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1	Evaluation and optimization of the protocols for measuring cytochrome P450 activity in aphids							
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9	Running head: Measuring cytochrome P450 in aphids							
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22 Abstract

23	Cytochrome P450 enzymes play major roles in insect detoxification of plant toxins and insecticides.
24	However, measuring P450 activity in aphids has variable success, and a reliable method is not available
25	yet. In this study, we evaluated and optimized the method for measuring P450 activity in aphids using the
26	7-ethoxycoumarin as the substrate. First, we found that nicotinamide adenine dinucleotide phosphate and
27	protective agents are not needed in the aphid P450 activity assay, and homogenizing the green peach
28	aphid, Myzus persicae, in the microplate resulted in significantly higher P450 activities than those in
29	Eppendorf tube. Homogenizing aphids in Eppendorf tube could grind tissues thoroughly and released
30	uncharacterized compounds that could inhibit aphid and pig liver P450 activities, whereas aphids in the
31	microplate likely could not be thoroughly ground and thus released fewer such inhibitors. Then, the
32	microplate homogenization method was optimized to follows: one or two aphids were put into one well of
33	the microplate and ground in phosphate buffer using pipette tips for 20 cycles, followed by addition of
34	7-ethoxycoumarin, and then incubated for 1 h at room temperature, after which glycine buffer-ethanol
35	mixture was added to stop the reaction. This method is also suitable for the pea aphid, Acyrthosiphon
36	pisum, and the bird cherry aphid, Rhopalosiphum padi. These results emphasize the importance of
37	considering inhibitory effect of endogenous compounds in insects on their P450 activity and provide one
38	possible method to reduce this inhibitory effect.

Key words: Acyrthosiphon pisum, cytochrome P450, detoxification enzymes, 7-ethoxycoumarin, *Myzus*41 *persicae, Rhopalosiphum padi*

43 Introduction

44	Cytochrome P450 enzymes can be found in almost all living organisms. They play important roles in the
45	metabolism of endogenous compounds such as steroids, vitamins, hormones, carbohydrates and fatty
46	acids, and they are also heavily involved in detoxifying exogenous compounds such as drugs, plant toxins,
47	and mutagen (Liu et al., 2015). The P450 gene expression and activity in insects can be induced by plant
48	toxins and further may confer insect resistance to insecticides (Liu et al., 2015). For example,
49	overexpression of P450 gene CYP6CY3 was essential for the green peach aphid, Myzus persicae, in
50	detoxifying nicotine in tobacco as well as neonicotinoid insecticides (Puinean et al., 2010). The elevated
51	P450 activity in insects has been used as a biomarker for certain insecticide resistance (Liu et al., 2015).
52	Therefore, it is important to accurately measure the activities of P450 enzymes in insects.
53	Some previous studies failed to measure P450 activity in aphids as well as in some other small
54	insects (Philippou et al., 2010; Gottardi et al., 2016), probably because the P450 activity was too low to
55	detect by traditional method. Another possibility is that some uncharacterized compounds, released during
56	homogenization, might inhibit the P450 activity (Orrenius et al., 1971; Wilson & Hodgson, 1972; Gilbert
57	& Wilkinson, 1975; Valles & Yu, 1996). In addition, the P450 activity of mites could only be detected in
58	supernatant after low-speed centrifugation, suggesting that the general P450 activity assays carried out
59	with microsomal fraction prepared from high-speed centrifuged tissue homogenate may not be suitable
60	for all organisms (Pasay et al., 2009). Until now, no universal method for measuring P450 activity in
61	aphids has been established, although in certain aphid species such measurement has been reported
62	(Castaneda et al., 2009).



Most assays measuring P450 activity are based on the transformation of non- or low-fluorescent

64	P450 substrates to highly fluorescent metabolites catalyzed by P450 enzymes (Desousa et al., 1995;
65	Gottardi et al., 2016). Among these substrates, 7-ethoxycoumarin (7-EC, 7-Ethoxy-1-benzopyran-2-one)
66	is the most widely used chemical for measuring P450 dependent 7-ethoxycoumarin-O-dealkylation
67	(ECOD) activity (Gottardi et al., 2016). This substrate has been widely used for measuring P450 activities
68	in insects, fish, mammals, and nematodes, although other substrates may also work (Castaneda et al.,
69	2009; Pasay et al., 2009; Gottardi et al., 2016). Therefore, we chose 7-ethoxycoumarin as the substrate for
70	measuring aphid P450 activity in this study.
71	The ECOD activity in M. persicae was difficult to measure because of endogenous inhibitors
72	presented in <i>M. persicae</i> homogenate, which could even significantly reduce ECOD activity of rabbit
73	liver homogenate (Philippou et al., 2010). We obtained a much higher ECOD activity by homogenizing M.
74	persicae in the 96-well microplate than in the Eppendorf (EP) tube. Furthermore, we found that
75	homogenizing M. persicae in the EP tube inhibited ECOD activity of pig liver, whereas no inhibitory
76	effect was found when aphids were homogenized in the microplate. Accordingly, we evaluated and
77	optimized the method measuring ECOD activity in <i>M. persicae</i> by homogenizing aphids in the microplate.
78	The results suggest that homogenizing aphids in the microplate can significantly reduce the release of
79	inhibitors and is suitable for measuring P450 activity in <i>M. persicae</i> as well as some other aphid species.
80	

81 Materials and methods

82 Chemicals

83 Potassium dihydrogen phosphate (KH₂PO₄, CAS: 7778-77-0, purity: \geq 99.5%), dipotassium hydrogen

 $\label{eq:second} 84 \qquad phosphate trihydrate (K_2HPO_4\cdot 3H_2O, CAS: 16788-57-1, purity: \geq 99.0\%), glycerol (CAS: 56-81-5, purity), glycerol (CAS: 56-$

85	\geq 99.0%), and ethanol (CAS: 64-17-5, purity: \geq 99.0%) were obtained from Guangzhou Jinhuada
86	Chemical Reagent Co., LTD (China). Phenylmethanesulfonyl fluoride (PMSF, CAS: 329-98-6, purity: \geq
87	99.0%) was aquired from Beijing Solarbio Life Sciences Co., LTD (China). DL-dithiothreitol (DTT, CAS:
88	3483-12-3, purity: \geq 99.0%), ethylenediaminetetraacetic acid disodium salt dihydrate (EDTA, CAS:
89	6381-92-6, purity: \geq 99.0%), and β -nicotinamide adenine dinucleotide phosphate reduced tetra
90	(cyclohexylammonium) salt (NADPH, CAS: 100929-71-3, purity: \geq 98%) were from Sigma-Aldrich
91	(China). 7-Ethoxycoumarin (7-EC, CAS: 31005-02-4, purity: \geq 99.0%) were bought from J&K Scientific
92	Ltd. (China) and 7-hydroxycoumarin (7-OH, CAS: 93-35-6, purity: \geq 98%) were from Shanghai Macklin
93	Biochemical Co., Ltd. (China).
94	
95	Aphids
96	Myzus persicae was reared on cabbage plants (Brassica oleracea L. var. capitata, var. "Qingan 70") under
97	a 14:10 h L/D cycle at 22 \pm 2°C and 50% relative humidity. The pea aphid, Acyrthosiphon pisum, was
98	reared on broad bean and the bird cherry-oat aphid, Rhopalosiphum padi, was reared on wheat under the
99	same conditions.
100	
101	Comparison of homogenization methods
102	To measure P450 activity, most studies homogenize insect tissues in a mortar or an EP tube with fitted
103	pestles, which could grind tissues thoroughly. Another method is putting intact insects or their dissected

- 104 tissues directly into phosphate buffer in a multi-well microplate and then break up with pipette tips or
- 105 proceed with no further homogenization (Desousa et al., 1995; Gottardi et al., 2016). First, we compared

106	these two homogenization methods, i.e. homogenizing aphids in an EP tube with fitted pestles, and in a
107	96-well microplate with pipette tips. For EP tube homogenization method, adult aphids were placed into a
108	1.5 mL EP tube and homogenized with a plastic pestle in ice cold 100 mM phosphate buffer (pH 7.5)
109	containing protectants (1mM EDTA, 1 mM DTT, 1 mM PMSF and 20% glycerol). The homogenate was
110	used for measuring P450 activity without centrifugation. Then, 2.5 mg equivalent aphid homogenates
111	were added to each microplate well that contained 100 μL 7-EC solution (0.5 mM 7-EC dissolved in 100
112	mM phosphate buffer pH 7.5 containing protectants). For the microplate homogenization method, 2.5 mg
113	adult aphids were placed into each well of the microplate and homogenized in 100 μ L 100 mM phosphate
114	buffer (pH 7.5) containing protectants using a 200 μL pipette tip. Then, 100 μL 7-EC solutions (0.5 mM
115	7-EC dissolved in 100 mM phosphate buffer pH 7.5) were added to each microplate.
116	After the mix of aphid homogenates with 7-EC, the reaction was initiated by the addition of 10 μ L
117	2.5 mM NADPH into each well. Before the addition of NADPH, the fluorescence intensity of each well (t
118	= 0) was measured with the Tecan Infinite M200 Microplate Reader (Tecan Group Ltd, Mannedorf,
119	Switzerland) using 380 nm excitation and 455 nm emission filters, and was considered as basal
120	fluorescence. The microplates were then incubated at room temperature (22 \pm 1°C) and the fluorescence
121	intensity was determined after 1 h. The reaction was stopped by adding 100 μL 50% (v/v) glycine buffer
122	(0.5 M)-ethanol, pH 10.4 and fluorescence (t = 1 h). Relative fluorescence units (RFU) was calculated as
123	RFU = fluorescence (t = 1 h) - fluorescence (t = 0). Three or four replicates were performed for each
124	treatment for all assays in this study.
125	

125

126 Optimization of the P450 activity assay conditions

127 We found that homogenizing *M. persicae* in the microplate resulted in significantly higher RFU; therefore,

128	the following assays were conducted to optimize the microplate homogenization method. First, we tested
129	the necessity of NADPH and protectants (i.e. EDTA, DTT, PMSF, and glycerol) in P450 activity
130	measurement. Three adult <i>M. persicae</i> were homogenized in each well of the microplate using pipette tips
131	in 50 μL 100 mM phosphate buffer or with phosphate buffer containing protectants. Then 50 μL 7-EC
132	solutions (1 mM 7-EC dissolved in 100 mM phosphate buffer pH 7.5 with or without protectants) were
133	added to each well. The reaction was initiated by the addition of 10 μL 2.5 mM NADPH or 10 μL
134	phosphate buffer and stopped by adding 100 μL 50% (v/v) glycine buffer (0.5 M)-ethanol after 1 h. The
135	RFU was determined by the microplate reader as described above.
136	Because we found that NADPH and protectants was not indispensable in measuring aphid P450
137	activity, these chemicals were not used in the following experiments. To optimize the homogenization
138	method, three adult <i>M. persicae</i> were placed in each microplate well and were gently crushed or ground
139	with pipette tips for different cycles. To optimize the number of aphids used in each well, 1, 2, 3, or 5
140	adult M. persicae were homogenized in the microplate and their P450 activities were determined as
141	described above. Time dependence of <i>M. persicae</i> P450 activities were determined similarly by using two
142	adult aphids in each microplate well.

143

144 Inhibitory effect of *M. persicae* homogenate

145 Two mg aphid equivalents homogenized in the EP tube without centrifugation were mixed with liver 146 extracts to examine whether the lower P450 activity of aphids homogenized in the EP tube was due to 147 inhibitors released during homogenization. Liver extract was prepared by grinding fresh pig liver tissue in

148	100 mM phosphate buffer (pH 7.5) using a glass mortar and pestle. The liver homogenate was then
149	centrifuged at 4°C 13,000 g for 15 min and the supernatant was collected and used. To test the heat
150	stability of the endogenous inhibitors, aphid homogenate was heated in boiling water for 5 min and then
151	mixed with liver extract. The RFU was determined and calculated following previous procedure using
152	7-EC (dissolved in 100 mM phosphate buffer pH 7.5) as substrate.
153	We also tested the inhibitory effect of the supernatants of aphid homogenate and whether
154	homogenizing aphids in the microplate had such inhibitory effect on liver extract. After being
155	homogenized in the EP tube, aphid homogenate was centrifuged at 4°C 13,000 g for 15 min and the
156	supernatant was collected and used. For microplate homogenization method, aphids were ground in the
157	microplate using pipette tips for 20 cycles and then mixed with liver extract. The RFU was determined
158	and calculated as described above.
159	

160 Suitability of the microplate homogenization method for A. pisum and R. padi

161 To test the suitability and necessity of the microplate homogenization method for measuring P450

- 162 activities in A. pisum and R. padi, ECOD activities in these aphids were determined and compared using
- 163 different homogenization methods. The inhibitory effects of both aphid homogenates on the P450 activity
- 164 of liver extract were also examined.
- 165

166 Fluorescence of chemicals involved in the P450 activity assay

- 167 One hundred μL 7-EC, 7-OH, or NADPH, dissolved in 100 mM phosphate buffer pH 7.5 with different
- 168 concentrations, were put into the microplate and the fluorescence was determined with the microplate

- 169 reader. The phosphate buffer was used as the blank control. The fluorescence of these chemicals was also
- 170 measured using similar methods after the addition of 100 μ L 50% (v/v) glycine buffer (0.5 M)-ethanol,
- 171 pH 10.4.
- 172
- 173 Statistical analysis
- 174 The RFU of *M. persicae*, *A. pisum*, and *R. padi* homogenized with different methods were analyzed using
- 175 Student's t-test. The influence of NADPH and protectants, grinding degree, number of aphids used in
- each microplate well, and inhibitory effects of aphid homogenate on ECOD activities were analyzed
- 177 using one-way analysis of variance (ANOVA), followed by Fisher's least significant difference (LSD)
- tests, at a significance level of P < 0.05. All statistical analyses were performed using the IBM SPSS
- 179 Statistics package 19 (SPSS Inc., Chicago, IL, USA).
- 180

181 Results and discussion

182 Comparison of homogenization methods

The ECOD activity in *M. persicae* was about three times higher when homogenized aphids in the microplate than in the EP tube (Figure 1; df = 4; t = 8.28; P = 0.001), which agrees with a previous study that failed to detect ECOD activities in *M. persicae* because of endogenous inhibitors released during homogenization (Philippou et al., 2010). In addition, we found that homogenized *M. persicae* in the EP tube (without centrifugation) reduced liver ECOD activities by 90% (Figure 2A; df = 2, 9; F = 427.806; P < 0.001), and this effect still existed after heating aphid homogenate in boiling water (Figure 2A) or after centrifugation (Figure 2B). According to previous studies, the inhibitory compounds in *M. persicae* could

190	be eye pigment and/or uncharacterized nucleoprotein (Wilson & Hodgson, 1972; Gilbert & Wilkinson,
191	1975). However, aphids homogenized in the 96-well microplate showed higher ECOD activities (Figures
192	1), and did not inhibit liver ECOD activities (Figure 2B). Homogenizing aphids in the microplate may not
193	completely grind aphid tissues and thus likely release little or no endogenous inhibitors. These findings
194	suggest the importance of considering endogenous inhibitors before measuring cytochrome P450 activity
195	in aphids.
196	
197	Optimization of the ECOD activity assay protocol
198	Since aphid ECOD activities were not enhanced after the addition of the protectants and NADPH,
199	these chemicals are not indispensable in measuring aphid ECOD activity (Figure 3A; $df = 2, 6$; $F = 3.945$;
200	P = 0.081). Aphid tissues homogenized in the microplate possibly generated enough NADPH for the P450
004	

201 activity assay and thus NADPH was not needed (Desousa et al., 1995; Castaneda et al., 2009). Moreover,

- 202 the fluorescence of residue NADPH may affect the accuracy of the P450 activity assay and needs further
- 203 processes to eliminate this influence (Chauret et al., 1999).

204 Grinding M. persicae for 20 cycles in the microplate resulted in relatively higher ECOD activities,

205 whereas higher grinding cycles or crush alone did not lead to higher ECOD activities (Figure 3B; df = 3,

206 8; F = 2.943; P = 0.099). Homogenizing aphids by crushing alone may limit the contact of aphid P450

- 207 enzyme with 7-EC, while more grinding cycles may release more inhibitors, both of which lead to lower
- 208 ECOD activities. Similarly, three or five aphids in one microplate well did not generate higher ECOD
- 209 activities than two aphids (Figure 3C; df = 3, 15; F = 5.949; P = 0.007), which may be due to that more
- 210 aphids in one microplate well lead to higher concentration of inhibitors. Although the RFU of this assay

211 remained linear for 3 h (Figure 3D; $R^2 = 0.95$), the ECOD activities of different samples could be 212 differentiated in 1 h because of the high sensitivity. In summary, we improved the method measuring 213 aphid P450 enzyme activities as follows: one or two aphids were placed in one well of a 96-well 214 microplate, and ground in phosphate buffer using pipette tips for 20 cycles, followed by addition of 7-EC, 215 and then incubated for 1 h at room temperature before adding glycine buffer-ethanol mixture to stop the 216 reaction. 217 218 Suitability of the microplate homogenization method for A. pisum and R. padi 219 The pea aphid, A. pisum had only approximately one third ECOD activities when homogenized in 220 the EP tube than in the microplate (Figure 4A; df = 6; t = 3.208; P = 0.018), and this homogenate 221 significantly reduced liver ECOD activities (Figure 4C), suggesting that A. pisum released P450 enzyme 222 inhibitors during homogenization in the EP tube. However, the bird cherry-oat aphid, R. padi, had no such 223 inhibitory effect on liver ECOD activities (Figure 4C) and showed comparable ECOD activities (Figure 224 4B; df = 6; t = 0.079; P = 0.939) when homogenized with different methods, implying that there may be 225 few or no P450 enzyme inhibitors in R. padi. 226

227 Fluorescence of chemicals involved in the P450 activity assay

The P450 enzyme substrate 7-EC had a low fluorescence intensity (Figure 5A; 1.27 a.u./ μ M), and its fluorescence intensity increased slightly after the addition of glycine buffer-ethanol mixture (Figure 5A; 1.69 a.u./ μ M). However, 7-OH had a relative higher fluorescence levels (Figure 5B; 12,083 a.u./ μ M) and the fluorescence intensity increased 3.7 times after the addition of glycine buffer-ethanol mixture (Figure

232	5B; 44,645 a.u./ μ M). These results suggest that 7-EC is suitable as the P450 enzyme substrate, and the							
233	high pH glycine buffer-ethanol buffer can improve the sensitivity of such assay. The NADPH should not							
234	be used in this assay, because NADPH is not needed and had a relative high fluorescence intensity							
235	(Figure 5C; 9.72 a.u./µM).							
236								
237	Conclusion							
238	Although homogenizing aphids in the 96-well microplate reduced the release of endogenous inhibitors, it							
239	is difficult to guarantee that no inhibitors were released. However, the samples containing two aphids had							
240	about two times higher ECOD activities than one aphid, suggesting that our method can eliminate most, if							
241	not all, inhibitors. Nevertheless, the number of grinding cycles and number of aphids in each microplate							
242	well should be optimized before specific P450 activity assay. This study suggests the necessary of testing							
243	the inhibitory effects of endogenous compounds before measuring P450 activity, and provides one							
244	possible method to reduce this inhibitory effect. We used aphids in the present study, but our method may							
245	be also suitable for other organisms in the P450 activity assay.							
246								
247	Acknowledgments							
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250	Applied Entomology, Northwest A&F University at Yangling, Shaanxi, China.							
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286

- 287 Figure legends
- 288 Figure 1 ECOD activities of *M. persicae* homogenized with different methods. Aphids were
- 289 homogenized in the EP tube with fitted pestles or ground in 96-well microplate using pipette tips. Data
- 290 are mean \pm SE (n = 3). **P < 0.01 (Student's t-test).
- 291

Figure 3 Optimization of the P450 enzyme assay conditions. The influence of (A) NADPH and protectants, (B) grinding degree, (C) number of aphids in each microplate well, and (D) reaction time on ECOD activities of *M. persicae*. Data are mean \pm SE (n = 3). Different letters above bars indicate

significant difference at P < 0.05 (one-way ANOVA followed by LSD test).

296

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Figure 2 Inhibitory effects of M. persicae homogenate on ECOD activity of liver extract. (A) Aphids
homogenized in the EP tube (without centrifugation) reduced liver ECOD activity (Liver + Aphid) and
the inhibitory effects still existed after heating aphid homogenate in boiling water (Liver + Boiled aphid).
(B) Aphids homogenized in the EP tube (after centrifugation) reduced liver ECOD activities (Liver + EP
tube), whereas aphids that were directly homogenized in the microplate had no such inhibitory effect
(Liver + Microplate). Data are mean \pm SE (n = 4). Different letters above bars indicate significant
difference at P < 0.05 (one-way ANOVA followed by LSD test). The P values above bars was calculated
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304 by Student's t-test.

305

- 306 Figure 4 ECOD activities of (A) A. pisum and (B) R. padi homogenized in the EP tube or microplate and
- 307 (C) inhibitory effects of aphid homogenate (homogenized in the EP tube) on liver ECOD activity. Data
- 308 are mean \pm SE (n = 4). *P < 0.05 (Student's t-test) and different letters above bars indicate significant
- 309 difference at P < 0.05 (one-way ANOVA followed by LSD test).
- 310
- 311 Figure 5 Fluorescence intensity of (A)7-EC, (B) 7-OH, and (C) NADPH before and after the addition of
- 312 50% (v/v) glycine buffer-ethanol. Data are mean \pm SE (n = 3).















