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Comparison of the 3-D patterns of the parasympathetic nervous system in the lung at late developmental stages between mouse and chicken

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1 **Highlights**

2

3 • 3-D patterns of parasympathetic nerves are visualized in mouse and chicken lungs.

4 • Comparison of these patterns reveals three prominent similarities between mouse and
5 chicken:

6 (1) VAcHt-positive postganglionic fibers and ganglia are widely distributed in the
7 lung.

8 (2) Gas exchange units are devoid of parasympathetic nerves.

9 (3) Parasympathetic nerves are in close association with smooth muscle cells.

10

1 **Abstract**

2 Although the basic schema of the body plan is similar among different species
3 of amniotes (mammals, birds, and reptiles), the lung is an exception. Here, anatomy and
4 physiology are considerably different, particularly between mammals and birds. In
5 mammals, inhaled and exhaled airs mix in the airways, whereas in birds the inspired air
6 flows unidirectionally without mixing with the expired air. This bird-specific respiration
7 system is enabled by the complex tubular structures called parabronchi where gas
8 exchange takes place, and also by the bellow-like air sacs appended to the main part of
9 the lung. That the lung is predominantly governed by the parasympathetic nervous
10 system has been shown mostly by physiological studies in mammals. However, how the
11 parasympathetic nervous system in the lung is established during late development has
12 largely been unexplored both in mammals and birds. In this study, by combining
13 immunocytochemistry, the tissue-clearing CUBIC method, and ink-injection to airways,
14 we have visualized the 3-D distribution patterns of parasympathetic nerves and ganglia
15 in the lung at late developmental stages of mice and chickens. These patterns were
16 further compared between these species, and three prominent similarities emerged: (1)
17 parasympathetic postganglionic fibers and ganglia are widely distributed in the lung
18 covering the proximal and distal portions, (2) the gas exchange units, alveoli in mice
19 and parabronchi in chickens, are devoid of parasympathetic nerves, (3) parasympathetic
20 nerves are in close association with smooth muscle cells, particularly at the base of the
21 gas exchange units. These observations suggest that despite gross differences in
22 anatomy, the basic mechanisms underlying parasympathetic control of smooth muscles
23 and gas exchange might be conserved between mammals and birds.

24

1 **Introduction**

2 It is increasingly appreciated that the molecular and cellular mechanisms
3 underlying early development are largely shared among different species in vertebrates.
4 This also holds true for the mechanisms of organogenesis and their physiology, which
5 are particularly highly shared among amniotes (mammals, birds, reptiles). However,
6 there are some exceptions, and the lung is one such example. Although the extensively
7 branched airways in the lung offer a platform for gas exchange between O₂ and CO₂ in
8 mammals and birds, the anatomical structures of the lung are considerably different
9 between them (Schachner et al., 2013; Lambertz et al., 2015; Cieri and Farmer, 2016).
10 Unlike in mammals, where inhaled and exhaled gases mix in the lungs, in birds, the air
11 flows unidirectionally at inspiration and expiration. This provides birds with higher
12 efficiencies of gas exchange than mammals (Barnas et al., 1978; Banzett et al., 1991;
13 Brown et al., 1997; Boggs et al., 1998; Nasu, 2005; Çevik-demirkan et al., 2006; Reese
14 et al., 2006; West et al., 2007; Maina, 2008; Plummer and Goller, 2008; Makanya and
15 Djonov, 2009; Maina, 2015, 2017). This high efficiency of gas exchange, together with
16 the avian-specific bellow-like air sacs appended to the lung, enables birds to fly at high
17 altitudes and/or long distances. Such remarkable differences between avian and
18 mammalian lungs have long attracted investigators in many biological fields including
19 developmental biology and locomotive biology. However, besides anatomy and some
20 physiology (Boggs et al., 1998), comparative studies of the lung differences at the
21 cellular neurological level remains poorly explored.

22 Like other organs in the body, the lung physiology is governed by the
23 autonomic nervous system, which is composed of sympathetic- and parasympathetic
24 neurons (McCorry, 2007; Wehrwein et al., 2016; Karemaker, 2017). Previous studies,
25 predominantly in mammals, reveal that the parasympathetic nervous system is
26 particularly important in lung physiology, whereas the sympathetic nervous system
27 plays less important roles (Mazzone and Canning, 2013). It has been proposed that the
28 parasympathetic control of the airway constriction (bronchoconstriction) is mediated by
29 acetylcholine and smooth muscles (Sparrow et al., 1994; Sparrow et al., 1995). In
30 pathological conditions such as asthma, a common disease in the lung, a denervation of
31 parasympathetic-containing nerves ameliorates hyper-reactivity caused by increased
32 constrictive tone (Balogh et al., 1957; Lewis et al., 2006; Liu et al., 2014). Thus,
33 parasympathetic nervous system plays important roles in the contraction of bronchial

1 tubes both in normal and pathological conditions.

2 The initiation of this parasympathetic innervation during development has
3 been studied. In mice, immunostaining analyses in histological sections and
4 whole-mounted specimens showed that parasympathetic neurons start to innervate the
5 lung by embryonic day 12.5 (E12.5), where they are in close association of growing
6 bronchial structures (Lath et al., 2012). In chickens, precursors of parasympathetic
7 ganglia originating from vagal region-derived neural crest cells reach the lung buds by
8 E5 (Burns and Delalande, 2005). However, it remained unknown how the global
9 innervation patterns of the parasympathetic neurons in the lung are established at late
10 stages during development both in chickens and mice, since the branches and their
11 patterning become progressively thick and complex, hampering 3-D visualization of
12 airways and nerves by conventional methods.

13 In this study, we investigated the distribution patterns of the parasympathetic
14 nervous system in whole-mounted lung specimens with a particular focus on late
15 embryonic and newborn stages, and we compared the patterns between mice and
16 chickens. Two technical breakthroughs were undertaken: one was to employ the
17 advanced tissue clearing method (Susaki et al., 2014; Tainaka et al., 2014; Susaki et al.,
18 2015), which allows high-resolution 3-D visualization of the intricate innervation
19 patterns in the lung. The other was immunocytochemistry using recently raised antibody
20 against chicken vesicular acetylcholine transporter (VACHT) protein, which
21 distinguishes parasympathetic neurons from sympathetic postganglionic neurons
22 (Watanabe et al., 2017).

23 In both species, parasympathetic nerves are in close association with smooth
24 muscles along the bronchial tubes, and they innervate widely in the lung to the
25 periphery. Importantly, the gas exchange tissues, alveoli in mice and atria (air
26 capillaries) in chickens, are devoid of the parasympathetic innervation. Thus, despite
27 considerable differences in anatomy, mice and chickens appear to employ similar
28 mechanisms for the neurophysiology of gas exchange. Some of the data photographs
29 shown in the Figures are images extracted from 3-D movies, 9 of which are appended as
30 Supplementary Materials.

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1 **Materials and Methods**

2 **Experimental animals**

3 Jcl:ICR (ICR) strain (CLEA Japan, Inc., Tokyo, Japan) mice and fertilized
4 eggs of the Hypeco nera chicken strain were purchased from Shimizu Laboratory
5 Supplies Co., Ltd. (Kyoto, Japan) and Shiroyama poultry farm (Kanagawa, Japan),
6 respectively.

7

8 **Visualization of lung airways by highlighter ink**

9 Following the dissection of the lung, commercially available highlighter ink
10 (Takase et al., 2013) was injected into the trachea, followed by fixation in 4% (w/v)
11 paraformaldehyde (PFA)/phosphate buffered saline (PBS: 0.14 M NaCl, 2.7 mM KCl,
12 10 mM Na₂HPO₄-12H₂O, 1.8 mM KH₂PO₄).

13

14 **Tissue clearing by CUBIC**

15 Tissue clearing was basically performed according to (Susaki et al., 2014;
16 Tainaka et al., 2014; Susaki et al., 2015) with following modifications: fixed
17 specimens were immersed in CUBIC-reagent 1 and CUBIC-reagent 2 consecutively,
18 followed by whole-mount immunostaining. The specimens were immersed again in
19 CUBIC-reagent 2 because this process declined an excess amount of staining (noise)
20 with specific signals retained. When combined with ink injection, this was implemented
21 after the immunostaining, and the following CUBIC-reagent 2 treatment was shorter
22 than 30 minutes.

23

24 **Immunohistochemistry with the mouse lung**

25 Two kinds of anti-VACHT antibodies were used to stain mouse tissues: one
26 was purchased from Synaptic System (139105, 1:500), and the other from Abcam
27 (ab62140, 1:200), for which two different fixation protocols were employed: the
28 fixation in PFA and in the solution of dimethylsulfoxide (DMSO): methanol,
29 respectively.

30

31 *Staining with PFA-fixed specimens*

32 Lungs were fixed in 4 % PFA/PBS at 4 °C with gentle shaking overnight, and
33 washed in PBS three times for 1 hour each. For the staining for VACHT and Tuj1,

1 300-400 μm sections of lung lobes were obtained using a micro-slicer (SUPER MICRO
2 SLICER ZERO 1, DOSAKA EM). Following the CUBIC-tissue clearing, the slices
3 were treated with 0.3 % H_2O_2 in PBS for 1 hour and washed in 0.1 % Triton X-100 in
4 PBS three times for 1 hour. After pre-blocking with blocking solution (0.5 % BR/PBST;
5 0.5 % Blocking reagent [BR; Roche, 11096176001]/PBST [0.5 % TritonX-100]) twice
6 for 1 hour each, the slices were incubated for 48 hrs at 4 °C with primary antibodies,
7 anti-VACHT (1:500, Synaptic System, 139105) and anti-Tuj1 (1:300, R&D systems,
8 MAB1195), in 0.5 % BR/PBST. The slices were washed 5 times for 1 hour each in
9 0.5 % BR/PBST at room temperature, and incubated with secondary antibodies
10 conjugated with anti-mouse IgG-Alexa 488 and anti-rabbit IgG-Alexa 568 (1:500,
11 Molecular probes) for 48 hrs periods at 4 °C. After washing 5 times in 0.1 % (v/v)
12 Tween 20 in PBS, the slices were reacted with 1 $\mu\text{g}/\text{ml}$ DAPI (Nacalai Tesque,
13 11034-56) in PBST (0.1 % Tween 20), and washed in PBST (0.1 % Tween 20) three
14 times for 30 minutes each.

15

16 *Staining with DMSO:methanol-fixed specimens*

17 Lungs were fixed in DMSO:methanol (1:4) at 4 °C with gentle shaking for
18 overnight. Fixed lungs were then incubated in 30 % H_2O_2 :DMSO:methanol (1:1:4) for 8
19 hours at room temperature with gentle rocking, and stored at -20 °C in 100 % methanol.
20 Whole mount immunohistochemistry was performed as previously described (Metzger
21 et al., 2008) with the following modifications: specimens were incubated with
22 anti-VACHT (1:200, Abcam, ab62140) diluted in 0.5 % BR/PBST for 2 or 3 nights at
23 4 °C, and subsequently with secondary antibodies conjugated with anti-rabbit
24 IgG-Alexa 488, anti-mouse IgG-Alexa 647 (1:500, Molecular Probes), and
25 AmpliStainTM anti-Goat 1-Step HRP (1:500, Stereospecific Detection Technologies,
26 AS-G1-HRP) overnight at 4 °C. The specimens were reacted with 1:200 dilution of
27 Cy3-tyramid (Perkin–Elmer, FP1170) in 1 \times Amplification diluent (Perkin–Elmer,
28 FP1135) for 1 hour at room temperature, and washed three times in TNT (0.1 M
29 Tris-HCl [pH7.5], 150 mM NaCl, 0.1 % Tween 20) to terminate the reaction.
30 Anti-PGP9.5 (1:200, Invitrogen, 38-1000) and anti-Tuj1 (1:300, R&D systems,
31 MAB1195) were also used for tissues fixed in DMSO:methanol.

32

33

1 **Immunohistochemistry with chicken embryos**

2 Lungs fixed in 4 % PFA/PBS overnight were washed in 0.1 % Triton X-100
3 in PBS (PBST) three times for 5 minutes each, and processed to the CUBIC-tissue
4 clearing. Subsequently, the specimens were treated with 0.3 % H₂O₂ in methanol for 1
5 hour and washed in PBST three times for 5 minutes each. After 1 hour of pre-blocking
6 with 1 % BR in PBST, the specimens were incubated overnight at 4 °C with primary
7 antibodies in 1 % BR/PBST, washed three times in PBST and incubated with 1:1000
8 dilution of anti-mouse or anti-rabbit peroxidase polymer (Dako), and with 1:400
9 dilution of anti-mouse IgG-Alexa 488-conjugated antibody (Molecular Probes) with
10 DAPI for 30 minutes. After washing six times in TNT, the lungs were reacted with
11 1:200 dilution of Cy3-tyramid in 1× Amplification diluent for 5 minutes at room
12 temperature. The reaction was terminated by washing three times in TNT. The primary
13 antibodies were mouse monoclonal- and rabbit polyclonal antibodies against chicken
14 VACHT (1:200, Watanabe et al., 2017), mouse anti-acetylated tubulin (1:200,
15 SIGMA-ALDRICH, T6793), and mouse anti- α SMA (1:300, SIGMA-ALDRICH,
16 A5228).

17

18 **Immunohistochemistry with frozen sections**

19 Frozen sections (80 μ m for mice, 40 μ m for chickens) of PFA-fixed tissues
20 were prepared using a cryostat (MICROM, HM500 OM). The sections were washed in
21 PBST (0.1 % Triton X-100) three times for 30 minutes, treated with 0.3 % H₂O₂ in PBS
22 for 30 minutes, rinsed in PBST three times for 30 minutes, and permeabilized with
23 1.5 % TritonX-100 for 10 minutes. The sections were washed in PBTD (0.15 %
24 TritonX-100, 5 % DMSO in PBS), and blocked with 0.5 % BR in PBTD for 1 hour at
25 room temperature. They were subsequently incubated with primary antibodies,
26 anti-VACHT (1:400, Synaptic System, 139105), anti-Tuj1 (1:300, R&D systems,
27 MAB1195), anti- α SMA (1:300, SIGMA-ALDRICH, A5228), and anti-Tyrosine
28 hydroxylase (TH) (1:200 or 1:400, Pel-Freez, P40101-150; 1:200, Millipore, MAB318)
29 for overnight at 4 °C, washed in PBST three times for 30 minutes, and pre-blocked with
30 the 0.5 % BR in PBTD for 1 hour. They were incubated with the secondary antibodies
31 conjugated with anti-mouse or rabbit IgG-Alexa 488 and anti-rabbit or mouse
32 IgG-Alexa 568 (1:500, donkey; Molecular Probes) for overnight at 4 °C. For TH
33 staining with chicken embryos, the sections were reacted with 1:200 dilution of

1 Cy3-tyramid in 1× Amplification diluent for 5 minutes at room temperature after
2 washing six times in TNT. The reaction was terminated by washing three times in TNT.
3 They were washed in 0.1 % Tween 20 in PBS three times for 30 minutes, stained with 1
4 µg/ml DAPI in 0.1 % Tween 20 in PBS for 10 minutes at room temperature, and
5 mounted with Fluoromount (Diagnostic BioSystems, K 024).

6

7 **Histology**

8 Hematoxylin-Eosin (HE) staining: frozen sections of 10 µm were stained in
9 Mayer's Hematoxylin (Muto Pure Chemicals CO., LTD, 3000-2) for 10 seconds, and
10 washed in running tap water. Following a replacement of ethanol solution, the sections
11 were stained in Eosin Alcohol Solution (Wako, 050-06041) for 5 minutes. After
12 dehydration in an ethanol series, the sections were cleared in xylene and mounted.

13

14 **Microscopy**

15 Images of ink-injected lungs were obtained using Leica MZ 10F. The
16 immuno-stained tissues and sections were imaged with the Nikon A1R confocal
17 microscope, or by Zeiss Imager Z1 microscope with ApoTome.

18

19 **Results**

20 **Overview of the lung anatomy in mice, and visualization of airways by ink** 21 **injection**

22 In the lung of mice, the trachea undergoes progressive branching that
23 produces numerous terminal bronchioles (Fig. 1A). The tip of each bronchiole is a
24 dead-end with alveoli, where gas exchange takes place. The lung volume substantially
25 changes during respiration.

26 In this study, we examined the distribution patterns of parasympathetic
27 neurons in the developing lung in relation to the morphogenetic patterns of airway
28 branching at relatively late developmental stages from E16.5 through the birth. Since
29 the airway branches are very complex at these stages, the overall structures of the
30 airways, including their peripheral bronchioles, were visualized by injecting fluorescent
31 ink, reported to be useful to visualize embryo-wide vascular network (Takase et al.,
32 2013). The pulmonary branching pattern started to become elaborate by E16.5, and this
33 elaboration progressed through the birth. Embryos just before birth (P0^{before}) and after

1 birth ($P0^{\text{after}}$) were siblings of the same mother, which were harvested when the first and
2 second pups were delivered. Increased volume of the lung at $P0^{\text{after}}$ compared to $P0^{\text{before}}$
3 was evident due to the first breath after delivery (Fig. 1B).

4 5 **Overview of the lung anatomy in chickens, and visualization of airways by ink** 6 **injection and tissue clearing**

7 In the lung of chickens, the trachea branches into a pair of primary bronchi,
8 which connects the secondary bronchi, posterior/dorsal (hereafter called “posterior”)
9 and anterior/ventral (hereafter called “anterior”) bronchi (Brown et al., 1997; Cieri and
10 Farmer, 2016). Between the posterior and anterior bronchi, numerous air tubes, called
11 parabronchi, are arranged in parallel with each other, where gas exchange takes place.
12 Five air sacs composed of 3 anterior and 2 posterior are appended to each of the right
13 and left lobes of the lung (Fig. 1C; hereafter the diagram of the chicken lung displays
14 only two air sacs for simplicity) (Kitazawa et al., 1976; Sakiyama et al., 2000; Maina,
15 2003). After the primary bronchus, the inspired air flows into the posterior air sacs,
16 from which the air goes anteriorly through parabronchi into anterior bronchi and/or
17 anterior air sacs. The CO_2 -rich air finally returns to the trachea and is expired from the
18 body. The main part of the lung filled with parabronchi does not change in volume
19 during respiration, whereas air sacs serve as bellows that expand and compress
20 dynamically.

21 In ink-injected and tissue-cleared lungs, the primary bronchi, the posterior and
22 anterior bronchi, and the parabronchi were visualized. During the preparation of
23 specimens, the air sacs, which were extremely thin and fragile, were removed from the
24 main part of the lung. In Fig. 1D, the connecting positions of air sacs are depicted.
25 Although the very complex structures of parabronchi were not easily recognized in low
26 magnification (Fig. 1D), the fine structures of air capillaries/atria within each
27 parabronchus were successfully visualized by this method in higher magnification as
28 explained in details below (for example Fig. 5). The complexity in the parabronchial
29 structures was already seen at E16, and its overall structure was basically maintained
30 until hatching (E21).

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1 **Global distribution patterns of VACHT-positive nerves and ganglia in the lung of** 2 **mouse late embryos**

3 It has previously been reported that parasympathetic nerves start to innervate
4 the developing bronchi in the lung of mouse embryos by E12.5 (Lath et al., 2012), when
5 elaborate arborization is not yet obvious. To understand the global distribution of
6 parasympathetic nerves in relation to the late bronchial patterns, the lung of E16-17
7 mouse embryos was stained in whole-mount with the anti-VACHT antibody
8 (commercially available, see Materials and Methods), followed by tissue clearing by the
9 CUBIC method. Since the VACHT-staining yielded some background signals,
10 specimens were co-stained with the pan-neural marker Tuj1, which recognizes neuronal
11 class III β -Tubulin.

12 Around the primary bronchus just after the first branching of the trachea at
13 E16, VACHT-positive ganglia, recognized as a cohort of neuronal cells, were densely
14 located. The size of these ganglia was relatively large up to 194 μ m in diameter (Fig.
15 2A-C, F, G). Although VACHT-staining does not distinguish between presynaptic
16 (vagal) neurons and post-synaptic (neural crest-derived) neurons, these large ganglia are
17 presumably the sites where the pre- and post-ganglionic neurons synapse.
18 VACHT-positive nerve fibers were also densely located around the thick airways, and
19 these fibers extended peripherally in a progressively scarce manner along bronchial
20 tubes seen at E16 (Fig. 2A and D). Some neurons/ganglia were VACHT- and
21 Tuj1-double positive, whereas Tuj1-single positive neurons, presumably sensory or
22 sympathetic neurons, were also observed (Fig. 2D, see also below for sympathetic
23 neurons).

24 At the periphery, large ganglia were not found. Instead, small ganglia of
25 10 μ m to 30 μ m in diameter were localized along VACHT-positive nerves (Fig. 2E-G).
26 These small ganglia were explicitly visualized by staining with anti-protein gene
27 product 9.5 (PGP9.5) antibody, which preferentially stains cell bodies of neurons (Fig.
28 2E) (Sparrow et al., 1999; Tollet et al., 2001). Both the sparse and small ganglia along
29 the peripherally extending nerves and the dense and large ganglia around the primary
30 bronchus were observed in postnatal day 1 (P1) pups, the latest stage examined in this
31 study (Suppl. Fig. 1A, B). This is the first demonstration of the small parasympathetic
32 ganglia at the periphery of the lung at late stages of mouse development.

33

1 **Global distribution patterns of VACHT-positive nerves and ganglia in the lung of** 2 **chicken late embryos**

3 Because of the highly complicated anatomy of the chicken lung at late stages,
4 we combined three methods to clarify the relative positions of VACHT-positive nerves
5 and airways to visualize the distribution pattern of parasympathetic nerves in the
6 whole-mount chicken lung: one was immunocytochemistry using the recently raised
7 antibody against the chicken VACHT protein (Watanabe et al., 2017), second was
8 CUBIC tissue-clearing method, and the third was delineation of airways by injecting
9 highlighter ink, although the ink rapidly diffused in a CUBIC solution (see Materials
10 and Methods). These combined techniques allowed us to locate with high resolution the
11 parasympathetic nerves and ganglia in regard to the positions of airways.

12 As shown in Fig. 3A-D and also in movies 1-3, in the lung of E16 chicken
13 embryos, VACHT-positive ganglia were located at branching points from secondary
14 (anterior and posterior) bronchi to parabronchi. We also found VACHT-positive ganglia
15 at transition points between primary and secondary bronchi (Fig. 3A, E). Essentially, a
16 single ganglion was present at each branching point (Fig. 3, A-D). Similarly to the
17 mouse, relatively large (57 μm to 171 μm in diameter) and small (5 μm to 105 μm)
18 ganglia were seen in proximal and distal regions in the lung, respectively (Fig. 3D, E,
19 G). VACHT-positive nerves were observed both outside and inside parabronchi. The
20 nerves within the parabronchi were a mesh-like structure with no accompanying ganglia
21 (Fig. 3A-C), which is shown in more details below (see also Fig 5). More proximally
22 toward the branching point of primary bronchus to the trachea, thicker bundles of
23 VACHT-positive nerves were observed, which we presume to be presynaptic vagal
24 nerves (Fig. 3A, F). In the air sacs, VACHT-positive nerves were sparsely present with
25 no recognizable ganglia (Suppl. Fig. 2).

26 27 **Association of postsynaptic parasympathetic nerves with smooth muscle cells at** 28 **the terminal bronchioles in the mouse lung**

29 We further explored possible associations of the postsynaptic parasympathetic
30 nerves with smooth muscles around the gas-exchanging alveoli in mice. We had
31 initially presumed there would be a change in the patterns of VACHT-positive neurons
32 upon the birth due to the first breath. However, the innervation patterns were essentially
33 the same between $P0^{\text{before}}$ and $P0^{\text{after}}$, except for dilated bronchioles in $P0^{\text{after}}$ (Fig. 4A-F,

1 Movies 4, 5). Accordingly, subsequent examinations were performed either at P0^{before} or
2 P0^{after}.

3 It is known that smooth muscle cells around terminal bronchioles are
4 circumferentially arrayed, whereas those around alveoli are irregularly distributed
5 (Branchfield et al., 2016). We exploited this difference as a hallmark to distinguish
6 between alveoli and terminal bronchioles in transverse views at the periphery of the
7 lung. By staining with anti-VACHT and anti- α SMA antibodies, we used confocal
8 microscopy to examine transverse sections of these terminal bronchioles. As seen in a
9 single focal plane and in the Z-stack of 11 μ m, although closely associated with smooth
10 muscle cells, VACHT-positive nerves were not circumferentially arrayed around a
11 terminal bronchiole (Fig. 4 G, H, Movie 6). Some nerves projected in a direction
12 parallel with the axis of the terminal bronchiole, where the nerve threaded the
13 circumferential arrays of smooth muscle cells (Fig. 4I, J, Movie 7). Importantly, alveoli
14 were devoid of VACHT-positive neurons (Fig. 4K, Movie 8).

15

16 **Association of postsynaptic parasympathetic nerves with smooth muscle cells in** 17 **the parabronchi of the chicken lung**

18 In chickens, gas exchange takes place in the parabronchi, where each
19 parabronchus harbors a plethora of laterally protruding structures called atrium/atria or
20 air capillary/capillaries. Ink injection into the airways successfully visualized a 3-D
21 array of atria in a single parabronchus (Fig. 5A, C, E). After atria, the air goes further
22 into air capillaries, which were not stained by the ink injection.

23 Parabronchi of the lung at E16 through E21 were stained with anti-VACHT-
24 and anti- α SMA antibodies, tissue-cleared by CUBIC, and subjected to confocal
25 microscopy. Both parasympathetic nerves and smooth muscle cells were distributed in a
26 mesh-like pattern lining the parabronchial tubes, and such structures became
27 progressively obvious through E21 (Fig. 5B, D, F-K, Movie 9). Notably, only the base
28 (proximal-most portion) of each atrium was surrounded by VACHT and α SMA signals
29 with no innervation into the gas exchange unit, which is consistent with the observation
30 in mice (see above). Whereas smooth muscle cells were present around alveoli in mice,
31 these cells were not observed around protruding atria or air capillaries in the chicken
32 lung (see also Discussion).

33

1 **Sympathetic nerves in peripheral bronchi**

2 Lastly, we compared innervation patterns of parasympathetic nerves with those
3 of sympathetic nerves in late developing lung. It has been reported in early mouse
4 embryos that the sympathetic nerves are located near the trachea (Lath et al, 2012), and
5 we indeed observed Tyrosine hydroxylase (TH)-positive postsynaptic sympathetic
6 nerves in primary and secondary bronchi in the mouse lung at P0. Double staining in
7 sections with antibodies for TH and VACht revealed that TH-positive or
8 VACht-positive neurons were either associated with each other, or present separately
9 (Suppl. Fig. 3A-D). Of note, TH-positive neurons were also observed in peripheral
10 regions around terminal bronchioles, although their innervation was less evident than
11 that of parasympathetic neurons (Suppl. Fig. 3E, F, H), and some bronchioles did not
12 harbor TH-positive nerves (data not shown). These observations are consistent with that
13 parasympathetic nerves dominate the lung function. Like parasympathetic neurons,
14 TH-positive nerves were not found around alveoli (Suppl. Fig. 3E, H). Intriguingly,
15 Tuj1-positive nerves were observed in the alveoli regions, which we presume to be
16 sensory neurons (Suppl. Fig. 3G). In chicken, Tuj1-positive nerves were sparsely
17 located in between parabronchial tubes, showing a different pattern from that of
18 parasympathetic nerves (Suppl. Fig. 3I, J, K).

19

20 **Discussion**

21 We have demonstrated the 3-D innervation patterns of parasympathetic nerves
22 and ganglia in the lungs of late developing- and newborn stages in mice and chicken
23 embryos. The whole-mount immunostaining with anti-VACht antibodies (Watanabe et
24 al., 2017), the recently developed CUBIC method for tissue clearing (Susaki et al.,
25 2014; Tainaka et al., 2014; Susaki et al., 2015), and ink-injection into airways (Takase
26 et al., 2013) have enabled us to visualize the global structures of the parasympathetic
27 nerves for the first time in the thick and highly elaborate lung. The parasympathetic
28 nerves are in close association with smooth muscle cells particularly at the periphery of
29 the lung where gas exchange units reside. Our description in the mouse lung at late
30 stages is largely consistent with previous reports using early embryos at E12.5 that
31 nerves innervate to the periphery of the developing lung along branching airways (Lath
32 et al., 2012). Importantly, most of our findings obtained with the chicken lung are novel
33 since antibodies to visualize VACht-positive nerves in this species were not available

1 until very recently (Watanabe et al., 2017). Furthermore, by comparing these
2 innervation patterns between mice and chickens, remarkable similarities have emerged
3 despite the gross difference in anatomy of the lung. The similarities include: (1)
4 parasympathetic ganglia and nerves, presumably postganglionic fibers, are widely
5 distributed covering the proximal and distal portions of the lung; (2) the gas exchange
6 units, alveoli in mice and parabronchi in chickens, are devoid of parasympathetic
7 nerves; and (3) parasympathetic nerves are in close association with smooth muscle
8 cells, particularly at the base of the gas exchange units.

9
10 **Parasympathetic ganglia and nerves are widely distributed in the lung covering**
11 **proximal and distal portions**

12 In both mice and chickens, VAcHT-positive nerves are distributed widely in
13 the lung. Postganglionic fibers extend to the periphery along branching bronchi. Two
14 different sizes of parasympathetic ganglia are found in a region-specific manner as
15 summarized in Fig. 6: large ganglia reside around the first branching point near the end
16 of trachea, whereas small ganglia are widely distributed at the periphery. Peripheral
17 ganglia have previously been reported in mouse, pig and human embryos, although
18 those studies did not show a region-specific localization of different size of ganglia
19 (Sparrow et al., 1999; Weichselbaum and Sparrow, 1999; Tollet et al., 2001). The large
20 ganglia might offer a place where vagal neurons synapse to postganglionic neural
21 crest-derived neurons, whereas the function of small ganglia remains undetermined.

22 Chicken-specific distribution of ganglia should also be noted: they are found
23 only in the main part of the lung, but not in the air sacs (Fig. 6). And the ganglia are
24 positioned at every branching point, but not at non-branching points, e.g. within
25 parabronchi.

26
27 **The gas exchange units, alveoli in mice and atria/air capillaries in chickens, are**
28 **devoid of parasympathetic nerves**

29 A most striking similarity in the parasympathetic innervations in the lung
30 between mice and chickens is that the nerves do not invade into the gas exchange units,
31 alveoli in mice and atria/air capillaries in chickens. This highlights the possibility that
32 the gas exchange in amniotes takes place without their own constriction.

33 The parasympathetic innervations end at the boundary between a terminal

1 bronchiole and alveoli in mice, and at the proximal base of each atrium in chickens. In
2 chickens, we have succeeded in whole-mount visualization of complex arrays of atria in
3 each bronchus, which are negative for VAcHT staining (Figs. 5, 6). It is known that
4 these atria are further connected laterally to highly intricate structures of air capillaries
5 that also serve as a gas exchange unit (Brown et al., 1997; Makanya and Djonov, 2009;
6 not shown in Fig. 6).

7 We have also demonstrated that TH-positive sympathetic nerves are absent in
8 the gas exchange unit in both species. In mice, the TH-positive sympathetic nerves are
9 sparsely located along terminal bronchi, showing that the dominance by the
10 parasympathetic innervation in the lung is already established before birth.

12 **Parasympathetic nerves are in close association with smooth muscle cells**

13 In both mice and chickens, close associations between parasympathetic nerves
14 and smooth muscle cells have been found. As discussed above, parasympathetic fibers
15 extend until the boundary between terminal bronchi/parabronchi and gas exchange units,
16 and these innervations are accompanied by smooth muscle cells. Remarkably, in
17 chickens, the patterns of parasympathetic fibers and smooth muscle cells are almost
18 identical at the base of each atrium in the parabronchus (Fig. 6). During late
19 embryogenesis, the innervation of parasympathetic fibers slightly precedes that of
20 smooth muscle cells, suggestive of neuronal signals influencing smooth muscle cells
21 (Fig. 6, Movie 9).

22 In mice, unlike chickens, the array of parasympathetic fibers in the terminal
23 bronchioles is distinct from that of smooth muscle cells: whereas smooth muscle cells
24 are circumferentially arrayed around the terminal bronchiole, the innervating fibers do
25 not follow these patterns, and some nerves run perpendicularly to the smooth muscle
26 cells (Fig. 4I, K, Fig. 6, Movies 7, 8). It has previously been reported that smooth
27 muscle cells are also present around alveoli, but in an irregular manner, and this
28 irregularity can be used as a hallmark to distinguish alveoli from terminal bronchioles
29 among numerous and intricate tubular structures in the lung (Branchfield et al., 2016;
30 Fig. 6). We have also used these criteria to locate the alveoli in α SMA-stained
31 specimens (Fig. 4K, Movie 8). The irregularly arrayed smooth muscle cells around
32 alveoli are not innervated by parasympathetic fibers, suggesting that these smooth
33 muscle cells are not for constrictive regulation, but rather for physical support of the

1 alveoli, which must be highly fragile during respiration. Collectively, it is likely that the
2 fine-tuning of constrictive tone at the periphery of the lung is governed by coordinated
3 functions of parasympathetic nerves and smooth muscles at the base of, but not within,
4 the gas exchange units in both mammals and birds.

5 In mammals, it has previously been proposed that the parasympathetic fibers
6 might regulate the acetylcholine-mediated constriction of smooth muscles (Sparrow et
7 al., 1994; Sparrow et al., 1995). This notion was brought about by several separate
8 studies. Lath et al. (2012) reported that VAcHT-positive fibers were distributed along E
9 cadherin-positive bronchioles in the embryonic lung at E12.5 and E14.5. Other studies
10 demonstrated that nerve fibers whose identity was undetermined were in close
11 association with smooth muscles in human and mouse fetal lungs (Sparrow et al., 1999;
12 Tollet et al., 2001; Burns et al., 2008), and also that acetylcholine invoked
13 bronchoconstriction of a pig fetal lung *in vitro* (Sparrow et al., 1994; Sparrow et al.,
14 1995). In the current study, we have conducted, for the first time, a direct comparison
15 between VAcHT-positive nerves and smooth muscle cells in the
16 bronchioles/parabronchi and gas exchange units at late embryonic to postnatal stages
17 both in mice and chickens.

18

19 **Others**

20 In mice, the basic organization of the lung and innervation patterns of
21 parasympathetic nerves/ganglia do not significantly change after E16, and notably,
22 these patterns (except for the dilation of the airways) are retained after the first breath at
23 birth (Figs. 2, 4, 6, Suppl. Fig. 1). In contrast, in chickens, the patterns of
24 parasympathetic innervation and smooth muscle cells in the parabronchi are
25 progressively established, and they are not yet complete at hatching (Figs. 3, 5, 6). It is
26 conceivable that in mammals, a quick switch to the pulmonary respiration system upon
27 the birth might necessitate the precocious establishment of the parasympathetic
28 innervation in the lung. In contrast, a hatching chick slowly starts respiration when they
29 are still inside the shell, and it takes about 24 hours to complete the pulmonary
30 respiration system (Thompson, 2007).

31 Lastly, the comparative descriptions in this study have raised the possibility
32 that like the mouse lung, neuroendocrine cells in the chicken lung are governed by
33 parasympathetic nerves/ganglia. It has previously been shown in mice that clusters of

1 neuroendocrine cells, called neuroepithelial bodies, positioned at branching points of
2 bronchioles are innervated by VAcHT-positive neurons (Domnik and Cutz, 2011;
3 Noguchi et al., 2015). Neuroendocrine cells have also been observed in the lung of
4 quails by electronic microscopy (Klika et al., 1998), and they are located at the
5 “entrance into the parabronchial vestibule”, which corresponds to the transition points
6 from a secondary bronchus to parabronchus. We have demonstrated in this study that at
7 these transition points, VAcHT-positive ganglia are preferentially located. Thus, it is
8 conceivable that neuroendocrine cells in the lung governed by parasympathetic nervous
9 system exert similar physiological functions between mammals and birds.

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- 11
12
13

1 **Figure legends**

2 **Figure 1**

3 Gross anatomy and visualization of airways by ink injection in the developing
4 lung of mice and chickens. (A, B) Mouse lungs. (C, D) Chicken lungs. (A, C)
5 Schematic diagram showing gross anatomy and airflows. (B, D) Branching patterns in
6 developing lungs visualized by highlighter ink injection at the stages indicated. Solid
7 lines enclose different lobes in (B), and indicate the positions of connecting points of
8 the air sacs (D). Upper panels are bright fields, and lower panels are images captured by
9 a GFP-filter. Scale bars: 1 mm in (B), 2 mm in (D). n=3 per each experiment.

10

11 **Figure 2**

12 Global distribution patterns of VACHT-positive nerves and ganglia in the
13 mouse lung. (A) Diagram displaying the positions of the images (B-E), and a summary
14 of the distribution patterns of VACHT-positive nerves and ganglia. (B-D) Confocal
15 projection images of a mouse lung lobe at E16, staining for VACHT (red), Tuj1 (green),
16 and DAPI (blue). (B, C) VACHT signals in the primary bronchial tube near the trachea
17 (B), and a ganglion was magnified in (C). (D) VACHT-positive nerves at the periphery.
18 (E) Nerves at the periphery of the lung at E17 stained for VACHT (red), PGP9.5 (cyan),
19 and DAPI (blue). n=3 per each experiment. (F) Site-specific size of VACHT-positive
20 ganglia in the mouse lung at E18. n=4. (G) Confocal projection images of large and
21 small ganglia stained for VACHT (red) and DAPI (blue). White arrows and arrowheads
22 indicate VACHT-positive ganglia and nerves, respectively. Green arrowhead indicates
23 Tuj1-single positive nerves. Dashed lines indicate margins of lung and trachea. Scale
24 bars: 500 μm in (B), 50 μm in (C), 100 μm in (D, E). 10 μm in (G). Confocal images
25 were obtained at 3.20 μm intervals in (B-E), 0.57 μm intervals in (G), for Z-projections
26 as indicated.

27

28

29 **Figure 3**

30 Global distribution patterns of VACHT-positive nerves and ganglia in the
31 chicken lung at E16. (A) Diagram displaying the positions of the images (B-F), and a
32 summary of the distribution patterns of VACHT-positive nerves and ganglia. (B-F)
33 Confocal projection images of chicken lung at E16, stained for VACHT (red) and DAPI

1 (blue). (B) A representative image of the movie 1 showing VACHT and DAPI signals in
2 parabronchi. The boxed area is magnified in (C). White dotted lines encircle each
3 bronchus. (C-F) Arrows indicate VACHT-positive ganglia. Arrowheads show mesh-like
4 patterns of nerves in the parabronchi. Airways were visualized by ink injection (cyan).
5 n=4 per each experiment. (G) Site-specific size of VACHT-positive ganglia in the
6 chicken lung at E18. n=2. Confocal images were obtained at 1.0 μm intervals in (B-D),
7 10 μm intervals in (E-F), for Z-projections as indicated. Scale bars: 300 μm (B, C, E, F),
8 40 μm (D).

9

10 **Figure 4**

11 Innervation patterns of parasympathetic postganglionic nerves and smooth
12 muscle cells in terminal bronchioles in pre- and postnatal mouse lungs. (A, B)
13 Hematoxylin-Eosin (HE) staining of transverse sections of the right caudal lobe at
14 $\text{P0}^{\text{before}}$ and P0^{after} . The alveolar pore size became greater after the first breath. (C-F)
15 Confocal projection images with staining for VACHT (red), Tuj1 (green), and DAPI
16 (blue) of the right middle lobe. The patterns of VACHT-positive nerves remained
17 unchanged after birth. Arrowheads indicate VACHT-positive nerves. Confocal images
18 were obtained at 2.8 μm intervals for Z-projections as indicated. (G-K) Staining
19 for VACHT (red), αSMA (green), and DAPI (blue) of the mouse right caudal lobe at
20 $\text{P0}^{\text{before}}$ and P0^{after} . (G-H) Transverse sections of a terminal bronchi-containing region.
21 Confocal images of a single focal plane (G) and Z-stack (H). (I, J) Longitudinal view of
22 terminal bronchi. (J) is a magnified view of the square in (I). (K) Lumens of alveoli (*)
23 and terminal bronchi can be distinguished by different patterns of αSMA -positive
24 smooth muscles (also see text). Arrowheads indicate VACHT-positive nerves. Asterisks
25 are alveoli. n=3 per each experiment. Confocal images were obtained at 0.15 μm
26 intervals. Scale bars: 90 μm (A, B), 500 μm (C, E); 50 μm (D, F, G-I, K), 10 μm (J).

27

28 **Figure 5**

29 Innervation patterns of parasympathetic postganglionic nerves and smooth
30 muscle cells in parabronchi of the chicken lung at late stages. (A-F) Projection images
31 of parabronchial tubes from E16 to E21. (A, C, E) Longitudinal view of a parabronchus
32 with protruding air tubes visualized by ink injection. (B, D, F) Longitudinal views of a
33 parabronchus stained for VACHT (red) and αSMA (green). (G-I) Transverse views of a

1 parabronchus at E21, stained for VACHT (red) and α SMA (green). (I) Magnified images
2 of (H). (J, K) Longitudinal views of a parabronchus at E21. Nerves (VACHT) and
3 airway (ink) are visualized. Three representative images are selected from the Movie 9.
4 n=5 (A-F, H), n=4 (K). Confocal images were obtained at 1.0 μ m intervals for
5 Z-projections as indicated. Scale bars: 100 μ m (A-K).

6

7 **Figure 6**

8 Comparison of the distribution patterns of parasympathetic nerves and smooth
9 muscle cells in the lung between mouse (alveoli) and chicken (parabronchi). Three
10 prominent similarities have emerged: (1) parasympathetic postganglionic fibers and
11 ganglia are widely distributed in the lung covering the proximal and distal portions,
12 (2) the gas exchange units, alveoli in mice and parabronchi in chickens, are devoid of
13 parasympathetic nerves. (3) parasympathetic nerves are in close association with
14 smooth muscle cells, particularly at the base of the gas exchange units. See also the text.

15

16 **Supplementary Figure 1**

17 Global distribution patterns of parasympathetic nerves and ganglia in the
18 postnatal mouse lung at P1. (A) Confocal projection images of primary bronchus of the
19 left lobe, stained for VACHT (red), Tuj1 (green), and DAPI (blue). (B) Confocal
20 projection images of bronchial tubes of the left lobe, stained for VACHT (red), PGP9.5
21 (cyan), and DAPI (blue). Arrows indicate VACHT-positive ganglia. n=3 (A), n=2 (B).
22 Scale bars: 100 μ m. Confocal images were obtained at 3.2 μ m intervals for
23 Z-projections as indicated.

24

25 **Supplementary Figure 2**

26 Air sacs are poorly innervated and devoid of ganglia. (A) An anterior air sac
27 at E21 was stained for VACHT (red) and acetylated tubulin (green). n=2. Arrowheads
28 indicate VACHT-positive nerves. Scale bar: 300 μ m.

29

30 **Supplementary Figure 3**

31 Distribution patterns of sympathetic nerves in postnatal lungs of mouse and
32 chicken. (A-H) TH-staining of the mouse lung at P0 (A-G) and a diagram in the
33 periphery (H). (A-D) Confocal projection images in the primary or secondary bronchi,

1 stained for TH (green)/Tuj1 (red)/DAPI (blue) (A), and TH (green)/VChT (red)/DAPI
2 (blue) (B-D). (E-G) Confocal projection images in the peripheral region, stained for TH
3 (green)/ α SMA (red) (E), TH (green)/VChT (red)/DAPI (blue) (F), and TH
4 (green)/Tuj1 (red)/DAPI (blue) (G). (I-K) TH-staining of chicken lung at E21, and a
5 diagram in a transverse view (K). A transverse section of parabronchi, stained for TH
6 (green)/DAPI (blue) (I) and Tuj1 (red)/DAPI (blue) (J). Arrowheads in B-D and F
7 indicate TH-positive nerves. TH-positive nerves shown by white arrowheads were
8 closely located near VChT-positive nerves, and TH-positive nerves shown by green
9 ones were present singly. Asterisks are alveoli. n=3 (A-G), n=2 (I, J). Confocal images
10 were obtained at 0.57 μ m intervals in (A, G), 0.40 μ m intervals in (B-D, F), 0.50 μ m
11 intervals in (E), 2.92 μ m intervals in (I, J), for Z-projections as indicated. Scale bars: 50
12 μ m (A, B, E, F, G), 25 μ m (C, D), 100 μ m (I, J).

13

14 **Movie 1**

15 Chicken lung at E16, and data source for Fig. 3B. Parabronchi were
16 co-stained for VChT (red) and DAPI (blue). Scale bar: 300 μ m.

17

18 **Movie 2**

19 Chicken lung at E16, and data source for Fig. 3D. A ganglion located at the
20 transition point from anterior bronchus to parabronchus was co-stained for VChT
21 (red) and DAPI (blue). Scale bar: 40 μ m.

22

23 **Movie 3**

24 Chicken lung at E16, and data source for Fig. 3E. The transition point from
25 the primary to secondary bronchi was co-stained for VChT (red) and DAPI (blue).
26 Scale bar: 300 μ m.

27

28 **Movie 4**

29 Mouse lung at P0^{before}, and data source for Fig. 4C. Terminal bronchioles in
30 the right middle lobe were co-stained for VChT (red) Tuj1 (green), and DAPI (blue).
31 W x H x D= 251 μ m x 251 μ m x 62 μ m.

32

33 **Movie 5**

1 Mouse lung at P0^{after}, and data source for Fig. 4D. Terminal bronchioles in the
2 right middle lobe were co-stained for VACHT (red), Tuj1 (green), and DAPI (blue). W x
3 H x D= 251 μ m x 251 μ m x 45 μ m.

4

5 **Movie 6**

6 Mouse lung at P0^{before}, and data source for Fig. 4H. Transverse view of a
7 terminal bronchiole in the right caudal lobe co-stained for VACHT (red) and α SMA
8 (green). W x H x D = 125 μ m x 125 μ m x 11 μ m.

9

10 **Movie 7**

11 Mouse lung at P0^{before}, and data source for Fig. 4J. Longitudinal view of
12 terminal bronchi in the right caudal lobe co-stained for VACHT (red) and α SMA (green).
13 W x H x D = 60 μ m x 60 μ m x 9 μ m.

14

15 **Movie 8**

16 Mouse lung at P0^{after}, and data source for Fig. 4K. A periphery area of the
17 right caudal lobe containing alveoli and terminal bronchioles were stained for VACHT
18 (red) and α SMA (green). W x H x D = 660 μ m x 212 μ m x 17 μ m.

19

20 **Movie 9**

21 Chicken lung at E21, and data source for Fig. 5K. Longitudinal view of an
22 ink-injected parabronchus stained for VACHT (red). Regularly arrayed atria protruding
23 from the parabronchus can be seen. Scale bar: 100 μ m.

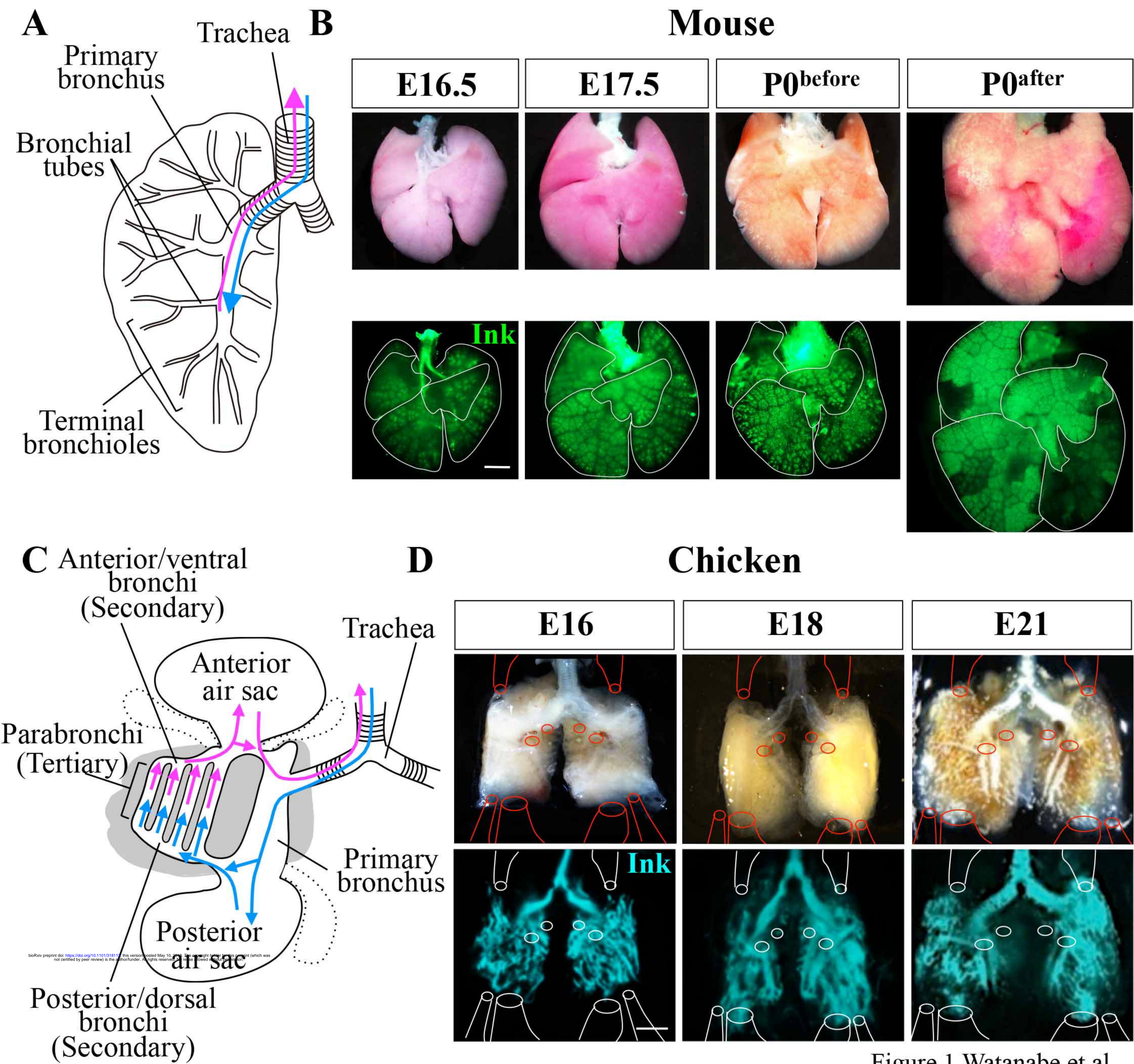


Figure 1 Watanabe et al.

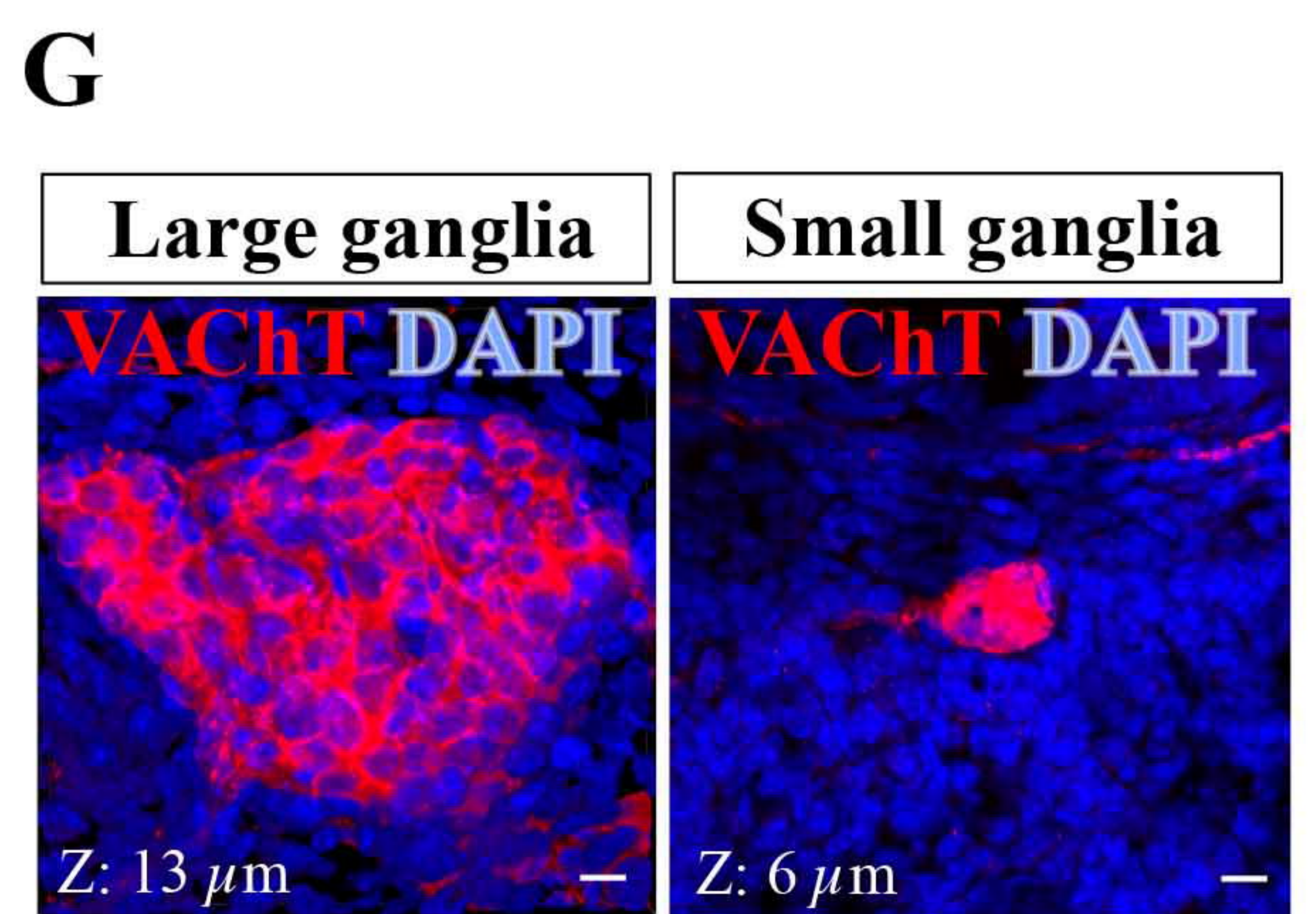
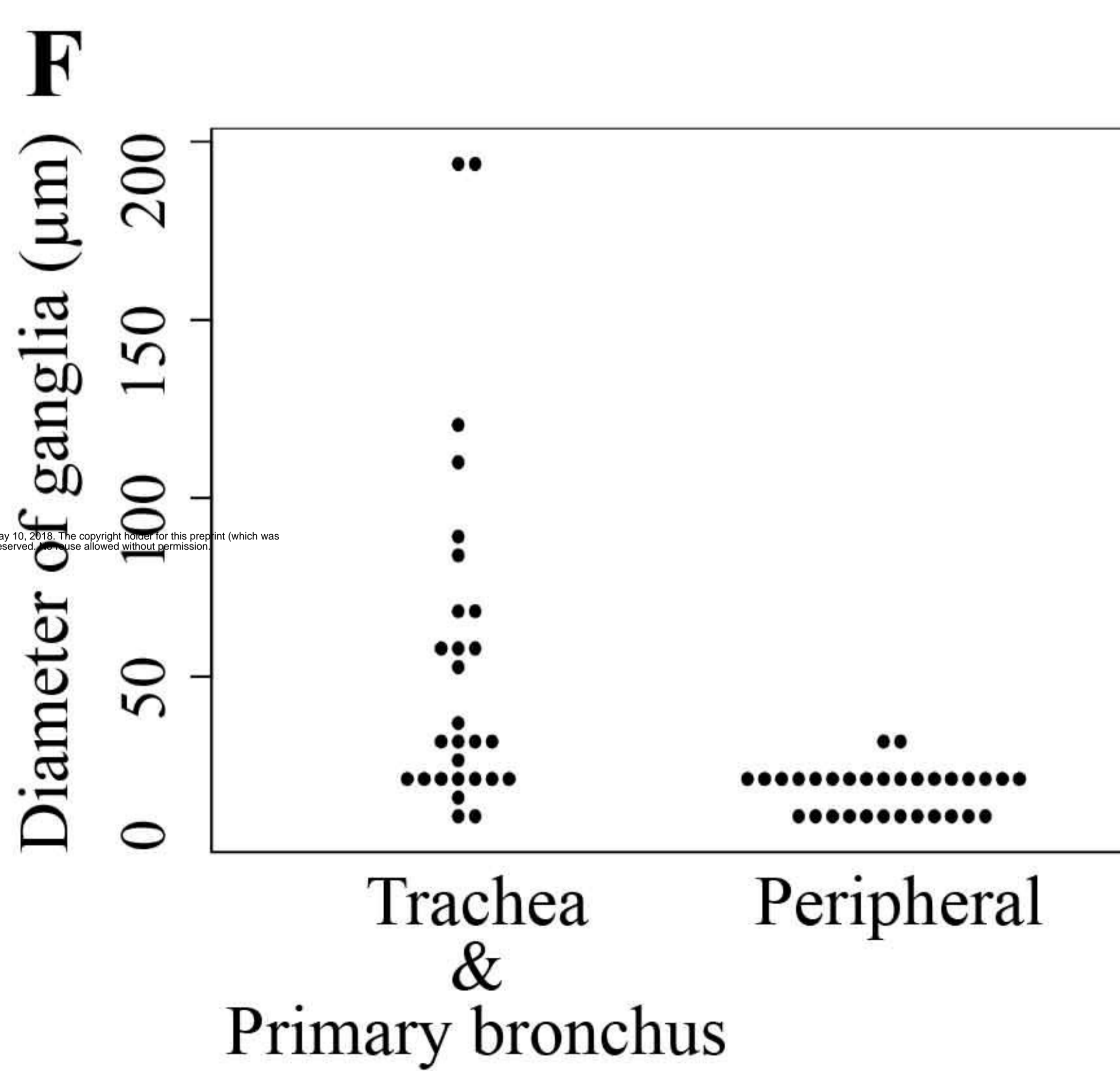
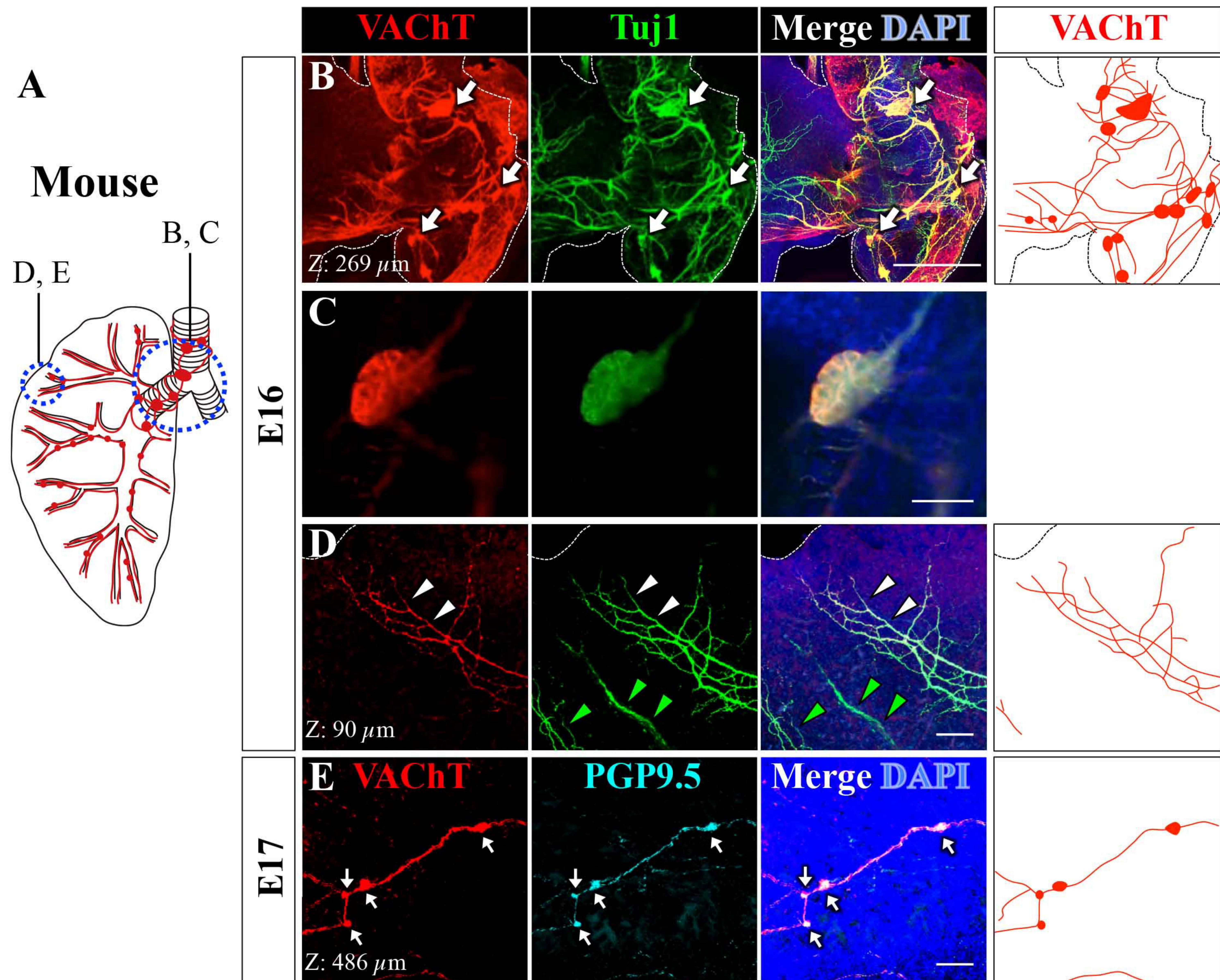
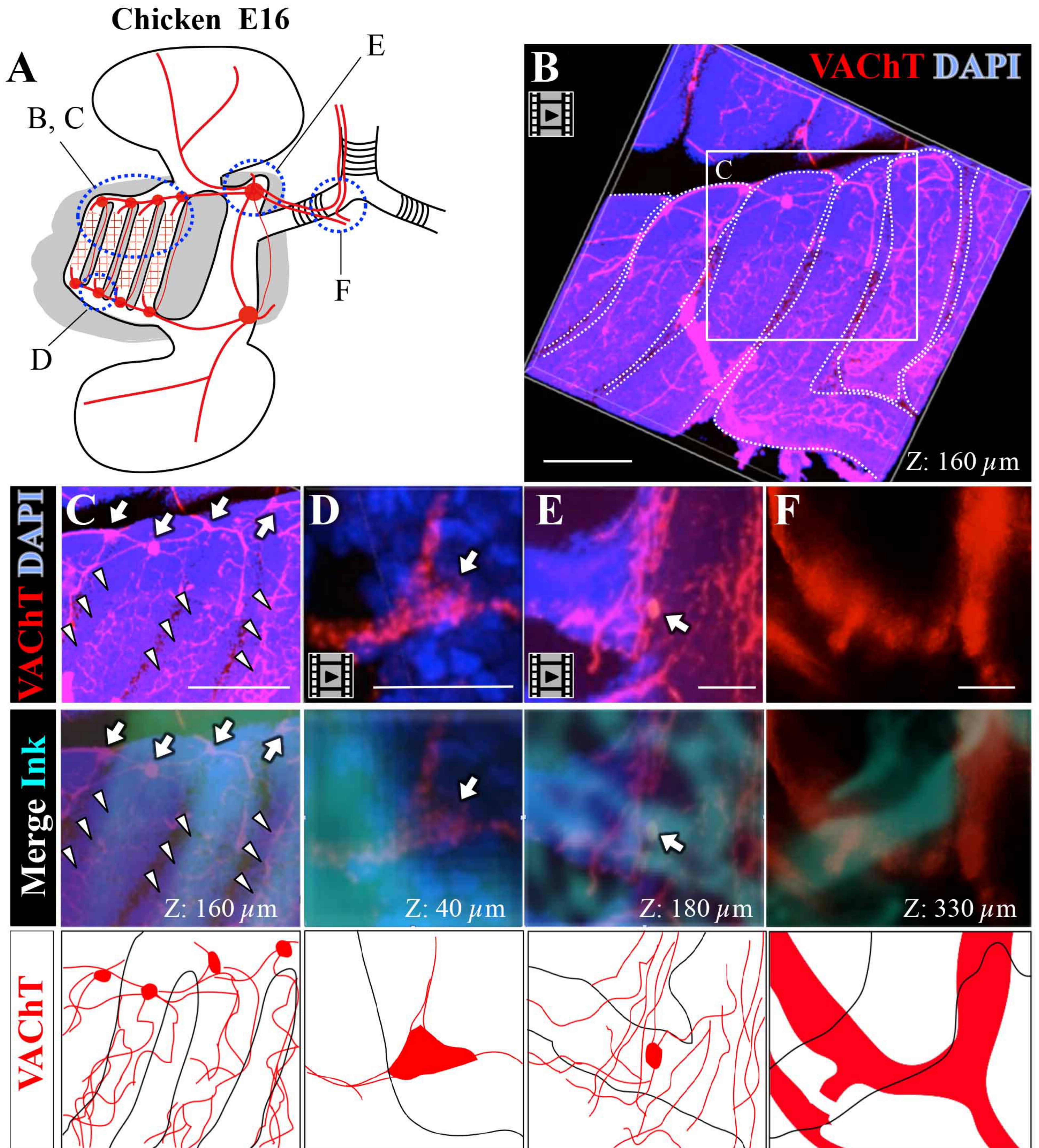


Figure 2 Watanabe et al.



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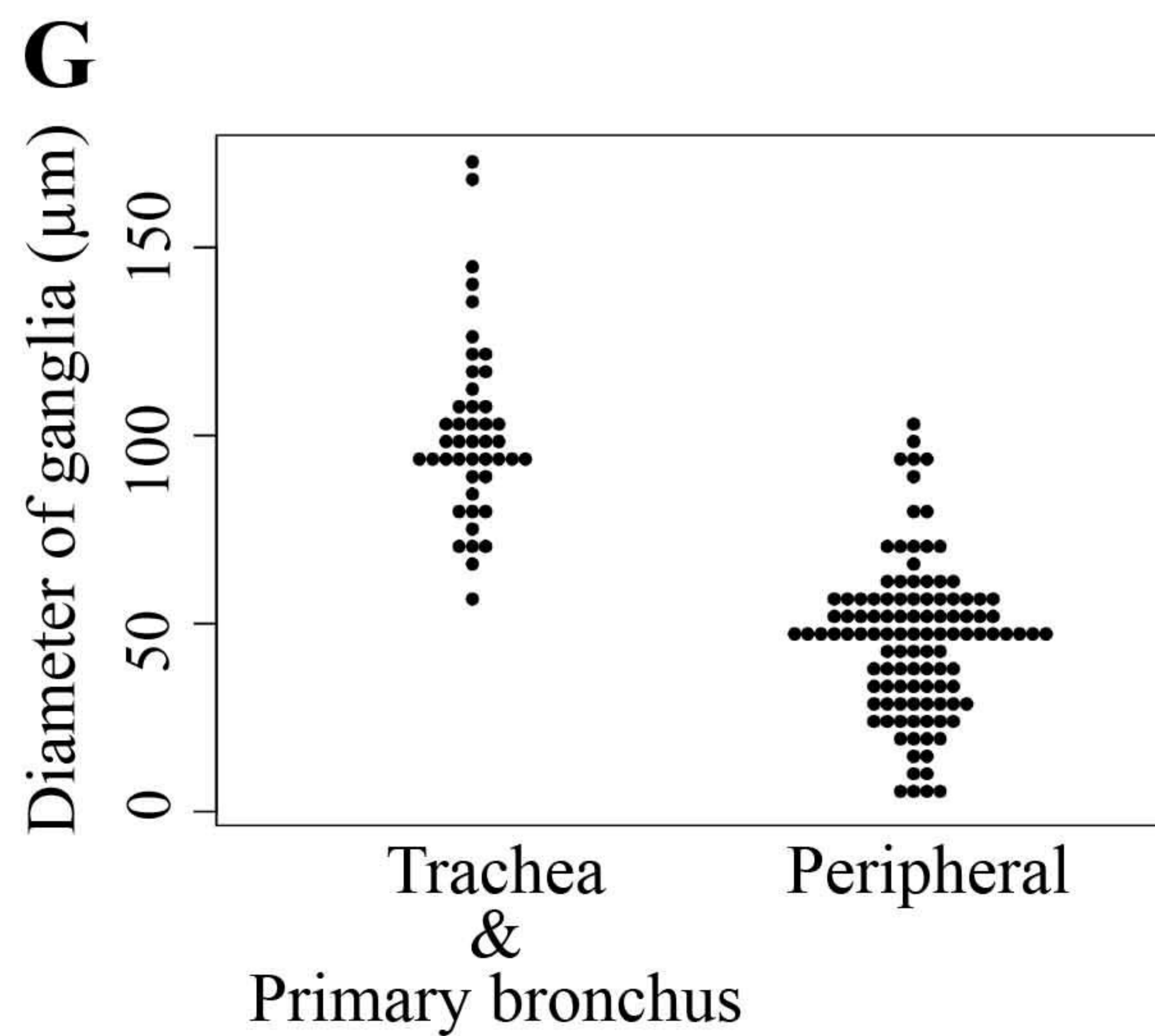
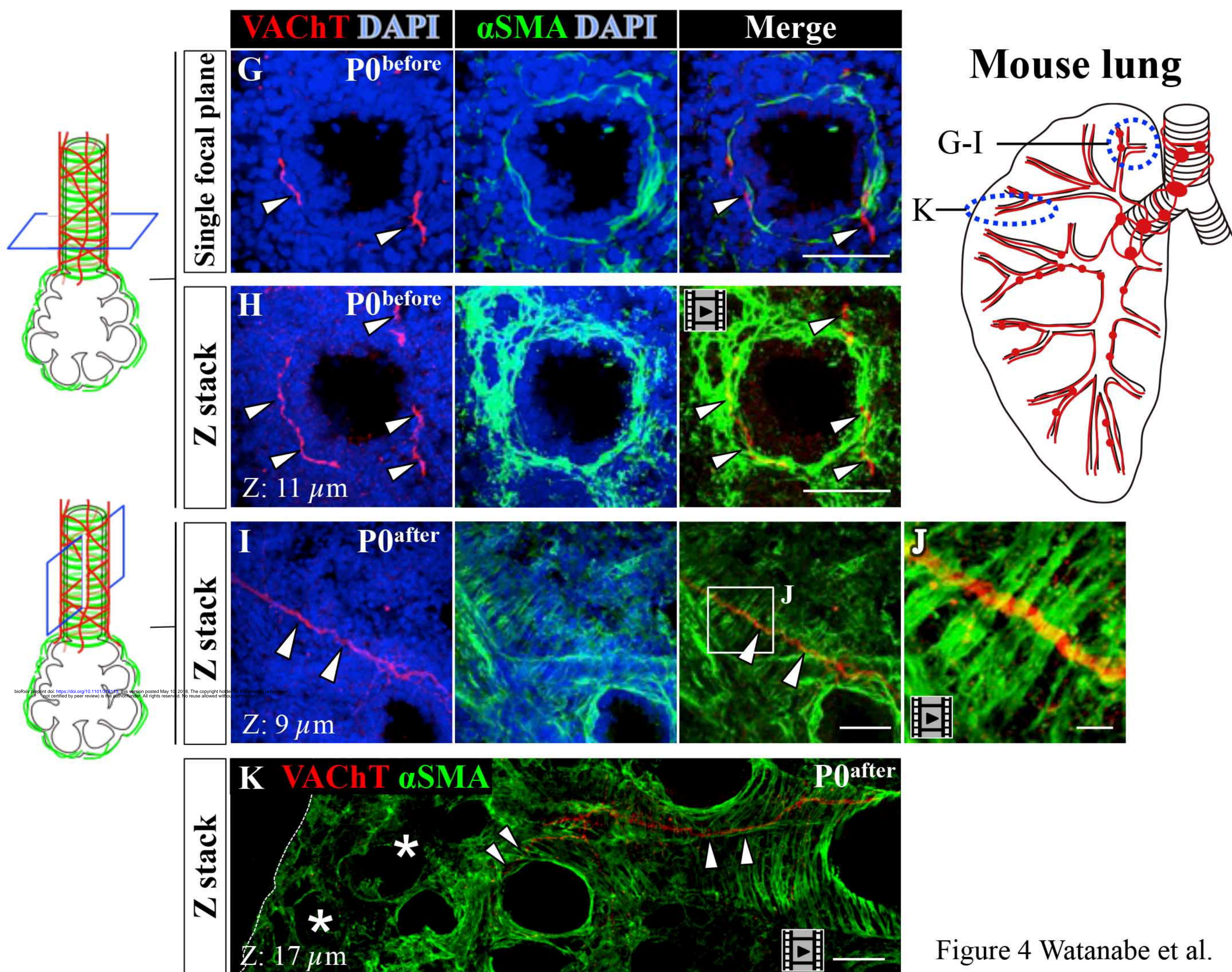
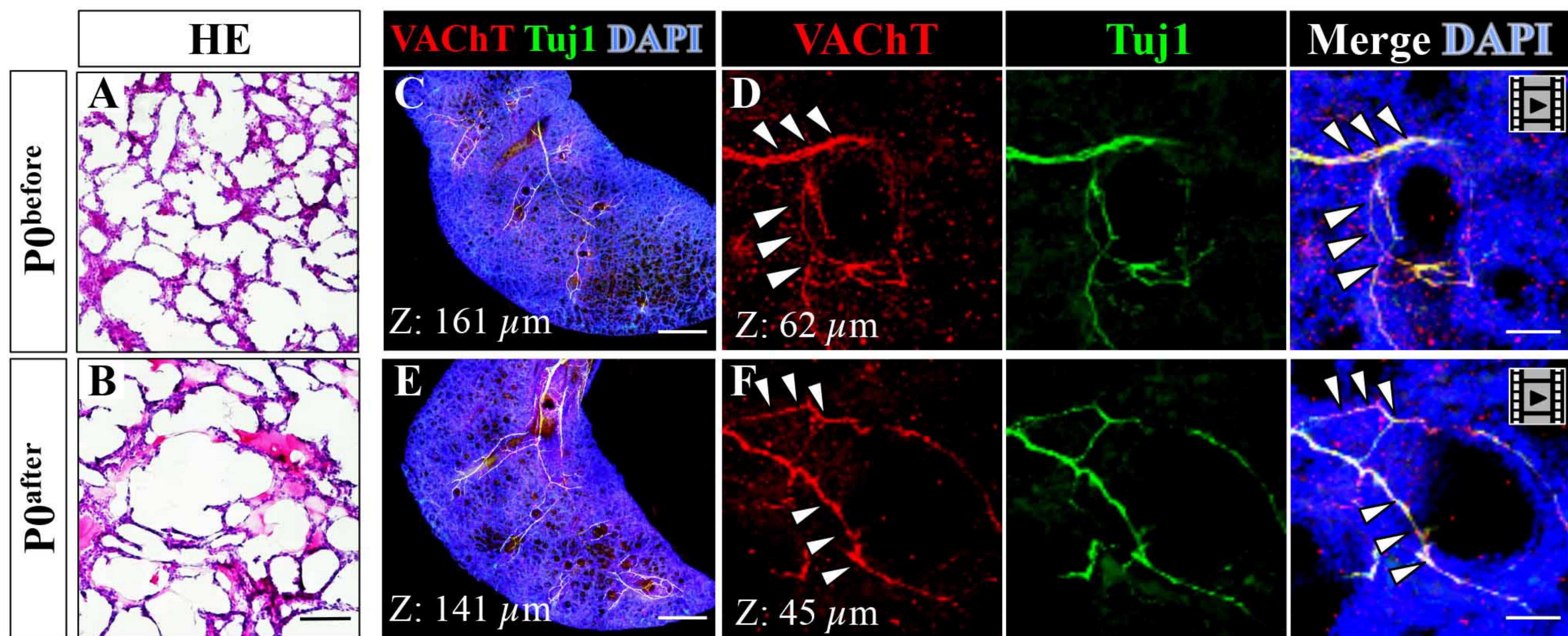
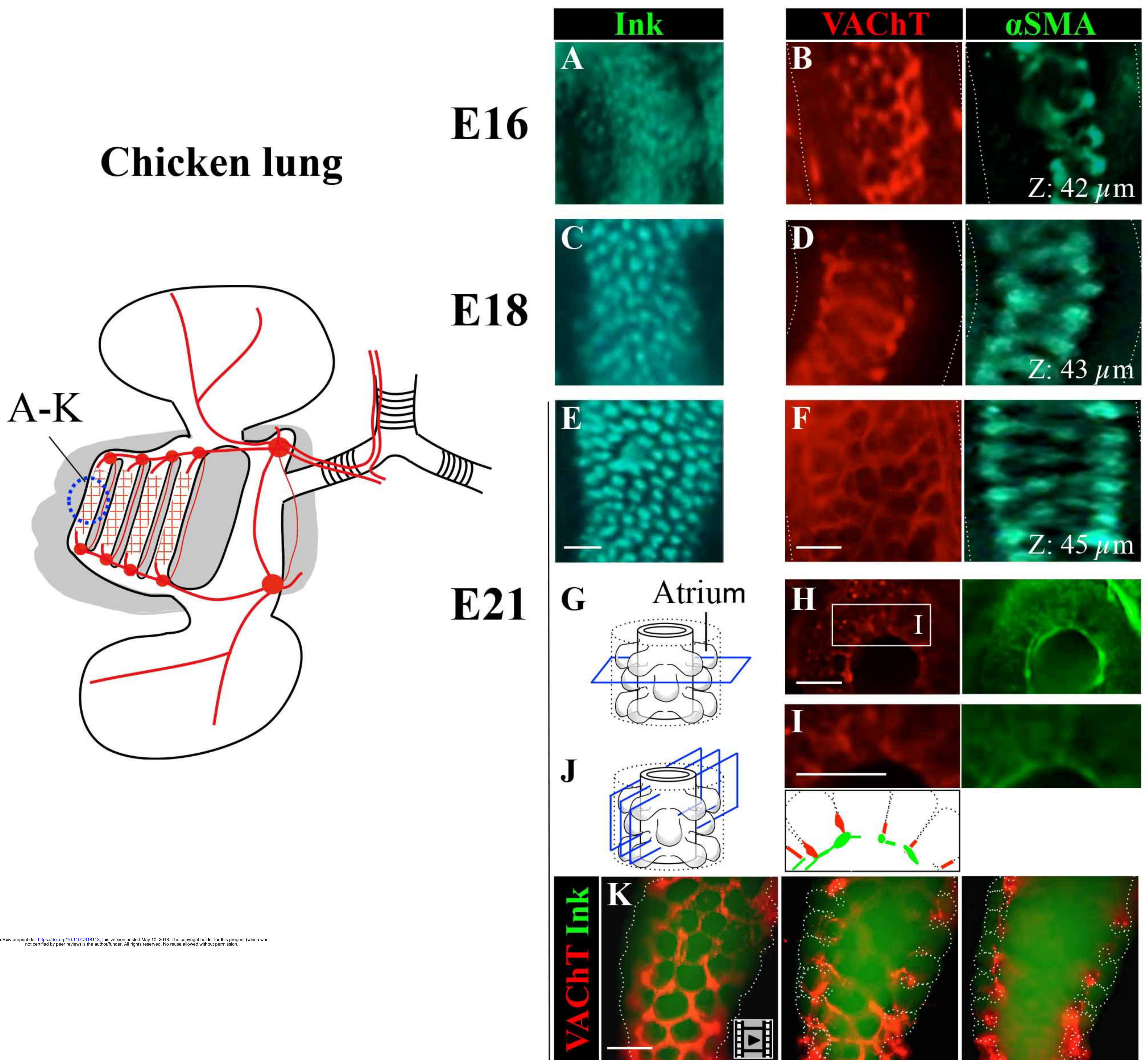


Figure 3 Watanabe et al.





A Mouse lung

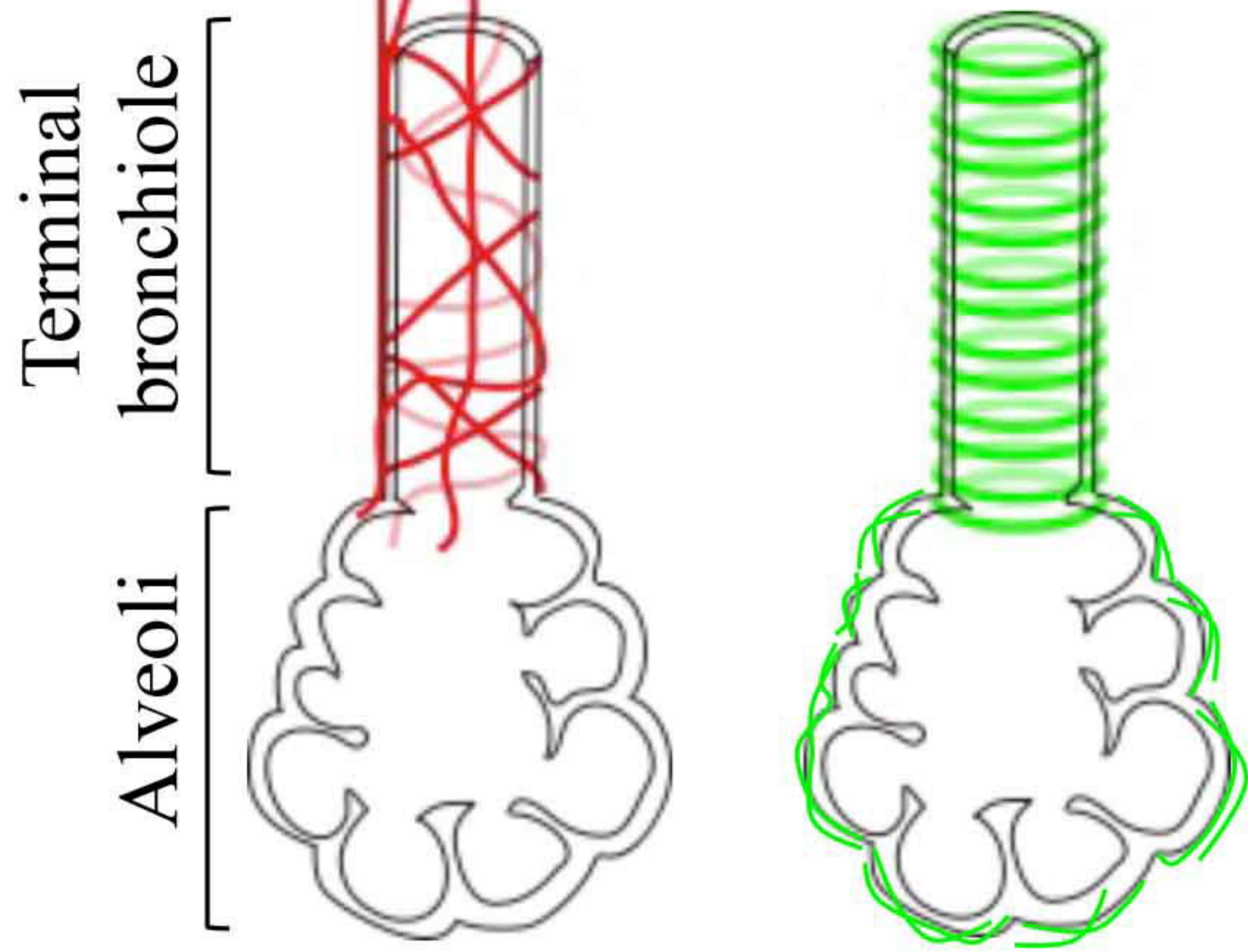
B Chicken lung

Terminal bronchiole and alveoli

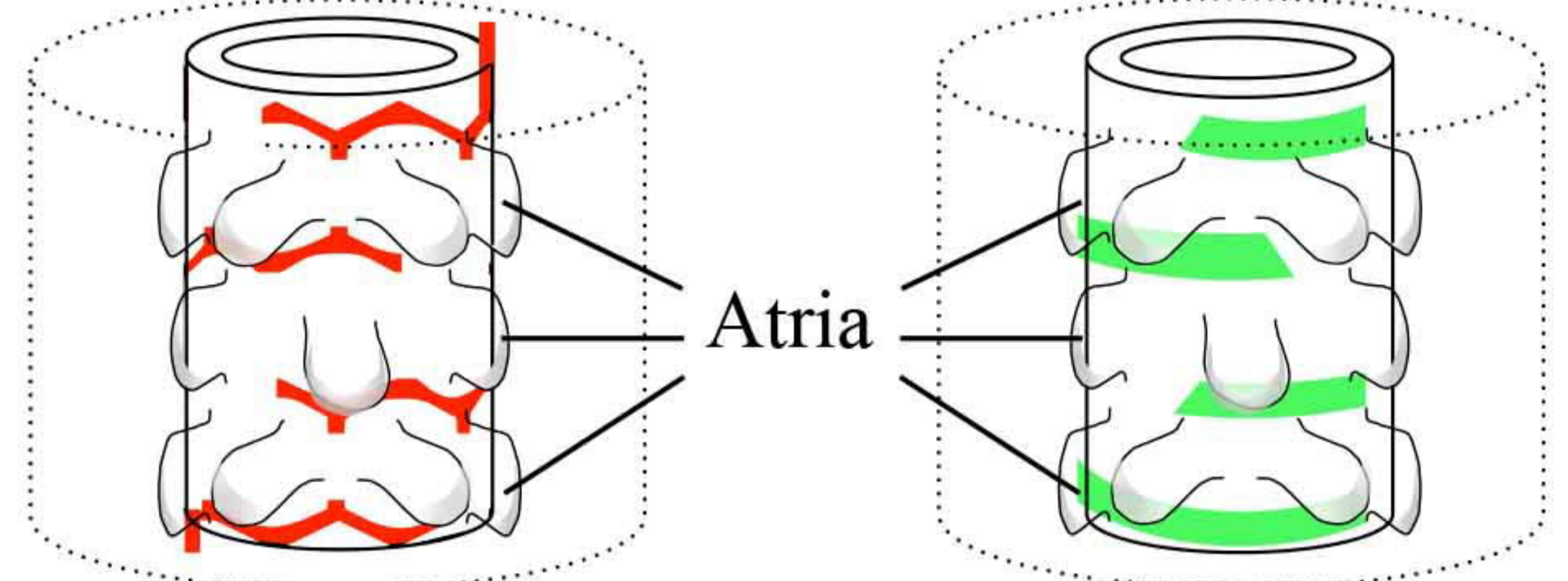
Parabronchus

E16 – P0^{after}

E16

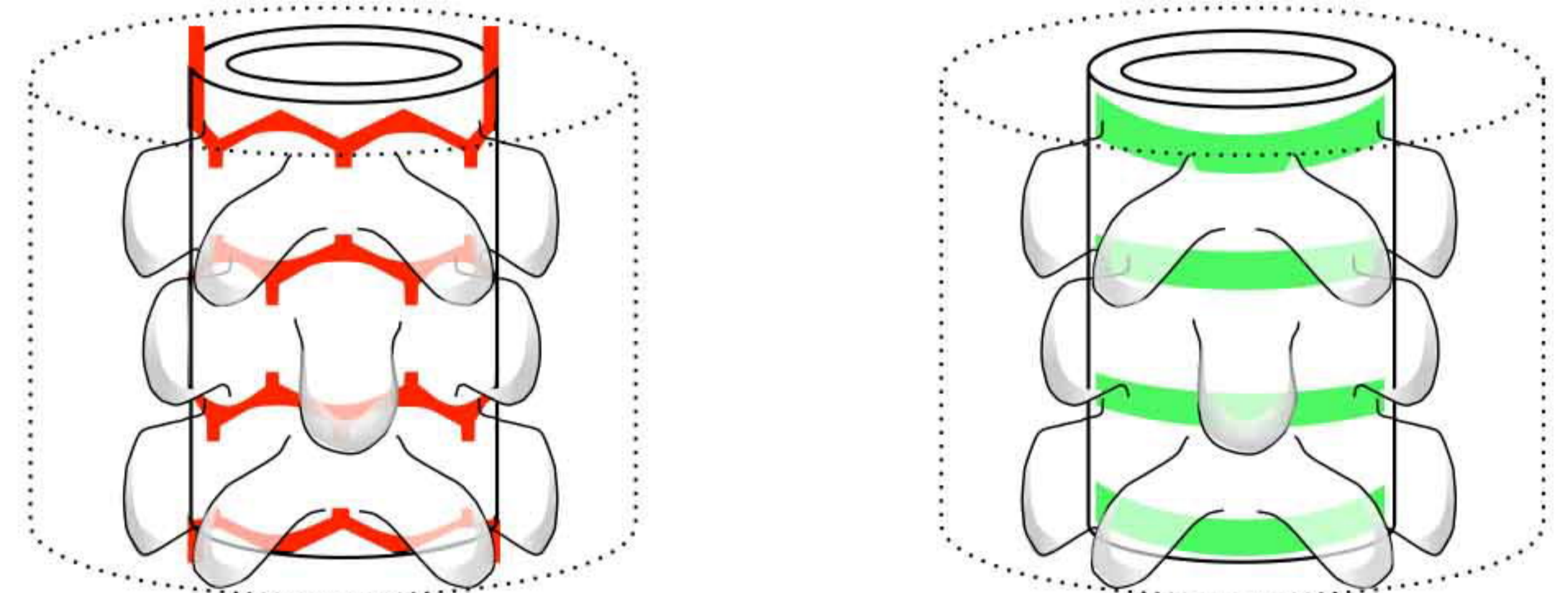


Parabronchus

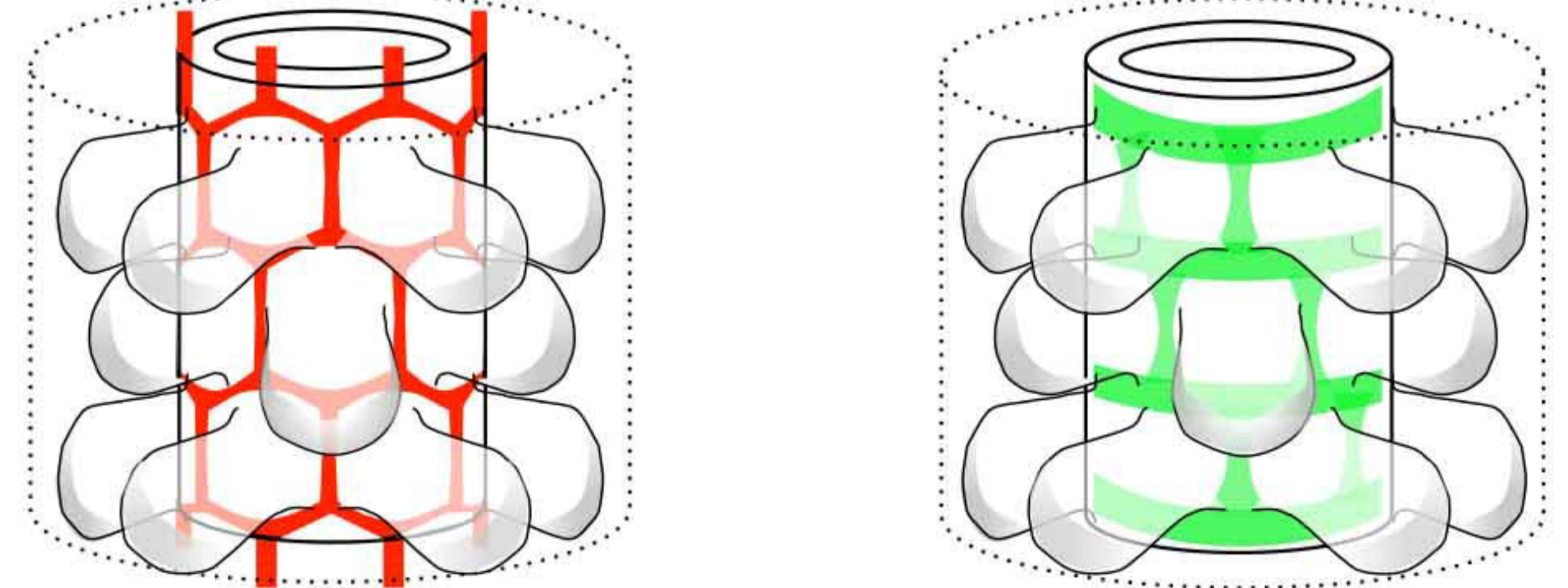


Atria

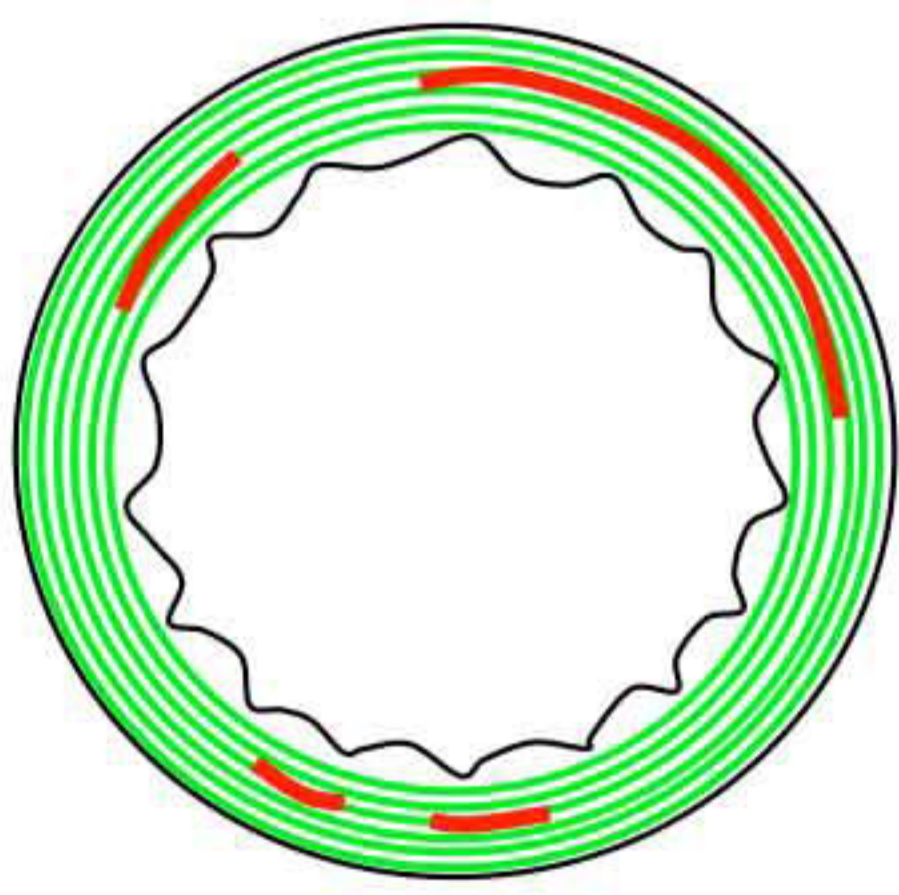
E18



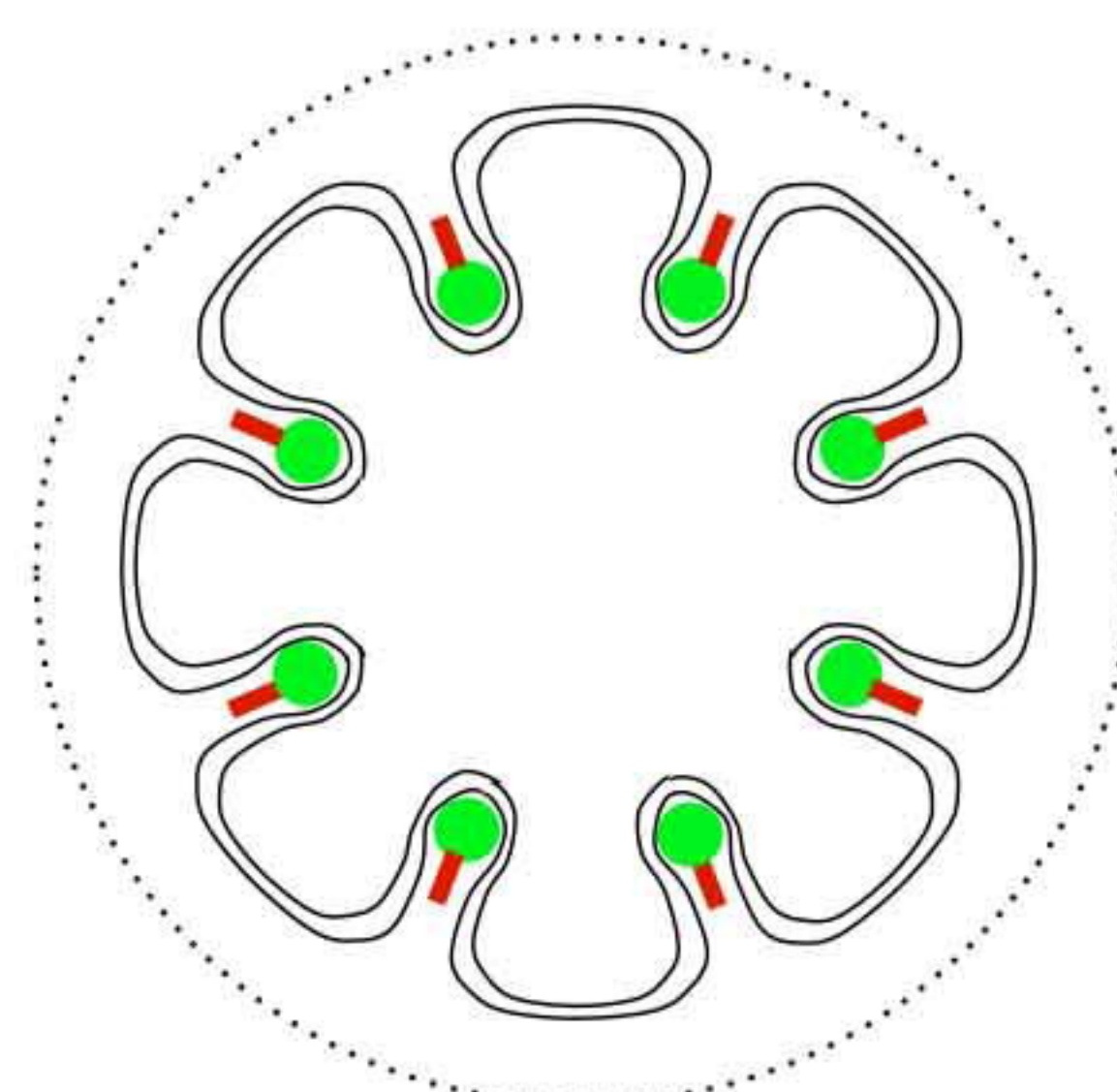
E21



Transverse view



Transverse view



- Parasympathetic ganglion
- VACHT+ nerve
- Smooth muscle

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Figure 6 Watanabe et al.