An extracellular Argonaute protein mediates export of repeat-associated small RNAs into vesicles in parasitic nematodes

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Abstract

Mobile small RNAs are an integral component of the arms race between plants and fungal parasites, and several studies suggest microRNAs could similarly operate between parasitic nematodes and their animal hosts. However, whether and how specific sequences are selected for export by parasites is unknown. Here we use density gradient purification and proteinase K sensitivity analysis to demonstrate that a specific Argonaute protein (exWAGO) is secreted in extracellular vesicles (EVs) released by the gastrointestinal nematode *Heligmosomodies bakeri*, at multiple copies per EV. Phylogenetic and gene expression analyses demonstrate exWAGO is highly conserved and abundantly expressed in related parasites, including the human hookworm and proteomic analyses confirm this is the only Argonaute secreted by rodent parasites. In contrast, exWAGO orthologues in species from the free-living genus *Caenorhabditis* are highly diverged. By re-sequencing and re-annotating the *H. bakeri* genome, and sequencing multiple small RNA libraries, we determined that the most abundant small RNAs released from the nematode parasite are not microRNAs but rather secondary small interfering RNAs (siRNAs) that are produced by RNA-dependent RNA Polymerases. We further identify distinct evolutionary properties of the siRNAs resident in free-living or parasitic nematodes versus those exported in EVs by the parasite and show that the latter are specifically associated with exWAGO. Together this work identifies an Argonaute protein as a mediator of RNA export and suggests rhabditomorph nematode parasites may have co-opted a novel nematode-unique pathway to communicate with their hosts.

Introduction

Small RNA-mediated gene regulatory mechanisms are used by cellular organisms and viruses to enable various aspects of their development, defence strategies and physiology (1). In eukaryotes small RNAs (sRNAs) operate within RNA-Induced Silencing Complexes (RISCs). The engines of these complexes are a diverse family of Argonaute proteins that are guided by the sRNA to target nucleic acids in a sequence-specific manner. The downstream effects of sRNA guide-directed recognition are diverse and depend on the biogenesis of the sRNA guide, the class of the target and Argonaute with which they both associate. One deeply conserved sRNA-dependent mechanism is the post-transcriptional regulation of gene expression by microRNAs (miRNAs), which associate with an Argonaute of the AGO clade. MiRNAs were discovered for their crucial roles in development and are now appreciated to regulate numerous aspects of physiology and signalling. In the last 10 years, studies across a broad range of animal systems have implicated miRNAs in intercellular communication through their transport in extracellular vesicles (EVs) (2). Several reports also suggest mammalian miRNAs can move into other organisms, influencing gene expression and growth of microbes in the gut (3) and malaria parasites in the blood (4). We previously reported that the nematode parasite *Heligmosomoides bakeri* (renamed from *Heligmosomoides polygyrus* (5)) releases its own miRNAs within extracellular vesicles (EVs) that are internalized by mouse cells and suppress innate immune responses (6). *H. bakeri* is a natural parasite of mice that serves as an important animal model for the study of immunomodulation by strongylid parasites, which establish chronic infections in their hosts by inducing immune suppression and tolerance. These parasites infect half a billion people and are highly prevalent in livestock. The EVs they release have been shown to be immune suppressive (6, 7), and are targets of protective immunity, suggesting they are important for parasite survival (8, 9).

Our previous proteomic analyses identified one worm (nematode)-specific AGO (WAGO) in the excretory-secretory products and EVs of *H. bakeri*. Here we focus on defining and characterizing the extracellular Argonaute (exWAGO) and exported sRNAs. Nematode pathogens in particular may have evolved a suite of novel RNAi functions based on a unique expansion of Argonaute types (i.e. the WAGOs) (10). The majority of our understanding of nematode RNAi pathways is based on the free-living model organism *Caenorhabditis elegans,* which has at least four types of endogenous sRNAs and 25 Argonaute genes (11). In addition to miRNAs and piRNAs, *C. elegans* produces small interfering RNAs (siRNAs) from exogenous or

endogenous double-stranded RNAs (dsRNAs). There is also a mechanism for *de*

novo generation of siRNAs by RNA-dependent RNA polymerases (RdRPs), which

are recruited to sRNA-target transcripts to amplify the silencing signal through the

generation of secondary siRNAs. The secondary siRNAs dominate the sRNA

content of adult *C. elegans* and have also been documented in several parasitic

nematode species (12-15). They are distinguished from other sRNAs by the

presence of a 5' triphosphate and a preference for a 5' guanine. In *C. elegans*,

secondary siRNAs associate with WAGOs and have been shown to be important in

self *versus* non-self-recognition in the germline (16-18). siRNAs can also be

transmitted from the soma to the germline to mediate heritable responses to

infection and nutrient starvation (19). *C. elegans* therefore sets a precedent for

involvement of WAGOs in both defence and environmental adaptation, but the

functions of most WAGOs and their siRNA guides remain unknown. Since many

nematodes are parasites, and parasitism has arisen multiple times independently

(20) it is possible that WAGOs could also contribute to this important lifestyle

innovation.

Here we examine the molecular and evolutionary properties of exWAGO in

parasitic and free-living nematodes and demonstrate that exWAGO mediates the

selective export of specific siRNAs in EVs. We compare the genomic origin of

siRNAs exported in EVs by *H. bakeri* to the resident siRNAs expressed in adults of

both *H. bakeri* and *C. elegans*. Our results support a model where the resident

sRNAs are dominated by secondary siRNAs, which are used for endogenous gene

regulation and control of retrotransposons. In contrast, the parasite preferentially

exports secondary siRNAs that are produced from newly evolved repetitive

elements in the genome that associate with exWAGO. This adds evolutionary

breadth to the handful of reports in mammalian systems suggesting RNA-binding

proteins are a mechanism for selective RNA export (21-23) and establishes *H.*

bakeri as a tractable model for studying extracellular sRNA biology.

Results

A nematode-specific extracellular Argonaute is within extracellular vesicles

released from *H.bakeri* at several copies per EV

We previously identified an Argonaute protein in the excretory-secretory and EV

products of *H. bakeri* based on proteomic analyses (6). Several studies in

mammalian systems have similarly reported Argonautes associated with EVs, in

some cases under specific signalling conditions (24). However, Argonautes have

also been reported to be contaminants that co-purify with EVs (21). In order to

rigorously determine whether the exWAGO that we have identified exists within

EVs, we used ultracentrifugation followed by flotation on a sucrose gradient for

purification, quantification by nanoparticle tracking analysis and visualisation by

transmission electron microscopy. As shown in Figure 1, the EVs had a density of

1.16-1.18 g/cm3 and co-purified with exWAGO. We further subjected the sucrose-

purified EV fractions to proteinase K treatment and confirmed that the exWAGO

was protected from degradation but became susceptible when the EVs were lysed

with detergent (Figure 1D). We analysed a defined number of sucrose-gradient

purified EVs by western blot in comparison to recombinant exWAGO and found

that exWAGO was present at 3.4 ± 1.1 copies per EV (Figure 1E).

An improved genome assembly and annotation to explore extracellular

Argonautes and RNAs

In order to determine the full complement of Argonautes and small RNAs in *H.*

bakeri we first generated a new genome assembly for this nematode based on

combining short-read (~100-fold read coverage; Illumina) and long-read (~12-fold

coverage; PacBio SMRT) data (Supplementary Methods). The final genome

assembly spans 697 Mb, 150 Mb longer than the first (Illumina-only) draft (25).

While most sequenced nematode genomes are between 60 and 200 Mb, the

strongylids (which include *H. bakeri*) tend to have larger genomes, ranging from

170 to 700 Mb (with a mean of ~380 Mb) (25). Our *H. bakeri* assembly is

represented by 23,647 contigs (just over half the previous assembly's 44,728

contigs), with an N50 of 180 kb (up from 36 kb). Assessment of genome

completeness using the Core Eukaryotic Genes Mapping Approach (CEGMA) and

Benchmarking Universal Single-Copy Orthologs (BUSCO) suggests ~88% of

conserved genes are complete (~8% partial), with 96% of the assembled *H. bakeri*

transcriptome mapping to the genome (Supplemental Table 1). Protein-coding

genes were predicted with the BRAKER pipeline generating 23,471 protein-coding

genes with 25,215 transcripts. Non-coding RNA genes, including rRNA, tRNA and

miRNAs, were predicted using Rfam models and family-specific tools (see

Supplementary Methods). The expansion of the *H. bakeri* genome compared to

closely related clade V parasites is associated with an expanded repeat content.

Over half (58.3%) of the *H. bakeri* genome contains some type of repeat element,

including LINE elements (12.6% of the genome) and DNA elements (12.8%) (Table

1). Of all the repeats, 33.3% were found within genes (mostly in introns, which

themselves occupy 33.5% of the genome). Interestingly, 30.6% of the genome was

annotated as unclassified repeats, nearly two-thirds of which do not overlap any

other kind of annotation.

exWAGO is highly conserved and abundant in rhabditine (Clade V) parasitic

nematodes and has diverged in *Caenorhabditis*

To determine the conservation of exWAGO across Clade V nematodes we

clustered proteins from the new *H. bakeri* genome with proteomes predicted from

the genomes of a selection of rhabditomorph nematodes (including *C. elegans* and

six additional *Caenorhabditis* species, eleven strongyle parasites, the

entomopathogen *H. bacteriophora*, the free living *Oscheius tipulae*, and the free-

living diplogasteromorph *Pristionchus pacificus*) using OrthoFinder (26). The

resulting orthogroups were interrogated with Kinfin (27) to identify orthologues of

proteins predicted to be involved in RNAi in *H. bakeri* or known to be implicated in

RNAi in *C. elegans.* This revealed that, as expected, nearly all of the machinery for

miRNA and piRNA pathways, including highly conserved Argonautes ALG-1/2 and

PRG1/2, is conserved across Clade V nematodes (Supplemental Figure 1).

Previous studies in *C. elegans* have defined populations of primary siRNAs that are

26 nt in length and associated with male or female germline regulation mediated by

the Argonautes ALG-3/4 (during spermatogenesis) or ERGO-1 (in oocytes and

embryos). Notably ALG-3/4, but not ERGO-1, are conserved in parasites and the

general factors associated with 26G RNA biogenesis, also termed the ERI complex

(enhanced exogenous RNAi phenotype), are conserved while ERGO-1-specific

factors including ERI-6/7/9 and MUT-16 are not (Supplementary Figure 1).

Strikingly, of the thirteen WAGOs in the *C. elegans* gene set*,* only four had co-

clustered orthologues from species other than *Caenorhabditis*. We therefore

performed a joint phylogenetic analysis of all orthogroups containing Argonautes

(defined by the presence of both PAZ and PIWI domains) (Figure 2A). This

identified clades of Argonautes in parasitic species that were sister to

Caenorhabditis-specific orthogroups. For example, the nuclear WAGOs HRDE-1

and NRDE-3 as well as WAGO-10 and WAGO-11 in *Caenorhabditis* are in fact

orthologous to parasite-derived Argonautes in orthogroups OG01747 and

OG07955 but their relationship has been obscured by differing rates of evolution in

the different species groups. Similarly, the phylogenetic analysis shows that

exWAGO does in fact co-cluster with a *Caenorhabditis*-only orthogroup that

contains *C. elegans* SAGO-1, SAGO-2 and PPW-1. The orthogroup containing

exWAGO contains Argonautes from many other parasitic strongyles, *H.*
bacteriophora, *O. tipulae* and *P. pacificus* as well as Argonautes from
Caenorhabditis species placed at the base of the genus (*C. monodelphis*, *C.*
castaneus, and *C. sp.* 38) (Figure 2B). Examination of the intron-exon structure of
these Argonautes supports this relationship (Figure 2C). The most basal
Caenorhabditis, *C. monodelphis*, has a gene structure very similar to that of the
other exWAGOs, but gene structure in other *Caenorhabditis* species has evolved
rapidly. We suggest that *C. elegans* SAGO-1, SAGO-2 and PPW-1 are co-
orthologues of *H. bakeri* exWAGO, and thus the biology of these genes may
illuminate the origins and functions of exWAGO in parasites.

Using our new annotation of Argonautes we used existing RNAseq data to
determine the expression levels of all Argonautes in adult life stages of parasitic
versus free-living Clade V nematodes. Strikingly, we found that exWAGOs are
generally the most abundantly expressed of all Argonautes (Supplementary Table
2), including the sheep parasites *Haemonchus contortus* and *T. circumcinta* and
the human hookworm, *Nector americanus* (Figure 3). In contrast, the SAGO-1, 2
and PPW orthologs in *C. elegans* adults are not expressed at high levels
(Supplementary Table 2). We further identified exWAGO in the excretory-secretory
(ES) products of adult *Nippostrongylus brasiliensis* (another rodent parasite) (Table
1). No peptides mapping to any other Argonaute proteins were identified in multiple
samples, pointing to a unique extracellular role for this particular Argonaute across
the parasite species.

Comparative analysis of resident sRNA distribution in *H. bakeri* versus *C.*
***elegans* suggests shared functions in endogenous gene regulation**

To determine whether the dominance of exWAGO in the parasites was reflected at
the level of sRNA composition we first carried out side-by-side analysis of
endogenous sRNAs present in *H. bakeri* and *C. elegans* adult nematodes. sRNA
datasets were generated in triplicate, capturing either only 5'-monophosphate
RNAs or all RNAs (after treatment with 5' polyphosphatase). As expected, the
untreated libraries from whole nematodes were dominated by reads mapping to
miRNAs in each genome, having the characteristic first nucleotide preference of U
and peak length of 22 nt (Figure 4A,D). In contrast, the whole-nematode libraries
treated with 5' polyphosphatase showed a clear enrichment for RNAs with a first
base preference of guanine, the majority of which were 22 nt in length in *C.*
elegans and 23 nt in *H. bakeri* (Figure 4B,E). This signature is characteristic of

secondary siRNA products of RdRPs, and suggests secondary siRNAs dominate
the resident sRNA populations of both nematodes. The length variation (22 *versus*
23 nt) may indicate mechanistic differences between the RdRPs that generate
them or the Argonaute proteins that stabilize them.

By comparing the 5' polyphosphatase-treated and untreated libraries in both
species, we identified 137,531 regions in the *H. bakeri* genome that have more
mapped reads from the 5' polyphosphatase-treated libraries (we call these regions
polyP-enriched clusters) and 6,075 regions with relatively more reads from the
untreated libraries (monoP-enriched clusters, see Methods and Supplemental
Figure 2). We reasoned that these represent sRNAs with two distinct modes of
biogenesis, with the monoP-enriched clusters containing sRNAs cleaved by
ribonucleases (such as Dicer) or being degradation products, and the polyP-
enriched clusters containing unprocessed products of RdRPs or RNA polymerase
III. Consistent with this model, the monoP-enriched clusters contained a higher
fraction of miRNA-mapping reads than the untreated libraries, while the polyP-
enriched clusters had a much reduced fraction of miRNA reads (Supplemental
Figure 3). The same general strategy was applied to the *C. elegans* sRNAs, to
compare the polyP-enriched clusters of both nematodes, which represent by far the
most abundant type of sRNA in adults. The majority (62.3%) of the reads within the
polyP-enriched clusters of *C. elegans*, mapped antisense to messenger RNAs*,*
consistent with roles in regulating endogenous gene expression (Figure 4C). In
contrast, 9.9% of the reads from polyP-enriched clusters of *H. bakeri* mapped
antisense to mRNAs (Figure 4F). To compare these numbers, we need to take into
account the fraction of each genome occupied by mRNAs. The *C. elegans* genome
devotes 28.3% of its base pairs to coding exons (Table 1, Supplemental Figure 4),
therefore if sRNAs were produced randomly across the genome 14.1% would map
antisense to these. Consequently, our observed proportion of antisense mRNA
polyP sRNAs represents a 4.4-fold increase over what is expected by chance.
Since only 3.4% of the *H. bakeri* genome encodes exons, the polyP sRNAs that
map antisense to mRNAs are 5.8-fold more frequent than expected. Following
similar logic, both nematodes have a significant overrepresentation of polyP sRNAs
mapping antisense to known retrotransposons (7.4-fold increase in *C. elegans*, 2.5-
fold increase in *H. bakeri,* Figure 4C,F). Thus, despite the drastic differences in
genome content of the two species, there is a conserved pattern of siRNAs that
likely reflect common functionality in endogenous gene regulation and genome
defence.

Vesicular siRNAs are largely derived from novel-repeat elements and associate with exWAGO

Our previous work indicated that EVs secreted from *H. bakeri* adults are associated with a population of sRNAs. We characterized miRNAs and Y RNAs, but only sequenced sRNAs with a 5' monophosphate (6). To generate a more comprehensive characterization of EV sRNAs and examine selectivity, we analysed duplicate sRNA datasets from purified EVs, capturing either only 5'-monophosphate RNAs or all RNAs (after treatment with 5' polyphosphatase). To ensure the sequenced sRNAs were derived from EVs, and not co-purifying or free complexes, EVs were purified by ultracentrifugation and sucrose gradient prior to RNA extraction, library preparation and sequencing. We detected several species of miRNA in EV-derived libraries as expected from our previous work, however the vast majority of EV sRNAs are 23G siRNAs, only detected with 5' polyphosphatase treatment (Figure 4H). To focus on the RdRP products, we selected the polyP-enriched clusters (Supplemental Figure 2). EV-derived, polyP-enriched sRNAs had a 1.9-fold enrichment for siRNAs derived from transposons and a 1.7-fold enrichment for species-specific repeats of the *H. bakeri* genome, compared to the polyP-enriched sRNAs from adults (Figure 4I). In contrast, the siRNAs mapping antisense to protein coding genes and retrotransposons were relatively depleted within the EV libraries. These results suggest selective partitioning of siRNA biotypes into the EVs and identifies recently evolved regions of the genome as a primary source of EV sRNA.

To further explore and quantify this selectivity, we calculated, for each polyP-enriched cluster, a measure of entropy-based Information Content (IC) using either adult or EV reads (see Methods). The higher the IC value, the more concentrated the reads are in a few peaks, while the lower the IC value, the more evenly distributed the reads are across the cluster (e.g. Figure 5A, inset). Interestingly, the IC values are consistently higher for reads coming from EVs than from adult libraries (Figure 5A), indicating that the EVs more often contain reads from specific peaks and are not a random sampling of the adult sRNA pool. Figure 5B illustrates a region in the *H. bakeri* genome that produces siRNAs enriched in the EVs. The only annotated elements in this region are repeats, mostly novel (species-specific) elements. These results support the idea that EV content reflects a selection of specific siRNA sequences.

To determine whether exWAGO specifically associates with the EV-enriched
sRNAs produced from novel repeats, we immunoprecipitated the adult nematode
lysates using an antibody raised against exWAGO and analysed by qRT-PCR the
co-purified sRNAs. The siRNAs that derive from EV-enriched clusters
immunopurified with exWAGO and were depleted in the unbound fraction (Figure
6). We observed the opposite pattern with the IgG bead control. In contrast,
siRNAs derived from selected clusters that are abundant in adults but not
represented in the EVs did not copurify with exWAGO, nor did Y RNAs or a
conserved miRNA (Figure 6). These results suggest that specific siRNA sequences
bind to exWAGO, which mediates their encapsulation in EVs and defines the
population of vesicular sRNAs that are secreted into the host environment.

Discussion
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That small RNAs are transferred within organisms, and between organisms, has
many implications in cross-species communication and disease. However, there
are many questions regarding how RNAs are selected for export from the donor,
which RNAs are transferred to the recipient, and whether and how these RNAs
function within the recipient. Here we have examined the question of the specificity
of packaging of sRNAs in EVs in the model parasite *H. bakeri* using comparative
analyses of the origin of sRNAs within the body of the nematode *versus* those
selected to be exported in EVs. We compare this to evolutionary analyses of the
sRNA machinery in the parasite and the closely related, free-living *C. elegans*. We
find that secondary siRNAs within adults of both the free-living and the parasitic
nematodes are largely produced to target mRNAs and retrotransposons by
antisense pairing along their entire length, and are therefore associated with
endogenous gene regulation and defence. In contrast the siRNAs within EVs
secreted by the parasite do not appear to be a stochastic sampling of those
detected in the adult nematodes but are specifically enriched for those produced
from transposons and newly-evolved, repetitive regions in the genome. This
suggests both mechanistic and evolutionary selectivity.

Our immunoprecipitation experiments show that Y RNAs, which are also abundant
in EVs (6), do not associate with exWAGO, suggesting this protein is specific for
siRNAs. Mechanistically, we envision three processes that could contribute to the
total RNA present in EVs, acting independently or together. The EVs could be
passively loaded with the sRNAs present in the cell type from which EVs are
exported. It is likely that EVs are released from the intestine (6). Secondly, the

sRNAs could be actively loaded by some intrinsic property, perhaps related to their
specific biogenesis pathway. Lastly, the sRNAs could associate with a specific
RNA-binding protein, as has been shown in some mammalian systems. Our
immunoprecipitation data suggest that associative binding occurs for the siRNAs
and we identify exWAGO as the mediator of this selective export. Intriguingly
exWAGO is highly conserved and abundant in all Clade V parasitic nematodes
examined, and we have further shown that it is also secreted in the rodent parasitic
nematode *N.brasiliensis*. We propose therefore that the mechanism of exWAGO-
mediated siRNA export extends beyond the *H. bakeri* model.

The sRNAs selected for export with exWAGO derive from regions of the *H. bakeri*
genome that are repetitive and novel, which may reflect recent, dynamic evolution
of this putative host manipulation system. Rather than derive sRNAs from
conserved loci, and risk self-directed effects, selection may exploit the rapidly
evolving non-genic portion of the genome to generate evolutionarily novel but host-
relevant sRNA loci. It will be informative to correlate these sequences with host
genes and to explore their evolution across parasites.

We identified the SAGO and PPW proteins in *C. elegans* and related
Caenorhabditis species as diverged exWAGO orthologues. Although as yet we
have no evidence that the SAGOs (or any other AGOs) are exported extra-
organismally from *C. elegans,* preliminary data suggest these may both have
common localization in the intestine ((6) and Claycomb, Seroussi, unpublished). It
will be of interest to understand whether SAGO and PPW function within *C.
elegans* can shed light on the roles of exWAGO.

Very little is understood regarding the evolution of cross-species communication.
That pathogens use small RNAs to modulate their hosts is not unexpected, as it
has been well documented in interactions between parasitic fungi and plants (28)
and it is similar, conceptually, to the evolution of miRNAs in certain viruses (29). In
contrast to viruses, however, extracellular parasites such as *H. bakeri* require a
mechanism for transporting specific sRNAs into host cells. The packaging of
siRNAs in EVs by exWAGO provides such a mechanism. Notably, EVs have
recently been implicated in the transfer of RNA in plants, in this case from the plant
cells to fungal parasites (30). We do not yet know if exWAGO is solely involved in
export, or is also involved in mediating functional effects inside the recipient cells.
Further work is required to understand the individual and collective contributions of
all of the EV cargos in host cell modulation. This work establishes a parasite

Argonaute as a sorting mechanism for EV RNAs, indicates that focusing only on
miRNAs can be misleading and provides an important framework for interrogating
new parasite-host interactions and their consequences on infection.

372   Materials and Methods are provided in Supplementary Material.

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379   Competing interests

380   The authors declare no competing interests.

381   Figure legends

383   Figure 1: exWAGO is vesicular and present at multiple copies per EV

A) Western blot analysis of equal volumes of sucrose-gradient fractions of EVs
from *H. bakeri* using antibody against exWAGO, B) Silver stain blot of same
fractions, C) Nanoparticle tracking analysis of EV total number in each fraction (left)
and TEM of 1.16 g/cm3 fraction (right). D) Western blot of exWAGO from gradient-
purified EVs and following treatment with Proteinase K (5 ug/mL) with or without
Triton-X (0.05%). E) Western blot of 3 independent biological replicates of sucrose-
gradient purified *H. bakeri* EVs, using recombinant standard of exWAGO for
quantification.

**392   Figure 2: Phylogenetic tree of Argonautes in Clade V nematodes and gene
structure of exWAGO.** A) Grey shading denotes different orthogroups, *C. elegans*
protein names in each clade are noted (or absent if no orthologues in that Clade).
B) Tree showing phylogenetic relationship and branch lengths of exWAGO
orthologues across Clade V, C) Conservation of exons and introns in exWAGO
homologues. Each box is an exon with the width denoting length. Boxes with
dashed lines denote exons with possible errors in the genome assembly of the
species. Colours denote differences in exon size in triplets compared to exWAGO.

400   Figure 3: Expression of Argonautes across Clade V parasitic nematodes
Relative expression levels of Argonautes from RNAseq data of the adult parasites
noted. Data were based on the sum of tpm reads for each orthogroup (defined in
Figure 2), normalized to tpm for OG1273 orthogroup (ALG-1/2). The total number
of distinct transcripts in each orthogroup in each species is noted below each

column. The known *C.elegans* Argonaute names are used where applicable, or
exWAGO as defined in this work.

Figure 4: sRNA composition in adult *C. elegans* and *H. bakeri*, compared to
***H. bakeri* extracellular vesicles.** First nucleotide and length distribution of
untreated small RNA libraries for *C. elegans* adults (A), *H. bakeri* adults (D) and *H.*
bakeri EVs (G), and their corresponding polyphosphatase-treated libraries (B,E,H).
The proportions of the 20-25 nt reads mapping within annotated categories in the
genome (from Table 1) are shown beneath each barplot. Line plots for *C. elegans*
(C) and *H. bakeri* (F) showing the relationship between the percentage of the
genome occupied by each annotation category and the percentage of 20-25 nt
reads from the polyP-enriched clusters, while (I) shows the relationship between
the percentage of the 20-25 nt reads from the adult polyP-enriched clusters to
those from the EV polyP-enriched clusters (see Methods).

Figure 5: Clusters with transposons or novel repeats have higher Information
Content in extracellular vesicles than in adults. Dot plot comparing Counts Per
Million and Information Content of all clusters with transposons or novel repeats
(A). Top and side barplots show the number of clusters at each value of the X or Y-
axis respectively. Inset: example of read coverage for cluster ncRNA_44089. Read
coverage (top), annotation of repeat elements (middle) and zoomed-in read
coverage (bottom, in $\log_2$-scale to distinguish individual libraries) for the most highly
expressed cluster in EVs (B). In all cases blue indicates EV and red indicates Adult
libraries.

Figure 6: Immunoprecipitation of exWAGO and detection of associated
sequences. A) Western blot to detect exWAGO following immunoprecipitation of
10 ug adult worm lysates with exWAGO anti sera or control (naïve) sera.
Equivalent volumes input and unbound were loaded (unbound is defined as first
flow-through from beads). B) qRT-PCR analysis of samples from (A) for siRNAs
derived from EV-enriched or adult-enriched clusters as well as Y-RNA and miR-
100. To ensure equivalent recovery of RNA, a synthetic spike was included prior to
extraction which varied <2 fold across all sample types. Data are shown as mean
with standard deviation for n=3.

Supplementary Figure 1 Conservation of RNAi pathway in Clade V

Presence or absence of orthologues to *C. elegans* genes associated with RNAi

pathways in Clade V organisms. Phylogenetic relationship is shown at the top of

table, gene identities across each species are detailed in

https://github.com/DRL/chow2018.

Supplementary Figure 2: Expression of all sRNA clusters (dots) comparing the

average counts-per-million (X-axis) to the fold-change of polyphosphatase-treated

relative to untreated libraries (Y-axis). Blue and red dots highlight those clusters

identified respectively as polyP (enriched in polyphosphatase treated libraries) or

monoP (similar normalised expression between treated and untreated libraries) for

C. elegans adult nematodes (A), and *H. bakeri* adults (B) or extracellular vesicles

(C). Clusters containing known miRNAs (expected to be monoP) are highlighted in

gold.

Supplementary Figure 3: Distribution of reads in annotated categories for each

type of library, comparing the reads falling within monoP or polyP clusters to all

reads. Plots are shown for untreated libraries for *C. elegans* (A) and *H. bakeri* (B),

and polyphosphatase-treated libraries for *C. elegans* (C) and *H. bakeri* (D).

Supplementary Figure 4: Comparison of *C. elegans* and *H. bakeri* genome sizes

and fractions of each genome devoted to annotated.

Supplementary Table 1: New *H.bakeri* genome assembly information

Supplementary Table 2: Details of RNAseq data used for Figure 3

465 **Table 1. Non-overlapping genome composition**

	C. elegans		H. bakeri	
	bases	%	bases	%
intergenic	29,355,343	29.272	168,174,849	24.130
exons	28,409,938	28.329	23,682,169	3.398
introns	25,956,467	25.882	170,798,580	24.506
transposons	11,880,919	11.847	92,998,044	13.343
novel repeats	1,402,898	1.399	13,1452,375	18.861
retroelements	1,307,772	1.304	104,917,538	15.054
satellite repeats	594,478	0.593	377,947	0.054
simple repeats	581,880	0.580	2,960,599	0.425
other ncRNA	429,956	0.429	749,784	0.108
piRNA	256,574	0.256	63,990	0.009
tRNA	62,284	0.062	675,650	0.097
miRNA	35,312	0.035	43,955	0.006
rRNA	9,520	0.009	53,983	0.008
yRNA	3,060	0.003	5,940	0.001
TOTAL	100,286,401	100%	696,955,403	100%

467   Table 2. ExWAGO identified in EV products by mass spectrometry

Species	Protein	Accession number	Length (aa)	Predicted MW (kDa)	Predicted PI	Unique peptide sequence (Start position)
H. bakeri	exWAGO	HPOL_0000298601-mRNA-1	912	102	9.23	TGMGQLSVGAVALPEKR (6)
						SAAVAVYK (86)
						AAVLFSAQR (114)
						QFMLPASVVSSAGPDATGIR (132)
						ISQMSIFFDQR (277)
						NAMQPFNQK (297)
						VTLQQQTPDQVASMIK (393)
						ASATLPQTR (409)
						IMKDALDITPR (423)
						AATTIAPR (716)
						LVNDGDLK (899)
N. brasiliensis	exWAGO	NBR_exWAGO	913	102	9.25	QDFVCNLTALK (32)
						DIFPQDSALFYDR (102)
						ILPTPTILYGER (457)

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Figure 1

A

Sucrose

kDa													
115													
80														HpbWAGO

1.07 1.08 1.10 1.12 1.14 1.16 1.18 1.20 1.22 1.25 1.26 1.27 g/cm³

B

kDa

Silver Stain

C

Number of EVs

8×10¹⁰
6×10¹⁰
4×10¹⁰
2×10¹⁰

input
1.07 g/cm3
1.08 g/cm3
1.10 g/cm3
1.12 g/cm3
1.14 g/cm3
1.16 g/cm3
1.18 g/cm3
1.2 g/cm3
1.22 g/cm3
1.25 g/cm3
1.26 g/cm3
1.27 g/cm3

Fraction at 1.16 g/cm3

D

Triton-X 100   -   -   +
Proteinase K   -   +   +

E

No. of EVs   1.1E9   1.2E9   4.6E8

Copy number exWAGO   3.4E9   3.0E9   2.1E9

Figure 2

Figure 3

Figure 4

C. elegans, adult libraries

A) untreated libraries

B) polyphosphatase libraries

C) polyP-enriched clusters

H. bakeri, adult libraries

D) untreated libraries

E) polyphosphatase libraries

F) polyP-enriched clusters

H. bakeri, vesicle libraries

G) untreated libraries

H) polyphosphatase libraries

I) polyP-enriched clusters

Figure 5

A) Information Content of clusters with transposons or novel repeats

B) Read coverage and genome annotation for cluster ncRNA 16320

Figure 6

A

B

Supplementary Figure 1

Supplemental Figure 2

A) *C. elegans* **Adult libs, monoP and polyP-enriched clusters**

B) *H. bakeri* **Adult libs, monoP and polyP-enriched clusters**

C) *H. bakeri* **Vesicle libs, monoP and polyP-enriched clusters**

Supplemental Figure 3

C. elegans, adult libraries

A) untreated libraries

monoP-enriched reads

all 20-25nt reads

C) polyphosphatase libraries

polyP-enriched reads

all 20-25nt reads

Legend:
- ■ mRNA sense
- ■ mRNA anti–sense
- ■ introns
- ■ other repeats
- ■ transposons
- ■ retroelements
- ■ novel repeats
- ■ other ncRNA
- ■ rRNA
- ■ tRNA
- ■ yRNA
- ■ miRNA
- ■ intergenic

H. bakeri, adult libraries

B) untreated libraries

monoP-enriched reads

all 20-25nt reads

D) polyphosphatase libraries

polyP-enriched reads

all 20-25nt reads

Supplemental Figure 4

Supplemental Table 1: *Heligmosomoides bakeri* genome assembly

Feature	*Heligmosomoides bakeri* genome assembly v2.0	*Heligmosomoides bakeri* genome assembly v1.0
Reference	This work	WTSI
Span (Mb)	696	560
G+C content (%)	45.6	45.0
Scaffold / contig N50 (kb)	179.6 / 42.6	35.8 / 12.8
Number of contigs	23647	44728
Genome CEGMA complete / partial (%)	88.7 / 8.1	78.8 / 18.1
Genome BUSCO (Nematoda) complete / partial (%)	87.1 / 7.2	67.8 / 10.7
Genome BUSCO (Eukaryota) complete / partial (%)	87.8 / 1.7	74.3 / 8.9
Transcriptome mapping	96.3%	72.3%
Number of protein-coding genes	24371	27459