

Palaeobiological inferences based on long bone epiphyseal and diaphyseal structure - the forelimb of xenarthrans (Mammalia)

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ABSTRACT

Trabecular architecture (i.e., the main orientation of the bone trabeculae, their number, mean thickness, spacing, etc.) has been shown experimentally to adapt with great accuracy and sensitivity to the loadings applied to the bone during life. However, the potential of trabecular parameters used as a proxy for the mechanical environment of an organism's organ to help reconstruct the lifestyle of extinct taxa has only recently started to be exploited. Furthermore, these parameters are rarely combined to the long-used mid-diaphyseal parameters to inform such reconstructions. Here we investigate xenarthrans, for which functional and ecological reconstructions of extinct forms are particularly important in order to improve our macroevolutionary understanding of their main constitutive clades, i.e., the Tardigrada (sloths), Vermilingua (anteaters), and Cingulata (armadillos and extinct close relatives). The lifestyles of modern xenarthrans can be classified as fully terrestrial and highly fossorial (armadillos), arboreal (partly to fully) and hook-and-pull digging (anteaters), or suspensory (fully arboreal) and non-fossorial (sloths). The degree of arboreality and fossoriality of some extinct forms, "ground sloths" in particular, is highly debated. We used high-resolution computed tomography to compare the epiphyseal 3D architecture and mid-diaphyseal structure of the forelimb bones of extant and extinct xenarthrans. The comparative approach employed aims at inferring the most probable lifestyle of extinct taxa, using phylogenetically informed discriminant analyses. Several challenges preventing the attribution of one of the extant xenarthran lifestyles to the sampled extinct sloths were identified. Differing from that of the larger "ground sloths", the bone structure of the small-sized *Hapalops* (Miocene of Argentina), however, was found as significantly more similar to that of extant sloths, even when accounting for the phylogenetic signal.

Keywords: Bone structure; Forelimb; Locomotion; Palaeobiological inferences; Trabeculae; Xenarthra

1 INTRODUCTION

2 Bone structure is intensively studied in
3 analyses concerned with functional anatomy
4 because it is argued to be extremely plastic. While
5 a genetic blueprint influences bone structure, it has
6 been shown to adapt during life (and especially at
7 an early ontogenetic stage) to its mechanical
8 environment (Ruff et al. 2006). This was argued for

9 trabecular bone, which reacts to loading with great
10 accuracy and sensitivity (Barak et al. 2011). This
11 was also argued for cortical bone, even though the
12 latter is expected to be less plastic, at least in part
13 due to its lower remodeling rate (see review of
14 Kivell, 2016). Comparative studies focusing on
15 either trabeculae or cortical structure intend to
16 leverage this great plasticity to associate structural
17 phenotypes to lifestyles or functional uses of a
18 limb. This has been achieved in some analyses (as

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19 recently exemplified by Georgiou et al. 2018; Ryan
20 et al. 2018; Tsegai et al. 2018) but not all of them
21 (see review of Kivell 2016), suggesting that some
22 confounding factors are likely to be at play, and
23 more generally that the approach is limited. For
24 trabecular bone in particular, important
25 intraspecific variation has been documented (e.g.,
26 in *Pongo*; Tsegai et al. 2013; Georgiou et al.
27 2018). Nevertheless, the fact that some analyses
28 successfully distinguished ecological groups might
29 indicate that broad differences of bone structure
30 among lifestyles can exceed, at least in some
31 cases, individual variability. Because fossil bone
32 cross-sections at mid-diaphysis have been
33 produced for over a century and a half (Kolb et al.
34 2015), a large number of mid-diaphyseal data
35 related to extinct taxa have been acquired, and
36 successfully exploited for palaeobiological
37 inferences (e.g., Germain & Laurin, 2005). Fossil
38 three-dimensional (3D) trabecular architecture has
39 been much less investigated, as, to our
40 knowledge, only few studies have been published,
41 which are all focussing on primates (DeSilva &
42 Devlin 2012; Barak et al. 2013; Su et al. 2013;
43 Skinner et al. 2015; Su & Carlson 2017; Ryan et al.
44 2018).

45 In general terms, it is assumed that the
46 diaphysis of long bones tends to be exposed to
47 mostly bending and torsion, and to a lesser extent
48 axial compression (Carter & Beaupré 2001). On
49 the other hand, the architecture of epiphyseal
50 trabeculae is usually related to compressive and
51 tensile strains (Biewener et al. 1996; Pontzer et al.
52 2006; Barak et al. 2011). Trabecular and cortical
53 compartments are hence expected to have distinct
54 mechanical properties, which do not necessarily
55 co-vary. To combine them in a single analysis, it
56 can therefore be argued that the structural
57 parameters deriving from these two types of
58 structures should be considered as distinct
59 (univariate) variables. Because trabecular and
60 cortical structures have independently yielded a
61 functional signal, such a combined analysis could
62 potentially help in our endeavours to associate a
63 bone overall structure to a loading regime, and,
64 eventually, a function. This combined analysis has
65 previously been achieved, on extant taxa, via
66 different approaches. Based on epiphyseal regions
67 of interest (ROIs) and mid-diaphyseal sections,
68 Shaw & Ryan (2012) examined both
69 compartments in the humerus and femur of
70 anthropoids (see also Lazenby et al. (2008) for
71 handedness within humans). They measured
72 individual trabecular and mid-diaphyseal
73 parameters, but did not combine the latter in a
74 single test. Another approach, termed 'holistic
75 analysis' (Gross et al. 2014), was used in *Pan* and
76 *Homo* whole bones or epiphyses, but parameters

77 were not used conjointly to discriminate functional
78 groups in the statistical assessment either. It is
79 noteworthy, however, that Tsegai et al. (2017),
80 also used this holistic analysis and performed a
81 Principal Component Analysis (even though in that
82 case the focus was on trabecular bone architecture
83 and cortical bone thickness at the articular
84 surface). Skinner et al. (2015) and Stephens et al.
85 (2016) also used Gross et al. (2014)'s method, but
86 focused on trabecular architecture only. This
87 approach is particularly relevant for medium- to
88 large-sized mammals such as *Pan* or *Homo*, for
89 which the epiphyses include a complex trabecular
90 architecture with distinct zones of different
91 arrangement (such as the so-called vertical and
92 horizontal trabecular columns in the femoral neck;
93 Hammer 2010). One can note that an entirely
94 different approach, not relying on the
95 measurement of these parameters, but on micro-
96 finite element analysis, was also applied to a
97 primate (Huynh Nguyen et al. 2014). To our
98 knowledge, epiphyseal trabecular and mid-
99 diaphyseal parameters have never been combined
100 in a functional analysis about non-primate taxa,
101 and no analysis used both trabecular and cross-
102 sectional parameters in the same discriminant test.

103 References to bone structure in "ground sloths",
104 *Megatherium* in particular, date back to the 19th
105 century (Owen 1861). But it is only fairly recently
106 that quantification of bone structure was performed
107 (Straehl et al. 2013; see review of Amson &
108 Nyakatura 2017). Straehl et al. (2013) examined
109 compactness profile of a mid-diaphyseal section in
110 the limb long bones of various extant and extinct
111 xenarthrans. They found that most armadillos were
112 characterized by a humeral mid-diaphysis that is
113 relatively more compact than that of the femur.
114 Subsequently, Amson et al. (2017a) studied the
115 epiphyseal trabecular architecture in extant
116 xenarthrans, and found that some parameters, the
117 degree of anisotropy (DA) in particular, differed
118 among functional categories.

119 Indeed, xenarthrans are marked by distinct
120 lifestyles that can be used to define functional
121 categories. Extant xenarthrans were categorized
122 by Amson et al. (2017a) as fully arboreal and non-
123 fossorial (extant sloths), intermediate in both
124 fossoriality and arboreality (anteaters), or fully
125 terrestrial and fossorial (armadillos), and several
126 fossorial classes were recognized among the
127 latter. Partly following their expectations, Amson et
128 al. (2017a) recovered that the armadillos (and in
129 particular the more highly fossorial ones) differ in
130 their greater DA for instance. The latter can be
131 expected to be associated with the presence of
132 one main loading direction in these highly fossorial
133 taxa (as opposed to various equally marked

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134 directions in taxa for which the forelimb is arguably
135 facing a less stereotypical main loading). Similarly,
136 one could expect those taxa of which the long
137 bone in question experiences one main bending
138 direction to be characterized by a more elliptical
139 cross-sectional shape at mid-diaphysis (CSS, see
140 below), with the section's major axis aligned along
141 that direction (as the major axis indicates the
142 direction of the greatest bending rigidity; Ruff &
143 Hayes 1983). Because no significant differences
144 were recovered in the mid-diaphyseal global
145 compactness between fossorial and non-fossorial
146 talpid moles (Meier et al. 2013), it seems that a
147 simple relation between this parameter and a
148 loading scheme associated with fossorial activity
149 should not be expected (see also Straehl et al.
150 2013).

151 For extant xenarthrans, the functional
152 categories mentioned above mostly match the
153 phylogeny, i.e., most categories are aggregated
154 into clades. However, this is likely not true if one
155 includes the extinct xenarthrans, the "ground
156 sloths" in particular, because their lifestyle was
157 interpreted as different from that of their closest
158 relatives, the "tree sloths". Lifestyle reconstruction
159 of extinct xenarthrans dates back to the 18th
160 century (see review of Amson & Nyakatura 2017).
161 Various methods were employed to infer the
162 lifestyle of extinct xenarthrans. So far, they all
163 relied on bone (and tooth) gross morphology,
164 involving approaches such as comparative
165 functional morphology (Amson et al. 2015a),
166 biomechanical modelling (Fariña & Blanco 1996)
167 or muscle reconstruction (Toledo et al. 2013). This
168 was found to be challenging, partly because of the
169 lack of modern analogues for some taxa (Vizcaíno
170 et al. 2017), and partly because of the
171 autapomorphic nature of several of the xenarthran
172 traits. This, along with the fact that functional
173 categories mostly match phylogeny, makes
174 disentangling the phylogenetic and functional
175 signals difficult (Amson et al. 2017a). Bone
176 structure was argued to be extremely plastic and
177 found in xenarthrans in particular to be mostly
178 devoid of phylogenetic signal (and when a
179 significant signal is found, it is likely due to the
180 matching between functional categories and
181 clades; Amson et al. 2017a). The ecophenotypic
182 nature of bone structure traits (which are defined
183 as "biomechanically informative phenotypically
184 plastic"; Ryan et al. 2018) is the rationale behind
185 the present endeavour.

186 The aim of this study is to quantify bone
187 diaphyseal and trabecular structure in "ground
188 sloths" in order to infer their lifestyle. Given the
189 disparate gross morphology of xenarthrans (e.g.,
190 the humerus is extremely slender in extant sloths

191 and particularly stout in most armadillos, see
192 Mielke et al. 2018a), we believe that studying
193 easily comparable and arguably ecophenotypic
194 traits such as bone structure parameters is highly
195 relevant for this purpose. Extant sloths represent
196 but a remnant of the overall diversity of Tardigrada
197 (also termed Folivora or Phyllophaga; Delsuc et al.
198 2001), and the two extant genera, *Bradypus*
199 (three-toed sloths) and *Choloepus* (two-toed
200 sloths), most likely acquired their highly derived
201 lifestyle convergently (Nyakatura 2012; Coutier et
202 al. 2017). Most aspects of the biology of "ground
203 sloths" exceed in disparity those of their extant kin.
204 They were found from Alaska (Stock 1942) to
205 southernmost South America (and potentially
206 Antarctica; Carlini et al. 1990; Gelfo et al. 2015)
207 Various feeding habits, such as bulk-feeding or
208 selective-feeding are purported (Bargo & Vizcaino
209 2008). The lifestyle of most extinct sloths is
210 reconstructed as terrestrial (but see *Thalassocnus*
211 for an (semi-)aquatic lineage; Amson et al. 2015b).
212 Furthermore, some "ground sloths" contrast with
213 their extant relatives in reaching large body sizes
214 (up to several tones; Fariña et al. 1998).

215 The fossil record of early (Palaeocene-Eocene)
216 xenarthrans and especially that of sloths, is rather
217 poor (Gaudin & Croft 2015). It is therefore hard to
218 reconstruct the ancestral lifestyle of Tardigrada,
219 and more generally Xenarthra. To date, no extinct
220 sloths have been reconstructed to have had a
221 suspensory posture and locomotion resembling
222 their extant kin (Pujos et al. 2012). But, because
223 their gross anatomy was considered as similar to
224 that of extant anteaters, Matthew (1912) argued
225 that *Hapalops*, for instance, was partly arboreal.
226 Such a lifestyle was of course not considered for
227 larger taxa (but see translation of Lund in Owen
228 (1839) for an early opposite view). However,
229 digging capabilities, as well as bipedal stance
230 and/or locomotion, was proposed for several
231 medium-sized (e.g., *Glossotherium*) to giant-sized
232 (e.g., *Megatherium*) "ground sloths" (Bargo et al.
233 2000; Patiño & Fariña 2017). For the present
234 analysis, we were able to sample small-sized as
235 well as large-sized "ground sloths." The estimated
236 body sizes of the latter exceed that of extant
237 xenarthrans by two orders of magnitude (see
238 below for body mass estimates). Because this has
239 already been pointed out as a challenge for the
240 reconstruction of extinct xenarthrans' lifestyles
241 (Vizcaíno et al. 2017), and because size might be
242 correlated to at least some bone structure
243 parameters, potential challenges inherent to the
244 taxa and parameters we studied will be discussed.

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246 MATERIAL AND METHODS

247 Specimen and scanning procedure

248 The dataset of Amson et al. (2017a), which
249 consists of extant skeletally mature wild-caught
250 xenarthrans, was extended by several extinct
251 sloths roughly spanning the whole body size range
252 of the group: the small-sized (ca. 38 kg; Bargo et
253 al. 2012) *Hapalops* sp. (Santa Cruz Formation,
254 Early Miocene, ca. 17 Ma; Perkins et al. 2012), the
255 medium-sized (ca. 200 kg; Smith et al. 2003)
256 *Valgipes bucklandi* (Lagoa Santa, Brazil,
257 Pleistocene; the sampled specimen
258 MNHN.F.BRD29 is labelled *Ocnopus gracilis*,
259 which is now viewed as a junior synonym; Cartelle
260 et al. 2009), *Scelidotherium leptocephalum* (ca.
261 1000 kg; Vizcaíno et al. 2006) and *Glossotherium*
262 *robustum* [ca. 1200 kg (Vizcaíno et al. 2006); both
263 from 'Pampean', Argentina and Tarija, Bolivia, both
264 Pleistocene], as well as the large-sized *Lestodon*
265 *armatus* [ca. 3200 kg (Vizcaíno et al. 2006);
266 'Pampean', Argentina, Pleistocene] and
267 *Megatherium americanum* [ca. 4000 kg (Fariña et
268 al. 1998); 'Pampean', Argentina, Pleistocene]. The
269 sampled specimens are skeletally mature (a few
270 specimens showed a remnant of epiphyseal line,
271 see below) and did not present apparent bone
272 diseases (which were also criteria of selection for
273 the extant species, see Amson et al. 2017a). All
274 fossils were scanned (micro computed
275 tomography, μ CT) using a v|tome|x 240 L system
276 (GE Sensing & Inspection Technologies Phoenix
277 X|ray) at the AST-RX platform of the Museum
278 national d'Histoire naturelle (Paris, France).
279 According to the methodology and results of
280 Amson et al. (2017a), we focused our data
281 acquisition of the trabecular parameters on the
282 humeral head and radial trochlea regions of
283 interest (ROIs; see below). Mid-diaphyseal
284 parameters were acquired for these two bones and
285 for the third metacarpal (Mc III) in all species, when
286 available. See Table 1 for the list of skeletal
287 elements sampled for each extinct species, along
288 with ROIs for which data were successfully
289 acquired [see also Amson et al. (2017a), for
290 sample size and scanning procedure of the extant
291 species specimens]. For the included specimens,
292 scanning resolution ranged from 0.03 to 0.123 mm
293 (depending on the size of the specimens). Relative
294 resolution, used to assess if the employed
295 resolution is adequate to analyse trabecular bone
296 (mean trabecular thickness divided by resolution)
297 ranged from 5.1 to 11.5 pixels/trabecula. This is
298 considered as appropriate (Sode et al. 2008; Kivell
299 et al. 2011; Mielke et al. 2018b). Scanning
300 resolution (and relative resolution for the trabecular
301 ROIs) for each specimen can be found in

302 Supplementary Online Material (SOM) 1. For this
303 first endeavour of palaeobiological reconstruction
304 of "ground sloths" lifestyle based on bone
305 diaphyseal and trabecular structure, we compared
306 the parameters yielded by the fossils to those of
307 the extant specimens, using the same lifestyle
308 categories as defined by Amson et al. (2017a), i.e.,
309 the fully arboreal extant sloths, intermediate
310 anteaters, and fully terrestrial and fossorial
311 armadillos.

312

313 Qualitative observation of the 314 diaphyseal structure

315 Raw image stacks were visualized with the Fiji
316 package (ImageJ v. 1.51n and plugins; Schindelin
317 et al. 2012, 2015; Schneider et al. 2012). The
318 'Orthogonal Views' routine was used to compute
319 longitudinal sections. Sedimentary matrix
320 prevented satisfying segmentation for some
321 specimens but at least some qualitative
322 observations were possible for all specimens (see
323 Table 1).

324 Trabecular parameters

325 We followed the methodology of Amson et al.
326 (2017a), which involves the use of the BoneJ
327 plugin (Doube et al. 2010) for Fiji. In brief, bones
328 were first placed in the same standard orientation.
329 Then, ROIs were selected in the centre of the
330 studied epiphyses, with the 'Fit Sphere' routine of
331 BoneJ (see Amson et al. 2017a: fig. 2 and
332 Additional files 3, 4). ROI were selected to be as
333 large as possible but without including cortical
334 bone. We used the 'Orthogonal Views' routine of
335 Fiji to ascertain that the centre of the ROI was
336 precisely located at the centre to the studied
337 epiphysis along the mediolateral, anteroposterior,
338 and proximodistal directions. The resulting
339 substack was then thresholded ('Optimise
340 Threshold> Threshold Only' routine) and purified
341 ('Purify' routine). Finally, trabecular parameters
342 were measured. Given the results of Amson et al.
343 (2017a), we focused on the degree of anisotropy
344 (DA), main direction of the trabeculae (MDT), bone
345 volume fraction, BV/TV, connectivity density
346 (Conn.D), trabecular mean thickness (Tb.Th),
347 trabecular mean spacing (Tb.Sp), bone surface
348 area (BS). Other trabecular parameters routinely
349 acquired, however, can also be found in SOM 1.

350 For some specimens, the lack of contrast
351 between bone and the sedimentary matrix
352 prevented accurate bone segmentation (see Table
353 1). Thresholding (see above) was successfully
354 performed for the rest of the specimens; some of
355 the latter, however, required manual removal of a

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356 few sedimentary particles (using the un-
357 thresholded stack to recognize them).

358 The humerus of two specimens of *Hapalops*
359 showed a slight remnant of epiphyseal line. A
360 smaller ROI was hence defined to exclude this line
361 (which would have biased the measurements) by
362 cropping isometrically (in 3D) the substack (custom
363 ImageJ script, SOM 2). The cropping coefficient
364 (MNHN.F.SCZ162: 39%; MNHN.F.SCZ164: 72%)
365 was then applied to the whole dataset and
366 trabecular parameters were acquired anew. The
367 means of the latter were compared to the initial
368 parameters. For the dataset cropped at 72%,
369 differences were found as minor (similar MDT;
370 $\Delta DA = 3\%$; $\Delta BV/TV < 1\%$; $\Delta ConnD < 1\%$), while for
371 the dataset cropped at 39%, differences were
372 more important (MDT of opposing direction; ΔDA ,
373 13%; $\Delta BV/TV = 2\%$; $\Delta ConnD$, 4%). Because it was
374 exceeding a difference of 5% for at least one
375 parameter value, we did not analyse further the
376 latter dataset (and excluded MNHN.F.SCZ162
377 from the analysis of trabecular architecture). A
378 remnant of epiphyseal line was also observed in
379 *Glossotherium robustum* MNHN.F.PAM756, but in
380 its case only qualitative observations were made.

381

382 Mid-diaphyseal parameters

383 The same standardly oriented μ CT-scan stacks
384 (see above) were used for the acquisition of mid-
385 diaphyseal parameters. Using Fiji, a cross-section
386 was selected at mid-diaphysis; the latter was
387 defined as the midpoint between most proximal
388 and most distal points of either articular surfaces.
389 Several sampled fossils did not preserve the mid-
390 diaphysis. To compare them to the rest of the
391 specimens, the latter were re-sampled at the level
392 closest to mid-diaphysis preserved by each of
393 those fossils (as assessed by superimposition with
394 a complete specimen of the same species;
395 MNHN.F.CSZ164 (humerus): 35% from proximal
396 end; MNHN.F.CSZ166 (radius): 72% from the
397 proximal end; see Table 1). Once the diaphyseal
398 cross-sections were selected, they were
399 thresholded automatically (see above), but we
400 manually checked the resulting image, which, in a
401 few instances, required a manual correction of the
402 levels. The whole sectional area (WArea), global
403 compactness (GC; both acquired with a custom
404 ImageJ script, SOM 3), and cross-sectional
405 parameters of the 'Slice Geometry' routine of
406 BoneJ (Doube et al. 2010) were acquired. For the
407 following analyses, we focused on cross-sectional
408 area (CSA) and the ratio of second moment of
409 area around major to minor axes (I_{max}/I_{min}), also
410 termed cross-sectional shape (CSS). If the ratio is
411 close to one, CSS will usually be roughly circular.

412 Values above one will entail increasingly elliptical
413 shapes. The other diaphyseal parameters,
414 however, can also be found in SOM 1. Because, if
415 normalized with WArea (see below), CSA would be
416 redundant with GC, it will only be used as a
417 potential body size proxy.

418

419 Statistics

420 The statistical analysis was performed using R
421 version 3.4.3. Amson et al. (2017a) accounted for
422 size effects by computing a phylogenetically
423 informed linear regression for each parameter,
424 against a size proxy. If the regression was found
425 as significant, its residuals were used as the 'size-
426 corrected' parameter. But the size of "ground
427 sloths", well exceeding for most of them that of
428 extant xenarthrans, could bias such a procedure.
429 Indeed, the slightest error on the regression
430 coefficients estimation would likely involve
431 drastically different residuals for those outlying
432 taxa (see also Discussion). We therefore favoured,
433 for the present analysis, to normalize those
434 parameters that have a dimension by dividing the
435 trait value by a body size proxy (raised to the same
436 dimension). As body size proxies, we considered
437 the specimen-specific TV (for trabecular
438 parameters) and WArea (mid-diaphyseal
439 parameters) or body mass (BM; species averages,
440 because unknown for most collection specimens).
441 Species body masses were taken from the AnAge
442 database (Tacutu et al. 2013) and additional
443 sources when necessary (Vizcaíno et al. 1999;
444 Hayssen 2010; Abba & Superina 2016; Smith &
445 Owen 2017) for the extant species and from the
446 specific sources mentioned above for the extinct
447 taxa. The coefficient of determination of
448 regressions against a parameter well known to
449 correlate with size (Tb.Th for trabecular
450 parameters and CSA for mid-diaphyseal
451 parameters) indicated that BM was more
452 representative of the sample variance for the
453 trabecular parameters, while it was WArea in the
454 case of mid-diaphyseal parameters. They were
455 accordingly used as body size proxies in the
456 subsequent analyses.

457 Besides univariate comparisons, we performed
458 linear discriminant analyses to infer the most likely
459 lifestyle of extinct species. Both trabecular and
460 mid-diaphyseal parameters of the humerus and
461 radius were conjointly used in these analyses
462 (parameters from the Mc III were not included
463 because of their lack of discrimination power, see
464 Results). To account for the great body size
465 disparity of the studied taxa, it is the 'size-
466 normalized' parameters that were used (raw value
467 divided by the relevant body size proxy if

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468 parameter not dimensionless, see above). One
469 analysis per extinct taxon was performed, because
470 we were not able to acquire all parameters for
471 each of them (depending on the successfully
472 processed skeletal elements and ROIs, see Table
473 1). To phylogenetically inform these analyses, we
474 used the function pFDA (Motani & Schmitz 2011;
475 latest version available on
476 github.com/lSchmitz/phylo.fda). This 'phylogenetic
477 flexible discriminant analysis' uses the optimised
478 value of Pagel's Lambda to account for the
479 phylogenetic signal (Pagel 1999). As implemented
480 here, the latter can span from 0 to 1, respectively
481 denoting absence of phylogenetic signal and trait
482 evolution consistent with a Brownian motion model
483 of evolution. The rest of the pFDA works as a
484 'traditional' discriminant analysis. The training data,
485 stemming in our case from the extant xenarthrans,
486 were classified according to the three main
487 lifestyles, i.e., 'armadillo', 'anteater', and 'extant
488 sloth'. The test data relates to the sampled extinct
489 sloths. If not already normally distributed (as
490 indicated by a Shapiro test), the parameters were
491 log-transformed (and Shapiro tests were run again
492 to confirm normality). Collinear variables (highly
493 correlated variables as indicated by a correlation
494 above 0.9) were excluded.

495 The timetree used to phylogenetically inform
496 the tests was based on that used by Amson et al
497 (2017a) (which is based on Gibb et al. 2016), and
498 was completed with the extinct taxa. The
499 relationships between the main clades follow
500 Amson et al. (2017b). The split between
501 Mylodontidae (represented by *Lestodon*) and the
502 other Eutardigrada (all sloths but *Bradypus*) was
503 set according to the age of the oldest fossil
504 pertaining to the clade (*Octodontotherium*, ca. 29
505 Ma; Flynn & Swisher 1995; Kay et al., 1998) and is
506 thus conservative (Fig. 1). But one can note that
507 this age is roughly as old or older than the recent
508 molecular estimations of the divergence time
509 between the two genera of extant sloths (Slater et
510 al. 2016; Delsuc et al. 2018). The age of
511 divergence between *Lestodon* and *Glossotherium*
512 was set according to the age of *Thinobadistes*
513 (Hemphillian, ca. 9 Ma; Woodburne 2010), which is
514 more closely related to *Lestodon* than
515 *Glossotherium* according to Gaudin (2004). Extinct
516 sloths were placed according to their known
517 geological ages (see above; for Pleistocene taxa, a
518 relatively young age of 0.1 Ma was arbitrarily
519 given. Length of the branches leading to nodes of
520 unknown ages, which are in direct relation to
521 extinct taxa, and from these to terminal extinct
522 taxa, were arbitrarily set to 1 and 0.1 Ma,
523 respectively. Caution should be taken regarding
524 the phylogenetic scheme used herein, because
525 recent developments (yet to be published) in

526 phylogenetic analyses of xenarthrans, which
527 involve ancient DNA, might imply significant
528 alterations of our understanding of sloths'
529 systematics (R.D.E. MacPhee, pers. comm.,
530 2018).

531

532 Institutional abbreviations

533 **MCL**, Museu de Ciências Naturais da Pontifícia
534 Universidade Católica de Minas Gerais, Belo
535 Horizonte, Brazil; **MNHN.F**, Muséum national
536 d'Histoire naturelle, Paris, France, Palaeontology
537 collection; **ZMB_MAM**, Museum für Naturkunde
538 Berlin (Germany), Mammals Collection; **ZSM**;
539 Zoologische Staatssammlung München, Germany.

540 RESULTS

541 Qualitative observations of diaphyseal 542 structure

543 In the humerus of small armadillos and
544 anteaters, the medullary cavity is mostly devoid of
545 spongy bone (with just a few isolated trabeculae,
546 e.g., *Chaetophractus vellerosus* ZSM-1926-24,
547 Fig. 2A; *Cyclopes didactylus*, ZMB_MAM_3913). In
548 larger members of these clades, the medullary
549 cavity is filled throughout the proximodistal length
550 of the diaphysis by a more or less dense
551 spongiosa (e.g., *Priodontes maximus* ZSM-1931-
552 293; *Myrmecophaga tridactyla*,
553 ZMB_MAM_102642; Fig. 2B-C). In extant sloths, a
554 spongiosa can be observed in most of the
555 diaphysis (*Bradypus*; n=4) or throughout its length
556 (*Choloepus*, Fig. 2E; n=4), but a central region free
557 of trabeculae subsists. The medullary cavity of the
558 whole diaphysis is full of spongy bone in
559 *Glossotherium* (n=1; Fig. 2F). It is nearly full in
560 *Scelidotherium*, with just a small central free region
561 subsisting (n=1). For *Hapalops*, a clear
562 assessment cannot be given due to the
563 preservation of the specimens at hand
564 (MNHN.F.SCZ162 seems to show a free medullary
565 cavity, but MNHN.F.SCZ164, which only preserves
566 the proximal third of bone, shows a medullary
567 cavity full of spongy bone). The whole diaphysis of
568 the larger sloths *Megatherium* and *Lestodon* were
569 not observed, but it is noteworthy that their
570 epiphyses are filled with dense spongiosa (each
571 n=1).

572 The radius of extant xenarthrans shows the
573 same pattern as the humerus. In *Glossotherium*,
574 *Lestodon*, and *Megatherium*, the medullary cavity
575 of the whole radial diaphysis is essentially full of
576 spongy bone (Fig. 2G; no data for *Hapalops* for
577 which the entire radial epiphysis could not have
578 been sampled).

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579

580 Univariate comparisons

581 The structure of the Mc III of extant species did
582 not differ notably among the lifestyle categories
583 (Fig. 3A-B; Table 2). There is only a tendency for
584 the anteaters and armadillos to have a more
585 compact mid-diaphysis (Fig. 3A). Mc III structure
586 was therefore not further studied, and not included
587 in the discriminant analyses (see below). One can
588 note, however, that some armadillos have an
589 outlyingly high CSS (i.e., very elliptic cross-section)
590 at mid-diaphysis (Fig. 3B; the single most elliptic
591 value is found in the subterranean *Calyptophractus*
592 *retusus* ZSM-1961-316). A great disparity of CSS
593 at this location is found in extinct sloths, with the
594 value of *Valgipes* falling among the outlying
595 armadillos just mentioned, and that of
596 *Megatherium* being the single lowest (i.e., most
597 circular cross-section).

598 The humeral diaphysis in *Hapalops* is
599 remarkably compact. At mid-diaphysis (n=1), it
600 features the highest GC value of the whole dataset
601 (Fig. 3C; Table 2). At 35% of the diaphyseal length
602 (from the proximal end, level which was sampled
603 to include fragmentary fossils, see Material and
604 Methods; n=2), *Hapalops* falls in the uppermost
605 distribution of the extant sloths, which does not
606 markedly differ from that of armadillos or anteaters.
607 The CSS at humeral mid-diaphysis distinguishes
608 quite clearly the functional categories, with high
609 values (i.e., elliptical cross-sections) in armadillos,
610 intermediate values in anteaters, and low values
611 (i.e., round cross-sections) in extant sloths. In
612 *Hapalops*, this parameter falls among the
613 particularly tight range of extant sloths (Fig. 3D),
614 but among that of anteaters at 35% of the
615 diaphyseal length. In *Scelidotherium* (n=1), the GC
616 of the humerus at mid-diaphysis is higher than that
617 of most extant xenarthrans, falling in the upper
618 distribution of armadillos and extant sloths (Fig.
619 3C). One should note, however, that this
620 parameter does not yield any clear distinction
621 among lifestyles. The humeral CSS at mid-
622 diaphysis of *Scelidotherium*, on the other hand,
623 falls among anteaters (Fig. 3D).

624 There is a clear tendency for the radial
625 diaphysis GC to be higher in armadillos,
626 intermediate in anteaters, and lower in extant
627 sloths. *Hapalops* (n=1; sampled at 72% of
628 diaphyseal length) falls among the distribution of
629 armadillos, being slightly higher than extant sloths'
630 values (Table 2). The GC of *Glossotherium* and
631 *Lestodon* at radial mid-diaphysis is very low, which
632 agrees with the tendency observed in extant sloths
633 (Fig. 3E). The CSS at that location is found as
634 rather homogeneously low among extant

635 xenarthrans, except for two armadillos with
636 outlying high values. *Glossotherium* and *Lestodon*
637 fall beyond the distribution of most extant
638 xenarthrans, their CSS being only tied or exceeded
639 by the two outlying armadillos (Fig. 3F).

640 Regarding the trabecular architecture
641 parameters, only the degree of anisotropy (DA) will
642 be presented with univariate comparisons, as it
643 was singled out as the most functionally
644 informative of these parameters in extant
645 xenarthrans (Amson et al. 2017a). But mean
646 values of other trabecular parameters of interest
647 are also presented in Table 3. For the humeral
648 head, using a ROI representing 72% of the
649 maximum volume (see Material and Methods
650 section), armadillos are distinguished from other
651 extant xenarthrans by their high values (i.e. more
652 anisotropic architecture). Both *Hapalops* and
653 *Lestodon* (n=1 in each case) fall in the upper
654 distribution (i.e., more anisotropic) of extant sloths
655 and anteaters (Fig. 4A). The same pattern is found
656 for the full ROI in *Lestodon* (no data for *Hapalops*,
657 see Material and Methods section). In the distal
658 radius (trochlea), the trabecular architecture of
659 armadillos is again found as more anisotropic than
660 in the other extant categories. Moreover, the main
661 distribution of extant sloths is found as clustering at
662 the level of the lower values of anteaters. The DA
663 value of *Hapalops* falls above the main distribution
664 of extant sloths, within that of anteaters (Fig. 4B).
665 *Glossotherium* is the sampled taxon with the single
666 lowest DA value (most isotropic structure). One
667 should note, however, that DA was significantly
668 correlated to body size (see Discussion). The main
669 direction of the trabeculae (MDT) in the radial
670 trochlea (humeral head did not yield lifestyle
671 discrimination; Amson et al. 2017b) of both
672 *Hapalops* and *Glossotherium* falls outside the
673 distribution of extant xenarthrans (Fig. 4C). In both
674 cases, the MDT falls closer to the distribution of
675 extant sloths.

676

677 Phylogenetically flexible discriminant 678 analyses

679 Each studied "ground sloth" was subject to an
680 independent analysis (see Material and Methods),
681 to predict the most probable lifestyle among the
682 three broad lifestyle categories represented by
683 armadillos, anteaters, and extant sloths,
684 respectively. The results regarding classification of
685 each "ground sloth" are given in Table 4, and the
686 corresponding outcomes of the training data
687 (posterior probability of the classification of the
688 extant species according to each discriminant
689 analysis) are given in SOM 4. We also provide the
690 canonical coefficients (weights) of each

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691 explanatory variable for each analysis in SOM 5.
692 For *Hapalops*, 18 parameters could be initially
693 included in the analysis (diaphyseal and trabecular
694 parameters, from both the humerus and radius).
695 Due to high correlation among some variables
696 (Conn.D between two ROIs; between Tb.Th and
697 Tb.Sp of both ROIs; between BS and BV of the
698 radial trochlea ROI), four variables were excluded
699 (see list of included variables in SOM 5. The
700 recovered optimal Lambda is 0 (no significant
701 correlation of the trait values with phylogeny) and
702 the discrimination is optimal (training
703 misclassification error of 0%). *Hapalops* is
704 classified in the category of extant sloths' lifestyle
705 with a high posterior probability (>99%). Indeed, it
706 falls close to extant sloths' distribution along the
707 Discriminant Axis (pDA) 1 (Fig. 5A). However,
708 *Hapalops* clearly falls beyond the distribution of
709 extant xenarthrans along pDA2. The parameter
710 contributing the most to the discrimination is the
711 DA (that of the radial trochlea for pDA1 and that of
712 the humeral head for pDA2; see SOM 5).

713 For *Lestodon*, eight parameters could be
714 included (from the radial diaphysis and humeral
715 head trabeculae), of which one was excluded
716 because of collinearity (present between Tb.Th
717 and Tb.Sp). The recovered optimal Lambda is
718 0.84, and training misclassification error is 50%. It
719 is classified in the armadillos' lifestyle category
720 with a rather low posterior probability (64%), the
721 second most probable classification being to
722 anteaters (35%). According to this analysis, a
723 classification in extant sloth's category is very
724 improbable (0.006%). *Lestodon* falls beyond the
725 distribution of extant xenarthrans (Fig. 5B). The
726 parameter contributing the most to the
727 discrimination is the 'size-normalized' Tb.Th (for
728 both pDA1 and pDA2).

729 For *Glossotherium*, eight parameters could be
730 included (from the radial diaphysis and trabeculae
731 of the radial trochlea). The recovered optimal
732 Lambda is 0.88, and training misclassification error
733 is 35%. The most probable classification is to
734 anteaters (50%), followed by the equally probable
735 classifications to armadillos or extant sloths (each
736 25%). *Glossotherium* falls within the distribution of
737 extant xenarthrans, but outside the distribution of
738 each lifestyle class, just outside that of anteaters
739 (Fig. 5C). The parameters contributing the most to
740 the discrimination are the DA (pDA1) and 'size-
741 normalized' BS (pDA2).

742 For *Scelidotherium*, only two parameters could
743 be included (from the humeral diaphysis). An
744 optimal Lambda of 0.96 and a high training
745 misclassification error of 69% were recovered. The
746 three possible classifications are roughly equally
747 probable (anteater: 37%; extant sloth: 36%;

748 armadillo: 27%). *Scelidotherium* basically falls in
749 the middle of the distribution of extant xenarthrans
750 (Fig. 5D). The parameter contributing the most to
751 the discrimination is CSS (for both pDA1 and
752 pDA2).

753

754 DISCUSSION

755 On the whole, the classification of extinct sloths
756 to one of the extant xenarthran lifestyles (that of
757 armadillos, anteaters, or extant sloths) based on
758 forelimb bone structure proved to be challenging.
759 This appears to be due to at least three obvious
760 causes: (1) the imperfect lifestyle discrimination
761 based on diaphyseal and trabecular parameters,
762 (2) the difficulties raised by the size correction (for
763 some parameters), and (3) the fact that the values
764 of extinct taxa are outliers with respect to the
765 distribution of extant xenarthrans (for some
766 parameters).

767 The four discriminant analyses we performed
768 vary greatly in the number of included parameters.
769 As expected, analyses including more parameters
770 yielded a better discrimination, i.e., a lower
771 misclassification error. The lowest misclassification
772 error (0%) was obtained for the analysis of
773 *Hapalops*, for which it was possible to include 14
774 parameters (18 before exclusion of collinear
775 parameters) from both the diaphysis and
776 epiphyseal trabeculae. The worst discrimination
777 (69% of misclassification error) was found for the
778 analysis of *Scelidotherium*, for which only two
779 parameters, from the humeral diaphysis, could
780 have been included. This lends support to the
781 approach of combining parameters from several
782 bone compartments, if one endeavours to
783 discriminate lifestyles based on these parameters.

784 Several of the investigated parameters were
785 significantly correlated with body size. To attempt
786 to prevent the size of the studied taxa from
787 influencing the analysis, a common approach is to
788 size-correct the raw data using the residuals of a
789 regression of the trait against a body size proxy
790 (Mccoy et al. 2006). This proved to be challenging
791 for extinct sloths, because, for most of them, body
792 size largely exceeds that of extant xenarthrans
793 (Vizcaino et al. 2017). This potentially makes the
794 size regressions spurious, as the extreme values
795 over-influence the regression coefficients. This is
796 not a trivial consideration for our dataset. For
797 instance, if one would size-correct the DA in the
798 radial trochlea using the residuals of the
799 corresponding size regression, the medium-sized
800 extinct sloth *Glossotherium*, of which the raw DA
801 value was found as the lowest of the dataset,

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802 would fall in the middle of the overall distribution.
803 For those parameters that are dimensionless, we
804 hence decided to use the untransformed data. But
805 this is likely to be biased as well, due the potential
806 presence of allometry. For instance, the scaling
807 exponent of the degree of anisotropy (DA) across
808 primates in the humeral and femoral head was
809 found by Ryan & Shaw (2013) to be significantly
810 negative (but close to 0, which would have
811 denoted isometry). We also found a negative
812 scaling exponent for one of the investigated ROI,
813 the radial trochlea. It would be suboptimal to
814 exclude this parameter, especially because it was
815 found as the best functionally discriminating
816 parameter in extant xenarthrans (Amson et al.
817 2017a). It was also singled out as reflecting joint
818 loading in primates better than other parameters
819 (Tsegai et al. 2018), and, more generally, DA was
820 found as functionally informative in several
821 analyses about that clade (e.g. Ryan & Ketcham
822 2002; Griffin et al. 2010; Barak et al. 2013; Su et
823 al. 2013; Georgiou et al. 2018; Ryan et al. 2018;
824 Tsegai et al. 2018). A tendency for a more
825 anisotropic structure in the femoral head of
826 arboreal squirrels was also demonstrated (Mielke
827 et al. 2018b). A way to improve accuracy of the
828 size-correction using residuals of a regression
829 against a body size proxy would be, in our case, to
830 include to the sampling xenarthrans that have a
831 body size between that of extant species and that
832 of the giant “ground sloths”, i.e., with a mass
833 roughly between 50 kg and 300 kg. Unfortunately,
834 the number of known xenarthrans of this size
835 range is very limited.

836 It was already obvious from univariate
837 comparisons that the bone structure in *Hapalops*,
838 the small-sized extinct sloth, departed from the
839 condition observed in extant xenarthrans. Indeed,
840 the overall great compactness of its humeral
841 diaphysis does not seem to be matched by any
842 other sampled xenarthran (but see aquatic
843 specialization of *Thalassocnus*; Amson et al.
844 2014). This does not seem to be a systemic bone
845 mass increase (Amson et al. 2018), because
846 neither the trabecular parameters nor the
847 compactness of the radial diaphysis of this taxon
848 seem to be notably affected by bone mass
849 increase. Finding a compact humerus is
850 particularly surprising, as the stylopod can be
851 expected to be less compact than the zeugopod in
852 terrestrial mammals (Amson & Kolb 2016). In the
853 case of *Lestodon*, it was not obvious from
854 univariate comparisons that its bone structure was
855 outlying, but both the latter and *Hapalops* fell
856 outside the range of extant xenarthrans in the
857 respective discriminant analyses. One may hence
858 conclude that, based on their bone structure, the
859 humerus and radius of both *Hapalops* and

860 *Lestodon* were likely involved in a loading regime
861 different from those associated with the lifestyles of
862 extant xenarthrans. For *Hapalops*, one can
863 however note that the phylogenetically informed
864 discriminant analysis strongly supports a
865 classification within extant sloths' category, which
866 might indicate that some aspects of their
867 mechanical environment were similar. The main
868 direction of the trabecular (MDT) also agrees with
869 the fact that the bone structure of extant sloths is
870 different from that of *Hapalops*, but that the former
871 represent the most similar of the three extant
872 lifestyles discriminated here (Fig. 4C). Based on
873 bone gross morphology, *Hapalops* was previously
874 reconstructed as partly or primarily arboreal
875 (Matthew 1912; White 1997). Both bone structure
876 and gross morphology therefore seem to point in
877 the same direction for the reconstruction of
878 *Hapalops*' lifestyle. The large-sized *Lestodon*, on
879 the other hand, is not classified with strong support
880 to one of the extant groups. The least probable
881 classification is to extant sloths' lifestyle (0.03% of
882 posterior probability), which might suggest that the
883 bone structure of *Lestodon* resembles more that of
884 anteaters and armadillos. Naturally, suspensory
885 posture has never been purported for this
886 elephant-sized sloth. *Lestodon* was interpreted as
887 traviportal (slow-moving with both quadrupedal and
888 bipedal stances) by Toledo (1996), and the
889 forelimb gross morphology was found to be
890 consistent with fossorial activity (but probably not
891 to procure food (Coombs 1983); see Bargo et al.
892 (2000) for a more tempered interpretation).
893 Including other fossorial and non-fossorial taxa in
894 the sampling of the bone structure analysis will be
895 necessary to suggest a more precise assertion
896 regarding the digging habits of this taxon (but its
897 large size might be problematic, see above). The
898 two other extinct sloths subject to a discriminant
899 analysis, *Glossotherium* and *Scelidothorium*, differ
900 from the former two in falling within the distribution
901 of extant xenarthrans. However, in neither case is
902 the classification clear, and it seems that acquiring
903 additional bone structure parameters will be
904 necessary to draw reliable conclusions.

905 The Mc III did not yield clear discrimination
906 among the extant lifestyles and was hence not
907 included in the discriminant analyses. But one can
908 note that an interesting pattern was observed in
909 the cross-sectional shape (CSS) of extinct sloths at
910 mid-diaphysis. Indeed, high values, denoting
911 elliptic sections, are found in *Valgipes* and
912 *Glossotherium*. Such a bone structure is expected
913 to be suited to resist bending along its major axis
914 (Ruff & Hayes 1983). This is consistent with
915 previous lifestyle reconstruction of *Glossotherium*,
916 which is argued to have had fossorial habits
917 (Coombs 1983; Bargo et al. 2000) supposedly

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918 entailing a well-marked main direction of bending.
919 Furthermore, it might suggest that *Valgipes* had
920 similar habits, which, to our knowledge, was never
921 purported.

922 A medulla filled with spongy bone was
923 observed in large-sized mammals, and argued to
924 be a potential adaptation to graviportality
925 (Houssaye et al. 2015). It does not seem to be
926 possible to easily draw such a conclusion for
927 xenarthrans: whatever their lifestyle, xenarthrans
928 with a mass of roughly 5 kg (e.g., *Tamandua*) and
929 over tend to fill their medullary cavity with spongy
930 bone. This is true for the forelimb, as described
931 here (and as also reported by Houssaye et al.
932 (2015) for the humerus), but likely also for the hind
933 limb: a 'naturally sectioned' tibia of the small-sized
934 *Nothrotherium* (less than ca. 100 kg; Amson et al.
935 2016) reveals that the medullary cavity is entirely
936 filled with dense spongy bone (Fig. 2D). In the
937 case of xenarthrans, the great quantity of
938 diaphyseal trabeculae might be related to another
939 aspect affecting bone structure, such as mineral
940 homeostasis and/or metabolism (Eleazer &
941 Jankauskas 2016; and references therein). While
942 more experimental data is required to discuss it
943 beyond speculation, it was reported that extant
944 sloths (at least the two-toed sloth *Choloepus*) are
945 prone to soft tissue mineralization likely due to
946 mineral imbalance (Han & Garner 2016). One can
947 therefore speculate that the observed great
948 quantity of diaphyseal trabeculae might be a
949 storage mechanism for mineral in excess.

950 The extremely low metabolism of extant sloths
951 was suggested by Montañez-Rivera et al. (2018)
952 as a potential explaining factor for their low cortical
953 compactness (CC). Indeed, they found that extant
954 sloths depart in that regard from other extant
955 xenarthrans as well as from two extinct sloths (the
956 small-sized *Hapalops* and *Parocnus*). No
957 quantitative assessment of CC was performed
958 here. But we can report that, at mid-diaphysis, the
959 CC of the sampled extinct sloths was generally
960 observed as low (when an observation was
961 possible), similar to armadillos and anteaters.
962 Nevertheless, two specimens showed a rather
963 porous cortex, *Hapalops* (humerus;
964 MNHN.F.SCZ162) and *Glossotherium* (radius;
965 MNHN.F.PAM756), though not as porous as that
966 of most extant sloths. A dedicated analysis of
967 extinct sloths' CC is required to investigate this trait
968 and possibly use it to inform metabolic rate
969 reconstruction in extinct sloths.

970 Comparison of long bone's cross-sections
971 among specimens should be performed at the
972 same location, usually defined as a percentage of
973 the bone's length (e.g., Ruff & Hayes 1983). Here,

974 mid-diaphysis (i.e., 50% of bone length) was
975 selected for complete bones, and, for fragmentary
976 specimens (some fossils), it is the preserved level
977 closest to mid-diaphysis that was used (the other
978 specimens were resampled accordingly). Because
979 of the xenarthran bones' morphology, most
980 examined cross-sections were located at the level
981 of a prominent bony process. One could therefore
982 consider selecting cross-sections avoiding those
983 processes to test their influence on bone structural
984 parameters. Acquiring cross-sectional properties
985 along the whole diaphysis and assessing the
986 proximodistal evolution of biomechanical
987 properties can also be considered for complete
988 bones (Houssaye & Botton-Divet 2018).

989 In addition to lifestyle, one can expect that the
990 factors affecting bone structure are the individual's
991 age, health status, and possibly other features
992 varying intraspecifically (such as sex differences;
993 Eckstein et al. 2007). Details regarding these
994 potential factors are mostly unknown for fossils
995 (and often for recent specimens as well). To
996 control for these factors as much as feasible, the
997 sampled specimens were chosen to be devoid of
998 apparent bone diseases and skeletally mature
999 (even though several presented a remnant of
1000 epiphyseal line, see above). It is our assumption
1001 that variations in bone structure that relate to a
1002 different lifestyle can be expected to be of greater
1003 magnitude than intraspecific variations. But this
1004 chiefly remains to be demonstrated.

CONCLUSION

1005 Bone structure of the diaphysis and epiphyses
1006 of the third metacarpal, humerus, and radius was
1007 here investigated in several species of extinct
1008 sloths, comparing it to that of extant xenarthrans.
1009 Related parameters were successfully acquired
1010 and included in phylogenetically flexible
1011 discriminant analyses. The latter constitute, to our
1012 knowledge, the first analyses that conjointly
1013 include both diaphyseal and trabeculae
1014 parameters to discriminate lifestyles. However, no
1015 extinct sloths are here confidently ascribed to one
1016 of the lifestyles exhibited by extant xenarthrans.
1017 This might be due to several factors, and we
1018 identified as challenges for the present analysis
1019 the lack of discrimination power of some
1020 parameters, the difficulties raised by size-
1021 correlated parameters, and the fact that some
1022 parameters fall outside the range described by
1023 extant taxa. The humeral and radial structure of
1024 the small-sized *Hapalops*, from the Miocene of
1025 Argentina, was nevertheless found as more
1026 reminiscent of that of extant sloths, which agrees

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1028 with the conclusions drawn based on gross 1080
1029 morphology. The humeral and radial structure of 1081
1030 the large-sized *Lestodon*, from the Pleistocene of 1082
1031 Argentina, clearly departs from that of extant 1083
1032 sloths, and is more similar to that of anteaters and 1084
1033 armadillos. The singular bone structure of 1085
1034 xenarthrans, including a medullary cavity filled with 1086
1035 spongy bone in most taxa, and a low cortical 1087
1036 compactness in extant sloths, deserves further 1088
1037 investigation. Because Xenarthra is argued to be 1089
1038 one of the four early diverging clades of placental 1090
1039 mammals (Delsuc & Douzery 2008; Asher et al. 1091
1040 2009; Gaudin & Croft 2015), such investigations 1092
1041 are not only important for the understanding of the 1093
1042 evolutionary history of the clade, but potentially for 1094
1043 that of Mammalia as well.

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1085 **Competing interests**

The authors declare they have no personal or 1086
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1089 **Author contributions**

Conceptualization and methodology, EA, JAN; 1090
Formal analysis, EA; Investigation, EA; Writing – 1091
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JAN. All authors gave final approval for publication. 1093

1094 **Data availability**

All the raw scans of fossil specimens sampled 1095
for the present analysis will be available from the 1096
MNHN collection database pending an embargo. 1097
The extant species specimens sampled come from 1098
various collections. The corresponding raw scans 1099
are available upon reasonable request to the 1100
authors. 1101

1102 **Supplementary information**

SOM 1. Raw data. Excel document, of which 1103
each worksheet corresponds to a sampled region. 1104

SOM 2. ImageJ macro to crop isometrically a 1105
stack in 3D. 1106

SOM 3. ImageJ macro to acquire mid-diaphyseal 1107
parameters. 1108

SOM 4. Lifestyle classification of the extant taxa, 1109
the training data of the phylogenetically flexible 1110
discriminant analyses (one analysis was performed 1111
per extinct taxon, each on a different worksheet). 1112

SOM 5. Canonical coefficients for each 1113
phylogenetically flexible discriminant analysis (one 1114
analysis was performed per extinct taxon, each on 1115
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1554	morphology of the forelimb of early Miocene		
1555	sloths (<i>Xenarthra</i> , <i>Folivora</i>) of Patagonia.	1597	Woodburne, M. O. 2010. The Great American
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		1599	climate, sea level and holding pens. Journal
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Table 1. List of fossils with type of data acquired for each bone.

Species	Specimen number	Data type		
		Humerus	Radius	Mc III
<i>Hapalops</i> sp.	MNHN.F.SCZ166	-	72%MD; 100%TA	-
<i>Hapalops</i> sp.	MNHN.F.SCZ164	35%MD; 72%TA; (39%TA)	-	-
<i>Hapalops</i> sp.	MNHN.F.SCZ162	50%MD; 35%MD; (39%TA)	-	-
<i>Lestodon armatus</i>	MNHN.F.PAM754	-	50%MD	-
<i>Lestodon armatus</i>	MNHN.F.PAM755	-	-	50%MD
<i>Lestodon armatus</i>	MNHN.F.PAM95	100%TA	-	-
<i>Glossotherium robustum</i>	MNHN.F.PAM756	QO	50%MD; 100%TA	-
<i>Glossotherium robustum</i>	MNHN.F.PAM141	-	-	50%MD
<i>Scelidotherium leptcephalum</i>	MNHN.F.PAM236	50%MD	-	-
<i>Valgipes bucklandi</i>	MNHN.F.BRD29	-	-	50%MD
<i>Megatherium americanum</i>	MNHN.F.PAM753	-	-	50%MD
<i>Megatherium americanum</i>	MNHN.F.PAM758	-	QO	-

Footnotes. Abbreviations: 'n'-MD, mid-diaphyseal data, with 'n' the position of the sampled cross-section expressed as the length percentage from the proximal end; 'n'-TA, trabecular architecture data, with 'n' the cropping coefficient that was used, if any (see Material and Methods section); QO, only qualitative observations were performed.

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Table 2. Mean values of diaphyseal parameters of interest for each lifestyle category and extinct taxon.

	CSA (mm ²)	GC (NU)	CSS (NU)
Mc III diaphysis, 50%MD			
Armadillos	26.2	69.2	2.0
Anteaters	56.6	73.8	2.1
Extant sloths	17.6	62.7	1.9
<i>Lestodon</i>	1239.6	64.1	1.9
<i>Glossotherium</i>	1017.8	78.1	2.9
<i>Megatherium</i>	2100.8	74.8	1.3
<i>Valgipes</i>	590.9	69.3	3.8
Humeral diaphysis, 50%			
Armadillos	65.8	68.5	4.4
Anteaters	144.8	66.5	3.0
Extant sloths	59.2	72.8	1.2
<i>Hapalops</i>	229.3	89.8	1.2
<i>Scelidotherium</i>	2780.8	80.9	2.6
Humeral diaphysis, 35%			
Armadillos	44.2	46.5	2.6
Anteaters	117.6	57.5	1.8
Extant sloths	63.0	64.8	1.2
<i>Hapalops</i>	235.3	75.3	1.8
Radial diaphysis, 50%			
Armadillos	17.2	89.0	2.7
Anteaters	58.0	83.1	2.2
Extant sloths	31.7	77.2	2.2
<i>Lestodon</i>	1474.7	71.3	5.0
<i>Glossotherium</i>	788.3	67.7	4.0
Radial diaphysis, 72%			
Armadillos	28.4	76.2	3.8
Anteaters	69.1	77.2	2.9
Extant sloths	35.1	71.3	5.1
<i>Hapalops</i>	92.9	79.8	6.3

Footnotes. Percentage indicates the position of the sampled cross-section, expressed as the length percentage from the proximal end. Abbreviations: NU, no units.

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Table 3. Mean values of trabecular parameters of interest for each lifestyle category and extinct taxon.

	DA (NU)	Conn.D (nb.mm ⁻³)	Tb.Th (mm)	Tb.Sp (mm)	BS/TV (mm ⁻¹)	BV/TV (NU)
Humeral head 100%						
Armadillos	0.60	12.35	0.25	0.47	3.38	0.41
Anteaters	0.40	11.59	0.26	0.41	3.43	0.45
Extant sloths	0.43	9.36	0.31	0.49	3.14	0.44
<i>Lestodon</i>	0.50	0.58	0.80	0.81	1.23	0.58
Humeral head 72%						
Armadillos	0.62	12.31	0.24	0.46	3.57	0.41
Anteaters	0.40	11.38	0.26	0.42	3.56	0.45
Extant sloths	0.44	9.03	0.32	0.50	3.16	0.45
<i>Hapalops</i>	0.52	3.22	0.39	0.56	3.39	0.50
Radial trochlea 100%						
Armadillos	0.79	16.05	0.34	0.37	3.87	0.49
Anteaters	0.63	11.19	0.30	0.44	3.20	0.44
Extant sloths	0.56	8.75	0.30	0.52	2.39	0.40
<i>Hapalops</i>	0.60	3.03	0.26	0.85	1.55	0.24
<i>Glossotherium</i>	0.43	1.02	0.43	1.25	0.59	0.23

Footnotes. Percentage indicates the cropping coefficient that was used (100% denoting the lack thereof; see Material and Methods section). Abbreviation: NU, no units.

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Table 4. Lifestyle classification of the extinct taxa as predicted by phylogenetically flexible discriminant analyses (because of the difference in the included predictive variables for each taxon, a dedicated discriminant analysis was performed for each of them).

	Predicted class	P(ant)	P(arma)	P(sloth)
<i>Hapalops</i>	sloth	0.00	0.00	1.00
<i>Lestodon armatus</i>	arma	0.35	0.64	0.01
<i>Glossotherium robustum</i>	ant	0.50	0.25	0.25
<i>Scelidotherium leptocephalum</i>	ant	0.37	0.27	0.36

Abbreviations: P("class"), the posterior probability for the extinct taxon to be classified as "class"; ant, anteater; arma, armadillo; sloth, extant sloth.

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Figure Legends

Figure 1. Timetree depicting the time-calibrated phylogenetic relationships of the xenarthrans included in the phylogenetically flexible linear discriminant analyses. See Material and Methods section for the sources used to build the timetree.

Figure 2. Qualitative observations of diaphyseal structure in xenarthrans. Longitudinal sections of humeri (A-C, E-F, all from CT-scans), tibia (D, 'natural' section), and radius (G, from CT-scan). A, *Chaetophractus vellerosus* (ZSM 1926-24); B, *Priodontes maximus* (ZSM 1931-293); C, *Myrmecophaga tridactyla* (ZMB_MAM_77025); D, *Nothrotherium maquinense* (MCL 2821); E, *Choloepus didactylus* (ZMB_MAM_35825); F, *Glossotherium robustum* (MNHN.F.TAR 767); G, *Lestodon armatus* (MNHN.F.PAM 754). Scale bars: A-E, 1 cm; F-G, 10 cm.

Figure 3. Univariate comparisons of mid-diaphyseal parameters. A, Mc III Global Compactness (GC); B, Mc III cross-sectional shape (CSS); C, humeral GC; D, humeral CSS; E, radial GC; F, radial CSS. Thresholded mid-diaphyseal virtual sections are depicted for the extinct sloths. Abbreviations: ant, anteaters; arma, armadillos; Glos, *Glossotherium*; Hapa, *Hapalops*; Lest, *Lestodon*; Meg, *Megatherium*; Sce, *Scelidotherium*; sloth, extant sloths.

Figure 4. Univariate comparisons of trabecular anisotropy parameters. A, degree of anisotropy (DA) in the humeral head ROI, reduced at 72% of its maximum size (see Material and Methods section); B, DA in the radial trochlea; C, main direction of the trabeculae (MDT) in the radial trochlea. Abbreviations: ant, anteaters; arma, armadillos; Glos, *Glossotherium*; Hapa, *Hapalops*; sloth, extant sloths.

Figure 5. Phylogenetically flexible linear discriminant analyses using humeral and radial bone structure parameters. One analysis per extinct taxon (referred as of "unknown" class) was performed, because of the difference in the parameters that could be included (see Material and Methods section and Table 1). A,

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Hapalops; B, *Lestodon*; C, *Glossotherium*; D, *Scelidotherium*. Abbreviations: ant, anteaters; arma, armadillos; sloth, extant sloths. Next to each discriminant axis is given between brackets the corresponding percentage of explained between-group variance. The size of extinct sloths' representations gives a rough indication of their body sizes.

Cingulata
 Vermilingua
 Tardigrada: "ground sloths"
 "tree sloths"









