The Shape of the Ribosome Exit Tunnel Affects

Cotranslational Protein Folding

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Abstract

The *Escherichia coli* ribosome exit tunnel can accommodate small folded

proteins, while larger ones tend to fold outside. It remains unclear, however, to

what extent the geometry of the tunnel influences protein folding. Here, using

ribosomes with deletions in proteins uL23 and uL24, we investigate how tunnel

geometry determines where proteins of different sizes fold. We find that a 29-

residue zinc-finger domain folding close to the uL23 loop in wildtype ribosomes

folds deeper in the tunnel in uL23 Δloop (but not in uL24 Δloop) ribosomes,

while two ~100-residue domains that fold close to the uL24 loop near the tunnel

exit in wildtype ribosomes fold at deeper locations in uL24 Δloop (but not in

uL23 Δloop) ribosomes. These results provide strong support to the idea that

cotranslational folding commences once a protein domain reaches a location in

the exit tunnel where there is sufficient space to house the folded structure.

Introduction

A large fraction of cellular proteins likely start to fold cotranslationally in the ~100 Å long exit tunnel in the ribosomal large subunit (1-3), before they emerge into the cytosolic environment. In bacterial ribosomes, portions of the 23S rRNA and a few universally conserved proteins line the exit tunnel, Fig. 1a. The tunnel proteins uL4, uL22, and uL23 consist of globular domains that are buried within the rRNA, and β-hairpin loops that protrude into the tunnel (4). These loops help stabilize the tertiary structure of 23S rRNA (5) and contribute towards the unique geometry of the tunnel (2, 6, 7). uL24 and uL29 are located near the end of the tunnel, and a hairpin loop in uL24 partially obstructs the tunnel exit.

Inspired by our observations that the small ADR1a domain folds deep within the exit tunnel (8-10) while the larger titin and spectrin domains fold in the mouth of the tunnel (11, 12), we now ask what role the geometry of the exit tunnel plays in determining where these domains fold. To explore this question, we employ the same arrest peptide-based approach used in our previous studies of cotranslational protein folding (8, 11), but with ribosomes that carry deletions in either the uL23 or the uL24 loop. Our findings provide strong evidence that the tunnel geometry determines where in the tunnel a protein starts to fold.

Results and Discussion

The folding assay

Our experimental set-up, Fig. 1b, exploits the ability of the SecM translational arrest peptide (AP) (13) to act as a force sensor (14-16), making it possible to detect the folding of protein domains in the exit tunnel (8, 16). In brief, the domain to be studied is cloned, via a linker, to the AP, L residues away from its

terminal proline. The AP is followed by a C-terminal tail, to ensure that arrested

(*A*) nascent chains can be separated from full-length (*FL*) chains by SDS-PAGE.

Constructs with different *L* are translated in the PURE *in vitro* translation system

(17), and the fraction full-length protein (f_{FL}) is determined for each *L*. For

linkers that, when stretched, are long enough to allow the protein to reach a part

of the exit tunnel where it can fold, force will be exerted on the AP by the folding

protein, reducing stalling and increasing f_{FL}. (12), Fig. 1c. A plot of f_{FL} vs. *L* thus

shows where in the exit tunnel a protein starts to fold and at which linker length

folding no longer causes increased tension in the nascent chain.

uL23 Δloop and uL24 Δloop ribosomes

The *E. coli* strains HDB143 (uL23 Δloop; uL23 residues 65-74 deleted) and

HDB144 (uL24 Δloop; uL24 residues 43-57 deleted) are viable (18), as is a strain

where uL23 has been replaced by a homologue from spinach chloroplast

ribosomes that also lacks the β-hairpin loop (19, 20). The HDB140 (wt), HDB143

and HDB144 strains were used to purify high-salt-washed ribosomes that were

used to translate proteins in the commercially available PURExpress® Δ-

Ribosome kit. Analysis of the purified ribosomes by SDS-PAGE and Western

blotting demonstrated the expected size differences compared to wildtype for

the uL23 Δloop and uL24 Δloop proteins, Supplementary Fig. S1.

Cryo-EM structure of uL23 Δloop ribosomes

The loop deleted in the uL24 Δloop ribosomes does not interact with

neighboring parts of the ribosome, Fig. 2a, and hence its removal would not be

expected to alter the structure of other parts of the exit tunnel. In contrast, the

loop deleted in uL23 Δloop ribosomes is located deep in the exit tunnel, Fig. 2b,

and it is not clear *a priori* whether its removal may cause rearrangements in

other tunnel components. For this reason, we purified uL23 Δloop ribosomes

and determined a cryo-EM structure at an average resolution of 3.3 Å, Fig. 2c,

Supplementary Fig. S2. The only significant difference between the uL23 map

and previously reported *E. coli* ribosome maps is the absence of the deleted part

of uL23, Fig. 2d. The shape of the tunnel remains unchanged in the uL23 Δloop

ribosome, except for the increase in volume caused by the absence of the uL23

loop. To estimate the volume increase, we employed the POVME algorithm (21,

22). Compared to the wildtype *E. coli* ribosome, the tunnel volume is increased

by 2,064 Å^3 in the uL23 Δloop ribosome, about 1/3 of the size of ADR1a (5,880

Å^3) calculated by the same method, see Supplementary Movie.

ADR1a folds deeper in the exit tunnel in uL23 Δloop but not in uL24 Δloop

ribosomes

ADR1a constructs of different linker lengths were translated in the

PURExpress® Δ-Ribosome kit supplemented with purified wildtype, uL23 Δloop,

or uL24 Δloop ribosomes, either in the presence of 50 μM Zn^{2+} (to promote

folding of ADR1a) or in the presence of 50 μM of the zinc-specific chelating agent

TPEN (to prevent folding of ADR1a). As a control, we also translated all

constructs in the PURExpress® kit including wildtype ribosomes provided by

the manufacturer.

Similar to previous results (8), we saw efficient stalling in the presence of TPEN

at $L \geq 19$ residues, Fig. 3a. In order to compensate for the increase in f_{FL} seen at L

= 17 residues in the presence of TPEN (hence not related to folding), we plotted

$\Delta f_{FL} = f_{FL}(Zn^{2+}) - f_{FL}(TPEN)$, Fig. 3b. In the presence of Zn^{2+}, the Δf_{FL} profiles for

wildtype and uL24 Δloop ribosomes were identical within experimental error:

Δf_{FL} starts to increase around $L = 20$ residues and peaks at $L = 25$ residues (gray,

gray dashed, and blue curves). In contrast, for the uL23 Δloop ribosomes, Δf_{FL}

starts to increase already at $L = 17$ residues and peaks at $L = 21\text{-}25$ residues (red

curve).

A previous cryo-EM study demonstrated that ADR1a folds deep inside the

ribosome exit tunnel in a location where it is in contact with the uL23 loop (8),

Fig. 2b. The additional space available in uL23 Δloop ribosomes thus makes it

possible for ADR1a to fold at 2-3 residues shorter linker lengths. Assuming an

extended conformation of the linker segment (~3Å per residue), this means that

ADR1a folds ~6-9 Å deeper in the exit tunnel in uL23 Δloop ribosomes than in

wildtype ribosomes.

Spectrin and titin domains fold deeper in the exit tunnel in uL24 Δloop ribosomes

α-spectrin domains R15 and R16 have been shown to fold cotranslationally (11),

with R15 folding at $L = 35\text{-}41$ residues and R16 folding at $L = 29\text{-}35$ residues, in

close proximity to uL24 (11).

As seen in Fig. 3c, the f_{FL} profiles show that spectrin R15 starts to fold at $L = 35$

residues both in wildtype and uL23 Δloop ribosomes (gray and red curves,

respectively) and f_{FL} peaks at $L = 41$ residues, as has been observed previously

(11). The slight dip at $L = 37$ residues might reflect an early folding intermediate.

In uL24 Δloop ribosomes spectrin R15 also starts to fold at $L = 35$ residues, but

f_{FL} peaks already at $L = 37$ residues (blue curve).

For R16, f_{FL} starts to increase at $L = 29$ residues and peaks at $L = 35$ residues for

wildtype and uL23 Δloop ribosomes, Fig. 3d. For uL24 Δloop ribosomes however,

f_{FL} starts to rise earlier and peaks already at L = 31-33 residues, suggesting that

that spectrin R16 folds at 2-3 residues shorter linker lengths, ~6-9 Å deeper in

the exit tunnel.

Interestingly, while the shapes of the f_{FL} profiles for R15 obtained with wildtype

and uL23 Δloop ribosomes are nearly identical, the uL23 Δloop profile has an

approximately 1.5-fold lower amplitude. We speculate that the wider tunnel in

the uL23 Δloop ribosome allows more flexibility in the linker segment, lowering

its "spring constant" such that a given amount of stretching induces less tension

in the AP.

Similar results were obtained for the 89-residue titin I27 domain, Fig. 3e.

Previous studies have shown that the I27 domain folds at linker lengths L = 35-

39 residues and in about the same location as does spectrin R16, in close

proximity to the uL24 loop (12). The f_{FL} profile is not affected by the uL23 loop

deletion, but folding commences at 2-3 residues shorter linker lengths in uL24

Δloop ribosomes.

Our results are consistent with the idea that proteins start to fold as soon as they

reach a part of the exit tunnel that is wide enough to hold the folded protein.

Thus, the 29-residue ADR1a domain folds ~6-9 Å deeper in the exit tunnel in

uL23 Δloop ribosomes than in wildtype and uL24 Δloop ribosomes, while the 89-

and 109-residue titin and spectrin domains fold ~6-9 Å deeper inside the tunnel

in uL24 Δloop ribosomes than in wildtype and uL23 Δloop ribosomes.

Both the uL23 and uL24 loops thus serve to reduce the space available for

folding, but in different parts of the exit tunnel. The uL24 loop is particularly

interesting in this regard. It partially blocks the tunnel exit, closing off what

would otherwise be a wide, funnel-like opening, Fig. 2a, and may prevent

premature folding of domains that would otherwise misfold in the tunnel, or that

depend on interactions with trigger factor (23, 24) for efficient folding. It has

recently been shown to interact with the titin I27 domain during cotranslational

folding (12). The uL24 loop is conserved (in length, if not in sequence) in

bacterial ribosomes, suggesting that it affects cotranslational protein folding not

only in *E. coli*, but in bacteria in general.

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Materials and Methods

Enzymes and Chemicals

The PURExpress® Δ Ribosome and the PURExpress® kits were purchased from

New England Biolabs (Cat no. E3313S and E6800S respectively). The

components used to prepare Lysogeny Broth (LB Medium) for ribosome

isolation were obtained from BD Biosciences, cOmplete™ protease inhibitor from

Roche, and all other chemicals used were sourced from Merck Sigma Aldrich.

(^{35}S) Methionine was purchased from Perkin Elmer. Bis-Tris gels and plasmid

isolation kits were obtained from Thermo Scientific.

Plasmids

All ADR1, spectrin and titin constructs fused to the *E. coli* SecM AP via a variable

linker were expressed from the pET19b vector, as described previously (8, 11,

12). The spectrin constructs used in this study lacked the soluble domain of LepB

at the N-terminus.

Strains and antisera

Strains HDB140 (referred to as wildtype), HDB143 (referred to as uL23 Δloop)

and HDB144 (referred to as uL24 Δloop), as well as rabbit polyclonal antisera

against uL23 and uL24, are described in (18).

Isolation of ribosomes

Ribosomes were purified from the strains HDB140, HDB143, and HDB144. The

strains were cultured in Lysogeny broth (LB) to an A_{600} of 1.0 at 37°C and chilled

on ice for 15 min before they were harvested by centrifugation at 4000 g for 10

min. The cell pellet was washed twice with Buffer A at pH 7.5 (10 mM Tris-OAc,

14 mM Mg(OAc)$_2$, 60 mM KOAc, 1 mM DTT, 0.1% cOmplete™ Protease Inhibitor)

and lysed using the Emulsifex (Avestin) at a pressure of 8000 psi. The cell lysate

was loaded on a sucrose cushion at pH 7.5 (50 mM Tris-OAc, 1 M KOAc, 15 mM

Mg(OAc)$_2$, 1.44 M Sucrose, 1 mM DTT, 0.1% cOmplete™ Protease Inhibitor) and

centrifuged at 80,000xg in a Ti70 rotor (Beckman-Coulter) for 17 hours. The

obtained ribosomal pellet was resuspended in Buffer B at pH 7.5 (50 mM Tris-

OAc, 50 mM KOAc, 5 mM Mg(OAc)$_2$, 1 mM DTT), flask frozen in liquid nitrogen

and stored at -80°C.

Each batch of ribosomes that was prepared was tested for optimal translation by

titrating different volumes in the PURExpress ® Δ-Ribosome kit.

In vitro transcription and translation

The generated constructs were translated for 20 min. in the PURExpress® Δ-

Ribosome kit supplemented with high-salt-washed ribosomes isolated from

HDB140, HDB143 (uL23 Δloop), or HDB144 (uL24 Δloop). ADR1-SecM

constructs were also labelled in the PURExpress® kit to compare translation

with our purified wildtype ribosomes.

Plasmid DNA of each construct (300 ng) was used as a template for polypeptide

synthesis, and translation was carried out in the presence of (^{35}S) Methionine at

37°C for 20 min at 500 r.p.m. For ADR1a constructs, the translation reactions

also included either 50 μM ZnCl$_2$ or 50 μM of the Zn^{2+} chelator TPEN. Translation

was stopped by treating the sample with a final concentration of 5%

trichloroacetic acid (TCA) and incubated on ice for 30 min. The TCA precipitated

samples were subsequently centrifuged at 20,000 g for 10 min in a tabletop

centrifuge (Eppendorf) and the pellet obtained was solubilized in sample buffer,

supplemented with RNaseA (400 μg/ml), and incubated at 37°C for 15 minutes.

The samples were resolved on 12% Bis-Tris gels (Thermo Scientific) in MOPS

buffer for ADR1 and MES buffer for Spectrin and Titin. Gels were dried and

subjected to autoradiography and scanned using the Fujifilm FLA-9000

phosphorimager for visualization of radioactively labeled translated proteins.

Quantification of radioactively labelled proteins

The protein bands on the gel were quantified using MultiGauge (Fujifilm) from

which one-dimensional intensity profiles of each gel lane was extracted. This

information was subsequently fit to a Gaussian distribution using EasyQuant

(Rickard Hedman, Stockholm University). The sum of the arrested and full-length

bands was calculated, and this was used to estimate the fraction full-length

protein for each construct.

Cryo-EM sample preparation and data processing

The uL23 Δloop ribosomes (4 A_{260}/ml) were loaded on Pelco® TEM 400 mesh

Cu grids pre-coated with 2 nm thick carbon and frozen using the Vitrobot Mark

IV (FEI). Data was collected on the Titan Krios (FEI) microscope operated at 300

keV and equipped with a Falcon II direct electron detector. The camera was set

to a nominal magnification of 75,000X, which resulted in a pixel size of 1.09 Å at

the sample level and a defocus range of -1 to -3 μm.

The frame dose used was 1.17 e/$Å^2$, and 20 frames were aligned using

MotionCor2 (25) within the Scipion software suite (26). The micrographs were

visually inspected and those within a resolution threshold of 5 Å were selected,

yielding 3522 micrographs.

471272 particles were picked using Xmipp manual-pick followed by particle

extraction within Scipion and further processing in CryoSPARC (27). Two rounds

of 2D classification were done and 297,363 particles were subjected to *ab initio*

reconstruction into 3 classes to further sort out heterogeneity. A single

homogeneous class consisting of 132,029 particles was used for final

homogeneous refinement that resulted in a final map with an average FSC

resolution at 0.143 of 3.28 Å. The obtained map was sharpened and corrected for

handedness in CryoSPARC fitted with PDBs 3JBU and 4YBB in Chimera (28).

Local resolution and FSC at 0.143 was estimated in cryoSPARC. The electron

microscopy map was deposited in the Electron Microscopy Data Bank and

assigned the ID EMD-4319.

The initial model for uL23 Δloop was built with Coot, and improved by energy

minimization in a solvated dodecahedron box of explicit TIP3P waters,

neutralized with chloride ions and using the Amber 99SB-ILDN force field (29).

The steepest descent minimization method implemented in GROMACS 2016.1

was used (30, 31). Even after minimization, the backbone of the new loop formed

after the deletion of residues 65-74 still showed improper geometry and

Ramachandran outliers, and kinematic sampling (32) was performed to model

alternative loop conformations, and the loop that could fit the electron density

and had the best Ramachandran score was selected. The final model was

deposited as PDB 6FU8.

Figures were prepared using MacPymol 1.8.6.2 (Schrödinger LLC), Chimera (28),

and ChimeraX (33).

Calculation of tunnel volume

The volume calculations were performed with POVME 2.0 (1), using the *E. coli*

SecM structure PDB 3JBU as a reference. A series of overlapping spheres- eight

with a 20 Å radius, and one with a 40 Å radius were generated to determine the

inclusion region of the tunnel. In order to have a complete coverage of the exit

tunnel, the centers of the spheres were chosen to match the coordinates

corresponding to alternating Cα atoms of the amino acids of the SecM arrest

peptide located within the exit tunnel (for the 20 Å radius spheres the residues

use as centers were D11, F13, T15, V17, I19, Q21, Q23, I25, A27, G28 and for the

40 Å radius sphere the residue was E3). Grid Spacing was set to 2.0 Å, and the

distance cut-off to 1.09 Å. For all three cases (wildtype, uL24 Δ loop, uL23 Δ

loop), the region of inclusion used was the same, and the SecM arrest peptide

located within the exit tunnel was removed. For uL23 Δloop ribosomes residues

65-74 were removed from uL23, and for uL24 Δloop ribosomes residues 43-57

were removed from uL24 (numbering based on PDB 3JBU) prior to the

calculation.

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Figure legends

Figure 1. (a) Front view of the 50S subunit of the *E. coli* ribosome adapted from

PDB 3JBU (34), with tunnel proteins uL4, uL22, and uL29 indicated in gray. The

globular domain of uL23 is indicated in orange with the β-hairpin loop depicted

in yellow. uL24 is shown in dark blue, with the loop at the tunnel exit shown in

light blue. The exit tunnel, outlined by a stalled SecM nascent chain (purple), is

~100 Å in length. (b) The arrest-peptide assay (8). The domain to be studied is

placed *L* residues upstream of the critical proline at the C-terminal end of the 17-

residue long arrest peptide (AP) from the *E. coli* SecM protein. A 23-residue long

stretch of the *E. coli* LepB protein is attached downstream of the AP, allowing us

to separate the arrested (A) and full-length (FL) products by SDS-PAGE after

translation. Constructs are translated in the PURE *in vitro* translation system

supplemented with wildtype, uL23Δloop, or uL24 Δloop high-salt washed

ribosomes for 20 min. The relative amounts of arrested and full-length protein

were estimated by quantification of SDS-PAGE gels, and the fraction of full-length

protein was calculated as $f_{FL} = I_{FL}/(I_A + I_{FL})$ where I_A and I_{FL} are the intensities of

the bands corresponding to the A and FL products. (c) f_{FL} is a proxy for the force

F that cotranslational folding of a protein domain exerts on the AP. At short

linker lengths, both *F* and $f_{FL} \approx 0$ because the domain is unable to fold due to lack

of space in the exit tunnel. At intermediate linker lengths, *F* and $f_{FL} > 0$ because

the domain pulls on the nascent chain as it folds. At longer linker lengths, *F* and

$f_{FL} \approx 0$ because the domain is already folded when the ribosome reaches the end

of the AP.

Figure 2. Structural consequences of removing the hairpin loops in uL24 and

uL23 modeled after PDB 3JBU of the SecM stalled ribosome. (a) In wildtype

ribosomes, the loop in uL24 partially obstructs the exit tunnel (top panel). Its

removal in uL24 Δloop ribosomes creates a wide opening into the tunnel

(bottom panel). (b) In wildtype ribosomes, the loop in uL23 extends into the exit

tunnel (top panel). Its removal in uL23 Δloop ribosomes creates an open space

around the area where the ADR1a domain is known to fold (8). The ADR1a

structure is from PDB 5A7U. (c) Cryo-EM structure of the uL23 Δloop 70 S

ribosome (EMD-4319), with close-up of the tunnel exit region. The PDB 3JBU

structure (including a 26-residue long arrested SecM AP) was fit to the cryo-EM

density and is displayed in ribbon representation. uL23 is in orange-red, uL24 in

blue, and the N-terminal end of the SecM AP that is lodged in the exit tunnel in

purple. There is no density for the deleted uL23 β-hairpin loop, seen in the

center of the image. (d) Extracted cryo-EM density for uL23 in the uL23 Δloop

ribosome. Wildtype uL23 (orange) and a *de novo*-built model for the mutant

uL23 Δloop protein (red) (PDB 6FU8) are shown in ribbon representation.

Figure 3. (a) f_{FL} profiles obtained by translation in the PURE system

supplemented with uL23 Δloop ribosomes (red), and uL24 Δloop ribosomes

(blue) in the presence of 50 μM Zn^{2+} (solid curves) or in the presence of 50 μM of

the Zn^2 chelator TPEN (dashed curves). (b) Δf_{FL} profiles ($\Delta f_{FL} = f_{FL}(Zn^{2+})$ −

f_{FL}(TPEN)) for ADR1a constructs translated in the PURE system supplemented

with *E. coli* ribosomes provided with the PURE kit (gray dashed), in-house

purified wildtype *E. coli* ribosomes (gray), uL23 Δloop ribosomes (red), and uL24

Δloop ribosomes (blue). (c, d) f_{FL} profiles for spectrin R15 and R16 constructs

translated in the PURE system supplemented with in-house purified wildtype *E.*

coli ribosomes (gray), uL23 Δloop ribosomes (red), and uL24 Δloop ribosomes

(blue). (e) f_{FL} profiles for titin I27 constructs translated in the PURE system

supplemented with in-house purified wildtype *E. coli* ribosomes (gray), uL23

Δloop ribosomes (red), and uL24 Δloop ribosomes (blue). Error bars show SEM

values calculated from at least 3 independent experiments.

a

Gly-tRNA

SecM

uL4

uL22

uL23

~50 Å

~100 Å

uL24

exit

uL29

b

A

FL

N Folding domain

AP

C

L

c

PTC

L₁

F₁ ≈ 0

PTC

L₂

F₂ > 0

PTC

L₃

F₃ ≈ 0

Figure 1

a

b

c

uL23

SecM

uL24

d

uL23 Δloop
uL23

Figure 2

Figure 3

Supplementary Figure S1. A_{260} = 300 units (6.9 μM) of high-salt washed ribosomes were separated on a 12% Bis-Tris gel and transferred by Western blotting onto a nitrocellulose membrane and detected with antibodies against uL24 (panel a) or uL23 (panel b).

a

b

c

Supplementary Figure S2. Resolution map of the uL23Δ loop ribosome. (a) Calculation of the local resolution using cryoSPARC. (b) Resolution histogram at FSC 0.143. (c) Fourier-Shell correlation (FSC) curve of the refined map at 0.143 indicating an average resolution of 3.28 Å

Supplementary Movie. The ribosome exit tunnel (grey mesh; calculated by the POVME algorithm) superimposed on the *E. coli* ribosome (PDB 3JBU). Coloring as in Figure 1 in the main text. The β-hairpin loops deleted in uL23 Δloop and uL24 Δloop ribosomes are shown in yellow and light blue, respectively. The volume of the exit tunnel is shown for the WT, uL23 Δloop and uL24 Δloop systems (in that order). To facilitate the visualization of the exit tunnel, spheres left out of the exit tunnel after POVME processing were manually removed.