- Polygenic adaptation and convergent evolution across
- both growth and cardiac genetic pathways in African
- and Asian rainforest hunter-gatherers
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 - June 14, 2018
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Abstract:

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Different human populations facing similar environmental challenges have sometimes evolved convergent biological adaptations, for example hypoxia resistance at high altitudes and depigmented skin in northern latitudes on separate continents. The pygmy phenotype (small adult body size), a characteristic of hunter-gatherer populations inhabiting both African and Asian tropical rainforests, is often highlighted as another case of convergent adaptation in humans. However, the degree to which phenotypic convergence in this polygenic trait is due to convergent vs. population-specific genetic changes is unknown. To address this question, we analyzed high-coverage sequence data from the protein-coding portion of the genomes (exomes) of two pairs of populations, Batwa rainforest hunter-gatherers and neighboring Bakiga agriculturalists from Uganda, and Andamanese rainforest hunter-gatherers (Jarawa and Onge) and Brahmin agriculturalists from India. We observed signatures of convergent positive selection between the Batwa and Andamanese rainforest hunter-gatherers across the set of genes with annotated 'growth factor binding' functions (p < 0.001). Unexpectedly, for the rainforest groups we also observed convergent and population-specific signatures of positive selection in pathways related to cardiac development (e.g. 'cardiac muscle tissue development': p = 0.001). We hypothesize that the growth hormone sub-responsiveness likely underlying the pygmy phenotype may have led to compensatory changes in cardiac pathways, in which this hormone also plays an essential role. Importantly, in the agriculturalist populations we did not observe similar patterns of positive selection on sets of genes associated with either growth or cardiac development, indicating that our results most likely reflect

- a history of convergent adaptation to the similar ecology of rainforest hunter-
- gatherers rather than a more common or general evolutionary pattern for human
- 46 populations.

₇ Introduction

Similar ecological challenges may repeatedly result in similar evolutionary outcomes, and many instances of phenotypic convergence arising from parallel changes in the same genetic loci have been uncovered (reviewed in [1–3]). Many examples of convergent genetic evolution reported to date are for simple monogenic traits, for example depigmentation in independent populations of Mexican cave fish living in lightless habitats [4, 5] and persistence of the ability to digest lactose in adulthood in both European and African agriculturalist/pastoralist humans [6]. Most biological traits, however, are highly polygenic. Since the reliable detection of positive selection in aggregate on multiple loci of individually small effect (i.e., polygenic adaptation) is relatively difficult [7–11], the extent to which convergent genetic changes at the same loci and functional pathways or changes affecting distinct genetic pathways may underlie these complex traits is less clear.

Human height is a classic example of a polygenic trait with approximately 800 known loci significantly associated with stature in Europeans collectively accounting for 27.4% of the heritable portion of height variation in this population [12]. A stature phenotype also represents one of most striking examples of convergent evolution in humans. Small body size (or the "pygmy" phenotype, e.g. average adult male stature <155 cm) appears to have evolved independently in rainforest hunter-gatherer populations from Africa, Asia, and South America [13], as groups on different continents do not share common ancestry to the exclusion of nearby agriculturalists [14, 15]. Positive correlations between stature and the degree of admixture with neighboring agriculturalists have confirmed that the pygmy phenotype is,

at least in part, genetically mediated and therefore potentially subject to natural selection [16-20].Indeed, previous population genetic studies have identified signatures of strong positive 70 natural selection across the genomes of various worldwide rainforest hunter-gatherer groups [15, 19, 21, 22]. In some cases, the candidate positive selection regions were significantly 72 enriched for genes involved in growth processes and pathways [15, 19]. However, in one rain-73 forest hunter-gatherer population, the Batwa from Uganda, an admixture mapping approach was used to identify 16 genetic loci specifically associated with the pygmy phenotype [17]. 75 While these genomic regions were enriched for genes involved in the growth hormone path-76 way and for variants associated with stature in Europeans, there was no significant overlap 77 between the pygmy phenotype-associated regions and the strongest signals of positive selection in the Batwa genome. Rather, subtle shifts in allele frequencies were observed across 79 these regions in aggregate, consistent with a history of polygenic adaptation for the Batwa pygmy phenotype [17] and underscoring the importance of using different types of population genetic approaches to study the evolutionary history of this trait. Similar studies focused on 82 other rainforest hunter-gatherer groups have found enrichment for signatures of selection on 83 genes involved in growth [15] and various growth factor signaling pathways [19], immunity [19, 21, 22], metabolism [19, 21, 22], development [15, 22], and reproduction [19, 21, 22]. Here, we investigate population-specific and convergent patterns of positive selection in 86 African and Asian hunter-gatherer populations using genome-wide sequence data from two sets of populations: the Batwa rainforest hunter-gatherers of Uganda in East Africa and the nearby Bakiga agriculturalists [23], and the Jarawa and Onge rainforest hunter-gatherers of 89 the Andaman Islands in South Asia and the Uttar Pradesh Brahmin agriculturalists from mainland India [24, 25]. We specifically test whether convergent or population-specific signa-91 tures of positive selection, as detected both with 'outlier' tests designed to identify strong sig-

natures of positive selection and tests designed to identify signatures of polygenic adaptation,

are enriched for genes with growth-related functions. After studying patterns of convergentand population-specific evolution in the Batwa and Andamanese hunter-gatherers, we then repeat these analyses in the paired Bakiga and Brahmin agriculturalists to evaluate whether the evolutionary patterns most likely relate to adaptation to hunter-gatherer subsistence in rainforest habitats, rather than being more generalized evolutionary patterns for human populations.

Results

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We sequenced the protein coding portions of the genomes (exomes) of 50 Batwa rainforest 101 hunter-gatherers and 50 Bakiga agriculturalists (dataset originally reported in [23]), identi-102 fied single nucleotide polymorphisms (SNPs), and analyzed the resultant data alongside those 103 derived from published whole genome sequence data for 10 Andamanese rainforest hunter-104 gatherers and 10 Brahmin agriculturalists (dataset from [25]). We restricted our analysis to 105 exonic SNPs, for comparable analysis of the Asian whole genome sequence data with the 106 African exome sequence data. To polarize allele frequency differences observed between each 107 pair of hunter-gatherer and agriculturalist populations, we merged these data with those from 108 outgroup comparison populations from the 1000 Genomes Project [26]: exome sequences of 30 unrelated British individuals from England and Scotland (GBR) for comparison with the Batwa/Bakiga data, and exome sequences of 30 Luhya individuals from Webuye, Kenya (LWK) for comparison with the Andamanese/Brahmin data. Outgroup populations were selected for genetic equidistance from the test populations. While minor levels of introgression 113 from a population with European have been observed for the Batwa and Bakiga [23, 27], 114 PBS is relatively robust to low levels of admixture [28]. 115 To identify regions of the genome that may have been affected by positive selection in 116

each of our test populations, we computed the population branch statistic (PBS; [29]) for

each exonic SNP identified among or between the Batwa and Bakiga, and Andamanese and
Brahmin populations (Fig. S1, S2; Table S15). PBS is an estimate of the magnitude of allele
frequency change that occurred along each population lineage following divergence of the
most closely related populations, with the allele frequency information from the outgroup
population used to polarize frequency changes to one or both branches. Larger PBS values
for a population reflect greater allele frequency change on that branch, which in some cases
could reflect a history of positive selection [29].

For each analyzed population, we computed a PBS selection index for each gene by 125 comparing the mean PBS for all SNPs located within that gene to a distribution of values 126 estimated by shuffling SNP-gene associations (without replacement) and re-computing the 127 mean PBS value for that gene 100,000 times (Table S17). The PBS selection index is the 128 percentage of permuted values that is higher than the actual (observed) mean PBS value 129 for that gene. Per-gene PBS selection index values were not significantly correlated with 130 gene size (linear regression of log adjusted selection indices against gene length: adjusted 131 $R^2 = -2.74 \times 10^{-5}$, F-statistic p = 0.81; Fig. S3), suggesting that this metric is not overtly 132 biased by gene size. 133

Convergent evolution can operate at different scales, including on the same mutation 134 or amino acid change, different genetic variants between populations but within the same genes, or across a set of genes involved in the same biomolecular pathway or functional 136 annotation. Given that our motivating phenotype is a complex trait and signatures of 137 polygenic adaptation are expected to be relatively subtle and especially difficult to detect 138 at the individual mutation and gene levels, in this study we principally consider patterns of 139 convergence versus population specificity at the functional pathway/annotation level. We 140 do note that when we applied the same approaches described in this study to individual 141 SNPs, we identified several individual alleles with patterns of convergent allele frequency 142 evolution between the Batwa and Andamanese that may warrant further study (Table S16), including a nonsynonymous SNP in the gene FIG4, which when disrupted in mice results in a phenotype of small but proportional body size [30]. However, likely related to the above-discussed challenges of identifying signatures of polygenic adaptation at the locus-specific level, the results of our individual SNP and gene analyses were otherwise largely unremarkable, and thus the remainder of our report and discussion focuses on pathway-level analyses.

Outlier signatures of strong convergent and population-specific se-

151 lection

The set of genes with the lowest (outlier) PBS index values for each population may be 152 enriched for genes with histories of relatively strong positive natural selection. We used a 153 permutation-based analysis to test whether curated sets of genome-wide growth-associated 154 genes (4 lists tested separately ranging from 266-3,996 genes; 4,888 total genes; Suppl. Text) 155 or individual Gene Ontology (GO) annotated functional categories of genes (GO categories 156 with fewer than 50 genes were excluded) have significant convergent excesses of genes with 157 low PBS selection index values (< 0.01) in both of two cross-continental populations, for 158 example the Batwa and Andamanese. Specifically, we first used Fisher's exact tests to 159 estimate the probability that the number of genes with PBS selection index values < 0.01160 was greater than that expected by chance, for each functional category set of genes and 161 population. We then reshuffled the PBS selection indices across all genes 1,000 different 162 times for each population to generate distributions of permuted enrichment p-values for 163 each functional category set of genes. We compared our observed Batwa and Andamanese 164 Fisher's exact test p-values to those from the randomly generated distributions as follows. We computed the joint probability of the null hypotheses for both the Andamanese and Batwa being false as $(1 - p_{Batwa})(1 - p_{Andamanese})$, where p_{Batwa} and $p_{Andamanese}$ are the p-values of

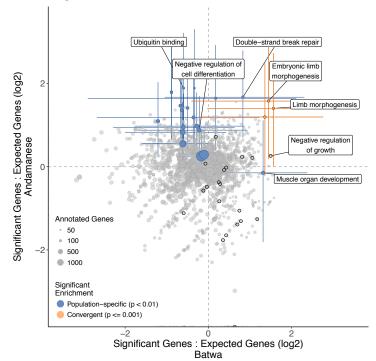
the Fisher's exact test, and we compared this joint probability estimate to the same statistic computed for the p-values from the random iterations. We then defined the p-value of our 169 empirical test for convergent evolution as the probability that this statistic was more extreme 170 (lower) for the observed values than for the randomly generated values. The resultant p-value 171 summarizes the test of the null hypothesis that both results could have been jointly generated 172 under random chance. While each individual population's outlier-based test results are not 173 significant after multiple test correction, this joint approach provides increased power to 174 identify potential signatures of convergent selection by assessing the probability of obtaining 175 two false positives in these independent samples. 176

Several GO biological processes were significantly overrepresented—even when accounting for the number of tests performed—among the sets of genes with outlier signatures of
positive selection in both the Batwa and Andamanese hunter-gatherer populations (empirical test for convergence p < 0.005; Table S1; Fig. 1A). These GO categories include 'limb
morphogenesis' (GO:0035108; empirical test for convergence p < 0.001; q < 0.001; Batwa:
genes observed = 5, expected = 1.69, Fisher's exact p = 0.027; Andamanese: observed = 6,
expected = 2.27, Fisher's exact p = 0.025).

Other functional categories of genes were overrepresented in the sets of outlier loci for 184 one of these hunter-gatherer populations but not the other (Fig. 1A; Table S2, S24). The 185 top population-specific enrichments for genes with outlier PBS selection index values for 186 the Batwa were associated with growth and development: 'muscle organ development' 187 (GO:0007517; observed genes: 10; expected genes: 4.02; p = 0.007) and 'negative regu-188 lation of growth' (GO:0045926; observed = 7; expected = 2.48; p = 0.012). Significantly 189 overrepresented GO biological processes for the Andamanese included 'negative regulation 190 of cell differentiation' (GO:0045596; observed genes: 18; expected genes: 9.79; p = 0.009). 191 However, these population-specific enrichments were not significant following multiple test 192 correction (false discovery rate q = 0.71 for both Batwa terms and q = 0.22 for the An-

GO categories with significant enrichment for signatures of strong positive selection

A. Rainforest hunter-gatherers



B. Agriculturalists

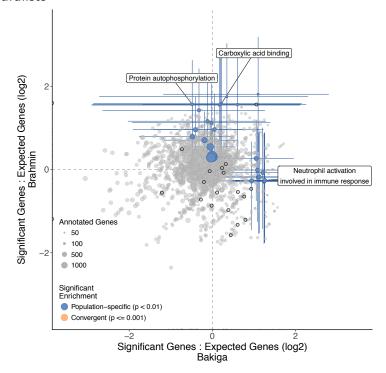


Figure 1: (Continued on the following page.)

Figure 1: Gene Ontology (GO) functional categories' ratios of expected to observed counts of outlier genes (with PBS selection index < 0.01) in the Batwa and Andamanese rainforest hunter-gatherers (A) and Bakiga and Brahmin agriculturalist control comparison (B). Results shown for GO biological processes and molecular functions. Point size is scaled to number of annotated genes in category. Terms that are significantly overrepresented for genes under positive selection (Fisher p < 0.01) in either population are shown in blue and for both populations convergently (empirical permutation-based $p \le 0.001$) are shown in orange. Colored lines represent 95% CI for significant categories estimated by bootstrapping genes within pathways. Dark outlines indicate growth-associated terms: the 'growth' biological process (GO:0040007) and its descendant terms, or the molecular functions 'growth factor binding,' 'growth factor receptor binding,' 'growth hormone receptor activity,' and 'growth factor activity' and their sub-categories.

damanese result).

In contrast, no GO functional categories were observed to have similarly significant con-195 vergent excesses of 'outlier' genes with signatures of positive selection across the two agri-196 culturalist populations as that observed for the rainforest hunter-gatherer populations (Fig. 197 1B; Table S19), and the top ranked GO categories from both the convergent evolution anal-198 ysis and the population-specific analyses were absent any obvious connections to skeletal 190 growth. The top-ranked functional categories with enrichments for genes with outlier PBS 200 selection index values for the individual agriculturalist populations included 'neutrophil acti-201 vation involved in immune response' for the Bakiga (GO:0002283; observed = 13; expected = 202 5.43; p = 0.003; q = 0.41) and 'protein autophosphorylation' for the Brahmin (GO:0046777; 203 observed = 11; expected = 3.71; p = 0.0012; q = 0.16; Table S24). 204

Signatures of convergent and population-specific polygenic adapta-

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Outlier-based approaches such as that presented above are expected to have limited power to identify signatures of polygenic adaptation [7–11], which is our expectation for the pygmy phenotype [17]. Unlike the previous analyses in which we identified functional categories

with an enriched number of genes with outlier PBS selection index values, for our polygenic evolution analysis we computed a "distribution shift-based" statistic to instead identify 211 functionally-grouped sets of loci with relative shifts in their distributions of PBS selection 212 indices. Specifically, we used the Kolmogorov-Smirnov (KS) test to quantify the distance 213 between the distribution of PBS selection indices for the genes within a functional category 214 to that of the genome-wide distribution. Significantly positive shifts in the PBS selection 215 index distribution for a particular functional category may reflect individually subtle but 216 consistent allele frequency shifts across genes within the category, which could result from 217 either a relaxation of functional constraint or a history of polygenic adaptation. Our ap-218 proach is similar to another recent method that was used to detect polygenic signatures 219 of pathogen-mediated adaptation in humans [31]. As above, we identified functional cate-220 gories with convergently high KS values between cross-continental groups by repeating these 221 tests 1,000 times on permuted gene-PBS values and computing the joint probability of both 222 null hypotheses being false for the two populations. We then compared this value from the 223 random iterations to the same statistic computed with the observed KS p-values for each 224 functional category. For example, for the Batwa and Andamanese, we tallied the number 225 of random iterations for which the joint probability of both null hypotheses being false was more extreme (lower) than those of the random iterations. In this way we tested the null hypothesis that both of our observed p-values could have been jointly generated by random chance. 229

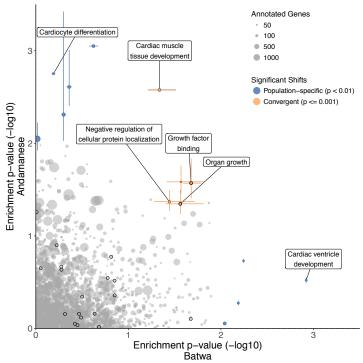
The GO molecular function with the strongest signature of a convergent polygenic shift in PBS selection indices across the Batwa and Andamanese populations was 'growth factor binding' (Table S3; Fig. 2A; GO:0019838; Batwa p = 0.021; Andamanese p = 0.027; Fisher's combined p = 0.0048; empirical test for convergence p < 0.001; q < 0.001), and the top GO biological process was 'organ growth' (GO:0035265; Batwa p = 0.028; Andamanese p = 0.045; Fisher's combined p = 0.0095; empirical test for convergence p = 0.001; q = 1).

The other top Batwa-Andamanese convergent GO biological processes are not as obviously related to growth, but instead involve muscles, particularly heart muscles. A significant 237 convergent shift in PBS selection indices across both hunter-gatherer populations was ob-238 served for 'cardiac muscle tissue development' (GO:0048738; Batwa p = 0.046; Andamanese 239 p = 0.003; Fisher's combined p = 0.001; empirical test for convergence p = 0.001; q = 1). 240 In contrast, when this analysis was repeated on the agriculturalist populations, no growth-241 or muscle-related functional annotations were observed with significantly convergent shifts 242 in both populations (Fig. 2B; Table S26). The GO categories with evidence of potential 243 convergent evolution between the agriculturalists were the biological processes 'leukocyte 244 differentiation' (GO:0002521; Bakiga p = 0.0086; Brahmin p = 0.0149; Fisher's combined 245 p = 0.00128; convergence empirical p < 0.001; q < 0.001) and 'protein autophosphoryla-246 tion' (GO:0046777; Bakiga p = 0.033; Brahmin p = 0.0099; Fisher's combined p = 0.003; 247 convergence empirical p = 0.001; q = 1). 248 We also used Bayeny, a Bayesian linear modeling method for identifying loci with allele 249 frequencies that covary with an ecological variable [9, 32], to assess the level of consistency 250 with our convergent polygenic PBS shift results. Specifically, we used Bayenv to test whether 251 the inclusion of a binary variable indicating subsistence strategy would increase the power to explain patterns of genetic diversity for a given functional category of loci over a model that only considered population history (as inferred from the covariance of genome-wide allele frequencies in the dataset.) We converted Bayes factors into per-gene index values via 255 permutation of SNP-gene associations (Table S21) and identified GO terms with significant 256 shifts in the Bayenv Bayes factor index distribution [9, 32] (Table S27). The top results from 257 this analysis included 'growth factor activity' (GO:0008083; p = 0.006; q = 0.11), categories 258 related to enzyme regulation (e.g. 'enzyme regulator activity'; GO:0030234; p = 0.003; q =259 0.01), and categories related to muscle cell function (e.g. 'microtubule binding'; GO:0008017; 260

p = 0.003; q = 0.10). There were more GO terms that were highly ranked (p < 0.05) in both

GO categories with significant enrichment for signatures of polygenic selection

A. Rainforest hunter-gatherers



B. Agriculturalists

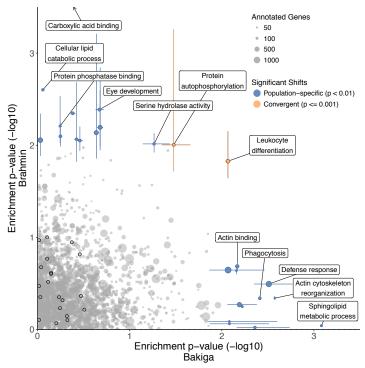


Figure 2: (Continued on the following page.)

Figure 2: Gene Ontology (GO) functional categories' distribution shift test p-values, indicating a shift in the PBS selection index values for these genes, in the Batwa and Andamanese rainforest hunter-gatherers (A) and Bakiga and Brahmin agriculturalist control comparison (B). Results shown for GO biological processes and molecular functions. Point size is scaled to number of annotated genes in category. Terms that are significantly enriched for genes under positive selection (Kolmogorov-Smirnov p < 0.01) in either population are shown in blue and for both populations convergently (empirical permutation-based $p \leq 0.001$) are shown in orange. Colored lines represent 95% CI for significant categories estimated by bootstrapping genes within pathways. Dark outlines indicate growth-associated terms: the 'growth' biological process (GO:0040007) and its descendant terms, or the molecular functions 'growth factor binding,' 'growth factor receptor binding,' 'growth hormone receptor activity,' and 'growth factor activity' and their sub-categories. One GO molecular function, "carboxylic acid binding" (GO:0031406; Brahmin $p = 7.3 \times 10^{-5}$; q = 0.0050) not shown, but indicated with arrow.

the hunter-gatherer PBS shift-based empirical test of convergence and the Bayenv analysis than expected by chance (for biological processes GO terms: observed categories in common = 13, expected = 8.03, Fisher's exact test $p = 9.67 \times 10^{-5}$; for molecular function GO terms: observed categories in common = 4, expected = 1.45, Fisher's exact test p = 0.045).

While we did not observe any significant population-specific shifts in PBS selection index 266 values for growth-associated GO functional categories in any of our studied populations 267 (Table S4; Suppl. Text), for each individual rainforest hunter-gatherer population we did 268 observe nominal shifts in separate biological process categories involving the heart (Fig. 269 2A). For the Batwa, 'cardiac ventricle development' (GO:0003231) was the top population-270 specific result (median PBS index = 0.272 vs. genome-wide median PBS index = 0.528; 271 p = 0.001; q = 0.302). For the Andamanese, 'cardiocyte differentiation' (GO:0035051) was 272 also ranked highly (median PBS index = 0.353 vs. genome-wide median PBS index = 0.552; 273 p = 0.002; q = 0.232). We note that while these are separate population-specific signatures, 274 17 genes are shared between the above two cardiac-related pathways (of 61 total 'cardiocyte 275 differentiation' genes total, 28%; of 71 total 'cardiac ventricle development' genes, 24%; Table 276 S28). 277

In contrast, cardiac development-related GO categories were not observed among those

with highly-ranked population-specific polygenic shifts in selection index values for either the Bakiga or Brahmin agriculturalists (Fig. 2B; Table S29). The only GO term with a 280 significant population-specific shift in the agriculturalists after multiple test correction was 281 molecular function 'carboxylic acid binding' in the Brahmins (GO:0031406; $p = 7.30 \times 10^{-5}$; 282 q = 0.005). 283 To ensure that our results were robust to several possible biases, we repeated the above 284 analyses with several modifications. First, to control for potential biases related to varia-285 tion in gene length and SNP minor allele frequency (MAF), we repeated all analyses after 286 computing the PBS selection index with binning of genes by length and SNPs by MAF. 287 respectively. Our results were not materially different (Tables S5-S12; Figs. S4-S8; Suppl. 288 Text). Second, to account for the effect of linkage disequilibrium among SNPs within a 280 gene, we re-computed the empirical test for convergence p-values by permuting gene-GO 290 relationships when generating the random null distributions for the PBS selection index val-291 ues instead of gene-PBS relationships as in our original analysis. Again, downstream results 292 were largely unchanged (Table S13-S14; Suppl. Text). These additional analyses increase 293 our confidence that our results are not artifactual.

Discussion

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The independent evolution of small adult body size in multiple different tropical rainforest environments worldwide presents a natural human model for comparative study of the ge-297 netic and evolutionary bases of growth and body size. Through an evolutionary genomic 298 comparison of African and Asian rainforest hunter-gatherer populations to one another and 290 with nearby agriculturalists, we have gained additional, indirect insight into the genetic 300 structure of body size, a fundamental biological trait. Specifically, we identified a signa-301

ture of potential convergent positive selection on the growth factor binding pathway that could partially underlie the independent evolution of small body size in African and Asian rainforest hunter-gatherers.

Unexpectedly, we also observed signatures of potential polygenic selection across func-305 tional categories of genes related to heart development in the rainforest hunter-gatherer 306 populations, both convergently and on a population-specific basis. To a minor extent, the 307 growth factor- and heart-related functional categories highlighted in our study do overlap: of 308 the 123 total genes annotated across the three heart-related categories ('cardiac muscle tis-309 sue development' GO:0048738, 'cardiac ventricle development' GO:0003231, and 'cardiocyte 310 differentiation' GO:0035051), nine (7.3%) are also included among the 66 annotated genes 311 in the 'growth factor binding' category (GO:0019838). However, even after excluding these 312 nine genes from our dataset, we still observed similar polygenic PBS shifts in the Batwa and 313 Andamanese for both growth factor- and heart-related functional categories (Suppl. Text), 314 demonstrating that our observations are not driven solely by cross-annotated genes. 315

We hypothesize that the evolution of growth hormone sub-responsiveness, which appears 316 to at least partly underlie short stature in some rainforest hunter-gatherer populations [33– 317 37] may in turn have also resulted in strong selection pressure for compensatory adaptations in cardiac pathways. The important roles of growth hormone (GH1) in the heart are evident from studies of patients deficient in the hormone. For example, patients with growth hormone deficiency are known to be at an increased risk of atherosclerosis and mortality 321 from cardiovascular disease [38] and have worse cardiac function [39]. More broadly, shorter 322 people have elevated risk of coronary artery disease [40], likely due to the pleiotropic effects 323 of variants affecting height and atherosclerosis development [41]. Such health outcomes may 324 relate to the important roles that growth hormone plays in the development and function 325 in the myocardium [42, 43], which contains a relatively high concentration of receptors for 326 growth hormone [44]. We hypothesize that the adaptive evolution of growth hormone subresponsiveness underlying short stature in rainforest hunter-gatherers may have necessitated compensatory adaptations in the cardiac pathways reliant on growth hormone.

An alternative explanation for our finding of potential convergent positive selection on 330 cardiac-related pathways relates to the nutritional stress of full-time human rainforest habi-331 tation. Especially prior to the ability to trade forest products for cultivated goods with 332 agriculturalists, the diets of full-time rainforest hunter-gatherers may have been calorically 333 and nutritionally restricted on at least a seasonal basis [13]. Caloric restriction has a direct 334 functional impact on cardiac metabolism and function, with modest fasting in mice leading to 335 the depletion of myocardial phospholipids, which potentially act as a metabolic reserve to en-336 sure energy to essential heart functions [45]. In human rainforest hunter-gatherers, selection 337 may have favored variants conferring cardiac phenotypes optimized to maintain myocardial 338 homeostasis during the nutritional stress that these populations may have experienced in 330 the past. 340

An important caveat to our study is the lack of statistical significance for our population-341 specific analyses after controlling for the multiplicity of tests resulting from hierarchically 342 nested GO terms. The absence of strong signals of positive selection that are robust to the multiple testing burden likely reflects both the expected subtlety of evolutionary signals of selection on polygenic traits and the restriction of our dataset to gene coding region sequences. However, our comparative approach to identify signatures of convergent evolution is more robust. Therefore, while we cannot yet accurately estimate the extent to which signatures of positive selection that potentially underlie the evolution of the pygmy 348 phenotype occurred in the same versus distinct genetic pathways between the Batwa and 349 Andamanese, we do feel confident in our findings of convergent growth-related and cardiac-350 related pathways evolution. The concurrent signatures of convergent evolution across these 351 two pathways in both African and Asian rainforest hunter-gatherers is an example of the in-352 sight into a biomedically-relevant phenotype that can be gained from the comparative study of human populations with non-pathological natural variation.

Materials and Methods

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Sample collection and dataset generation

Sample collection, processing, and sequencing have been previously described [17, 23]. Briefly, sampling of biomaterials (blood or saliva) from Batwa rainforest hunter-gatherers and Bakiga 358 agriculturalists of southwestern Uganda took place in 2010 [17]. The study was approved by 350 the Institutional Review Boards (IRBs) of both the University of Chicago (#16986A) and 360 Makerere University, Kampala, Uganda (#2009-137), and local community approval and 361 individual informed consent were obtained before collection. DNA samples of 50 Batwa 362 and 50 Bakiga adults were included in the present study. Exome capture, sequencing, 363 and variant calling were described previously [23]. Briefly, sequence reads were aligned 364 to the hg19/GRCh37 genome with BWA v.0.7.7 mem with default settings [46], PCR duplicates were detected with Picard Tools v.1.94 (http://broadinstitute.github.io/picard), and re-alignment around indels and base quality recalibration was done with GATK v3.5 [47] using the known indel sites from the 1000 Genomes Project [26]. Variants were called individually with GATK HaplotypeCaller [47], and variants were pooled together with GATK GenotypeGVCF and filtered using VQSR. Only biallelic SNPs with a minimum depth of 5x 370 and less than 85% missingness that were polymorphic in the entire dataset were retained for analyses. 372 Variant data for the Andamanese individuals (Jarawa and Onge) and an outgroup main-373 land Indian population (Uttar Pradesh Brahmins) from [25] were downloaded in VCF file 374 format from a public website. To ensure the exome capture-derived African and whole 375 genome shotgun sequencing-derived Asian datasets were comparable, we restricted our anal-376 yses of these data to exonic SNPs only.

$_{78}$ Merging with 1000 Genomes data

We chose outgroup comparison populations from the 1000 Genomes Project [26] to be equally distantly related to the ingroup populations: Reads from a random sample of 30 unrelated 380 individuals from British in England and Scotland (GBR) and Luhya in Webuye, Kenya 381 (LWK) were chosen for the Batwa/Bakiga and Andamanese/Brahmin datasets, respectively. 382 We re-called variants in each 1000 Genomes comparison population at loci that were variable 383 in the ingroup populations using GATK UnifiedGenotyper [47]. Variants were filtered to 384 exclude those with QD < 2.0, MQ < 40.0, FS > 60.0, HaplotypeScore > 13.0, MQRankSum 385 < -12.5, or ReadPosRankSum < -8.0. We removed SNPs for which fewer than 10 of the 30 386 individuals from the 1000 Genomes datasets had genotypes. 387

Computation of the Population Branch Statistic (PBS) and the per-gene PBS index

Using these merged datasets, we computed F_{ST} between population pairs using the unbiased estimator of Weir and Cockerham [48], transformed it to a measure of population divergence $[T = -log(1 - F_{ST})]$, and then calculated the Population Branch Statistic (PBS), after [29]. PBS was computed on a per-SNP basis. We computed an empirical p-value for each SNP, simply the proportion of coding SNPs with PBS greater than the value for this SNP, which we adjusted for FDR.

SNPs were annotated with gene-based information using ANNOVAR [49] with refGene (Release 76) [50] and PolyPhen [51] data. As the Andamanese/Brahmin dataset spanned the genome and the Batwa/Bakiga exome dataset included off target intronic sequences as well as untranslated regions (UTRs), and microRNAs, we restricted our analysis to only exonic SNPs. For both the Batwa/Bakiga and Andamanese/Brahmin datasets, we computed a "PBS selection index" for each gene as follows. We compared the mean PBS for all

SNPs located within that gene to a distribution of values estimated by shuffling SNP-gene associations (without replacement) and re-computing the mean PBS value for that gene 10,000 times. We defined the PBS selection index of the gene as the percentage of these empirical mean values that is higher than its observed mean PBS value. When identifying outlier genes, gene-based indices were adjusted for FDR.

In order to assess potential biases related to variation in gene length and SNP minor allele frequencies (MAF), we repeated all analyses after computing the PBS selection index with binning of genes by length or SNPs by MAF. Complete details of these methods are included in the Supplemental Text.

To identify SNPs with allele frequencies correlated with subsistence strategy (hunter-gatherer: Andamanese and Batwa; agriculturalists: Bakiga and Brahmin), we used Bayenv2.0 [32] to assess whether the addition of a binary variable denoting subsistence strategy improved the Bayesian model that already took into account covariance between samples due to ancestry. As with the PBS results, we computed an index for each gene by sampling new values for each SNP from the distribution of all Bayes factors and comparing the actual average for this gene to those of the bootstrapped replicates.

⁴¹⁸ Creation of a priori lists of growth-related genes

To test the hypothesis that genes with known influence on growth would show increased positive selection in rainforest hunter-gatherer populations, we curated a priori lists of growth-related genes as described fully in the Supplemental Text. Briefly, we obtained the following gene lists: i) 3,996 genes that affect growth or size in mice (MP:0005378) from the Mouse/Human Orthology with Phenotype Annotations database [52]; ii) 266 genes associated with abnormal skeletal growth syndromes in the Online Mendelian Inheritance in Man (OMIM) database (https://omim.org), as assembled by [53]; iii) 427 genes expressed substantially more highly in the mouse growth plate, the cartilaginous region on the end of

long bones where bone elongation occurs, than in soft tissues [lung, kidney, heart; >= 2.0 fold change; [54]]; and iv) 955 genes annotated with the Gene Ontology "growth" biological process (GO:0040007). As the GH/IGF1 pathway is a major regulator of growth and disruptions to the pathway have been implicated in the pygmy phenotype, we also collected lists of genes associated with GH1 and IGF1 respectively from the OPHID database of protein protein interaction (PPI) networks [55]. Separately, we also used a list of genes found to be associated with the pygmy phenotype in the Batwa [17].

Statistical overrepresentation and distribution shift tests

Using the PBS and Bayenv indices, we next tested for a statistical over-representation of 435 extreme values (p < 0.01) for the above a priori gene lists as well as all Gene Ontology (GO) terms using the topGO package of Bioconductor [56], gene-to-GO mapping from the org. Hs. eg.db package [57], and Fisher's exact test in "classic" mode (i.e., without adjust-438 ment for GO hierarchy). We similarly performed a statistical enrichment test using the 439 Kolmogorov-Smirnov test again in "classic" mode, which tested for a shift in the distribu-440 tion of the PBS or Bayenv statistic, rather than an excess of extreme values. In all cases, we 441 pruned the GO hierarchy to exclude GO terms with fewer than 50 annotated genes to reduce 442 the number of tests, leaving 1,742 and 1,816 GO biological processes and 266 and 285 GO 443 molecular functions tested for the African and Asian datasets, respectively. To further reduce 444 the number of redundant tests, we also computed the semantic similarity between GO terms 445 to remove very similar terms. We computed the similarity metric of [58] as implemented 446 in the GoSemSim R package [59], a measure of the overlapping information content in each 447 term using the annotation statistics of their common ancestor terms, and then clustered 448 based on these pairwise distances between GO terms using Ward Hierarchical Clustering. We then pruned GO terms by cutting the tree at a height of 0.5 and retaining the term in 450 each cluster with the lowest p-value. With this reduced set of GO overrepresentation and

distribution shift results, we adjusted the p-value for FDR.

Identification of signatures of convergent evolution

We used two methods to identify convergent evolution: i.) computation of simple combined p-values for SNPs, genes, and GO overrepresentation and distribution shift tests using Fisher's and Edgington's methods, and ii.) a permutation based approach to identify GO pathways for which both the Batwa and Andamanese overrepresentation or distribution shift test results are more extreme than is to be expected by chance (the "empirical test for convergence"). These two approaches are summarized below.

We searched for convergence between Batwa and Andamanese individuals by computing
the joint p-value for PBS on a per-SNP, per-gene, and per-GO term basis. We calculated all
joint p-values using Fisher's method (as the sum of the natural logarithms of the uncorrected
p-values for the Batwa and Andamanese tests [60]) as well as via Edgington's method (based
on the sum of all p-values [61]). Meta-analysis of p-values was done via custom script and
the metap R package [62].

We also assessed the probability of getting two false positives in the Batwa and An-466 damanese selection results by shuffling the genes' PBS indices 1,000 times and performing 467 GO overrepresentation and distribution shift tests on these permuted values. We compared 468 the observed Batwa and Andamanese p-values to this generated distribution of p-values, as 469 described above. We computed the joint probability of both null hypotheses being false for 470 the Andamanese and Batwa as $(1-p_{Batwa})(1-p_{Andamanese})$, where p_{Batwa} and $p_{Andamanese}$ are 471 the p-values of the Fisher's exact test or of the Kolmogorov-Smirnov test for the outlier- and 472 shift-based tests, respectively, and we compared the joint probability to the same statistic 473 computed for the p-values from the random iterations. The empirical test for convergence 474 p-value was simply the number of iterations for which this statistic was more extreme (lower) 475 for the observed values than for the randomly generated values.

We also performed a variation of this analysis, but to preserve patterns of linkage disequilibrium among SNPs within a gene in the null distribution, instead of permuting gene-PBS
relationships to generate the random null distributions for the PBS selection index values
of the two populations considered jointly, we instead permuted the gene-GO relationships.
That is, to compute the PBS selection index, the one-to-many relationships between genes
and GO terms were shuffled when generating the null distribution, maintaining the groupings
of GO terms that were assigned together to an original gene. Full details of this analysis are
available in the Supplemental Text.

Script and data availability

All scripts used in the analysis are available at https://github.com/bergeycm/rhg-convergenceanalysis and released under the GNU General Public License v3. Exome data for the Batwa
and Bakiga populations have previously been deposited in the European Genome-phenome
Archive under accession code EGAS00001002457. Extended data tables are available at
https://doi.org/10.18113/S1N63M.

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Acknowledgments

The authors would like to thank the Batwa and Bakiga communities and all individuals who participated in this study, and J.A. Hodgson and E.C. Reeves for helpful discussions.

This work was supported by NIH R01-GM115656 (to G.H.P and L.B.B.), 1 F32 GM12522801A1 (to C.M.B), and ANR AGRHUM ANR-14-CE02-0003-01 (to L.Q.-M.). M.L. was supported by the Fondation pour la Recherche Médicale (FDT20170436932). This research was conducted with Advanced CyberInfrastructure computational resources provided by The Institute for CyberScience at The Pennsylvania State University.

642 Competing interests statement

The authors declare no competing interests.

- Supplemental Material for: Polygenic adaptation and
- 2 convergent evolution across both growth and cardiac
- genetic pathways in African and Asian rainforest

hunter-gatherers

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June 14, 2018

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53 1 Supplemental Text

Positive selection signatures on growth-associated genes We examined whether gene-specific signatures of strong positive selection (using an "outlier-based"" designation of genes with PBS index values < 0.01) in the rainforest populations were enriched for known functional associations with growth using a priori lists of 4,888 total growth-related genes, consisting of (with some redundancy among individual categories, as expected): i) 3,996 genes that affect growth or size in mice (MP:0005378) from the Mouse/Human Orthology with Phenotype Annotations database [1]; ii) 266 genes associated with abnormal skeletal growth syndromes in the Online Mendelian Inheritance in Man (OMIM) database (https://omim.org/), as assembled by [2]; iii) 427 genes expressed substantially more highly in the mouse growth plate, the cartilaginous region on the end of long bones where bone 73 elongation occurs, than in soft tissues (lung, kidney, heart; ≥ 2.0 fold change; [3]; and iv) 955 genes annotated with the Gene Ontology "growth" biological process (GO:0040007). 75 Separately, we also considered in our analyses the set of 166 genes located within the 16 genomic regions previously associated with the pygmy phenotype in the Batwa, using an 77 admixture mapping approach [4], as well as GH1- and IGF1-associated genes using data 78 from OPHID database of protein protein interaction (PPI) networks [5]. We used each of the curated a priori growth-related gene lists for testing the hypothe-80 sis that such loci are enriched for genes with signatures of strong positive selection (outlier 81 PBS selection index values) or have a shift in the distribution of PBS selection index values consistent with subtle polygenic adaptation in the Batwa and Andamanese rainforest hunter-gatherer but not the Bakiga and Brahmin agriculturalist populations. We identified 202, 188, 291, and 252 outlier strong selection candidate genes (with PBS index values < 0.01) in each of the Batwa, Bakiga, Andamanese, and Brahmin populations, respectively. Genes in the a priori growth-related gene lists were not significantly overrepresented among PBS outliers in any populations, except for those associated with mouse growth phenotype in the Brahmin (68 observed, 47.7 expected; Fisher p = 0.0179) (Table S23). Though the lack of over-representation of growth-related gene lists among loci with outlier signatures of strong positive natural selection related to growth is perhaps unsurprising considering the polygenic phenotype, our distribution shift-based test also showed no significant shifts in the distribution of PBS indices for any population (Table S25). Genes in genomic regions previously associated with the pygmy phenotype in the Batwa [4] were enriched for genes with outlier PBS selection index values in the Batwa (outlier-based test: 5 observed, 1.39 expected; Fisher p = 0.017; Table S23) and the PBS distribution for the phenotype-associated genes was shifted relative to the genome-wide distribution (distribution shift-based test: Kolmogorov-Smirnov test p = 0.056; Table S25). We found no evidence that genes associated with GH1 and IGF1 were enriched for outlier or polygenic selection.

Impact of cross-annotated genes between growth factor- and cardiac-related 100 To assess whether shared genes in GO categories relating to the heart and 101 growth factor binding were responsible for the significant shift in PBS selection index values 102 for genes in these annotations, we compared the distributions of PBS selection indices before 103 and after removing 9 genes common to heart pathways and growth factor binding. The 104 heart GO terms assessed were: 'cardiocyte differentiation' (GO:0035051), with a shift in the 105 Andamanese hunter-gatherers; 'cardiac ventricle development' (GO:0003231), with a shift in 106 the Batwa hunter-gatherers; and 'cardiac muscle tissue development' (GO:0048738) with a 107 convergent shift in the Batwa and Andamanese. Of the 123 heart related genes contained in 108 these pathways, 9 were also annotated to the GO molecular function 'growth factor binding' 109 (GO:0019838): ACVR1, EGFR, ENG, FGFR2, FGFRL1, LTBP1, SCN5A, TGFBR1, and 110 TGFBR3.111

After removing the 9 shared genes, the mean PBS selection index for the Andamanese

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among genes annotated to 'cardiocyte differentiation' decreased slightly from 0.444 to 0.443 and the pre- and post-filtration distributions were not significantly different (Kolmogorov-114 Smirnov D = 0.023, p = 1). Similarly, the mean PBS selection index for the Batwa for 115 genes in 'cardiac ventricle development' decreased slightly from 0.654 to 0.652, and the 116 distributions were not significantly different (D = 0.044, p = 1). Finally, for 'cardiac muscle 117 tissue development', the mean PBS selection index for the Andamanese increased from 0.450 118 to 0.453, and for the Batwa increased from 0.474 to 0.486. Again the pre- and post-filtering 119 distributions were not significantly different for the Andamanese (D = 0.015, p = 1) or 120 Batwa (D = 0.015, p = 1). 121 Similarly, after removing 9 shared genes, the mean PBS selection index for genes anno-122 tated to 'growth factor binding' (GO:0019838) for the Batwa increased slightly from 0.437 123 to 0.440 and for the Andamanese decreased from 0.455 to 0.437. Again, the pairs of distri-124 butions were not significantly different (Batwa: D = 0.030, p = 1; Andamanese: D = 0.036, 125 p = 1). 126

Correcting for potential bias from differing gene size or global minor allele fre-127 quency (MAF) In order to assess the potential biases related to differences in gene length 128 (e.g. number of SNPs) or in SNP global minor allele frequencies (MAF), we repeated the 129 analysis after modifying how the PBS selection index was computed. As in the uncorrected 130 analysis, these corrected PBS selection index values were computed using 1,000 iterations. 131 First, to control for gene size, we sampled the PBS values for each SNP from only genes 132 with the same number of SNPs during the computation of the selection index. For larger 133 genes, gene sizes were binned to ensure sufficient SNPs from which to sample, using sets 134 $[11, 15], [16, 20], \text{ and } [21, \infty).$ 135 Second, to control for differing MAF values for SNPs, we did the permutation-based 136 computation of the PBS selection index while matching SNPs on global MAF (computed 137

using the African or Asian datasets for within-continent analyses.) SNPs were grouped by MAF into bins of size 0.01, and for each SNP in a gene, SNPs were sampled from only the set in the MAF bin.

Neither modification to the PBS selection index computation algorithm majorly affected the PBS selection index values nor the GO-based downstream analyses. Corrected and uncorrected PBS selection index values were highly correlated ($R^2 = 0.993$ to 0.997 and 0.953 to 0.985 for the gene size- and MAF-corrections respectively; Fig. S4).

The GO biological processes and molecular functions with the strongest evidence of 145 enrichment for strong selection were similar for the convergent (Tables S5 and S6; Figs. 146 S5 and S6) and population-specific selection analyses (Tables S7 and S8; Figs. S5 and S6). 147 The only mentioned growth- or heart-associated pathway that was no longer significant after 148 correction was the biological process "negative regulation of growth," which was significantly 149 enriched for genes with evidence of strong selection in the Batwa in the original analysis, 150 but its p-value rose to 0.0448 after correction for gene size. In contrast, "cardiac muscle 151 tissue development" (GO:0048738) which originally had a convergent empirical p-value of 152 0.025, was significantly enriched for strong positive selection convergently in the Batwa and 153 Andamanese after MAF-based filtration (p = 0.001).

Similarly, the top GO categories with evidence of polygenic selection were largely unchanged for the convergent (Tables S9 and S10; Figs. S7 and S8) and population-specific selection analyses (Tables S11 and S12; Figs. S7 and S8). Minor changes include "growth factor binding" (GO:0019838) which rose to be no longer significant with the MAF-based correction (original convergent empirical p < 0.001; MAF corrected p = 0.005).

Modification of significance testing in empirical test for convergent evolution We also modified and repeated the analysis that computes the significance of the convergence 161 GO tests using a permutation-based approach. Whereas we originally permuted gene-PBS 162 relationships to generate the random null distributions of PBS selection index values for two 163 populations considered jointly, we instead permuted the gene-GO relationships to preserve 164 LD patterns. The one-to-many relationships between genes and GO terms were shuffled, 165 maintaining the groupings of GO terms that were assigned together to an original gene. We 166 repeated the GO-based analyses for enrichment of strong selection or polygenic selection 167 1,000 times with these randomized gene-GO annotations, and compared our actual observed 168 values to this randomly-generated null distribution. As before, we then defined the p-value 169 of our empirical test for convergent evolution as the probability that this statistic was more 170 extreme (lower) for the observed values than for the randomly generated values. The resul-171 tant p-value summarizes the test of the null hypothesis that both results could have been 172 jointly generated under random chance. The results of the modified test were only slightly 173 different than the original for both convergence in strong outlier selection (Table S13) and 174 in a shifted PBS selection index (Table S14).

2 Figures

Fig. S1: Population Branch Statistic (PBS) schematic.

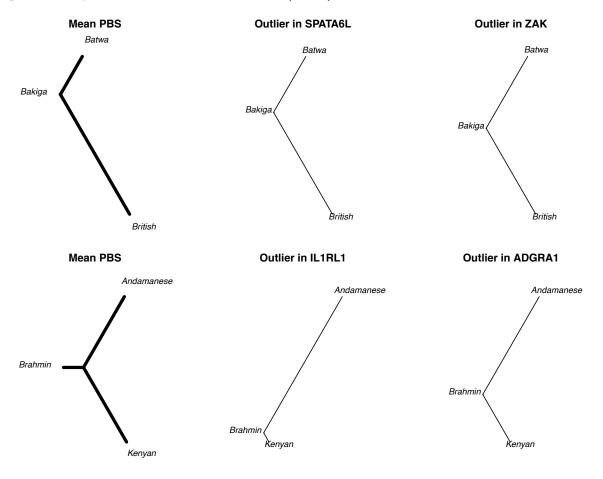
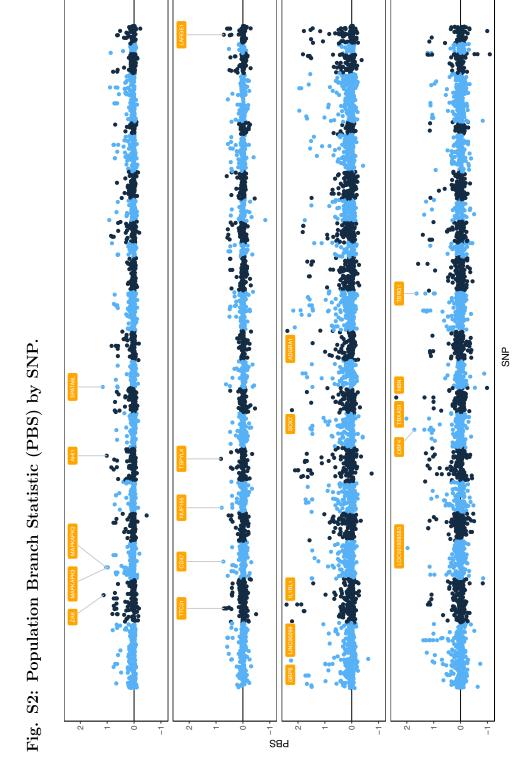


Figure S1: Mean values of the Population Branch Statistic (PBS; left) for the African dataset (Batwa, Bakiga, and outgroup British populations; upper row) and Asian dataset (Andamanese, Brahmin, and outgroup Kenyan populations; lower row). Middle and right columns contain PBS values for two outlier SNPs in each population.

Andamanese

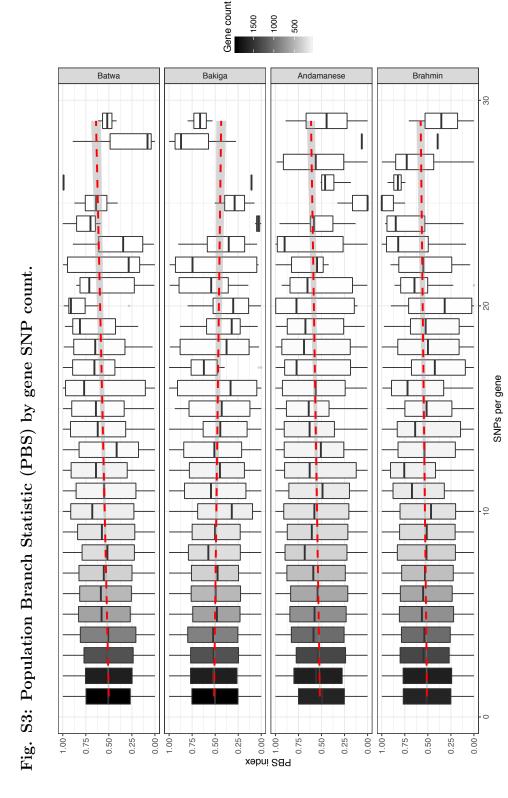
Brahmin



Batwa

Bakiga

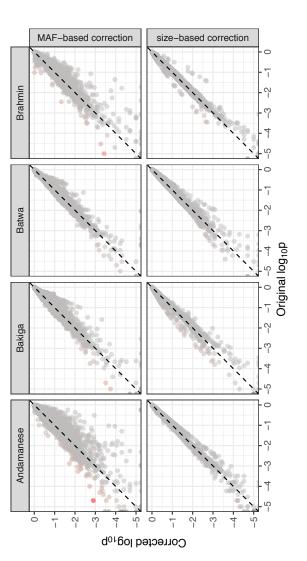
Figure S2: Population Branch Statistic (PBS) values plotted across the genome for the four focal populations. The genes containing the SNPs with the 5 highest PBS values in each population are labeled.



1500 1000 500

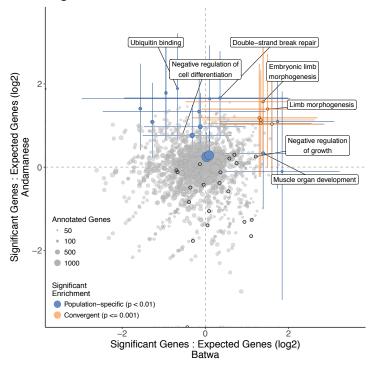
Figure S3: Population Branch Statistic (PBS) selection index values plotted by number of SNPs in gene. Color indicates number of genes with that SNP count. Only SNP counts from 1 to 30 shown.

Fig. S4: Gene size- and MAF-based corrections' impact on p-value.



uncorrected values (with both plotted on a logarithmic scale. Red shading indicates higher percent difference from original Figure S4: Plots of PBS selection index values for genes corrected for gene size and MAF shown compared to the original

Fig. S5: Gene size-corrected strong positive selection enrichment results.



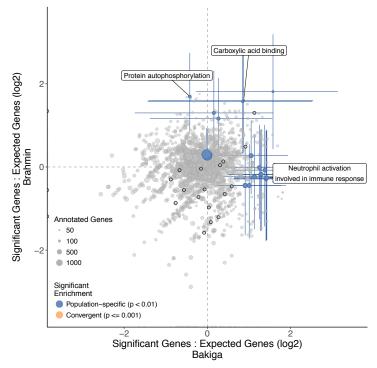
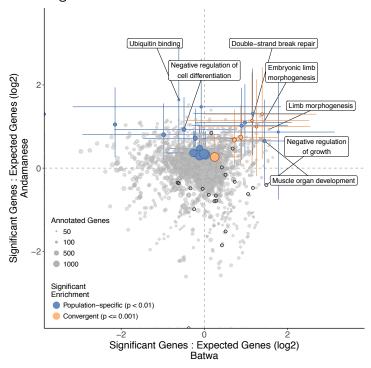


Figure S5: (Continued on the following page.)

Figure S5: After gene size-based correction, Gene Ontology (GO) functional categories' ratios of expected to observed counts of outlier genes (with PBS selection index < 0.01) in the Batwa and Andamanese rainforest hunter-gatherers (A) and Bakiga and Brahmin agriculturalist control (B). Results shown for GO biological processes and molecular functions. Point size is scaled to number of annotated genes in category. Terms that are significantly overrepresented for genes under positive selection (Fisher p < 0.01) in either population shown in blue and for both populations convergently (empirical permutation-based p < 0.005) shown in orange. Colored lines represent 95% CI for significant categories estimated by bootstrapping genes within pathways. Dark outlines indicate growth-associated terms: the 'growth' biological process (GO:0040007) and its descendant terms, or the molecular functions 'growth factor binding,' 'growth factor receptor binding,' 'growth hormone receptor activity,' and 'growth factor activity' and their sub-categories.

Fig. S6: MAF-corrected strong positive selection enrichment results.



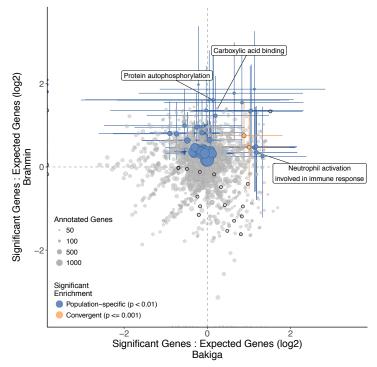
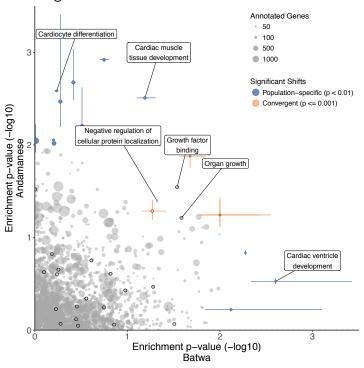


Figure S6: (Continued on the following page.)

Figure S6: After MAF-based correction, Gene Ontology (GO) functional categories' ratios of expected to observed counts of outlier genes (with PBS selection index < 0.01) in the Batwa and Andamanese rainforest hunter-gatherers (A) and Bakiga and Brahmin agriculturalist control (B). Results shown for GO biological processes and molecular functions. Point size is scaled to number of annotated genes in category. Terms that are significantly overrepresented for genes under positive selection (Fisher p < 0.01) in either population shown in blue and for both populations convergently (empirical permutation-based p < 0.005) shown in orange. Colored lines represent 95% CI for significant categories estimated by bootstrapping genes within pathways. Dark outlines indicate growth-associated terms: the 'growth' biological process (GO:0040007) and its descendant terms, or the molecular functions 'growth factor binding,' 'growth factor receptor binding,' 'growth hormone receptor activity,' and 'growth factor activity' and their sub-categories.

Fig. S7: Gene size-corrected polygenic distribution shift test results.



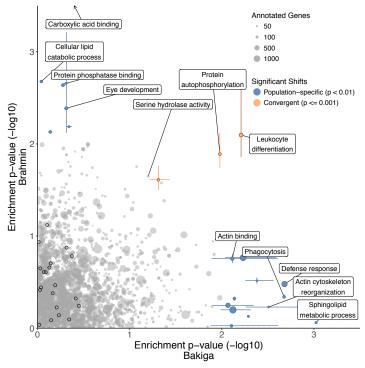
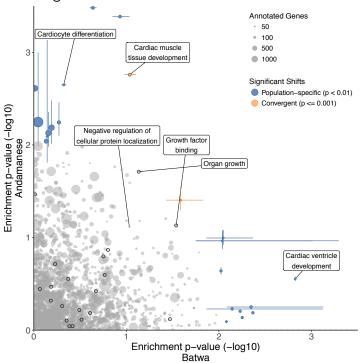


Figure S7: (Continued on the following page.)

Figure S7: After gene size-based correction, Gene Ontology (GO) functional categories' distribution shift test p-values, indicating a shift in the PBS selection index values for genes, in the Batwa and Andamanese rainforest hunter-gatherers (A) and Bakiga and Brahmin agriculturalist control (B). Results shown for GO biological processes and molecular functions. Point size is scaled to number of annotated genes in category. Terms that are significantly enriched for genes under positive selection (Kolmogorov-Smirnov p < 0.01) in either population shown in blue and for both populations convergently (empirical permutation-based p < 0.005) shown in orange. Colored lines represent 95% CI for significant categories estimated by bootstrapping genes within pathways. Dark outlines indicate growth-associated terms: the 'growth' biological process (GO:0040007) and its descendant terms, or the molecular functions 'growth factor binding,' 'growth factor receptor binding,' 'growth hormone receptor activity,' and 'growth factor activity' and their sub-categories. One GO molecular function, "carboxylic acid binding" (GO:0031406; Brahmin $p = 7.3 \times 10^{-5}$; q = 0.0157) not shown.

Fig. S8: Gene size-corrected polygenic distribution shift test results.



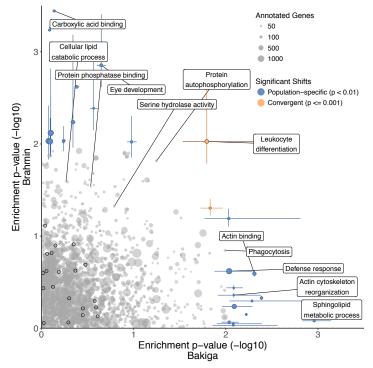


Figure S8: (Continued on the following page.)

Figure S8: After MAF-based correction, Gene Ontology (GO) functional categories' distribution shift test p-values, indicating a shift in the PBS selection index values for genes, in the Batwa and Andamanese rainforest hunter-gatherers (A) and Bakiga and Brahmin agriculturalist control (B). Results shown for GO biological processes and molecular functions. Point size is scaled to number of annotated genes in category. Terms that are significantly enriched for genes under positive selection (Kolmogorov-Smirnov p < 0.01) in either population shown in blue and for both populations convergently (empirical permutation-based p < 0.005) shown in orange. Colored lines represent 95% CI for significant categories estimated by bootstrapping genes within pathways. Dark outlines indicate growth-associated terms: the 'growth' biological process (GO:0040007) and its descendant terms, or the molecular functions 'growth factor binding,' 'growth factor receptor binding,' 'growth hormone receptor activity,' and 'growth factor activity' and their sub-categories.

3 Tables

Table S1: Gene Ontology (GO) biological processes with evidence of convergent enrichment for strong positive selection in the hunter-gatherer populations, as measured by outlier Population Branch Statistic (PBS) values. No molecular functions were found to be convergently enriched. Joint p-values were computed via a permutation-based method, and those with joint empirical p < 0.005 are shown.

			Batwa:				Andan	Andamanese:		
	GO Biological Process	Joint p	Joint $p \mid \text{Exp.}$ Obs.	Obs.	d	p adj. p Exp. Obs.	Exp.	Obs.	d	p adj. p
GO:0030326	embryonic limb morphogenesis	0.000	1.47	4	0.0584	1	2.01	9	0.0147	0.901
GO:0035107	appendage morphogenesis	0.000	1.69	ಬ	0.0267	1	2.27	9	0.0254	0.901
GO:0035108	limb morphogenesis	0.000	1.69	ಬ	0.0267	1	2.27	9	0.0254	0.901
GO:0035113	embryonic appendage morphogenesis	0.000	1.47	4	0.0584	П	2.01	9	0.0147	0.901
GO:0048736	appendage development	0.001	1.95	ಬ	0.0448	П	2.62	9	0.047	1.000
GO:0060173	limb development	0.001	1.95	ಬ	0.0448	П	2.62	9	0.047	1.000
GO:0030048	actin filament-based movement	0.002	1.72	4	0.0927	1	2.33	ಬ	0.0834	1.000
GO:0048705	skeletal system morphogenesis	0.002	2.20	ಬ	0.0688	1	2.95	9	0.0743	1.000
GO:0007034	vacuolar transport	0.003	1.37	4	0.0470	1	1.75	4	0.0968	1.000

Table S2: Gene Ontology (GO) biological processes with evidence of population-specific enrichment for strong positive selection in the hunter-gatherer populations, as measured by outlier Population Branch Statistic (PBS) values. Results with p < 0.01 shown.

	GO	Exp.	Obs.	p	adj. p
Batwa RHG -	Biological Processes:				
GO:0007517	muscle organ development	10	4.02	0.0069	0.708
GO:0045926	negative regulation of growth	7	2.48	0.0118	0.708
And a man e se	RHG - Biological Processes:				
GO:0006302	double-strand break repair	10	3.14	0.0011	0.171
GO:0070085	glycosylation	12	4.34	0.0013	0.171
GO:0000723	telomere maintenance	8	2.30	0.0020	0.175
GO:0033365	protein localization to organelle	25	14.09	0.0036	0.189
GO:1903827	regulation of cellular protein localization	19	9.66	0.0036	0.189
GO:0007569	cell aging	6	1.62	0.0052	0.208
GO:0009101	glycoprotein biosynthetic process	12	5.28	0.0065	0.208
GO:0034613	cellular protein localization	41	27.87	0.0067	0.208
GO:0051179	localization	116	97.30	0.0079	0.208
GO:0060249	anatomical structure homeostasis	13	6.09	0.0079	0.208
GO:0045596	negative regulation of cell differentiation	18	9.79	0.0090	0.215
Batwa RHG -	Molecular Functions:				
GO:0003723	RNA binding	26	17.66	0.028	0.732
GO:0043167	ion binding	83	70.68	0.034	0.732
Andamanese	RHG - Molecular Functions:				
GO:0043130	ubiquitin binding	7	1.89	0.0026	0.177
GO:0008233	peptidase activity	17	9.58	0.0153	0.383

Table S3: Gene Ontology (GO) biological processes (BP) and molecular functions (MF) with evidence of convergent distribution shifts in PBS selection index values in the hunter-gatherer populations. Joint p-values were computed via a permutation-based method, and those with joint empirical p < 0.005 are shown.

				Batwa:		Andamar	nese:
		GO	Joint p	p	adj. p	p	adj. p
BP	GO:0035265	organ growth	0.001	0.0275	0.997	0.04509	1.000
	GO:0048738	cardiac muscle tissue development	0.001	0.0461	0.997	0.00265	1.000
	GO:1903828	negative regulation of cellular protein localization	0.001	0.0360	0.997	0.04275	1.000
	GO:0016202	regulation of striated muscle tissue development	0.002	0.0135	0.997	0.04406	1.000
	GO:1901861	regulation of muscle tissue development	0.002	0.0135	0.997	0.04406	1.000
	GO:0045444	fat cell differentiation	0.004	0.0573	0.997	0.04058	1.000
MF	GO:0019199	transmembrane receptor protein kinase activity	0.000	0.027	0.817	0.0261	0.784
	GO:0019838	growth factor binding	0.000	0.021	0.817	0.0269	0.784
	GO:0032559	adenyl ribonucleotide binding	0.003	0.020	0.817	0.0579	0.877
	GO:0030554	adenyl nucleotide binding	0.004	0.017	0.817	0.0755	0.877

Table S4: Gene Ontology (GO) biological processes (BP) and molecular functions (MF) with evidence of population-specific distribution shifts in PBS selection index values in the hunter-gatherer populations. No molecular functions were found to be significantly shifted for the Batwa. Results with p < 0.01 are shown.

	GO	p	adj. p
Batwa RHG -	Biological Processes:		
GO:0003231	cardiac ventricle development	0.001	0.302
GO:0061351	neural precursor cell proliferation	0.007	0.348
GO:0034976	response to endoplasmic reticulum stress	0.009	0.348
And a man e se I	RHG - Biological Processes:		
GO:0016579	protein deubiquitination	0.001	0.232
GO:0035051	cardiocyte differentiation	0.002	0.232
GO:0048738	cardiac muscle tissue development	0.003	0.232
GO:1901800	positive regulation of proteasomal protein catabolic process	0.004	0.262
GO:0006508	proteolysis	0.009	0.453
And a man e se	RHG - Molecular Functions:		
GO:0005085	guanyl-nucleotide exchange factor activity	0.005	0.278

Table S5: After gene size-based correction, Gene Ontology (GO) biological processes and molecular functions with evidence of convergent enrichment for strong positive selection in the hunter-gatherer populations, as measured by outlier Population Branch Statistic (PBS) values. Joint p-values were computed via a permutation-based method, and those with joint empirical p < 0.005 are shown.

			Batwa:				Andan	Andamanese:		
	GO Biological Process	Joint p	Exp.	Obs.	d	adj. p	Exp.	Ops.	d	adj. p
GO:0035107	appendage morphogenesis	0.000	1.77	2	0.0315	1	2.28	9	0.0258	0.966
GO:0035108	GO:0035108 limb morphogenesis	0.000	1.77	v	0.0315	1	2.28	9	0.0258	996.0
GO:0048736	appendage development	0.000	2.04	ಬ	0.0524	1	2.64	9	0.0478	1.000
GO:0060173	limb development	0.000	2.04	ಬ	0.0524	1	2.64	9	0.0478	1.000
GO:1901617	organic hydroxy compound biosynthetic process	0.000	2.38	9	0.0314	1	3.19	_	0.0401	0.980
GO:0030326	embryonic limb morphogenesis	0.001	1.53	4	0.0665	П	2.02	9	0.0150	996.0
GO:0035113	embryonic appendage morphogenesis	0.001	1.53	4	0.0665	1	2.03	9	0.0150	0.966
GO:0030048	actin filament-based movement	0.003	1.80	9	0.0089	1	2.34	ಬ	0.0845	1.000
GO:0007034	GO:0007034 vacuolar transport	0.004	1.43	4	0.0537	1	1.76	4	0.0979	1.000
			Batwa:				Andan	Andamanese:		
	GO Molecular Function	Joint p	Exp.	Obs.	d	adj. p	Exp.	Obs.	d	adj. p
GO:0008514	organic anion transmembrane transporter activity	0.000	2.78	7	0.0212	0.6853	3.37	7	0.0515	0.905
GO:0015081	GO:0015081 sodium ion transmembrane transporter activity	0.000	2.31	7	0.0081	0.6853	2.93	9	0.0726	0.905

Table S6: After MAF-based correction, Gene Ontology (GO) biological processes and molecular functions with evidence of convergent enrichment for strong positive selection in the hunter-gatherer populations, as measured by outlier Population Branch Statistic (PBS) values. Joint p-values were computed via a permutation-based method, and those with joint empirical p < 0.005 are shown.

			Batwa:				Andamanese:	anese:		
	GO Biological Process	Joint p	Exp.	Ops.	d	adj. p	Exp.	Ops.	d	adj. p
GO:0048522	positive regulation of cellular process	0.000	55.57	99	0.0534	1	87.93	106	0.01153	0.946
GO:1901617	organic hydroxy compound biosynthetic process	0.000	2.29	9	0.0267	Η	3.66	6	0.01069	0.946
GO:0006302	double-strand break repair	0.001	2.26	ъ	0.0757	Η	3.62	∞	0.02808	0.946
GO:0006897	endocytosis	0.001	8.49	14	0.0447	\vdash	13.76	22	0.01948	0.946
GO:0048738	cardiac muscle tissue development	0.001	2.52	9	0.0399	\vdash	4.01	∞	0.04694	0.946
GO:0080135	regulation of cellular response to stress	0.001	7.63	14	0.0203	Н	11.95	20	0.01624	0.946
GO:0014706	striated muscle tissue development	0.002	4.07	∞	0.0509	\vdash	6.55	14	0.00585	0.946
GO:0070302	regulation of stress-activated protein kinase signaling cascade	0.002	2.52	9	0.0399	П	3.93	7	0.09815	0.946
GO:1901615	organic hydroxy compound metabolic process	0.002	5.70	6	0.1168		8.87	14	0.06046	0.946
GO:2001020	regulation of response to DNA damage stimulus	0.002	2.09	ಬ	0.0572	Π	3.35	7	0.04997	0.946
GO:0051592	response to calcium ion	0.003	1.75	9	0.0079	1	2.74	ಬ	0.13789	0.946
GO:0015718	monocarboxylic acid transport	0.004	1.63	4	0.0793	1	2.39	ಬ	0.08980	0.946
GO:0030048	actin filament-based movement	0.004	1.73	4	0.0942	П	2.78	7	0.02039	0.946
GO:0030326	embryonic limb morphogenesis	0.004	1.48	4	0.0594	Π	2.31	വ	0.08052	0.946
GO:0031098	stress-activated protein kinase signaling	0.004	3.15	7	0.0383	Η	4.97	∞	0.12454	0.946
GO:0035113	embryonic appendage morphogenesis	0.004	1.48	4	0.0594	1	2.31	ಬ	0.08052	0.946
GO:0060537	muscle tissue development	0.004	4.30	∞	0.0660	1	06.90	14	0.00910	0.946
			Batwa:				Andamanese:	anese:		
	GO Molecular Function	Joint p	Exp.	Ops.	d	adj. p	Exp.	Ops.	d	adj. p
GO:0008514	organic anion transmembrane transporter activity	0.002	2.68	9	0.051	0.798	4.03	10	0.0068	0.959
GO:0005342	organic acid transmembrane transporter activity	0.003	1.97	ъ	0.046	0.798	2.96	7	0.0282	1.000
GO:0015081	sodium ion transmembrane transporter activity	0.003	2.23	ъ	0.071	0.821	3.50	7	0.0600	1.000
GO:0046943	carboxylic acid transmembrane transporter activity	0.004	1.79	4	0.103	0.964	2.70	7	0.0177	1.000

Table S7: After gene size-based correction, Gene Ontology (GO) biological processes with evidence of population-specific enrichment for strong positive selection in the hunter-gatherer populations, as measured by outlier Population Branch Statistic (PBS) values. Results with p < 0.01 shown.

GO	Exp.	Obs.	p	adj. p
Batwa RHG - Biological Processes:				
GO:0007517 muscle organ development	11	4.20	0.0032	0.5650
GO:1903825 organic acid transmembrane transport	6	1.67	0.0061	0.5652
GO:0030048 actin filament-based movement	6	1.80	0.0061	0.5652
$And a manese\ RHG\ -\ Biological\ Processes:$				
GO:0006302 double-strand break repair	10	3.16	0.0012	0.231
GO:0000723 telomere maintenance	8	2.31	0.0020	0.231
GO:1903827 regulation of cellular protein localization	19	9.70	0.0038	0.231
GO:0070085 glycosylation	11	4.36	0.0042	0.231
GO:1900180 regulation of protein localization to nucleus	10	3.77	0.0044	0.231
GO:0007569 cell aging	6	1.63	0.0053	0.232
GO:0060249 anatomical structure homeostasis	13	6.12	0.0082	0.299
GO:0051234 establishment of localization	99	81.24	0.0091	0.299
Batwa RHG - Molecular Functions:				
GO:0015081 sodium ion transmembrane transporter activity	7	2.31	0.0081	0.33245
Andamanese RHG - Molecular Functions:				
GO:0043130 ubiquitin binding	7	1.89	0.0026	0.177

Table S8: After MAF-based correction, Gene Ontology (GO) biological processes with evidence of population-specific enrichment for strong positive selection in the hunter-gatherer populations, as measured by outlier Population Branch Statistic (PBS) values. No molecular functions were found to be significantly shifted for the Batwa. Results with p < 0.01 shown.

GO	Exp.	Obs.	p	adj. p
Batwa RHG - Biological Processes:				
GO:0007517 muscle organ development	11	4.04	0.0023	0.492
GO:0051592 response to calcium ion	6	1.75	0.0079	0.492
Andamanese RHG - Biological Processes:				
GO:0051179 localization	142	114.34	0.00044	0.115
GO:0045596 negative regulation of cell differentiation	22	11.53	0.0026	0.266
GO:0071229 cellular response to acid chemical	9	3.24	0.0048	0.266
$\mbox{GO:}0002460 \mbox{ \ \ } \mbox{adaptive immune response based on somatic recombination}$	11	4.47	0.0050	0.266
GO:0014706 striated muscle tissue development	14	6.55	0.0059	0.266
GO:0048584 positive regulation of response to stimulus	53	38.05	0.0067	0.266
GO:0016337 single organismal cell-cell adhesion	22	12.61	0.0076	0.266
Andamanese RHG - Molecular Functions:				
GO:0043130 ubiquitin binding	7	2.24	0.0067	0.221
GO:0008514 organic anion transmembrane transporter activity	10	4.03	0.0068	0.221

Table S9: After gene size-based correction, Gene Ontology (GO) biological processes (BP) and molecular functions (MF) with evidence of convergent distribution shifts in PBS selection index values in the hunter-gatherer populations. Joint p-values were computed via a permutation-based method, and those with joint empirical p < 0.005 are shown.

				Batwa:		And amount of the contract o	anese:
		GO	Joint p	p	adj. p	p	adj. p
BP	GO:0016202	regulation of striated muscle tissue development	0.000	0.0100	0.994	0.0570	1.000
	GO:1901861	regulation of muscle tissue development	0.000	0.0100	0.994	0.0570	1.000
	GO:0045444	fat cell differentiation	0.001	0.0539	0.994	0.0517	1.000
	GO:0048634	regulation of muscle organ development	0.002	0.0101	0.994	0.0924	1.000
	GO:0035265	organ growth	0.003	0.0260	0.994	0.0613	1.000
	GO:0048738	cardiac muscle tissue development	0.003	0.0646	0.994	0.0031	1.000
	GO:0051147	regulation of muscle cell differentiation	0.003	0.0242	0.994	0.1026	1.000
	GO:1903828	negative regulation of cellular protein localization	0.003	0.0475	0.994	0.0405	1.000
	GO:0046434	organophosphate catabolic process	0.004	0.0154	0.994	0.0780	1.000
MF	GO:0019199	transmembrane receptor protein kinase activity	0.000	0.021	0.698	0.0132	0.736
	GO:0019838	growth factor binding	0.002	0.029	0.750	0.0285	0.736
	GO:0030554	adenyl nucleotide binding	0.002	0.014	0.698	0.0769	0.877
	GO:0032559	adenyl ribonucleotide binding	0.002	0.017	0.698	0.0599	0.877

Table S10: After MAF-based correction, Gene Ontology (GO) biological processes (BP) and molecular functions (MF) with evidence of convergent distribution shifts in PBS selection index values in the hunter-gatherer populations. Joint p-values were computed via a permutation-based method, and those with joint empirical p < 0.005 are shown.

				Batwa:		Andamar	nese:
		GO	Joint p	p	adj. p	p	adj. p
BP	GO:0048738	cardiac muscle tissue development	0.000	0.0921	0.993	0.00174	0.878
	GO:0033002	muscle cell proliferation	0.002	0.0919	0.993	0.02565	1.000
	GO:0035265	organ growth	0.003	0.0736	0.993	0.01943	1.000
	GO:0003007	heart morphogenesis	0.004	0.0375	0.993	0.06262	1.000
	GO:0016579	protein deubiquitination	0.004	0.1171	0.993	0.00041	0.369
MF	GO:0019199	transmembrane receptor protein kinase activity	0.001	0.026	0.675	0.039	0.874

Table S11: After gene size-based correction, Gene Ontology (GO) biological processes (BP) and molecular functions (MF) with evidence of population-specific distribution shifts in PBS selection index values in the hunter-gatherer populations. No molecular functions were found to be significantly shifted for the Batwa. Results with p < 0.01 are shown.

	GO	p	adj. p
Batwa RHG -	Biological Processes:		
GO:0003231	cardiac ventricle development	0.0025	0.371
GO:0061351	neural precursor cell proliferation	0.0080	0.371
And a man e se	RHG - Biological Processes:		
GO:0016579	protein deubiquitination	0.001	0.273
GO:0035051	cardiocyte differentiation	0.003	0.273
GO:0048738	cardiac muscle tissue development	0.003	0.273
GO:1901800	positive regulation of proteasomal protein catabolic process	0.006	0.322
GO:0001936	regulation of endothelial cell proliferation	0.006	0.322
GO:0006508	proteolysis	0.009	0.396
And a man e se	RHG - Molecular Functions:		
GO:0005085	guanyl-nucleotide exchange factor activity	0.0034	0.224
GO:0008134	transcription factor binding	0.0096	0.224

Table S12: After MAF-based correction, Gene Ontology (GO) biological processes (BP) and molecular functions (MF) with evidence of population-specific distribution shifts in PBS selection index values in the hunter-gatherer populations. No molecular functions were found to be significantly shifted for the Batwa. Results with p < 0.01 are shown.

	GO	p	adj. p
Batwa RHG -	Biological Processes:		
GO:0003231	cardiac ventricle development	0.0015	0.346
GO:0034284	response to monosaccharide	0.0043	0.346
GO:0008217	regulation of blood pressure	0.0056	0.346
GO:0050864	regulation of B cell activation	0.0083	0.346
GO:0048634	regulation of muscle organ development	0.0090	0.346
GO:1901861	regulation of muscle tissue development	0.0092	0.346
Andamanese I	RHG - Biological Processes:		
GO:0070646	protein modification by small protein removal	0.0003	0.087
GO:0048738	cardiac muscle tissue development	0.0017	0.160
GO:0035051	cardiocyte differentiation	0.0022	0.160
GO:0006508	proteolysis	0.0024	0.156
GO:0071840	cellular component organization or biogenesis	0.0057	0.283
GO:0007155	cell adhesion	0.0065	0.283
GO:0007169	transmembrane receptor protein tyrosine kinase signaling pathway	0.0091	0.298
Andamanese	RHG - Molecular Functions:		
GO:0005085	guanyl-nucleotide exchange factor activity	0.0057	0.198
GO:0019783	ubiquitin-like protein-specific protease activity	0.0081	0.198

Table S13: Comparison of results of two methods for computing empirical test for convergence in strong outlier selection in both the Batwa and Andamanese RHGs. In the original method, genes and PBS selection index values are permuted to create an empirical null distribution. In the modified case, genes and their Gene Ontology (GO) annotations are instead permuted to create the null distribution. Biological processes (BP) with empirical test for convergence p < 0.005 in either method shown. No molecular functions were found to be significantly convergently enriched in both RHG populations.

	GO Biological Process	Original convergence p	Modified convergence p
GO:0035107	appendage morphogenesis	0.000	0.000
GO:0035108	limb morphogenesis	0.000	0.000
GO:0030326	embryonic limb morphogenesis	0.000	0.002
GO:0035113	embryonic appendage morphogenesis	0.000	0.002
GO:0048736	appendage development	0.001	0.003
GO:0060173	limb development	0.001	0.003
GO:0048705	skeletal system morphogenesis	0.002	0.003
GO:0048522	positive regulation of cellular process	0.006	0.003
GO:0080135	regulation of cellular response to stress	0.018	0.004
GO:0030048	actin filament-based movement	0.002	0.006
GO:0007034	vacuolar transport	0.003	

Table S14: Comparison of results of two methods for computing empirical test for convergence in PBS selection index shift in both the Batwa and Andamanese RHGs. In the original method, genes and PBS selection index values are permuted to create an empirical null distribution. In the modified case, genes and their Gene Ontology (GO) annotations are instead permuted to create the null distribution. Biological processes (BP) and molecular functions (MF) with empirical test for convergence p < 0.005 in either method shown.

	GO Biological Process	Original convergence p	Modified convergence p
GO:0016202	regulation of striated muscle tissue development	0.002	0.000
GO:1901861	regulation of muscle tissue development	0.002	0.000
GO:0048738	cardiac muscle tissue development	0.001	0.001
GO:0048634	regulation of muscle organ development	0.005	0.001
GO:0045444	fat cell differentiation	0.004	0.002
GO:0003007	heart morphogenesis	0.006	0.002
GO:0035265	organ growth	0.001	0.004
GO:0046434	organophosphate catabolic process	0.007	0.004
GO:1903828	negative regulation of cellular protein localization	0.001	0.006
	GO Molecular Function	Original convergence p	Modified convergence p
GO:0019838	growth factor binding	0.000	0.001
GO:0019199	transmembrane receptor protein kinase activity	0.000	0.002
GO:0032559	adenyl ribonucleotide binding	0.003	0.004
GO:0030554	adenyl nucleotide binding	0.004	0.004
GO:0005524	ATP binding	0.005	0.004

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