

Altered transcription factor binding events predict personalized gene expression and confer insight into functional cis-regulatory variants

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Abstract

Deciphering the functional roles of *cis*-regulatory variants is a critical challenge in genome analysis and interpretation. We hypothesize that altered transcription factor (TF) binding events are a central mechanism by which *cis*-regulatory variants impact gene expression. We present TF2Exp, the first gene-based framework (to our knowledge) to predict the impact of altered TF binding on personalized gene expression based on *cis*-regulatory variants. Using data from lymphoblastoid cell lines, TF2Exp models achieved suitable performance for 3,060 genes. Alterations within DNase I hypersensitive, CTCF-bound, and tissue-specific TF-bound regions were the greatest contributors to the models. Our *cis*-regulatory variant-based TF2Exp models performed as well as the state-of-the-art SNP-based models, both in cross-validation and external validation. In addition, unlike SNP-based models, our TF2Exp models have the unique advantages to evaluate impact of uncommon variants and distinguish the functional roles of variants in linkage disequilibrium, showing broader utility for future human genetic studies.

Introduction

Understanding the functional role of genetic variants in human disease is a fundamental challenge in medical genetics. Whole genome sequencing now enables clinicians to systematically seek variants that contribute to disease phenotypes, but current clinical approaches focus primarily on the ~2% of the genome coding for proteins. Predicting the functional impact of non-coding variants remains a challenge, which limits interpretive capacity. As up to 88% of disease-related variants in genome-wide association studies (GWAS) are located within non-coding regions¹, there is a recognized need for methods that provide mechanistic insights into *cis*-regulatory variants.

Substantial progress has been made on detecting statistical relationships between common polymorphisms and expression levels. These expression quantitative trait loci (eQTL) studies can highlight regions harboring regulatory roles. Reported eQTLs are enriched for regulatory regions^{2,3}. Partially based on the success of eQTL analysis, regression-based models using SNPs proximal to genes as features have been developed, which show capacity to predict gene expression levels^{4,5}.

Such correlative approaches are useful, yet for multiple reasons they lack the resolution to direct researchers to specific causal alterations. First, causal variants are hard to infer in association studies due to linkage disequilibrium (LD) between SNPs⁶. Second, uncommon variants (minor allele frequency, MAF < 0.05) are excluded from most association studies, but rare variants (MAF < 0.01) are often causal for genetic disorders^{7,8}. Third, most approaches defer the annotation of variant function until after the model is constructed, whereas an early focus on variants likely to impact gene regulation would provide more functional insight.

Both GWAS and eQTL studies have convincingly highlighted the importance of *cis*-regulatory regions^{2,3}. Advances in genomics and bioinformatics have greatly expanded the identification of functional elements within such regions, with an emphasis on DNA binding transcription factors (TFs). TFs recognize and bind to short DNA segments, named TF binding sites (TFBSs), in a sequence-specific manner⁹. Machine learning approaches coupled to extensive TF ChIP-seq data have enabled better predictions of TFBSs^{10,11}. Recently, the compilation of altered TF binding events has increased, and models have emerged to predict such events^{12,13}. However, the relationship between altered TF binding events and gene expression levels remains unclear, hindering our understanding of *cis*-regulatory variants^{14,15}.

To gain more direct insight into the functional roles of non-coding variants, a key challenge is to determine the relationships between alterations of TF binding events and observed

expression levels of a target gene. To address this challenge, we developed TF2Exp models to predict gene expression levels based on TF binding alterations inferred from *cis*-regulatory variants. We explored the utility of TF2Exp in answering four important questions: 1) are alterations of TF binding events predictive of gene expression changes?; 2) what are the characteristics of the functional altered TF binding events?; 3) do TF2Exp models perform as well as the state-of-the-art SNP-based models?; and 4) are TF2Exp models able to evaluate the impact of SNPs in LD and uncommon variants? Our results show that TF2Exp models successfully predicted the alteration of gene expression for over three thousand genes, with an average performance comparable to that of models based solely on SNPs, supporting the hypothesis that TF binding alteration is a central mechanism by which *cis*-regulatory variants impact gene expression.

Results

TF2Exp: regression models to predict the impact of altered TF binding on gene expression

We developed TF2Exp, a gene-based computational framework to assess the impact of altered TF binding events on gene expression (Figure 1). As detailed in Materials and methods, variant calling data (single nucleotide variants and small indels) and gene expression data for 358 lymphoblastoid cell lines (LCLs) were obtained from the 1000 Genomes¹⁶ and GEUVADIS projects³. Moreover, TF-bound regions for 78 distinct TFs and DNase I hypersensitivity sites (DHSs) were obtained from the ENCODE project for GM12878 LCL². TF binding events (inclusive of DHS) were associated to a gene if they overlapped either the promoter or distal regulatory region of the gene (see Materials and methods). The impact of each single variant within a TF binding event was scored using DeepSEA¹⁰, and multiple variants within the same TF binding event were summed to

generate an overall alteration score of that TF binding event in each individual. On average, each gene had 420.0 altered TF binding events within 36.6 regulatory regions across the 358 individuals. Based on computed alteration scores of TF binding events in each individual, regression models were trained by LASSO¹⁷ to predict gene expression per individual and to identify key contributing TF binding events.

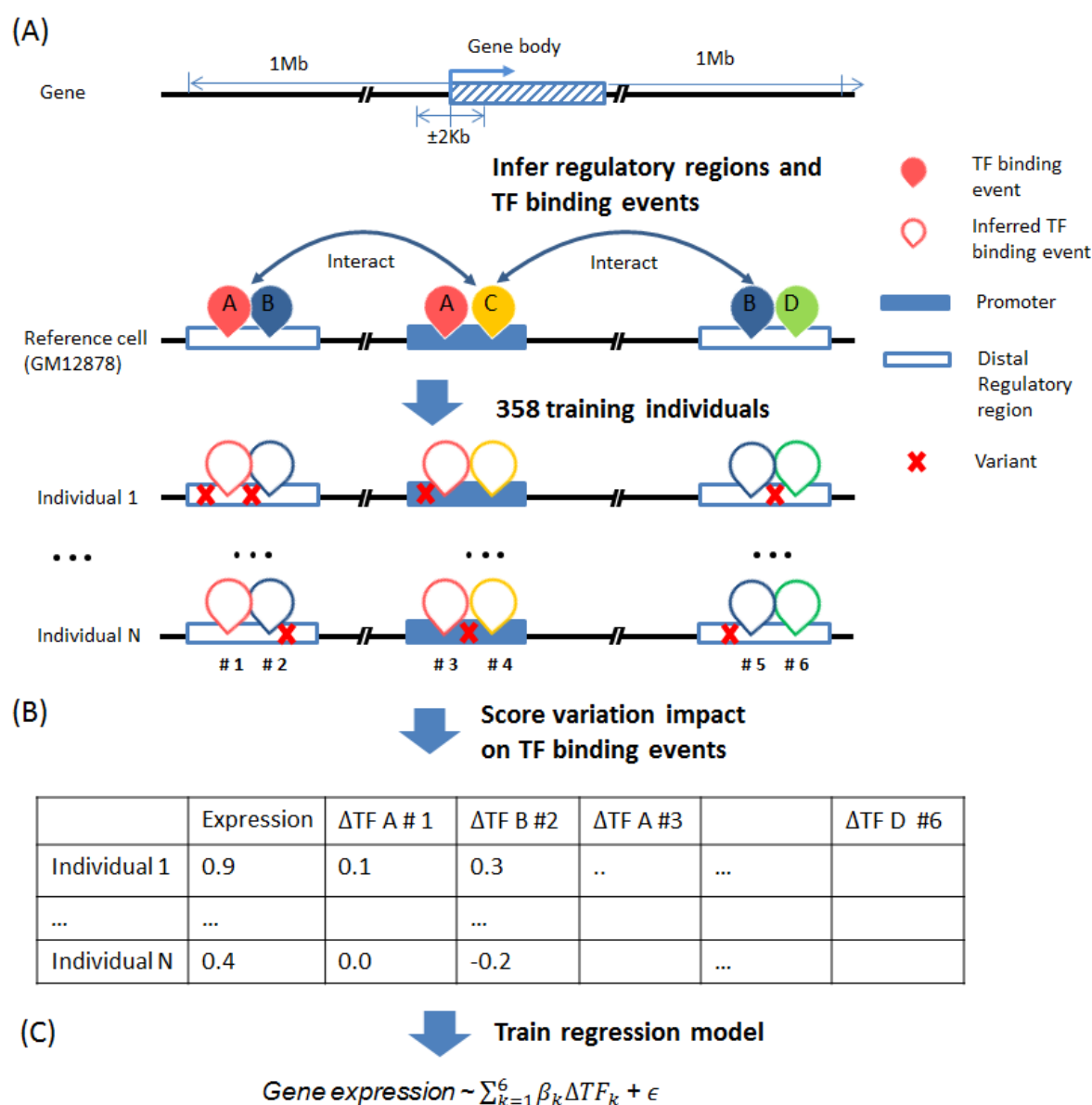


Figure 1 Overview of the TF2Exp framework. (A) Infer regulatory regions and TF binding events of each gene based on the reference cell line (GM12878). Distal regulatory regions are associated to a gene according to Hi-C data. TF binding events on the promoter or distal regulatory regions of a gene are assigned to that gene. (B) Score the alteration of TF binding events based on the overlapped variants for each individual. (C) Train regression models for each gene across the collected individuals.

TF2Exp predicts the expression levels for a subset of genes

We successfully trained TF2Exp models for 15,914 genes. Average model performance (R^2) by 10-fold cross-validation was 0.048, with most models having low predictive power (Figure 2). To focus on predictive models, we applied an R^2 threshold of 0.05 as in ⁴, resulting in 19.2% of genes (hereinafter referred to as predictable genes). To assess the impact of random noise in the model training process, we set up control models in which gene expression was shuffled across individuals while preserving TF binding features. Control models achieved an average R^2 of only 1.9×10^{-4} (Figure 2), supporting the non-random signal captured by TF2Exp models. As in the work of Manor *et al.* ⁴, we observed a significant correlation between model performance and the variance of expression levels for the predictable genes (Spearman correlation 0.25, p-value = 4.0×10^{-43} ; Supplementary file: Figure S2). We performed gene ontology enrichment analysis using GREAT ¹⁸. The top 10% predictable genes are enriched in pathways including graft-versus-host disease, allograft rejection and autoimmune thyroid disease, relevant to the roles of B cells (original cell type before transformed to LCL) in the immune system.

We next sought to determine if additional information could substantially improve model performance. We assessed whether prior knowledge, such as Hi-C proximity scores and known TF-TF physical interactions, could improve TF2Exp models. We introduced the

proximity scores of Hi-C interactions to guide model fitting, so that TF-binding events on highly-interacting regions would be less regularized by LASSO (Materials and methods). We observed that adding Hi-C proximity scores resulted in a slight R^2 improvement of 9.4×10^{-4} (Wilcoxon signed-rank test, p -value = 8.1×10^{-45}), suggesting that the original TF2Exp models had captured most of the signal from the Hi-C data. We also tested models including interaction terms for known TF-TF physical interactions (Materials and methods). Adding TF-TF interactions significantly reduced model performance by 7.7×10^{-4} (Wilcoxon signed-rank test, p -value = 2.2×10^{-81} , Figure 2), suggesting that TF-TF interaction terms did not add further information. Taken together, models incorporating prior knowledge achieved similar performance to the original models. Thus, we focused on the original (and simpler) TF2Exp models in the next stages of the analysis.

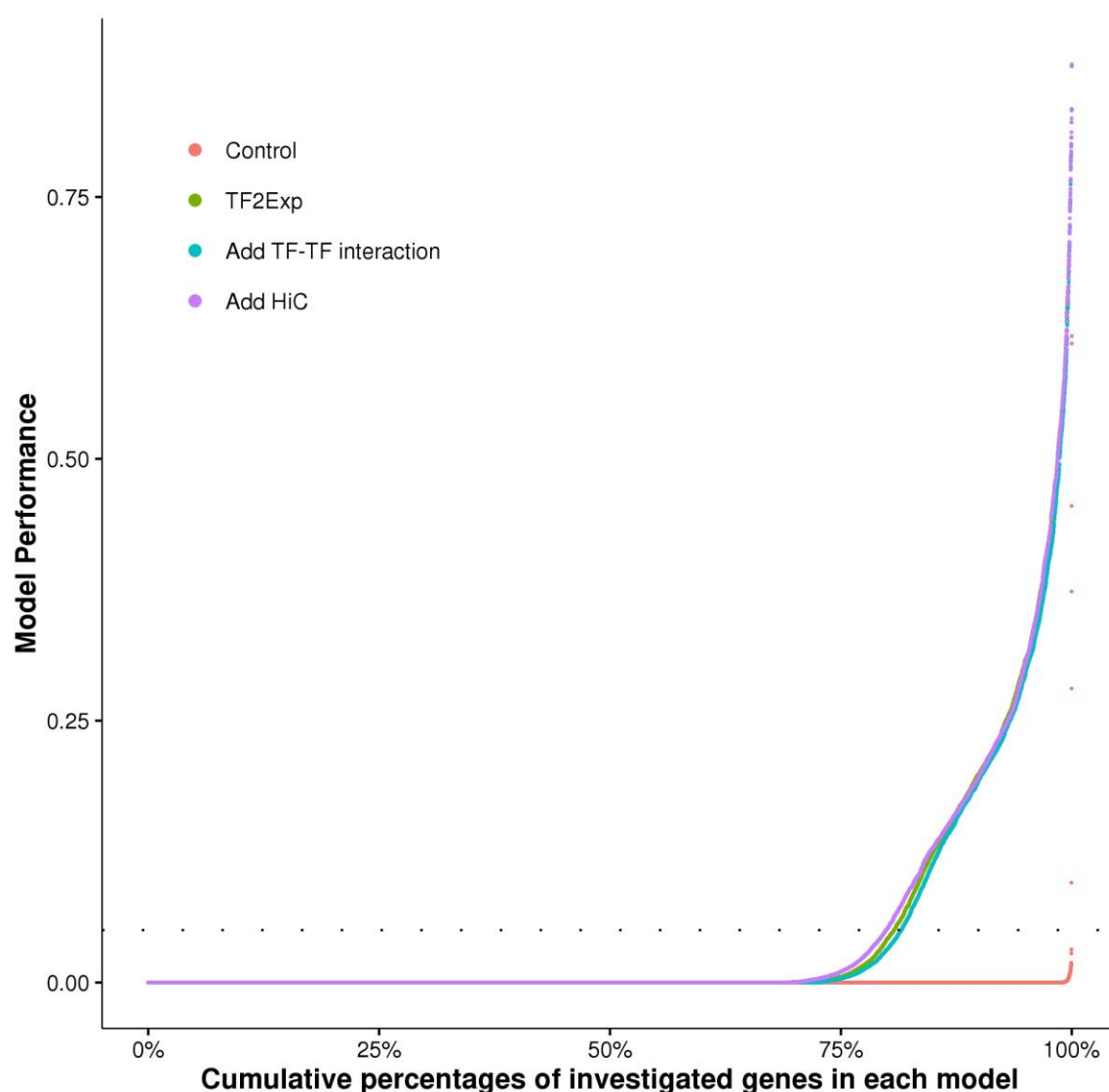


Figure 2 Performance comparison of alternative TF2Exp models

For each type of TF2Exp model, performances (R^2) of investigated genes (y axis) are plotted in ascending order with respect to the cumulative percentage of genes (x axis). Dashed line indicates the defined performance threshold of 0.05 for predictable genes.

Alterations of DHS, CTCF and tissue-specific TF binding are the most frequently selected features

We next sought to identify TFs for which binding events were more frequently selected in TF2Exp models. For the predictable genes, models selected an average of 3.7 key features (where a feature was the alteration score of a single TF binding event). Frequently selected TFs tended to have more binding events across the genome (Pearson correlation 0.97, p-value $< 2.2 \times 10^{-16}$). The top 5 selected TF features included DHS, RUNX3, CTCF, EBF1 and PU.1, accounting for 34.2% of the selected features (Figure 3). Particularly, 41.4% of the predictable genes had at least one DHS feature, highlighting the well-known relationship between chromatin accessibility and gene expression¹⁹. CTCF has diverse roles in gene regulation across multiple tissues^{20, 21}, and the remaining three TFs perform important roles in LCL tissue-specific regulation: RUNX3 in immunity and inflammation²², EBF1 in B lymphocyte transcriptional network expression²³, and PU.1 in lymphoid development²⁴.

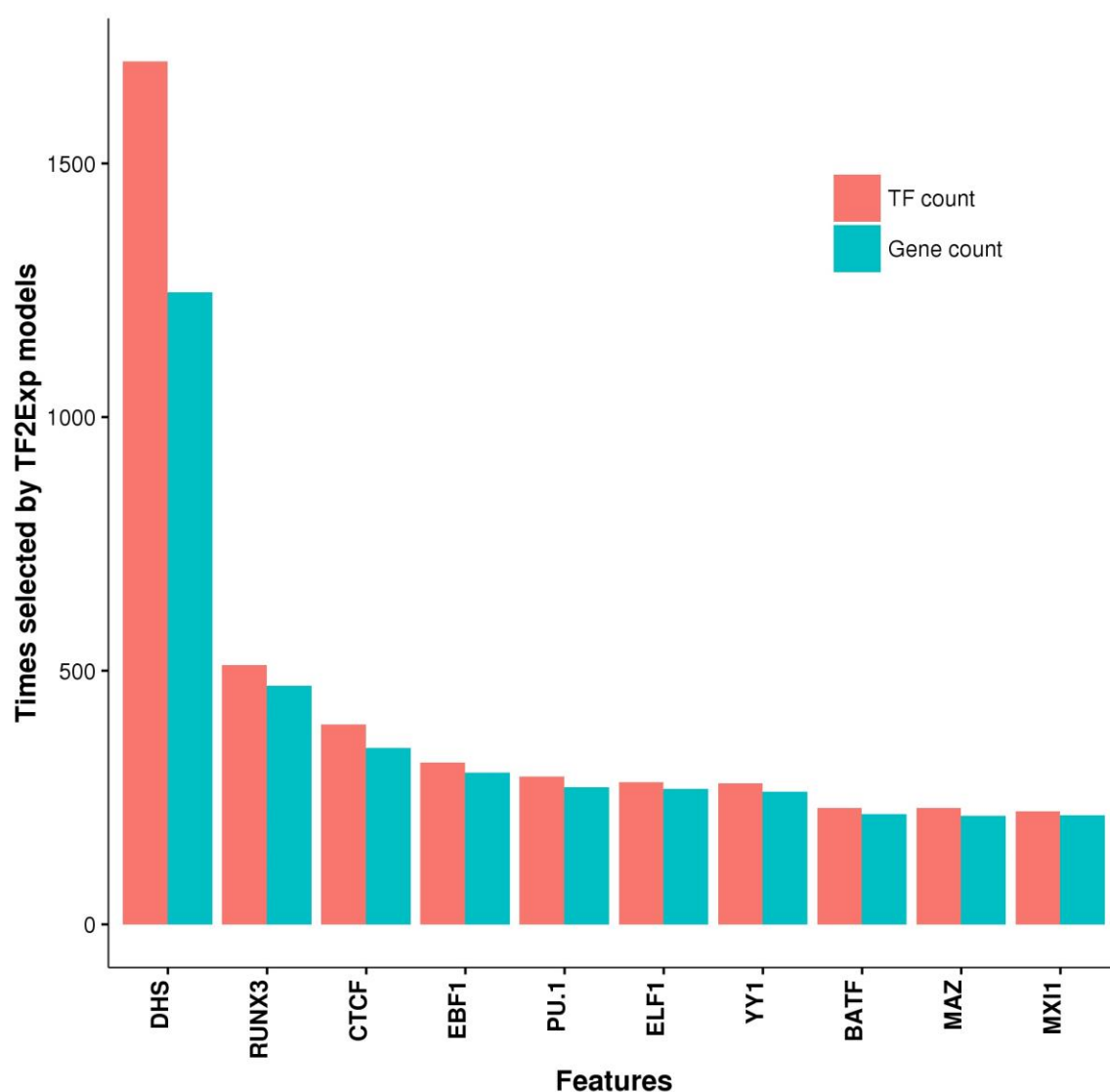


Figure 3 Top 10 TFs whose binding events are the most frequently selected features across predictable genes.

Red bars indicate the total number of TF binding events selected by TF2Exp models. Blue bars indicate the total number of genes that selected binding events of the indicated TF as key features.

Selected TF binding events correlate with gene expression in *vivo*

We next sought to assess whether *in vivo* TF binding of selected features correlated with gene expression. We obtained CTCF and PU.1 ChIP-seq LCL data for two independent sets of 45 originally training individuals (38 individuals overlapped between the two sets). TF binding signals were extracted from the reference GM12878 TF binding events (*i.e.* the ChIP-seq features used in the TF2Exp for model construction). In predictable genes, 83 CTCF and 72 PU.1 binding events were selected for testing based on their high variance of binding score change (see Materials and methods). Eight CTCF (9.7%) and seven PU.1 (9.6%) of the tested *in vivo* binding events significantly correlated with gene expression levels (Pearson correlation, FDR<0.05), and their correlation coefficients were consistent with the coefficients estimated based on the TF sequence alteration score and gene expression (p-value= 1.4×10^{-4} , coefficient = 0.81). Due to limited testing sample size (n = 45), we did not have sufficient statistical power to detect weakly correlated TF-gene relationships (e.g. coefficient < 0.29, see Materials and methods), which accounted for most (89.7%) of the tested *in vivo* binding events. In summary, we observed that 9.7% of TF binding events selected by TF2Exp displayed detectable correlation (correlation coefficient > 0.29) between *in vivo* binding and gene expression.

Effect sizes of TF binding events within promoters are greater than distal regulatory regions

We next examined the locations and effect sizes of selected features. The selected features in promoters were mostly within 10Kb of gene start positions, while selected features in distal regions were distributed within ~500Kb. We observed significant depletion of selected features in distal regulatory regions compared with promoter regions (Fisher's exact test, odds ratio = 0.32, p-value < 2.2×10^{-16}). Effect sizes of TF binding events decreased rapidly in

relation to the distance from gene start positions (Figure 4A). Such a decreasing trend has been reported for effect sizes of eQTLs²⁵. The selected features in promoter regions also exhibited significantly larger absolute effect sizes (Wilcoxon rank-sum test, p-value = 2.5×10^{-53} , Figure 4B) and more positive effects (Wilcoxon rank-sum test, p-value = 3.0×10^{-4}) than features in distal regulatory regions. Nevertheless, the selected distal features of a gene were significantly enriched in the enhancer regions associated to that gene, as specified in the FANTOM5 project²⁶ (Fisher's exact test, odds ratio = 1.3, p-value < 1.5×10^{-9} , see Materials and methods), supporting a functional role of the selected distal TF binding events. Thus TF2Exp models are identifying *cis*-regulatory sequence variants that bring functional insights into the mechanisms underlying gene expression levels.

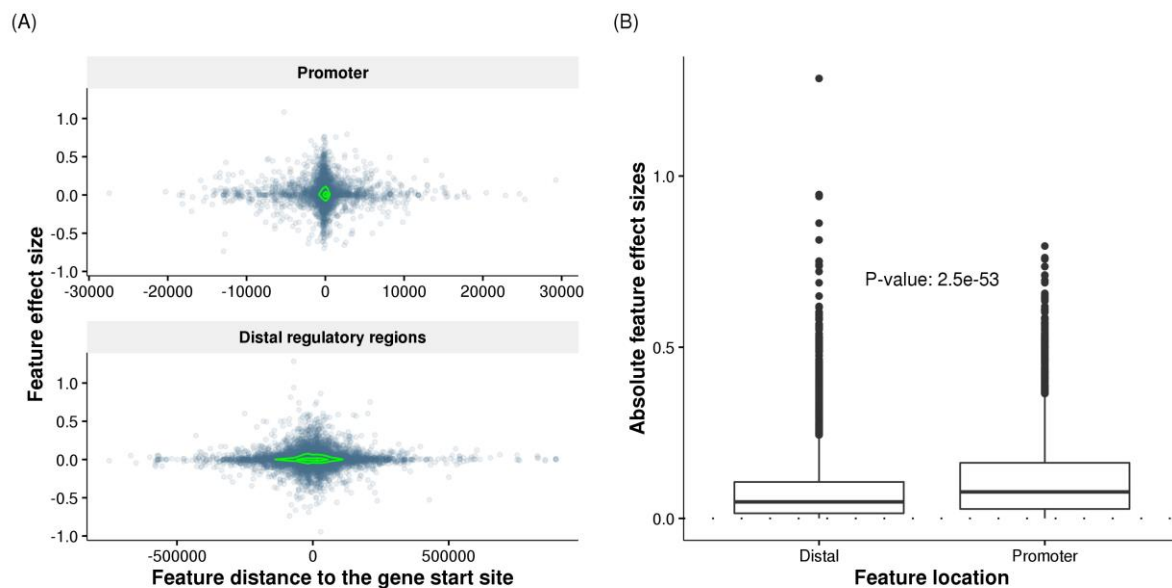


Figure 4 Feature effect sizes in promoter and distal regulatory regions. (A) Effect sizes of selected features decrease rapidly with their increasing distances to the gene start positions. Each dot represents one selected feature (TF binding event) of predictable genes, and the coordinates indicate the feature distance to gene start site (x axis) and the feature effect size (y axis) obtained in TF2Exp models. The green contours indicate estimated dot density.

Feature effect sizes are plotted separately for promoter regions (top panel) and distal regulatory regions (bottom panel). (B) Compare the absolute feature effect sizes of selected TF-binding events at promoters and distal regulatory regions across the all the predictable genes. The labeled p-value indicates the significance for the difference of two groups (Wilcoxon rank-sum test).

Uncommon variants improve model performance for a small portion of genes

As TF2Exp models can distinguish the impact of variants in TF-binding events, we investigated the contribution of uncommon (MAF ≤ 0.05) variants to model performance. TF2Exp models trained only on uncommon variants achieved lower average performance ($R^2 = 0.011$) compared with models based on all variants ($R^2 = 0.048$). However, when combining both uncommon and common variants, a small portion (11.5%) of models improved compared with using common variants alone. The improvement can be negative if performances of uncommon variants models were near zero (Supplementary file: Figure S3), suggesting that majority of the uncommon variants are not informative for TF2Exp models.

TF2Exp models can distinguish SNPs in LD compared with SNP-based expression models

We compared our TF2Exp models with state-of-the-art models, which predict alteration of gene expression levels using proximal SNPs^{4, 5} (see Materials and methods). First, for each gene, we trained both models (TF2Exp and SNP-based) on the same set of variants (SNPs within all TF binding events, SNP_{in}TF) for each gene, and named two models as TF2Exp-SNP_{in}TF and SNP-SNP_{in}TF. The two models showed comparable performance across the shared predictable genes (Wilcoxon signed-rank test, p-value=0.19; Supplementary file:

Figure S4). In addition, the default SNP-based models using all the proximal SNPs within 1Mb of the gene body showed essentially equal performance (mean $R^2 = 0.051$) to TF-SNPinTF (mean $R^2 = 0.050$, Wilcoxon signed-rank test, p -value=0.08), indicating that altered *cis*-regulatory variants can serve equally as well as SNPs as the basis for predictive expression models, while providing added benefit of mechanistic insight.

Compared with SNP-based models, TF2Exp models are able to infer the functional roles of SNPs in linkage disequilibrium (LD) based on the predicted impact of variants on TF-bound regions. Most of the selected SNPs (59.8%, $n=9,386$) in the SNP-SNPinTF models overlapped selected TF binding events (62.7%, $n=12,663$) in TF2Exp-SNPinTF for the same gene. 18.4% of the overlapped SNPs were in high LD ($r^2 > 0.9$) with other SNPs in the same TF-bound regions, hindering the inference of the casual variants for SNP-based models.

Based on TF2Exp models, we found that 36.8% of the linked SNPs showed at least a two-fold impact on the overlapped TF-bound region compared with the selected SNPs (Figure 5), suggesting a more dominant contribution of the linked SNPs. In addition, a subset of the selected SNPs (20.1%) overlapped more than one selected TF binding event, which highlights that individual SNPs can alter multiple mechanisms of gene regulation. Overall, TF2Exp models provide a quantitative way to evaluate the impact of SNPs in LD, suggesting a broader utility for genomic studies than SNP-based models.

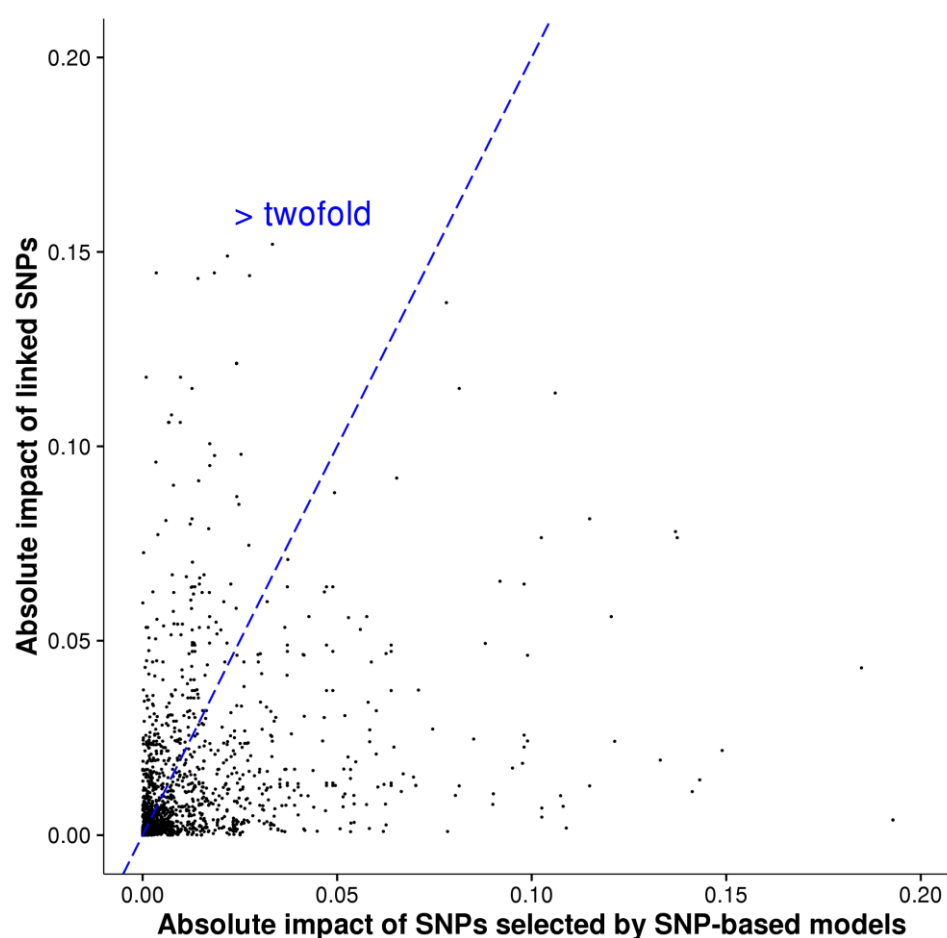


Figure 5 Distinguish the functional roles of SNPs in LD based on TF2Exp framework.

Most of the SNPs selected by SNP-based models overlapped with TF binding events selected by TF2Exp models for the same gene. A subset of these selected SNPs were in high LD ($r^2 > 0.9$) with other SNPs in the same TF-bound region. Each dot depicts the absolute impact of a selected SNP by a SNP-based model (x axis) versus the absolute impact of its linked SNP, according to the TF2Exp model. The dashed line indicates two-fold impact of the linked SNPs compared with the selected SNPs.

TF2Exp models exhibit robust performance in external validation datasets

We finally sought to evaluate the models of predictable genes on external datasets. We obtained microarray expression data from LCLs of 256 individuals²⁷, including 80 Utah residents with Northern and Western European ancestry (CEU), 87 Chinese (CHB) and 89 Japanese (JPT) (Materials and methods). As 79 of the CEU individuals overlapped with the training individuals of TF2Exp models, we first evaluated the agreement between the microarray and RNA-seq data on these individuals. Relative expression levels across all genes within each individual were concordant between microarray and RNA-seq experiments (average Spearman correlation = 0.76), supporting an overall consistency between the two data sets. However, when we considered a single gene across the 79 individuals, the correlation between the two platforms was low (average Spearman correlation = 0.19). Therefore, we expected models trained on RNA-seq data to have an upper limit performance when applied to microarray data. Then, we used TF2Exp models to predict gene expression levels on the CHB and JPT individuals. TF2Exp models achieved an average correlation of 0.16 for CHB and 0.15 for JPT individuals. Similarly, SNP-based models achieved an average correlation of 0.16 for both populations.

An example of a high performing gene (FAM105A) in the external validation is illustrated in Figure 6A by comparing the predicted (TF2Exp) and observed (microarray) expression levels. FAM105A is associated with pancreatic islet function and type 2 diabetes^{28, 29}. For this gene, TF2Exp identified 4 contributing TF binding events (Figure 6B), of which two of them had greater weights: DHS (chr22:45711760-45711910, effect size: -0.325) and MEF2A (chr22:45771822-45772122, effect size: 0.334). Alterations of these key events largely explained the changes of gene expression in the different individuals. For example, NA18640 had the lowest observed expression level in CHB individuals, as variant rs104664 of this individual was predicted by TF2Exp to increase the score of DHS; while rs5765304 in NA18573 increased MEF2A binding scores, resulting in the highest predicted expression.

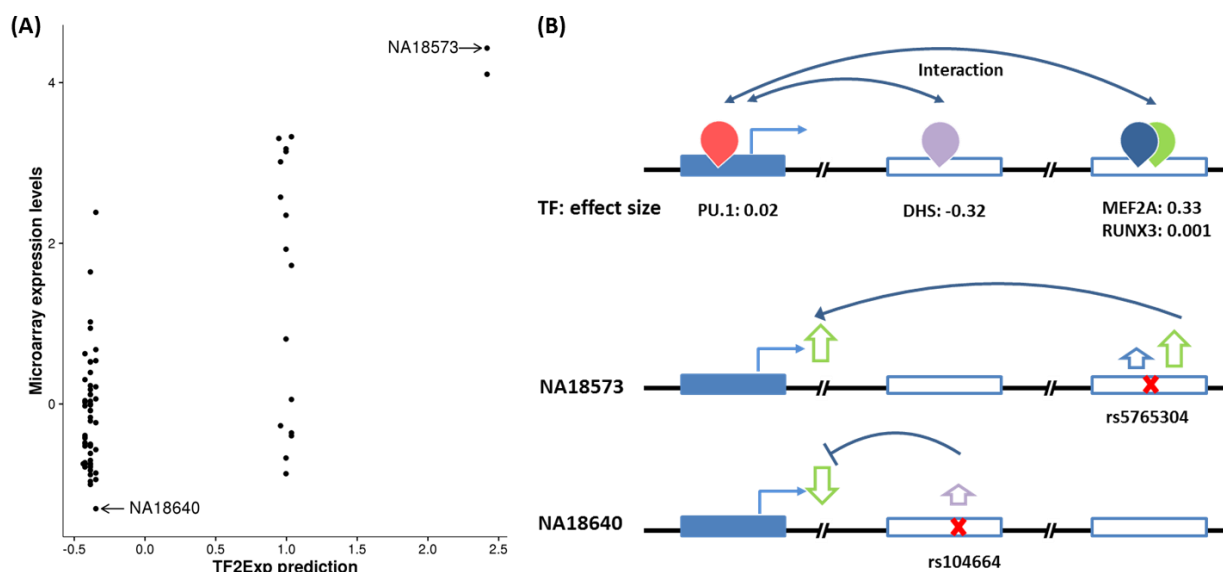


Figure 6 Performance and key features of TF2Exp for FAM105A gene in the external validation set

(A) Each point represents one tested individual and its coordinates indicate the predicted expression levels given by TF2Exp model (x axis) and the observed microarray expression (y axis). (B) Key features and inferred roles of variants of two individuals. The top panel illustrate key TF binding events learned from training data sets. The figure legend is the same as Figure 1. The middle and bottom panel show the variants within key TF binding events and their inferred roles on TF binding and gene expression for two individuals.

Discussion

Deciphering the functional roles of regulatory variants is a critical challenge in the post-sequencing era. To address this challenge, we have introduced a novel framework, TF2Exp, which uses alteration of TF binding as an intermediate feature to elucidate the functional impact of regulatory variants and predict gene expression levels. TF2Exp models based on lymphoblastoid cell line data showed predictive capacity for over 3,000 genes, incorporating

an average of 3.7 altered TF binding events per gene model. The most frequently selected TF binding events included both general properties (e.g. alterations within DNase I hypersensitive regions) and tissue-specific properties (e.g. alterations in TF bound regions for TFs relevant to the studied lymphoblastoid samples). TF2Exp models achieved equivalent performance to state-of-the-art SNP-based models, and provide mechanistic insights into *cis*-regulatory variants.

TF2Exp models have the potential to address two challenges left unresolved by SNP-based models and classical eQTL studies. For these approaches, it is difficult to: 1) infer variant function, as the studied SNPs can be in high linkage disequilibrium; and 2) evaluate the impact of rare variants (which are excluded from such analyses). By treating TF binding events as functional units within genes, TF2Exp models can evaluate the relative impact of any variant (SNV or small indel) within a TF-bound region. As in the example presented in Figure 6, for individual variants, the derived impact within the model is independent of the linkage disequilibrium or allele frequency. Moreover, even though the inclusion of uncommon variants only improved the performance for a small portion of genes (~11%), the resulting TF2Exp models offer a unique advantage for the inference of functional *cis*-regulatory variants, compared with previous SNP-based methods^{4, 5}.

Similarly to SNP-based methods, the predictive performance of TF2Exp models is limited, showing utility for a subset of genes (19.2%), and even within these genes, model performance is modest ($R^2 = 0.21$). The limited performance is likely attributable to multiple causes. First, the variance of gene expression attributed to common variants is quite low (e.g. 15.3% as estimated by Gamazon *et al.*⁵), suggesting that models restricted to DNA sequence features alone only account for a portion of the observed variance in expression levels. Second, TF2Exp models were limited by the availability of ChIP-seq data (78 TFs in LCLs), while transcriptome studies have revealed that human cells express around 430 TFs

on average³⁰. Third, TF2Exp models focused on TF binding events potentially involved in transcriptional regulation, but other regulatory mechanisms (e.g. post-transcriptional regulation) or genomic features (e.g. DNA methylation³¹ or sequence conservation³²) might explain additional portion of the observed variance of gene expression. Fourth, TF2Exp models were likely constrained by the small number of available training samples, as including additional features (e.g. TF-TF interactions and uncommon variants) decreased model performance. We expect that the expansion of reference transcriptome datasets will provide more samples for exploring more complex relationships between genes and TF binding events, thereby improving model performance. Fifth, long-distance interactions within the nucleus³³ are unaccounted for in existing models, and incorporating more dimensions in the nucleus could further improve model performance.

In conclusion, identifying the impact of *cis*-regulatory variants on gene expression is a critical step towards understanding the genetic mechanisms contributing to diseases. TF2Exp models are able to predict the impact of altered TF binding on gene expression levels and provide mechanistic insights into the roles of selected TF-binding events and *cis*-regulatory variants. We anticipate that future enlarged omics data, in LCLs and other cell types, will greatly expand the application scope of TF2Exp models.

Materials and methods

Quantifying gene expression from RNA-seq data

LCL RNA-seq and variant calling data for 358 individuals from European populations were downloaded from the GEUVADIS project³ and the 1000 Genomes Project³⁴ (Supplementary notes). Individuals covered 4 populations, including 89 Utah residents with Northern and Western European ancestry (CEU), 92 Finns (FIN), 86 British (GBR) and 91

Toscani (TSI). For each population, we built sex-specific transcriptomes in which SNP positions with $MAF \geq 0.05$ were replaced by N (representing any of the four nucleotides A, C, G, T) using scripts from ³⁵. RNA-seq data were processed using Sailfish (version 0.6.3) ³⁶, and the expression level of each gene was quantified as transcripts per million reads. The resulting expression data were normalized via multiple steps, including standardization, variation stabilization, quantile normalization and batch effects removal (*i.e.* population and gender, and 22 hidden covariates) by PEER ³⁷ (Supplementary file: Figure S1). Any gene that was either on the sex chromosomes or showed near-zero variance in expression levels was removed, leaving 16,354 genes for model training.

Associating TF binding events to genes according to Hi-C data

We obtained Hi-C data to measure physical interactions between DNA regions (Hi-C fragments) from GM12878 cells (an LCL) ³⁵. The average size of Hi-C fragments was 3.7Kb ³⁵. Promoters were defined as the $\pm 2Kb$ region centered at the start position of a gene (outermost transcript start position annotated by Ensembl ³⁸ in genome assembly GRCh37). Each promoter was extended to include any overlapping Hi-C fragments. Distal regulatory regions were defined as Hi-C fragments within 1Mb of a gene body (as delimited by the outermost transcript start and end) interacting with the promoter of that gene (proximity score >0.4). Uniformly processed GM12878 DHSs and ChIP-seq peaks for 78 TFs were downloaded from the ENCODE project ². As DHS is a general indicator of TF binding ³⁹, DHSs are referred to as part of the set of ChIP-seq peaks within this manuscript for editorial convenience. A TF binding event was associated to a gene if it overlapped the promoter or a distal regulatory region of that gene. The resulting associations between genes and TF binding events derived from GM12878 cells were used as the reference for all studied individuals.

376

377 **Predicting sequence variation impact on TF binding events**

378 Variant calling data of each individual was downloaded from the 1000 Genomes Project
 379 (release 20130502)³⁴. We only considered single nucleotide variants and small indels
 380 (<100bp). For each individual, the impact of a variant within a TF binding event was
 381 evaluated as the binding score difference between the altered and reference alleles, as
 382 determined by the corresponding DeepSEA (v0.93) TF binding model trained on GM12878
 383 data¹⁰. To allow for the analysis of multiple variants within a TF binding event, we modified
 384 DeepSEA to calculate the binding score of each allele using the 1,100bp region centered at
 385 the ChIP-seq peak max position (the original code centered the 1,100bp region at each
 386 variant). Score differences of multiple variants within the same TF binding event were
 387 summed to represent the overall alteration of that event. TF ChIP-seq peaks with multiple
 388 peak max positions and overlapped peaks from the same experiment were split at the center
 389 of each pair of neighboring peak max positions. At heterozygous positions, the binding score
 390 difference was divided by 2. Lastly, we calculated the linkage disequilibrium between
 391 variants across studies individuals using plink2⁴⁰.

392

393 **Quantitative models of gene expression**

394 *LASSO regression on gene expression:* We developed regression models to predict the
 395 expression level of a gene using altered TF binding events associated with that gene based
 396 on the following equation:

$$397 \quad Y_i \sim \sum_{k=1}^n \beta_k \Delta TF_{i,k} + \epsilon \quad (1)$$

398 where Y_i is the expression levels of gene i across the studied individuals, n is the number of
 399 TF binding events associated with gene i , $\Delta TF_{i,k}$ is the alteration of TF binding event k

across studied individuals and β_k is the effect size of TF binding event k . In equation (1), Y_i is the response and $\Delta TF_{i,k}$ is the input feature for the LASSO regression model, which was trained using the R ⁴¹ glmnet package ¹⁷ based on collected training data for 358 LCLs. Model performance was evaluated by 10-fold nested cross-validation, in which internal folds identified the optimal hyper-parameter lambda, and outer layers tested the model performance. Model performance was measured as the square of the correlation between predicted and observed expression levels (R^2). The trained models would select a subset of TF binding events as key features of which effect sizes were not zero. When Hi-C proximity scores were used as the prior to select features, the prior (penalty.factor in the glmnet function) was set to “1 – proximity score”.

Defining TF-TF interactions: For TFs known to interact in the BioGrid database ⁴², we created interaction terms between pairs of TF binding events (one from each TF) if they satisfied one of the following conditions: 1) two binding events overlapped by at least 200bp; or 2) their regulatory regions were reported to interact in the Hi-C data.

SNP based models: For each gene, we trained regression models based on multiple SNPs to predict the expression level of that gene following the same procedure as in the work of Gamazon *et al.* ⁵. We only considered SNPs with MAF > 0.05 and within 1Mb of gene body regions. The regression formula for SNP-based models was as follows:

$$Y_i \sim \sum_{k=1}^n \beta_k X_{i,k} + \epsilon$$

Where Y_i is the expression levels of gene i across studied individuals, n is the number of SNPs, and $X_{i,k}$ is the number of minor alleles of $SNP_{i,k}$.

Analyzing selected features using FANTOM5 data

In the FANTOM5 project, an enhancer is associated with a gene based on the correlation of expression between the enhancer and the gene promoter across >800 tissues and cell types²⁶. For each gene with an average model performance of at least 0.05 as in⁴ (*i.e.* a predictable gene), we counted the number of selected (and unselected) TF binding events in distal regulatory regions overlapping FANTOM5 enhancers associated to that gene. Individual gene statistics were aggregated, and the overall enrichment of selected features in enhancer regions was calculated using Fisher's exact test.

Validating the correlation between TF binding and gene expression in vivo

Next, for the key TF binding events identified by TF2Exp models, we sought to validate whether the TF binding correlates with the gene expression *in vivo*. We obtained CTCF ChIP-seq mapped data (BAM files) for 45 LCLs⁴³ and PU.1 for another set of 45 LCLs (38/45 overlap with CTCF LCLs)⁴⁴ from the 358 LCLs in the original training data. For each TF binding event, the TF binding signal was quantified as the number of ChIP-seq reads in each ChIP-seq experiment using HOMER⁴⁵. TF binding signals were then normalized through multiple steps, including scaling by library size, averaging between replicates of each individual, converting to standard deviation units (standardization), performing quantile normalization and removing batch effects by PEER³⁷. The resulting normalized data constitutes the *in vivo* TF binding signal for each TF binding event in each LCL.

We reserved the LCLs for which the extra ChIP-seq data was available as testing sets (one set for each of the two TFs). TF2Exp models were retrained on the non-testing LCLs, identifying 370 CTCF and 309 PU.1 TF binding events as key features for the subset of predictable genes. As less than 10% of *in vivo* TF binding events have been previously reported to show variable binding (greater inter-individual variance than intra-replicate

variance)^{46, 47}, we anticipated that the majority of selected TF binding events in the testing cases would be invariable. To focus on potential variable TF binding events (and minimize multiple testing impacts), we restricted the analysis to the subset of TF binding events which exhibit a strong DeepSEA score variance (top 10% of all TF binding events), resulting in 83 CTCF and 72 PU.1 selected TF binding events. Then, we assessed the correlation between the *in vivo* TF binding of the selected events and the associated gene expression in the two testing sets. Recognizing the small sample size, we estimated the minimum detectable correlation coefficient for the given testing size (n=45) at significance of 0.05 and power of 0.6 using the pwr package⁴⁸.

External validation with microarray expression data

For external validation of TF2Exp models, we relied on microarray data reporting expression levels of 15,997 Ensembl genes for LCLs of 80 CEU, 87 Chinese (CHB), and 89 Japanese (JPT) individuals²⁷. For these individuals, variant data was retrieved from the 1000 Genomes Project. We applied the TF2Exp model to predict gene expression levels from potentially altered TF binding events based on the variant data, and compared these predictions with the gene expression levels reported from the microarray.

Code and data availability

The code and model training results can be found at www.github.com/wqshi/TF2Exp. Multiple packages have been used for data processing and model training, including BEDTools⁴⁹, vcftools⁵⁰, caret⁵¹ and ggplot2⁵².

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483 **Competing interests**

484 The authors declare that they have no competing interests.

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486 **Authors' contributions**

487 With WWW, WS conceived the research and designed the study. WS conducted all the
 488 analyses with WWW and OF, and generated all figures and all tables. WS wrote the
 489 manuscript, which OF and WWW reviewed and revised.

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491 **Competing interests**

492 The authors declare that they have no competing interests.

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