Palaeobiological inferences based on long bone epiphyseal and diaphyseal structure - the

forelimb of xenarthrans (Mammalia)

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Abstract

Trabecular architecture (i.e., the main orientation of the bone trabeculae, their relative

number, mean thickness, spacing, etc.) has been shown experimentally to adapt with extreme

accuracy and sensitivity to the loadings applied to the bone during life. However, the potential

of trabecular parameters used as a proxy for the mechanical environment of an organism's

organ to help reconstruct the lifestyle of extinct taxa has only recently started to be exploited.

Furthermore, these parameters are rarely combined to the long-used mid-diaphyseal

parameters to inform such reconstructions. Here we investigate xenarthrans, for which

functional and ecological reconstructions of extinct forms are particularly important in order

to inform our macroevolutionary understanding of their main constitutive clades, i.e., the

Tardigrada (sloths), Vermilingua (anteaters), and Cingulata (armadillos and extinct close

relatives). The lifestyles of modern xenarthrans can be classified as fully terrestrial and highly

fossorial (armadillos), arboreal (partly to fully) and hook-and-pull digging (anteaters), or

suspensory (fully arboreal) and non-fossorial (sloths). The degree of arboreality and

fossoriality of some extinct forms, "ground sloths" in particular, is highly debated. We used

high-resolution computed tomography to compare the epiphyseal 3D architecture and mid-

diaphyseal structure of the forelimb bones of extant and extinct xenarthrans. The comparative

approach employed aims at inferring the most probable lifestyle of extinct taxa, using a

phylogenetically informed discriminant analysis. Several challenges were identified, and no

extinct sloths were here ascribed to one of the extant xenarthran lifestyles. Differing from that

of the larger "ground sloths", the bone structure of the small-sized *Hapalops* (Miocene of

Argentina), however, was found as significantly more similar to that of extant sloths, even

when accounting for the phylogenetic signal.

Keywords: Bone structure; Forelimb; Locomotion; Palaeobiological inferences; Trabeculae;

Xenarthra

Introduction

Bone structure is intensively studied in analyses concerned with functional anatomy because it is argued to be extremely plastic. While a genetic blueprint influences bone structure, it has been shown to adapt during life (and especially at an early ontogenetic stage) to its mechanical environment (Ruff et al. 2006). This was argued for trabecular bone, which reacts to loading with great accuracy and sensitivity (Barak et al. 2011). This was also argued for cortical bone, even though the latter is excepted to be less plastic, at least in part due to its lower remodeling rate (see review of Kivell, 2016). Comparative studies focusing on either trabeculae or cortical structure leveraged this great plasticity to associate structural phenotypes to lifestyles or functional uses of a limb. Because fossil bone cross-sections at mid-diaphysis were produced for over a century and a half (Kolb et al. 2015), a large number of mid-diaphyseal data related to extinct taxa was acquired, and successfully exploited for palaeobiological inferences (e.g., Germain & Laurin, 2005). Fossil three-dimensional (3D) trabecular architecture was much less investigated, as, to our knowledge, only few studies were published, which are all focussing on primates (DeSilva & Devlin 2012; Barak et al. 2013; Su et al. 2013; Skinner et al. 2015; Su & Carlson 2017; Ryan et al. 2018).

Because both trabecular and cortical structure have yielded a functional signal, combining them in a single analysis could potentially help in our endeavours to associate a bone overall structure to a loading regime, and, eventually, a function. This combined analysis has previously been achieved, on extant taxa, via different approaches. Based on epiphyseal regions of interest (ROIs) and mid-diaphyseal sections, Shaw & Ryan (2012) examined both compartments in the humerus and femur of anthropoids (see also Lazenby et al. (2008) for handedness within humans). They measured individual trabecular and mid-diaphyseal parameters, but did not combine the latter in a single test. Another approach, termed 'holistic analysis' (Gross et al. 2014), was used in *Pan* and *Homo* whole bones or

epiphyses, but parameters were not used conjointly to discriminate functional groups in the

statistical assessment either. It is noteworthy, however, that Tsegai et al. (2017), used the

same method and performed a Principal Component Analysis. Skinner et al. (2015) and

Stephens et al. (2016)) also used Gross et al. (2014)'s method, but focused on trabecular

architecture only. This approach is particularly relevant for medium- to large-sized mammals

such as *Pan* or *Homo*, for which the epiphyses include a complex trabecular architecture with

distinct zones of different arrangement. One can note that an entirely different approach, not

relying on the measurement of these parameters, but on micro-finite element analysis, was

also applied to a primate (Huynh Nguyen et al. 2014). To our knowledge, epiphyseal

trabecular and mid-diaphyseal parameters were never combined in a functional analysis about

non-primate taxa, and no analysis used both trabecular and cross-sectional parameters in the

same discriminant test.

As early as the 19th century, it was recognized that "ground sloths", *Megatherium* in

particular (Owen 1861), were characterized by a medulla filled with spongy bone (see review

of the matter by Amson and Nyakatura (2017). This feature was argued to be suited to

withstand compression in this large-sized taxon (Blanco & Czerwonogora 2003).

Compactness profile of a mid-diaphyseal section was studied in various extant and extinct

xenarthrans by Straehl et al. (2013). They found that most armadillos were characterized by a

humeral mid-diaphysis that is relatively more compact than that of the femur. Finally, Amson

et al. (2017a) studied the epiphyseal trabecular architecture in extant xenarthrans, and found

that some parameters, the degree of anisotropy (DA) in particular, differed among functional

categories.

Indeed, xenarthrans are marked by distinct lifestyles that can be used to define

functional categories. Extant xenarthrans were categorized by Amson et al. (2017a) as fully

arboreal (extant sloths), intermediate (anteaters), and fully terrestrial and fossorial

(armadillos), and several fossorial classes were recognized among the latter. Those categories

mostly match the phylogeny (i.e., most classes correspond to one clade). However, this is

likely not true anymore, if one includes the extinct xenarthrans, the "ground sloths" in

particular.

Lifestyle reconstruction of extinct xenarthrans dates back to the 18th century (see

review by Amson and Nyakatura (2017)). Various methods were employed to infer the

lifestyle of extinct xenarthrans. So far, they all relied on bone (and teeth) gross morphology,

involving approaches such as biomechanical modelling (Fariña & Blanco 1996) or muscle

reconstruction (Toledo et al. 2013). This was found as challenging, partly because of the lack

of modern analogues for some taxa (Vizcaíno et al. 2017), and partly because of the

autapomorphic nature of several of the xenarthran traits (including that of extant taxa), which

makes disentangling the phylogenetic and functional signals difficult (Amson et al. 2017a).

Bone structure was argued to be extremely plastic in general, and found, in xenarthrans in

particular, to be mostly devoid of phylogenetic signal (and when a significant signal is found,

it is likely due to the matching between functional categories and clades (Amson et al.

2017a)). The ecophenotypic character of bone structure (Ryan et al. 2018) is the rationale

behind the present endeavour.

Extant sloths represent but a remnant of the overall diversity of Tardigrada, and most

likely acquired their highly derived lifestyle convergently (Nyakatura 2012; Coutier et al.

2017). The fossil record of early (Palaeocene-Eocene) xenarthrans and especially that of

sloths, is rather poor (Gaudin & Croft 2015). It is therefore hard to reconstruct the ancestral

lifestyle of Tardigrada, and more generally Xenarthra. To date, no extinct sloths have been

reconstructed to have had a suspensory posture and locomotion resembling their extant kin.

But, because their gross anatomy was considered as similar to that of extant anteaters,

Matthew (1912) argued that *Hapalops*, for instance, was partly arboreal. Such lifestyle was of

course not considered for larger taxa (but see translation of Lund in Owen (1839) for an early

opposite view). However, digging capabilities, as well as bipedal stance and/or locomotion,

was proposed for several medium-sized (e.g., *Glossotherium*) to giant-sized (e.g.,

Megatherium) "ground sloths" (Bargo et al. 2000; Patiño & Fariña 2017). For the present

analysis, we were able to sample small-sized as well as large-sized "ground sloths." The

estimated body sizes of the latter exceed that of extant xenarthrans by an order of magnitude

(see below for body mass estimates). Because this has already been pointed out as a challenge

for the reconstruction of extinct xenarthrans' lifestyles (Vizcaíno et al. 2017), and because

size might be correlated to at least some bone structure parameters, our approach also

identified potential challenges inherent to the taxa and parameters we studied.

Material and Methods

Specimen and scanning procedure

The dataset of Amson et al. (2017a), which consists of extant skeletally mature wild-

caught xenarthrans, was extended by several extinct sloths roughly spanning the whole body

size range of the group: the small-sized (ca. 38 kg (Bargo et al. 2012)) *Hapalops* sp.,

Ameghino, 1887 (Santa Cruz Formation, Early Miocene, ca. 17 Ma (Perkins et al. 2012)), the

medium-sized *Valgipes bucklandi* (ca. 200 kg (Smith et al. 2003); Lagoa Santa, Brazil,

Pleistocene; the sampled specimen MNHN.F.BRD29 is labelled *Ocnopus gracilis*, which is

now viewed as a junior synonym (Cartelle et al. 2009)) and *Glossotherium robustum* (ca.

1200 kg (Vizcaíno et al. 2006); 'Pampean', Argentina and Tarija, Bolivia, both Pleistocene),

and the large-sized *Lestodon armatus* (ca. 3200 kg (Vizcaíno et al. 2006); 'Pampean',

Argentina, Pleistocene) and *Megatherium americanum* (ca. 4000 kg (Fariña et al. 1998);

'Pampean', Argentina, Pleistocene). All fossils were scanned (micro computed tomography,

µCT) using a v|tome|x 240 L system (GE Sensing & Inspection Technologies Phoenix X|ray)

at the AST-RX platform of the Museum national d'Histoire naturelle (Paris, France;

http://www.ums2700.mnhn.fr/ast-rx/ressources). According to the methodology and results of

Amson et al. (2017a), we focused our data acquisition of the trabecular parameters on the

humeral head and radial trochlea regions of interest (ROIs; see below). Mid-diaphyseal

parameters were acquired for these two bones and for the third metacarpal (Mc III) in all

species, when available. See Table 1 for the list of skeletal elements sampled for each extinct

species, along with ROIs for which data were successfully acquired. For the included

specimens, scanning resolution ranged from 0.03 to 0.123μm (depending on the size of the

specimens). Relative resolution, used to assess if the employed resolution is adequate to

analyse trabecular bone (mean trabecular thickness divided by resolution) ranged from 5.1 to

11.5 pixels/trabecula. This is considered as appropriate (Sode et al. 2008; Kivell et al. 2011;

Mielke et al. 2018). For this first endeavour of palaeobiological reconstruction of "ground

sloths" lifestyle based on bone diaphyseal and trabecular structure, we compared the

parameters yielded by the fossils to those of the extant specimens, using the same lifestyle

categories as defined by Amson et al. (2017a), i.e., the fully arboreal sloths, intermediate

anteaters, and fully terrestrial and fossorial armadillos.

Qualitative observation of the diaphyseal structure

Raw image stacks were visualized with the Fiji package (ImageJ2 v. 1.51n and plugins

(Schindelin et al. 2012, 2015; Schneider et al. 2012)). The routine 'Orthogonal views' was

used to compute longitudinal sections. Sedimentary matrix prevented satisfying segmentation

for some specimens but at least some qualitative observations were possible for all specimens

(see Table 1).

Trabecular parameters

We followed the methodology of Amson et al. (2017a), which involves the use of the

BoneJ plugin (Doube et al. 2010) for Fiji. In brief, bones were placed in the same standard

orientation, ROIs were selected in the centre of the studied epiphyses (to be as large as

possible but without including cortical bone), the resulting substack was thresholded

('Optimise Threshold> Threshold Only' routine), purified ('Purify' routine), and trabecular

parameters were measured. Given the results of Amson et al. (2017a), we focused on the

degree of anisotropy (DA), main direction of the trabeculae (MDT), bone volume fraction,

BV/TV, connectivity density (Conn.D), trabecular mean thickness (Tb.Th), trabecular mean

spacing (Tb.Sp), bone surface area (BS). Other trabecular parameters routinely acquired,

however, can also be found in Supplementary Online Material (SOM) 1.

For some specimens, the lack of contrast between bone and the sedimentary matrix

prevented accurate bone segmentation (see Table 1). Thresholding (see above) was

successfully performed for the rest of the specimens; some of the latter, however, required

manual removal of a few sedimentary particles (using the un-thresholded stack to recognize

them).

The humerus of two specimens of *Hapalops* showed a slight remnant of epiphyseal

line. A smaller ROI was hence defined to exclude this line (which would have biased the

measurements) by cropping isometrically (in 3D) the substack (custom ImageJ script, SOM

2). The cropping coefficient (MNHN.F.SCZ162: 39%; MNHN.F.SCZ164: 72%) was then

applied to the whole dataset and trabecular parameters were acquired anew. The means of the

latter were compared to the initial parameters. For the dataset cropped at 72%, differences

were found as minor (similar MDT; ΔDA = 3%; ΔBV/TV < 1%; ΔConnD <1%), while for the

dataset cropped at 39%, differences were more important (MDT of opposing direction; ΔDA,

13%; ΔBV/TV = 2%; ΔConnD, 4%). We hence did not analyse further the latter dataset (and

excluded MNHN.F.SCZ162 from the analysis of trabecular architecture). A remnant of

epiphyseal line was also observed in *Glossotherium robustum* MNHN.F.PAM756, but in its

case only qualitative observations were made.

Mid-diaphyseal parameters

The same standardly oriented μCT-scan stacks (see above) were used for the

acquisition of mid-diaphyseal parameters. Using Fiji, a cross-section was selected at mid-

diaphysis; the latter was defined as the midpoint between most proximal and most distal

points of either articular surfaces. Several sampled fossils did not preserve the mid-diaphysis.

To compare them to the rest of the specimens, the latter were re-sampled at the level closest to

mid-diaphysis preserved by each of those fossils (as assessed by superimposition with a

complete specimen of the same species; MNHN.F.CSZ164 (humerus): 35% from proximal

end; MNHN.F.CSZ166 (radius): 72% from the proximal end; see Table 1). Once the mid-

diaphyseal cross-sections were selected, they were thresholded automatically (see above), but

we manually checked the resulting image, which, in a few instances, required a manual

correction of the levels. The whole sectional area (WArea), global compactness (both

acquired with a custom ImageJ script, SOM 3), and cross-sectional parameters of the 'Slice

Geometry' routine of BoneJ (Doube et al. 2010) were acquired. For the following analyses,

we focused on cross-sectional area (CSA) and the ratio of second moment of area around

major to minor axes (Imax/Imin), also termed cross-sectional shape (CSS). If the ratio is close

to one, CSS will usually be roughly circular. Values above one will entail increasingly

elliptical shapes. The other trabecular parameters, however, can also be found in SOM 1.

Because it is redundant with GC, CSA will only be used as a potential body size proxy (see

below).

Statistics

The whole statistical analysis was performed using R version 3.4.3. Amson et al.

(2017a) accounted for size effects by computing a phylogenetically informed linear regression

for each parameter, against a size proxy. If the regression was found as significant, its

residuals were used as the 'size-corrected' parameter. But the size of "ground sloths", well

exceeding for most of them that of extant xenarthrans, could bias such a procedure. Indeed,

the slightest error on the regression coefficients estimation would likely involve drastically

different residuals for those outlying taxa (see also Discussion). We therefore favoured, for

the present analysis, to normalize those parameters that have a dimension by dividing the trait

value by a body size proxy (raised to the same dimension). As body size proxies, we

considered the specimen-specific TV (for trabecular parameters) and WArea (mid-diaphyseal

parameters) or body mass (BM; specific averages, because unknown for most collection

specimens). Specific body masses were taken from the AnAge database (Tacutu et al. 2013)

and additional sources when necessary (Vizcaíno et al. 1999; Hayssen 2010; Abba &

Superina 2016; Smith & Owen 2017) for the extant species and from the specific sources

mentioned above for the extinct. The coefficient of determination of regressions against a

parameter well known to correlate with size (Tb.Th for trabecular parameters and CSA for

mid-diaphyseal parameters) indicated that BM was more representative of the sample

variance for the trabecular parameters, while it was WArea in the case of mid-diaphyseal

parameters. They were accordingly used as body size proxies in the subsequent analyses.

The timetree used by Amson *et al* (2017a) (which is based on Gibb et al. (2016)) was

completed with the extinct taxa. The relationships between the main clades follow Amson et

al. (2017b). The split between Mylodontidae (represented by *Lestodon*) and the other

Eutardigrada (all sloths but *Bradypus*) was set according to the age of the oldest fossil

pertaining to the clade (*Octodontotherium,* ca. 29 Ma (Flynn, Swisher, 1995 in Kay et al.,

1998) and is thus conservative (Fig. 1). The age of divergence between *Lestodon* and

Glossotherium was set according to the age of *Thinobadistes* (Hemphillian, ca. 9 Ma

(Woodburne 2010)), which is more closely related to *Lestodon* than *Glossotherium* according

to Gaudin (2004). Extinct sloths were placed according to their known geological ages (see

above; for Pleistocene taxa, a relatively young age of 0.1 Ma was arbitrarily given. Length of

the branches leading to nodes of unknown ages, which are in direct relation to extinct taxa,

and from these to terminal extinct taxa, were arbitrarily set at 1 and 0.1 Ma, respectively.

Beside univariate comparisons, we performed linear discriminant analyses to infer the

most likely lifestyle of extinct species. Both trabecular and mid-diaphyseal parameters of the

humerus and radius were conjointly used in these analyses (parameters from the Mc III were

not included because of their lack of discrimination power, see Results). To account for the

great body size disparity of the studied taxa, it is the 'size-normalized' parameters that were

used (raw value divided by the relevant body size proxy if parameter not dimensionless, see

above). One analysis per extinct taxon was performed, because we were not able to acquire all

parameters for each of them (depending on the successfully processed skeletal elements and

ROIs, see Table 1). To phylogenetically inform these analyses, we used the function pFDA

(Motani & Schmitz 2011; latest version available on github.com/lschmitz/phylo.fda). This

'phylogenetic flexible discriminant analysis' uses the optimised value of Pagel's Lambda to

account for the phylogenetic signal (Pagel 1999). As implemented here, the latter can span

from 0 to 1, respectively denoting absence of phylogenetic signal and trait evolution

consistent with a Brownian motion model of evolution. In the case of *Hapalops*, the number

of parameters exceed that of included taxa, and the most likely Lambda could not be

successful retrieved. Dimension number was hence reduced by using the first PCs of a PCA

(excluding the last two out of 17 PCs was enough to recover the most likely Lambda; the first

15 PCs represented 99% of the variance). The rest of the pFDA works as a 'traditional'

discriminant analysis, with training data (in our case that of the extant armadillos, anteaters,

and sloths) and test data (in our case that of the extinct sloths). If not normally distributed (as

indicated by a Shapiro test), the parameters were log-transformed.

Institutional abbreviations

MCL, Museu de Ciencias Naturais da Pontifícia Universidade Católica de Minas Gerais, Belo

Horizonte, Brazil; **MNHN.F**, Muséum national d'Histoire naturelle, Paris, France,

Palaeontology collection; **ZMB_MAM**, Museum für Naturkunde Berlin (Germany),

Mammals Collection; **ZSM**; Zoologische Staatssammlung München, Germany.

Results

Qualitative observations of diaphyseal structure

In the humerus of small armadillos and anteaters, the medullary cavity is mostly

devoid of spongy bone (with just a few isolated trabeculae, e.g., *Chaetophractus vellerosus*

ZSM-1926-24, Fig. 2A; *Cyclopes didactylus*, ZMB_MAM_3913). In larger members of these

clades, the medullary cavity is filled throughout the proximodistal length of the diaphysis by a

more or less dense spongiosa (e.g., *Priodontes maximus* ZSM-1931-293; *Myrmecophaga*

tridactyla, ZMB_MAM_102642; Fig. 2B-C). In extant sloths, a spongiosa can be observed in

most of the diaphysis (*Bradypus*; n=4) or throughout its length (*Choloepus*, Fig. 2E; n=4), but

a central region free of trabeculae subsists. The medullary cavity of the whole diaphysis is full

of spongy bone in *Glossotherium* (n=1; Fig. 2F). It is nearly full in *Scelidotherium*, with just a

small central free region subsisting (n=1). For *Hapalops*, a clear assessment cannot be given

due to the preservation of the specimens at hand (MNHN.F.SCZ162 seems to show a free

medullary cavity, but MNHN.F.SCZ164, which only preserves the proximal third of bone,

shows a medullary cavity full of spongy bone). The whole diaphysis of the larger sloths

Megatherium and *Lestodon* were not observed, but it is noteworthy that their epiphyses are

filled with dense spongiosa (each n=1).

The radius of extant xenarthrans shows the same pattern as the humerus. In

Glossotherium, *Lestodon*, and *Megatherium*, the medullary cavity of the whole radial

diaphysis is essentially full of spongy bone (Fig. 2G; no data for *Hapalops* for which the

entire radial epiphysis could not have been sampled). While the hind limb was not sampled

for this study, it is noteworthy that the observation of a 'naturally sectioned' tibia of the

small-sized *Nothrotherium* reveals that the medullary cavity is entirely filled with dense

spongy bone (Fig. 2D).

Univariate comparisons

The structure of the Mc III of extant species did not differ notably among the lifestyle

categories (Fig. 3A-B). There is only a tendency for the anteaters and armadillos to have a

more compact mid-diaphysis (Fig. 3A). Mc III structure was therefore not further studied, and

not included in the discriminant analyses (see below). One can note, however, that some

armadillos have an outlyingly high CSS (i.e., very elliptic cross-section) at mid-diaphysis

(Fig. 3B; the single most elliptic value is found in the subterranean *Calyptophractus retusus*

ZSM-1961-316). A great disparity of CSS at this location is found in extinct sloths, with the

value of *Valgipes* falling among the outlying armadillos just mentioned, and that of

Megatherium being the single lowest (i.e., most circular cross-section).

The humeral diaphysis in *Hapalops* is remarkably compact. At mid-diaphysis (n=1), it

features the highest GC value of the whole dataset (Fig. 3C). At 35% of the diaphyseal length

(from the proximal end; n=2), *Hapalops* falls in the uppermost distribution of the extant

sloths. The CSS at humeral mid-diaphysis of *Hapalops* falls among the low values (i.e., round

cross-section) of extant sloths (Fig. 3D), but among those of anteaters at 35% of the

diaphyseal length. In *Scelidotherium* (n=1), the GC of the humerus at mid-diaphysis is higher

than that of most extant xenarthrans, falling in the upper distribution of armadillos and extant

sloths (Fig. 3C). One should note, however, that this parameter does not yield any clear

distinction among lifestyles. The humeral CSS at mid-diaphysis of *Scelidotherium*, on the

other hand, falls among anteaters (Fig. 3D).

The radial diaphysis of *Hapalops* features a GC value (n=1; sampled at 72% of

diaphyseal length) that falls among the distribution of armadillos, being slightly higher than

extant sloths' values. The GC of *Glossotherium* and *Lestodon* at radial mid-diaphysis is very

low, which agrees with the tendency observed in extant sloths (Fig. 3E). Their high CSS (i.e.,

more elliptical section), however, falls beyond the distribution of most extant xenarthrans,

being only tied or exceeded by two outlying armadillos (Fig. 3F).

Regarding the trabecular architecture parameters, only the degree of anisotropy (DA)

will be presented with univariate comparisons, as it was singled out as the most functionally

informative of these parameters in extant xenarthrans (Amson et al. 2017a). For the humeral

head, using a ROI representing 72% of the maximum volume (see Material ad Methods

section), both *Hapalops* and *Lestodon* (n =1 in each case) fall in the upper distribution (i.e.,

more anisotropic) of extant sloths and anteaters, which tend to feature lower values than the

armadillos (Fig. 4A). The same pattern is found for the full ROI in *Lestodon* (no data for

Hapalops, see Material ad Methods section). In the distal radius (trochlea), the DA value of

Hapalops falls above the main distribution of extant sloths, within that of anteaters (Fig. 4B).

Glossotherium is the sampled taxon with the single lowest DA value (most isotropic

structure). One should note, however, that DA was significantly correlated to body size (see

Discussion). The main direction of the trabeculae (MDT) in the radial trochlea (humeral head

did not yield lifestyle discrimination; Amson et al. 2017b) of both *Hapalops* and

Glossotherium falls outside the distribution of extant xenarthrans (Fig. 4C). In both cases, the

MDT falls closer to the distribution of extant sloths.

Phylogenetically flexible discriminant analyses

For *Hapalops*, 18 parameters could have been included in the analysis (diaphyseal and

trabecular parameters, from both the humerus and radius), of which the dimensionality was

reduced with a PCA (see Material and Methods section). The recovered optimal Lambda is

0.39 and the discrimination is optimal (training misclassification error of 0%). *Hapalops* is

classified as a sloth with a high posterior probability (>99%). However, it clearly falls beyond

the distribution of extant xenarthrans (Fig. 4A).

For *Lestodon*, eight parameters could have been included (from the radial diaphysis

and humeral head trabeculae). The recovered optimal Lambda is 0.80, and training

misclassification error is 38%. It is classified as an anteater with a rather low posterior

probability (68%), the second most probable classification being to armadillos (32%).

According to this analysis, a classification as a sloth is very improbable (0.03%). *Lestodon*

falls beyond the distribution of extant xenarthrans (Fig. 4B).

For *Glossotherium*, eight parameters could have been included (from the radial

diaphysis and trabeculae of the radial trochlea). The recovered optimal Lambda is 0.88, and

training misclassification error is 35%. The most probable classification is to anteaters (50%),

followed by the equally probable classifications to armadillos or sloths (each 25%).

Glossotherium falls within the distribution of extant xenarthrans, but outside the distribution

of each lifestyle class, just outside that of anteaters (Fig. 4C).

For *Scelidotherium*, only two parameters could have been included (from the humeral

diaphysis). An optimal Lambda of 0.96 and a high training misclassification error of 69%

were recovered. The three possible classifications are roughly equally likely (anteater: 37%;

sloth: 36%; armadillo: 27%). *Scelidotherium* basically falls in the middle of the distribution of

extant xenarthrans (Fig. 4D).

Discussion

On the whole, the classification of extinct sloths to one of the extant xenarthran

lifestyles (that of armadillos, anteaters, or extant sloths) based on forelimb bone structure

proved to be challenging. This appears to be due to at least three obvious causes: (1) the

imperfect lifestyle discrimination based on diaphyseal and trabecular parameters, (2) the

difficulties raised by the size correction (for some parameters), and (3) the fact that the values

of extinct taxa are outliers with respect to the distribution of extant xenarthrans (for some

parameters).

The four discriminant analyses we performed vary greatly in the number of included

parameters. As expected, analyses including more parameters yielded a better discrimination.

The lowest misclassification error (0%) was obtained for the analysis of *Hapalops*, for which

it was possible to include 15 parameters (18 before dimension reduction) from both the

diaphysis and epiphyseal trabeculae. The worst discrimination (69% of misclassification

error) was found for the analysis of *Scelidotherium*, for which only two parameters, from the

humeral diaphysis, could have been included. This lends support to the approach of including

parameters from several bone compartments, if one endeavours to discriminate lifestyles

based on these parameters.

Several of the investigated parameters were significantly correlated to body size. To

attempt to prevent the size of the studied taxa to influence the analysis, a common approach is

to size-correct the raw data using the residuals of a regression of the trait against a body size

proxy (Mccoy et al. 2006). This proved to be challenging for extinct sloths, because, for most

of them, body size largely exceeds that of extant xenarthrans (Vizcaíno et al. 2017). This

potentially makes the size regressions spurious, as the extreme values over-influence the

regression coefficients. This is not a trivial consideration for our dataset. For instance, if one

would size-correct the DA in the radial trochlea using the residuals of the corresponding size

regression, the medium-sized extinct sloth *Glossotherium*, of which the raw DA value was

found as the lowest of the dataset, would fall in the middle of the overall distribution. For

those parameters that are dimensionless, we hence decided to use the untransformed data. But

this is likely to be biased as well. For instance, the scaling exponent of the degree of

anisotropy (DA) across Mammalia in the femoral head or condyle was found by Doube et al.

(2011) as negative (95% confidence interval excluded 0; the reported p-value however was

higher than 0.05). We also found a negative scaling exponent for one of the investigated ROI,

the radial trochlea (which was in our case found as significant). It would be suboptimal to

exclude this parameter, especially because it was found as the best functionally discriminating

parameter in extant xenarthrans (Amson et al. 2017a). It was also singled out as reflecting

joint loading in primates better than other parameters (Tsegai et al. 2018). A way to make the

size-correction more accurate in our case would be to include xenarthrans to the sampling that

have a body size between that of extant species and that of the giant "ground sloths", i.e., with

a mass roughly between 50 kg and 300 kg. Unfortunately, the number of known xenarthrans

of this size range is very limited.

It was already obvious from univariate comparisons that the bone structure in

Hapalops, the small-sized extinct sloth, departed from the condition observed in extant

xenarthrans. Indeed, the overall great compactness of its humeral diaphysis does not seem to

be matched by any other sampled xenarthrans (but see aquatic specialization of *Thalassocnus*

(Amson et al. 2014). This does not seem to be a systemic bone mass increase (Amson et al.

2018), because neither the trabecular parameters nor the compactness of the radial diaphysis

of this taxon seems to be notably affected by bone mass increase. Finding a compact humerus

is particularly surprising, as the stylopod can be expected to be less compact in terrestrial

mammals (Amson & Kolb 2016). In the case of *Lestodon*, it was not obvious from univariate

comparisons that its bone structure was outlying, but both the latter and *Hapalops* fell outside

the range of extant xenarthrans in the respective discriminant analyses. One may hence

conclude that, based on their bone structure, the humerus and radius of both *Hapalops* and

Lestodon were likely involved in a loading regime different from those associated with the

lifestyles of extant xenarthrans. For *Hapalops*, one can however note that the phylogenetically

informed discriminant analysis strongly supports a classification as an extant sloth, which

indicate that some features of their mechanical environment might have been similar. The

main direction of the trabecular (MDT) also agrees with the fact that the bone structure of

extant sloth is different but the most similar of the three extant lifestyles (Fig. 4C). Based on

bone gross morphology, *Hapalops* was previously reconstructed as partly or primarily

arboreal (Matthew 1912; White 1997). Both bone structure and gross morphology therefore

seem to point in the same direction for the reconstruction of *Hapalops*' lifestyle. The large-

sized *Lestodon*, on the other hand, is not classified with strong support to one of the extant

groups. The least probable classification is to extant sloths (0.03% of posterior probability),

which might suggest that the bone structure of *Lestodon* resembles more that of anteaters and

armadillos. Naturally, suspensory posture was never purported for this elephant-sized sloth.

Lestodon was interpreted as traviportal (slow-moving with both quadrupedal and bipedal

stances) by Toledo (1996), and the forelimb gross morphology was found as consistent with a

fossorial activity (but probably not to procure food (Coombs 1983); see Bargo et al. (2000)

for a more tempered interpretation). Including other fossorial and non-fossorial taxa to the

sampling of the bone structure analysis will be necessary to suggest a more precise assertion

regarding the digging habits of this taxon (but its large size will be problematic, see above).

The two other extinct sloths subject to a discriminant analysis, *Glossotherium* and

Scelidotherium, differ from the former two in falling within the distribution of extant

xenarthrans. However, in neither case the classification is clear, and it seems that acquiring

more of their bone structure parameters will be necessary to draw reliable conclusions.

The Mc III did not yield clear discrimination among the extant lifestyles and was

hence not included in the discriminant analyses. But one can note that an interesting pattern

was observed in the cross-sectional shape (CSS) of extinct sloths at mid-diaphysis. Indeed,

high values, denoting elliptic sections, are found in *Valgipes* and *Glossotherium*. Such a bone

structure is expected to be suited to resist bending along its major axis (Ruff & Hayes 1983).

This is consistent with previous lifestyle reconstruction of *Glossotherium*, which is argued to

have had fossorial habits (Coombs 1983; Bargo et al. 2000) supposedly entailing a well-

marked main direction of bending. Furthermore, it might suggest that *Valgipes* had similar

habits, which, to our knowledge, was never purported.

It has been repetitively argued that the medulla filled with spongy bone observed in

large-sized xenarthrans has a functional significance (see review of Amson and Nyakatura

(2017)). This was more generally suggested for large-sized mammals, and argued as a

potential adaptation to graviportality (Houssaye et al. 2015). It does not seem to be possible to

easily draw such a conclusion for xenarthrans: whatever their lifestyle, xenarthrans with a

mass of roughly 5 kg (e.g., *Tamandua*) and over tend to fill their medullary cavity with

spongy bone. This is true for the forelimb, as described here (and as also reported by

Houssaye et al. (2015) for the humerus), but likely also for the hind limb, as suggested by the

tibia of the small-sized extinct sloth *Nothrotherium* (ca. 80 kg) described herein. In the case of

xenarthrans, the great quantity of diaphyseal trabeculae might be related to another aspect

affecting bone structure, such as mineral homeostasis and/or metabolism.

The extremely low metabolism of extant sloths was suggested by Montañez et al.

(under review) as a potential explaining factor for their low cortical compactness (CC).

Indeed, they found that extant sloths depart in that regard from other extant xenarthrans as

well as from two extinct sloths (the small-sized *Hapalops* and *Parocnus*). No quantitative

assessment of CC was performed here. But we can report that, at mid-diaphysis, the CC of the

sampled extinct sloths was generally observed as low (when it could have been observed), as

in armadillos and anteaters. Nevertheless, two specimens showed a rather porous cortex,

Hapalops (humerus; MNHN.F.SCZ162) and *Glossotherium* (radius; MNHN.F.PAM756),

though not as porous as that of most extant sloths. A dedicated analysis of extinct sloths' CC

is required to investigate this trait and possibly use it to inform metabolic rate reconstruction

in extinct sloths.

Conclusion

Bone structure of the diaphysis and epiphyses of the third metacarpal, humerus, and

radius was here investigated in several species of extinct sloths, comparing it to that of extant

xenarthrans. Related parameters were successfully acquired and included in phylogenetically

flexible discriminant analyses. The latter constitute, to our knowledge, the first analyses that

conjointly include both diaphyseal and trabeculae parameters to discriminate lifestyles. The

identified challenges were the lack of discrimination power of some parameters, the

difficulties raised by size-correlated parameters, and the fact that some parameters fall outside

the range described by extant taxa. As a result, no extinct sloths are here confidently ascribed

to one of the lifestyles of extant xenarthrans. The humeral and radial structure of the small-

sized *Hapalops*, from the Miocene of Argentina, was nevertheless found as more reminiscent

of that of extant sloths, which agrees with the conclusions drawn based on gross morphology.

The humeral and radial structure of the large-sized *Lestodon*, from the Pleistocene of

Argentina, clearly departs from that of extant sloths. The singular bone structure of

xenarthrans, including a medullary cavity filled with spongy bone in most taxa, and a low

cortical compactness in extant sloths, deserves further investigations. Because Xenarthra is

argued to be one of the major clades of placental mammals (Asher et al. 2009; Gaudin &

Croft 2015), such investigations are not only important for the understanding of the

evolutionary history of the clade, but potentially for that of Mammalia as well.

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Table

Table 1. List of fossils with type of data acquired for each bone.

Species	Specimen number	Data type		
		Humerus	Radius	Mc III
Hapalops sp.	MNHN.F.SCZ166	-	72%MD; 100%TA	-
Hapalops sp.	MNHN.F.SCZ164	35%MD; 72%TA; (39%TA)	-	-
Hapalops sp.	MNHN.F.SCZ162	50%MD; 35%MD; (39%TA)	-	-
Lestodon armatus	MNHN.F.PAM754	-	50%MD	-
Lestodon armatus	MNHN.F.PAM755	-	-	50%MD
Lestodon armatus	MNHN.F.PAM95	100%TA	-	-
Glossotherium robustum	MNHN.F.PAM756	QO	50%MD; 100%TA	-
Glossotherium robustum	MNHN.F.PAM141	-	-	50%MD
Scelidotherium leptocephalum	MNHN.F.PAM236	50%MD	-	-
Valgipes bucklandi	MNHN.F.BRD29	-	-	50%MD
Megatherium americanum	MNHN.F.PAM753	-	-	50%MD
Megatherium americanum	MNHN.F.PAM758	-	QO	-

Footnotes: Abbreviations: 'n'-MD, mid-diaphyseal data, with 'n' the position of the sampled

cross-section from the proximal end; 'n'-TA, trabecular architecture data, with 'n' the cropping

coefficient that was used, if any (see Material and Methods section); QO, only qualitative

observations were performed.

Figure Legends

Figure 1. Timetree depicting the time-calibrated phylogenetic relationships of the xenarthrans

included in the phylogenetically flexible linear discriminant analyses. See Material and

Methods section for the sources used to build the timetree.

Figure 2. Qualitative observations of diaphyseal structure in xenarthrans. Longitudinal

sections of humeri (A-C, E-F, all from CT-scans), tibia (D, 'natural' section), and radius (G,

from CT-scan). A, *Chaetophractus vellerosus* (ZSM 1926-24); B, *Priodontes maximus* (ZSM

1931-293); C, *Myrmecophaga tridactyla* (ZMB_MAM_77025); D, *Nothrotherium*

maquinense (MCL 2821); E, *Choloepus didactylus* (ZMB_MAM_35825); F, *Glossotherium*

robustum (MNHN.F.TAR 767); G, *Lestodon armatus* (MNHN.F.PAM 754). Scale bars: A-E,

1 cm; F-G, 10 cm.

Figure 3. Univariate comparisons of mid-diaphyseal parameters. A, Mc III Global

Compactness (GC); B, Mc III cross-sectional shape (CSS); C, humeral GC; D, humeral CSS;

E, radial GC; F, radial CSS. Thresholded mid-diaphyseal virtual sections are depicted for the

extinct sloths. Abbreviations: ant, anteaters; arma, armadillos; Glos, *Glossotherium*; Hapa,

Hapalops; Lest, *Lestodon*; Meg, *Megatherium*; Sce, *Scelidotherium*; sloth, extant sloths.

Figure 4. Univariate comparisons of trabecular anisotropy parameters. A, degree of anisotropy

(DA) in the humeral head ROI, reduced at 72% of its maximum size (see Material and

Methods section); B, DA in the radial trochlea; C, main direction of the trabeculae (MDT) in

the radial trochlea. Abbreviations: ant, anteaters; arma, armadillos; Glos, *Glossotherium*;

Hapa, *Hapalops*; sloth, extant sloths.

Figure 5. Phylogenetically flexible linear discriminant analyses using humeral and radial bone

structure parameters. One analysis per extinct taxon (referred as of "unknown" class) was

performed, because of the difference in the parameters that could be included (see Material

and Methods section and Table 1). A, *Hapalops*; B, *Lestodon*; C, *Glossotherium*; D,

Scelidotherium. Abbreviations: ant, anteaters; arma, armadillos; sloth, extant sloths. The size

of extinct sloths' representations gives a rough indication of their body sizes.

Supplementary Online Material

SOM 1. Raw data. Excel document, of which each spreadsheet corresponds to a sampled

region.

SOM 2. ImageJ macro to crop isometrically a stack in 3D.

SOM 3. ImageJ macro to acquire mid-diaphyseal parameters.