

1 Title: Oposonin-free, real-time imaging of *Cryptococcus neoformans* capsule during budding

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18 **Keywords:** *Cryptococcus*, capsule, differential interference microscopy, budding, cell cycle

19 **List of abbreviations and acronyms**

20 CSF – Cerebrospinal fluid

21 DIC - Differential interference microscopy

22 NA – Numerical aperture

23 CCD – Charge-coupled device

24 MM – Minimal medium

25 CIM – CO₂-independent medium

26 MOPS - 3-Morpholinopropane-1-sulfonic acid

27 SD – Standard deviation

28

29 **Abstract**

30 *Cryptococcus neoformans* is a unicellular fungal pathogen that causes meningoencephalitis,
31 killing hundreds of thousands of patients each year. Its most distinctive characteristic is a
32 polysaccharide capsule that envelops the whole cell. It is the major virulence attribute and the
33 antigen for serologic diagnosis. We have developed a method for easy observation of the
34 capsule and its growth dynamics using the cell-separation reagent Percoll and differential
35 interference contrast (DIC) microscopy. Percoll suspension is far less disruptive of cell
36 physiology than methods relying on antibody binding to the capsule, and measurements made
37 with it are equivalent with India ink. Time-lapse microscopy observations using this method
38 suggest that during budding, a dividing cell can regulate whether the capsule polysaccharide
39 it produces is deposited on the capsule of the bud or on its own. This observation has
40 important implications for our understanding of the *C. neoformans* capsule induction process
41 during budding.

42 **Manuscript text**

43 *Cryptococcus neoformans*, the most important agent of fungal meningitis, produces a thick
44 polysaccharide capsule, one of its main virulence factors. This structure envelops the yeast
45 cell, protects it from phagocytosis and has immunomodulatory properties that favor
46 progression of the infection. The capsule is also the morphological signature of the
47 *Cryptococcus* genus: the detection of yeast cells surrounded by a polysaccharide layer in
48 cerebrospinal fluid (CSF) from patients is a standard procedure for diagnosis of
49 cryptococcosis. For visualizing the capsule, the most common procedure is the India ink test:
50 the CSF sample is mixed with a small amount of ink and a droplet of the resulting suspension
51 is observed on a glass slide under a light microscope. The India ink particles form a dark
52 background that reveals the light-permeant capsule around yeast cells by contrast (figure 1A).
53 India ink staining is simple, cheap and quick, and a commonly used standard for researchers
54 who wish to visualize the capsule.

55 Despite its usefulness as a diagnostic technique, the India ink procedure has a major
56 disadvantage for capsule research: commercial vendors add preservatives, such as thimerosal,
57 to the ink preparation. This makes India ink formulations toxic for *C. neoformans* and only
58 useful for static observations of the capsule. Consequently, India ink preparations cannot be
59 used to document capsule formation in real time and, as a result, important aspects of the
60 synthesis of this key virulence factor may escape observation. Some strategies have been
61 used in the past to circumvent this limitation. *C. neoformans* capsules labelled with
62 monoclonal antibodies¹ or complement² were incubated in capsule-inducing conditions and at
63 specific time points during induction the probes were detected using fluorescence microscopy.
64 More recently, the Quellung reaction observed on differential interference microscopy (DIC),
65 which produces a change in refractive index when antibodies bind to the capsule^{3, 4}, was used
66 to monitor capsule thickening in *C. neoformans* cells in real time^{5, 6}. These reports yielded

67 important insights into the kinetics of capsule synthesis, but all suffered from an important
68 caveat: because antibodies and complement proteins interact directly with capsule
69 components, they may change its physical properties, especially at the reasonably high
70 concentrations needed for the observations. Indeed, antibody binding increases rigidity of the
71 capsule to a point that can actually hinder budding of daughter cells⁷ and it induces metabolic
72 alterations in the fungal cell⁸. Hence, it is possible that these antibody effects affected the
73 kinetics of capsule growth and there is a need for additional approaches to study capsule
74 dynamics.

75 We hypothesized that a non-toxic suspension of particles with refractive index that is higher
76 than that of the capsule would permit the observation of the capsule directly using DIC, as the
77 particles would be excluded and create an optical path length gradient that generates contrast.
78 We tested this hypothesis using Percoll, which consists of a 23% (w/w) aqueous suspension
79 of colloidal silica particles (15-30 nm in diameter) coated with polyvinylpyrrolidone that is
80 routinely used to form gradients for differential centrifugation of cells. As shown below,
81 suspending *C. neoformans* cells in Percoll enabled us readily to observe the capsule as a well-
82 defined halo around *C. neoformans* cells in high-resolution time-lapse DIC microscopy.

83 The microscopic observations were made on a Zeiss AxioObserver Z1 temperature-controlled
84 inverted microscope equipped with 63X NA 1.4 oil immersion objective, DIC polarizers and
85 prisms, motorized focus and an MRm cooled CCD camera (Carl Zeiss GmbH, Germany).

86 The images shown below were collected using the Zeiss ZEN software and manipulated
87 using Adobe Photoshop CS6, Adobe Illustrator CS6 and ImageJ. No non-linear modifications
88 were made to the original images. *C. neoformans* cells of the H99 reference strain were
89 incubated in either Sabouraud dextrose broth or one of three capsule-inducing media: 1) MM
90 - minimal medium⁹ (29.4 mM KH₂PO₄, 10 mM MgSO₄, 13 mM glycine, 3 μM thiamine, 15
91 mM dextrose) 2) CIM - CO₂-independent medium¹⁰; Thermo Fisher Scientific, Waltham,

92 MA, USA); 3) Sab-MOPS - Sabouraud broth diluted ten-fold with 50 mM 3-(N-
93 Morpholino)propanesulfonic acid, pH 7.5¹¹. All experiments were carried out at 37 °C.

94 Proof of principle observations of *C. neoformans* incubated in Sabouraud broth, MM or Sab-
95 MOPS for 24 h confirmed that the capsule was clearly visible (figure 1A) and that
96 measurements made with India ink and Percoll produced equivalent results (figure 1B).
97 Interestingly, we were also able to observe an increase in cell body diameter in cells
98 incubated in MM, as reported previously¹². In these experiments, we mixed *C. neoformans*
99 cultures with equal volumes of India ink or Percoll and mounted the suspensions on slides
100 covered with 0.170 mm coverslips. To test whether Percoll was toxic to *C. neoformans*, we
101 set up parallel cultures with and without Percoll for 84 h and estimated final cell densities on
102 a hemocytometer: these were 5.2×10^7 cells/ml (SD: 3.9×10^6 cells/ml) and 6.4×10^7 cells/ml
103 (SD: 1.3×10^7 cells/ml), respectively (p=0.2004). The results established that suspension in
104 Percoll was not toxic for growth. We observed that the capsule edge was much sharper in
105 Percoll suspension than in India ink suspension. Although the exact mechanism for this
106 difference is not known, we suggest two explanations that are not mutually exclusive. First,
107 India Ink is a preparation of particles with heterogeneous sizes and some of the smaller
108 particles may be able to penetrate the domain of the capsule, especially given that outer layers
109 are less dense². Second, the capsule is a highly hydrated and hydrophilic structure that may
110 not interact well with the polyvinylpyrrolidone thus creating a sharp exclusion zone. These
111 encouraging results led us to set up experiments that would allow us to document capsule
112 formation in real time by time-lapse microscopy.

113 For time-lapse imaging, we observed cells in capsule-inducing media supplemented with
114 Percoll in a POCmini-2 cultivation system (PeCon GmbH, Germany), a closed chamber
115 bounded by two 0.170 mm coverslips. In some experiments we observed that a large
116 proportion of cells in a 50% Percoll suspension would float due to being less dense than the

117 medium. Thus, we enriched the suspension for denser cells by resuspending cells into a 50%
118 Percoll suspension in water (v/v) and centrifuging at 2000 g for five minutes. The pellet
119 containing cells that did not float was then counted and suspended at low density
120 (approximately 1000 – 2000 cells per mL) in CIM or Sab-MOPS and supplemented with 50%
121 (v/v) Percoll. MM is not suitable for time-lapse experiments because the mixture turned into
122 a gel after prolonged incubation. Approximately 800 μ L of the resulting suspension were
123 then added to the chamber, which was incubated in the microscope at 37 °C to allow
124 collection of images every five to fifteen minutes for one to two days. The time-lapse images
125 show that the capsule growth is more pronounced in Sab-MOPS, although it was readily
126 observable in both capsule induction conditions (figures 2A and 2B and supplemental videos
127 1-3). We measured the capsule size for several cells and found that the capsule growth
128 follows sigmoidal kinetics with different rates for different cells (figure 2C), as previously
129 observed using measurements based on the Quellung effect^{5,6}.

130 In contrast to the studies using antibodies, however, we were clearly able to observe the
131 capsule in nascent buds and follow its growth in daughter cells. The capsule measurements
132 shown in figure 3A and plotted in figure 3B are from a cell that went through six budding
133 events throughout the observation period. This cell is indicated in figure 2A by black arrows.
134 The first three buds emerged during the phase in which the mother cell capsule was not
135 growing; all three had capsules that were thicker than that of the mother cell and each one
136 had a thicker capsule than the previous bud. The later buds, in contrast, emerged as the
137 mother cell capsule was becoming thicker; their capsules were less thick than those of the
138 mother cell and the previous buds. In contrast to this one cell, we observed several others
139 whose buds had a thin capsule and no apparent pattern of capsule redistribution from their
140 mother cell. These observations suggest that the destination of new capsular material
141 synthesized by the mother cell – its own capsule or that of a bud – may not be stochastic. In a

142 zebrafish model of cryptococcal infection, *C. neoformans* cells with enlarged capsules
143 effectively inhibited macrophage phagocytosis and caused more severe disease¹³. Capsular
144 polysaccharide protects the cell from phagocytosis and free radical fluxes¹⁴. Thus, whether
145 capsular material is destined to increase the size of the mother cell or the bud could define
146 which of these cells escapes the immune response inside the host.

147 Another interesting pattern we observed in several (but as seen in figure 3 not all) budding
148 cells on Sab-MOPS is of mother cells keeping their capsules at a constant thickness while
149 budding and increasing it afterwards (figure 4). When we compare our data including buds to
150 those of García-Rodas *et al.*⁶, at first glance they seem to be in agreement: while the mother
151 cell is budding actively, and presumably spending only brief intervals in G1/S, its own
152 capsule does not become thicker. Our data would seem to suggest that this is less because of
153 an intrinsic impairment of capsule growth during G2/M, as suggested by the authors of that
154 study, and more because a mechanism exists whereby capsule polysaccharide might be
155 destined for the capsule of the daughter cell.

156 Comparing India ink staining and the method we describe here, we found that the former uses
157 a cheaper reagent and requires a much simpler microscope for observation. However, India
158 ink is not readily available everywhere and the quality of the reagent for capsule visualization
159 varies widely among manufacturers. Despite its higher price, Percoll resulted in consistently
160 successful observation of capsule by different researchers in our lab. More importantly, it
161 allowed real-time observation of the capsule in live cells in the absence of exogenous protein
162 binding to – and potentially interfering with – the capsule. Thus, while the need for a DIC-
163 equipped microscope precludes its use in clinical diagnosis of cryptococcosis, we propose
164 that Percoll could become the contrast agent of choice for research laboratories that have
165 access to appropriate equipment.

166 In summary, we describe a new method for visualizing the capsule and studying capsular
167 growth kinetics based on suspending cells in media with a very different refractive index than
168 the capsule. Comparison of the insights obtained with this method relative to those learned
169 with the Quellung method confirms that different cells grow at different rates. Perhaps most
170 importantly, the Percoll method has provided new insights on the distribution of
171 polysaccharide during budding that have important implications for our views on bud
172 survival and antibody function.

173

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216

217 **Figure legends**

218

219 **Figure 1 – Comparison between DIC imaging with Percoll and India ink staining**

220 *C. neoformans* cells were incubated in two different capsule-inducing conditions (MM and
221 Sab-MOPS) and in non-inducing Sabouraud medium for 24 h prior to imaging with the
222 method we describe and the standard India ink staining. Panel A shows representative images,
223 whereas panel B shows that capsule thickness measurements yield similar results with both
224 methods. The scale bar in A equals 5 μm . The lines in B represent the mean capsule thickness
225 of 20 individual cells. The p-values shown in B were calculated by the Kolmogorov-Smirnov
226 test comparing measurements with India ink and Percoll.

227

228 **Figure 2 – Time-lapse imaging of *C. neoformans* capsule growth in inducing medium** 229 **(Sab-MOPS)**

230 *C. neoformans* cells were incubated in Sab-MOPS supplemented with 50% Percoll and
231 imaged every 10 minutes by DIC microscopy. The images that were used to make this figure
232 were compiled in supplemental video 1. Panel A shows some of the images, with a 60-minute
233 interval between each image. The arrows point to the same cell at different time points; this
234 cell was used to make figures 2B and 3B. Panel B shows the capsule thickness measured
235 every 30 minutes and the line represents an asymmetric sigmoidal curve that was fit to the
236 data ($r^2 = 0.98$). In panel C, capsule volume was calculated at several time points for seven

237 different cells using cell body and capsule diameter measurements from micrographs as
238 described in the text. Curves were fitted to the values using the Gompertz growth curve
239 model in Graphpad Prism 6 (adjusted r^2 values shown). The curves generated for each dataset
240 were compared to test for variation in the slope (k) and the preferred model, with a
241 probability greater than 99.99%, was found to be that k is different for each curve. Gaps in
242 some curves correspond to periods in the time series when the cells drifted out of focus,
243 making it impossible to perform measurements.

244

245 **Figure 3 – Comparison between the capsule thicknesses of one mother cell and it**
246 **multiple buds**

247 Panel A shows the same mother cell indicated by arrows on figure 2A, which appears
248 supplemental video 1, but at the specific time points in which each of six successive buds
249 (arrows) can first be seen to be completely separated from the mother cell. The actual images,
250 capsule measurements and how much time had elapsed after the cells were transferred to
251 capsule inducing media are indicated in the figure. In panel B, the bud capsule sizes are
252 plotted into a zoomed-in version of the curve shown in figure 2B, which shows capsule
253 growth kinetics for the mother cell.

254

255 **Figure 4 – Capsule thicknesses of four mother cells and their buds**

256 Panels A-D show the capsule thickness of four mother cells and their buds. The arrows point
257 to the first time point in which the bud can first be seen emerging in the cell wall of its
258 mother cell, whereas the star indicates the bud's capsule thickness at the first time point in
259 which its cell wall has clearly separated from that of its mother cell.

260

261 **Captions for the supplementary videos**

262

263 **Supplementary video 1 – Capsule growth in Sab-MOPS**

264 *C. neoformans* cells were re-suspended in capsule-inducing medium (Sab-MOPS) supplemented with
265 50% Percoll and imaged every 10 min for 40 h. The time-lapse images were then cropped and
266 compiled into a video. Still images from this video are shown in figure 2A, and several details of one
267 of the cells in this video (along with its buds) are shown in figures 2B, 3A and 3B.

268

269 **Supplementary video 2 – Capsule growth in CIM**

270 *C. neoformans* cells were re-suspended in capsule-inducing medium (CIM) supplemented with 50%
271 Percoll and imaged every 5 min for a total period of 23 h.

272

273 **Supplementary video 3 – Capsule growth in CIM**

274 *C. neoformans* cells were re-suspended in capsule-inducing medium (CIM) supplemented with 50%
275 Percoll and imaged every 5 min for a total period of 23 h.







