Genetic variation/evolution and differential host responses resulting from in-patient

adaptation of *Mycobacterium avium*

Running title: Genetic evolution in Mav and differential host responses

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ABSTRACT

Mycobacterium avium (Mav) complex (MAC) are characterized as non-tuberculosis
mycobacteria and are pathogenic mainly in immunocompromised individuals. MAC strains show
a wide genetic variability, and there is growing evidence suggesting that genetic differences may
contribute to a varied immune response that may impact on the infection outcome. The current
study aimed to characterize the genomic changes within Mav isolates collected from single
patients over time and test the host immune responses to these clinical isolates.
Pulsed field gel electrophoresis and whole genome sequencing was performed on 40 MAC
isolates isolated from 15 patients at the Department of Medical Microbiology at St. Olavs
Hospital in Trondheim, Norway. Patients (4, 9 and 13) who contributed more than two isolates
were selected for further analysis. These isolates exhibited extensive sequence variation in the
form of single nucleotide polymorphisms (SNPs), suggesting that Mav accumulates mutations at
high rates during persistent infections. Infection of murine macrophages and mice with sequential
isolates from patients showed a tendency towards increased persistence and down-regulation of
inflammatory cytokines by host-adapted Mav strains. The study revealed rapid genetic evolution
of Mav in chronically infected patients accompanied with change in virulence properties of the
sequential mycobacterial isolates.

IMPORTANCE

MAC are a group of opportunistic pathogens, consisting of Mav and *M. intracellulare* species.
Mav is found ubiquitously in the environment. In Mav infected individuals, Mav has been known
to persist for long periods of time, and anti-mycobacterial drugs are unable to effectively clear the
infection. The continued presence of the bacteria, could be attributed to either a single persistent
strain or reinfection with the same or different strain. We examined sequential isolates collected

over time from Mav infected individuals and observed that most patients carried the same strain

overtime and were not re infected. We observed high rates of mutation within the serial isolates,

accompanied with changes in virulence properties. In the light of increase in incidence of MAC

related infections, this study highlights the possibility that host adapted Mav undergo genetic

modifications to cope with the host environment and thereby persisting longer.

KEYWORDS: *Mycobacterium avium*, mutation rate, genetic evolution, host immune response,

clinical isolates, mouse infections.

Mycobacterium avium (Mav) complex (MAC) are a group of opportunistic pathogens, consisting

of Mav and *M intracellulare* species, which primarily affect individuals with weakened immune

systems (1–4). However, even healthy individuals can be infected by Mav and in healthy children

the disease manifests as lymphadenitis (5–7). Mav infections are very hard to treat, and many

anti-mycobacterial drugs fail to clear the infection even after prolonged treatment of 18-24

months (8, 9).

The host response to *Mycobacterium tuberculosis* (Mtb) has been extensively examined

over the years. Infections with non-tuberculous mycobacteria are less well characterized,

although the focus has been increasing in recent years (10). Mav lacks several of the key

virulence factors of Mtb, but can still establish chronic infections. Macrophages are central in

defense against mycobacterial infections but they also end up hosting the pathogens as these

manipulate cell-autonomous host defenses. When infected, macrophages release interleukin (IL)-

12 that aids in activation of T cells, leading to interferon gamma (IFNγ)-producing CD4+ T

helper 1 (Th1) cells, thought to be essential in fighting mycobacterial infections (11). IFNγ acts

back on the macrophages and strengthens their antimicrobial capacities. Other factors such as

tumor necrosis factor alpha (TNFα) produced by activated macrophages and T cells, are not only

important in enhancing the microbicidal capacity but also in inducing the adaptive response, in

synergy with IFNγ (12, 13). Pro-inflammatory cytokines like IL-6 and IL-1β have also been

shown to play a role in mycobacterial infections (11, 14–17). IL-1β along with IL-6 and TNFα

have been observed to be suppressed by the most virulent strains of Mav (18).

The genome of Mtb was thought to be relatively unaffected by the host environment (19),

but recent data from macaques suggest that Mtb acquires mutations during long term Mtb

infection (20). Genomic analysis has revealed greater genomic heterogeneity in Mav than can be

seen in Mtb (21–23). This is probably a consequence of the variety of niches that Mav species

occupy (such as soil, fresh water, showerheads etc.), and also indicates that Mav may be more

prone to variability than Mtb. Genetic change within an infected patient has not been investigated

for Mav infection. The effect of genetic variation on virulence and pathogenesis is even less

understood. An early study on Mav virulence found that strains varied in virulence depending

upon where they were isolated from, despite having very similar genomic composition (24, 25).

Genetic changes could be selected for when they provide increased virulence and persistence. We

hypothesized that the hostile environment during chronic Mav infections in humans would result

in genetic changes of the infecting Mav strain, and possibly alter the virulence of the strain. In the

present study, we investigated genetic changes by sequencing Mav isolates sampled from

individual patients over time, and studied host responses to these sequential isolates *in vitro* in

primary mouse macrophages and *in vivo* in mice.

RESULTS

Sequential sampling from patients with MAC infection shows persistent infection over time.

For this study, 15 patients diagnosed with MAC disease were monitored over a period of one

month to 3 years. At least two consecutive bacterial samples were isolated from all patients with

at least one month interval, providing a total of 40 isolates (Table S1). To differentiate between

the two MAC species (Mav and *M. intracellulare*), melting curve analyses of 16S rRNA from the

40 isolates were compared to type strains of Mtb, Mav and *M. intracellulare* (Fig. S1). Thirty-

one isolates were identified as Mav and nine as *M. intracellulare*. All patients had the same

species identified in all isolates, suggesting either the same bacterium persists over time or

reinfection with the same species. To evaluate whether strains isolated from a patient at different

times represented persistent infection or reinfection with a new strain of the same species, we

performed PFGE using SnaBI restriction analysis (Fig1a). Sequential isolates were found to be of

indistinguishable genotypes in 13 of the 15 patients, suggesting persistent infection by a single

bacterial strain. Phylogenetic cluster analyses based on PFGE profiles were carried out for each

species separately (Fig. 1a). All Mav and *M. intracellulare* isolates showed distinct and similar

SnaBI profiles. For the patients 4, 9 and 13, where there are more than two consecutive Mav

isolates from the same patient, we observed that most of the isolates have identical (patient 4 and

9) or very similar (Patient 13) SnaBI profiles, suggesting the presence of a single strain persisting

over time. For patient 13, the presence of an extra band in the DNA profile of isolates 13.3 and

13.4 indicates that a genetic change occurred sometime between sampling of isolates 13.2 and

13.3.

Whole-genome sequencing reveals accumulation of SNPs and genetic variation in Mav

during persistent infection. Genetic changes in some of the serial intra-patient isolates were

observed from PFGE analysis. To further investigate genetic changes, whole-genome sequencing

(WGS) of the isolates was performed. The genome sequences were analysed for polymorphisms

like SNPs, using Mav 104 as a reference strain, and a phylogeny tree was constructed. We

observed that the isolates from patient 9 were closely related to Mav 104, whereas isolates from

patient 4 and 13 were closely related to Mav strain subsp. *hominissuis* H87 (26) (Fig. 1b).

Overall, the genome sequences of intra-patient isolates were highly similar, with only 0-17 SNPs

between any intra-patient pair, strongly supporting that each patient maintained a unique

infecting strain (Fig. 2).

To establish the genetic variation between intra-patient isolates of Mav, we considered

patients where more than two consecutive isolates were collected. Patient 4 and 9 provided six

isolates, whereas patient 13 provided four isolates. The mutation rate in intra-patient isolates was

determined by calculating the maximum-likelihood estimate (ML) for the accumulation of SNPs

over time. The ML estimates of the rates were 6.92 (95% confidence interval (CI): 4.81-9.64),

2.40 (95% CI: 1.24-4.19) and 12.39 SNPs per genome per year (95% CI: 8.73-17.07) for patient

4, 9 and 13 respectively. This results in an estimated mutation rate of 1.41×10^{-6}, 0.44×10^{-6} and

2.41×10^{-6} SNPs per site per year for patients 4, 9 and 13 (Fig. 2a). These rates are higher than

mutation rates among clinical isolates from related species, such as Mtb (~ 0.5 SNPs per genome

per year) (27). For Mav infections, mutation rates within a single infected patient have not been

studied previously.

In patient 4, a comparison of later isolates to the first isolate, 4.1, revealed an

accumulation of 17 SNPs over a period of 1196 days. In addition, we observed that 13 of the

SNPs were maintained in subsequent isolates, indicating a high degree of fixation of the

mutations in the infecting strain (Fig. 2b). The accumulation of SNPs in isolates from patient 4

steadily increased with time, with 9 SNPs observed at the second time-point (4.2, 390 days), 8 of

these SNPs were maintained in all successive time points analysed. When 13.1 was used as a

reference for isolates from patient 13, the subsequent isolates exhibited a similar accumulation of

SNPs as in patient 4, with 17 SNPs in total detected within 4 isolates over a period of 798 days

(Fig. 2b). The majority of SNPs occurred over the first year between isolate 13.1 and isolate 13.3,

where 14 SNPs occurred that were conserved till the last isolate 13.4. For patient 9, the pattern of

SNPs in consecutive isolates was different. Although a total of 13 SNPs were identified for the

series of isolates, only 2 mutations were fixed in subsequent isolates. We observed no differences

in preservation between synonymous and non-synonymous mutations that could explain the

difference in the level of fixation in subsequent isolates (Table S2).

Since we observed an additional band in the PFGE for patient 13 (Fig 1a), we compared

all the isolates from patient 13 including 13.1 to Mav 104 as an outgroup and observed that some

SNPs occurring in 13.3 and 13.4 were associated with 13.1 and 13.2. In addition, sequencing

revealed that a putative prophage (MAV0799-MAV0845) appears to be deleted in 13.1 and 13.2,

but not 13.3 and 13.4. These observations together indicate the presence of 2 subtypes that may

have originated within patient 13. Due to lack of multiple samples at each time point, it is

difficult to further substantiate this observation. Similar analysis was performed for patients 4 and

9. For patient 9, the SNPs did not change with respect to Mav 104, however for patient 4, 4

mutations now appeared to associate with 4.1 instead of 4.2-4.6 (Table S3). This suggests that

there are 2 subtypes in patient 4 as well. The re-calculated mutation rates based on the

assumption of sub lineages for patients 4 and 13, resulted in 6.6 and 7.1 SNPs per genome per

year, respectively (Fig S5).

Host-adaptation can change the ability of Mav to survive in murine bone marrow derived

macrophages. In order to evaluate whether changes within the isolates from patients 4, 9 and 13

were a response to host adaptation, we first studied the ability of these bacteria to grow in culture

(Fig. 3a). Only minor differences in growth rates were observed for isolates from patient 4 and 9.

However, for patient 13 we observed relative growth impairment for the first isolate when

compared to the other 3 isolates (Fig. 3a). Isolates were next compared for intracellular growth in

murine macrophages over 7 days. Enumeration of bacteria (colony forming units, CFU) 2 hours

post infection (p.i) suggested equal uptake for all isolates (Fig. S2). For patient 9 and 13, a

significant increase in CFU between the first and the last isolate was observed (Fig. 3b-c). For

patient 9, CFU at day 7 increased 1.7 fold from 9.7×10^6 for 9.1 to 1.6×10^7 CFU for 9.6, and for

patient 13 CFU increased 7.8 fold from 8.5×10^6 for 13.1 to 6.6×10^7 for 13.4 from day 3 to day 7

p.i, suggesting that these strains increased their virulence during infection. For patient 4, no

difference was observed in the ability to survive inside macrophages (2.6×10^6 CFUs for 4.1 vs.

3.0×10^6 CFUs for 4.6). Taken together our results suggest that Mav dynamically adapts to the

hostile environment of the host, thus facilitating persistence /chronic infection.

Host-adaptation can change the inflammatory properties of Mav. Inflammatory responses

are central in controlling infection and we have previously shown that negative regulation of

inflammatory responses by Keap1 or by depletion of Toll-like receptor (TLR)-signaling

facilitates intracellular replication of Mav in human primary macrophages (28–30). We therefore

performed a broad systematic screen on the early expression of inflammatory genes to identify

changes in immune stimulatory properties that could explain the change in survival. Murine

BMDMs were infected with the first and the last clinical isolates of patient 9 at a MOI of 10 for 6

hours. Genes were identified and plotted that were differentially expressed (at least two-fold

induced or repressed) in macrophages infected with the last compared to the first isolate (Fig.S3).

The analysis revealed down-regulation of many pro-inflammatory cytokines and we decided to

measure protein levels of two of them, IL-6 and IL-1β, from supernatants of BMDMs infected

with all isolates from patient 4, 9 and 13 (Fig. 4a-b). IL-1β secretion was low and highly variable

for all strains, whereas IL-6 secretion was more potently induced. As the gene expression data

indicated, we observe that despite an increased bacterial load in the macrophages infected with

the final isolates of patient 9 and 13, the IL-6 levels were lower than from supernatants of

macrophages infected with the first isolates. These results are in line with previous studies (31),

and the reduced inflammation may facilitate intracellular survival (Fig. 3). However, patient 4

isolates did not show a similar reduction in cytokine production and confirmed the level of

variation that has been previously reported (29).

Host-adaptation can change the ability of Mav to survive in mice. To validate if *in vitro*

observations were reflected *in vivo*, we infected C57BL/6 mice with isolates from patient 9 (9.1,

9.5, 9.6) and 13 (13.1, 13.2, 13.4) (Fig. 5). We chose to investigate isolates from patient 9 and 13,

as the *in vitro* data strongly indicated that the last isolates from these patients showed increased

survival within the macrophages compared to the early isolates. At day 15, 30 and 70 of

infection, we measured the number of bacteria from both spleen and liver of mice (Fig. 5a and b

respectively). Overall, the bacterial loads were constant or slightly increasing over time for most

isolates in both liver and spleen.

For patient 9, the only significant difference was seen in the liver at day 30 p.i , where there was

an increase in CFU for the first isolate when compared to the last isolates (9.5, 9.6) ($p<0.05$).

This is incongruent with our observations in macrophage infections (Fig. 3b-c). However, the *in*

vivo data suggests no overall difference in virulence between the three isolates from patient 9(Fig.

5a and 5b, left). For Patient 13, the *in vivo* condition reflected our observations of increased

infectivity that we made in macrophages (Fig, 3b,c). Throughout infection, we found

significantly increased bacterial loads in liver and spleen from mice infected with the last isolate,

13.4, compared to 13.1 and 13.2 (Fig. 5a and b, right), suggesting a gain in virulence over time.

At day 70, spleen size increased substantially in mice infected with isolates 13.2 and 13.4

compared to 13.1, and the color of the 13.4 spleens was strikingly pale when compared to the

other spleens (Fig. 5c, upper row).

212   On further histological examination of spleens on day 70 p.i. (Fig. 5c, middle row), we

observed that the structure of the 13.4 spleens was almost replaced by coalescing granulomas. In

contrast, smaller amounts of single small or medium sized granulomas, in part coalescing for

13.2 spleens, were present in 13.1 and 13.2 spleens on day 70 p.i. Myeloid precursor cells and

megakaryocytes were found in all affected spleens, indicating extra medullary hematopoiesis. A

similar pattern of granulomatous infiltration was seen in liver sections on day 70 p.i. (Fig. 5c,

lower row), however the distinction between normal tissue and granulomas was less obvious than

in the spleen. Infection with the 13.4 isolate resulted in replacement of much of the normal liver

tissue with sheets of granulomas. The granulomas were sparse and mostly separated for 13.1, the

granulomas were moderate in number for 13.2 but starting to coalesce. It is important to note that

though 13.1 showed impaired growth *in vitro*, *in vivo* it still managed to survive, albeit poorly

when compared to 13.4. Taken together our data suggest that the Mav isolated from patient 13

changed properties over the course of infection in the patient and increased its ability to survive.

Finally we investigated cytokine levels in organ homogenates from infected mice. The decrease

in level of IL-6 and IL-1β observed in macrophages could not be observed in liver homogenates

where levels were steady over time and between isolates (Fig. S4).

Splenic CD4+ and CD8+ effector cytokines decrease over time in mice infected by all Mav

isolates from patient 9 and 13. It has previously been demonstrated that Mav infections elicit a

CD4+ Th1 immune response, which is associated with resisting the spread of the pathogen (32,

33). In our study, we analyzed Mav-specific IFNγ or TNFα (effector cytokine) production from

CD4+ and CD8+ T cells that were isolated from spleens of infected mice (Fig. 6). We observed

that the frequency of both Mav-specific CD4+ and CD8+ T cells were high on day 15 p.i. and

rapidly decreased by day 30 for patient 9, and more gradually to day 70 p.i for patient 13. This

decrease in Mav-specific T cells was observed with all tested Mav isolates, despite sustained or

even increased tissue bacterial loads (Fig. 5), The frequency of cytokine-producing CD8+ T cells

was lower (<5%) than CD4+ T cells (20-40%) and did not change much over the course of

infection.

DISCUSSION

In the current study, we evaluated the mutations acquired by Mav during persistent infection in

human patients and further tested the pathogenesis of these isolates in macrophages and mice.

Within macrophages, the Mav isolates from patients 9 and 13 exhibited higher bacterial load and

244 down-regulated inflammatory cytokines. However, the last isolates from patient 13, but not

245 patient 9, showed increased survival in mice compared to the first isolate.

246  Most intra-patient isolates showed similar PFGE profiles, suggesting persistent infection

247 with a single MAC strain. On WGS analysis, we found variable mutation rates in sequential

248 intra-patient isolates. If we compare strains from different patients our findings are in congruence

249 with previous studies, which have reported high genetic diversity between Mav isolates (34–36).

250 The mutation rate observed for isolates within a patient, ranged between 2.4-12.3 SNP's per year,

251 which is comparatively higher than the mutation rate of ~0.5 SNP reported for Mtb isolates from

252 humans (27) and macaques (20, 37). These observations further indicates that the genome of Mav

253 is more malleable than that of Mtb, and more prone to variation, maybe due to influence from

254 host factors. In addition, we analyzed the patient isolates for SNPs in two ways, the first was to

255 use the first isolate sequence from each patient as the founder strain and tabulate the SNPs

256 present in the subsequent isolates (Table S2). For the second analysis, all isolates from patients

257 were treated as independent cultures and compared it to the reference strain Mav 104 as an out

258 group. For patients 4 and 13, in the second analysis, two sub clonal populations were uncovered

259 (Table S3), which could either be due to a microevolution of a single founder strain or mixed/re-

260 infection. The plausibility of the former is more likely than the later, as PFGE patterns are nearly

261 identical and the WGS pattern of differences found within sequential isolates were identical to

262 each other. The likelihood of being re-infected with such a genetically similar strain is low based

263 on the previous finding, describing high degree of genetic diversity in environmental isolates

264 (38). In case of patient 4 and 13, it can be speculated that the evolution of the isolates may be

265 linear or divergent. For patient 9, the predominance of unique SNPs in individual isolates that

266 were not propagated to other isolates over time (i.e. not fixed), argues against linear evolution,

267 and instead supports heterogeneity of the population structure *in vivo*. Studies in Mtb have

examined the presence of sub-clones and intra-patient microevolution (39–42) and support the

presence of divergent populations, which can be either generated due to antibiotics (40) or

clinical severity (42). Thus, our analysis supports two hypotheses, linear and divergent

microevolution.

Innate immune cells like macrophages are the first line of defense against mycobacterial

infections. In Mav pathogenesis, like Mtb, macrophages are the primary host cell that initialize

the containment of the bacterium (14, 28). We tested intracellular growth within murine

macrophages and observed that though all isolates managed to survive within the macrophage,

the last isolates collected from two patients (9 and 13) survived better than initial isolates from

the same patient. This increased survival of certain isolates could either be due to their increased

multiplication rate or impaired ability of the macrophages to eradicate the bug (5, 24, 43, 44). In

our experiments, we measured reduced levels of pro-inflammatory cytokines like IL-6 and IL-1β

when macrophages were infected with later isolates compared to the initial isolate from a patient.

The levels of IL-1β were highly variable in our experiments. Efficient IL-1β production requires

that mycobacteria come in contact with the cytosol and since Mav is not present in the cytosol

(30), this could explain the varying results. The ability to activate host defenses by Mav has

previously been shown to vary between Mav isolates, and down-regulation of pro-inflammatory

cytokines is believed to promote survival of the bacterium (12, 18, 45).The present study is the

first to indicate that the ability to activate host-defenses can change over the course of an

infection by Mav. To support our *in vitro* observations, mice were infected with isolates from two

of the patients and infection showed the same trend as for the *in vitro* experiments for one set of

isolates. It has been previously observed that there is a discordance between *in vitro* and *in vivo*

data (5, 24). One explanation could be that *in vitro* macrophage infections represent an isolated

system, as opposed to mice, where other immune cells, including the adaptive arm of the immune

system, play an active role in curtailing the infection.

Cytokines like IFNγ and TNFα, produced by effector T cells, contribute to control of the

infection at chronic stages (32). We previously demonstrated that, in mice infected with Mav 104,

the induction of effector T cell responses coincided with a decrease in bacterial loads (33). In our

current experiments, all the clinical isolates from both patients 9 and 13 impaired CD4+ effector

T cell responses from around day 30 p.i. and exhibited bacterial persistence over time. Although,

in vitro, there was an inverse relationship between bacterial count and inflammatory response, *in*

vivo, the increase in bacterial counts could not be explained by production of inflammatory

cytokines. We speculate that there could be other cells or effector molecules that play a role and

that have not been studied, such as B cells, γ/δ T cells, neutrophils, natural killer cells and

effector molecules like IL-10, IL-17 and TGF-β which all have previously been reported to have

an important role in host defenses towards mycobacteria (46–50). Furthermore, the increased

virulence exhibited by the isolates could be due to the high bacterial load. Studies have illustrated

that at chronic stages of infection, due to prolonged exposure to high doses of antigen, T cells

may undergo terminal differentiation and in parallel undergo apoptosis (51, 52). Considering the

results obtained, we speculate that a diverse milieu can lead to modifications in the immune-

modulating properties and intracellular proliferation of intra-patient isolates over time. Looking

at WGS data (Table S2 and S3) for isolates from patient 13, 13.4 exhibited a distinct increase in

survival *in vivo* after the first time-point, in which a SNP in MAV0182 (K38T) was observed.

MAV0182 is annotated as a super oxide dismutase (Fe-Mn) (SOD); SODs catalyze the

dismutation of the superoxide radical to H_2O_2 and oxygen. In *M. paratuberculosis* and Mtb, SOD

is actively secreted and has shown to generate protective cellular immunity(53, 54). We speculate

a similar role for MAV0182 and the SNP may aid in survival of 13.4. In addition, in 13.2, which

also exhibited increased growth, a SNP F267V in MAV2838 was observed. In fact, this was the

only novel polymorphism observed in 13.2 compared to 13.1. MAV2838 is an orthologue of the

oxyR transcription factor, which is known to function during oxidative response. (55, 56). It is

conceivable that the mutation F267V in MAV2838 confers a growth advantage through an

adaptive response to oxidative stress. Further evaluation of the phenotypic effects of these SNPs,

such as recombineering, will be required to test their role in survival.

This is the first study analyzing in-patient evolution of Mav infection in humans. A

possible limitation is that the cohort studied was small. In addition, only a single isolate was

collected and analyzed at each time point. Multiple isolates from each time point would provide

more statistical confidence to our findings and could give more evidence for evolution within the

patient. In conclusion, we identified intra-patient genetic variation of Mav during persistent

human infection, and observed surprisingly high mutation rates. In addition, the response of the

immune system to these clinical isolates was tested in macrophages and mice, demonstrating a

highly adaptive microbe within the individual patients over time. Further investigation of the

correlation between SNPs and adaptation of Mav may provide insight into the multiple strategies

which Mav employs to resist chemotherapy and thereby help to develop more effective treatment

strategies.

MATERIAL AND METHODS

Clinical isolates

40 clinical isolates from 15 patients diagnosed with MAC infections (2 to 6 consecutive isolates

for each patient) were obtained from the Department of Medical Microbiology at St. Olavs

Hospital in Trondheim, Norway. All isolates were previously characterized as MAC by the

Norwegian Institute of Public Health in Oslo, Norway. The Regional Committee for Medical and

Health Research Ethics approved this study (REK nord 2013/802).

The sixteen Mav isolates investigated in depth in the current study were collected in

chronological order (2005-2007) from the sputum of patients. The isolates were grown on 7H10

Middlebrook (Difco/Becton Dickinson) medium supplemented with 10% ADC (Difco/Becton

Dickinson). Single colonies were transferred to 7H9 Middlebrook (Difco/Becton Dickinson)

liquid medium supplemented with 10% ADC (Difco/Becton Dickinson). All cultures were grown

to the logarithmic phase OD_{600nm} 0.5-0.6; bacterial cultures were pelleted down and resuspended

in PBS, followed by sonication, and finally passed through a syringe to obtain a single cell

suspension. These suspensions were further used either in *in vitro* or *in vivo* infections.

Pulsed Field Gel Electrophoresis (PFGE)

A modified protocol by Stevenson *et al*. (57) was employed. PFGE patterns were examined both

visually and by computer-assisted analysis. Cluster analysis to compare SnaBI profiles and to

construct dendrograms was performed using the Dice similarity coefficient and Unweighted Pair

Group Method with Arithmetic Mean (UPGMA) in BioNumerics version 6.6 (Applied Maths,

Sint-Martens-Latem, Belgium). General guidelines for interpreting chromosomal DNA restriction

patterns were used in evaluating the relatedness of clinical isolates (58).

Genome Sequencing and Assembly

DNA was extracted by the CTAB-lysozyme method (59). Samples were sequenced on an

Illumina HiSeq 2500 with a read length of 106 bp or an Illumina HiSeq 4000 with a read length

of 150 bp, both in paired-end mode. The mean depth of coverage was 109.0x (range 51-158).

Genome sequences were assembled by a comparative-assembly method (60). Reads were

mapped to Mav 104 (NC_008595.1) as a reference genome using BWA (61). Then, regions with

indels or clusters of single nucleotide polymorphisms (SNPs) were identified and repaired by

building local contigs from overlapping reads spanning such regions.

The sequence data for the clinical isolates has been uploaded to the NCBI Sequence Read

Archive under accession number SRP136774 and are available through the following links:

https://www.ncbi.nlm.nih.gov/Traces/study/?acc=SRP136774,

https://www.ncbi.nlm.nih.gov/bioproject/?term=PRJNA447977,

https://www.ncbi.nlm.nih.gov/sra?term=SRP136774

Macrophages culture and infection

Bone marrow derived macrophages (BMDMs) were generated by culturing bone-marrow cells of

C57BL/6 mice in RPMI-1640 medium (Sigma)/10% fetal calf serum (Gibco) and 20% L929 cell

line supernatant for 4 days. Macrophages were seeded at 50,000 cells/ well in a 96 well plate and

infected with Mav clinical isolates at a MOI of 10 for two hours. Cells were washed with Hanks

balanced salt solution to eliminate extracellular bacteria. Three wells were lysed with PBS

containing 0.02% Triton X (Sigma) and plated in serial dilutions on 7H10 Middlebrook plates in

triplicate to enumerate uptake by CFU counting (t =0). At day 1, 3 and 7, infected cells were

lysed and serial dilutions plated on 7H10 Middlebrook plates in triplicate, to record the course of

infection.

Mouse infection experiments

All protocols on animal work were approved by the Norwegian National Animal Research

Authorities and carried out in accordance with Norwegian and European regulations and

guidelines. C57BL/6 mice were bred in house and used at 6-8 weeks of age for experiments.

Infection was performed by intraperitoneal injection of log-phase mycobacteria ($2x10^7$ - $1x10^9$

CFU/mouse) in 0.2 ml PBS; inoculum was measured by CFU plating. At given time-points after

infection, mice were killed, and spleen and liver were collected. Bacterial load was measured by

plating serial dilutions of organ homogenates (spleen, liver) on 7H10 Middlebrook plates.

Mav-specific T cell cytokine production

Splenocytes were isolated and prepared for flow cytometry as described in (33). Splenocytes

were stimulated overnight with clinical Mav isolates from patient 9 and 13 at a MOI of 1.

Concanavallin A (Sigma, 2.5µg/ml) stimulation was used as positive control, unstimulated cells

served as negative control. Protein transport inhibitor (eBioscience) was added during the last 4h

of stimulation. Surface antigen were stained with monoclonal antibodies against CD3 (FITC),

CD4 (Brilliant Violet 605) and CD8 (Brilliant Violet 785, all from Biolegend). After fixation (2%

PFA, Sigma) and permeabilization (0.5 %, Sigma), intracellular cytokine staining was performed

for IFNγ (PE) and TNFα (APC, both from Biolegend). Flow-cytometry was performed on a BD

LSR II flow-cytometer (BD Biosciences) and data analyzed using FlowJo (FlowJo, LLC) and

GraphPad Prism (GraphPad Software, Inc.) software.

Histopathology

Organ samples were fixed in buffered formalin, processed through standard dehydration, clearing

and placed in paraffin overnight, cut in 5 µm thick sections and stained with hematoxylin &

eosin. Microscopic images were taken with a Lumenera Infinity 2 camera and INFINITY

ANALYZE software, release 6.2 (Lumenera Corp.) using a Nikon eclipse Ci microscope (Nikon)

with 40x magnification.

Statistics

All values from intracellular replication experiments are means of four independent experiments,

performed in duplicate or triplicate. Results are presented as mean $\pm$ SEM and analyzed by two-

way ANOVA followed by a Turkey post-test. Values obtained in mice experiments show mean$\pm$

SEM of two independent experiments, with four mice in each group. Results were analyzed by

two-way ANOVA, followed by Bonferroni post-test. In all analyses, a p-value of <0.05 was

considered as statistically significant. Data analysis and statistical tests were performed with

Graph Pad Prism 5.0 (GraphPad Software, Inc.).

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Figure Legends

FIG 1 Genetic comparison / classification of clinical MAC isolates from patients. (A) Pulse field

gel electrophoresis of 40 clinical isolates from 15 patients was performed using a SnaBI typing

method. Restriction enzymatic digestion by SnaBI created distinct profiles that could be used to

distinguish between isolates from different patients and between isolates taken at different time

points from the same patient. Dendrograms were generated based on cluster analysis using the

UPGMA method and Dice similarity coefficient, to assist in visualizing SnaBI pattern similarity.

(B) Maximum parsimony tree showing the phylogenetic relationship among the clinical isolates

and two Mav reference strains, 104 and H87. The branch lengths indicate the number of changes

(SNPs).

FIG 2 SNPs from whole-genome sequencing of Mav clinical isolates sampled over time from

single patients. (A) The maximum-likelihood estimate of the rate parameter for clinical isolates

from patients 4, 9 and 13 was calculated, assuming a Poisson model for the accumulation of

SNPs over time, and represented as a mutation rate plot using Matlab. (B) Diagrammatic

representation of the time-line of sample collection from patients 4, 9 and 13 and corresponding

SNP development. Number of SNPs in green represents fixed mutations, whereas numbers in red

are unique to that particular isolate and are lost in the subsequent isolates.

FIG 3 Growth in broth and intracellular replication in macrophages of sequential Mav isolates

(A) Growth curves were recorded of sequential Mav isolates from patients 4, 9 and 13 grown for

a period of 24 days. Isolates are numbered chronologically from the time they were collected

from the patients. Recordings were performed in triplicates; the OD values show mean $\pm$ SEM.

(B) Intracellular replication in murine BMDMs infected with isolates from patients 4, 9 and 13 at

a MOI of 10. CFU counts from lysed macrophages were determined 1, 3 and 7 days after infection. (C) Intracellular bacterial counts represented as fold change normalized to the uptake of bacteria, at 2 hours post exposure /infection. Bars represent mean $\pm$ SEM from 4 independent experiments; * $p<0.05$, **$p<0.01$by Repeated measures Two-way ANOVA, Tukey post-test.

FIG 4 Down-regulation of pro-inflammatory cytokines in Mav infected mouse macrophages. Murine BMMs were infected with the sequential Mav isolates from patient 4, 9 and 13 at a MOI of 10. Levels of IL-6 (A) and IL-1β (B) were measured from supernatants at 2 h, 1 day, 3 days and 7 days post infection (p.i). Bars represent mean $\pm$ SEM from three or four independent experiments; *$p<0.05$, **$p<0.001$, ***$p<0.0001$ by Repeated measures Two-way ANOVA, Tukey post-test.

FIG 5 Mycobacterial load and tissue pathology in mice infected with sequential Mav clinical isolates. (A-B) C57BL/6 mice were infected intraperitoneally with Mav isolates from patient 9 (9.1, 9.5, 9.6) and patient 13 (13.1, 13.2, 13.4) for 15, 30 and 70 days. Tissue bacterial loads in spleen and liver are shown as mean CFUs per gram $\pm$ SEM from two experiments with four mice in each group. *$p<0.05$, **<0.01, ***<0.001 by Repeated Measures Two-way ANOVA and Bonferroni's post-test. (C) Histological examination of spleen and liver from mice infected with Mav isolates 13.1, 13.2 and 13.4 at day 70 post infection. Upper and middle Panel: spleens and spleen tissue histology sections. RP indicates the red pulp and WP the white pulp areas. Lower Panel: liver histology. Arrows point to granulomatous structures. Images are taken at 40x magnification. Experiments done twice with similar results, one representative experiment is shown.

FIG. 6 Mav-specific splenic T cell responses. C57BL/6 mice were infected with isolates of

patient 9 (9.1, 9.5, and 9.6, left) and patient 13 (13.1, 13.2, and 13.4, right) for 15, 30 and 70

days. Mav-specific T cell responses were measured from *in vitro* Mav re-stimulation of

splenocytes 15, 30 and 70 days post infection (p.i). IFNγ and TNFα production from CD4+ and

CD8+ T cells were analyzed by intracellular flow-cytometry. A) Gating strategy. B) Results are

represented as percentage of T cells producing the indicated cytokine. Results show mean $\pm$ SEM

of two experiments with four mice analyzed in each group.

Supplementary Figure Legends

FIG S1 Differential melting curves from 16S rRNA gene qRT-PCR. The curves of 19 clinical

MAC isolates as well as positive (*M. intracellulare* and Mtb) and negative controls are shown.

FIG S2 Bone marrow derived murine macrophages were infected with clinical stains, collected

in chronological order, at a MOI of 10. After two hours of infection, cells were washed and lysed

to analyze uptake. Uptake is represented as log CFU and designated as zero hour.

FIG S3 Nanostring data. Murine BMDMs were infected with the first and last clinical isolate of

Mav (9.1 and 9.6) at a MOI of 10. After 6 hours post infection, cells were lysed in RLT buffer

and subsequently RNA was extracted to perform nanostring analysis. nCounter® GX Mouse

Inflammation Kit was used and the results were analyzed on *Partek*® *Genomics Suite*® software.

FIG S4 Proinflammatory cytokines IL-6 (A) and IL-1β (B) measured from liver homogenates.

Results are presented as ng cytokine per gram tissue.

FIG S5 Accumulated number of SNPs, accounting for sub clones. SNPs were counted relative to

Mav 104 for patients 9 and 13. The isolates from patient 13 were treated as two separate lineages

(13.1-2 and 13.3-4). For patient 4, SNPs in isolates 4.2-4.6 were counted relative to 4.2.

Table S1 Medical history and time line of sample collection for all the patients in the study.

Table S2 List of genes containing SNPs. Both synonymous and non-synonymous mutations were

observed. Putative gene function mentioned for non-synonymous mutations. Mav 104 reference

from KEGG database was used to annotate function.

Table S3 List of genes containing mutations (relative to Mav104, as an outgroup). Both,

synonymous and non-synonymous mutations were observed. Putative gene function mentioned

for non-synonymous mutations. Mav 104 reference from KEGG database was used to annotate

function. The mutations for patient 13 are highlighted in red and blue to emphasize the two sub-

series of isolates, (13.1, and 13.2) and (13.3, and13.4). The mutations for patient 4 are

highlighted in red and blue to emphasize the two sub-series of isolates (4.1) and (4.2-4.6)

FIG. 1 Genetic comparison / classification of clinical MAC isolates from patients. (A) Pulse field gel electrophoresis of 40 clinical isolates from 15 patients was performed using a SnaBI typing method. Restriction enzymatic digestion by SnaBI created distinct profiles that could be used to distinguish between isolates from different patients and between isolates taken at different time points from the same patient. Dendrograms were generated based on cluster analysis using the UPGMA method and Dice similarity coefficient, to assist in visualizing SnaBI pattern similarity. (B) Maximum parsimony tree showing the phylogenetic relationship among the clinical isolates and two Mav reference strains, 104 and H87. The branch lengths indicate the number of changes (SNPs).

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