1	Hookworm-derived small molecule extracts suppress pathology in a mouse model of colitis
2	and inhibit secretion of key inflammatory cytokines in primary human leukocytes
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15	Running Head: Anti-inflammatory hookworm small molecules
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27 **ABSTRACT** Iatrogenic hookworm therapy shows promise for treating disorders that result from 28 a dysregulated immune system, including inflammatory bowel disease (IBD). Here we use a 29 metabolomics approach to characterize the non-protein small molecule complement of 30 hookworms. Gas chromatography-mass spectrometry and liquid chromatography-mass 31 spectrometry analyses of somatic tissue extracts revealed the presence of 52 polar metabolites 32 and 22 non-polar components including short chain fatty acids (SCFA). Several of these small 33 metabolites, notably the SCFA, have been shown to have anti-inflammatory properties in various 34 diseases, including IBD. Using a murine model of colitis and human peripheral blood 35 mononuclear cells, we demonstrate that somatic tissue extracts of the hookworm Ancylostoma 36 caninum contain small molecules with anti-inflammatory activities. Of the five extracts tested, 37 two of them significantly protected mice against T cell-mediated immunopathology and weight 38 loss in a chemically-induced colitis model. Moreover, one of the anti-colitic extracts suppressed 39 *ex vivo* production of inflammatory cytokines from primary human leukocytes. While the origin 40 of the SCFA (parasite or host microbiota-derived) present in the hookworm somatic tissue 41 extracts cannot be ascertained from this study, it is possible that A. caninum may be actively 42 promoting an anti-inflammatory host microbiome by facilitating immune crosstalk through SCFA 43 production.

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45 KEYWORDS Hookworm; *Ancylostoma caninum*; Somatic tissue extracts; Ulcerative colitis;
46 Short chain fatty acids; GC-MS; Metabolome

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53 Inflammatory Bowel Disease (IBD) is associated with chronic inflammation of the 54 digestive tract, and primarily includes ulcerative colitis (UC) and Crohn's disease (CD). The 55 etiology of IBD is not well established but it is usually characterized by inflammation, loss of 56 appetite and weight, chronic diarrhea, bloody stools, fever, rectal bleeding, abdominal pain, 57 fatigue, and anemia (1-3). IBD has been linked to many extra-intestinal manifestations (4) and 58 implicated with mental health problems (5). Current treatments for IBD include, 5-59 aminosalicylates, glucocorticosteroids, immunomodulators and biologics, and proctocolectomy 60 as a last resort when drug treatment fails. Many of these drugs are often associated with side-61 effects and various postoperative complications (6, 7). Frontline biologics such as treatment with 62 anti-TNF monoclonal antibodies are only efficacious in some patients and treatment does not 63 result in long term cure (8). Failure of these frontline treatments is associated with elevated risk 64 of colon cancer, and can result in the need for surgical removal of the colon (partial or full). 65 There is therefore an urgent need for new and effective anti-inflammatory drugs to treat IBD.

66 Guided by millennia of host-parasite co-evolution, we (9-13) and others (14-16) have 67 demonstrated the therapeutic properties of experimental hookworm infection to treat 68 gastrointestinal (GI) inflammatory diseases. Hookworms resident in the human GI tract induce 69 tolerogenic dendritic cells and regulatory T cells which produce suppressor cytokines that keep 70 inflammatory T cells and their effector molecules in check (17, 18). While iatrogenic hookworm 71 therapy shows promise for treating numerous inflammatory diseases in humans, it presents many 72 challenges including apprehension by the patient to readily accept such a radical intervention, 73 safety concerns and regulatory hurdles. In order to circumvent these limitations, we have 74 investigated whether the immunomodulatory properties of hookworms are due to specific 75 metabolites in the parasite's somatic tissue or excretory/secretory products (ESP). Administration

76 of hookworm ESP to mice protected against inflammation and weight loss in two different 77 mouse models of chemically-induced colitis - the T cell-dependent trinitrobenzene sulfonic acid 78 (TNBS) model (19) and the T cell-independent dextran sulfate sodium (DSS) model (20). We 79 previously characterized the protein constituents (>10 kDa) of hookworm ESP (21), and recently 80 identified a single protein, Ac-AIP-2, which in recombinant form displays immunomodulatory 81 properties in a mouse model of asthma that was dependent on regulatory T cells and tolerogenic 82 dendritic cells (DC) (22). A related protein termed Ac-AIP-1 was recently shown to protect 83 against inducible colitis by inducing accumulation of regulatory T cells in the mucosa and 84 production of suppressor cytokines including IL-10 and TGF- β (23). Despite progress on the 85 immunoregulatory properties of hookworm ES proteins, much less is known about the 86 composition and anti-inflammatory properties of non-protein small metabolites or low molecular 87 weight metabolites (LMWM; <10 kDa) in hookworm ESP (24).

88 Other nematodes, namely the parasitic Ascaris lumbricoides and free-living 89 Caenorhabditis elegans, produce many biologically active LMWM including ascarosides and 90 short chain fatty acids (SCFA) that have diverse biological properties (25). We therefore 91 hypothesized that parasitic nematodes such as hookworms produce LMWM, some of which 92 might have immunoregulatory properties and therefore present as potential anti-inflammatory 93 drug candidates. Using the TNBS model of colitis, we demonstrate that select crude hookworm 94 LMWM extracts afford significant protection against inducible acute colitis in mice and suppress 95 ex vivo inflammatory cytokine production from human peripheral blood mononuclear cells 96 (PBMC). Furthermore, we have undertaken both gas chromatography mass spectrometry (GC-97 MS)- and liquid chromatography mass spectrometry (LC-MS)-guided metabolomics analyses of 98 A. caninum total somatic tissue extract and the anti-colitic fractions, and mined these datasets for 99 likely anti-inflammatory candidates.

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102 **RESULTS**

103 To understand the anti-inflammatory role of somatic tissue extracts of adult A. caninum and 104 to identify small molecules present in the bioactive extracts, we collected hookworms from dogs, 105 ground them into powder, extracted the LMWM with solvents, and then identified the LMWM 106 present in these extracts using metabolomics techniques. The solvent extractions and preparation 107 of crude extracts were conducted using natural products extraction protocols by sequentially 108 extracting the ground powder with different solvents including mixed solvents of hexane: 109 dichloromethane: acetronitrile (1:1:1 v/v; HDA), followed by dichloromethane (DCM), methanol 110 (MeOH), acidified aqueous (Acidic) and basified aqueous (Basic) solvents. This extraction 111 yielded five somatic extracts (SE) including SE-HDA, SE-DCM, SE-MeOH, SE-Acidic and SE-112 Basic, which were tested for their anti-inflammatory activities in a mouse model of TNBS-113 induced colitis and mitogen-stimulated human PBMC.

114 Hookworm SE-HDA and SE-MeOH protect mice against clinical symptoms of colitis. 115 Five hookworm somatic tissue extracts were tested for their anti-inflammatory activities using the 116 modified experimental design and TNBS induction in BALB/c mice as previously described by 117 us (26). Extracts (50 µg/mouse) were administered intraperitoneally (i.p.) prior to intra-rectal 118 (i.r.) injection of TNBS and the mice were monitored daily for three days for progression of 119 clinical symptoms of colitis. Of five extracts tested, SE-HDA and SE-MeOH significantly 120 protected mice against TNBS-induced clinical symptoms of colitis including body weight loss, 121 lethargy (mobility), piloerection, diarrhea (fecal consistency) and fecal pellet counts (Fig.1).

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- 123 <<<<Insert Figure 1>>>
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125	Mice treated with hookworm SE-HDA and SE-MeOH extracts showed reduced
126	pathology. Mice were euthanized on the fifth day of the experiment and scored for pathological
127	progression of colonic inflammation, and colon length was measured. In congruence with the
128	clinical scores, colons of mice treated with SE-HDA and SE-MeOH showed significantly less
129	colonic pathology than those of untreated mice, with significantly longer colon lengths (Fig. 2A),
130	significantly reduced colon thickening (Fig. 2B), fewer adhesions (Fig. 2C), less edema (Fig.
131	2D), and less ulceration (Fig. 2E).
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135	Mice treated with hookworm SE-HDA and SE-MeOH showed well-preserved colon
136	architecture. Of five hookworm extracts tested, SE-HDA and SE-MeOH showed well-preserved
137	colon architecture in comparison to the TNBS control group (Fig.3). Naive (healthy control
138	group) mice showed normal colon tissue architecture with healthy crypts and goblet cells, and
139	normal lamina propria and mucosal integrity. Mice that were administered TNBS only (not
140	treated with extracts) developed colitis and exhibited severe thickening of the lamina propria and
141	colon wall musculature, edema, mucosal erosion and destruction of goblet cells. Increased
142	numbers of leukocytes and polymorphonuclear cell infiltrates were clearly evident in the lamina
143	propria and intraepithelial compartments of colons from untreated mice administered TNBS.
144	Treatment with SE-HDA and SE-MeOH prior to administration of TNBS significantly protected
145	against TNBS-induced histopathological damage. Treated mice had well-formed crypts, large
146	numbers of goblet cells, and displayed generally healthy mucosal integrity that was comparable

148 SE-DCM, SE-Acidic and SE-Basic did not protect mice against histopathological damage

to naive mice that did not received TNBS. The other three hookworm LMWM extracts including

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149 induced by TNBS. Scoring of histological sections for overall colon pathology showed that mice

150	treated with SE-HDA extract had significantly reduced histopathology whereas the SE-MeOH-
151	treated group demonstrated a non-significant trend towards reduced histopathology when
152	compared with TNBS control mice.
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155	Mice treated with hookworm SE-HDA and SE-MeOH extracts had non-significant
156	reductions in colonic inflammatory cytokine production. Mouse colons were surgically
157	removed, cleaned of feces, sliced into 1 cm long pieces, cultured overnight and the supernatants
158	were assessed for colonic cytokine secretion levels. The protection of mice against clinical and
159	pathological changes was consistent with colonic cytokine responses, which showed a non-
160	significant trend towards reduced IFN- γ (P = 0.3538) and IL-17A (P = 0.1510) levels in mice
161	treated with SE-HDA and SE-MeOH (Fig.4).
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165	SE-HDA suppressed ex vivo inflammatory cytokine production by human peripheral
166	blood mononuclear cells. SE-HDA, SE-DCM and SE-MeOH were assessed for anti-
167	inflammatory properties on human PBMC stimulated ex vivo with lipopolysaccharide (LPS) to
168	promote cytokine production by myeloid cells or PMA/ionomycin to promote cytokine
169	production by T cells. T cell cytokine production was moderately reduced by SE-HDA at 20
170	μ g/ml including a 14% reduction in IL-2 (P < 0.001), a 34% reduction in IL-6 (P < 0.05), a 59%
171	reduction in monocyte chemoattactant protein-1 (MCP-1) ($P < 0.001$) and a 33% reduction in
172	TNF- α (P < 0.05) (data not shown) compared to stimulated cells that were not co-cultured with
173	hookworm extracts. We observed a very potent effect of SE-HDA on myeloid cells. LPS-induced

174	cytokines were reduced in the presence of SE-HDA (at 20 μ g/ml) including an 88% reduction in
175	IL-1 β (P < 0.0001), a 37% reduction in IL-6 (P < 0.01), a 58% reduction in TNF- α (P < 0.01) and
176	an 84% reduction in MCP-1 (P < 0.0001) (Fig. 5).
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180	A dose-response analysis of the SE-HDA extract at final concentrations of 2, 10, 20 and 50 μ g/ml
181	showed that this extract significantly reduced the production of TNF- α , IL-1 β , IL-6 and MCP-1
182	production by LPS-activated PBMC in a dose dependent manner (Fig. 6). The greatest
183	suppression of cytokine secretion was observed for MCP-1, with SE-HDA concentrations as low
184	as 2 μ g/ml yielding significantly reduced chemokine secretion. At 50 μ g/ml SE-HDA
185	concentration, LPS-stimulated MCP-1 levels were the same as those of unstimulated PBMCs.
186	Analysis of six genetically unrelated individuals showed that SE-HDA suppression of LPS-
187	activated PBMC was consistent with significant reductions in IL-1 β , IL-6, IL-12 and MCP-1. A
188	paired analysis of supression in IL-1 β and MCP-1 is shown in Fig. 6.
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192	SE-HDA and SE-MeOH somatic tissue extracts contain anti-inflammatory small
193	metabolites. To characterize the small metabolites present in the protective somatic tissue
194	extracts of A. caninum, we conducted targeted GC-MS and LC-MS metabolomics analyses of the
195	underivatized SE-MeOH and SE-HDA extracts using methods described previously (27). The
196	compounds were identified by comparing their ion patterns with the ion spectra of the known

197 compounds indexed in the NIST database (28). Through GC-MS analyses, we identified a total of

198 32 metabolites from these two bioactive somatic tissue extracts (Table S1). Each extract 199 contained 20 metabolites, with 12 of them found exclusively in each extract. Both extracts 200 contained eight medium to long chain free saturated and unsaturated fatty acids (C_{11} to C_{26}). 201 Palmitic acid, methyl palmitate, stearic acid and methyl stearate were abundant in both extracts. 202 The most common mono/poly-unsaturated fatty acids present in both crude extracts were oleic 203 acid, linoleic acid, γ -linolenic acid and palmitoleic acid. Six of these fatty acids including stearic 204 acid (C18:0) (29), palmitic acid (C16:0) (30), methyl palmitate (31), y-linolenic acid (32), 205 palmitoleic acid (C16:1n-7) (33) and oleic acid (C18:1) (29, 34) have been reported to exhibit 206 anti-inflammatory properties.

Using LC-MS, we identified eight SCFA, with isovalarate as the major component present in both the SE-MeOH and SE-HDA somatic extracts. Acetate, propionate, butyrate, 2methylbutyrate, isovalerate, caproate and heptanoic acid were present in both protective fractions/extracts (Table S2). Isobutyrate was present only in the SE-MeOH extract. Acetate, propionate and butyrate (obtained from other synthetic sources) were previously reported to have anti-inflammatory activities (35).

213 Global metabolomes of derivatized whole worm somatic tissue extract of hookworms. 214 Metabolomics analyses of two protective extracts (SE-HDA and SE-MeOH) showed only the 215 representative metabolomes of underivatized samples of hookworm extracts. To gain a global 216 insight of small metabolites present in A. caninum, we conducted a targeted GC-MS and LC-MS 217 metabolomics analyses of the methoximated, trimethylsilyl derivatized whole worm extract. 218 Whole worm extracts were divided into polar and non-polar fractions. From the polar fraction, 219 using GC-MS we identified 47 polar small metabolites (Table S3) belonging to seven 220 chemotypes including amino acids, sugars, sugar phosphates, organic acids, glycerides, 221 carbamides and oligosaccharides. Glycine, L-valine, L-proline, pyroglutamic acid, L-isoleucine, 222 L-tryptophan, D-talose, D-glucose, L-lysine and γ -aminobutyric acid (GABA) were present in

abundance. Eleven of these polar metabolites including glycine (36), L-isoleucine (37), L-lysine
(38), γ-aminobutyric acid (GABA) (39), mannitol (40), D-ribose (41), trehalose (42), L-histidine
(43), uridine (44), L-methionine (45) and citric acid (46) have been previously shown to exhibit
anti-inflammatory activities against various diseases, including arthritis, renal inflammation,
subarachnoid hemorrhage, pulmonary fibrosis and other conditions.

From the non-polar fraction, using GC-MS we identified 22 fatty acids (Table S4) comprising 17 saturated fatty acids (including stearic acid, palmitic acid, arachidic acid, margaric acid and myristic acid) and five unsaturated fatty acids (including elaidic acid, oleic acid, erucic acid, petroselinic acid, and nervonic acid). Literature review and content analyses revealed that at least seven of these fatty acids including stearic acid (C18:0) (29), palmitic acid (C16:0) (30), methyl palmitate (31), lauric acid (C12:0) (47), capric acid (C10:0) (47), γ -linolenic acid (32) and caprylic acid (C8:0) (48) were previously reported to have anti-inflammatory activities.

Using LC-MS analysis, we identified five SCFA from whole worm somatic tissue extracts, including isobutyrate, propionate, 2-methylvalerate, acetate and butyrate (Table S2). Of these SCFA, acetate (C2:0), propionate and butyrate (C4:0) have been reported to be effective in preventing inflammation associated with IBD (35).

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240 **DISCUSSION**

Parasitic helminths, such as hookworms, have evolved to establish chronic infections in the human gut while inducing minimal pathology when present in low numbers (17). Hookworms regulate the immune system of the host for their benefit and subsequently promote a state of immune tolerance. This regulated environment not only promotes longevity for the parasites but also reduces the likelihood of the host developing diseases that result from a dysregulated immune system (49). A significant number of experimental and clinical studies support the immunoregulatory proficiency of parasitic helminths against distinct immunopathologies,

including allergies, IBD and other autoimmune diseases (9, 16, 50-53). While iatrogenic infection 248 249 with hookworms and other helminths shows promise for treating numerous inflammatory 250 diseases in humans, the therapy presents many challenges including patient apprehension, safety 251 concerns and regulatory hurdles (17, 54). We and others showed that A. caninum ES proteins 252 (>10 kDa) have potent immunomodulatory properties and can protect mice against pathology in 253 different inducible models of colitis (17, 19, 20, 55, 56) and asthma (22). Non-proteinaceous 254 small metabolites derived from helminths, however, have received far less attention in terms of 255 their molecular characterization and their immunoregulatory properties. Indeed, we recently 256 proposed that helminth LMWM warrant in-depth investigation as an untapped source of new 257 drugs for treating inflammation (24). Here we provide a molecular characterization of hookworm 258 LMWM and assess the efficacy of five different LMWM extracts in preventing both the onset of 259 inducible colitis in mice and inflammatory cytokine production by primary human leukocytes.

260 Considering the relative strengths and limitations of all the available animal models, we 261 chose the TNBS colitis model, which represents an intestinal immune response to environmental 262 triggers, to investigate the anti-inflammatory properties of hookworm somatic LMWM. The 263 TNBS model induces a mixed Th1/Th2/Th17 response (8), facilitating its use in screening for 264 drugs targeting a broad range of inflammatory pathways. The intestinal mucosa of a TNBS-265 treated mouse is characterized by rapid production of inflammatory cytokines such as IFN γ and IL-17A (52). These cytokines are particularly important because disruption of the colonic 266 267 mucosal layer by ethanolated TNBS dysregulates intestinal goblet cell function and elicits 268 inflammation that drives the production of these cytokines. The colon contains epithelial goblet 269 cells, which are instrumental in controlling intestinal immune homeostasis by producing a 270 protective mucus layer. Therefore, any extracts/small molecules from intestinal worms that can 271 promote retention of colonic mucus and inhibit inflammatory cytokine production have 272 therapeutic potential. We showed that mice treated with A. caninum LMWM extracts (SE-MeOH

273 and SE-HDA) promoted retention of healthy gastrointestinal architecture after TNBS 274 administration; this took the form of normal mucosal crypts, large numbers of unaltered goblet 275 cells, and normal lamina propria and colon wall architecture in comparison to untreated groups 276 that received TNBS. The colon culture supernatants and homogenates of these two treatment 277 groups showed trends towards reduced expression (albeit non-significant) of TNBS-induced 278 inflammatory cytokines, including IFN- γ and IL-17A. The protection conferred by SE-MeOH 279 and SE-HDA extracts against TNBS-induced colitis was, however, more evident in their ability 280 to significantly reduce body weight loss, improve clinical IBD related symptoms (including 281 abridged mobility, piloerection and fecal consistency), and arrest pathological progression 282 (including colon length shortening, colon wall thickening, adhesion, edema and ulceration). 283 However, when these two anti-colitic somatic tissue extracts were assessed ex vivo for 284 suppression of LPS-activated human PBMC, only treatment with SE-HDA resulted in significant 285 suppression of pro-inflammatory cytokines including TNF- α , IL-1 β , IL-6 and the chemokine 286 MCP-1. Despite conferring robust protection against TNBS-induced colitis in mice, SE-MeOH 287 did not suppress the production of LPS-stimulated cytokines by human PBMC. This could be due 288 to distinct mechanisms of action of the bioactive components in each of the two models, or might 289 also reflect the presence of different bioactive metabolites in the two distinct fractions. SE-HDA-290 induced suppression of inflammatory cytokines and chemokines was dose dependent, and 291 particularly potent for MCP-1. MCP-1 and other chemotactic cytokines such as IL-8 induce 292 chemotaxis, leukocyte activation and granule exocytosis, all of which increase chronic 293 inflammation and intestinal tissue destruction in IBD (57).

The GC-MS and LC-MS analyses of these two anti-colitic somatic extracts (SE-MeOH and SE-HDA) revealed the presence of 32 small metabolites including eight medium-long chain fatty acids and seven SCFA. Some SM detected here such as ficusin, naphthalene derivative, methyl behenate and hentriacontanes are compounds known only from plants, and they are unlikely to be

298 synthesized by nematodes. Their putative appearance in these two helminths suggest the dietary 299 exposure of the host animals from which the hookworms were obtained. These SM are tentative 300 assignments pending MS-MS/NMR confirmation of proposed structures. From the whole worm 301 somatic tissue extract of A. caninum, we identified 47 polar metabolites (glycine as the major 302 amino acid). 22 fatty acids (stearic acid and methyl palmitate as major components) and four 303 SCFA (isovalerate as the major SCFA). The presence of a large number of polar metabolites was 304 consistent with the known dependence of these parasites on glucose metabolism, glycogen 305 synthesis, oxidative metabolism and phosphorylation (58-62). Palmitic acid and stearic acid were 306 the most common saturated fatty acids present in all the hookworm extracts. Palmitic acid is the 307 primary fatty acid from which other longer fatty acids are synthesized. Linoleic acid is found 308 mostly in plant glycosides and is used by animals in the biosynthesis of prostaglandins (via 309 arachidonic acid) and cell membranes (63). SCFA, including acetic, propionic, methylbutyric, n-310 valeric and methylvaleric acids, were first reported in 1965 (64) from the cuticle, muscle and 311 reproductive systems of A. lumbricoides. Our findings concur with previous findings (62) on the 312 presence of SCFA in the ES products of A. caninum, where volatile SCFA such as acetic, 313 propionic, isobutyric and branched chain C_5 acids were detected (62). More recently, saturated 314 fatty acids were reported from the ova of A. caninum (65), but the authors did not report the 315 presence of SCFA.

The nature and origin of these excreted SCFA of *A. caninum* were demonstrated through carbon (D-glucose-¹⁴C) isotope/radiocarbon labeling, and indicated the presence of a glucose metabolism intermediate between that observed in aerobes and that characteristic of helminth anaerobes (62). The importance of SCFA as intermediates in the energy metabolism of intestinal parasites in a succinate decarboxylase-dependent manner, as well as uncoupled mitochondrial respiration, has been reported (66). A recent review (67) suggested that formation and excretion of acetate as a metabolic end product of energy metabolism occurs in many protist (*Giardia*

323 lamblia, Entamoeba histolytica, Trichomonas vaginalis, Trypanosoma and Leishmania spp.) and 324 helminth (Fasciola hepatica, Haemonchus contortus and Ascaris suum) parasites from acetyl-325 CoA by two different reactions, both involving substrate level phosphorylation that is catalyzed 326 by either a cytosolic acetyl-CoA synthetase or an organellar acetate:succinate CoA-transferase. 327 However, these enzymes involved in SCFA biosynthesis were poorly represented when we 328 mapped them against the known metabolic pathways (KEGG) of 81 worm genomes including the 329 human hookworm, *Necator americanus*, and the model free-living nematode, *C. elegans*. None of 330 the hookworm species represented in genome databases have any annotation associated with 331 SCFA synthesis other than two enzymes involved in propanoate synthesis. It is known that 332 parasitic helminths modulate intestinal inflammation via alteration of the composition of the gut 333 microbiota. This mechanism has been demonstrated both in rodent models (68) and human 334 studies where iatrogenic hookworm infection resulted in increased bacterial species richness and 335 elevated production of SCFA (11, 69). It is apparent that the gut microbiome is a complex 336 ecosystem with microbial syntrophy at the intestinal mucosal interface (70), and that SCFA such 337 as acetate, butyrate and propionate are produced and utilized by bacteria, and benefit host 338 epithelial cells by producing molecules like vitamin B_{12} (71). SCFA are key metabolites and 339 energy sources for commensal bacteria at the gut interface. Therefore, while it is possible that A. 340 caninum synthesizes SCFA de novo, further studies will be needed to define the contribution of 341 the commensal microbiome to SCFA synthesis in hookworms.

Analyses of the available literature on the biological activities of all the small molecules identified from the somatic tissue extracts of *A. caninum* showed that 11 polar metabolites (36-46), nine medium-long chain fatty acids (29-34, 47, 48), and three SCFA (35) have been previously isolated from different sources and have been found to exhibit anti-inflammatory activities. Of 23 anti-inflammatory small metabolites, only three compounds including one polar metabolite (glycine) and three SCFA (acetate, propionate and butyrate) were studied *in vivo* 348 against chemically- and stress-induced ulcers in the gastric mucosa (36). Fatty acids, especially 349 SCFA, have roles in host defense against potential opportunistic or pathogenic microorganisms, 350 and establish an immunoregulatory environment that protects against inflammation in both the 351 gastrointestinal tract and distant sites including the lung and heart (68, 72-74). SCFA are 352 particularly important for colon homeostasis (72). For example, butyrate nourishes the colonic 353 mucosa, and butyrate administration confers beneficial effects against IBD (72, 75). A 354 comparative *in vitro* study of acetate (C2:0), propionate and butyrate (C4:0) revealed that 355 propionate and butyrate were equipotent, where as acetate was less effective against IBD (35). 356 Butyrate and propionate have also been implicated in the maintenance of host immune function 357 by signaling to epithelial cells, maintaining regulatory T cell populations and inhibiting 358 macrophage activation (70, 71). It is possible that A. caninum may be actively skewing the 359 microbiome towards an anti-inflammatory composition by enhancing tolerogenic immune 360 crosstalk through SCFA production. Chronic infection with H. polygyrus altered the intestinal 361 habitat, resulting in increased SCFA production that was transferrable via the microbiota alone, 362 and was sufficient to mediate protection against allergic asthma (68). The resulting anti-363 inflammatory cytokine secretion and regulatory T cell suppressor activity required the G protein-364 coupled receptor (GPR)-41, further highlighting the essential role of SCFA produced by 365 commensal microbe communities shaped by the presence of helminth infections.

In summary, this study demonstrates that the somatic LMWM extracts of *A. caninum* are diverse in nature and possess anti-inflammatory properties that can suppress colitis in mice and inflammatory cytokine production by human leukocytes. Of five extracts tested, SE-MeOH and SE-HDA significantly protected mice against chemically-induced colitis, which implied that methanol and HDA were the best solvents to extract bioactive metabolites from hookworm somatic tissues. Our GC-MS and LC-MS analyses highlighted the presence of multiple small molecules in these fractions. Several of these metabolites, including the SCFA, have been 373 previously shown to have anti-inflammatory properties in various target diseases, including IBD. 374 It is possible that these anti-inflammatory small molecules, either individually or in synergy, are 375 responsible for the anti-inflammatory properties of SE-MeOH and SE-HDA extracts of A. 376 *caninum.* Future work will entail purification and isolation of the bioactive metabolites, synthesis 377 of the candidate components, and detailed pharmacotherapeutic assessment of the anti-colitic 378 properties of the candidate compounds using a chronic immunologic mouse model of colitis. 379 Moreover, while it is difficult to obtain large quantities of hookworm ESP, efforts should be 380 invested in further isolating the ESP metabolomes with a focus on understanding the source and 381 nature of SCFA, given that these compounds have specifically evolved to interact with host 382 tissues and play important roles in regulating inflammation.

383

384 MATERIALS AND METHODS

385 Hookworm collection. A. caninum adult worms were collected with clockmaker tweezers 386 from the small intestine of infected dogs and transferred to pre-warmed culture media (2% 387 Glutamax in phosphate buffered saline (PBS), 5% antibiotic/antimycotic [AA]) in 50 ml falcon 388 tubes. A. caninum adult worms were thoroughly washed with $5 \times$ antimycotic/antibiotic solution 389 to purge bacterial contaminants and were cultured (50 worms per dish) in a single component 390 Glutamax medium (2% Glutamax in PBS supplemented with 2× AA) for 2 h at 37°C in 5% CO₂ 391 to allow regurgitation/defecation of the host blood meal and other material (including bacteria) 392 that may have been acquired from the dog host gut. The worms were then snap-frozen in liquid 393 nitrogen until further use.

394 Preparation of hookworm somatic extracts. The adult worms were frozen with liquid 395 nitrogen and made into powder using a mortar and pestle. The powder was first soaked in a 396 solvent mixture of hexane:dichloromethane:acetonitrile (1:1:1 v/v, 6 ml/g; HDA) for 30 min and 397 was filtered (Whatman 4, Oualitative circles 185 mm, England International Ltd.). The extraction 398 of cell material on filter paper was repeated three times with the same solvent. The filtrates were 399 combined, centrifuged at 1.831 g (Rotina 420 R, Hettich Zentrifugen, Germany) for 20 minutes at 400 4°C and the supernatant slowly transferred to round-bottom flasks. The solvent was removed 401 using a Rotary Evaporator (G5 Heidolf CVC 3000 Vacuubrand) to obtain the somatic tissue 402 HDA fraction (SE-HDA). The solid residue was snap-frozen in liquid nitrogen, powdered and extracted with dichloromethane (3×). The filtration, centrifugation and drying processes were 403 404 repeated as above to obtain the DCM fraction (SE-DCM). The remaining somatic tissue was 405 snap-frozen again, powdered and extracted with methanol to obtain the MeOH fraction (SE-406 MeOH). Remaining solid residue from this step was snap frozen and soaked in 5% HCL (pH 1-407 2). The supernatant was freeze-dried using a Scanvac Cool Safe to obtain acidified aqueous 408 extract (SE-Acidic). The solid tissues were finally soaked in basified (NH₄OH, pH 10-12) water, 409 filtered and centrifuged at 1,831 g, and freeze-dried to obtain alkaline aqueous extract (SE-410 Basic). Stock concentrations of these extracts (1 mg/ml) were prepared by dissolving 1 mg of 411 each extract in 20 µL of DMSO followed by addition of 980 µl of PBS. From each stock 412 concentration, 50 µl was transferred to a vial and added to 150 µl of fresh PBS to make a total 413 injectable volume of 200 µl/mouse. These extracts were assessed for efficacy in the TNBS 414 model of acute colitis.

Animal ethics, source and housing of mice. The James Cook University (JCU) animal ethics committee approved all experimental work involving animals (Ethics approval number A2199). Mice were raised in cages in the JCU animal facility in compliance with the Australian Code of Practice for the Care and Use of Animals for Scientific Purposes, 7th edition, 2007 and the Queensland Animal Care and Protection Act 2001. Age-matched 5-week old male BALB/c mice were sourced from Animal Resources Centre (Perth, Australia), weighed, placed in cages (5 mice per cage), and allowed to settle into the study facility for 4-5 days prior to the start of the

422 experiment. Animals were housed in a temperature (26°C) and humidity-controlled (40-70%)
423 environment, exposed to a 12-hour day/night cycle, and provided with irradiated mouse chow
424 supplied by Specialty Feeds (Glen Forrest, Western Australia) and autoclaved tap water *ad*425 *libitum*.

426 Experimental design and induction of TNBS colitis. We followed the modified 427 experimental design and TNBS induction protocols described by us earlier (26). Mice were 428 divided into three different groups as "Naïve", "TNBS only" and "TNBS + Sample treatment". 429 This experiment was performed in duplicate (total n=10 mice/group). The samples were filtered 430 using 0.22 µM sterile filters prior to intra-peritoneal (i.p) administration to mice. Each mouse in 431 the "Sample treatment" groups (each group labelled as SE-HDA, SE-DCM, SE-MeOH, SE-432 Acidic and SE-Basic) received 50 µl of extract suspension/mouse by i.p. injection (Day 1). The 433 TNBS only group was administered 200 μ l of PBS/DMSO (1%). Twenty-four hours post sample 434 administration (Day 2), the mice were anaesthetized by i.p. injection of anesthetic solution 435 containing 50 mg/kg of ketamine and 5 mg/kg of xylazine. TNBS was administered by intra-436 rectal (i.r.) injection of 100 µl TNBS (2.5 mg/mouse) mixed with 50% ethanol using a soft 437 catheter (Insyte Autoguard Shielded IV catheter 20G x 1" Pink; Becton Dickinson). Mice were 438 kept inverted for 2 minutes to prevent leakage of TNBS and returned to their cages. Mice were 439 monitored daily until euthanized at day 5.

Monitoring colitis progression by clinical scoring. Mice were clinically scored for weight loss, piloerection, mobility, fecal consistency and fecal pellet counts for 3 days following administration of TNBS. Each individual mouse was placed in a clean cage/open plastic jar and observed for 10 minutes to score the clinical symptoms. The changes in clinical signs of disease were scored from 0-2, 0 being normal and 2 being diseased. A score of "0" was given when the mice gained weight, "1" when weight remained the same and "2" upon losing weight. Mice with no piloerection scored "0," mild piloerection over the neck as "1" and severe piloerection all over the body as "2". The mobility of a mouse was scored as "0" for normal, "1" for movement only after stimulation, and "2" for hunched posture with no movement around the cage, even after stimulation. For fecal consistency, normal feces were scored "0", mild diarrhea was scored "1" and severe diarrhea with blood or no feces was scored "2". After 10 minutes of isolation, the fecal pellets were counted (higher number of pellets indicated normal or mice recovering from chemical colitis).

453 Assessing intestinal pathology and macroscopic scoring. On 5 post-TNBS day 454 administration, the mice were euthanized. Their colons (from cecum to rectum) were surgically 455 removed, measured and assessed for changes in macroscopic appearance and pathological 456 parameters including adhesions, bowel wall thickening and edema (scoring matrices of 0-3; 0 =457 normal, 1 = mild, 2 = moderate, and 3 = severe). The colons from each group were lined up on a 458 clean surgical drape paper towel, their lengths measured and then transferred to a petri dish in 459 sterile DPBS. The tissues were opened longitudinally, washed with DPBS, placed under a 460 microscope (Olympus SZ61, 0.67-4.5×), observed for inflamed sections, and scored for 461 ulceration (0-3).

462 Evaluating colon histological structure. The distal colon tissue sections (1 cm) that were harvested from mice were placed in 4% paraformaldehyde (1 ml) to fix tissue overnight at 463 464 4°C and then transferred to 70% ethanol for storage. Tissue was embedded in paraffin and 465 sectioned longitudinally for histology at 4 μ m thickness. Sections were stained with hematoxylin 466 and eosin (H/E), observed for histological changes by light microscopy and histological 467 photomicrographs (×200) were captured. Each histological photomicrograph was blinded and 468 then scored for changes in overall colon morphology and epithelial integrity. The cross-sections 469 of the colon tissues were scored for inflammation, edema, hyperplasia, ulceration and number of 470 goblets cells using a scoring matrix (76). An AxioCam Imager –M1 (MRC ZEISS) was used for

471 scoring the colon histology cross-sections.

472 ELISAs and cytokine measurement of colon tissues. Colon pieces (1 cm) were 473 collected and placed in sterile 24 well tissue culture plates with 500 µl of complete medium 474 (RPMI containing 10% fetal bovine serum, 1% penicillin/streptomycin, 0.1% β -mercaptoethanol, 475 1% HEPES buffer. Tissues were cultured for 24 h at 37°C (supplied with 5% CO₂) after which 476 supernatants were collected and stored at -80°C until further analysis. Colon culture supernatants 477 were thawed and levels of cytokines were quantified using a sandwich enzyme-linked 478 immunosorbent assay (ELISA) (Ready-SET-Go!, eBiosciences) following the manufacturer's 479 instructions. OD₄₉₀ values were measured using a POLARstar Omega plate reader (BMG 480 LABTECH) and were expressed as picogram (pg) of tissue weight per mL.

481 Human PBMC collection and culture conditions. The human blood used for this study 482 was obtained from healthy volunteer donors. Written informed consent was obtained from each 483 donor at the time of blood draw. Ethical approval for this research was obtained from the James 484 Cook University Human Ethics Committee. PBMC were isolated from whole blood by density 485 gradient centrifugation using Ficoll-Paque media. For induction of T cell cytokines, PBMC were 486 activated with a cell stimulation cocktail of 50 ng/ml of phorbol 12- myristate 13-acetate (PMA) 487 and 1 μ g/ml of ionomycin (eBioscience). PMA + ionomycin-stimulated cells were treated with 488 20 µg/ml of hookworm extracts (SE-HDA, SE-DCM, SE-MeOH) or remained untreated. For stimulation of myeloid-associated cytokines, PBMC were activated with 10 ng/ml 489 490 lipopolysaccharide (LPS) (Sigma-Aldrich). LPS-stimulated PBMC were treated with 2-50 µg/ml 491 of hookworm extracts (SE-HDA, SE-DCM, SE-MeOH) or remained untreated. The cell culture 492 plates were incubated overnight at 37°C and 6.5% CO₂. After incubation, the samples were 493 centrifuged at 1,500 g for 5 minutes and the culture supernatants were collected for cytokine 494 analysis.

BDTM Cytometric Bead Array. IL-1β, IL-6, IL-12, TNF-α and MCP-1 from PBMC
culture supernatant were quantified using a cytometric bead array (CBA) (BDTM Biosciences).
The CBA assays were performed according to the manufacturer's instruction and run using a five
laser Special Order LSRFortessaTM with HTS (BD Biosciences). Cytokine concentrations (pg/ml)
were calculated based on the sample MFI compared to the cytokine standard curves. BDTM FCAP
Array software version 3.0 was used for data analysis. Graphs and statistical analysis were
produced using GraphPad Prism version 7.02 (GraphPad Software Inc).

502 Cryomill somatic tissue extraction of adult worms for GC-MS metabolomics 503 analysis. Somatic tissue extract of adult A. caninum (10-20 mg) was snap-frozen in liquid 504 nitrogen to arrest metabolic changes, placed in cryomill tubes, then suspended in 600 µl extraction solution (methanol:water 3:1 (v/v) containing internal standards ¹³C.¹⁵N-valine and 505 506 ¹³C-sorbitol). The sample was extracted using a Precellys 24 Cryolys unit (Bertin Technologies) 507 at 6800 rpm, 3×30 sec pulses, 45 second interval between pulses, temperature $< -5^{\circ}C$ (pre-508 chilled with liquid nitrogen). The homogenate was transferred to a fresh microfuge tube on ice 509 and chilled chloroform (150 µl) was added. The solution (chloroform:methanol:water 1:3:1 (v/v) 510 monophasic mixture) was vortexed vigorously chilled on ice for 10 minutes with regular mixing 511 and then centrifuged for 5 minutes at 0°C. The supernatant was transferred to a fresh 1.5 ml 512 microfuge tube on ice and milli-O water (300 μ L) was added to each tube to obtain a biphasic 513 partition of the solution (chloroform:methanol:water 1:3:3 (v/v)). The sample was vortexed 514 vigorously and then centrifuged at 0°C for a further 5 minutes.

515 For total fatty acid analyses, the bottom chloroform extract (45 μ l) was transferred to 516 fresh tubes and 0.2M *m*-trifluromethylphenyl trimethyl ammonium hydroxide (methprep) (5 μ l) 517 was added. Samples (5 replicates) were mixed using a thermomixer at 750 rpm for 30 minutes at 518 37°C. The samples were injected (2 μ l) into an Agilent 7000 triple quad GC-MS (1:10 split

519 injection, BPX70 60 m x 0.25 mm x 0.25 μ m column) and the raw data were obtained and 520 processed.

521 Derivatization method for targeted metabolite analysis using GC-MS. The upper 522 aqueous phase (methanol:water, $\sim 900 \text{ }\mu$) was transferred to a fresh tube, then aliquoted (50 μ) 523 into a pulled point insert and dried in an evaporator (Christ RVC 2-33 CD, John Morris Scientific 524 Australia) at 35°C. A further 50 µl of the aqueous sample was added every 30-40 minutes until 525 completely dry. Samples were dehydrated by adding 50 µl anhydrous methanol, and then 526 derivatized by addition of 20 µl methoxyamine (30 mg/ml in pyridine, Sigma Aldrich/Merck) at 527 37° C for 30 minutes, and then 20 µl of *N*,*O*-Bis(trimethylsilyl) trifluoroacetamide (BSTFA) + 1% 528 trimethylchlorosilane (TMCS) (ThermoFisher Scientific) was added prior to incubation at 37°C 529 for 30 minutes. The derivatized sample (1 µl) was analyzed using an Agilent 7890 GC-MS (5973 530 MSD) (77). Chromatographic separation was achieved using an Agilent VF-5 ms column (30 m \times 531 $0.25 \text{ mm} \times 0.25 \text{ }\mu\text{m}$). Conditions for the oven were set at 35°C, held for 2 minutes, then ramped 532 at 25°C/minute to 325°C and held for 5 minutes. Helium was used as the carrier gas at a flow rate 533 of 1 ml/minute, with compounds being detected across the m/z range of 50–600 atomic mass unit 534 (amu).

535

GC-MS analyses of SE-HDA and SE-MeOH extracts using underivatized protocols.

536 We performed GC-MS analysis on the two bioactive extracts using methods described by us 537 previously (78). The dried crude fractions were re-suspended in chloroform-methanol solvent 538 (90%:10%) and were directly injected into a Shimadzu GC-2010 Plus system to analyse their 539 chemical constituents. The GC system used helium as a carrier gas (1.22 mL/min, pressure 67.7 540 kPa at 40°C in a constant total flow mode) and the separation was achieved using a DB-5 ms 541 column (130 m length \times 0.25 mm, i.d., 0.25 μ m, Phenomenex). Injector (injection – splitless 542 mode) and detector temperatures were set at 225°C and 300°C, respectively. The starting oven 543 temperature was programmed at 45°C with an increasing temperature of 3°C/minute until it

reached 100°C (hold time = 4 minutes) and final temperature of 240°C (hold time = 50 minutes). Similarly, the same equipment was programed for the MS system (condition and column same as above) with a runtime of 90 minutes (ion source = 200°C, solvent cut time = 1 minute, threshold = 0, starting mass (m/z) = 35 and maximum mass measured (m/z) = 1000, acquisition mode = scan, scan speed = 3333). The GC-MS was acquired in scan mode producing a total ion chromatogram (TIC).

The chemical constituents were identified by comparing and matching the ion fragmentation patterns of the test sample compounds with the National Institute of Standards and Technology (NIST, USA) mass spectra library of GC-MS data. Each compound was then surveyed for erstwhile literature on their anti-inflammatory properties using SciFinder Scholar, PubMed and Google Scholar. Published studies reporting anti-inflammatory activities for each compound are cited in the relevant tables.

Identification of SCFA using LC-MS protocols. The SCFA in the protective SE-HDA and SE-MeOH extracts, and the whole worm extract of hookworms were analysed by LC-MS in accordance with previously described protocols (79). Samples were analyzed in triplicate. Known SCFA, including acetate, propionate, isobutyrate, butyrate, 2-methylbutyrate, isovalerate, valerate, 3-NPH, 2-methylvalerate, 3-methylvalerate, isocaproate, caproate and heptanoic acid were used as standards (5 μ M and 50 μ M concentrations). These SCFA were mapped against the existing 81 worm genome KEGG pathways to understand their biosynthetic nature.

563 Statistical and data analyses. The data from groups of mice from 2 independent 564 experiments (N =10) were combined and the statistical analyses were performed using GraphPad 565 Prism (version 7.0) as described earlier (76). Comparisons were made between the sample 566 treatment + TNBS groups and the TNBS only group; P values of < 0.05 were considered 567 significant. When determining the differences between more than two groups with equal numbers 568 of mice/samples, 2-way ANOVA was used. When two groups were compared a Mann-Whitney

569 (unpaired, non-parametric) t-test was applied. All results reported denote mean \pm standard error 570 of the mean (SEM). The metabolomics data was analyzed in a targeted approach using Agilent's 571 Mass Hunter Quantitative Analysis software (v.7). Target ion peak areas for polar and non-polar 572 metabolites were extracted using the in-house Metabolomics Australia metabolite library and 573 were integrated and output as a data matrix for further analysis (section 3.5). 574 575 **ACKNOWLEDGMENTS** 576 This study was supported by a NHMRC Peter Doherty Early Career Researcher 577 Fellowship (APP1091011) and AITHM Capacity Development Grant to P.W; a NHMRC

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FIG 1. Protective effects of intra-peritoneal administration of somatic tissue metabolite extracts of *A. caninum* against different clinical symptoms of inducible colitis in mice (N = 10). (A) TNBS-induced body weight loss. (B) mobility score. (C) piloerection score. (D) fecal consistency score. (E) fecal pellet counts. Statistical analyses were performed using Graphpad Prism 7 (2way ANOVA and unpaired and nonparametric Mann-Whitney t-test, *P < 0.05, **P < 0.01, ***P < 0.001, ****P < 0.0001).

⁸⁰⁷ Figure legends

815

FIG 2. Macroscopic pathology scores of mice treated with different somatic tissue LMWM extracts of *A. caninum* (N = 10). (A) colon length shortening; (B) colon wall thickening; (C) number of adhesions; (D) extent of edema (E); degree of ulceration. Statistical analyses was performed using Graphpad Prism 7 (unpaired and nonparametric Mann-Whitney t-test, *P<0.05; **P<0.01: ***P<0.001: ***P<0.0001).

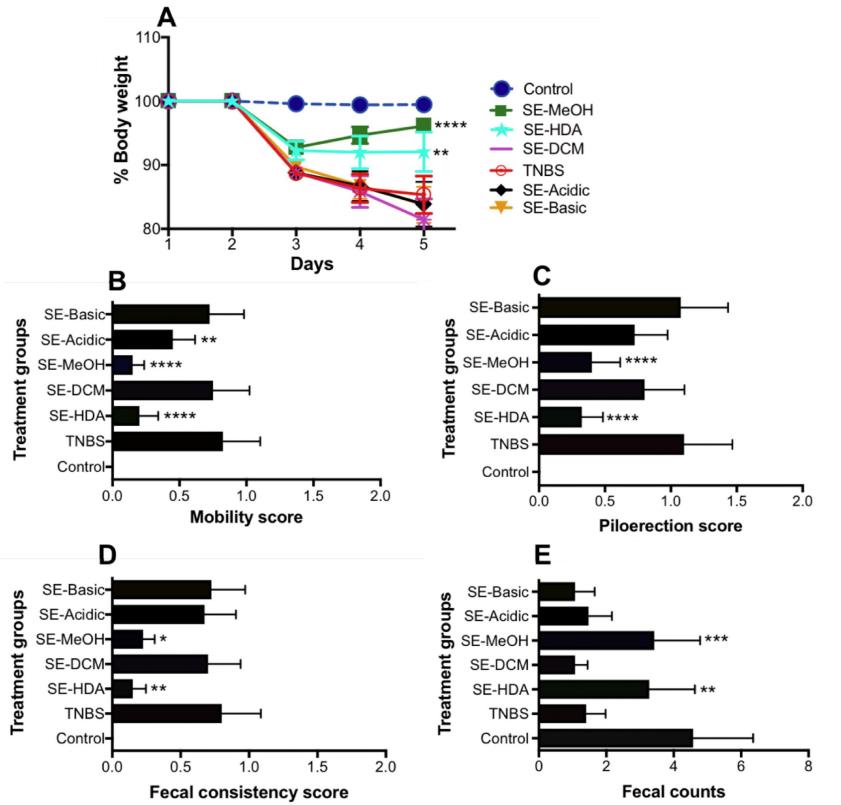
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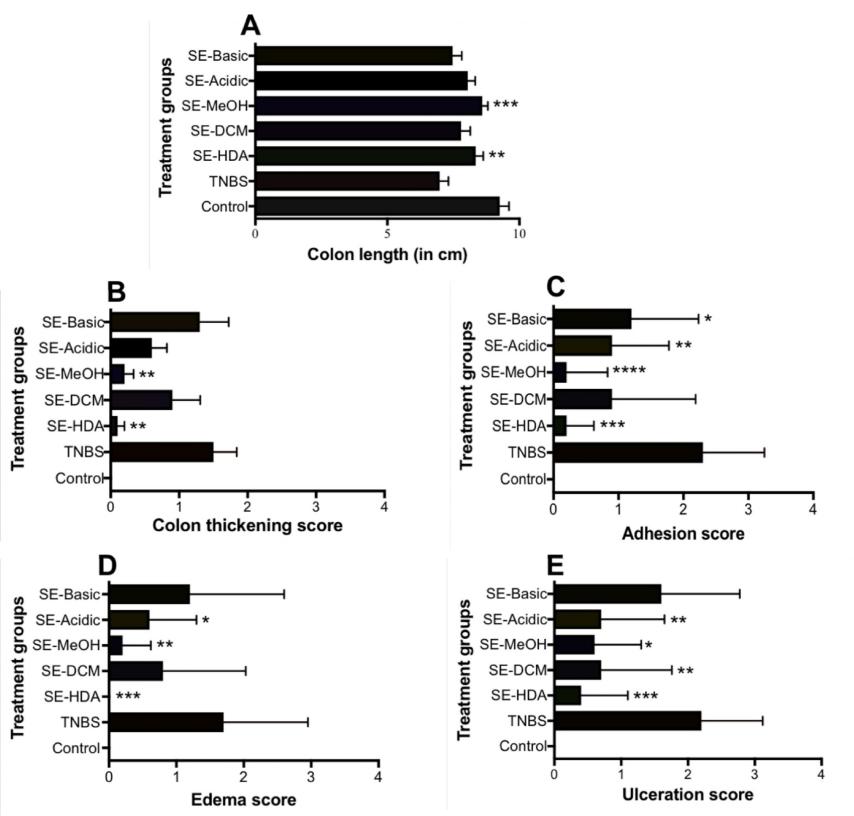
822 FIG 3. Administration of SE-HDA and SE-MeOH protects mice against TNBS-induced colonic 823 inflammation. (A) Representative histological photomicrographs of haematoxylin and eosin-824 stained (H/E) paraffin sections (×200) of distal colon tissues of an untreated mouse with normal 825 goblet cells (green arrow), lamina propria (black arrow) and colon wall (blue arrow); TNBS 826 control mouse colon showed erosion of goblets cells (green arrow), thickening of lamina propria 827 (black arrow), cell infiltration (red arrow) and colon wall thickening (blue arrow); mice treated 828 with SE-HDA/TNBS and SE-MeOH/TNBS showed less pathology than the untreated TNBS only 829 control group. Mice treated with SE-DCM/TNBS, SE-Acidic/TNBS and SE-Basic/TNBS extract 830 were not protected against colitic immunopathology. (B) Scoring of histological outcomes of all 831 treatment groups for pathological changes. Statistical analyses were performed using Graphpad 832 Prism 7 (unpaired and nonparametric Mann-Whitney t-test, *P < 0.05).

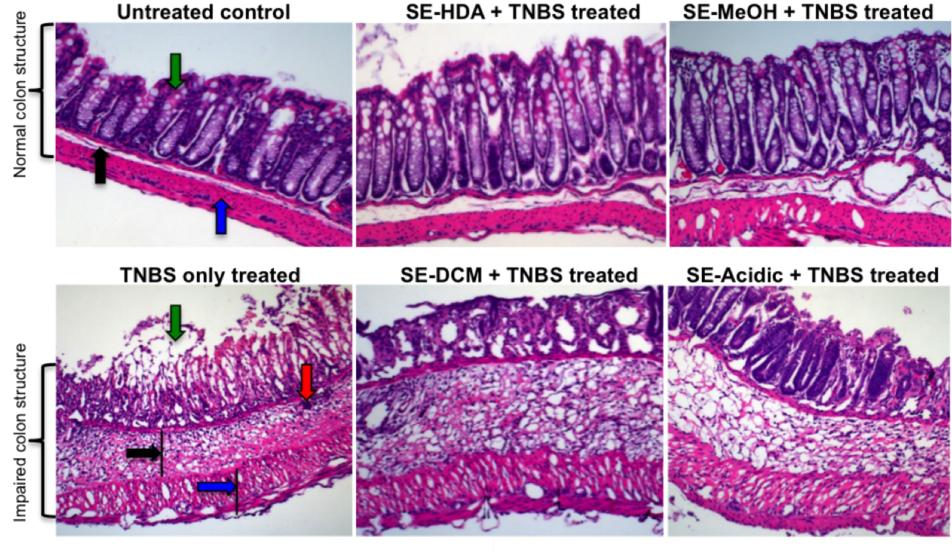
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FIG 4. Cytokine profile of mice treated with somatic tissue extracts of *A. caninum* (n = 10). (A) IFN- γ (P = 0.3538). (B) IL-17A (P = 0.1510). Statistical analyses were performed using Graphpad Prism 7 (unpaired and nonparametric Mann-Whitney t-test, P < 0.05 was considered significant).

839	FIG 5. Co-culture of human PBMC with A. caninum-derived SE-MeOH, SE-DCM and SE-HDA
840	at a final concentration of 20 $\mu\text{g/ml}$ prior to stimulation with LPS resulted in significant
841	suppression of the pro-inflammatory cytokines IL-1 β (A), IL-6 (B), TNF- α (C) and MCP-1 (D).
842	Statistical analyses were performed using Graphpad Prism 7 (unpaired t-test, $**P < 0.001$, $****P$
843	< 0.0001)
844	
845	FIG 6. Dose-response effect of inflammatory cytokine and chemokine secretion by human
846	PBMC in the presence of different concentrations of SE-HDA extract of A. caninum. Stimulation
847	with LPS resulted in significant suppression of the pro-inflammatory cytokines IL-1 β (A), IL-6
848	(B), TNF- α (C), and MCP-1 (D). A multi-donor analysis showed SE-HDA induced significant
849	suppression of IL-1 β (E) and MCP-1 (F) in all 6 donors. Statistical analyses were performed
850	using Graphpad Prism 7 (unpaired t-test, *P<0.05; **P<0.01; ***P<0.001; ****P<0.0001).
851	







SE-Basic + TNBS treated

Α

