

2 **The first set of universal nuclear protein-coding loci markers for avian phylogenetic and**
3 **population genetic studies**

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Yang Liu^{1§}, Simin Liu^{1§}, Chia-Fen Yeh², Nan Zhang¹, Guoling Chen¹, Pinjia Que³, Lu Dong^{3*}, Shou-
6 hsien Li^{2*}

1 State Key Laboratory of Biocontrol, Department of Ecology/School of Life Sciences, Sun Yat-sen
8 University, Guangzhou, 510275, Guangdong, China

2 Department of Life Sciences, National Taiwan Normal University, Taipei, 116, Taiwan, China

10 3 Ministry of Education Key Laboratory for Biodiversity Science and Ecological Engineering, College
of Life Sciences, Beijing Normal University, Beijing, 100875, China

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***Correspondence:** Lu Dong, Email: donglu@bnu.edu.cn

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Shou-hsien Li, Email: t43028@gmail.com

§ These authors equally contributed to this work.

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26 **Abstract**

Multiple nuclear markers provide genetic polymorphism data for molecular systematics and population
28 genetic studies. They are especially required for the coalescent-based analyses that can be used to
accurately estimate species trees and infer population demographic histories. However, in avian
30 evolutionary studies, these powerful coalescent-based methods are hindered by the lack of a sufficient
number of markers. In this study, we designed PCR primers to amplify 136 nuclear protein-coding loci
32 (NPCLs) by scanning the published Red Junglefowl (*Gallus gallus*) and Zebra Finch (*Taeniopygia*
guttata) genomes. To test their utility, we amplified these loci in 41 bird species representing 23 Aves
34 orders. The sixty-three best-performing NPCLs, based on high PCR success rates, were selected which
had various mutation rates and were evenly distributed across 17 avian autosomal chromosomes and
36 the Z chromosome. To test phylogenetic resolving power of these markers, we conducted a Neoavian
phylogenies analysis using 63 concatenated NPCL markers derived from 48 whole genomes of birds.
38 The resulting phylogenetic topology, to a large extent, is congruence with results resolved by previous
whole genome data. To test the level of intraspecific polymorphism in these makers, we examined the
40 genetic diversity in four populations of the Kentish Plover (*Charadrius alexandrinus*) at 17 of NPCL
markers chosen at random. Our results showed that these NPCL markers exhibited a level of
42 polymorphism comparable with mitochondrial loci. Therefore, this set of pan-avian nuclear protein-
coding loci has great potential to facilitate studies in avian phylogenetics and population genetics.

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Although the next generation sequencing technologies have produced sequences data in the
46 unprecedented quantity with relative low cost¹, traditional Sanger sequencing still has its niche in
molecular evolutionary studies: pilot or small scale phylogenetic studies using PCR-based approach are
48 cost-effectively and nearly available for every laboratory, beneficial to design sampling strategy and
built an analysis scheme. By comparing molecular phylogenies based on different sizes of dataset,
50 Rokas et al.² proposed that concatenation of a sufficient number of unlinked genes (>20) can
overwhelm incongruent branches of the Tree of Life (TOL). Furthermore, tracing backwards from
52 multiple genetic polymorphisms to find the most recent common ancestor (MRCA) of a group of
individuals provides a sophisticated approach to clarify phylogenetic relationships among species
54 (species tree approach) and to reconstruct the demographic history of populations^{3,4}. However, the
major drawback of this approach is the PCR performance of primers developed from one species is
56 often unpredictable in the distantly related species; consequently, it is a time and cost consuming
process to evaluate the performance of primers in a previously untested species. Therefore, a set of
58 universal nuclear markers could provide an efficient way to ease this time consuming process. It should
greatly facilitate the use of coalescent-based analyses to answer phylogenetic and population genetic
60 questions⁵.

Nuclear Protein-coding Loci (NPCLs) are exons without flanking introns⁶, and are widely used in
62 interspecific phylogenetic studies (e.g. *RAG1*⁷, *c-myc*^{8,9}). NPCL markers possess favorable properties
including homogeneous base composition, varied evolutionary rates and easy alignment across species
64 or populations^{10,11}. Moreover, orthologous genes can be identified accurately using their annotations
^{12,13}. Several sets of universal NPCL markers had been developed specially for beetles¹⁴, fish¹⁵,
66 reptiles⁶, amphibian and vertebrates^{16,17}. However, there is still no sufficient number of easily

amplifiable NPCL markers that can fulfill the needs of modern coalescent-based analysis for most of
68 bird species. As the most common and species-rich group of terrestrial vertebrates, birds exhibit
tremendous diversity in their phenotypes, ecology, habitats and behaviors¹⁸. So far, a considerable
70 effort has been devoted to resolve the phylogenetic relationships from higher taxonomic categories^{19–21}
to sister species^{22–26}. In addition to phylogenetics, modeling-based approaches using multiple nuclear
72 genes have also shed light on population structure and demographic history and allowed inferences of
selection pressures in non-model organisms^{27–30}. The rapid advance in these sub-disciplines in
74 evolutionary biology always hinges upon proper sampling design and a rigorous statistical approach,
but it also requires data on multiple independent loci with an appropriate level of genetic
76 polymorphism³¹, which allows the application of sophisticated modeling and thus hypothesis testing.

78 Efforts of developing universal PCR primers have facilitated avian phylogenetic and population
genetic studies^{32–34}. For example, Dawson et al.³⁵ developed a set of microsatellite markers with high
80 cross-species utility, suitable for paternity and population studies. Backström et al.³⁶ developed more
than 200 exons flanking introns, which were evenly distributed throughout the avian genome.
82 However, a variable number of indels (insertions and deletions) in the intron complicate the subsequent
amplification, sequencing and alignment of these exons. Conserved and easily aligned exonic regions
84 are ideal alternatives to compensate for resolving power for phylogenetic reconstruction¹³. Kimball et
al.³⁷ tested the utility of 36 published markers on 42–199 bird species with only five exonic markers
86 therein. Kerr et al.³⁸ developed 100 exonic markers from five avian genomes, and finally tested a subset
of 25 markers in 12 avian orders. The quantity of NPCL markers is far from adequate as exon length
88 should be longer than intron sequences to yield sufficient phylogenetic resolution³⁹. Using a small

number of universal NPCL markers could increase the probability of error when estimating species
90 relationships due to the conflict of gene tree topologies. To overcome the problem, it has been
advocated to use more genes with longer sequences⁴⁰. However, some obstacles have hindered the
92 development of universal NPCL markers. Firstly, widespread flanking introns make the identification
of the exon boundaries of a specific NPCL marker difficult⁶. Secondly, multiple nuclear loci are
94 required to be distributed evenly and widely across the whole genome in order to indicate a variety of
historical signals. And finally, low-cost and easy amplification are important requisites. The
96 development of a universal set of NPCL markers for birds should significantly reduce the time required
for future research as well as its cost, and facilitate the application of coalescent-based methods in
98 avian evolutionary studies.

In this study, we aimed to develop a set of avian universal NPCL markers that can be widely
100 utilized in avian phylogenetic and population genetic studies. By comparing the published genomes of
the Red Junglefowl (*Gallus gallus*) and the Zebra Finch (*Taeniopygia guttata*), we designed 136 pairs
102 of NPCL primers and amplified them in 41 species representing 23 avian orders to check their
versatility. To test the resolving power of these markers, we further constructed a phylogenetic tree and
104 estimated mutation rates by extracting universal NPCLs from 48 published avian genomes⁴¹. Moreover,
samples from four populations of the Kentish Plover (*Charadrius alexandrinus*) were also amplified to
106 estimate the intra-specific polymorphic level of these universal NPCLs.

108 **Results**

Pan-avian order amplifications of the novel NPCLs

110 The genome alignment and BLAST procedures resulted in 136 NPCL candidates, which were broadly
distributed across 24 autosomal chromosomes and the Z chromosome of the Zebra Finch genome.
112 Their original fragment length ranged from 815bp to 7176bp (Supplementary Table S1). We thus
nominated each NPCL marker using abbreviation of the associated protein-coding regions according to
114 gene annotation of Zebra Finch (Supplementary Table S1). More than one primer pairs were conducted
for each NPCL marker candidate, and we finally chose the pair of PCR markers with the highest score
116 denoting the level of conservatism between Zebra Finch and Red Junglefowl genomes.

In total, 5,146 PCRs were performed to amplify the 136 NPCLs in 41 species representing 23
118 avian orders (Fig. 1A). Among them, 2,875 (55.9%) of PCR performances produced a target band
(Supplementary Table S3). For the 136 candidates, we successfully amplified 12 NPCLs in all 23
120 orders, with 100% PCR success rate (PSR). Sixty three of the 136 candidate NPCL markers had a
relatively good overall PCR performance ($PSR \geq 80\%$) (Fig. 2A); all of them were successfully
122 amplified in *Caprimulgiformes* and *Gruiformes*, and the PSR ranged from 65% to 97% in other orders
(Fig. 1B, Supplementary Table S3). This set of 63 universal avian nuclear markers was distributed
124 across 17 autosomal chromosomes and the Z chromosome (Fig. 3).

126 *Interspecific mutation rate and phylogenetic construction of the 63 universal NPCLs*

The genome-based BLAST results showed that the widely used genetic markers, cytochrome *b* (*cyt b*)
128 of mitochondrial DNA(mtDNA) and *RAG1*, an extensively used nuclear gene^{42,43} were located in all 48
published genomes⁴¹. For the newly developed NPCLs, we located 56 loci across all 48 avian genomes.
130 Among the remaining seven NPCLs, six of them were located in 47 genomes and two missing data
recorded at the locus *FUT10*. Combined, BLAST results confirmed the set of 63 universal NPCL

132 markers were orthologous among these 48 species (Supplementary Table S4) and the resulting
concatenated matrix with sequences of approximately 96 kb was obtained.

134 The range of the estimated mutation rates for the universal avian NPCLs is broad; it ranged from
0.0997 to 0.7317×10^{-8} per site per million years (Fig. 2B). Among these 63 NPCLs, the mutation rates
136 of 27 were slower than the mutation rate of *RAG1*, whilst the other 36 NPCLs were faster. All NPCLs
showed a slower mutation rate than that of the mitochondrial *cyt b*.

138 We constructed a Maximum Likelihood (ML) tree based on 63 concatenated NPCLs from 48
species, representing 34 orders of extant birds (Fig. 4). The resulting topology is largely similar with
140 the recent phylogenomic studies^{41,44,45}. Neoaves and Galloanseres, which united in the infraclass
Neognathae, as well as Palaeognathae were three major groups with highest bootstrap support (100%).
142 Among Neoaves group, two major clades, core landbirds (Telluraves) and core waterbirds
(Aequornithia) were strongly supported by whole-genome data⁴¹ and 259 independent nuclear loci⁴⁴.
144 Within core landbirds, the clade containing Passerimorphae (Passeriformes + parrots), Falconiformes
(falcons), Cariamiformes (seriemas) is sister to Craciimorphae (bee-eaters + woodpeckers + hornbills +
146 trogons + cuckoo-roller + mousebirds), which is paraphyletic to Strigiformes (owls) and its sister clade
Accipitrimorphae (eagles + New World vultures). Within core waterbirds, Pelecanimorphae (pelicans +
148 herons + ibises+cormorants) and Procellariimorphae (fulmars + penguins) are two monophyletic groups,
sister to Gaviimorphae (loons). Other clades such as Phoenicopterimorphae (flamingos + grebes),
150 Otidimorphae (bustards + turacos + cuckoos), Caprimulgimorphae (hummingbirds + swifts + nightjars)
and Phaethontimorphae (tropicbirds + sunbitterns) are identical with previous studies^{41,45,46}. However,
152 we also found discordances between this phylogenetic tree and previous results^{41,44-46}, specifically in
some branches with conflict placements with low support. For example, Columbiformes (doves),

154 Pterocliiformes (sandgrouses) and Mesitornithiformes (mesites) are not clustered into Columbimorphae.

The placement of Charadriiformes (plovers), Gruiformes (cranes) and Opisthocomiformes (hoatzins)

156 are incongruence with Jarvis et al⁴¹, respectively.

158 *Intraspecific polymorphism of 17 randomly selected NPCL markers*

A total of 12,420bp DNA sequences, including 11,196bp of 17 NPCLs and 1,224bp of two

160 mitochondrial loci were sequenced in 40 samples representing four populations of the Kentish Plover.

The NPCL markers showed varied degrees of polymorphism, with the exception of locus *KBTD8*

162 (Fig. 5). There were 10 polymorphic sites in loci *BIRC2* and *FMN2*, while there were only 1-6

polymorphic sites in other loci. Correspondingly, *BIRC2* and *FMN2* possessed the highest values of

164 haplotype and nucleotide diversity (mean Hd = 0.84 and 0.92, mean π = 0.0047 and 0.0040,

respectively). In contrast, a mitochondrial gene *ND3* had only one polymorphic site, yielding a low

166 haplotype (mean Hd = 0.36) and nucleotide diversity (mean π = 0.0009). When we combined the results

on interspecific mutation rates and intraspecific polymorphism, we found that the inter- and

168 intraspecific genetic diversity of our gene markers were incongruent; although the estimated mutation

rates at the study NPCLs were all much lower than that of mitochondrial gene *cyt b*, the intraspecific

170 polymorphism at nine NPCL markers was higher than that of two mitochondrial genes.

The genetic polymorphism parameters varied greatly, not only among genes, but among

172 populations as well. For example, the Hd value of the *MAML3* gene was lowest in the Taiwan

population (Hd = 0.51) and highest in the Qinghai population (Hd = 0.88). The measure for nucleotide

174 diversity, π of the *NCOA6* gene was lowest in the Taiwan population (π = 1.59) and highest in the

Guangxi population (π = 3.81). Detailed information on measures from each population is available in

176 Supplementary Table S5. The HKA test suggested no departure from the neutral expectation for any of
the 17 NPCL markers. Similarly, the test of Tajima's D showed that none of the 17 NPCL markers
178 deviated significantly from neutrality (Supplementary Table S5).

180 **Discussion**

We developed a set of 63 avian universal NPCL markers with diverse mutation rates and levels of
182 intraspecific polymorphism. Our results showed that the 63 NPCL markers were successfully amplified
in most of the species tested, representing 23 extant orders across major lineages of the avian tree of
184 life (PCR success rate >80%), and denoted different levels of inter- and intraspecific polymorphism.
Therefore, our NPCL set will provide a highly versatile genetic toolkit for a broad range of molecular
186 phylogenetic and ecological applications. Moreover, the genetic marker system we provide here is
cheap and easy to apply. Any molecular laboratories that are capable of performing PCRs can adopt
188 our marker system effortlessly. Hence, this novel set of universal NPCL markers has great potential to
be widely applied in evolutionary biology studies in birds.

190 Inherited from different chromosomes, concatenation of nuclear markers contribute multiple
independent estimates to species trees^{47,48}, in order to alleviate the node conflicts of gene trees caused
192 by incomplete lineage sorting, horizontal gene transfer, inconsistent evolutionary rates, gene
duplication and/or gene loss and so on^{49,50}. We constructed an avian phylogenetic tree using
194 concatenation of 63 NPCLs across 18 chromosomes from 48 genomes. The result is largely similar
with previous phylogenomic works using different data types like multiple nuclear loci^{41,44}, introns²⁰,
196 ultraconserved elements (UCEs)^{46,51} and retroposon presence/absence matrix⁴⁵. The congruent parts of
topology reveal multiple cluster clades, such as Telluraves (core landbirds), Aequornithes (core

198 waterbirds) and Phoenicopterimorphae, Otidimorphae, Caprimulgimorphae and Phaethontimorphae.
We also find some unresolved placements comparing with Jarvis et al⁴¹. These include Columbiformes
200 (doves), Pterocliiformes (sandgrouses), Mesitornithiformes (mesites), Charadriiformes (plovers) and
Gruiformes (cranes), which exhibits hard polytomies in the avian tree of life. Though recent efforts in
202 avian phylogenomic studies using whole-genome⁴¹ or genome-level data⁴⁴, irresolvable relationships
have been found in some clades^{41,44-46}. Suh et al.⁴⁵ investigated the causes of phylogenetic
204 irresolvabilities and concluded that such phylogenetic discordances were originated from prevalent
ancestral polymorphism denoted by incomplete lineage sorting (ILS)⁵², which is probably associated
206 with an initial near-K-Pg super-radiation⁴¹ in Neoaves. Unlike the two other main radiations that gave
rise to the core waterbirds and core landbirds clades, the massive near-K-Pg super-radiation in
208 Neoaves, containing several unresolved lineages, leads extreme ILS and associated network-like
phylogenetic relationships⁴⁵⁻⁴⁶. On one hand, again, the topology reconstructed by the present set of
210 universal NPCL markers captures these patterns, and suggests hard polytomies due to biological
limitation of phylogenetic methods. On the other hand, it implies that our NPCL markers have
212 sufficient polymorphism to resolve phylogenetic relationships among lineages with less ILS in
Neoaves.

214 We also found that this set of novel NPCL markers has the potential to be applied in population
genetic studies, in which researchers usually prefer to use abundant markers with high mutation rates.
216 For example, microsatellites were developed for specific species or orders to detect differences in
genotypes and further to quantify intraspecific genetic diversity^{35,53,54}. But introns like microsatellites
218 have high levels of length homoplasy⁵⁵. It is commonly assumed that NPCLs are conservative loci,
highly suitable to address questions concerning high-level systematics⁴⁰. However, some population

220 genetic studies highlight the importance of using functional exonic SNPs in population genetic
studies^{11,56}, comparing to neutral markers (such as microsatellite and mitochondrial DNA). Datasets
222 that contain numbers of several to more than 100 exon genes^{51,57} can support accurate and reliable
estimates of population genetic parameters^{55,58}, and have a substantial power in population genetic
224 analysis^{5,40,50,59}. Studying 17 NPCL markers in the Kentish Plover, we found that sixteen had low to
moderate levels of intraspecific polymorphism and nine of them showed higher genetic diversity than
226 mitochondrial genes in this study. Although a previous study showed a low level of genetic
differentiation across Eurasian populations⁶⁰, this species exhibits variability in morphology and
228 behavior among and within populations in East Asia⁶¹, warranting further coalescent-based analysis of
their evolutionary history. This dataset provides sufficient information to study population genetics in
230 the Kentish Plover in East Asia.

In order to infer correct phylogenetic relationships in different taxonomic levels, it is essential to
232 choose unlinked genes with different mutation rates⁶². Our novel set of NPCL markers offer a wide
range of mutation rates. The comparisons of mutation rates between the new NPCL markers with
234 commonly used nuclear loci *RAG1*⁷ and some loci at mtDNA⁶³ provide a reference for marker choice
(Figure 2B, 5). In principal, it is advisable to use markers with slow mutation rates to resolve deep
236 nodes and fast mutation rates to population genetic studies. Moreover, coalescent theory is widely used
to estimate species tree and population demographic parameters, such as divergence times^{64,65} and
238 effective population sizes (N_e)⁵⁹. The associated analyses, such as species-tree estimation, e.g. MP-
EST⁶⁶, *BEAST⁶⁷, BP&P⁶⁸, and demographic analysis, such as Isolation with Migration (IM)
240 model^{69,70} and Approximate Bayesian Computation (ABC) simulations⁵⁹ require multiple independent
loci with different demographic histories and mutation rates. In this regard, markers from different

242 genomic segments, such as introns (developed previously³⁵⁻³⁷) and exons we developed are preferred to
combine and to be used. It is no doubt that the present marker set is a useful resource to generate
244 multilocus datasets for avian evolutionary studies in different taxonomic levels. In fact some studies
have used these novel NPCL markers to apply the aforementioned analyses^{25,30}.

246 Compared with traditional Sanger sequencing, the fast development of next generation
sequencing (NGS) techniques has enabled researchers to obtain genetic polymorphisms easily⁷¹. For
248 example, Jarvis et al.⁴¹ performed a highly resolved phylogenetic tree of 48 species using
phylogenomic methods, and Prum et al.⁴⁴ conducted a comprehensive phylogeny of 198 species within
250 the Neoaves, which diversified very quickly, using genome-scale data by targeted NGS. Multilocus
methods do not use as much as genomic data. However, we consider that this set of universal NPCL
252 markers has its niche in avian molecular studies. Sanger sequencing technique of NPCL markers is less
sensitive to the quality of template DNA like sequence capture approach than other genomic
254 approaches. Degraded DNA or a small quantity of DNA is also workable, like feather and museum
samples. It is always a tradeoff between template DNA quality and PCR product length. With the novel
256 NPCL markers, we aimed to amplify a fragment of 700-1200 bp sequence of each locus. Hence they
should be applicable to avian blood, tissue and feathers. Moreover, a thorough analysis pipeline for
258 traditional PCR-based method is available, supported by a series of visualized operating software, e.g.
MEGA, DNASTAR, DnaSP, BEAST and etc., which are widely used in molecular phylogenetic
260 analysis. Processing genomic data always places high demands on bioinformatics and computational
power⁷². High-quality samples for NGS, project budget, bioinformatic facilities are not available to all
262 laboratory. It is still useful and necessary to align orthologous sequences across multiple hierarchical
levels using NPCL markers, especially for a pilot or small scale study.

264 However, there are some limitations when using this set of universal NPCL markers. Firstly,
PCR performances were simultaneously tested under a unified protocol (e.g. $T_m=50^\circ\text{C}$), so that the
266 PSR of each NPCL marker might be underestimated. Reducing the annealing temperature by $1\sim 2^\circ\text{C}$
would improve the success rate in practice. There is also the possibility that PCR produced target
268 sequences but also non-specific amplicons. We could slightly raise the annealing temperature to
increase specificity or perform extra steps including gel purification and cloning. Furthermore, the
270 interspecific polymorphic parameters of the 17 NPCL markers are reference values for Kentish plovers.
Different evolutionary forces, such as genetic drift or natural selection, can act on different regions of
272 the genome, causing a various evolutionary rates and demographic histories in different species⁷³.
Thus, different combinations of markers are important for specific questions. For example, NPCL
274 markers on the Z chromosome could be selected to solve questions involving sexual selection and mate
choice. There is also a trade-off between the number of markers and time- and cost-efficiency. In avian
276 phylogenetic analysis, random errors can be reduced by employing more markers, whilst, as a
consequence of this procedure, systemic errors would increase due to differences in nucleotide
278 composition and various mutation rates⁷⁴. Kimball et al. proposed that adopting various analytical
methods might overcome these adverse effects⁷⁵.

280 In conclusion, we have developed 63 avian universal NPCL markers, evenly distributed across 17
autosome chromosomes and the Z chromosome. This set of universal NPCL markers had high PCR
282 success rates (PSR>80%) in 23 avian orders. Its wide range of mutation rates are suitable to resolve
phylogenetic relationships at both low and high-level. Furthermore, various intraspecific polymorphisms
284 are potentially useful to provide deep-level divergence and demographic information for population
genetics. Though high-throughput genetic polymorphism data from next generation sequencing

286 undoubtedly provide a more comprehensive vision for avian evolutionary history and genomic patterns,
we believe that this set of exonic markers provides a relatively reliable and repeatable solution and could
288 have widespread application in phylogenetic and population genetics studies.

290 **Methods**

Development of NPCL markers and primer design

292 To screen NPCL marker candidates, we aligned parts of the genome of two species with a distant
phylogenetic relationship⁷⁶, the Red Junglefowl (GCA_000002315) and the Zebra Finch
294 (GCA_000151805). Firstly we identified long (>600bp) single-copy exons within the genome of the
Zebra Finch and took these exons as templates. Then we aligned them with the genome of the Red
296 Junglefowl using BLAST (Basic Local Alignment Search Tool). We assumed that query sequences of
the Red Junglefowl with identity more than 80% and length more than 50% of templates length were
298 orthologous exons and employed them as NPCL marker candidates.

We used the program Primer3⁷⁷ to design the primers for NPCL marker candidates. We selected
300 exon sequences of Zebra Finch as templates, focusing on High-scoring Segment Pairs region (700-
1200bp). For each primer pair, the oligomer ranged from 18bp to 25bp and GC content ranged from
302 20% to 80%. Furthermore, we tested a single primer for self-complementarity by setting
complementarity score to less than 6.00, so as to predict the tendency of primers to anneal to each other
304 without necessarily causing self-priming in the PCR. Complementarity 3' score was set as default (<
3.00) to test the complementarity between left and right primers.

306

Tests on the universality of the NPCL markers

308 To test the amplification performance of these new NPCL markers, we selected 41 species of 23
representative Aves orders (Supplementary Table S2). We used a set of 10000 trees with 9993
310 operational taxonomic unites (OTUs) downloaded from <http://birdtree.org/> to demonstrate the
phylogenetic relationships among selected species¹⁸.

312 Total genomic DNA was extracted from ethanol-preserved muscle tissue or blood using a
TIANamp Genomic DNA kit (TIANGEN, China) and stored at 4°C. DNA concentration and purity
314 were estimated by NanoDrop 2000 (Thermo Scientific, USA). We used Touchdown PCR (TD-PCR)⁷⁸,
an improved standard PCR to test the utility of primers sensitively, by decreasing the annealing
316 temperature 1°C/cycle from T_m+10°C to T_m (Melting Temperature). The Touchdown PCR was
performed in a Veriti96 PCR thermal cycler system (ABI, USA) using a 10µl reaction containing 2µl
318 template DNA (10-70ng totally), with mixed concentrations of 10×PCR buffer, 20µM dNTP, 10mM of
each forward and reverse primer, and 5U Taq polymerase (Takara, China). The initial temperature
320 profile was 2 min at 94°C, 10 cycles at 94°C for 30s, 60-50°C (decreasing the annealing temperature by
1°C per cycle) for 30s and 72°C for 90s followed by 30 similar cycles but with a constant temperature
322 of 50°C. This process was concluded with an extra elongation step at 72°C for 10 min. A successful
amplification was recorded if a single clear band (target locus) was observable under ultraviolet light
324 after being isolated on a 1% TAE agarose gel at 120V for 30 min.

326 *Estimation of inter-species mutation rates and Construction of Neoavian phylogeny*

We downloaded 48 avian genomes covering all orders of Neoaves⁴¹. Sixty-five gene sequences,
328 including the 63 universal NPCLs and two frequently-used genes (*RAG1*, and mitochondrial
cytochrome *b* (*cyt b*)) as control, were retrieved and aligned in these genomes against genes in Zebra

330 Finch (abbreviation as *Tgu1*) using BLAST. These sequences were extracted and filtered in batches by
own-developed Perl script in the Tianhe-2 server (School of Advanced Computing, Sun Yat-sen
332 University). Because of different genome sequence format, the script was unable to retrieve sequences
in four species, i.e. *Anas platyrhynchos*, *Gallus gallus*, *Meleagris gallopavo* and *Melopsittacus*
334 *undulates*⁴¹. Hence, we manually searched and obtained orthologues of the four species using BLAST
tool on the website <https://blast.ncbi.nlm.nih.gov/Blast.cgi>. We further aligned the obtained NPCL
336 orthologous sequences using MEGA v6.0⁷⁹.

To estimate the mutation rate of each gene, we firstly computed the overall mean genetic distance
338 at each NPCL marker in MEGA v6.0 with 1000 bootstrap replicates. Then we calculated the ratio of
genetic distance between each NPCL and *cyt b*. Finally, we multiplied the ratio by the average mutation
340 rate in the *cyt b* (0.01035 mutations per site per million years)⁸⁰ to get the average mutation rate of each
NPCL⁸¹.

342 To construct the phylogenetic relationship of Neoavian birds in order level, we concatenated all
NPCL sequences and reconstructed the maximum likelihood tree by RAxML v8.2.1⁸², with GTRCAT
344 model and 1,000 bootstrap runs. Maximum-likelihood-bootstrap proportions $\geq 70\%$ were considered
strong support⁸³.

346

Intra-species polymorphism measurements

348 We amplified 17 random NPCLs in 40 Kentish Plover (*Charadrius alexandrinus*) blood samples from
live-trapped birds in a noninvasive manner. To compare our data with previous genetic analyses on
350 European populations of the Kentish Plover⁸⁴ and compare the degree of polymorphism between
nuclear and mtDNA, we added two mtDNA loci, ATPase subunit six concatenated with partial ATPase

352 subunit 8 (*ATPase6/8*) and NADH dehydrogenase subunit 3 (*ND3*). Blood samples were collected from
four breeding populations of plovers, Guangxi (GX), Qinghai (QH), Hebei (HB) and Taiwan (TW)
354 (Table S2). The same protocol for DNA extraction and PCR amplification was followed as above, and
the products were sequenced on ABI3730XL (Applied Biosystems, USA) by Beijing Genomics
356 Institute (BGI, China).

Both strands of the amplicons were assembled, and the heterozygosity of nuclear genes was
358 detected using SeqMan v7.1.0.44⁸⁵. Some parameters of the DNA polymorphism, the number of
polymorphic sites (*S*) and haplotypes (*H*), haplotype diversity (*Hd*), and nucleotide diversity (π) were
360 calculated using DnaSP v5.0⁸⁶. The neutrality of each locus was tested using the Hudson-Kreitman-
Aguade (HKA) test⁸⁷ and Tajima's *D*⁸⁸ implemented in DnaSP v5.0.

362

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376

Author contributions statement

378 Y.L., SH.L. and D.L. designed this study. CF. Y. and N.Z. carried out the primer design and BLAST
procedures. GL.C. and PJ.Q. provided materials and technical support in the lab. SM.L. completed wet

380 lab experiments, analyzed the data and wrote the manuscript with Y.L.

382 **Competing interests**

The author declare no competing interests.

384

386 **References**

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588 **Figure caption**

590 **Figure 1. PCR performance for the 136 NPCL marker candidates in 23 avian orders.** (A) Genetic relationships among our experimental samples. 41 species are highlighted in different colors representing 23 avian orders widely distributed in the avian phylogenetic tree. (B) PCR performance for 136 NPCL marker candidates. Each square represents a PCR result. Success is shown in black and failure in white. 430 of 5146 reactions that could not be produced due to a paucity of DNA are shown in grey. The gene name and PCR success rate of each NPCL marker are indicated to the left. The success rate of each avian order is indicated at the bottom of the matrix of 63 universal NPCL markers.

598 **Figure 2. PCR success rate distribution for the 136 NPCL marker candidates and mutation rates for the 63 universal NPCL markers.** (A) PCR success rate distribution for 136 candidates in 23 avian orders. The 63 NPCL markers with PCR success rates higher than 80% are shown in black; other loci with PCR success rates below 80% (in grey) were excluded from the subsequent analysis. The number above each bar shows the number of NPCL marker candidates. (B) Mutation and success rates for the 63 universal NPCL markers. The markers were sorted according to estimated mutation rates (bars in black) from low to high. The number on the right of each bar is the mutation rate of each NPCL marker. PCR success rates are shown underneath (bars in grey). The mutation rates of widely-used NPCL *RAG1* (in green) and mitochondrial gene *cyt b* (in blue) were selected as references.

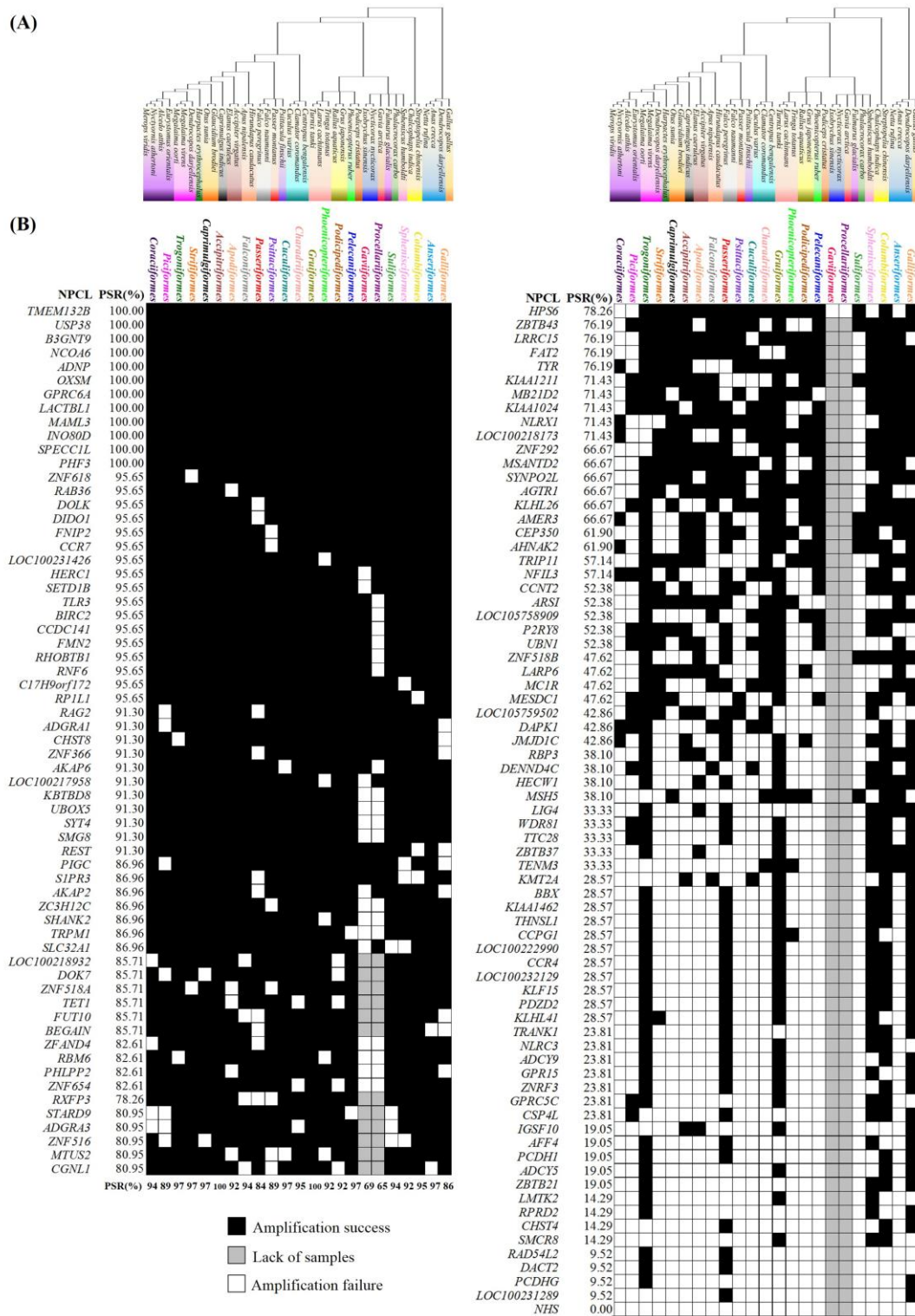
608 **Figure 3. Chromosome mapping of the 63 avian universal NPCL markers in the genome of Zebra Finch (*Taeniopygia guttata*).** The 63 universal NPCL markers with more than 80% PCR success rate were widely distributed in 17 autosomal chromosomes and the Z chromosome.

612 **Figure 4. Phylogenetic analysis of Neoaves using 63 NPCLs from 48 bird species.** The names of species are abbreviated (refer to supplementary Table S4), representing 30 orders of Neoavian birds. Superorders are labelled on the nodes as classification in previous study⁴¹ using genomic data. Bootstrap support over 70% are indicated above nodes.

616

Figure 5. Polymorphism at 17 avian universal NPCL markers and two mitochondrial loci in four
618 **populations of Kentish Plover (*Charadrius alexandrinus*).** Markers were sorted according to their
level of polymorphisms, from low to high. Gene names can be found at the bottom of the three box
620 plots. Mitochondrial genes (in blue) were selected as references (A) Average number of nucleotide
sites ranging from 0 to 10. (B) Haplotype diversity ranging from 0 to 0.97. (C) Nucleotide diversity
622 ranging from 0 to 5.59.

624 **Figure 1**



626

628

Figure 2

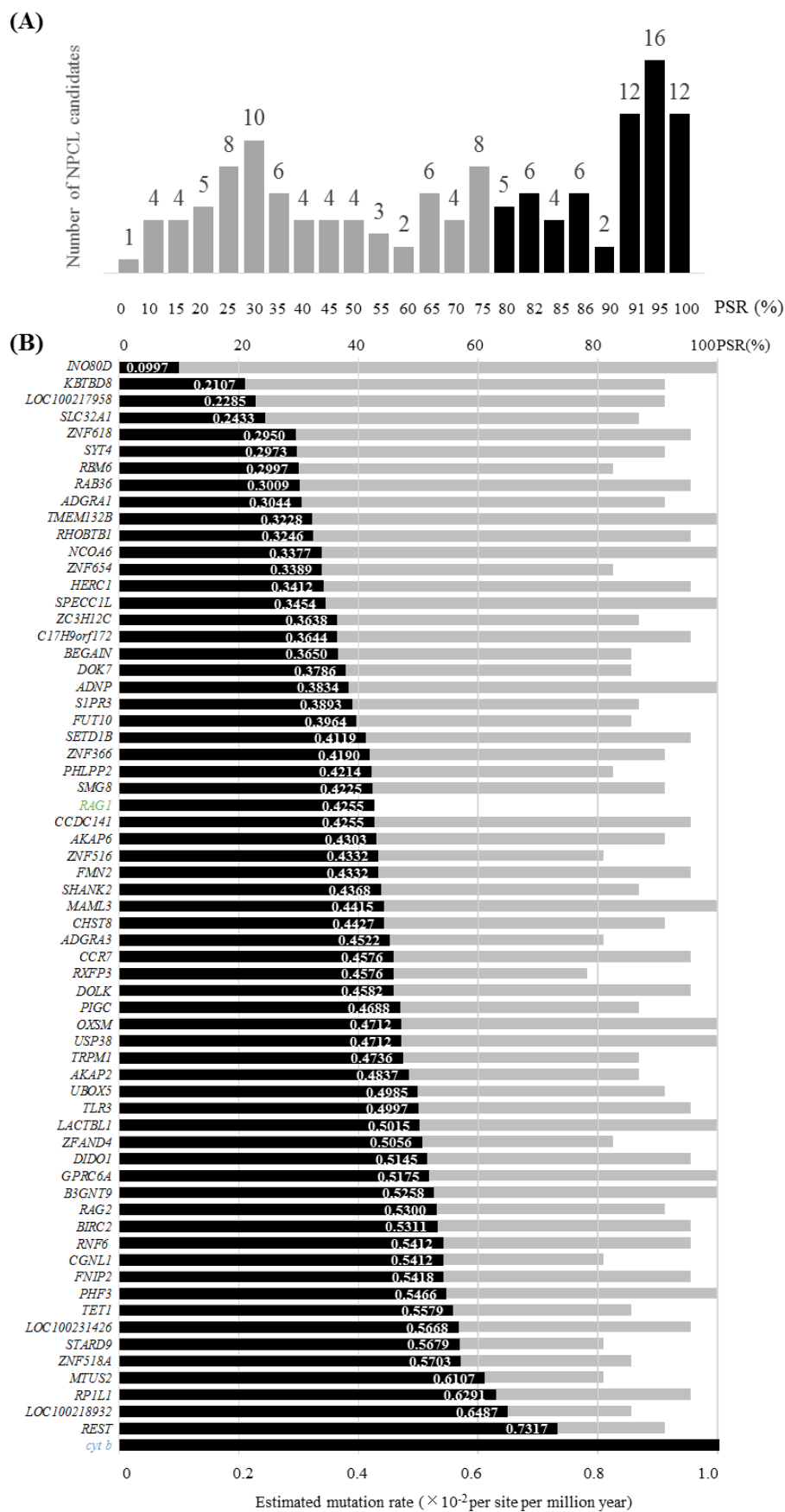


Figure 3

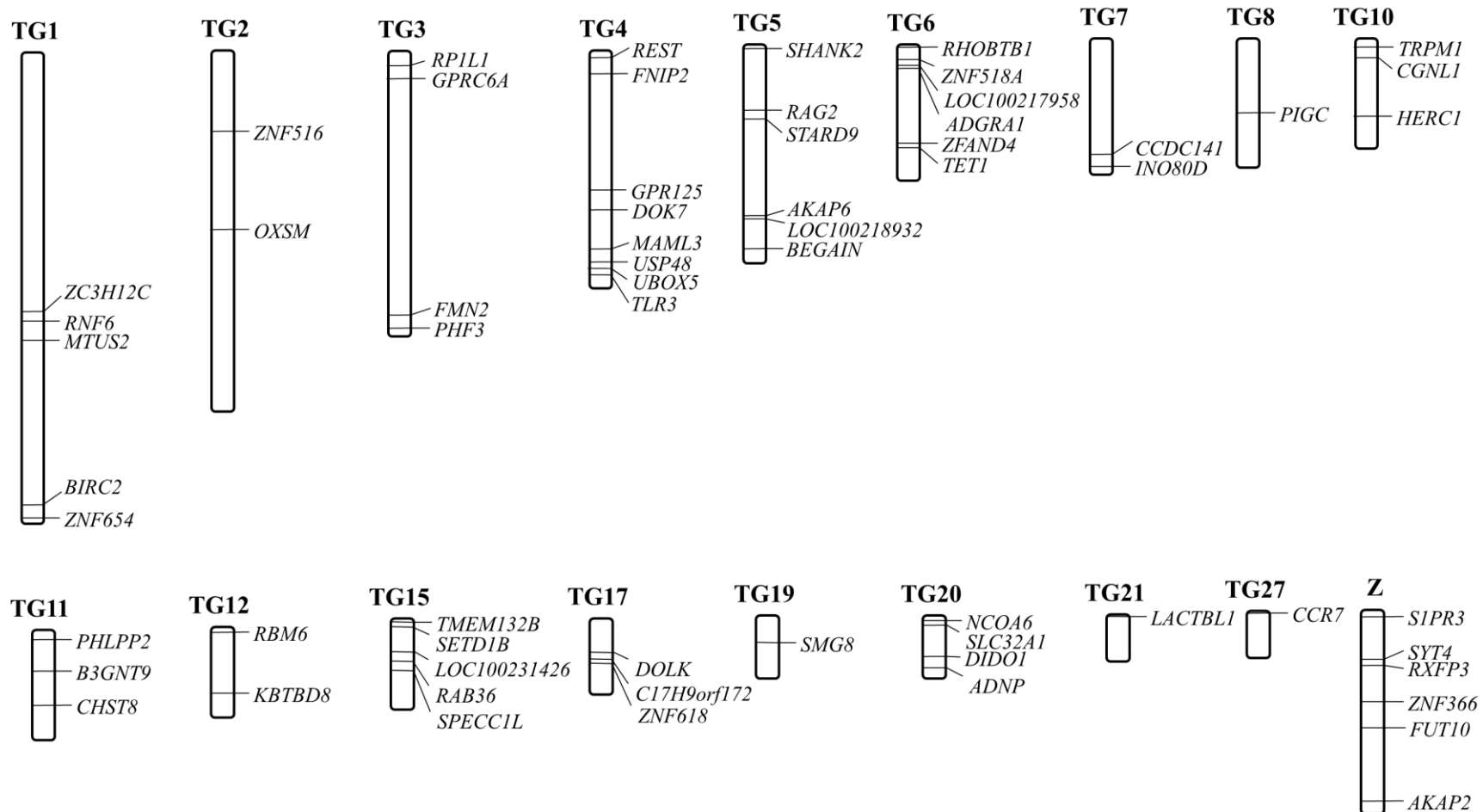


Figure 4

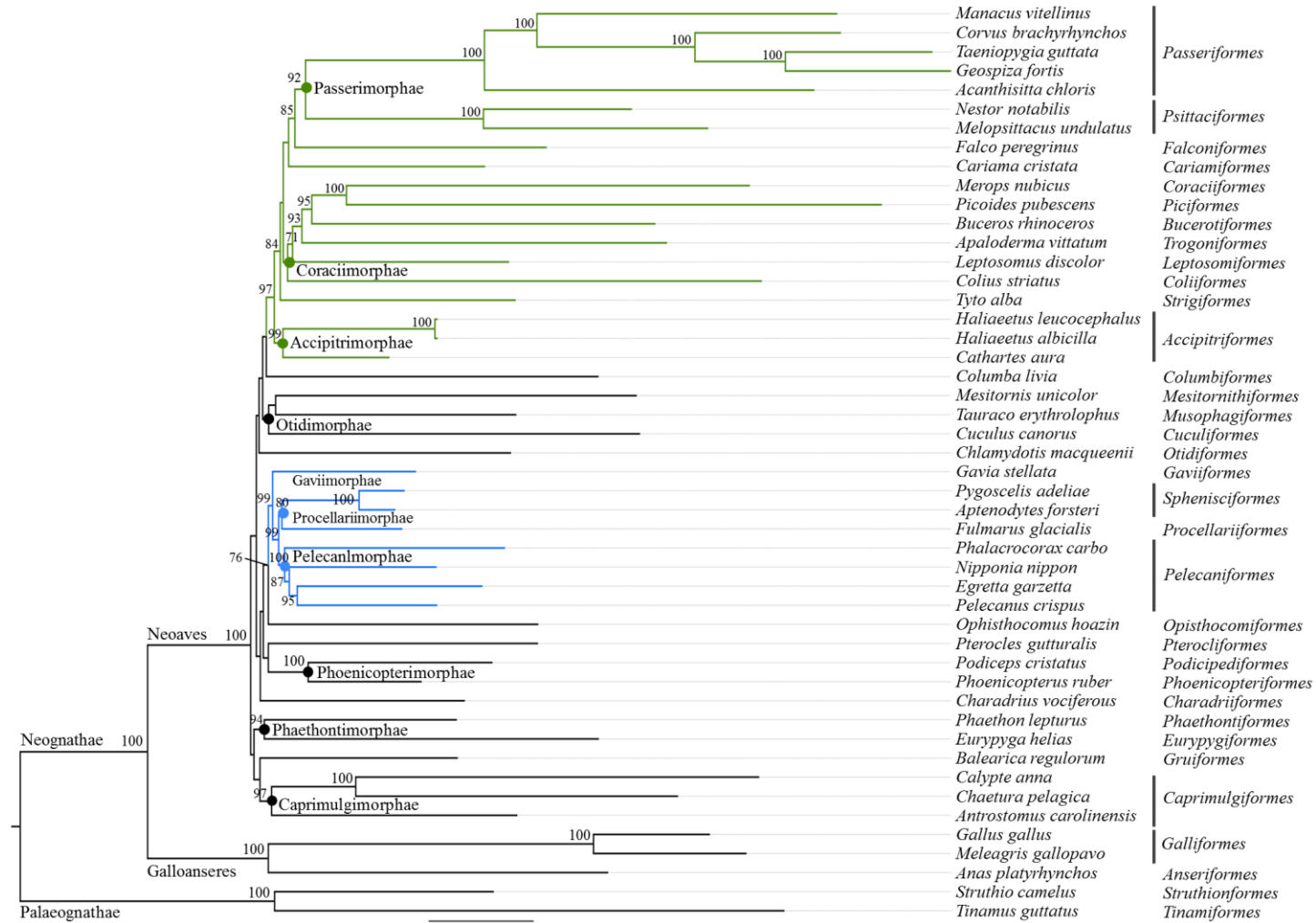
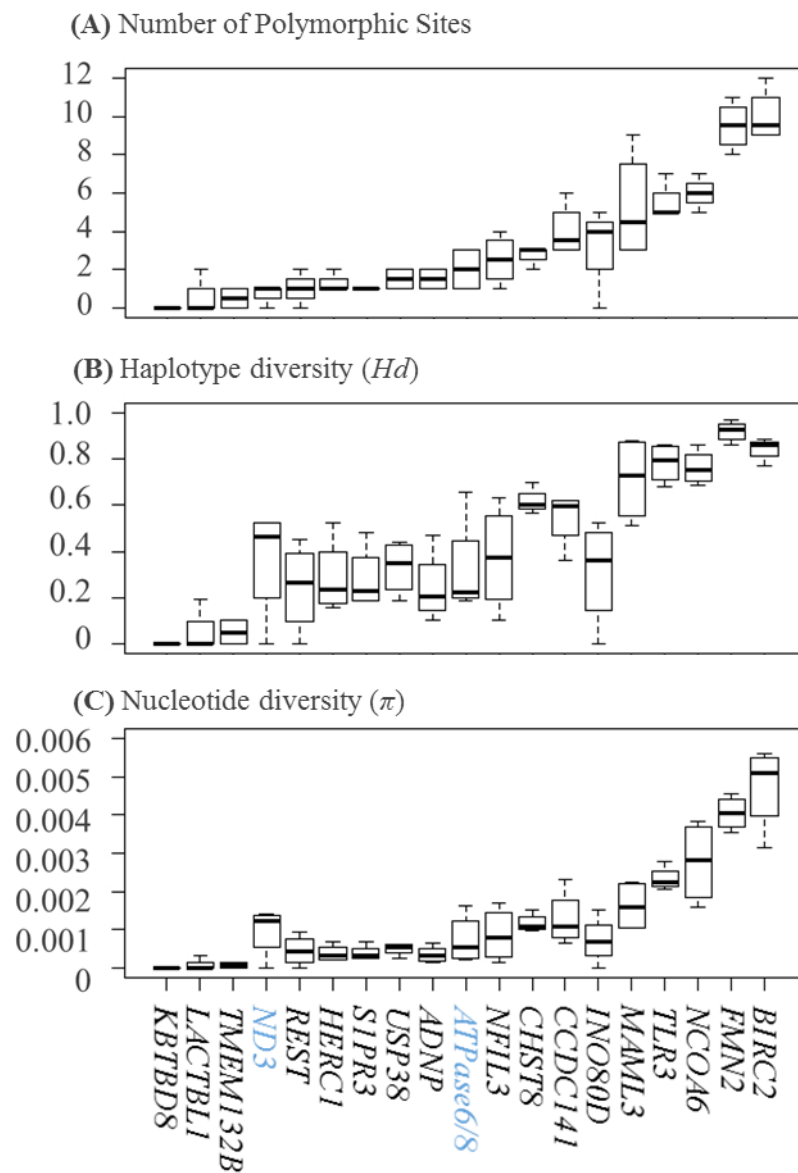


Figure 5



636