Combinatorial effect of promoter activity, mRNA degradation and site-specific

transcriptional pausing in modulating protein expression noise

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ABSTRACT

Genetically identical cells exhibit diverse phenotypes, even when experiencing the same environment. This phenomenon, in part, originates from cell-to-cell variability (noise) in protein expression. While various kinetic schemes of stochastic transcription initiation are known to yield transcriptional noise, how post-transcription initiation events may affect noise at the protein level remains incompletely understood. To address this question, we developed an integrated model of bacterial gene expression. By exploring different scenarios of transcription initiation, transcription elongation dynamics, mRNA degradation and gene copy number, we found that the mRNA lifetime, gene dosage and sequence-dependent transcriptional pausing modulate the protein expression noise that was set by the promoter properties. Our findings highlight the interplay between transcription initiation, transcription elongation, translation and mRNA degradation in shaping protein number distributions in clonal populations. They also have implications for our understanding of genome evolution, and suggest combinatorial strategies for modulating phenotypic variability by genetic engineering.

INTRODUCTION

One of the most important tasks cells do is regulate the levels of gene expression—the conversion of genetic information written in DNA into a certain amount of functional proteins. Interestingly, isogenic cells in the same environment produce variable amounts of mRNA and protein due to the stochastic nature of gene expression processes (1-7). Population-wide homogeneity in protein numbers (low noise) may be expected for proteins that are needed in all cells, such as house-keeping proteins. Consistent with this idea, experiments in *Escherichia coli* and budding yeast have shown that genes essential for viability tend to exhibit lower noise than nonessential genes (8-10). On the other hand, variability in protein expression can lead to beneficial traits for the population by generating variability in cell phenotypes. In bacterial populations, phenotypic heterogeneity can provide a "bet-hedging" strategy for survival in fluctuating and stressful environments (11-14). It can also be beneficial for cooperative social adaptations through "division of labor" within the cell population (15).

What is the origin of gene expression noise? Previous experimental and theoretical studies have shown that an important source of gene expression noise comes from transcription initiation, i.e., the loading of RNA polymerase (RNAP) onto the promoter region (6, 16-20). Specifically, if transcription initiation occurs stochastically at a constant frequency, a mode known as "nonbursty" initiation, the mRNA number at steady state will follow a Poisson distribution, which characteristically shows a Fano factor (variance/mean) equal to 1. In contrast, if the rate of transcription initiation varies over time, such as in pulsatile transcription from a promoter that cycles between active and inactive states, the mRNA levels become much more variable among cells (Fano factor > 1). This ON/OFF model of transcription, which is often referred to as "bursty" initiation, has been supported by the observation of pulsatile transcription events in live *E. coli* cells (21) and by the grouping of RNAPs along the rRNA operon in electron micrographs (22). The mRNA Fano factors measured in *E. coli* span from 1 to ~10, suggesting that both nonbursty and bursty promoters are likely in operation *in vivo* (9, 18, 19).

Cell phenotypes are generally dictated at the protein, rather than mRNA, level. While transcription initiation sets the initial conditions for protein expression noise, it is not fully understood how post-transcription initiation processes, such as transcription elongation, mRNA decay and translation, may affect protein distributions in a cell population. Modeling studies have already suggested a potential role for transcription elongation in noise generation by

showing that spurious sequence-independent RNAP pauses can create mRNA and protein bursts
from nonbursty promoters depending on pause duration and frequency (23-26).

These studies motivated us to develop an integrated stochastic model for bacterial gene
expression to examine the interplay between transcription initiation, transcription elongation
dynamics, mRNA degradation and translation in shaping protein expression noise. The model
includes well-established dependencies, such as the coupling between transcription and
translation (27, 28), co-transcriptional mRNA degradation (29, 30), and the ribosome effect on
mRNA degradation (31) (Fig. 1A).

FIGURE 1   Integrated model of gene expression. (A) Schematic showing the current view
on the temporal coordination between transcription, translation, and mRNA degradation in *E.*
coli. RNAP loads onto the promoter. Once the ribosome binding site (RBS) is transcribed,
ribosomes load and translocate. mRNA degradation by RNase E can start on the nascent mRNA.
The first ribosome maintains contact with the RNAP throughout elongation. The first full-length
protein is released almost immediately after the RNAP reaches the end of the DNA template. (B)
Schematic showing the different steps included in our TASEP-based model of bacterial gene
expression. Transcription starts at the first base pair of the template, and transcription elongation
occurs by RNAP stepping along the template (3,000 bp in length). Translation initiates at the
first base of the mRNA template (considered here as the RBS), and translation elongation occurs
by ribosome stepping on each nucleotide of the mRNA template. mRNA degradation starts from
the 5' end of the mRNA and continues following the last ribosome on the transcript. Degraded
ribonucleotides are shown in red.

METHODS

Modeling transcription, translation, and mRNA degradation

Transcription was simulated in two steps. (1) Stochastic transcription initiation: In the case of a bursty promoter, we generated a series of time points when the promoter was ON or OFF, assuming that τ_{ON} and τ_{OFF} follow exponential waiting time distributions. In the case of a nonbursty promoter, the promoter was always ON. Next, we determined a series of time points for RNAP loading attempts during ON periods assuming exponentially distributed waiting times between loading attempts. (2) Transcription elongation by stochastic 1-nt stepping with an average speed of 30 nt/sec (Fig. S1A in the Supporting Material): We assumed an exponential dwell time distribution at each nucleotide position based on experimental observations made by others (32-34). Steric hindrance between RNAPs was checked before each stepping, assuming an RNAP footprint of 35 nt (35). After RNAP trajectories were simulated, the headways were calculated as the time interval between two consecutive RNAP exit events at every nucleotide position.

To model the coupling between transcription and translation (28), the first ribosome was loaded when the first 33-nt mRNA was transcribed due to the footprint sizes of the RNAP and the ribosome, 35 and 30 nt, respectively (35, 36). The first ribosome then moved on the nascent mRNA in concert with the RNAP to maintain contact throughout transcription elongation (27, 37). Additional ribosomes were stochastically loaded based an exponential waiting time distribution. These ribosomes made stochastic 1-nt steps at the same average speed as the RNAP (27). During ribosome translocation, the same steric hindrance principle as for RNAP translocation was used: ribosomes were unable to bypass each other on an mRNA and the first ribosome was unable to bypass the RNAP on the nascent mRNA.

In our simulations, the 5' end of mRNAs was inactivated following an exponential waiting time distribution from its synthesis. Specifically, once the 5'-end nucleotide was transcribed by an RNAP, it took on average 90 sec before it was inactivated to reflect experimental results (Fig. S1B). Then, the rest of the nucleotides on the mRNA were removed following the last ribosome (38). This model is consistent with previous experimental observations for the 5'-to-3' net directionality of mRNA degradation (29, 39, 40) and for the ribosome shielding effect (31). Each run of simulation calculated transcription, translation and

mRNA degradation occurring on a DNA template for 40 min. We performed a total of 1000

simulations for each scenario.

Analysis of the simulated data

We counted 1 mRNA when the first nucleotide (5' end) was present, unless noted otherwise (see

Supporting Text). To obtain steady-state distributions of mRNA numbers, we counted the

number of mRNAs made from a DNA template (total $n = 1000$ simulations), but not yet

degraded at $t = 30$ min of simulation time (to ensure that the system had reached steady-state).

We used this distribution to calculate the mean value and the Fano factor.

Protein number increased by 1 every time a ribosome reached the end of a transcript. To

obtain distributions of protein numbers, we summed all proteins made from a DNA template

between $t = 20\text{-}30$ min of simulation time. Mean and CV^2 of protein numbers were calculated

from these distributions.

To calculate gene expression per cell with two gene copies, we added simulation results

from two different DNA templates, assuming that gene copies within a cell act independently

(41). All error bars indicate an estimation of the standard error of the mean calculated by

bootstrap resampling the original sample size (1,000 simulations) 3,000 times.

RESULTS

Integrated modeling of bacterial gene expression

Our integrated model of gene expression has three components. The first two components,

transcription and translation, were based on the totally asymmetric exclusion process algorithm

(TASEP) (42-44). The DNA and mRNA templates were considered as one-dimensional lattices,

where each lattice site corresponds to 1 base pair (bp) or nucleotide (nt). RNAPs and ribosomes

with respective footprint sizes of 35 nt (35) and 30 nt (36) were modeled to stochastically load

onto their DNA and mRNA templates, respectively. Once loaded, RNAPs and ribosomes stepped

each lattice site from 5' to 3' (Fig. 1B). Because of steric hindrance, loading was allowed only

when the loading region was cleared. During translocation, RNAPs and ribosomes kept a

minimum distance of 35 nt and 30 nt, respectively. The first ribosome maintained contact with

the RNAP throughout transcription elongation to account for the coupling between transcription
and translation in bacteria (28).

We modeled the third component, mRNA degradation, as the initial 5'-end mRNA
inactivation followed by mRNA nucleotide removal in the 5'-to-3' direction (29, 39, 40). Protein
degradation was considered negligible because most bacterial proteins are very stable (45).

While our model can be applied to any gene, we modeled the expression of the 3075-nt
lacZ mRNA of *E. coli*, which is a popular model in quantitative gene expression studies. Given
an average RNAP speed ($k_{ELONGATION}$) of 30 nt/sec on the *lacZ* region (Fig. S1A) (27), the input
average RNAP dwell time at each base position x was $\tau(x) = 1$ nt/$k_{ELONGATION}$ = 1/30 sec. We
used the experimentally determined mean *lacZ* mRNA lifetime of 90 sec (Fig. S1B) as the first-
order rate constant for 5'-end inactivation. For transcription initiation, we varied the RNAP
loading rate on the DNA template to achieve a range of expression levels seen in experiments
(18). For translation initiation, we used an average rate of ribosome loading of 0.2 sec^{-1} (46, 47).
The average ribosome speed was the same as that of RNAPs (27). Stochastic simulations
computed transcription, translation and mRNA degradation events based on exponential waiting
time distributions (see Methods).

Effects of nonbursty and bursty transcription initiation on mRNA and protein
expression
To build on previously known promoter properties, we considered two different types of
promoters: nonbursty and bursty. Transcription initiation from nonbursty promoters was
modeled as a Poisson process with RNAP loading rate, $k_{LOADING}$, which is the inverse of the
loading interval, $\tau_{LOADING}$ (Fig. 2A). This parameter was varied to reflect the strength of a
constitutive promoter. For the bursty case, the promoters cycled between ON and OFF states,
with rate constants k_{ON} (rate of switching from OFF to ON state, $1/\tau_{OFF}$) and k_{OFF} (rate of
switching from ON to OFF state, $1/\tau_{ON}$). RNAPs loaded only during the ON state at an interval
of $\tau_{LOADING}$ (RNAP loading interval during the ON state) (Fig. 2A) (48). This model resulted in
multiple RNAP loading events bunched in time in a pulsatile manner. We used $\tau_{OFF} = 143$ sec
and $\tau_{LOADING} = 2.2$ sec (18), and varied the duration of the ON state (τ_{ON}) to achieve different
expression levels (18).

FIGURE 2   Effect of nonbursty and bursty promoters on RNAP trafficking and mRNA number distribution. (A) Schematics for two modes of transcription initiation. The promoter states are shown in cyan, and RNAP loading events are represented by orange bars. (B) Example

When the input RNAP loading interval is shorter than the time it takes for the previous
RNAP to clear from the promoter region, the rate of RNAP loading is expected to be governed
by the promoter clearance time (49). Our input average RNAP loading interval (varying between
2 and 500 sec; Table S1) was always longer than the average promoter clearance time (1.2 sec).
However, the stochasticity in RNAP loading and translocation occasionally resulted in failure in
RNAP loading due to the promoter being already occupied, yielding a lower *effective*
transcription initiation rate (see Supporting Text, Fig. S2-S3, and Table S1).

When we compared nonbursty and bursty promoters of similar strength (i.e., yielding
similar effective initiation rates and numbers of mRNAs at steady state), we found expected
differences at intermediate average RNAP loading intervals (e.g., 7, 15 and 30 sec in Fig. 2B, 2C
and 2D). First, bursty promoters showed pronounced bursts of RNAP loading events followed by
notable OFF periods, resulting in temporal profiles of RNAP trajectories that were very different
from those obtained from a nonbursty promoter of similar strength (Fig. 2B). Second, the
distribution of time intervals (headways) between subsequently loaded RNAPs appeared largely
exponential for nonbursty promoters. In contrast, we observed two populations for bursty
promoters: small headways arising from loading events within an ON period and large headways
arising from loading events separated by an OFF period (Fig. 2C). In both promoter cases, the
headway set upon transcription initiation was conserved to the end of transcription, as shown by
the near-perfect overlap in distributions between headways at initiation and at termination (Fig.
2C). Third, the distribution of the number of RNAPs on the DNA templates was wider for bursty
promoters than for nonbursty promoters, with a noticeable peak close to zero due to the
stochastic occurrence of OFF and ON states (Fig. S4). Lastly, the steady-state distributions of
mRNA numbers for bursty initiations were broader than those for nonbursty ones despite having

similar mean mRNA numbers (Fig. 2D and see Fig. S5 for results using a different mRNA
counting method).

In contrast, at initiation frequencies that were either very low or very high (e.g., average
loading interval ≈ 500 sec or 3.5 sec), bursty promoters were virtually indistinguishable from
nonbursty promoters since they effectively reproduced the characteristics of a nonbursty
initiation (Fig. 2B, 2C, 2D and S4). At very low initiation frequencies, the ON period was too
short to accommodate enough RNAP loading events to show transcriptional bursts. This is
consistent with the experimentally determined mRNA Fano factor of 1 for the repressed *lacZ*
promoter (18). At very high initiation frequencies, the OFF period was so short that it became
negligible (1). These results suggest that transcriptional bursts are unlikely for genes at either
side of the expression spectrum.

Importantly, our simulations identified a dynamic range of initiation rates for which our
model produced a clear difference between nonbursty and bursty promoters (Fig. 2 and S4).
Hereafter, we exploit this range to identify characteristics that distinguish between nonbursty and
bursty transcription initiations. When we examined protein production under this range of
transcription initiation rates, we found that the temporal profile of protein production was largely
dictated by the temporal profile of RNAP loading onto the promoter. Nonbursty transcription
initiations yielded a relatively constant number of proteins made from a DNA template over time
(Fig. 3A, S6A and S6B). In contrast, bursty transcription initiations resulted in bursty protein
productions, showing periods of time without any new protein production from the DNA
template (Fig. 3A, S6A and S6B). As a result, bursty promoters produced a broader protein
number distribution in comparison to nonbursty promoters despite both yielding the same mean
protein numbers (Fig. 3B, S6C and S6D).

Short mRNA lifetimes facilitate production of protein bursts
The finding that a bursty promoter led to bursty protein production was dependent on the use of a
90-sec mRNA lifetime. When the lifetime of the mRNA was increased, protein bursts generated
over time from bursty promoters became less apparent, as illustrated with a 10-min mRNA
lifetime (Fig. 3C). To quantify the noise in protein production, we calculated the squared
coefficient of variation (CV^2, (standard deviation/mean)^2) of the protein number distribution (4).

FIGURE 3   Bursty promoters result in bursty protein synthesis and greater noise in protein levels when the mRNA lifetime is short. (A) Temporal profiles of protein production. The number of new proteins made per DNA template was quantified every 10 sec. Example trajectories were from three independent simulations for nonbursty and bursty promoters with average RNAP loading intervals of ~15 sec. The mean mRNA lifetime was 90 sec. The number of proteins accumulated from expression of the DNA template is shown in dotted lines. Only the accumulation of proteins occurring within the time frame is shown. (B) Distributions of the number of proteins made per DNA template over 10 min. (C) Temporal profiles of protein production under the same conditions as in (A), except that the mRNA lifetime was 10 min. (D) Distributions of the number of proteins made per DNA template over 10 min when the mRNA lifetime was 10 min. (E) Variability in protein numbers for a nonbursty and bursty promoter, depending on the mRNA lifetime. (F) Mean durations of zero protein production in the temporal profiles shown in (A) and (C).

While bursty promoters still produced broader protein number distributions than nonbursty promoters (Fig. 3D), the noise from both types of promoters was reduced by the increase in mRNA lifetime (Fig. 3E). In both cases, the reduction in protein expression noise was correlated with an overall attenuation in temporal fluctuations of protein synthesis (Fig. 3C vs. Fig. 3A). Periods of no protein production virtually disappeared with the 10-min mRNA lifetime (Fig. 3F).

We reasoned that the reduced temporal fluctuations in protein synthesis stems from the mRNA lifetime being much longer than the RNAP loading interval, resulting in increased protein production between transcription events. Consistent with this idea, the noise in protein expression for both nonbursty and bursty promoters increased either by shortening the mRNA lifetime for a given average RNAP loading interval or by increasing the average RNAP loading interval for a given mRNA lifetime (Fig. 4A and 4B). In fact, if the mRNA lifetime was much smaller than the average RNAP loading interval (e.g., 90 sec vs. 500 sec), a nonbursty promoter was able to produce protein bursts (Fig. 4C and 4D), resulting in much higher protein production noise than in the opposite case when the mRNA lifetime was longer than the average RNAP loading interval (e.g., 90 sec vs. 15 sec) (Fig. 4E). This is consistent with *in vivo* observations that the occasional firing of the repressed *lac* promoter (average RNAP loading interval ≈ 40 min under the experimental condition used in the cited studies) causes spikes of protein production (46, 50). This is because each mRNA is degraded before the next one is made, resulting in well-separated bursts of protein production.

These results suggest that short mRNA lifetimes (in the minute time scale), a common characteristic of bacterial mRNAs (29, 39, 51), facilitate bursty protein synthesis and increase the variability in protein levels across the population, both for bursty and nonbursty promoters.

FIGURE 4 **Temporal fluctuations in protein production and variability in protein number are modulated by the RNAP loading interval and the mRNA lifetime.** (A and B) Variability in protein numbers as a function of mRNA lifetimes and RNAP loading intervals from nonbursty (A) and bursty (B) promoters. (C) Example temporal profiles of protein production from a nonbursty promoter with an average RNAP loading interval of 500 sec, which is much longer than the 90-sec mRNA lifetime. (D) Mean durations of zero protein production calculated from the temporal profiles of protein production shown in (C) and Fig. 3A. (E) Variability in protein numbers for the conditions described in (D).

Gene dosage has opposing effects on protein expression noise at the cell-population level

Our simulations quantified gene expression per DNA template. In real cells, a chromosomal gene can coexist in multiple copies due to DNA replication. We found that gene dosage has opposing

effects on protein expression noise at the cell-population level for both nonbursty and bursty

promoters. First, having more than one gene copy smoothed the temporal fluctuations in mRNA

production in a cell, because fluctuations were not synchronized among the gene copies (25).

Due to this effect, virtual cells with two gene copies had smoother protein accumulation over

time (Fig. 5A, dotted line) than cells with a single copy (Fig. 3A), resulting in reduced protein

synthesis noise (Fig. 5B). Indeed, if *all* cells in a population contain *n* independent copies of a

gene, the protein noise at the cell-population level (CV^2_{cell}) should decrease by $1/n$ from the

protein noise at the gene-population level (CV^2_{gene}). However, in reality, a population consists of

cells with different gene copy numbers depending on their stage of DNA replication. For

example, *E. coli* cells under slow growth conditions (i.e., undergoing only one round of DNA

replication) will contain either 1 or 2 copies of a gene of interest. A mixture of cells with

different gene copy numbers will increase CV^2_{cell}, opposing the attenuating effect of gene copy

number on CV^2_{cell}. For a population containing a mixture of cells with 1 or 2 gene copies, CV^2_{cell}

can be predicted by the following equation:

$$CV^2_{cell} = \frac{1}{1+f} CV^2_{gene} + \frac{f(1-f)}{(1+f)^2},$$

where *f* is the fraction of cells with 2 gene copies (see Supporting Text for derivation).

Accordingly, CV^2_{cell} will become higher or lower than CV^2_{gene} depending on the CV^2_{gene} and *f*

values (Fig. 5C and S7). As discussed above, CV^2_{gene} is determined by several factors, including

the temporal profile of RNAP loading and the mRNA lifetime. *f* is determined by cell cycle

parameters and the chromosomal position of the gene of interest (52). The equation suggests that

CV^2_{gene} for a gene located near the chromosomal terminus (lower *f*) is more likely to increase by

a gene-dosage effect than CV^2_{gene} for a gene close to the origin of replication. In addition, since

nonbursty promoters produce lower CV^2_{gene} than bursty promoters, the CV^2_{gene} of a nonbursty

promoter is more likely to increase at the cell-population level ($CV^2_{cell} > CV^2_{gene}$) due to gene

dosage while the opposite is true for the bursty promoters. When $CV^2_{gene} > 1$, as seen in

minimally expressed promoters (Fig. 4C) such as the repressed Lac promoter (46, 50), the

equation predicts that the gene-dosage effect will decrease protein expression noise at the cell-

population level ($CV^2_{cell} < CV^2_{gene}$) (Fig. S7).

FIGURE 5 **Gene dosage has opposing effects on gene expression noise at the cell-population level.** (A) Temporal profiles of protein production under the conditions used in Fig. 3A, but for cells with two gene copies. (B) Effect of the number of gene copies (1 vs. 2) per cell on the variability in protein numbers from a nonbursty and bursty promoter with an average loading interval of ~15 sec. (C) Relationship between noise at the cell-population level (CV^2_{cell}) and at the gene-population level (CV^2_{gene}). The color map indicates whether CV^2_{cell} is greater or lower than CV^2_{gene}, due to opposing effects of the gene dosage. f indicates the fraction of cells with 2 gene copies when the population consists of cells with either 1 or 2 gene copies.

In the absence of RNAP pauses, RNAP bursts at initiation are largely preserved throughout transcription elongation

The gene expression scenarios described above showed that RNAP bursts are maintained from the promoter to the end of the template, as evidenced by the profile of RNAP trajectories (Fig. 2B) and the negligible changes in RNAP headway during transcription elongation (Fig. 2C). Furthermore, the Fano factor calculated based on the 5' end of the mRNA was similar to the Fano factor calculated based on the 3' end of the mRNA (Fig. S8), indicating that burstiness (or lack thereof) set at initiation did not change by the end of transcription. We wondered whether

these results were generalizable because a previous modeling study showed that RNAP

congestion can cause RNAP bursts at initiation to completely disappear by the end of elongation

(25). Complete loss of RNAP bursts means that the 3'-end mRNA Fano factor for a bursty

promoter should be 1, a characteristic of Poissonian processes. We observed this phenomenon

only if RNAPs were continually loaded back-to-back during the ON state, and even then, the loss

of burstiness between transcription initiation and termination was most dramatic if the RNAP

footprint was small (e.g., 1 nt) (see Supporting Text and Fig. S9, S10 and S11). We concluded

that, under realistic parameter values, the memory of a bursty promoter's ON/OFF switch is

largely maintained throughout transcription elongation.

Sequence-dependent pauses can attenuate RNAP bursts and affect gene

expression

So far, our simulations have considered pause-free elongation. In *in vitro* experiments, RNAPs

can pause spuriously along the DNA template (32, 53, 54). Modeling studies have shown that

stochastic (sequence-independent) pauses can produce RNAP bursts from nonbursty promoters

(23-26). It is also well-known that RNAPs pause at specific DNA sites for durations that range

from seconds to ~1 minute (32, 34, 55-63). RNAP profiling experiments in *E. coli* have

demonstrated that pause sites are common *in vivo* (64, 65).

The demonstrated prevalence of sequence-dependent pauses *in vivo* and their potentially

long lifetimes motivated us to investigate their effects on RNAP trafficking and gene expression

noise. For illustration purposes, we first modeled a single pause site in the middle of a 3-kbp

gene, driven by either a nonbursty or bursty promoter with an average RNAP loading interval of

~15 sec (Fig. 6A). In this elongation profile, RNAPs resided at each nucleotide on average for

1/30 sec as before, except at the pause site (x_p), where the average RNAP dwell time (t_p) was

varied. Dwell time of an RNAP at the pause site was randomly chosen from an exponential

distribution with a mean dwell time of t_p (32-34). When the pause was much shorter than the

RNAP loading interval, such as $t_p = 1$ sec, the effect on RNAP trafficking was negligible

regardless of the promoter type, as shown by the near-perfectly overlapping distributions of

Δheadways (headway at the end - headway at the start for two consecutive RNAPs) between the

1-sec pause and the no-pause cases (Fig. S12).

FIGURE 6 Sequence-dependent RNAP pauses affect gene expression dynamics and steady-state distributions of mRNA and protein numbers. (A) Schematics showing scenarios of a single RNAP pause site with different durations and locations: t_p = 1 sec and x_p = 1500 nt (green), t_p = 10 sec and x_p = 1500 nt (red) and t_p = 10 sec and x_p = 100 nt (purple). For each scenario, we considered either a nonbursty or bursty promoter with a similar average loading interval of ~15

When the pause was similar to (e.g., t_p = 10 sec) or longer than the RNAP loading

intervals, the pause resulted in two effects: (1) RNAP piling upstream of the pause site and (2) a

change in RNAP headway downstream of the pause. In the case of a nonbursty initiation, these

effects (Fig. 6B) resulted in a broader distribution of Δheadways between subsequent RNAPs,

but the Δheadway distribution remained centered around zero, with no net change (Fig. 6C). The

nonbursty conditions remained until the end of the template because the headway between

subsequent RNAPs could either increase or decrease with similar probabilities. As a

consequence, the Fano factor was maintained at ~1 at both the 5' and 3' ends of the mRNA (Fig.

6D) and the protein level noise was not affected (Fig. 6E). However, in the case of a bursty

initiation, the frequent back-to-back loading of RNAPs (i.e., small initial headway) caused the

majority of RNAPs to catch up with each other at the pause site (Fig. 6F). As a result, the

headway between RNAPs showed net increase after the pause site (Fig. 6G). This situation is

analogous to car traffic near a stop sign at rush hour. Cars pile up back-to-back before the stop

sign, but as each car pauses at the intersection, they resume traveling with a new headway

dictated by the pause duration. The pause-dependent increase in headway led initial RNAP bursts

to largely dissipate into a nonbursty-like situation after the pause, as seen in the example RNAP

trajectories (Fig. 6F) and in the large decrease in mRNA Fano factor between 5' and 3' ends (Fig.

6H). In other words, pauses similar to or longer than RNAP loading intervals diminished the

effect from the bursty promoter's ON/OFF switch by increasing the RNAP headway after the

pause. This memory loss of initial conditions smoothed the temporal profile of protein

production (Fig. S13) and lowered protein expression noise (Fig. 6I).

When we examined the effect of having two pause sites on a gene driven by a bursty

promoter, we found that the second pause did not affect the RNAP headway as much as the first

pause (Fig. S14, scenarios (ii) vs. (i)). We reasoned that the headway increase generated by the

first pause produced fewer RNAPs to pile up at the second pause site. However, when the second

pause was longer than the first one, it further increased RNAP headways (Fig. S14, scenarios (iii)

vs. (i)), suggesting that multiple long-lived pauses can have additive effects.

In the *E. coli* genome, RNAP pause sites are often found near promoters (64, 66, 67).

When we modeled a promoter-proximal pause, such as a 10-sec pause at $x_p = 100$ nt (Fig. 6A),

we found that the RNAP piling caused by the pause could easily extend to the promoter,

blocking the loading of additional RNAPs and thereby reducing the effective rate of transcription

initiation for both nonbursty and bursty promoters (Fig. 6J). In addition, RNAP stalling near the

promoter resulted in reduced translation initiation rates (Fig. 6K) because ribosomes piling on

the short nascent transcript could quickly reach the RBS. A smaller reduction in transcription and

translation initiation rates was also observed for more distal pauses, such as a 10-sec pause at x_p

$= 1,500$ nt (Fig. 6J and 6K) because RNAP piles occasionally reached the promoter, preventing

some RNAPs to load.

We concluded that sequence-dependent pauses can impact gene expression by attenuating

RNAP bursts and/or by affecting transcription and translation initiation rates.

DISCUSSION

Our study shows that the conditions set by transcription initiation play a critical role in

modulating protein expression noise, consistent with previous works (16, 17, 20, 68, 69). It also

highlights the importance of post-transcription initiation processes, such as mRNA degradation

and RNAP pausing, in shaping the steady-state distribution of protein production.

The lifetime of mRNA impacts the amount of proteins produced, and larger protein

abundance is expected to be associated with lower variability in protein numbers (17, 20, 69).

We showed that mRNA lifetimes longer than the OFF period dampen the temporal fluctuations

of protein synthesis (Fig. 3A vs. 3C). Because one mRNA typically generates more than one

protein, the mRNA lifetime reduces the effect of the bursty promoter's ON/OFF switch (Fig. 4B).

The mRNA lifetime also smooths temporal fluctuations in protein production and hence its noise

in the case of nonbursty promoters (Fig. 4A) because mRNA expression from these promoters

still fluctuates over time due to the stochastic nature of transcription initiation.

Altogether, this suggests that mRNA degradation is an important factor to consider when

studying noise in gene expression. The difference among genes can be considerable given that

the lifetimes of bacterial mRNAs can vary over an order of magnitude (29, 39, 51). Furthermore,

mRNA lifetimes have been shown to vary with environmental cues in some cases (70),

suggesting a unappreciated means by which environmental changes may affect the expression

noise of certain genes.

Our results identified sequence-dependent RNAP pausing as another important post-

transcription initiation factor that can attenuate noise in protein synthesis. RNAP pauses affect

protein expression noise by modulating RNAP trafficking downstream of the pause (Fig. 6F and

6I). The headway between RNAPs upon transcription termination, which shapes the temporal

fluctuations in mRNA and protein production, is altered by the pause (Fig. 6F and 6G) to the

point that the memory of a bursty promoter's ON/OFF switch can be lost (Fig. 6H). This effect

depends on the duration of the pause relative to the loading intervals of RNAPs (Fig. 6G vs. Fig.

S12D).

We also note that the noise-attenuating effect of RNAP pauses occurred when the pause

duration was shorter than the mRNA lifetime, which we expect to be the general case *in vivo*

based on reported mRNA lifetimes and pause durations. However, if a pause lasted longer than

the mRNA lifetime, we observed bursty protein production, even in the case of a nonbursty

promoter (data not shown). Protein bursts arose because the majority of ribosomes piled behind

the paused RNAP on the nascent mRNA and then traveled together once the RNAP escaped the

pause site, as reported before (71). Certain mechanisms, such as premature termination (72) and

physical push between RNAPs (73), may help mitigate these pause-dependent effects on protein

expression noise.

In addition to the duration of the pause, its location relative to the promoter matters.

These pause properties determine the probability that trailing RNAPs reach the promoter and

prevent new initiation events (Fig. 6J). Pauses close to promoters can quickly result in RNAP

piles blocking the promoter. Promoter blockage by pause-induced RNAP queuing has been

discussed in the literature in the context of the highly transcribed ribosomal RNAs in *E. coli* (74,
75). Given the prevalence of sequence-dependent pauses near promoters (64, 67, 76), the
occurrence of RNAP queuing up to the promoters may be more common than anticipated,
beyond highly transcribed genes. Promoter-proximal pauses have indeed been shown to reduce
mRNA production in *E. coli* (66). Our modeling also shows that RNAP pauses can reduce not
only the rate of transcription initiation, but also that of translation initiation (Fig. 6K) when
ribosomes catch up to the stalled RNAP and pile up to the RBS. This double negative effect on
protein production stems from the temporal coupling between transcription and translation in
bacteria. Altogether, our work suggests potential roles for RNAP pauses in modulating protein
expression level and noise, on top of their known functions in transcription-translation coupling,
transcriptional termination, transcriptional fidelity, sigma factor association at the promoter, and
elongation speed in bacteria (77-80).

In our simulations, the probability of RNAP pausing at a particular site was assumed to
be 100%. In reality, it is likely to be lower because the probability varies 30-80% in *in vitro*
experiments depending on the pause site (34). While a lower probability does not qualitatively
alter our conclusions, an accurate quantitative prediction of mRNA and protein number
distributions will require knowledge of not only the location and mean duration of pauses, but
also the probability of RNAPs to pause at those sites. It may also be important to consider
whether the duration of a pause is affected by the environment. For instance, a high
concentration of magnesium has been shown to increase pause duration in a gene encoding a
magnesium transporter in *Salmonella enterica* serovar Typhimurium (63). This example raises
the possibility of environmental control of protein expression noise through modulation of pause
duration.

mRNA lifetimes and RNAP pauses are evolvable features at the gene-specific level
because they are sequence-dependent and can change through mutations. Therefore, our work
predicts that mutations altering pause duration or mRNA lifetime (e.g., by affecting mRNA
secondary structure at the pause site or at the 5'-untranslated region) will affect protein
expression noise at the level of individual genes. Our work also suggests possible ways by which
protein expression noise may change globally. For example, mutations that render RNAP less
prone to pausing (e.g., *rpoB2* mutation in *E. coli* (81)) are expected to affect the protein
expression noise of pause-sensitive genes. In addition, mutations decreasing the activity of the

mRNA degradation machinery (RNase E in *E. coli*) (82) are predicted to decrease protein
expression noise at the genome-wide level.

CONCLUSION

Our work underscores the combinatorial origin of protein expression noise, which includes not
only promoter properties, but also mRNA lifetime, transcriptional pausing, and gene location
relative to the origin of replication. This combinatorial effect may affect how genome sequences
evolve by modulating phenotypic variability. It could also be exploited for genetic engineering in
synthetic biology. For instance, our findings suggest conditions to maximize protein expression
noise and phenotypic diversity: a bursty promoter, a short mRNA lifetime, an absence of long
pauses, and gene location near the chromosomal terminus. The opposite conditions are expected
to minimize phenotypic heterogeneity.

SUPPORTING MATERIAL

524 Supporting Material contains Supporting Text, Supporting Materials and Methods, fourteen
525 figures and two tables. Source code can be found in http://github.com/JacobsWagnerLab/TASEP
526 noise.

SUPPORTING CITATIONS

529 References (82-86) appear in the Supporting Material.

AUTHOR CONTRIBUTIONS

532 C.J.-W and S.K. designed the study and wrote the manuscript. S.K. performed the experiments
533 and modeling. S.K. and C.J.-W. analyzed the data. C.J.-W supervised the project.

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