

1 Tracking *Borrelia afzelii* from infected *Ixodes ricinus* nymphs to mice suggests a direct
2 'gut-to-mouth' route of Lyme disease transmission

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14 Running head: 'Gut-to-mouth' route of *Borrelia afzelii* transmission

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17 **Abstract**

18 Quantitative tracking of *Borrelia afzelii* has shown that its transmission cycle differs
19 from the salivary route of *B. burgdorferi* transmission by *Ixodes scapularis*. *Borrelia*
20 *afzelii* are abundant in the guts of unfed *Ixodes ricinus* nymphs and their numbers
21 continuously decrease during feeding. In contrast, spirochetes are not present in the
22 salivary glands. *Borrelia afzelii* transmission starts during the early stages of feeding,
23 spirochetes could be detected in murine skin within 1 day of tick attachment. Tick saliva
24 is not essential for *B. afzelii* infectivity, the main requirement for successful host
25 colonization being a change in outer surface protein expression that occurs in the tick
26 gut during feeding. Spirochetes in vertebrate mode are able to survive within the host
27 even if the tick is not present. On the basis of our data we propose that a direct 'gut-
28 to-mouth' route of infection appears to be the main route of *B. afzelii* transmission.

29

30 **Importance**

31 Lyme borreliosis is the most common vector-borne disease in the USA and Europe.
32 The disease is caused by the *Borrelia* spirochetes and is transmitted through *Ixodes*
33 ticks. A better understanding of how *Borrelia* spirochetes are transmitted is crucial for
34 development of efficient vaccines for preventing Lyme borreliosis. Here we present
35 that the transmission of European *B. afzelii* spirochetes by *I. ricinus* ticks significantly
36 differs from the model transmission cycle described for American *B. burgdorferi*/
37 *scapularis*. We suggest that *B. afzelii* is not transmitted via salivary glands but most
38 likely through the 'midgut to mouthpart' route. We further demonstrate that tick saliva
39 is not important for *B. afzelii* transmission and infectivity. Therefore, we support early
40 studies by Willy Burgdorfer, who proposed that *Borrelia* transmission occurs by

41 regurgitation of infected gut contents. Our findings collectively point to the *Borrelia*-tick
42 midgut interface as the correct target in our endeavours to combat Lyme borreliosis.

43

44 **Introduction**

45 Lyme borreliosis is the most common vector-borne disease in Europe and the USA. It
46 is caused by the spirochetes *Borrelia burgdorferi* in the USA or by the *B. burgdorferi*
47 sensu lato (s.l.) complex comprising *B. afzelii*, *B. garinii*, and *B. burgdorferi* in Europe.
48 *Borrelia* spirochetes are maintained in nature through an enzootic cycle involving small
49 vertebrates, primarily rodents and birds, and are vectored by ticks of the genus *Ixodes*
50 (1).

51 Understanding the complex interactions within the tick-*Borrelia*-host triangle is
52 indispensable for the development of efficient vaccines or drugs against Lyme disease.
53 Progress in understanding borreliosis transmission has been achieved during the last
54 three decades, mainly in the USA, by investigation of *B. burgdorferi* strains vectored
55 by *I. scapularis*. Three possible hypotheses for *Borrelia* transmission were proposed
56 in the early studies: (i) the first observations favored a direct infection via mouth parts
57 by regurgitation of the spirochetes present in the midgut contents (2); (ii) a salivary
58 route of transmission that assumed systemic distribution of spirochetes within the tick
59 body (3); (iii) infection via contaminated faeces was also considered (2, 4) but soon
60 abandoned (5). A number of following studies corroborated the salivary route of *B.*
61 *burgdorferi* transmission by *I. scapularis* as the most likely. Therefore, the current,
62 generally accepted model of Lyme disease transmission can be summarized as
63 follows: At the beginning, larval *I. scapularis* acquire *Borrelia* spirochetes from infected
64 vertebrate reservoir hosts. *Borrelia burgdorferi* spirochetes then multiply rapidly in

65 feeding larvae and during the first days post-repletion. The number of spirochetes are
66 then dramatically reduced during subsequent molting (6). Spirochetes persisting in the
67 nymphal midgut upregulate OspA (7), and stay attached to the TROSPA receptor on
68 the surface of the midgut epithelial cells (8). Spirochetes remain in this intimate
69 relationship until the next blood meal. As the infected nymphs start feeding on the
70 second host, *Borrelia* spirochetes sense appropriate physiochemical stimuli that trigger
71 their replication (7, 9). Their numbers increase exponentially (10, 11), and the
72 spirochetes downregulate OspA and upregulate OspC (7, 12). Simultaneously, ticks
73 downregulate the production of TROSPA (8). These changes help spirochetes to
74 detach from the midgut, penetrate into the hemolymph, migrate to the salivary glands
75 (8) and infect the vertebrate host.

76 Understanding of Lyme borreliosis in Europe lags far behind the USA, mainly because
77 the situation is complicated by the existence of several different species in the *B.*
78 *burgdorferi* s.l. complex that act as causative agents of the disease. To date, only a
79 few papers have been published regarding transmission of *B. burgdorferi* s.l. strains
80 by *I. ricinus* ticks, suggesting that the transmission of European *Borrelia* strains might
81 differ from the model cycle described for *B. burgdorferi*/*I. scapularis* (see (5) for review).

82 In this study, we have performed a quantitative tracking of *B. afzelii* from infected mice
83 to *I. ricinus* and back to naïve mice. We further tested the role of tick saliva in infectivity
84 and survival of *B. afzelii* spirochetes. Based on our data, we proposed the concept of
85 a direct 'gut-to-mouth' route of *B. afzelii* transmission from infected *I. ricinus* nymphs
86 to the host.

87

88 **Results**

89 ***Borrelia afzelii* – *Ixodes ricinus* transmission model**

90 In order to understand the Lyme disease problem in Europe, the development of a
91 transmission model is essential for the European vector *I. ricinus* and local *Borrelia*
92 strains of the *B. burgdorferi* s.l. complex. For this purpose, we established a novel,
93 reliable and robust transmission model employing C3H/HeN mice, *I. ricinus* ticks and
94 the *B. afzelii* CB43 strain isolated from local ticks (13). This strain develops systemic
95 infections in mice and causes pathological changes in target tissues. Variably intensive
96 lymphocytic infiltrations were detected in the heart, where the majority of inflammatory
97 cells were concentrated in the subepicardial space with infiltration of myocytes (Fig.
98 1A). Inflammatory infiltration was prominent within the urinary bladder. The most
99 prominent changes were in the submucosa, close to the basal membrane (Fig. 1B). In
100 the skin, weak infiltration of the epidermis and dermis was documented, however most
101 lymphocytes were found in deep soft tissues (Fig. 1C). *Borrelia afzelii* CB43 also turned
102 out to be highly infectious for *I. ricinus* ticks as positive infection was detected in 90-
103 100% of molted nymphs that fed on infected mice as larvae.

104 ***B. afzelii* population grows rapidly in engorged *I. ricinus* larvae and during** 105 **molting to nymphs**

106 Studies on the dynamic relationship between the Lyme disease spirochete and its tick
107 vector were previously performed on an *I. scapularis*/*B. burgdorferi* model (6, 10).
108 Nevertheless, little is known about the growth kinetics of European *B. afzelii* in *I. ricinus*
109 ticks. The number of spirochetes was determined in engorged *I. ricinus* larvae fed on
110 *B. afzelii*-infected mice and then at weekly intervals until larvae molted to nymphs.
111 Measurements were completed at the 20th week post-molt. The mean number of
112 spirochetes in fully fed *I. ricinus* larvae examined immediately after repletion was

113 relatively low, 618 ± 158 (SEM) spirochetes per tick. Then the spirochetes multiplied
114 rapidly in engorged larvae and their numbers continued to increase during molting to
115 nymphs. The maximum number of spirochetes, $21\,005 \pm 4\,805$ (SEM) per tick, was
116 detected in nymphs in the 2nd week after molting. Spirochetal proliferation then halted
117 and the average spirochete number became relatively stable from the 4th to 20th
118 weeks post-molt, slightly oscillating around the average number of about 10 000
119 spirochetes per tick (Fig. 2).

120 ***B. afzelii* numbers in *I. ricinus* nymphs dramatically drop during feeding**

121 We further examined the absolute numbers of *B. afzelii* spirochetes in infected *I. ricinus*
122 nymphs during feeding. Nymphs were fed on mice, forcibly removed at time intervals
123 24, 48 and 72 hours after attachment and the spirochetes were then quantified by
124 qPCR. Prior to feeding, the mean number of spirochetes per nymph was $10\,907 \pm 2$
125 590 (SEM). After 24 hours of the tick feeding, the number of spirochetes decreased to
126 $7\,492 \pm 3\,294$ (SEM). In the following 2nd and 3rd day of blood intake, the numbers
127 continued to drop to $2\,447 \pm 801$ (SEM) and 720 ± 138 (SEM) spirochetes per tick,
128 respectively (Fig. 3). As this result was in striking contrast to the reported progressive
129 proliferation of *B. burgdorferi* during *I. scapularis* nymphal feeding (10, 11), we
130 confirmed the gradual decrease in *B. afzelii* spirochetes in the midguts of feeding *I.*
131 *ricinus* nymphs using confocal immuno-fluorescence microscopy. By contrast, a
132 parallel examination of the salivary glands from the same nymphs demonstrated that
133 no spirochetes were present in this tissue at any stage of feeding (Fig. 4).

134 **Ability of *B. afzelii* spirochetes to develop a chronic infection in mice increases** 135 **with feeding time**

136 It is generally known that the risk of acquiring Lyme disease increases with the length
137 of tick feeding (5). In subsequent experiments, we focused on the infectivity of *B. afzelii*
138 transmitted via *I. ricinus* nymphs. To determine the minimum length of tick attachment
139 time required to establish a permanent infection in mice, *B. afzelii* infected nymphs
140 were allowed to feed on mice for 24, 48, and 72 hours (10 nymphs per mouse). The
141 ability of *B. afzelii* spirochetes to promote a chronic infection increased with the length
142 of tick attachment. All mice exposed to the bite of *B. afzelii* infected ticks for 24 hours
143 remained uninfected, whereas 8/10 mice exposed for 48 hours and 10/10 mice
144 exposed for 72 hours became infected. These results show that the time interval
145 between 24 and 48 hours of exposure to the *B. afzelii* infected tick is critical for the
146 development of a systemic murine infection.

147 ***B. afzelii* spirochetes are already present in the murine dermis on the first day of**
148 **tick feeding**

149 The delay in development of a *B. afzelii* infection in mice may support the notion that
150 the spirochetes are still “on the road” towards the tick salivary glands during the first
151 day after attachment. To test this hypothesis, we determined the number of *B. afzelii*
152 in murine skin biopsies from the tick feeding site at time intervals of 24, 48 and 72
153 hours after feeding. Surprisingly, skin biopsies from 9/10, 10/10, and 10/10 mice were
154 PCR positive at time intervals of 24, 48 and 72 hours, respectively. Analysis by qPCR
155 further revealed that there were no significant differences in the number of spirochetes
156 in skin samples at defined time intervals (Fig. 5A). This intriguing result was also
157 confirmed by confocal microscopy, revealing clearly the presence of spirochetes in
158 murine skin biopsies during the first day of tick feeding (Fig. 5B). Together with the
159 rapid decrease in spirochetal number in nymphal midguts during feeding (Figs. 3 and

160 4), these results imply that the massive migration of spirochetes to the host
161 commences soon after the blood meal uptake.

162 **Tick saliva does not protect the early *B. afzelii* spirochetes against host**
163 **immunity**

164 The apparent contradiction between the early entry of *B. afzelii* spirochetes into the
165 vertebrate host and their delayed capability to develop a permanent infection supports
166 the concept of the tick saliva role in the successful dissemination and survival of
167 spirochetes within the host body. In order to verify that tick saliva is essential for *B.*
168 *afzelii* survival in the mice, we designed and performed the following experiment. In
169 experimental group 1, uninfected *I. ricinus* nymphs (white labelled) were allowed to
170 feed simultaneously with *B. afzelii*-infected nymphs (red labelled) at the same feeding
171 site. After 24 hours of cofeeding, *B. afzelii*-infected nymphs were removed, while
172 uninfected ticks fed on mice until repletion and served as a source of saliva. In control
173 group 1, *B. afzelii*-infected nymphs fed for 24 hours without any support of uninfected
174 ticks. In control group 2, *B. afzelii*-infected nymphs were allowed to feed until repletion.
175 Four weeks later, *B. afzelii* infections in ear, heart and urinary bladder biopsies were
176 examined by PCR. No infection was detected in any of examined tissues in
177 experimental and control group 1, where the infected ticks fed for only 24 hours. By
178 contrast, all tissues were PCR positive in control group 2, where the infected nymphs
179 fed until repletion (Fig. 6A). These results revealed that the presence of uninfected
180 ticks and their saliva is not sufficient to protect early spirochetes against elimination by
181 the host immune system.

182 A possible explanation of this unanticipated result might be that unlike the uninfected
183 tick, the salivary glands of *Borrelia*-infected ticks express a different spectrum of
184 molecules that assist their transmission and survival within the vertebrate host (14–

185 16). Therefore, we also examined the protective effect of saliva from *Borrelia*-infected
186 nymphs. The experimental setup was the same as above with one exception: In
187 experimental group 2, nymphs infected with a different strain of *B. burgdorferi* were
188 allowed to feed until repletion next to *B. afzelii*-infected nymphs that were removed
189 after 24 hours. In control group 3, *B. afzelii*-infected and *B. burgdorferi*-infected nymphs
190 were allowed to feed until repletion. Four weeks after repletion, mice were specifically
191 examined for the presence of one or both *Borrelia* strains using *rrs-rrlA* IGS PCR
192 amplification. All mice in experimental group 2 were positive for *B. burgdorferi*, while
193 *B. afzelii* was not detected in any of analyzed murine tissues. All mice in control group
194 3 tested positive for both *B. afzelii* and *B. burgdorferi* (Fig. 6B). This result implies that
195 the saliva from *B. burgdorferi* infected ticks was also not capable of ensuring survival
196 of *B. afzelii* transmitted to mice at the early feeding stage.

197 **Infectivity by *B. afzelii* is gained in the midgut and changes during nymphal** 198 **feeding**

199 Another possible explanation for the delayed capability of *B. afzelii* to infect mice was
200 that infectivity of the spirochetes changed during the course of nymphal feeding. To
201 test the infectivity of *B. afzelii* during different phases of nymphal feeding, *B. afzelii*
202 containing guts were dissected from unfed, 24 hour, 48 hour and 72 hour-fed *I. ricinus*
203 nymphs and subsequently injected into C3H/HeN mice (5 guts/mouse). *B. afzelii*
204 spirochetes from unfed nymphs were not infectious for mice. Spirochetes from nymphs
205 fed for 24 hours infected 3 out of 5 inoculated mice and all mice became infected after
206 the injection of spirochetes from 48 hour-fed nymphs. Interestingly, mice inoculated
207 with spirochetes from nymphs fed for 72 hours established *B. afzelii* infection only in 1
208 out of 5 mice. This result suggests that the capability of *B. afzelii* spirochetes to infect
209 mice is gained in the tick gut and peaks about the 2nd day of feeding.

210 **Infectivity of *B. afzelii* is linked to differential gene expression during tick**
211 **feeding and transmission**

212 Previous research demonstrated that transmission of *B. burgdorferi* from *I. scapularis*
213 to the host is associated with changes in expression of genes encoding outer surface
214 proteins OspA, OspC or the fibronectin-binding protein BBK32 (7, 17–19). In order to
215 examine whether the infectivity of *B. afzelii* may depend on expression of orthologous
216 genes, we performed qPCR analysis to determine the status of *ospA*, *ospC* and *bbk32*
217 expression by *B. afzelii* spirochetes in unfed and feeding *I. ricinus* nymphs as well as
218 in murine tissues 4 weeks post infection. The gene encoding OspA was abundantly
219 expressed in unfed ticks, down-regulated during tick feeding and was hardly detectable
220 in mice. The *B. afzelii ospC* gene was lowly expressed in unfed *I. ricinus* nymphs. Its
221 expression steadily increased during feeding, with the highest levels of *ospC* mRNA at
222 the 3rd day of feeding. Significant *ospC* expression was also detected in mice with a
223 permanent *B. afzelii* infection. Similarly, a gradual up-regulation of *bbk32* was evident
224 with the progress of tick feeding and gene transcription was fully induced during
225 mammalian infection (Fig. 7).

226

227 **Discussion**

228 Understanding the dynamics of *Borrelia* spirochete transmission is crucial for
229 development of strategies for preventing Lyme disease. Recently, we managed to
230 implement a reliable transmission model for European Lyme disease that involves the
231 vector *I. ricinus* and the most common causative agent of borreliosis in Europe - *B.*
232 *afzelii* spirochetes. This allowed us to quantitatively track the growth kinetics and

233 infectivity of *B. afzelii* during the *I. ricinus* life cycle and compare it to data known for
234 the *I. scapularis/B. burgdorferi*.

235 In nature, infection is acquired by larval or nymphal ticks feeding on an infected host.
236 Absolute quantification of *B. afzelii* spirochetes during larval development and molting
237 to nymphs revealed that *I. ricinus* larva imbibes relatively low spirochete numbers
238 (~600 per tick). The number of *B. afzelii* then gradually increases during larval molting
239 and reaches its maximum of about 20 000 spirochetes per tick two weeks after molting
240 to nymphs. The level then stabilizes at about 10 000 spirochetes in starving nymphs
241 (Fig. 2). This course of spirochetal burden is roughly in line with the data reported for
242 *I. scapularis/B. burgdorferi* (6). However, compared to our observations, these authors
243 described a dramatic decrease in *B. burgdorferi* numbers during *I. scapularis* molting.
244 They speculate that it was due to depleted amounts of N-acetylglucosamine – an
245 important building block of integumentary chitin but also a key component for
246 spirochetal development. The limited availability of other nutrients might also be the
247 reason for halted proliferation of spirochetes in molted nymphs. With its adoption of a
248 parasitic lifestyle, the bacterium is an auxotroph for all amino acids, nucleotides and
249 fatty acids. It also lacks genes encoding enzymes for the tricarboxylic acid cycle and
250 oxidative phosphorylation (20, 21). Therefore, *Borrelia* spirochetes in the tick midgut
251 are completely dependent on nutrients derived from ingested blood.

252 A striking difference between *I. ricinus/B. afzelii* and *I. scapularis/B. burgdorferi* was
253 observed in spirochete numbers in the nymphal midgut during feeding. We found that
254 *B. afzelii* numbers dramatically decrease from about ~10 000 spirochetes present in
255 flat *I. ricinus* nymphs to only ~700 spirochetes in nymphs fed for three days (Fig. 3).
256 This result is in sharp contrast with the data previously published for *I. scapularis/B.*
257 *burgdorferi*. Using antibody-based detection, De Silva and Fikrig demonstrated that the

258 total number of *B. burgdorferi* increased from several hundred in starved nymphs, to
259 almost 170 000 spirochetes on the 3rd day of nymphal feeding (10). Later, these data
260 were confirmed in a qPCR study showing that *B. burgdorferi* spirochetes in tick midguts
261 increased six fold, from about 1 000 before attachment to about 6 000 at 48 hours after
262 attachment (11).

263 It is commonly known that the risk of Lyme disease increases with the length of time a
264 tick is attached. It was stated that *I. scapularis* ticks infected with *B. burgdorferi*
265 removed during the first 2 days of attachment do not transmit the infection (11, 17).
266 Our data show that *B. afzelii* spirochetes require less time to establish a permanent
267 infection. Most mice became infected by 48 hours of attachment. This is in agreement
268 with the previously published results showing that *B. afzelii* infected *I. ricinus* nymphs
269 transmit the infection earlier than *B. burgdorferi* infected ticks (22).

270 Nevertheless, quantification by qPCR as well as microscopic examination of *B. afzelii*
271 in the mouse dermis revealed that a substantial number of *B. afzelii* spirochetes enter
272 the host earlier than they are able to develop a systemic infection (Fig. 5). This is in
273 agreement with their significant decrease in the tick midgut during feeding (Figs. 3 and
274 4) and suggests that massive numbers of *B. afzelii* spirochetes leave the nymphs as
275 early as the first day of feeding. The presence of spirochetes in mouse dermis prior to
276 becoming infectious was also reported for *I. scapularis*/*B. burgdorferi*. Ohnishi et al.
277 observed non-infectious spirochetes in skin samples from mice that were exposed to
278 *B. burgdorferi* infected *I. scapularis* nymphs for less than 53 hours (17). Moreover,
279 Hodzic et al. also reported the presence of *B. burgdorferi* spirochetes in four out of
280 eight mice 24 hours after *I. scapularis* attachment (23). These data suggest that
281 *Borrelia* spirochetes invade the host at very early time-points of tick feeding but early
282 spirochetes are not able to develop a systemic infection. There could be two

283 explanations for this observation. Firstly, bioactive molecules present in tick saliva are
284 crucial for successful dissemination and survival of spirochetes within the host body.
285 Therefore, the early spirochetes cannot colonize the host without sufficient protection
286 and support of the tick saliva (24, 25). Secondly, early spirochetes that are transmitted
287 to the vertebrate host are not infectious. A substantial body of work has been
288 performed to elucidate the various tick bioactive molecules, mainly comprising a
289 complex cocktail of salivary proteins that dampens the host's defenses against blood
290 loss and the development of inflammatory and complement reactions at the feeding
291 site (26). Several tick molecules have been suggested to be crucial for *Borrelia*
292 acquisition in ticks and transmission to the next host during subsequent feeding
293 (reviewed in (27)). To test the role of tick saliva in survival of early spirochetes, we
294 performed a co-feeding experiment in which the early *B. afzelii* spirochetes were under
295 the protection of uninfected ticks or ticks infected with *B. burgdorferi* (Fig. 6). This
296 experiment clearly showed that the presence of tick saliva is not sufficient for protection
297 and survival of early spirochetes as all mice remained uninfected with *B. afzelii*
298 spirochetes. Therefore, we tested how infectivity of *B. afzelii* changes during tick
299 feeding. A number of studies provide solid evidence that *Borrelia* spirochetes change
300 expression of their surface antigens during feeding and transmission to the host,
301 making it possible for spirochetes to specifically adapt to the tick or the host
302 environment, as required (7, 28, 29). Changes in gene expression of our model
303 spirochete seem to be the main event that promotes increasing infectivity during tick
304 feeding. *Borrelia afzelii* spirochetes in unfed ticks showed high levels of expression of
305 *ospA* and negligible expression of *ospC* and *bbk32*. In this tick mode, spirochetes were
306 not infectious for mice. As feeding progressed, *ospA* was downregulated and *ospC*
307 and *bbk32* were upregulated, which correlated with increasing infectivity of *B. afzelii*.

308 The highest level of infection was observed in mice inoculated with spirochetes from
309 48 hour-fed nymphs. By this time, all mice had developed the infection. Interestingly,
310 spirochetes from 72 hour-fed nymphs infected only one out of five mice. This decrease
311 is likely associated with a concomitant, substantially reduced number of *B. afzelii* in the
312 midguts of nymphs fed for 3 days (Figs. 3 and 4).

313 The route of *Borrelia* spirochete transmission has been the subject of controversy for
314 a long time. In 1984, Burgdorfer suggested that spirochetal development in most ticks
315 (*I. scapularis* and *I. ricinus*) occurs in the midgut. Additional tissues, including salivary
316 glands, were considered to be free of spirochetes in most of the ticks. It was suggested
317 that transmission occurs by regurgitation of infected gut contents or via saliva by ticks
318 with a generalized infection (4). Benach et al. presented similar findings in their
319 extensive histological study. They stated that *B. burgdorferi* are able to enter the
320 hemocoel during the midfeeding period and develop a systemic infection in the
321 hemolymph and central ganglion. However, *B. burgdorferi* were never seen within the
322 lumen of the salivary gland or attached to cells of the salivary acini (2). Salivary route
323 of Lyme disease transmission came into consideration since 1987, when Ribeiro and
324 colleagues reported the presence of spirochetes in saliva of pilocarpine treated ticks
325 (3) and then broadly accepted after microscopic detection of spirochetes within the
326 salivary glands and ducts of fully fed *I. scapularis* nymphs (30). Nevertheless, the
327 spirochete numbers present in salivary glands of *I. scapularis* nymphs are minuscule
328 and hardly detectable (31, 32).

329 We have never observed *B. afzelii* present in salivary glands at any stage of tick
330 feeding. The absence of spirochetes in salivary glands is surprising since large
331 numbers of spirochetes were supposed to pass from the midgut to the feeding lesion
332 during the three day course of nymphal feeding. Collectively, these results rather testify

333 against the salivary transmission of *B. afzelii* by *I. ricinus*. Instead, we assume that
334 regurgitation, or rather active reverse migration of motile spirochetes from midgut to
335 the mouthpart (for which we coin the term ‘gut-to-mouth’ route) is the most probable
336 way of transmission of *B. afzelii* from *I. ricinus* nymph to the host. This alternative way
337 of *B. afzelii* transmission avoiding *I. ricinus* hemocoel and salivary glands is indirectly
338 supported also by our recent research showing that silencing of tick immune molecules
339 or elimination of phagocytosis in tick hemocoel by injection of latex beads had no
340 obvious impact on *B. afzelii* transmission (33–35).

341 From our results we conclude that *B. afzelii* has a unique transmission cycle that, in
342 many aspects, differs from the generally accepted salivary route of *B. burgdorferi*
343 transmission by *I. scapularis*. *Borrelia afzelii* in flat *I. ricinus* nymphs represents a
344 relatively abundant population of spirochetes. Once the tick finds a host, *B. afzelii*
345 immediately start their transmission, most likely directly from the midgut to the feeding
346 cavity. *B. afzelii* also seems to be less dependent on its tick vector. The main
347 requirement for successful host colonization is the change in outer surface protein
348 expression that occurs in the tick gut during the course of feeding. Spirochetes
349 ‘switched’ to the proper, vertebrate mode are then able to survive within the host even
350 if the tick is not present. The 24-48 hour time window between tick attachment and
351 transmission of infectious spirochetes is the critical period in the whole process. These
352 findings collectively point to the *Borrelia*-tick midgut interface as the correct target in
353 our endeavours to combat Lyme disease transmission.

354

355 **Materials and Methods**

356 **Laboratory animals**

357 *Ixodes ricinus* larvae and nymphs were obtained from the breeding facility of the
358 Institute of Parasitology, Biology Centre, Czech Academy of Sciences. Ticks were
359 maintained in wet chambers with a humidity of about 95%, temperature 24°C and
360 day/night period set to 15/9 hours. To prepare both infected and uninfected *I. ricinus*
361 nymphs, the larvae were fed on either infected or uninfected mice, allowed to molt to
362 nymphs, and after 4–6 weeks were used for further experiments. Inbred, pathogen free
363 C3H/HeN mice (The Jackson Laboratory, Bar Harbor, ME, USA), were used for the
364 pathogen transmission experiments.

365 **Ethics Statement**

366 All experimental animals were treated in accordance with the Animal Protection Law
367 of the Czech Republic No. 246/1992 Sb., ethics approval No. 161/2011. The animal
368 experimental protocol was approved by the Czech Academy of Sciences Animal Care
369 & Use Committee (Protocol Permit Number: 102/2016).

370 **Infection of mice and ticks**

371 Low passage strains of *B. afzelii* CB43 (13), and *B. burgdorferi* SLV-2(36) were grown
372 in BSK-H medium (Sigma-Aldrich, St. Louis, MO, USA) at 33°C for 5–7 days. Six
373 weeks old female C3H/HeN mice were infected by subcutaneous injections of 10^5
374 spirochetes per mouse. The presence of spirochetes in ear biopsies was verified 3
375 weeks post injection by PCR. Clean *I. ricinus* larvae were fed on infected mice until
376 repletion and allowed to molt. Nymphs were considered to be infected if >90% of them
377 were PCR positive.

378 **Nucleic acid isolation and cDNA preparation**

379 DNA was isolated from individual larvae, nymphs, as well as murine tissues using a
380 NucleoSpin Tissue Kit (Macherey-Nagel, Düren, Germany) according to the
381 manufacturer's protocol.

382 Total RNA was extracted from nymphs and murine tissues using a NucleoSpin RNA
383 Kit (Macherey-Nagel) according to the manufacturer's protocol. Isolated RNA (1 µg)
384 served as a template for reverse-transcription into cDNA using Transcriptor High
385 Fidelity cDNA Synthesis Kit (Roche, Basel, Switzerland). All cDNA preparations were
386 prepared in biological triplicates.

387 **PCR**

388 Detection of spirochetes in ticks, as well as in murine tissues was performed by nested
389 PCR amplification of a 222 bp fragment of a 23S rRNA gene (37). PCR reaction
390 contained 12.5 µl of FastStart PCR Master (Roche), 10 pmol of each primer, template
391 (4 µl of DNA for the first round, 1 µl aliquot of the first PCR product in the second
392 round), and PCR water up to 25 µl. Primers and annealing temperatures are listed in
393 Table 1.

394 Differentiation of *B. afzelii* and *B. burgdorferi* strains was performed by nested PCR
395 amplifying a part of *rrs-rrlA* IGS region (38). Reaction conditions were the same as
396 above, primers and annealing temperatures are listed in Table 1.

397 **Quantitative real-time PCR**

398 Total spirochete load was determined in murine and tick DNA samples by quantitative
399 real-time PCR (qPCR) using a LightCycler 480 (Roche). qPCR reaction contained 12.5
400 µl of FastStart Universal Probe Master (Rox) (Roche), 10 pmol of primers FlaF1A and
401 FlaR1, 5 pmol of TaqMan probe Fla Probe1 (39) (Table 1), 5 µl of DNA, and PCR water

402 up to 25 μ l. The amplification program consisted of denaturation at 95°C for 10
403 minutes, followed by 50 cycles of denaturation at 95°C for 15 sec and annealing +
404 elongation at 60°C for 1 min.

405 Quantification of murine β -actin was performed using MmAct-F and MmAct-R primers
406 and a MmAct-P TaqMan probe (40) (Table 1). Reaction and amplification conditions
407 were the same as above. The spirochete burden in murine tissues was expressed as
408 the number of spirochetes per 10⁵ of murine β -actin copies. The spirochete burden in
409 ticks was calculated as the total number of spirochetes in the whole tick body.

410 cDNAs from *B. afzelii* infected *I. ricinus* nymphs as well as murine tissues served as
411 templates for the quantitative expression analyses by relative qPCR. Reaction
412 contained 12.5 μ l of FastStart Universal SYBR Green Master, Rox (Roche), 10 pmol
413 of each primer (Table 1), 5 μ l of cDNA, and PCR water up to 25 μ l. The amplification
414 program consisted of denaturation at 95°C for 10 minutes, followed by 50 cycles of
415 denaturation at 95 °C for 10 sec, annealing at 60 °C for 10 sec and elongation at 72
416 °C for 10 sec. Relative expressions of *ospA*, *ospC* and *bbk32* were normalized to *flaB*
417 using the $\Delta\Delta$ Ct method (41).

418 **Preparation of murine and tick tissues for confocal microscopy**

419 *Borrelia afzelii*-infected *I. ricinus* nymphs were fed on mice for 24 hours. Then, skin
420 biopsies from the tick feeding site were dissected. Guts and salivary glands of unfed,
421 24 hour-fed, 48 hour-fed and fully fed nymphs infected with *B. afzelii* were dissected in
422 phosphate buffer. Dissected tissues were immersed in 4% paraformaldehyde for 4
423 hours at room temperature. Tissues were then washed 3x20 min in PBS,
424 permeabilized with 1% Triton X-100 (Tx) in PBS containing 1% BSA (Sigma) at 4°C,
425 overnight. Next day, *Borrelia* spirochetes in tissues were stained with primary rabbit
426 anti *B. burgdorferi* antibody (Thermo Fisher Scientific) 1:200 in PBS-Tx (0.1% Tx in

427 PBS), for 4 hours at room temperature. Tissues were then washed 3x20 min in PBS-
428 Tx and stained with Alexa Fluor 488 goat anti-rabbit, secondary antibody (Life
429 Technologies, Camarillo, CA, USA), 1:500 in PBS-Tx, for 2 hours at room temperature.
430 Tissues were counterstained with DAPI for 10 minutes and washed 2x10 min in PBS.
431 Then, slides were mounted in DABCO and examined using an Olympus FluoView
432 FV1000 confocal microscope (Olympus, Tokyo, Japan).

433 **Preparation of murine tissues for histology**

434 *Borellia afzelii* infected or clean *I. ricinus* nymphs were fed on mice until repletion (5
435 mice/group, 10 nymphs/mouse). Four weeks later, murine tissues (skin, heart, urinary
436 bladder) from *B. afzelii* infected and uninfected mice were fixed in 10% buffered
437 formalin, embedded in paraffin using routine procedures. 3 µm thin sections were cut
438 and stained with hematoxylin and eosin. Slides were examined using an Olympus
439 BX40 light microscope (Olympus).

440 **Statistical analysis**

441 Data were analyzed by GraphPad Prism 6 for Windows, version 6.04 and an unpaired
442 Student's t-test was used for evaluation of statistical significance. An P value of
443 $P < 0.05$ was considered to be statistically significant. Error bars in the graphs show the
444 standard errors of the means.

445

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455 Langhansová who generously provided *B. afzelii* CB43 strain. We acknowledge
456 Martina Hajdušková (www.biographix.cz) for the design of Fig. 6.

457

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584

585 **FIG 1 Pathological changes in target tissues of mice with *B. afzelii* infection. (A)**

586 Low power section shows lymphocytic infiltration in the subepicardial space. **(B)**

587 Urinary bladder mucosa shows lymphoid infiltration, including dense lymphoid

588 aggregates within the submucosa. **(C)** Lymphocytic infiltrates are not prominent in the

589 skin, and the majority of lymphoid infiltration is located deep in the connective tissue.

590

591 **FIG 2 *B. afzelii* growth kinetics during larval-to-nymphal development in *I.***

592 ***ricinus*.** Spirochetes multiply in engorged larvae, as well as during molting to nymphs.

593 Then, spirochetal proliferation stops and spirochete numbers stay relatively stable from

594 the 4th to 20th week post-molt. Each datapoint represents a mean of 20 individually

595 analyzed ticks, and bars indicate standard errors of means.

596

597 **FIG 3 *B. afzelii* kinetics during nymphal feeding.** During feeding, spirochete

598 numbers continuously decrease from 10^4 spirochetes/tick at the beginning, to several

599 hundred spirochetes/tick at the end of nymphal feeding. Each datapoint represents the

600 mean of 20 individually analyzed ticks, and bars indicate standard errors of means.

601

602 **FIG 4 Presence of *B. afzelii* spirochetes in guts and salivary glands of feeding *I.***

603 ***ricinus* nymph.** Spirochetes are clearly visible in midguts of *B. afzelii* infected nymphs.

604 Their numbers significantly decrease during feeding. In contrast, spirochetes are

605 hardly detectable in salivary glands of feeding *I. ricinus* nymph. *B. afzelii* spirochetes

606 are stained with anti-borrelia antibody (green); nuclei are stained with DAPI (blue).

607

608 **FIG 5 Timing of *B. afzelii* transmission from *I. ricinus* nymph to mouse.** Skin
609 biopsies from mice exposed to infected ticks for various time periods were tested for
610 infection by qPCR (**A**) or confocal microscopy (**B**). *B. afzelii* spirochetes are present in
611 the skin at the early stages of tick feeding. (**A**) Each datapoint represents the number
612 of *B. afzelii* spirochetes/ 10^5 murine genomes in individually analyzed skin biopsies. (**B**)
613 Presence of *B. afzelii* spirochetes in murine skin at the 24 hour time point. *B. afzelii*
614 spirochetes are stained with anti-*Borrelia* antibody (green); nuclei are stained with
615 DAPI (blue).

616

617 **FIG 6 The role of tick saliva in *B. afzelii* survival.** Presence of neither uninfected
618 ticks (**A**) nor *B. burgdorferi* infected ticks (**B**) and their saliva is not sufficient for
619 protection of early *B. afzelii* against their elimination by the host immune system. ,(**C**)
620 Differentially labeled *I. ricinus* nymphs. White: Uninfected nymph. Red: *B. afzelii*
621 infected nymph. Blue: *B. burgdorferi* infected nymph.

622

623 **FIG 7 Comparative analysis of *ospA*, *ospC* and *bbk32* gene expression in *B.***
624 ***afzelii* spirochetes during tick feeding and mouse infection.** Each datapoint
625 represents the mean of 3 individually analyzed samples, and bars indicate standard
626 errors of means.

627

628 **Table 1. Primers and probes used in this study.**

Organism	Gene	Primer name	Sequence 5'→3'	Annealing	Product size (bp)	Reference
<i>Borrelia</i> <i>spp.</i>	23S <i>rRNA</i>	Bor-1	AGAAGTGCTGGAGTCGA	53 °C	260	(15)
		Bor-2	TAGTGCTCTACCTCTATTAA			
		Bor-3	GCGAAAGCGAGTCTTAAAAGG	58 °C	222	
		Bor-4	ACTAAAATAAGGCTGAACTTAAAT			
<i>Borrelia</i> <i>spp.</i>	<i>rrs-rrlA</i>	Bb IGS-F	GTATGTTTAGTGAGGGGGGTG	56 °C	Different for different species	(16)
		Bb IGS-R	GGATCATAGCTCAGGTGGTTAG			
	IGS	Bb IGS-Fn	AGGGGGGTGAAGTCGTAACAAG	60 °C		
		Bb IGS-Rn	GTCTGATAAACCTGAGGTCGGA			
<i>Borrelia</i> <i>spp.</i>	<i>flagellin</i>	FlaF1A	AGCAAATTTAGGTGCTTTCCAA	60 °C	154	(17)
		FlaR1	GCAATCATTGCCATTGCAGA			
		Fla Probe1	TGCTACAACCTCATCTGTCATTGTAGCATCTTTATTG			
<i>Mus</i> <i>musculus</i>	<i>actin</i>	Mmact-F	AGAGGGAAATCGTGC GTGAC	60 °C	137	(18)
		Mmact-R	CAATAGTGATGACCTGGCCGT			
		Mmact-P	CACTGCCGCATCCTCTTCTCCC			
<i>Borrelia</i> <i>afzelii</i>	<i>ospA</i>	RTospA-F	GGTTCTGGAGTGCTTGAAGG	55 °C	112	(42)
		RTospA-R	TGTTTTGCCATCTTCTTTG			
<i>Borrelia</i> <i>afzelii</i>	<i>bbk32</i>	RTbbk32-F	CACGTCTTGACAACCTTGCT	55 °C	117	(42)
		RTbbk32-R	CCTTGCACTCACTTGAATATAG			
<i>Borrelia</i> <i>afzelii</i>	<i>flaB</i>	RTflaB-F	GTTTATGTGGGAGCAAATCA	55 °C	120	(42)
		RTflaB-R	ACCCTCTGAACAGGTGCAG			
<i>Borrelia</i> <i>afzelii</i>	<i>ospC</i>	BaospC-F	GCAGGAGCCTATGCAATATCA	60 °C	150	This study
		BaospC-R	TTTGCCAAGATCTGCATGAC			

629

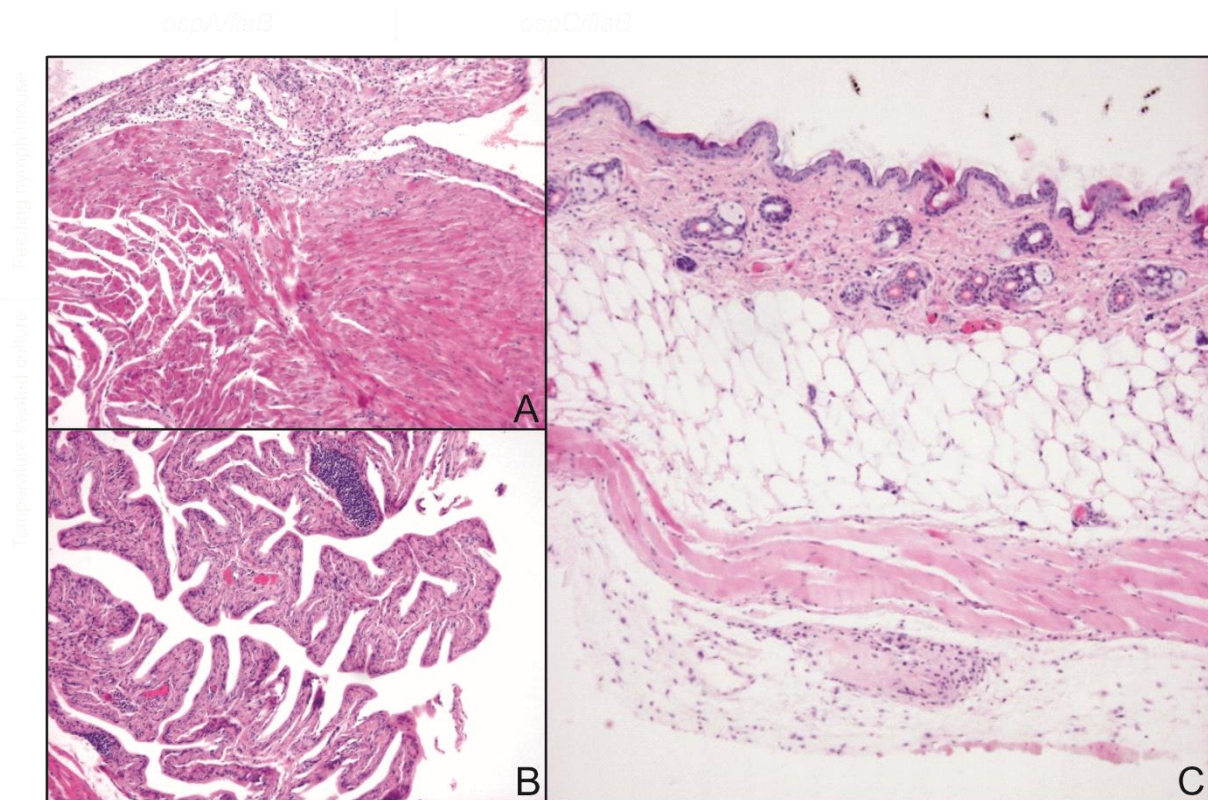


FIG 1 Pathological changes in target tissues of mice with *B. afzelii* infection. **(A)** Low power section shows lymphocytic infiltration in the subepicardial space. **(B)** Urinary bladder mucosa shows lymphoid infiltration, including dense lymphoid aggregates within the submucosa. **(C)** Lymphocytic infiltrates are not prominent in the skin, and the majority of lymphoid infiltration is located deep in the connective tissue.

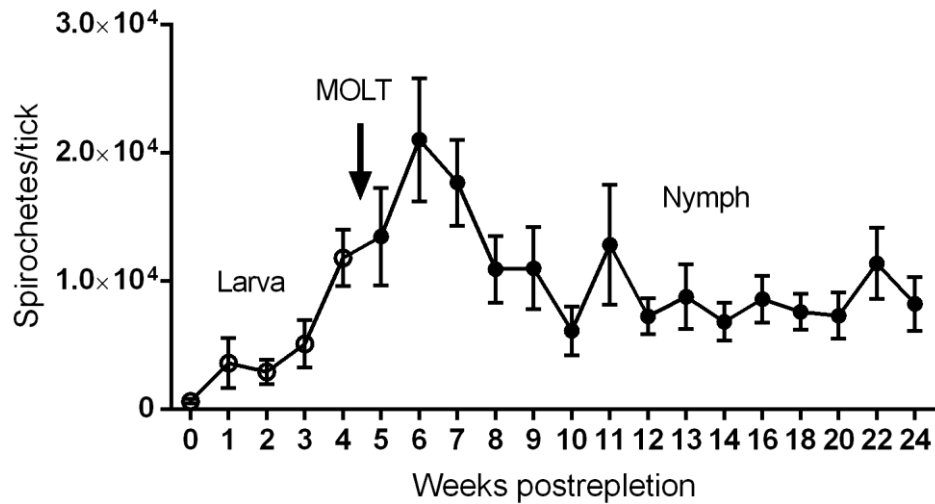


FIG 2 *B. afzelii* growth kinetics during larval-to-nymphal development in *I. ricinus*. Spirochetes multiply in engorged larvae, as well as during molting to nymphs. Then, spirochetal proliferation stops and spirochete numbers stay relatively stable from the 4th to 20th week post-molt. Each datapoint represents a mean of 20 individually analyzed ticks, and bars indicate standard errors of means.

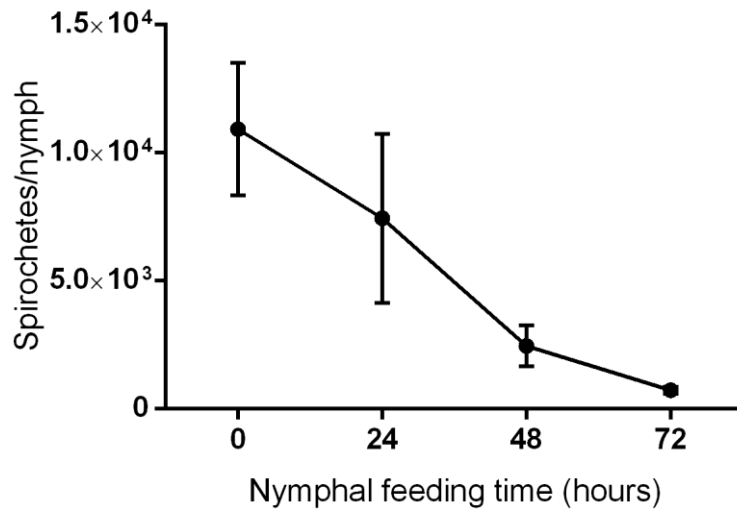


FIG 3 *B. afzelii* kinetics during nymphal feeding. During feeding, spirochete numbers continuously decrease from 10^4 spirochetes/tick at the beginning, to several hundred spirochetes/tick at the end of nymphal feeding. Each datapoint represents the mean of 20 individually analyzed ticks, and bars indicate standard errors of means.

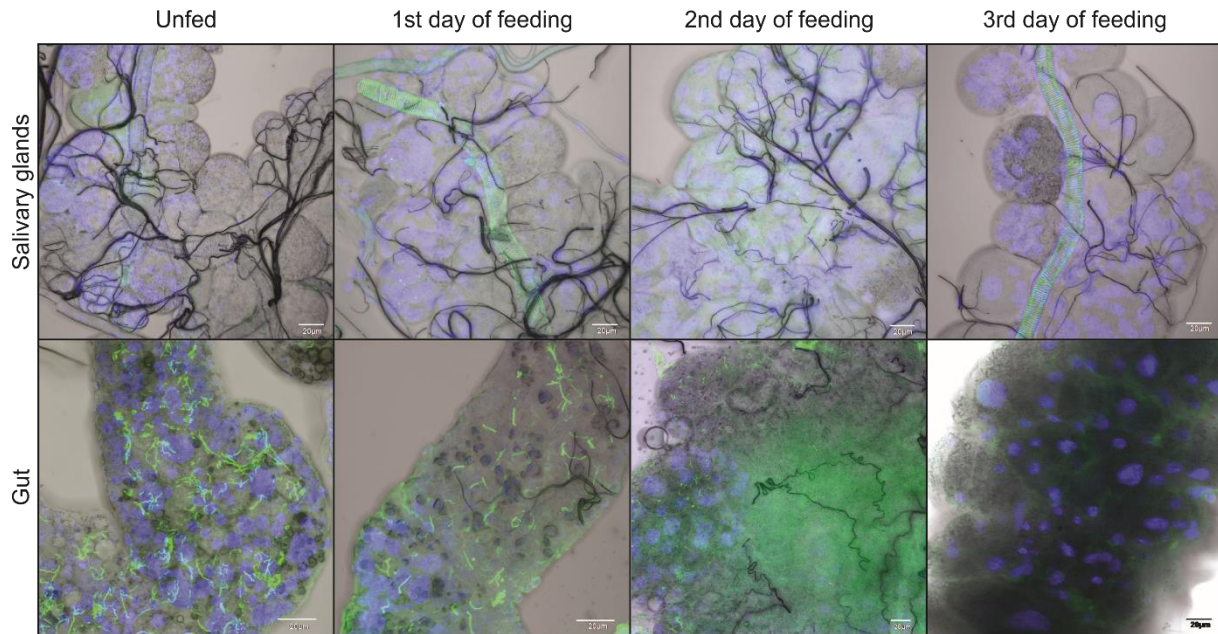


FIG 4 Presence of *B. afzelii* spirochetes in guts and salivary glands of feeding *I. ricinus* nymph. Spirochetes are clearly visible in midguts of *B. afzelii* infected nymphs. Their numbers significantly decrease during feeding. In contrast, spirochetes are hardly detectable in salivary glands of feeding *I. ricinus* nymph. *B. afzelii* spirochetes are stained with anti-borrelia antibody (green); nuclei are stained with DAPI (blue).

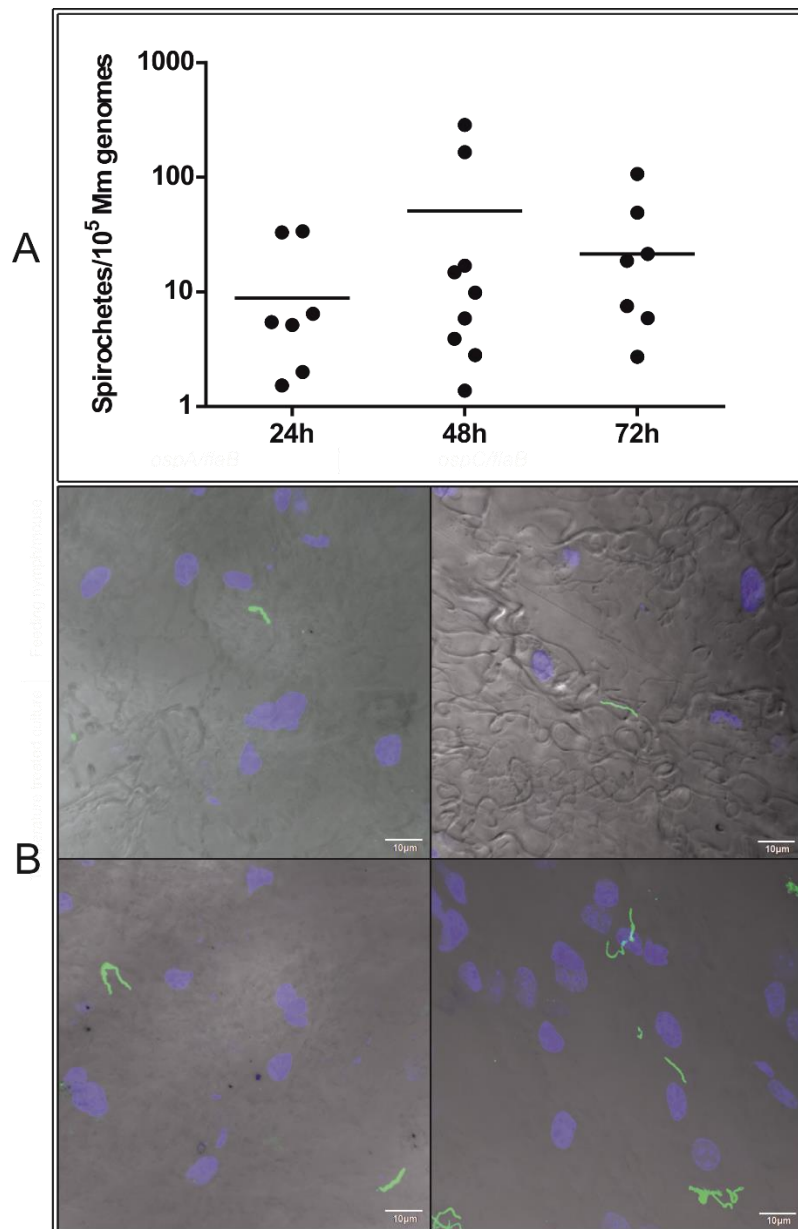


FIG 5 Timing of *B. afzelii* transmission from *I. ricinus* nymph to mouse. Skin biopsies from mice exposed to infected ticks for various time periods were tested for infection by qPCR (**A**) or confocal microscopy (**B**). *B. afzelii* spirochetes are present in the skin at the early stages of tick feeding. (**A**) Each datapoint represents the number of *B. afzelii* spirochetes/ 10^5 murine genomes in individually analyzed skin biopsies. (**B**) Presence of *B. afzelii* spirochetes in murine skin at the 24 hour time point. *B. afzelii* spirochetes are stained with anti-*Borrelia* antibody (green); nuclei are stained with DAPI (blue).

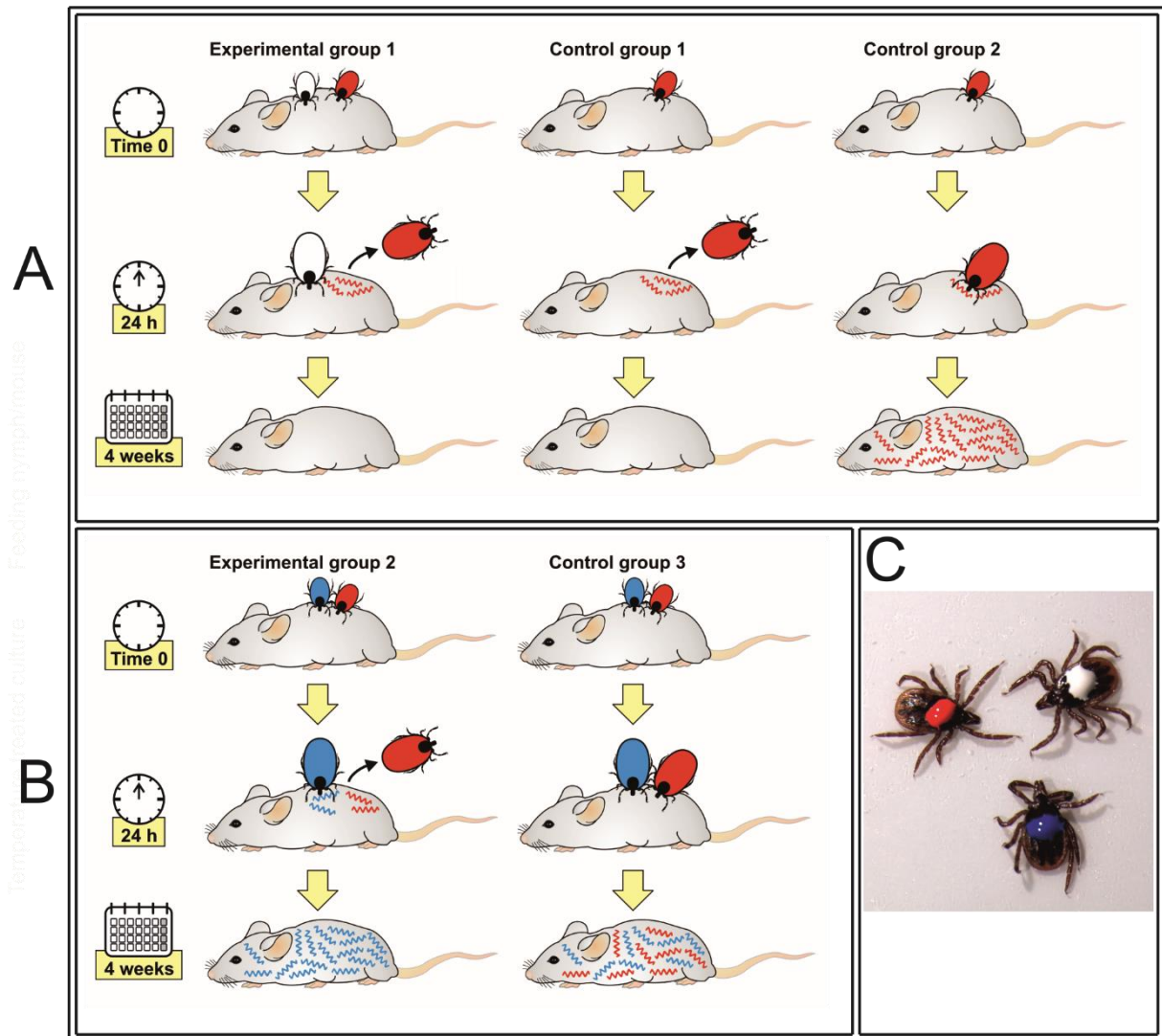


FIG 6 The role of tick saliva in *B. afzelii* survival. Presence of neither uninfected ticks (**A**) nor *B. burgdorferi* infected ticks (**B**) and their saliva is not sufficient for protection of early *B. afzelii* against their elimination by the host immune system. (**C**) Differentially labeled *I. ricinus* nymphs. White: Uninfected nymph. Red: *B. afzelii* infected nymph. Blue: *B. burgdorferi* infected nymph.

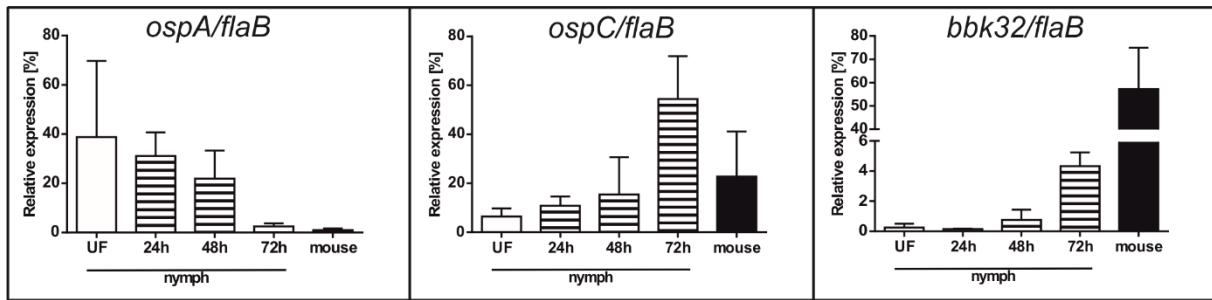


FIG 7 Comparative analysis of *ospA*, *ospC* and *bbk32* gene expression in *B. afzelii* spirochetes during tick feeding and mouse infection. Each datapoint represents the mean of 3 individually analyzed samples, and bars indicate standard errors of means.