

1 Female mate choice is a reproductive isolating barrier in 2 *Heliconius* butterflies

3 Laura Southcott^{1,2} and Marcus R. Kronforst^{2,3}

¹southcott@uchicago.edu

²Committee on Evolutionary Biology, University of Chicago, Chicago, IL

³ Department of Ecology and Evolution, University of Chicago, Chicago, IL

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5 **Abstract**

6 In sexually reproducing organisms, speciation involves the evolution of reproductive
7 isolating mechanisms that decrease gene flow. Premating reproductive isolation, often
8 the result of mate choice, is a major obstacle to gene flow between species because
9 it acts earlier in the life cycle than other isolating barriers. While female choice is
10 often considered the default mode in animal species, research in the butterfly genus
11 *Heliconius*, a frequent subject of speciation studies, has focused on male mate choice.
12 We studied mate choice by *H. cydno* females by pairing them with either conspecific
13 males or males of the closely related species *H. pachinus*. Significantly more intraspecific
14 trials than interspecific trials resulted in mating. Because male courtship rates did not
15 differ between the species when we excluded males that never courted, we attribute
16 this difference to female choice. Females also performed more acceptance behaviours
17 towards conspecific males. Premating isolation between these two species thus entails
18 both male and female mate choice, and female choice may be an important factor in
19 the origin of butterfly species.

20 keywords: speciation, mate choice, behavioural isolation

21 **Introduction**

22 Speciation has produced the astounding variety of organisms that so fascinate biologists. In
23 sexually reproducing organisms, speciation is the evolution of barriers to gene flow, creating
24 independent lineages out of previously connected populations (Coyne and Orr 2004). Of the
25 many barriers that can prevent interbreeding, those that occur prior to mating can exert
26 a relatively large influence on total reproductive isolation: though hybrids may be sterile,
27 strong premating isolation prevents them from being formed at all (Schemske 2000; Ramsey
28 et al. 2003). Premating barriers are especially important in cases of secondary contact or
29 speciation with gene flow (Abbott et al. 2013).

30 In insects, many mechanisms can cause premating isolation: *Rhagoletis* flies mate on their
31 host plants, so host plant preferences are a substantial barrier to hybridization (Powell et al.
32 2012). Many damselfly species differ in genital shape, and a lack of “fit” between species
33 prevents successful mating (McPeck et al. 2011). Songs of male *Laupala* crickets match the
34 preferences of conspecific females (Wiley and Shaw 2010). Female, and sometimes male,
35 preference underlies behavioural isolation between many pairs of *Drosophila* species (e.g.
36 Coyne and Orr 1989; Noor 1995; Jennings et al. 2014), and these preferences can even be
37 learned (Dukas and Scott 2015).

38 The genus *Heliconius*, containing about 45 species of Neotropical butterflies, has featured
39 prominently in speciation research over the past three decades. *Heliconius* butterflies iden-
40 tify the correct species of mate based on several cues, especially wing colour pattern (Jiggins
41 et al. 2001; Kronforst et al. 2006b; Merrill et al. 2014). Interspecific matings produce hybrid
42 offspring that may be sterile or more vulnerable to predators because they do not match
43 either aposematic parental species (Naisbit et al. 2002; Merrill et al. 2012). Unlike in many
44 taxa, male choice has been much more commonly studied than female choice in *Heliconius*,
45 and female choice studies have only documented mate preference for variation (natural or
46 experimentally-induced) in conspecific males (Finkbeiner et al. 2017; Chouteau et al. 2017;
47 Darragh et al. 2017). However, males still regularly court heterospecific females when they
48 have the opportunity (Merrill et al. 2011a). Therefore, female choice could facilitate specia-
49 tion within the genus. The traditional focus on male mate preference in *Heliconius* research
50 may mean we are missing a piece of the puzzle in understanding the origin and maintenance
51 of species in this genus. Here we present an experiment to determine whether female *H.*
52 *cydno* prefer males of their own species to males of the closely related *H. pachinus* (Figure
53 1).

54 Methods

55 Butterflies

56 *Heliconius cydno galanthus* occurs on the Caribbean coast of Central America from western
57 Panama to southern Mexico. *Heliconius pachinus* is restricted to the Pacific coast of Costa
58 Rica and Panama (Rosser et al. 2012). The two species diverged approximately 430,000 years
59 ago (Kronforst et al. 2013). There is ongoing gene flow primarily from *H. pachinus* into *H.*
60 *cydno* (Kronforst et al. 2013, 2006a), and hybridization is probably most prevalent around
61 San Jose, Costa Rica, where butterflies can cross the central mountain range through a lower
62 elevation plateau (Kronforst et al. 2007).

63 The butterflies used in our experiments came from captive populations we established
64 and maintained at the Smithsonian Tropical Research Institute’s insectaries in Gamboa,
65 Panama. The captive *H. cydno* population was founded with approximately 15 wild individ-
66 uals from Turrialba, Costa Rica in September 2015. The *H. pachinus* population came from
67 eight butterflies from Reserva Forestal El Montuoso, Herrera, Panama caught in February
68 2016, with 15 additional wild-caught butterflies added in April 2017. Experiments took place

69 between May 2016 and August 2017.

70 Adult butterflies were kept in 2.8 x 2.7 x 1.8 m cages separated by species and sex and
71 provided with a sugar-water solution and flowers of *Lantana camara*, *Psychotria poeppi-*
72 *giana*, *Gurania eriantha*, *Psiguria triphylla*, and/or *Psiguria warscewiczii* daily as a pollen
73 source. Caterpillars of both species were raised on *Passiflora triloba* and *P. edulis* plants
74 until pupation.

75 **Mate choice experiment**

76 To test whether naive virgin female *H. cydno* prefer to mate with conspecifics, we conducted
77 a no-choice experiment in which a female was paired with either a *H. cydno* or a *H. pachinus*
78 male and thus given the opportunity to mate or not.

79 We painted females' wings yellow to increase the probability of *H. pachinus* males ap-
80 proaching them. Kronforst et al. (2006b) found that *H. pachinus* males were as likely to
81 approach wings of *H. cydno* females from a line that had a yellow forewing band intro-
82 gressed from *H. melpomene* as they were to approach wings of *H. pachinus* females. We
83 chose the simpler method of painting the forewing band to avoid the potential effects of
84 inbreeding and *H. melpomene* genetics on female behaviour. On the day of their emergence
85 and after their wings had fully dried, we used a Copic YG21 Anise paint pen on the dorsal
86 surface of the forewing. This paint dries rapidly and females can fly normally within seconds
87 of its application. Females to be paired with *H. pachinus* males had their white forewing
88 band painted yellow, while females to be paired with *H. cydno* males had paint applied to
89 the black part of the forewing (approximately equal area to the white band) as a control.
90 Spectrophotometry indicated that painting over the black part of the wing did not substan-
91 tially change its reflectance spectrum, while the yellow paint on the white band was a close
92 approximation of the yellow pigment of *H. pachinus* and other *Heliconius* species (Figure
93 S1). A pilot study found no difference in survival or activity levels between painted and
94 unpainted females.

95 Experimental females were housed overnight in a large cage with other virgin females.
96 Females were tested either one or two days after emergence, when they are most receptive
97 to mating and when mating typically takes place in the wild (Jiggins 2016). A stimulus
98 male - either *H. cydno* or *H. pachinus* at least 10 days post-emergence - was isolated in
99 the experimental cage the day before the experiment. On the day of the experiment, the
100 female was placed in a popup cage (30 x 30 x 30 cm) in the experimental cage for 5 minutes
101 to acclimate. The female was then released, and both the male's courtship attempts and
102 the female's responses were recorded until mating occurred or for up to 2 hours. Table 1
103 describes the male and female behaviours recorded. Behaviours were recorded every minute,
104 so repeated instances of the same behaviour during the same minute were not counted. Each
105 female and each male was used in only one experiment to ensure independence of trials.

Table 1: Behaviours recorded during no-choice experiment

Behaviour	Description
Males	
Chase	Male follows female closely while both are flying
Court	Male hovers over perched female
Mate attempt	Male lands next to female and bends abdomen towards hers
Females	
Open wings	Perched female opens wings and holds them there
Flutter	Perched female rapidly opens and closes wings while lifting abdomen and, usually, exposing abdominal scent glands
Close wings	Perched female holds wings closed
Fly	Female flies away from male (including taking off from a perched position)

106 Statistical analysis

107 We tested whether interspecific or intraspecific pairs mated more often with a chi-squared
108 test with Yates' continuity correction. The outcome of a no-choice trial could be attributed
109 to male choice, female choice, or both. We tested whether males of the two species courted
110 females equally often with a Mann-Whitney U test, excluding trials in which the male never
111 courted. To confirm that male courtship rate did not predict the outcome of the trial, we
112 conducted a logistic regression (GLM with a logit link function) with male species and
113 number of courtships as independent variables. We examined whether females' behaviours
114 per male courtship predicted the outcome of the experiments using logistic regression on
115 only the data from intraspecific trials (there were not enough interspecific matings to test
116 whether male species interacted with these behaviours). Finally, we tested whether female
117 behaviour rates differed between inter- and intraspecific trials using Mann-Whitney U tests
118 to determine whether females responded differently to different species of males. All analyses
119 were performed in R (R Core Team 2013).

120 Results

121 Intraspecific pairs mated significantly more often than interspecific pairs (Table 2, $\chi^2 =$
122 9.28, $df = 1$, $p = 0.002$). *Heliconius pachinus* males were more likely to ignore the female
123 altogether: we excluded 21 trials with *H. pachinus* males because they performed no courtship
124 behaviours, compared to 5 such trials for *H. cydno*. We excluded trials in which the male
125 never courted because there is no opportunity for females to exercise choice in this context.

126 Male *H. cydno* and *H. pachinus* courtship frequencies did not differ significantly ($U =$
127 338, $p = 0.184$; Figure S2). In a logistic regression of outcome versus male species, number
128 of courtships, and their interaction, the number of courtship attempts did not predict the
129 outcome of the experiment (likelihood ratio tests of coefficients in a logistic regression: num-

130 ber of courtships $p = 0.54$; interaction between male species and number of courtships $p =$
131 0.57). Furthermore, comparing the full model to a reduced model with only male species as
132 predictor, the reduced model had lower AIC ($\Delta\text{AIC} = 3.31$) and a likelihood ratio test found
133 that adding number of courtships did not improve the model ($p = 0.71$). Thus, we attribute
134 the difference in mating rates to female preference for conspecific males rather than different
135 intensity of male courtship once non-courting males were excluded.

136 The rates of wing opening and fluttering did not differ between interspecific and
137 intraspecific trials. In intraspecific trials, “close wings” behaviour was positively correlated
138 with the outcome of the experiment, suggesting that wing closing indicates female acceptance
139 of a courting male (coefficient = 14.3, SE of coefficient = 5.1, $p = 0.0088$). The other
140 three behaviours were not significantly correlated with outcome, though all had negative
141 coefficients and are considered rejection behaviours by other authors (Figure 2, Jiggins 2016;
142 Chouteau et al. 2017). Females closed their wings more often in intraspecific trials and flew
away from the male more often in interspecific trials (Table 3, Figure 3).

Table 2: Outcomes of no-choice experiment

	Mating	No Mating
Interspecific	4	21
Intraspecific	15	9

143

Table 3: Results of Mann-Whitney U tests comparing female behaviours per male courtship between trials with *H. cydno* (intraspecific) and *H. pachinus* (interspecific) males.

Behaviour	U	p
Closed wings	369.5	0.001
Open wings	239	0.56
Flutter	200.5	0.12
Fly	140.5	0.0087

144 Discussion

145 Intraspecific no-choice trials ended in mating much more often than interspecific trials did.
146 The lack of difference in courtship rates between species among males who courted at least
147 once strongly suggests that female choice determined the outcome. The differences in female
148 response behaviours (closing wings and flying away) to different species of courting males
149 further suggests that females actively chose mates. This is the first demonstration of inter-
150 specific female choice in *Heliconius* butterflies, a model genus for speciation research with
151 extensive evidence of male mate choice. Although male choice exists between these species
152 (Kronforst et al. 2006b), it is weak enough that we could observe sufficient interspecific
153 courtships to examine females’ response to heterospecific males.

154 Our study adds to other attempts to document female mate preference in *Heliconius*.
155 Recent studies have revealed intraspecific female choice in several *Heliconius* species us-
156 ing a variety of methods. All suggest that females exert choice during courtship based on
157 multimodal signals, particularly vision and olfaction. In *H. erato*, females approach mov-
158 ing paper wings more often when they are UV reflective and have the appropriate yellow
159 pigment (Finkbeiner et al. 2017). In the polymorphic species *H. numata*, females perform
160 more rejection behaviours towards moving models made of dead males' wings if those wings
161 are of the same colour pattern morph as the female (Chouteau et al. 2017). In *H. timareta*,
162 *H. erato*, and two subspecies of *H. melpomene*, females are less likely to mate with males
163 whose pheromone-producing androconial scales have been blocked with nail varnish than
164 with non-blocked males (Darragh et al. 2017). Backcross hybrid females between *H. cydno*
165 and *H. melpomene* are less likely to mate when they are heterozygous at the locus controlling
166 a colour pattern element on the hindwing than when homozygous (Merrill et al. 2011b). Be-
167 cause both visual and olfactory cues differ among *Heliconius* species, these same cues could
168 be used in interspecific female mate choice. *Heliconius cydno* and *H. pachinus*, however, do
169 not differ in male pheromone composition (Schulz et al. 2007, K. Darragh pers. comm.), so
170 females likely choose between these species based on visual and perhaps other non-olfactory
171 cues.

172 Female choice acts within and between other butterfly species. In *Pieris occidentalis*,
173 females prefer males of their own species over male *P. protodice*, and increasing the area of
174 melanized spots on the forewing of *P. protodice* males increases the rate at which *P. occi-*
175 *dentalis* mate with them (Wiernasz and Kingsolver 1992). A series of experiments revealed
176 that *Colias philodice* females prefer conspecific males over *C. eurytheme* males, but that
177 wing colour alone does not affect their preference (Silberglied and Taylor 1978). Females of
178 the cryptic species *Leptidea sinapis* and *L. reali* use long courtships to distinguish between
179 males, which court both species indiscriminately (Friberg et al. 2008). Other studies have
180 not tested interspecific mate choice directly, but have manipulated conspecific male pheno-
181 types. They include studies of eyespot morphology and pheromones in *Bicyclus anynana*
182 (Robertson and Monteiro 2005; Costanzo and Monteiro 2007) and of ultraviolet reflectance,
183 iridescence, and other visual cues in *Pieris rapae* (Morehouse and Rutowski 2010), *Battus*
184 *philenor* (Rutowski and Rajyaguru 2013), and *Hypolimnas bolina* (Kemp 2007), among other
185 species.

186 While female choice acts in both inter- and intraspecific contexts in many butterflies, it is
187 not always clear how much such choice contributes to total reproductive isolation. In many
188 species, mate choice is mutual, but it is also often sequential, with males choosing whether to
189 approach a female before the female can choose to accept or reject a male. This is certainly
190 the case in *Heliconius*, and has long complicated efforts to detect female choice (Merrill et al.
191 2015). *Heliconius cydno* and *H. pachinus* are one of the younger species pairs within the genus
192 (approximately 430 kya divergence; Kronforst et al. 2013). Compared to *H. cydno* and its
193 next closest relative *H. melpomene*, which diverged approximately 1.4 mya (Kronforst et al.
194 2013), male *H. cydno* and *H. pachinus* are more likely to engage in heterospecific courtships
195 (Merrill et al. 2011a). This weaker male choice made it possible for us to induce *H. pachinus*

196 males to court *H. cydno* females in sufficient quantities to test female choice. However, it also
197 suggests that later in speciation female choice may decrease in relative importance among
198 isolating barriers because male choice is strong enough that females are seldom courted by
199 heterospecific males. Nevertheless, in young species pairs such as the one we studied, mate
200 choice by both sexes contributes to reproductive isolation.

201 We have demonstrated for the first time that interspecific female mate choice is a repro-
202 ductive isolating barrier between two *Heliconius* species. This finding parallels recent research
203 showing intraspecific female choice in several *Heliconius* species and fills a longstanding gap
204 in the extensive literature on speciation and hybridization in this genus. Further research
205 on the cues females use to select mates and whether they are linked to divergently selected
206 traits is needed to understand the role of female choice in speciation.

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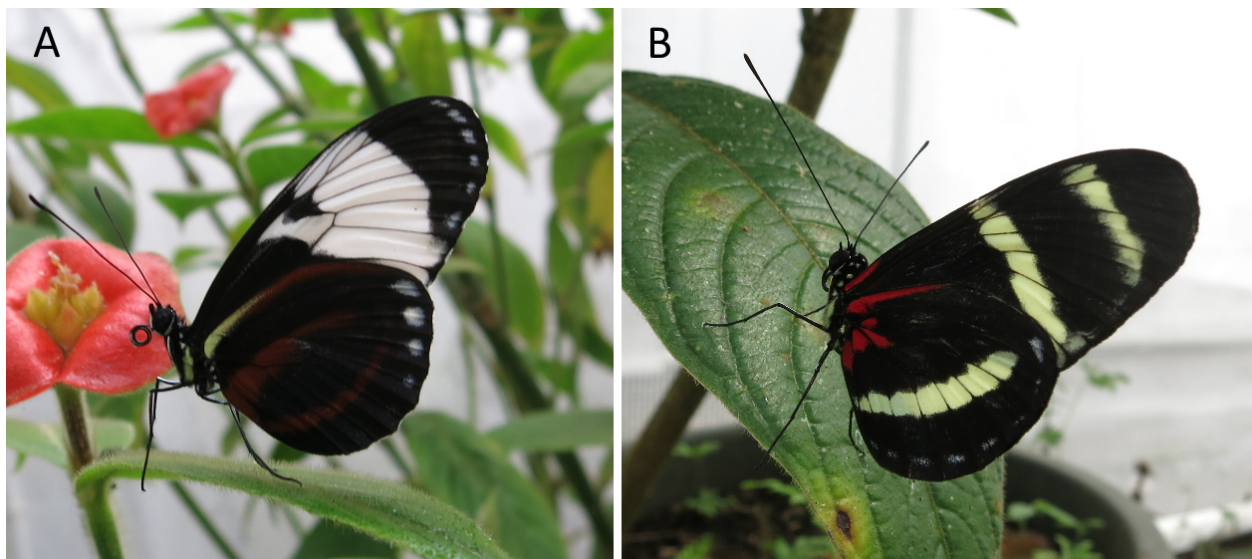


Figure 1: Butterfly species used in this study. A: *Heliconius cydno galanthus*. B: *Heliconius pachinus*.

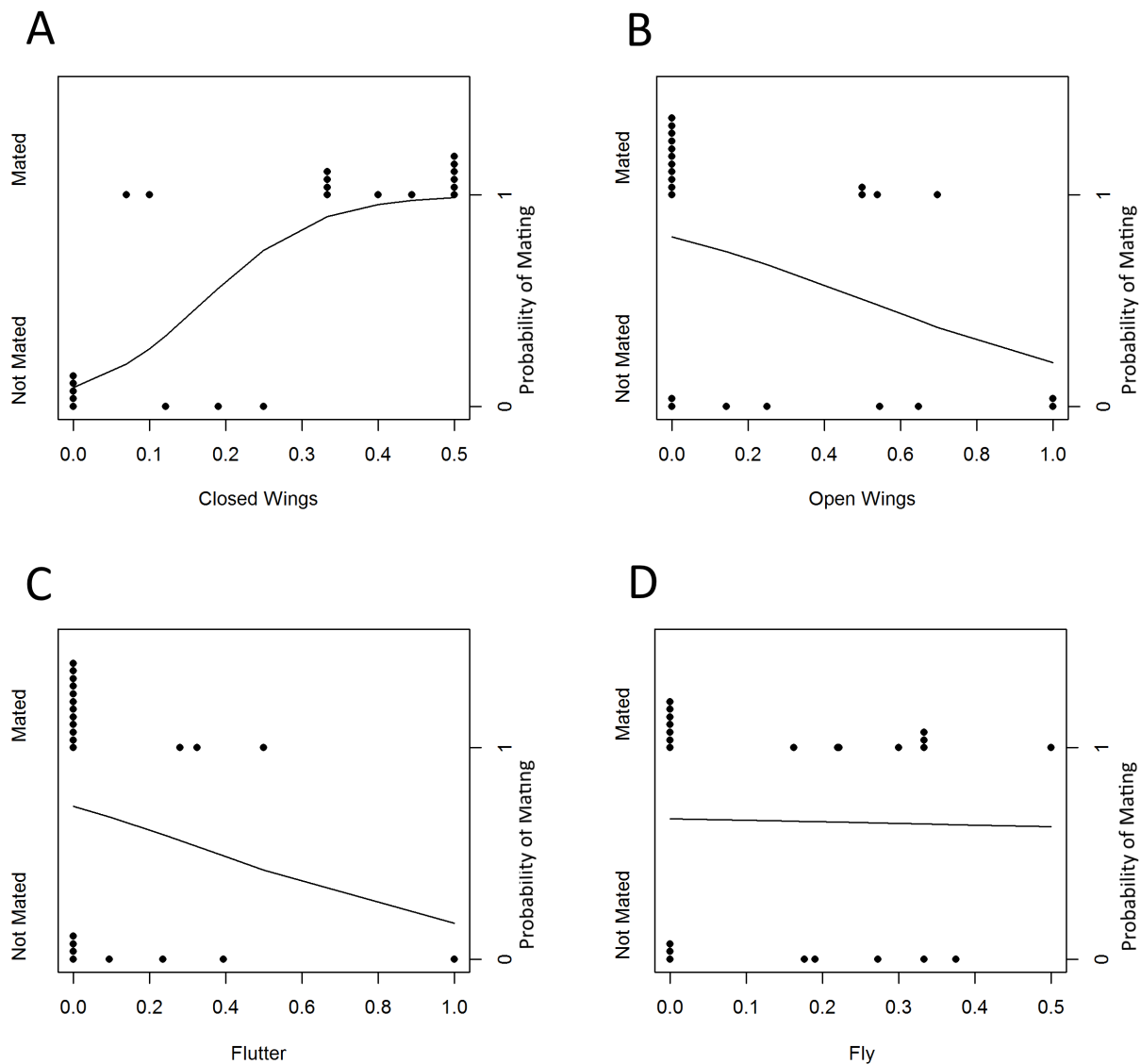


Figure 2: Outcome of no-choice trial and number of female behaviours per male courtship in intraspecific trials. Lines and right y-axis: Probability of mating versus female behaviour from GLMs. A: closed wings. B: open wings. C: flutter. D: fly. See Table 1 for descriptions of behaviours.

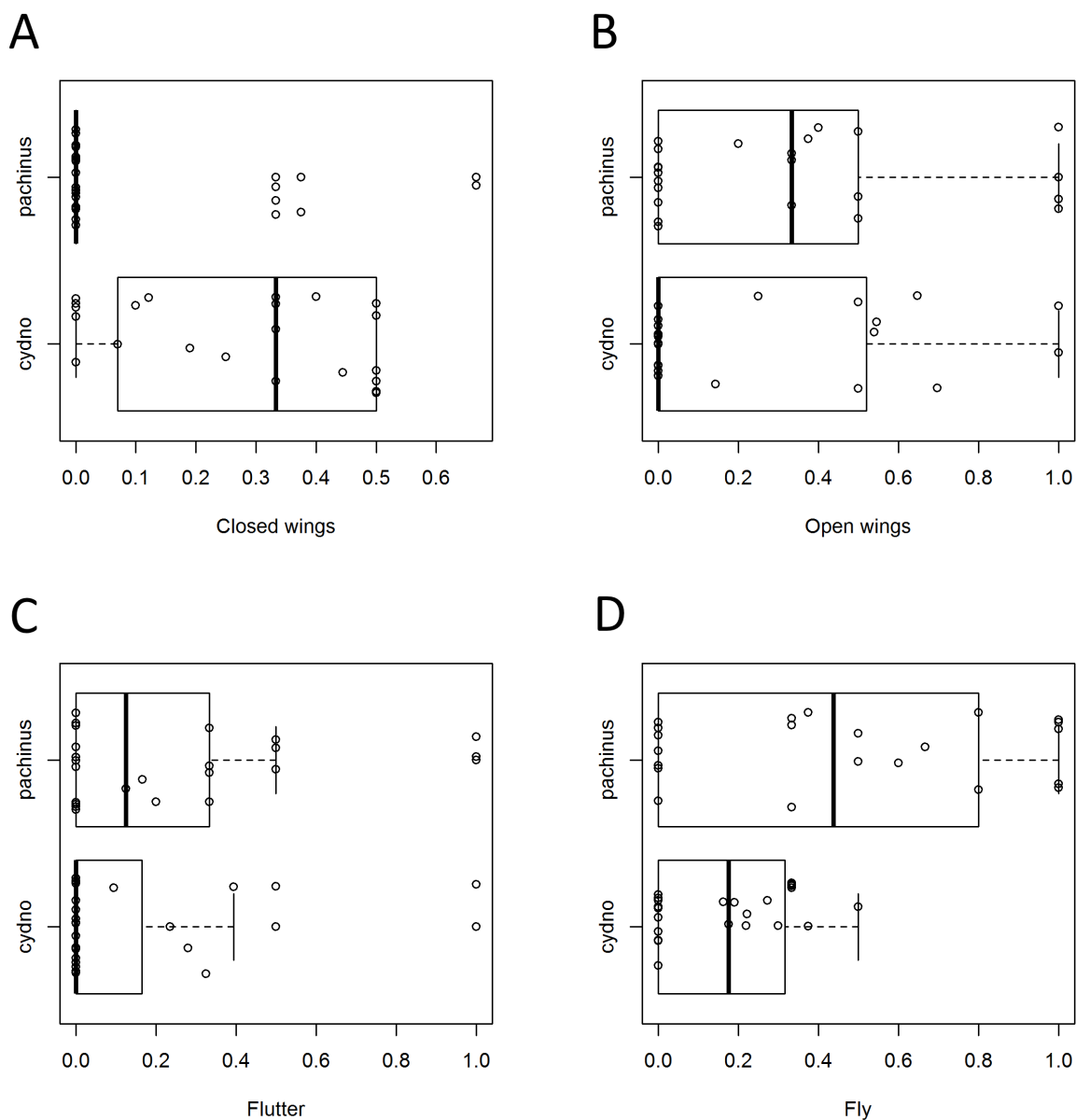


Figure 3: Female behaviour rates in trials with *H. cydno* and *H. pachinus* males. A: closed wings. B: open wings. C: flutter. D: fly. Some sample sizes differ from those in Table 2 because not all behaviours were recorded in a few early trials.