Cell type specific control of basolateral amygdala plasticity via feedforward inhibition

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Abstract

The basolateral amygdala (BLA) plays a vital role in associating specific sensory stimuli with salient valence information. Excitatory principal neurons (PNs) undergo plastic changes to encode this integrated sensory-valence information; however, local BLA inhibitory interneurons (INs) gate the plasticity of the PNs via feed forward inhibition (FFI). Despite extensive literature implicating parvalbumin expressing (PV[+]) INs in FFI in cortex and hippocampus, prior anatomical experiments in BLA implicate somatostatin expressing (Sst[+]) INs in BLA. In the present study, we combined patch clamp electrophysiology with chemogenetics, unsupervised cluster analysis, and predictive modeling and found that a previously unreported subpopulation of fast-spiking Sst[+] INs mediate BLA FFI and gate plasticity.

The ability of animals to learn to associate sensory stimuli with outcomes plays an

important role in their survival. Specifically, animals associate environmental stimuli with

particular valences (rewarding or aversive outcomes). The BLA is key in formation of these

associations[1,2]. Following a small number of presentations of a stimulus and valence

information, such as a reward or threatening foot-shock, BLA excitatory PNs undergo plastic

changes. This plasticity is critically important as future presentations of the stimulus can then

elicit robust firing in subsets of BLA PNs that output to downstream regions to guide goal-

directed behavior[2-4].

Accumulating evidence demonstrates that this learning induced-plasticity is input-

specific[5-7]. Importantly, GABAergic inhibition regulates the ability of BLA PNs to undergo LTP:

plasticity does not occur in the presence of intact inhibition[8,9]. Specifically, FFI exerts

inhibitory control over BLA plasticity[8,10,11]. In cortex and hippocampus, FFI is mediated by

perisomatic targeting, PV^+ INs to ensure the temporal fidelity of PN action potential (AP)

output[12-14]. However, in BLA, FFI plays a dual role regulating PN AP output [15] and gating their

plasticity[10,11]. Which IN population mediates FFI to control plasticity in BLA remains unclear:

PV^+ INs are candidates because they mediate FFI in cortex and hippocampus[14,16], but

anatomical studies suggest that Sst^+ INs may play this role in the BLA[17,18].

Due to the role of dendritic inhibition in controlling local Ca^{2+} dynamics[19-21], the role of

postsynaptic Ca^{2+} dynamics in BLA plasticity[22-25], and the importance of FFI circuits in gating

BLA LTP[8,10,11], we hypothesized that Sst^+ INs gate FFI to control BLA plasticity. We tested this

hypothesis by pairing patch clamp recordings in BLA with chemogenetic manipulations,

unsupervised cluster analysis, and predictive modeling. We found that a previously unreported

subpopulation of fast spiking (FS) Sst^+ INs mediate FFI and gate plasticity in BLA.

RESULTS

LEC afferents preferentially drive disynaptic FFI in BLA

We examined lateral entorhinal cortex (LEC) afferents, a major cortical source of polysynaptic inhibition to BLA[15]. We prepared acute horizontal slices of mouse brain containing both BLA and LEC and recorded synaptic responses of BLA PNs (Figure 1a). A single stimulation of LEC elicited evoked EPSCs (eEPSCs) and IPSCs (eIPSCs) in PNs (Figure 1b). The eEPSCs were blocked by glutamate receptor antagonists DNQX (20 μM) and D-APV (50 μM) but not by the $GABA_A$ receptor antagonist gabazine (gbz; 5 μM) (Figure 1c; median [quartiles]; $eEPSC_{control}$ = -41.17 [-34.10/-51.47] pA, $eEPSC_{gbz}$ = -34.18 [-24.40/-39.23] pA, $eEPSC_{DNQX/APV}$ = -4.59 [-1.49/-5.35] pA, p = 6.72×10^{-4}, Kruskal-Wallis [KW] test, $p_{Ctrl-vs-gbz}$ = 0.19, $p_{Ctrl-vs-DNQX/APV}$ = 3.11×10^{-4}, $p_{gbz-vs-DNQX/APV}$ = 5.83×10^{-4}, post-hoc Mann-Whitney U [MWU] tests with False Discovery Rate (FDR) p-value correction (see methods), $α_{FDR}$ = 0.033, $n_{control}$ = 8 mice, 4 cells, n_{gbz} = 7, 4, $n_{DNQX/APV}$ = 7, 4). In contrast, eIPSCs were blocked by both gbz and DNQX/APV (Figure 1c; $eIPSC_{control}$ = 148.82 [65.13/231.10] pA, $eIPSC_{gbz}$ = 1.00 [-0.98/2.50] pA, $eIPSC_{DNQX/APV}$ = 1.08 [0.56/3.15] pA, p = 6.45×10^{-4}, KW test, $p_{Ctrl-vs-gbz}$ = 3.11×10^{-4}, $p_{Ctrl-vs-DNQX/APV}$ = 3.11×10^{-4}, $p_{gbz-vs-DNQX/APV}$ = 0.71, post-hoc MWU tests, $n_{control}$ = 8, 4; n_{gbz} = 7, 4; $n_{DNQX/APV}$ = 7, 4), consistent with a monosynaptic glutamatergic nature of the eEPSCs and a polysynaptic GABAergic nature of the eIPSCs. Additionally, eIPSC onset was delayed relative to eEPSC onset by ~3 ms (Figure 1d; mean ± standard error of the mean [s.e.m.]; $latency_{EPSC}$ = 7.65 ± 0.51 ms, $latency_{IPSC}$ = 10.72 ± 0.85 ms, p = 0.023, paired t-test, n = 8, 4) consistent with prior reports of polysynaptic inhibitory circuits in BLA[26-28].

Two main archetypal circuit motifs mediate polysynaptic inhibition: feedforward and feedback inhibition[16]. In order to distinguish these motifs, we recorded from BLA PNs in

response to a stimulus train of five pulses to the LEC at 20 Hz. If eIPSCs were the result of FFI

alone, we would expect to see little to no AP activity in BLA PNs in response to stimulation.

However, if the eIPSCs were a result of combined feedforward and feedback inhibition, we

would expect to see the PNs fire in response to LEC stimulation. Recording from BLA PNs in

current clamp (-60 mV), we found they rarely fired in response to stimulation (Figure 1e,f;

0.00 [0.00/0.07] APs/stimulus). These data suggest LEC stimulation preferentially drives FFI

in BLA PNs.

To determine whether our experimental setup recapitulates LEC suppression of BLA

PNs, as found *in vivo*[15], we tested the effect of gbz on the firing of BLA PNs in response to LEC

stimulation (Figure 1e-g). However, $GABA_A$ receptor antagonism might increase the firing of

101   BLA PNs by depolarizing the PNs via a blockade of spontaneous or tonic inhibition. To control

102   for this possibility, we maintained the membrane voltage (V_m) of the PNs at -60 mV

103   throughout the experiments (Fig. 1g; $V_{m\text{-}control}$ = -60.07 [-60.55/-59.79], $V_{m\text{-}gbz}$ = -60.91 [-

04   61.68/-59.34], p = 0.38, Wilcoxon signed rank [WSR] test, n = 8, 3). gbz mediated blockade of

105   FFI led to a significant increase in PN firing in response to LEC stimulation (Figure 1e, f;

106   APs/stimulus$_{control}$ = 0.00 [0.00/0.07], APs/stimulus$_{gbz}$ = 0.26 [0.03/0.64], p = 0.031, WSR

107   test, n = 8, 3). These findings confirm that the horizontal slice preparation contained a

08   functionally complete LEC → BLA circuit supporting their use for the study of FFI.

Cell type specificity of the LEC → BLA circuit

We performed minimal stimulation experiments in the LEC → BLA circuit using whole cell

patch clamp electrophysiology to examine putative unitary synaptic events between

neurons[13,29]. Briefly, stimulation intensity was tuned to a threshold intensity where LEC

stimulation elicits eEPSCs in BLA neurons with a ~50% success rate and an all-or-none

amplitude (Supplementary Figure 1); at lower stimulation intensities eEPSCs do not occur. As

these eEPSCs likely represent the response of the neuron to the activation of a single LEC

neuron, this method provides a reliable measure of the unitary EPSC (uEPSC) between the

stimulated and recorded neurons[13,29]. To identify dendritic-targeting Sst[+] and perisomatic-

targeting PV[+] INs in acute brain slices, we generated Sst-tdTomato and PV-tdTomato mouse

lines by crossing Sst-*ires*-Cre and PV-*ires*-Cre mice to *Ai9* tdTomato reporter line. Sst-

tdTomato mice showed reliable labeling of Sst^{+} cells and low overlap with PV^{+} cells and PV-

tdTomato mice showed reliable labeling of PV^{+} cells and low overlap with Sst^{+} cells

(Supplementary figure 2). When minimally stimulating LEC we found that, whereas only a

subset of BLA PNs (12/24 cells) and Sst[+] INs (16/35 cells) responded with EPSCs, nearly every

PV[+] IN (15/16 cells) responded to the stimulation with an eEPSC (Figure 2a). DNQX and D-

APV abolished eEPSCs in all cell types, confirming the glutamatergic nature of the response

(Supplementary Figure 1).

Next, we compared putative uEPSCs across cell types (Figure 2b-d). We found that the

uEPSC amplitude was larger in Sst[+] and PV[+] INs compared to PNs (Figure 2e; Sst[+] = 44.81

[34.39/55.80] pA, PV[+] = 43.03 [39.02/58.51] pA, PN = 18.90 [15.57/26.22] pA, $p = 5.55 \times 10^{-4}$,

KW test, $p_{\text{Sst-vs-PV}} = 0.95$, $p_{\text{Sst-vs-PN}} = 6.45 \times 10^{-4}$, $p_{\text{PV-vs-PN}} = 8.30 \times 10^{-4}$, post-hoc MWU tests,

$\alpha_{\text{FDR}} = 0.033$, $n_{\text{Sst}} = 16, 8$, $n_{\text{PV}} = 15, 5$, $n_{\text{PN}} = 12, 8$). Additionally, we found the uEPSC kinetics

were faster in the INs compared to PNs (Figure 2f; 20%-80% risetime: Sst[+] = 0.42 [0.36/0.52]

ms, PV[+] = 0.51 [0.41/0.65] ms, PN = 1.56 [1.04/2.03] ms, $p = 1.66 \times 10^{-5}$, KW test, $p_{\text{Sst-vs-PV}} =$

0.29, $p_{\text{Sst-vs-PN}} = 2.16 \times 10^{-5}$, $p_{\text{PV-vs-PN}} = 1.56 \times 10^{-4}$, post-hoc MWU tests, $\alpha_{\text{FDR}} = 0.033$; τ_{Decay}:

Sst[+] = 2.38 [1.67/3.80] ms, PV[+] = 1.95 [1.57/3.23] ms, PN = 8.68 [6.30/10.70] ms, $p = 2.18 \times$

10^{-5}, KW test, $p_{\text{Sst-vs-PV}} = 0.40$, $p_{\text{Sst-vs-PN}} = 3.21 \times 10^{-4}$, $p_{\text{PV-vs-PN}} = 1.26 \times 10^{-5}$, post-hoc MWU

tests, $\alpha_{\text{FDR}} = 0.033$, $n_{\text{Sst}} = 16, 8$, $n_{\text{PV}} = 15, 5$, $n_{\text{PN}} = 12, 8$). Finally, we found no differences

between cell types in uEPSC latency or jitter (Figure 2g; latency: Sst[+] = 8.66 ± 0.56 ms, PV[+] =

7.72 ± 0.45 ms, PN = 8.67 ± 0.48 ms, p = 0.32, one-way ANOVA; jitter: Sst$^+$ = 1.14 ± 0.17 ms,

PV$^+$ = 1.35 ± 0.17 ms, PN = 1.40 ± 0.26 ms, p = 0.60, one-way ANOVA, n_{Sst} = 16, 8, n_{PV} = 15, 5,

n_{PN} = 12, 8). Together with our data demonstrating that BLA PNs rarely fire in response to LEC

stimulation (Figure 1e, f), the statistically indistinguishable low jitters are consistent with a

monosynaptic connection between LEC projection neurons and BLA Sst$^+$ INs, PV$^+$ INs, and

PNs[30].

Since minimal stimulation likely reports the response of a BLA neuron to a single

upstream LEC neuron[13,29], we can use threshold stimulation intensity as an indirect measure of

convergence of LEC projection neurons onto different BLA cell types. If threshold stimulation

is lower for one BLA neuronal population compared to the others, it would follow that

convergence of LEC inputs onto that cell type is likely greater relative to the other populations

as it requires the activation of fewer LEC neurons. We found that threshold intensity was lower

for the Sst$^+$ INs compared to other cell types (Figure 2h; Sst$^+$ = 17.40 [5.01/64.00] μA×ms, PV$^+$

= 114.00 [30.00/160.00] μA×ms, PN = 273.00 [89.00/544.00] μA×ms, p = 3.33 × 10^{-4}, KW

test, $p_{Sst\text{-}vs\text{-}PV}$ = 0.0047, $p_{Sst\text{-}vs\text{-}PN}$ = 3.83 × 10^{-4}, $p_{PV\text{-}vs\text{-}PN}$ = 0.092, post-hoc MWU tests, αFDR =

0.033, n_{Sst} = 16, 8, n_{PV} = 15, 5, n_{PN} = 12, 8).

Taken together, these data demonstrate that LEC stimulation leads to large and fast

unitary currents in BLA Sst$^+$ and PV$^+$ INs and small and slow unitary currents in BLA PNs.

Finally, although Sst$^+$ and PV$^+$ INs display equivalent uEPSCs, the finding that Sst$^+$ INs have a

lower threshold stimulation intensity compared to PV$^+$ INs and PNs suggest that LEC afferents

may have a greater functional convergence onto BLA Sst$^+$ compared to PV$^+$ INs.

A fast spiking phenotype distinguishes BLA Sst$^+$ INs targeted by LEC afferents.

Though little is known about BLA Sst[+] INs, they appear to have diverse electrophysiological

properties *ex vivo*[9,31] and responses to stimuli *in vivo*[9,32], suggesting Sst may be expressed by a

broad range of GABAergic IN subtypes, similar to cortex[16]. Only a subset of Sst[+] INs responded

to cortical stimulation raising the question whether these cells represented a distinct cell type.

To address this hypothesis, we ran an unsupervised cluster analysis using Ward's method[33]

based on 15 membrane properties from 78 Sst[+] INs. Applying Thorndike's procedure[34]

suggested two distinct clusters (Groups I and II). A large majority of Sst[+] INs that responded to

cortical stimulation clustered into Group I (13/16 cells) whereas a large majority of non-

responsive Sst[+] INs clustered into Group II (15/19 cells) (Figure 3a). To better understand what

membrane properties best distinguished Group I and II Sst[+] INs, we used decision tree analysis

which returned AP halfwidth as the most salient parameter for cluster separation (Figure 3b).

Finally, we used an additional predictive modeling technique, the random forest method. Like

decision tree analysis, the random forest method returned AP halfwidth as the most salient

parameter for defining BLA Sst[+] INs (Supplementary Figure 3).

Having observed two subpopulations of Sst[+] INs, we compared membrane properties

across Group I and II Sst[+] INs and PV[+] INs (Figure 3c-e, Supplementary Figure 4,

Supplementary Table 1). These data show that Group I Sst[+] and PV[+] INs differed from Group II

Sst[+] INs in a subset of membrane properties such as AP halfwidth and maximum firing rate.

The membrane properties of Group I Sst[+] and PV[+] INs are consistent with a FS phenotype

typically seen in cortical, hippocampal, and BLA PV[+] INs[16,35] (though see ref. 36, 37 for

examples of FS Sst[+] INs in cortex) that is characterized by the ability to fire high frequency

trains of brief APs[16]. Taken together, the membrane properties of BLA Sst[+] and PV[+] INs reveal

two distinct subpopulations of Sst[+] INs that are readily distinguished at the biophysical level by

their FS phenotype and at the functional circuit level by synaptic responses to cortical

stimulation. For clarity, we refer to the Group I and II Sst$^+$ INs as FS and non-fast spiking

(nFS) Sst$^+$ INs, respectively.

LEC afferents specifically recruit FS Sst$^+$ INs to fire APs

BLA Sst$^+$ INs have lower threshold stimulation intensity compared to PV$^+$ INs and PNs (Figure

2h). Since these data suggest a higher rate of convergence of LEC afferents onto Sst$^+$ compared

to PV$^+$ INs, we wanted to test the hypothesis that LEC input to BLA may preferentially recruit

Sst$^+$ over PV$^+$ INs. To do this, we recorded from BLA Sst$^+$ and PV$^+$ INs in current clamp at rest

and stimulated LEC with five pulses at 20 Hz. The stimulation intensity was set to the

empirically derived threshold stimulation for BLA PNs (defined as the median PN threshold

stimulation; 273 μA×ms; Figure 2h) allowing us us to determine how BLA INs respond when

LEC activity is sufficient to ensure that PNs receive input. We found that stimulation led to

robust spiking in BLA Sst$^+$ INs whereas PV$^+$ INs rarely fired (Figure 4a, b; APs/stimulus: Sst$^+$ =

0.93 [0.78/1.01], PV$^+$ = 0.00 [0.00/0.003], p = 0.016, MWU test, n$_{Sst}$ = 8, 3, n$_{PV}$ = 9, 3).

To probe the underlying mechanisms of the preferential spiking of Sst$^+$ INs, we utilized

two additional measures: resting V$_m$ (V$_{rest}$) and subthreshold EPSP (stEPSP) amplitude. We

found that V$_{rest}$ was more depolarized in Sst$^+$ compared to PV$^+$ INs (Figure 4c; V$_{rest}$: Sst$^+$ = -

59.24 ± 2.01 mV, PV$^+$ = -72.76 ± 5.14 mV, p = 0.034, unpaired t-test, n$_{Sst}$ = 8, 3, n$_{PV}$ = 9, 3).

Because individual INs displayed variability in the number of APs/stimulus, each IN would

have a different number of stEPSPs. Therefore, we compared both the distribution of all

stEPSP amplitudes and the mean cellular stEPSP amplitudes across Sst$^+$ and PV$^+$ INs.

Regardless of the analysis method, we found that evoked stEPSPs were larger in Sst$^+$ compared

to PV$^+$ INs (Figure 4d; p = 2.19 × 10^{-21}, Kolmogorov-Smirnov (KS) test, n$_{Sst}$ = 161 events, n$_{PV}$ =

779 events; p = 0.030, MWU test, n$_{Sst}$ = 5, 3, n$_{PV}$ = 8, 3). Thus, the data show that two distinct

mechanisms appear to underlie the recruitment of BLA Sst[+] INs by LEC afferents: Sst[+] INs are

more depolarized at rest compared to PV[+] INs, and, despite the concomitant decrease in the

driving force through glutamate receptors, the magnitude of evoked stEPSPs was greater in

Sst[+] compared to PV[+] INs. Finally, when we classified the Sst[+] INs from this experiment

(Figure 3a), we found that all but one (7/8 cells) were FS Sst[+] INs, consistent with our finding

that LEC afferents appear to selectively target FS cells among the Sst[+] INs.

Taken together with the data in Figures 2 and 3, these data show that LEC stimulation

leads to synaptic responses in BLA FS Sst[+] INs, PV[+] INs, and PNs but not in nFS Sst[+] INs.

Although Sst[+] and PV INs have equivalent unitary events following LEC stimulation, the

responses of these cell types to LEC input diverge in important ways. Specifically, Sst[+] INs have

a lower threshold stimulation intensity compared to PV[+] INs, and Sst[+] INs have greater stEPSP

amplitudes and are more likely to fire in response to PN threshold stimulation of LEC

compared to PV[+] INs. These findings suggest that LEC afferents to BLA have a greater

functional convergence onto FS Sst[+] INs compared to PV[+] INs and raise the question whether

they are involved in BLA FFI.

FS Sst[+] INs mediate BLA FFI

To test whether Sst[+] or PV[+] INs provide cortically evoked FFI onto BLA PNs, we generated Sst-

hM4Di and PV-hM4Di mice by crossing the Sst-*ires*-Cre or PV-*ires*-Cre mice to the ROSA-

hM4Di-mCitrine mice. These mice selectively express hM4Di in Sst[+] (Sst-hM4Di) or PV[+] (PV-

hM4Di) INs. hM4Di is an inhibitory chemogenetic receptor that, when bound to its ligand

clozapine-*N*-oxide (CNO), activates the $G_{i/o}$ signaling cascade to hyperpolarize and block

neurotransmitter release from neurons[38,39]. To validate the efficacy of the Sst-hM4Di and PV-

hM4Di mouse lines, we patched onto BLA mCitrine^{+} neurons and recorded V_m in current

clamp (I_{hold} = 0 pA). Application of 10 μM CNO reduced V_m of mCitrine^{+} neurons in both lines

(Figure 5a; $\Delta V_{m\text{-Sst}}$ = -7.18 ± 2.21 mV, $\Delta V_{m\text{-PV}}$ = -9.43 ± 3.16 mV, p_{Sst} = 0.017, p_{PV} = 0.031, one-

sample t-test, n_{Sst} = 7, 4, n_{PV} = 6, 3). Thus, we used the Sst-hM4Di and PV-hM4Di mice to

selectively hyperpolarize Sst$^+$ and PV$^+$ INs.

To assess the role of Sst$^+$ and PV INs in BLA FFI, we stimulated LEC and recorded

eEPSCs and eIPSCs in BLA PNs using Sst-hM4Di and PV-hM4Di mice before and after bath

application of CNO (10 μM). To determine the effect of IN inactivation on FFI we quantified

two measures: eIPSC amplitude and inhibition-excitation balance (I/E balance). We defined

I/E balance as the eIPSC amplitude for each cell normalized to its eEPSC amplitude. We

examined this measure in addition to eIPSC amplitude to control for potential differences

across cells with regards to the number of excitatory inputs to BLA activated by LEC

stimulation. Consistent with the disynaptic nature of LEC-driven FFI in BLA (Figure 1), LEC

stimulation elicited an eIPSC that was significantly delayed relative to the eEPSC in BLA PNs

in both Sst-hM4Di and PV-hM4Di mice in control conditions and in the presence of CNO

(Figure 5b; Sst-hM4Di: latency$_{Sst\text{-EPSC-Ctrl}}$ = 7.01 ± 0.26 ms, latency$_{Sst\text{-IPSC-Ctrl}}$ = 8.57 ± 0.38 ms,

latency$_{Sst\text{-EPSC-CNO}}$ = 6.77 ± 0.26 ms, latency$_{Sst\text{-IPSC-CNO}}$ = 8.57 ± 0.31 ms, $p_{Sst\text{-Ctrl}}$ = 0.0018, $p_{Sst\text{-}}$

$_{CNO}$ = 8.80 × 10^{-4}, paired t-tests, n_{Sst} = 13, 6; PV-hM4Di: latency$_{PV\text{-EPSC-Ctrl}}$ = 7.28 [5.89/7.41]

ms, latency$_{PV\text{-IPSC-Ctrl}}$ = 9.52 [7.40/10.30] ms, latency$_{PV\text{-EPSC-CNO}}$ = 6.87 ± 0.27 ms, latency$_{PV\text{-IPSC,}}$

$_{CNO}$ = 9.32 ± 0.66 ms, $p_{PV\text{-Ctrl}}$ = 2.44 × 10^{-4}, WSR test, $p_{PV\text{-CNO}}$ = 0.0042, paired t-test, n_{PV} = 13,

7). Importantly, these data indicate that hM4Di expression or CNO application does not alter

the ability of LEC stimulation to drive FFI. When we perfused CNO to inactivate the different

IN subtypes, CNO reduced eIPSC amplitude and I/E balance in PNs from Sst-hM4Di mice by

30.2% and 40.2% respectively but had no effect on either measure in PNs from PV-hM4Di

mice (Figure 5c, d; Sst-hM4D$_i$: IPSC$_{Sst\text{-Ctrl}}$ = 223.27 [131.10/439.99] pA, eIPSC$_{Sst\text{-CNO}}$ = 155.88

[108.44/388.54] pA, I/E balance$_{Sst\text{-Ctrl}}$ = 3.34 [2.50/4.78], I/E balance$_{Sst\text{-CNO}}$ = 1.95 [1.41/2.46],

$p_{Sst-IPSC}$ = 0.040, p_{Sst-IE} = 0.013, WSR tests, n_{Sst} = 13, 6; PV-hM4D$_i$: IPSC$_{PV-Ctrl}$ = 238.06 $\pm$

45.08 pA, eIPSC$_{PV-CNO}$ = 201.87 $\pm$ 28.20 pA, I/E balance$_{PV-Ctrl}$ = 3.53 $\pm$ 0.65, I/E balance$_{PV-CNO}$

= 3.63 $\pm$ 0.67, $p_{PV-IPSC}$ = 0.35, p_{PV-IE} = 0.85, paired t-tests, n = 13, 7). Finally, demonstrating the

effects of Sst$^+$ and PV$^+$ IN inactivation were specific to the FFI, bath application of CNO had no

effect on eEPSCs in either mouse line (Supplementary Figure 5).

To control for off-target effects of CNO[40], we repeated the experiments in wildtype (WT)

littermates of Sst-hM4Di and PV-hM4Di mice. In WT littermates, LEC stimulation elicited the

delayed EPSC-IPSC pairing consistent with FFI (Figure 5b; latency$_{EPSC-Ctrl}$: 6.63 [6.41/7.17] ms,

latency$_{IPSC-Ctrl}$: 9.27 [7.39/10.14] ms, latency$_{EPSC-CNO}$: 6.75 $\pm$ 0.30 ms, latency$_{IPSC-CNO}$: 8.50 $\pm$

0.42 ms, p_{Ctrl} = 0.0024, WSR test, p_{CNO} = 0.0012, paired t-test, n= 12, 6), and CNO application

had no effect on LEC-driven excitation or FFI in BLA (Figure 5e; Supplementary Figure 5;

IPSC$_{Ctrl}$ = 172.29 [135.00/313.01] pA, IPSC$_{CNO}$ = 189.68 [91.11/550.64] pA, I/E balance$_{Ctrl}$ =

1.64 [0.83/7.30], I/E balance$_{CNO}$ = 2.34 [1.31/5.13], p_{IPSC} = 0.73, p_{IE} = 0.68, WSR tests, n = 12,

6). Taken together with our data demonstrating that LEC afferents selectively synapse onto FS

Sst$^+$ INs among the Sst$^+$ IN subtypes (Figures 2-3), these data show that FS Sst$^+$, but not PV$^+$ or

nFS Sst$^+$, INs mediate LEC-driven FFI in BLA.

FS Sst+ INs control BLA plasticity

A major role of BLA FFI is to gate the induction of LTP[8,10,11]. Because FS Sst$^+$ INs mediate LEC

evoked FFI, we hypothesized that Sst$^+$, but not PV$^+$, INs would gate the induction of LTP at the

synapse between the cortical afferents and BLA PNs. To test this hypothesis, we modified a

Hebbian-pairing LTP protocol used previously to study plasticity at synapses between cortical

afferents and PNs of the lateral amygdala[24]. This protocol pairs EPSPs with postsynaptic APs.

Each AP is followed by brief, sustained postsynaptic depolarization (25 ms) that induces

backpropagating Ca^{2+} spikes[25] and is necessary for LTP to occur[24]. For our initial experiments, we wanted to validate that this pairing protocol would induce LTP at the LEC to BLA synapse. To do this, we stimulated LEC and recorded eEPSCs in BLA PNs in the presence of 5 μM gbz to block $GABA_A$ receptors. Unexpectedly, pairing presynaptic and postsynaptic activity in the presence of gbz induced a bidirectional plasticity (see Methods for how direction and significance of plasticity was determined). In 7 of 8 PNs, pairing induced a long-term change in eEPSC amplitude (Figure 6a; LTP: 145.39 ± 8.17 % baseline eEPSC amplitude, n = 4, 4; LTD: 63.63 ± 4.55 %, n = 3, 3).

Next, we wanted to test the hypothesis that the Sst^+ INs gate LTP at the LEC to BLA synapse. We reasoned that if we inactivate the INs subtype that gates plasticity, the number of PN responding with long-term plastic changes when we stimulate with the pairing protocol should increase. We repeated plasticity experiments with the Sst-hM4Di and PV-hM4Di mice and included 10 μM CNO in the bath to selectively inactivate either cell type. Inactivating Sst^+ INs while stimulating PNs with the pairing protocol induced a bidirectional plasticity in 7 of 8 neurons (Figure 6b; LTP: 141.79 ± 7.33 %, n = 3, 3; LTD: 58.82 ± 10.90 %, n = 4, 3). However, when we ran PNs through the pairing protocol while inactivating PV^+ INs, the majority of PNs did not undergo plastic changes. Specifically, in 6 of 8 PNs there was no effect on eEPSC amplitude (Figure 6c; No plasticity PNs: 93.33 ± 5.97, n = 6, 4). Finally, we compared the proportion of PNs undergoing long-term plastic changes across our three conditions ($GABA_A$ receptor blockade, Sst^+ IN inactivation, and PV^+ IN inactivation) and found that a significantly greater proportion of neurons underwent long-term plastic changes when we blocked all $GABA_A$ receptor or selectively inactivated Sst^+ INs compared to PV^+ IN inactivation (Figure 6d; Proportion plastic: WT mice + gbz = 0.88, Sst-hM4Di + CNO = 0.88, PV-hM4Di + CNO = 0.25; $p_{WT-vs-Sst}$ = 1.00, $p_{WT-vs-PV}$ = 0.012, $p_{Sst-vs-PV}$ = 0.012, X^2 test, αFDR = 0.033, n_{WT} = 8 , 6,

n_{Sst} = 8, 7, n_{PV} = 8, 7). Thus, we found that Sst[+], but not PV[+], INs gate plasticity at the LEC to

BLA synapse.

Discussion

In summary, our data show that a previously unreported subpopulation of FS Sst[+] INs

mediates LEC-driven FFI to gate plasticity in BLA (Figure 7). Although LEC afferents synapse

onto both PV[+] and FS Sst[+] INs, only FS Sst[+] INs fired in response to LEC activity. Inactivation

of Sst[+], but not PV[+], INs led to a reduction in FFI and to plastic changes at the LEC → BLA

synapse that mirrored those seen during $GABA_A$ receptor blockade. Our findings are consistent

with prior experiments in BLA indicating that FFI gates plasticity onto PNs[8,10,11], experiments

suggesting Sst[+] INs form the anatomical circuit underlying FFI[17,18], and the demonstration that

Sst[+] IN activity *in vivo* regulates BLA-dependent learning[32]. Finally, these data illuminate a

circuit mechanism for the feedforward inhibitory control mediated by entorhinal afferents onto

BLA PNs[15].

Specifically, our data show that FS Sst[+] INs mediate FFI to gate BLA plasticity. Similar

to cortex[16], BLA Sst[+] INs are a heterogenous population with diverse firing properties[9,31].

Accordingly, cluster analysis revealed two distinct subpopulations of Sst[+] INs that could be

distinguished based on their membrane properties, most notably AP halfwidth. Interestingly,

the two clusters also separated the populations of Sst[+] INs based on whether they displayed a

synaptic response to LEC stimulation: 81.3% of Sst[+] INs with a synaptic response were

classified as FS and 79.4% of Sst[+] without a response were nFS. Although canonically, PV[+] INs

are thought to be synonymous with FS INs, our data indicate that, at least in BLA, this is not

the case. In BLA, our data reveal two functionally distinct populations of FS INs can be

separated based on PV or Sst expression. Further, taken together with recent descriptions of FS

Sst[+] INs in cortex[16,36,37], we argue that a FS phenotype is insufficient to classify an IN solely as

PV[+]. Thus, FS Sst[+] INs appear to be a biophysically and functionally distinct class of Sst[+] INs

with that mediate FFI to gate plasticity at LEC inputs onto BLA PNs. Whether the findings of

the LEC → BLA circuit extend to other afferents to BLA is an important question. Prior studies

suggest they likely do (see Supplementary Discussion); nevertheless, future experiments are

necessary to test this premise.

The findings of the present study differ substantially from previous reports on FFI in

cortex and hippocampus. In these structures, which share similar neuronal subtypes with

BLA[1], PV[+], and not Sst[+], INs mediate FFI[14,16]. Why would this be the case? We believe that our

finding that FS Sst[+] INs are the circuit mechanism underlying BLA plasticity holds the key to

answering this question. In cortex and hippocampus, FFI exerts control over the *temporal*

fidelity of AP output of PNs[12,13] whereas in BLA, FFI plays a critical role in exerting control over

the *plasticity* of PNs[8,10,11]. Consistent with the role of FFI in cortex and hippocampus, the major

circuit role of the perisomatic PV[+] INs in cortex, hippocampus, and BLA is to regulate the AP

output of PNs[12,14,16,41]. Conversely, BLA Sst[+] INs primarily target the dendrites of PNs[32,42].

Interestingly, the major circuit role of dendritic targeting INs is to regulate the local calcium

flux in dendrites[19-21], placing this cell type in prime position to exert control of synaptic

plasticity. This circuit role of dendritic targeting INs is consistent with the role of BLA FFI and

with our findings that FS Sst[+] INs in BLA mediate FFI to control plasticity. Additionally, BLA

PV[+] INs are readily recruited by low levels of activity in local PNs[43] and are connected via

electrical synapses synchronizing their activity across groups of local PV[+] INs[35]. Thus, PV[+] INs

are in a prime position to provide feedback and lateral inhibition to control BLA output

whereas FS Sst[+] INs are in a prime position to regulate plasticity via FFI. Together, the

inhibitory networks would work in concert to finetune patterns of BLA activity to allow animals

to learn about and react to stimuli. Our results illuminate an important point: archetypal

circuit motifs that reappear across brain regions may be mediated by different types of neurons

in these brain areas depending on the functional role of the local circuit motif, but the

functional role of the neuronal subtypes appears to remain consistent.

BLA has been implicated in a variety of neuropsychiatric diseases ranging from anxiety

to addiction[1,2]. Specifically, anxiety is thought to involve abberrant BLA-dependent learning[1].

Our finding that FS Sst[+] IN mediated FFI is the circuit mechanism gating BLA plasticity

suggests that *in vivo* manipulation of this cell population may have therapeutic potential.

Figure 1. LEC afferents preferentially mediate FFI in BLA PNs. **(a)** Experimental schematic

(b) Mean traces of eEPSCs and eIPSCs in a BLA PN in response to LEC stimulation (control;

gbz, 5 μM; DNQX, 20 μM, D-APV, 50 μM). Arrowheads: stimulation (artifacts truncated). **(c)**

eEPSCs blocked by DNQX/APV (KW test: p = 6.72×10^{-4}; $n_{control}$ = 8, 4, n_{gbz} = 7, 4, $n_{DNQX/APV}$ =

7, 4). eIPSCs blocked by gbz and DNQX/APV (KW test: p = 6.45×10^{-4}; $n_{control}$ = 8, 4, n_{gbz} = 7, 4,

$n_{DNQX/APV}$ = 7, 4). **(d)** Onset latency of eIPSC is delayed relative to the eEPSC (paired t-test: p =

0.023, n = 8, 4). **(e)** 20 voltage traces from a BLA PN (control; gbz) in response to 5×

stimulation of LEC at 20 Hz. Arrowheads: stimulation. **(f)** GABA$_A$ receptor blockade increases

AP firing in BLA PNs in response to LEC stimulation (WSR test: p = 0.031, n = 8, 3). **(g)**

Baseline V_m did not differ between control and gbz (WSR test: p = 0.38, n = 8, 3). Statistics in

d presented in color (mean ± s.e.m). Statistics in **c**, **f**, **g** presented in color (median and

interquartile range [IQR]). Individual data points: ● . *p < 0.05/α_{FDR} (where applicable), **p <

0.01, ***p < 0.001. Please see Results for post-hoc test p values.

Figure 2. Cell type specificity of the LEC → BLA circuit. **(a)** Proportion of neurons with detectable uEPSCs following LEC stimulation. **(b)-(d)** Center: Mean traces of uEPSC successes from a representative PN **(b)**, Sst⁺ IN **(c)**, PV⁺ IN **(d)**. Left, top: maximal firing to a current injection.. **(c)** Lower center: Mean trace of lack of response in Sst⁺ IN without a detectable uEPSC. Arrowhead: truncated stimulus artifact. **(e)** uEPSC amplitude is larger in Sst⁺/PV⁺ INs compared to PNs (KW test: $p = 5.55 \times 10^{-4}$). **(f)** Left: uEPSC 20%-80% risetime is faster in Sst⁺/PV⁺ INs compared to PNs (KW test: $p = 1.66 \times 10^{-5}$). Right: uEPSC τ_{Decay} is faster in Sst⁺/PV⁺ INs compared to PNs (KW test: $p = 2.18 \times 10^{-5}$). **(g)** Left: uEPSC latency does not differ across cell types (one-way ANOVA: $p = 0.32$). Right: uEPSC jitter does not differ across cell types (one-way ANOVA: $p = 0.60$). **(h)** uEPSC threshold intensity is lower for Sst⁺ INs (KW test: $p = 3.33 \times 10^{-4}$). Statistics in **g** mean ± s.e.m. Statistics in **e**, **f**, **h** median and IQR. Individual data points: ●. *$p < 0.05/\alpha_{FDR}$ (where applicable), **$p < 0.01$, ***$p < 0.001$. For all statistical tests: n_{Sst} = 16, 8, n_{PV} = 15, 5, n_{PN} = 12, 8. Please see Results for post-hoc test p values.

Figure 3. A FS phenotype distinguishes BLA Sst[+] INs targeted by LEC. **(a)** Unsupervised

clustering analysis revealed two clusters of Sst[+] INs. Majority of Sst[+] INs with a uEPSC present

following LEC stimulation cluster in Group I (13/16). Majority of Sst[+] INs with no response to

LEC stimulation cluster in Group II (15/19). **(b)** Decision tree analysis; AP halfwidth (0.59 ms)

best separates Group I and II Sst[+] INs. **(c)** Left: APs of representative Group I (–) and II (–)

Sst[+] INs at rheobase. Halfwidth: (■,■) . AHP latency: (▲,▲). Scale bars: 20 mV, 1 ms. Right:

Phase plot of Group I and Group II Sst[+] INs shows rate of voltage change for Group I and II

APs at rheobase. Mean trace: (–,–). s.e.m.: (■,■). n_{SstI} = 39, 15, n_{SstII} = 39, 12. **(d)** Maximum

AP firing from representative Group I (–) and II (–) Sst[+] INs at rheobase. Scale bars, top inset:

20 mV, 200 ms; middle: 5 mV, 50 ms. **(e)** Voltage responses of Group I and II Sst[+] INs. (–,–)

to -200 pA and rheobase current injections. (–,–) intermediate current injections were used to

determine membrane resistance (-100 pA to sweep immediately before rheobase, Δ10 pA each

sweep). Note lack of sag, rebound AP in Group I Sst[+] IN (sag: ▲, ▲ ; rebound AP: Δ,Δ). Scale

bars: 5 mV, 100 ms; 50 pA, 100 ms.

Figure 4. LEC afferents preferentially drive spiking in Sst[+] INs. **(a)** Representative Sst[+] (top)

and PV[+] (bottom) responses to LEC stimulation at 20 Hz (stimulation artifacts: ▲; scale bars:

25 mV, 100 ms). Insets show maximal firing frequency for the representative IN in response to

a square current pulse (scale bars: 5 mV, 200 ms). **(b)** Sst[+] INs fire more APs per stimulus

compared to PV⁺ INs. MWU test: $p = 0.016$, $n_{Sst} = 8$ cells, 3 mice, $n_{PV} = 9$ cells, 3 mice **(c)** Sst⁺

INs that respond to LEC stimulation have a more depolarization V_{rest} compared to PV⁺ INs.

Unpaired t-test: $p = 0.034$, $n_{Sst} = 8$ cells, 3 mice, $n_{PV} = 9$ cells, 3 mice **(d)** Cumulative

probability distribution of all stEPSPs. Inset, middle: mean stEPSP from representative

neurons in **(a)** (Sst⁺: ▬, PV⁺: ▬, scale bars: 1 mV, 5 ms). KS test: $p = 2.19 \times 10^{-21}$, $n_{Sst} = 161$

events, $n_{PV} = 779$ events; MWU test: $p = 0.030$, $n_{Sst} = 5$ cells, 3 mice, $n_{PV} = 8$ cells, 3 mice

Individual data points: ●. Summary statistics in **c** presented in color as mean ± s.e.m.

Summary statistics in **b**, **d** (inset) presented in color as median with errors bars displaying the

IQR. *$p < 0.05$, **$p < 0.01$, ***$p < 0.001$.

Figure 5. Sst+ INs mediate FFI. **(a)** Left: Effect of CNO on V_m (scale bars: 5 mV, 3 min).

Right: CNO hyperpolarizes mCitrine+ cells in both mouse lines (p_{Sst} = 0.017, p_{PV} = 0.031, one-

sample t-test, n_{Sst} = 7, 4, n_{PV} = 6, 3). **(b)** eIPSC is delayed relative to eEPSC in all mouse lines

(paired t-tests: $p_{Sst-Ctrl}$ = 0.0018, $p_{Sst-CNO}$ = 8.80 × 10^{-4}, p_{PV-CNO} = 0.0042, p_{WT-CNO} = 0.0012;

WSR tests: $p_{PV-Ctrl}$ = 2.44 × 10^{-4}, $p_{WT-Ctrl}$ = 0.0024; n_{Sst} = 13, 6, n_{PV} = 13, 7, n_{WT} = 12, 6). **(c)-(e)**

Effect of CNO on FFI in Sst-hM4Di **(c)**, PV-hM4Di **(d)**, and WT littermates **(e)**. Top:

Experimental schema, eIPSC traces with and without CNO. Arrowheads: stimulation artifacts

(truncated). Scale bars: **(c)** 100 pA, 50ms; **(d)**, 25 pA, 50ms; **(e)**, 50 pA, 50 ms. Bottom: **(c)**

Sst+ IN inactivation reduced FFI (WSR tests: p_{IPSC} = 0.040, p_{IE} = 0.013, n = 13, 6). **(d)** No

effect of PV+ IN inactivation (paired t-tests: p_{IPSC} = 0.35, p_{IE} = 0.85, n = 13, 7). **(e)** No effect of

CNO in WT littermates (WSR tests: p_{IPSC} = 0.73, p_{IE} = 0.68, n = 12, 6). Individual data points: ●

. Summary statistics in **a**, **b** (Sst-hM4Di both conditions, PV-hM4Di CNO condition, WT

429   littermates CNO condition), and **d** in color as mean $\pm$ s.e.m. Summary statistics in **b** (PV-

430   hM4Di and WT littermates control conditions), **c**, and **e** in color as median with IQR. *$p <$

431   0.05, **$p <$ 0.01, ***$p <$ 0.001.

Figure 6. BLA Sst[+] INs gate plasticity. **(a)**, **(b)**, **(c)** Bottom: Plot of eEPSC (% baseline)

amplitude as a function of time; data displayed as mean $\pm$ s.e.m. Scatter plot to the right of

eEPSC time course shows eEPSC amplitude (% baseline) in the last five minutes. Left **(a)**, **(b)**,

PNs that underwent significant LTP. Left **(c)**, PNs with no significant plasticity. Middle **(a)**,

(b), PNs that underwent significant LTD. Top: Mean eEPSC traces from a representative PN,

baseline period and last five minutes (arrowheads: stimulation artifact [truncated]; scale bars,

a, LTP: 50 pA, 40 ms; LTD: 20 pA, 40 ms; **b**, LTP: 25 pA, 30 ms; LTD: 50 pA, 40 ms; **c**, 20 pA,

40 ms). Right, top: experimental schema. Right, bottom: pie chart of eEPSC amplitude change

induced by the pairing protocol. **(a)** PNs recorded from WT mice in gbz (n_{total} = 8, 7; n_{LTP} = 4,

4; n_{LTD} = 3, 3). **(b)** PNs recorded from Sst-hM4Di mice with CNO (n_{total} = 8, 7; n_{LTP} = 3, 3; n_{LTD}

= 4 cells, 3). **(c)** PNs recorded from PV-hM4Di mice with CNO (n_{total} = 8, 6; $n_{no\text{-}plasticity}$ = 6, 4).

444   **(d)** Note, significantly more cells undergo long-term plastic changes during $GABA_A$ receptor

445   blockade and Sst^+ IN inactivation compared to PV^+ IN inactivation (X^2 test: $p_{WT\text{-}vs\text{-}Sst} = 1.00$,

446    $p_{WT\text{-}vs\text{-}PV} = 0.012$, $p_{Sst\text{-}vs\text{-}PV} = 0.012$, $\alpha FDR = 0.033$, $n_{WT} = 8$, 6, $n_{Sst} = 8, 7$, $n_{PV} = 8, 7$).

a

FS Sst+ INs **Active**

LEC   BLA

Intact feedforward inhibition
No Plasticity

Basal
Output

b

FS Sst+ INs **Inactive**

LEC   BLA

Reduced feedforward inhibition
Plasticity

or

Increased or **Decreased**
Output

Figure 7. Schematic of findings. FS Sst+ INs (●) fire APs in response to LEC input. nFS Sst+

INs (●) do not respond to LEC input. PV+ INs (●)respond with a subthreshold excitatory

response to LEC input. **(a)** When FS Sst+ IN mediated FFI is intact, BLA PNs will output their

basal response to LEC input. **(b)** Inactivation of FS Sst+ IN removes the feedforward inhibitory

control over BLA PNs, allowing them to undergo plastic changes.

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Methods

Animals

All experiments were conducted in accordance with protocols approved by the Institutional Animal Care and Use Committee at the University of Colorado Anschutz Medical Campus. Slice electrophysiology experiments were conducted on mice aged postnatal days 35-70. Immunohistochemistry experiments were conducted on mice aged postnatal days 60-120. Experiments were conducted on both male and female mice, and estrous samples were collected from female mice used in experiments. The following mouse lines were used in the experiments: C57Bl/6J (Jackson Lab #000664), Sst-tdTomato, PV-tdTomato, Sst-hM4Di, PV-hM4Di, and wildtype littermates of the Sst-hM4Di and PV-hM4Di mice. Sst-tdTomato, PV-tdTomato, Sst-hM4Di, and PV-hM4Di mouse lines were generated by crosses of Sst-*ires*-Cre (Jackson Lab #013044) and PV-*ires*-Cre (Jackson Lab #008069) lines with either the Rosa-CAG-LSL-tdTomato-WPRE (*Ai9*; Jackson Lab #007905) or the R26-hM4Di/mCitrine (Jackson Lab # 026219) lines.

Acute slice preparation for electrophysiology

Animals were first anesthetized with CO_2 and decapitated. Brains were quickly dissected and placed in an ice-cold, oxygenated (95% O_2-5% CO_2) sucrose-based slicing solution (in mM: sucrose, 45; glucose, 25; NaCl, 85; KCl, 2.5; NaH_2PO_4, 1.25; $NaHCO_3$, 25; $CaCl_2$, 0.5; $MgCl_2$, 7; osmolality, 290-300 mOsm/kg). 300-400μm horizontal slices were obtained using a vibratome (Leica Biosystems, Buffalo Grove, IL, USA). Slices were incubated in oxygenated (95% O_2-5% CO_2) artificial cerebral spinal fluid (ACSF; in mM: glucose, 10; NaCl, 124; KCl, 2.5; NaH_2PO_4, 1.25; $NaHCO_3$, 25; $CaCl_2$, 2; $MgCl_2$, 2; osmolality 290-300 mOsm/kg) at 36˚C for at least 30 minutes. All reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA).

Electrophysiology

Slices were placed in a submerged slice chamber and perfused with ACSF heated to 32-37°C. Slices were visualized using a moving stage microscope (Scientifica: Uckfield, UK; Olympus: Tokyo, Japan) equipped with 4× (0.10 NA) and 40× (0.80 NA) objectives, differential interference contrast (DIC) optics, infrared illumination, LED illumination (CoolLED, Andover, UK), a CoolSNAP EZ camera (Photometrics, Tuscon, AZ, USA), and Micro-Manager 1.4 (Open Imaging, San Francisco, CA, USA). Whole cell patch clamp recordings were made using borosilicate glass pipettes (2.5-5.0 MΩ; King Precision Glass, Claremont, CA, USA) filled with intracellular recording solution. For voltage clamp experiments on FFI a cesium methanesulfonate (CsMe) based intracellular solution was used (in mM: CsMe, 120; HEPES, 10; EGTA, 0.5; NaCl, 8; Na-phosphocreatine, 10; QX-314, 1; MgATP, 4; Na_2GTP, 0.4; pH to 7.3 with CsOH; osmolality adjusted to approximately 290 mOsm/kg). For all remaining voltage clamp experiments and for all current clamp experiments, a potassium gluconate based intracellular solution was used (in mM: potassium gluconate, 135; HEPES, 10; KCl, 20; EGTA, 0.1; MgATP, 2; Na_2GTP, 0.3; pH to 7.3 with KOH; osmolality adjusted to approximately 295 mOsm/kg). Access resistance was monitored throughout the experiments and data were discarded if access resistance exceeded 25 MΩ or varied by more than ± 20%. No junction potential compensation was performed. Data were acquired with a Multiclamp 700B amplifier and were converted to a digital signal with the Digidata 1440 digitizer using pCLAMP 10.6 software (Molecular Devices, Sunnyvale, CA). Data were sampled at 10 kHz and lowpass filtered at 4 kHz. Offline, current data were filtered using a 3rd order Savistky-Golay filter with a ± 0.5 ms window after access resistance was assessed. Mean traces were created by first aligning all events by their point of maximal rise (postsynaptic currents) or by threshold (APs) and then obtaining the mean of all events; mean subthreshold EPSPs were not aligned prior to averaging. All reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA) with the exception of CsMe which was purchased from Acros Organics (NJ, USA).

Cell-type identification

Principal Neurons (PNs). PNs were targeted based on their large, pyramidal-like soma.
Recordings were terminated if the physiology of the neuron was inconsistent with BLA PNs
(e.g. high membrane resistance, narrow AP halfwidth, large and fast spontaneous EPSCs).

Interneurons (INs). INs were targeted based on fluorescence in the SST-tdTomato, PV-tdTomato, SST-hM4D$_i$, and PV-hM4D$_i$ mouse lines. A 470 nm LED was used to identify mCitrine$^+$ INs in SST-hM4D$_i$ and PV-hM4D$_i$ mouse lines, and a 535 nm LED was used to identify tdTomato$^+$ INs in the SST-tdTomato and PV-tdTomato mouse lines (CoolLED, Andover, UK).

Pharmacology

DNQX, D-APV, and gbz were purchased from Tocris Biosciences (Bristol, UK) and CNO was purchased from Enzo Life Sciences (Farmingdale, NY). DNQX stock was made at 40 mM and diluted to a final concentration of 20 μM in ACSF; D-APV stock was made at 50 mM and diluted to a final concentration of 50 μM in ACSF; GBZ stock was made at 25 mM and diluted to a final concentration of 5 μM in ACSF; and, CNO stock was made at 10 mM and diluted to a final concentration of 10 μM in ACSF. All stocks were stored at -20°C and CNO was used within one month of making the stock solution.

Electrophysiology experimental design

FFI, voltage clamp. The LEC was stimulated using a bipolar stimulating electrode (FHC, Inc., Bowdoin, ME, USA). eEPSCs (V_{hold} = -70 mV) and eIPSCs (V_{hold} = 0 mV) were recorded from BLA PNs in response to LEC stimulation. To assess the effects of different drugs on the eEPSCs and eIPSCs, ACSF containing DNQX, D-APV, gbz, and/or CNO was perfused onto the slice for five minutes prior to and continuously during the experiment. Effects of DNQX/APV and gbz on eEPSCs and eIPSCs were recorded using in an unpaired design where some PNs were recorded under control conditions and in the presence of DNQX/APV and gbz (given

sequentially with time for washout) whereas others were recorded under control conditions in

the presence of DNQX/APV or gbz. Effects of CNO on eEPSCs and eIPSCs were examined with

a paired design where all PNs were recorded in both control conditions and in the presence of

CNO.

FFI, current clamp. Membrane voltage of BLA PNs was recorded in response to 5 stimulations

of the LEC at 20 Hz. I_{hold} was adjusted such that V_{rest} of the PNs was approximately -60 mV. To

assess the role of $GABA_A$ receptor mediated inhibition on PN AP firing, gbz was perfused onto

the slice for five minutes prior to and continuously during the experiment.

Current injections. Membrane voltage of BLA neurons was recorded in current clamp in

response to a series of square hyperpolarizing and depolarizing current injections. Prior to

initiation of the series of current injections, V_m of the BL neurons was adjusted to

approximately -60 mV. Each cell was subjected to two series of 600 ms square current

injections: -100 pA to +100 pA at 10 pA intervals and -200 pA to +400 pA at 25 pA intervals.

The data collected in these experiments were used to determine active and passive membrane

properties of the neurons.

Minimal stimulation. eEPSCs (V_{hold} = -70 mV) were recorded in voltage clamp in BLA PNs,

Sst^+ INs, and PV^+ INs in response to LEC stimulation. Stimulation intensity was adjusted such

that LEC stimulation resulted in recorded eEPSCs having a success rate of approximately 50%

and an all-or-none amplitude response.

Recruitment of BLA INs by LEC afferents. The median stimulation intensity necessary to

observe putative uEPSCs in BLA PNs (273 $\mu A \times ms$) was used as the empirically derived PN

threshold stimulation intensity. Membrane voltage responses of BLA Sst^+ and PV^+ INs were

recorded in current clamp in response to 5 stimulations of the LEC at 20 Hz at the empirically

derived PN threshold stimulation intensity.

Pharmacological effects of CNO on membrane potential. Membrane voltage of mCitrine[+]

neurons in BLA was recorded in the presence of 20 μM DNQX, 50 μM D-APV, and 5 μM GBZ.

To assess the effects of CNO on membrane potential, baseline V_m was allowed to stabilize and

was recorded for 3 minutes in the absence of CNO. Following recording of baseline V_m, ACSF

containing 10 μM CNO was perfused onto the slice and V_m was recorded for an additional 10

minutes. V_m was separated into 30 second bins. ΔV_m was defined as the difference in V_m

between the mean V_m during the 3 minutes of baseline recordings and the mean V_m during the

last 3 minutes of CNO application.

IN control of BLA plasticity. All experiments were done in acute slices from wildtype mice with

5 μM gbz in the bath or in acute slices from Sst-hM4Di/PV-hM4Di mice with 10 μM CNO in

the bath. eEPSCs were recorded (V_{hold} = -70 mV) in BLA PNs in response to 0.067 Hz

stimulation of LEC (4 stimuli/minute). After a 5 minute baseline of eEPSCs was recorded,

plasticity was induced (in current clamp, I_{hold} adjusted such that V_m was set to approximately -

70 mV) by pairing three APs (2 nA, 5 ms current injections) with three monosynaptic EPSPs

elicited by LEC stimulation at 33.3 Hz. LEC stimulation was timed such the EPSP was recorded

approximately 5-10 ms prior to AP induction. Immediately following each AP, V_m was

depolarized to > -40 mV for 25ms. This induction protocol was repeated 15 × at 0.2 Hz.

Following plasticity induction, eEPSCs were recorded in response to LEC stimulation at 0.05

Hz for 30 minutes. Experiments were terminated if plasticity induction did not occur within

approximately 10 minutes of achieving whole-cell configuration. Experiments were discarded if

eEPSC amplitude did not achieve a stable level post-induction (significantly deviation from the

middle 5 minutes compared to the last 5 minutes of the post-induction period as determined

by MWU test). This was done to ensure that changes in eEPSC amplitude were related to

plasticity induction and were not a confound of other phenomena. Our plasticity induction

protocol was based on prior studies examining plasticity at cortical inputs to BLA[24,25]. To

determine if plasticity occurred, we compared eEPSC amplitude in the 5 minutes prior to

induction to eEPSC amplitude in the last 5 minutes of the post-induction period using a MWU

for each cell. To correct for multiple comparisons (i.e. testing for a change in eEPSC amplitude

across every cell in each genotype), we utilized the False Discovery Rate (FDR) method[44] to

adjust the critical significance value from 0.05 to a FDR-corrected value. For the wildtype mice

with 5 μM gbz, α_{FDR} was set to 0.044; for Sst-hM4Di mice with 10 μM CNO, α_{FDR} was set to

0.044; for PV-hM4Di mice with 10 μM CNO, α_{FDR} was set to 0.013. We defined cells as

undergoing LTP if they had a significant increase in eEPSC amplitude from baseline to the last

5 minutes of the post-induction period; we defined cells as undergoing LTD if they had a

significant decrease in eEPSC amplitude from baseline to the last 5 minutes of the post-

induction period. For display purposes, eEPSC amplitude was normalized to the mean baseline

eEPSC amplitude, and eEPSCs were binned by the minute.

Definitions of electrophysiological parameters

eEPSC/eIPSC detection and amplitude. eEPSCs (V_{hold} = -70 mV) were defined as negatively

deflecting postsynaptic events that exceeded the mean baseline current (500 ms before

stimulation) by 6× the median absolute deviation of the baseline current and that occurred

within 20 ms of the end of the electrical stimulus artifact. eIPSCs (V_{hold} = 0 mV) were defined

as positively deflecting postsynaptic events that exceeded the mean baseline current by 6× the

median absolute deviation of the baseline current and that occurred within 20 ms of the end of

the electrical stimulus artifact. To ensure that the detected eEPSCs/eIPSCs were related to the

stimulus, we subsampled 25% of the sweeps in the experiment (or 5 sweeps if the experiment

consisted of <20 sweeps) and found the maximal peak negative (eEPSC detection) or positive

(eIPSC detection) deflection from baseline in the 20 ms after the stimulus artifact in those

sweeps. Then, we found the median peak time for those sweeps and repeated the analysis over

all sweeps in the experiment with a detection threshold of 6× the median absolute deviation of

the baseline current and with a window set to ± 5 ms (eEPSC detection) or ± 7.5 ms (eIPSC

detection) around the median peak time. The amplitude of each eEPSC and eIPSC was defined

as the difference between the peak amplitude of the detected eEPSC or eIPSC and the mean

baseline current for that sweep. The eEPSC or eIPSC amplitude for each cell in an experiment

was defined as the mean of the amplitudes recorded from that cell (eEPSC/eIPSC successes

only; failures were not included in eEPSC/eIPSC amplitude calculation). Where eEPSC failure

amplitude is reported on a per sweep basis, it was defined as the maximal negative deflection

from the current trace within ± 5 ms of the mean current peak time for that cell. If all sweeps

in an experiment were eEPSC/eIPSC failures, the mean eEPSC/eIPSC amplitude was defined

as the maximal negative (eEPSC) or positive (eIPSC) deflection in the mean current trace that

occurred within 20 ms of the end of the electrical stimulus artifact.

Success rate. Success rate was defined as $\mathbf{100}\% \times \frac{n_{successful\ sweeps}}{n_{total\ sweeps}}$ where successful sweeps were

defined as sweeps where an eEPSC was detected.

I/E balance. I/E balance was defined as the ratio of eIPSC to eEPSC amplitude recorded in the

same neuron.

eEPSC/eIPSC 20%-80% risetime. 20%-80% risetime was defined as the time it took an eEPSC

or eIPSC to reach 80% of its peak amplitude from 20% of its peak amplitude. 20%-80%

risetime was calculated for each sweep unless obscured by a spontaneous event. The risetime

for each cell was defined as the mean of all risetimes recorded from that cell.

eEPSC/eIPSC latency and jitter. Latency of eEPSCs and eIPSCs was defined as the time

between the end of the electrical stimulation and the point of 20% rise for an eEPSC or eIPSC

as calculated for the 20%-80% risetime. The eEPSC or eIPSC latency for each cell was defined

as the mean of the latencies recorded from that cell. The eEPSC or eIPSC jitter for each cell was

defined as the standard deviation of the latencies recorded from that cell.

eEPSC/eIPSC τ_{Decay}. eEPSC τ_{Decay} was determined using a single exponential fit, $f(t) = Ae^{-t/\tau}$.

eIPSC τ_{Decay} was defined as the weighted time-constant of IPSC decay. Briefly, a double

exponential fit, $f(t) = A_1 e^{-t/\tau_1} + A_2 e^{-t/\tau_2}$, was used to obtain the parameters to determine the

weighted time-constant where $\tau_{weighted} = (\tau_1 A_1 + \tau_2 A_2)/(A_1 + A_2)$. τ_{Decay} was calculated using

the mean eEPSC or eIPSC trace for a cell and corresponds to the time it takes to reach $\frac{1}{e} \times I_{max}$.

Membrane resistance. Membrane resistance was defined as the slope of the best fit line of the

I-V plot using the -100 pA to +100 pA (10 pA steps) series of current injections. Mean voltage

response to each current injection step was defined as the difference between baseline mean

membrane voltage (100 ms prior to current injection) and the mean membrane voltage during

the last 200 ms of the current injection. The I-V plot was constructed using all current steps

below rheobase.

Maximum firing rate. Maximum firing rate was defined as the inverse of the inter-spike

interval (ISI) during the first 200 ms of the most depolarizing current injection step before

attenuation of AP firing was observed. Max FR was calculated using the -200 pA to +400 pA

(25 pA steps) series of current injections.

AP threshold. AP threshold was defined as the voltage at which $\frac{dV}{dt}$ exceeded 20 V/s. AP

threshold was calculated at the rheobase sweep of the -200 pA to +400 pA (25 pA steps) series

of current injections.

AP amplitude. Amplitude of the AP was defined as the voltage difference between the peak of

the AP and its threshold potential. AP amplitude was calculated at the rheobase sweep of the -

200 pA to +400 pA (25 pA steps) series of current injections.

AP halfwidth. AP halfwidth was defined as the time between the half-amplitude point on the

upslope of the AP waveform to the half-amplitude point on the downslope of the AP waveform.

754 AP halfwidth was calculated at the rheobase sweep of the -200 pA to +400 pA (25 pA steps)

755 series of current injections.

756 *After-hyperpolarization potential (AHP) magnitude.* AHP magnitude was defined as the

757 difference between the most hyperpolarized membrane voltage of the AHP (occurring within

758 100 ms after AP threshold) and AP threshold. AHP magnitude and latency data were calculated

759 at the rheobase sweep of the -200 pA to +400 pA (25 pA steps) series of current injections.

760 ΔAHP data were calculated at the rheobase + 50 pA sweep of the -200 pA to +400 pA (25 pA

761 steps) series of current injections.

762 *AHP latency.* AHP latency was defined as the time from AP threshold and the peak of the AHP.

763 *ΔAHP.* ΔAHP was defined as the difference between the first and last AHP ($\mathit{\Delta AHP} = \mathit{AHP_{last}} -$

764 $\mathit{AHP_{first}}$).

765 *AP phase plot.* The AP phase plot was obtained by plotting the rate of change of the mean AP

766 for each cell from the rheobase sweep of the -200 pA to +400 pA (25 pA steps) series of current

767 injections as a function of the corresponding membrane voltage.

768 *Latency to first AP.* AP latency was defined as the time from the initiation of the current

769 injection to the peak of the first AP. AP latency was calculated at the rheobase sweep of the -

770 200 pA to +400 pA (25 pA steps) series of current injections.

771 *Firing rate adaptation ratio (FR adaptation).* Firing rate adaptation was defined as the ratio

772 of the ISIs of the first and average of the last three APs, such that $\boldsymbol{Firing\ rate\ adaptation} =$

773 $\frac{ISI_{first}}{meanISI_{last-3APs}}$. Firing rate adaptation was calculated at the rheobase +50 pA sweep of the -200

774 pA to +400 pA (25 pA steps) series of current injections.

775 *AP broadening.* AP broadening was defined as the ratio of the AP halfwidths of the first two

776 APs ($\boldsymbol{Broadening} = \frac{halfwidth_{second}}{halfwidth_{first}}$). AP broadening was calculated at the rheobase +50 pA

777 sweep of the -200 pA to +400 pA (25 pA steps) series of current injections.

AP amplitude adaptation. AP amplitude adaptation was defined as the ratio of the AP

amplitude of the average of the last three APs and the first AP, such that

$\textit{AP amplitude adaptation} = \frac{meanAmplitude_{last-3APs}}{Amplitude_{first}}$. AP amplitude adaptation was calculated at

the rheobase +50 pA sweep of the -200 pA to +400 pA (25 pA steps) series of current

injections.

Membrane decay τ. Membrane decay τ was determined by using a single exponential fit,

$f(t) = Ae^{-t/\tau}$, to fit the change in V_m induced by a -100 pA sweep in the -200 pA to +400 pA

(25 pA steps) series of current injections. The time given by τ corresponds to the time it takes

to reach $\left(1 - \frac{1}{e}\right) \times \Delta V_{max}$.

Hyperpolarization-induced sag. Hyperpolarization-induced sag was calculated using the

equation, $\frac{V_{min}-V_{ss}}{V_{min}-V_{bl}} \times 100\%$, where V_{min} was defined as the most hyperpolarized membrane

voltage during the current injection, V_{ss} was defined as the mean steady-state membrane

voltage (last 200 ms of the current injection), and V_{bl} was defined as the mean baseline

membrane voltage (100 ms prior to current injection). Hyperpolarization-induced sag was

measured from the -200 pA current injection.

Rebound spikes. Rebound spikes were defined as the number of APs in the 500 ms following

the -200 pA current injection.

APs per stimulus. The number of APs per stimulus was defined as the number of APs occurring

within 50 ms ($\frac{1}{20\ Hz}$) of the stimulus.

V_{rest}. V_{rest} was defined as V_m (I_{hold} = 0 pA) during a 500 ms baseline prior to LEC stimulation

during the experiments testing the recruitment of BLA INs by LEC afferents.

Subthreshold EPSP amplitude. Subthreshold EPSP amplitude was defined as the maximal,

non-stimulus artifact, voltage deflection within 40 ms after LEC stimulation.

Immunohistochemistry

Histological validation of PV⁺ and Sst⁺ IN identity. To perform the PV and Sst

immunostaining, mice (n = 3 Sst-tdTomato mice, 3 PV-tdTomato mice) were sacrificed and

transcardially perfused with ice cold 4% PFA (with 1.5% picric acid and 0.05% glutaraldehyde)

followed by 30% sucrose protection. After the brain sank, coronal BLA slices of 30 μm

thickness were obtained. Before application of blocking solution, slices were incubated for 30

minutes at room temperature with iFX-enhancer (Invitrogen, ThermoFisher Scientific,

Waltham, MA, USA). After blocking, the slices were incubated with either rat anti-Sst antibody

(1:100, MAB354, Millipore, Burlington, MA, USA) or guinea pig anti-PV antibody (1:500,

195004, Synaptic Systems, Göttingen, Germany) for at least 48 hours at 4°C. Then, a secondary

antibody of either donkey anti-rat or donkey anti-guinea pig Alexa Fluor 488 (1:500,

Invitrogen) was applied overnight at 4°C. The slices were imaged using a confocal laser

scanning microscope (TCS SP5II, Leica Application Suite, Leica Biosystems, Buffalo Grove, IL,

USA) with 10× 0.40 NA and 20× 0.70 NA dry objectives to determine the neuron identity.

Data analysis

Statistical analyses. All data analysis (except decision tree and random forest analyses) were

performed offline using custom written MATLAB code. Normality of the data were assessed

using the Anderson-Darling test. For assessment of whether a single group differed from a

normal distribution centered around zero, a one-sample t-test was used. For a test between two

groups, a paired or unpaired t-test was used where appropriate. For tests between two groups

of non-normal data, a Mann-Whitney U test or Wilcoxon signed-rank test was used where

appropriate. For tests between three or more groups of normal data with one independent

variable, a one-way ANOVA was used with Tukey's post-hoc test to examine differences

between groups. A Kruskal-Wallis test was used to examine differences between three or more

groups of non-normal data with one independent variable. A Mann-Whitney U test was used as

a post-hoc test following a significant result in a Kruskal-Wallis test and was corrected for

multiple comparisons using the FDR method[44]. The critical significance value was set to $\alpha =$

0.05 or was set to a FDR-corrected value (α_{FDR}) for multiple comparisons. All statistical tests

were two-tailed. Unless otherwise stated, experimental numbers are reported as n = x, y where

x is the number of neurons and y is the number of mice.

Unsupervised cluster analysis. Unsupervised cluster analysis using Ward's method[33] was used

to classify Sst[+] INs. Briefly, this method involves plotting each neuron in multidimensional

space where each dimension corresponds to a given parameter. For our data, we plotted each

Sst[+] IN in 15-dimensional space (where each dimension corresponds to a z-score

transformation of one of the 15 membrane properties obtained from the current injection

experiments; values were z-score transformed so that parameters with large values, e.g.

membrane resistance, would not influence the cluster analysis more than those with small

values, e.g. halfwidth). From here, the analysis proceeded along $n - 1$ stages where n is the

number of Sst[+] INs. At stage $n = 1$, the two closest cells in the 15-dimensional space are

grouped together. At subsequent stages, the closest cells are grouped together until only one

group of all objects remains. We determined the final number of clusters by using the

Thorndike procedure[34] where large distances between group centroids at one cluster stage

relative to other stages are indicative of significant differences between groups (see Figure 3a,

inset).

Decision tree analysis. Recursive partitioning analyses[45] were conducted in R (1.01.136). The R

package rpart[46] was used for recursive partitioning for classification. Decision trees were

plotted using rpart.plot package, and random seeds were set using the rattle package. Predicted

classes were determined from the unsupervised cluster analysis and were used to determine

important discriminating parameters. The model was internally cross validated with a nested

set of subtrees and the final model was selected as the subtree with the least misclassification

error. Individual decision trees can suffer from overfitting. Therefore, the input parameters of

the model were independently cross validated by bootstrapping 500 subsamples (without

replacement and using random seeds). Each tree was pruned by choosing the complexity

parameter with the lowest cross validated error. The mean correct prediction of the test set

classifications (n = 20% of sample) by the pruned tree generated by modeling the training sets

(n = 80% of sample) was 86.7%.

Random forest analysis. Supervised classification random forest was employed to reduce

potential model overfitting. Random forest classification was conducted using the

randomForest package in R[47]. Random forest classification employs random subsampling of

both parameters and bootstrapped subsamples of the dataset (with replacement). 10,000

decision trees were generated, and the modal tree was used as the final classification model. An

additional cross validation step was conducted by bootstrapping 80% of the initial sample to

create the random forest model and tested against a subsample (n = 20% of sample;

bootstrapped without replacement). The mean accuracy after 20 random forest runs was

92.8%. Gini impurity was calculated to determine parameter importance. Visualization of the

frequency of individual samples falling within the same node across one run of the

classification algorithm was obtained by calculating a proximity matrix for the samples and

plotting it against the first two principle components.

Data display. Data visualizations were created in MATLAB and Adobe Illustrator. Normal data

are presented as the mean $\pm$ s.e.m. Non-normal data are presented as the median with error

bars extending along the interquartile range.

Data availability. Data and MATLAB code are available on request and will be made available

on GitHub.

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