map

obtained from QGIS 3.22 (QGIS.org 2024). Principal Component Analysis (PCA) and Discriminant

Analysis of Principal Components (DAPC) were conducted in R package adegenet 1.3–1 (Jombart and

Ahmed 2011). R packages poppr 2.9.6 (Kamvar *et al.* 2014) and ape 5.0 (Paradis and Schliep 2019) were

also used to visualise the results.

The fixation index (F_{ST}), inbreeding coefficient (F_{IS}), and pairwise identity-by-descent (IBD) were calculated

for each pair of the detected phylogenetic groupings and for each population using PLINK 2.0 (Hudson *et al.*

1992; Bhatia *et al.* 2013; Chang *et al.* 2015). Genetic variability within and among phylogenetic groupings

was tested using analyses of molecular variance (AMOVA) with the poppr 2.9.6 R package. A Mantel test

was performed using the vegan 2.6-8 R package (Oksanen *et al.* 2025), based on Pearson's product-moment

correlation. Nucleotide diversity (π) and Tajima's D (Tajima 1989) were calculated using VCFtools. To

identify private and shared SNPs among the phylogenetic groupings, we used the VennDiagram 1.7.3 R

package (Chen and Boutros 2011). Analyses were performed using a random subsample of 11 individuals

per grouping, corresponding to the sample size of the smallest grouping, in order to standardise grouping

sizes and thus reduce bias in the number of private SNPs detected due to unequal sample size across groups.

2.4.7 | Introgression and Gene Flow Analyses

We reconstructed a Neighbour-Net phylogenetic network with SplitsTree6 (Huson and Bryant 2024) using

both the concatenated gene matrix used for phylogenomic analyses and the filtered SNP matrix. This

analysis allowed us to visualize the potential reticulation events among samples. Additionally, an ABBA-

BABA test was performed among all genetic groupings using Dsuite 0.5 r58, following Malinsky *et al.*

(2021), which relies on Patterson's D statistic to estimate the genome-wide excess of shared derived alleles

between two given groupings, in order to test for introgression events.

To further evaluate the presence of interploidy gene flow and to quantify its directionality, we applied

fastsimcoal 2.8 (Excoffier *et al.* 2021), using Site Frequency Spectrum (SFS) files and the easySFS software

(Gutenkunst *et al.* 2009). We compared four scenarios: (1) no gene flow (NOGF), (2) unidirectional gene

flow from tetraploids to diploids (MIG21), or (3) from diploids to tetraploids (MIG12), and (4) bidirectional

gene flow (MIGBI). We performed 50 runs, estimating parameters using ECM optimization cycles and

coalescent simulations. The best-fitting model was selected based on the lowest median AIC value and

verified using likelihood distributions. Finally, we used block-bootstrapping with 100 replicates to calculate

confidence intervals for the parameter estimates, ensuring the reliability of our findings (Canty and Ripley

2024).

3 | Results

3.1. | Genome Size Measurements

DNA content estimated by flow cytometry revealed mean 2C values ranging from 1.32 to 3.07 pg (mean ±

SD) in each analysed individual (Table S1). Mean 2C values in populations sampled by Girón *et al.* (2012)

were on average 6% lower than those obtained in our study (Table 1), although those differences were low

in terms of DNA amount (mean = 0.1 pg). Mean 2C values from sampled individuals exhibited a bimodal

distribution: samples ranging from 1.32 to 1.84 pg were considered diploid, while those with mean 2C

values from 2.31 to 3.07 pg were considered as tetraploid (Table S1), following Girón *et al.* (2012).

3.2 | Phylogenomic Relationships in *Thymus* sect. *Mastichina*

The resulting species tree (Figures 1a and 2) presented *Thymus* sect. *Mastichina* divided into two

phylogenetic groups (LPP = 0.78), respectively corresponding to diploid and tetraploid accessions.

Following Morales (2010), the diploid group was composed of accessions identified as either *T. albicans* or

T. mastichina subsp. *donyanae,* as well as accessions identified as *T. mastichina* subsp. *mastichina* in some

populations (Table 1). The tetraploid group was composed of accessions identified as *T. mastichina* subsp.

mastichina, distributed throughout the Iberian Peninsula, but with high variability in calyx length among and

within individuals, also fitting the descriptions *T. mastichina* subsp. *donyanae* and *T. albicans* in relation to

calyx length. The diploid group revealed two sister subgroups (LPP = 0.83). On one hand, the Hercynian

subgroup, composed of diploid individuals phenotypically fitting *T. mastichina* subsp. *mastichina* from two

geographically different areas—Serra da Estrela Natural Park (central Portugal; LPP = 0.98) and Córdoba (S

Spain; LPP = 1)—and, on the other hand, the rest of the diploid populations, all of them located in SW

Iberian Peninsula, that were further subdivided into three weakly-supported (LPP < 0.6), albeit

geographically-structured subgroups (Figure 1a). The Algarve subgroup included individuals from the

Algarve region (S Portugal), with phenotype fitting with *T. albicans*. The Doñana subgroup was mainly

composed of individuals from Doñana National and Natural Parks (Huelva province, Andalusia, S Spain),

with phenotype corresponding to *T. mastichina* subsp. *donyanae*, as well as nearby populations, some of

which presented intermediate characters between *T. mastichina* subsp. *donyanae* and *T. albicans* while the

westernmost populations of this group fitted with *T. mastichina* subsp *mastichina* (Table 1). Finally, the

Cádiz subgroup mostly consisted of individuals from Cádiz province (Andalusia, S Spain) (Table S1). The

plastome tree, based on 72 plastid CDSs showed a mixed distribution of individuals, with no clear groupings

(Figure S1).

3.3 | Ploidy Level Estimates from Allelic Ratios

Estimated allelic ratios per individual (Figure S2) ranged between 1 and 5.5, with median values from 1.24

to 2.67, in the diploid group, and from 1.77 to 3.04, in the tetraploid group. Model approaches classified the

median allelic ratios per individual (Figure S2) into three levels: (a) low (1.24–1.80), (b) medium (1.70–

2.25), and (c) high (1.80–3.04). These three allelic ratio levels fit the three ploidy models for which the

nQuire pipeline specifically tests: diploid, triploid, and tetraploid, respectively. The tree categories were

found in the diploid group and the two latter in the tetraploid group (Figure 1b). 2C DNA content (see

section 3.1.) significantly differed among the three putative ploidy level estimates inferred from allelic ratio

values (Kruskal-Wallis χ^2 =84.47, df = 2, p < 0.001), although these differences were non-significant when

considering only the diploid group (Kruskal-Wallis χ^2 = 3.63, df = 2, F = 0.945, p = 0.163). Interestingly, the

percentage of admixture of the tetraploid group into the diploid subgroups was significantly correlated with

the mean allelic ratio per individual (Spearman rank correlation, $\square$ = 0.742; S = 226265, p < 0.001).

3.4 | Phylogeographic Structure and Interploidy Admixture

The genetic structure of all sampled individuals is presented in Figure 1b. Optimal and suboptimal number

of population structure groupings ranged between two and five, using the CV-error method, while the ΔK

value supported that the optimal number of clusters was five (Figure S3). Population structure analysis for K

= 2 distinguished tetraploid and diploid individuals into two distinct genetic groups. For K = 3 and K = 4,

the tetraploid samples remained assigned to the same genetic group, and diploid samples were split into two

and three genetic groupings, respectively. The likeliest five-cluster scheme (K = 5) was consistent with the

phylogenetic groupings described above: the tetraploid *T. mastichina* group; and the diploid group,

composed of the same four genetic subgroups (Algarve, Cádiz, Doñana, and Hercynian) observed in the

phylogeny (Figure 1a,b), showing a distinct geographic pattern (Figure 1c,d). Interploidy admixture was

observed across all K-schemes, with 78% of populations showing evidence of it in at least some individuals

for K = 5 (Figure 1b).

The first five principal components of the PCA accounted for 94% of the variance and jointly supported the

population structure for K = 5 (Figure 3a). Clustering analysis with DAPC (Figure 3b) was also coherent

with the aforementioned five-cluster pattern, and largely consistent with the PCA. The two first linear

discriminants (LD) of the DAPC explained >95% of cumulative variance. LD1 clearly separated tetraploid

vs. diploid samples. LD1 and LD2 separated the four diploid subgroups.

Pairwise fixation indexes (F_{ST}) indicated a moderate differentiation among the five identified genetic
groupings ($0.036 \leq F_{ST} \leq 0.101$; Figure 3c), with the Hercynian subgroup showing the highest mean F_{ST},
when compared with other subgroups ($0.071 \leq F_{ST} \leq 0.101$). In contrast, the Doñana subgroup showed the
lowest FST ($0.036 \leq F_{ST} \leq 0.071$; Figure 3c). When comparing populations, the lowest F_{ST} index values were
found within the tetraploid group and the diploid Doñana subgroup (Figure S4). The AMOVA test (Table
S2) showed significant genetic structure in the four tested scenarios (K2-K5). The K2 clustering exhibited
the highest levels of genetic variance among groups (28%; $p < 0.001$), followed by K3 and K5 (both 25%; p
< 0.001).

The Mantel test showed a significant isolation-by-distance pattern among populations within the diploid
genetic group ($r = 0.83$; $p = 0.001$), but no geographical isolation was detected among the more
geographically spread populations of the tetraploid group ($p = 0.161$). This significant isolation-by-distance
pattern was maintained when considering only the three diploid subgroups (Algarve, Doñana, and Cádiz)
restricted to the SW Iberian Peninsula ($r = 0.75$; $p = 0.001$).

3.5 | Genetic Diversity

Genetic diversity was analysed using different indicators. The mean inbreeding coefficient (F_{IS}) per genetic
grouping (Figure S5 and Table S3) ranged between -0.278 and 0.222. Tetraploid *T. mastichina* individuals
showed the lowest mean inbreeding values ($F_{IS} = -0.278$), while diploid individuals showed in general
higher inbreeding values ($0.003 \leq F_{IS} \leq 0.222$), especially the Hercynian subgroup (Table S3). The highest
mean proportion of identical-by-descent (IBD) alleles was found in the tetraploid *T. mastichina* group (IBD
$= 0.223$), while the lowest values were found in the diploid Cádiz subgroup (IBD $= 0.055$; Table S3). The
nucleotide diversity (π) index showed, in general, low values ($0.0012 \leq \pi \leq 0.0025$; Figure 4a, Table S4);
tetraploid populations had the highest mean π values ($0.0015 < \pi < 0.0025$; Figure 4a, Table S4). Tajima's D
values (Figure 4b, Table S4), ranged between -0.667 and 0.440, negative mean values were found in all
populations within the Doñana subgroup (Figure 4b, Table S4). Private and shared SNPs in a balanced
random subsample of analysed individuals showed a skewed pattern of SNP distribution among genetic
groupings (Figure 5). On one hand, the tetraploid *T. mastichina* group shared more than 50% of the analysed
SNPs with all the diploid subgroups (Figure 5). On the other, 44 private SNPs (2%) were detected in the
tetraploid *T. mastichina* group, while in the diploid subgroups the number of private SNPs was much lower
(3–11 SNPs/subgroup). The number of shared SNPs among groups and subgroups was also variable (Figure
5). The highest value of shared SNPs corresponded to the tetraploid group and the diploid group minus the
Hercynian subgroup (172 SNPs; 8%), the second highest value was found for the tetraploid group and the
diploid group excluding Cádiz subgroup (95 SNPs; 4%).

3. 6 | Reticulation, Introgression and Gene Flow Directionality

The Neighbour-Net phylogenetic network analysis provided a detailed view of the reticulations among the studied samples (Figure S6). Overall, the genetic structure of tetraploid and diploid groups was well defined; however, a dense reticulate core was observed in both networks for the concatenated supercontigs and SNP datasets. A high level of phylogenetic conflict was particularly evident among the diploid samples. Additionally, several reticulate connections were detected between the tetraploid clade and multiple diploid groups, especially the Doñana and Hercynian subgroups, as well as with the central core of the network.

The ABBA-BABA test provided evidence of introgression between the tetraploid *T. mastichina* group and the diploid Hercynian subgroup (Z□score > 5.04; p < 0.0001; Figure 6 and Table S5), also supported by the high values of f4-ratio (Table S5) and F-branch statistic, which had a value of 1. A lower but significant introgression was also detected between the tetraploid *T. mastichina* group and the Doñana (Z-score = 2.76; p < 0.005) and Cádiz (Z-score = 2.349, p = 0.019) subgroups. Additionally, the diploid Algarve and Hercynian subgroups also showed significant introgression levels (Figure 6; Table S5).

Coalescent simulations also detected interploidy gene flow in all tested scenarios (Figure 7, Table S6). Bidirectional gene flow was the best model for gene flow between tetraploids and the Algarve, Cádiz, and Doñana diploid subgroups, whereas unidirectional gene flow was the most plausible model from tetraploids to the Hercynian diploid subgroup. In all scenarios, overall migration intensity was consistently higher from tetraploids to diploids.

4 | Discussion

Our integrative analysis uncovers a complex evolutionary history in *Thymus* sect. *Mastichina*, with a clear diploid–tetraploid split and fine-scale phylogeographic structure among diploid populations, with four geographically defined diploid subgroups consistently recovered (Figures 1–3). Yet, plastid–nuclear discordance (Figures 1 and S1), allelic ratio variation (Figure S2), and evidence of gene flow—including interploidy introgression (Figures 6-7)—reveal dynamic and complex evolutionary processes. These patterns highlight ongoing diversification in this Iberian polyploid complex.

4.1 | Ploidy Differentiation and Origin

Flow cytometry revealed a bimodal 2C DNA content in *Thymus* sect. *Mastichina*, matching diploid and tetraploid individuals (Girón *et al*., 2012). In parallel, the phylogenomic reconstruction confirmed that this section is composed of two sister clades—tetraploids vs. diploids—, the latter with four geographically-restricted subgroups (Algarve, Cádiz, Doñana, and Hercynian; Figures 1a and 2). SNP-based clustering methods (ADMIXTURE, PCA, DAPC) also supported this structure (Figures 1b and 3) and so did the Phylogenetic Neighbour-Net network (Figure S6). All tetraploids showed traits of *T. mastichina* subsp. *mastichina* (*sensu* Morales 2010), while diploids encompassed all section morphospecies: *T. mastichina*

subsp. *mastichina* (in Hercynian and Doñana subgroups), *T. mastichina* subsp. *donyanae* (in Doñana), and *T.*
albicans (in Algarve, Cádiz, and Doñana). Girón *et al.* (2012) also found diploids matching *T. mastichina*
subsp. *mastichina* in Serra da Estrela (Hercynian) and Huelva (Doñana). Thus, the current taxonomy does
not reflect the evolutionary history of the section.

Morales (1986) proposed that the tetraploid taxon originated from diploid progenitors in SW Iberian
Peninsula and later colonised the entire peninsula, adapting to continental climates during Pleistocene cold
phases. However, our results do not support this hypothesis. Additionally, he was unaware of *mastichina*-
like diploid individuals in the Hercynian region (Morales, R., pers. com.). Our data reveal that most
tetraploids share a percentage of genetic ancestry with the Hercynian diploids. Yet, Hercynian ancestry is
not dominant, and *T. mastichina* appears as a genetically distinct lineage, not as a mixture. For that reason,
we cannot establish a reliable hypothesis regarding the role of Hercynian diploids in the origin of the
tetraploid group. The observed genetic pattern in the tetraploid group could reflect autopolyploidy from an
extinct (ghost) diploid, followed by interploidy admixture (see Leal *et al.* 2024). Alternatively, an
allopolyploid origin via hybridisation between extant Hercynian diploids and an unknown extant or ghost
progenitor (Luo *et al.* 2017), followed by WGD and subgenome dominance could also be plausible (Bird *et*
al. 2018; Liu *et al.* 2025). Further evidence, especially on potential diploid progenitors from other sections,
is required to assess a putative allopolyploid origin of the tetraploid *T. mastichina*.

Polyploid species may exhibit higher allelic mutation rates across their multiple genomic complements,
leading over time to greater genetic variation and, consequently, higher genetic diversity than diploids
(Segarra-Moragues and Catalán 2003; Segarra-Moragues *et al.* 2004; Clo 2022; Campos *et al.* 2024). This
enhanced variation may confer broader ecological tolerance, enabling polyploids to colonise new habitats
more readily than diploids (Stebbins 1985; te Beest *et al.* 2012), and promoting diversification (Meudt *et al.*
2021). In *Thymus* sect. *Mastichina*, the widespread tetraploid *T. mastichina* group shows higher nucleotide
diversity (π) than the geographically restricted diploid subgroups. Additionally, no isolation-by-distance
pattern is detected in the tetraploid group, likely reflecting higher gene flow and connectivity among its
populations. This is also suggested by the low F_{ST} and F_{IS} values in these populations, although we are aware
that our study system does not meet all Hardy-Weinberg equilibrium assumptions (e.g., diploid populations
and neutral genetic variation in all loci) and this could bias these estimates (Baudry and Depaulis 2003;
McTavish and Hillis 2015; Liang and Dutheil 2025). Also, homeologous regions from ancient duplications
may cause apparent excess heterozygosity and confound interpretations of variation and structure
(Hohenlohe *et al.* 2010), our analyses are based on SNPs coming from nuclear orthologs (exons and their
flanking regions), minimising such effects and ensuring more accurate estimates (Balant *et al.* 2025).
Alternatively, the reduced differentiation among distant tetraploid populations may reflect rapid range
expansion after their emergence, likely due to a greater adaptive potential (Ehrendorfer 1980; Hull□Sanders
et al. 2009; Treier *et al.* 2009; te Beest *et al.* 2012; Kiedrzyński *et al.* 2021). A plausible scenario involves
diploid range contraction and habitat fragmentation (presumably *Quercus* forests; Valdés Castrillón *et al.*

1999), while tetraploids expanded their distribution by invading new habitats, as has been proposed for
polyploids (Lumaret 1988; Kiedrzyński *et al.* 2021).

4.2 | Diploid Lineage Structure and Phylogeographic Patterns

The phylogeographic structure observed in diploid populations of *Thymus* sect. *Mastichina* likely reflects a
complex history of colonisation and diversification tied to the geological evolution of the Iberian Peninsula.
The Hercynian subgroup, comprising two populations in the ancient Iberian Massif (Eguíluz *et al.* 2000),
consistently appears as sister to the other diploid subgroups in both the phylogenomic tree and
ADMIXTURE analyses (Figure 1). This group may represent a relict lineage that originated and persisted in
geologically stable environments. Their higher F_{IS} and F_{ST} values point to low connectivity between
populations and a marked population differentiation (Young *et al.* 1996; Charlesworth 2003). The absence
of *Thymus* sect. *Mastichina* representatives in North Africa, despite floristic similarity across the Strait of
Gibraltar (Rodríguez-Sánchez *et al.* 2008), supports its origin postdating the strait's formation (~5.3 Mya;
Krijgsman *et al.* 1999). In fact, divergence time estimates for *Thymus* suggest a relatively recent origin at the
Plio-Pleistocene boundary (~2.58 Mya; Drew and Sytsma 2012). If *Thymus* section *Mastichina* originated
somewhere in the Iberian Massif, a colonisation of the Algarve (a Mesozoic basin later restructured by the
Alpine Orogeny; Ramos *et al.* 2020) by the most recent common ancestor (MRCA) of all diploid lineages, is
plausible. Another likely migration could have occurred southward into the Cádiz lowlands, southwest of the
Betic Mountains, formed in Alpine Orogeny (Vergés *et al.* 2019). In both cases, this southward dispersal
into more meridional latitudes is a well-documented biogeographical pattern in plant lineages, linked to
glacial–interglacial dynamics. In fact, Algarve and Cádiz are recognised as putative Western Mediterranean
refugia (Gómez and Lunt 2007; Médail and Diadema 2009).

In contrast, the Doñana region, between Algarve and Cádiz, is geomorphologically younger. Its current
landscape was shaped by Guadalquivir River sediments and sea-level rise (Rodríguez-Ramírez *et al.* 2019)
with stabilization during the Holocene (Rodríguez Vidal 2005; Morales-Molino *et al.* 2011), making it one
of the last regions within the current distribution of *Thymus* sect. *Mastichina* to become ecologically
available. Negative Tajima's D values in several Doñana populations may indicate a post-bottleneck
expansion. The phylogenetic proximity with the Cádiz subgroup could point to a recent colonisation of
Doñana's sand dunes by the MRCA of these sister subgroups. However, the low branch support in our
phylogeny limits inference on the colonisation source after Doñana dune formation. Overall, genomic and
geological evidence suggests a scenario in which the diploid group originated inland (Iberian Massif) and
expanded southwards to Algarve and Cádiz refugia and, more recently, to Doñana. Future work estimating
divergence times and diversification rates will help test and refine this hypothesis.

Populations of the three diploid subgroups in SW Iberian Peninsula (Algarve, Cádiz, and Doñana) show
clear genetic differentiation and significant west-east isolation-by-distance pattern, despite their adjacent
distribution. Besides their colonization history, geographic features like the Guadiana and Guadalquivir

riverbeds, between Algarve-Doñana and Doñana-Cádiz, respectively, could be acting as barriers to gene

flow (see Ortiz *et al.* 2008). The absence of significant introgression among these adjacent groups (Table

S5) aligns with their low gene flow. Also, the high inbreeding levels (Table S3), especially in the Cádiz

subgroup, could indicate low functional connectivity among populations (Young *et al.* 1996; Charlesworth

2003). Interestingly, a population of the Doñana subgroup (Pinar Algaida) is currently located on the eastern

margin of the Guadalquivir estuary (Cádiz province). However, its location likely reflects local coastal

dynamics, not cross□riverbed dispersal. Around 6.5 Kya, a marine transgression (peaking at current sea

level) filled the estuary with sediments, reshaping the shoreline into sandy barriers and marshes. Then, ~5

Kya, an accelerated shoreline progradation built a promontory connecting the western margin of the ancient

estuary. Later erosional pulses (e.g., storms, tsunamis) isolated this promontory as a small island and

sculpted it into present-day Algaida, nowadays on the eastern estuary bank (Rodríguez-Ramírez 2008).

4.3 | Reticulate Evolution, Admixture and Gene Flow

We found patterns among diploid and tetraploid lineages that point to a complex evolutionary history on

Thymus sect. *Mastichina*. The observed shared heterozygosity in ADMIXTURE analysis (Figure 1b) and the

evidence of reticulate evolution observed in Neighbour-Net networks (Figure S6). Such a structure is

consistent with ILS following recent or rapid divergence events, especially among diploid lineages.

Additionally, signals of interploidy gene flow between diploid and tetraploid lineages of *Thymus* sect.

Mastichina provide evidence for secondary contact between ploidy levels throughout the evolutionary

history of the group. ABBA-BABA tests identified significant introgression from tetraploid *T. mastichina*

into several diploid subgroups—especially the Hercynian, but also Doñana and Cádiz (Figure 6).

Coalescent-based analyses (Figure 7) also detected consistent patterns of interploidy gene flow across ploidy

levels in all diploid subgroups. Although bidirectional gene flow emerged as the best-supported model

between tetraploids and most diploid groups, the overall intensity of gene flow was consistently higher from

tetraploids to diploids, pointing to asymmetric interploidy dynamics. This pattern is further supported by

allele frequency distributions (Figure S2), allele-ratio-based ploidy inference, SNP-based ancestry

proportions (Figures 1 and 3), and the Neighbour-Net network (Figure S6). Altogether, these results suggest

recurrent and geographically widespread gene flow between ploidy levels, particularly in contact zones.

The clear bimodal distribution of 2C DNA content in *Thymus* sect. *Mastichina* supports a diploid–tetraploid

distinction, yet our allele-ratio-based ploidy model also identifies triploid and tetraploid profiles within the

diploid cytometric group. This mismatch suggests that this approach (Viruel *et al.* 2019, 2023), relying on

nQuire (Weiß *et al.* 2018) and ploidyNGS (Corrêa dos Santos *et al.* 2017), may not be fully reliable in

polyploid complexes with known or suspected interploidy admixture, as no 2C DNA content differences

were found among inferred ploidy categories. Other allele-ratio-based models, such as gbs2ploidy (Gompert

and Mock 2017), nQuack (Gaynor *et al.* 2024), or vcf2ploidy (DeWaters 2020), could face similar

limitations. However, it is important to note that these models are not fully equivalent to nQuire, as they rely

on different mathematical assumptions, and their performance would need to be tested empirically to assess

how they behave in cases of interploidy admixture. Rather than reflecting current ploidy levels, the triploid
and tetraploid categories inferred by the Viruel *et al.* (2019, 2023) workflow may reflect past or ongoing
introgression (Nieto Feliner *et al.* 2020; Wang *et al.* 2023; Brown *et al.* 2024), with the fixation of homeolog
loci from tetraploid genomes into diploid lineages. This hypothesis is further supported by significant
correlations between the frequency assignment of diploidy to the tetraploid genetic group and allele ratios,
and by introgression signals detected through the ABBA-BABA test, which revealed gene flow between
tetraploid *T. mastichina* and the diploid Cádiz, Doñana, and Hercynian subgroups. The observed pattern
could suggest not only recent but also ancient episodes of introgression, potentially dating back to periods
soon after the tetraploid emergence.

Historical gene flow is likely in contact zones where diploids and tetraploids have long coexisted, enabling
hybridisation and backcrossing. Over time, introgressed alleles may become fixed in recipient genomes,
leaving persistent genomic signatures that may not necessarily reflect active gene exchange (Soltis and
Soltis 2009; Nieto Feliner *et al.* 2020; Stull *et al.* 2023). This could explain interploidy admixture in isolated
diploid populations such as Serra da Estrela (Hercynian subgroup). In contact zones of diploid and tetraploid
populations, ongoing low-level gene exchange, possibly mediated by triploid bridges, could be plausible.
Our coalescent-based demographic analyses, indicating gene flow mainly from tetraploids into diploids, also
support this hypothesis. While the extent of recent interploid admixture remains uncertain, our results
suggest that historical hybridisation and subsequent backcrossing have left a lasting imprint on the genomic
architecture of several diploid populations (e.g., North Cartaya, Villamanrique, Serra da Estrela). Diploid
individuals with traits from different morphospecies further suggest repeated interploid admixture and
complex introgressed genotypes. These patterns align with reticulate evolution, where diploid–tetraploid
barriers are porous under certain spatial-ecological conditions (Kauai *et al.* 2024; Bartolić *et al.* 2024, 2025).
Introgressed alleles from tetraploids may be fixed or remain at intermediate frequencies in diploids,
increasing heterogeneity and blurring taxon boundaries. The overall genomic cohesion of tetraploid *T.*
mastichina may suggest limited recent diploid introgression, also detected by the coalescent-based
demographic modelling, supporting asymmetrical, context-dependent interploid admixture mediated by
population density, ecological compatibility, and hybrid fertility (Vallejo☐Marín *et al.* 2016; Kauai *et al.*
2024; Leal *et al.* 2024; Bartolić *et al.* 2024, 2025).

4. 4 | Evolutionary and Conservation Implications

Our results offer valuable insights and serve as a guiding example for the conservation of taxonomically
complex or cryptic species (Bickford *et al.* 2007; Fišer *et al*. 2018; Hending 2025), where morphology alone
proves inadequate (e.g., phenotypic plasticity; Matesanz *et al.* 2010). In *Thymus albicans* s.l. (referring to all
diploids in *Thymus* sect. *Mastichina*), morphospecies poorly reflect underlying biological lineages. We
recommend flow cytometry in conservation assessments to identify and monitor cytotypes and genetic
structure (Heslop-Harrison *et al.* 2023). This rapid, cost-effective method can be easily integrated into
routine prospections of new populations for conservation purposes. Given growing threats from tourism,

coastal development, and land-use change (Valdés Castrillón *et al.* 1999; Cabezudo *et al.* 2005; Morales

2010), conservation should prioritise the four genetic subgroups identified within *T. albicans* as distinct

units, as each lineage preserves the species' genetic and ecological legacy.

Low genetic diversity, high inbreeding, and isolation—especially in Hercynian and Cádiz populations—

suggest reduced gene flow and potential reproductive barriers, which may compromise long-term population

viability (Young *et al.* 1996; Charlesworth 2003; Campos *et al.* 2024). This is especially relevant in

gynodioecious species like the endangered *T. albicans*, where the effects of such cross-fertilisation barriers

may be exacerbated in populations with female-biased sex ratios, as observed in many *Thymus* species

(Karbstein *et al.* 2019) and also many of the studied populations (Berjano, pers. obs.). Future conservation-

oriented analyses should incorporate additional variables, such as ecological features, population threat

levels, and protection status, to provide more specific management recommendations.

5 | Conclusions

Our integrative genomic approach confirms that *Thymus* sect. *Mastichina* comprises two sister groups with

distinct ploidy levels. The tetraploid *T. mastichina* likely arose from related diploids, and shows no genetic

structuring, consistent with recent expansion. In contrast, diploid populations exhibit complex structuration

shaped by historical geomorphology, isolation, ILS and occasional interploidy introgression. Despite genetic

divergence, phenotypic overlap and signs of reticulate evolution challenge current taxonomy, revealing

cryptic diversity and underscoring the need for an integrative taxonomic framework combining

morphological, cytogenetic, genomic, and geographic data. We advocate a taxonomic re-evaluation using

multi-source evidence and emphasise the urgent conservation of the distinct diploid lineages of the

endangered *T. albicans* s.l.—including not only the '*albicans*' morphotype (Algarve, Cádiz) but also the

'*mastichina*' and '*donyanae*' diploid morphotypes of the Hercynian and Doñana subgroups—, which

represent unique evolutionary trajectories and may harbour critical adaptive potential. Future work should

expand flow cytometry sampling across the Hercynian range and reassess morphological distinctions

between diploid and tetraploid '*mastichina*' morphotypes and select the most relevant populations for the

effective conservation of the lineages. Additionally, estimates of divergence times, diversification rates, and

phylogenetic networks are needed to fully resolve the evolutionary history of these ecologically and

economically valuable Iberian taxa.

Author Contributions

R.B., D.N., and M.d.l.E. conceived the project, designed the methodological approach, and secured funding.

DD, R.B., J.C.d.V., M.A.O., D.N.L., and F.J.G.-C. carried out the field work. L.P. designed the molecular

and computational workflows, assisted by R.B. M.A.O., and F.J.G.-C. R. B., D.D, J.C.d.V., F.J.G-C., and

L.P., conducted molecular work. R. B., D.D, J.C.d.V., F.J.G-C and M.A.O conducted flow cytometry

analyses. F.J.G.-C., R.B., M.A.O. and L.P. analysed the data. R.B. and L.P. supervised the study. F.J.G.-C.,

R.B, L.P., and M.A.O. drafted the manuscript. All authors reviewed and edited subsequent versions and
approved of the final one.

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Conflicts of Interest

657 The authors declare no conflicts of interest.

Data Availability Statement

The raw Hyb-Seq data are available on NCBI Sequence Read Archive (SRA) under BioProject
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 Tables and Figures

 TABLE 1. Voucher information for studied populations, including identification according to Flora Iberica (currently recognised morphospecies), location,
 geographic coordinates, DNA content, ploidy-level estimation, and herbarium voucher numbers. Asterisks (*) indicate phenotypic variability in calyx length, both
 among and within individuals, which hinders reliable identification based on this character alone (*sensu* Morales *et al.* 2010).

Species	Population ID	Population abbreviation	Locality	Lat	Long	C DNA (pg)	Ploidy	Herbarium voucher #
Thymus albicans	A01	PUERTO REAL	Spain. Cádiz, Puerto Real. Dehesa de las Yeguas.	36.556	-6.135	1.59 ± 0.01 (8)	2x	SEV290208
Thymus albicans	A02	LA BARROSA	Spain. Cádiz, la Barrosa Suburban Park.	36.363	-6.170	1.60 ± 0.04 (9)	2x	SEV290209
Thymus albicans	A03	ROCHE	Spain. Cádiz, Conil de la Frontera. ZEC Pinar de Roche.	36.316	-6.133	1.63 ± 0.02 (10)	2x	SEV290210
*Thymus albicans**	A04, D03	LA JUNCOSILLA	Spain. Sevilla, Villamanrique. La Juncosilla. Doñana Natural Park.	37.192	-6.329	1.54 ± 0.02 (15)	2x	SEV290225
Thymus albicans	A05	FARO	Portugal. Algarve, Faro. Ria Formosa Natural Park.	37.028	-7.977	1.60 ± 0.02 (9)	2x	SEV290212
Thymus albicans	A06	VILLARRASA	Spain. Huelva, Villarrasa. Dehesa del Duque.	37.356	-6.604	1.50 ± 0.01 (5)	2x	SEV290213
Thymus albicans	A07	BONARES	Spain. Huelva, Bonares.	37.259	-6.725	1.52 ± 0.01 (10)	2x	SEV290214
*Thymus albicans**	A08	PINAR ALGAIDA	Spain. Doñana Natural Park. Pinar de la Algaida.	36.855	-6.308	1.53 ± 0.01 (11)	2x	SEV290215
Thymus albicans	A09	QUARTEIRA	Portugal. Algarve, Quarteira. Vale do Lobo.	37.062	-8.080	1.54 ± 0.03 (8)	2x	SEV290216
Thymus albicans	A10	VALE DO GARRAO	Portugal. Algarve, Almancil. Vale do Garrao. Ria Formosa Natural Park.	37.044	-8.038	1.55 ± 0.04 (7)	2x	SEV290217
Thymus albicans	A11	NIEBLA	Spain. Huelva, Niebla. Rabo Conejo.	37.489	-6.719	1.55 ± 0.02 (11)	2x	SEV290218

Species	Population ID	Population abbreviation	Locality	Lat	Long	C DNA (pg)	Ploidy	Herbarium voucher #
Thymus albicans	A12	LAS LOMAS	Spain. Cádiz, Vejer de la Frontera. Las Lomas.	36.299	-5.909	1.54 ± 0.05 (8)	2x	SEV290219
Thymus albicans	A13	EL SOTO	Spain. Cádiz, Vejer de la Frontera. El Soto.	36.242	-5.929	1.6 ± 0.02 (9)	2x	SEV290220
Thymus albicans	A14	CHICLANA	Spain. Cádiz, Chiclana. Pinar del Hierro.	36.388	-6.122	1.57 ± 0.02 (8)	2x	SEV290221
*Thymus albicans**	A15	VILLAMANRIQUE	Spain. Sevilla. Villamanrique de la Condesa. Doñana Natural Park. Dehesa de Gato.	37.192	-6.329	1.61 ± 0.03 (6)	2x	SEV290222
*Thymus mastichina subsp. donyanae**	D01	ALMONTE	Spain. Huelva, Almonte. El Porretal. ZEC Doñana North and West.	37.167	-6.497	1.50 ± 0.02 (9)	2x	SEV290223
*Thymus mastichina subsp. donyanae**	D02	HINOJOS	Spain. Huelva, Hinojos. ZEC Doñana North and West.	37.287	-6.446	1.51 ± 0.01 (10)	2x	SEV290224
*Thymus mastichina subsp. donyanae**	D04	PINHEROS DO MARIM	Portugal. Algarve, Quelfes. Pinheiros do Marim. Ria Formosa Natural Park.	37.034	-7.818	1.44 ± 0.02 (9)	2x	SEV290226
*Thymus mastichina subsp. donyanae**	D05	ABALARIO	Spain. Huelva, Abalario. Doñana Natural Park.	37.072	-6.651	1.51 ± 0.02 (8)	2x	SEV290227
*Thymus mastichina subsp. donyanae**	D06	RIBETEHILOS	Spain. Huelva, Ribetehilos. Doñana Natural Park.	37.150	-6.643	1.51 ± 0.01 (10)	2x	SEV290228
*Thymus mastichina subsp. donyanae**	D07	CORRAL LIEBRE	Spain. Huelva, Corral de la Liebre. Doñana National Park.	36.908	-6.414	1.47 ± 0.02 (9)	2x	SEV290229
*Thymus mastichina subsp. donyanae**	D08	CORRALILLO OSCURO	Spain. Huelva. Corralillo Oscuro. Doñana National Park.	36.987	-6.414	1.51 ± 0.01 (8)	2x	SEV290230
*Thymus mastichina subsp. mastichina**	M01	CAZALLA	Spain. Sevilla, Cazalla de la Sierra. Sierra Morena de Sevilla Natural Park.	37.908	-5.802	2.64 ± 0.06 (8)	4x	SEV290231
Thymus mastichina subsp. mastichina	M02	CORDOBA	Spain. Córdoba, El Vacar. ZEC Guadalmellato.	38.100	-4.833	1.58 ± 0.01 (9)	2x	SEV290232

Species	Population ID	Population abbreviation	Locality	Lat	Long	C DNA (pg)	Ploidy	Herbarium voucher #
Thymus mastichina subsp. mastichina	M03	SOUTH CARTAYA	Spain. Huelva, Cartaya. Campo Común de Abajo.	37.238	-7.080	1.56 ± 0.04 (8)	2x	SEV290233
*Thymus mastichina subsp. mastichina**	M04	GILENA	Spain. Sevilla, Gilena.	37.281	-4.901	2.68 ± 0.02 (9)	4x	SEV290234
*Thymus mastichina subsp. mastichina**	M05	GERENA	Spain. Sevilla, Gerena.	37.561	-6.159	2.71 ± 0.03 (11)	4x	SEV290235
*Thymus mastichina subsp. mastichina**	M06	MONTE GORDO	Portugal. Algarve, Monte Gordo.	37.186	-7.488	2.78 ± 0.05 (9)	4x	SEV290236
*Thymus mastichina subsp. mastichina**	M07	MADRID	Spain. Madrid. Hoyos de Manzanares. Cuenca Alta del Manzanares Regional Park.	40.602	-3.917	2.74 ± 0.04 (8)	4x	SEV290237
*Thymus mastichina subsp. mastichina**	M08	VILLALUENGA	Spain. Cádiz, Villaluenga del Rosario. Sierra de Grazalema Natural Park.	36.811	-5.391	2.71 ± 0.07 (9)	4x	SEV290238
*Thymus mastichina subsp. mastichina**	M09	RONDA	Spain. Málaga, Ronda, Pinsapar de la Nava. Sierra de las Nieves Natural Park.	36.665	-5.051	2.86 ± 0.06 (8)	4x	SEV290239
*Thymus mastichina subsp. mastichina**	M10	NORTH CARTAYA	Spain. Huelva, Cartaya. Campo Común de Arriba.	37.330	-7.100	1.55 ± 0.02 (11)	2x	SEV290240
*Thymus mastichina subsp. mastichina**	M11	EL PORTIL	Spain. Huelva, El Portil.	37.203	-7.014	1.57 ± 0.02 (12)	2x	SEV290241
*Thymus mastichina subsp. mastichina**	M12	PAJARONCILLO	Spain. Cuenca, Pajaroncillo.	39.930	-1.726	2.73 ± 0.03 (6)	4x	SEV290242
*Thymus mastichina subsp. mastichina**	M13	SAN CLEMENTE	Spain. Cuenca, San Clemente.	39.338	-2.472	2.84 ± 0.06 (8)	4x	SEV290243
*Thymus mastichina subsp. mastichina**	M14	SERRA DA ESTRELA	Portugal. Guarda, Serra da Estrela Natural Park.	40.379	-7.507	1.49 ± 0.04 (7)	2x	SEV290244

Species	Population ID	Population abbreviation	Locality	Lat	Long	C DNA (pg)	Ploidy	Herbarium voucher #
Thymus mastichina subsp. mastichina*	M15	PONFERRADA	Spain. León, Ponferrada.	42.564	-6.771	2.64 ± 0.04 (6)	4x	SEV290245
Thymus mastichina subsp. mastichina*	M16	TORO	Spain. Zamora, Toro.	41.516	-5.414	2.7 ± 0.06 (7)	4x	SEV290246
Thymus mastichina subsp. mastichina*	M17	CERRO DA CABEÇA	Portugal. Loulé, Cerro da Cabeça Alta.	37.146	-8.108	2.64 ± 0.04 (3)	4x	SEV290492
Thymus mastichina subsp. mastichina*	M18	PARIDERAS	Spain. Albacete, Parideras.	38.582	-2.526	2.52 ± 0.04 (8)	4x	SEV290247
Thymus carnosus	IB0432	OUTGROUP 1	Portugal. Faro. Ria Formosa Natural Park. Praia da Anção.	37.017	-8.017	N/A	N/A	MA887950
Thymus capitellatus	IB0437	OUTGROUP 2	Portugal. Sesimbra. Aldeia do Meco.	38.449	-9.175	N/A	N/A	MA643678
Thymus camphoratus	IB0459	OUTGROUP 3	Portugal. Faro. Vilanova de Milfontes.	37.740	-8.788	N/A	N/A	MA905261

 Figure Captions

 FIGURE 1 | Phylogenomic relationships and population structure of Iberian endemic *Thymus* sect.
 Mastichina individuals. (a) Multispecies coalescent (MSC) tree obtained with ASTRAL-III (branch lengths
 in substitutions per site were scaled with RAxML-NG) for 329 nuclear orthologs. Support values, measured
 as local posterior probabilities (LPPs), under 75% not shown. (b) Population structure inferred with
 ADMIXTURE from 2,223 filtered and unlinked SNPs for the most likely clustering scenarios (K = 5 is the
 optimum; see Figure S2). Columns named "a", "b" and "c" correspond to individual ploidy assignments
 (diploid, triploid and tetraploid, respectively) based on allelic ratio distributions as estimated with nQuire
 (see Figure S5). (c) Spatial distribution of genetic clusters across the Iberian Peninsula for $K = 5$. (d) An
 inset zooming into the SW Iberian Peninsula. Countries are denoted by their 2-digit ISO code.

 FIGURE 2 | Unrooted MSC nuclear tree obtained with ASTRAL-III (branch lengths in substitutions per site
 were scaled with RAxML-NG) for 329 nuclear orthologs, showing the distribution of genetic groupings of
 Thymus sect. *Mastichina*. Colour scheme as in previous figure.

 FIGURE 3 | Graphical representation of a dimensionality reduction technique and a multivariate method for
 254 samples based on 2,223 filtered and unlinked SNPs. (a) Five-dimensional Principal Component
 Analysis (PCA), and (b) Discriminant Analysis of Principal Components (DAPC). (c) Pentagonal diagram
 showing mean pairwise fixation indexes (line thickness proportional to F_{ST} value) between the five genetic
 groupings identified in the phylogenomic and population structure analyses (see Figures 1 and 2). Colour
 scheme as in previous figures.

 FIGURE 4 | Genetic diversity estimated as (a) nucleotide diversity (π) and (b) Tajima's D for *Thymus* sect.
 Mastichina populations (see Table S3). Colours denote the five genetic groupings identified in the
 phylogenomic and population structure analyses (see Figure 1). Colour scheme as in previous figures.

 FIGURE 5 | Venn diagram showing private SNPs (numbers in the ellipses without any overlap) and shared
 SNPs (numbers in the overlapping areas among ellipses) of a random subsample of 11 individuals for each
 genetic grouping within *Thymus* sect. *Mastichina*.

 FIGURE 6 | Diagrams showing the level of introgression as revealed by Dsuite (ABBA-BABA test, see
 Table S4) among the five genetic groupings in *Thymus* sect. *Mastichina*. (a) Sankey diagram illustrating
 gene flow between genetic groupings. (b) Schematic representation of introgression flow, with p-values
 indicating statistical significance. In both cases, the width of the bands or connection lines is proportional to
 the significance of the introgression. Colour scheme as in previous figures.

 FIGURE 7 | Strength and direction of interploidy introgression, as inferred with fastsimcoal2, among
 tetraploid and diploid groups of *Thymus* sect. *Mastichina*. Upper tree diagrams show ABBA-BABA tests of
 genome-wide interploidy introgression based on Patterson's D statistic for the tetraploid group (4x) with

each of the four diploid subgroups: (a) Algarve (Alg); (b) Cádiz (Cád); (c) Doñana (Doñ); and (d) Hercynian

(Herc). 2x represents the remaining diploid subgroups (see Table S4). Significant tests are shown with

asterisks (*p < 0.05; **p < 0.01; ***p < 0.001). Lower tree diagrams show preferred scenarios of isolation-

with-migration as inferred from coalescent-based demographic analyses with fastsimcoal2. Bidirectional

interploidy gene flow of asymmetrical strength between the tetraploid group and most diploid subgroups (a

through c) and unidirectional gene flow from tetraploids to the Hercynian diploid subgroup (d). Migration is

indicated forward in time. Columns and arrow thickness, and the number inside them, represent the effective

population sizes and the number of migrants, respectively. Values above and below horizontal arrows

represent migration rates. The maximum estimated log-likelihood (MaxEstLhood), the maximum observed

log-likelihood (MaxObsLhood) and AIC index for each scenario are also shown.

Figure 1

Figure 2

Doñana
subgroup

Cádiz
subgroup

DIPLOID
GROUP

Algarve
subgroup

TETRAPLOID
GROUP

Hercynian
subgroup

0.02

Figure 3

Figure 4

a)

b)

π value

Tajima's D value

Figure 5

Figure 6

a)

b)

Figure 7