Affective bonding explains post-traumatic behavioral development in adult mice

Ray X. Lee,[1,2]* Greg J. Stephens,[2,3] Bernd Kuhn[1]

Affiliations:

[1] Optical Neuroimaging Unit, Okinawa Institute of Science and Technology (OIST) Graduate University, Okinawa, Japan.

[2] Biological Physics Theory Unit, OIST Graduate University, Okinawa, Japan.

[3] Department of Physics and Astronomy, Vrije Universiteit Amsterdam, Amsterdam, The Netherlands.

* Correspondence to: rayxin.lee@oist.jp

Abstract: Despite a broad research focus on the diverse symptoms of post-traumatic stress disorder (PTSD), the gradual emergence of symptoms following trauma exposure remains as a major conceptual challenge. We identified and examined behavioral development in mice isolated after observing a traumatic event inflicted upon their pair-housed partners. Compared to mice isolated without traumatic experience, fine-scale behavioral analysis showed that anxiety-related reactions gradually increased through isolation, while the early phases were independent of acute stress reactions. Instead of social avoidance, traumatized mice presented long-term social apathy to strangers. These behaviors were not observed if the traumatic event happened to strangers. Additionally, traumatized mice showed rebound responses to their partners after a long separation. Concluding, a single common factor, affectional bonding, underlies the rather independent development of PTSD-like behaviors in mice. The observed psychological homology between

22　mice and humans emphasizes the potential of rodent models to untangle subtle psychobehavioral

23　development in humans.

Introduction

PTSD is one of the most prevalent mental health disorders and has received serious clinical

and research attention (DSM-III, 1980;DSM-5, 2013). Still, it remains as one of the most poorly

understood and controversial presentations of psychiatric disorders (McFarlane, 2010). The

debates have even questioned the existent of PTSD (McHugh and Treisman, 2007;Walton et al.,

2017), centered on its diversity, inconsistency, and delayed onset of symptoms even after a

protracted symptom-free period (Andrews et al., 2007;Pai et al., 2017). Trauma- and Stressor-

Related Disorders, as the latest classification introduced in the current diagnostic manual (DSM-

5, 2013), further reflect this difficult situation that the resulting disorders inconsistently embrace a

wide array of symptoms even though they are common in the defining feature which includes the

involvement of an adverse event (Pai et al., 2017). Since the combination of psychological therapy

and pharmacotherapy does not provide a more efficacious treatment than psychological therapy

alone (Hetrick et al., 2010;Mataix-Cols et al., 2017), a primary question has been how a

psychopathological model could account for PTSD development (McFarlane, 2010). Several

psychological programs were demonstrated as efficacious first-line treatments for PTSD (Beck,

2011;Schnyder and Cloitre, 2015), but not during the incubation period. Additionally, the risk of

worsening PTSD symptoms remains (Monson et al., 2012;Bryant et al., 2013). Although the

mechanisms underlying these psychological therapies are largely speculative and rather not

amenable to scientific inquiry (Schnyder and Cloitre, 2015), a core belief shared across various

hypotheses is to view PTSD as an association between trauma-induced states such as fear memory,

increased anxiety, and social withdrawal (Ehlers and Clark, 2000;Siegmund and Wotjak,

2006;Hayes et al., 2012;Zoladz and Diamond, 2013;Bryant et al., 2017). This view has further

been presumed in explaining PTSD development over the incubation period (Ehlers and Clark,

2000;Siegmund and Wotjak, 2006;Bryant et al., 2017). Complex developmental trajectories of

PTSD symptoms were demonstrated with associated physiological and environmental regulators

(Bryant et al., 2013), yet the scientific support for underlying psychological mechanism is still

absent.

To identify psychopathological mechanism underlying stress incubation requires an

experimental assay with purely psychosocial manipulations on controlled subjective experiences

and a homogeneous genetic background. Laboratory rodents are widely researched model systems

with rich empirical evidence of their validity in neuroscience, genetics, and pharmacology of stress

(Cryan and Holmes, 2005;Kaouane et al., 2012;Calhoon and Tye, 2015;Tovote et al., 2015).

Behavioral paradigms that simulate PTSD were established to expose the mechanistic and causal

insights of long-term fear memory following acute physical stress (Balogh et al., 2002;Philbert et

al., 2011) and learned depression after a prolonged period of repeated social defeat, either directly

(Golden et al., 2011) or through witnessing (Patki et al., 2014;Sial et al., 2016). While similar

observations of a delayed period before showing substantial PTSD-like behaviors were reported

in a relatively small number of experimental paradigms (Davis, 1989;Pamplona et al.,

2011;Warren et al., 2013;Tsuda et al., 2015), there have been no studies that systematically and

quantitatively address this important developmental process. On the other hand, behavioral studies

revealed that laboratory rodents engage in advanced social behaviors within their cognitive

capacities and share similar psychological states as human (Bartal et al., 2011;Bartal et al.,

2014;Burkett et al., 2016;Smith et al., 2016). Yet, the capability of these animal model systems to

imply human complex psychobehavioral development in psychiatry remains unclear. By

combining behavioral scenarios, analytic methods, and theoretical hypotheses, here we scoped for

a novel research approach to achieve implications about human PTSD psychological developments

from psychobehavioral experiments in laboratory mice.

Results

Evidence of stress development revealed by fine-scale behavioral analysis

To identify post-traumatic behavioral development with minimal physical impact and peri-

traumatic contribution, we developed the following assay of acute witnessing trauma (Figure 1A):

Partnership between the male focal mouse and its male partner was established by housing them

together for 3 weeks (Day-21 – Day0).   During this pair-housing, the mice slept together in a

single nest they built, and no aggressive interaction was observed. On Day0 (trauma induction),

the focal mouse observed its partner being attacked by 5 different aggressor mice in succession

(aggressive encounter), and stayed together with the attacked partner between each aggressive

encounter (stress infiltration and resting).   Importantly, the focal mouse only experienced the

traumatic event by witnessing the attacks and via social communication, but not through any direct

physical threat, such as attack bites and pursuits from either the aggressors or its partner. After

the last aggressive encounter, the focal mouse (Traumatized mouse) was socially isolated for 4

weeks (Day0 – Day28). Behavior was tested on Days -7, 1, 7, and 28.

To differentiate behavioral consequences from the trauma induction and the effects of

isolation, adaptation to the tests, and aging, a control group of mice were isolated from their

partners on Day0 without trauma induction (Control mice). We found that Traumatized mice (n =

47) built nests with significantly higher walls than those constructed by Control mice (n = 47) after

isolation (Figure 1B, top panel). Traumatized mice also increased their body masses in the late

phase of the study (Figure 1B, bottom panel). While these differences could be alternatively

explained [e.g. having better emotional stability and therefore nicer nests and better appetites

versus manifesting protective responses of anxiety by hiding behind higher nest walls and

engaging in anxiety-induced binge eating (Goto et al., 2014;Otabi et al., 2017)], they clearly

indicated a long-term psychological effect of trauma.

To investigate the emotional states of Traumatized mice, we used standard behavioral

testing setups. Although the general beliefs in identifying rodent emotionality in standard

behavioral tests have been criticized (Ramos, 2008), spontaneous behavior in a steady environment

is arguably a representation of internal states such as emotion (Archer, 1973). In humans, anxious

behaviors show when facing unexpected events or uncertain situations (Grupe and Nitschke, 2013).

Behavioral tests for rodent anxiety-like reactions were therefore designed to evaluate their stress

reaction against their willingness to explore (e.g. light-dark box and elevated plus-maze) or their

activity under conditions with a gradient of uncertainty (e.g. open field). We first examined

spontaneous behaviors in the light-dark box test (Figure 1C; n = 8 mice for each group), where the

stressor was a natural aversion to brightly lit areas (Kumar et al., 2013). While the time spent in

the light area did not differ significantly between Control and Traumatized mice on Day1,

Traumatized mice spent more time in the light area than Control mice on Days 7 and 28 (Figure

1C, left panels). This result, as the first glance, suggests delayed expression of a chronic behavioral

difference.

This result raised the following questions: (i) Did this behavioral difference start to develop

immediately after the traumatic event or only after a delay? (ii) What comparative emotionality

does this behavioral difference indicate? To answer the first question, we examined the fine-scale

positions of the mice in the light-dark box. Emotion dynamically maps internal states and external

stimuli toward a set of corresponding behaviors, which should be represented in the probability

distribution of behaviors that are shown. Based on spatial symmetry, we analyzed T(x), the

cumulative probability distribution of time that the mouse spent at positions along the axis of the

light-dark box (Figure 1C, top-right scheme and the equation, and middle panels for the results).

We calculated significance levels [presented as -log of p-values, -log(p)] of T(x) between

Traumatized and Control populations by computing position-dependent population means and

applying a two-tailed, two-sample Student's t-test (Figure 1C, bottom-middle panels). Already on

Day1, Traumatized mice showed differences in their spatial distribution, as they spent less time

than Control mice at the far end of the dark area. This tendency increased with time: On Day7,

Traumatized mice spent more time in the light area close to the door compared to Controls, and

then on Day 28 additionally on the far side of the light area. Collapsed -log(p) distributions reveal

the overall gradual increase in spatial preference differences (Figure 1C, right panel). Additionally,

Traumatized mice showed more transfers between the boxes and shorter latencies until their first

transfers from Day1 (Figure 1-figure supplement 1), and maintained a higher locomotor speed

compared to the gradually decreasing speed of Control mice (Figure 1-figure supplement 2). These

results indicate an onset and gradual increase of behavioral differences immediately following the

trauma.

Development of different psychological components untangled in standard behavioral tests

These differences may reflect the hypo-sensitivity to sensory harm and hyper-activity, as

characteristic of somatic anxiety in PTSD patients (Cloninger, 1988;Adler et al., 2004;Mostoufi et

al., 2014); however, they may also simply indicate that Traumatized mice became braver and more

excited. To determine whether the differences could be attributed to chronic anxiety, we examined

their behaviors in the elevated plus-maze test (Figure 2A; n = 8 mice for each group). In this test,

stressors included fear of falling and exposure, which accompanied both sensation and cognitive

interpretation (Kumar et al., 2013). Reactions of cognitive anxiety are expected to be opposite of

those shown in somatic anxiety (Cloninger, 1988). After first exposure on Day-7 and separation,

mice spent only a fraction of the time in the open arms of the maze, but with no significant

difference between Control and Traumatized mice (Figure 2A, left panels). However, Traumatized

mice spent increasingly more time in the far end of the closed arms (Figure 2A, middle panels)

and moved more slowly in the elevated plus-maze after trauma induction (Figure 2-figure

supplement 1) with longer periods of freezing and fewer entries to the central platform from the

closed arms (Figure 2-figure supplement 2). Together, this indicates a higher anxiety level and

supports the hypothesis that behavioral differences are the result of a chronic anxiety. Gradually

increasing differences between Control and Traumatized mice (Figure 2A, right panel; Figure 2-

figure supplement 1) further confirm that stress incubation of anxiety caused the observed

differences.

To date, the controversy at the core of PTSD development that has not been directly

addressed is the nature and source of internal psychological development. Rather than exploring

determinants of a developmental phenotype or asking whether and how a behavioral output is

generated via a conjoint process of multiple interpreting and evaluating systems (Hayes et al.,

2012;Calhoon and Tye, 2015), the fundamental question asked for an internal psychological

development is whether and how the alternation of an interpreting or evaluating system is

dependent on the state of another interpreting or evaluating system. This dependence can be

examined by comparing the observed results with the predictions according to possible causal

scenarios for a pair of trauma-induced states in a unified framework (Sapolsky, 2002;Oizumi et

al., 2016). To explore the developmental process of different psychological components, we next

investigated the emotional basis further revealed in fine-scale behavioral distributions. In both

tests, key incubation features were consistently more obvious within stressor-free zones (dark area

and closed arms) than within stressor zones (light area and open arms), and thus the features of the

behavioral response might change depending upon whether mice were under the stressor. To

quantitatively investigate the differences between zones, we analyzed locomotor speed separately

in stressor and stressor-free zones. As expected, two different behavioral patterns developed in

the two zones: While speed differences consistently increased in stressor-free zones (Figure 2B,

right panels; Figure 2-figure supplement 3; Figure 2-figure supplement 4), speed differences in

stressor zones only showed acute increases on Day1 (Figure 2B, left panels; Figure 2-figure

supplement 5; Figure 2-figure supplement 6). These results suggest that different psychological

features were measured in the two zones, allowing further identification of association among

different trauma-induced states.

In humans, fear is a response to a known threat with a magnitude that increases with the

certainty of the threat, whereas anxiety is a response to uncertainty with a magnitude that increases

with the uncertainty of a situation (Grupe and Nitschke, 2013). Together with the presented

demonstration of anxiety incubation (Figure 1C and 2A; Figure 1-figure supplement 1; Figure 2-

figure supplement 2), we hypothesized that behavioral differences in stressor-free zones (closed to

stressor) are the result of anxiety reactions to uncertainty, while acute stress reactions in stressor

zones (under stressor) are the result of lasting fear responses from trauma induction. We examined

mouse locomotor speed in uncertain and familiar environments separately using the open field test

(Figure 2C; n = 8 mice for each group) and the locomotor activity test (Figure 2D; n = 8 mice for

each group), respectively. In the open field test, mice were exposed in a dimly lit environment

with a gradient of spatial uncertainty from the field center (high uncertainty) to field boundaries

(low uncertainty). In the locomotor activity test, mice were habituated in a dark environment with

familiar cues of bedding materials from their homecages indicative of less environmental stress.

Traumatized mice moved faster in the center region of the open field (Figure 2-figure supplement

7), compared to Controls, and slower in the periphery (Figure 2-figure supplement 8). The

difference between groups increased gradually and was greater in the center than in the periphery

(Figure 2D). The avoidance of spatial uncertainty by Traumatized mice was also reflected in the

shorter time they spent near the center (Figure 2-figure supplement 9, left panel), but showed a

shorter latency to the first rearing during the test (Figure 2-figure supplement 9, right panel), which

together suggests anxiety, instead of depression-like reactions with low exploratory motivation, as

the causal emotional state. In contrast, Traumatized mice moved significantly more slowly on

Day1 in the locomotor activity test, and recovered on Days 7 and 28 (Figure 2D; Figure 2-figure

supplement 10). Notably, the two developmental patterns showed a consistent uncertainty-

dependent manner and were measured across various behavioral tests. The patterns raised together

in the acute phase, but one vanished when the other continued to increase in the later phase. These

results support the hypothesized psychological features and further imply that delayed anxiety

expression is not simply an expanded, sustained response of acute stress, thereby refuting a general

belief (DSM-III, 1980;Ehlers and Clark, 2000;Siegmund and Wotjak, 2006;Andrews et al.,

2007;Pamplona et al., 2011;Hayes et al., 2012;DSM-5, 2013;Zoladz and Diamond, 2013;Schnyder

and Cloitre;Bryant et al., 2017).

PTSD-like heterogeneous picture of psychology between emotionality and sociality

Emotional responses simplify and speed up animal reactions to complex external cues and

are critical in social interactions (Anderson, 2016). Impairment in social functioning is also

considered in PTSD diagnosis (DSM-5, 2013). To test potential effects of anxiety on sociality, we

examined mouse social motivation in a two-session social test (Figure 3A, a non-social session

followed by social session; n = 5 mice for each group). The social stimulus was either a female or

a male stranger mouse. During the social session, Traumatized mice spent less time in social

approaches of nose poking toward both female and male strangers, starting from Day1, and

remained less social compared to Controls during the post-traumatic period (Figure 3B, top panels).

In addition, less social vocalization was recorded during the female stranger test for Traumatized

mice (Figure 3-figure supplement 1). The time they spent in the interaction zone around the social

target, however, did not differ significantly from that of Control mice (Figure 3B, bottom panels).

These results indicated a general and chronic social apathy that developed after the trauma (Figure

3-video supplement 1). These observations are comparable to the diminished responsiveness in

interpersonal relationships that begins soon after traumatic events as reported in PTSD patients

(DSM-III, 1980), rather than social avoidance, as expected in case of chronic anxiety generally

considered in PTSD social withdrawal (DSM-III, 1980;DSM-5, 2013). In addition, onset of

chronic social apathy from Day1 preceded the notable drop of spontaneous locomotor speed during

the non-social session on Days 7 and 28 (Figure 3C; Figure 3-figure supplement 2 and 3). These

results additionally suggest that post-traumatic social apathy is hard to explain in terms of

emotional development due to its early onset, indicating that emotional and social consequences

may arise independently from trauma induction.

Relationship-dependent behaviors suggesting affectional mechanism

To explore the key factor that determined the development of both emotionality and

sociality required several control experiments (Figure 4-figure supplement 1). First, we compared

behavioral developments of Control mice with a second control group of mice (Stranger-exposed

mice) where the aggressor mice for trauma induction were replaced by non-aggressive strangers.

Stranger-exposed mice did not show the developments of behavioral differences (Figure 4-figure

supplement 3–6), suggesting that social aggression is necessary to induce stress developments. As

Traumatized mice experienced the traumatic event purely psychosocially, partnership between

mice served as a candidate variable with which to alter the emotional impact and coping strategy

(Sandi and Haller, 2015). Thus, we analyzed a third control group of mice (Stranger-observing

mice) as each of them observed different stranger mice being attacked by different aggressors and

stayed together with each stranger between aggressive encounters before isolation. Stranger-

observing mice did not experience any physical stress from strangers or aggressors. Two notable

behavioral differences during trauma induction were observed: While tail rattling during

aggressive encounters and hiding under bedding material with the partner during resting were

observed in 83% (n = 39 out of 47 mice) and all (n = 47 out of 47 mice) Traumatized mice (Figure

4-video supplement 1), respectively, no such behaviors were shown by Stranger-observing mice

(n = 0 out of 20 mice). In Traumatized mice, the frequency of tail rattles dropped progressively

during aggressive encounters (Figure 4A), suggesting that it represents a rapid phasic

psychological reaction during trauma induction. These results suggest that social relationship

rapidly modulated emotional impact and social reactions during trauma induction. Moreover,

chronic behavioral differences were not observed in Stranger-observing mice (Figure 4B; Figure

4-figure supplement 2), which further excluded potential effects from salient, non-specific

environmental manipulation (e.g. rotation through aggressors' homecages) and sensory shock (e.g.

olfactory cues from urine and vocalization indicating fear) in trauma induction. To further

characterize the effects of social relationship, we examined the impact of social support on

behavioral developments by a fourth control group of mice (Buffered mice) as each of them was

kept pair-housed with its attacked partner after trauma induction. Developments of the differences

in emotionality of stress did not occur in Buffered mice (Figure 4-figure supplement 3–5), but

developments that reflected their sociality showed the differences of Traumatized mice (Figure 4-

figure supplement 6). The observation suggests that Buffered mice showed an emotional recovery

from experiences of distress when being together with their partners, which further supports that

emotionality and sociality during stress incubation were separately regulated. Taken together, the

results of these control experiments reveal that social relationship constitutes a critical

psychological factor that determined post-traumatic psychobehavioral development.

An important question remained: Why was stress incubated, but not attenuated? As

traumatic consequences were modulated by social relationship, we hypothesized that acute

traumatic induction yielded chronic stress experience through partnership memory during social

isolation, similar to human tending to recall relatively vivid memories of the past relationship after

a traumatic relationship dissolution (Chung et al., 2003). We examined the persistence of social

memory in a partner-revisiting test on Day28 (Figure 4C; n = 5 mice for each group). Social

stimuli were the previous partner and a stranger mouse, both immobilized to allow enough social

cues to be attractive, but no active interaction with the focal mouse. To avoid possible influences

of social cues from socially defeated mice, stranger mice used to test Control and Stranger-

observing mice were partners of Traumatized mice. Strikingly, Traumatized mice spent three

times as much time allogrooming or pushing their previous partners as did Control and Stranger-

observing mice (Figure 4D; Figure 4-video supplement 2). This amount of allogrooming or

pushing previous partners is similar in Buffered mice which were kept pair-housed with their

attacked partners until the partner-revisiting test (Figure 4-figure supplement 7). The preference

of Traumatized mice to their previous partners, together with the findings of chronic anxiety

(Figure 1 and 2) and social apathy (Figure 3) after separation, suggests affectional bonding as a

key mechanism of stress incubation in this paradigm (Figure 4-figure supplement 8).

Discussion

We present a novel approach to interpret previously challenging and inconclusive behavioral development, centered on the study of PTSD-like internal psychological development in laboratory mice. These results demonstrate the first system-level view of experimentally disentangled components, processes, and determinants in post-traumatic stress development. While our data suggest that laboratory mice and PTSD patients share similar post-traumatic reactions and psychological substrate, we found little support for the common view that a complex association among trauma-induced psychological states govern the developmental process (DSM-III, 1980;Ehlers and Clark, 2000;Siegmund and Wotjak, 2006;Pamplona et al., 2011;Hayes et al., 2012;DSM-5, 2013;Zoladz and Diamond, 2013;Schnyder and Cloitre;Bryant et al., 2017) (Figure 4-figure supplement 8). Instead, we propose a unitary view where the alternation of a single cognitive source is sufficient for triggering changes of diverse and rather independent psychological states. Accordingly, we expect that behavioral signs of PTSD development could also be detected in humans already shortly after the traumatic event, which are likely to be independent of acute stress reactions. The fine-scale behavioral analyses introduced here provide a simple, non-invasive analytic tool to capture informative behavioral details and are not limited to laboratory animals, opening a new window for early detection and prediction to prevent a development into PTSD.

While much remains to be considered before clinical applications, including a corresponding study in humans, our study establishes a solid basis to uncover psychological theories for therapeutic strategies (Schnyder and Cloitre, 2015). More than leading toward a better efficacy and lower risk in conducting psychological treatments, this foundation provides a platform to test the role of biological substrates in a system-level view that integrates multiple mechanisms

underlying highly diverse behavioral consequences (Figure 4-figure supplement 8). For instance,

a path toward brain physiology can be to test how the potentially slow and global change of brain

dynamics arises from an altered dynamic in social bonding circuits through their interconnected

nodes (Lee et al., 2014;Lee et al., 2015;Funamizu et al., 2016;Amadei et al., 2017;Ko, 2017). The

efficacy of pharmacotherapies could therefore be improved. Beyond PTSD, our research approach

to imply human complex psychology by quantitatively and experimentally inferring intertwined

psychological qualities in laboratory mice opens a wide range of possibilities in psychiatry.

Materials and Methods:

Study design

Sample size. No statistical methods were used to predetermine sample sizes. Animal numbers

were determined based on previous studies.

Rules for stopping data collection. Partner mice were expected to get minor injuries from

aggressor mice during aggressive encounters, which normally should be through attack bites on

the dorsal side of posterior trunk (Takahashi et al., 2015). The aggressive encounter and all further

experiments were terminated once (i) the partner mouse showed severe bleeding or ataxia, or (ii)

the aggressor mice showed abnormal attack bites on any other body part. Partner mice that reached

the criteria (i) were euthanized. Aggressor mice that reached the criteria (ii) were terminated its

usage in any further experiments. If any aggressive sign (sideways threat, tail rattle, pursuit, and

attack bite) was shown by the partner mouse, all further experiments with the partner mouse,

aggressor mouse, and observer mouse were terminated.

Data inclusion/exclusion criteria. No data were excluded.

Outliers. No outliers were defined.

Selection of endpoints. The endpoints were prospectively selected. The criteria were approved by the Institutional Animal Care and Use Committee (IACUC) in the animal facility at the Okinawa Institute of Science and Technology (OIST) Graduate University, accredited by the Association for Assessment and Accreditation of Laboratory Animal Care (AAALAC).

Replicates. All behavioral tests were conducted in quintuplicate to octuplicate sampling replicates. All behavioral tests were conducted in single experimental cohorts. All other records were conducted in quadruplicate to septuplicate experimental cohorts.

Research objectives. The goal of this work is to identify diverse psychological aspects, temporal patterns, and associations of behavioral development in mice after a single trauma induction. Pre-specified hypotheses stated that (i) internal psychological development is already represented in behavioral details during early post-traumatic phase, while (ii) an association among trauma-induced states such as fear memory, increased anxiety, and social withdrawal explains PTSD-like behavioral development. Our data support the first pre-specified hypothesis, but not the second. All other hypotheses were suggested after initiation of the data analyses.

Research subjects or units of investigation. 8-week-old male C57BL/6J mice, 16-week-old female C57BL/6J mice, and 20-week-old or older male Slc:ICR mice were used.

Experimental design. We approached the research goal by developing a novel mouse model of psychosocial trauma under highly controlled conditions (psychosocial manipulations, subjective experiences, and genetic background) and by applying fine-scale analysis to standard behavioral tests. To induce acute witnessing trauma, a pair-housed mouse observed how its partner got bullied by a larger, aggressive mouse on the day of trauma induction. After this trauma, the observer mouse was isolated and developed behavioral differences compared to control mice in the ensuing weeks. The control groups included (i) mice isolated without experiencing trauma induction, (ii)

mice isolated after observing how a stranger mouse got bullied by a larger, aggressive mouse, (iii)

mice isolated after exposed to a non-aggressive stranger mouse, and (iv) mice which were not

isolated after observing how its partner got bullied by a larger, aggressive mouse. The behavioral

tests included the light-dark box test, elevated plus-maze test, open field test, locomotor activity

test, active social contact test to a female stranger, active social contact test to a male stranger, and

partner-revisiting test.

Randomization. Mice were from different litters. Mice were randomly paired. A focal mouse

was randomly selected from each pair of mice. Mice were randomly allocated into experimental

groups. Testing order among groups was counterbalanced. Strangers and aggressors were

randomly assigned.

Blinding. The investigator was blinded to behavioral outcomes but not to group allocation during

data collection and/or analysis.

Overview

All experimental procedures were approved by IACUC in the animal facility at the OIST

Graduate University, accredited by AAALAC. In total, 336 male C57BL/6J mice (CLEA Japan,

Inc.), 36 female C57BL/6J mice (CLEA Japan, Inc.), and 28 male Slc:ICR mice (Japan SLC, Inc.;

retired from used for breeding) were used in this study. In CLEA Japan, nursing females were

individually housed (CL-0103-2; $165 \times 234 \times 118$ mm), while pups were separated on P21

according to gender and housed $\leq$15 mice per cage (CL-0104-2; $206 \times 317 \times 125$ mm). Pups were

re-arranged on P28 according to their weights and housed $\leq$13 mice per cage (CL-0104-2). Mice

were shipped in boxes each with $10 - 30$ mice to the OIST Animal Facility. In the OIST Animal

Facility, mice were housed in $380 \times 180 \times 160$-mm transparent holding cages (Sealsafe Plus Mouse

DGM - Digital Ready IVC; Tecniplast Inc., Quebec, Canada) bedded with 100% pulp

(FUJ9298101; Oriental Yeast Co., Ltd., Tokyo, Japan) under a 12-hr dark/light cycle (350-lux

white light) at a controlled temperature of 22.7 – 22.9 ºC, humidity of 51 – 53%, and differential

pressure of -14 – -8 Pa with food and water available *ad libitum*. Circadian time (CT) is defined

to start at mid-light period and described in a 24-hr format, i.e. light off at CT 6:00.

The experimenter and caretakers wore laboratory jumpsuits, lab boots, latex gloves, face

masks, and hair nets when handling mice and performing experiments. Handling of mice during

the dark cycle was done under dim red light and mice were transported in a lightproof carrier

within the animal facility. For mice in experimental and control groups tested on the same dates,

the testing order was alternated. Surfaces of experimental apparatuses were wiped with 70%

ethanol in water and dry paper tissues after testing each mouse to remove olfactory cues. Each

mouse was only used for one behavioral test (in total 4 records with intervals of 6 – 21 days) to

avoid confounded results due to cross-testing and to minimize measurement effects on its

psychological development (Krishnan et al., 2007).

Pre-traumatic period (Day-21 to Day0)

To establish partnerships between mice, a male C57BL/6J mouse (focal mouse; 8 weeks)

was pair-housed with another male C57BL/6J mouse (partner mouse; 8 weeks) for 3 weeks (Day-

21 to Day0, with trauma induction on Day0). The partner was initially marked by ear punching.

The holding cage was replaced once per week, with the last change 3 days before the traumatic

event (Day-3).

To establish the territory of an aggressor mouse in its homecage, an Slc:ICR mouse

(aggressor mouse; ≥20 weeks) was pair-housed with a female C57BL/6J mouse (female mouse;

16 weeks) for 3 weeks (Day-21 to Day0). The holding cage was replaced with a clean one once a

week, with the last change one week before the traumatic event (Day-7).

Aggression level of aggressors was screened on Days -5, -3, -1 through intruder encounters

(Miczek and O'Donnell, 1978) toward different screening mice to determine appropriate

aggressors to be used for trauma induction on Day0. Aggression screening was carried out in the

behavior testing room at 22.4 – 23.0 ºC, 53 – 58% humidity, -4 – -3 Pa differential pressure, and

57.1 dB(C) ambient noise level during the light period (CT 4:00 – 6:00) with 350-lux white light.

After the female and pups with the aggressor were taken out of their homecage and kept in a clean

holding cage in the behavior testing room, a 3-min aggression screening was started after a male

C57BL/6J mouse (screening mouse; 10 weeks) was brought into the homecage of the aggressor,

followed by covering the cage with a transparent acrylic lid. During screening, the aggressor freely

interacted with the screening mouse. The aggressor was brought back to the holding room after

the screening mouse was taken away from the aggressor's homecage and the female and pups were

brought back to its homecage right after screening. Aggressors were selected for trauma induction

on Day0 if they showed biting attacks on all of these screening days and the latencies to the initial

bites on Day-3 and Day-1 were less than 20 s.

Trauma induction (Day0)

The following experimental assay emotionally introduced an acute traumatic experience in

mice through a social process. The setup was the aggressor's homecage, divided into an 80×180-

mm auditorium zone and a 300×180-mm battle arena by the insertion of a stainless-steel mash

with 8×8-mm lattices. The cage was covered with a transparent acrylic lid. The behavioral

procedure was carried out in the behavior testing room during CT 4:00 – 6:00, with 3 – 5

experiments done in parallel.

After the female and pups with the aggressor were taken out of their homecage, a divider

was inserted into the aggressor's homecage, allowing the aggressor to freely behave in the battle

arena, but not to enter the auditorium zone. A 5-min aggression encounter session started after the

focal mouse was brought to the auditorium zone and its partner to the battle arena. Tail rattling

counts of the focal mouse during aggressive encounter were recorded by experimenter. The

aggressive encounter session was followed by a 5-min stress infiltration session, in which the

partner was brought to the focal mouse in the auditorium zone, while the aggressor remained in

the battle arena. Right after the stress infiltration session, both focal mouse and its partner were

brought back to their homecage in the behavior testing room for a 10-min resting period. The

procedure was repeated 5 times with different aggressors. During each resting session, the

aggressor stayed in its homecage without the divider before its next intruder encounter. Each

aggressor had 3 – 5 encounters with resting periods of 10 – 30 min. After the 5th aggression

encounter session, the focal mouse was placed back in its homecage where the nest had been razed,

and brought back to the holding room. Partners from different pairs were brought to a new holding

cage and housed in groups of 3 – 5 per cage. Right after the last intruder encounter for each

aggressor, the female and pups were brought back to the homecage and returned to the holding

room together with the aggressor.

Post-traumatic period (Day0 to Day28)

To investigate the behavior of focal mice after trauma induction (now called Traumatized

mice), they were housed individually for 4 weeks after the procedure (Day0 to Day28). No

environmental enrichment was provided and the holding cage was not changed during social

isolation.

Control experiments

To differentiate behavioral consequences of the emotionally traumatic experience from

consequences of social isolation, a control group of mice had their partners taken away and their

nests razed during body weighing on Day0 without trauma induction (Control mice, Figure 4-

figure supplement 1A).

To test the influence of social relationship on the emotionally traumatic experience, a

control group of mice witnessed the traumatic events toward stranger mice of the same strain,

gender, and age instead (Stranger-observing mice, Figure 4-figure supplement 1B). In each

iteration of the aggression encounter, stress infiltration, and resting period, a different stranger

mouse was presented.

To identify the impacts of aggression during trauma induction, a control group of mice

experienced exposure to strangers of the same strain, gender, and age, instead of the aggressor

mice for trauma induction (Stranger-exposed mice, Figure 4-figure supplement 1C).

To examine the effects of social support on the emotionally traumatic experience, a control

group of mice was kept pair-housed with their attacked partners after trauma induction (Buffered

mice, Figure 4-figure supplement 1D).

Body mass and nest wall height

In the holding room, body masses of all individuals were recorded on Days -7, 0, 1, 7, 28,

while the heights of nest walls built by each individual were recorded on Days 1, 7, 28. The height

of the nest wall was measured with 5-mm resolution using a transparent acrylic ruler, while the

mouse was weighed with 10-mg resolution on a balance. Mice were placed back in their

homecages right after recording.

Light-dark box test

The light-dark box test is an experimental assay to measure anxiety in rodents (Crawley

and Goodwin, 1980), designed to evaluate their natural aversion to brightly lit areas against their

temptation to explore. The light-dark box setup consisted of two connected 200×200×250-mm

non-transparent PVC boxes, separated by a wall with a 50×30-mm door. The boxes were covered

with lids with white and infrared LED light illumination for the light and dark areas, respectively,

and CCD cameras in the centers (4-chamber system; O'Hara & Co., Ltd., Tokyo, Japan). The

floors of the boxes were white, while the walls of the boxes were white for the light area and black

for the dark area. Uniform illumination in the light area was 550 lux. Behavioral tests were carried

out on Days -7, 1, 7, and 28 in the behavior testing room at 22.7 – 23.0 ℃, 51 – 54% humidity, -

11 – -9 Pa differential pressure, and 53.6 dB(C) ambient noise level during dark period (CT 6:00

– 8:00).

After habituation for 10 min individually in the homecage in the behavior testing room in

darkness, the focal mouse was transferred to the dark area through a 50×50-mm side door. A 5-

min behavior record was started right after the side door of dark area was closed and the door

between light and dark areas was opened. Locomotion was recorded 2-dimensionally at 15 Hz

from top-view with CCD video cameras. Right after recording, the mouse was returned to its

homecage, and brought back to the holding room.

Elevated plus-maze test

The elevated plus-maze test is an experimental assay to measure anxiety in rodents (Pellow

et al., 1985), designed to evaluate their natural fear of falling and exposure against their temptation

to explore. The elevated plus-maze setup consisted of a gray PVC platform raised 500 mm above

the ground (single maze system; O'Hara & Co., Ltd.). The platform was composed of a 50×50-

mm square central platform, two opposing 50×250-mm open arms, and two opposing 50×250-

mm closed arms with 150-mm semi-transparent walls. Each of the two open arms emanated at

90° to each of the two closed arms, and *vice versa*. The apparatus was installed in a soundproof

box with white fluorescent lamp illumination (20 lux) and ventilators. Behavioral tests were

carried out on Days -7, 1, 7, 28 in the behavior testing room at 22.8 – 23.0 ºC, 53 – 56% humidity,

-13 – -11 Pa differential pressure, and 52.1 dB(C) ambient noise level during dark period (CT 8:00

– 10:00).

After habituation for 10 min individually in the homecage in the behavior testing room in

darkness, the focal mouse was brought to the central platform of the elevated plus-maze, facing

the open arm on the opposite side from the door of the soundproof box. A 5-min behavior

recording was started right after the door of the soundproof box was closed. Locomotion was

recorded 2-dimensionally at 15 Hz from top-view with a CCD video camera installed above the

center of the central platform. Delineated entrances to open and closed arms were defined at 50

mm from the center of the central platform. Right after recording, the mouse was placed back in

its homecage, and brought back to the holding room.

Open field test

The open field test is an experimental assay to measure anxiety in rodents (Hall and

Ballachey, 1932), designed to evaluate their spontaneous activity under a gradient of spatial

uncertainty (high in the field center and low along the walls and at the corners of the field). The

open field setup consisted of a 400×400×300-mm non-transparent gray PVC box with no cover,

installed in a soundproof box with white LED light illumination and ventilators (2-chamber system;

O'Hara & Co., Ltd.). Behavioral tests were carried out on Days -7, 1, 7, 28 in the behavior testing

room at 22.8 – 23.0 ºC, 53 – 56% humidity, -13 – -11 Pa differential pressure, and 56.7 dB(C)

ambient noise level during dark period (CT 8:00 – 10:00).

After habituation for 10 min individually in the homecage in the behavior testing room in

darkness, the focal mouse was brought to the center of the open field arena under 20-lux uniform

illumination, facing the wall on the opposite side from the door of the soundproof box. A 5-min

behavior recording was started right after the door of the soundproof box was closed. Locomotion

was recorded 2-dimensionally at 15 Hz from top-view with a CCD video camera installed above

the center of the open field arena. Vertical activity of exploratory rearing behavior was recorded

by the blocking of invisible infrared beams created and detected by photocell emitters and

receptors, respectively, positioned 60 mm high on the walls of the open field box. A delineated

center region was defined as the central 220×220 mm area. Right after recording, the mouse was

placed back in its homecage, and returned to the holding room.

Locomotor activity test

The locomotor activity test is an experimental assay to measure spontaneous activity of

rodents in an environment without an experimentally designed stressor. The locomotor activity

setup consisted of a 200×200×250 mm non-transparent covered PVC box with infrared LED

illumination and a CCD camera in the center (the dark area of the light-dark box setup, while the

door between the light and dark areas was closed and fixed). The floor of the box was embedded

with bedding material from the homecage of the focal mouse, while the walls of the box were

black.   Behavioral test was carried out on Days -7, 1, 7, 28 in the behavior testing room at 22.7 –

23.0 °C, 51 – 54% humidity, -11 – -9 Pa differential pressure, and 53.6 dB(C) ambient noise level

during dark period (CT 6:00 – 8:00).

After habituation for 30 min individually in the behavior testing box, a 1-hr behavior

recording was started. The behavior testing box was not covered completely in order to allow air

circulation. Locomotion was recorded 2-dimensionally at 15 Hz from top-view with the CCD

video camera. Right after recording, the mouse was returned to its homecage, and brought back

to the holding room.

Active social contact test

The active social contact test is a 2-session experimental assay to measure social motivation

in rodents (Berton et al., 2006). The setup consists of a 400×400×300-mm non-transparent gray

PVC box with no cover, installed in a soundproof box with 20-lux white LED illumination and

ventilators. A 60×100×300-mm stainless-steel chamber with wire grid sides was placed in the

center of the wall on the opposite side from the door of the soundproof box. The wire grid had

8×8 mm lattices at a height of 10 – 60 mm from the bottom. An ultrasound microphone

(CM16/CMPA; Avisoft Bioacoustics, Glienicke, Germany) with an acoustic recording system

(UltraSoundGate; Avisoft Bioacoustics) was hung outside the chamber, 100 mm above the ground.

Behavioral tests were carried out on Days -7, 1, 7, 28 in the behavior testing room at 22.8 – 23.0

℃, 53 – 56% humidity, -13 – -11 Pa differential pressure, and 56.7 dB(C) ambient noise level

during dark period (CT 8:00 – 10:00).

The social target used for active social contact tests was either a male or a female C57BL/6J

mouse (18 weeks), pair-housed with a partner of the same strain, gender, and age for more than 2

weeks before the tests. The social target was adapted to the experimental protocol one day before

the tests in the behavior testing room during dark period (CT 8:00 – 9:00): After habituation for 5

min individually in the homecage in the soundproof box under 20-lux uniform illumination, the

social target was brought into the chamber in the open field arena under 20 lux uniform

illumination. A male C57BL/6J mouse (11–16 weeks; from partners of Control mice in previous

experiment) was then brought to the open field arena for a 2.5-min spontaneous exploration and

interaction with the social target. The social target was then brought back to its homecage in the

soundproof box under 20-lux uniform light for a 5-min rest. The social interaction procedure was

repeated with a different male C57BL/6J mouse right afterward. After the social target had

interacted with 4 different mice, it was returned to its homecage and brought back to the holding

room.

On testing days, after 10-min habituation individually in its homecage in the behavior

testing room in darkness, the first session of the active social contact test started by placing the

focal mouse at the center of the open field arena under 20-lux uniform light, facing the empty

chamber. A 2.5-min behavior recording started right after the door of the soundproof box was

closed. Locomotion was recorded 2-dimensionally at 15 Hz from top-view with a CCD video

camera installed above the center of the open field arena. Ultrasonic vocalization was recorded at

250 kHz. In the second session of the active social contact test, which followed the first session,

the social target was brought into the chamber. Another 2.5-min behavior recording started as soon

as the door of the soundproof box was closed. Right afterward, the focal mouse was returned to

its homecage and brought back to the holding room.

The focal mouse experienced active social contact tests with different social targets on

different recording days (Days -7, 1, 7, 28), while different focal mice were tested with the same

social target on the same recording day (5 – 10 records). The social target remained in its

homecage in a soundproof box under 20-lux uniform illumination before and between each test.

A delineated interaction zone was taken as the region within 80 mm of the edges of the chamber.

Social approaches of the focal mouse poking its nose toward the social target were recorded

manually using the event recording software, tanaMove ver0.09 (http://www.mgrl-

lab.jp/tanaMove.html).

Partner-revisiting test

The partner-revisiting test is a memory-based experimental assay to measure social

bonding in rodents. The partner-revisiting setup was the uncovered homecage of the focal mouse,

installed in a soundproof box with white LED illumination and ventilators (O'Hara & Co., Ltd., Tokyo, Japan). The long sides of the homecage were parallel to the door of soundproof box. The partner-revisiting test was carried out on Day28 in the behavior testing room at 22.8 – 23.0 ºC, 53 – 56% humidity, -13 – -11 Pa differential pressure, and 56.7 dB(C) ambient noise level during light period (CT 4:00 – 6:00) with 350-lux light intensity.

The previously separated partner of the focal mouse, being a social target in the test, was initially sedated with 3%v/v isoflurane in oxygen, and then anesthetized by intraperitoneal (i.p.) injection of a mixture of medetomidine (domitor, 3%v/v in saline, 0.3 mg/kg), midazolam (dormicum, 8%v/v in saline, 4 mg/kg), and butorphanol (vetorphale, 10%v/v in saline,5 mg/kg). Also, a stranger mouse (15 weeks; a separated partner of a Traumatized or Buffered mouse for testing a Control, Stranger-observing, or Stranger-exposed mouse, and *vice versa*) was anesthetized as an alternative social target. Both anesthetized mice were kept on a heating pad at 34ºC (B00O5X4LQ2; GEX Co., Ltd., Osaka, Japan) to maintain their body temperatures before the test.

The focal mouse was brought to a clean, uncovered holding cage in the soundproof box under 50-lux uniform illumination for 5-min habituation, while its homecage was placed in another soundproof box under 50-lux uniform light. During habituation of the focal mouse, the anesthetized social targets were injected with atipamezole hydrochloride (antisedan; 6%v/v in saline for 0.3 mg/kg, i.p.) to induce recovery from anesthesia. During the waking-up period, the social targets were still immobilized and not able to actively interact with the focal mouse during the following recording, but showed enough social cues to be attractive for the focal mouse. The immobilized social targets were then placed in the homecage of the focal mouse with their nose pointing toward the center of the short side of the wall (10 mm of nose-to-wall distance) with their

bellies facing the door of the soundproof box. After habituation, the focal mouse was brought to

the center of its homecage, facing the long side of the homecage wall on the opposite side from

the door of soundproof box. A 10-min behavior record started right after the door of the soundproof

box was closed. Locomotion was recorded 2-dimensionally at 15 Hz from top-view with a CCD

video camera installed above the center of the homecage. Right after recording, social targets were

taken out of the focal mouse's homecage and the focal mouse was brought back to the holding

room.

Social contacts including sniffing, allogrooming, and pushing of the focal mouse toward

each of the social targets were recorded manually using the event recording software, tanaMove

ver0.09 (http://www.mgrl-lab.jp/tanaMove.html).

Video image process

Video image data was processed using custom scripts written in MATLAB R2015b

(MathWorks). Each video frame from a recorded AVI video file was read as a 2-dimensional

matrix with an 8-bit gray scale. Each of these matrices was then divided by a background matrix

read from a TIF image file of the background taken before bringing the test mouse to the setup.

The centroid of the area with non-one values in each matrix ratio was taken as the position of the

mouse at this specific time point. Speed was calculated as the distance between temporally

adjacent positions multiplied by 15 (15-Hz recording). Freezing periods were sorted out if the area

of the mouse body between temporally adjacent frames was less than 20 mm^2.

Audio signal process

Audio signal data was processed with custom scripts written in MATLAB R2015b

(MathWorks). Each recorded WAV audio file was read and transformed into a spectrogram using

fast Fourier transform with non-overlapping 0.4-ms time windows. To identify the time segments

with ultrasonic vocalization signals, recordings were thresholded at a power spectral density (PSD)

$\geq$-75 dB/Hz, and time segments with averaged PSD between 0–50 kHz higher than that between

50–120 kHz were removed. The duration of remaining time segments was calculated.

Statistical analysis

Numerical data were analyzed with custom scripts written in MATLAB R2015b

(MathWorks). Statistical significance of the difference between 2 mean values was estimated with

two-tailed, two-sample Student's *t*-test. Statistical significance of the difference between 2 median

values (vocalization analysis; Figure 3-figure supplement 1) was estimated using one-tailed Mann–

Whitney *U* test.

To capture fine-scale behavioral details of location within the light-dark box and the

elevated plus-maze (Figure, 1C and 2A), we computed T(x), the cumulative probability of finding

position $\leq$x, for each individual (light traces) for all measured locations (a collection of locations

from all mice for the statistics). We then show the average across the control group (bold blue

trace) and the Traumatized group (bold red trace).   We compared the averages of each group with

a two-tailed, two-sample Student's *t*-test and plot the resulting p-values, presented as -log(p), the

negative logarithm of *p*-values. We also show the box plot (the minimum, lower quartile, median,

upper quartile, and maximum) of -log(p) values collapsed across all measured locations.   To

capture the fine- scale behavioral details of speed, we followed a similar procedure as above, but

with U(v), the cumulative distribution function of finding speed $\leq$v.

To evaluate the uncertainty of the percentage for each tail rattle count (Figure 4A), we

created 10,000 bootstrapped data sets where each sample was randomly picked with replacement

from the original data set. Each bootstrapped data set had the same sample size as the original

data set. The standard error was taken as the standard deviation of the bootstrapped percentages

for a tail rattle count. A similar procedure was carried out to evaluate the standard error of mean

for the percentage of time spent in each behavior in the partner-revisiting test (Figure 4D), where

each sample of the bootstrapped data sets was a set of the percentages of the three classified

behaviors (partner concern, stranger concern, and non-social activity/sniffing at social targets)

from a mouse record. Standard errors of means for other results were estimated with the formula

$\sigma/\sqrt{n}$, where σ is the sample standard deviation and n is the sample size.

Acknowledgments: We thank Tsuyoshi Koide (NIG, Japan), Aki Takahashi (University of

Tsukuba), Teruhiro Okuyama (MIT), Charles Yokoyama (RIKEN BSI), and Ai Koizumi (CiNet)

for comments, Tadashi Yamamoto (OIST) for sharing behavior testing setups, and Steven D. Aird

(OIST) for editing the manuscript.

Competing interests: The authors declare no competing financial interests.

Funding: We acknowledge a JSPS KAKENHI Grant (JP 16J10077) by DC1 Student Research

Fellowship to R.X.L. and OIST internal funding to B.K. The funders had no role in study design,

data collection and interpretation, or the decision to submit the work for publication.

Author contributions: R.X.L. conceptualized the study, designed the research, performed

experiments, analyzed data, interpreted results, wrote the original draft, and revised the article;

G.J.S. advised on data analysis and revised the article; B.K. advised on research design and revised

the article.

References:

Adler, L., Kunz, M., Chua, H., Rotrosen, J., and Resnick, S. (2004). Attention-deficit/hyperactivity disorder in adult patients with posttraumatic stress disorder (PTSD): Is ADHD a vulnerability factor? *Journal of Attention Disorders* 8**,** 11-16.

Amadei, E.A., Johnson, Z.V., Kwon, Y.J., Shpiner, A.C., Saravanan, V., Mays, W.D., Ryan, S.J., Walum, H., Rainnie, D.G., and Young, L.J. (2017). Dynamic corticostriatal activity biases social bonding in monogamous female prairie voles. *Nature* 546**,** 297-301.

Anderson, D.J. (2016). Circuit modules linking internal states and social behaviour in flies and mice. *Nature Reviews Neuroscience* 17**,** 692-704.

Andrews, B., Brewin, C.R., Philpott, R., and Stewart, L. (2007). Delayed-onset posttraumatic stress disorder: a systematic review of the evidence. *American Journal of Psychiatry* 164**,** 1319-1326.

Archer, J. (1973). Tests for emotionality in rats and mice: a review. *Animal behaviour* 21**,** 205-235.

Balogh, S.A., Radcliffe, R.A., Logue, S.F., and Wehner, J.M. (2002). Contextual and cued fear conditioning in C57BL/6J and DBA/2J mice: context discrimination and the effects of retention interval. *Behavioral neuroscience* 116**,** 947.

Bartal, I.B.-A., Decety, J., and Mason, P. (2011). Empathy and pro-social behavior in rats. *Science* 334**,** 1427-1430.

Bartal, I.B.-A., Rodgers, D.A., Sarria, M.S.B., Decety, J., and Mason, P. (2014). Pro-social behavior in rats is modulated by social experience. *Elife* 3**,** e01385.

Beck, J.S. (2011). *Cognitive behavior therapy: Basics and beyond.* Guilford Press.

681 Berton, O., Mcclung, C.A., Dileone, R.J., Krishnan, V., Renthal, W., Russo, S.J., Graham, D.,

682    Tsankova, N.M., Bolanos, C.A., and Rios, M. (2006). Essential role of BDNF in the

683    mesolimbic dopamine pathway in social defeat stress. *Science* 311**,** 864-868.

684 Bryant, R.A., Creamer, M., O'donnell, M., Forbes, D., Mcfarlane, A.C., Silove, D., and Hadzi-

685    Pavlovic, D. (2017). Acute and chronic posttraumatic stress symptoms in the emergence

686    of posttraumatic stress disorder: a network analysis. *JAMA psychiatry* 74**,** 135-142.

687 Bryant, R.A., O'donnell, M.L., Creamer, M., Mcfarlane, A.C., and Silove, D. (2013). A multisite

688    analysis of the fluctuating course of posttraumatic stress disorder. *JAMA psychiatry* 70**,**

689    839-846.

690 Burkett, J.P., Andari, E., Johnson, Z.V., Curry, D.C., De Waal, F.B., and Young, L.J. (2016).

691    Oxytocin-dependent consolation behavior in rodents. *Science* 351**,** 375-378.

692 Calhoon, G.G., and Tye, K.M. (2015). Resolving the neural circuits of anxiety. *Nature*

693    *neuroscience* 18**,** 1394-1404.

694 Chung, M.C., Farmer, S., Grant, K., Newton, R., Payne, S., Perry, M., Saunders, J., Smith, C., and

695    Stone, N. (2003). Coping with post-traumatic stress symptoms following relationship

696    dissolution. *Stress and Health* 19**,** 27-36.

697 Cloninger, C. (1988). Anxiety and theories of emotion. *Handbook of anxiety* 2**,** 1-29.

698 Crawley, J., and Goodwin, F.K. (1980). Preliminary report of a simple animal behavior model for

699    the anxiolytic effects of benzodiazepines. *Pharmacology Biochemistry and Behavior* 13**,**

700    167-170.

701 Cryan, J.F., and Holmes, A. (2005). The ascent of mouse: advances in modelling human depression

702    and anxiety. *Nature reviews Drug discovery* 4**,** 775-790.

Davis, M. (1989). Sensitization of the acoustic startle reflex by footshock. *Behav Neurosci* 103**,**

495-503.

DSM-5 (2013). *Diagnostic and statistical manual of mental disorders (DSM-5®).* American

Psychiatric Association.

DSM-III (1980). *Diagnostic and statistical manual of mental disorders (DSM-III®).* American

Psychiatric Association.

Ehlers, A., and Clark, D.M. (2000). A cognitive model of posttraumatic stress disorder. *Behaviour*

research and therapy 38**,** 319-345.

Funamizu, A., Kuhn, B., and Doya, K. (2016). Neural substrate of dynamic Bayesian inference in

the cerebral cortex. *Nature neuroscience*.

Golden, S.A., Covington Iii, H.E., Berton, O., and Russo, S.J. (2011). A standardized protocol for

repeated social defeat stress in mice. *Nature protocols* 6**,** 1183-1191.

Goto, T., Kubota, Y., Tanaka, Y., Iio, W., Moriya, N., and Toyoda, A. (2014). Subchronic and

mild social defeat stress accelerates food intake and body weight gain with polydipsia-like

features in mice. *Behavioural brain research* 270**,** 339-348.

Grupe, D.W., and Nitschke, J.B. (2013). Uncertainty and anticipation in anxiety: an integrated

neurobiological and psychological perspective. *Nature Reviews Neuroscience* 14**,** 488-501.

Hall, C., and Ballachey, E.L. (1932). A study of the rat's behavior in a field. A contribution to

method in comparative psychology. *University of California Publications in Psychology*.

Hayes, J.P., Vanelzakker, M.B., and Shin, L.M. (2012). Emotion and cognition interactions in

PTSD: a review of neurocognitive and neuroimaging studies. *Frontiers in integrative*

neuroscience 6.

Hetrick, S.E., Purcell, R., Garner, B., and Parslow, R. (2010). Combined pharmacotherapy and

psychological therapies for post traumatic stress disorder (PTSD). *The Cochrane Library*.

Kaouane, N., Porte, Y., Vallée, M., Brayda-Bruno, L., Mons, N., Calandreau, L., Marighetto, A.,

Piazza, P.V., and Desmedt, A. (2012). Glucocorticoids can induce PTSD-like memory

impairments in mice. *Science* 335**,** 1510-1513.

Ko, J. (2017). Neuroanatomical Substrates of Rodent Social Behavior: The Medial Prefrontal

Cortex and Its Projection Patterns. *Frontiers in Neural Circuits* 11**,** 41.

Kogan, J.H., Frankland, P.W., and Silva, A.J. (2000). Long-term memory underlying

hippocampus-dependent social recognition in mice. *Hippocampus* 10**,** 47-56.

Krishnan, V., Han, M.-H., Graham, D.L., Berton, O., Renthal, W., Russo, S.J., Laplant, Q.,

Graham, A., Lutter, M., and Lagace, D.C. (2007). Molecular adaptations underlying

susceptibility and resistance to social defeat in brain reward regions. *Cell* 131**,** 391-404.

Kumar, V., Bhat, Z.A., and Kumar, D. (2013). Animal models of anxiety: a comprehensive review.

Journal of pharmacological and toxicological methods 68**,** 175-183.

Lee, R.X., Huang, J.-J., Huang, C., Tsai, M.-L., and Yen, C.-T. (2015). Plasticity of cerebellar

Purkinje cells in behavioral training of body balance control. *Frontiers in systems*

neuroscience 9.

Lee, R.X., Huang, J.J., Huang, C., Tsai, M.L., and Yen, C.T. (2014). Collateral projections from

vestibular nuclear and inferior olivary neurons to lobules I/II and IX/X of the rat cerebellar

vermis: a double retrograde labeling study. *European Journal of Neuroscience* 40**,** 2811-

2821.

Mataix-Cols, D., De La Cruz, L.F., Monzani, B., Rosenfield, D., Andersson, E., Pérez-Vigil, A.,

Frumento, P., De Kleine, R.A., Difede, J., and Dunlop, B.W. (2017). D-Cycloserine

Augmentation of Exposure-Based Cognitive Behavior Therapy for Anxiety, Obsessive-Compulsive, and Posttraumatic Stress Disorders: A Systematic Review and Meta-analysis of Individual Participant Data. *JAMA psychiatry* 74**,** 501-510.

Mcfarlane, A.C. (2010). The long-term costs of traumatic stress: intertwined physical and psychological consequences. *World Psychiatry* 9**,** 3-10.

Mchugh, P.R., and Treisman, G. (2007). PTSD: A problematic diagnostic category. *Journal of anxiety disorders* 21**,** 211-222.

Miczek, K.A., and O'donnell, J.M. (1978). Intruder-evoked aggression in isolated and nonisolated mice: effects of psychomotor stimulants and L-dopa. *Psychopharmacology* 57**,** 47-55.

Monson, C.M., Fredman, S.J., Macdonald, A., Pukay-Martin, N.D., Resick, P.A., and Schnurr, P.P. (2012). Effect of cognitive-behavioral couple therapy for PTSD: A randomized controlled trial. *JAMA* 308**,** 700-709.

Mostoufi, S., Godfrey, K.M., Ahumada, S.M., Hossain, N., Song, T., Wright, L.J., Lohr, J.B., and Afari, N. (2014). Pain sensitivity in posttraumatic stress disorder and other anxiety disorders: a preliminary case control study. *Annals of general psychiatry* 13**,** 31.

Oizumi, M., Tsuchiya, N., and Amari, S.-I. (2016). Unified framework for information integration based on information geometry. *Proceedings of the National Academy of Sciences* 113**,** 14817-14822.

Okuyama, T., Kitamura, T., Roy, D.S., Itohara, S., and Tonegawa, S. (2016). Ventral CA1 neurons store social memory. *Science* 353**,** 1536-1541.

Otabi, H., Goto, T., Okayama, T., Kohari, D., and Toyoda, A. (2017). The acute social defeat stress and nest-building test paradigm: A potential new method to screen drugs for depressive-like symptoms. *Behavioural Processes* 135**,** 71-75.

771   Pai, A., Suris, A.M., and North, C.S. (2017). Posttraumatic Stress Disorder in the DSM-5:
772   Controversy, Change, and Conceptual Considerations. *Behavioral Sciences* 7**,** 7.

773   Pamplona, F., Henes, K., Micale, V., Mauch, C., Takahashi, R., and Wotjak, C. (2011). Prolonged
774   fear incubation leads to generalized avoidance behavior in mice. *Journal of psychiatric*
775   *research* 45**,** 354-360.

776   Patki, G., Solanki, N., and Salim, S. (2014). Witnessing traumatic events causes severe behavioral
777   impairments in rats. *International Journal of Neuropsychopharmacology* 17**,** 2017-2029.

778   Pellow, S., Chopin, P., File, S.E., and Briley, M. (1985). Validation of open: closed arm entries in
779   an elevated plus-maze as a measure of anxiety in the rat. *Journal of neuroscience methods*
780   14**,** 149-167.

781   Philbert, J., Pichat, P., Beeske, S., Decobert, M., Belzung, C., and Griebel, G. (2011). Acute
782   inescapable stress exposure induces long-term sleep disturbances and avoidance behavior:
783   a mouse model of post-traumatic stress disorder (PTSD). *Behavioural brain research* 221**,**
784   149-154.

785   Ramos, A. (2008). Animal models of anxiety: do I need multiple tests? *Trends in pharmacological*
786   *sciences* 29**,** 493-498.

787   Sandi, C., and Haller, J. (2015). Stress and the social brain: behavioural effects and neurobiological
788   mechanisms. *Nature Reviews Neuroscience* 16**,** 290-304.

789   Sapolsky, R.M. (2002). Chickens, eggs and hippocampal atrophy. *Nature neuroscience* 5**,** 1111-
790   1114.

791   Schnyder, U., and Cloitre, M. (2015). *Evidence based treatments for trauma-related psychological*
792   *disorders: A practical guide for clinicians.* Springer.

Sial, O.K., Warren, B.L., Alcantara, L.F., Parise, E.M., and Bolaños-Guzmán, C.A. (2016).

Vicarious social defeat stress: Bridging the gap between physical and emotional stress.

Journal of neuroscience methods 258**,** 94-103.

Siegmund, A., and Wotjak, C.T. (2006). Toward an animal model of posttraumatic stress disorder.

Annals of the New York Academy of Sciences 1071**,** 324-334.

Smith, M.L., Hostetler, C.M., Heinricher, M.M., and Ryabinin, A.E. (2016). Social transfer of pain

in mice. *Science advances* 2**,** e1600855.

Takahashi, A., Lee, R.X., Iwasato, T., Itohara, S., Arima, H., Bettler, B., Miczek, K.A., and Koide,

T. (2015). Glutamate input in the dorsal raphe nucleus as a determinant of escalated

aggression in male mice. *Journal of Neuroscience* 35**,** 6452-6463.

Tovote, P., Fadok, J.P., and Lüthi, A. (2015). Neuronal circuits for fear and anxiety. *Nature*

Reviews Neuroscience 16**,** 317-331.

Tsuda, M.C., Yeung, H.-M., Kuo, J., and Usdin, T.B. (2015). Incubation of fear is regulated by

TIP39 peptide signaling in the medial nucleus of the amygdala. *Journal of Neuroscience*

35**,** 12152-12161.

Walton, J.L., Cuccurullo, L.a.J., Raines, A.M., Vidaurri, D.N., Allan, N.P., Maieritsch, K.P., and

Franklin, C.L. (2017). Sometimes Less is More: Establishing the Core Symptoms of PTSD.

Journal of Traumatic Stress.

Warren, B.L., Vialou, V.F., Iñiguez, S.D., Alcantara, L.F., Wright, K.N., Feng, J., Kennedy, P.J.,

Laplant, Q., Shen, L., and Nestler, E.J. (2013). Neurobiological sequelae of witnessing

stressful events in adult mice. *Biological psychiatry* 73**,** 7-14.

Zoladz, P.R., and Diamond, D.M. (2013). Current status on behavioral and biological markers of

PTSD: a search for clarity in a conflicting literature. *Neuroscience & Biobehavioral*

Reviews 37**,** 860-895.

Figure 1. **Post-traumatic behavioral development is revealed by acute induction of psychosocial trauma and spatially fine-scale behavioral analysis.** **(A)** Paradigm inducing acute psychosocial trauma in mice. Focal mouse (dark gray), partner mouse (light gray P), aggressor mouse (white), focal mouse's homecage (black), aggressor's homecage (brown), and wire-meshed divider (dashed line). **(B)** Nest wall heights (top) and body masses (bottom) show significant differences after trauma induction. **(C)** Light-dark box test quantified through the cumulative position probability T(x) along the light-dark axis (left). On average, Traumatized mice (red) spent more time in the light area than Control mice (blue) during the late post-traumatic period [T(0), bottom-left]. Spatially fine-scale behavioral analysis reveals significant differences between Traumatized and Control populations already in the early post-traumatic period (middle). For each position, we compute the mean T(x) across the Control and Traumatized populations and compute

statistical significance through a two-population Student's t-test. These differences gradually

increased, as evidenced by significance distributions collapsed across all positions (right; box plots

show the minima, lower quartiles, medians, upper quartiles, and maxima). Light dots or lines, data

of individual mice; deep dots or lines, means across populations; deep vertical lines, standard

errors in the means; n.s., $p{\geq}0.05$; **, $0.001{\leq}p{<}0.01$; ***, $p{<}0.001$; -log(p), negative logarithm of

the p-value; statistical significance of the difference in mean values was determined with a two-

tailed, two-sample Student's t-test. The following supplements are available for Figure 1: figure

supplement 1–2.

Figure 2. Acute psychosocial trauma induces both gradually increasing anxiety and acute

stress. **(A)** In the elevated plus-maze test, Traumatized and Control mice did not differ

significantly in the time they spent in opened arms; however, spatial distributions show differences

in preferred location between Traumatized and Control mice in the closed arms, which increased

with time. **(B)** Locomotion speed shows acute difference only in stressor zones (light area and

open arms), but incubated differences in stressor-free zones (dark area and closed arms). We

similarly quantified speed using the fine-scale cumulative distribution $U(v)$ of having speed $\leq v$

and we show the statistical analysis of population differences in $U(v)$. **(C)** Anxiety is evident in

the open field test through a delayed onset of locomotor speed differences in the stressor zone

847 (center region). **(D)** In the locomotor activity test without stressors, acute effects of activity

848 reduction recovered in the later post-traumatic period. *, $0.01 \leq p < 0.05$. The following

849 supplements are available for Figure 2: figure supplement 1–10.

Figure 3. Acute psychosocial trauma decreases social interest. (A) Consecutive non-social and

social behavior tests. During the social phase, motivation for social contact toward a stranger

mouse (light gray S) was evaluated as the time spent for social approaches of nose poking and the

time spent in the delineated interaction zone. **(B)** Traumatized mice made fewer social approaches

855   (top) to both female (left) and male (right) strangers, but there was no significant difference in the

856   time spent in the interaction zone (bottom). **(C)** Traumatized mice showed a delayed onset of

857   reduction in locomotion speed during the non-social phase. The following supplements are

858   available for Figure 3: figure supplement 1–3; video supplement 1.

Figure 4. Social relationship in trauma induction determines stress development. (A) Social

relationship increased emotional impact, evidenced by tail rattling behavior during trauma

induction. **(B)** No significant chronic difference was found in Stranger-observing mice. **(C)** The

partner-revisiting test. A stranger mouse (light gray S) and the previously pair-housed partner

864   (light gray P), both immobilized, were presented as social targets. Pink rectangle, heating pad. **(D)**

865   Traumatized mice showed significantly longer allogrooming or pushing their partners (yellow, %

866   of time spent in partner concern behavior) than either Control or Stranger-observing mice.

867   Standard errors were calculated from bootstrapped data. The following supplements are available

868   for Figure 4: figure supplement 1–8; video supplement 1–2.

Figure 1-figure supplement 1. Behavioral repertoires in the tests demonstrate that mice experience anxiety. These results, together with those demonstrated in the main text, support anxiety-like reactions in Traumatized mice. In the light-dark box task, higher transfer counts and shorter latency to the first transfers in Traumatized mice suggest their higher activity and exploratory motivation, respectively.

Figure 1-figure supplement 2. Increasing difference of locomotion speed in the light-dark box suggest increased anxiety in Traumatized mice. Cumulative distribution functions (U(v) of having speed ≤v) and corresponding significance distributions show a gradually increasing differences in behavior.

Figure 2-figure supplement 1. Increasing difference of locomotion speed in the elevated-plus maze tests suggest increased anxiety in Traumatized mice. Cumulative distribution functions (U(v) of having speed ≤v) and corresponding significance distributions show a gradually increasing differences in behavior.

Figure 2-figure supplement 2. Behavioral repertoires in the tests demonstrate that mice

experience anxiety. These results, together with those demonstrated in the main text, support

anxiety-like reactions in Traumatized mice. In the elevated plus-maze, less exploration from close

arms to platform center and longer freezing time in Traumatized mice suggest their stronger stress

reactions.

Figure 2-figure supplement 3. Locomotor speeds of Traumatized and Control mice in various

tests indicate that Traumatized mice develop diverse behavioral differences. Cumulative

distributions and corresponding *p*-value distributions for Figure 2B, top-right panel.

Figure 2-figure supplement 4. Locomotor speeds of Traumatized and Control mice in various

tests indicate that Traumatized mice develop diverse behavioral differences. Cumulative

distributions and corresponding *p*-value distributions for Figure 2B, bottom-right panel.

Figure 2-figure supplement 5. Locomotor speeds of Traumatized and Control mice in various tests indicate that Traumatized mice develop diverse behavioral differences. Cumulative distributions and corresponding *p*-value distributions for Figure 2B, top-left panel.

Figure 2-figure supplement 6. Locomotor speeds of Traumatized and Control mice in various

tests indicate that Traumatized mice develop diverse behavioral differences. Cumulative

distributions and corresponding *p*-value distributions for Figure 2B, bottom-left panel.

Figure 2-figure supplement 7. Locomotor speeds of Traumatized and Control mice in various

tests indicate that Traumatized mice develop diverse behavioral differences. Cumulative

distributions and corresponding p-value distributions for Figure 2C, left panel.

Figure 2-figure supplement 8. Locomotor speeds of Traumatized and Control mice in various

tests indicate that Traumatized mice develop diverse behavioral differences. Cumulative

distributions and corresponding *p*-value distributions for Figure 2C, right panel.

Figure 2-figure supplement 9. Behavioral repertoires in the tests demonstrate that mice

experience anxiety. These results, together with those demonstrated in the main text, support

anxiety-like reactions in Traumatized mice. In the open field, less time spent in the central region

by Traumatized mice suggests their avoidance of a region with high special uncertainty, while

shorter latency to their first rearing indicates their higher exploratory motivation.

Figure 2-figure supplement 10. Locomotor speeds of Traumatized and Control mice in

various tests indicate that Traumatized mice develop diverse behavioral differences.

Cumulative distributions and corresponding p-value distributions for Figure 2D.

Figure 3-figure supplement 1. Reduced ultrasonic vocalization during the social session of the female stranger test in Traumatized mice attests to diminished social communication. (A) Spectrogram of ultrasonic vocalizations during the social session in the female stranger test of a Control mouse on Day1. **(B)** More vocalization was recorded from Control mice than Traumatized mice on Days 1 and 7. Data points and median, one-tailed Mann-Whitney U test; PSD, power spectral density.

Figure 3-figure supplement 2. Locomotor speeds of Traumatized and Control mice in various tests indicate that Traumatized mice develop diverse behavioral differences. Cumulative distributions and corresponding *p*-value distributions for Figure 3C, left panels.

937 **Figure 3-figure supplement 3. Locomotor speeds of Traumatized and Control mice in various**

938 **tests indicate that Traumatized mice develop diverse behavioral differences.** Cumulative

939 distributions and corresponding *p*-value distributions for Figure 3C, right panels.

Figure 4-figure supplement 1. Control experiments demonstrate psychosocial factors that determined the behavioral developments. **(A)** Experiments of Control mice which had no experience of trauma induction identified the scenario effect in the behavioral paradigm. **(B)** Experiments of Stranger-observing mice which had witnessing experience of trauma that happened to strangers, rather than to their pair-housed partners, identified the relationship effect in the behavioral paradigm. **(C)** Experiments of Stranger-exposed mice which had experience of social interactions without witnessing stress from strangers identified the aggression effect in the behavioral paradigm. **(D)** Experiments of Buffered mice which were pair-housed with their partners after trauma induction identified the isolation effect in the behavioral paradigm.

Figure 4-figure supplement 2. Stranger-observing and Control mice in various tests indicate that Stranger-observing mice did not develop the behavioral differences of Traumatized mice. Cumulative distributions and corresponding *p*-value distributions for **(A)** Figure 4B, top-right panels, **(B)** Figure 4B, bottom-left panels, **(C)** Figure 4B, bottom-right panels, Empty chamber.

Figure 4-figure supplement 3. Body masses of Buffered, Stranger-exposed, and Control mice

indicate that Buffered and Stranger-exposed mice did not develop the physiological

differences of Traumatized mice.

Figure 4-figure supplement 4. Positions of Buffered, Stranger-exposed, and Control mice in the light-dark box test indicate that Buffered and Stranger-exposed mice did not develop the chronic stress reactions of Traumatized mice.

Figure 4-figure supplement 5. Locomotor speeds of Buffered, Stranger-exposed, and Control mice indicate that Buffered and Stranger-exposed mice did not develop the acute stress reactions of Traumatized mice.

969   **Figure 4-figure supplement 6. Social approach times of Buffered, Stranger-exposed, and**

970   **Control mice in the female stranger test indicate that Buffered mice did, but Stranger-**

971   **exposed mice did not develop the social differences of Traumatized mice.**

Figure 4-figure supplement 7. Social contacts of Buffered, Stranger-exposed, and Traumatized mice in the partner-revisiting test demonstrate that Traumatized mice are affectively bonded with their partners. Buffered mice and Traumatized mice spent longer time on the behaviors reflecting partner concern. The observation of more contacts with a familiar social target in Traumatized and Buffered mice is opposite to the lower contacts with familiar social targets in a three-chamber social novelty test where curiosity to novelty dominates the behavior (Okuyama et al., 2016). In addition, social isolation generally disrupts mouse capacities for social recognition and social memory measured in curiosity-based behavioral tests (Kogan et al., 2000;Okuyama et al., 2016). Together with the findings of gradually increasing separation distress after trauma induction in Traumatized mice, the results provide empirical evidence supporting that the partner revisiting test is a memory-based assay to measure social bonding in mice. Therefore, we conclude that Traumatized and Buffered mice show a stronger affectional bonding to their previously pair-housed partners compared to Control, Stranger-observing, and Stranger-exposed mice.

Figure 4-figure supplement 8. Conceptual models explain PTSD development. (A) Causal relations (arrows) among different psychological elements (Psycho #, a type of emotion or cognition) for stress development in different phases in the views of old (top) and new (bottom) hypotheses. Orange and red represent medium and strong trauma-induced differences, respectively. From a neuroscience perspective, for an example, each psychological element can be considered as a corresponding neural circuit, and the trauma-induced difference can be taken as the difference between its post-traumatic and pre-traumatic dynamical states. **(B)** Associations among psychological elements in these conceptual models for the behavioral paradigm in this study. Our data show little support for an associating view speculated in previous hypotheses (left), but support a unitary view (right) where diverse PTSD-like reactions independently developed via a common cognitive source ("Social bonding"). This new view suggests a psychological substrate

in system-level that integrates multiple mechanisms underlying highly diverse behavioral

consequences, as a specific clinical target in the full mechanistic picture.

Figure 3-video supplement 1. Social apathy is an observed behavioral characteristic of

Traumatized mice. Examples of 30-s recordings during the social session in the female stranger

test on Day1. First scene, Control mouse; Second scene, Traumatized mouse.

Figure 4-video supplement 1. Illustration of behavioral characteristics that were specific to

observer mice during trauma induction when their partners were attacked. First scene, tail

rattling during aggressive encounter; Second scene, tail rattling during aggressive encounter (4x

slower); Third scene, hiding under bedding material with the partner during resting. These

behaviors were not observed if a stranger mouse got attacked.

Figure 4-video supplement 2. Illustration of rebound reaction of a Traumatized mouse to its

previously pair-housed partner during the partner-revisiting test.