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Native tau structure is disrupted by disease-associated mutations that promote aggregation

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24 **ABSTRACT**

25   Tauopathies are neurodegenerative diseases characterized by intracellular amyloid deposits of

26 tau protein. Missense mutations in *MAPT* cause dominantly inherited tauopathies, but a biophysical

27 mechanism driving its amyloid formation is poorly understood. Many disease-associated mutations

28 localize within tau's repeat domain at inter-repeat interfaces proximal to amyloidogenic sequences,

29 such as ^{306}VQIVYK^{311}. Using crosslink mass spectrometry, intramolecular FRET, *in vitro* peptide

30 systems, simulations, and cell models, we provide evidence that the aggregation

31 prone ^{306}VQIVYK^{311} motif forms metastable compact structures with upstream sequences, which

32 modulates aggregation propensity. Disease-associated mutations, isomerization of critical prolines, or

33 alternative splicing are all sufficient to destabilize local structure and trigger spontaneous aggregation.

34 These local structural rearrangements provide a biophysical framework supporting a model in which

35 perturbations initiate early events in sporadic and genetic tau pathogenesis.

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40 INTRODUCTION

41   Tauopathies belong to a class of over 20 neurodegenerative diseases in which the protein tau

42 aggregates in neurons and glia. Tau aggregation correlates strongly with the degree of dementia and

43 neurodegeneration, especially in Alzheimer's Disease. The structural mechanisms by which disease-

44 associated mutations, alternative splicing, or other events promote aggregation and pathology is

45 unknown. Understanding the molecular mechanisms of tau aggregation is critical for identifying

46 therapeutic targets and diagnostic strategies.

47   The N-terminal ~200 and C-terminal ~80 residues of tau are largely disordered, rendering this

48 system refractory to high-resolution structural biology methods[1]. In contrast, tau repeat domain (tau

49 RD), which spans residues 243 to 365, is predicted to be more structured[2], forms the core of amyloid

50 fibrils[3], and is the minimal region to propagate strains[4]. Tau RD contains an amyloid motif

51 (^{306}VQIVYK^{311}) (**Figure 1 A**), which is the basis of conversion between the soluble and insoluble states;

52 ^{306}VQIVYK^{311}-mediated self-assembly is sufficient and necessary to form amyloid *in vitro*[5] and generate

53 pathology *in vivo*[6], but its detailed mechanism of action is poorly understood.

54   Recent data from our group has indicated a switch occurs in soluble monomeric tau, which

55 exists in at least two conformational ensembles: inert monomer (M_i) which does not spontaneously self-

56 assemble, and seed-competent monomer (M_s) which spontaneously self-assembles into amyloid[7]. M_s

57 has been purified from multiple sources: recombinant fibrils, Alzheimer's disease brain lysate, or brief

58 exposure to heparin[7]. Recent solution nuclear magnetic resonance (NMR) methods mapped the

59 heparin binding site to repeat 2, but how this interaction modulates tau conformation remains unclear[8].

60 Cryo-EM structures suggest an extended conformation of tau when bound to tubulin[9]. Building on this

61 observation, double electron-electron resonance experiments indicated an expansion of this region

62 upon heparin binding[10]. Other work mapping the recruitment of molecular chaperones with tau indicates

63 many chaperones, including Hsp70, Hsp40, and Hsp90, localize around ^{306}VQIVYK^{311} [11]. Furthermore,

64 expansion of tau RD appears to promote chaperone binding to the amyloid motif, suggesting that local

65 conformational changes help recruit factors to suppress aggregation[12]. In contrast, intramolecular

66 disulfide bridges in tau RD are predicted to form a local loop-like structure spanning repeats 2 and 3

67 that are incompatible with the formation of amyloid[13].

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68   Further solution NMR data is available for a fragment of tau RD in complex microtubules[14]

69   where portions of the protein appear to form local contacts with upstream flanking sequences.

70   Structural models guided by experimental restraints from crosslinking mass spectrometry are consistent

71   with independent NMR data[14]: ^{306}VQIVYK^{311} has potential to form local structural elements.

72   We hypothesized that disease-associated mutations may contribute to tau's molecular

73   rearrangement from inert to an early seed-competent form. Of the missense mutations genetically

74   linked to tau pathology in humans, many disproportionally occur within tau RD and specifically cluster

75   near ^{306}VQIVYK^{311} [15] (**Figure 1 A, B**). Disease-associated mutations found near tau's amyloid motif,

76   such as P301L or P301S, have no definitive biophysical mechanism of action, but are nevertheless

77   widely used in cell and animal models[16,17]. These observations suggest that the local environment of

78   tau's amyloid motif influences aggregation propensity. A mechanistic understanding of how mutations in

79   tau drive pathology bears directly on how we might better develop conformation-specific diagnostics

80   and therapies.

81   As with disease-associated mutations, alternative splicing also impacts the primary sequence N-

82   terminal to ^{306}VQIVYK^{311}. Tau is expressed in the adult brain primarily as two major splice isoforms: 3-

83   repeat and 4-repeat[18]. In the truncated 3-repeat isoform, the second of four imperfectly repeated

84   segments in tau RD is absent. Expression of the 4-repeat isoform correlates with the deposition of

85   aggregated tau tangles in many tauopathies[19]; non-coding mutations that increase preferential splicing

86   or expression of the 4-repeat isoform are genetically linked to some tauopathies[19–21]. It is not obvious

87   why the incorporation or absence of the second repeat correlates with disease, as the primary

88   sequences, although imperfectly repeated, are relatively conserved.

89   Finally, previous reports have focused on studying intra-repeat interactions with the assumption

90   that each repeat functions independently within tau RD[22]. These reports have shown a relationship

91   between the length of an intra-repeat fragment, its propensity to spontaneously aggregate, and its

92   seeding capacity in cells[22]. However, inter-repeat interactions may also influence aggregation given that

93   both alternative splicing and many disease-associated mutations cluster around the repeat interfaces.

94   We hypothesize that wild-type tau aggregates less efficiently because flanking sequences shield

95   ^{306}VQIVYK^{311}, while disease-causing mutations, alternative splicing, or other factors destabilize local

96   structures around ^{306}VQIVYK^{311} allowing the transition of tau monomer to an aggregation-prone

97   conformation.

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99 RESULTS

100   ***In Silico* modeling indicates tau RD local structure.** To initiate our studies, we first used

101   molecular modeling to gain insight into how putative hairpin structures in tau RD might behave. We built

102   predictive models using CS-ROSETTA, which implied metastable local β-hairpin structures across

103   repeat interfaces. We illustrate one of these interface fragments using a model built with CS-ROSETTA

104   for the R2-R3 [306]VQIVYK[311]-containing interface (**Figure 1 C**). We focused on the [306]VQIVYK[311]-

105   containing interface over others in tau RD for several reasons. The [306]VQIVYK[311]-containing interface

106   has the highest frequency of proximal disease-associated mutations, particularly P301L and P301S,

107   which are commonly used as the genetic basis of disease modelling (**Figure 1 A**). Secondly, other

108   potential amyloid regions, such as [275]VQIINK[280], are nevertheless capable of aggregation

109   (**Supplemental Figure 1**), but are absent in recent cryo-EM structures of tau aggregates[3,23].

110   A standard fragment selection protocol in *ab initio* ROSETTA yielded similar local β-hairpin

111   structures of the same sequence, further suggesting that the amino acid composition near the amyloid

112   motif is compatible with beta-turns (**Figure 1 D**). The P-G-G-G sequences preceding [306]VQIVYK[311]

113   found in tau RD are compatible with the formation of β-hairpins and are typically found in β-turn

114   secondary structures. Simulating 5,000 structures using each protocol for each of the four potential tau

115   hairpins led to structures consistent with published Rg measurements[24]. Ensemble-wide analysis of

116   each dataset showed an approximate ~25-59% propensity to form hairpin-like structures across repeat

117   interfaces centered on the P-G-G-G sequences (**Supplemental Figure 2**). Mapping known missense

118   mutations onto the *ab initio* β-hairpin structure (**Figure 1 E**), we hypothesized that this cluster of

119   disease-associated mutations could act through a single mechanism of action. Mutations that

120   destabilize this β-hairpin secondary structure may expose the amyloid motif [306]VQIVYK[311], allowing for

121   aggregation. This model is compatible with recent cryo-EM findings that indicate a disengagement of

122   [306]VQIVYK[311]'s N-terminal flanking sequence in a fibril structure[3].

123   **P301L promotes extended forms of tau.** *In silico* modelling corroborated recent biochemical

124   findings[7] and suggested a minimal sequence necessary to form a collapsed structure around

125   [306]VQIVYK[311]. To understand how these structures might self-assemble, we employed molecular

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126   dynamics (MD) simulations of two tau fragments comprising the minimally structured fragment centered

127   around the R2 to R3 interface: R2R3-WT and R2R3-P301L (**Table 1**). To enable sufficient sampling of

128   oligomer structures, we employed an unbiased algorithm based on a recently-developed symmetry-

129   constraint approach[25]. The trimer conformations obtained in simulations are depicted on a root-mean-

130   square deviation (RMSD) matrix for both R2R3-WT (**Figure 2 A**) and for the R2R3-P301L mutant

131   (**Figure 2 B**). For R2R3-WT, we observed a dominant population of trimeric conformations composed of

132   primarily hairpins, while the P301L disease-associated mutation stabilized an extended form. The

133   energy basin for a R2R3-WT peptide hairpin was predicted to be 5 to 6 kJ/mol lower than an

134   extended/fibril state, whereas the R2R3-P301L peptide is 3 kJ/mol lower in a fibril state than a hairpin

135   (**Figure 2 C**). Additionally, the free energy surface suggested an energy barrier of approximately 5

136   kJ/mol to convert R2R3-WT from hairpin to fibril. That same barrier was less than 1 kJ/mole for R2R3-

137   P301L, predicting a faster rate of kinetic conversion between the two conformational states. Thus, MD

138   predicted that a P301L mutation would promote amyloid assembly by destabilizing monomeric hairpin

139   structures.

140   **Tau amyloid motif has metastable compact structure.** Cross-linking mass spectrometry (XL-

141   MS) defines contact points in proteins and protein complexes and can guide the determination of

142   structure for large protein complexes or transient protein-protein interactions[26,27]. Tau RD cross-linked

143   samples are confirmed by SDS-PAGE (**Supplemental Figure 3**) and monomers are purified by Ultra

144   Performance Liquid Chromatography (UPLC). Cross-linked samples are trypsin digested and analyzed

145   by mass spectrometry to yield intramolecular protein contact information (**Methods**). In each dataset,

146   the cross-links reported represent consensus data across five independent samples with a low false

147   discovery rate (**Methods**). XL-MS of recombinant tau RD revealed higher order contacts at 37 °C

148   (**Figure 3 D**) that decrease in frequency at 75 °C (**Figure 3 E**), consistent with heat denaturation. We

149   found a bimodal distribution of short and long-range contacts within multiple repeat domains, which are

150   consistent with compact local metastable structures.

151   In contrast, XL-MS of recombinant tau RD with a P301L missense mutation (tau RD-P301L)

152   revealed an increased susceptibility to heat denaturation. At 37 °C, the crosslinks found in tau RD-

153   P301L (**Figure 3 G**) are similar than wild type at the same temperature (**Supplemental Figure 4**).

154   However, at 75 °C there were fewer crosslinks within tau RD-P301L compared to wildtype (**Figure 3 H**),

155   particularly within the N-terminal sector, which harbors the P301L perturbation.

156   To further examine the stability of the amyloid motif in tau, we labeled recombinant tau RD

157   monomer with complementary Fluorescence Resonance Energy Transfer (FRET) fluorophores

158   (**Methods**, **Table 1**) at the two endogenous cysteines in tau located at positions C291 and C322, which

159   serendipitously flank the amyloid motif ^{306}VQIVYK^{311} around the predicted β-hairpin structure (**Figure 3**

160   **A-C**). In a closed conformation, the two fluorophores should have relatively high FRET, while a

161   disordered, extended, or denatured chain should yield relatively low FRET signal. To test our system,

162   we first examined two previously identified monomer populations of FL WT tau: inert monomer (M_i) and

163   seed-competent monomer (M_s). M_i requires cofactors, such as heparin, to spontaneously aggregate *in*

164   *vitro*, while the M_s monomer, derived from tau fibrils or Alzheimer patient brain material, readily self-

165   assembles to form amyloid[7]. M_i and M_s were labeled at C291 and C322 and their steady-state FRET

166   intensities measured. M_i, which is predicted by XL-MS to be in a more closed conformation, showed

167   higher FRET intensities (E = 0.82 ± 0.08, 52.9 Å ± 4.5) compared to M_s (E = 0.46 ± 0.11, 67.7 Å ± 4.4)

168   (**Supplemental Figure 5**). Denaturing M_i and M_s at 95 °C overnight yielded similar FRET levels (68.9 Å

169   ± 1.8, 65.1 Å ± 1.2 respectively). Surprisingly, this region in M_s is denatured at room temperature,

170   suggesting an extended conformation of the R2R3 interface for M_s, versus a relatively compact in M_i.

171   Using wild type recombinant tau RD, a time course heat denaturation of tau monomer (M_i) between 65

172   °C to 95 °C gradually decreased FRET efficiency, consistent with denaturation of relatively stable local

173   structure (**Figure 3 F**). The predicted end-to-end distance of a denatured random chain 33-mer is

174   approximately 66 Å[28]. Consistent with the previous experiment, we observe M_i to be collapsed at room

175   temperature, and expand to a theoretical fully denatured structure with high temperature (**Figure 3 F**).

176   We next examined tau RD monomer, M_i, in the context of a P301L mutation, which sits between

177   the two FRET probes immediately upstream ^{306}VQIVYK^{311} (**Figure 3 B**). A P301L missense mutation is

178   associated with neurodegeneration in model systems[17,29] and is genetically linked to dementias in

179   human patients[30], though its biophysical mechanism of action is poorly understood. We found no

180   detectible difference between monomeric wildtype tau RD and tau RD-P301L FRET energies at room

181   temperature. Consistent with XL-MS data, tau RD-P301L rapidly loses FRET signal and local structure

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182 with heat denaturation (**Figure 3 I**), suggesting that tau RD-P301L lacks the thermostability associated

183 with a wildtype tau RD.

184   **Tau amyloid formation is governed by flanking residues**. In tau RD, [306]VQIVYK[311] is

185 sufficient and necessary to form an amyloid[5,6]. In solution, [306]VQIVYK[311] hexapeptides aggregate

186 spontaneously and rapidly as measured by Thioflavin T (ThT) fluorescence intensity ($t_{1/2} < 1$ hr,

187 **Supplemental Figure 1**) whereas the N-terminal sequence [295]DNIKHV[300] does not aggregate.

188 Combining these sequences yields the minimal structural element spanning repeat 2 into repeat 3

189 ([295]DNIKHVPGGGSVQIVYK[311], R2R3) predicted by *in silico* modelling (**Table 1, Figure 4 A**). This

190 sequence is also where numerous disease-associated mutations cluster. Indeed, WT peptide

191 fragments representing this motif did not aggregate readily, with no ThT detected up to 96 hrs (**Figure 4**

192 **C**). By contrast, disease-associated mutations (**Figure 4 B**) substituted into the R2R3 peptide fragment

193 were sufficient to generate spontaneous amyloid formation: R2R3-P301S ($t_{1/2} = 4.1 \pm 1.3$ hours), R2R3-

194 P301L ($t_{1/2} = 7.2 \pm 0.2$ hours), R2R3-N296Δ ($t_{1/2} = 31.9 \pm 0.2$ hours), R2R3-G303V ($t_{1/2} = 32.1 \pm 0.7$

195 hours), R2R3-S305N ($t_{1/2} = 41.2 \pm 0.2$ hours), and R2R3-V300I ($t_{1/2} = 77.8 \pm 1.3$ hours, **Figure 4 C**).

196 Each of these peptides was confirmed to form amyloid-like fibril morphologies by transmission electron

197 microscopy, except for the wildtype R2R3 peptide where no large structures were found (**Figure 5 B-**

198 **H**).

199   We next assessed whether these mutations perturb local structure. We performed circular

200 dichroism on both the R2R3-WT and R2R3-P301L peptides (**Figure 4 C**). Compared to R2R3-WT,

201 R2R3-P301L monomer had diminished 198nm signal consistent with more random coil and less β-

202 sheet. Deconvolution of CD spectra using BeStSel (beta structure selection) revealed predominantly

203 anti-parallel signal (**Table 3, Supplemental Figure 6**)[31]. Both peptides contained significant random

204 coil structure, which is expected for metastable structures, intrinsically disordered proteins, and short

205 peptides that cannot gain stability from tertiary structure. The compact structures identified are

206 consistent with intrinsically disordered proteins having residual structural preferences.

207   To test the structural compatibility of aggregates formed by *in vitro* tau models, we employed tau

208 biosensor HEK293 cells that stably express tau RD (P301S) fused to cyan and yellow fluorescent

209 proteins. These cells sensitively report a FRET signal (tau RD-CFP/tau RD-YFP) only when exposed to

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210   tau amyloid seeds, and are unresponsive to aggregates formed by other proteins, such as huntingtin or

211   α-synuclein[32]. The tau biosensor cells responded to all disease-associated peptides that aggregated

212   spontaneously *in vitro*, but not to the wild-type R2R3 peptide (which did not aggregate *in vitro*) (**Figure**

213   **5 A**). Qualitatively, biosensor cells retained their diffuse tau localization when untreated or exposed to a

214   wild-type R2R3 peptide, but formed puncta when cultured with aggregated mutant peptides (**Figure 5 I-**

215   **P**). Interestingly, the biosensor cells responded to disease-associated mutant peptides with varying

216   degrees of sensitivity and created dissimilar aggregate morphologies. This is consistent with amyloid

217   structures that act as distinct templates, as we have previously observed to form the basis of tau prion-

218   like strains[4,33].

219   **Tau splice variants reveal differential aggregation propensity**. Tau is expressed in the adult

220   brain as 6 major splice isoform types that include either 3 or 4 repeated segments within RD (**Figure 6**

221   **A**). 3R lacks the second of four repeats. 4R tau correlates strongly with aggregation in most

222   tauopathies[19] and mutations that increase splicing of the 4R isoform correlate with disease[19,21]. We

223   examined whether this splice isoform affects the propensity of ^{306}VQIVYK^{311}-mediated aggregation due

224   to the R1 to R3 junction having a different sequence composition from R2 to R3. We constructed a

225   series of peptides to encompass the R1 to R3 repeat interface (R1R3, **Table 1**). This wild type

226   sequence peptide mimicking a 3R splice isoform (R1R3) did not spontaneously aggregate. Surprisingly,

227   an R1R3 peptide with a corresponding P301L mutation also did not aggregate (**Figure 6**). We

228   hypothesized that differences in amino acid composition between the two splice isoforms led to the

229   sensitivity to aggregate in the presence of disease-associated mutations.

230   The R1 leading sequence ^{264}**E**N**L**KH**Q**PGGG**K**^{273} differs from R2 ^{295}**D**N**I**KH**V**PGGG**S**^{304} at four

231   amino acid positions. To test the stabilizing effect of the R1 leading sequence, we constructed 16

232   peptides with a P301L disease-associated mutation to represent every combinatorial sequence

233   between the two leading strands (**Figure 6 B**). In this way, we could identify which amino acid(s)

234   governed R1's stronger inhibitory effects. We identified a general trend where R2R3-P301L aggregates

235   in hours with zero or one R1 substitutions. With 2 R1 substitutions, R2R3-P301L aggregation was

236   delayed roughly an order of magnitude to tens of hours. With 3 R1 substitutions, R2R3-P301L

237   aggregation was further delayed to hundreds of hours. With all four R1 substitutions (R1R3-P301L), no

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238   ThT signal was observed within a week (**Figure 6 B**). Thus, all four amino acids contributed to the

239   ability of the R1 leading sequence to delay [306]VQIVYK[311]-mediated spontaneous aggregation in a 3R

240   splice isoform. This may explain the differential aggregation propensies of tau isoforms in human

241   pathology.

242   **Stabilizing β-hairpin structure blocks P301L-mediated aggregation.** Our model predicted

243   sequestration of the [306]VQIVYK[311] motif in tau *via* local β-structure. To further test this, we hypothesized

244   that artificially enhancing the local β-hairpin structure by stabilizing the termini would promote a more

245   inert, closed conformation. Consequently, we modified the R2R3-P301L peptide with a tryptophan

246   zipper (Trp-R2R3-P301L-Trp, **Table 1**), which stabilizes a β-hairpin structure approximately -2.5 to -7

247   kJ/mol[34]. We confirmed a structural change using circular dichroism of Trp-R2R3-P301L-Trp, where we

248   found an increase in β-sheet signal at 198 nm compared to R2R3-P301L (**Supplemental Figure 6,**

249   **Table 3**). Subtracting the R2R3-P301L signal from the Trp-R2R3-P301L-Trp revealed a curve with

250   significantly increased signal at 198 nm, indicative of β-sheet formation. Consistent with our model, Trp-

251   R2R3-P301L-Trp does not spontaneously aggregate *in vitro* (**Figure 7 B**).

252   To ensure that this effect wasn't a result of adding bulky tryptophan residues, we constructed

253   control peptides that contain only the N-term (Trp-R2R3-P301L) or the C-term (R2R3-P301L-Trp)

254   portion of the tryptophan zipper sequence (**Figure 7 A**). Both half-sequence controls spontaneously

255   aggregated, implying that a tryptophan in either position is insufficient to block aggregation (**Figure 7**

256   **B**). Only a fully intact tryptophan zipper that stabilizes a β-hairpin conformation ameliorates aggregation

257   propensity. Alternative methods to stabilize a β-hairpin architecture, such as introducing isoelectric

258   interactions, also delayed aggregation: peptides containing additional aspartic acids on the N-terminus

259   and lysines on the C-terminus (R2R3-IEZip, **Table 1**) retarded R2R3-P301L aggregation over an order

260   of magnitude ($t_{1/2}$ = 8 hours to $t_{1/2}$ = 83 hours, **Supplemental Figure 7**).

261   To test this effect in cells, we generated biosensor HEK293 cells expressing tau RD with a

262   comparable tryptophan zipper sequence. These biosensors had a significantly diminished capacity to

263   be seeded; R2R3-P301S peptide aggregates triggered aggregation in 14.5 ± 1.6% of tau biosensor

264   cells, but only 0.3 ± 0.12% of the tryptophan zipper stabilized biosensor cells (**Supplemental Figure 8**).

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265   **Proline 301 *cis-trans* isomerization modulates aggregation.** Many proteins in the cell utilize

266   proline isomerization as a molecular switch, such as heat shock protein activation[35] or cell cycle

267   regulation[36]. In some proteins, proline isomerization directly induces or mitigates aggregation into

268   amyloid[37–39]. Proline isomerization events in tau have been proposed to play a role in aggregation and

269   disease[38], but P301 isomerization has not been linked to tau aggregation and pathology. Serine or

270   leucine substitutions at P301 proximal to [306]VQIVYK[311] drastically alter aggregation propensity. We

271   hypothesized that P301 plays a crucial role inducing a β-turn in a P-G-G-G motif, which mediates a

272   collapsed structure. We tested whether isomerization of P301 could influence spontaneous amyloid

273   formation. We constructed a series of R2R3 peptides with proline analogs that preferentially populate

274   either: (1) a *cis* rotamer (2S,4S)-fluoroproline; (2) a *trans* rotamer (2S,4R)-fluoroproline; or (3) a proline

275   analog that easily interconverts between *cis* and *trans* (4,4)-difluoroproline (**Table 1, Figure 7 C**). Only

276   R2R3-Trans spontaneously aggregated (**Figure 7 D**), indicating the potential for proline isomerization

277   events in tau pathogenesis.

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280   DISCUSSION

281   Here we establish the molecular and functional basis for how a series of prominent tau mutations

282   drive spontaneous aggregation. Using intramolecular FRET and XL-MS, we identified local structure

283   within the inter-repeat junctions of tau RD. Local compact structure in the R2-R3 junction, which

284   encompasses the amyloidogenic ^{306}VQIVYK^{311} motif, is perturbed by disease-associated mutations,

285   such a P301L. Using peptide model systems, we demonstrate that splice isoforms of tau are

286   functionally dissimilar in their capacity to spontaneously aggregate with missense mutations.

287   Furthermore, these peptide models indicate a potential role of proline isomerization in tau aggregation

288   at the critical P301 position. Conversely, stabilizing local structure with tryptophan zippers or other

289   means drastically limits the aggregation *in vitro* and *in vivo*. Taken together, our work provides a

290   biophysical framework for how pathogenic mutations, splice isoforms, and other perturbations can drive

291   early events in tau aggregation.

292   Our study has suggested that local structure encompassing the amyloid motif ^{306}VQIVYK^{311}

293   regulates aggregation of the protein. Modeling of tau RD by *ab initio* or CS-ROSETTA indicated that

294   repeat interfaces encode local structure that is compatible with a β-hairpin. Importantly, a cluster of

295   disease-associated mutations localized to the repeat2-repeat3 interface suggested a possible

296   mechanism. To explore the energetic landscape of local compact structure proximal to ^{306}VQIVYK^{311},

297   we employed molecular dynamics simulations. A WT peptide encoding the ^{306}VQIVYK^{311}-containing

298   repeat 2/3 interface preferentially populated a hairpin conformation with a relatively low frequency of

299   extended fibril-like structures. Conversely, a disease-associated mutation, P301L, dramatically shifted

300   the equilibrium away from monomeric hairpins to fibril-like ensembles. To test the extent of structure

301   formed in tau RD, we utilized orthogonal biophysical approaches. First, XL-MS revealed contacts

302   spanning the local repeats, and long-range contacts within tau RD. Heat denaturation experiments

303   indicated a marked drop in long-range contacts, consistent with the unfolding of secondary and tertiary

304   structures. Concurrently, intramolecular FRET studies of tau RD experimentally followed unfolding of

305   the ^{306}VQIVYK^{311} repeat 2/3 interface in real time by measuring distances between fluorescent probes

306   that flank ^{306}VQIVYK^{311}. Under native conditions the local structure was collapsed, but expanded to

307   random coil with heat denaturation. Conversely, tau RD with a P301L substitution was less

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308   thermostable and rapidly lost FRET signal. This suggests that P301L is more susceptible to

309   conformational changes that expose the ^{306}VQIVYK^{311} amyloid motif. No structural differences were

310   seen between wildtype and tau RD-P301L at non-denaturing temperatures. While these differences are

311   subtle, we observe that P301L-mediated structural rearrangement only manifest under moderate stress

312   conditions (i.e. heat). This may explain the elusiveness of a biophysical basis of this cluster of

313   pathogenic mutations.

314   We further examined whether these structural perturbations influenced aggregation propensity.

315   WT tau fragments containing ^{306}VQIVYK^{311} did not aggregate spontaneously. Single point substitutions

316   of 6 disease-associated mutations immediately N-terminal to ^{306}VQIVYK^{311} consistently induced

317   spontaneous aggregation propensity *in vitro*. The fragments which aggregated *in vitro* formed classical

318   amyloid-like fibrils by EM and seeded soluble tau RD aggregation in tau biosensor cells. Alternative

319   splicing around the ^{306}VQIVYK^{311} sequence modulated spontaneous aggregation, and suggested why

320   3R tau aggregates less readily than 4R. To further probe the effect of local structure on aggregation

321   propensity, we stabilized a β-hairpin structure using a tryptophan zipper or isoelectric forces. After

322   deconvolution of the CD signal by BeStSel, we identified that essentially all the β-sheet signal from the

323   peptides tested was anti-parallel, consistent with β-hairpin structure. The magnitude of these changes

324   are modest as detected by CD; however, the functional consequences are significant.

325   Disease-associated mutations found near tau's amyloid motif, such as P301L or P301S have no

326   definitive biophysical mechanism but are nevertheless widely used in cell and animal models[16,17].

327   Mutations are generally categorized into splice or missense mutants. Two of the pro-aggregation

328   missense mutations studied (N296Δ, S305N) are reported in the literature as splice mutants with no

329   notable effects on protein aggregation or microtubule binding[40,41]. Using our peptide model system, we

330   observed that these missense mutations spontaneously aggregate *in vitro* and seed tau RD in cell

331   models. We therefore provide a rationale for the toxic-gain-of-function for several mutations and expand

332   on the previously reported splice effects of N296Δ and S305N. This peptide model system compliments

333   *in vivo* data by disentangling the toxic effects of mutations exerted through either mRNA or protein-

334   based mechanisms.

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335   Studying the missense mutations in tau has generated valuable disease models[17,29]; however,

336   the majority of human tauopathies have no observed genetic mutation in *tau*[30]. Critical proline residues

337   N-terminal to the amyloid motif can isomerize into *cis* or *trans* rotamers spontaneously or through

338   unidentified cellular mechanisms. We observe that P301 *cis* and *trans* rotamers have distinct

339   aggregation propensies *in vitro*. In fact, the aggregation kinetics for a *trans* rotamer of P301 are on par

340   with some disease mutants (N296Δ, V300I). The concept of proline isomerization triggering

341   aggregation into amyloid is not entirely novel, as this is an accepted mechanism of β2-microglobulin

342   aggregation in kidney dialysis amyloidosis[42]. Other proline residues outside of tau repeat domain are

343   proposed to undergo proline isomerization[38]. We postulate a new mechanism whereby WT tau

344   aggregation could be controlled *in vivo*: specific prolyl isomerization events – possibly triggered by

345   cellular proline isomerases – could trigger spontaneously aggregation by modulating inter-repeat

346   structural elements.

347   Previous reports have been focused on studying intra-repeat interactions, with the assumption

348   that each repeat functions independently within tau RD. Peptide models have shown a relationship

349   between the length of a peptide fragment and the seeding capacity of tau[22]. Whereas previous work

350   defined the minimal sequence necessary to act as a fully functional seed, our model defines a minimal

351   sequence necessary for inhibiting aggregation. This work suggests that inter-repeat contacts play a

352   crucial role as structural elements that modulate aggregation propensity. The composition of these

353   inter-repeat sequences, governed by alternative splicing or missense mutations, directly impacts

354   stability of local structures and aggregation propensity. It is tempting to speculate that local structure

355   surrounding each of the four inter-repeat regions play independent roles in the exposure of amyloid

356   sequences. This modular nature of the tau-RD region may explain how these independent regions can

357   lead to different tau assemblies. A more comprehensive structure-function analysis of other sites may

358   help explain how each repeat contributes to the formation of different tau structures.

359   The expression levels of the two major isoform types of tau in the CNS – 3R and 4R – are

360   similar in the adult brain[18]. However, the 3R:4R ratio of aggregate deposits is disproportionally shifted

361   towards 4R in most tauopathies[19]. Mutations in tau that affect alternative splicing and generate excess

362   4R isoforms correlate with some genetic tauopathies[20,21]. The N-terminal flanking sequences leading

15

363   into ^{306}VQIVYK^{311} differ by four amino acids between the two isoforms. We find that these two isoforms

364   have drastically different aggregation propensities in the presence of disease-associated mutations ($t_{1/2}$

365   = 7 hours vs $t_{1/2}$ > 200 hours, respectively). Chimeras of R1R3 / R2R3 transition from aggregation-

366   resistant to aggregation-prone as they lose R1 N-terminal flanking character. The ability of an R1

367   leading strand to mitigate ^{306}VQIVYK^{311} aggregation may explain why 4-repeat tau correlates more

368   closely with pathology. Thus, inter-repeat contacts may explain aggregation propensities of tau isoforms

369   in disease. Encouraging data for a tau vaccine targeting a ^{300}HXPGGG^{304} sequence suggests it's

370   possible to utilize inter-repeat regions to select between pathogenic and non-pathogenic conformations

371   of tau[43].

372   Taking these observations together, we propose that sequences N-terminal to tau's amyloid

373   motif forms local contacts consistent with a β-hairpin-like compact structure, which shields the amyloid

374   motif and mitigates aggregation (**Figure 8**). This represents a simple model of tau aggregation that

375   unifies key observations throughout tau literature.

376   Algorithms that identify potential amyloid nucleating regions, such as TANGO, have indicated

377   that nearly 75% of aggregation nucleating regions in the human proteome use two or more

378   "gatekeeper" residues, with proline being the most common single gatekeeping residue[44]. These

379   gatekeeping residues are more likely than average to be the site of disease-associated missense

380   mutations. These observations tie in closely with our findings of gatekeeping residues near tau's

381   amyloid motif, and suggest that local flanking sequences and their structural contacts may play an

382   important role in mitigating aggregation propensity.

383   Finally, the identification and characterization of metastable compact structures near

384   ^{306}VQIVYK^{311} may itself prove to be a valuable therapeutic target. One might be able to shift the

385   structural rearrangement of tau amyloid motif from exposed (aggregation prone) to buried (inert) using

386   small molecules, antibodies, or cellular co-factors. Our results indicate that subtle changes in local

387   structure have immense functional ramifications; therefore, small molecules that shift this structural

388   equilibrium modestly may have significant benefits.

389

390   METHODS

391   **Peptide Synthesis**. All peptides were synthesized as ordered by Genscript with N-terminal acetylation

392   and C-terminal amidation modifications. Peptides were purified to >95% purity by FPLC *via* an Agilent

393   ZORBAX StableBond 250 mm C8 column.

394   **ThT Fluorescence Assays**. Peptides were disaggregated as previously described[45], lyophilized, and

395   resuspended in 2x PBS (273 mM NaCl, 5.4 mM KCl, 20 mM Na_2HPO_4, 3.6 mM KH_2PO_4, pH 7.4). 25

396   mM ThT was added to 200uL of 200 µM peptide in a 96-well clear bottom plate. ThT kinetic scans were

397   run every 5 minutes on a Tecan M1000 plate reader at 446 nm Ex (5 nm bandwidth), 482 nm Em (5 nm

398   bandwidth). Blank wells containing buffer and ThT were subtracted from experimental values.

399   **Tau intramolecular FRET.** Tau RD was expressed and purified as previously described[46]. 10-fold

400   excess TCEP was added to 100 µM Tau RD, the atmosphere was deoxygenated with N_2 gas, and

401   incubated at RT for 30 minutes. To label, C_5 maleimide Alexa-488 and C_2 maleimide Alexa-647 were

402   dissolved in DMSO and added in 5-fold excess to Tau RD, and incubated at 4° C overnight. Alexa-

403   labelled Tau RD was purified using an 8 kDa cut-off mini dialysis exchanged into 1x PBS overnight.

404   FRET efficiencies were calculated as a function of acceptor emission, given $E = (I_{AD}\varepsilon_{AA}-I_{AA}\varepsilon_{AD})/I_{AA}\varepsilon_{DD}$

405   where I_{AA} is Acceptor intensity following Acceptor excitation, I_{AD} is Acceptor intensity following Donor

406   excitation, and ε is the extinction coefficient of the fluorophores at given excitations and emissions.

407   Distances in angstroms were derived from FRET energies as a function of $Å = (R_{<0>})[(1-E)/E]^{1/6}$ $R_{<0>}$ is

408   a known value of 56 Å for the FRET pair Alexa-488 and Alexa-647, and E is the calculated energy

409   above. Alexa 488 Ex/Em was measured at 490 nm/520 nm, Alexa 647 Ex/Em 647 nm/670 nm with a 5

410   nm bandwidth for both.

411   **Model generation of tau RD using ROSETTA.** The backbone NH, N, CA, CB and C=O chemical shift

412   assignments for the tau fragment from 211-324 (generously provided by Juan Lopez and Guy Lippens)

413   were used in CS-Rosetta to generate fragment libraries for subsequent model refinement. First,

414   chemical shift parameters were used to predict backbone torsional angles using TALOS to generate a

415   CS-guided fragment library representing the conformations of the protein[47]. For the *ab initio* ROSETTA

416   calculations, the tau RD sequence was used to generate 3-mer and 9-mer fragments derived from the

17

417 protein data bank. The Rosetta energy function was used to assemble and iteratively refine 5000

418 structural models using each set of fragments[48,49]. Radius of gyration for each model was computed by

419 a python script. Ensemble wide calculation of $c\alpha$-$c\alpha$ end to end distances between residues 264-280,

420 295-311, 327-343 and 359-375 were carried out using a python script. All simulations were done on

421 UTSW's biohpc computing cluster. All plots were generated with gnuplot. Images were created using

422 Pymol.

423 **Circular Dichroism**. Far-UV CD measurements were performed on a JASCO J-815 spectropolarimeter

424 using a 1-mm path length cuvette. CD samples were prepared in parallel to ThT assays and diluted to

425 0.1 mg/ml in 20 µM NaF. CD spectra were analyzed using BeStSel and CONTIN.

426 **Tau Biosensor Cells**. Biosensor cells were plated into 96-well plates at 20,000 cells per well. 10 µg of

427 aggregated peptide material was added to 0.5 uL lipofectamine and Opti-MEM to a total volume of 10

428 µL, incubated at room temperature for 30 minutes, and added directly to cell media. After 3 days, cells

429 were harvested with 0.05% trypsin, then resuspended in Flow buffer (1x HBSS, 1% FBS, 1 mM EDTA,

430 1x DPBS) and analyzed by flow cytometry.

431 **Flow Cytometry**. A BD LSRFortessa was used to perform FRET flow cytometry. To measure CFP and

432 FRET, cells were excited with the 405 nm laser, and fluorescence was captured with a 405/50 nm and

433 525/50 nm filter, respectively. To measure YFP, cells were excited with a 488 laser and fluorescence

434 was captured with a 525/50 nm filter. To quantify FRET, we used a gating strategy where CFP bleed-

435 through into the YFP and FRET channels was compensated using FlowJo analysis software. We then

436 created a plot of FRET vs. CFP and introduced a triangular gate to assess the number of FRET-positive

437 cells, as previously described[16]. For each experiment, 20,000 cells per replicate were analyzed. Data

438 analysis was performed using FlowJo v10 software (Treestar).

439 **Transmission electron microscopy (TEM).** An aliquot of 5 µl of sample was placed onto a glow-

440 discharged Formvar-coated 400-mesh copper grids for 30 seconds, washed with distilled water, and

441 then negatively stained with 2% uranyl acetate for 1 min. Images were acquired on a Tecnai G^2 spirit

442 transmission electron microscope (FEI, Hillsboro, OR), serial number: D1067, equipped with a LaB$_6$

443 source at 120kV using a Gatan ultrascan CCD camera.

18

Crosslinking, sample processing and LC-MS/MS analysis. Preparation of tau RD was crosslinked at a total protein concentration of 1.0 mg/mL using 100 µg of starting material. The crosslinking buffer was 1X PBS and 1mM DTT. For each temperature (37°C, 75°C, 85°C and 95°C) five replicates samples were prepared and equilibrated at the appropriate temperature for 30 minutes. The crosslinking reaction was initiated by adding disuccinimidyl suberate (DSS) stock solution (25 mM DSS-d_0 and $-d_{12}$, Creative Molecules) in DMF to a final concentration of 1 mM. Samples were further incubated at 37°C, 75°C, 85°C or 95°C for 1 min with 350 RPM shaking. Excess reagent was quenched by addition of ammonium hydrogen carbonate to 50 mM and incubation at 37°C for 30 min, and subsequently flash frozen at -80°C and evaporated to dryness by lyophilization. Proteins were resuspended in 8M urea, reduced with 2.5mM TCEP (37°C, 30 min) and alkylated with 5mM iodoacetamide (30min, room temperature, protected from light). The sample solutions were diluted to 1 M urea with 50 mM ammonium hydrogen carbonate and trypsin (Promega) was added at an enzyme-to-substrate ratio of 1:50. Proteolysis was carried out at 37°C overnight followed by acidification with formic acid to 2% (v/v). Samples were then purified by solid-phase extraction using Sep-Pak tC18 cartridges (Waters) according to standard protocols. Samples were evaporated to dryness and reconstituted in water/acetonitrile/formic acid (95:5:0.1, v/v/v) to a final concentration of approximately 0.5 µg/µl. 2µL each were injected for duplicate LC-MS/MS analyses on an Eksigent 1D-NanoLC-Ultra HPLC system coupled to a Thermo Orbitrap Fusion Tribrid system. Peptides were separated on self-packed New Objective PicoFrit columns (11cm x 0.075mm I.D.) containing Magic C_{18} material (Michrom, 3µm particle size, 200Å pore size) at a flow rate of 300nL/min using the following gradient. 0-5min = 5 %B, 5-95min = 5-35 %B, 95-97min = 35-95 %B and 97-107min = 95 %B, where A = (water/acetonitrile/formic acid, 97:3:0.1) and B = (acetonitrile/water/formic acid, 97:3:0.1). The mass spectrometer was operated in data-dependent mode by selecting the five most abundant precursor ions (m/z 350-1600, charge state 3+ and above) from a preview scan and subjecting them to collision-induced dissociation (normalized collision energy = 35%, 30ms activation). Fragment ions were detected at low resolution in the linear ion trap. Dynamic exclusion was enabled (repeat count 1, exclusion duration 30sec).

19

471   **Analysis of mass spectrometry data.** Thermo .raw files were converted to the open .mzXML format

472   using msconvert (proteowizard.sourceforge.net) and analyzed using an in-house version of xQuest[50].

473   Spectral pairs with a precursor mass difference of 12.075321 Da were extracted and searched against

474   the respective FASTA databases containing Tau (TAU_HUMAN P10636-8) or with a P301L

475   substitution. xQuest settings were as follows: Maximum number of missed cleavages (excluding the

476   crosslinking site) = 2, peptide length = 5-50 aa, fixed modifications = carbamidomethyl-Cys (mass shift

477   = 57.021460 Da), mass shift of the light crosslinker = 138.068080 Da, mass shift of mono-links =

478   156.078644 and 155.096428 Da, MS^1 tolerance = 10 ppm, MS^2 tolerance = 0.2 Da for common ions

479   and 0.3 Da for crosslink ions, search in ion-tag mode. Post-search manual validation and filtering was

480   performed using the following criteria: xQuest score > 18, mass error between -2.2 and +3.8ppm, %TIC

481   > 10, and a minimum peptide length of six aa. In addition, at least four assigned fragment ions (or at

482   least three contiguous fragments) were required on each of the two peptides in a crosslink. False

483   discovery rates (FDR's) for the identified crosslinks were estimated using xprophet[51] and estimated to

484   be 1.4-3.3% (**Supplemental Figure 9, Supplemental Table 1**). At each temperature, the 5 replicate

485   datasets were compared and only crosslinks present in 5 of the 5 datasets were used to generate a

486   consensus dataset (**Supplemental Table 2**). Crosslink data was visualized using Xvis[52]. Histograms

487   illustrating the contact order for the consensus crosslink sets were generated using gnuplot.

488   **MD Simulations.** Well-Tempered Metadynamics[53] was employed to enable accelerated conformational

489   sampling and to construct the associated free energy surface. Metadynamics was performed on a two-

490   dimensional space of parallel-beta sheet content and anti-parallel sheet content. To increase search

491   efficiency in oligomeric space, we have incorporated conformational symmetry constraints, which have

492   been shown to enable sampling of multi-polymer landscapes[25]. The initial dodecahedron simulation box

493   was constructed from a trimer of a randomly unfolded structure of 295-311 by adding 7587 SPCE

494   explicit waters and 3 neutralizing Cl ions (one for each monomer). The AMBER99sb-ildn force-field[54]

495   was used for all simulations. After an initial 1009 steepest descent steps of converged energy

496   minimization, 10 ns of NVT and 20 ns of NPT (first 10 with Berendsen[55] and the last 10 with Parrinello-

497   Rahman[56] barostats) equilibrations were performed. The subsequent production level trajectories are

498   based on 5 fs time steps using hydrogen-only virtual sites[57]. Production level trajectories were obtained

20

499   for an NPT ensemble with Parrinello-Rahman barostat, and periodic boundary conditions with Particle

500   Mesh Ewald (PME)[58] summation for long-range electrostatics. The tuned well-tempered metadynamics

501   parameters are 10, 1.4 kJ/mole, and 0.3 for bias factor, Gaussian height, collective variable space

502   Gaussian widths, respectively. The Gaussian perturbations were included into MD every 2.5 ps using

503   the PLUMED package[59] as an external patch to Gromacs-5.0.4[60]. A total of 18 μs trajectories were

504   generated, 9 μs for wild type and 9 μs for the P301L mutant, over a total of 6 independent runs. All

505   simulations were done on UTSW's biohpc computing cluster.

506   **Statistics:** All statistics were calculated using GraphPad Prism 7.0. A minimum of 3 independent ThT

507   experiments were run for each condition. Plots were fitted to a non-linear sigmoidal curve, from which

508   $t_{1/2}$ values were derived. $t_{1/2}$ error represents a 95% CI. Flow cytometry cell aggregation was conducted

509   a minimum of 3 independent experiments, whose values are plotted. Error bars represent a 95% CI.

510

516

Author Contributions

518   K.D. M.I.D., and L.A.J. conceived and designed the overall study. K.D. performed *in vitro* aggregation

519   assays, peptide studies, flow cytometry, and cell models. D.C. performed crosslink mass spectrometry.

520   D.W. performed electron microscopy. L.S. and M.L. performed molecular dynamics simulations. K.D.

521   and L.A.J. wrote the manuscript, and all authors contributed to its improvement.

522

523

524

525 **Table 1: List of Peptide and Protein Sequences**

Peptide Name	Amino Acid Sequence
VQIINK	-----------------VQIINK
VQIVYK	-----------------VQIVYK
R1R2 (264-280)	------ENLKHQPGGGKVQIINK
R2R3 (295-311)	------DNIKHVPGGGSVQIVYK
R2R3-N296Δ	------D-IKHVPGSSSVQIVYK
R2R3-V300I	------DNIKH**I**PGGGSVQIVYK
R2R3-P301L	------DNIKHV**L**GGGSVQIVYK
R2R3-P301S	------DNIKHV**S**GGGSVQIVYK
R2R3-G303V	------DNIKHVPG**V**GSVQIVYK
R2R3-S305N	------DNIKHVPGGG**N**VQIVYK
R1R3	------ENLKHQPGGGSVQIVYK
R1R3-P270L	------ENLKHQ**L**GGGSVQIVYK
R1R3-P270S	------ENLKHQ**S**GGGSVQIVYK
R1R3-G272V	------ENLKHQPG**V**GSVQIVYK
R1R3-G273R	------ENLKHQPGG**R**SVQIVYK
Trp-R2R3-P301L-Trp	**WTGK**SKDNIKHV**L**GGGSVQIVYK**EGGW**
Trp-R2R3-P301L	**WTGK**SKDNIKHV**L**GGGSVQIVYKPVDL
R2R3-P301L-Trp	SKCGSKDNIKHV**L**GGGSVQIVYK**EGGW**
R2R3-IEZip	----DDDNIKHVPGGGSVQIVYKKKK
R2R3-IEZip-P301L	----DDDNIKHV**L**GGGSVQIVYKKKK
R2R3-Cis[1]	------DNIKHV**P**GGGSVQIVYK
R2R3-Trans[1]	------DNIKHV**P**GGGSVQIVYK
R2R3-Ea[1]	------DNIKHV**P**GGGSVQIVYK
Tau RD[2]	R1: $_{244}$ QTAPVPMPDLKN-VKSKIGSTENLKHQPGGGK $_{274}$ R2: $_{275}$ VQIINKKLDLSN-VQSK**C**GSKDNIKHVPGGGS $_{305}$ R3: $_{306}$ VQIVYKPVDLSK-VTSK**C**GSLGNIHHKPGGGQ $_{336}$ R4: $_{337}$ VEVKSEKLDFKDRVQSKIGSLDNITHVPGGGN KKIETH $_{374}$

526 [1]Fluorinated proline analogs were used to preferentially populate *cis, trans,* or lowered E_a barrier
527 conformers at the positions indicated as **P**.
528 [2]Cysteines labeled for Tau RD internal FRET are market as **C**.

529

530 **Table 2: List of AlzForum Disease-Associated Mutations**

Peptide Name	Amino Acid Sequence
Tau RD AlzForum Mutations	R1: 244 QTAPVPMPDLKN-V**K**SK**I**GSTEN**L**KHQP**GG**GK 274 R2: 275 VQII**N**KKLD**LS**N-VQSKCGSKD**N**IKH**VP**G**G**G**S** 305 R3: 306 VQIVYKPVD**LSK**-**V**TSKCGSLGNIHHK**P**GG**GQ** 336 R4: 337 **V**EVKSE**K**LDFKDRVQ**S**KIG**S**LDN**I**THV**P**GG**G**N 368

531
532

533 **Table 3: Summary of Circular Dichroism Results**

Peptide Name	% α-helix	% anti-parallel	% parallel	% turn	% random
R1R2	0	39.5	0.9	14.5	45.1
R2R3	0	36.7	2.8	14.6	45.9
R2R3-P301L	0.3	34.0	2.6	15.4	47.7
Trp-R2R3-Trp	0	42.0	0	13.9	44.1
Trp-R2R3-P301L-Trp	0	42.5	0	13.6	43.9

534
535

Peptide Name	% α-helix	% anti-parallel	% parallel	% turn	% random

536 **Figure Legends**

537

538 **Figure 1**. **Tauopathy mutations cluster to inter repeat regions**. A. Disease-associated mutation

539 frequency found in human tauopathies. Most mutations are found within the repeat domain (tau-RD)

540 (repeat 1 = red; repeat 2 = green; repeat 3 = blue; repeat 4 = purple). Amyloidogenic sequences

541 ^{275}VQIINK^{280} and ^{306}VQIVYK^{311} are shown in the inset cartoon. B. Detailed mutation frequencies found

542 near the ^{306}VQIVYK^{311} amyloid motif. C, D. Secondary structure models of the repeat2-repeat3 interface

543 (^{295}DNIKHVPGGGSVQIVYK^{311}) predicted from CS-ROSETTA (C) or *ab initio* (D) shown in cartoon

544 and colored by repeat domain. The amyloid motif ^{306}VQIVYK^{311} is colored blue, the leading repeat-2

545 sequence is green. E. Positions of disease-associated mutations (red sphe res) mapped onto the

546 ^{306}VQIVYK^{311}-containing *ab initio* β-hairpin structure.

547

548 **Figure 2. Wildtype and mutant peptides differentially populate hairpin and extended**

549 **conformations.** A. Conformations obtained for a peptide fragment wild type trimer of the sequence

550 ^{295}DNIKHVPGGGSVQIVYK^{311}. Two-dimensional root-mean-squared-differences (RMSD's) are

551 calculated between all pairs of conformations visited during MD simulations. Snapshots of trimeric

552 structures are depicted for select metastable basins, with each peptide monomer represented by a different

553 color. B. The same analysis as above, but for the P301L substituted trimer. C. The free energy surface as

554 a function of deviation from a canonical hairpin structure. Two distinct basins, corresponding to hairpin

555 and fibril/extended sub-ensembles, are found.

556

557 **Figure 3. Tau RD encodes global and local structure.** A-C. Cartoon schematic of tau RD used for FRET

558 and XL-MS studies colored according to repeat domain (repeat 1 = red; repeat 2 = green; repeat 3 = blue;

559 repeat 4 = purple). For FRET studies, endogenous cysteines are labelled with alexa-488 and alexa-647

560 (red and blue balls), which flank the ^{306}VQIVYK^{311} amyloid motif. D. Monomeric tau-RD with labeled

561 FRET pairs was denatured at varying temperatures. E-F. Tau RD samples were incubated at 37 °C or 75

562 °C for one hour. After cross-linking, trypsin fragmentation, and LC-MS/MS analysis, consensus cross-

24

563   link patterns (circles) are shown as contact maps. Short range crosslinks within the N-term (blue), C-term

564   (red) and long range contacts across N- to C-term (purple) are shown as sectors. Crosslinks are colored

565   according to mean frequency across replicates. G-I. Same as D-F above, except with tau RD that contains

566   a P301L disease-associated substitution.

567

568   **Figure 4. Tauopathy mutations drive aggregation propensity**. A. Schematic of tau-RD and the derived

569   peptides representing minimal structural elements around ^{306}VQIVYK^{311}. B. Primary amino acid sequence

570   mapped onto a cartoon of the predicted minimal structural element proximal to ^{306}VQIVYK^{311}. Mutations

571   are shown as spheres. C. Wild type and mutant peptides were disaggregated, resuspended at 200 μM, and

572   allowed to aggregate in the presence of ThT at room temperature. ThT signals are an average of at least 3

573   independent experiments and are colored according to mutation.

574

575   **Figure 5. Peptides form amyloid structures and seed *in vivo*.** A. After 96 hours of *in vitro* incubation,

576   peptides from previous ThT experiments (**Figure 4 C**) were transduced into tau biosensor cells *via*

577   lipofectamine (**Methods**). FRET signal from each condition (tau-RD-CFP/tau-RD-YFP) was measured

578   by flow cytometry used 3 biological triplicates of at least 10,000 cells per condition. Error bars represent

579   a 95% CI of each condition. Solid and dashed horizontal lines represent the mean and 95% error from

580   untreated biosensor cells, respectively, for ease of statistical comparison. B-H. Electron microscopy

581   images of each peptide from previous ThT experiments (**Figure 4 C**). The black bar represents 200 nm

582   distance in each image I-P. Qualitative fluorescence microscopy images of tau biosensor cells immediately

583   prior to Flow Cytometry experiments.

584

585   **Figure 6. Alternative splicing modulates aggregation propensity.** A. Cartoon schematic for tau 4R and

586   3R splice isoforms illustrate the difference in primary amino acid sequence leading into the amyloidogenic

587   ^{306}VQIVYK^{311} motif. B. A full combinatorial panel of R2R3-P301L and R1R3-P301L chimeras were

588   aggregated *in vitro*. ^{306}VQIVYK^{311} is shown in blue, amino acids common between the splice isoforms

25

589   are shown in black, amino acids unique to an R3 isoform are colored red, amino acids unique to an R4

590   isoform are colored green. The kinetic times to aggregate, represented as $t_{1/2}$ in hours with 95% CI, are

591   listed in the right-side column alongside its respective peptide.

592

593   **Figure 7. Enhancing β-hairpin structure rescues spontaneous aggregation phenotypes.** Cartoon

594   schematic representation of the tryptophan zipper motif (green bars) and controls used to stabilize a β-

595   hairpin structure in a R2R3-P301L peptide (**Table 1**). B. Aggregation reactions of the tryptophan zipper

596   peptide and controls measured by ThT fluorescence (200 µM, 25 °C). ThT signals are an average of at

597   least 3 independent experiments. C. Schematic of proline and fluorinated proline analogs used to generate

598   *cis* and *trans* proline conformers at the position corresponding to P301 (red ball) in peptide models. D.

599   ThT aggregation reactions of the *cis*, *trans*, and neutral proline analogs substituted into the R2R3 peptide

600   (200 µM). ThT signals are an average of at least 6 independent experiments.

601

602   **Figure 8. Molecular model of tau amyloid domain structural rearrangement and subsequent**

603   **aggregation.** Naïve tau monomer (left) exists with a propensity to form a relatively collapsed structure,

604   which buries the amyloid domain [306]VQIVYK[311]. In the presence of disease-associated mutations, proline

605   isomerization events, or certain splice isoforms, the equilibrium is shifted to disfavor local compact

606   structure. This exposes the aggregation prone [306]VQIVYK[311] amyloid motif and enhances aggregation

607   propensity, leading to subsequent tau pathology.

608

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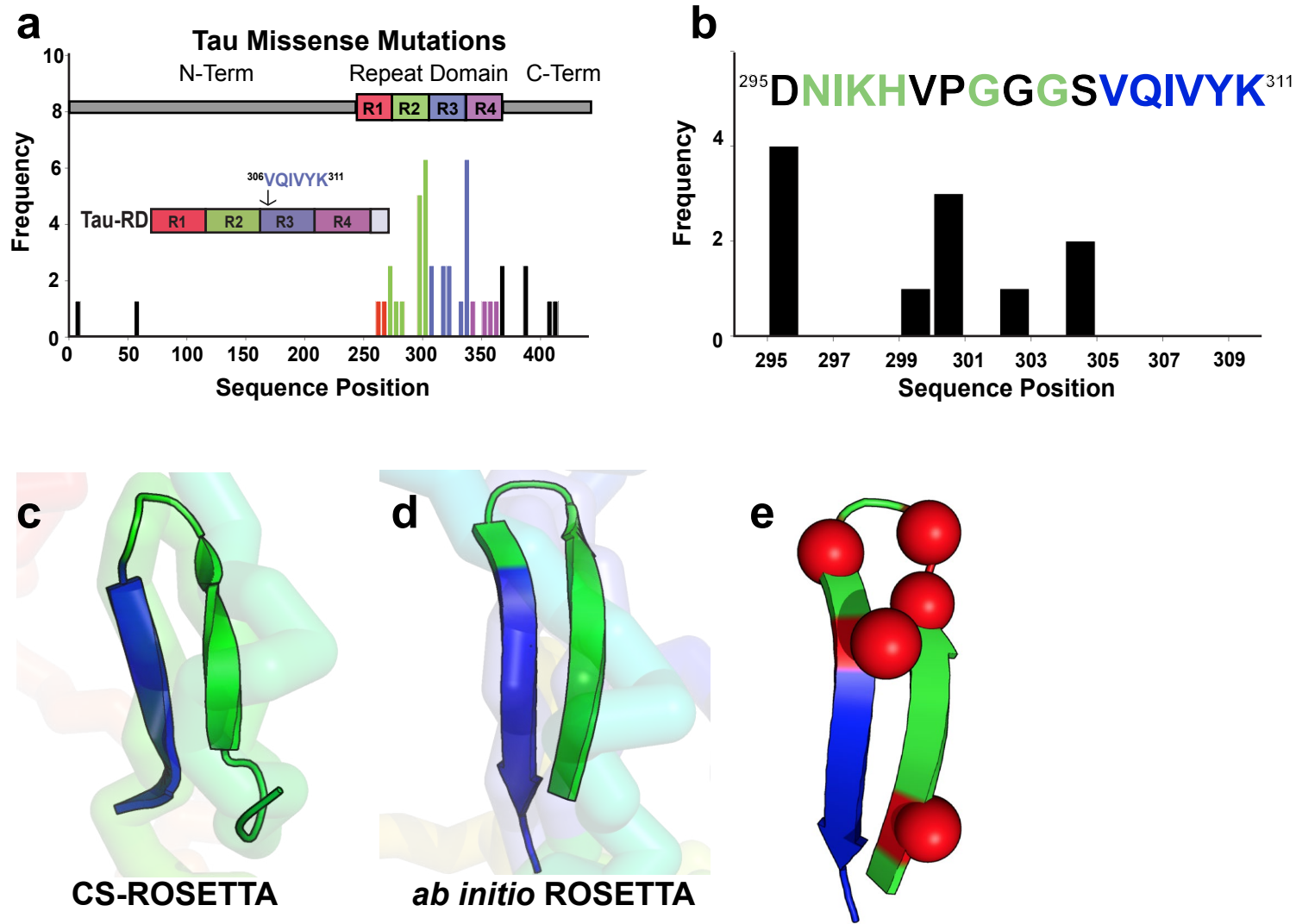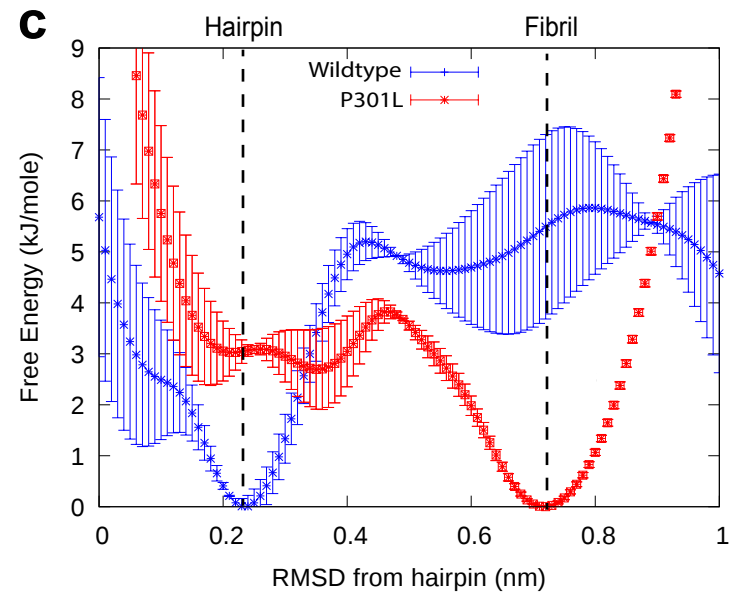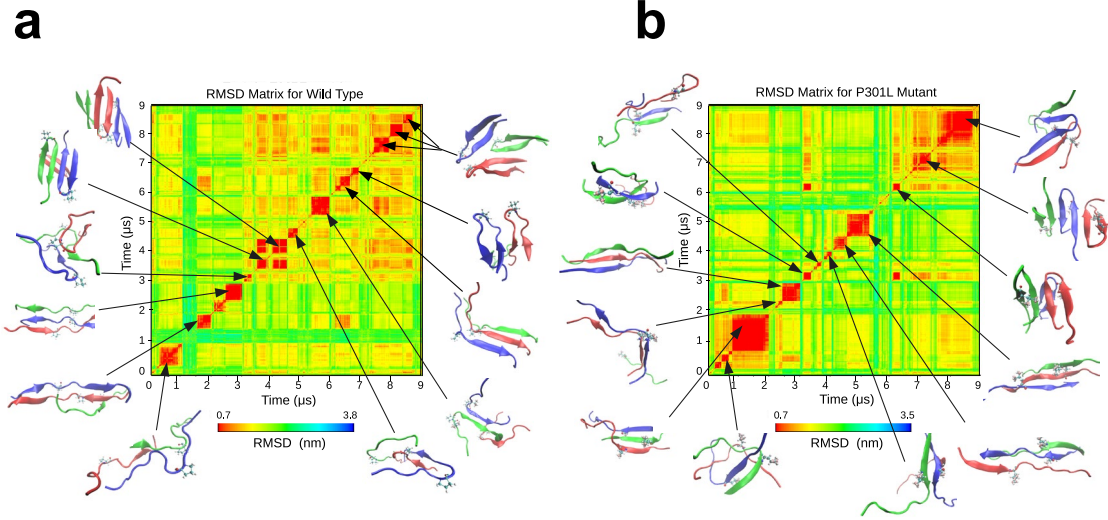
741

Figure 1

Figure 2

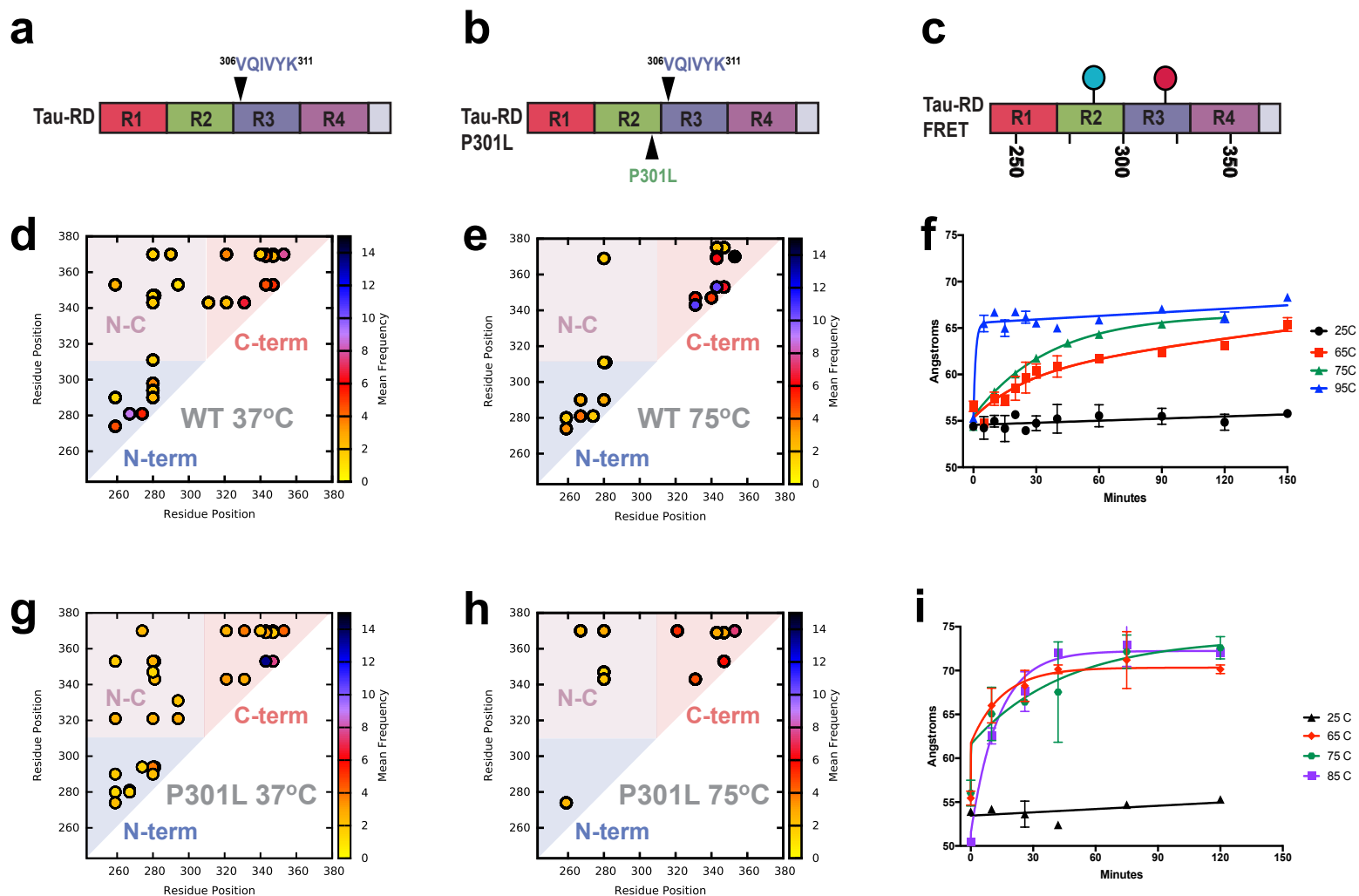**a** RMSD Matrix for Wild Type

b RMSD Matrix for P301L Mutant

c

Figure 3

Figure 4

Figure 5

Figure 6

a

b

R1R3-P301L

ENLKHQLGGGKVQIVYK   t 1/2

>200

>200
122.4 ± 1.5
119.2 ± 1.4
60.9 ± 0.3

62.2 ± 0.4
36.4 ± 0.5
66.4 ± 0.9
49.3 ± 1.1
70.6 ± 1.5
33.6 ± 0.3

6.7 ± 0.1
11.7 ± 0.5
6.9 ± 0.2
7.2 ± 0.4

7.2 ± 0.2

DNIKHVLGGGSVQIVYK

R2R3-P301L

Figure 7

Figure 8

Conformation Change

Aggregation

Buried Amyloid Motif

Exposure of Amyloid Motif

Amyloid Assembly Pathology