

1 **Phenotypic and metabolic plasticity shapes life-history**
2 **strategies under combinations of abiotic stresses**

3
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17 **Running title:** Unique acclimations to abiotic-stress combinations

18

1 **Abstract**

2 Plants developed various reversible and non-reversible acclimation mechanisms to cope with the
3 multifaceted nature of abiotic stress combinations. We hypothesized that in order to endure these
4 stress combinations, plants elicit distinctive acclimation strategies through specific trade-offs
5 between reproduction and defense. To investigate *Brachypodium distachyon* acclimation
6 strategies to combinations of salinity, drought and heat, we applied a system biology approach,
7 integrating physiological, metabolic and transcriptional analyses. We analyzed the trade-offs
8 among functional and performance traits, and their effects on plant fitness. A combination of
9 drought and heat resulted in escape strategy, while under a combination of salinity and heat,
10 plants exhibited avoidance strategy. On the other hand, under combinations of salinity and
11 drought, with or without heat stress, plant fitness (i.e. germination rate of subsequent generation)
12 was severely impaired. These results indicate that under combined stresses, plants' life-history
13 strategies were shaped by the limits of phenotypic and metabolic plasticity and the trade-offs
14 between traits, thereby giving raise to distinct acclimations. Our findings provide a mechanistic
15 understanding of plant acclimations to combinations of abiotic stresses and shed light on the
16 different life-history strategies that can contribute to grass fitness and possibly to their dispersion
17 under changing environments.

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19

20 **Key words:** abiotic-stress combinations, *Brachypodium*, fitness, life-history strategy,
21 metabolomics, physiology, trade-off, transcriptomics.

22

1 **Introduction**

2 Phenotypic plasticity, the ability of a given genotype to express different phenotypes under
3 alternative environmental conditions (Pigliucci, 2001), is a fundamental feature of plants,
4 enabling them to optimize their fitness under changing and uncertain environments (Matesanz et
5 al., 2010). The capacity of an organism to express plasticity in a given trait is mediated at the
6 molecular level (Schlichting and Smith, 2002) and involves various reversible and non-reversible
7 developmental, anatomical, morphological and physiological modifications (Nilson and
8 Assmann, 2010). In contrast to genetic alterations that occur across several generations,
9 phenotypic plasticity accounts for the plant responses to environmental changes within the life
10 span of an individual plant (Bradshaw, 1965). It is assumed that the ability of phenotypic
11 plasticity to alleviate short-term environmental changes could also be beneficial upon the long-
12 term effects of climatic changes (Jump and Peñuelas, 2005).

13 Plant life-history, which aims at understanding and predicting the existence of plants with
14 different traits and strategies, is predicted to change under environmental stresses through
15 alterations in plant growth, reproduction and survival, the three main life-history traits (Grime,
16 1977). These performance traits, which directly contributing to plant fitness, can be modulated
17 by morphological, physiological or phenological traits (i.e. functional traits) (Violle et al., 2007).
18 Plant life-history strategies rely on trade-offs in resource partitioning between growth,
19 reproduction and defense, due to resource limitations, and/or environmental stresses (Bazzaz et
20 al., 1987). These constrains limit the capacity of the plants to acquire net carbon and alter the
21 energy balance and allocation of assimilates from growth and reproduction into defense (Sultan,
22 2000). Variations in life-history strategies usually involve cross-species comparisons (e.g.
23 (Salguero-Gomez et al., 2016). However, owing to their phenotypic plasticity, plants from the
24 same genotype growing in different environments, can differ in the trade-offs of resource
25 allocation, thus, exhibiting different life-history strategies (De Deyn, 2017). One of the
26 challenges of plant biology is to identify these genetic trade-offs and through a mechanistic
27 understanding manipulate them for crop improvement (Des Marais and Juenger, 2016).

28 Environmental stresses, such as soil salinization, drought episodes and heat waves, are
29 among the main factors limiting plant performance and affecting their ecological fitness. At the
30 Mediterranean-like conditions, these stresses usually occur simultaneously, effecting both natural
31 and agricultural systems (Vautard et al., 2007; Maggio et al., 2011). Moreover, based on climate

1 change models, plants are projected to encounter a greater range and number of abiotic stress
2 combinations in the near future. To cope with such environmental constrains, plants have
3 evolved a variety of acclimation mechanisms. These mechanisms can be encapsulated to two
4 main strategies: *escape* (e.g. rapid completion of the plant life cycle or deeper rooting), and
5 *resistance*, which is sub-divided to *avoidance* (altering or halting the effect of the stress through
6 mainly morphological and/or anatomical changes), and *tolerance* (maintaining normal functions
7 despite the presence of the stress through molecular mechanisms) (Levitt, 1972; Mickelbart et
8 al., 2015). Plants can combine acclimation mechanisms from different strategies, thus eliciting an
9 environmentally induced phenotypic variation.

10 *Brachypodium distachyon* (L.) Beauv. is a model system for Pooid cereal and forage
11 species that has been used to study environmental stress responses such as: drought, extreme
12 temperature, salinity and nutrient availability (reviewed by Scholthof et al., 2018). However,
13 except for a few studies (e.g. Barhoumi et al., 2010; Des Marais et al., 2017; Shaar-Moshe et al.,
14 2017), most of these experiments involved single stresses at early vegetative stages. In order to
15 study *B. distachyon* acclimation strategies to environmental stresses, information on life-history
16 and phenological data is required since they determine the coordination of environmental
17 conditions with developmental transitions, the occurrence of the stress and the expected
18 acclimation strategy (Des Marais and Juenger, 2016).

19 Recently we have shown a unique transcriptional signature among genes that were
20 differentially expressed only under combinations of stresses. This transcriptional pattern was
21 enriched with antagonistic responses, suggesting alterations in the mode of action under different
22 combinations of stresses (Shaar-Moshe et al., 2017). Here we used a system biology approach to
23 test the hypothesis that plants elicit a unique acclimation strategy, with distinct trade-offs in life-
24 history traits of growth, reproduction and defense, under each combination. The objectives of
25 this study were to *i*) characterize the effects of combined stresses on plant fitness and *ii*)
26 determine the trade-offs among functional and performance traits. Our results shed light on life-
27 history strategies, and the capacity of phenotypic and metabolic plasticity, which can facilitate
28 plant acclimations to the projected changing environments.

29

1 **Material and methods**

2 ***Plant material and growth conditions***

3 *Brachypodium distachyon* accession Bd21-3 plants were grown as previously described (Shaar-
4 Moshe et al., 2017). Briefly, following 48h at 4°C to synchronize germination and 5d at 15°C to
5 establish germination, uniform seedlings were transplanted into pre-weighted 1L pots and
6 transfer to a Phytotron (22°C day/16°C night, 10h light/14h dark). The dry and fully irrigated
7 weight of the pots were used to calculate soil water content. Plants were irrigated to runoff with
8 fresh water three times a week, and fertilized with 1g L⁻¹ N:P:K (20% nitrogen, 20% phosphorus
9 and 20% potassium) + micronutrients, eight weeks after germination. Ten weeks after
10 germination, plants transferred to a long day regime (15h light/9h dark).

11 Each plant was subjected to one of the following five treatments in a split-plot factorial
12 (treatment) complete random design: *Control* (*C*), plants were grown at 22°C day/16°C night
13 throughout the experiment. Combination of salinity and heat (*S&H*), plants were exposed
14 progressively to salinity, starting at five-leaf stage, by two irrigations of 20mM NaCl, followed
15 by five irrigations with 50 and then 80mM NaCl. Target concentration of 100mM NaCl, which
16 was achieved within four weeks, was kept throughout the experiment. Runoff electric
17 conductivity was monitored weekly. At anthesis, plants were transferred on 20:00 pm, to a pre-
18 heated greenhouse at the Phytotron (34°C day/28°C night) for four days. Combination of drought
19 and heat (*D&H*), plants were gradually exposed to water stress, starting at booting stage (BBCH
20 scale 45; Hong et al., 2011, approximately 12 weeks after germination), by withholding
21 irrigation. Each pot was weighted every second day and relative soil water content was
22 maintained at 40% for 17 days. At anthesis, plants were subjected to heat stress as described
23 above. Combinations of Salinity and drought (*S&D*) and (*S&D&H*), salinity and drought stresses
24 were applied gradually at five-leaf and booting stage, respectively, as described above. Heat
25 stress was applied at anthesis, as described above. Under the two combinations, plants were
26 irrigated with fresh water once drought stress was imposed (Supplementary Fig. S1).

27

28 ***Performance traits and plant fitness***

29 Plants were documented and measured for shoot dry weight (DW) at three developmental stages
30 during the reproductive stage: 4, 12 and 17 days after anthesis (DAA). At the end of the growing
31 season, when plants from all treatments senesced, spikes and shoots, from each plant, were

1 separately harvested ($n=5$) and oven-dried (75°C for 96h). Samples were weighted to determine
2 shoot DW. The reproductive samples were threshed, and grain were weighted and counted to
3 obtain 100-grain weight. The ratio between spike DW and whole shoot DW was used to
4 calculate the reproductive allocation. Grain parameters were analyzed using GrainScan software
5 (Whan et al., 2014). Germination assay was performed using the “cigar roll” method (Watt et al.,
6 2013). Twenty uniform grains, which developed on plants subjected to control or stress
7 combination treatments ($n=3$), were placed on a moist germination paper ($25\times 38\text{cm}$; Anchor
8 Paper Co., St. Paul, MN, USA), three cm from the top of the sheet, with the embryo facing
9 down. The paper was covered with additional sheet of moist germination paper and then rolled
10 tightly to a final diameter of ~ 4 cm. The base of the rolls was dipped in a tray of tap water and
11 stored in darkness for 48h at 4°C , followed by 6d at 15°C for establishment of germination. The
12 number of grains with the primary seminal root was recorded to determine grain viability.

13

14 ***Functional traits***

15 Measurements of chlorophyll fluorescence and content were conducted in a complete random
16 design at three developmental stages during the reproductive stage: 4, 12 and 17 DAA, on the
17 mid portion of the adaxial side of the third leaf. Chlorophyll fluorescence was measured using a
18 portable chlorophyll fluorometer MINI-PAM-II (Walz GmbH, Effeltrich, Germany). Dark-
19 adapted F_v/F_m was determined following 40 min of whole plant dark-adaptation ($n=4$). F_v/F_m
20 values that represent maximal photochemical efficiency of photosystem II were automatically
21 calculated as $(F_m - F_0)/F_m$ by the WinControl-3 software. Chlorophyll content (SPAD value;
22 $n=4$) was assessed by the SPAD-502 chlorophyll meter (Minolta Camera Co., Japan). Each
23 SPAD value is the mean of five technical replicates measured from five different leaves, per
24 plant. Carotenoid content and plant senescence were estimated using non-destructive reflectance
25 measurements, on the mid portion of the adaxial side of the third leaf, by the CI-710 Miniature
26 Leaf Spectrometer (CID Bio-Science, USA), at 4 DAA. Integration time was 800 milliseconds,
27 boxcar width was 10 points and each value represents an average of four scans. The following
28 reflectance indices were used for carotenoid fluorescence: $\text{CRI}_{550} = (1 / W_{510}) - (1 / W_{550})$
29 (Gitelson et al., 2002) and plant senescence: $\text{PSRI} = (W_{680} - W_{500}) / W_{750}$ (Merzlyak et al.,
30 1999), where W represents the wavelengths used to calculate the indices. Measurements of
31 relative water content (RWC) and osmotic adjustment (OA) were performed on the third leaves

1 at mid-day ($n=5$), as described previously (Shaar-Moshe et al., 2015). Ion concentrations (i.e. Cl^- ,
2 Na^+ and K^+), under control and stress treatments, were evaluated based on (Yermiyahu et al.,
3 2017). Oven-dried leaf samples ($n=6$) (75°C for 96h) were ground to a fine powder. One hundred
4 mg from each sample was added to 10 mL double-distilled water (DDW), followed by an
5 overnight incubation. Sodium (Na^+) and potassium (K^+) concentrations were analyzed by atomic
6 absorption (PerkinElmer Precisely Analyst 200) and chloride (Cl^-) concentrations were
7 quantified with chloridometer (MK II Chloride Analyzer 926, Sherwood Scientific Ltd.,
8 Cambridge, UK).

9

10 ***Transcriptional data and analysis***

11 Extraction of RNA from flag and second leaf samples and preparation of cDNA libraries and
12 their sequencing were previously described in Shaar-Moshe et al. (2017). Briefly, at 4 DAA leaf
13 samples, were collected, frozen in liquid nitrogen and total RNA was extracted using Plant/Fungi
14 Total RNA Purification Kit (Norgen Biotek Corp., Canada). Three biological replicates from
15 each condition, with the highest values of RNA integrity, chosen for RNA sequencing. Twenty-
16 four cDNA libraries were subjected to single-end multiplex sequencing (50bp) on the Illumina
17 HiSeq2500 sequencer (Technion Genome Center, Haifa, Israel), using the TruSeq RNA sample
18 preparation kit ver.2 (Illumina, San Diego, USA), according to manufacturer's standard
19 protocols. Data processing, which included barcode removal, filtering of low quality reads and
20 alignment of the reads to the *B. distachyon* reference genome (Bd21-3 v.1), as well as analysis of
21 differentially expressed genes, with DESeq2 package (Love et al., 2014), and their functional
22 annotation, based on MapMan tool (Thimm et al., 2004), were obtained from (Shaar-Moshe et
23 al., 2017). Files of the raw mRNA-seq are available at the short-read archive of the National
24 Center for Biotechnology Information (<https://www.ncbi.nlm.nih.gov/sra>) under accession
25 number PRJNA360513.

26

27 ***Determination of starch content***

28 Starch content was determined as described previously (Naschitz et al., 2010), with minor
29 modifications. Briefly, 50mg of lyophilized leaf samples ($n=5$) that were collected at 5 DAA at
30 18:00 pm were ground with liquid nitrogen and rinsed three times with 80% ethanol to remove
31 soluble sugars. The pellet was fluidized with DDW and starch was hydrolyzed with

1 amyloglucosidase (Sigma), in 15mM sodium acetate pH 4.5, overnight at 55°C. Subsequently,
2 soluble sugar content was determined spectrophotometrically with Epoch plate reader, with
3 absorbance at 340nm, using Glucose (HK) assay kit (Sigma).

4 5 ***Metabolite extraction***

6 Flag and second leaf ($n=5$) were harvested at four DAA, immediately frozen in liquid nitrogen
7 and stored at -80°C until lyophilization. Sample were weighted and transferred to cryo-mill tubes
8 (Precellys 24, Bertin Technologies). Methanol (MeOH, 500 μ L) containing the internal standards
9 [D-Sorbitol- $^{13}\text{C}_6$ (0.02 mg/mL) and L-Valine- $^{13}\text{C}_5,^{15}\text{N}$ (0.02mg/mL), Sigma Aldrich (Australia)]
10 was added to the samples, followed by vortex and homogenization (3 \times 45s at 6400 rpm) at -10°C
11 using a Cryomill (Precellys 24, Bertin Technologies). The samples were then extracted at 70°C
12 in a thermomixer at 850 rpm, and centrifuged for 5 min at 4°C, at 13,000 rpm. The MeOH
13 supernatant was collected into new reaction tubes and 500 μ L water (Milli Q grade) was added to
14 the tubes containing the sample pellet, followed by vortex-mixed for 30s, and centrifuged at
15 13,000 rpm for 10 min at 4°C. The supernatants were combined and 100 μ L were dried *in vacuo*
16 for gas chromatography–mass spectrometry (GC–MS) untargeted analysis.

17 18 ***Derivatization for GC–MS analysis***

19 Derivatization for GC–MS analysis was performed as described in Dias *et al.* (2015). After
20 completion of derivatization, samples were set for one hour and then 1 μ L was injected onto the
21 GC column using a hot needle technique. Splitless and split (1:20) injections were performed for
22 each sample.

23 24 ***Untargeted GC–MS and statistical analysis***

25 Untargeted GC–MS analysis and data analysis were carried out as described in (Hill et al., 2015).
26 The metabolite data were analyzed with the open-source software, MetaboAnalyst 3.0 (Xia and
27 Wishart, 2016). Interquartile range was used for data filtering, followed by log transformation for
28 data normalization. The metabolites are presented as fold change (FC) values relative to control
29 conditions and a 10% false discovery rate correction for multiple comparisons (Benjamini and
30 Hochberg, 1995), was used to detect significant alterations in metabolite accumulation.

31

1 *Statistical and data analyses*

2 Measurements of functional and performances traits, as well as correlation between gene
3 expression data and functional traits or metabolites were analyzed statistically using JMP[®] pro
4 13 statistical package (SAS Institute, Cary, NC, USA). All traits were examined for
5 homoscedasticity among treatments. Differences between control and stress treatments, were
6 detected using one-way analysis of variance (ANOVA), followed by Dunnet's test at $P \leq 0.05$. In
7 the absence of homoscedasticity among treatments, nonparametric comparisons with Steel
8 method ($P \leq 0.05$) were used to detect differences between control and stress conditions.
9 Differences between two treatments were detected using Student's *t*-test at $P \leq 0.05$. Principle
10 component analysis (PCA), based on \log_2 FC values of genes assigned to functional categories
11 (e.g. carotenoid synthesis and starch metabolism), was used to identify the first principal
12 component (PC1, eigenvalues >1) that accounted for the maximal variation among gene
13 expression. Associations between PC1 and the FC values of the corresponding functional traits
14 or metabolites were studied using Pearson correlation analysis at $P \leq 0.1$. In the lack of liner
15 relationship, nonparametric correlation with Spearman's correlation was used. Correlations
16 between traits or between metabolites were studied using Pearson correlation analysis at $P \leq 0.05$.
17 PCA was used to evaluate the association between osmolytes (i.e. 11 metabolites and 3 ions) and
18 OA and RWC. PCA is presented as a biplot of the two major PCs (Eigenvalues >1). Line and
19 box plots were generated by ggplot function in ggplot2 package.

20

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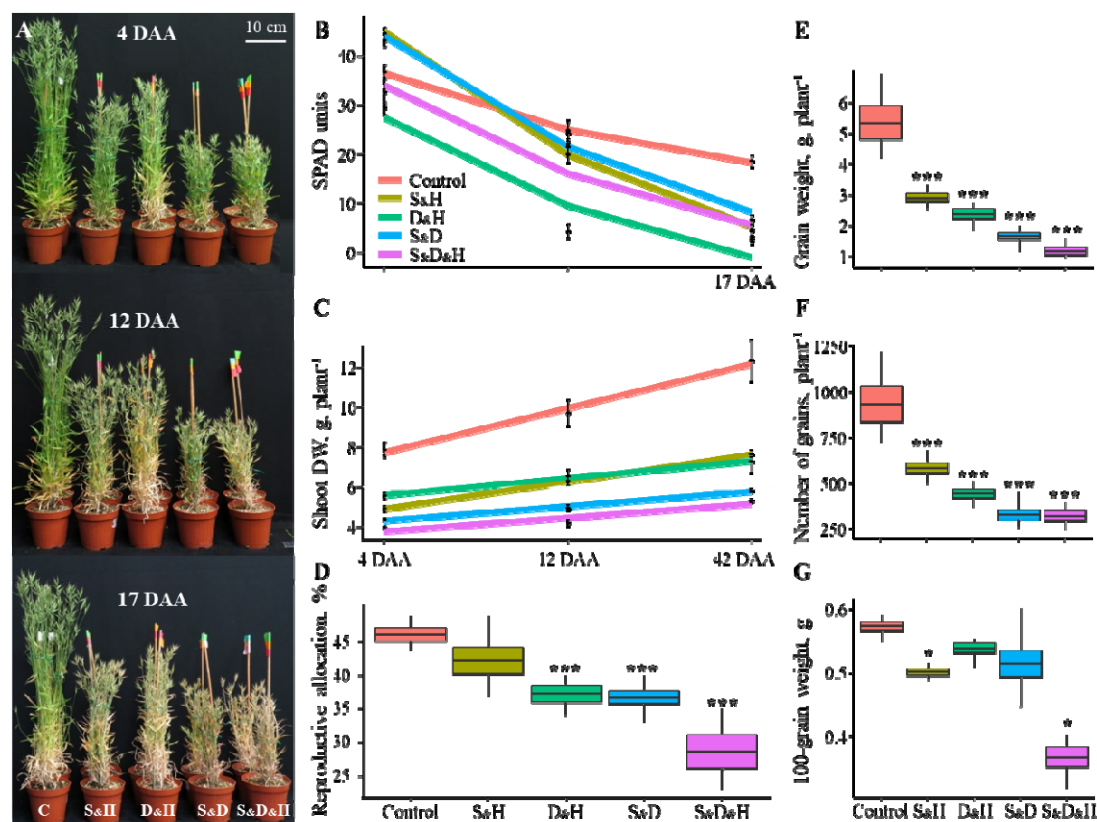
22 **Results**

23 *Under S&H plants maintained their reproductive allocation, while under S&D and S&D&H* 24 *their fitness was severely impaired*

25 All stress combinations resulted in detrimental phenotypic effects, which included a reduction in
26 shoot height and chlorophyll content (SPAD units; Fig. 1A). However, depending on the
27 combination of the stresses, a differential acclimation response, which varied in magnitude and
28 timing, was elicited by the plants. For example, under the combination of drought and heat
29 (D&H), chlorophyll content decreased by 20 and 82%, at 4 and 12 DAA (i.e. at grain filling),
30 respectively, compared with control. Yet, under the other stress combinations, significant
31 reductions in chlorophyll content were detected only at 17 DAA (during grain maturation period)

1 (Fig. 1B, Supplementary Table S1). Genes involved in chlorophyll degradation were up-
2 regulation at four DAA, among all combined stresses. A predominant increase was found under
3 D&H that resulted in the highest expression of *chlorophyll b reductase* (BRADI1G13416), which
4 catalyzes the first step in the conversion of chlorophyll b to a, and *pheophorbide a oxygenase*
5 (BRADI3G53860 and BRADI1G75270), which produces red chlorophyll catabolite from
6 pheophorbide a (Barry, 2009) (Supplementary Table S2).

7 To assess the effects of the combined stresses on plant fitness and its performance traits,
8 we measured shoot dry weight (DW) at three reproductive stages; 4, 12 and 42 DAA (i.e. plant
9 senescence). In addition, we measured spike DW at 42 DAA and estimated the proportion of
10 spike DW per shoot DW, as a surrogate for reproductive allocation. Overall, the plants
11 accumulated significantly less shoot DW under the combined stresses, compared with control
12 conditions. Under D&H and the combination of salinity and heat (S&H), plants accumulated on
13 average 34% more DW than under the combination of salinity and drought (S&D) and salinity,
14 drought and heat (S&D&H), across the three developmental stages. During the reproductive
15 stages the vegetative growth of cereals is ceased, thus, any accumulation of shoot DW is
16 attributed to an increase in the weight of reproductive tissues and subsequently to grain
17 production. Under control and S&H, the plants accumulated on average ~55% of their weight
18 from 4 DAA until senescence (i.e. 42 DAA) and showed a comparable level of reproductive
19 allocation. However, the other stress combinations showed a milder DW accumulation of only
20 ~33% and their reproductive allocation was significantly decreased, especially under S&D&H
21 (Fig. 1C, D). To assess the causes for the different spike DW and reproduction allocation among
22 the combined stresses, we examined several yield parameters. Total grain weight and number
23 followed a similar gradual decrease as shoot DW. Under S&H, plants showed limited grain losses,
24 while under S&D&H plants exhibited severe impairments (Fig. 1E, F). This pattern was not
25 observed upon examination of 100-grain weight, which showed significant decreases under S&H
26 and S&D&H, compared with control (Fig. 1G). As shoot DW accumulated to similar values under
27 S&H and D&H, the difference in the reproductive allocation between the two combinations, can
28 be attributed to higher values of total grain weight and number, under S&H, which compensated
29 for the mild decrease in 100-grain weight (Fig. 1C-G). Examination of grain viability, of grains
30 that developed on plants subjected to combinations of stresses, revealed a severe impairment in
31 germination rate only under S&D and S&D&H, compared with control (Supplementary Fig. S2).



1
2 **Fig. 1.** Performance traits and fitness of *Brachypodium distachyon* plants grown under control (C) and combinations of stresses:
3 salinity and heat (S&H), drought and heat (D&H), salinity and drought (S&D), salinity, drought and heat (S&D&H). (A) Plants
4 grown under control conditions and four combinations of stresses at three developmental stages during the reproductive stage: 4,
5 12 and 17 days after anthesis (DAA). (B) Chlorophyll content at 4, 12, and 17 DAA, under control and combinations of stresses.
6 (C) Accumulation pattern of shoot dry weight (DW) at 4, 12, and 42 DAA. Values and significance levels are indicated in
7 Supplementary Table S1. (D) Box plots of reproductive allocation (i.e. the ratio between spike and shoot DW), (E) grain weight,
8 (F) number of grains per plant, and (G) 100-grain weight. * and *** indicate significant differences between control and stress
9 treatments at $P \leq 0.05$ and 0.001, respectively, as determined by Dunnett's test. Values are mean ($n=4$) \pm SE.

12 *D&H* resulted in a rapid reduction of chlorophyll fluorescence

13 To investigate the effects of the combined stresses on the photosynthetic apparatus and its
14 associated pigments, we measured the maximal photochemical efficiency of photosystem II
15 (PSII) (F_v/F_m) at the three developmental stages during the reproductive stage. Under both
16 S&D&H and D&H, F_v/F_m declined by ~12 and 92%, at 12 and 17 DAA, respectively, compared
17 with control (Fig. 2A and Supplementary Table S1). Physiological responses and acclimations
18 are the consequences of several level of regulations, including orchestrated transcriptional
19 changes. To evaluate the contribution of transcriptional modifications to plant acclimation under
20 combined stresses and identify potential pathways that may directly regulate plant phenotypes,
21 we examined the association between physiological traits and the transcriptional patterns of the

1 underlying genes. This analysis revealed a high correlation ($r=0.9$, $P=0.1$) between the
2 physiological changes of PSII efficiency and expression patterns of genes that are involved in
3 light harvesting complex and polypeptide subunits of PSII (Fig. 2A, B and Supplementary Table
4 S2). Genes that showed a higher expression level under S&H and S&D include *PSB27-H1*
5 (BRADI1G63300), which is required for the formation and stability of PSII-LHCII
6 supercomplexes in *Arabidopsis*, and *PSB27-H2/LPA19* (BRADI1G08720), which functions in
7 C-terminal processing of D1. Among the genes that displayed a lower expression level under
8 S&D&H and D&H is *PPL1* (BRADI1G77047) that is required for efficient repair of
9 photodamaged PSII (Lu, 2016).

10

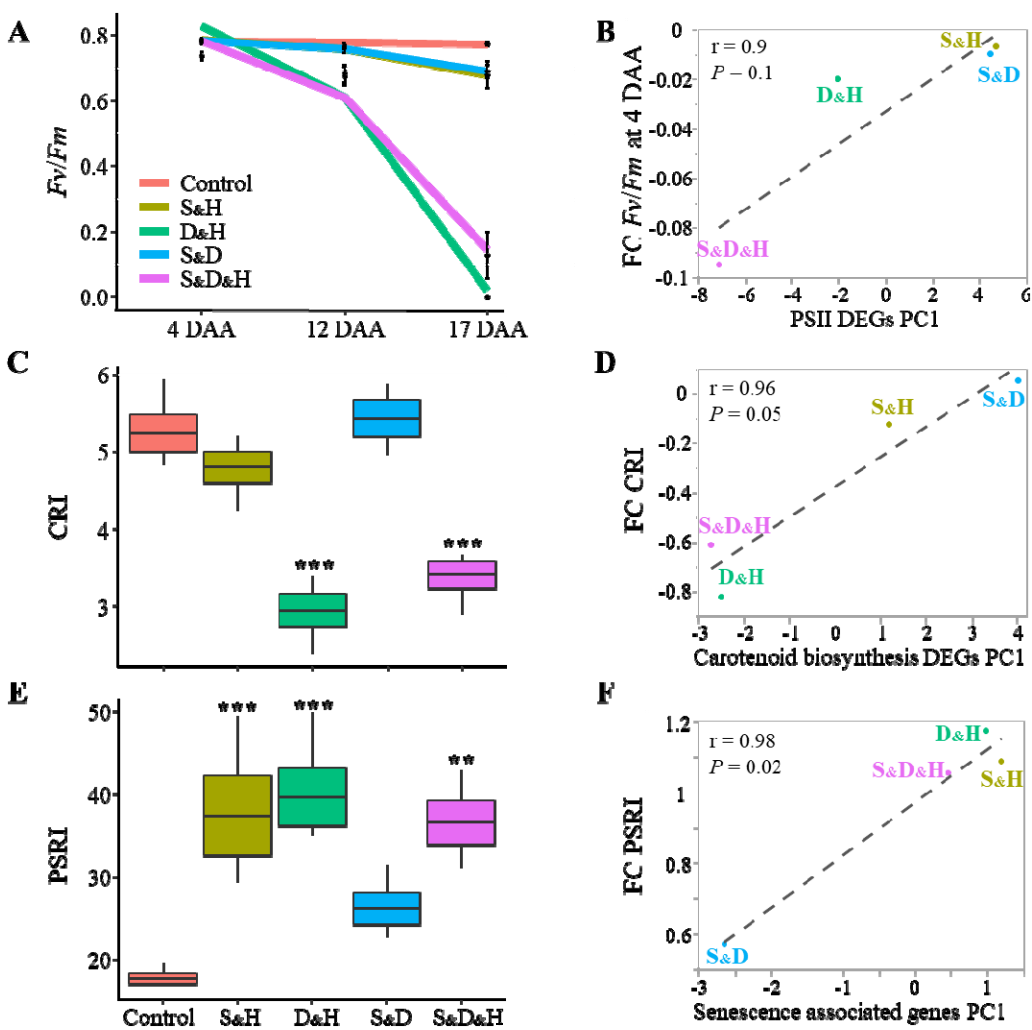
11 *S&H and S&D differentially affect carotenoid content and leaf senescence*

12 Carotenoids have a structural role in the assembly of the photosynthetic apparatus, and the
13 retention of carotenoids, in the progress of chlorophyll breakdown during senescence, has been
14 suggested as a mechanism of photoprotection (Nisar et al., 2015). To assess the content of
15 carotenoid in the leaves, we used the non-destructive carotenoid reflectance index 1 (CRI1)
16 (Gitelson et al., 2002). Under D&H and S&D&H, plants exhibited low values of CRI1, whereas
17 under S&H and S&D, CRI1 values were comparable to control (Fig. 2C). In accordance, the
18 expression pattern of genes that are involved in carotenoid metabolism exhibited a high and
19 positive association with carotenoid content under the combined stresses (Fig. 2D and
20 Supplementary Table S2).

21 Plant senescence reflectance index (PSRI), which estimates the proportion between
22 chlorophyll and carotenoids (Merzlyak et al., 1999), was used to quantitatively evaluate leaf
23 senescence. All stress combinations, except for S&D, showed higher values of PSRI, compared
24 with control, indicating stress induced-senescence (Fig. 2E). This pattern was also reflected at
25 the transcriptional level by a strong association between PSRI and senescence associated genes
26 (SAG). In addition, a high correlation ($r=0.97$, $P=0.03$) was detected between PSRI and genes
27 involved in chloroplast nucleoid metabolism and maintenance (Supplementary Table S2), a
28 pathway that was enriched among genes uniquely expressed only under stress combinations
29 (Shaar-Moshe et al., 2017). The different PSRI values that were detected between S&H and S&D
30 might be attributed to a higher carotenoid content under S&D, as chlorophyll contents were
31 comparable under these stress combinations (Figs. 1B, 2C). Consistently, mRNA levels of

1 *phytoene synthase* (*PSY*, BRADI4G37520), a rate-limiting enzyme, which catalyzes the first
 2 committed step in carotenogenesis (Hirschberg, 2001), were up-regulated only under S&D
 3 (Supplementary Table S2).

4



5

6 **Fig. 2.** Differential effects of combined stresses on photosynthetic apparatus, its associated pigments and the progression of
 7 senescence at the physiological and transcriptional levels. (A) Maximal photochemical efficiency of photosystem II (F_v/F_m), at
 8 4, 12, and 17 days after anthesis (DAA), under control and combinations of stresses. (B) Correlation between first principle
 9 component (PC1) of expression pattern of genes related to photosystem II (PSII) and fold change (FC) values of F_v/F_m at 4
 10 DAA. (C) Box plots of carotenoid reflectance index (CRI) that is calculated as $1/W_{510} - 1/W_{550}$. W represents the wavelengths
 11 used to calculate the reflectance index. (D) Correlation between PC1 of expression pattern of genes involved in carotenoid
 12 synthesis and FC values of carotenoid content. (E) Box plots of plant senescence reflectance index (PSRI) that is calculated as
 13 $[(W_{680}-W_{500}) / W_{750}] \times 1000$. (F) Correlation between PC1 of expression pattern of senescence associated genes (SAGs) and
 14 PSRI. ** and *** indicate significant differences between control and stress treatments at $P < 0.01$ and 0.001 , respectively, as
 15 determined by Dunnett's test. Values are mean ($n=4$) \pm SE. Growth conditions are as follows: salinity and heat (S&H), drought and
 16 heat (D&H), salinity and drought (S&D), salinity, drought and heat (S&D&H).

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18

1 ***Starch content depleted under heat-related stress combinations***

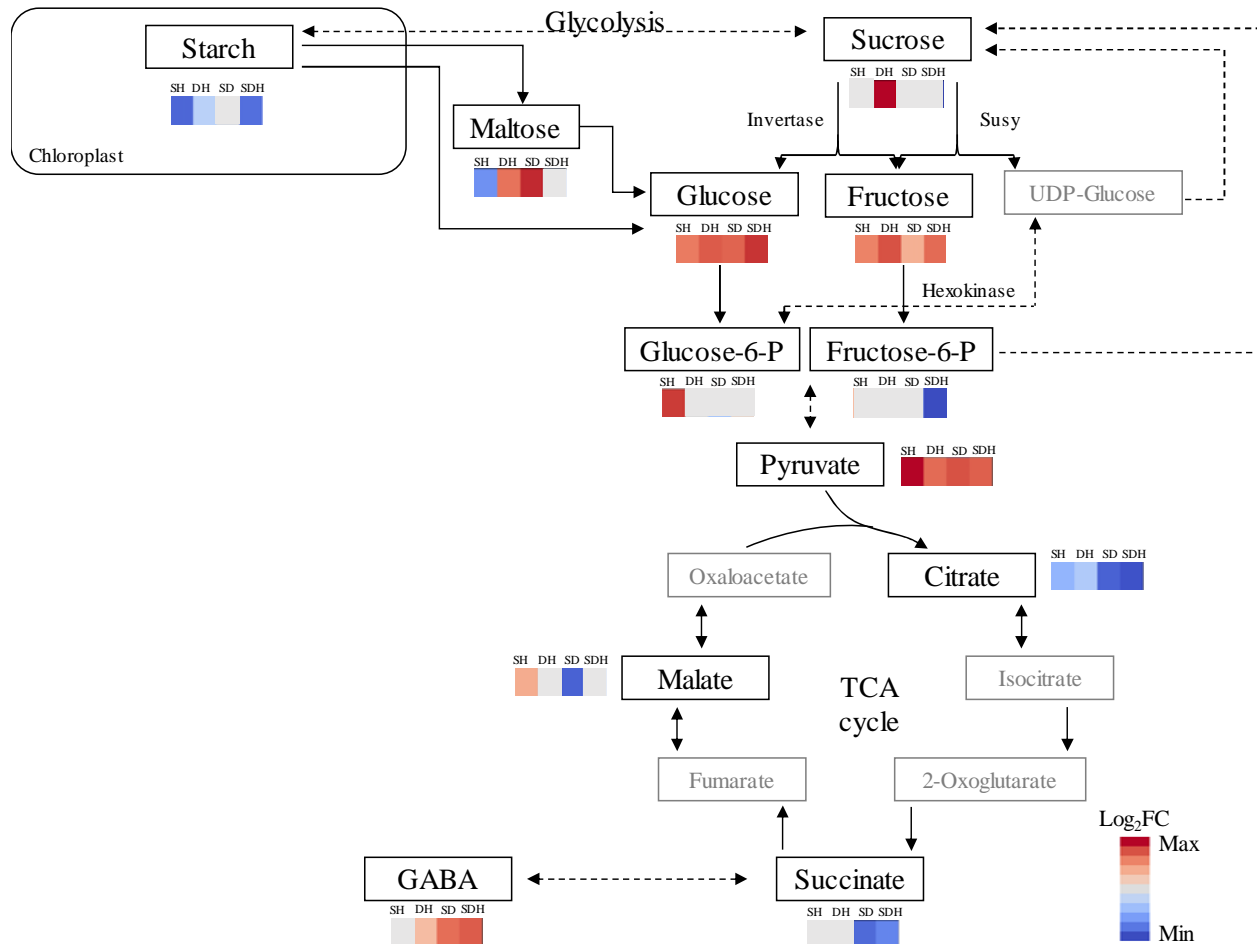
2 Under abiotic stresses, such as salinity, drought and heat, starch is usually degraded to support
3 the plant energy demands and carbon supply at times when photosynthesis is limited (Thalman
4 and Santelia, 2017). This process resulted in the accumulation of maltose, a major degrading
5 product of starch, and of its deriving sugars (Thalman et al., 2016). Under all heat stress
6 combinations, plants accumulated less starch in their leaves, compared with control conditions
7 (ranging between 65% and 97%; Fig. 3 and Supplementary Fig. S3A). The pattern of starch
8 attenuation, correlated with expression pattern of starch synthesis and degradation DEGs
9 (Supplementary Table S2 and Fig. S3B), suggesting a tight regulation, of both anabolic and
10 catabolic processes, under the combined stresses. In addition, starch was in a close association
11 with maltose content ($r=1$, $P=0.004$; Supplementary Fig. S3C). Starch content in the leaves did
12 not correlate with photosynthesis rate ($r=0.62$, $P=0.3$; Supplementary Fig. S3D) or with grain
13 weight ($r=0.54$, $P=0.3$, Supplementary Fig. S3E). The plasticity of starch attenuation under the
14 different stress combinations demonstrates that it cannot be merely considered as a storage
15 compound (Thalman and Santelia, 2017) and may imply its involvement in distinct shifts
16 between defense, maintenance and reproductive processes.

17

18 ***Plant energy balance is severely impaired under S&D and S&D&H***

19 Starch degradation and remobilization under stress releases sugars and other derived metabolites,
20 which can support plant growth, function as compatible solutes and provide an alternative source
21 of energy and carbon (Krasensky and Jonak, 2012). To improve our understanding on cellular
22 energy metabolism under stress, we performed a complete foliar metabolic profiling, in parallel
23 with the transcriptional analysis. Among the 70 annotated metabolites, differentially accumulated
24 under at least one stress combination, most metabolites (94%) showed the same response pattern
25 (i.e. accumulation or depletion), across the four combinations. However, the intensity of the
26 response varied among the different combinations (e.g. GABA, tryptophan and mannose reached
27 FC differences of 71, 48, and 22, respectively, compared with control conditions; Supplementary
28 Table S3). Functional classification of the metabolic data revealed that sugars, sugar phosphates
29 and sugar alcohols constituted up to 41% of the metabolites and enrichment analysis further
30 identified galactose metabolism as a prevalent pathway under stress. This pathway includes
31 sugars with various functions such as signaling (e.g. glucose and fructose), transport (sucrose and

1 raffinose), osmoprotectants (e.g. galactinol and myo-inositol), cell wall polysaccharides (e.g.
 2 galactose and mannose) and glycerolipid metabolism (e.g. galactosylglycerol), which showed
 3 distinct metabolic responses under each stress combination (Supplementary Fig. S4).
 4



5
 6 **Fig. 3.** Accumulation patterns of metabolites involved in energy metabolism in *Brachypodium distachyon* plants grown under
 7 control and combinations of stresses: salinity and heat (S&H), drought and heat (D&H), salinity and drought (S&D), salinity,
 8 drought and heat (S&D&H). Red and blue colors indicate significant ($P \leq 0.1$) accumulation and depletion of metabolite content,
 9 respectively, and white color indicates a non-significant change, compared with control.

10

11 We further focused our analysis on metabolites that are involved in cellular respiration.
 12 Sucrose and its two hexoses constitute the early steps of glycolysis, the first stage of respiration.
 13 Plants accumulated sucrose only under D&H (FC=1.2). While its breakdown products, the
 14 hexoses fructose and glucose, accumulated under all combined stresses (Fig. 3 and
 15 Supplementary Table S3). The hexoses are further converted to glucose-6-P that accumulated
 16 under S&H (FC=2.2) and fructose-6-P, which depleted under S&D&H (FC=-4.6). The end

1 products of glycolysis include the organic acid pyruvate that accumulated to comparable levels
2 under all stress combinations and malate, which accumulated under S&H and decreased under
3 S&D (FC=1.8 and -3.4, respectively). Additional organic acids of the tricarboxylic acid (TCA)
4 cycle, showed reduced levels under the combined stresses. For example, succinate, a metabolite
5 connecting the TCA cycle and γ -Aminobutyric acid (GABA) shunt (Fait et al., 2007), showed
6 decreased levels only under S&D and S&D&H. Consistently, high levels of GABA were detected
7 in leaves of plants subjected to these two stresses (Fig. 3 and Supplementary Table S4).

8

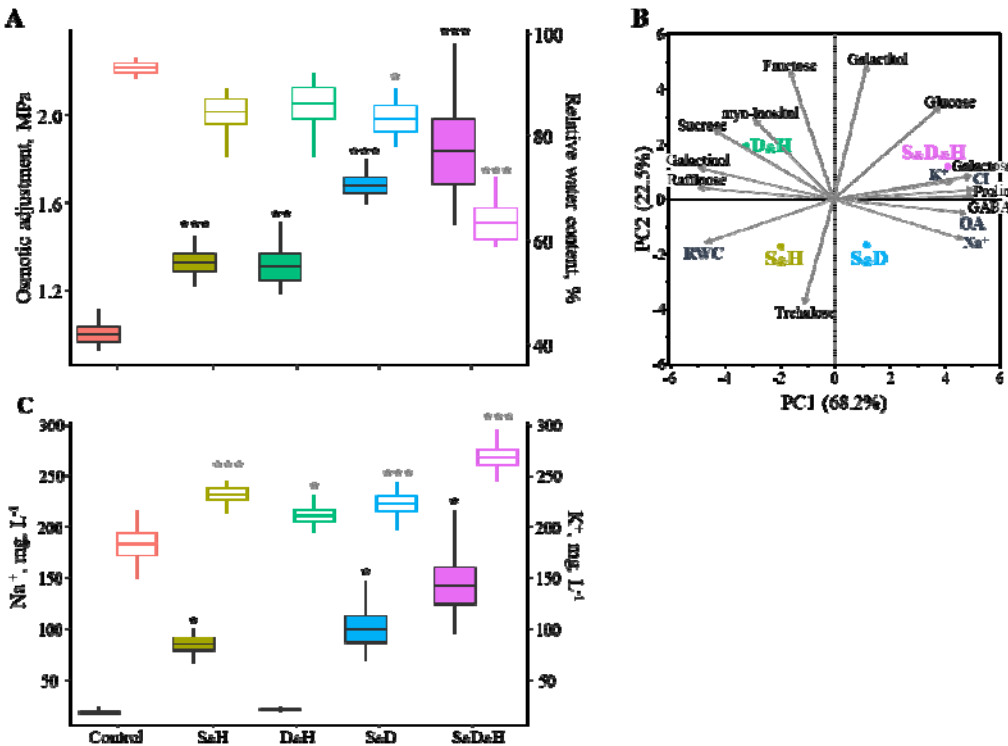
9 ***Preferable accumulation of osmolytes under combined stresses***

10 Accumulation of compatible solutes is an adaptive mechanism that mitigates the deleterious
11 effects of an osmotic stress by sustaining cellular turgor and water status and protecting cellular
12 constituents (Rontein et al., 2002). Under all combined stresses, an increase in osmotic
13 adjustment (OA) was detected, predominantly under S&D and S&D&H. However, this increment
14 was not sufficient to retain leaf relative water content (RWC), to a level comparable to control
15 conditions. Heat stress did not contribute to the OA, as indicated by the similar values of OA
16 under S&D and S&D&H, but it led to a dramatic loss of 20% of RWC under S&D&H compared
17 with S&D (Fig. 4A).

18 To gain a comprehensive understanding of the relationship between osmolytes (organic
19 and inorganic) and OA and their effect on RWC, we performed a principle component analysis
20 (PCA) that included 11 metabolites, three ions and the two physiological measurements. The
21 cumulative contribution of the two major principal components (PCs, Eigenvalues >1), to the
22 total variation, was 91%. PC1 that explained 68.2% of the variation was loaded positively with
23 OA, the metabolites proline, GABA, galactose and glucose, and the ions Na⁺, K⁺ and Cl⁻,
24 suggesting the involvement of these osmolytes in osmoregulation. On the other hand, PC1 was
25 loaded negatively with RWC, raffinose, galactinol, sucrose and myo-Inositol, indicating the
26 negative association between OA and RWC and implying that these metabolites did not
27 contribute to osmotic adjustment in *B. distachyon* (Fig. 4B). The lack of correlation between OA
28 and fructose, galactitol and trehalose may result from additional functions these metabolites hold,
29 such as signaling and transport (Ruan, 2014). Cumulative FC of significant compatible solutes
30 revealed their gradual accumulation across the combined stresses, ranging between 39, under
31 S&H, and reaching up to 129 cumulative FC, under S&D&H (Supplementary Table S3). Although

1 S&H and D&H had comparable levels of OA (Fig. 4A), under D&H plants accumulated a higher
 2 level of compatible solutes compared with S&H (i.e. cumulative FC of 50 *versus* 39,
 3 respectively).

4 Salt-treated plants accumulated higher levels of Na⁺ in their leaves compared with control
 5 and D&H. Accumulation of K⁺, which was positively correlated with both Na⁺ and Cl⁻
 6 accumulation, was detected under all combined stresses, especially in plants subjected to S&D&H
 7 that accumulated 45% more K⁺, compared with control (Fig. 4C). The accumulation patterns of
 8 K⁺ and Na⁺ across the combined stresses resulted in a similar four-fold reduction in K⁺ / Na⁺
 9 ratio among the salt-treated plants (Supplementary Fig. S5A). In addition, Cl⁻ was accumulated
 10 under all combined stresses, primarily in plants subjected to S&D&H, which accumulated twice
 11 the amount of Cl⁻, compared with control conditions (Supplementary Fig. S5B).



12
 13 **Fig. 4.** The contribution of osmolytes to osmotic adjustment (OA) and its relationship with relative water content
 14 (RWC). (A) Box plot of OA and leaf RWC, denoted by filled and empty boxes, respectively. (B) Biplot of a
 15 principal component (PC) analysis of the relationship among osmolytes (i.e. 11 organic osmolytes, detected by
 16 metabolic profiling, and three inorganic osmolytes) and the physiological traits OA and RWC, under combinations of
 17 stresses. (C) Box plot of Na⁺ and K⁺ concentrations, denoted by filled and empty boxes, respectively. *, ** and ***
 18 indicate significant differences between control and stress treatments at $P < 0.05$, 0.01 and 0.001, respectively, as
 19 determined by Dunnett's test. Values are mean ($n=6$) \pm SE. Growth conditions are as follows: salinity and heat (S&H),
 20 drought and heat (D&H), salinity and drought (S&D), salinity, drought and heat (S&D&H).

21

1 **Discussion**

2 Plant acclimations to abiotic stress conditions occur through a coordinated sequence of
3 transcriptional, translational, metabolic and physiological events, from the cellular to the whole
4 plant level. These processes change the metabolic status of the plants toward a new steady-state
5 level that supports plant growth and fitness under the unfavorable conditions. To study
6 acclimation mechanisms of temperate grasses to combinations of abiotic stresses, we subjected
7 *B. distachyon* plants to combinations of salinity, drought and heat stresses, which are the major
8 environmental constraints at the Mediterranean region (Vautard et al., 2007; Maggio et al., 2011).
9 We examined the extent of phenotypic and metabolic plasticity and the limitation such
10 conditions imposed on plant performances and fitness. Our analysis revealed commonalities and
11 divergences between the life-history strategies plants elicited under each unique stress
12 combination.

13

14 ***Under D&H plants exhibited a life-history strategy of accelerated senescence***

15 The Mediterranean-like environments are usually affected by prolonged water stress combined
16 with heat waves, causing together extensive agricultural losses (Loss and Siddique, 1994). Under
17 such conditions, annual plants that have a rapid life cycle and escape the spring heat waves may
18 gain a high fitness. The *B. distachyon* accession Bd21-3 that was collected in northern Iraq is
19 native to an area with low winter precipitation and high summer temperatures (Des Marais and
20 Juenger, 2016). Accordingly, these plants exhibited an accelerated senescence under D&H that
21 was manifested by a significant reduction in chlorophyll content, starting as early as 4 DAA (Fig.
22 1B), a reduction in photosynthesis rate (Shaar-Moshe et al., 2017), accumulation of
23 galactosylglycerol, consistent with breakdown of thylakoid membranes, which contain up to
24 80% galactosylglycerolipids (Holzl and Dormann, 2007), and accumulation of transport sugars
25 (e.g. sucrose and galactitol) (Fig. 4 and Supplementary Fig. S4 and Table S3). Leaf senescence,
26 which is characterized by the transition from nutrient assimilation to nutrient remobilization,
27 involves, in its early phase, breakdown of chloroplasts and decrease in photosynthesis (Avila-
28 Ospina et al., 2014). The positive correlation between leaf senescence (measured by PSRI) and
29 expression pattern of genes that are involved in chloroplast nucleoid metabolism and
30 maintenance provides a transcriptional support for the link between leaf aging and chloroplast
31 stability. The associations between physiological traits and their underlying gene expression

1 patterns suggest a coordinated regulation between the transcriptional and physiological level and
2 may facilitate detection of pathways and genes that directly control plant acclimations to stress
3 conditions.

4 Despite a reduction in photosynthesis under D&H, the hexoses, glucose and fructose
5 accumulated under D&H (Fig. 3 and Supplementary Table S3). This may occur through starch
6 remobilization, which provides an alternative source of energy and carbon, or through a decrease
7 in amino acid synthesis, which leads to a higher carbon availability (Jongebloed et al., 2004).
8 Indeed, under D&H, starch level depleted, compared with control conditions, and the amino acids
9 tryptophan and GABA, only mildly accumulated, compared with plants grown under the other
10 stress combinations (Supplementary Table S3). In addition, considering that up to 70% of the
11 leaf proteins are localized within the chloroplasts, the recycling and management of materials
12 accumulated during leaf development into exportable nutrients, is a critical process in senescing
13 plants to sustain yield and fitness (Sade et al., 2018). The accumulation of transport sugars that
14 can move through the phloem to the filling grains may indicate that nutrient remobilization was
15 accelerated under D&H. Yet, nutrient reservoir and/ or their transport rate did not meet the
16 progression of senescence, resulting in a reduction of 19% in reproductive allocation and a
17 decreased in total grain weight (Fig. 1D-E). This life-history strategy of accelerated senescence
18 resulted in a trade-off in the reproductive allocation via shortened grain-filling period, which
19 consequently diminished grain yield.

20

21 *Plants grown under S&H exhibited moderate effects of the stress on functional and* 22 *performance traits*

23 Plants subjected to S&H were able to sustain, for a longer period, higher or comparable values of
24 chlorophyll content and Fv/Fm , respectively (Figs. 1B, 2A), which further support the moderate
25 decreases in photosynthesis rate, compared with control (Shaar-Moshe et al., 2017). Under S&H
26 plants accumulated 29% less shoot DW, similarly to D&H, yet the reproductive allocation was
27 comparable to control conditions, indicating that the plants maintained source-sink relationships
28 and successfully partitioned photosynthetic assimilates to the reproductive tissues (Fig. 1C, D).
29 Plants grown under S&H also maintained leaf water content at a level comparable to control
30 conditions, possibly through an increase in OA (Fig. 4A). By increasing the intercellular
31 osmolarity plants maintain a high cellular turgor that is necessary for cell expansion and facilitate

1 a higher stomatal conductance under lower water potentials, thus actively modifying the
2 environment they experience.

3 Osmotic adjustment can be achieved through *de-novo* synthesis of compatible solutes that
4 are accumulated mainly in the cytosol and through accumulation of inorganic ions, which
5 accumulate in the vacuole where larger changes in ionic strength can be tolerated. Compatible
6 solutes, which are defined as small water-soluble molecules devoid of metabolic effects, can also
7 function in osmoprotection of cellular structures, by interacting with membranes, protein
8 complexes, or enzymes (Bohnert et al., 1995). OA, which occurred under all stress
9 combinations, has increased with the aggravation of the stresses (Fig. 4A) and is proportional to
10 the reduction in plant water status (Blum, 2017). In accordance, accumulation of compatible
11 solutes such as glucose, proline and GABA, was positively correlated with OA, and exhibited a
12 higher accumulation under S&D and S&D&H, and a lower accumulation under S&H and D&H
13 (Fig. 4B and Supplementary Table S3). Plants' ability to retain a high water content under S&H,
14 despite a relative mild increase in organic osmolyte accumulation, may be attributed to an
15 increase in inorganic osmolytes such as K^+ and especially Na^+ that are non-competitive to
16 growth (Fig. 5C, and Supplementary Fig. S5). *De novo* synthesis of osmolytes is an energetically
17 expensive process that may come at a large metabolic cost. Therefore, ion accumulation can be
18 an energetically more favorable option (providing it is effectively sequestered in the vacuole)
19 (Fan et al., 2015). Accumulation of inorganic osmolytes may mitigate the energy trade-off
20 between defense mechanisms and reproductive output and prioritize the latter, thus, minimizing
21 yield penalty under S&H (Shabala and Shabala, 2011).

22 23 ***Plants' energy balance and fitness were severely damaged under combinations of S&D and*** 24 ***S&D&H***

25 Soil salinity is a growing concern in arid and semi-arid regions, both in cultivated land and
26 natural habitats, leading to severe reductions in plant growth and productivity (Rozema and
27 Flowers, 2008). Limited water availability can impair Hill reaction, evaporative coolant and
28 mass flow of solvents, from both the soil and source tissues (Bohnert et al., 1995). Indeed, under
29 S&D and S&D&H, plants were not able to retain a high RWC as control plants (Fig. 4B), and
30 photosynthesis and transpiration rates dropped by ≥ 82 and 90%, respectively. In accordance,
31 leaf temperature increased significantly compared with either control or single heat stress (Shaar-

1 Moshe et al., 2017), implying limited ability of the plants to cool their leaves by transpiration.
2 S&D and S&D&H also led to sever growth attenuations and to a decrease in the reproductive
3 output by 63 and 74%, respectively (Fig. 1C-G). Similar effects of reduction in plant growth and
4 productivity, were reported for wild (*Hordeum spontaneum*) and domesticated (*H. vulgare*)
5 barley subjected to S&D during the vegetative and reproductive stages (Ahmed et al., 2013).

6 Sink strength is of a paramount importance for grain filling. The developing grains are
7 mainly depended on two sources of assimilates: photosynthesis after anthesis and translocation
8 of reservoirs assimilated before anthesis and temporarily stored in the stem. Under stress
9 conditions, which diminish photosynthesis capacity of source tissues, grain filling is largely
10 dependent on remobilization of stem reserves (Gallagher et al., 1976). The prolonged stress
11 conditions, imposed under S&D and S&D&H, severely curtailed photosynthesis capacity and
12 shifted the balance from maintenance and reproduction towards defense processes throughout the
13 plants' life-history. As a consequence of the decreased photosynthesis and culm length (Shaar-
14 Moshe et al., 2017), these plants are expected to contain less stem reserves (Borrell et al., 1993)
15 that are essential for grain filling and source-sink homeostasis (Jagadish et al., 2015).

16 The effect of phenotypic plasticity on plant fitness can be positive, neutral or maladaptive
17 (van Kleunen and Fischer, 2005). Thus, not all alterations lead to the desired outcome of
18 ameliorating the unfavorable conditions (Donohue, 2003). The limited water availability, under
19 S&D and S&D&H, could result in attenuation of shoot DW accumulation (Fig. 1A), which leads
20 to accumulation of sugars, such as glucose and galactose (Fig. 3 and Supplementary Table S3),
21 due to a decreased demand (Hummel et al., 2010). Sugar accumulation can also result in
22 feedback inhibition of photosynthesis (Rossi et al., 2015). Depletions of primary metabolites of
23 the TCA cycle, such as citrate and succinate under S&D&H, and malate under S&D, further
24 suggest that cellular respiration, were compromised under these combinations. GABA, which has
25 been shown to accumulate under abiotic and biotic stresses and is associated with diverse
26 physiological responses, including fluxes of carbon into the TCA cycle, nitrogen metabolism and
27 osmoregulation (Bouche and Fromm, 2004), was largely produced under S&D and S&D&H (Fig.
28 3 and Supplementary Table S3). Since GABA shunt is closely connected to the TCA cycle (Fait
29 et al., 2007), the surplus accumulation of GABA, under S&D and S&D&H, may result from a
30 decline in respiration. Primary metabolism can also be modified due to increased activation of
31 secondary metabolism under different environmental constrains (Kooke and Keurentjes, 2011).

1 Altogether, the morph-physiological traits and metabolic profiling demonstrate the
2 aggravating effects of the combined stresses, which hamper plant performances, diminish their
3 fitness and may impend their dispersion in areas prone to simultaneous occurrence of salinity and
4 drought with or without heat stress.

5

6 ***Conclusions and future perspective***

7 The prevalence of different combinations of stresses in the field, and their projected increase in
8 frequency and intensity (Suzuki et al., 2014; Zandalinas et al., 2018), challenges the common
9 methodology of single stress treatments and the relevance of such assays to plant acclimation
10 under natural and agricultural systems. The variable and unpredictable environmental conditions
11 that are associated with climate change, force plants to rapidly acclimate, both within and across
12 generations (Nicotra et al., 2010). Understanding the effects of environmental constraints on
13 plant life-history strategies and the limits of plasticity under changing environments can assist in
14 predicting species dispersion and facilitate the development of varieties, which are better adapted
15 to the foreseen climatic conditions. To meet these challenges, a multidisciplinary approach that
16 considers physiological and phenological information of realistic stress assays, together with
17 system regulatory mechanisms, from the gene to the whole plant level, should be undertaken.

18

19

20 **Supplementary material**

21 Supplementary data are available at JXB online.

22 **Table S1.** Statistical analysis of physiological traits at three developmental stages.

23 **Table S2.** List of differentially expressed genes that were used for correlation analyses.

24 **Table S3.** List of fold change and false discovery rate values of putative metabolites.

25 **Fig. S1.** A schematic overview of the stress combination assay.

26 **Fig. S2.** Germination rates of seeds from plants subjected stress combinations.

27 **Fig. S3.** Association between leaf starch content and physiological traits or gene expression
28 pattern.

29 **Fig. S4.** Galactose metabolic pathway under combinations of stresses.

30 **Fig. S5.** Ion concentration in *Brachypodium distachyon* leaves under combinations of
31 stresses.

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10

11 **Author contributions**

12 L.S.-M. and R.H. performed the experiments, L.S.-M. analyzed the experiments, L.S.-M., U.R.,
13 and Z.P. designed the experiments, L.S.-M., and Z.P. wrote the manuscript with edits from all
14 the authors

15

16

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