

# 1 Polarity sorting drives remodeling of 2 actin-myosin networks

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## 9 **Abstract**

10 Cytoskeletal networks of actin filaments and myosin motors drive many dynamic cell processes. A key  
11 characteristic of these networks is their contractility. Despite intense experimental and theoretical  
12 efforts, it is not clear what mechanism favors network contraction over expansion. Recent work points to  
13 a dominant role for the nonlinear mechanical response of actin filaments, which can withstand  
14 stretching but buckle upon compression. Here we present an alternative mechanism. We study how  
15 interactions between actin and myosin-2 at the single filament level translate into contraction at the  
16 network scale by performing time-lapse imaging on reconstituted quasi-2D-networks mimicking the cell  
17 cortex. We observe myosin end-dwelling after it runs processively along actin filaments. This leads to  
18 transport and clustering of actin filament ends and the formation of transiently stable bipolar structures.  
19 Further we show that myosin-driven polarity sorting leads to polar actin aster formation, which act as  
20 contractile nodes that drive contraction in crosslinked networks. Computer simulations comparing the  
21 roles of the end-dwelling mechanism and a buckling-dependent mechanism show that the relative  
22 contribution of end-dwelling contraction increases as the network mesh-size decreases.

23

## 24 **Introduction**

25 Cells have the remarkable ability to actively deform themselves to drive vital processes such as cell  
26 division, cell migration and multicellular tissue dynamics. The main determinant of cell shape is the actin  
27 cytoskeleton, which actively deforms the plasma membrane by generating pushing and pulling forces  
28 (Blanchoin et al., 2014). This activity relies on the structural polarity of actin filaments, which have  
29 structurally distinct ends denoted as the *minus* and the *plus end* (also referred to as the pointed and the  
30 barbed end). Hydrolysis of adenosine triphosphate (ATP) bound to actin monomers that add onto the  
31 plus end of growing filaments provides chemical energy, which allows actin filaments to exert  
32 polymerization forces at their plus ends. Myosin-2 motors take advantage of the structural polarity of F-

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33 actin to move in a directional manner toward the plus end, again using energy released from ATP  
34 hydrolysis. The motors work together in teams known as bipolar filaments, with motor heads on the two  
35 ends and the tails packed in the center. This bipolarity allows myosin filaments to slide anti-parallel actin  
36 filaments in opposing directions.

37 Together with accessory crosslinking proteins, actin and myosin-2 form different contractile assemblies  
38 in the cell (Murrell et al., 2015). Right underneath the plasma membrane, they form a thin and dense  
39 polymer mesh known as the cortex. A key function of the cortex is its contractility, which can drive global  
40 cell rounding as cells enter mitosis, local membrane constriction during cell division, and global tissue  
41 deformation in developing embryos (Salbreux et al., 2012). In the cytoplasm, actin and myosin form  
42 bundled contractile structures known as stress fibers in adherent cells and 3D-meshworks in large  
43 oocytes and early embryo cells (Field and Lénárt, 2011; Naumanen et al., 2008). Finally, during  
44 cytokinesis, actin and myosin form a contractile structure known as the cytokinetic ring, which constricts  
45 the membrane (Wollrab et al., 2016).

46 Despite detailed knowledge of the molecular composition of the actin-myosin ‘contractome’ (Biro et al.,  
47 2013; Zaidel-Bar et al., 2015), the molecular mechanism for the contractile activity of the actin-myosin  
48 cytoskeleton is unclear since the actomyosin bundles and meshworks in nonmuscle cells are disordered  
49 in terms of the filament orientations and polarities. This is completely unlike muscle sarcomeres, where  
50 the actin and myosin are arranged in repeating arrays with myosin bipolar filaments localized in-between  
51 antiparallel actin filaments having their minus ends inwards and their plus ends outwards. In this case,  
52 the localization of the myosin clusters in the vicinity of F-actin minus ends and the anchoring of the actin  
53 filament minus ends at the Z-discs convert the sliding activity of the motors into pure contraction (Gautel  
54 and Djinovic-Carugo, 2016). By contrast, motor-mediated sliding of rigid filaments in random networks is  
55 in principle equally likely to result in contraction or expansion (Belmonte et al., 2017; Mendes Pinto et  
56 al., 2012). Experimentally, both contraction and expansion have indeed been demonstrated in  
57 reconstituted networks of microtubules and motors (Foster et al., 2015; Sanchez et al., 2012; Torisawa et  
58 al., 2016) and in cells (Lu et al., 2013). In contrast, actomyosin assemblies in cells always contract, and  
59 reconstituted networks of actin filaments and myosin motors are also nearly always contractile (Stam et  
60 al., 2017).

61 It has been a long-standing question why actin-myosin networks are biased towards contraction and  
62 different microscopic mechanisms have been proposed (Alvarado et al., 2017). The currently most  
63 favored mechanism is based on the nonlinear elastic properties of actin filaments. Actin filaments are  
64 semiflexible polymers with a persistence length of around 10  $\mu\text{m}$  (Kang et al., 2012). As a consequence,  
65 they resist stretching but readily buckle upon compression forces induced by molecular motors.  
66 Theoretical models of active networks predict that buckling will cause contraction in both bundles and  
67 meshworks, independent of filament polarity (Lenz et al., 2012; Ronceray et al., 2016). Effectively,  
68 myosin bipolar filaments interacting with crosslinked actin networks act as contractile force dipoles  
69 (Mackintosh and Levine, 2008). This buckling scenario is supported by direct experimental observations  
70 of filament buckling and telescopic contraction in reconstituted actin-myosin bundles and random  
71 networks (Linsmeier et al., 2016; Murrell and Gardel, 2012).

72 Yet, analytical and computational models predict that preferential contraction can also occur in the  
73 absence of filament buckling. The basic idea is that if motors processively walk along cytoskeletal  
74 filaments towards one end (the plus end in case of myosin-2) and dwell before they detach, they will  
75 cause polarity sorting of the filaments and eventually contraction of both bundles and networks (Kruse  
76 and Jülicher, 2000; Zumdick et al., 2007). In networks, a clear signature of polarity sorting is the  
77 formation of radial arrays of filaments known as asters, where the filament ends point inwards and  
78 motors accumulate in the center. In case of microtubule systems, several motors have indeed been  
79 shown to exhibit end-dwelling behavior (Akhmanova and Hoogenraad, 2005) and cause the formation of  
80 polar asters (Foster et al., 2015; Surrey et al., 2001; Torisawa et al., 2016). While this phenomenon is  
81 now well accepted for microtubules (Tan et al., 2018), it is not known whether it can also operate for  
82 actin. In case of myosin-2, there are observations of processive motion along actin filaments in motility  
83 assays and in dense actin-myosin networks (Sellers and Kachar, 1990; Soares e Silva et al., 2011; Vogel et  
84 al., 2013), but it is unknown whether myosin motors dwell at actin filament plus ends. There are  
85 intriguing observations of polar aster formation indicative of polarity sorting in cells (Verkhovsky et al.,  
86 1997) and in reconstituted assays (Backouche et al., 2006; Köster et al., 2016; Soares e Silva et al., 2011),  
87 but there is to our knowledge no direct evidence of myosin-mediated polarity sorting. Studies of  
88 contraction in actin-myosin networks have typically been performed at high protein densities, precluding  
89 direct observation of the interactions between actin and myosin at the single filament level.

90 Here we study how interactions between actin and myosin-2 at the single filament level translate into  
91 contractile activity at the network scale by performing time-lapse fluorescence imaging on reconstituted  
92 quasi 2D-networks of actin filaments and myosin motors. This 2D geometry mimics the quasi-2D random  
93 organization of the actin cortex and furthermore facilitates high resolution imaging of actin-myosin  
94 interactions at the single-filament level. Since actin-myosin remodeling is rather fast, we develop an  
95 open chamber assay that allows us to capture the initial steps of myosin-mediated remodeling  
96 immediately following the addition of components that trigger contractile activity. We show that  
97 myosin-2 bipolar filaments remodel initially random actin meshworks into polar asters. Experiments at  
98 low filament densities reveal that single myosin filaments processively walk towards actin filament plus  
99 ends, where they dwell. This end-dwelling behavior allows myosin filaments to transport actin filament  
100 ends together to form asters. By observing actomyosin remodeling over a range of time and length  
101 scales, we show that the polarity sorting at the single filament level drives aster formation and  
102 subsequent local or global network contraction, depending on the network connectivity. We use  
103 computer simulations to estimate the importance that polarity sorting and buckling may have for  
104 contraction *in vivo*, where the filaments are shorter and the network is denser than in our experiments *in*  
105 *vitro*.

## 106 **Results**

107 To resolve the mechanism by which myosin drives remodeling of actin networks, we reconstitute two-  
108 dimensional networks of skeletal muscle actin and myosin labeled in different fluorescent colors on  
109 nonadherent glass surfaces and observe remodeling by total internal reflection fluorescence (TIRF)  
110 microscopy. Myosin-driven remodeling is a fast process whereby initial changes to the actin network

111 happen on second time scales. In traditional flow cell setups these events would be difficult to capture.  
112 Therefore we use an open chamber setup, which allows us to trigger remodeling by adding myosin or  
113 ATP during the time-lapse acquisition (Fig. 1a, Video 1). When we add myosin to a pre-polymerized,  
114 random actin network, we observe that myosin starts to remodel actin as soon as it reaches the imaging  
115 surface (Fig. 1b). Within 40 seconds, this remodeling leads to the formation of actin asters with dense  
116 myosin foci at their center. Time-lapse imaging of the trajectories of myosins shows that they move  
117 directionally inward toward the center of the aster, implying that the asters are polar with actin plus  
118 ends oriented inwards (Fig. 1c and 1d). We conclude that myosin can remodel an initially random  
119 network of actin filaments within seconds into an organized network containing polar structures.

120 To understand how the motors achieve polarity sorting, we used more diluted conditions where we can  
121 observe interactions of single myosin bipolar filaments with single actin filaments. We trigger myosin  
122 activity by adding ATP to a network of pre-polymerized actin and myosin. Prior to ATP addition, the actin  
123 filaments are densely decorated with myosin (left-most panel in Fig. 2a, Video 2), which is known to bind  
124 strongly in the absence of ATP. Under this condition, the actin filaments form bundles, likely due to the  
125 combination of the myosins acting as crosslinkers and the presence of a crowding agent. Upon ATP  
126 addition, most myosin filaments release, consistent with the low duty ratio of myosin-2 (Harris and  
127 Warshaw, 1993). The actin bundle disassembles in single filaments, likely due to the absence of  
128 crosslinking myosin. The remaining myosin filaments unidirectionally run along the actin filaments with a  
129 typical mean speed of 2  $\mu\text{m/s}$  (Fig. 2b). We do not observe myosin detachment from the actin filaments  
130 unless the myosin filament encounters another actin filament, whereafter it switches track and runs  
131 along the new actin filament (after 28 seconds in Fig. 2a). As myosin reaches the end of the actin  
132 filament, it dwells on it. This can lead to an accumulation of myosin if several myosins run along the  
133 same actin filament (Fig. 2c, Video 3).

134 Myosin end-dwelling on single actin filament ends is a common event (Fig. 3a). This configuration is  
135 stable for at least several minutes. To determine a lower limit for the end dwelling time, we observed  
136 myosin end-dwelling for at least 4 minutes. In only 6% of the cases ( $n = 36$ ), myosin detached during this  
137 time. From this we estimate a characteristic dwell-time of 64 min, assuming a Poisson process (see SI).  
138 We also find end-dwelling events that last over 15 min. Interestingly, myosin and actin ends seem not to  
139 overlap completely, which becomes clearer when we plot line profiles of the myosin and actin intensities  
140 (Fig. 3b). By analyzing these line profiles, we infer the length of the myosin filaments and overlap of the  
141 myosin and actin filament. We determine the average myosin length as 0.8  $\mu\text{m}$  (Fig. 3c), in agreement  
142 with transmission electron microscopy data (Suppl. Fig. 1). The average overlap of the myosin and actin  
143 filaments is only 50% (Fig. 3c). This suggests that myosin filaments exhibit end-dwelling because of their  
144 “bipolarity” as sketched in Fig. 3d, consistent with prior reports of an interaction of F-actin with the  
145 trailing end of the bipolar myosin filament (Sellers and Kachar, 1990; Yamada and Wakabayashi, 1993).

146 We then wondered whether the processive motion and end-dwelling behavior of myosin can account for  
147 the formation of actin asters via polarity sorting, given that theoretical models and simulations predict  
148 that these are necessary and sufficient ingredients (Surrey et al., 2001). Therefore we increased the actin  
149 filament concentration so that filaments overlap. We again observe that end-dwelling is a common event  
150 (Fig. 4a, yellow circles). Furthermore we see many examples of myosin connecting filament ends to form

151 incipient asters (Fig. 4a, cyan circles). To understand the formation of these structures, we turned to live  
152 imaging. We see that myosin that is already bound to the end of one actin filament can still processively  
153 run along another actin filament (Fig. 4b, Video 4). As it arrives at the other filament's end, it dwells also  
154 there and thereby holds the filament ends together. These bipolar structures can grow further and catch  
155 additional actin filaments (Suppl. Fig. 2). This observation shows that myosin end dwelling together with  
156 its processivity can be a mechanism to transport filament ends toward each other, as sketched in Fig. 4c.  
157 At concentrations of filaments and myosin used in this assay, the incipient aster configurations are not  
158 stable. Myosin can detach from one of the filaments while staying attached to the other (Fig. 4b, last  
159 time point). We used higher actin filament concentrations to test whether this mechanism is also active  
160 in dense networks (Fig. 4d, Video 5). We see the same mechanism: As myosin runs along one filament  
161 (cyan), it encounters a second filament (yellow). Subsequently it moves on both filaments and stops  
162 when it arrives at the two filament ends. This configuration is stable for a few minutes until myosin  
163 switches to another filament and starts to move on that one (Fig. 4d, last time point). Taking all this  
164 together, we conclude that myosin end dwelling together with processive motion can transport filament  
165 ends together, connect them in transiently stable complexes, and thereby induce polarity sorting.

166 We next tested whether polar structures are also present at actin densities studied in prior  
167 reconstitution studies of contractility in actin-myosin networks (Murrell and Gardel, 2014, 2012; Vogel et  
168 al., 2013). We observed that asters still form and are rather stable (Fig. 5a), although we occasionally  
169 observe events where the aster splits (Fig. 5c, Video 6). The splitting of asters could be linked to the  
170 ability of the myosins to detach from filament ends when they get the option to switch to another actin  
171 filament track, as we observed at low filament densities.

172 Since asters are polar, they should in principle be able to merge due to the action of myosin motors. We  
173 indeed observe that neighboring asters interact. An example is shown in Fig. 5b: The two asters move  
174 toward one another but also away from each other along the same line. This one dimensional back and  
175 forth movement is clearly visible in the kymograph representation. Eventually the asters in this example  
176 merge. Interestingly we also observe exchange of myosin between asters (Fig. 5d).

177 We hypothesized that in order to increase aster interaction, we need to increase the network  
178 connectivity by adding a crosslinking agent. This hypothesis is based on evidence from *in vitro* studies,  
179 cells, and theoretical models that crosslinkers increase the range of force transmission by creating a  
180 percolated network (Alvarado et al., 2013; Bendix et al., 2008; Ennomani et al., 2016; Koenderink et al.,  
181 2009; Köhler et al., 2011; Laporte et al., 2012; Ojkic et al., 2011). Indeed, when we add the crosslinking  
182 protein  $\alpha$ -actinin-1 (Ciobanasu et al., 2014), we observe that the asters are much larger, persistently  
183 move towards each other over distances of tens of  $\mu\text{m}$ , and invariably merge (Fig. 5e-g, Video 7). Long-  
184 range force transmission is mediated by  $\alpha$ -actinin-rich actin bundles, which connect the asters (Suppl.  
185 Fig. 3). In addition to growing by merging, asters can also grow by a radial inward flow of actin filaments  
186 and myosin along the aster arms (Suppl. Fig. 4, Video 8). We conclude that crosslinkers favor contraction  
187 not only by providing elastic connections but also by allowing formation of stable F-actin bundle tracks  
188 that promote inward transport of myosin to form stable asters. Moreover, they form stable connections  
189 of mixed polarity between asters, stimulating aster merging (sketched in Fig. 5h). However, passive  
190 crosslinkers and motors acting together constitute the elementary configuration of the buckling

191 mechanisms (Belmonte et al., 2017). Thus, in addition to helping the sorting mechanism, adding  $\alpha$ -  
192 actinin is likely to promote the buckling mechanism as well.

193 We asked how this polarity sorting influences network contraction on large scales. As reported  
194 previously (Alvarado et al., 2013; Belmonte et al., 2017; Bendix et al., 2008), the balance between  
195 crosslinking and motor activity is a key parameter controlling the contractile behavior of actin-myosin  
196 networks. We fix the  $\alpha$ -actinin concentration such that its molar ratio with actin is  $R_C = 1:50$ , which is  
197 well above the percolation threshold for 2D networks (Alvarado et al., 2017). To explore different  
198 regimes, we vary the myosin concentration. We confine actin-myosin networks containing 0.1 mM ATP  
199 in large  $\sim 2$ mm by 22mm chambers with non-adhesive walls and image the entire network over time  
200 using a low-NA (10x) objective, starting when contractility is triggered by mixing actin and myosin in the  
201 presence of ATP. Starting with a high myosin-to-actin ratio,  $R_M = 0.05$ , we find network contraction only  
202 on short length scales (Fig. 6a, magenta, Video 9). When we image the dense actin-myosin clusters at  
203 higher magnification, we find that they are comprised of actin asters with myosin foci at their core (Fig.  
204 6b, magenta). As we decrease the motor-to-actin ratio  $R_M$  to 0.01, we still find actin asters but  
205 embedded in a fully percolated network as evidenced by a global network contraction (Fig. 6a). At higher  
206 magnification, we observe that the network is again made of asters (Fig. 6b). Decreasing  $R_M$  even further  
207 to 0.005 leads to stalled networks that are unable to contract (Fig. 6a, blue). Also here we observe asters  
208 at higher magnification (Fig. 6b). We suggest that two effects play a role in the contraction process. On  
209 the one hand, myosin accumulates in the center of the aster and is therefore depleted in the other areas,  
210 which do not experience major remodeling anymore. On the other hand aster arms have to overlap with  
211 neighboring aster centers to contract. These connections are more stable for lower myosin  
212 concentrations. As schematically depicted in Fig. 6c, our experimental results suggest that aster  
213 formation contributes to both local and global contraction.

214 While these large networks contract in the presence of both end-dwelling myosin-2 and  $\alpha$ -actinin  
215 crosslinkers, it is not clear from the experiments if the observed contraction of the networks is due to a  
216 polarity-sorting mechanism alone or if the buckling mechanism or other effects are also working in  
217 parallel (Belmonte et al., 2017; Lenz et al., 2012; Ronceray et al., 2015). We can also not judge from our  
218 *in vitro* experiments to what extent this novel mode of contraction of actomyosin networks plays a role  
219 in physiological conditions, where both the filaments and mesh sizes are much smaller (Bovellan et al.,  
220 2014; Eghiaian et al., 2015; Fritzsche et al., 2016; Fujiwara et al., 2016). We thus turned to computer  
221 simulations of actin networks with the software Cytosim (Nédélec and Foethke, 2007), which allows us to  
222 approach *in vitro* and cortex-like conditions and analyze the relative contributions of end-dwelling and  
223 buckling mechanisms in networks of higher density.

224 We model individual filaments, myosin minifilament and  $\alpha$ -actinin crosslinker explicitly, as described in  
225 the Methods section. While Cytosim has been used in the past to study both the buckling mechanism  
226 (Belmonte et al., 2017) and the polarity mechanism (Surrey et al., 2001) independently from each other,  
227 the current assumptions allow both mechanisms to operate in parallel here. Polarity sorting depends on  
228 the ability of the motors to end-dwell but does not require crosslinkers. Buckling-mediated contraction  
229 requires crosslinkers but operates even if the motors do not end-dwell. With simulations, we can thus  
230 enable or disable end-dwelling and add or remove crosslinkers to assess the influence of the two



231 mechanisms. We first modeled contraction of actin networks with myosin minifilaments but no  
232 crosslinkers, with myosin dwelling at filament ends. The end-dwelling property of myosin heads leads to  
233 the formation of asters (Fig. 7a, Video 10), with all the plus ends facing inwards (Fig. 7a, last panel),  
234 resembling the asters observed *in vitro* (Fig. 1). If we let the motor heads detach immediately upon  
235 reaching the end of actin filaments, the network fails to contract (Fig. 7b, Video 11). These results  
236 confirm the role of end-dwelling for the contractility observed in the *in vitro* networks.

237 We next added  $\alpha$ -actinin crosslinkers and systematically varied the concentration of myosin and  
238  $\alpha$ -actinin (Fig. 7c). We can observe all three network behaviors seen in the *in vitro* experiments: slow or  
239 stalled networks, for high concentrations of  $\alpha$ -actinin and low concentrations of myosin; globally  
240 contracted networks for high myosin concentrations; and locally contracted asters for low myosin and  $\alpha$ -  
241 actinin concentrations. To assess the contribution of polarity-sorting to the contraction of the networks,  
242 we repeated the simulations with the end-dwelling turned off (Fig. 7d). In this scenario most of the  
243 networks fail to contract, indicating an important role of polarity sorting in the contraction of actin  
244 networks. The region of the phase diagram least affected by the absence of end-dwelling is characterized  
245 by high concentrations of crosslinkers, a condition that is crucial in the filament buckling mechanism, as  
246 shown previously by theory and simulations (Belmonte et al., 2017; Lenz et al., 2012) and experimentally  
247 (Bendix et al., 2008). For buckling to happen, the crosslinking density must be high enough to sustain the  
248 forces exerted by the myosin motors while buckling the filaments. Therefore, we expect the boundary  
249 between the filament buckling or the polarity sorting mechanisms to be determined by the ratio of end-  
250 dwelling myosins to crosslinkers. On the diagram where the two concentrations are varied, the regions  
251 dominated by either mechanism are thus separated along a diagonal (Fig. 7c, d).

252 The above results highlight the prominent role of polarity-sorting in the contraction of networks that  
253 resemble the *in vitro* conditions reported in our experiments. In physiological conditions, for example in  
254 the cortex of animal cells, the actin filaments are about one order of magnitude shorter than in our *in*  
255 *vitro* systems (about 1  $\mu\text{m}$  or less (Fritzsche et al., 2016)), and the mesh size is also much shorter  
256 (between 0.03 to 0.1  $\mu\text{m}$  (Bovellan et al., 2014; Fujiwara et al., 2016)). One can thus expect polarity-  
257 sorting to be even more critical in the cortex for two reasons: Firstly, the force required to buckle a  
258 filament segment increases with the inverse of the squared length of the segment, and thus becomes  
259 greater as the mesh size is reduced. Secondly, the ratio of end-dwelling versus side-bound motors would  
260 also increase as the filaments become shorter. To assess these effects, we performed simulations with  
261 denser networks made of shorter filaments that better resemble the actomyosin cortex and varied the  
262 concentrations of myosin and  $\alpha$ -actinin as before (Fig. 8a). With these conditions, most of the networks  
263 contract to a single aster rather than multiple ones, probably because they are more tightly connected.  
264 When the end-dwelling property of myosin is turned off, the contractile behavior is lost in a region of the  
265 phase diagram that is similar to the region that lost contractions under the simulated conditions of the *in*  
266 *vitro* experiments (Fig. 7c, d). However, a significant number of networks with low myosin and high  $\alpha$ -  
267 actinin concentrations are now stalled, whereas they were contractile under the buckling mechanism at  
268 lower density. Therefore, under conditions mimicking the actin cortex *in vivo*, the effectiveness of the  
269 buckling mechanism is reduced, while polarity sorting is preserved. Note that for low  $\alpha$ -actinin  
270 concentrations, filaments freely glide over the network, powered by the myosin motors. In these

271 conditions, filaments are pushed out of the initial geometry more readily, due to the smaller overall  
272 available space, and the effect is more visible compared to the *in vitro*-like simulations (Fig. 7d). These  
273 results confirm that the polarity sorting mechanism remains effective when the characteristics of the  
274 actomyosin networks are more cortex-like, while at the same time the buckling-mediated mechanisms  
275 decreases in importance.

## 276 Discussion

277 An important biological function of actin-myosin networks is their contractility, for which the underlying  
278 mechanism is still not fully understood. Here we show that myosin motors remodel initially random actin  
279 networks into polarized domains. Using low protein densities to observe actin-myosin interactions at the  
280 single filament level, we identify myosin dwelling at actin filament ends as the mechanism for this  
281 polarity sorting. Our study thus reveals how contractile nodes, which are often assumed in theoretical  
282 studies of actin-myosin networks, form by self-organization (Alvarado et al., 2013; Hannezo et al., 2015;  
283 Jülicher et al., 2007; Salbreux et al., 2009). We find that aster formation occurs over a wide range of  
284 crosslinker and myosin densities. At low crosslink densities that are below the percolation threshold, the  
285 asters are relatively small and transient. At crosslink densities above the percolation threshold, the  
286 asters are stabilized and neighboring asters pull on each other over long distances and merge, leading to  
287 large-scale contraction. The crucial role for crosslinkers to tune the range of force transmission is in line  
288 with prior experimental and theoretical work (Alvarado et al., 2013; Bendix et al., 2008; Chugh et al.,  
289 2017; Vavylonis et al., 2008). But we find that crosslinkers favor contraction not only by providing elastic  
290 connections but also by allowing formation of stable F-actin bundle tracks that promote inward transport  
291 of myosin to form large and stable asters. By contrast, in the absence of crosslinkers, myosin clusters are  
292 dynamic and split because myosin filaments can switch between different actin filament tracks. Asters  
293 are also observed over a range of motor densities, in conditions of stalled networks (low motor density),  
294 globally contracting networks (intermediate motor density), and local contraction (high motor density).  
295 These contractile behaviors are reproduced in simulations, where we can directly compare the  
296 remodeling effect of motors with and without end-dwelling. The simulations demonstrate that end-  
297 dwelling is an important requirement for network contraction while contraction due to filament buckling  
298 only happens for a limited set of parameters

299 In our study we use skeletal muscle myosin-2 filaments. While muscle myosin is used in nearly all  
300 reconstituted actomyosin systems thus far, with few exceptions (Thoresen et al., 2013), contraction in  
301 other cells is driven by non-muscle myosins. These differ from skeletal muscle myosin 2 in their kinetic  
302 properties and the formation of much smaller bipolar filament ensembles of only 10-20 motors  
303 (Erdmann et al., 2016). Clearly, in future it will be interesting to study if end-dwelling is also observed for  
304 non-muscle myosin. Our results suggest that the dwelling behavior is mainly mediated by the trailing end  
305 of the myosin filaments. While non-muscle myosin filaments are reported to be much shorter than  
306 skeletal muscle myosin filaments (Billington et al., 2013), their longer duty ratio might compensate and  
307 still permit end-dwelling (Kovács et al., 2003; Wang et al., 2003). Possibly the ratio between the two  
308 major non-muscle myosin isoforms, NMMII A and B, could also play a role in the stability of filament end-  
309 dwelling (Melli et al., 2017).



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310 We show that myosin-driven polarity sorting can be an efficient mechanism for actomyosin network  
311 contraction provided that enough crosslinkers are present to allow force transmission. Prior studies of  
312 reconstituted actin-myosin networks showed that in the presence of crosslinkers, motor-mediated  
313 buckling of actin filaments can provide the dominant mechanism for contraction, sometimes augmented  
314 by severing of buckled actin filaments (Murrell and Gardel, 2012). But both our experimental and  
315 computational findings suggest that even in crosslinked networks, there is still an underlying tendency  
316 for actin and myosin to form polarity-sorted structures. The relative contributions of polarity sorting  
317 versus buckling to the overall network contraction depend on microscopic parameters such as the  
318 distance between crosslinks, the motor density, and whether actin filaments are bundled. A full  
319 characterization of these parameters is beyond the scope of this study. Simple scaling considerations  
320 indicate that buckling may be disfavored in the *in vivo* actin cortex. First, recent work suggests that the  
321 actin cortex is composed of filaments that are relatively short, being a mixture of formin-nucleated  
322 filaments with lengths on the order of 1  $\mu\text{m}$ , and Arp2/3-nucleated filaments in the 100 nm range  
323 (Fritzsche et al., 2016). Second, electron microscopy images revealed typical cortical mesh sizes of only  
324 30 to 200 nm, which might correspond to the distance between crosslinkers (Bovellan et al., 2014;  
325 Fujiwara et al., 2016). These characteristics would make buckling difficult, but leave polarity sorting as a  
326 potent contraction mechanism, as our *in silico* study showed.

327 There are some reports of actin polarity sorting in a few cellular structures by electron microscopy (Begg  
328 et al., 1978; Cramer et al., 1997; Kamasaki et al., 2007; Sanger and Sanger, 1980). Furthermore, myosin  
329 foci are commonly observed in the actin cortex of cells and early embryos. However, the cell cortex is  
330 mainly regarded as a random actin network. Recent theoretical studies of contractile networks with actin  
331 turnover suggest that the absence of asters in the cell cortex may be due to turnover (Guthardt Torres et  
332 al., 2010; McFadden et al., 2017). Consistent with this idea, asters can be formed in the actin cortex if  
333 actin polymerization is reduced or blocked by drugs (Luo et al., 2013; Verkhovsky et al., 1997), and actin  
334 stabilization seems to have a similar effect (Wehland et al., 1977). We therefore speculate that polarity  
335 sorting may occur in cortical actin networks but that actin turnover prevents formation of large polar  
336 domains. Moreover, polarity sorting may be counteracted by other remodeling processes such as Arp2/3  
337 nucleator-dependent self-organization (Fritzsche et al., 2017) and biochemical feedback between active  
338 RhoA and myosin (Nishikawa et al., 2017). New developments in high resolution microscopy will  
339 hopefully enable the visualization of local accumulation of actin plus ends in the cortex or other  
340 contractile structures such as the cytokinetic ring, and thereby lead to a better understanding of the role  
341 of polarity sorting in cells (Hu et al., 2017).

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## 346 **Materials and Methods**

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### 348 **Protein preparation**

349 Actin and myosin are purified from rabbit muscle as described previously (Alvarado and Koenderink,  
350 2015). Myosin is labelled with Alexa Fluor 488 NHS ester (Invitrogen). Actin is labelled with Alexa Fluor  
351 649 carboxylic acid, succinimidyl ester. The crosslinker protein  $\alpha$ -actinin-1 in unlabeled form and tagged  
352 with mCherry is purified as described in (Ciobanasi et al., 2014). Myosin is stored in myosin buffer (300  
353 mM KCl, 4 mM MgCl<sub>2</sub>, 20 mM imidazole, 1 mM dithiothreitol (DTT)) with 50% glycerol. Prior to the  
354 experiment, myosin is dialyzed overnight against the myosin buffer to remove the glycerol. At this salt  
355 concentration myosin does not self-assemble into filaments. Actin is stored in G-Buffer (2 mM Tris-HCl,  
356 0.2 mM ATP, 0.2 mM CaCl<sub>2</sub>, 0.2 mM DTT) in its monomeric (G-actin) form.

### 357 **Chamber preparation**

358 Glass coverslips are cleaned with base piranha for 10 min(Alvarado and Koenderink, 2015) and  
359 thoroughly rinsed with milliQ water. A homemade silicone sheet with 9mm<sup>2</sup> holes is placed on top of the  
360 glass coverslip to build open chambers. In some experiments (Table 1, supplementary information),  
361 classical flow cells are used similar to the ones described in (Alvarado and Koenderink, 2015). The  
362 surfaces are passivated with lipid bilayers: small unilamellar vesicles (SUVs, see below) are flushed into  
363 the chamber. After an incubation time of at least 5 min, excess vesicles are flushed out with F-buffer (50  
364 mM KCl, 2 mM MgCl<sub>2</sub>, 20 mM imidazole). To prevent drying between flushing steps, the chamber is kept  
365 in a humid atmosphere.

### 366 **SUV preparation**

367 Lipids are stored in chloroform. To remove chloroform, lipid solution (typically 50  $\mu$ l) is pipetted into a  
368 glass tube. Chloroform is slowly evaporated by gentle nitrogen flow while turning the tilted glass tube to  
369 achieve a homogenous layer of lipids at the bottom of the tube. To remove any remaining chloroform,  
370 the tube is kept in vacuum overnight. The lipids are resuspended in buffer (20 mM imidazole, 50 mM KCl)  
371 and sonicated with a tip sonicator for 30 min to make small unilamellar vesicles (SUVs). We use 1.9  
372 mg/ml of the neutral lipid DOPC (1,2-dioleoyl-sn- glycerol-3-phosphocholine, Avanti Polar Lipids). For  
373 open chamber experiments we supplement the membrane with 1 mol% of PEGylated lipids PEG-PE (1,2-  
374 dipalmitoyl-sn-glycerol-3- phosphoethanolamine-N-[methoxy(polyethylene glycol)-2000], Avanti Polar  
375 Lipids) to make the bilayer more resilient against drying.

### 376 **Contraction experiment**

377 In the cases where we use an open chamber, actin is prepolymerized for longer than 1h. Myosin is then  
378 added with the contraction buffer (50 mM KCl, 2 mM MgCl<sub>2</sub>, 20 mM imidazole, 1 mM DTT, 0.1 mM ATP,  
379 2 mM protocatechuic acid (PCA), 0.1  $\mu$ M protocatechuase 3,4-dioxygenase (PCD), 10 mM creatine  
380 phosphate (CP), 0.1 mg/ml creatine kinase (CK), 0.3 % methyl cellulose (MC)). CP and CK are used as an  
381 ATP replenishing system, while PCA and PCD are used as an oxygen scavenger system and MC acts as a

382 crowding agent that pushes actin and myosin filaments towards the coverslip. In flow cell experiments,  
383 monomeric actin is mixed with the contraction buffer, which triggers its polymerization, and the mix is  
384 immediately injected into the channel. Exact actin and myosin concentrations can be found in Table 1 of  
385 the supplementary information.

### 386 **Diluted filament assay**

387 Diluted filament conditions shown in Fig. 2 to 4 are obtained either by polymerizing actin is at low  
388 concentrations or by slowing down polymerization of an initially dense actin solution by diluting after a  
389 few minutes. The exact conditions can be found in Table 1 of the supplementary information. Myosin is  
390 added to the filaments in the contraction buffer. For experiments where myosin activity is triggered by  
391 addition of ATP solution to a final concentration of 0.1 mM (Fig. 2a), the contraction buffer does not  
392 contain ATP.

### 393 **Microscopy and image analysis**

394 Confocal images were taken with a Nikon Eclipse Ti inverted microscope equipped with a Nikon C1  
395 confocal scan head and a 100-mW Argon ion laser (488 nm, 561 nm, Coherent, CA), or with a Nikon  
396 Eclipse Ti inverted microscope equipped with a CrEST spinning disk unit, a solid state light source  
397 (SpectraX, Lumencor, OR) and a Hamamatsu camera. Typical exposure time was 200 ms. Total internal  
398 reflection fluorescence (TIRF) imaging was performed with a Nikon Eclipse Ti-E inverted microscope  
399 equipped with a Roper TIRF module and QuantEM:512SC EMCCD camera. Exposure time was 100 ms.

400 Image analysis was performed with the ImageJ distribution Fiji (Schindelin et al., 2012; Schneider et al.,  
401 2012). The intensity background was subtracted with Fiji. For representation purposes images were  
402 smoothed. The velocity of myosin filament motion on actin filaments (Fig. 1c and 2b) was measured by  
403 manual tracking of single myosin filaments using the “Manual Tracking” plugin of ImageJ. Temporal  
404 overlays (Fig. 6, Suppl. Fig. 4) were made with the ImageJ plugin “Temporal-Color Coder”. Kymographs  
405 were made with Fiji. To detect myosin and actin filament edges (Fig. 3), we took line profiles of the  
406 respective fluorescence signals. The edge position was determined as the maximum in the first derivative  
407 of the profiles.

### 408 **Electron microscopy**

409 Transmission electron microscopy images were taken with a FEI Verios 460. Myosin was assembled in F-  
410 Buffer at 0.2  $\mu$ M. The solution was diluted (typically 1:100), applied on an electron microscopy grid (300  
411 mesh Cu grid, Ted Pella inc., CA), and rinsed with ultrapure water after 1 min of incubation. Finally the  
412 grid was air dried. Myosin length measurements were performed manually with the ImageJ distribution  
413 Fiji (Schindelin et al., 2012; Schneider et al., 2012).

### 414 **Computer Simulations**

415 The simulations of contractile actin-myosin networks were performed with the Open Source software  
416 Cytosim ([github.com/nedelec/cytosim](https://github.com/nedelec/cytosim)), which uses a Brownian dynamics approach as described  
417 previously (Nedelec and Foethke, 2007). Actin filaments are modeled as incompressible bendable

418 filaments of rigidity  $0.075 \text{ pN}\cdot\mu\text{m}^2$  (corresponding to a persistence length of  $18 \mu\text{m}$ ) in a medium of  
419 viscosity  $0.18 \text{ Pa}\cdot\text{s}$ . The  $\alpha$ -actinin crosslinkers are modeled as Hookean springs of zero resting length and  
420 a rigidity of  $50 \text{ pN}/\mu\text{m}$ , with a binding rate  $k_{\text{on}} = 15 \text{ s}^{-1}$ , a binding range of  $0.02 \mu\text{m}$  and a slip-bond  
421 unbinding model:  $k_{\text{off}} = k_{\text{off},0} \exp(-|f|/f_0)$  with a basal unbinding rate of  $k_{\text{off},0} = 0.3 \text{ s}^{-1}$  and unbinding force  
422 of  $f_0 = 2 \text{ pN}$ . Myosin mini-filaments were modeled as an inextensible 1D object of length  $0.8 \mu\text{m}$  with 4  
423 motors on each side spaced by  $0.08 \mu\text{m}$  from the extremities. Motors operate independently from each  
424 other and also behave as a Hookean spring when attached to an actin filament, with zero resting length  
425 and a rigidity of  $100 \text{ pN}/\mu\text{m}$ . Additionally motors move on filaments with a speed of  $2 \mu\text{m}/\text{s}$ , with a linear  
426 force-velocity relationship characterized by a stall force of  $4 \text{ pN}$ . Each motor has a binding rate of  $k_{\text{on}} = 10$   
427  $\text{s}^{-1}$ , a binding range of  $0.01 \mu\text{m}$  and a force-independent unbinding rate of  $k_{\text{off}} = 0.5 \text{ s}^{-1}$ . Unless otherwise  
428 specified, motors end-dwell by stopping upon reaching the end of filaments without changing their  
429 unbinding rates. Motors and  $\alpha$ -actinin binding and unbinding events are modeled as first-order  
430 stochastic processes and we neglected steric interaction between filaments, motors and crosslinkers.

431 The simulations without  $\alpha$ -actinin (Fig. 7a-c) were done with 200 actin filaments randomly distributed  
432 over a square area of  $40 \times 40 \mu\text{m}^2$ , with filament lengths following an exponential distribution with a  
433 mean of  $10 \mu\text{m}$  that was truncated inside  $[0.5; 20] \mu\text{m}$ . For the simulations reproducing the *in vitro*-like  
434 conditions (Fig. 7d,e), 800 actin filaments were randomly distributed over a square area of  $80 \times 80 \mu\text{m}^2$ ,  
435 with filaments lengths distribution as before. In those simulations the resulting mesh-size (measured as  
436 the average distance between consecutive filament crossings) was about  $1.1 \mu\text{m}$ . For the simulations  
437 that reproduce the cortex-like conditions, 3500 filaments were randomly distributed over a square area  
438 of  $8 \times 8 \mu\text{m}^2$ , with exponentially distributed lengths, with a mean of  $1 \mu\text{m}$  truncated in  $[0.1; 4] \mu\text{m}$ . The  
439 resulting mesh-size was about  $0.1 \mu\text{m}$ . In both scenarios the filaments are mixed with varying amounts of  
440  $\alpha$ -actinin crosslinkers and myosin mini-filaments. The concentrations of myosin and  $\alpha$ -actinin are defined  
441 as number of elements per total length of actin (units of  $\mu\text{m}^{-1}$ ) and were varied within the ranges  $[0.1:6.4$   
442  $\mu\text{m}^{-1}]$  and  $[1:64 \mu\text{m}^{-1}]$ , respectively, for both scenarios. To better mimic experimental conditions, actin  
443 filaments are not created as straight filaments, but already relaxed according to their persistence length  
444 ( $18 \mu\text{m}$ ), and the simulations start with all motors and crosslinkers unbound. The reference configuration  
445 files for each scenarios are provided as Supplementary File.

446 In the phase diagrams (Figs. 7d,e and 8a,b), the boundary between the Polarity Sorting (PS) and Filament  
447 Buckling (FB) mechanisms was determined by comparing the contraction rates of the with and without  
448 end-dwelling. The contraction rates were calculated as in (Belmonte et al., 2017). The regions of the  
449 phase diagram where 50% or more of the contraction is lost when end-dwelling is turned off were  
450 considered to be dominated by the Polarity Sorting mechanism. The boundary line is estimated by  
451 creating a matrix with the normalized difference in contraction between the simulations with and  
452 without end-dwelling, which was later smoothed using a 2D boxcar average with window size of 3. We  
453 then used the matplotlib library from python to calculate the isocline at 0.5. The networks that  
454 experience a small initial contraction (10 % or less) that stopped after a few seconds were considered to  
455 be non-contractile and made the Stalled (S) region of the phase diagrams of Fig. 8. Note that the  
456 networks in same region of the phase diagrams in Fig. 7 experience a slow but continuous contraction,  
457 and therefore were not considered stalled.

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465

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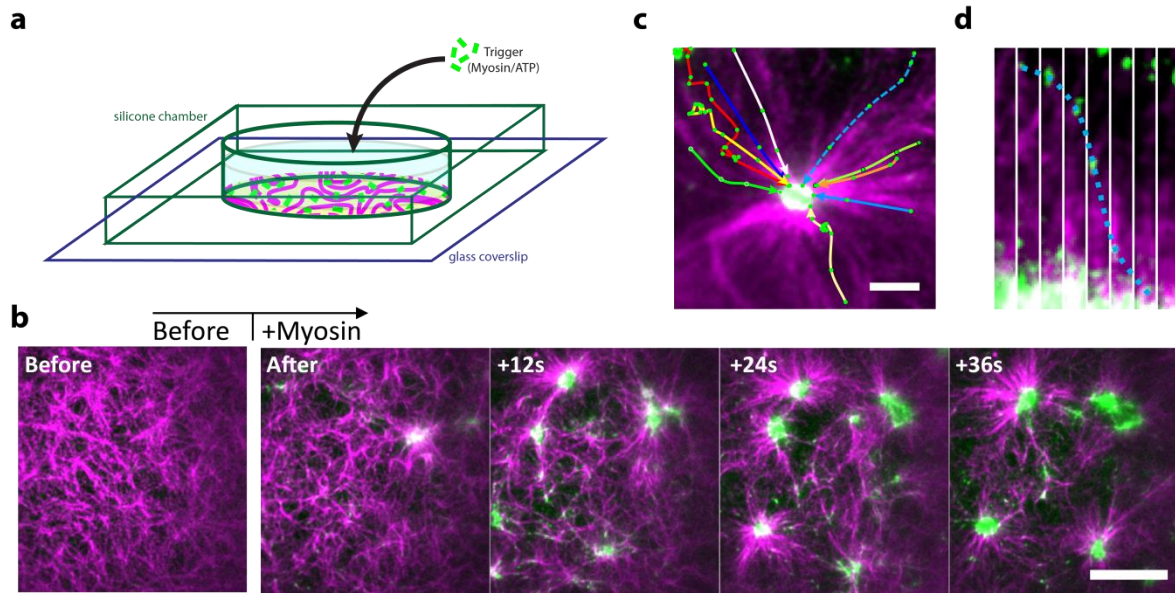
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639 **Figures**

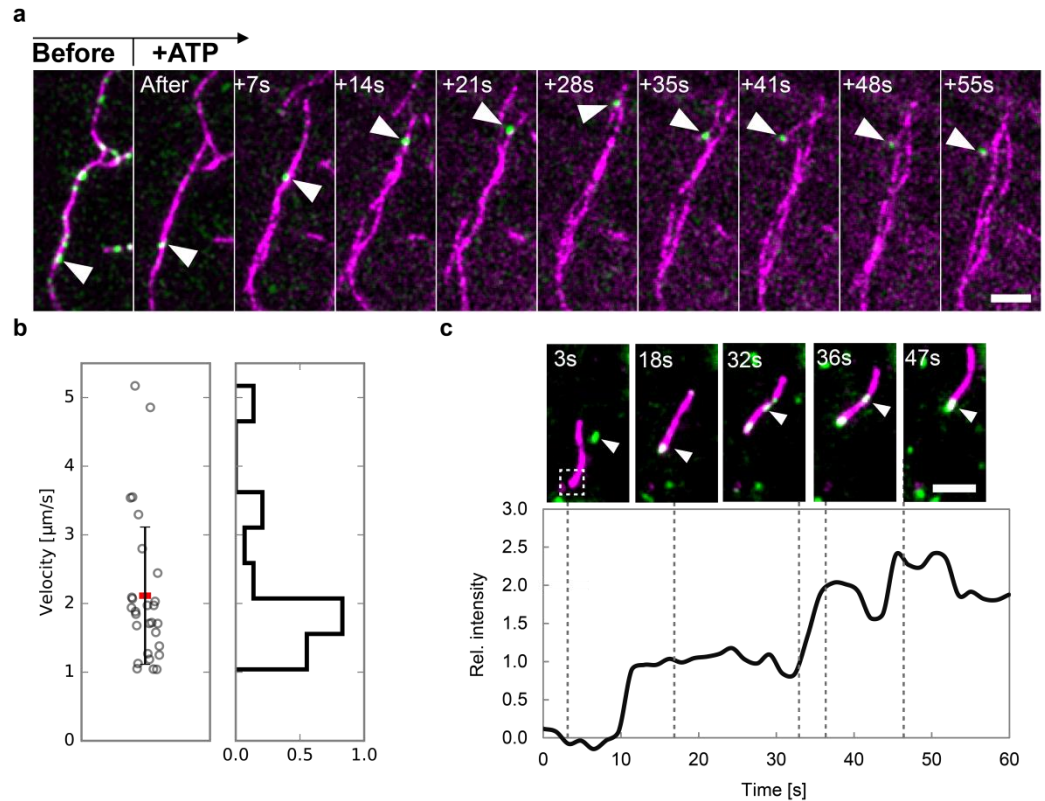
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642 Fig. 1 | Myosin-induced actin network remodeling triggered by myosin addition. (a) An open chamber  
643 allows myosin or ATP to be added while the network located near the glass bottom is observed by time-  
644 lapse TIRF. (b) The initially disordered actin network (magenta) is rapidly remodeled by myosin (green)  
645 into asters. Scale bar is 20  $\mu\text{m}$  and seconds after myosin addition are noted in the upper-left corner of  
646 the images. (c) Still image of an aster superposed with myosin trajectories (green data points connected  
647 by lines) measured over 206 s. Myosins move to the center of the aster indicating that actin filaments  
648 are polarity sorted with their plus ends oriented inwards. Scale bar is 5  $\mu\text{m}$ . (d) Kymograph showing a  
649 myosin filament moving to the center of the aster. The trajectory corresponds to the blue dashed arrow  
650 in panel (c). Time between frames is 2 s.

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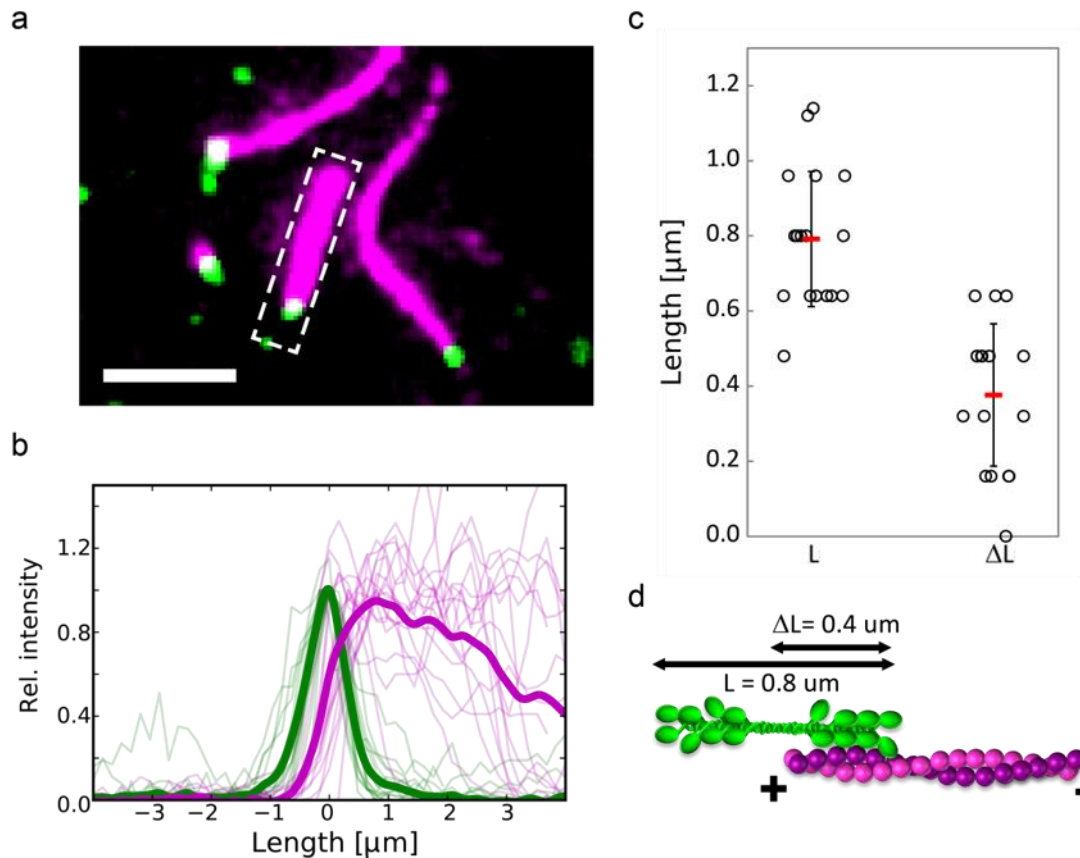
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654 Fig. 2 | Myosin-actin interaction at low filament concentration. (a) Before ATP is added (left panel),  
655 myosin binds to actin and is immobile. Upon addition of ATP, most myosin filaments detach; one  
656 remaining filament runs along an actin filament, switches track as it encounters another actin filament at  
657 28s, and runs on the new filament until it reaches the end and dwells there. Scale bar is 5  $\mu\text{m}$ . (b) Left:  
658 velocities of myosins running along actin. Every data point corresponds to one myosin trajectory ( $n = 28$ ).  
659 The horizontal red bar indicates the mean value (2  $\mu\text{m/s}$ ) and the error bar the standard deviation (1  
660  $\mu\text{m/s}$ ). Right: Distribution of velocities. The velocity was only measured while myosin is moving. (b)  
661 Myosin accumulation at actin filament ends. Top: Three myosin filaments bind to an actin filament and  
662 move to the end. Bottom: Increase of fluorescence (Alexa Fluor 488) at the end of the actin filament  
663 (measured in the region indicated by white box in first panel above). The intensity is normalized to the  
664 intensity of the first myosin filament that reaches the actin end. Scale bar is 5  $\mu\text{m}$ .

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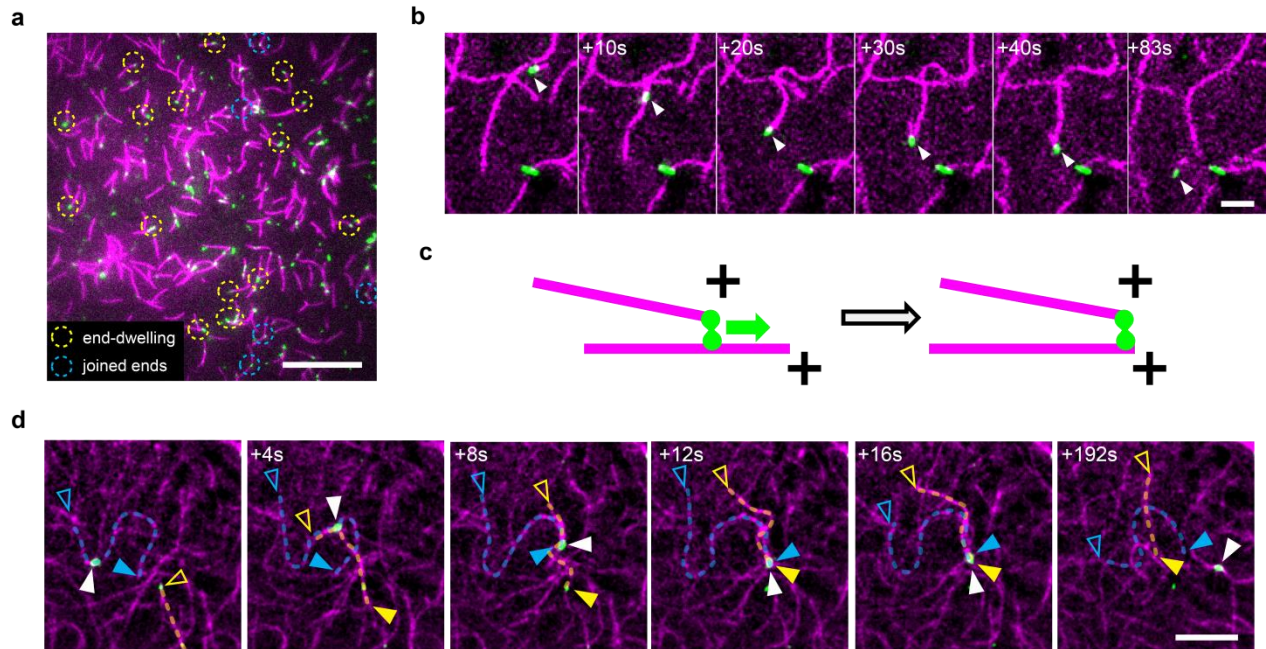
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668 Fig. 3 | Position of myosin at actin filament ends. (a) Examples of myosin (green) dwelling on actin  
669 (magenta) filament ends. Scale bar is 5  $\mu\text{m}$ . (b) Intensity line profiles of actin and myosin for 17 events  
670 (thin lines). Pairs of actin and myosin profiles are aligned with respect to the myosin peak intensity. The  
671 intensities are normalized to the peak intensity for each profile. Thick lines show the average profiles. (c)  
672 From the line profiles, we extract an average myosin filament length of  $0.8 \mu\text{m} \pm 0.2 \mu\text{m}$  (left) and an  
673 average overlap between end-dwelling myosin and actin filaments of  $0.4 \mu\text{m} \pm 0.2 \mu\text{m}$  (right); red bars  
674 indicate the mean values, error bars the standard deviation. (d) Schematic representation of myosin end-  
675 dwelling. As myosin only overlaps by about half of its total length, we suggest that the trailing end is  
676 involved in end-dwelling.

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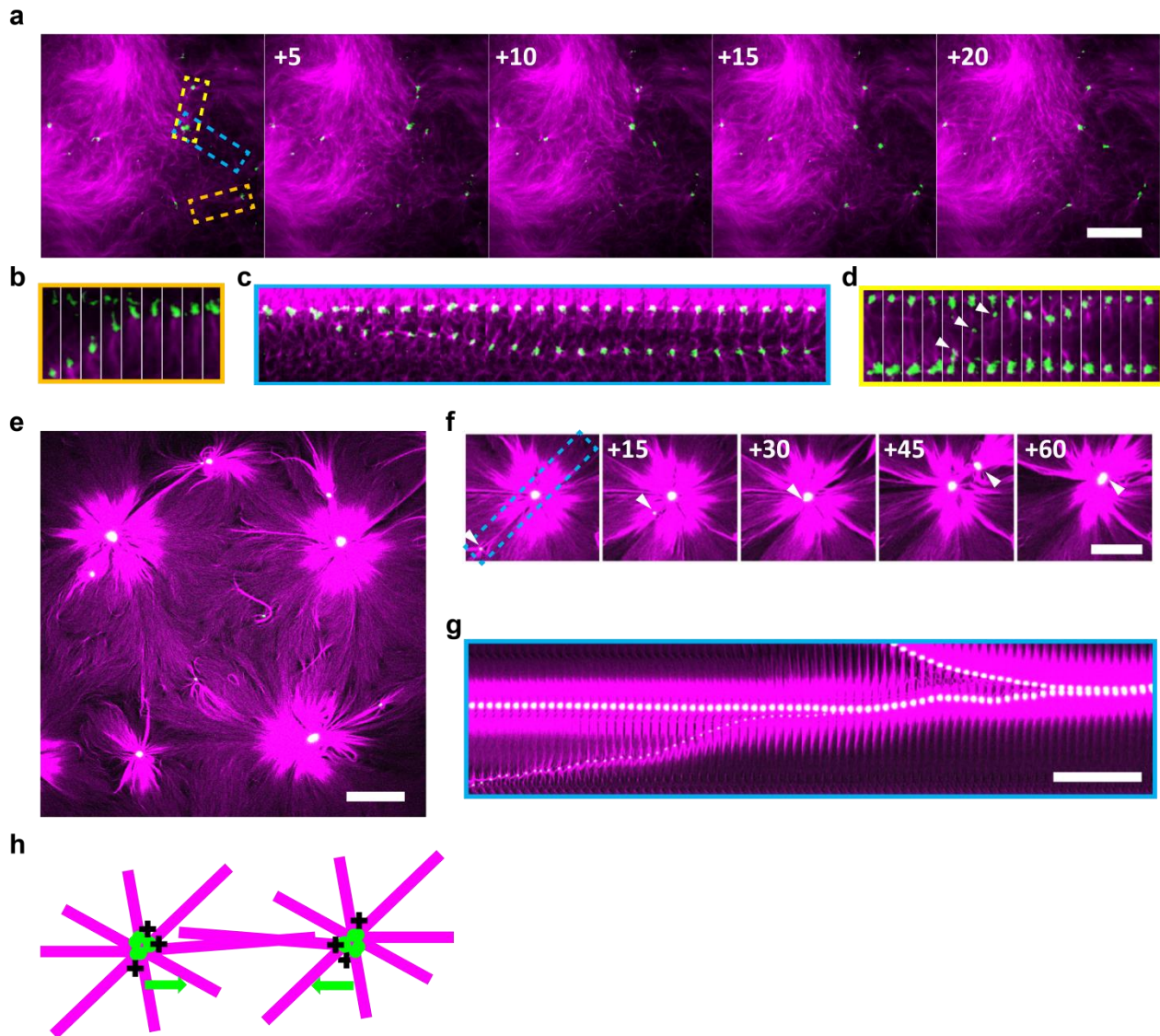


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680 Fig. 4 | Myosin motility and end-dwelling as a mechanism for polarity sorting. (a) Myosin dwelling on  
681 actin ends (yellow circles) or connecting two filaments by their ends (cyan circles) in in conditions  
682 favoring sparse actin networks (see Table S1 for conditions). Scale bar is 20  $\mu\text{m}$ . (b) Incipient asters  
683 forming in networks with intermediate numbers of filaments actin filament. Myosin attached to a short  
684 actin filament at  $t=0$  encounters another actin filament at 10s and runs along it while staying attached to  
685 the first one, keeping the two filament ends together until it detaches from one at 83 s. Scale bar is 5  
686  $\mu\text{m}$ . (c) Schematic representation of the process of myosin-driven polarity sorting. Dwelling on one  
687 filament end, myosin transports the plus end as it runs along another filament and eventually joins the  
688 two plus ends. (d) Aster formation in networks with higher numbers of filaments. Myosin (white arrow  
689 head) runs along a filament (blue arrowheads and dashed line), encounters a second filament (yellow  
690 arrow heads and dashed line), and moves along both filaments, joining their plus ends. This configuration  
691 is stable for several tens of seconds. Scale bar is 10  $\mu\text{m}$ , filled/empty arrow heads indicate plus/minus  
692 ends.

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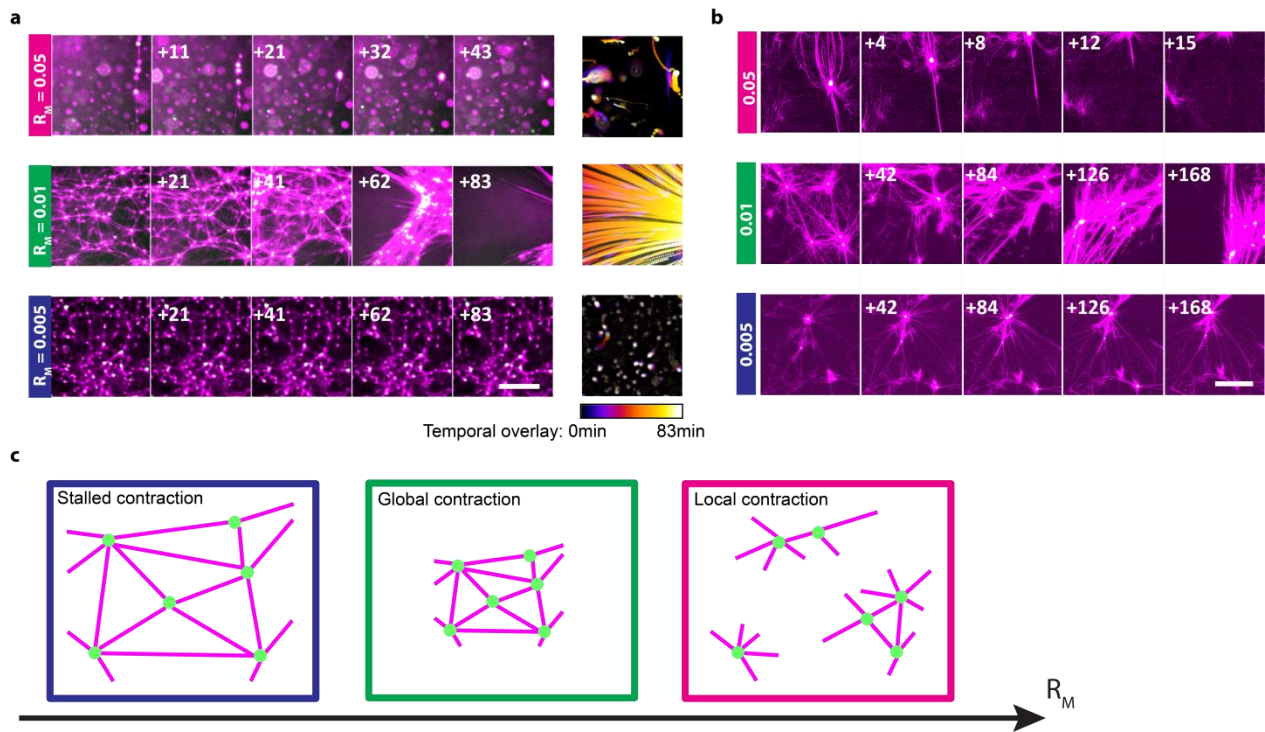
696 Fig. 5 | Effect of  $\alpha$ -actinin-1 on myosin-mediated actin network remodeling. (a) In the absence of  $\alpha$ -  
697 actinin-1, myosin (green) forms small actin asters (magenta). Time in seconds, scale bar is 20  $\mu$ m. (b, c, d)  
698 Kymographs corresponding to the regions indicated by rectangles in panel (a) in corresponding colors.  
699 Time between frames = 1 s. (b) Joining of two asters. (c) Aster splitting in two. (d) Exchange of myosin  
700 between asters (arrow head). (e) In the presence of  $\alpha$ -actinin ( $R_c = 0.01$ ), myosin remodels actin into  
701 large asters. Scale bar is 50  $\mu$ m. (f) Two subsequent events where neighboring asters move towards each  
702 other in a persistent manner and eventually join. Time in min, scale bar is 50  $\mu$ m. (g) Kymograph along  
703 the dashed line in (f). Scale bar is 10 min. (h) Schematic showing how neighboring asters move towards  
704 each other due to their polar nature.

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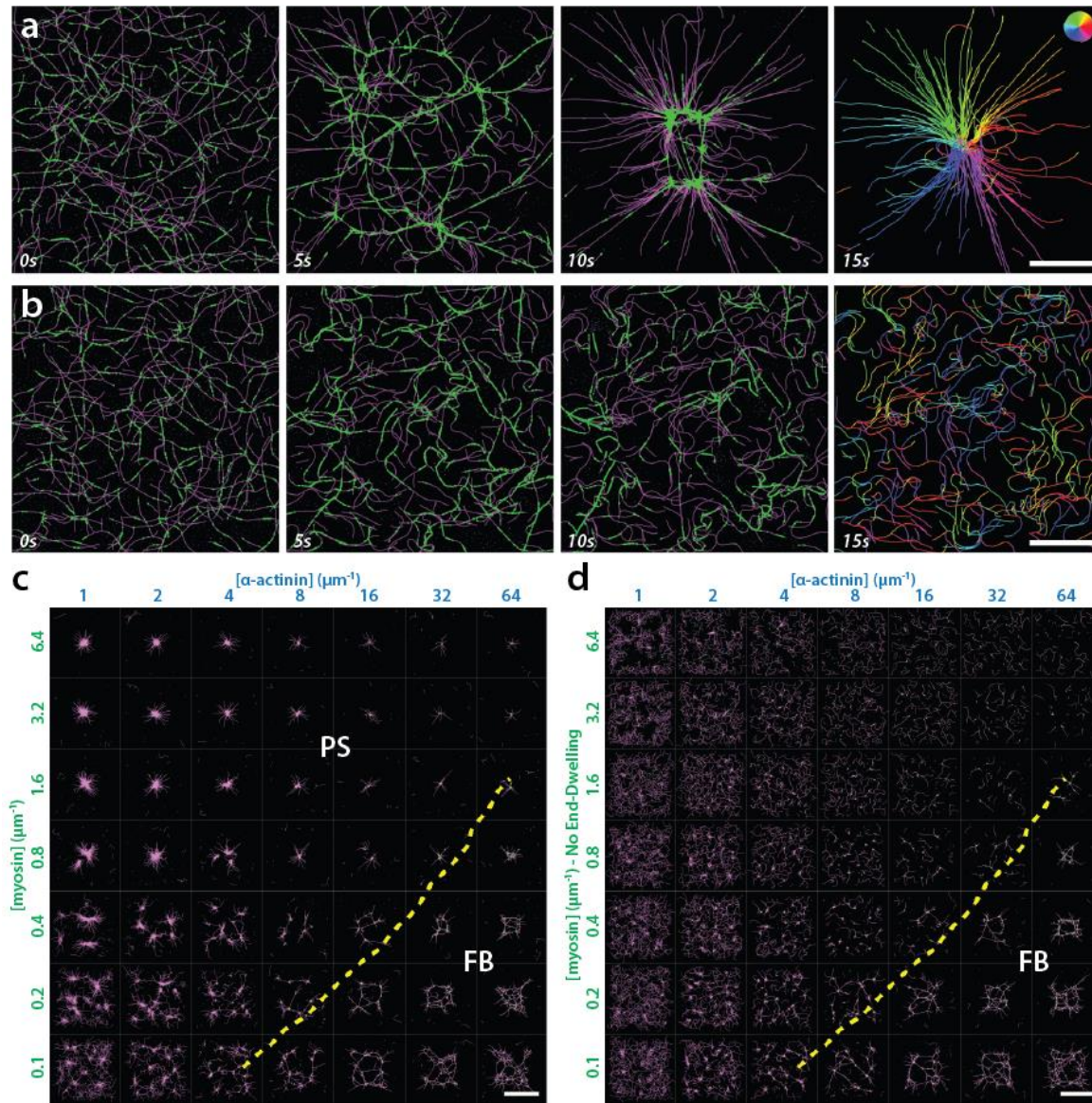
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709 Fig. 6 | Asters formed at different motor:actin concentration ratios,  $R_M$ . (a) At  $R_M = 0.05$ , asters form and  
710 locally contract the network. For  $R_M = 0.01$ , asters form and become part of a percolating network  
711 that exhibits global contraction. For  $R_M = 0.005$ , the network is stalled and does not contract, although  
712 asters are still present. Time in min, scale bar 200  $\mu\text{m}$ . (b) Higher magnification images show that asters  
713 are formed in the three regimes. Time in min, scale bar 50  $\mu\text{m}$ . (c) Schematic representation of the three  
714 contraction regimes as a function of  $R_M$ .

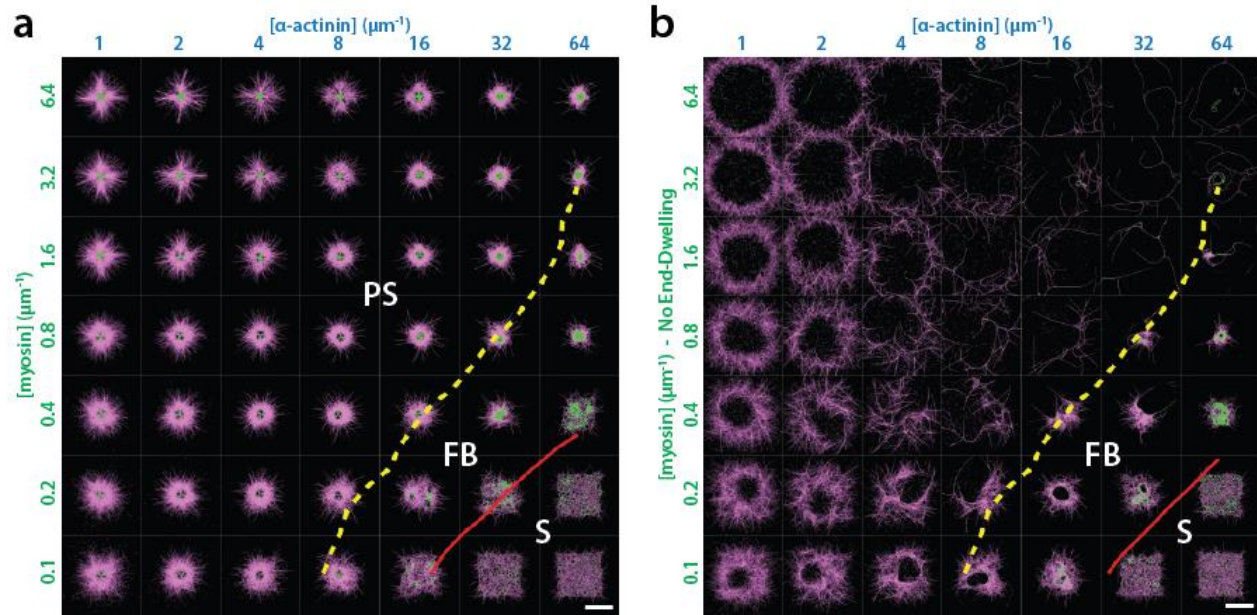
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717 Fig. 7 | Role of end-dwelling in simulated networks with parameters corresponding to *in vitro*  
 718 experimental conditions. (a, b) Time series of simulations with 200 flexible filaments (“actin”, in  
 719 magenta) with average lengths of 10  $\mu\text{m}$ , and myosin minifilaments (“myosin”, in green). Myosin motors  
 720 are plus-end directed and modeled (a) with or (b) without end-dwelling. The last time point shows actin  
 721 filaments segments colored according to their orientation. In (a) asters form with all filament plus ends  
 722 at the center of the aster as a result of the polarity sorting mechanism. Without end-dwelling (b), the  
 723 network does not contract. (a, b) Scale bar 10  $\mu\text{m}$ . (c, d) Phase diagrams of simulated networks after  
 724 200s of simulation with varying concentrations of  $\alpha$ -actinin and myosins (c) with or (d) without end-  
 725 dwelling motors. Concentrations of  $\alpha$ -actinin and myosin are given as molecules per  $\mu\text{m}$  of actin  
 726 filament. Actin filament lengths as in (a, b) with mesh-size of 1.1  $\mu\text{m}$ . In the region above the dashed  
 727 yellow line, contraction is dominated by Polarity Sorting (PS), as shown by the fact that contraction is lost  
 728 without myosin end-dwelling. In the region below, contraction persists also without myosin end-  
 729 dwelling, showing it is mediated by Filament Buckling (FB). (c, d) Scale bar 40  $\mu\text{m}$ .





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732 Fig. 8 | Role of end-dwelling in simulated networks with parameters corresponding to the actin  
733 cortex *in vivo*. (a, b) Phase diagrams of simulated networks after 80s of simulation with average actin  
734 filaments lengths of  $1 \mu\text{m}$ , mesh-size of  $0.1 \mu\text{m}$  and varying concentrations of  $\alpha$ -actinin and myosin  
735 (a) with and (b) without end-dwelling motors. Concentrations of  $\alpha$ -actinin and myosin are given as  
736 molecules per  $\mu\text{m}$  of actin filament. Dashed yellow lines demarcate the regions where contraction is  
737 dominated by Polarity Sorting (PS) or Filament Buckling (FB), as described in Fig. 7. Solid red lines  
738 indicate the boundaries between contractile and Stalled (S) regions in each phase diagram. Scale bar  
739  $4 \mu\text{m}$ .