Spotlight on islands: on the origin and diversification of a new lineage of the

Italian wall lizard *Podarcis siculus* in the western Pontine Islands

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Abstract

Groups of proximate continental islands may conceal more tangled phylogeographic patterns

than oceanic archipelagos as a consequence of repeated sea level changes, which allow

populations to experience gene flow during periods of low sea level stands and isolation by

vicariant mechanisms during periods of high sea level stands. Here, we describe for the first

time an ancient and diverging lineage of the Italian wall lizard *Podarcis siculus* from the

western Pontine Islands. We used nuclear and mitochondrial DNA sequences of 156

individuals with the aim of unraveling their phylogenetic position, while microsatellite loci

were used to compare several a priori insular biogeographic models of migration with

empirical data. Our results suggest that the western Pontine populations colonized the islands

early during their Pliocene volcanic formation, while populations from the eastern Pontine

Islands seem to have been introduced recently. The inter-island genetic makeup suggests an

important role of historical migration, probably due to glacial land bridges connecting islands

followed by a recent vicariant mechanism of isolation. Moreover, the most supported

migration model predicted higher gene flow among islands sharing a longitudinal

arrangement. Considering the threatened status of small insular endemic populations, we

suggest this new evolutionarily independent unit be given priority in conservation efforts.

Introduction

Islands epitomize a suite of simplified conditions in spatially bounded areas, which make harbored populations an ideal model to investigate several evolutionary topics (MacArthur & Wilson, 1967; Carlquist, 1974; Losos & Ricklefs, 2009). For example, oceanic islands contributed a lot to our empirical understanding of a variety of microevolutionary processes that drive diversification and eventually speciation (Wallace, 1881; Cowie & Holland, 2006; Heaney, 2007; Whittaker et al., 2008). In such a context, a pioneer species that colonizes an oceanic archipelago through oversea dispersal is expected to mold genetic structure mainly in function of island size, physiography, proximity among islands and dispersal capabilities. Conversely, islands situated on continental shelves have often been reconnected with the mainland after sea level drops during glacial phases (Rohling et al., 1998). This scenario creates allopatric conditions that change through time, enabling both vicariant and dispersal mechanisms to act on genetic diversity and divergence (Paulo et al., 2008; Li et al., 2010). In addition, groups of small geographically proximate islands may comprise an even more complex phylogeographic setting compared to single continental islands because nearby islands may experience repeated cycles of isolation (during sea level transgression) and connection (during periods of low sea level stands). Indeed, a complex geological setting dominated by considerable changes to island size might lay the foundation for a variety of different genetic outcomes as a result of changing demographic processes and recurrent periods of fragmentation and gene flow (Runemark et al., 2012; Salvi et al., 2014; Reynolds et al., 2017).

With almost 5000 islands, the Mediterranean Basin provides an attractive geological history which helps to explain the insular biodiversity observed today (Medail & Quezel, 1997). During the Pleistocene, the basin was characterized by cyclic sea level drops, which caused the formation of transient land bridges connecting nearby islands to each other , as well as islands and the mainland. The Mediterranean insular biota contains numerous taxa formed in response to these geological fluctuations (Brown et al., 2008; Delicado et al., 2013; Rodríguez et al., 2013).

Almost half of the 23 recognized species of *Podarcis* lizards are endemic to Mediterranean islands and they represent an ideal model to explore the evolution of genetic diversity on islands. Here, we focus on the Italian wall lizard *Podarcis siculus* which, aside from

inhabiting the entire Italian Peninsula, is also widespread across the greater islands of Sicily,

Corsica, and Sardinia and across all the main Italian archipelagos and smaller islands (Fig.

1a). The phylogeography of this species across the Italian Peninsula is very complex (Podnar

et al., 2005) and a recent study (Senczuk et al., 2017) revealed that long term processes,

giving rise to a mosaic of allopatric lineages, combined with more recent demographic

dynamics have driven the evolutionary history of this species. Here, we examine insular

genetic variation of *P. siculus* from the Pontine Archipelago using mitochondrial sequences

(mtDNA), nuclear sequences (nuDNA), and microsatellite loci. The Pontine Archipelago is

formed by two groups of islands. The western group, which lies 32 km from the Tyrrhenian

Coast, includes the oldest island of Ponza and the nearby Gavi Islet, Zannone Island, and

Palmarola Island. These islands are separated from the eastern Pontine Archipelago by 40 km

of open sea; this eastern group of islands includes Ventotene and the Santo Stefano islands,

located 50 km away from the mainland (Fig. 1b). On the basis of morphological traits,

different subspecies have been described within this archipelago: *Podarcis s. latastei*

(Bedriaga, 1879) on Ponza Island, *Podarcis s. patrizii* (Lanza, 1952) on Zannone Island,

Podarcis s. lanzai (Mertens, 1952) on Gavi Islet, and *Podarcis s. palmarolae* (Mertens, 1967)

on Palmarola Island.

This particular insular context provides ample opportunity to investigate the origin and

evolution of intraspecific genetic diversity within a Mediterranean archipelago for at least

several crucial factors. First, the volcanic origin of the islands has been thoroughly

investigated and relatively precise ages for their emergence have been reported. Presumably,

there never experienced any stable contact with the mainland (Bellucci et al., 1997; Cadoux et

al., 2005). Second, the surrounding shallow waters indicate that the islands have been

subjected to repeated episodes of fragmentation during high sea level stands as well as

reunification when sea levels were lowest, during glacial phases. Finally, the western Pontine

Islands have an attractive spatial arrangement. The bigger island of Ponza is located in the

middle of the archipelago and the smaller Palmarola and Zannone islands show different

longitudinal settings. All these features make this island system an ideal model to test

different hypotheses of island biogeography, specifically regarding their compatibility with

the observed patterns of genetic divergence and differentiation in this Mediterranean

archipelago.

In this study we aim to (i) unveil the evolutionary history of *Podarcis siculus* insular

populations, and (ii) assess the influence of different scenarios of inter-island genetic

diversification and gene flow by comparing different theoretical models of island

biogeography with genetic empirical data.

Results

Phylogenetic reconstruction and time of divergence

In the concatenated mtDNA alignment of 1701 bp (*nd4* = 766 bp and *cytb* = 935 bp;156

sequences; accession numbers are reported in Supplementary Table S4), we found 100

haplotypes with 368 polymorphic sites and an overall mean distance of 0.062 between the

main clades. Uncorrected pairwise *p*-distances are reported in Supplementary Table S5.

The phylogenetic inference returned the same topology under the two Bayesian approaches

applied, unraveled the presence of eight clades (Fig. 2a and Supplementary Fig. S1), seven of

which already described in previous works (Podnar et al., 2005; Senczuk et al., 2017).

However, a new diverging lineage (clade P in Fig. 2a, b) was discovered to which all

individuals from the western Pontine Islands belong. The phylogenetic reconstruction

indicated an early split separating the S, C1, and C2 clades from all the other clades (A1, A2,

T1, T2, and P). Subsequently, a second cladogenetic event involved the separation of the

Pontine clade P.

The divergence time analysis carried out using BEAST showed an effective sample size for all

parameters over 200, indicating good chain mixing and adequate posterior estimates. The

coefficient of variation in the average mutation rate estimates suggests a substantial

heterogeneity among clades, supporting a non-clock-like model for the phylogeny (*ucld.stdev*

parameter was 0.33 for *cytb* and 0.47 for *nd4*). According to our divergence time estimate, the

Pontine clade (P) separated about 3.7 Mya (95% HPD: 5.5–2.2 Mya, Fig.2a).

The final nuDNA alignment consisted of 252 phased sequences (600 bp) for *mc1r* and 164

sequences (728 bp) for *β-fibint7* (accession numbers XX). A test for recombination using the

Pairwise Homoplasy Index (*phi*) did not find significant evidence for recombination in either

of the two genes (*p*-value = 0.772 for *mc1r*; *p*-value = 0.559 for *β-fibint7*). The nuDNA did

not show a phylogenetic pattern fully congruent with the mtDNA, but a certain level of

accordance can be detected for the *β-fibint7* fragments (Fig. 2c). In those specimens assigned

to the newly detected mtDNA clade P, all but one (F41) *β-fibint7* allele form a monophyletic

group. Moreover, all but three *β-fibint7* alleles (F6, F20 and F28) were found only in

specimens belonging to the same mtDNA clade. The *mc1r* alleles were typically shared

among specimens of different mtDNA lineages. However, most alleles identified in

individuals of the western Pontine Islands are closely related at this locus and are mostly

restricted to these islands, while they are very rare or absent elsewhere.

Among island structure and gene flow

The *Podarcis siculus* populations of the western Pontine Islands were characterized by 31

mtDNA haplotypes with 44 polymorphic sites. The number of haplotypes (H) and nucleotide

(π) and haplotype (h) diversity are reported for each dataset and marker in Table 1.

The mtDNA parsimony network showed the presence of two main genetic assemblages (Fig.

3a), one of which is restricted to the Zannone Island, where almost all specimens carried

haplotypes of that assemblage. This result was also confirmed by the DAPC analysis, which

suggested *K*=2 as the most reliable number of genetic clusters (Supplementary Fig. S2).

The nuDNA parsimony networks did not identify a concordant pattern for either

mitochondrial or island repartition (Fig. 3a). The *mc1r* fragment showed the presence of 12

alleles and most of them were found in individuals across all island populations. Notably, of

the 6 *β-fibint7* alleles found, one allele (F4) was separated by 10 substitutions from the other 5

alleles. The DAPC carried out on nuclear sequences did not identify an optimal *K* value,

returning a flat BIC curve (Supplementary Fig. S2).

All the 61 *P. siculus* specimens were genotyped at 11 polymorphic microsatellite loci, but the

loci Pli 21 and Lv4a were excluded from further analyses because the former was

monomorphic, while the latter might be influenced by positive selection. Genetic

characteristics of the microsatellite loci are reported in Supplementary Table S6. Significant

departures from the Hardy-Weinberg equilibrium (HWE) were observed in 2 out of 45

locus/population exact tests (Bonferroni correction applied: $p < 0.001$, see Supplementary

Table S7). No linkage disequilibrium was detected between any pair of loci. Evidence of null

alleles was found for several loci, but none were consistent across all populations, therefore

we did not exclude them from further analysis. An indication of recent reductions in

population size (bottlenecks) was obtained only for the Faraglioni della Madonna population

by both the Wilcoxon test (P = 0.00049) and the mode-shift indicator, which revealed a

distortion in the typical L-shape distribution of allele frequencies.

Both clustering analyses conducted on microsatellite data (DAPC and STRUCTURE

approaches) assigned $K=2$ as the most likely number of genetic clusters among islands

(Supplementary Fig. S2 and Fig. S3). The first genetic cluster includes only the population

from Gavi, while the second cluster includes all the remaining populations. Despite a further

subdivision scheme, as suggested by the deltaK when $K=4$, the individual assignment at the

fourth cluster did not correspond to any specific island, suggesting a reliable genetic partition

not higher than two (Supplementary Fig. S3). The presence of further differentiation among

all *P. siculus* populations is suggested by F_{ST} analyses, where all comparisons between

populations yielded significant values (P<0.005) (Bonferroni correction applied; Table 2).

The analysis of current gene flow performed with BayesAss indicated no evidence of recent

gene flow in any pairwise comparisons. The migration rate estimates were all below 0.07 with

the exception of the migration estimate between the Zannone and Palmarola populations. This

was detected above the background noise (M = 0.16). The MIGRATE-N analysis carried out on

the microsatellite dataset under a full migration matrix model indicated the presence of

asymmetric gene flow among island pairs, with higher migration rates detected between the

island of Ponza and all the others (Fig. 4). The Bayes factor calculated the model probability

using the log marginal likelihood of each generated migration scenario and indicated that the

longitudinal migration model was the most reliable scenario for gene exchange.

Discussion

Small island systems located on continental shelves have been influenced by cyclical sea level

fluctuations and represent a compelling setting to investigate the birth and the formation of

intraspecific genetic diversity within archipelagos. Although less explored compared to the

attractive oceanic islands, continental and land-bridge archipelagos may offer comparable or

even more dynamic systems (Meiri, 2017). For example, studies on Mediterranean islands

underline a variety of microevolutionary processes, such as vicariance, dispersal, and

secondary contact with gene flow, which may have contributed in parallel in assembling

insular biota (Veith et al., 2003; Brown et al. 2008; Paulo et al. 2008; Lymberakis &

Poulakakis, 2010; Runemark et al., 2012). Our results fit with this emerging body of insular

genetic diversity studies and outline an ancient dispersal event of *P. siculus* from the

mainland to islands, followed by intra-islands vicariant processes with gene flow.

On the origin of island genetic divergence

Phylogenetic reconstruction using two mitochondrial markers confirmed the complex

phylogeographic pattern across the Italian Peninsula, with seven very divergent clades whose

evolutionary histories have been described in detail in previous works (Podnar et al., 2005;

Senczuk et al., 2017). In this study, we detect the presence of a new divergent 8th *P. siculus*

clade corresponding to populations inhabiting the western Pontine Islands of Ponza, Gavi,

Palmarola, and Zannone. On the contrary, the island of Ventotene of the eastern Pontine

Island group showed haplotypes belonging to the A2 clade, indicating a recent introduction of

P. siculus to this island, as already reported by Biaggini et al. (2009).

According to our estimate of divergence time, the ancestry of the Pontine clade dates back to

the early/late Pliocene transition (3.7 Mya; 95% HPD: 5.5–2.2 Mya). Such a reconstruction is

in line with the geological evolution of the western Pontine Islands (Fig. 2a). Indeed, on the

basis of potassium-argon dating, the first volcanic event that accompanied the formation of

the Ponza Island occurred between 4.2 and 3.7 Mya, followed by a quiescent period up to 3.2

Mya (Cadoux et al., 2005). Although the estimated dates are associated with large uncertainty

values of the coalescent process, our molecular clock suggests that the western Pontine

populations colonized the paleo-archipalago early after their Pliocene volcanic formation.

Furthermore, global changes in ice volume and records of terrestrial and marine sedimentary

sequences suggest four glaciation events during the Pliocene, with one occurring about 3.6

Mya during the early/late Pliocene transition (De Schepper et al., 2014). A consequence of

global cooling is the sea-level retreat, which likely relaxed the separation of Ponza Island

from the mainland facilitating a possible dispersal event. A similar explanation has also been

forwarded to explain other ancient colonization events in the Mediterranean Basin (Carranza

et al., 2006; Brown et al., 2008). It must be emphasized, though that the origin of these islands

only puts an upper limit to the time since colonization and the age of the respective

evolutionary lineages, as there is evidence that other vertebrate species colonized these islands

much later (e.g., Avella et al., 2017).

The genetic diversity of *P. siculus* from the Pontine Islands has been previously investigated

by Capula & Ceccarelli (2003) using allozyme data. These authors were unable to detect any

genetic differentiation of the western Pontine Island populations, neither with respect to the eastern Pontine Islands nor in comparison with the mainland populations. They subsequently suggested a possible human-mediated introduction in historical times. Our results from the nuDNA dataset clearly reject such a hypothesis, as allele frequencies of western Pontine Islands were significantly different from the other populations and several alleles of both *mc1r* and *β-fibint7* fragments were private either for the western Pontine Islands or even for single islands. The population structure defined by *β-fibint7* was more similar to the mtDNA, as all island alleles except one (F41) appear to form a monophyletic assemblage and no allele is shared with the mainland. On the contrary, most alleles of the *mc1r* gene occurred in specimens belonging to several mitochondrial clades. Such discrepancy is not surprising if we bear in mind that coding genes, such as *mc1r*, have lower mutation rates and are thus more prone to exhibit incomplete lineage sorting (Pinho et al., 2007; Rato et al., 2010). In addition, a recent study which reconstructed the phylogenetic relationship of 934 sequences of *mc1r* in nine *Podarcis* species revealed only slight differentiation, with some alleles shared even between different species (Salvi et al., 2017), corroborating our interpretation of incomplete lineage sorting.

Inter-island genetic diversification

On the basis of historical sea level changes from the Early Pleistocene, the Pontine Islands have probably been subjected to repeated cycles of connection (into a single paleo-island setting) and isolation (Emig & Geistdoerfer, 2004). Our inter-island diversification reconstruction is in line with such a scenario only if we consider a Middle Pleistocene divergence followed by different extent of genetic exchange during subsequent periods. The absence of a more ancient divergence is surprising considering the ancestry of these populations and the fragmentation of the islands assumed for the Middle Pleistocene periods due to sea level elevation. At the same time, it is also difficult to imagine that migration processes have been maintained for such an extended period (from 3.7 to 0.2 Mya) to prevent further divergence. A more plausible explanation is that populations diverged in allopatry, i.e., when islands were disconnected. However, some of these ancestral island populations may have become extinct during strong marine transgressions, such that their present population originates from a more recent divergences. Such an interpretation is also supported by stratigraphic and paleontological evidence, which suggest that at least two principal episodes of strong marine transgression on the Tyrrhenian Coast occurred some 0.54 and 0.35

Mya ago, which prompted a sea level rise from 55 up to 120 m a.s.l. (Malatesta & Zarlenga,

1988). In addition, beach deposits from the Early Pleistocene are present at an elevation of

200 – 250 m a.s.l. on Monte Guardia (Ponza Island), while abrasional surfaces from the

Middle Pleistocene are widespread at 100 – 120 m a.s.l (Carrara et al., 1994). Therefore,

considering the low altitude of some Pontine Islands (maximum altitude: Gavi = 60 m;

Zannone = 170 m; Palmarola = 180 m; Ponza = 250 m), some of them might have been totally

or partially submerged. Subsequent re-colonization from nearby islands during marine

regressions may then have homogenized the genetic make-up among island populations.

According to our chronogram, the first episode of divergence within the Pontine Islands

involved the separation of the Zannone Island population during the Mindel–Riss interglacial

period (MIS 11, Fig. 2a). This period has been described as one of the longest warm periods

of the Quaternary, inducing marked footprints of global sea level rise (Kukla, 2005). Under

such vicariant mechanisms of divergence, taking into account similar distances and

bathymetric depths among islands, we should expect also a similar extent of genetic

diversification followed by genetic admixture as a consequence of glacial inter-island

reunification. Indeed, sea depth between islands never exceeds 100 m (Fig. 3b), which is

almost the same magnitude of sea level drop during the last glacial maximum (Siddall et al.,

2003; Lambeck et al., 2011).

Our multilocus dataset revealed a pattern of mito-nuclear discordance within the western

Pontine Islands. The mtDNA showed the presence of two principal assemblages: one

composed of individuals from Zannone Island and the other including individuals from

Ponza, Gavi, and Palmarola islands. However, the nuDNA did not support strong population

structure, neither when relating it to geography (different islands) nor to the mtDNA groups.

Finally, the clustering analysis carried out with both DAPC and STRUCTURE on the

microsatellite dataset identified a K=2 subdivision, revealing the Gavi Islet as a separate

cluster. The lack of accordance between genes and genealogies represents a common issue,

but can provide relevant insights into microevolutionary processes underlying the origin of

small island system biodiversity (Toews et al., 2012). In such an insular context, the causes of

mito-nuclear discordance should be primarily a result of the different evolutionary trajectories

of distinct markers. Indeed, the mtDNA has an inherently higher mutation rate and, due to its

uniparental inheritance, is expected to reach fixation fourfold faster than the nuDNA genome

because of its smaller effective population size and the associated higher susceptibility to

demographic changes and genetic drift. On the contrary, the lack of congruence of the
nuDNA dataset to both geographic settings and mtDNA differentiation is probably because
genetic differentiation on these islands is rather recent, such that the sorting of the nuclear
genealogies is not complete. Such a scenario has been repeatedly reported in many vertebrate
species, including other *Podarcis* lizards (Pinho et al., 2007; 2010; Rato et al., 2010).

Although a principal trend of mito-nuclear discordance emerged when considering the mere
genealogies and the current structure of the markers, our coalescent-based analysis of gene
flow allowed us to partially explain this complexity. Indeed, the most supported migration
scenario, through Bayes factor calculation, was a longitudinal migration model. This model
suggests reduced gene flow between the Ponza and Zannone islands, which are lengthwise
arranged, and higher gene flow between the Ponza and Palmarola islands, which are
longitudinally arranged (Fig. 3b). Such a prediction, further in line with the mtDNA signature,
is particularly plausible because the genetic exchange could have been even more pervasive
during a low sea level stand, when islands shared a larger contact area. However, we cannot
rule out that the reduced gene flow between the Ponza and Zannone populations is the
outcome of demographic dynamics like "density blocking" (Waters et al., 2013; Moritz et al.,
2015), or alternatively, to morphological or behavioral changes which occurred during the
allopatric divergence.

Conclusion

The genetic differentiation we found in the populations from the western Pontine Islands with
respect to the mainland is comparable with those observed for many other *Podarcis* lizards
species and over twice as high as between the insular endemic *P. raffonei* and its sister taxon
P. wagleriana (Harris et al., 2005; Poulakakis et al., 2005; Lymberakis & Poulakakis, 2010).
On the other hand, populations from the eastern Pontine Islands seem to have colonized the
Ventotene Island in recent times (Biaggini et al., 2009). Considering the greater distance from
the mainland and the deeper water in which the eastern Pontine Islands are located, the
absence of a comparable ancient lineage is fairly surprising. Interestingly, in 1926 the
herpetologist Robert Mertens described a particular phenotype endemic to Santo Stefano
Island (P. *siculus sanctistephani*), which then became extinct and was replaced by the
ordinary mainland phenotype during the first decades of the last century (Bruno, 1982; Lanza
& Corti, 1996). Such observations deserve special attention and may have several

implications. First, it could be argued that an ancient sister lineage was historically present on

the eastern Pontine Islands, including Ventotene. Secondly, and perhaps more fascinating,

would be to understand why the *P. siculus sanctistephani* became extinct. Currently, there is

no trace of introgression in the current allochthonous population from the Santo Stefano

Island (Capula & Ceccarelli, 2003; Biaggini et al., 2009). If the local endemic *P. siculus*

sanctistephani became extinct after the new colonizers and was indeed not hybridizing with

later arriving conspecifics of the mainland type, there might have been a reproductive

isolation mechanism, e.g. a behavioral or morphological change present in these island

populations.

All these considerations point to a priority of the conservation of all the western Pontine

Island populations, which should be referred to as *Podarcis siculus latastei* (Bedriaga, 1879).

Indeed, the aforementioned example of possible population replacement underscore the

vulnerability of endemic insular populations suggesting that further introductions from the

mainland could be deleterious and should be prevented in order to maintain the genetic

integrity on this archipelago. In support of our inferred genetic separation, morphological,

behavioral, and physiological studies would be needed to unravel whether the found genetic

divergence is associated with ecological and/or phenotypic diversification on these islands.

Materials and methods

Laboratory techniques and molecular data

A total of 156 specimens of *P. siculus* have been analyzed in this study: 63 new tail tissues

were collected from six islands (Ponza, Faraglioni della Madonna, Gavi, Zannone, Palmarola,

and Ventotene) while 93 individuals from 46 localities of the Italian Peninsula have been

selected from a previous study (Senczuk et al., 2017) (see Supplementary Table S1).

Genomic DNA was extracted according to the universal protocol of Salah et al. (1997). We

amplified one portion of the NADH dehydrogenase subunit 4 (*nd4*) with flanking regions

(tRNA^{Ser}, tRNA^{His} and tRNA^{Leu}) in all 156 collected samples. Additionally, three fragments

including the cytochrome b (*cytb*), the coding melanocortin receptor 1 (*mc1r*), and the β-

fibrinogen intron 7 (*β-fibint7*) were amplified only in the 61 specimens of the Pontine Islands,

as the samples from the Italian Peninsula had been previously analyzed at these loci by

Senczuk et al. (2017). Details on reaction buffer, primers, and cycling conditions are reported

in Supplementary Table S2. The obtained amplified products were purified with Sure Clean

(Bioline) and sequenced with an automated DNA sequencer by Macrogen

(www.macrogen.com).

BioEdit 7.2 (Hall, 1999) was used to evaluate the electropherograms, encode heterozygote

positions using IUPAC ambiguity codes, and compute consensus alignments. The two

mitochondrial fragments (mtDNA) were concatenated. For each nuclear gene (nuDNAs), we

inferred the gametic phase using the coalescent-based Bayesian algorithm in PHASE 2.1

(Stephens et al., 2001; Stephens & Donelly, 2003). The *β-fibint7* showed insertion/deletion

(INDEL) polymorphisms in a region of poly-T and poly-G starting at 157 bp that, following

the method described by Flot et al. (2010), were used to determine the phase for sequences

that were heterozygous for INDELs. The known phases were then implemented in the

coalescent-based Bayesian reconstruction. Three independent runs were conducted with a

burn-in at $1x10^3$, $1x10^4$ iterations, and thinning at each 100 steps. Finally, the occurrence of

recombination events was assessed for each nuclear gene through the Pairwise Homoplasy

Index (*phi*) test implemented in splitstree v. 4 (Huson et al., 2005).

The 61 samples from the western Pontine Islands were also genotyped at 11 microsatellite

loci. Details on primer and PCR conditions are reported in Supplementary Table S3.

Microsatellite multiplex amplifications were performed and then compared with singleplex

PCR to confirm that there were no apparent allele dropouts or allele size differences.

Amplification products were run on an ABI 3130xl Genetic Analyzer and allele size was

scored using peak scanner 1.0 (Applied Biosystems). Amplification and genotyping were

repeated twice for some 15% of the total samples (10 lizards) to verify reproducibility in

microsatellite scoring. Genepop 3.4 (Raymond and Rousset, 1995) was used to assess

deviations from Hardy-Weinberg equilibrium and linkage disequilibrium. The statistical

significance levels were corrected for multiple comparisons using Bonferroni's method (α

=0.05). LOSITAN (Antao et al., 2008) was used to identify candidate loci under selection.

Before subsequent analyses, the presence of null alleles, large allele dropouts, and scoring

errors was checked using MICRO-CHECKER (Van Oosterhout et al., 2004).

Phylogenetic reconstruction and time of divergence

To infer phylogenetic relationships, the mtDNA dataset was analyzed using MrBayes v. 3.1.2

(Ronquist et al., 2012). The best substitution model for each partition (i.e., HKY + I+ G for

nd4 and GTR + I+ G for *cytb*) was selected using JModeltest (Darriba et al., 2012) under the

Akaike Information Criterion (AIC). The analysis was run for 3×10^6 generations using four

annealing chains, sampling every 1×10^4 and discarding the first 10% of computed trees as

burn-in. Sequences of *Podarics muralis* retrieved from GenBank (accession numbers:

HQ65293 for *cytb*, KF372413 for *nd4*) were used as an outgroup.

The software BEAST 1.8.1 (Drummond et al., 2012) was used to date the most recent common

ancestors (TMRCA). In this analysis the selection of proper priors is a crucial component

although it may be challenging. Because of the absence of fossil records in *Podarcis* lizards to

calibrate the phylogeny, we used substitution rates previously estimated for both gene

fragments (Poulakakis et al., 2005; Salvi et al., 2014). We incorporated a lognormal prior

distribution to the mean rate in order to constrain the 95% of the prior distribution between

the upper and lower values estimated for *Podarcis* ($\mu = 0.0175$, SD = 0.2 for *cytb*, and $\mu =$

0.0115, SD = 0.5 for *nd4*). Another relevant issue is the consideration of how substitution

rates can vary across branches assuming a clock-like or alternatively a relaxed-clock model.

To resolve this issue, a preliminary run was performed using a lognormal relaxed-clock in

order to account for branch heterogeneity by screening the *ucld.stdev* parameter, which

provides information about whether evolutionary rates inferred from the data are clock-like.

Finally, the choice of an outgroup can be difficult when the phylogeny is not fully resolved

(e.g., Salvi et al., 2017). However, the use of a relaxed-clock allows estimates of the tree root

even in the absence of a known outgroup (Drummond et al., 2006). BEAST was run for 1×10^8

generations sampling every 1×10^4 steps and the software tracer 1.6 (Rambaut et al., 2014) was

used to check parameter convergence. The final consensus tree was summarized from the

stationary distribution (burn-in=25%) in TreeAnnotator 1.8.1 (Drummond et al., 2012).

Furthermore, to better understand the relationship between mtDNA and nuDNA and the

variation of the latter throughout the whole species distribution area, two nuDNA parsimony

networks were built using the software TCS 1.21 (Clement et al., 2000) under the 95%

probability connection limit. Finally, uncorrected pairwise *p*-distances were calculated for

each mtDNA clade obtained by the phylogenetic reconstruction using MEGA 7.0 (Kumar et al.,

2016).

Among island structure and gene flow

To infer the genetic relationship between mitochondrial and nuclear haplotypes among island populations, we used the mtDNA and nuDNA dataset to construct statistical parsimony networks under the 95% probability connection limit using the software TCS 1.21.

For the mtDNA and nuDNA datasets, the number of haplotypes (H) as well as nucleotide (π) and haplotype (h) diversity were estimated using DnaSP 5.1 (Librado & Rozas, 2009). The microsatellite genetic variability was estimated by calculating allele frequencies, expected (H_E) and observed (H_O) heterozygosities, number of alleles, and number of private alleles using Genetix 4.05 (Belkhir et al., 1996; 2004) and Fstat 2.9.3.2 (Goudet, 2001). All calculations were performed for the whole dataset and for each island. The software Bottleneck 1.2.02 (Piry et al., 1999) was used to assess the occurrence of recent bottlenecks; the tests were performed assuming the infinite allele model (IAM).

To explore the genetic structure among island populations, we performed a discriminant analysis of principal component (DAPC) implemented in the R-package 'Adegenet' (Jombart, 2008) using the mtDNA, nuDNA, and microsatellite datasets. For the microsatellite data we also performed a Bayesian clustering analysis implemented in STRUCTURE 2.3.1 (Pritchard et al., 2000) to infer the number of different genetic clusters (K), assuming the admixture model. Ten simulations of $1x10^5$ iterations for each K (from $K=1$ to $K=7$) were run with a burn-in of $1x10^6$. The best K value, based on the modal value ΔK (Evanno et al., 2005), was detected using the online software Structure Harvester 0.6.93 (Earl & Von Holdt, 2012). In addition, Arlequin 3.5 (Excoffier & Lischer, 2010) was used to investigate the interpopulation level of genetic differentiation by calculating F_{ST}, according to Weir and Cockerham (1984).

In order to assess the presence of gene flow and whether such transfer was recent or historical we employed two different approaches. The software BayesAss 3.0 (Wilson & Rannala, 2003) was used to estimate the presence of gene flow within the past few generations. Several preliminary runs were performed to adjust the acceptance rate of the mixing parameters (migration rates, allele frequencies, and inbreeding coefficients). The final analysis was carried out with 5 independent replicates running for $1x10^7$ iterations, sampling every 100 steps and discarding the first 1 million generations as burn-in. Convergence was assessed by comparing the accordance of the posterior mean parameter estimates across independent runs and by checking the stationary of the trace file using the software TRACER. To obtain an

estimate of a more ancient signal of gene flow, we used the software MIGRATE-N (Beerli &

Felsenstein, 2001; Beerli, 2009). The program implements a coalescent-based approach to

estimate the mutation scaled effective population size ($\theta = 4N_e u$) and the mutation scaled

long-term migration rate (M = m/u, where m is the migration rate, and u is the mutation rate).

We generated a set of plausible a priori migration models, originated from insular

biogeography, to test empirical data: (i) the "free gene flow model", which implies gene

exchange among all islands, (ii) gene flow among all islands except for Zannone, as could be

expected between islands arranged in a longitudinal axis ("longitudinal migration model"),

(iii) gene flow in a south-east/north-west direction as could be supposed when considering the

marine currents, favoring overseas dispersal ("marine currents model"), and (iv) gene flow

from the bigger island to the smaller ("big to small island model"). Bayes factors were

calculated for each model and used to test the more reliable scenario following the guideline

of Kass and Raftery (1995). The Faraglioni della Madonna population was excluded from this

analysis because of the small sample size (n < 5). After a preliminary tuning run to estimate θ

and m parameters through F_{ST} to use as starting values, we performed four independent runs

for each generated model using four parallel chains with static heating (temperatures 1.0 ,1.5,

3.0 100,000.0) and Brownian motion microsatellite model.

Data Availability

451 All DNA sequences used in this study will be submitted to GenBank upon acceptance.

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Author contributions

G.S. and R.C. designed the study. R.C. and R.T. provided funding. G.S., R.C., and E.D. performed fieldwork and sample collection. G.S., K.H., C.R., and E.D. obtained the molecular data. G.S., V.M., and C.R. analyzed the data. R.T. guided and contributed to discussions on the phylogeographical and microsatellite analyses. G.S. wrote the manuscript. All authors reviewed and approved the manuscript.

Additional information

Supplementary information accompanies this paper at http://XXXX

Competing Interests: The authors declare that they have no competing interests.

Figure Legends

Figure 1. **(a)** Map of the study area showing all sampling sites on the Italian Peninsula with the geographic distribution range of *Podarcis siculus* highlighted in red. **(b)** Map of the Pontine Archipelago with relative sampling locations.

Figure 2. (a) Chronogram based on mtDNA performed with BEAST. At each node, the posterior probabilities and the coalescence time with their relative 95% high posterior densities (HPD) are shown. Chronology of the geological epochs with the two principal volcanic episodes that formed the western Pontine Islands shown below. **(b)** Geographic distribution of the mtDNA clades at each sampled locality. **(c)** Statistical parsimony networks of the two nuclear gene fragments; circle sizes are proportional to allele frequencies and filled rectangles representing one mutation step. Alleles are colored based on the mtDNA clade assignment of the respective specimen.

Figure 3. (a) Map and bathymetry of the western Pontine Islands (PO: Ponza, GA: Gavi, PA: Palmarola, ZA: Zannone). **(b)** Geographic location of the western Pontine Islands with the direction of the main marine currents in the Tyrrhenian Sea according to El-Geziry and Bryden (2010). **(c)** Statistical parsimony networks of the mtDNA (*cytb + nd4*) and nuDNA (*mc1r* and *β-fibint7*) fragments. Circles sizes are proportional to the haplotype frequencies and filled rectangles representing one mutation step. Haplotypes are colored by islands with different shades of green (for color code, see Fig. 3c).

Figure 4. Models of migration among western Pontine Islands tested through Bayes factor analysis (PO: Ponza, GA: Gavi, PA: Palmarola, ZA: Zannone).Inferred migration rates are only shown for the most supported model.

725 **Figure 1**

729   **Figure 2**

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733   **Figure 3**

744   **Figure 4**

Tables

Table 1. **G**enetic diversity estimates for each *Podarcis siculus* insular population (PO: Ponza, GA: Gavi, PA: Palmarola, ZA: Zannone). n; number of individuals/alleles, p.s.; number of polymorphic sites, H; number of haplotypes, h; haplotype diversity, π; nucleotide diversity, sd; standard deviation.

island	mtDNA					*mc1r*					*B-fibint7*				
	n	p.s.	H	h+sd	π+sd	n	p.s.	H	h+sd	π+sd	n	p.s.	H	h+sd	π+sd
PO	18	11	10	0.86 ± 0.06	0.001 ± 0.0002	36	10	6	0.69 ± 0.04	0.004 ± 0.0007	22	14	4	0.72 ± 0.06	0.006 ± 0.001
FM	5	6	4	0.90 ± 0.10	0.001 ± 0.0005	8	7	4	0.78 ± 0.11	0.004 ± 0.0012	6	12	3	0.73 ± 0.15	0.009 ± 0.002
GA	20	4	5	0.44 ± 0.13	0.0003 ± 0.0001	40	9	6	0.69 ± 0.04	0.004 ± 0.0003	14	1	2	0.52 ± 0.06	0.0007 ± 0.0001
PA	10	11	8	0.95 ± 0.05	0.001 ± 0.0002	24	9	7	0.79 ± 0.04	0.005 ± 0.0004	14	3	4	0.62 ± 0.11	0.001 ± 0.0008
ZA	8	9	7	0.96 ± 0.07	0.001 ± 0.0003	14	8	5	0.72 ± 0.08	0.005 ± 0.0006	12	2	3	0.54 ± 0.14	0.0008 ± 0.0002
Tot	61	43	31	0.87 ± 0.03	0.002 ± 0.0002	122	11	12	0.79 ± 0.02	0.005 ± 0.0002	68	15	6	0.68 ± 0.04	0.0040 ± 0.0009

760   **Table 2.** F_{ST} values (below) and respective *p*-values (above) for each pair of populations (PO:

761   Ponza, GA: Gavi, PA: Palmarola, ZA: Zannone). Significant differences after Bonferroni

762   correction (p < 0.005) are emboldened.

	ZA	GA	PO	FM	PA
ZA	-	<0.00001	0.0048	0.0020	0.0010
GA	**0.1144**	-	<0.00001	<0.00001	<0.00001
PO	**0.0466**	**0.0655**	-	<0.00001	0.0010
FM	**0.1859**	**0.1595**	**0.1081**	-	0.0010
PA	**0.0710**	**0.0807**	**0.0394**	**0.1347**	-