

1 Cross-species functional modules link proteostasis to human 2 normal aging

3 **Andrea Komljenovic^{1,2}, Hao Li³, Vincenzo Sorrentino³, Zoltán Kutalik^{2,4}, Johan**
4 **Auwerx³, Marc Robinson-Rechavi^{1,2*}**

5
6 ¹Department of Ecology and Evolution, University of Lausanne, Lausanne, Switzerland

7 ²Swiss Institute of Bioinformatics, Lausanne, Switzerland

8 ³Laboratory of Integrative Systems Physiology, EPFL, Lausanne, Switzerland

9 ⁴Institute of Social and Preventive Medicine (IUMSP), Lausanne University Hospital, Lausanne
10 1010, Switzerland

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13 *Correspondence author: marc.robinson-rechavi@unil.ch

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15 Running title: Conserved functional modules link proteostasis to aging

16

17 Abstract

18

19 The evolutionarily conserved nature of the few well-known anti-aging interventions that
20 affect lifespan, such as caloric restriction, suggests that aging-related research in model
21 organisms is directly relevant to human aging. Since human lifespan is a complex trait, a
22 systems-level approach will contribute to a more comprehensive understanding of the
23 underlying aging landscape. Here, we integrate evolutionary and functional information
24 of normal aging across human and model organisms at three levels: gene-level,
25 process-level, and network-level. We identify evolutionarily conserved modules of
26 normal aging across diverse taxa, and importantly, we show that proteostasis
27 involvement is conserved in healthy aging. Additionally, we find that mechanisms related
28 to protein quality control network are enriched in 22 age-related genome-wide
29 association studies (GWAS) and are associated to caloric restriction. These results
30 demonstrate that a systems-level approach, combined with evolutionary conservation,
31 allows the detection of candidate aging genes and pathways relevant to human normal
32 aging.

33 Highlights

- 34
- Normal aging is evolutionarily conserved at the module level.

- 35 • Core pathways in healthy aging are related to mechanisms of protein quality
36 network
- 37 • The evolutionarily conserved pathways of healthy aging react to caloric
38 restriction.
- 39 • Our integrative approach identifies evolutionarily conserved functional modules
40 and showed enrichment in several age-related GWAS studies.

41

42 Introduction

43 Aging is a process that affects all living organisms and results in a progressive decline in
44 life function and a gain in vulnerability to death (Jones *et al.*, 2014). In humans, aging is
45 the main risk factor in a wide spectrum of diseases. The recent increase in human
46 healthspan, also called ‘normal’, ‘disease-free’, or ‘healthy’ aging, is mostly due to
47 improved medical care and sanitation (Greene, 2001; Rappuoli *et al.*, 2011).

48

49 Major strides have been made in understanding the main molecular pathways
50 underpinning the aging phenotype, leading to the definition of a number of "hallmarks" of
51 aging, that may be common between species (López-Otín *et al.*, 2013). Mitochondrial
52 dysfunction and loss of proteostasis are two such conserved hallmarks of aging. Indeed,
53 many comparative studies have shown mitochondrial dysfunction as a common feature
54 of aging across species. Shared gene signatures in aging of *D. melanogaster* and *C.*
55 *elegans* are linked to mitochondrial oxidative respiration, and similar results are
56 observed in primates, including humans (McCarroll *et al.*, 2004; de Magalhães, Curado
57 and Church, 2009; Alexey A. Fushman *et al.*, 2015). Collapse of proteostasis is another
58 hallmark of aging that was shown to be important not only in short-lived species, but also
59 in long-lived ones (Tian, Seluanov and Gorbunova, 2017). Loss of proteostasis is related
60 to major human pathologies, such as Alzheimer’s and Parkinson’s disease, offering an
61 opportunity to detect conserved candidate genes important in those age-related
62 diseases (Labbadia and Morimoto, 2015; Sorrentino *et al.*, 2017). The proteostasis
63 network consists of three major mechanisms: protein synthesis, autophagy and the
64 proteasome complex (Kaushik and Cuervo, 2015). Recent studies on the long-lived
65 naked mole rat showed maintenance of proteasome activity throughout life (Rodriguez *et al.*,
66 2012). Perturbations of components of the proteostasis network have already been
67 observed in other species, such as mice (Pyo *et al.*, 2013). Notably, caloric restriction,
68 defined as a reduction of regular caloric intake by 20-40%, extends lifespan and delays
69 the onset of age-related diseases in many species (Lee *et al.*, 2006; Selman and
70 Hempenstall, 2012; Bass *et al.*, 2015; Mattison *et al.*, 2017), in part through effects on
71 mitochondria and proteostatic networks.

72

73 Although significant efforts have been made to uncover the identity of genes and
74 pathways that affect lifespan, it is unclear to what extent the functional information of
75 aging obtained from model organisms can contribute to human aging. Focusing on the
76 process of aging in healthy individuals should improve the discovery of pathways
77 important in natural aging. In addition, systems-level analysis of large datasets has
78 emerged as an important tool for identifying relevant molecular mechanisms, as single
79 gene-based methods are not sufficient to elucidate complex processes such as aging.
80 The integration of various data types contributes to identify pathways and marker genes
81 associated with specific phenotypes (Baumgart *et al.*, 2016; Hasin, Seldin and Lusic,
82 2017). Notably, co-expression network analyses can help to elucidate the underlying
83 mechanisms of various complex traits (Xue *et al.*, 2007; van Dam *et al.*, 2017).

84

85 To incorporate evolutionary and functional age-related information, we integrated
86 transcriptome profiles of four animal species from young and old adults: *H. sapiens*, *M.*
87 *musculus*, *D. melanogaster* and *C. elegans*. As a source of gene expression, we used
88 human data from the large-scale Genotype-Tissue expression (GTEx) project (Mele *et*
89 *al.*, 2015), together with aging transcriptomes of model organisms. We identified the
90 functional levels of conserved genetic modifiers important during normal aging, and
91 related them to caloric restriction experiments and enrichments in age-related genome-
92 wide association studies (GWAS). We used gene families as evolutionary information
93 across distant species in a two-step approach to observe age-related conserved
94 mechanisms. Our results show the contribution of age-related mechanisms from model
95 organisms to human normal aging, with notably a demonstration of the conserved role of
96 proteostasis in normal aging and in the reaction to dietary restriction.

97 Results

98 Data-driven integrative evolutionary approach to healthy aging

99 We used a three steps-approach to integrate transcriptomes across distant species
100 (human and model organisms) and to identify evolutionarily conserved mechanisms in
101 normal aging (Figure 1A). In the first step, we performed differential expression analysis
102 between young and old samples in two tissues, skeletal muscle and hippocampus, from
103 humans (*Homo sapiens*) and mice (*Mus musculus*), and in whole body for the fly
104 (*Drosophila melanogaster*) and the worm (*Caenorhabditis elegans*). We also used
105 transcriptome datasets related to caloric restriction in these species for validation. In the
106 second step, we obtained 3232 orthologous sets of genes, ‘orthogroups’, across those
107 four species (see Methods). Each orthogroup (OG) is defined as the set of the
108 orthologous and paralogous genes that descended from a single ancestral gene in the
109 last common ancestor to those four species (*H. sapiens*, *M. musculus*, *D. melanogaster*,
110 *C. elegans*) and an outgroup species (*Amphimedon queenslandica*). Each orthogroup
111 can contain a different number of genes, and was treated as a single functional meta-
112 gene common to four species. We corrected for the orthogroup sizes by applying
113 Bonferroni correction on the gene p-values from differential expression analysis within
114 the orthogroup. Then, we selected a representative gene per species within orthogroups.
115 We took the minimum Bonferroni adjusted p-value of a species-specific age-related
116 gene from differential expression analysis. This allowed us to build ‘age-related
117 homologous quadruplets’ (see Details in Figure S1A). The four p-values within each
118 quadruplet were then summarized into a single p-value per quadruplet, by using Fisher’s
119 combined test. We obtained 2511 gene quadruplets in skeletal muscle, 2800 in
120 hippocampus, and 1971 in caloric restriction experiments (Table S4). We characterized
121 their biological relevance by functional enrichment. In the third and final step, those
122 quadruplets of age-related genes were used to build a co-expression network per
123 species (Figure S1B). These networks were then integrated together using order
124 statistics into one cross-species age-related network. We performed community search
125 algorithm on this network to obtain age-related and evolutionarily conserved modules.
126 The modules were then tested for functional enrichment and for enrichment in GWAS
127 hits.

128

129 Age-related gene expression patterns in four species

130 To study normal aging, we restricted ourselves to transcriptomic studies with at least one
131 young adult and one old adult time-point, adult being defined as after sexual maturity
132 (Figure 1B). Transcriptomes had to come from control samples (model organism
133 datasets) or relatively healthy individuals (GTEx dataset). We defined young and old
134 adults across species as follows: young: 3-4 months for *M. musculus*, 2-10 days for *D.*
135 *melanogaster*, 3-6 days for *C. elegans*; old: 18-24 months for *M. musculus*, 20-50 days
136 for *D. melanogaster*, 10-15 days for *C. elegans*. For the GTEx data, samples from all
137 adults (20-70 years old) were taken into account in a linear model to detect differentially
138 expressed genes. In human and mouse, we focused on two tissues, skeletal muscle and
139 hippocampus, because they are known to be profoundly affected by aging. During aging,
140 skeletal muscle is affected by sarcopenia (Marzetti and Leeuwenburgh, 2006). Changes

141 in hippocampus function have a significant impact on the memory performances in
142 elderly people (Driscoll *et al.*, 2003). Thus both tissues are susceptible to aging-related
143 diseases. For human, we used transcriptomes of 361 samples from skeletal muscle
144 tissue and 81 samples from hippocampus from GTEx V6p. For the other species we
145 used diverse publicly available transcriptomic datasets (Table S1). The sample sizes for
146 model organisms were variable, from 3 to 6 replicates per time-point. In order to
147 compare samples between young and old age groups, we fitted linear regression models
148 for each dataset. In addition, in the GTEx dataset we controlled for covariates and
149 hidden confounding factors to identify genes whose expression is correlated or anti-
150 correlated with chronological age, taking into account all samples (see Methods).

151
152 We observed uneven distributions of up- and down-regulated genes with aging across
153 different species and datasets (Figure 1C, Table S2), suggesting variable responses to
154 aging and different power of datasets. The human hippocampus shows substantially
155 more age-related gene expression change than skeletal muscle (6083 vs. 5053
156 differentially expressed genes, FDR < 0.1). However, mouse hippocampus shows less
157 gene expression change than skeletal muscle (1639 vs. 2455 differentially expressed
158 genes, FDR < 0.1). These differences are due in part to the smaller sample size of the
159 mouse skeletal muscle study. We limited our analysis to genes that were expressed in at
160 least one age group, leading to detection of 15-40 % of genes that exhibits age-related
161 gene expression changes. Of note, these changes are often very small, typically less
162 than 1.05 fold in humans and less than 2-fold in animal models.

163
164 It has been previously reported that there is a small overlap of differentially expressed
165 genes among aging studies (de Magalhães, Curado and Church, 2009; Yang *et al.*,
166 2015). To make results easily comparable across species, the young and old adults of
167 one species should correspond to young and old adults of another species (Flurkey, M.
168 Curren and Harrison, 2007). Our clustering shows good consistency across age groups
169 of samples between species, based on one-to-one orthologous genes with significant
170 age variation (FDR < 0.05) (Figure 2A, Figure S2). Yet there is a low overlap of one-to-
171 one orthologous genes with significant expression change in aging (Table S3). This
172 observation is in line with two studies showing that the overlap between individual genes
173 associated with aging did not reach the level of significance (Smith *et al.*, 2008; Alexey
174 A. Fushan *et al.*, 2015). To go beyond this observation, we correlated log-transformed
175 fold change (old/young; or log of α age-related regression coefficient in human) between
176 human and model organisms. We observed weak pairwise correlations (Figure S3)
177 when comparing single genes. This indicates that most transcriptional changes on the
178 gene level are species-specific, and that there is little evolutionary conservation to be
179 found at this level.

180
181

182 Cross-species integration at the process-level reveals proteostasis-linked age- 183 related mechanisms

184 To assess the age-related gene expression changes on a functional level in healthy
185 individuals per species, we performed gene set enrichment analysis (GSEA)
186 (Subramanian *et al.*, 2005) using gene ontology (GO) annotations (Gene Ontology
187 Consortium *et al.*, 2000; The Gene Ontology Consortium, 2017). We then selected
188 significant GO terms (FDR < 0.20) that we grouped into broader categories.

189

190 All species showed a general pattern of down-regulation of metabolic processes, such
191 as mitochondrial translation (GO:0032543) in human GTEx skeletal muscle tissue,
192 nucleotide metabolic process (GO:0009117) in mouse muscle tissue, cellular respiration
193 (GO:0045333) in fly whole body, and oxoacid metabolic process (GO:0043436) in worm
194 whole body (Figure S4). The pattern of metabolic down-regulation was stronger in
195 muscle for both human and mouse. The processes that were down-regulated in
196 hippocampus were related to behavior (GO:0007610), cognition (GO:0050980) and
197 neurotransmitter secretion (GO:0007269) in human, and to synaptic signaling
198 (GO:0099536) and axonogenesis (GO:0007409) in mouse. This confirms that there is a
199 tissue-specific signal in normal aging. Due to small samples size of the mouse skeletal
200 muscle dataset, we were able to detect only down-regulated metabolic processes. In
201 addition to metabolism, we observe strong immune systems response to aging, such as
202 regulation of cytokine production (GO:0001817) in human hippocampus or leukocyte-
203 mediated immunity (GO:0002443) in mouse hippocampus. These results are consistent
204 with known links between metabolism, immunity and aging (Lanna *et al.*, 2017).

205

206 We aggregated processes on the functional level across four species using evolutionary
207 information to observe common age-related mechanisms rather than tissue-specific
208 mechanisms. We integrated differential expression analysis from each species, as
209 described above. We obtained 2010 genes in skeletal muscle / whole body, 2075 genes
210 in hippocampus / whole body, and 1962 genes in caloric restriction experiments (Fisher
211 combined tests, FDR < 0.10) (Table S4). We examined their biological relevance using
212 Gene Ontology enrichment analysis (GEA) based on human annotation (Figure 2B). We
213 did not take into account whether the processes that are shared across species are
214 regulated in the same direction, but rather whether they are consistently perturbed
215 during aging.

216

217 We obtained 100 significant GO terms (FDR < 0.05) related to biological processes, and
218 aggregated them into broader GO categories. While our species-specific analysis mostly
219 shows tissue-specific pathways, we found that terms with an evolutionarily conserved
220 relation to normal aging are strongly enriched for processes involved in proteostasis, or
221 protein homeostasis. The proteostasis-linked processes are more conserved than
222 expected by chance (Figure S6). The other conserved processes are related to
223 transport, translation, transcription and post-transcriptional modifications, and protein
224 ubiquitination (Figure 2B, Table S5). We also confirmed previously known evolutionarily
225 conserved age-related pathways, such as cellular respiration and immune response.
226 Integrating caloric restriction datasets across the four species showed enrichments in
227 similar processes (Figure 2B).

228

229 While most of the shared processes have been previously linked to aging, we focused
230 on proteostasis and related processes. To characterize in more detail the specificity of
231 proteostasis-linked processes, we investigated their enrichment strength in the large
232 human GTEx dataset (Figure 2C). Since proteostasis perturbation is detected both
233 through the GO domains of cellular localization and of biological process, we
234 investigated these two domains, and obtained similar enrichments for both skeletal
235 muscle (Figure 2C), and in hippocampus (Figure S6, Table S6). The most enriched
236 cellular component terms in skeletal muscle were related to proteasome complex
237 (GO:0000502, enrichment score: 1.99) and to mitochondrial matrix (GO:0005759,
238 enrichment score: 1.38). We also observed strong enrichment of ribosomal large
239 (GO:0000027, enrichment score: 1.57) and small subunit (GO:0000028, enrichment

240 score: 1.84), of protein homotetramerization (GO:0051289, enrichment score: 1.18), and
241 of GO biological processes that are part of the protein quality control network. Overall,
242 the translation and proteasome complexes appear to be the parts of the protein quality
243 control network whose involvement in aging is both evolutionarily conserved across
244 different species, and significantly enriched in human healthy aging. Interestingly, we
245 also detect the mRNA splicing pathway as a part of the conserved processes between
246 species.

247
248 The direction of the changes in conserved proteostasis processes in humans is
249 consistent with a relation between loss of proteostasis and healthy aging (Figure 3).
250 Although macroautophagy did not show a strong enrichment score in the Figure 2C
251 (GO:0016236, enrichment score: 0.90), there is down-regulation of the conserved genes
252 associated with macroautophagy (Figure 3A), translation (Figure 3B), and the
253 proteasome complex (Figure 3C), which are important in the protein quality network.
254 Similar results are observed in hippocampus, although not with a strong signal as in
255 skeletal muscle (Figure S7). The changes during healthy aging in both tissues are rather
256 subtle but significant (Figure 3, Table S7).
257

258 [Functional characterization of cross-species age-related network identifies](#) 259 [candidate genes related to healthy aging](#)

260 To characterize age-related processes at a systems-level and to prioritize conserved
261 marker genes associated with normal aging, we constructed probabilistic networks.
262 These were based on prioritization of co-expression links between conserved age-
263 related genes across four species. These genes became nodes in the multi-species
264 network. Thus the connections between the conserved age-related genes are based on
265 evolutionary conservation, and prioritized according to the their co-expression in each
266 species.

267
268 Our integrative network analysis initially identified 20 and 14 modules for skeletal muscle
269 and hippocampus, respectively. We randomized our networks 100 times based on the
270 same number of conserved genes per experiment and obtained significantly higher
271 numbers of gene-gene connections than in the original network (permutation test, $p =$
272 0.0198) (Figure S9). Thus aging networks appear to be lowly connected. We focused
273 only on the modules larger than 10 genes; there were 12 such modules per tissue.
274 These modules ranged in size from 16 (M7 hippocampus) to 191 genes (M12
275 hippocampus) (Figure 4A and 4B, Table S8). The networks were summarized to module
276 level (module as a node), and we observed strong inter-modular associations. This
277 analysis provided several levels of information. First, it provided a small number of
278 coherent gene modules that represent distinct transcriptional responses to aging,
279 confirming the existence of a conserved modular system. Second, it detected conserved
280 marker genes affected during aging, discussed below.

281
282 To determine which of the conserved aging-associated modules are related to the main
283 components of the proteostasis network, we carried out functional enrichment analysis
284 on these modules, based on human gene annotations. The enrichments were highly
285 significant for all modules ($FDR < 0.01$), and confirmed the inter-modular associations
286 (Table S8). Not all of the modules were related to proteostasis. Interestingly, M1, M10
287 and M5 in the skeletal muscle network share strong associations with mitochondrion

288 organization and distribution, regulation of cellular amino acid metabolic process and
289 ubiquitin protein catabolic process, while M2 and M3 in hippocampus share associations
290 with different types of protein transport. Other modules (M1, M6, M7, M8, M11, M12 in
291 skeletal muscle; M2, M3, M4, M5, M12 in hippocampus) support the impact of healthy
292 aging on genes related to the proteostasis-linked processes. This included processes
293 related to protein polyubiquitination (GO:0000209), translational initiation (GO:0006413),
294 protein transport (GO:0015031), regulation of macroautophagy (GO:0016241), and
295 proteasome-mediated ubiquitin-dependent protein catabolic process (GO:0043161). In
296 skeletal muscle tissue there were also a strong enrichment in splicing process (M3).
297 Moreover, the connection between M2, M10 and M6 in hippocampus, and between M1,
298 M5 and M12 in skeletal muscle indicates that there is a connection between
299 mitochondrial and proteostasis-related processes, recently shown to occur also in
300 amyloid-beta proteotoxic diseases (Sorrentino *et al.*, 2017), and during mitochondrial
301 stress (Labbadia and Morimoto, 2015; D 'amico, Sorrentino and Auwerx, 2017;
302 Sorrentino, Menzies and Auwerx, 2018).

303
304 To investigate the relevance of proteostasis-linked modules to age-related diseases, we
305 performed enrichment analysis based on genes coming from 22 GWAS studies (See
306 Methods, Table S9). M3, M4, M5 and M12 of skeletal muscle showed enrichment in
307 coronary artery disease, triglycerides, 2hr glucose, multiple sclerosis and cholesterol-
308 related diseases, while M4 and M6 of hippocampus showed enrichment in coronary
309 artery disease and fasting proinsulin, respectively. Skeletal muscle module M12 is
310 particularly interesting because its genes are not only enriched in GWAS studies but
311 also have strong involvement in proteostasis (Figure S10A). Similarly, hippocampus
312 module M4 is interesting due to enrichment in both GWAS and in one of the proteostasis
313 processes (Figure 5B).

314
315 To further characterize these modules, we studied how conserved modular genes
316 associated with proteostasis and age-related GWAS diseases are changed in
317 expression in humans, as a long-lived species. We looked deeper into the gene
318 composition of two modules, M1 associated with SCF-dependent proteasomal ubiquitin-
319 dependent protein catabolic process (79 genes) and M4 associated with positive
320 regulation of telomerase RNA localization to Calaj body (155 genes) from the skeletal
321 muscle and hippocampus networks, respectively. We defined network hubs, genes that
322 exhibit a significantly high number of connections with other genes in the network, for
323 each of these modules in muscle (Figure 5A, S10A) and hippocampus (Figure 5B,
324 S10B). We focused on the hubs with the highest scores in each module and examined
325 their neighborhood. The top ranked genes in M1 of the skeletal muscle were *CTSK*,
326 *UBE2L3* and *CPA3* (Figure 5A). They are associated with protein quality network,
327 related to protein degradation. Interestingly, the neighboring genes *PSMB2* and *PSMA1*
328 are associated with the proteasome complex (Figure 5A). The top ranked genes in M4 in
329 skeletal muscle were related to the translational initiation process, with *MAPRE3*,
330 *SPTBN2* and *ATP6V0A1* as hub genes. Their network neighbors were tightly connected
331 to the cytoskeleton and protein transportation (Figure 5B).

332
333 Other modules also show links to metabolism and to proteostasis. For example muscle
334 module M12 and hippocampus module M3 are associated with the protein
335 polyubiquitination process (Figure S10). The top-ranked hub genes in muscle M12 were
336 *DDX3X*, *KIF5B* and *USP7* (Figure S9A). Those genes are related to DNA damage,
337 translation and transport regulation in the cell. In the hippocampus module M3 (Figure
338 9B), the three hub genes (*PPP3CB*, *DNM1L* and *ITFG1*) are involved in hydrolase

339 activity, apoptosis and programmed necrosis and modulating T-cell function. Although
340 the hub genes with the highest scores were strongly related to metabolism and to tissue-
341 specific functions in each of these two modules, their network neighborhood is
342 associated with the protein quality control network. More specifically, the *PSMB5* and
343 *PSMD3* genes are related to the proteasome complex and are connected to hub genes.

344
345 We combined this hub gene analysis with GWAS association gene scores, and
346 observed that *PSMB5*, *UBE2L3*, and *PSMD3* (Figure 5C, Table S9) are important in
347 many age-related diseases or phenotypes, such as Alzheimer's disease, HDL
348 cholesterol, LDL cholesterol, triglycerides, and insulin resistance. Other genes related to
349 translation and proteasome complex were also strongly associated to such diseases,
350 such as *PSMB5* with multiple sclerosis (Pascal (Lamparter *et al.*, 2016) gene score: *p*-
351 value = 0.0348) and HDL cholesterol (Pascal gene score: *p*-value = 0.0155). Finally, we
352 observed that the prioritized genes associated with age-related diseases from conserved
353 functional modules change in opposite directions with healthy aging and with caloric
354 restriction (Figure 5D). This differential expression is consistent with a causal role in
355 these age related diseases, given the attenuating effect of caloric restriction on aging.
356

357 Validation of marker genes using independent mouse studies

358 We analyzed the association of the expression levels of candidate genes with lifespan in
359 different tissues of mouse recombinant inbred lines used for population genetics
360 analyses, such as the BXD (Andreux *et al.*, 2012) and LXS (Liao *et al.*, 2010) strains.
361 We observed an inverse correlation between transcript levels of *PSMB5* (Figure 5E) in
362 the spleen of the BXD strains (average age at the time of transcript analysis 78 days; *p* =
363 7.14×10^{-5}) and in the prefrontal cortex of LXS lines (average age of 72-days; *p* = 0.03),
364 and lifespan longevity. This correlation was consistent even after correction for the
365 population structures with mixed models (Kang *et al.*, 2008). Thus lower expression of
366 *PSMB5* is linked to lifespan. Consistent with this, the GSEA showed down-regulation of
367 the proteasome complex during the lifespan of the mice (Figure 5E, left panel).
368

369 Discussion

370 The challenge of detecting underlying mechanisms of healthy aging that are
371 evolutionarily conserved is thought to be a key impediment for understanding human
372 aging biology (Fontana *et al.*, 2010). In this work, we coupled evolutionary and functional
373 information of healthy aging gene expression studies to identify conserved age-related
374 systems-level changes. We identified conserved functional modules by integration of co-
375 expression networks, and we prioritized genes highlighted by GWAS of age-related
376 diseases and traits. The observations on several functional levels allowed us to highlight
377 the role of proteostasis, which includes all processes related to protein quality control
378 network, as a strong core process associated with normal aging.

379
380 Previous observations restricted to a small number of evolutionarily conserved genes
381 with large effects in aging, or in age-related diseases, provided some evidence that
382 aging mechanisms might be conserved among animals (de Magalhães, Curado and
383 Church, 2009). However, transcriptome level correlations of expression changes in
384 aging between species are very low in our gene-level results, in accordance with other

385 studies (Zahn *et al.*, 2006; Smith *et al.*, 2008; Alexey A Fushan *et al.*, 2015). Yet the
386 process of aging appears overall conserved, with notably common effects of
387 interventions, such as caloric restriction, showing similar effects across species ranging
388 from nematodes, flies, to mammals (Gems and Partridge, 2013). The solution to this
389 apparent paradox seems to be that pathways are evolutionarily conserved in aging
390 (Smith *et al.*, 2008), even when single genes are not. Indeed, we have found strong
391 similarities in age-related gene sets between human and other species.

392
393 Beyond individual pathways, the modular nature of aging has been previously reported
394 at several levels, such as by protein-protein interaction network analysis during human
395 and fruit fly brain aging (Xue *et al.*, 2007), human longevity network construction and
396 identifying modules (Budovsky *et al.*, 2006), mouse age-related gene co-expression
397 modules identification (Southworth, Owen and Kim, 2009), or aging and age-related
398 diseases cluster detection in human aging (Fernandes *et al.*, 2016). Integrating co-
399 expression networks across species, we identified 10 and 13 evolutionarily conserved
400 functional modules for skeletal muscle and hippocampus, respectively. These conserved
401 modules are not only enriched in processes known to be involved in healthy aging, such
402 as immune-related pathways, they significantly overlap with results from age-related
403 GWASs. The latter is of particular relevance, since finding causality for aging in GWAS
404 is difficult, given its highly multifactorial nature (McDaid *et al.*, 2017). Of note, these
405 modules can be tissue-specific, for example related to energy and amino acids in muscle
406 (Figure 5A). Thus, aging is an evolutionarily conserved modular process, and this
407 modularity is tissue-specific.

408
409 An advantage of our approach is that it allows us to detect with good confidence
410 processes whose changes in aging are quite subtle. This is important because healthy
411 aging is not a dramatic process, akin to embryonic development or cancer, but a gradual
412 change in tissues and cell types which keep their defining characteristics. In other words,
413 old muscle and young muscle are very similar at the molecular level, as shown, e.g., by
414 the log-fold change scale in Fig. 3: a log₂ age-related regression coefficient (Formula 1)
415 of -0.005 corresponds to a decrease of only 1.0035 fold. Yet we are able to detect
416 processes associated to these changes with strong confidence, and these processes are
417 mostly known in to be age-related. The largest changes, thus easiest to detect, include
418 metabolism (Finkel, 2015), transcription (Roy *et al.*, 2002), translation (Steffen and Dillin,
419 2016), and immune response. Changes in expression for proteostasis-related genes are
420 weaker, yet integrating at a systems level between species provided us with a strong
421 signal.

422
423 More broadly, our results strengthen the case for further investigation into the molecular
424 program that links proteostasis to healthy aging. This is in line with “loss of proteostasis”
425 as one of the nine proposed hallmarks of aging (López-Otín *et al.*, 2013; Walther *et al.*,
426 2015). Aging involves a deregulation of the protein quality control network, and this is
427 conserved between distant species. Changes in protein synthesis and protein
428 degradation processes have already been linked to several age-related diseases, most
429 notably Alzheimer’s and Parkinson’s disease (Morimoto and Cuervo, 2014). They may
430 be fundamental to the response to normal aging because the accumulation of somatic
431 and germline mutations can alter fine modulation of the protein homeostasis network
432 and produce pathological alterations (Woodruff and Thompson, 2003; Khodakarami *et al.*,
433 2015). Thus proteostasis provides a link between somatic genome-level changes
434 and the phenotypic impact of aging. Our results show that during healthy or normal
435 aging, the alterations in proteostasis network are rather subtle and discrete, by contrast

436 to the strong down-regulation of metabolic processes. This suggests that perhaps there
437 is a cascade of triggered pathways as aging proceeds (Tomaru *et al.*, 2012) . Moreover,
438 we detect evolutionarily conserved links inside modules between mitochondrial
439 deregulation (hub genes) and protein homeostasis (neighboring genes) in normal aging,
440 consistent with recent advances in the field (D 'amico, Sorrentino and Auwerx, 2017;
441 Labbadia *et al.*, 2017; Sorrentino, Menzies and Auwerx, 2018).

442
443 The main evolutionarily conserved gene candidates from proteostasis, *PSMB5* and
444 *PSMD3*, are related to the proteasome. These two genes were tightly connected to
445 metabolic hub genes in skeletal muscle and to filament organization genes in the
446 hippocampus. The proteasome complex is down-regulated during aging in our results,
447 and in a transgenic mouse mutant proteasome dysfunction led to shorter lifespan
448 (Schmidt and Finley, 2014). In the database of gene expression Bgee (Bastian *et al.*,
449 2008), human *PSMB5* and *PSMD3* have top expression in gastrocnemius muscle, with
450 weaker expression in old age. Moreover, both genes showed significant association in
451 GWAS studies with metabolic and disease traits. The *PSMB5* gene was validated by
452 comparing mice strains, and the *PSMD3* gene was related with coronary artery disease,
453 HDL cholesterol and fasting proinsulin, all indicators of healthspan, and would also be
454 worthwhile to explore further.

455
456 The association with caloric restriction studies strengthens the functional contribution to
457 aging of the processes we identified. We observed that the gene-set signals were both
458 evolutionarily conserved in caloric restriction, and shared between healthy aging and
459 caloric restriction experiments. Genes related to proteostasis showed opposite directions
460 in expression changes between human healthy aging and caloric restriction. This
461 indicates that these functions are maintained during caloric restriction in humans but lost
462 during aging, and reinforces the case for a causal link between proteostasis and healthy
463 aging. Our observations are consistent with previous research in *C. elegans*, reporting
464 improvement of proteostasis during caloric restriction treatments and extension of the
465 lifespan (Depuydt *et al.*, 2013; Chondrogianni *et al.*, 2015). Notably, *PSMB5* and *PSMD3*
466 follow this trend in caloric restriction relative to healthy aging, further suggesting that
467 they are prime candidates to study genes underlying functional modules in healthy
468 aging.

469
470 Integrating biological processes based on evolutionary conservation allows
471 distinguishing relevant signals from noise, despite the weak patterns in aging
472 transcriptomes. Moreover, the fact that a process is similarly involved in aging in very
473 different species strengthens the case for causality. This provides a promising
474 foundation to search for relevant biomarkers of healthy aging of specific tissues, e.g.
475 further analysis of directions of change in homologous tissues, in different model
476 organisms.

477
478 In summary, the large-scale, comprehensive gene expression characterization in our
479 study provides insights in underlying evolutionarily conserved mechanisms in normal
480 aging. While metabolic and certain tissue-specific pathways play a crucial role in aging,
481 processes affecting the protein quality control network also show very consistent signal.
482 Using both evolutionary and functional information, we detected conserved functional
483 modules that allowed us to identify core proteostasis-related genes. These genes were
484 implicated as important hits in age-related GWAS studies (Gomes, 2013). Together, the
485 integrative systems-level approach facilitated the identification of conserved modularity
486 of aging, and of candidate genes for future normal aging biomarkers.

487

488 **Figures**

489 **Figure 1. Study design and differential gene expression analysis.**

490 (A) An overview of the integration process based on transcriptomes across the species.
491 (I) Analysis starts at the single-gene level by performing differential expression analysis
492 per species between young and old adults (all samples in case of GTEx human data),
493 and determining the orthogroups across species. (II) The orthogroups (OG) are
494 summarized to single genes that represent age-associated conserved genes. (III) The
495 same genes are then used to build the co-expression networks per species and being
496 integrated in the final cross-species network. (See Methods, Figure S1A and S1B)

497 (B) The species used in the study with their phylogenetic relations and the alignment of
498 their ages categories.

499 (C) Barplots representing the numbers of significantly differentially expressed age-
500 related genes (FDR < 0.1) in old healthy individuals in each dataset used. Blue (resp.
501 red) bars represent genes significantly up- (resp. down-) regulated in old adults.
502

503 **Figure 2. Functional enrichment analysis of integrated age-associated conserved 504 genes.**

505 (A) Clustering of the age-related samples between human (20-30y; 61-70y) and mouse.
506 The heatmaps show good concordance between the young and old samples between
507 species based on the 1-1 orthologous genes that are differentially expressed.

508 (B) Bubble plot showing the number of GO categories with conserved change of
509 expression in aging between species. The analysis only includes categorized GO terms
510 that are significant (FDR < 0.05) and unique to the homologous quadruplets enrichment.

511 (C) GO enrichment of genes involved in processes related to proteostasis based on
512 cellular component (CC) and biological process (BP). Lengths of bars represent GO
513 log₂-transformed enrichment scores.
514

515 **Figure 3. Gene expression changes in the main aspects of the proteostasis 516 network in healthy aging human skeletal muscle.**

517 Conserved genes from macroautophagy (A), translation (B) and proteasome complex
518 (C) in GTEx skeletal muscle data. Grey, conserved genes that are not significant (FDR >
519 0.05) in human GTEx skeletal muscle data. The x-axis of the volcano plots shows the
520 log₂ of age-regression coefficient (log₂ slope, Formula 1) across the samples in GTEx
521 data (see Methods; Formula 1), named log₂ fold-change.

522 (D) Schematic outline of the gene expression direction of the proteostasis-linked
523 processes in aging human muscle.
524

525 **Figure 4. Cross-species aging-associated skeletal muscle and hippocampus 526 functional modules and GO enrichments.**

527 Module networks of skeletal muscle (A) and hippocampus (B) with GO and GWAS
528 enrichments for modules of size greater than 10. The tables on the right show top GO
529 BP terms (FDR < 0.1) enriched in the skeletal (upper panel) and hippocampus (lower
530 panel) modules. The GWAS-associated disease column in the same table contains
531 associations to the module passing a threshold of FDR < 0.2.
532

533 **Figure 5. Module architectures and prioritization of candidate genes**

534 (A-B) Architecture of modules related to protein polyubiquitination (M2; A) and positive
535 regulation of telomerase RNA (M4; B) with hub genes (in red) and their neighboring
536 genes (in black), in skeletal muscle (A) and hippocampus (B).
537 (C) GWAS heatmap of the conserved proteostasis-related genes that were prioritized in
538 modules. The heatmap shows the strength of association of each gene (hubs and
539 neighbouring genes from the interested modules) with GWAS.
540 (D) Volcano plot of the prioritized and conserved genes in human dietary restriction
541 dataset.
542 (E) Validation plots for *PSMB5* gene in independent mouse studies, taken at 72 and 78
543 days of age. The x-axis represents the expression values of the gene in 35 strains of
544 LXS (upper scatterplot) and BXD (lower scatterplot), and y-axis maximum (upper
545 scatterplot) and median (lower scatterplot) lifespan of that strain. The left panel shows
546 GSEA enrichment relation between proteasome complex and lifespan.

547

548 [Supplemental Data](#)

549 Supplement Figures are in Supplemental document.

550 **Table S1. Expression datasets used in aging and caloric restriction analysis.** This
551 table contains 2 sheets, corresponding to aging and dietary restriction experiments.

552

553 **Table S2. Differential expression statistics in skeletal muscle (human, mouse),**
554 **hippocampus (human, mouse), whole body (fly, worm) for age-related**
555 **experiments and skeletal muscle (human, mouse) and whole body (fly, worm) for**
556 **dietary restriction.** This table contains 6 sheets, each sheet corresponds for tissue and
557 species. In each sheet, rows correspond to genes with no cutoffs applied. The columns
558 provide differential expression statistics for all the samples (GTEx) and two-group
559 comparisons (model organisms).

560

561 **Table S3. Overlap between the 1-to-1 conserved age-related orthologs between**
562 **human and model organisms.**

563

564 **Table S4. List of orthologous genes from integrative analysis.** This table contains 3
565 sheets, corresponding to muscle, hippocampus and dietary restriction experiments that
566 were integrated based on orthologous groups. The columns represent name of
567 orthogroups, combined p-values across species from Fisher's combined probability test,
568 original p-values from differential expression analysis per species and annotations of
569 genes. The rows contain genes that are representative per orthologous group for each
570 species.

571

572 **Table S5. Summarized clusters based on GO semantic similarity method.** This
573 table contains 3 sheets, corresponding to muscle, hippocampus and dietary restriction
574 GO analysis. The file shows the GO enrichments and categorization to higher (more
575 general) GO terms.

576

577 **Table S6. Proteostasis-linked processes enriched in 2 tissues and dietary**
578 **restriction experiments.** This table contains 3 sheets, corresponding to muscle,
579 hippocampus and dietary restriction GO analysis for proteostasis-linked processes.

580

581 **Table S7. Significant conserved genes from human GTEx in proteostasis quality**
582 **network for skeletal muscle and hippocampus.** This table contains 6 sheets for each
583 part of the protein quality network (macroautophagy, translation and proteasome
584 complex) per tissue.

585

586 **Table S8. Summary of the statistics from network analysis.** This table contains 5
587 sheets of the information about the sizes of the all modules and GO and GWAS
588 enrichments in each tissue for proteostasis-linked modules.

589

590 **Table S9. Summary of mapping the GWAS traits for selected modules.** This table
591 contains the gene-level p-values from the PASCAL tool for the heatmap of Figure 5C for
592 selected 22 GWAS age-related studies.

593

594 METHODS

595 **Data selection.** To obtain a representative set of aging gene expression experiments, a
596 set of raw RNA-seq and microarray datasets of four species (*H. sapiens*, *M. musculus*,
597 *D. melanogaster*, *C. elegans*) were downloaded from the GEO database (Barrett *et al.*,
598 2013) and SRA database (Leinonen *et al.*, 2011) (Table S1). For observing aging gene
599 expression signatures in human and mouse, we selected hippocampus and skeletal
600 muscle tissues. The aging gene expression experiments for fly and worm were available
601 as whole-body experiments. All the healthy or control samples came from two extreme
602 age groups (young and old adults) that are counted from sexual maturity. This
603 corresponds to 20-30 years old humans, 3-4 months old mice, 4-5 days old flies and 3-6
604 days old worms (see Figure 1B) in young adults. In old adult age group, this corresponds
605 to 60-70 years old humans, 20-24 months old mice, 40-50 days old flies and 12-14 days
606 old worms. The sample size per age group was 3-6 replicates. The GTEx V6p read
607 counts were used as *H. sapiens* aging experiment (V6p dbGaP accession
608 phs000424.v6.p1, release date: October, 2016). The information about the sample ages
609 was obtained through dbGAP annotation files of the GTEx project (restricted access).
610 Two RNA-seq datasets were matched for *M. musculus* and *C. elegans*; and the
611 microarray platforms included were from Affymetrix: Mouse 430 A/2.0, GeneChip
612 Drosophila Genome array and *C. elegans* Genome array.

613

614 **GTEx v6p analysis.** From the downloaded GTEx V6p data, we extracted the gene read
615 counts values for protein-coding genes by using Ensembl (release 91). For each tissue,
616 the lowly expressed genes were excluded from data analysis according to the GTEx
617 pipeline (Mele *et al.*, 2015). Prior to the age-related differential expression analysis, we
618 used the PEER algorithm (Stegle *et al.*, 2012) in a two-step approach to account for
619 known covariates as well as for hidden factors present in GTEx V6p data per tissue.
620 From covariate files (Brain_Hippocampus_Analysis.covariates.txt and
621 Muscle_Skeletal_Analysis.covariates.txt), we used information about the three genotype
622 principal components. From phenotype file
623 (phs000424.v6.pht002742.v6.p1.c1.GTEx_Subject_Phenotypes.GRU.txt), we used
624 information about age, gender, ischemic time and BMI information. From attribute file
625 (phs000424.v6.pht002743.v6.p1.c1.GTEx_Sample_Attributes.GRU.txt), we extracted
626 information about the sample associations with interested tissues, hippocampus and
627 skeletal muscle. In the first step, the PEER algorithm discovers patterns of common

628 variation; it created 15 and 35 assumed global hidden factors for hippocampus and
629 skeletal muscle, respectively. In addition to global hidden factors, we provided age, BMI,
630 sex and ischemic time as known covariates in PEER model. In the second step those
631 hidden factors (gene expression principal components) that showed significant
632 Pearson's correlation coefficient with age (p-value < 0.05) were excluded. The number of
633 hidden factors that did not significantly correlate in hippocampus was 7/15 and in
634 skeletal muscle were 22/35 that were selected for further linear model analysis. The sum
635 of remaining hidden factors and known covariates were included in a linear regression
636 model to obtain the genes differentially expressed during aging in GTEx V6p data for each
637 tissue (Formula 1).

$$639 Y_{ji} = \mu_0 + \alpha_j Age_i + \gamma_j Sex_i + \beta_j BMI_i + \theta_j Ischemic\ time_i + \sum_{k=1}^n \delta_j PC_{ki} + \epsilon_i [1]$$

640
641 where, Y_{ji} is the expression of a gene j in a sample i , where Age , Sex , BMI , $Ischemic$
642 $time$ of sample i , with their regression coefficients α , γ , β , θ . PC_{ki} ($1 < k < n$) is the value
643 of the k -hidden factors for the i -th sample with regression coefficient δ ; n is a total
644 number of factors that was not correlated with age, ϵ_i is the error term, and μ_0 is the
645 regression intercept. If $\alpha > 0$, gene j was treated as up-regulated, otherwise gene j was
646 treated as down-regulated. The linear model (Formula 1) was performed in *limma voom*,
647 and the p-values were corrected for multiple testing by performing false discovery rate
648 (FDR) correction using Benjamini-Hochberg method.

649
650 **Aging datasets microarray analysis.** For microarray datasets (both aging and caloric
651 restriction experiments) from skeletal muscle of *M. musculus* and whole-body of *D.*
652 *melanogaster*, raw Affymetrix .CEL files were downloaded from the GEO database and
653 preprocessed using RMA normalization algorithm (Irizarry *et al.*, 2003) (Table S1). In
654 case of multiple probes mapping to the genes on the array, the average of the probes
655 was taken in further analysis. The annotation was used from Ensembl release 91. In
656 order to identify the features that exhibit the most variation in the dataset, principal
657 component analysis (PCA) was performed on the expression matrices to detect outlier
658 samples, gender and other batches.

659
660 **Aging datasets RNA-seq analysis.** For RNA-seq datasets from two model organisms,
661 *M. musculus* and *C. elegans*, the .sra files were downloaded from the SRA database
662 (Leinonen *et al.*, 2011). Both datasets were sequenced on Illumina HiSeq 2000 with read
663 length 50nt. The reads were mapped to species-specific reference genomes (*M.*
664 *musculus*: GRCm38.p5, *C. elegans*: WBCel235) using kallisto v0.43.1 (for index
665 building: kallisto index -i genome.idx genome.cdna.all.fa (k-mer = 31, default option); for
666 mapping: kallisto quant -i genome.idx -o output.file -single -l 200 -s 20
667 single.end.fastq.file) (Bray *et al.*, 2016). Both *M. musculus* and *C. elegans* had single-
668 end RNA-seq libraries in the experiments (Table S1.). The transcript abundances were
669 summarized at the gene-level (Soneson, Love and Robinson, 2015). For both species,
670 we used GTF gene annotation files that were downloaded from Ensembl ftp site (release
671 91) (Aken *et al.*, 2016). The transcript abundances were summarized at the gene-level to
672 lengthscaledTPMs using tximport v1.6.0 (Soneson, Love and Robinson, 2015) and used
673 as an input to *limma voom*. The gene-level read counts were further analyzed in R
674 v3.4.3. The read counts were normalized by total number of all mappable reads (library
675 size) for each gene. The *limma voom* results in a matrix of normalized gene expression
676 values on log2 scale. The counts and normalized log2 *limma voom* expression values
677 were used as a raw input for all the analysis. Outlier samples were checked by principal

678 component analysis. For each species, genes that showed expression below 1 count per
679 million (cpm < 1) in the group of replicates were excluded from downstream analysis.

680

681 **Identification of age-related differentially expressed genes.** To be able to obtain
682 differentially expressed genes from different experiments that were normalized, we had
683 to account for the possible batches present. Since we are not aware of all the batches in
684 the studies, we used Surrogate Variable Analysis (SVA) to correct for batches (Leek and
685 Storey, 2007) in microarray data analysis. The SVA method borrows the information
686 across gene expression levels to estimate the large-scale effects of all factors absent
687 from the model directly from the data. After species-specific expression matrices were
688 corrected, they served as input into linear model analysis implemented in *limma*
689 (Affymetrix) or *limma voom* (RNA-seq) (Law *et al.*, 2014), for finding age-related
690 differentially expressed genes between two extreme aging groups, young and old.
691 Briefly, *limma* uses moderate t-statistics that includes moderated standard errors across
692 genes, therefore effectively borrowing strength from other genes to obtain the inference
693 about each gene. The statistical significance of putatively age-dependent genes was
694 determined with a false discovery rate (FDR) of 10%.

695

696 **Caloric restriction datasets microarray analysis.** The GEO database was used to
697 download caloric restriction datasets (Table S1). Only muscle tissue was available in *H.*
698 *sapiens*, therefore we selected correspondingly muscle tissue in mouse, but whole body
699 in fly and worm. The datasets were normalized using RMA normalization algorithm
700 (Irizarry *et al.*, 2003) (Table S1). In case of multiple probes mapping to the genes on the
701 array, the average of the probes was taken in further analysis. The annotation was used
702 from Ensembl release 91. To call differentially expressed genes, we used *limma*
703 between caloric restriction and control samples. The statistical significance of putatively
704 age-dependent genes was determined with a false discovery rate (FDR) of 5%.

705

706 **Age group alignments between species.** For deriving one-to-one orthologs, human
707 genes were mapped to the homologs in the respective species using biomaRt v2.34.2.
708 After detection of significant age-associated differentially expressed genes, we
709 overlapped one-to-one orthologous genes between the species in order to observe the
710 consistency of age groups between species. We took the *limma voom* corrected
711 expression matrix for GTEx V6p and the expression matrices of model organisms, and
712 selected only genes that were differentially expressed with an FDR of 5%. We then
713 accounted for the laboratory batch effect by applying Combat on expression matrices
714 (Leek *et al.*, 2012).

715

716 **Gene-level analysis.** To examine the relationship between aging in human and model
717 organisms on single-gene level, we mapped one-to-one orthologous genes from human
718 to model organisms and between the organisms downloaded from Ensembl (Aken *et al.*,
719 2016). We calculated Spearman correlations between sets of matched differentially
720 expressed orthologous genes, between log₂ fold-changes (Supplementary Figure S2).
721 No cutoff for fold change was used.

722

723 **Constructing homologous quadruplets and enrichment analysis.** We downloaded
724 hierarchical orthologous groups (HOGs, in further text referring to orthologous groups
725 (OG)) across four species from the OMA (orthologous matrix analysis) database
726 (Altenhoff *et al.*, 2015) at the Bilateria level (*Amphimedon queenslandica* (*Cnidaria*) was
727 used as a metazoan outgroup), which resulted in 3232 orthologous groups. Briefly,
728 hierarchical orthologous groups are gene families that contain orthologs (genes related

729 by speciation) and in-paralogs (genes related by duplication) at the taxonomic level
730 which orthologous groups were defined. The sizes of orthologous groups in this study
731 range from 4 to 246 genes. We filtered age-related genes per orthologous group per
732 species in order to obtain representative species-specific genes per group. The genes
733 within orthologous group were selected according to the P values from differentially
734 expression analysis (Rittschof *et al.*, 2014). We applied Bonferroni correction on each
735 orthologous group to the differential expression P values in order to correct for the size
736 of the orthologous group. We then combined the corrected differential gene expression
737 P values across species using Fisher's combined probability test generating a new P
738 value from χ^2 distribution with $2k$ degrees of freedom (Formula 2).

739

$$740 \quad -2 \sum_{i=1}^k \ln(P_i) \sim \chi_{2k}^2 \quad [2],$$

741

742 where P_i is species-specific gene P value from differential expression analysis within a
743 OG.

744

745 We adjusted combined Fisher P values for multiple testing, and filtered orthologous
746 groups with FDR of 10% for further analysis. This resulted in 2010 and 2075 common
747 OGs for skeletal muscle and hippocampus, respectively. In caloric restriction
748 experiments, we detected 1962 common OGs.

749 We performed general GO enrichment analysis using Fisher's test (topGO R package)
750 on significant orthologous group genes and based on human gene set annotation to find
751 functional enrichment of OGs in GO 'biological process' terms. To summarize the
752 significantly enriched top 100 GO terms into main ones, we used the Wang GO semantic
753 similarity method (Wang *et al.*, 2007) that takes into account the hierarchy of gene
754 ontology, and performed hierarchical clustering (11 clusters for skeletal muscle and 13
755 clusters for hippocampus, 10 clusters for caloric restriction) on the semantic matrix for
756 both aging and caloric restriction experiments (Table S5). The clusters were then named
757 according to the common term of the cluster. We associated proteostasis-linked
758 processes to GO terms associated with 'translation', 'protein folding', 'proteasome
759 assembly', 'macroautophagy', 'proteasome complex', 'endoplasmic reticulum',
760 'lysosome' and others.

761 To perform the randomizations, we selected random genes from the differential
762 expression matrices with the same number as the number of orthologous groups
763 selected for skeletal muscle and hippocampus. The p-values associated with the random
764 genes per species were then combined with the Fisher's combined test. The GO
765 enrichment analysis was performed as for the observed data with focus on the 'biological
766 process' and based on the human annotation. The procedure was repeated 100 times
767 (Figure S6).

768

769 **Prioritization of OG gene pairs in multi-species co-expression network.** We aimed
770 to detect gene sets that are perturbed in aging in different species. We selected the
771 genes from previously formed significant age-related OGs per species and constructed
772 the species-specific co-expression networks by calculating Pearson correlation
773 coefficient between age-related OGs genes. In the resulting species-specific co-
774 expression network, nodes represent genes and edges connect genes that are above a
775 set significant threshold from Pearson correlation calculation (P value < 0.05). Only
776 positively correlated genes were taken into account, while the negatively correlated
777 genes and genes correlating under the threshold were set to zero. Negatively correlated
778 genes might be interesting to detect complex regulatory patterns, but are beyond the

779 scope of this study. The cross-species network was obtained as follows (Stuart *et al.*,
780 2003). Each co-expression link was assigned a rank within the species according to the
781 Pearson correlation value. We then divided the species-specific ranks by the total
782 number of OGs per tissue to normalize the ranks across the species (Formula 3,
783 example for human, but same for other species).

784 $r_n = \frac{r_{cxh}}{N_{eog}}$ [3], where r_n is normalized gene pair rank, r_{cxh} is the rank of co-
785 expression link in human and N_{eog} is the number of common evolutionary orthologous
786 groups selected for tissue.

787
788 The final gene-pair list was then obtained by integrating human, mouse, fly and worm
789 ranked lists using robust aggregation, originally made for comparing two lists (Kolde *et al.*,
790 2012). Briefly, using beta probability distribution on order statistics, we asked how
791 probable is the co-expression link by taking into account the ranks of all four species.
792 This method assigns a P value to each co-expression link in an aggregated list,
793 indicating how much better it is ranked compared to the null model (random ordering).
794 This yielded networks with 2887 and 3353 significant gene-pairs (edges) (P value <
795 0.001) for skeletal muscle and hippocampus, respectively.

796 To confirm that the integrated age-related multi-species networks are significant, we
797 selected randomly collected genes from each species. The numbers of selected genes
798 was the same as in the OGs. We then formed the quadruplets and performed the same
799 integration analysis as before. We repeated the procedure 100 times, and obtained 100
800 randomly integrated multi-species networks (Figure S7). In both cases, random and
801 original analysis, the annotation was based on human.

802
803 **Clustering the integrated cross-species network.** In order to identify aging-
804 associated functional modules, we created networks containing 1142 nodes (2887
805 edges) in skeletal muscle and 1098 nodes (3353 edges) in hippocampus, from our
806 prioritized gene pair list based on orthology and all edges between them. The negative
807 logarithm (base 10) of P values from aggregated list was assigned as edge weights in
808 both integrated networks. We decomposed the skeletal muscle and hippocampus
809 integrated networks into components and the further analysis was restricted to analysis
810 of a giant component. The giant component contained 1050 genes (nodes) in skeletal
811 muscle and 1067 genes (nodes) in hippocampus. As before, we used human annotation.
812 The modules within the cross-species networks of each tissue were obtained by using a
813 multilevel community algorithm that takes into account edge weights (Yang, Algesheimer
814 and Tessone, 2016) from igraph (Csárdi & Nepusz 2006). Briefly, the multilevel
815 algorithm (Blondel *et al.*, 2008) takes into account each node as its own and assigns it to
816 the community with which it achieves the highest contribution to modularity. To obtain
817 Figure 4, we summarized groups of module nodes to single meta-nodes according to
818 their multilevel-algorithm calculated module membership, and showed the inter-modular
819 connectivity using a circular layout. We selected the modules with size greater than 10,
820 which returned 12 modules per tissue-specific cross-species network. We checked the
821 functional enrichment of genes within selected modules in every network using Gene
822 Ontology through topGO R package (See Figure 4).

823 Moreover, we downloaded the pre-calculated file of gene-level summary statistics from
824 37 GWASs from the Pascal method (Lamparter *et al.*, 2016). We selected 22 out of 37
825 GWAS studies (Marbach *et al.*, 2016) (Table S9) that are associated with metabolic and
826 neurological age-related diseases. To perform enrichment of the module genes within
827 GWAS age-related diseases categories, we selected top-ranking genes (GWAS gene

828 score < 0.1) within each disease and formed the categories for enrichment. We ran
829 enrichment analysis on final network modules to find disease-related modules (adjusted
830 p-value < 0.2). The human genome was used as a background gene set.
831 Finally, we used Kleinberg's hub centrality score to determine the hub genes within
832 interested modules and observed the hub-gene neighborhood. The final genes were
833 then selected to show their *P* value association within GWAS studies (Figure 5C, Table
834 S9).

835
836 **LXS and BXD mouse data.** Male and female mice from those strains were fed with
837 normal ad libitum diet, and median and maximum lifespan were calculated to represent
838 longevity across strains. Microarray data as well as lifespan data were downloaded from
839 GeneNetwork.org. Microarray data from prefrontal cortex of LXS mice was generated by
840 Dr. Michael Miles using animals with the average age of 72 days (GN Accession:
841 GN130). Microarray data from spleen of BXD mice was generated by Dr. Robert W.
842 Williams using animals with the average age of 78 days (GN Accession: GN283).
843 Microarray data from hippocampus of BXD mice was generated by Dr. Gerd
844 Kempermann and Dr. Robert W. Williams using animals with the average age of 70 days
845 (GN Accession: GN110). To correct for the population structure within the strains, a
846 linear mixed model approach was applied. For enrichment analysis, genes were ranked
847 based on their Pearson correlation coefficients with the lifespan data of the BXD strains,
848 and Gene Set Enrichment Analysis (GSEA) was performed to find the enriched gene
849 sets correlated with the lifespan (Subramanian et al., 2005).

850

851 Author Contributions

852 Conceptualization, A.K. and M.R.R.; Methodology, A.K.; Investigation, A.K.;
853 Preprocessing datasets: A.K, Formal Analysis, A.K.; Validation analysis: H.L.; Writing –
854 Original Draft, A.K.; Writing – Review & Editing, A.K., H.L., V.S., J.A., Z.K. and M.R.R.;

855 Funding Acquisition, M.R.R.; Supervision, M.R.R.

856 The authors declare that they have no conflict of interest.

857

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868

869

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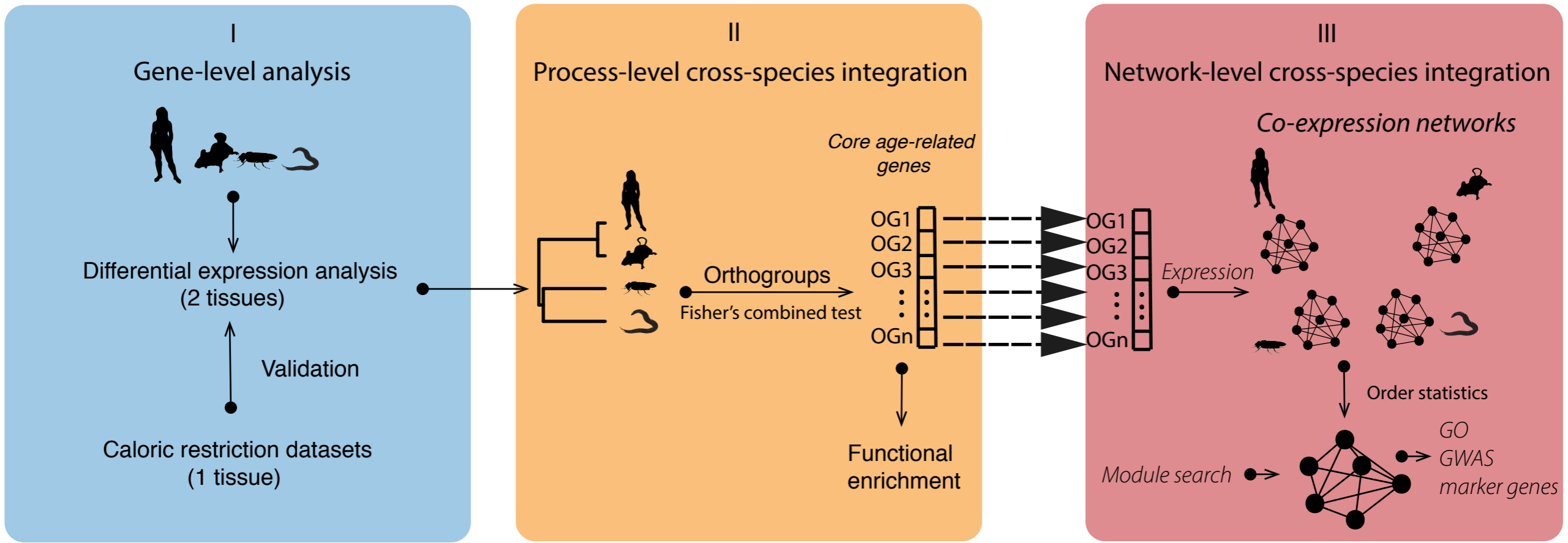
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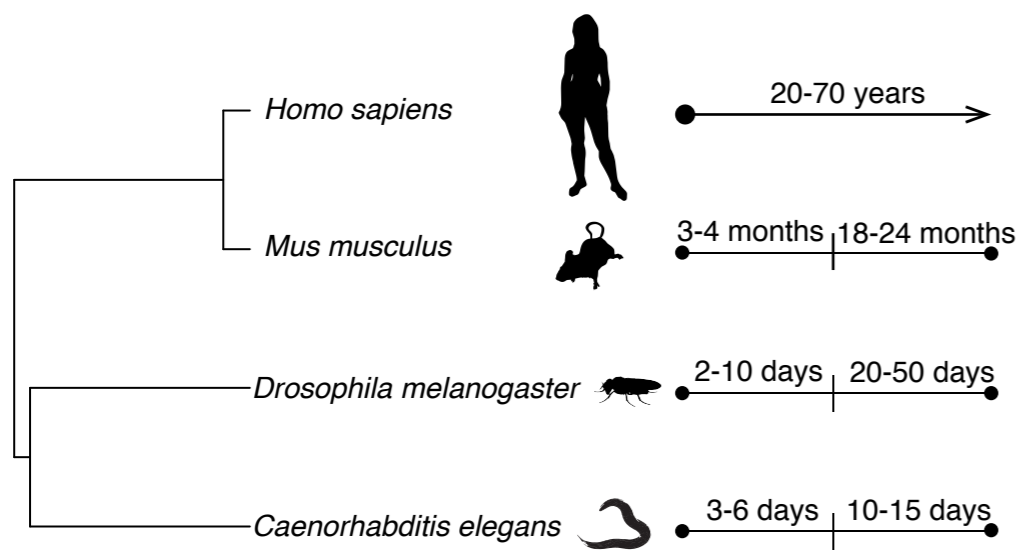
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Cross-species Analysis Framework and Methodology

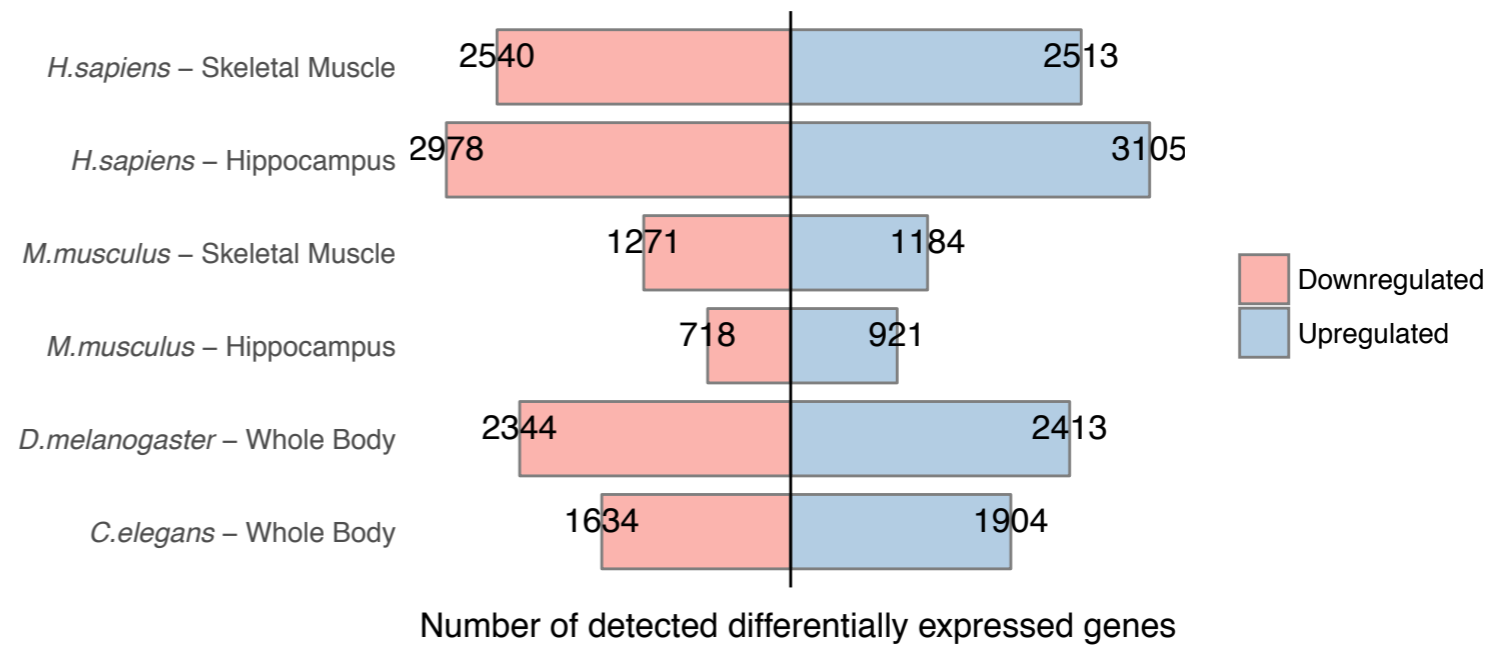
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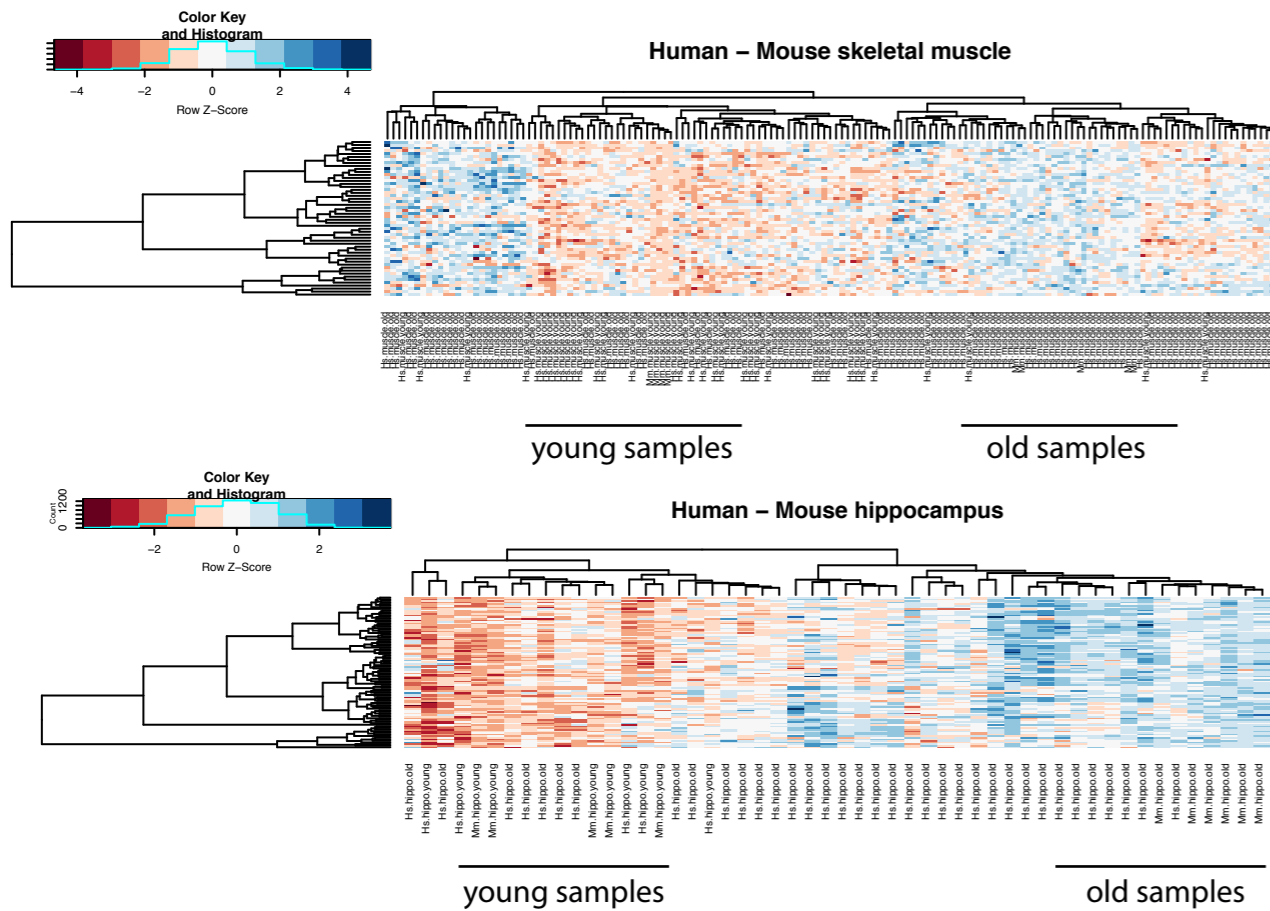
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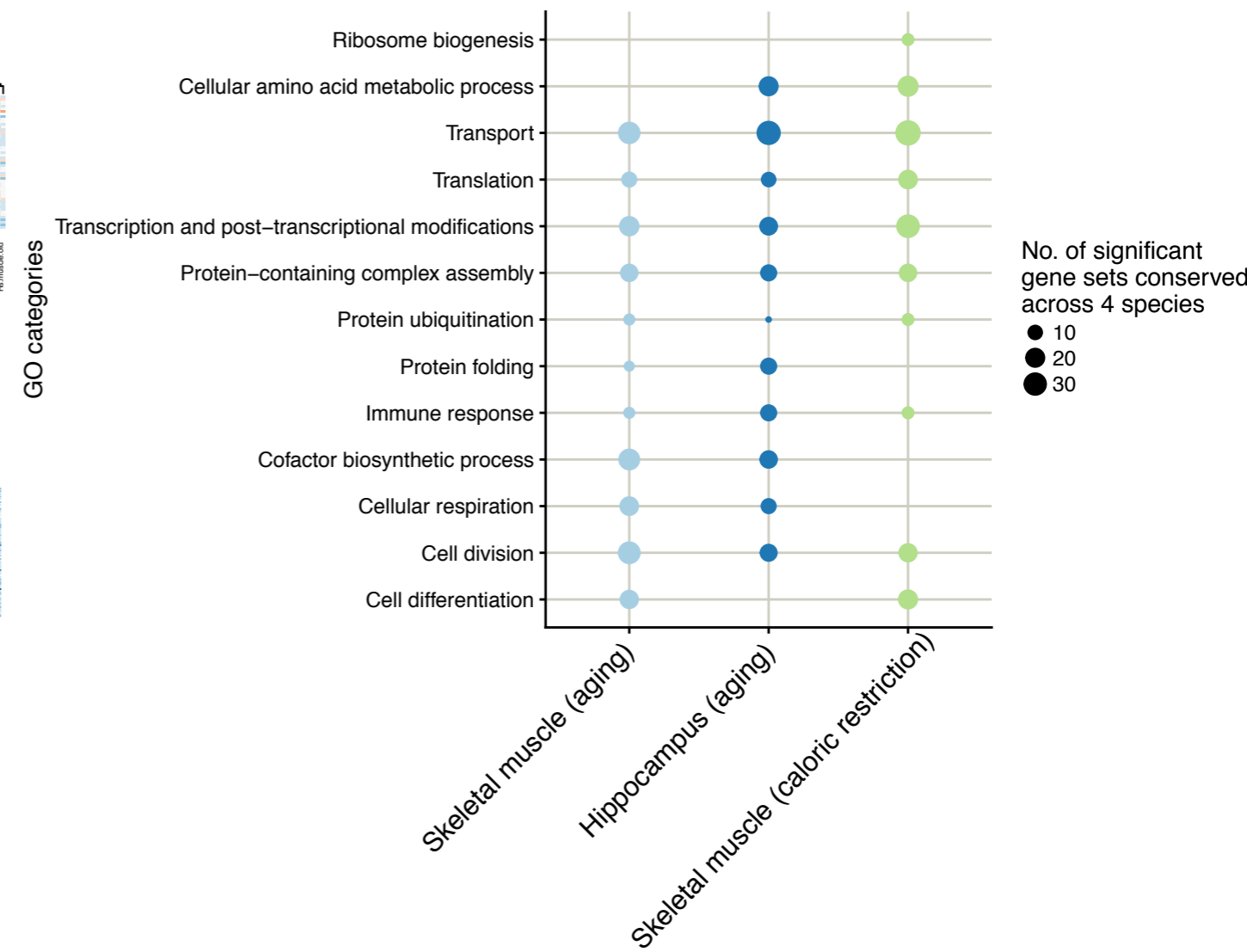
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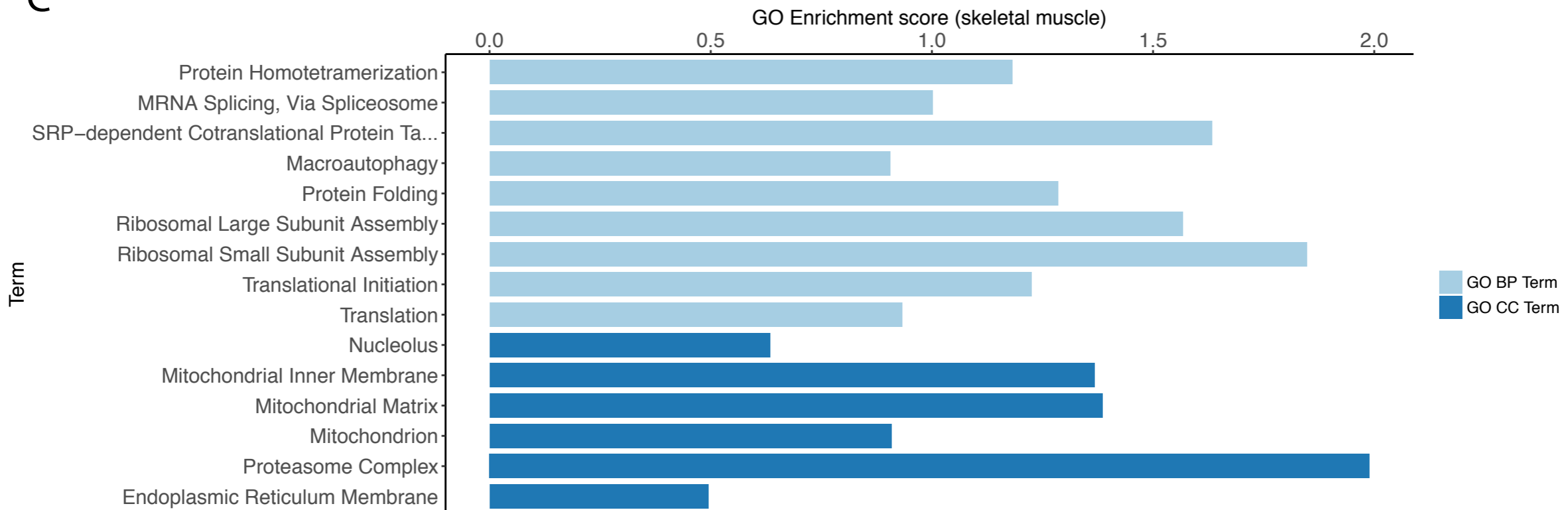
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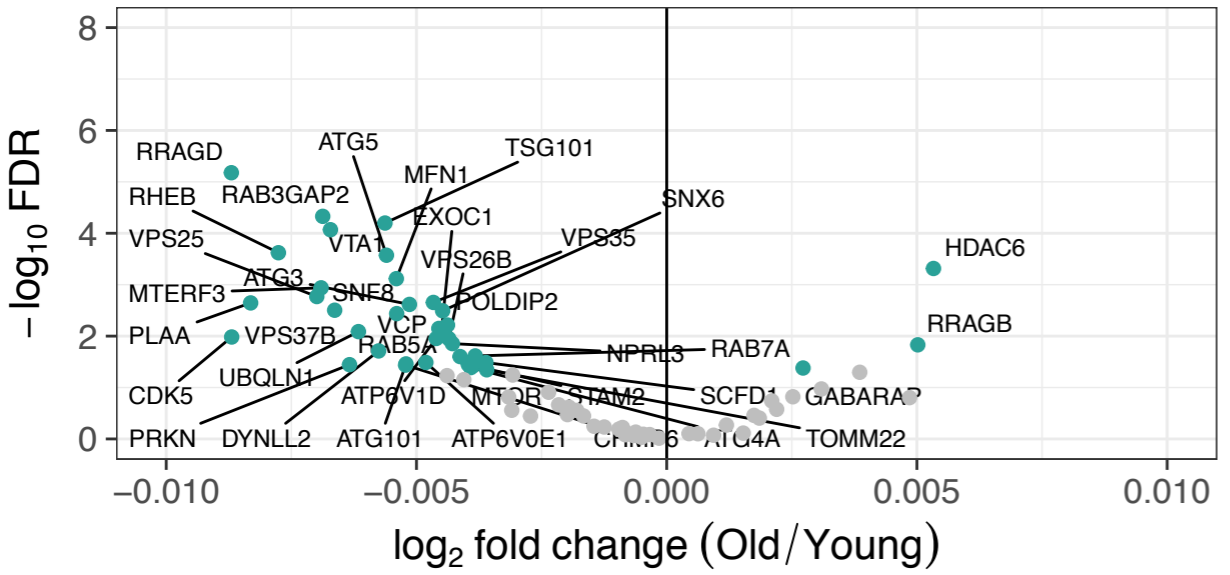


C



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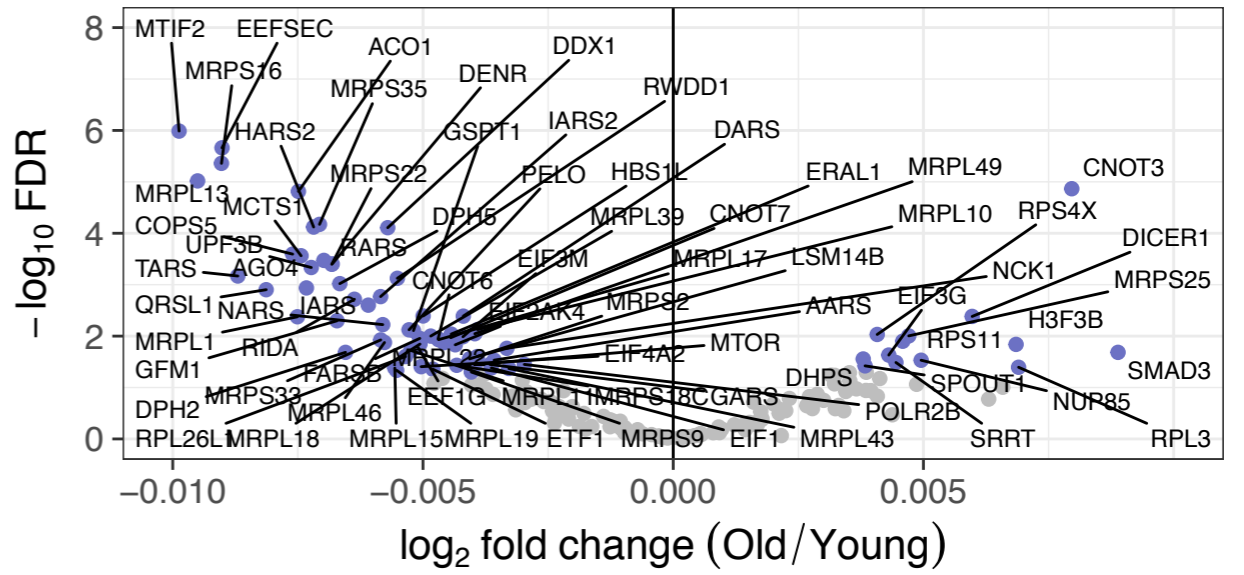
GO:0016236 macroautophagy
(GTEx Skeletal Muscle)



Significant ● FDR < 0.05 ● FDR > 0.05

B

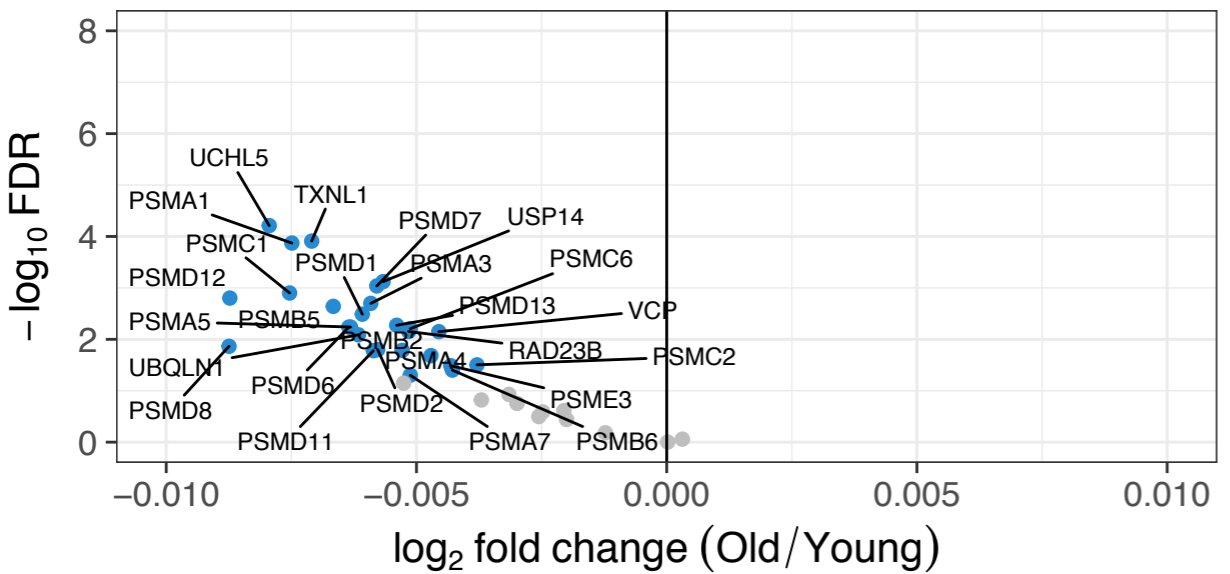
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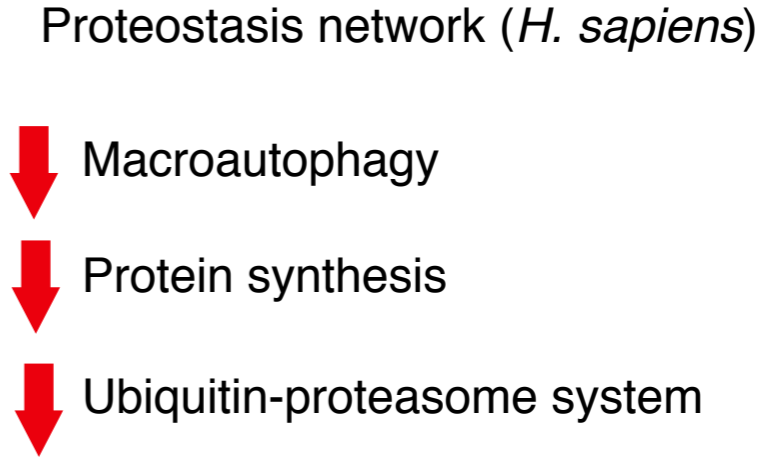
C

GO:0000502 proteasome complex
(GTEx Skeletal Muscle)

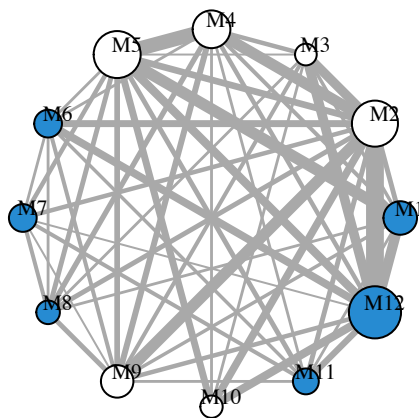


Significant ● FDR < 0.05 ● FDR > 0.05

D



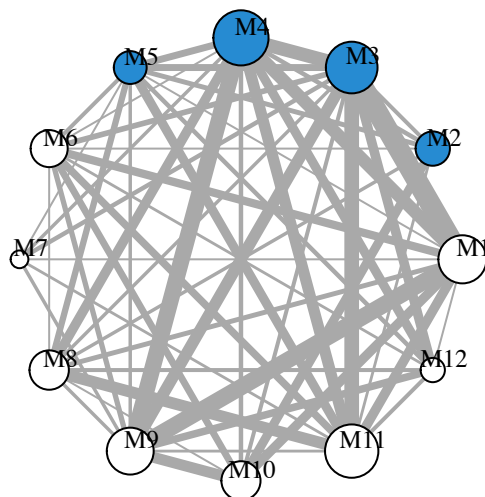
Skeletal Muscle



 Proteostasis-associated processes

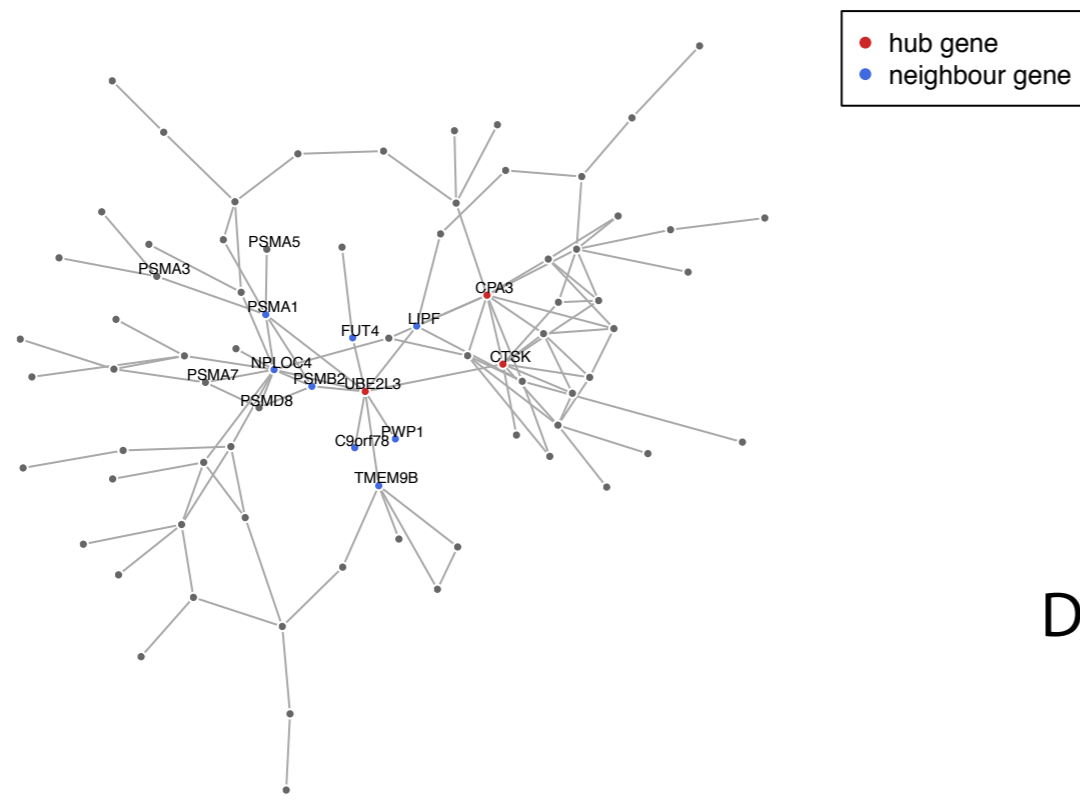
| Module | GO BP terms | GWAS-associated disease |
|------------|---|--|
| M1 | GO:0010972 negative regulation of G2/M transition of mitotic cell cycle GO:0031146 SCF-dependent proteasomal ubiquitin-dependent protein catabolic process GO:0006521 regulation of cellular amino acid metabolic process | |
| M2 | GO:0043488 regulation of mRNA stability GO:0006458 'de novo' protein folding GO:0032212 positive regulation of telomere maintenance via telomerase | |
| M3 | GO:0000398 mRNA splicing, via spliceosome GO:00321124 mRNA 3'-end processing | LDL cholesterol, Total cholesterol |
| M4 | GO:0006094 gluconeogenesis GO:0061621 canonical glycolysis | 2hr glucose, multiple sclerosis, triglycerides |
| M5 | GO:0006099 tricarboxylic acid cycle GO:0032981 mitochondrial respiratory chain complex I assembly | Insulin resistance |
| M6 | GO:0016241 regulation of macroautophagy GO:0042147 retrograde transport, endosome to Golgi | |
| M7 | GO:0006413 translational initiation GO:0006364 rRNA processing | |
| M8 | GO:0006457 protein folding GO:0006283 transcription-coupled nucleotide-excision repair | |
| M9 | GO:0006189 'de novo' IMP biosynthetic process GO:0009113 purine nucleobase biosynthetic process | |
| M10 | GO:0097194 execution phase of apoptosis GO:0048312 intracellular distribution of mitochondria | |
| M11 | GO:0042274 ribosomal small subunit biogenesis GO:0006605 protein targeting | |
| M12 | GO:000209 protein polyubiquitination | Coronary artery disease |

Hippocampus



| Module | GO BP terms | GWAS-associated disease |
|------------|---|-------------------------|
| M1 | GO:0006099 tricarboxylic acid cycle GO:0006734 NADH metabolic process | |
| M2 | GO:0006413 translational initiation GO:0006364 rRNA processing GO:0006614 SRP-dependent cotranslational protein targeting to membrane | |
| M3 | GO:0006886 intracellular protein transport GO:0000209 protein polyubiquitination | |
| M4 | GO:1904874 positive regulation of telomerase RNA localization to Cajal body | Coronary artery disease |
| M5 | GO:0014850 response to muscle activity GO:0018344 protein geranylgeranylation | |
| M6 | GO:0055114 oxidation-reduction process | Fasting proinsulin |
| M7 | GO:0010976 positive regulation of neuron projection development | |
| M8 | GO:1902001 fatty acid transmembrane transport | |
| M9 | GO:0050806 positive regulation of synaptic transmission | |
| M10 | GO:0006120 mitochondrial electron transport, NADH to ubiquinone GO:0032981 mitochondrial respiratory chain complex I assembly | |
| M11 | GO:0022618 ribonucleoprotein complex assembly GO:0000082 G1/S transition of mitotic cell cycle | |
| M12 | GO:0006189 'de novo' IMP biosynthetic process GO:0009113 purine nucleobase biosynthetic process | |

A Skeletal muscle M1 (GO:0031146 SCF-dependent proteasomal ubiquitin-dependent protein catabolic process)



B Hippocampus M4 (GO:1904874 positive regulation of telomerase RNA localization to Calaj body)

