

Coadapted genomes and selection on hybrids: Fisher's geometric model explains a variety of empirical patterns

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Abstract

10 Fitness landscape models play an important role in our understanding of speciation, hybridiza-
12 tion and admixture. The simplest modeling approaches are best-suited to particular kinds of hy-
14 bridization: either crosses between closely-related inbred lines, where hybrids are often fitter than
16 their parents, or crosses between effectively isolated species, where breakdown involves discrete in-
18 compatibilities of large effect. We study a fitness landscape based on Fisher's geometric model, and
20 show that it naturally interpolates between these two approaches, while explaining surprising empir-
22 ical patterns that have been observed in both regimes. The model also yields new predictions, which
can be tested with genomic data, and without needing to identify individual loci with anomalous ef-
fects. We test these predictions with data from *Mytilus* mussels, and published data from plants (*Zea*,
Populus and *Senecio*) and animals (*Mus*, *Teleogryllus* and *Drosophila*), and the predictions are generally
supported. Fisher's geometric model should be particularly useful for studying hybridization in an
intermediate regime, where hybrid fitness might be influenced by allelic coadaptation and maladapt-
ation in the parental lines, and where epistatic interactions might involve many loci of moderate
effect.

Keywords

24 Speciation genetics, heterozygosity, Dobzhansky-Muller incompatibilities, sterility, inbreeding, Hal-
dane's Rule.

26 1 Introduction

Hybridization and admixture involve testing alleles in alternative genetic backgrounds. Most classical studies of hybridization can be placed into one of two classes. The first, involves crosses between closely-related inbred lines, where there is no coadaptation between the deleterious alleles that differentiate the parental backgrounds, such that most hybrids are fitter than their parents. Wright's single-locus theory of inbreeding was developed to interpret data of this kind (Crow 1952; Hallauer et al. 2010; Wright 1922, 1977). The second, involves crosses between effectively isolated species, where viable and fertile hybrids are very rare. Data of this kind are often analyzed by focusing on a small number of "speciation genes", and interpreted using models of genetic incompatibilities (Coyne and Orr 1989; Dobzhansky 1937; Gavrilets 2004; Kalirad and Azevedo 2017; Orr 1995; Welch 2004).

The differences between these types of hybridization are clear, but it is equally clear that they are extremes of a continuum. Furthermore, the intermediate stages of this continuum are of particular interest, including, as they do, incipient speciation, and occasional introgression between partially-isolated populations (Duranton et al. 2017; Fraïsse et al. 2016a; Mendez et al. 2012; Waser 1993). However, it can be difficult to model natural selection in this intermediate regime, not least because models require a large number of parameters when they include epistatic effects between many loci. The empirical study of hybrid genotypes in this regime is also difficult. The analysis of lab crosses often focuses on segregation distortions of large effect, and pairwise incompatibilities (Abbott et al. 2013; Coyne and Orr 2004). This QTL-mapping framework can miss small effect mutations (Noor et al. 2001; Rockman 2012), which are difficult to identify individually, but whose cumulative effect can be substantial (Boyle et al. 2017).

One promising approach is to use Fisher's geometric model, which assigns fitness values to genotypes using a model of optimizing selection on quantitative traits (Fisher 1930; G. Martin and Lenormand 2006; Orr 1998; Welch and Waxman 2003). The tools of quantitative genetics have often been used to study hybridization (e.g. Demuth and Wade 2005; Fitzpatrick 2008; Lynch 1991; Melchinger 1987), but Fisher's model is fully additive at the level of phenotype, and the "traits" need not correspond in any simple way to standard quantitative traits (G. Martin 2014; Schiffman and Ralph 2017). Instead, the goal is to generate a rugged fitness landscape, which includes a wide variety of mutational effect sizes and epistatic interactions, with a minimum of free parameters (Barton 2017; Hwang et al. 2017).

Here, we build on previous studies (Barton 2001; Chevin et al. 2014; Fraïsse et al. 2016b; Schiffman and Ralph 2017), and use Fisher's geometric model to study hybridization. We develop a simple random-walk approximation, and show that it can naturally interpolate between previous modeling approaches, which are appropriate for the two extreme types of hybridization. We then show how the model can account for surprising empirical patterns that have been observed in both regimes (Moehring 2011; Moran et al. 2017; Wright 1977). Finally, we show that the model yields several novel predictions, and test these predictions with a wide range of new and existing data sets (Table 1).

62 2 Models and Results

2.1 The models

64 2.1.1 Notation and basics

We will consider hybrids between two diploid populations, labeled P1 and P2, each of which is genetically uniform, but which differ from each other by d substitutions. The populations could generate 3^d distinct hybrid genotypes, and each might have a different level of fitness, but we are most interested in systematic differences between different types of hybrid (e.g., high versus low heterozygosity, males versus females, F1 versus F2 etc.). As such, following Turelli and Orr (2000), we describe hybrids using a “breakdown score”, S , which is larger for hybrids that are less fit. The relationship between S and fitness, w , might take a form such as

$$\ln w \propto -S^{\beta/2} \quad (1)$$

72 in which case, the parameter β adjusts the overall level of fitness dominance and epistasis, and can vary independently of other results (Fraïsse et al. 2016b; Hinze and Lamkey 2003; Tenaillon et al. 2007; see also Discussion). We now define the key quantity f , as the expected value of S for a particular class of hybrid, scaled by the expected value for the worst possible class.

$$f \equiv \frac{E(S)}{E(S_+)} \quad (2)$$

76 Here, $E(S_+)$, is the expected breakdown score for the class of hybrid with the lowest expected fitness. Therefore, f can vary between zero, for the best possible class of hybrid, and one, for the worst possible class.

To define classes of hybrid, we also follow Turelli and Orr (2000). We pay particular attention to inter-population heterozygosity, and define p_{12} as the proportion of the divergent sites that carry one allele from each of the parental types. We also define p_1 and p_2 as the proportion of divergent sites that carry only alleles originating from P1 or P2 respectively. Since $p_1 + p_2 + p_{12} = 1$, it is convenient to introduce the hybrid index, h , which we define as the total proportion of alleles that originates from P2 (e.g. Fitzpatrick 2012).

$$h \equiv p_2 + \frac{1}{2}p_{12} \quad (3)$$

Each individual genotype can now be described via its heterozygosity, p_{12} , and its hybrid index, h . Results below will mainly concern the dependency of f on p_{12} and h .

2.1.2 Fisher’s geometric model

88 Fisher’s model is defined by n quantitative traits under optimizing selection (Fisher 1930). If the selection function is multivariate normal, including correlated selection, then we can rotate the axes

90 and scale the trait values, to specify n new traits which are under independent selection of different
strengths (G. Martin 2014; G. Martin and Lenormand 2006; Waxman and Welch 2005). An example
92 with $n = 2$ is shown in Figure 1. We now define the breakdown score of a phenotype as

$$S \equiv \sum_{i=1}^n \lambda_i z_i^2 \quad (4)$$

where, for trait i , z_i is its deviation from the optimum and λ_i is the strength of selection. By assumption,
94 all mutational changes act additively on each trait, but their effects on breakdown can vary with the
phenotype of the individual in which they appear, and this yields fitness epistasis. To specify the
96 breakdown for each hybrid genotype, we would need to know the sizes and directions of all of the
mutations that differentiate P1 and P2. However, a useful approximation is to treat the recombinant
98 hybrid genotypes as if they lie along random walks in phenotypic space, where each fixed mutation
contributes an expected v_i to the variance of the random walk on trait i . In this case, the worst possible
100 class of hybrid will lie at the end of an unconstrained random walk away from the optimum, with no
tendency for coadaptation among the changes. The walk can involve a maximum of d substitutions,
102 and so we have

$$E(S_+) \equiv d \sum_{i=1}^n \lambda_i v_i \quad (5)$$

Most hybrid genotypes will have higher fitness than this, because they contain combinations of alleles
104 that are coadapted, as a result of past natural selection in their original backgrounds. To find the
value of f (eq. 2) that applies to these genotypes, let us first assume that P1 and P2 are sufficiently well
106 adapted, compared to the worst class of hybrid, to be treated as optimal. In this case, we fix f at zero for
both parental types: $f_{P1} = f_{P2} = 0$. This implies that the midparental phenotype will also be optimal,
108 and given the assumption of additivity, this midparent will be associated with the global heterozygote.
We can now model the hybrid phenotypes as lying on a tethered random walk, or Brownian bridge,
110 with these three optimal genotypes as fixed points; f is the variance associated with this Brownian
bridge. In Appendix 1, we show that the result required is

$$f = p_{12}(1 - p_{12}) + 4p_1p_2 \quad (6)$$

$$= 4h(1 - h) - p_{12} \quad (7)$$

112 The fitness surface that is implied by eq. 7 is shown in Figure 2a. It should be noted that this
prediction does not depend on any of the model parameters. For example, the number of traits, n ,
114 could affect the accuracy of the random-walk approximation (since S will tend to approach normality
as n increases). But n does not appear in eq. 7, which depends on p_{12} and h alone.

116 It is also possible to relax the assumption that the parents are optimally fit. In Appendix 1, we
show that a simple and useful expression arises when the midparent is optimal, but the parents are

118 suboptimal. This implies that both parents are equally maladapted: $f_{P1} = f_{P2} \equiv f_P$, and we find that

$$f = p_{12}(1 - p_{12}) + 4p_1p_2 + (p_1 - p_2)^2 f_P \quad (8)$$

$$= f_P + (1 - f_P) 4h(1 - h) - p_{12} \quad (9)$$

120 Fitness surfaces with varying levels of parental maladaptation are illustrated in Supplementary Figure S1. As expected, eq. 9 reduces to eq. 7 when $f_P = 0$, while in the other extreme case, when $f_P = 1$ we find,

$$f = 1 - p_{12}, \quad f_P = 1 \quad (10)$$

122 In this case, when parental fitness is no higher than the expected fitness of a random assembly of their alleles (eq. 2), then the breakdown is proportional to the total homozygosity (eq. 10). This result
124 agrees with Wright's (1922) single-locus theory of inbreeding, which was developed to analyze crosses between closely-related inbred lines (see also eq. 18 below). This agreement makes intuitive sense:
126 when $f_P = 1$, all of the divergence between P1 and P2 must comprise deleterious mutations with no coadaptation. In its general form (eq. 9), Fisher's model shows how coadaptation between the parental
128 alleles affects selection in the hybrids.

2.1.3 A general model of incompatibilities

130 The previous section showed that Wright's theory of inbreeding appears as a special case of Fisher's geometric model, when $f_P = 1$. In this section, we show that the other extreme case, with $f_P = 0$, can
132 also be derived via an alternative route, using a widely-used model from speciation genetics. We show that eq. 7 can be obtained from a model of genetic incompatibilities, each involving alleles at a small
134 number of loci (Fraïsse et al. 2016b; Gavrillets 2004; Orr 1995; Turelli and Orr 2000; Welch 2004). The aim of this section is solely to compare the two modeling approaches. Empirical tests of eq. 9 follow in
136 subsequent sections.

Following Orr (1995), let us assume that certain combinations of alleles, at $\ell \leq d$ of the divergent loci,
138 can be intrinsically incompatible, while all other combinations confer high fitness. By assumption, the pure species genotypes, and their ancestral states, must be fit, but all other combinations have a fixed
140 probability ε_ℓ of being incompatible. Under this model, the expected breakdown score for the worst class of hybrid is proportional to the expected number of incompatibilities, and this was calculated by
142 Welch (2004, eqs. 1-2):

$$E(S_+)_I \propto \varepsilon_\ell \binom{d}{\ell} (2^\ell - \ell - 1) \quad (11)$$

Here, and below, we use the subscript I to indicate a model of incompatibilities. To derive f_I (eq. 2),
144 we note that hybrids will have higher fitness when some of the incompatibilities are absent from their genomes (Turelli and Orr 2000). The probability that an incompatibility is present depends on how
146 many of the ℓ loci are heterozygous. For a genotype comprising i loci that are homozygous for the P1

allele, j loci homozygous for the P2 allele, and k loci that are heterozygous, the probability required is:

$$\pi_{ijk} = \frac{2^k - 0^i - 0^j}{2^\ell - 2} \quad (12)$$

148 which is the proportion of the possible combinations of heterospecific alleles that are present in an “ ijk ”
150 genotype. Incompatibilities may also have reduced effects due to recessivity, when their negative effects
152 are masked by the presence of alternative, compatible alleles (Turelli and Orr 2000). To model this, we
154 introduce the free parameter s_{ijk} , which is the expected increase in breakdown when an incompatibility
appears in an ijk genotype. Finally, in a hybrid genome characterized by p_1 , p_2 and p_{12} , the trinomial
expansion of $(p_1 + p_2 + p_{12})^\ell$, tells us how many ℓ -locus genotypes of each type it is expected to contain.
Putting these together, we have

$$f_I = \sum_{i+j+k=\ell} \binom{\ell}{i,j,k} p_1^i p_2^j p_{12}^k \pi_{ijk} s_{ijk} \quad (13)$$

Equations 12-13 extend results with $\ell = 2$ and $\ell = 3$ from Turelli and Orr (2000), and represent a
156 general model of breakdown caused by incompatibilities. A notable feature of these equations is their
large number of free parameters. Even with symmetry between P1 and P2 (such that $s_{ijk} = s_{jik}$), we will
158 still require a total of $\lfloor \ell(1 + \ell/4) \rfloor$ different s_{ijk} values to specify the model (i.e., three extra parameters
for two-locus incompatibilities, five parameters for three-locus incompatibilities etc.). There is good
160 empirical evidence for, at least, two- three- and four-locus incompatibilities (Fraïsse et al. 2014), and so
the full model would depend on at least 17 free parameters. By contrast, eq. 6, from Fisher’s geometric
162 model, has no free parameters. The incompatibility-based model is therefore much more flexible, but
also much more difficult to explore.

164 Because of this flexibility, however, it is also possible to find a set of s_{ijk} values that yield exactly the
same dependencies as Fisher’s model. To do this, we set $f_I = f$, using eqs. 6 and 13, and then solve for
166 the s_{ijk} . After some algebra, we find

$$s_{ijk} = \frac{(i+j)\ell - (i-j)^2}{\ell(\ell-1)\pi_{ijk}} \quad (14)$$

Equation 14 looks unwieldy, and it was derived solely to make the models agree. Nevertheless, in
168 Appendix 2 and Supplementary Figure S2, we show that it embodies biologically plausible assumptions
about incompatibilities, namely (i) partial recessivity, and (ii) increased levels of breakdown when
170 incompatibilities are present with homozygous alleles from both parental lines. We further show that
these s_{ijk} fall within the relatively narrow range of values that are required if the model is to yield a
172 range of well-established empirical patterns (see also Turelli and Orr 2000). As such, when parental
lines are well adapted compared to the worst possible class of hybrid ($f_P = 0$), the key predictions of
174 Fisher’s geometric model can also be derived from a general model of incompatibilities.

2.2 Testing the predictions with biparental inheritance

176 2.2.1 Fitness differences between crosses

The simplest predictions from eq. 9 assume standard biparental inheritance at all loci. In this case, 178 the standard cross types can be easily located on the fitness landscape shown in Figure 2a (Fitzpatrick 2012). With biparental inheritance, hybrids from the initial F1 cross ($P1 \times P2$) will be heterozygous at 180 all divergent loci ($p_{12} = 1$ and $h = \frac{1}{2}$); as such, eq. 9 predicts no breakdown for these F1.

$$f_{F1} = 0 \quad (15)$$

If the parental types are maladapted, then eq. 15 implies that $f_P > f_{F1}$, and so there will be F1 hybrid 182 vigor. Hybrid vigor can also appear at later crosses, but only when the parents are very maladapted. To see this, we can rearrange eq. 9 to provide a general condition for hybrid vigor:

$$f_P > 1 - \frac{p_{12}}{4h(1-h)} \quad (16)$$

184 This condition will be much harder to satisfy for crosses beyond the F1. For example, in the first backcross ($F1 \times P1$), all heterospecific alleles are heterozygous, and the expected heterozygosity is 50%: 186 $h = \frac{p_{12}}{2}$, $E(p_{12}) = \frac{1}{2}$ (Fitzpatrick 2012). As such, eq. 16 predicts hybrid vigor only when $f_P > (1 - p_{12}) / (2 - p_{12}) \approx \frac{1}{3}$. Conditions for hybrid vigor are even more stringent in the F2 ($F1 \times F1$), when the 188 expected hybrid index and heterozygosity are both 50%: $E(h) = E(p_{12}) = \frac{1}{2}$. With these values, F2 hybrid vigor is predicted only when $f_P > \frac{1}{2}$. Taken together, these results predict that F1 vigor will 190 be common, while hybrid breakdown will often appear in later crosses. This pattern has widespread empirical support (see references in Table A1 of Fraïsse et al. 2016b).

192 The model also makes quantitative predictions about the relative fitness of different crosses. Extensive data to test these predictions are available for *Zea mays*; these involve crosses of closely related and 194 highly inbred lines, which do show hybrid vigor in the F2 and later crosses (Hallauer et al. 2010; Hinze and Lamkey 2003; Melchinger 1987; Neal 1935; Wright 1977). To analyze these data, a widely-used 196 proxy for fitness is the excess yield of a cross, scaled by the excess yield of the F1. From eqs. 1-2, the relevant quantity is approximately equal to

$$\frac{w - w_P}{w_{F1} - w_P} \approx 1 - (f/f_P)^{\beta/2} \quad (17)$$

$$= 1 - p_{12}, \quad f_P = 1, \beta = 2 \quad (18)$$

198 where w and f are the fitness and relative breakdown score for the hybrid of interest. For later crosses, these values will vary between individuals within a cross, due to segregation and recombination, but 200 in this section we ignore this variation, and assume that p_{12} and h take their expected values for a given cross type. A fuller treatment is outlined in Appendix 3.

202 Equation 18 confirms that Fisher's model reduces to Wright's (1922) single-locus predictions for inbreeding, but only when all divergence is deleterious ($f_P = 1$), and increases in breakdown score

204 act independently on log fitness ($\beta = 2$). These single-locus predictions have strong support in *Zea*
205 *mays* (Hallauer et al. 2010; Hinze and Lamkey 2003; Melchinger 1987; Neal 1935; Wright 1977). For
206 example, as shown in Figure 3a, the excess yield of the F2 is often around 50%, equal to its expected
207 homozygosity (Hallauer et al. 2010; Wright 1977). It is also notable that the two outlying points (from
208 Shehata and Dhawan 1975), are variety crosses, and not inbred lines in the strict sense.

Despite this predictive success, Wright (1977) noted a pattern that single-locus theory could not
210 explain. In Wright's words: "the most consistent deviation from expectation [...] is the low yield of F2
211 in comparison with the first backcrosses" (Wright 1977, p. 39). Because $E(p_{12}) = \frac{1}{2}$ for both crosses, this
212 difference must involve fitness epistasis. In fact, the pattern is predicted by Fisher's model, when there
213 is a small amount of coadaptation between the fixed alleles, such that $0.5 < f_P < 1$ (see Supplementary
214 Figure S1 for fitness surfaces of this type). To show this, Figure 3b plots the four relevant data sets
215 collated by Wright, and compares the results to predictions from eq. 17 with $f_P = 0.75$. The model
216 predicts the roughly linear increase in vigor with mean heterozygosity, as with single locus theory, but
also predicts the consistent difference in vigor between the backcross and F2.

218 2.2.2 Selection on heterozygosity within crosses

In the previous section, we ignored between-individual variation in heterozygosity within a given cross
220 type. In this section, we show how natural selection is predicted to act on this heterozygosity.

First, let us consider the F2. In this case, we have $4h(1-h) \approx 1$ with relatively little variation
222 between individuals (see Appendix 3 for details). Therefore, eq. 9 is well approximated by

$$f_{F2} \approx 1 - p_{12} \quad (19)$$

and so Wright's result (eq. 10), applies in the F2, regardless of parental adaptedness. The prediction is
224 that p_{12} will be under directional selection in the F2, favoring individuals with higher heterozygosity.

Now let us consider a backcross: $F1 \times P1$. In this case, we have $p_2 = 0$, and so eq. 8 becomes

$$f_{BC} = (1 - f_P) p_{12} (1 - p_{12}) + f_P (1 - p_{12}) \quad (20)$$

$$= p_{12}(1 - p_{12}), \quad f_P = 0 \quad (21)$$

226 So selection in backcrosses varies with parental maladaptation. When $f_P > 0.5$ there is directional
227 selection for higher heterozygosity, as in the F2. But when f_P is smaller, intermediate values of p_{12} yield
228 the lowest expected fitness; when $f_P = 0$, heterozygosity is under symmetrical disruptive selection,
229 favoring heterozygosities that are either higher or lower than $p_{12} = 0.5$ (eq. 21). These contrasting
230 predictions are illustrated in Figure 2b (see also Supplementary Figure S1).

To test these predictions, we used a new data set of genetic data from hybrids of the mussel species:
232 *Mytilus edulis* and *Mytilus galloprovincialis* (Bierne et al. 2006, 2002). These species fall at the high end of
the continuum of divergence during which introgression persists among incipient species (Roux et al.
234 2016). We used experimentally bred F2 and first backcrosses, with selection imposed implicitly, by

the method of fertilization, and by our genotyping only individuals who survived to reproductive age (Bierne et al. 2006, 2002; see Methods and Supplementary Figure S3 for full details).

To estimate heterozygosity in each hybrid individual, we used the 43 markers that were heterozygous in all of the F1 hybrids used to make the subsequent crosses (see Supplementary Figure S3). We then asked whether the distribution of p_{12} values in recombinant hybrids was symmetrically distributed around its Mendelian expectation of $p_{12} = 0.5$, or whether it was upwardly biased, as would be expected if directional selection were acting on heterozygosity. As shown in the first column of Table 2, Wilcoxon tests found that heterozygosities in surviving hybrids were significantly higher than expected, in both the F2 and backcross. These results may have been biased by the inclusion of individuals with missing data, because they showed higher heterozygosity (see Supplementary Table S1). We therefore repeated the test with these individuals excluded. As shown in the second column of Table 2, results were little changed, although the bias towards high heterozygosities was now weaker in the backcross.

Interpreting these results is complicated by the ongoing gene flow between *M. edulis* and *M. galloprovincialis* in nature (Bierne et al. 2002; Fraïsse et al. 2016a). To test for this, we genotyped 129 pure-species individuals, and repeated our analyses with a subset of 33 markers that were strongly differentiated between the pure species (see Methods, Supplementary Figure S3 and Supplementary Table S4 for details). With these markers, there was evidence of elevated heterozygosity in the F2, but not the backcross (Table 2 third column). We also noticed that many of our backcross hybrids, though backcrossed to *M. galloprovincialis*, carried homozygous alleles that were typical of *M. edulis*. We therefore repeated our analysis after excluding these “F2-like” backcrosses. Results, shown in the fourth column of Table 2, showed that the reduced BC data set showed no tendency for elevated heterozygosity. However, the bias towards higher heterozygosities remained in the F2, even when we subsampled to equalize the sample sizes.

Despite the problems of interpretation due to introgression and shared variants, the results support the prediction of eqs. 19-21: that directional selection on heterozygosity should act in the F2, but weakly or not at all in the backcross.

2.3 Predictions of Fisher’s geometric model with sex-specific inheritance

2.3.1 Additional notation and basics

Results above assumed exclusively biparental inheritance. But the predictions of Fisher’s model are easily extended to include heteromorphic sex chromosomes, or loci with strictly uniparental inheritance, such as organelles or imprinted loci (Coyne and Orr 1989; Fraïsse et al. 2016b; Turelli and Moyle 2007; Turelli and Orr 2000). In these cases, p_{12} , p_1 and p_2 are weighted sums of contributions from different types of locus. For example, with an X chromosome and autosomes, we have

$$\begin{aligned} p_{12} &= g_X p_{12,X} + g_A p_{12,A} \\ p_1 &= g_X p_{1,X} + g_A p_{1,A} \\ p_2 &= g_X p_{2,X} + g_A p_{2,A} \end{aligned} \tag{22}$$

Here, the subscripts denote the chromosome type, so that $p_{12,X}$ is the proportion of divergent sites on the X that are heterozygous, and g_X and g_A are weightings, which should sum to one (Turelli and Orr 2000). Results for specific cases can then be derived from eq. 8.

In the following sections, we apply this approach to three patterns involving sex-specific hybrid breakdown, in species with heteromorphic sex chromosomes. The first pattern, in the F1, is well known (Haldane 1922; Turelli and Orr 2000). The other patterns were observed in backcross data, which were generated to uncover the genetic basis of F1 breakdown, and test reasonable hypotheses about its causes (Moehring 2011; Moran et al. 2017). Both of these patterns have been called surprising, because neither agreed with the hypotheses (Moehring 2011; Moran et al. 2017). We show that all three patterns are consistent with predictions from Fisher's geometric model.

2.3.2 Haldane's Rule

Haldane's Rule states that sex-specific F1 breakdown usually appears in the heterogametic sex (Haldane 1922; Turelli and Orr 2000). To show how Fisher's model predicts this pattern, we will assume an XO system for concreteness, such that females are homogametic, and males heterogametic. We will also assume that selection is identical in both sexes, and that pure-species males and females have the same fitness. These assumptions imply a form of dosage compensation, such that X-linked alleles have identical effects in homozygous or hemizygous state (Fraïsse et al. 2016b; Mank et al. 2011).

With these assumptions, the sole difference between male and female F1 is their heterozygosity. In XX females, all divergent sites are heterozygous, while in males, X-linked loci are hemizygous, such that $p_{12} = 1 - g_X$. From eq. 8 we therefore find

$$f_{F1\text{♀}} = 0 \quad (23)$$

$$f_{F1\text{♂}} = g_X - (1 - f_P) g_X^2 \quad (24)$$

So $f_{F1\text{♂}} > f_{F1\text{♀}}$ and Fisher's model yields Haldane's Rule (Barton 2001; Fraïsse et al. 2016b; Schiffman and Ralph 2017).

These results imply that female F1 will always have optimal fitness, regardless of the genetic distance between their parents (Barton 2001; Fraïsse et al. 2016b). However, if we extend the model, and allow for a proportion $g_{\text{♀}}$ ($g_{\text{♂}}$) of the divergence that is strictly maternally (paternally) inherited, then we find

$$f_{F1\text{♀}} = g_{\text{♀}} + g_{\text{♂}} - (1 - f_P) (g_{\text{♀}} - g_{\text{♂}})^2 \quad (25)$$

$$f_{F1\text{♂}} = g_{\text{♀}} + g_{\text{♂}} - (1 - f_P) (g_{\text{♀}} - g_{\text{♂}})^2 + g_X - (1 - f_P) g_X (g_X + 2g_{\text{♀}} - 2g_{\text{♂}}) \quad (26)$$

This still yields Haldane's Rule for realistic parameter values (it always holds when $g_{\text{♀}} < g_A$ for example), but breakdown can now appear in both sexes. This has two important consequences. First,

exceptions to Haldane's Rule can appear, but only in rare circumstances: when uniparentally-inherited
298 loci act on traits that are subject to selection only in the homogametic sex (Fraïsse et al. 2016b). Second,
from eqs. 2 and 5, as divergence increases, the fitness of all F1 hybrids will tend to decline; this yields
300 an "F1 speciation clock" (Edmands 2002; Fraïsse et al. 2016b).

2.3.3 Male backcrosses of female F1

302 A surprising pattern in backcross data was observed by Moehring (2011). Moehring reanalyzed three
data sets of reciprocal backcrosses from *Drosophila* species, namely *D. simulans/sechellia* (Macdonald
304 and Goldstein 1999); *D. santomea/yakuba* (Moehring et al. 2006a,b); and *D. pseudoobscura/persimilis* (Noor
et al. 2001). In all three cases, F1 σ had low fertility, consistent with Haldane's Rule, and so male
306 hybrids were derived from the backcross F1 φ \times P1 σ . These backcross males vary in two measures
of heterospecificity: their autosomal heterozygosity, $p_{12,A}$, and their heterospecificity on the X, $p_{2,X}$.
308 Supplementary Figure S4 plots the data as a function of these two quantities.

Moehring (2011) predicted that sterility would correlate positively with $p_{2,X}$ and negatively with
310 $p_{12,A}$. These predictions follow from reasonable assumptions about Haldane's Rule: that male sterility
arises from partially recessive X-autosome interactions (Coyne and Orr 1989; Moehring 2011). Sur-
312 prisingly, only one of these predictions was supported. Backcross sterility in all six crosses correlates
positively with $p_{2,X}$, but correlations with $p_{12,A}$ are weak and inconsistent (see Supplementary Fig-
314 ure S4, and Table 3 of Moehring 2011).

Exactly this pattern is predicted by Fisher's geometric model. To see this, Figure 4a depicts the
316 fitness surface for hybrid males, as a function of $p_{2,X}$ and $p_{12,A}$. Individuals from a given cross might
occupy a rectangular region, whose bounds are determined by g_X . From annotated *Drosophila* genomes,
318 we estimated that $g_X = 0.17$ might characterize the *simulans/sechellia* and *yakuba/santomea* pairs, and that
 $g_X = 0.37$ might characterize the *pseudoobscura/persimilis* pair (Table 1; see Methods for details). Figure 4
320 panels b-e show slices through the fitness surface for these values. In both cases, breakdown increases
steadily with $p_{2,X}$, except in the improbable case that the recombinant autosomes were completely
322 heterozygous (Fig. 3b-c). This is consistent with the positive correlations observed. By contrast, the
dependencies on $p_{12,A}$ (Fig. 4d-e) vary in sign. This is consistent with the lack of consistent correlations
324 with $p_{12,A}$ (Supplementary Figure S4).

Figure 4e also suggests a new testable prediction, which applies when g_X is large, as we have
326 estimated for *D. persimilis/pseudoobscura* (Noor et al. 2001). When X-linked heterospecificity is low, then
sterility is predicted to increase with $p_{12,A}$, but when X-linked heterospecificity is high, then sterility is
328 predicted to decrease with $p_{12,A}$. With its two X-linked markers, the data of Noor et al. (2001) divide
naturally into subsets with low, medium and high heterospecificity on the X (see the three rows of data
330 points in Supplementary Figure S4e-f). Since we have no simple prediction when $p_{2,X}$ is intermediate,
we excluded these individuals, and then fit a GLM to the remaining data. We treated $p_{12,A}$ as a linear
332 predictor, and $p_{2,X} = 1$ versus $p_{2,X} = 0$ as a binary factor. In effect, we fit two linear regressions
of sterility on $p_{12,A}$, with different intercepts and slopes for the high- $p_{2,X}$ and low- $p_{2,X}$ individuals.
334 As shown in Table 3, the predictions of Fisher's model were supported for both backcross directions.
Model selection favored a model with two slopes, and sterility correlated positively with $p_{12,A}$ when
336 $p_{2,X} = 0$, and negatively with $p_{12,A}$ when $p_{2,X} = 1$.

2.3.4 Female backcrosses of male F1

338 A second surprising pattern in backcross data was observed by Moran et al. (2017). These authors
studied the field crickets *Teleogryllus oceanicus* and *T. commodus*, which have XO sex determination, and
340 a large X chromosome ($g_X \approx 0.3$; Moran et al. 2017). They are also a rare exception to Haldane's Rule,
with F1 sterility appearing solely in XX females (Hogan and Fontana 1973). Moran et al. (2017) hy-
342 pothesized that female sterility might be caused by negative interactions between heterospecific alleles
on the X, which appear together in F1♀, but not in F1♂. To test this hypothesis, they compared two
344 types of backcrosses, each with similar recombinant autosomes, and non-recombinant X chromosomes,
in their pure species form. However, one backcross type carried two identical copies of the X, both
346 from the same species; while the other type carried one copy of the X from each species (see Moran
et al. 2017, or Appendix 4 for full details). If dominant X-X incompatibilities were present, these two
348 backcross types should have differed markedly in fertility, but this was not observed: both backcrosses
were less fertile than the F1, and there were no strong differences between them (see Figure 2 of Moran
350 et al. 2017).

Again, this surprising result is consistent with predictions from Fisher's geometrical model. Full
352 details are given in Appendix 4 and Supplementary Figure S5, but the key to the explanation lies in
eq. 21. With well-adapted parents, heterozygosity in backcrosses is under symmetrical diversifying
354 selection, and the two backcrosses of Moran et al. (2017) would have yielded heterozygosities with
equal but opposite deviations from $p_{12} = \frac{1}{2}$. As such, they are predicted to show the same level of
356 breakdown.

The explanation above is incomplete, because it neglects loci with uniparental inheritance, and
358 without such loci, Fisher's model cannot explain the sterility observed in the F1♀ (compare eqs. 23
and 25 above). However, including uniparental inheritance does not qualitatively alter predictions for
360 backcrosses. To see this, let us assume that a fraction g_\varnothing of the divergence is maternally inherited. In
this case, we find

$$f_{F1\varnothing} = g_\varnothing(1 - g_\varnothing) \quad (27)$$

$$f_{BC\varnothing} = \frac{1 - g_X^2 - g_\varnothing^2}{4} \pm \frac{g_X g_\varnothing}{2} \quad (28)$$

362 where the sign of the correction term in eq. 28 depends on whether the X chromosomes come from the
same species, or different species (see Appendix 4 for a full derivation). The implications of eqs. 27-28
364 are clearest from a numerical example. Let us assume that a fraction of the paternal X is silenced in
females, such that $g_X = 0.2$ and $g_\varnothing = 0.1$; we would then have $f_{F1\varnothing} = 0.09$, and $f_{BC\varnothing} = 0.2375 \pm 0.01$. As
366 such, eqs. 27-28 allow for substantial breakdown in the female F1, with stronger and similar breakdown
in the two sets of backcrosses. This all agrees with the data from *Teleogryllus* (Moran et al. 2017).

368 2.4 Estimating the fitness surface

Across a diverse collection of hybrids, equation 9 predicts that the hybrid index will be under symmet-
370 rical disruptive selection, and heterozygosity under directional selection. This prediction can be tested
with data sets containing estimates of fitness, h and p_{12} for many hybrid individuals. Exactly such
372 an analysis was presented by Christe et al. (2016), for families of wild hybrids from the forest trees,
Populus alba and *P. tremula* (Christe et al. 2016; Lindtke et al. 2012, 2014). These authors scored survival
374 over four years in a common-garden environment, and fit a GLM to these binary data (binary logistic
regression, with “family” as a random effect), and predictors including linear and quadratic terms in
376 p_{12} and h . Model selection favored a four-term model, with terms in p_{12} , h , h^2 (see Supplementary
Table S3, and Supplementary information of Christe et al. 2016 for full details). For comparison with
378 our theoretical predictions, we can write their best fit model in the following form:

$$y = const + \beta_0 (\beta_1 h (1 - \beta_2 h) - p_{12}) \quad (29)$$

where y is the fitted value for hybrid breakdown. From eq. 9, Fisher’s model predicts that $\beta_0 > 0$,
380 $0 \geq \beta_1 \geq 4$, and $\beta_2 = 1$, should hold. The best-fit model of Christe et al. (2016) corresponds to
 $\hat{\beta}_0 = 2.963$, $\hat{\beta}_1 = 2.59$ and $\hat{\beta}_2 = 0.93$, which supports the predictions of directional selection toward
382 higher heterozygosity, and near-symmetrical diversifying selection on the hybrid index.

To obtain confidence intervals on these parameters, we fit the model of eq. 29 to the raw data of
384 Christe et al. (2016). We also searched for other data sets, from which we could estimate the hybrid
fitness surface. After applying some quality controls (see Methods, and Supplementary Table S1),
386 we identified one other data set of wild hybrids, from the mouse subspecies *Mus musculus muscu-*
lus/domesticus, where male testes size was the proxy for fertility (Turner and Harr 2014). We also found
388 four data sets of controlled crosses: F2 from the same mouse subspecies (White et al. 2011), and the rag-
worts *Senecio aethnensis* and *S. chrysanthemifolius* (Chapman et al. 2016); and the *Drosophila* backcrosses
390 discussed above (Macdonald and Goldstein 1999; Moehring et al. 2006a,b). Unlike the data from wild
hybrids, these single-cross data sets leave large regions of the fitness surface unsampled; nevertheless,
392 they each contain enough variation in h and p_{12} for a meaningful estimation. Details of all six data sets
are shown in Table 1, and they are plotted in Supplementary Figures S6-S8.

394 Figure 5 shows a summary of the estimated parameters, and full results are reported in Supplemen-
tary Tables S2 and S3, and Supplementary Figures S6-S8. Taken together, the results show good support
396 for the predictions of eq. 9. For all six data sets there was evidence of significant positive selection on
heterozygosity ($\hat{\beta}_0 > 0$ was preferred in all cases). Furthermore, for all six data sets, we inferred di-
398 versifying selection acting on the hybrid index. Estimates of β_2 , shown in the upper panel of Figure 5,
show that this selection was near-symmetrical in all cases, such that $\hat{\beta}_2 \approx 1$. The poorest fit to the
400 predictions was found for the *Drosophila* backcrosses, where estimates of β_1 were significantly greater
than the predicted upper bound of $\beta_1 = 4$ (Fig. 5 lower panel). But these data sets were least suited to
402 our purpose, because estimates of h and p_{12} depend strongly on our rough estimate of $g_X = 0.17$, and
because they lack F2-like genotypes, from the center of the fitness surface (Figure 2a; Supplementary
404 Figure S8). By contrast, results for the *Mus musculus* F2 (White et al. 2011), are remarkably close to the
predictions of eq. 7 (Fig. 5; Supplementary Figure S7).

406 Two other features of the results deserve comment. First, for the two F2 data sets, it was not
possible to provide meaningful confidence intervals for β_1 and β_2 . This is because, for these two data
408 sets, the terms in h and h^2 did not make a significant contribution to model fit, and so the preferred
model contained only selection on p_{12} (see Supplementary Table S3). This is consistent with our earlier
410 prediction of eq. 19, and stems from the low variation in $4h(1 - h)$ among F2 hybrids (see Appendix 3
and Supplementary S6 and S7).

412 Second, for two of the data sets, *Populus* and *Senecio*, the estimates of β_1 are substantially lower
than 4 (Figure 5; Supplementary Figure S6). This is suggestive of parental maladaptation, creating true
414 heterosis in the hybrids (see eq. 9). Consistent with this inference, there is independent evidence of F1
hybrid vigor in both species pairs (*Populus*: Caseys et al. 2015; *Senecio*: Abbott and Brennan 2014).

416 3 Discussion

In this article, we have used Fisher's geometric model to develop predictions for the relative fitness of
418 any class of hybrid. The modeling approach is simple, with few free parameters, and it generates a
wide range of testable predictions. We have tested some of these predictions with new and published
420 data sets (Table 1), and the major predictions of the model are well supported.

We emphasize that our approach is designed for coarse-grained patterns in the data, and typical
422 outcomes of the evolutionary process, without considering the particular set of substitutions that differ-
entiate the parental lines. The limitations of such an approach are seen in the low r^2 values associated
424 with our model fitting (Supplementary Table S2); and in empirical patterns that eq. 9 could not hope to
explain. For example, there are often strong fitness differences between the reciprocal F1 (Turelli and
426 Moyle 2007), and Fisher's model can generate such asymmetries with uniparental inheritance (Frais-
se et al. 2016b), but if P1 and P2 are equally fit, then the expected breakdown must be the same for both
428 cross directions, and only the expected breakdown has been considered in the present work. These lim-
itations notwithstanding, our approach should enable novel and complementary uses of genomic data
430 sets, which do not depend on identifying individual loci with anomalous effects. Such a genome-wide
interpretation of hybrid fitness is essentially lacking in the "speciation genes" framework.

432 A second goal of the present work was to show how Fisher's model can interpolate between pre-
vious modeling approaches, namely the classical theory of inbreeding (Crow 1952; Wright 1922), and
434 models of genetic incompatibilities, involving a small number of loci (Dobzhansky 1937; Gavrilets 2004;
Orr 1995; Welch 2004). We have also shown that Fisher's model can account for empirical patterns that
436 each approach has struggled to explain, although there are caveats to note in each case.

With inbred lines of *Zea mays*, we showed how observed differences in hybrid vigor between the BC
438 and F2 are expected, if we allow for a limited degree of coadaptation between the alleles that differ-
entiate the lines (Figure 3; Wright 1977). The major caveat in this case is our simplifying assumption that
440 the midparent is optimal (eq. 9; Appendix 1). This assumption is consistent with the *Zea* data, which
show an enormous increase in F1 yield, but it is not clear how often the assumption would be met
442 under an explicit model of mutation accumulation.

With the backcross data from *Drosophila* and *Teleogryllus*, the situation is more complicated. Moehring
444 (2011) and Moran et al. (2017) showed that their data were not consistent with predictions from simple

models of incompatibilities. But while these models were based on very reasonable assumptions, they
446 only included incompatibilities of a single type (partially recessive X-A incompatibilities to explain
Haldane's Rule in *Drosophila*, or dominant X-X incompatibilities to explain the exception to Haldane's
448 Rule in *Teleogryllus*). We have shown that Fisher's geometric model gives identical predictions to a
general model of incompatibilities (eqs. 11-14), and that this general model can account for the pat-
450 terns observed. It is also clear that the predictions were much more easily generated with eq. 6 than
with eq. 13. In this case, there are two major caveats. First, the two models give identical predictions
452 only when the dominance relations of incompatibilities are assigned in a particular way (eq. 14). But
we have argued that these parameter values are biologically realistic, and strongly implied by other
454 well-established empirical patterns (Appendix 2; Turelli and Orr 2000). Second, even when predictions
are identical for the quantity f (eq. 2), the two approaches still make different predictions for other
456 kinds of data, and these were not considered in the present work. The most important difference is the
dependency of log fitness on d , the genomic divergence between the species. Under Fisher's geometric
458 model, the log fitness of hybrids declines with $-d^{\beta/2}$ (eqs. 1-2 and 5). By contrast, with the simplest
models of incompatibilities, there is a snowball effect (Orr 1995), where the number of incompatibilities
460 grows with d^{ℓ} (eq. 11), and so log fitness declines with $-d^{\ell\beta/2}$. This is a genuine difference between
the modeling approaches, although truly discriminatory tests may be difficult (Fraïsse et al. 2016b). For
462 example, it may not always be possible to distinguish between an incompatibility-based model with
a low value of β (equivalent to strong positive epistasis between incompatibilities), or a model where
464 β is higher, but where the number of "incompatibilities" does not snowball, because they appear and
disappear as the genetic background changes (Fraïsse et al. 2016b; Guerrero et al. 2017; Kalirad and
466 Azevedo 2017; Welch 2004).

Given the simplicity and flexibility of the modeling approach explored here, and its predictive
468 successes with a range of data, it should be readily extendable to address other outstanding questions
in the study of hybridization. These include the putative role of hybridization in adaptive evolution (e.g.
470 Duranton et al. 2017; Fraïsse et al. 2016a,b; Mendez et al. 2012), the effects of recombination in shaping
patterns of divergence (Schumer et al. 2017), and the roles of intrinsic versus extrinsic isolation (Chevin
472 et al. 2014). Given its ability to interpolate between models of different and extreme kinds, it should
also be particularly useful for understanding hybridization in intermediate regimes, where parental
474 genomes are characterized by both maladaptation and allelic coadaptation, or where the architecture of
isolation involves many genes of small or moderate effect (Baird 2017; Boyle et al. 2017; Buerkle 2017;
476 Davis and Wu 1996; Maside and Naveira 1996; Morán and Fontdevila 2014).

4 Methods

4.1 *Mytilus* data

Conserved tissues from the mussel species, *Mytilus edulis* and *Mytilus galloprovincialis*, and their hybrids,
480 were retained from the work of Bierne et al. (2006, 2002). As reported in those studies, *M. edulis* from the
North of France were crossed with *M. galloprovincialis* from the French Mediterranean coast to produce
482 F1 hybrids (five males and one female; Bierne et al. 2002). The F1 were then used to produce an F2,
and sex-reciprocal backcrosses to *M. galloprovincialis* (which we denote here as BC₁₂ and BC₂₁; Bierne

484 et al. 2006). In particular, oocytes from the F1 female were fertilized by the pooled sperm of the five
F1 males producing F2 individuals, from which 132 individuals were sampled; oocytes from the F1
486 female were fertilized by pooled sperm of five *M. galloprovincialis* males to produce BC₁₂, from which
72 individuals were sampled; and five *M. galloprovincialis* females were fertilized by pooled sperm from
488 the five F1 males, producing BC₂₁, from which 72 individuals were sampled. In addition to these
hybrids, we also genotyped 129 individuals from “reference” populations of the two species, found in
490 regions with relatively little contemporary introgression. In particular, we sampled *M. galloprovincialis*
from Thau in the Mediterranean Sea; and sampled *M. edulis* from four locations in the North Sea and
492 English Channel (The Netherlands, Saint-Jouin, Villerville and Réville). Full details of these reference
populations are found in Supplementary Table S4.

494 In each case, gill tissues were conserved in ethanol at -20° C. DNA was extracted using a NucleaMag
96 Tissue kit (Macherey-Nagel) and a KingFisher™ Flex (ThermoFisher Scientific). We then genotyped
496 all samples for 98 *Mytilus* markers that were designed from the data of Fraïsse et al. (2016a). The
flanking sequences of the 98 SNPs are provided in Supplementary Table S5. Genotyping was sub-
498 contracted to LGC-genomics and performed with the KASP™ chemistry (Kompetitive Allele Specific
PCR, Semagn et al. 2014). Results are shown in Supplementary Figure S3. Many of the 98 markers are
500 not diagnostic for *M. edulis* and *M. galloprovincialis*, and so we retained only the 43 that were scored as
heterozygous in all 6 of the F1 hybrids. To obtain a reduced set of strongly diagnostic markers, we mea-
502 sured sample allele frequencies in our pure species *M. edulis* and *M. galloprovincialis* samples (pooling
M. edulis individuals across the four sampling locations; Supplementary Table S4), and retained only
504 markers for which the absolute difference in allele frequencies between species was >90%. This yielded
the set of 33 markers used for the right-hand columns in Table 2. The “subsampled” data shown in the
506 fourth column of Table 2, excluded any BC hybrid who carried the major allele typical of *M. edulis* in
homozygous form. This yielded 56 BC hybrids. We then retained the first 56 F2 to be sequenced, to
508 equalize the sample sizes.

4.2 Collation of published data

510 We searched the literature for published data sets combining measures of individual hybrid fitness,
with genomic data that could be used to estimate p_1 , p_2 and p_{12} . In addition to those shown in Table 1,
512 we also examined data sets that proved unsuitable for the sort of reanalysis presented here. These
included data sets where the measure of fecundity or fertility took an extreme low value for one of the
514 pure species, suggesting that it is not a good proxy for fitness (e.g. Orgogozo et al. 2006), data where the
fitness proxy correlated strongly with a measure of genetic abnormality such as aneuploidy (Xu and He
516 2011), or data where the states of many markers could not be unambiguously assigned, for example,
due to shared variation. Before estimating the fitness surface, we also excluded any data set where
518 there was a highly significant rank correlation between the proportion of missing data in an individual,
and either their heterozygosity, or fitness. For this reason, we did not proceed with reanalyses of the
520 excellent data sets of Li et al. (2011), or Routtu et al. (2014) (see Supplementary Table S1 for full details).
For our reanalysis of the *Mus musculus* F2 (White et al. 2011), we used a conservative subset of these
522 data; we excluded any individual where any X-linked marker was scored as heterozygous (indicative
of sequencing errors in heterogametic males; White et al. 2011), and controlled for variation in the

524 uniparentally inherited markers, by retaining only individuals carrying *M. m. domesticus* mitochondria,
and the *M. m. musculus* Y. However, results were little changed when we used all 304 individuals with
526 sterility data (Supplementary Table S3). Results were also unaffected when we used alternative proxies
for fitness (Supplementary Table S3).

528 4.3 Estimation of g_X from annotated genomes

For taxa with XY sex determination (Table 1), the weightings g_X and g_A , which determine the contri-
530 bution of the X and autosomes to the overall constitution of the genome (eqs. 22), were estimated from
the total length of coding sequences associated with each chromosome type, ignoring the small contri-
532 butions from the Y and mitochondria. In each case, we obtained the longest protein product for each
unique gene, and then summed their lengths, using a custom R script. The g_X values, shown in Table 1,
534 were calculated as the total length of X-linked CDS divided by the total CDS length. For *Mus musculus*,
we used the reference genome assembly “GRCm38.p5”. For *Drosophila simulans*, we used the assem-
536 bly “GCA_000754195.3 ASM75419v2”, and for *Drosophila yakuba* “GCA_000005975.1 dyak_caf1”. For
Drosophila pseudoobscura, the current annotation was downloaded from FlyBase release 3.04 (Gramates
538 et al. 2017). The .gtf file was then sorted and merged (combining overlapping coding sequences on each
chromosome) using BEDTools (Quinlan and Hall 2010). Coding sequence lengths were calculated and
540 summed over each chromosome, using custom awk commands.

4.4 GLM methods

542 The linear model results shown in Table 3, Figure 5, Supplementary Tables S2 and S3, and Supple-
mentary Figures S6-S8, were all fit in R v. 3.3.2 (R Core Team 2016). For data sets with quantitative
544 fitness measures (Turner and Harr 2014; White et al. 2011; Supplementary Figure S7) we used the
standard general linear models, with Gaussian errors, and chose data transformations to reduce het-
546 eroscedasticity. For binary fitness data (Chapman et al. 2016; Christe et al. 2016; Noor et al. 2001;
Table 3; Supplementary Figure S6), we used binomial regression with a logit link implemented in the
548 *glm* function; and with ordinal fitness data (Macdonald and Goldstein 1999; Moehring et al. 2006b;
Supplementary Figure S8) we used proportional odds logistic regression (Agresti 2003), implemented
550 in the *polr* function. In these cases, the p -values shown in Supplementary Table S3 were calculated by
comparing the t -value to the upper tail of normal distribution, as in a Wald test. For the non-Gaussian
552 models, we also report McFadden’s pseudo- r^2 , defined as one minus the ratio of log likelihoods for the
fitted and null models (McFadden 1974).

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560 the genome annotations.

562 **Appendix 1: the random walk approximation with suboptimal parental types**

In this Appendix, we derive the random walk approximation for the breakdown score of a given hybrid
564 genotype, under Fisher's geometric model. Let us begin by describing the two parental phenotypes as
 n -dimensional vectors, denoted \mathbf{z}_{P1} and \mathbf{z}_{P2} , which are equal but opposite deviations from the mid-
566 parental phenotype, denoted as \mathbf{z}_{mp} . So if we define

$$\mathbf{z}_{mp} \equiv \frac{\mathbf{z}_{P1} + \mathbf{z}_{P2}}{2} \quad (30)$$

$$\mathbf{r} \equiv \frac{\mathbf{z}_{P1} - \mathbf{z}_{P2}}{2} \quad (31)$$

then

$$\mathbf{z}_{P1} = \mathbf{z}_{mp} + \mathbf{r} \quad (32)$$

$$\mathbf{z}_{P2} = \mathbf{z}_{mp} - \mathbf{r} \quad (33)$$

568 Below, we will use the notation $z_{mp,i}$ and r_i to refer to the components of these vectors for trait i .

We can now consider the d mutations that differentiate P1 and P2 as describing equal but opposite
570 paths from one of the parental phenotypes, to the midparent. Our approximation is to treat this path,
on each of the n traits, as a Brownian bridge.

572 To derive this approximation, let $B(t)$ denote a Brownian bridge, taking place over a single unit of
time, such that $0 \leq t \leq 1$, and with a rate σ_B . $B(t)$ is normally distributed, with the following mean:

$$E(B(t)) = B(0) + t(B(1) - B(0)) \quad (34)$$

574 and covariance at two time points given by:

$$\text{Cov}(B(t_1), B(t_2)) = \sigma_B^2 (1 - t_2) t_1, \quad 0 \leq t_1 \leq t_2 \leq 1 \quad (35)$$

To model hybrid genotypes, we will need to count some sections of the random walk twice, to
576 account for any homozygous alleles, and some sections only once, to account for any heterozygous
alleles. Therefore, we are interested in the quantity:

$$B_{hyb} \equiv B(t_1 + t_2) + B(t_1) \quad (36)$$

578 From eqs. 34-35, B_{hyb} will also be normal, with the following mean and variance

$$E(B_{hyb}) = 2B(0) + (2t_1 + t_2)(B(1) - B(0)) \quad (37)$$

$$\text{Var}(B_{hyb}) = \sigma_B^2 \{t_1(1 - t_1) + (t_1 + t_2)(1 - t_1 - t_2) + 2(1 - t_1 - t_2)t_1\}$$

We can now apply these results to z_i , the deviation from the optimum of trait i (see eq. 4 in the main text). In this case, the random walk begins from the trait value of parent P1: $B(0) = z_{mp,i} + r_i$, ends at the midparent: $B(1) = z_{mp,i}$, and has a total rate equal to the total number of mutations, multiplied by their typical effect size: $\sigma_B^2 = d v_i$. We then take the intermediate timepoints to be $t_1 = p_2$ (this section of the walk is counted twice, to account for homozygous alleles), and $t_2 = p_{12}$ (this section is counted once, to account for heterozygous alleles).

Putting these results together, we find that z_i is a normally distributed random variable, with the following properties:

$$z_i \sim N(\mu_i, \sigma_i^2) \quad (38)$$

$$(39)$$

$$\sigma_i^2 = d v_i (p_{12}(1 - p_{12}) + 4p_1 p_2) \quad (40)$$

$$\mu_i = z_{mp,i} + (p_1 - p_2) r_i \quad (41)$$

From eq. 4, the breakdown score, S , depends on the squared trait values, and from normal theory, we have

$$E(z_i^2) = \sigma_i^2 + \mu_i^2 \quad (42)$$

$$\text{Var}(z_i^2) = 2\sigma_i^2 (\sigma_i^2 + 2\mu_i^2) \quad (43)$$

As such, S will be approximately gamma distributed, with a mean and variance given by the weighted sum of these quantities.

Let us now consider the special cases discussed in the main text. First, and simplest, is the case where both parents, and therefore the midparent, are phenotypically optimal. This implies that all $z_{mp,i} = 0$ and all $r_i = 0$, such that all $\mu_i = 0$. We then find

$$f \equiv \frac{E(S)}{E(S_+)} = \frac{\sum_i \lambda_i \sigma_i^2}{\sum_j \lambda_j d v_j} \quad (44)$$

And this yields eqs. 6-7 of the main text. Next, let us consider the case where the midparent is optimal (all $z_{mp,i} = 0$), but both parents are equally maladapted (some $r_i > 0$). In this case, $\mu_i^2 = (p_1 - p_2)^2 r_i^2$ and $S_P = \sum \lambda_i r_i^2$, and so we find:

$$\begin{aligned} f &= p_{12}(1 - p_{12}) + 4p_1p_2 + (p_1 - p_2)^2 f_P \\ &= 4h(1 - h) - p_{12} + (1 - 2h)^2 f_P \end{aligned} \quad (45)$$

592 which yields eqs. 8-9 of the main text.

Let us finally consider another simple case, in which one of the parental species (P2) is maladapted, 594 while the other (P1) is optimal. In this case, we can set $z_{P1,i} = 0$ and $z_{P2,i} = r_i$, such that $z_{mp,i} = r_i/2$. We now have $\mu_i = (1 + p_2 - p_1) \frac{r_i}{2}$, and so

$$\begin{aligned} \frac{E(S)}{E(S_+)} &= p_{12}(1 - p_{12}) + 4p_1p_2 + (1 + p_2 - p_1)^2 \frac{f_{P1}}{4} \\ &= 4h(1 - h) - p_{12} + h^2 f_{P1} \\ &= 4h \left(1 - \left(1 - \frac{f_{P1}}{4} \right) h \right) - p_{12} \end{aligned} \quad (46)$$

596 Comparing eq. 46 to eq. 7 shows that maladaptation in one of the parental species introduces an asymmetry in the selection on the hybrid index, h , but leaves the form and strength of selection on 598 heterozygosity p_{12} unchanged. This situation is illustrated in Supplementary Figure S1d.

Appendix 2: The dominance relations of incompatibilities

600 In this Appendix, we consider incompatibility-based models of hybrid fitness (eqs. 11-13). We examine different ways of assigning the parameters, s_{ijk} , which appear in f_I (eq. 13), and represent the expected 602 contribution to hybrid breakdown of individual incompatibilities, and especially, their dominance or recessivity (Turelli and Orr 2000). To understand this, let us begin by assigning the following functional 604 form:

$$s_{ijk} \propto \left(\frac{1}{2} \right)^{\delta k} \quad (47)$$

where below, we will use the constant of proportionality $2(2^\ell - 2)$, to simplify the algebra. In eq. 47, 606 the parameter δ allows us to tune the dominance of incompatibilities, measured in terms of breakdown score, rather than fitness. When $\delta = 1$, then each heterozygous locus halves the effects of incompatibil- 608 ity. This is equivalent to assuming that incompatibilities act multiplicatively, since each heterozygous locus halves the number of times that the incompatible combination of alleles is present in the genome. 610 The s_{ijk} under multiplicative selection ($\delta = 1$) are illustrated by the green points in Supplementary

Figure S2.

612 To determine the predictions of this model, let us substitute eq. 47 into eq. 13, and set $\delta = 1$. After some algebra, we find:

$$f_I = 2 \left[1 - (p_2 + \frac{1}{2}p_{12})^\ell - (p_1 + \frac{1}{2}p_{12})^\ell \right], \quad \delta = 1 \quad (48)$$

$$\equiv 2 \left[1 - h^\ell - (1 - h)^\ell \right] \quad (49)$$

614 where h is the hybrid index, as defined in eq. 3. As such, when incompatibilities act multiplicatively, breakdown will depend solely on the total heterospecificity, and not at all on how the heterospecific
616 alleles are arranged into genotypes (i.e. whether they appear as homozygotes or heterozygotes). It follows that breakdown is not predicted to change between the F1 and F2 crosses, and that homogametic
618 F1, with $h = \frac{1}{2}$, will have the highest possible breakdown score. As such, this multiplicative model cannot predict hybrid breakdown between the F1 and F2, or Haldane's Rule.

620 Now let us consider another extreme assumption. We assume that incompatibilities are fully recessive, such that no breakdown appears unless all incompatible alleles appear in homozygous or
622 hemizygous form. We model this by making δ very large, such that $s_{ijk} = 0$ unless $k = 0$. These values are illustrated by the red points in Supplementary Figure S2. With the assumption of complete
624 recessivity, we find:

$$f_I = 2 \left[(p_1 + p_2)^\ell - p_1^\ell - p_2^\ell \right], \quad \delta \rightarrow \infty \quad (50)$$

Equation 50 does not predict Haldane's Rule, unless there is substantial uniparental inheritance
626 from both the male and female parents. This is because $f_I = 0$ if $p_1 p_2 = 0$, and so both male and female F1 will have identical and optimal fitness. For similar reasons, eq. 50 predicts that the fitness of
628 heterogametic backcrosses will decrease with $p_{12,A}$: a prediction that is not supported by the relevant data (Moehring 2011).

630 We have shown that both extreme regimes (no recessivity, and complete recessivity) yield unsupported predictions. But what values of δ are biologically plausible? To answer this question, let us
632 consider Haldane's Rule under an incompatibility-based model, and ignoring uniparental inheritance. Assuming that males are heterogametic, Haldane's Rule will hold when

$$f_{I,F1\sigma} > f_{I,F1\varphi} \quad (51)$$

634 and using eqs. 13 and 47, after some algebra, eq. 51 is found to be equivalent to:

$$(1 - g_X)^\ell + (1 - g_X + 2^\delta g_X)^\ell - (2(1 - g_X) + 2^\delta g_X)^\ell > 2^\ell - 2 \quad (52)$$

This condition is most difficult to satisfy when incompatibilities involve two loci ($\ell = 2$), and in this

636 case, we find the solution:

$$\delta > \ln \left(\frac{2 - g_X}{1 - g_X} \right) / \ln(2) \quad (53)$$

The value of δ that is required to yield Haldane's Rule will therefore increase with g_X . Towards the
 638 limit of the biologically plausible range, when two-thirds of the between-species divergence is X-linked
 ($g_X = 2/3$) Haldane's Rule will hold only if $\delta > 2$. As such, setting $\delta = 2$, such that each heterozygous
 640 locus reduces the breakdown score by a factor of four, will yield Haldane's Rule in most cases. The
 642 s_{ijk} values from eq. 47 with $\delta = 2$ are shown as yellow points in Supplementary Figure S2. Another
 feature of the model with $\delta = 2$ is that it produces parameter dependencies that are very close to those
 predicted by Fisher's geometrical model (see also Manna et al. 2011). The similarity is clearest with
 644 two-locus incompatibilities, where we find

$$\begin{aligned} f_I &= \left(\frac{1}{2}\right)^{\delta-2} p_{12} \left(1 - p_{12} \left[1 - \left(\frac{1}{2}\right)^\delta\right]\right) + 4p_1p_2, & \ell = 2 \\ &= p_{12} \left(1 - \frac{3}{4}p_{12}\right) + 4p_1p_2, & \ell = 2, \delta = 2 \end{aligned} \quad (54)$$

Comparing eq. 54 to eq. 6, shows that $f_I \approx f$ when we use eq. 47 with $\delta = 2$.

646 This is made even clearer when we compare the yellow points in Supplementary Figure S2, to the
 s_{ijk} values derived from eq. 14 of the main text, which were chosen to exactly match the predictions as
 648 Fisher's geometric model (i.e. the values which yield $f_I = f$). These s_{ijk} are shown as blue points in
 Supplementary Figure S2. The plot therefore clarifies the biologically-realistic assumptions embodied in
 eq. 14. First, these values reproduce the intermediate levels of recessivity that are required to generate
 650 Haldane's Rule. Second, eq. 14 states that incompatibilities will have stronger effects when alleles
 652 from both parental species appear in homozygous state. For example, if the three alleles ABC form an
 incompatibility (with upper and lower case letters distinguishing alleles from P1 and P2), then eq. 14
 654 predicts that the genotype Aa/BB/cc (with $ijk = 111$) will tend to have lower fitness than the genotype
 AA/BB/Cc (with $ijk = 201$) even though both genotypes contain the incompatibility, and both comprise
 656 two homozygous loci and one heterozygous locus.

Appendix 3: Segregation and recombination

658 For a recombinant cross, such as the F2, the heterozygosity and hybrid index will vary between indi-
 viduals. As such, to derive the expected breakdown score for a recombinant cross, we need to treat f
 660 (eq. 2) as a random variable. Because h and p_{12} may correlate strongly, it is convenient to define q as
 the "homozygous hybrid index": the proportion of homozygous divergent sites that originate with P2.

$$q \equiv \frac{p_2}{p_1 + p_2} = \frac{p_2}{1 - p_{12}} \quad (55)$$

662 If we assume that P1 and P2 are optimally fit, then using eqs. 6 and 55, we can write f as

$$f = p_{12}(1 - p_{12}) + 4q(1 - p_{12})(1 - p_{12} - q(1 - p_{12})) \quad (56)$$

such that

$$E(f) = (1 - \bar{p}_{12}) \left(\bar{p}_{12}(1 - 2\bar{q})^2 + 4(1 - \bar{q})\bar{q} \right) - V_p(1 - 2\bar{q})^2 - 4V_q((1 - \bar{p}_{12})^2 + V_p) \quad (57)$$

664 where

$$\begin{aligned} \bar{p}_{12} &\equiv E(p_{12}) \\ \bar{q} &\equiv E(q) \\ V_p &\equiv \text{Var}(p_{12}) \\ V_q &\equiv \text{Var}(q) \end{aligned}$$

and we have used the fact that q and p_{12} will not generally covary. This expression simplifies for special cases. For example, consider the standard crosses, with strictly biparental inheritance. For backcrosses, all homozygous sites must come from a single species, such that $\bar{q} = V_q = 0$, and for the first backcross, we have $\bar{p}_{12} = \frac{1}{2}$, and so

$$\begin{aligned} E(f_{\text{BC}}) &= \bar{p}_{12}(1 - \bar{p}_{12}) - V_p \\ &= \frac{1}{4} - V_p \end{aligned} \quad (58)$$

For the F2, we have $\bar{p}_{12} = \bar{q} = \frac{1}{2}$, and so

$$E(f_{\text{F2}}) = \frac{1}{2} - V_q - 4V_qV_p \quad (59)$$

670 V_p and V_q will depend on the distribution of the divergence across the genome, and on patterns of segregation and recombination. However, we can derive simple and useful predictions if we assume 672 that the divergence is equally distributed among m freely recombining regions. These variances will also apply to estimators of p_{12} and q from m independently segregating markers. In this case, p_{12} , p_1 674 and p_2 follow a multinomial distribution, such that

$$V_p = \frac{\bar{p}_{12}(1 - \bar{p}_{12})}{m} \quad (60)$$

$$V_q \approx \frac{\bar{q}(1 - \bar{q})}{m(1 - \bar{p}_{12})}, \quad m \gg 1 \quad (61)$$

where the last expression is approximate, because V_q is undefined if any individual is completely heterozygous, with $p_{12} = 1$. From these expressions, it follows that

$$E(f_{BC1}) = \frac{1}{4} \left(1 - \frac{1}{m} \right) \quad (62)$$

$$E(f_{F2}) \approx 2E(f_{BC1}) + O(m^{-2}) \quad (63)$$

and so the predicted breakdown in the F2 is roughly double that of the first backcross. Similar considerations were used to derive the approximation of eq. 19, since in the F2, $\text{Var}(4h(1-h)) \approx 1/(2m^2)$, and so most of the variance in f will come from $\text{Var}(p_{12}) \equiv V_p = 1/(4m)$.

680 Appendix 4: Predictions for the *Teleogryllus* backcrosses

In this Appendix we provide a full derivation of the results for homogametic female backcrosses, which are relevant to the study of Moran et al. (2017) on *Teleogryllus* field crickets. Given the female-specific F1 sterility observed in *Teleogryllus*, Moran et al. (2017) generated backcrosses from males of the reciprocal F1. These hybrids are denoted $F1_{12}^{\sigma}$ ($P1^{\varphi} \times P2^{\sigma}$) and $F1_{21}^{\sigma}$ ($P2^{\varphi} \times P1^{\sigma}$). They differ solely in their X chromosomes, with $F1_{12}^{\sigma}$ carrying the X from P1, and $F1_{21}^{\sigma}$ carrying the X from P2. When these F1 are crossed with the parental lines, the female offspring form the reciprocal backcrosses: BC_{12}^{φ} ($F1_{12}^{\sigma} \times P1^{\varphi}$) and BC_{21}^{φ} ($F1_{21}^{\sigma} \times P1^{\varphi}$). These two backcross directions will both carry recombinant autosomes, for which $E(p_{12,A}) = \frac{1}{2}$ and $p_{2,A} = 0$. However, BC_{12}^{φ} will carry two identical copies of the X, while BC_{21}^{φ} will carry one X from each species. As such they are maximally different in their X-linked heterozygosity: $p_{12,X} = 0$ for BC_{12}^{φ} and $p_{12,X} = 1$ for BC_{21}^{φ} . If we begin by ignoring uniparental inheritance, then the heterozygosities for the two backcross directions are $p_{12} = g_A p_{12,A}$ and $p_{12} = g_A p_{12,A} + 1 - g_A$. If we further assume that the parental types are well adapted, compared to the worst possible class of hybrid, then heterozygosity in both backcrosses will be under symmetrical diversifying selection, $f = p_{12}(1 - p_{12})$ (eq. 21). The two breakdown scores are therefore:

$$f_{BC_{12}^{\varphi}} = g_A p_{12,A} (1 - g_A p_{12,A}) \quad (64)$$

$$f_{BC_{21}^{\varphi}} = g_A \{1 - p_{12,A}\} (1 - g_A \{1 - p_{12,A}\})$$

These two values will be equal at the Mendelian expectation of $p_{12,A} = \frac{1}{2}$, and deviations from these expectations, due to stochasticity in segregation and recombination, will have equal but opposite effects for the two backcross directions, leading to identical predicted fitnesses overall. This is illustrated in Supplementary Figure S5, which shows the predicted fitness surfaces for homogametic backcrosses. The dashed lines in both panels represent the “mirror-image” fitness curves that apply to BC_{12}^{φ} and BC_{21}^{φ} .

If we now assume that a fraction, g_{φ} , of divergent sites are subject to exclusively maternal inheritance, then the heterozygosity for BC_{12}^{φ} remains as $p_{12} = g_A p_{12,A}$, while for BC_{21}^{φ} it becomes $p_{12} = g_A p_{12,A} + 1 - g_A - g_{\varphi}$. These values yield eq. 28 of the main text, and the new fitness curve

704 for $BC_{21}\text{♀}$ is illustrated by the solid line in the lower panel of Supplementary Figure S5. We also note
that the rough similarity in the breakdown scores for the two backcross directions applies only to the
706 first backcross, and not to later backcrosses, for which $E(p_{12,A}) < \frac{1}{2}$. It is therefore notable that Moran
et al. (2017) did find significant differences between backcross directions for their BC2 data (see their
708 Table 3), again, consistent with predictions from Fisher's geometric model.

Tables and Figures

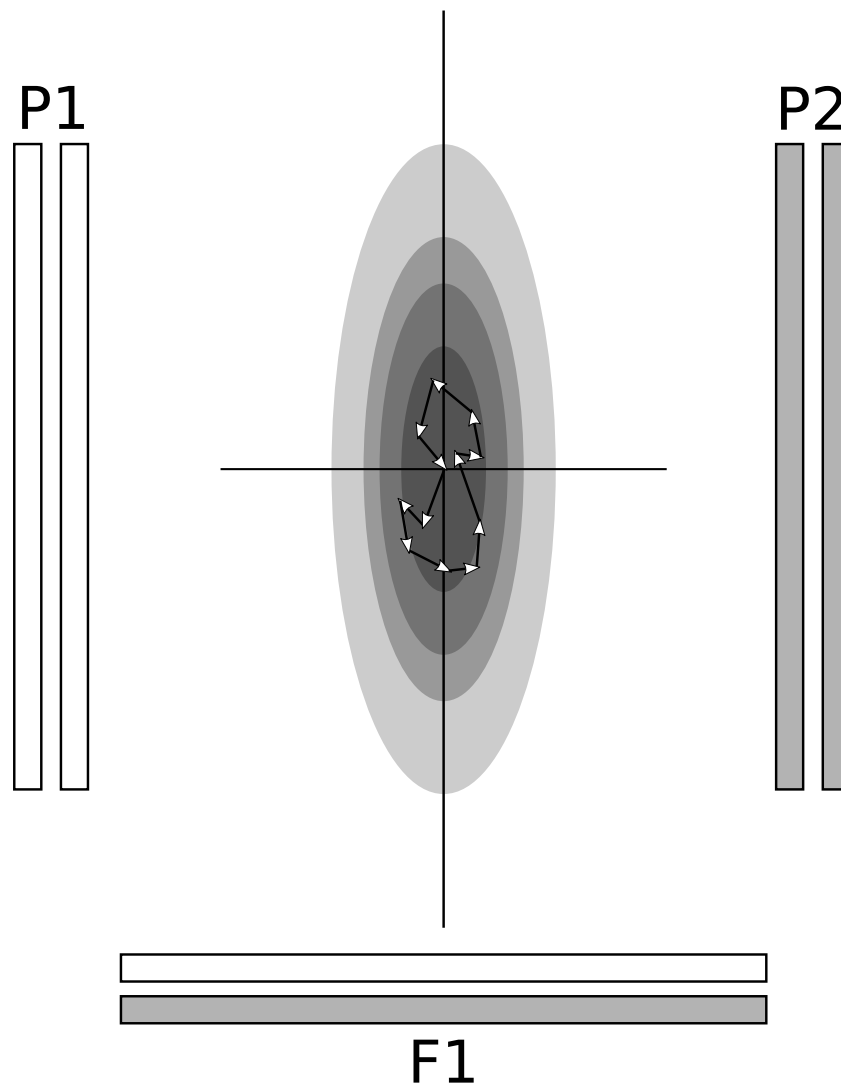


Figure 1: A schematic representation of Fisher's geometric model, with $n = 2$ "traits", each under optimizing selection of differing strengths. We consider hybrids between two diploid parental lines, P1 and P2, both of which have an optimal phenotype, but realized by different alleles. If we assume strict biparental inheritance, and additivity at the level of phenotype, then the initial F1 hybrid will have the midparental phenotype, which is also optimal. The expected fitness of other hybrids can be predicted by assuming that their component alleles form tethered random walks (Brownian bridges), between the three well-fit genotypes (see Appendix 1 for details).

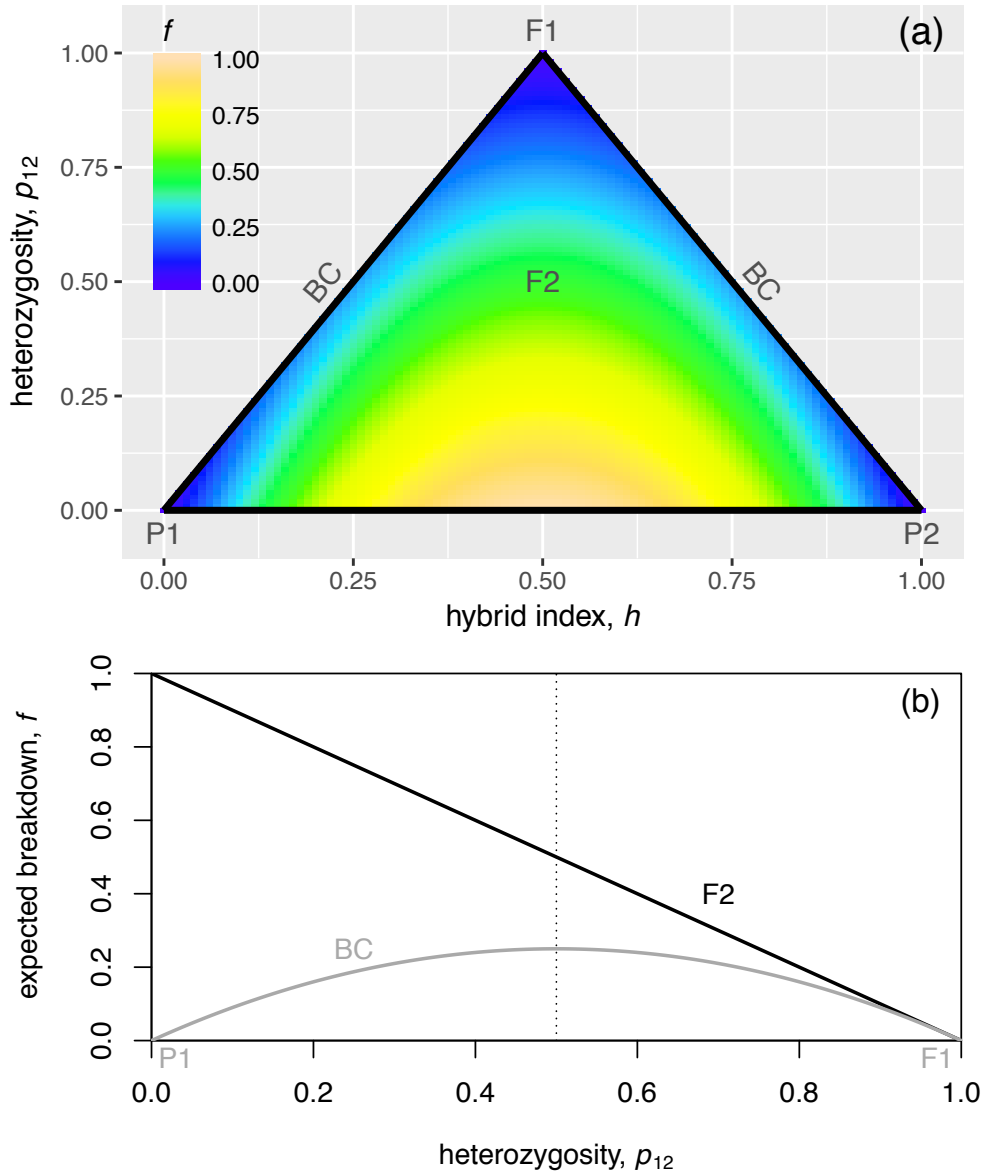


Figure 2: Panel (a) shows a heatplot of the fitness surface predicted by Fisher’s geometric model, for hybrid genotypes, when the parental types are well adapted (eq. 7 with $f_P = 0$). The colors represent the relative expected breakdown score, f , with higher values corresponding to lower fitness (eqs. 1-2). Predictions are shown as a function of the interspecies heterozygosity, p_{12} and the hybrid index, h (eq. 3). The parental P1 and P2, are found at the lower corners, with $p_{12} = 0$ and $h = 0$ or $h = 1$. With purely biparental inheritance, an initial F1 cross would be at the upper corner, with $p_{12} = 1$, backcrosses would lie along the upright edges, with $h = p_{12}/2$ or $h = 1 - p_{12}/2$, and the F2 would cluster in the center with $E(h) = E(p_{12}) = \frac{1}{2}$. Panel (b) shows slices through this fitness surface, demonstrating that the selection on heterozygosity, p_{12} , will differ according to cross type. For the F2 (F1×F1), heterozygosity is under directional selection, towards higher values. For backcrosses (such as BC1: F1×P1), then if the parental types are well adapted, heterozygosity is under symmetrical diversifying selection, away from the Mendelian expectation for the first backcross, and towards higher or lower values.

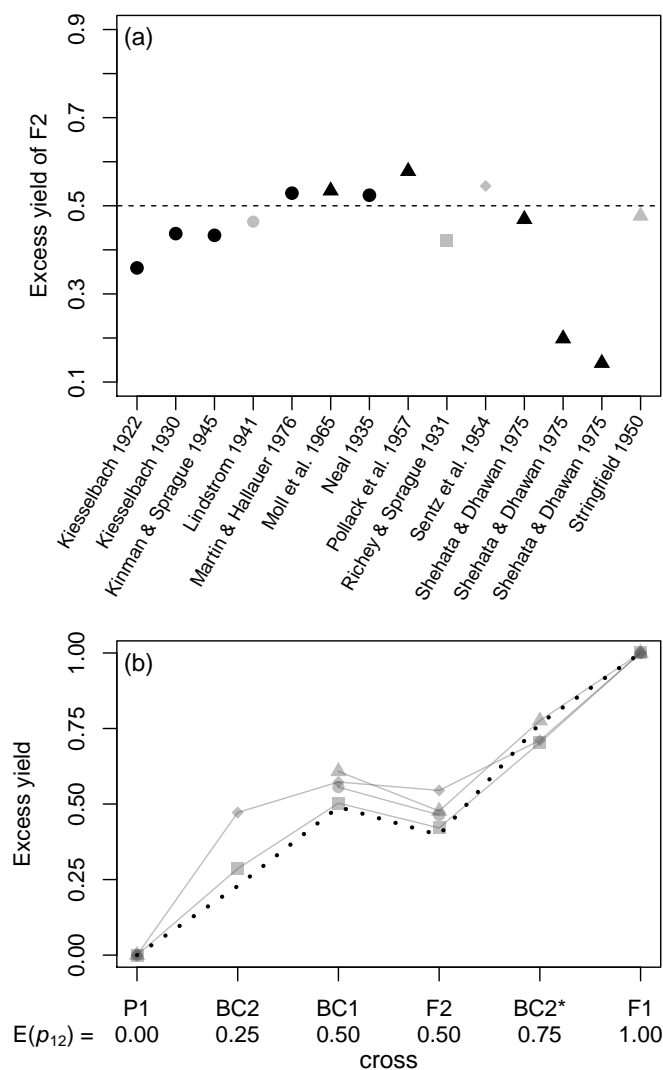


Figure 3: Data on hybrid vigor, from crosses of inbred *Zea mays*. The original data were collated by Wright (1977; see his Table 2.3.2), and Hallauer et al. (2010; see their Table 9.13), including only data from single crosses, where there was hybrid vigor in the F2, and yield was measured in quintals per hectare. Panel (a) plots the excess yield of the F2 (eq. 17). Results are shown for variety crosses (black triangles), as well as crosses of inbred lines in the strict sense (all other points). The dashed line shows the prediction of 0.5 from single-locus theory (eq. 18). Panel (b) shows the four data sets collated by Wright (1977), which allow us to compare the F2 and various backcrosses. These crosses, chosen to yield different levels of heterozygosity, are the parental type (P1), the second backcross ($BC2 = (F1 \times P1) \times P1$); the first backcross ($BC1 = F1 \times P1$), the F2 ($F1 \times F1$), second backcross to the other parent ($BC2^* = (F1 \times P1) \times P2$), and the F1 ($P1 \times P2$) (The data of Stringfield 1950 replace $BC2^*$ with an F2 between two distinct F1, involving 3 distinct strains, but the predictions are unchanged). The grey symbols for the four data sets correspond to those used in panel (a). The dotted line in panel (b) shows predictions from Fisher's model, assuming that the between-strain divergence contains limited coadaptation. The prediction uses eqs. 19-20 and 17, with $f_P = 0.75$, and $\beta = 2.5$, which was chosen to fit the data of Richey and G. F. Sprague (1931). The model predicts both the roughly linear increase in vigor with heterozygosity, and the systematic difference between BC1 and F2.

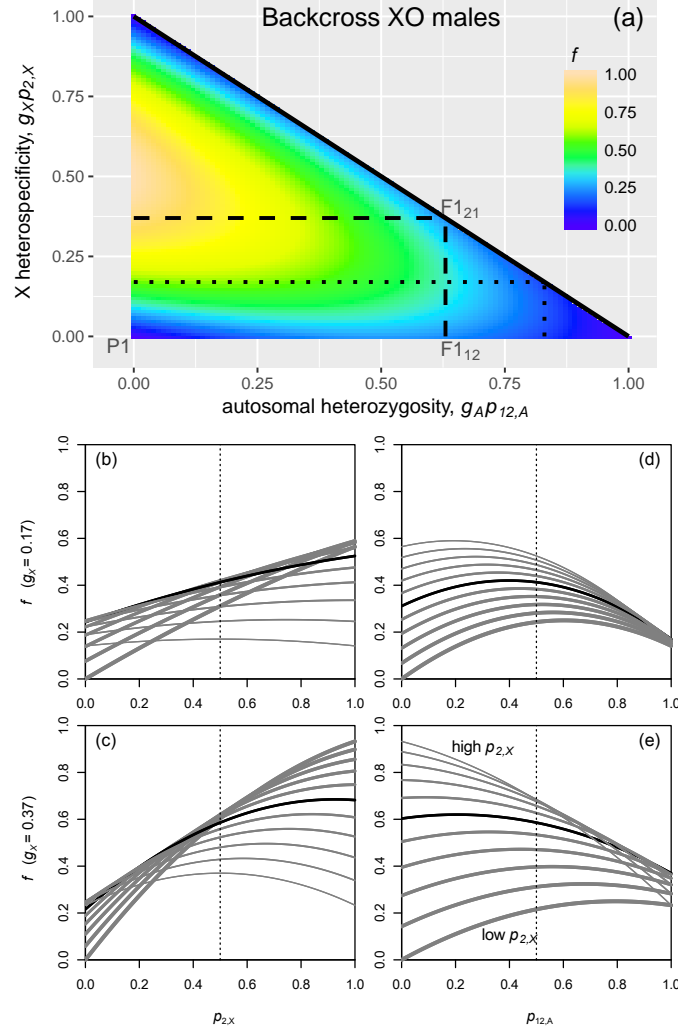


Figure 4: Predictions of Fisher's geometric model for heterogametic male hybrids. For simplicity, the predictions neglect any contributions from uniparentally-inherited loci, and assume that the parental types are well adapted. For concreteness, we assume XO sex determination, so that hybrids differ in their autosomal heterozygosity, $p_{12,A}$ and the proportion of alleles on the X that are heterospecific, $p_{2,X}$. Panel (a) shows the fitness surface as a function of these two quantities. The dotted lines delimit the region that would apply to a species pair with $g_X = 0.17$ (as we have estimated for *Drosophila simulans/sechellia* and *D. santomea/yakuba*), and the dashed lines delimit the region that would apply to a species pair with $g_X = 0.37$ (as we have estimated for *Drosophila persimilis/pseudoobscura*). Panels (b)-(e) show slices through this fitness surface, with vertical dotted lines showing the Mendelian expectations for a first backcross. Panels (b) and (c) show the dependency on X-linked heterospecificity. Results are shown when the autosomal heterozygosity is equal to its Mendelian expectation of $E(p_{12,A}) = \frac{1}{2}$ (black line), and over a range of values from $p_{12,A} = 0$ (thickest gray line) to $p_{12,A} = 1$ (thinnest gray line). Similarly, panels (d) and (e) show the dependency on autosomal heterozygosity, when the X-linked heterospecificity is at its expected value of $E(p_{2,X}) = \frac{1}{2}$ (black line), or over a range of values from $p_{2,X} = 0$ (thickest gray line) to $p_{2,X} = 1$ (thinnest gray line). Together, the plots show that Fisher's geometric model can account for the surprising results of Moehring (2011), and generate a new supported prediction (Table 3).

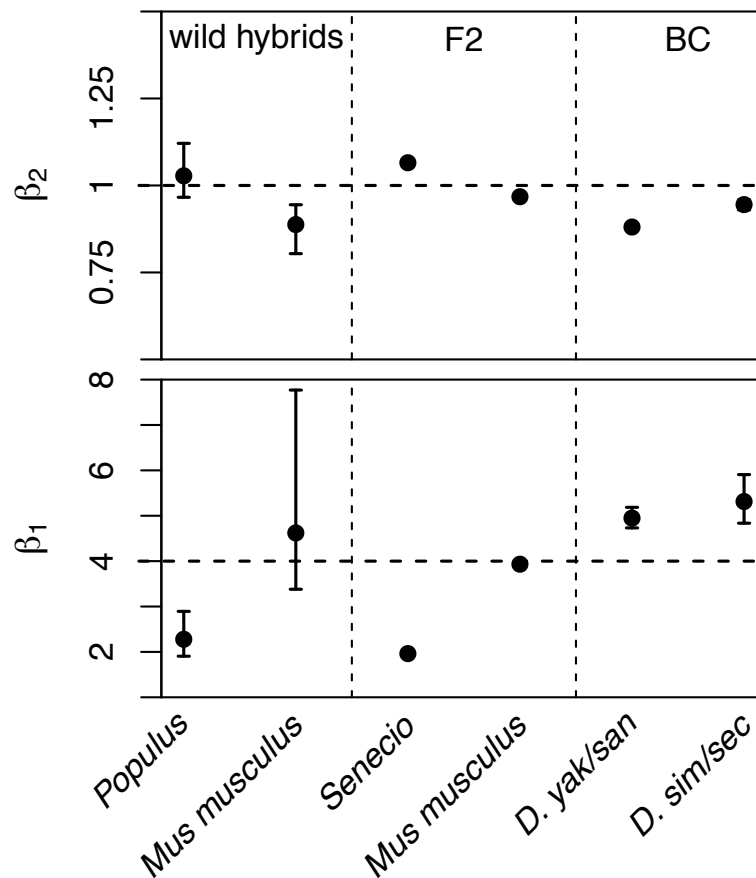


Figure 5: Best fit parameter estimates for the GLM of eq. 29, fit to fitness and genomic data from six data sets of hybrids (see Table 1 for details). The upper panel shows estimates of the coefficient β_2 which determines the form of selection acting on the hybrid index, h . Estimates of $\beta_2 = 1$ are consistent with symmetrical diversifying selection. The lower panel show estimates of the coefficient β_1 which determine the relative strength of selection acting on the hybrid index. Estimates of $\beta_1 = 4$ are predicted when the parental types are well adapted (eq. 7), while estimates $0 < \beta_1 < 4$ are predicted when the parental types are maladapted (eq. 9). Confidence intervals are defined as values that reduce the AIC by 2 units. These measures of uncertainty were not obtained for the F2 data, where variation in the hybrid index contributed little to the model fit, as predicted by eq. 19. Full details of the model fitting are found in the Methods and Supplementary Tables S2 and S3.

Table 1: Data sets

	Hybridization	N	Sex	#Markers	Cross	g_X	Fitness measure	Reference
<i>Zea mays</i>	inbred lines	-	♀	-	Various	-	Excess yield	See Fig. 3
<i>Mytilus</i>	<i>edulis/galloprovincialis</i>	132	♂/♀	43	F2	-	-	This study
		144	♂/♀	43	BC1	-	-	
<i>Drosophila</i>	<i>sechellia/simulans</i>	200/200	♂	8 X; 31 A	BC1	0.17	Sperm quantity: 3-pt. scale	Macdonald and Goldstein 1999
<i>Drosophila</i>	<i>santomea/yakuba</i>	550/549	♂	10 X; 22 A	BC1	0.17	Motile sperm: 9-pt. scale	Moehring et al. 2006a,b
<i>Drosophila</i>	<i>pseudoobscura/persimilis</i>	1141/1036	♂	2 X; 11 A	BC1	0.37	Motile sperm: present/absent	Noor et al. 2001
<i>Teleogryllus</i>	<i>oceanicus/commodus</i>	79	♀	-	BC1	0.30	Egg and offspring number	Moran et al. 2017
		108	♀	-	BC2	0.30	Egg and offspring number	
<i>Populus</i>	<i>alba/tremula</i>	137	♂/♀	~12,000	WH	-	Survival after 4 years	Christe et al. 2016
<i>Senecio</i>	<i>aethnensis/chrysanthemifolius</i>	64	♀	966	F2	-	Necrotic/Healthy	Chapman et al. 2016
<i>Mus musculus</i>	<i>musculus/domesticus</i>	185	♂	14,220	WH	0.039	Testes weight	Turner and Harr 2014
		305	♂	202 (16 X; 182 A)	F2	0.039	Prop. abnormal sperm	White et al. 2011

N : The number of individual hybrids, divided by backcross direction where appropriate; #Markers: The number of genetic markers used to estimate p_{12} and sometimes divided into X-linked and Autosomal. BC1: First backcross; BC2: Second backcross; WH: Wild hybrids. g_X : weight given to X-linked markers in calculation of overall genome composition, calculated from the length of total annotated coding sequence.

Table 2: Tests for selection on heterozygosity in F2 and Backcrosses of *Mytilus* mussels.

Markers:	43	43	33	33
Data set:	All	No missing data	No missing data	Subsampled
Cross	\hat{p}_{12} (N) <i>p</i> -value	\hat{p}_{12} (N) <i>p</i> -value	\hat{p}_{12} (N) <i>p</i> -value	\hat{p}_{12} (N) <i>p</i> -value
F2	0.57 (132) $1.5 \times 10^{-6***}$	0.56 (88) $6.4 \times 10^{-4***}$	0.55 (91) 0.0033**	0.56 (56) 0.0020**
BC	0.57 (144) $1.3 \times 10^{-4***}$	0.53 (94) 0.0282*	0.53 (105) 0.0569	0.52 (56) 0.5815

\hat{p}_{12} : the estimated median heterozygosity; *N*: the number of hybrid individuals sampled; *p*-value: result of a Wilcoxon test of the null hypothesis median $p_{12} = 0.5$; F2: random mating of F1 between *M. galloprovincialis* and *M. edulis*; BC: Backcross of the F1 to *M. galloprovincialis*. No missing data: all individuals with missing data for any of the markers were excluded; Subsampled: for the BC, any individual carrying a marker that was homozygous for the major allele carried by *M. edulis* populations was excluded; for the F2, we downsampled by sequencing order to equalize sample sizes.

Table 3: Regressions of male sterility on autosomal heterospecificity in *Drosophila* backcrosses

Backcross to	<i>N</i>	Model	Best-fit coefficients for $p_{12,A}$	AIC
<i>D. pseudoobscura</i>	582	two intercepts	-	601.31
		two intercepts + single slope	2.147	580.41
		two intercepts + two slopes	3.746 (low $p_{2,X}$); -1.973 (high $p_{2,X}$)	558.91
<i>D. persimilis</i>	610	two intercepts	-	603.53
		two intercepts + single slope	3.620	558.18
		two intercepts + two slopes	4.505 (low $p_{2,X}$); -1.876 (high $p_{2,X}$)	545.87

AIC: Akaike Information Criterion; preferred model shown in bold.

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