

1 **Caterpillars Count! A citizen science project for monitoring**
2 **foliage arthropod abundance and phenology**

3
4 **ABSTRACT**

5 Caterpillars Count! is a citizen science project that allows participants to collect data on the
6 seasonal timing, or phenology, of foliage arthropods that are important food resources for forest
7 birds. This project has the potential to address questions about the impacts of climate change on
8 birds over biogeographic scales. Here, we provide a description of the project's two survey
9 protocols, evaluate the impact of survey methodology on results, compare findings made by
10 citizen scientist participants versus trained scientists, and identify the minimum levels of
11 sampling frequency and intensity in order to accurately capture phenological dynamics. We find
12 that beat sheet surveys and visual surveys yield similar relative and absolute density estimates of
13 different arthropod groups, with beat sheet surveys recording a higher frequency of beetles and
14 visual surveys recording a higher frequency of flies. Citizen scientists generated density
15 estimates within 6% of estimates obtained by trained scientists regardless of survey method.
16 However, patterns of phenology were more consistent between citizen scientists and trained
17 scientists when using beat sheet surveys than visual surveys. By subsampling our survey data, we
18 found that conducting 30 foliage surveys on a weekly basis led to 95% of peak caterpillar date
19 estimates to fall within one week of the "true" peak. We demonstrate the utility of Caterpillars
20 Count! for generating a valuable dataset for ecological research, and call for future studies to
21 evaluate how training and resource materials impact data quality and participant learning gains.

22 **Keywords:** arthropods, caterpillars, phenology, survey methodology, data validation

23 One of the observed impacts of climate change over recent decades has been a shift in the
24 seasonal timing, or phenology, of organisms and their life cycles. For example, first flowering
25 dates in Concord, Massachusetts have advanced by two to three weeks since Thoreau's records
26 from the 1850s (Ellwood et al., 2013; Primack, 2014). Butterflies have similarly advanced first
27 flight dates over recent decades (Altermatt, 2012; Forister and Shapiro, 2003), and many bird
28 species have advanced the timing of migration (Hurlbert and Liang, 2012; Mayor et al., 2017).
29 Such observed phenological shifts indicate that these species are able to respond to changes in
30 their physical environment, and yet the magnitude of these shifts is highly variable among
31 species and across trophic levels (Both et al., 2009; Parmesan, 2007; Parmesan and Yohe, 2003).
32 Phenological mismatch occurs when organisms fail to adjust phenologically to the same degree
33 as the organisms on which they depend, and has been documented between plants and their
34 pollinators (Forrest, 2015), insects and their host plants (Singer and Parmesan, 2010), and birds
35 and the arthropods they rely on for successfully raising offspring (Visser et al., 2006, 2012).
36 Understanding phenological mismatch in migratory birds is a particularly challenging problem
37 because these birds often traverse thousands of kilometers, and climate change is geographically
38 variable over these regions. As such, observed phenological shifts in the northeastern US, for
39 example, may have little correlation with phenological shifts in the southeast, and yet whether
40 these changes are correlated may have important impacts on migratory birds (Fontaine et al.,
41 2015; Wood and Kellermann, 2015).

42
43 Citizen science programs are one of the most effective ways to monitor simple biological
44 phenomena like phenology over broad geographic extents as demonstrated by the recent efforts
45 by the National Phenology Network (Schwartz et al., 2012), Project Budburst (Johnson, 2016),

46 and eBird (Sullivan et al., 2014). Individual scientists or research groups are simply unable to
47 collect data efficiently at the relevant spatial and temporal scales for addressing these broad
48 biogeographical questions. Here we introduce a new citizen science project, *Caterpillars Count!*
49 (<http://caterpillarscount.unc.edu>), whose aim is to document geographic and annual variation in
50 the phenology and abundance of arthropods that foliage gleaning birds rely on during the
51 breeding season. The name of the project highlights the fact that Lepidoptera larvae in particular
52 represent an important and often primary food source (Holmes et al., 1979; Holmes and Schultz,
53 1988; Jones et al., 2003; Sillett et al., 2000) known to influence avian density (Graber and
54 Graber, 1983), reproductive success (Rodenhouse and Holmes, 1992; Visser et al., 2006), clutch
55 size (Perrins, 1991) and number of broods raised (Nagy and Holmes, 2005a, 2005b). The
56 enlistment of citizen scientists would potentially allow for an examination of phenological
57 mismatch between birds and their food resources at an unprecedented scale.

58
59 Our aims in this paper are to 1) describe the survey protocols used to monitor foliage arthropods,
60 2) evaluate the impact of survey methodology on results, 3) compare findings made by citizen
61 scientist participants versus trained scientists to assess the reliability of citizen science data
62 collection and to make recommendations for citizen science coordinators, and 4) identify the
63 minimum levels of sampling frequency and intensity in order to accurately capture phenological
64 dynamics. It is our hope that *Caterpillars Count!* will yield robust data on arthropod phenology
65 over broad spatial scales that can ultimately be leveraged with other existing datasets to provide
66 new insights into potential mismatches between vegetation, arthropods, and birds.

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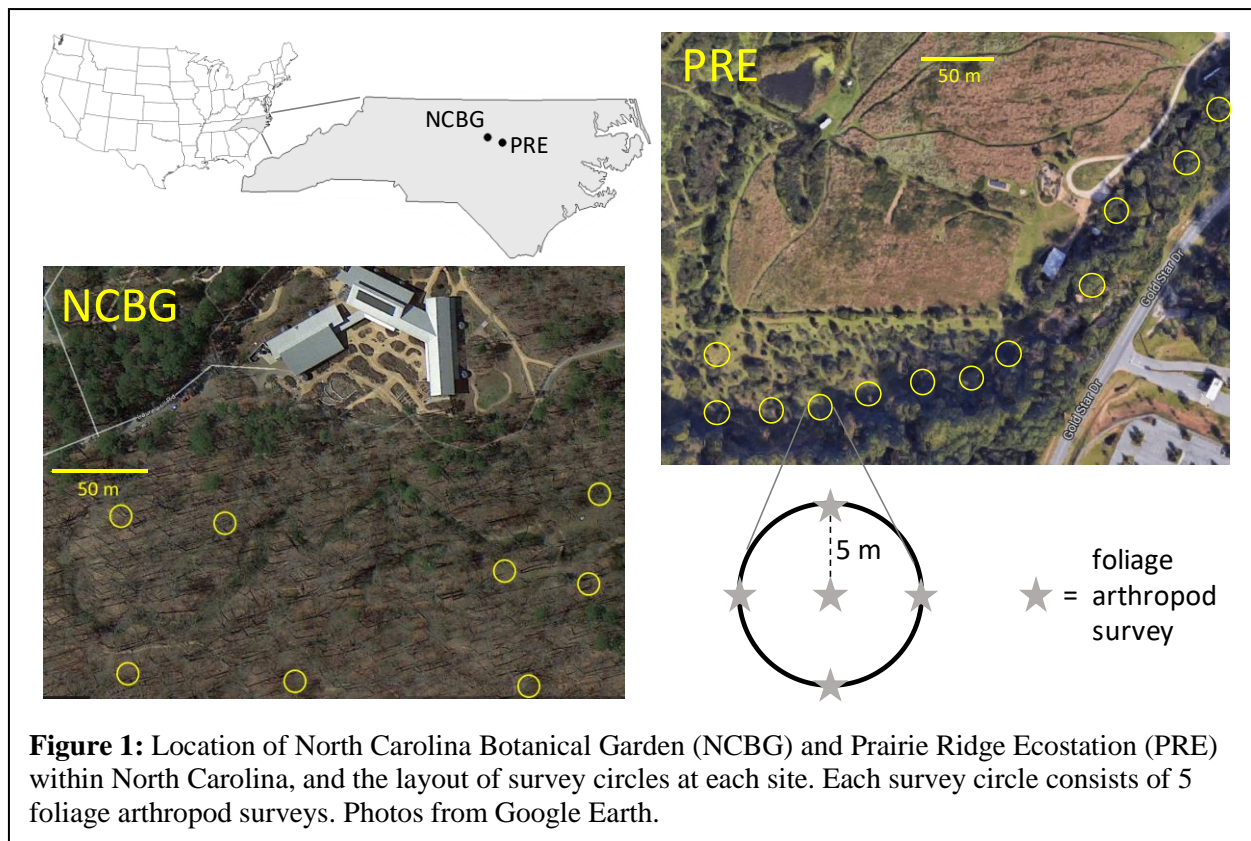
68 ***Caterpillars Count! Protocol***

69 Because arthropods may be patchily distributed across an area, accurate estimates of density
70 require conducting many surveys per survey date. Permanent survey locations are arrayed across
71 the study site in groups (“circles”) of five, with a central survey branch identified
72 opportunistically (e.g., a branch with lots of additional suitable vegetation nearby) followed
73 ideally by the first suitable branch 5 m away in each of the four cardinal directions (Figure 1,
74 inset). To be suitable, a branch must have at least 50 leaves (or leaflets for compound leaves)
75 each greater than 5 cm in length. Participating sites may have anywhere from 20 to 60 surveys
76 arranged in 4 to 12 circles across the study site.

77

78 *Visual foliage survey*

79 Visual foliage surveys conducted at ground level have been used for decades to characterize
80 foliage arthropod availability to birds throughout the forest canopy (Holmes and Schultz, 1988).



81 For one survey, an observer examines both the upper- and undersides of 50 leaves and associated
 82 petioles and twigs on a branch of woody vegetation typically 1-2 m above the ground. All
 83 arthropods observed greater than 2 mm in length are identified, generally to order (but in some
 84 cases suborder or family; Table 1), and their body length (not including legs or antennae) is
 85 recorded to the nearest millimeter. Arthropods smaller than 2 mm are ignored both because of
 86 their lesser importance as food items as well as the increased difficulty and therefore time
 87 required for identification. A single visual foliage survey takes 2-6 minutes depending upon the
 88 density of arthropods, experience of the observer, and degree of clustering of leaves on a branch.

89
 90 **Table 1.** Common arthropod groups found on foliage that citizen scientist participants are
 91 expected to be able to identify.

Common name	Scientific name	Taxonomic level	Distinguishing features
Ants	Formicidae	Family	Narrow waist, no wings; elbowed antennae
Aphids and psyllids	Sternorrhyncha	Suborder, Order Hemiptera	Small (just a few mm); aphids are pear-shaped
Bees and wasps	Hymenoptera (excluding Formicidae)	Order	2 pairs of wings with the hindwings smaller than the frontwings; wasps have narrow waists but bees do not
Beetles	Coleoptera	Order	A straight line down the back where the two hard wing casings (elytra) meet
Caterpillars	Lepidoptera (larvae)	Order	Soft, cylindrical body with 6 legs and up to 5 pairs of prolegs
Daddy longlegs	Opiliones	Order	8 very long legs; they appear to have a single oval-shaped body
Flies	Diptera	Order	A single pair of wings
Grasshoppers, Crickets	Orthoptera	Order	Usually with enlarged hind legs for jumping
Leafhoppers, Cicadas	Auchenorrhyncha	Suborder, Order Hemiptera	Usually a wide head relative to the body; hoppers have wings folded tentlike over their back, while cicadas have large membranous wings.
Moths, Butterflies	Lepidoptera (adults)	Order	4 large wings covered by fine scales
Spiders	Araneae	Order	8 legs, with two distinct body segments: the cephalothorax and abdomen
True Bugs	Heteroptera	Suborder, Order Hemiptera	Semi-transparent wings which partially overlap creating a triangle or X shape on the back; often has pointy "shoulders"

93 *Beat sheet survey*

94 As an alternative to the visual foliage survey, participants may choose instead to conduct a beat
95 sheet survey in which the survey branch is beat with a stick ten times in rapid succession over a
96 white 60 x 60 cm sheet. As with the visual survey, all arthropods are identified to the relevant
97 order/group (Table 1) and length is recorded to the nearest millimeter. In addition, the participant
98 records the total number of leaves that were positioned above the beat sheet during beating
99 which is expected to vary from branch to branch. A single beat sheet survey typically takes 2-3
100 minutes depending on the density of arthropods and experience of observer.

101

102 **Methods**

103 *Data collection*

104 Foliage arthropod surveys were conducted at two locations within the North Carolina Piedmont
105 region. The North Carolina Botanical Garden site (NCBG; 35.898550° N, 79.031642° W) is a
106 natural deciduous forest in Chapel Hill, NC featuring a canopy dominated by *Fagus grandifolia*
107 and *Acer sacharrum* with an understory of *Lindera benzoin* and *Carpinus caroliniana*. Prairie
108 Ridge Ecostation (PRE; 35.8117° N, 78.7139° W) is an outdoor nature center in Raleigh, NC
109 featuring a narrow forest strip (including *Liquidambar styraciflua*, *Acer negundo*, *Diospyros*
110 *virginiana*) alongside an open prairie. Forty survey locations were established at NCBG and 60
111 at PRE (Figure 1).

112

113 In both 2015 and 2016, members of the Hurlbert Lab at the University of North Carolina
114 (hereafter “trained scientists”) conducted visual and beat sheet surveys twice per week from mid-
115 May through July at all survey locations within NCBG and PRE. Hurlbert provided extensive

116 training before and during foliage survey activities, ensuring that team members were capable of
117 documenting potentially cryptic arthropods and of identifying arthropods to the relevant groups.
118 Visual surveys were conducted first at each survey location followed by a beat sheet survey on
119 an adjacent branch of the same plant species. Surveys were typically conducted between 0830
120 and 1200 hrs. At PRE in 2015, trained scientists additionally conducted beat sheet surveys once
121 per week on Thursday afternoons, typically between 1300 and 1400, at a fixed subset of 40 of
122 the 60 total survey locations.

123
124 In both 2015 and 2016, volunteers (hereafter “citizen scientists”) were recruited to conduct
125 foliage arthropod surveys at PRE at the fixed subset of 40 survey locations. Citizen scientists
126 were recruited through the volunteer program at the North Carolina Museum of Natural Sciences
127 and included both men and women varying in age from 22 to 50 years in age. Volunteers were
128 trained by CLG, who worked with the volunteers the first three times they conducted surveys and
129 focused heavily on arthropod identification skill building. After the third survey, the volunteers
130 conducted the surveys on their own. In 2015, seven different citizen scientists conducted visual
131 foliage surveys, some on Thursdays between 1300 and 1500 and others on Saturdays between
132 0900 and 1100 hours most weeks. In 2016, four citizen scientists were recruited, and conducted
133 beat sheet surveys once per week on average, typically between 0800 and 1200 hrs. We were
134 thus able to compare citizen scientist and trained scientist observations based on visual surveys
135 in 2015 and based on beat sheet surveys in 2016. An average citizen scientist conducted 140-280
136 surveys over the course of each season, while each trained scientist typically conducted 900-
137 1400 surveys per season and so had more experience on top of the increased training and
138 supervision.

139
140 Finally, while our survey methodology focuses on foliage 1-2 m above ground for logistical
141 reasons, we would ideally like to make inferences about arthropod phenology throughout the
142 entire canopy. In order to validate this comparison between foliage strata, we collected
143 caterpillar frass falling from the canopy at both sites in 2015 to compare with observed
144 phenology from the ground level foliage surveys. Frass traps consisted of a 20 cm diameter
145 plastic funnel mounted onto a garden stake 30 cm above ground level and lined with a 40 cm
146 diameter piece of filter paper folded into a cone. Each frass trap samples a cross-sectional area of
147 1662 cm². Frass traps were located within existing survey circles (1 trap per circle at PRE, 2 per
148 circle at NCBG) such that they spanned the same locations as the arthropod surveys. Although
149 frass traps were collected and reset every 3-4 days, data were unusable on dates where there had
150 been major rainstorms since the traps were deployed.

151
152 *Data analysis*

153 Although participants recorded observations of all arthropods at least 2 mm in length, we only
154 used observations of arthropods 5 mm long or longer in analyses. This reduces the incidence of
155 misidentification of very small individuals, and also minimizes the effect of error in estimating
156 the 2 mm cutoff. Using visual foliage survey data from trained scientists we calculated the
157 average density per 50-leaf survey of each arthropod group by tree species.

158
159 Comparisons of relative arthropod composition between survey methods and between survey
160 participant groups was conducted using chi-squared analyses, while comparisons of absolute

161 density (number observed per survey) across all arthropod groups were conducted using
162 Pearson's correlation coefficients.
163
164 Phenology was characterized by the fraction of surveys (occurrence) on which a focal arthropod
165 group was detected on a given date. We used occurrence rather than mean density estimates
166 because the latter are sensitive to outliers, and we had a few instances in which a large number of
167 gregarious caterpillars were observed in a single survey. Because citizen scientists typically
168 collected data only once per week, we averaged the bi-weekly samples of trained scientists into
169 weekly estimates in order to visually compare phenology and calculate Pearson's correlation
170 coefficients across weeks.

171
172 In order to assess the impact of sampling intensity and sampling frequency on estimates of peak
173 caterpillar phenology date, we used data from Prairie Ridge in 2015 where trained scientists
174 conducted 60 beat sheet surveys twice per week from mid-May through mid-July. We fit a
175 Gaussian curve to these data (excluding the last two dates in July which reflect a late season peak
176 less relevant for the avian breeding season; see Figure 3a below) and assumed the estimated
177 mean of this curve reflected the "true" peak date (julian day 172). We then randomly subsampled
178 the full dataset by manipulating both the number of surveys examined per sampling date (10, 20,
179 30, 40, 50, or 60 out of the 60 surveys) and the sampling frequency (every sampling date used,
180 every other, every third, every fourth, and every fifth). For each combination of survey number
181 and sampling frequency we conducted 60 replicate subsamples evenly split across potential
182 starting dates (i.e., if sampling frequency was set at every other sampling date, we subsampled
183 using the 1st, 3rd, 5th, etc. dates, but as another replicate also the 2nd, 4th, 6th, etc.). We

184 estimated the peak date from Gaussian fits to the subsampled data. Fits were only used if the
185 mean date was between julian days 100 and 200, and if the R^2 for the fit was >0.2 (89% of all
186 fits).

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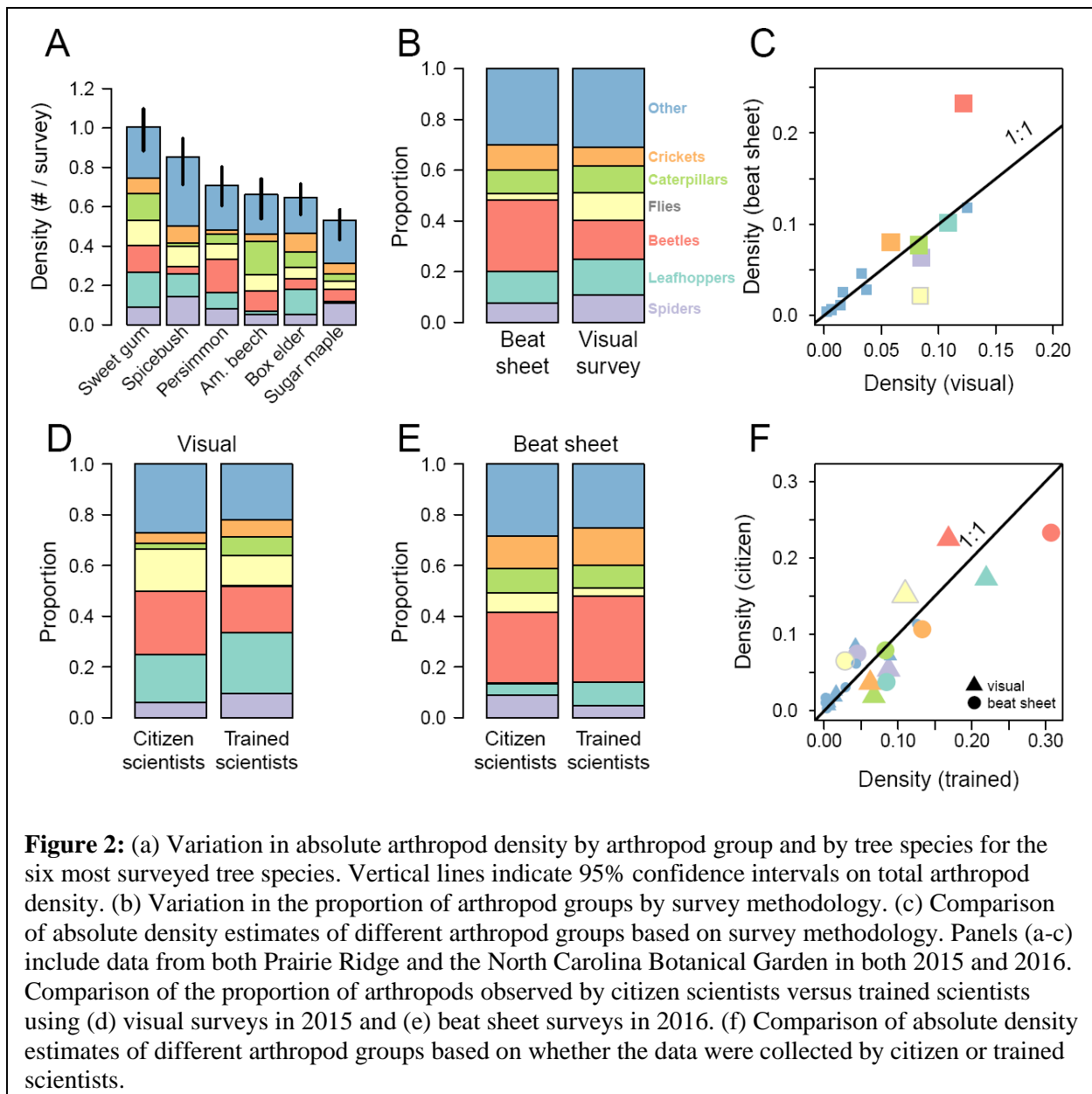
188 **Results**

189 *Relative and absolute density*

190 Visual foliage arthropod surveys revealed differences in the total density and composition of
191 arthropods supported by different tree species (Figure 2a). Of the tree species with at least 300
192 surveys each, sweetgum (*Liquidambar styraciflua*) supported the highest arthropod density while
193 sugar maple (*Acer saccharum*) had the lowest. Sweetgum and American beech (*Fagus*
194 *grandifolia*) supported the greatest densities of caterpillars (0.14 and 0.17 caterpillars per survey,
195 respectively, excluding one sweetgum survey with a colony of 250 fall webworm (*Hyphantria*
196 *cunea*) caterpillars), although nearly all of the caterpillars on American beech were hidden
197 between two leaves sewn together and so potentially inaccessible to birds.

198

199 Relative and absolute density estimates for each arthropod group also depended upon survey
200 method (Figure 2b,c; $\chi^2 = 284.73$, $df = 6$, $p < 10^{-16}$). Beat sheet surveys revealed a greater
201 proportion of Coleoptera (beetles) and a lower proportion of Diptera (flies) compared to visual
202 surveys. A comparison of absolute densities reveals the same discrepancy with respect to the rate
203 at which beetles and flies are observed using the two methods, but also illustrates that density
204 estimates are comparable for most other arthropod groups ($r = 0.82$, $p = 0.0004$). Notably,
205 caterpillar density estimates were similar using both methods (0.077 versus 0.083
206 caterpillars/survey for beat sheet and visual surveys, respectively).



207

208 Perceived arthropod composition differed between citizen scientist and trained scientist

209 conducted visual surveys (Figure 2d, $\chi^2 = 44.94$, $df = 6$, $p < 5e10^{-8}$). Citizen scientists reported a

210 greater proportion of flies and beetles and a smaller proportion of Auchenorrhyncha

211 (leafhoppers, planthoppers, etc.), Orthoptera (grasshoppers and crickets), and caterpillars

212 compared to the trained scientists, however all differences were within +/- 6%. Absolute density

213 estimates across arthropod taxa were positively correlated between the two groups (Figure 2f,
214 triangles, $r = 0.84$, $p < 0.0002$), and although citizen scientists overestimated fly and beetle
215 density and underestimated caterpillar density relative to trained scientists, these differences
216 were all within 0.05 arthropods/survey.

217
218 Using beat sheet surveys, the difference between citizen scientists and trained scientists was less
219 pronounced (Figure 2e, $\chi^2 = 18.34$, $df = 6$, $p = 0.005$), with citizen scientists reporting a slightly
220 greater proportion of Diptera and Araneae and a slightly lower proportion of Auchenorrhyncha
221 and Coleoptera relative to trained scientists. Again, all differences were within +/- 6%. Absolute
222 density estimates were even more strongly correlated across arthropod taxa between the two
223 groups than in the visual survey comparison (Figure 2f, circles, $r = 0.94$, $p < 0.0001$). There was
224 much better congruence in estimates of caterpillar and Orthopteran density in particular using
225 beat sheet surveys compared to visual surveys.

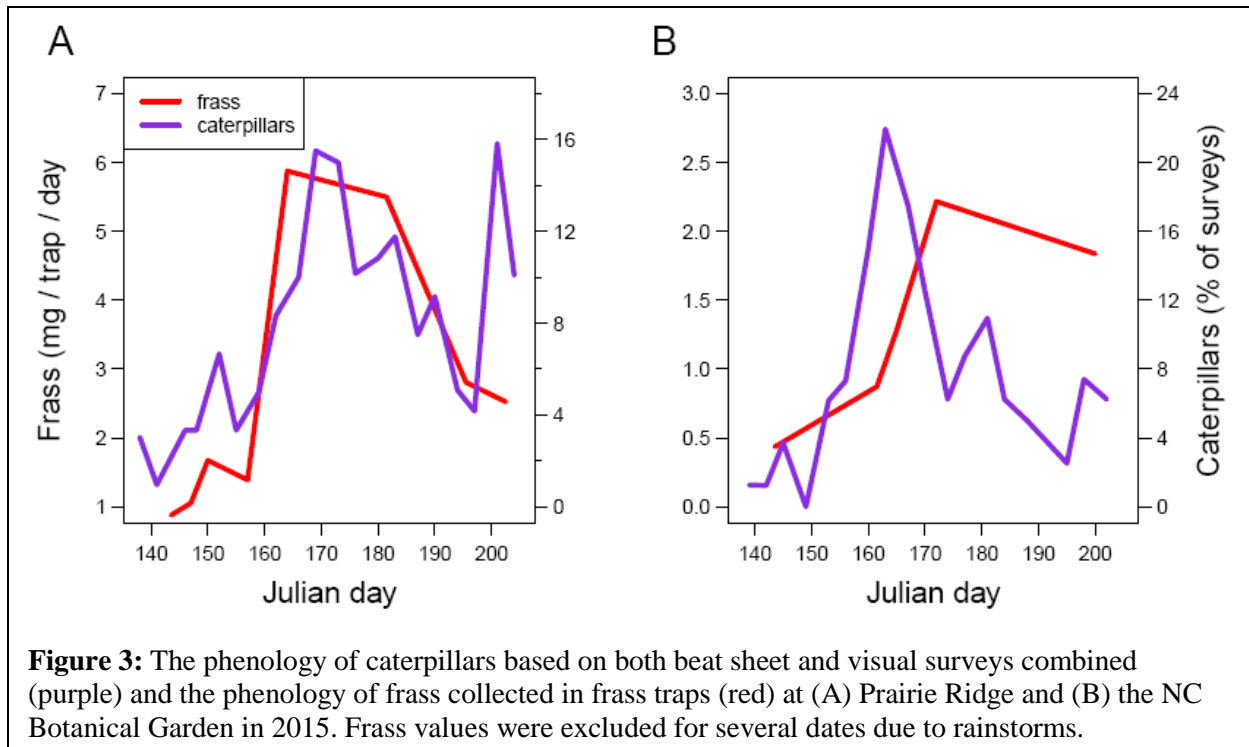
226

227 *Phenology*

228 A primary goal of the *Caterpillars Count!* project is to characterize the seasonal fluctuations in
229 arthropods over the spring and summer. The phenology of caterpillars as captured by visual and
230 beat sheet surveys near ground level mirrored the phenology of frass falling from the canopy at
231 PRE (Figure 3a), with less obvious concordance at the NCBG (Figure 3b), although fewer frass
232 data points were available at the latter site.

233

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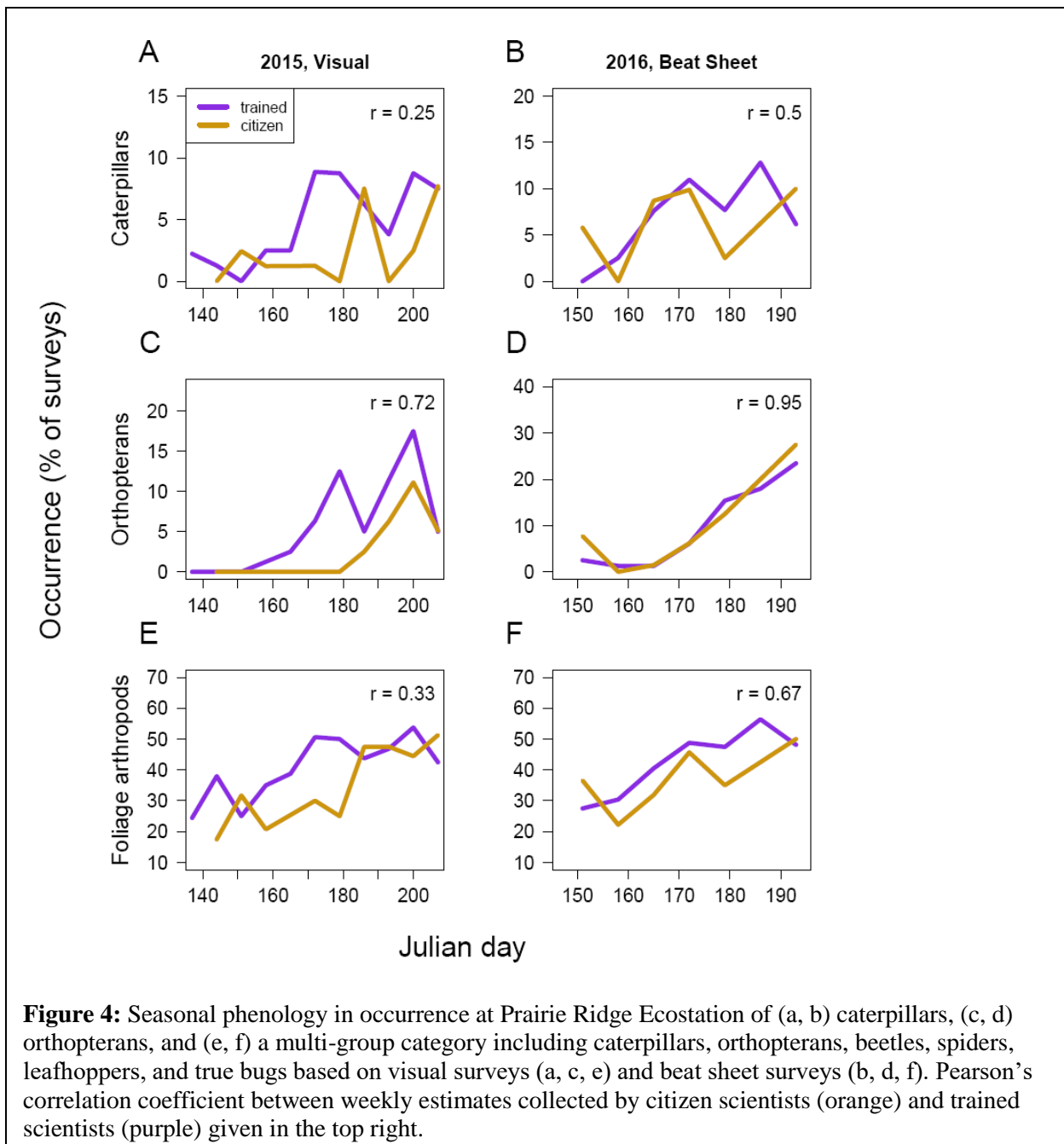


235 As expected, arthropods like caterpillars and orthopterans that depend on leaves for food and
236 shelter exhibited low densities in early spring and then increased over the summer (Figure 4a-d,
237 purple lines). Orthopterans continued to increase through mid- to late-July, while caterpillars
238 exhibited a peak in occurrence in mid-June, followed by another in early July. Foliage arthropods
239 in aggregate (caterpillars, orthopterans, beetles, spiders, leafhoppers, and true bugs) exhibit a
240 general positive trend over the dates examined, with less pronounced seasonal peaks due to the
241 more consistent occurrence of some of those other groups like spiders.

242

243 In 2015 using visual surveys, citizen scientists underestimated the occurrence of foliage
244 arthropods early in the season relative to trained scientists, but estimates converged later in the
245 season (Figure 4a, c, e). Citizen scientists did not observe many caterpillars at all until July. As
246 such, they missed the peak in caterpillar occurrence documented by trained scientists in mid-
247 June, although their observations of a decline in mid-July and subsequent recovery in late July

248 were generally consistent (Figure 4a). Similarly, citizen scientists in 2015 also missed the late
249 June peak in orthopterans but captured the peak in July (Figure 4c).
250
251 In 2016, using beat sheet surveys, the phenology recorded by citizen scientists was much more
252 strongly correlated with trained scientist observations ($0.50 < r < 0.95$; Figure 4b, d, f). In



253 particular, citizen scientists identified the same increase and mid-June peak in caterpillar
254 occurrence as trained scientists. Citizen scientists did not actually conduct surveys the week of
255 Julian day 186 when trained scientists identified a second seasonal peak in caterpillars.

256

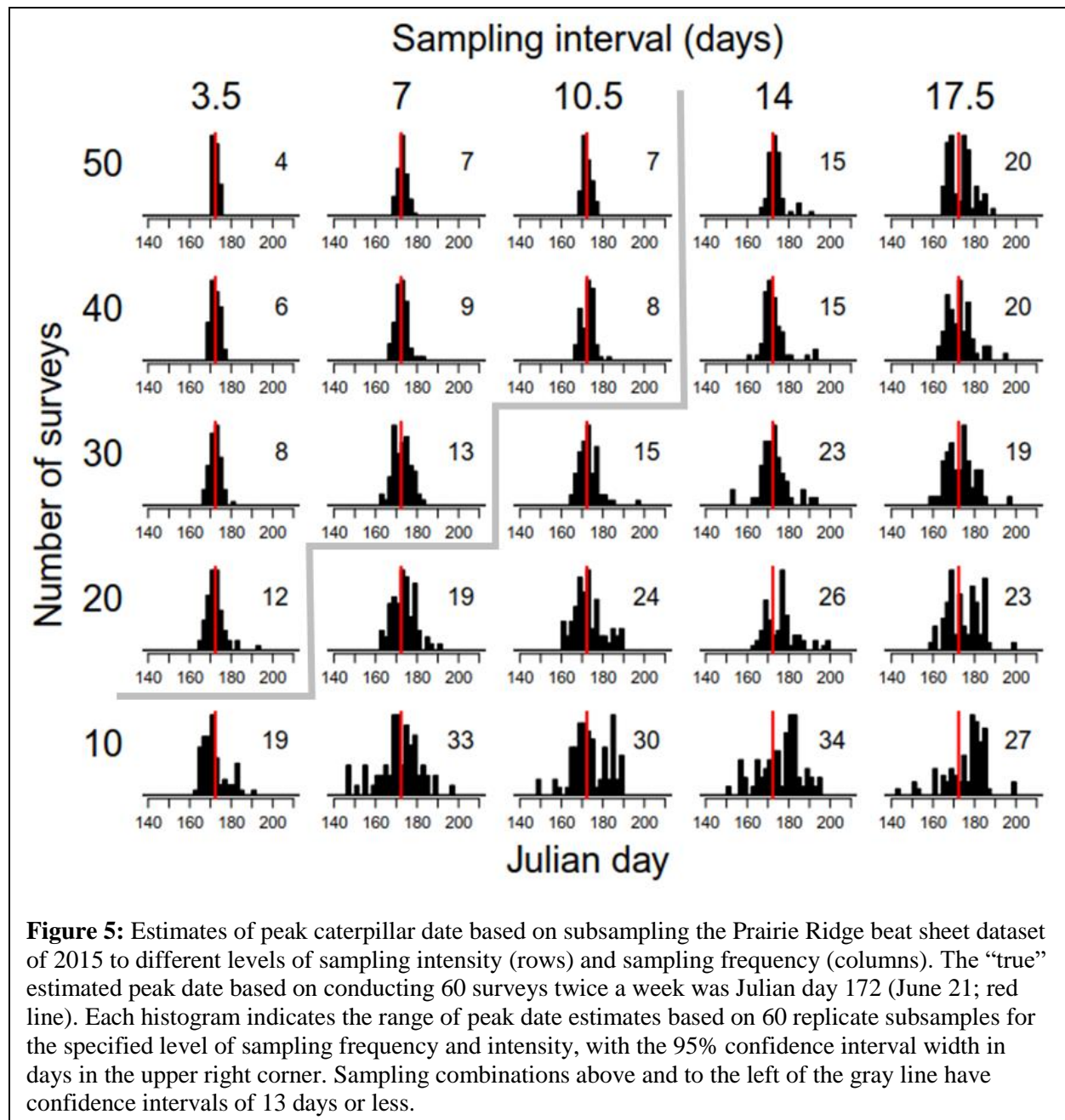
257 *Sampling effort*

258 Estimates of peak caterpillar date were unbiased with respect to the "true" value (Julian day 172)
259 even at low sampling intensity or frequency (Figure 5). However, as expected, 95% confidence
260 intervals around the estimated value were tightest when conducting many surveys at high
261 frequency, or with a low sampling interval. Estimates of peak caterpillar date based on only a
262 small number of surveys or a low frequency of sampling resulted in estimates that were often
263 weeks from the "true" value. In this particular dataset, sampling 30 surveys on a weekly basis led
264 to 95% of estimated peak dates falling within one week of the true date. Increasing the number of
265 surveys conducted per sampling date typically yielded a greater increase in accuracy of the peak
266 date estimate compared to increasing the sampling frequency (Figure 5). For example, doubling
267 the number of weekly surveys from 20 to 40 reduced the confidence interval width by more than
268 50% (19 days to 9), compared to conducting 20 surveys at double the frequency (19 days to 12).

269

270 **Discussion**

271 Foliage arthropod surveys have the potential to shed light on an important and understudied
272 aspect of ecosystem phenology. However, phenology is expected to vary dramatically between
273 regions (Both et al., 2004; Hurlbert and Liang, 2012) and even across local land use gradients
274 (Diamond et al., 2014; White et al., 2002), necessitating the collection of phenology data across
275 broad geographic scales. Here, we have demonstrated the potential of enlisting citizen scientists



276 to collect such data, which could greatly facilitate broad-scale investigations into the wide-
 277 ranging impacts of climate change on natural systems. In particular, such data would allow
 278 researchers to better interpret the consequences of observed phenological shifts by birds which
 279 depend on those arthropod resources (Hurlbert, 2016; Hurlbert and Liang, 2012; Mayor et al.,
 280 2017), and shifts by trees and shrubs on which those arthropods depend (Polgar and Primack,

281 2011; Singer and Parmesan, 2010). These data would also provide a monitoring baseline for
282 assessing arthropod abundance into the future in light of dramatic population declines reported
283 for many groups from across the globe (Dirzo et al., 2014; Hallmann et al., 2017). These
284 preliminary results help inform the best practices for the *Caterpillars Count!* survey scheme that
285 will allow researchers to robustly identify patterns of foliage arthropod density in time and space.

286

287 *Phenology at ground level versus the canopy*

288 We found a striking concordance between our ground level survey-based estimates of caterpillar
289 phenology and the canopy level frass-based phenology at Prairie Ridge, suggesting that foliage
290 arthropod surveys conducted near ground level can be used to assess the phenology of higher
291 vegetation strata as well. This correspondence in phenology is consistent with other studies that
292 have found a correlation between lower and upper canopy caterpillar density across trees, years,
293 and season (Cooper, 1988; Holmes and Schultz, 1988). Agreement between caterpillar
294 phenology and frass phenology was weaker at the NC Botanical Garden, with caterpillar density
295 at ground level peaking earlier than frass. In studies where a difference in phenology between
296 strata has been observed, typically it is the canopy that peaks before the understory, when
297 caterpillars migrate down to pupate on the forest floor later in the season (Aikens et al., 2013;
298 Murakami, 2002). The disagreement we observed may instead be due in part to the fact that a
299 large fraction (>70%) of the caterpillars observed at the Botanical Garden occurred in leaf
300 shelters which prevented frass from dropping. In addition, 20% of the survey branches at the
301 Botanical Garden were of the understory shrub spicebush (*Lindera benzoin*) that was not
302 represented at all in the canopy from which frass was being sampled. Monitoring frass
303 phenology at sites where the *Caterpillars Count!* project is implemented will continue to

304 improve our understanding of where and when phenology varies across forest strata, and in some
305 cases could form the basis for a complementary citizen science project.

306

307 *Implications for survey methods and sampling scheme*

308 We evaluated two methods for conducting foliage arthropod surveys, visual surveys and beat
309 sheet surveys. In general, the two survey methods yielded very similar results with respect to
310 relative and absolute estimates of arthropod group density based on data collected by trained
311 scientists. As expected, however, each method had its own biases. Flies (Diptera) were
312 underrepresented on beat sheet surveys compared to visual surveys as they tended to fly
313 immediately up and away as soon as a branch was first struck. In contrast, beetles (Coleoptera)
314 were more numerous in beat sheet surveys than visual surveys. Many of the beetles observed in
315 beat sheets were narrow brownish ‘click’ beetles (family Elateridae) which rest flat along twigs.
316 This comparison suggests observers may frequently be overlooking these beetles in visual
317 surveys, although they are quite obvious when lying in a beat sheet. Density estimates for most
318 other groups, including caterpillars, were similar using the two methods. This is interesting given
319 anecdotal observations that some caterpillars, especially those in leaf rolls or sewn between two
320 leaves, are not dislodged by beating, while caterpillars that are extremely cryptic in appearance
321 are more likely to be missed in visual surveys. Although these two groups seemed to be of
322 equivalent abundance such that our two density estimates were comparable, this may not always
323 be the case. Researchers using these data specifically for density estimates will certainly want to
324 take survey method and associated biases into account during analysis, however, phenological
325 metrics of timing which rely on relative, not absolute, indices of abundance should be unbiased.

326

327 Beat sheet surveys yielded stronger agreement between citizen scientists and trained scientists
328 with respect to density estimates and phenology compared to visual surveys. This was especially
329 true for caterpillars: in 2015 citizen scientists entirely missed the mid-June peak in caterpillar
330 occurrence when conducting visual surveys, while the citizen scientists in 2016 documented
331 patterns similar to the trained scientists using beat sheet surveys. The individual citizen scientist
332 participants differed between 2015 and 2016, indicating that this effect is just as likely to be a
333 participant effect as a survey method effect. Anecdotally, one participant in 2015 was notably
334 less engaged and motivated compared to participants in 2016, highlighting the need to further
335 validate the use of visual surveys in this project. Certainly, not all participants would necessarily
336 have missed the caterpillar peak in 2015. Nevertheless, the ideal methodology is one that is
337 robust to variation in participant ability and motivation. The task of detecting arthropods against
338 a white beat sheet is presumably less subject to error than that of detecting arthropods on an
339 often similarly colored branch, and thus we encourage participants to use beat sheets if possible.

340
341 Another advantage of beat sheet surveys in the context of citizen science is the ability to engage
342 and involve younger participants. Although children are not the target participant group for this
343 project, beat sheet surveys require considerably less time and patience than visual surveys, and
344 may be better for youth education programs. Beat sheets are also useful for displaying interesting
345 arthropods to a group, providing an unobstructed view and avoiding the need to have them step
346 up to a branch one at a time. Although constructing a homemade beat sheet is fairly simple and
347 cheap (~\$5 in fabric and hardware), it still represents a potential barrier for participants or
348 environmental education centers with limited resources. For that reason alone, we expect that
349 some will choose to conduct visual surveys. Our comparison of the two methods provides an

350 initial suggestion of how to compare data obtained in each, but conducting this methods
351 comparison in other habitats and regions would be useful. Importantly, density estimates of
352 citizen scientists were within 6% of estimates by trained scientists for both survey methods
353 suggesting that either method can yield data useful for addressing research questions.
354
355 Finally, we examined how variation in sampling intensity and frequency influenced the
356 perceived date of peak caterpillar occurrence. This is an important question because citizen
357 scientist participants have finite time and resources to dedicate to any particular project, and
358 while estimates of phenology become more precise with increased data collection, the number of
359 participants willing to meet those increased data collection requirements will be smaller
360 (Sauermann and Franzoni, 2015). We found that conducting 30 foliage surveys on a weekly basis
361 provided estimates of peak caterpillar occurrence typically within 1 week of the “true” peak, and
362 recommend this level of effort as a best practice. If a greater sampling effort is possible,
363 increasing the number of surveys conducted per sampling date yields a greater increase in
364 precision compared to investing an equivalent amount of effort in increased sampling frequency
365 and so should be preferred. A smaller number of surveys may still be useful in assessing
366 phenology in a qualitative sense (e.g. determining whether it’s an “early” or “late” year), and we
367 will more rigorously evaluate this possibility as we accumulate more years of survey data.
368
369 Because a single foliage survey by an untrained individual conservatively takes about 6 minutes
370 (including sharing observations with others, walking between surveys, etc.), our recommended
371 effort (30 surveys) requires 3 person-hours per week. While some dedicated and interested
372 individuals may participate at this level, they will be in the minority. For this reason, *Caterpillars*

373 *Count!* will be most easily carried out at centralized locations like environmental education
374 centers that frequently host thousands of visitors each season and have groups of dedicated,
375 regular volunteers eager to contribute toward projects at the site. At centers like these, the data
376 collection effort can be divided up among several people such that, for example, a group of 5
377 could conduct 30 surveys in less than forty minutes. In this way, individuals interested in
378 participating for only a single day may still contribute to the project within a discrete amount of
379 time and with the assistance of trained and experienced participants. This distributed effort
380 strategy still requires one individual at the site who can coordinate the efforts of other
381 participants, and our experience at Prairie Ridge Ecostation suggests this will require 2 hours per
382 week once the project is up and running.

383

384 *Sources of error and bias*

385 Data collection for this project involves three potential sources of error in the context of
386 phenology estimation. First, participants must detect arthropods on survey branches or beat
387 sheets. As discussed above, detectability is expected to be a greater problem for visual surveys
388 due to crypsis, although detectability on beat sheets may still be an issue for arthropods that fly,
389 jump, or run out of the sheet before they can be observed. Nevertheless, for detectability to bias
390 phenological signal, it must vary systematically over time. This may be less of an issue for beat
391 sheet surveys, however, the ability to detect insects on branches via visual surveys almost
392 certainly increases with experience. For sites at which the same individual or individuals conduct
393 visual surveys each week, one might expect observations in the first few survey periods to
394 underestimate arthropod occurrence relative to later in the season. Quantifying exactly how
395 arthropod searching ability improves over time will help determine whether this bias is mostly

396 eliminated after a single day of conducting 5-10 surveys, or if it is likely to persist over a longer
397 period. Nevertheless, to the extent that seasonal arthropods decline in late summer (e.g. July for
398 caterpillars at our study sites), this phenomenon should be well captured by observers regardless
399 of any increases in searching competence.

400

401 Second, participants must properly identify arthropods to the appropriate group (Table 1). For
402 groups like caterpillars and spiders, this task will be straightforward. Distinguishing beetles from
403 true bugs and leafhoppers may be more prone to error. We have developed outreach materials
404 including identification keys and cheatsheets to assist participants while they are in the field. We
405 have also developed an arthropod photo identification quiz which is on our website
406 (<http://caterpillarscount.unc.edu/quiz/>). The quiz may be taken repeatedly with different photos
407 of common foliage arthropods each time, and scores are stored in an internal database by user.
408 Thus, we are able to quantitatively assess the ability of participants to identify the focal taxa. The
409 quiz could thus be used both to filter observations from unreliable users, but also to document
410 any increases in identification ability over time. Finally, when conducting surveys via the mobile
411 app, users may optionally photograph the arthropods they encounter, and these photographs get
412 automatically submitted to the crowdsourcing identification website iNaturalist.org. This feature
413 allows those who are interested to pursue lower taxonomic level identification by experts.

414

415 Third, participants must estimate the body length of arthropods to the nearest millimeter.

416 Although much of the US public is less familiar with metric units, having participants calibrate
417 familiar objects like the width of a fingernail or a pencil is fairly straightforward and simple
418 rulers can be drawn on the supports of a beat sheet, or included in the mobile app and arthropod

419 identification guides. Regardless, errors in length estimation will not impact phenology patterns
420 based on occurrence or density. Even in the event that arthropod lengths are used to calculate
421 biomass phenology via length-weight regressions, length estimates are not expected to be biased
422 seasonally in one direction or the other.

423

424 *Incentives for participation*

425 Robust survey protocols are necessary but insufficient for ensuring a citizen science project's
426 success. Equally important are considerations about the motivations and incentives for
427 participating (Hobbs and White, 2012), both from the perspective of potential one-time
428 contributors like weekend visitors to an environmental education center, as well as new potential
429 site coordinators and their regular volunteers. *Caterpillars Count!* provides a context for
430 interested individuals to learn about the natural world around them and to contribute to a broader
431 scientific understanding of arthropod phenology and its consequences in a changing world. The
432 project also provides participants who have affinities to particular *Caterpillars Count!* sites the
433 ability to contribute to something meaningful at that site. We hope the availability of arthropod
434 identification resources, mobile apps for easy data collection, data visualization tools on the
435 project website, and structured learning activities associated with the project will provide
436 additional incentives for environmental educators and others to initiate a *Caterpillars Count!*
437 monitoring scheme.

438

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444

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