<p style="text-align:center">Ferrous iron mediates translation</p>

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ABSTRACT

The ubiquity of Fe^{2+} in life, despite its toxicity and insolubility, appears to stem from conditions of the
ancient Earth. Today, Mg^{2+} is an essential cofactor with diverse structural and functional roles in life's
oldest macromolecular machine, the translation system. We tested whether anoxia and Fe^{2+} can revert the
ribosome to a functional ancestral state. We find that Fe^{2+} associates extensively with the ribosome and
replaces Mg^{2+} as the dominant divalent cation during translation of mRNA to functional protein. Given that
the translation system originated and matured when Fe^{2+} was abundant, these findings suggest that Fe^{2+}
played a role in early ribosomal evolution.

Life arose around 4 billion years ago on an anoxic Earth with abundant ferrous iron (1) [~1 mM Fe^{2+} in the
ocean (2,3)]. Biochemistry had access to this Fe^{2+} for over a billion years before oxygen rose to levels
sufficient to precipitate iron as rust. The pervasive use of Fe^{2+} in extant biochemistry, despite toxicity and
barriers to biological acquisition, likely stems from its importance in the evolution of the early biochemical
systems.

Here, we relocate the translation system to the environment of its ancient roots. We successfully replace
ribosomal Mg^{2+} with Fe^{2+}, reverting to the ancestral divalent cation under conditions mimicking the ancient
Earth.

In extant biochemistry, Mg^{2+} ions are essential for both structure and function of the ribosome (4,5) and for
functions of many enzymes involved in translation (6). The translation system, which synthesizes all coded
protein (7), originated and matured during the Archean Eon (4-2.5 Ga; (8)). The common core of the
ribosome and many other aspects of the translation system have remained essentially frozen since the last
universal common ancestor (9,10).

In ribosomes, structural Mg^{2+} ions occur in rRNA-Mg^{2+} clamps (11) (**Fig. 1a**), in dinuclear Mg^{2+}-
microclusters that frame the peptidyl transferase center (12) (**Fig. 1b**), and at the SSU-LSU interface (13)
(**Fig. 1c**). Functional Mg^{2+} ions stabilize a critical bend in mRNA between the P-site and A-site codons (14)
(**Fig. 1d**), and mediate rRNA-tRNA/mRNA interactions (15) (**Fig. 1e, f**). Accessory enzymes needed for
translation – aminoacyl tRNA synthetases, methionyl-tRNA transformylase (MTF), creatine kinase,
myokinase, and nucleoside-diphosphate kinase – also require Mg^{2+} ions as cofactors (**Table 1**).

Recent results support a model in which Fe^{2+}, possibly along with Mg^{2+}, was a critical cofactor for ancient
nucleic acid function. Under anoxic conditions, functional Mg^{2+}-to-Fe^{2+} substitutions were experimentally
verified for RNA folding and ribozyme catalysis (16,17), a DNA polymerase, a DNA ligase, and an RNA
polymerase (18). Compared to Mg^{2+}, Fe^{2+} has been shown to more effectively 'activate' RNA. The
phosphate affinity of Fe^{2+}, because of the lower energies of its d-orbitals, is slightly greater than that of
Mg^{2+}. In first shell coordination complexes, the proximal phosphorus shows enhanced activation to
nucleophilic attack. Therefore, for at least some nucleic acid processing enzymes, optimal activity is
observed at lower concentrations of Fe^{2+} than Mg^{2+} (16,18).

Here, translation reactions were performed in an anoxic chamber to maintain the oxidation state and
solubility of Fe^{2+}. Divalent cation type and concentration were varied (**Fig. S1**). Production of dihydrofolate
reductase (DHFR) from its cognate mRNA was used to monitor translational activity. Protein synthesis was
indicated by production of $NADP^+$ by DHFR. All reactions were conducted in a small background of 2.5
mM Mg^{2+}. This background is far below the requirement to support translation, consistent with previous
findings that a minimum of ~5 mM Mg^{2+} is needed for assembly of mRNA onto the SSU (19-21).

Results

Fe^{2+} and Mn^{2+} mediate translation

We recapitulated the previously established Mg^{2+} dependence of the translation system. The activity profile
of the translation system with varied Fe^{2+} closely tracks the profile with varied Mg^{2+} (**Fig. 2**). Below 7.5
mM total divalent cations, minimal translation is observed with either Fe^{2+} or Mg^{2+}, which is likely due to
the M^{2+}:NTP ratio approaching 1 (22). Activity peaks at 9.5 mM for both cations and decreases modestly
beyond the optimum. At a given divalent cation concentration, Fe^{2+} supports 50-80% of Mg^{2+}-mediated
activity. This result was consistently observed when translation reactions were run with optimal divalent
cation concentrations for 15, 30, 45, 60, 90 and 120 min (**Fig. 3**). Along with Mg^{2+} and Fe^{2+}, we investigated
the abilities of other divalent cations to support translation, including Mn^{2+}, Co^{2+}, Cu^{2+}, and Zn^{2+}. We found
that Mn^{2+} supported translation at levels similar to Fe^{2+}, whereas no activity was detected with Co^{2+}, Cu^{2+},
or Zn^{2+} (**Fig. 4**).
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Fe^{2+} associates extensively with the ribosome
To experimentally confirm that Fe^{2+} associates with the ribosome, we analyzed the Fe content of ribosomes
after incubation in anoxic reaction buffer containing 7 mM Fe^{2+}. We observed that under the conditions of
our translation reactions, 584 ± 9 Fe^{2+} ions associate with each ribosome.

Discussion

Our results show that, at >6 mM, Fe^{2+} or Mn^{2+} can mediate translation in place of Mg^{2+} as the dominant
divalent cation, whereas previously the translation system was known to be functional only in the presence
of Mg^{2+}. Our results are consistent with the known ability of Mn^{2+} to substitute for Mg^{2+} or Fe^{2+} in a variety
of enzymatic systems (23,24). The effectiveness of Fe^{2+} for Mg^{2+} substitution in the translation system is
astounding considering the enormous number of divalent cations, and the diversity of their structural and
functional roles (4-6) (**Table 1, Fig. 1**).

The observation of >500 Fe^{2+} per ribosome verifies that Fe^{2+} can associate extensively with the ribosome.
This result is consistent with the extent of Mg^{2+} association observed by x-ray diffraction (100-1000 Mg^{2+}
per ribosome (25,26)), and supports a model in which Fe^{2+} has replaced Mg^{2+} as the dominant divalent
cation in our experiments. The high capacity of ribosomes for Fe^{2+} reflects all ribosome-associated ions, in
condensed, glassy and chelated states (27). Because intracellular Mg^{2+} closely reflects extracellular Mg^{2+}
concentrations (4), and intracellular Fe^{2+} is more biologically accessible in anoxic than oxic conditions (28),
the appearance of Mg^{2+}'s ubiquity in ribosomal structures could be reflective of common culturing
conditions (high Mg^{2+}, high O_2, and low Fe^{2+}) rather than more general physiological conditions. For
instance, *E. coli* and other infectious microbes confront high iron environments in the context of iron-

overload disorders (29). In these cases, intracellular iron in a hypoxic environment may effectively compete
with Mg^{2+} to maintain translation efficiency.
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The complexity of the ribosome, and the translation system in general, suggest that differences in activity
with Fe^{2+} vs. Mg^{2+} arise from a variety of evolutionary, biochemical and physiological factors. It is possible
that one or more of the accessory enzymes in **Table 1** have lower activity in the presence of Fe^{2+} than Mg^{2+},
and/or that the oxic, low-Fe^{2+} conditions under which the commercial ribosomes were grown and/or purified
primed them for higher activity with Mg^{2+} vs. Fe^{2+}. It is also possible that Fe^{2+}-containing ribosomes were
less active due to oxidative damage via the Fenton reaction, as shown for Fe^{2+}-containing ribosomes from
Alzheimer hippocampus (30). Further work is required to investigate whether Fe^{2+}-mediated translation is
more active in ribosomes prepared under anoxic, Fe^{2+}-rich conditions.

When combined with previous results that DNA replication and transcription can be facilitated by Fe^{2+} (18),
our finding that Fe^{2+} can mediate translation of mRNA to protein has revealed that Fe^{2+} can mediate the
entire central dogma of molecular biology (DNA→RNA→protein). This finding raises important questions
about evolutionary and physiological roles for Fe^{2+} in ancient and extant biological systems. Were Mg^{2+}
and Fe^{2+} collaborators as cofactors on the ancient Earth, when both ions were present in the low-mM range
(2,3)? What was the role of Fe^{2+} in the origin and early evolution of the translational system? Finally, what
are the implications for ribosome-bound Fe^{2+} in oxidative damage and disease?

Experimental procedures
In vitro translation system. Each 30 μL reaction contained 2 μM (4.5 μL of 13.3 μM stock) *E. coli* ribosomes
in 10 mM Mg^{2+} (New England Biolabs, Ipswich MA, USA; catalog # P0763S), 3 μL factor mix (with RNA
polymerase, and transcription/translation factors in 10 mM Mg^{2+}) from the PURExpress® Δ Ribosome Kit
(New England Biolabs E3313S), 0.1 mM amino acid mix (Promega, Madison WI, USA; catalog # L4461),
and 0.2 mM tRNAs from *E. coli* MRE 600 (Sigma-Aldrich, St. Louis MO, USA; product # TRNAMRE-
RO). Thus, a total of 2.5 mM "background" Mg^{2+} was present in each reaction (**Fig. S1**). The background
is unavoidable because ribosomes and accessory enzymes are produced *in vivo* in the presence of Mg^{2+}, and
removal of all Mg^{2+} by long dialysis under anoxic conditions is technically infeasible.
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Reaction buffer. The reaction buffer was based on Shimizu et al. (31), with HEPES-OH instead of phosphate
buffer to avoid precipitation of metal phosphates. Tris-HCl was also tested as a buffer, but rates of
translation (see below) were consistently lower with Tris-HCl than HEPES-OH, and therefore HEPES-OH
was used as the buffer for all experiments. Buffer consisted of 20 mM HEPES-OH (pH 7.3), 95 mM
potassium glutamate, 5 mM ammonium chloride, 0.5 mM calcium chloride, 1 mM spermidine, 8 mM
putrescine, 1 mM dithiothreitol (DTT), 2 mM adenosine triphosphate (ATP), 2 mM guanosine triphosphate
(GTP), 1 mM uridine triphosphate (UTP), 1 mM cytidine triphosphate (CTP), 10 mM creatine phosphate
(CP), and 53 μM 10-formyltetrahydrofolate. The reaction buffer was lyophilized and stored at -80°C until
resuspension in anoxic nuclease-free water immediately before experiments.
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DNA and mRNA templates. A plasmid containing the gene encoding dihydrofolate reductase (DHFR) from
E. coli was provided as a gift from New England Biolabs. DHFR control plasmid was linearized using
HindIII restriction enzyme, purified by phenol/chloroform extraction, precipitated in ethanol, and
resuspended in nuclease-free water. Messenger RNA was generated using the HiScribe™ T7 High Yield
RNA Synthesis Kit (New England Biolabs catalog # E2040S) and purified using the MEGAclear™
Transcription Clean-Up Kit (Thermo Fisher, Waltham MA, USA; catalog # AM1908).
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Experimental conditions. All reactions (30 μL total volume) were assembled and incubated in an anoxic
chamber under a 98% Ar and 2% H_2 atmosphere. All divalent cation salts used in experiments ($MgCl_2$,
$FeCl_2$, $MnCl_2$, $Zn(OAc)_2$, $CoCl_2$, $CuSO_4$) were added to 7 mM final concentration, with the exception of
$MgCl_2$ and $FeCl_2$ which were tested over a range of final concentrations (1, 3, 4, 5, 6, 7, 8, 9, and 11 mM;

Fig. S1). All experiments were assembled in the following order: mRNA (~5 μg per 30 μL reaction), factor
mix, ribosomes, amino acids, tRNA, nuclease-free H_2O, reaction buffer. Changing the order of reactant
addition did not affect translational activity. Reactions were run in triplicate on a 37°C heat block for up to
120 minutes. Reactions were quenched on ice and stored at 4°C on ice until assay for protein synthesis.
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DHFR activity assay. Protein synthesis was measured using a dihydrofolate reductase (DHFR) assay kit
(Sigma-Aldrich product # CS0340), which measures the oxidation of NADPH (60 mM) by dihydrofolic
acid (DHFA; 51.25 μM). Assays were performed by adding 5 μL of protein synthesis reaction to 995 μL
of 1x assay buffer. The NADPH absorbance peak at 340 nm (Abs_{340}) was measured in 15 s intervals over
2.5 min. The slope of the linear regression of Abs_{340} vs. time was used to determine the enzyme activity
(Abs_{340} min^{-1}). Different counter ions had no effect on protein synthesis from mRNA. To our knowledge,
no dependence on, nor inhibitory effect of, Mg^{2+} or Fe^{2+} exists for DHFR. We confirmed this by varying
the amounts of metals in our assay reaction, which had no effect on DHFR activity (data not shown).
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Ribosome iron content. In order to measure the iron content of ribosomes, a 300 μL reaction was prepared
containing 45 μL of a 13.3 μM stock of *E. coli* ribosomes (New England Biolabs catalog # P0763S), 7 mM
$FeCl_2$, and reaction buffer. These reactions were scaled up to 10x volume, which was necessary due to
technical constraints on spin columns. Blank samples with 7 mM $FeCl_2$ and reaction buffer, but without
ribosomes, were also prepared. All mixtures were incubated at 37ºC for 2 hours. After incubation, samples
were transferred to Vivaspin 500 centrifugal concentrators (Vivaproducts, Littleton, MA; catalog #
VS0141) and spun at 15,000 x g until minimum retentate volume (~5 μL) was achieved. Retentate was
transferred to a 1.5 mL microcentrifuge tube and suspended in 200 μL of 10 mM HEPES (pH 7.3, 50 mM
NaCl). Samples were spiked with 1 ppm Ga standard and 2 μL were dried on siliconized quartz discs. Metal
analysis was performed by total reflection x-ray fluorescence (TRXF) spectroscopy (S2 Picofox TXRF
spectrometer; Bruker, Billerica, MA). Samples were run at 50 kV for 2000s each. TXRF spectra were used
to calculate the concentration of Fe in mg L^{-1}. Blank values were subtracted from ribosome samples and
these corrected concentrations were converted to mM. The final ribosomal concentration (3 μM) was based
on our dilution of NEB ribosomes supplied at 13.3 μM using RNA absorbance at 260 nm ($1A_{260}$ = 60 μg
mL^{-1}). Values were reported as moles of Fe^{2+} per mole ribosome ± standard error of triplicate experiments.
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Figure 1. Divalent cations serve many structural and functional roles in the ribosome. Mg^{2+} ions: **a)** form bidentate clamps with adjacent phosphate groups of rRNA (beige carbon atoms), **b)** form dinuclear microclusters that frame the rRNA of the peptidyl transferase center, **c)** stabilize the LSU-SSU interface, **d)** stabilize a functional kink in mRNA (green), **e)** stabilize association of tRNA (teal) with 23S rRNA, and **f)** stabilize association of mRNA with 16S rRNA. Images are of the *Thermus thermophilus* ribosome (PDB ID: 1VY4). Thick dashed lines are first shell RNA interactions of Mg^{2+}. Dotted lines indicate second shell interactions.

Figure 2. Mg^{2+} and Fe^{2+} stimulate translational activity over a range of concentrations. The activity of the translation product (dihydrofolate reductase) is used as a proxy for relative functionality of the ribosome. Dihydrofolate reductase catalyzes the oxidation of NADPH, with a maximum absorbance at 340 nm, to $NADP^+$. All translation reactions contained 2.5 mM background Mg^{2+}, to which varying amounts of additional Mg^{2+} or Fe^{2+} were added. Translation reactions were run for 120 minutes. The error bars for triplicate experiments (N=3) are plotted as the standard error of the mean.

Figure 3. Fe^{2+} consistently supports 50-80% of the translational activity as Mg^{2+} when the translation experiments are run from 15-120 minutes. Here the activity of the translation product (dihydrofolate reductase) is used as a proxy for relative protein production. Dihydrofolate reductase catalyzes the oxidation of NADPH, with a maximum absorbance at 340 nm, to $NADP^+$. All translation reactions contained 2.5 mM background Mg^{2+}, to which 7 mM additional Mg^{2+} or Fe^{2+} were added, totaling to 9.5 mM divalent cation. The error bars for triplicate experiments (N=3) are plotted as the standard error of the mean.

Figure 4. *In vitro* translation of active protein in the presence of different divalent cations (M^{2+}). Treatments received 7 mM M^{2+}, in addition to 2.5 mM background Mg^{2+}, summing to 9.5 mM total divalent cations. Translation reactions were run for 120 minutes. The error bars for triplicate experiments (N=3) are plotted as standard error of the mean.

Table 1. Structural and functional roles for select divalent cations in the translation system. All of biomolecules in the table have been shown to require Mg^{2+}, and may also be active with Fe^{2+}. "n.a." indicates that data are not available.

Translation system component(s)	Location of divalent ion	Role of divalent cation	Optimal [Mg^{2+}] (mM)
Ribosome			
LSU/SSU	rRNA-Mg^{2+} clamps (11)	Mediates and maintains folding/structure of rRNAs	~10 (20)
LSU	Mg^{2+} microclusters (12)	Frames peptidyl transferase center	~10 (20)
LSU/SSU	SSU-LSU interface (32)	Mediates docking of mRNA to SSU and association of SSU with LSU	~10 (20)
SSU/mRNA	Critical bend in mRNA between the P-site and A-site codons (15)	Maintains correct reading frame mRNA	~10 (20)
LSU/tRNA	rRNA-tRNA interactions (32)	Stabilize rRNA-tRNA in the PTC	~10 (20)
A-site tRNA/ P-site tRNA	tRNA-tRNA interactions (32)	Stabilize tRNAs in the PTC	~10 (20)
Auxiliary			
EF-Tu	GTP binding site (33)	Stabilizes the transition state	n.a.
EF-G	GTP binding site (34)	Stabilizes the transition state	n.a.
Aminoacyl-tRNA synthetases	ATP binding site (35)	Stabilizes the transition state	>1 (36)
Methionyl-tRNA transformylase	ATP binding site (37)	Stabilizes the transition state	7 (37)
Creatine kinase	NTP binding site (38)	Stabilizes the transition state	~5 (38)
Myokinase	Acceptor NDP binding site (39)	Stabilizes the transition state	n.a.
Nucleoside-diphosphate kinase	NTP binding site (40)	Stabilizes the transition state	>1
Pyrophosphatase	Active site (41)	Stabilizes the transition state	>7 (42)