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mRNP architecture in translating and stress conditions reveals an ordered pathway of mRNP compaction

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32 **ABSTRACT**

33

34 Stress granules (SGs) are non-translating mRNP assemblies that form during stress.

35 Herein, we use multiple smFISH probes for specific mRNAs to examine their SG recruitment

36 and spatial organization. We observed that ribosome run-off is required for SG entry with long

37 ORF mRNAs being delayed in SG accumulation, revealing SG transcriptome changes over time.

38 Moreover, mRNAs are ~20X compacted from an expected linear length when translating and

39 compact ~2 fold further in a stepwise manner beginning at the 5' end during ribosome run-off.

40 Surprisingly, the 5' and 3' ends of the examined mRNAs were separated in non-stress conditions,

41 but in non-translating conditions, the ends of AHNAK and DYNC1H1 mRNAs become close,

42 suggesting the closed-loop model of mRNPs preferentially forms on non-translating mRNAs.

43 These results suggest translation inhibition triggers a mRNP reorganization that brings ends

44 closer, which has implications for the regulation of mRNA stability and translation by 3' UTR

45 elements and the poly(A) tail.

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64 INTRODUCTION

65 Stress granules (SGs) are transient membraneless organelles of non-translating mRNA-
66 protein complexes (RNPs) that form when translation is limited (Buchan and Parker, 2009; Panas
67 et al., 2016; Protter and Parker, 2016). SGs are important because they are a cellular marker for
68 translation status, play a role in the stress response (Kedersha et al., 2013), and mutations that
69 inhibit SG disassembly or clearance are implicated in several degenerative diseases such as
70 amyotrophic lateral sclerosis (ALS) and multisystem proteinopathy (Buchan et al., 2013; Dewey
71 et al., 2012; Kim et al., 2013; Li et al., 2013; Mackenzie et al., 2017; Ramaswami et al., 2013).
72 Moreover, the study of SGs may provide new insights into the assembly, organization, and
73 functions of other non-membrane bound RNA bodies such as the nucleolus, Cajal bodies,
74 paraspeckles, and processing bodies.

75 SGs are enriched for mRNAs that are long and poorly translated (Khong et al., 2017;
76 Namkoong et al., 2018). This suggests a model wherein long mRNPs that exit translation during
77 stress form interactions with other long non-translating mRNPs leading to the formation of SGs.
78 Some interactions between mRNAs that promote SG formation are between mRNA binding
79 proteins that are thought to provide cross-links between individual mRNAs and thereby enhance
80 SG assembly (reviewed in Protter and Parker, 2016). However, intermolecular RNA-RNA
81 interactions can contribute to SG formation and to defining the SG transcriptome, which is
82 suggested by the observation that self-assembly of RNA *in vitro* can largely recapitulate the
83 yeast SG transcriptome (Van Treeck et al., 2018). An unresolved issue is the relative timing of
84 mRNAs exiting translation, how translation affects the organization of the mRNP, and the timing
85 of mRNAs accumulating in SG.

86 The timing of SG formation and the enrichment of long mRNAs in SGs creates a
87 conundrum. This is because SGs form within the first 10-15 minutes after the addition of
88 arsenite (Kedersha et al., 2000; Wheeler et al., 2016), yet mRNAs with long open reading frame
89 (ORF) such as the SG-enriched mRNA AHNAK and DYNC1H1 (ORF >10 kb) (Khong et al.,
90 2017) require at least 15 minutes for ribosome run-off once translation initiation is blocked. One
91 possibility is that these long mRNAs can accumulate in SGs once a portion of their ORF is
92 exposed and devoid of ribosomes, even if ribosomes near the 3' end of the ORF are still
93 elongating. Another possibility is that elongating ribosomes are removed from these mRNAs
94 without having to reach the termination, perhaps by a mechanism analogous to ribosome quality
95 control (Brandman and Hegde, 2016; Brandman et al., 2012; Chiabudini et al., 2014; Harigaya
96 and Parker, 2010; Shoemaker et al., 2010; Shoemaker and Green, 2012). Finally, it is also
97 possible that mRNAs with long ORF are slower at getting to SGs, which would require the SG
98 transcriptome to change over time.

99 To examine how mRNAs exit translation and enter SGs, we used multiple smFISH
100 probes for specific mRNAs to examine the timing of when those mRNAs enter SGs, and their
101 spatial organization, which revealed key aspects of mRNA targeting to SGs. First, complete
102 ribosome run-off is required for mRNAs to enter SGs with mRNAs with long ORFs being
103 delayed in SG accumulation. This demonstrates that SG transcriptome changes over time. We
104 also observed that mRNAs are compacted from an expected linear length when translating, and
105 compact even further in a step-wise manner due to ribosome run-off. We do not see evidence for
106 the closed loop model of mRNP organization with the mRNAs examined while they are engaged
107 in translation, although the distance between the 5' and 3' ends of long mRNAs shrinks
108 disproportionally compared to the rest of the mRNAs when mRNAs are untranslated. We

109 suggest the possibility that the closed loop structure of mRNPs preferentially forms on non-
110 translating mRNPs.

111

112 **RESULTS**

113

114 **mRNAs with long ORF are recruited slower to SGs than mRNAs with shorter ORF**

115 To determine the relationship between SG assembly and the recruitment of mRNAs with
116 long ORF, we measured when several SG-enriched mRNAs (Khong et al., 2017) with various
117 ORF lengths were recruited to SGs in cells treated with arsenite for 15', 30', 45', and 60' by
118 smFISH. These include AHNAK, DYNC1H1, NORAD, PEG3, ZNF704, CDK6, and NORAD
119 RNAs. AHNAK and DYNC1H1 mRNAs have long ORF (~17.5kb and 14kb respectively), while
120 the PEG3 and ZNF704 mRNAs have shorter ORF (~4.7kb, 1.2kb respectively). The CDK6
121 mRNA is valuable since it has a short ORF (~1 kb), but has a very long 3' UTR (~ 10 kb),
122 allowing us to distinguish effects of the overall transcript length from ORF length. We also
123 examined when a lincRNA, NORAD, is recruited to SGs. The predicted ribosome run-off times
124 for these mRNAs once translation initiation is blocked are shown in Table 1. We performed
125 these experiments in U-2 OS cells, where arsenite induces robust eIF2 α phosphorylation, an
126 approximate marker for when translation initiation is inhibited, at ~8' (Wheeler et al., 2016).

127 A key result was that individual RNAs accumulated in SGs at different times in a manner
128 correlated with the length of their ORF. Specifically, we observed that when cells were stressed
129 for 30 minutes with NaAsO₂, the AHNAK and DYNC1H1 mRNAs with long ORFs were
130 minimally recruited to SGs (12%) (Figure 1A, B, Supplemental Figure 1). In contrast, RNAs
131 with shorter ORF or no ORF were recruited to a greater degree (39-55%) at 30 minutes (Figure
132 1A, B, Supplemental Figure 1). At 60 minutes, all the examined SG-enriched RNAs have
133 reached their maximal level of enrichment in SGs (Figure 1A, B, Supplemental Figure 1). These
134 results suggest the mRNA composition of SGs changes over time during arsenite stress and

135 although mRNAs with longer ORF are highly enriched in SGs (Khong et al., 2017), they
136 accumulate slower.

137 Two additional observations suggest the difference in the timing of mRNA recruitment to
138 SGs is due to elongating ribosomes. First, treatment of U-2 OS cells with arsenite and
139 puromycin, which releases all elongating ribosomes from mRNAs, causes the AHNAK and
140 DYNC1H1 mRNAs to be recruited to SGs at earlier times (Figure 1A, C, Supplemental Figure
141 2). Second, treatment of U-2 OS cells after 30 minutes of arsenite exposure with cycloheximide,
142 which traps elongating ribosomes on mRNAs, stops the accumulation of all RNAs in SGs
143 (Figure 1A, D, Supplemental Figure 3).

144

145 **AHNAK and DYNC1H1 mRNPs are generally compact under non-stress conditions**

146 In other work, we had observed that during stress the 5' and 3' ends of the AHNAK
147 mRNA were often close together (Moon et al., 2018). Similar compaction of three other mRNAs
148 under a variety of stress conditions have been observed (Srivathsan et al., 2018). To examine the
149 overall architecture of mRNAs during normal and stress conditions, and how it related to mRNA
150 entry into SG, we utilized smFISH probes to the 5' end, the 3' end, and throughout the middle of
151 the AHNAK and DYNC1H1 mRNAs (Figure 2A, Supplemental Figure 4A). We first used these
152 probes on unstressed cells where mRNAs are engaged in translation. We measured the distances
153 between the center of the signal for each probe in three dimensions (see Methods), which
154 allowed us to determine the distribution of spacing for these probe sets on individual mRNA
155 molecules.

156 We discovered both AHNAK and DYNC1H1 mRNAs are more compact than expected
157 from linear or hairpin models of translating mRNPs (Figure 2B, Supplemental Figure 4B) with

158 most distances between different segments of AHNAK mRNPs being less than 300 nm (Figure
159 2B, C). The distances between the 5' and 3' ends of AHNAK mRNAs are usually larger (median
160 ~ 200 nm) than the distances between 5' end and middle (median ~ 150 nm) or the 3' end and
161 middle of AHNAK mRNPs (median ~ 150 nm). These distance measurements are much shorter
162 than expected from the AHNAK mRNA contour length (5.4 μ m), or from a possible polysome
163 hairpin, which would be approximately 2.7 μ m. We estimate the degree of compaction for the
164 AHNAK mRNA relative to its contour length is about 27-fold (using the median distance
165 between the 5' and 3' ends compared to the extended contour length) or 18-fold (using the
166 median distance between one end and the middle relative to half the contour length). We
167 obtained similar results for the DYNC1H1 mRNA with the median compaction relative to
168 DYNC1H1 mRNA contour length estimated to be between 21- or 12-fold (Supplemental Figure
169 4B, C). Similar compaction values were also observed for three other long mRNAs in
170 translating conditions by Srivathsan et al., 2018. These results show that at least these long
171 mRNAs are not in an extended conformation even when engaged in translation and suggest
172 possible mechanisms of mRNA compaction (see discussion).

173

174 **AHNAK and DYNC1H1 mRNPs compact further under stress conditions**

175 A similar analysis during stress conditions revealed that the distances between all three
176 smFISH spots for AHNAK and DYNC1H1 mRNAs shrink considerably under arsenite-treated
177 conditions (Figure 2D, E, Supplemental Figure 4D, E). For example, the median distance
178 between the 5' and 3' ends, 5' end and middle, and 3' end and middle of AHNAK mRNAs are
179 now ~ 80 nm, ~110 nm, and ~ 90 nm respectively. Relative to the contour length, the median
180 compaction of AHNAK mRNAs in U-2 OS cells treated with arsenite is ~ 67.5- or 27-fold;

181 ~67.5-fold if we measure the compaction by dividing the median end-to-end distances to the
182 contour length and ~27-fold if we measure the compaction by dividing the median end-to-middle
183 distances to half the contour length. Similar compaction values were also seen with DYNC1H1
184 mRNAs (Supplemental Figure 4D, E). The distances between all three smFISH spots for
185 AHNAK and DYNC1H1 mRNAs also shrink considerably in heat shock conditions compared to
186 non-stressed U-2 OS cells, with similar compaction values (Figure 2F, G, Supplemental Figure
187 4F, G). Thus, in multiple stresses that inhibit translation initiation, we and others (Srivathsan et
188 al., 2018) observe enhanced mRNP compaction.

189

190 **Increased compaction of AHNAK and DYNC1H1 mRNPs under stress is a consequence of**
191 **translational inhibition**

192 Since 80% of AHNAK and 53% of DYNC1H1 mRNAs are found in arsenite-induced
193 SGs at 60' and similar numbers were seen for heat shock-induced SGs at 60' (Khong et al.,
194 2017), we expect the compaction measurements for AHNAK and DYNC1H1 mRNAs are
195 reflective of AHNAK and DYNC1H1 mRNAs found inside SGs. Due to technical limitations,
196 we have not been able to examine all three smFISH probes simultaneously with an SG marker.
197 However, smFISH staining indicates most AHNAK and DYNC1H1 mRNAs tend to cluster
198 during stress as expected by their strong enrichment in SG (Figure 2D, F, Supplemental Figure
199 4D, F). This suggests most AHNAK and DYNC1H1 mRNPs form compact assemblies inside
200 SGs during a stress response.

201 In principle, the increased compaction of AHNAK and DYNC1H1 mRNPs in SGs might
202 be a consequence of translation inhibition and/or a consequence of increased macromolecular
203 crowding possibly occurring inside SGs compared to the cytosol. We performed two analyses to

204 distinguish these possibilities. First, we measured the distances between the 5' and 3' ends of
205 AHNAK and DYNC1H1 mRNPs inside and outside SGs (Figure 3E). We observed that the
206 distances between the 5' and 3' ends of AHNAK and DYNC1H1 mRNPs showed a similar
207 distribution inside and outside SGs (Figure 3E), consistent with the increased compaction being
208 independent of SG accumulation.

209 In a second experiment, we examined AHNAK and DYNC1H1 mRNPs organization by
210 smFISH when U-2 OS cells were treated with puromycin (Figure 3A-D). Puromycin leads to
211 release of elongating ribosomes but does not lead to SG assembly, perhaps because translation
212 initiation is ongoing and even partial ribosome engagement appears to block mRNA
213 accumulation in SG (see below). We observed puromycin is sufficient to lead to increased
214 compaction of the AHNAK and DYNC1H1 mRNPs (Figure 3B, D), even though SG do not
215 form. Similar compaction of the MDN1, POLA1, and PRPF8 mRNPs with puromycin treatment
216 have been reported in HEK293T cells (Srivathsan et al., 2018). These results argue that mRNP
217 compaction is not due to increased macromolecular crowding found inside SGs and instead is a
218 consequence of translational inhibition and the loss of elongating ribosomes.

219

220 **Compaction of mRNPs during stress proceeds in a 5' to 3' direction**

221 Since mRNP compaction is likely a consequence of translation inhibition, we
222 hypothesized that the compaction of AHNAK and DYNC1H1 mRNPs under stress is mediated
223 by intramolecular interactions formed within the ORF of mRNAs in the absence of ribosomes. If
224 this model is accurate, mRNP compaction will begin at the 5' end of the transcript as elongating
225 ribosomes translocate towards the 3' end of the transcript once translation initiation is inhibited.
226 This model predicts that the 5' end to the middle of the mRNA will compact first as elongating

227 ribosomes move down the mRNA in the absence of new translation initiation, followed by a
228 subsequent compaction of the middle and the 3' end of AHNAK mRNPs as ribosomes finally exit
229 the ORF and terminate translation. To examine this possibility, we stressed U-2 OS cells for 10,
230 20, and 30 minutes with 500 μ M arsenite and examined the distances between the different
231 regions of the AHNAK mRNA by smFISH (Figure 4).

232 Qualitatively, we observed the distance between 5' end and the middle are closer at 20
233 minutes after addition of arsenite, at which time the distance between the 5' end and 3' end or the
234 middle and the 3' end are still separated (Figure 4B). Quantitatively, the distances between the
235 5' end and the middle shrink considerably at 20 minutes (Figure 4D), which correlates with the
236 time ribosomes should be beginning to exit the 5' portion of the coding region since it takes 8
237 minutes after addition of arsenite to maximize eIF2 α phosphorylation in U-2 OS cells (Wheeler
238 et al., 2016). In contrast, the shrinkage in distances for the 5' end to the 3' end or the middle to
239 the 3' end is only noticeable at 30 minutes (Figure 4C, E). These observations are consistent with
240 the model that intramolecular folding of the mRNA, either through RNA-RNA interactions or
241 protein binding, as ribosomes expose the coding region, leads to the increased compaction of the
242 non-translating mRNA.

243

244 **The 5' and 3' ends of the AHNAK and DYNC1H1 mRNPs become closer when non-** 245 **translating**

246 Under non-stress conditions, we notice the 5' to 3' end distances of AHNAK and
247 DYNC1H1 mRNPs are larger than one would expect base on specific models of mRNP
248 organization such as the closed-loop model of translation (median ~200 nm) (see discussion).
249 This suggests that the closed-loop model of translation either does not occur on these mRNAs or

250 is transient. However, we noticed that the 5' and 3' ends of the AHNAK mRNP and DYNC1H1
251 mRNPs shrink disproportionately under non-translating conditions and reach a median distance
252 between the ends of ~50 nm (Figure 2E, G, Figure 3B, D, Supplemental Figure 4E, G) These
253 results suggest stress triggers a reorganization of mRNPs that disproportionately brings the 5' and
254 3' ends closer together.

255 To further examine the relationship between the 5' and 3' ends of these mRNAs, we
256 measured the angles between the middle smFISH spots to the 5' and 3' ends for AHNAK and
257 DYNC1H1 smFISH spots (Figure 5A). We observed in non-stress conditions, the angles can
258 vary considerably, but most angles are less than 90 degrees with a median angle of ~ 60 degrees
259 (Figure 5B, C). This observation suggests that these mRNAs are not linear in cells and, on
260 average, the 5' end is closer to the 3' end than expected by chance, perhaps due to features of
261 polysomes or RNA binding proteins (see discussion).

262 A striking result was that under non-translating conditions, most angles are now less than
263 45 degrees with a median angle of 20 degrees (Figure 5B, C). Since the mRNAs are now
264 compact under these conditions, we were concerned that the small spacing between the smFISH
265 spots might skew this analysis. Given this, we performed a second analysis where we limited
266 our analysis to specific mRNAs where the total distance between the 5' end to middle and the
267 middle to 3' end is between 0.3 μm to 0.6 μm with the goal of increasing our ability get an
268 accurate angle measurement. This analysis also showed a dramatic reduction in the angle
269 between the 5'-middle-3' signals (Supplemental Figure 5). This provides a second line of
270 evidence that when mRNAs exit translation the distance between the 5' and 3' ends of AHNAK
271 and DYNC1H1 mRNPs is notably compacted, perhaps due to the polymer nature of the mRNA
272 (see discussion).

273 **DISCUSSION**

274 **mRNAs need to exit translation completely before entering SGs**

275 We present several observations that indicate mRNAs must be completely disengaged
276 from translating ribosomes before entering SGs (Figure 6). First, mRNAs with long ORF are
277 slower at recruitment to SGs than mRNAs with short ORF (Figure 1A, B, Supplemental Figure
278 1). Second, recruitment of mRNAs with long ORF to arsenite-induced SGs is quicker when
279 puromycin is added, which will rapidly disengage elongating ribosomes (Figure 1A, C,
280 Supplemental Figure 2). Third, addition of cycloheximide to cells treated with arsenite for 30
281 minutes inhibits additional recruitment of RNA to SGs (Figure 1A, D, Supplemental Figure 3),
282 which indicates that the continued accumulation of AHNAK and DYNH1C1 mRNAs require
283 ribosome run-off. For mRNAs with long ORF such as AHNAK and DYNH1C1, a large amount
284 of the ORF will be exposed by 30 minutes of stress, yet these mRNAs have only partially
285 accumulated in SG. This argues that mRNAs must fully disengage from elongating ribosomes
286 before stable accumulation in SGs. Additional evidence in support of this model comes from
287 single-molecule experiments that show mRNAs engaged with ribosomes can only form a
288 transient association with SG and do not enter a stable association, which can be seen with non-
289 translating mRNAs (Moon et al., 2018).

290 It is an unsolved mystery why complete ribosome disengagement is required for stable
291 association of mRNAs with SG. One possibility is that the mRNA association with the
292 translation machinery increases the presence of helicases and/or protein chaperones that prevent
293 or disengage interactions between the translating mRNP and SG. Alternatively, it may be
294 energetically unfavorable for an 80S ribosome and its associated factors to enter the altered

295 environment of an SG, either because of energetic costs of changes in solvation, or because the
296 mesh size of an SG is smaller than an assembled 80S ribosome.

297

298 **mRNPs are compact in both translating and non-translating states**

299 We present several observations that demonstrate mRNAs are compacted >10-fold
300 relative to its contour length even when it is translating. First, under no stress conditions, the
301 median distances between the 5' and 3' end of AHNAK and DYNC1H1 mRNPs are roughly
302 ~150 nm (Figure 2C, Supplemental Figure 4C). Relative to the AHNAK and DYNC1H1
303 mRNAs contour length, 5.6 and 4.2 μm respectively, this is ~27- and ~21-fold compaction
304 respectively. Second, the median distances between the 5' and mid or 3' and mid of AHNAK
305 and DYNC1H1 are roughly ~100 nm (Figure 2C, Supplemental Figure 4C). Relative to half of
306 its contour length, this is ~18- and ~12-fold compaction. Third, we notice the angles between the
307 middle and the 5' and 3' end of AHNAK and DYNC1H1 mRNPs are usually less than 90 degrees
308 (Figure 5B, C, Supplemental Figure 5B, C) which also suggests significant compaction of the
309 ends relative to its linear length. Similar results are seen for the MDN1, POLA1, and PRPF8 in
310 HEK293T mRNAs in HEK293 cells indicating this is a general phenomenon (Srivathsan et al.,
311 2018).

312 We suggest two mechanisms account for the compaction of mRNAs during non-stress
313 conditions. First, we suggest transient folding of the ORF region between elongating ribosomes
314 compacts mRNAs (Figure 6). The average inter-ribosome distance is estimated to be 150
315 nucleotides in yeast and 189 in mammalian cells (Arava et al., 2003; Hendrickson et al., 2009),
316 or from single-molecule translation assays in mammalian cells, the average inter-ribosomal is
317 estimated to be between 200-900 nucleotides (Morisaki et al., 2016; Wang et al., 2016; Wu et

318 al., 2016; Yan et al., 2016). Additionally, for DYNC1H1 mRNPs specifically, it is estimated that
319 on average each DYNC1H1 mRNA has about 7 ribosomes (Pichon et al., 2016). Since a
320 ribosome footprint is ~30 nucleotides (Steitz, 1969; Wolin and Walter, 1988), this suggests most
321 of the nucleotides in the ORF are not covered with ribosomes. We estimate ~80-97% of the ORF
322 nucleotides for most mRNAs, and ~98% for DYNC1H1 mRNA, are not engaged with
323 ribosomes. Therefore, the ORF region can form significant intramolecular interactions with
324 itself, or with the 5' and 3' UTRs. Supporting this model, an extensive physical association
325 between the 3'UTR and the ORF has been reported for mRNAs (Eldad et al., 2008). Besides
326 intramolecular interactions, the folding of the ORF region may also be promoted by RNA-
327 binding proteins or complexes by connecting different ORF regions of the mRNA.

328 A second mechanism of compacting translating mRNAs may arise from the architecture
329 of polysomes since the path a mRNA takes within each ribosome is curved (Agrawal et al.,
330 1996). Therefore, by its nature, a translating mRNA would be more compact compared to its
331 contour length. Indeed, instances of circular, spiral, rosette, staggered line, double-row and
332 helical polysomes has been observed by traditional EM or more advanced cryo-EM and cryo-ET
333 methods, all of which would compact the overall shape of the mRNA (Afonina et al., 2014;
334 Afonina et al., 2015; Afonina Zh et al., 2013; Brandt et al., 2010; Brandt et al., 2009; Daneholt et
335 al., 1977; Kopeina et al., 2008; Madin et al., 2004; Myasnikov et al., 2014; Palade, 1955; Viero
336 et al., 2015; Warner et al., 1962; Wettstein et al., 1963; Yazaki et al., 2000).

337 We, and others (Adivarahan et al., 2017), observe under stress conditions when mRNAs
338 stop translating, mRNPs compact further (Figure 6). Specifically, the distances between the 5' to
339 3'ends, 5'end to the middle and 3'end to the middle are smaller for AHNAK and DYNC1H1
340 mRNAs under a variety of conditions that cause mRNAs to disengage from elongating

341 ribosomes, such as arsenite, heat-shock, and puromycin (Figure 2, Figure 3, Supplemental Figure
342 4). This additional compaction appears a consequence of translational shutoff and not a
343 consequence of being inside SGs for two reasons (Figure 6). (1) Compaction is similar inside and
344 outside SGs (Figure 3E). And (2) puromycin also compacts AHNAK and DYNC1H1 mRNPs
345 without inducing SG (Figure 3A-D). The most straightforward interpretation for increased
346 mRNP compaction during stress is mRNAs forming increased intra-molecular interactions in the
347 absence of translating ribosomes. This interpretation is supported by the fact that the compaction
348 precedes temporally in a 5' to 3' manner that correlates with ribosomes transiting towards the
349 3' end of AHNAK mRNAs after addition of arsenite (Figure 4).

350

351 **The spatial relationship between the 5' and 3' ends change with stress**

352 We observed mRNPs are reorganized during stress in a manner where the distances
353 between the ends are now smaller than the distances between the ends to the middle for AHNAK
354 and DYNC1H1 mRNAs (Figure 6). Specifically, the median distance between the 5' and 3' end
355 is ~ 50 nm during stress while the median distance between the 5' end to the middle or 3' end to
356 the middle is ~ 100 nm (Figure 2E, G, Figure 3B, D, Supplemental Figure 4E, G). This is
357 different with respect to translating mRNPs; the median distance between the ends (~ 200 nm) is
358 larger than the median distance between the 5' end or 3' end to the middle (~150 nm) (Figure 2C,
359 Supplemental Figure 4C). In support of the 5' and 3' ends being in proximity under stress, we
360 also observed the angles between the middle and the ends of AHNAK and DYNC1H1 mRNAs
361 are now considerably smaller under stress (Figure 5B, C, Supplemental Figure 5B, C).

362 We suggest two possible mechanisms for why the 5' and 3' ends may enter into
363 proximity during stress. One hypothesis is that the closed-loop conformation is a non-stable

364 state during translation and that in the absence of translation, the closed loop confirmation can
365 form through interactions of eIF4E, eIF4G, and PABP where eIF4E binds to the m⁷G cap,
366 PABP binds to poly(A) tail, and eIF4G binds to both eIF4E and PABP (Hinnebusch and Lorsch,
367 2012) (Figure 6). Alternatively, or in addition, the 5' and 3' ends of mRNPs may be close during
368 stress because of an intrinsic property of “naked” RNAs to fold in a manner that brings the ends
369 in proximity. Several computation studies suggest the ends of mRNAs are close (<10 nm) for
370 RNAs in solution (Clote et al., 2012; Fang et al., 2011; Yoffe et al., 2011). Moreover, an *in vitro*
371 FRET-based assay indicates for all eleven mRNAs examined, the distance between the 5' and 3'
372 ends are less than 10 nm (Lai et al., 2018). This distance is significantly smaller than one would
373 expect if it these RNAs were behaving as a random coil in solution (Lai et al., 2018). Therefore,
374 under stress conditions, if most mRNAs are now exposed and can form significant
375 intramolecular interactions, its properties as a polymer might promote the interaction of the 5'
376 and 3' ends.

377 To consider whether there could be a direct interaction between the 5' and 3' ends of
378 mRNAs at the distances estimated from our smFISH analysis, we estimated what distance we
379 would observe by smFISH for a classic eIF4E-eIF4G-PABP closed loop structure (Supplemental
380 Figure 6). In a closed-loop model with PABP interacting with eIF4G, the distance between the
381 m⁷G-cap and the poly(A) tail ends should be less than 20 nm since the diameter of an average
382 protein is about ~5 nm (Milo et al., 2010). We estimate the distance between the m⁷G-cap and
383 the last nucleotide that precedes the poly(A) tail should be ~50 nm, since the average poly(A)-
384 tail of a mammalian mRNA is < 100 nucleotides (Chang et al., 2014), and when fully extended is
385 ~30 nm in length (Milo et al., 2010). Finally, given where the 5' and 3' end smFISH probes bind
386 on AHNAK and DYNC1H1 mRNAs and provided if the overall compaction of AHNAK and

387 DYNC1H1 mRNAs is similar at the ends (>20 fold), we estimate a distance less than 80-65 nm
388 between 5'end and 3'end of AHNAK and DYNC1H1 smFISH spots respectively could support a
389 closed-loop conformation (Supplemental Figure 6). Although these calculations should be taken
390 as ballpark estimates, this would suggest that less than 20% of AHNAK and DYNC1H1
391 translating mRNPs have distances between the ends supporting a closed-loop conformation. In
392 contrast, during stress, when mRNAs exit translation, >50% of AHNAK and DYNC1H1
393 mRNAs have distances that are consistent with the closed loop-conformation (Figure 2C, E, G,
394 Figure 3B, D, Supplemental Figure 4C, E, G). Similar results have also been described for the
395 MDN1, POLA1, and PRPF8 mRNAs (Adivarahan et al., 2017) suggesting this effect is not
396 limited to the mRNAs we have examined. Thus, one mechanism for the shortened distance
397 between the 5' and 3' ends during stress could be direct protein-protein interactions (Figure 6).

398 The observation that the distances between the ends of translating mRNPs are typically
399 large (greater than 100 nm) is surprising with respect to many aspects of established RNA
400 biology. For example, the closed loop model as discussed earlier but also for other 3'UTR
401 regulatory elements that can affect processes occurring at the 5'UTR (e.g. miRNA-mediated
402 translation initiation repression). Our observations suggest that this is not physically possible for
403 translating mRNPs unless there is a large network of protein-protein interactions that connect the
404 ends (>20 proteins since an average protein size is 5 nm). Alternatively, we hypothesize, based
405 on observations derived from non-translating conditions, effects imparted by 3'UTR regulatory
406 elements on processes at the 5'end will only occur when all translating ribosomes are released
407 from the mRNA. If this is accurate, this suggests mRNAs that are being translated are likely
408 unaffected by these 3'UTR regulatory elements. However, when mRNA loses all its translating
409 ribosomes, most likely in a stochastic manner, these regulatory elements can now communicate

410 with the 5' end and affect mRNA fate. This leads to a model wherein 3' UTR elements can affect
411 events at the 3' end of the mRNA, such as deadenylation, regardless of translation status, but the
412 ability of the 3' UTR and poly(A) tail to influence events at the 5' mRNA end, such as
413 translation initiation and decapping, would be more pronounced on mRNAs that have exited
414 translation.

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418 **Materials and Methods**

419 **U-2 OS growth conditions**

420 Human osteosarcoma U-2 OS cells (Kedersha et al., 2016), maintained in DMEM with
421 high glucose, 10% fetal bovine serum and 1% penicillin/streptomycin at 37°C/5% CO₂, were
422 used in all experiments.

423

424 **Sequential immunofluorescence and single molecule FISH**

425 The protocol was performed as described previously (Khong et al., 2018; Khong et al.,
426 2017). Briefly, U-2 OS cells were seeded on sterilized coverslips in 6-well tissue culture plates.
427 At ~80% confluency, media was exchanged sixty minutes before experimentation with fresh
428 media. Experimentation was performed as described in each figure. U-2 OS cells were treated
429 with 500 μM NaAsO₂, 10 μg/mL puromycin or 50 μg/mL cycloheximide as described. After
430 stressing cells, the media was aspirated and the cells were washed with pre-warmed 1x PBS. The
431 cells were then fixed with 500 μL 4% paraformaldehyde for ten minutes at room temperature.

432 After fixation, cells were washed twice with 1x PBS, permeabilized in 0.1% Triton X-
433 100 1x PBS for five minutes, and washed once with 1x PBS. Coverslips were transferred to a
434 humidifying chamber and cells were incubated in 5 μg/mL mouse α-G3BP1 antibody (ab56574,
435 Abcam) in 1x PBS for sixty minutes at room temperature. Afterward, the coverslips were
436 transferred to a 6-well plate and washed three times with 1x PBS. Coverslips were then
437 transferred back to the humidifying chamber and incubated in goat α-mouse FITC-conjugated
438 antibody in 1× PBS (1:1000 dilution ab6785, Abcam) for sixty minutes at room temperature. The
439 coverslips were transferred to 6-well plate and washed three times with 1x PBS. Antibodies

440 binding to cells were fixed on cells by incubating coverslips with 500 μ L 4% paraformaldehyde
441 for ten minutes at room temperature.

442 After immunofluorescence, smFISH was performed as described previously (Khong et
443 al., 2018) using Biosearch Technologies Stellaris buffers (SMF-HB1-10, SMF-WA1-60, SMF-
444 WB1-20). Specific smFISH probes were created using software designed by Biosearch
445 Technologies ([https://www.biosearchtech.com/support/tools/design-software/stellaris-probe-](https://www.biosearchtech.com/support/tools/design-software/stellaris-probe-designer)
446 [designer](https://www.biosearchtech.com/support/tools/design-software/stellaris-probe-designer)). smFISH probes that bind to AHNAK, DYNC1H1, NORAD, PEG3, ZNF704, and
447 CDK6 mRNAs were designed previously (Khong et al., 2017; Moon et al., 2018). Newly
448 designed smFISH probes include probes that bind to the middle of AHNAK mRNAs, and 5' end,
449 middle and 3' end of DYNC1H1 mRNAs. The smFISH probes were made by conjugating 30 or
450 60 DNA-oligos with ddUTP-Atto488, ddUTP-Atto550, or ddUTP-Atto633 as described in
451 Gaspar et al., (2017).

452

453 **Imaging parameters**

454 Fixed stained U-2 OS cells were imaged using a wide-field DeltaVision Elite microscope
455 with a 100x objective using a PCO Edge sCMOS camera with appropriate filters as described
456 previously (Khong et al., 2018). At least thirty Z-sections (0.2 μ m step size) were captured for
457 each image in order to capture the entire U-2 OS cell. Imaging parameters were adjusted to
458 capture fluorescence within scope's dynamic range. After images were collected, the images
459 were then deconvolved with built-in DeltaVision software as described previously (Khong et al.,
460 2018).

461

462 **Image analysis**

463 All image analysis was performed using Bitplane Imaris image analysis software as
464 described previously with the deconvolved images (Khong et al., 2018). To measure the fraction
465 of smFISH spots in SGs in U-2 OS cells, please refer to Khong et al., 2018.

466 We quantified the distances between the 5' end, middle, and 3' end of AHNAK and
467 DYNC1H1 mRNAs with the help of Bitplane Imaris Imaging Analysis software in the following
468 manner. (1) First, we open the deconvolved DeltaVision images in Bitplane Imaris Imaging
469 Analysis Software (see imaging parameters). Bitplane Imaris Imaging Analysis Software
470 reassembles the Z-stack DeltaVision images in 3-D automatically. (2) Second, we mask all
471 fluorescent signal coming from the nuclei of cells of an image using DAPI staining to define the
472 nuclei. (3) Third, we applied the spot creation wizards to identify the 5' end, middle, and 3' end
473 AHNAK and DYNC1H1 smFISH spots using these two following parameters: a fixed xy
474 diameter spot size of 200 nm and a manually determined fluorescent quality threshold. Upon
475 identification of smFISH spots, the spot creation wizard provides all x,y,z coordinates for the
476 center of each smFISH spot in an excel spreadsheet. (4) Fourth, we exported the coordinates of
477 all smFISH spots and computed the distances between all smFISH spots in different channels by
478 applying the distance formula between two points in 3D-space. (5) Finally, we note the smallest
479 distance between all smFISH spots of different channels. We assume the smallest distance is the
480 distance between two regions of a single AHNAK or DYNC1H1 mRNA molecule.

481 With respect to angles, with the smallest distances between smFISH spots provided, we
482 computed the angles between the middle smFISH spots to the 5' and 3' end smFISH spots by
483 applying the law of cosines with three known sides. We only computed the angles when the
484 smallest distance measured between the three smFISH spots (5' end, middle, and 3' end) can be
485 attributed to all three smFISH spots.

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509 **Figure 1. mRNA recruitment to SGs is dependent on when ribosomes run-off elongation**
510 **after translation inhibition.** (A) Representative smFISH images acquired for three different
511 transcripts (AHNAK, DYNC1H1, and NORAD) for U-2 OS cells treated with 0.5 mM NaAsO₂
512 with or without 10 µg/mL puromycin for 30' or 60'. Cells were stained with nuclei (blue),
513 G3BP1 antibody (green), and specific transcripts by smFISH (red). Scale bar: 1 µm (B) Fraction
514 of specific RNA molecules found in SGs in U-2 OS cells stressed with 0.5 mM NaAsO₂ for 15',
515 30', 45', and 60'. (C) Fraction of specific RNA molecules found in SGs in U-2 OS cells stressed
516 with 0.5 mM NaAsO₂ and 10 µg/mL puromycin for 15', 30', 45', and 60'. (D) Fraction of
517 specific RNA molecules found in SGs in U-2 OS cells stressed with 0.5 mM NaAsO₂ for 15',
518 30', 45', and 60'. 50 µg/mL cycloheximide was added after cells were stressed for 30'. More
519 than 500 RNAs were counted for each sample.

520
521 **Figure 2. AHNAK mRNPs organization in non-stress and stress conditions.** (A) Cartoon
522 schematic indicating where smFISH probes bind to AHNAK mRNAs. smFISH probes binding to
523 the 5' ends, middle or 3' ends are labeled with distinct fluorophores and are false-colored red,
524 blue, and green respectively. (B, D, and F) Left panels. Representative AHNAK smFISH images
525 of U-2 OS cells that were (B) not stressed or (D) stressed with 0.500 mM NaAsO₂ for 60' or (F)
526 heat shock at 42°C for 60'. U-2 OS cells were stained with AHNAK smFISH probes that bind
527 specifically to the 5' end (false-colored red), middle (false-colored blue), and 3' end (false-
528 colored green). Right panels. 3D rendering of smFISH spots by Bitplane Imaris imaging analysis
529 software. Scale bar: 250 nm. (C, E, and G) Cumulative frequency graphs (in fractions) of
530 smallest distances between 5' to 3' end smFISH spots (solid lines), 5' end to middle smFISH
531 spots (dash lines), and middle to 3' end smFISH spots (dotted lines) in unstressed cells (black),
532 0.500 mM NaAsO₂-treated cells (green), and heat shock cells (red). More than 1000 smallest
533 distances were quantified for each sample.

534
535 **Figure 3. AHNAK and DYNC1H1 mRNPs compact when U-2 OS cells are treated with**
536 **puromycin.** (A, C) Left panels. Representative AHNAK and DYNC1H1 smFISH images of U-2
537 OS cells treated with 10 µg/mL puromycin for one hour. Cells were stained with smFISH probes
538 that bind specifically to the 5' end (false-colored red), middle (false-colored blue), and 3' end
539 (false-colored green) of AHNAK and DYNC1H1 mRNAs. Right panels. 3D rendering of
540 smFISH spots by Bitplane Imaris imaging analysis software. Scale bar: 250 nm. (B, D)
541 Cumulative frequency graphs (in fractions) of smallest distances between 5' to 3' end smFISH
542 spots (solid lines), 5' end to middle smFISH spots (dash lines), and middle to 3' end smFISH
543 spots (dotted lines) in unstressed cells (black) and 10 µg/mL puromycin-treated cells (blue).
544 More than 1100 smallest distances were quantified for each sample. (E) Cumulative frequency
545 graph (in fractions) of smallest distances between 5' to 3' end smFISH spots (solid lines) inside
546 and outside SG in U-2 OS cells stressed with 60' 0.500 mM NaAsO₂. More than 500 smallest
547 distances were quantified. The analysis was performed with the experimental results as shown in
548 Figure 2B-C.

549
550 **Figure 4. Distances between the 5' end and middle AHNAK smFISH spots shrink first after**
551 **the addition of NaAsO₂.** (A) Cartoon schematic illustrating where smFISH probes bind to
552 AHNAK mRNAs. smFISH probes binding to the 5' end, middle or 3' end are labeled with distinct
553 fluorophores and are false-colored as red, blue, and green respectively. (B) Representative
554 AHNAK smFISH image of U-2 OS cells that were not stressed or stressed with 0.5 mM NaAsO₂

555 for 10, 20 and 30 minutes. Scale bar: 1 μm . (C-E) Cumulative frequency graphs (in fractions) of
556 smallest distances between (C) 5' to 3' end smFISH spots, (D) 5' end to middle smFISH spots
557 and (E) middle to 3' end smFISH spots in unstressed U-2 OS cells or 0.5 mM NaAsO₂-treated U-
558 2 OS cells for 5-30 minutes. More than 800 smallest distances were quantified for each sample.

559

560 **Figure 5. Translation inhibition with puromycin, NaAsO₂ or heat shock in U-2 OS cells**
561 **disproportionally shrink the distances between the 5' and 3' ends relative the middle of**
562 **AHNAK and DYNC1H1 mRNPs (A)** Cartoon schematic indicating the angles that were
563 measured in (B, C). Histograms illustrating the relative frequency (fractions) of angles from
564 middle smFISH spots to 5' end and 3' end smFISH spots of (B) AHNAK and (C) DYNC1H1
565 mRNAs in unstressed (black line), puromycin-treated (blue), NaAsO₂-treated (green), or heat
566 shocked (red) U-2 OS cells. The histograms were generated by binning every 15°. More than 850
567 angles were quantified for each sample.

568

569 **Figure 6. Model depicting mRNP compaction and mRNA recruitment to SGs.** Under non-
570 stress conditions, mRNPs are engaged in translation. Relative to its contour length, significant
571 compaction was observed. During early stages of stress, ribosomes will migrate towards the
572 3' end of mRNAs and mRNAs start to compact at the 5' end, most likely due to intramolecular
573 interactions formed. When mRNA exits translation, the mRNP compacts further and the ends are
574 disproportionally close. One hypothesis is the closed-loop conformation is re-established. Some
575 of these mRNPs, preferentially long mRNAs, start to accumulate in SGs via intermolecular
576 interactions formed with other mRNPs.

577

578 **Supplemental Figure 1. When mRNAs are recruited SGs is correlated with ORF length in**
579 **U-2 OS cells.** Representative smFISH images acquired for six different transcripts (AHNAK,
580 DYNC1H1, NORAD, PEG3, ZNF704, CDK6) for U-2 OS cells treated with 0.5 mM NaAsO₂ for
581 15, 30, 45, or 60 minutes. Cells were stained with Nuclei (false-colored blue), G3BP1 (false-
582 colored green), and specific transcripts by smFISH (false-colored red).

583

584 **Supplemental Figure 2. mRNAs with long ORF are recruited to SGs quicker with**
585 **puromycin in U-2 OS cells.** Representative smFISH images acquired for six different transcripts
586 (AHNAK, DYNC1H1, NORAD, PEG3, ZNF704, CDK6) for U-2 OS cells treated with 10
587 $\mu\text{g}/\text{mL}$ puromycin and 0.5 mM NaAsO₂ for 15, 30, 45, or 60 minutes. Cells were stained with
588 Nuclei (false-colored blue), G3BP1 (false-colored green), and specific transcripts by smFISH
589 (false-colored red).

590

591 **Supplemental Figure 3. Cycloheximide added at 30 minutes after treating U-2 OS cells with**
592 **NaAsO₂ impedes recruitment of mRNA to SGs.** Representative smFISH images acquired for
593 six different transcripts (AHNAK, DYNC1H1, NORAD, PEG3, ZNF704, CDK6) for U-2 OS
594 cells treated with 0.5 mM NaAsO₂ for 15, 30, 45, or 60 minutes with 50 $\mu\text{g}/\text{mL}$ cycloheximide
595 added at 30 minutes. Cells were stained with Nuclei (false-colored blue), G3BP1 (false-colored
596 green), and specific transcripts by smFISH (false-colored red).

597

598 **Supplemental Figure 4. DYNC1H1 mRNPs organization in non-stress and stress**
599 **conditions.** (A) Cartoon schematic indicating where smFISH probes bind to DYNC1H1
600 mRNAs. smFISH probes binding to the 5' ends, middle or 3' ends are labeled with distinct

601 fluorophores and are false-colored red, blue, and green respectively. **(B, D, and F)**
602 Representative DYNC1H1 smFISH images of U-2 OS cells that were **(A)** not stressed or **(C)**
603 stressed with 0.500 mM NaAsO₂ for 60' or **(E)** heat shock at 42°C for 60'. Cells were stained
604 with DYNC1H1 smFISH probes that bind specifically to the 5' end (false-colored red), middle
605 (false-colored blue), and 3' end (false-colored green). **(B, D, and F)** Cumulative frequency
606 graphs (in fractions) of smallest distances between 5' to 3' end smFISH spots (solid lines), 5'
607 end to middle smFISH spots (dash lines), and middle to 3' end smFISH spots (dotted lines) in
608 unstressed cells (black), 0.500 mM NaAsO₂-treated cells (green), and heat shock cells (red).
609 More than 1000 smallest distances were quantified for each sample.

610
611 **Supplemental Figure 5. Translation inhibition with puromycin, NaAsO₂ or heat shock in**
612 **U-2 OS cells disproportionately shrink the distances between the 5' and 3' ends relative the**
613 **middle of AHNAK and DYNC1H1 mRNPs. (A)** Cartoon schematic indicating the angles that
614 were measured in **(B, C)**. Analysis was restricted to distances between 0.3 μm to 0.6 μm between
615 5'-to-middle and middle to 3'-end smFISH spots. Histograms illustrating the relative frequency
616 (fractions) of angles from middle smFISH spots to 5' end and 3' end smFISH spots of **(B)**
617 AHNAK and **(C)** DYNC1H1 mRNAs in unstressed (black line), puromycin-treated (blue),
618 NaAsO₂-treated (green), or heat shocked (red) U-2 OS cells. The histograms were generated by
619 binning every 15°. More than 200 angles were quantified for each sample.

620
621 **Supplemental Figure 6. Distances less than 80 nm and 65 nm between 5' and 3' end**
622 **smFISH spots for AHNAK and DYNC1H1 mRNAs respectively are consistent with the**
623 **closed-loop translation model.** We estimate the distances between eIF4E, eIF4G, and PABP
624 will be less than 20 nm since an average protein length is 5 nm. With respect to the poly(A) tail
625 length, we estimate the distance between the last nucleotide prior to poly(A) tail and the last A
626 on the poly(A) tail will be 30 nm assuming it is completely extended and the poly(A) tail length
627 is 100 nucleotides. Given that the compaction is ~20 fold relative to contour length, and the
628 contour length of 1000 nucleotides is 300 nm, and given where the 5' end smFISH probes bind
629 on AHNAK and DYNC1H1 mRNAs, we estimate the distance will be approximately 22.5 nm or
630 7.5 nm from the m⁷G cap respectively. Similarly, we estimate the distance between 3' end
631 smFISH probes and the start of the poly(A) tail for both AHNAK and DYNC1H1 to be 7.5 nm.
632 Therefore, distances less than 80 nm and 65 nm between 5' and 3' end smFISH spots for
633 AHNAK and DYNC1H1 mRNAs are consistent with the closed-loop model.

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Figure 1

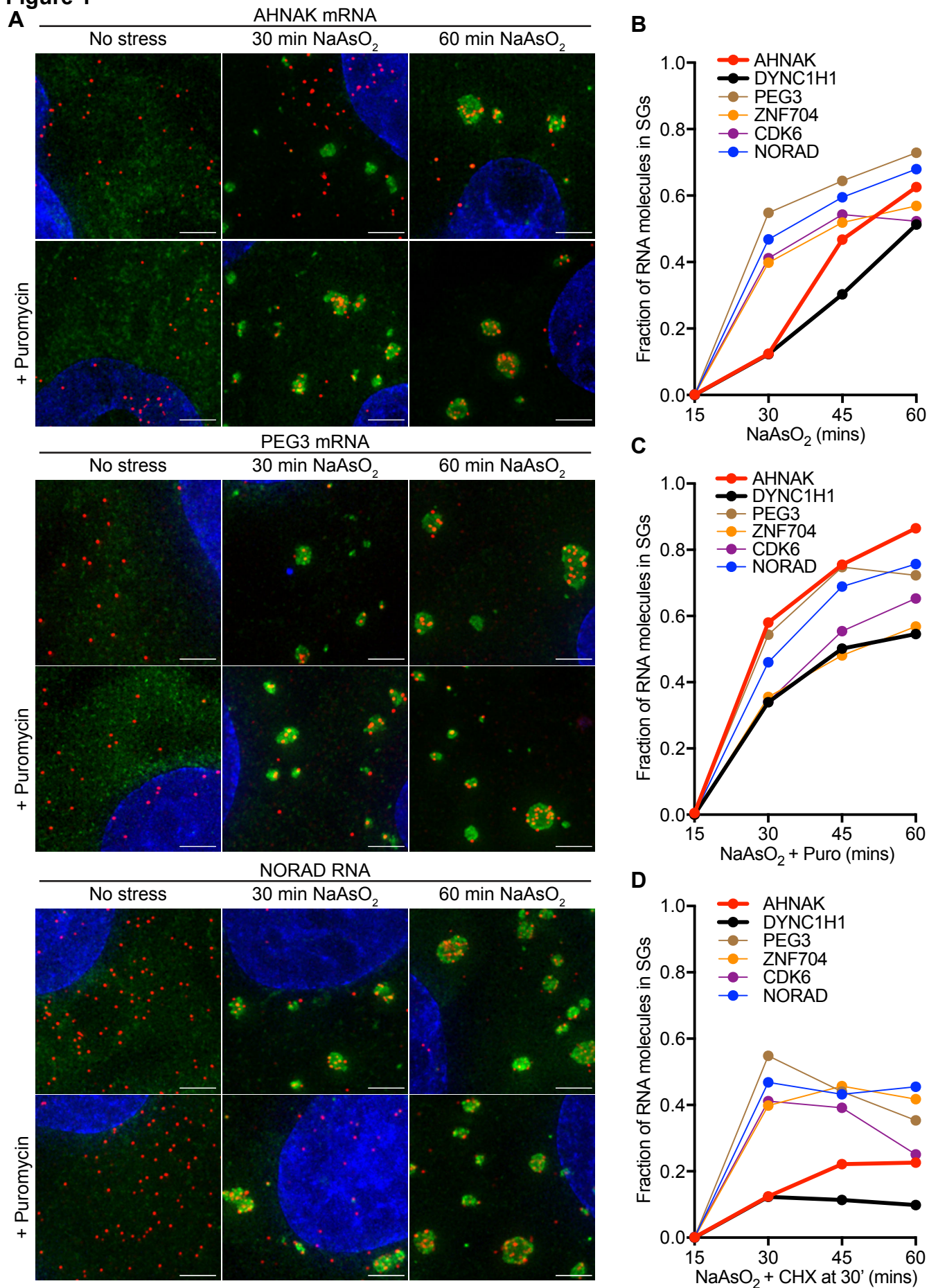


Figure 2

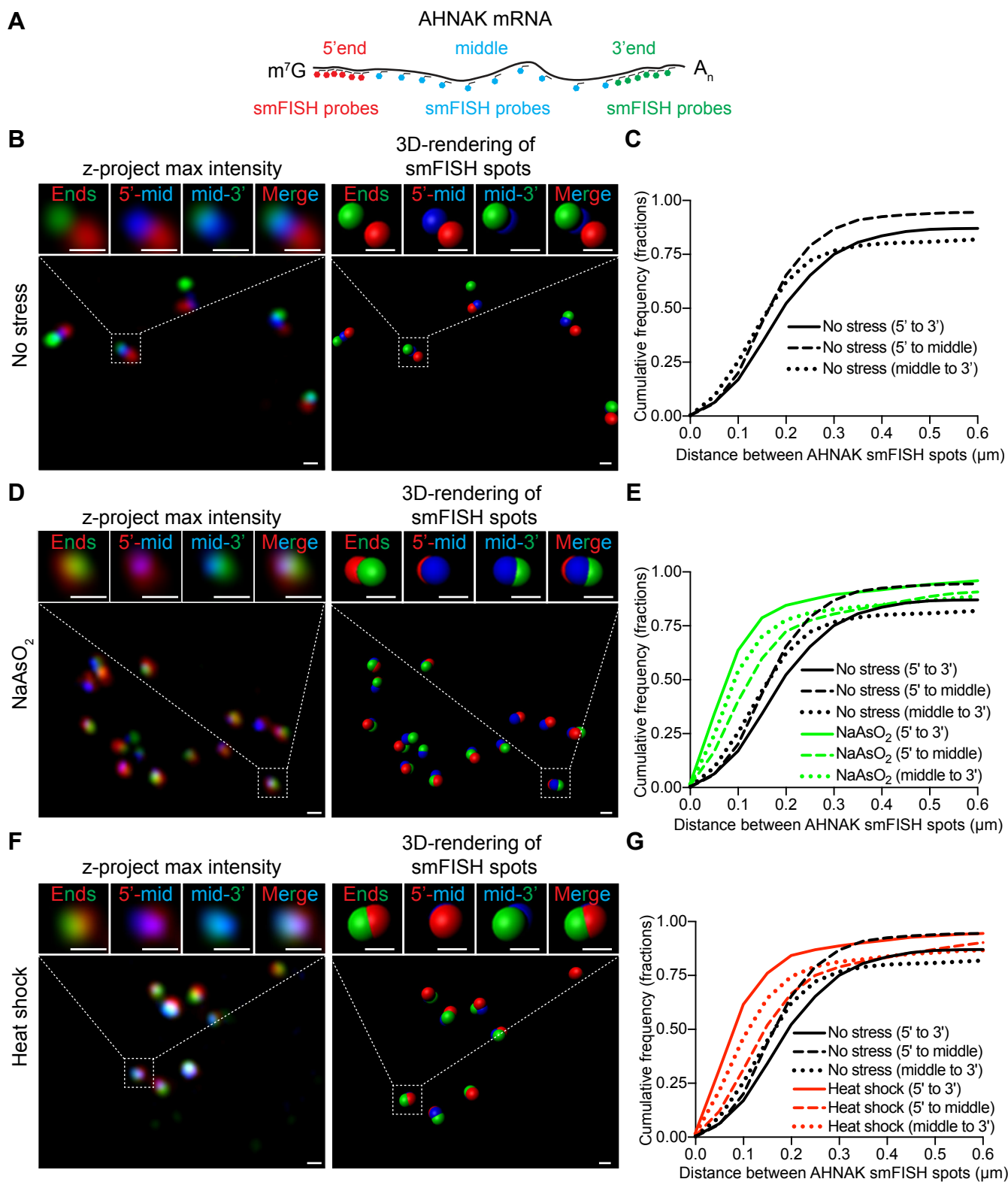


Figure 3

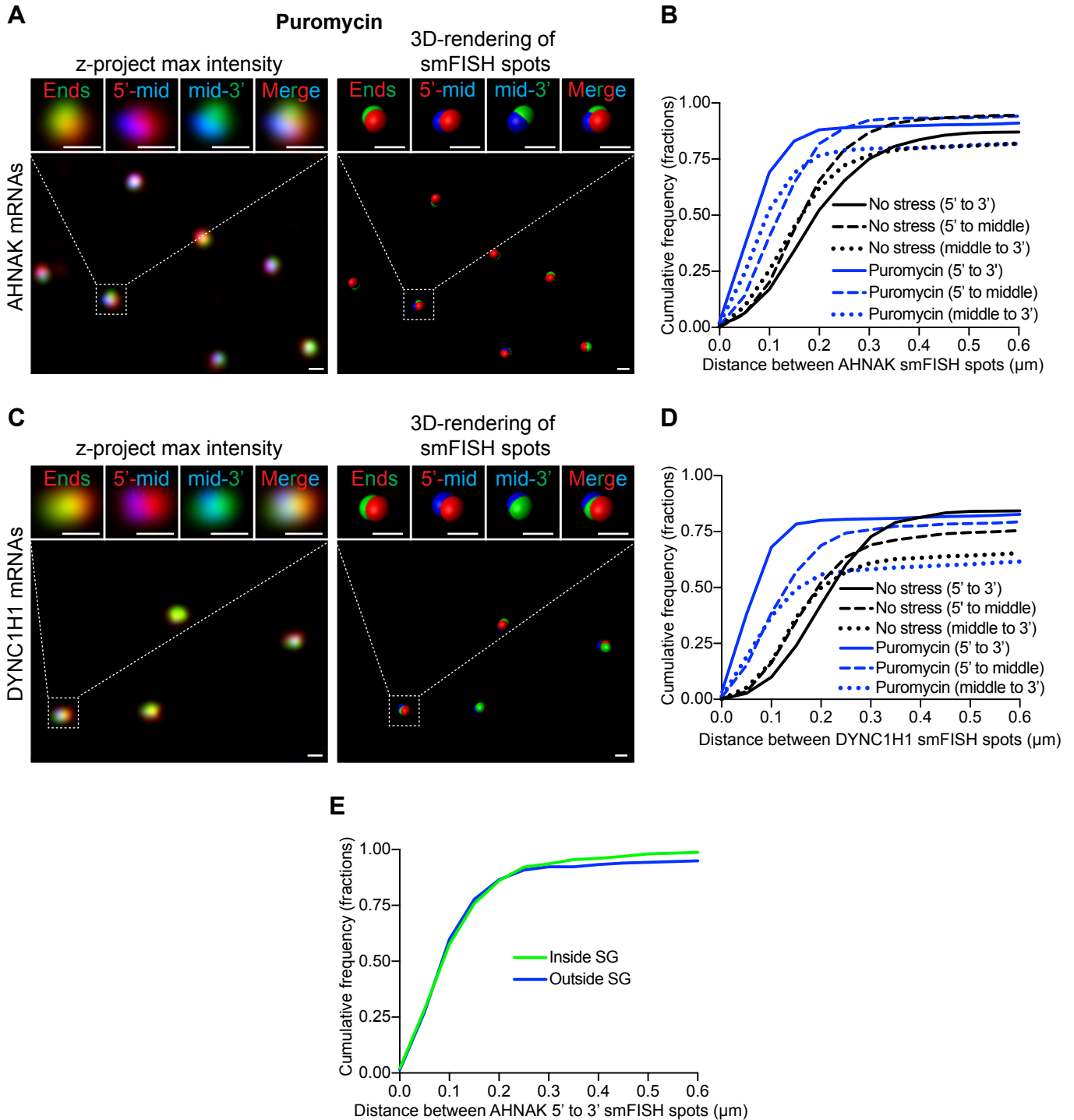


Figure 4

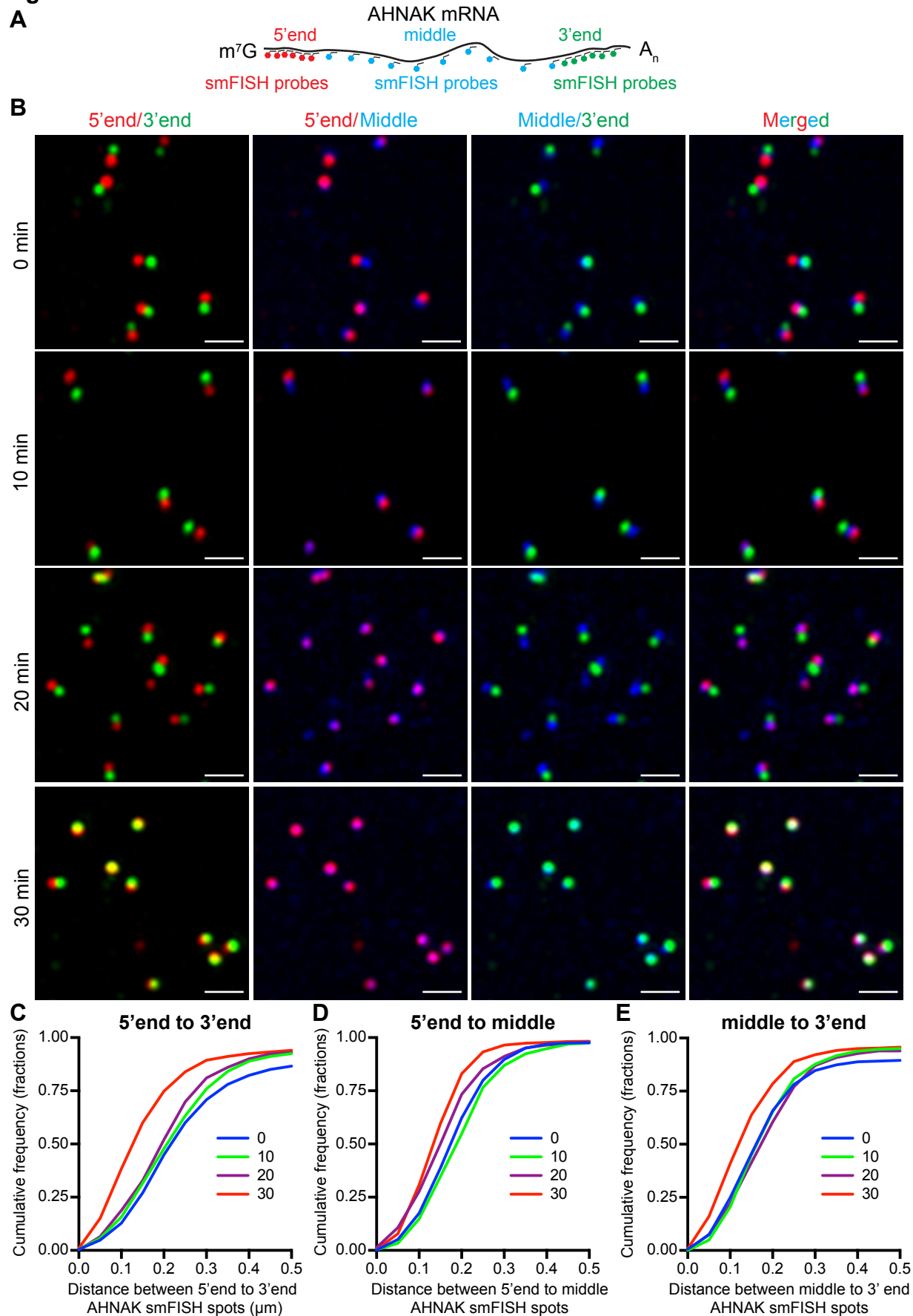
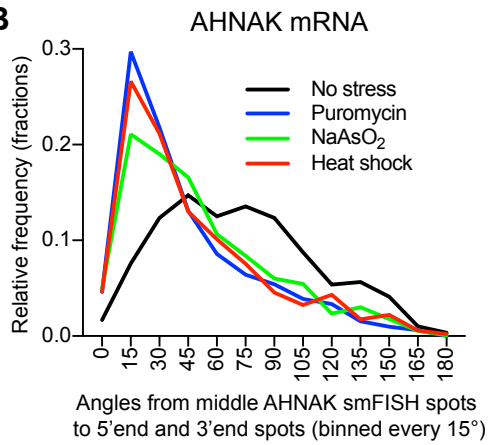


Figure 5

A



B



C

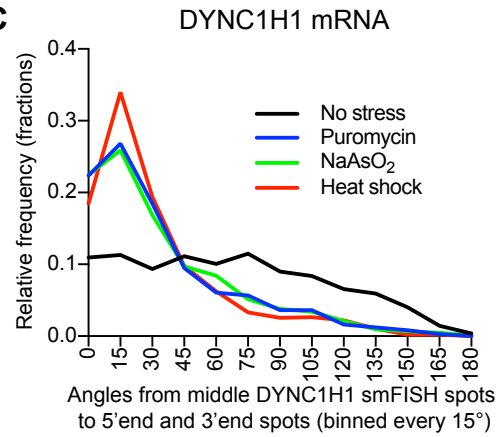


Figure 6

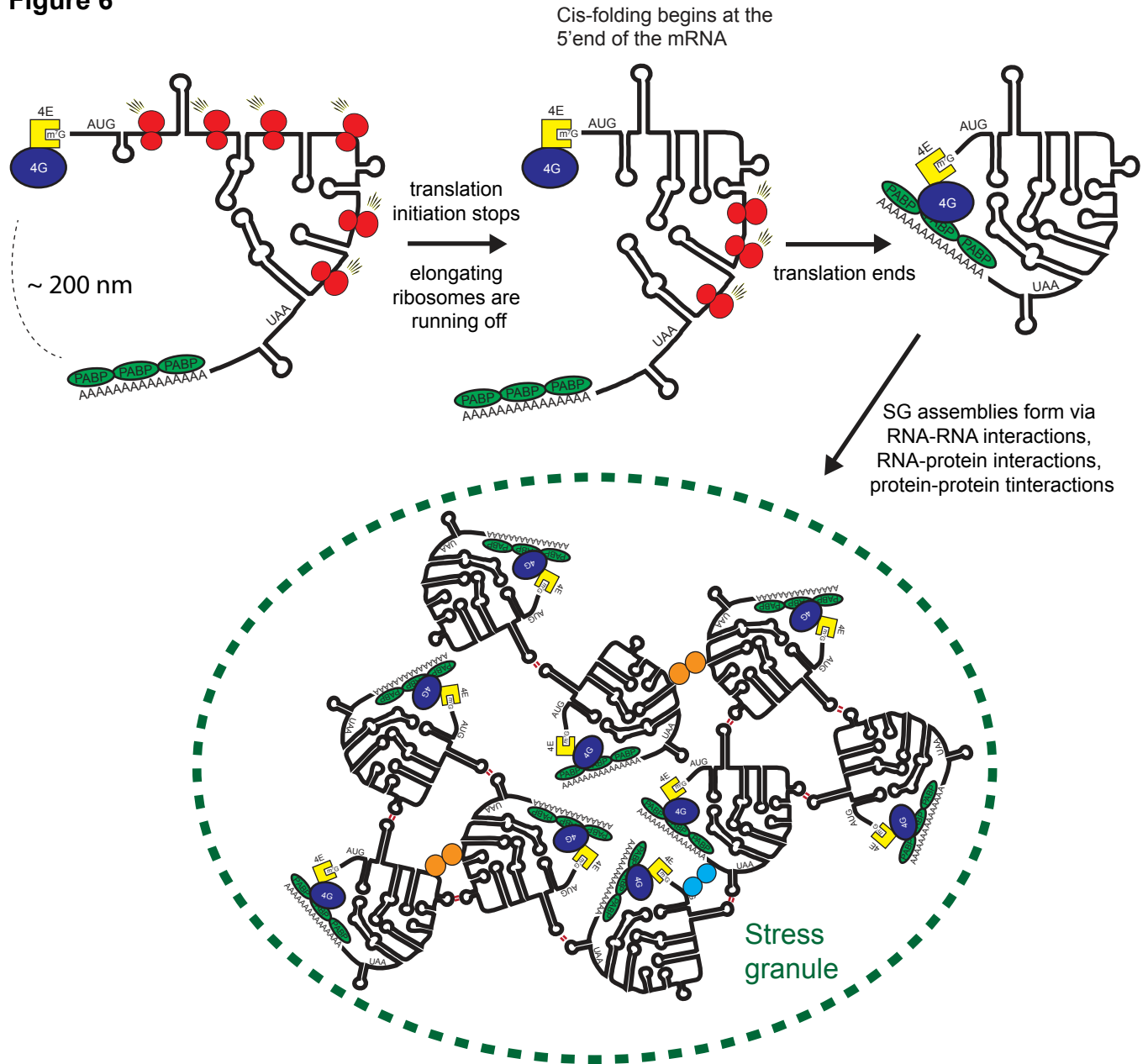
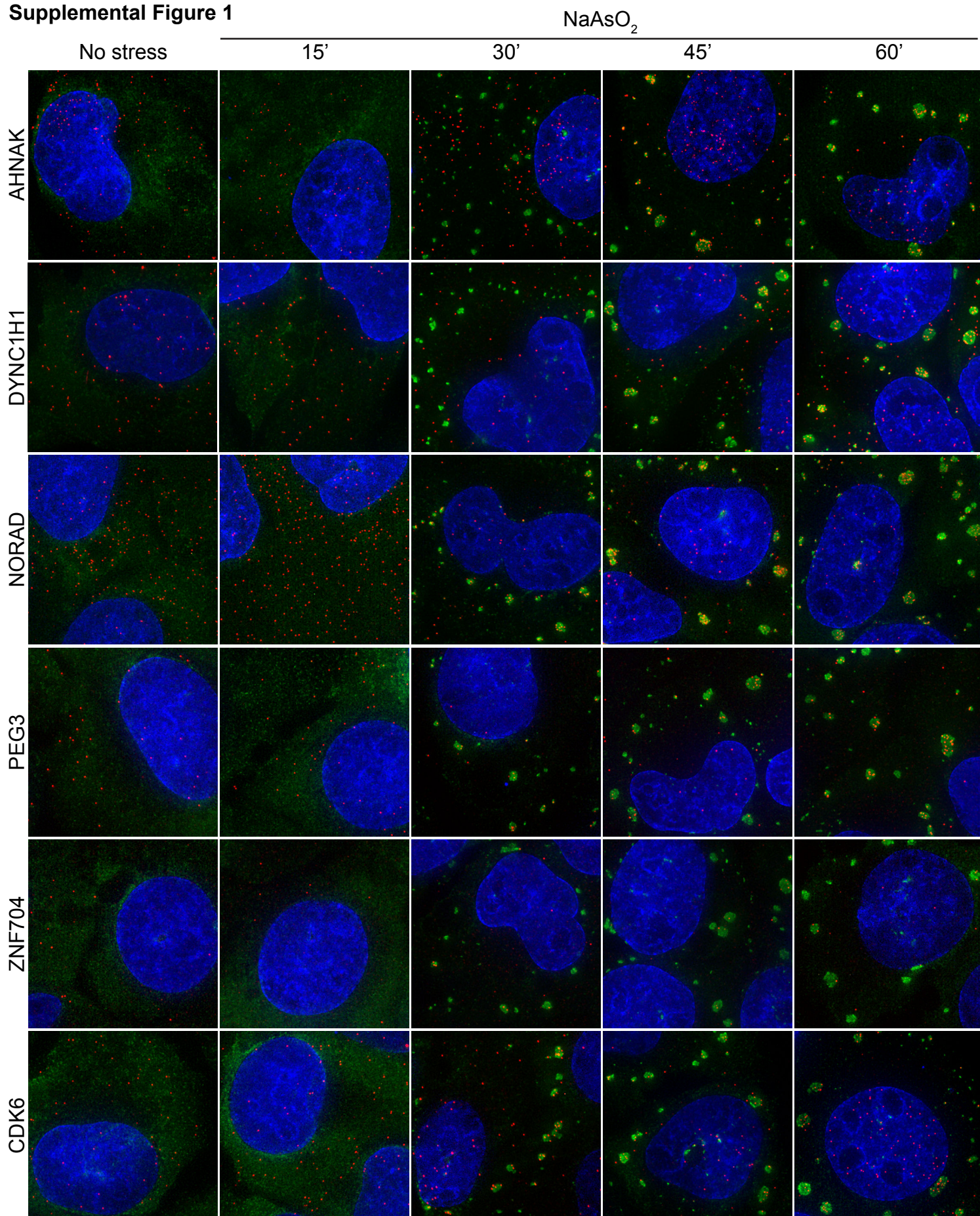


Table 1. Predicated ribosome run-off time

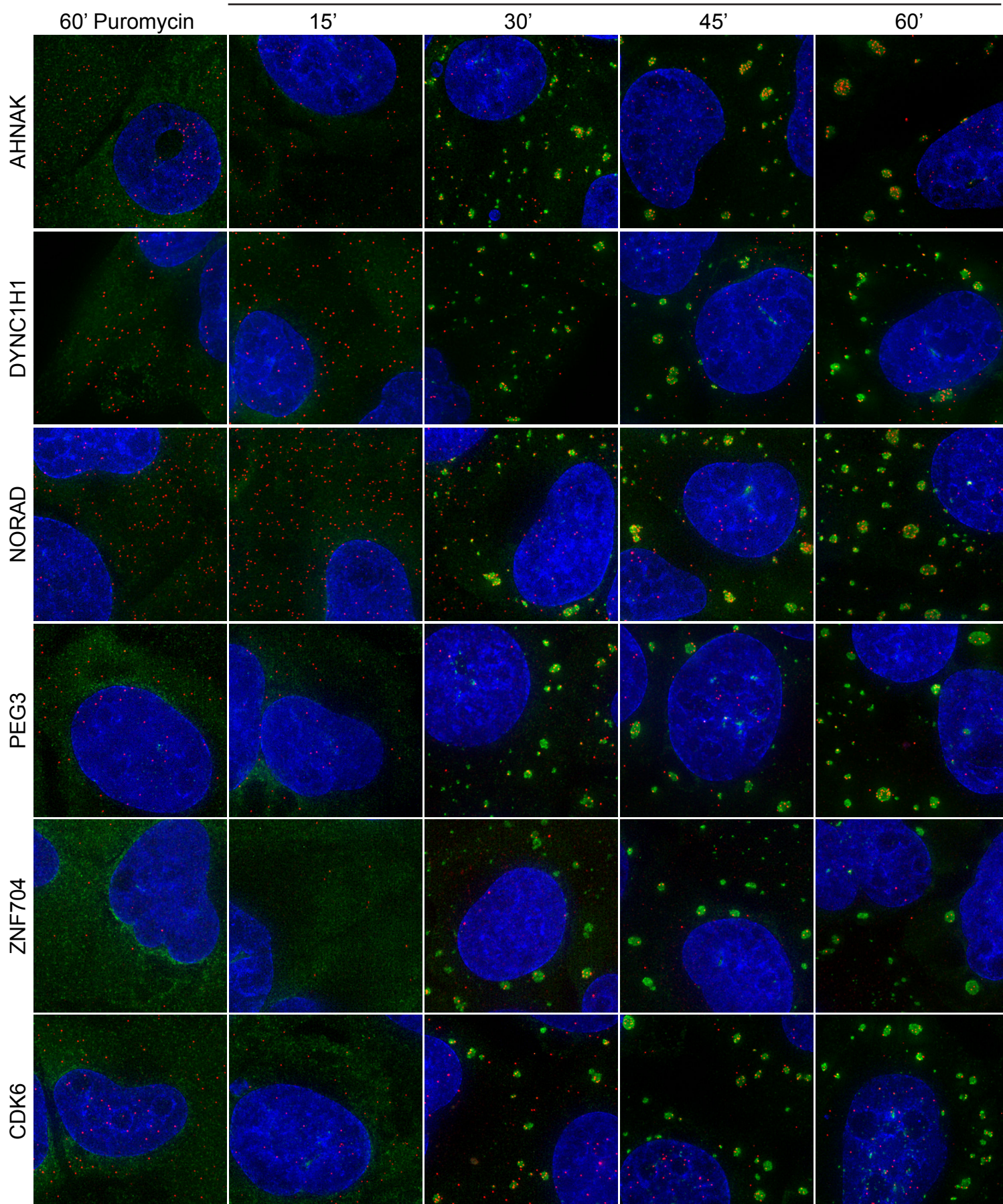
mRNA	total length (nt)	CDS length (nt)	Predicted ribosome run-off time (18nt/sec)
AHNAK	18,836	17,673	~16 min
DYNC1H1	14,361	13,941	~13 min
PEG3	8,765	4,767	~4 min
ZNF704	14,403	1,239	~1 min
CDK6	11,661	981	~1 min

Supplemental Figure 1

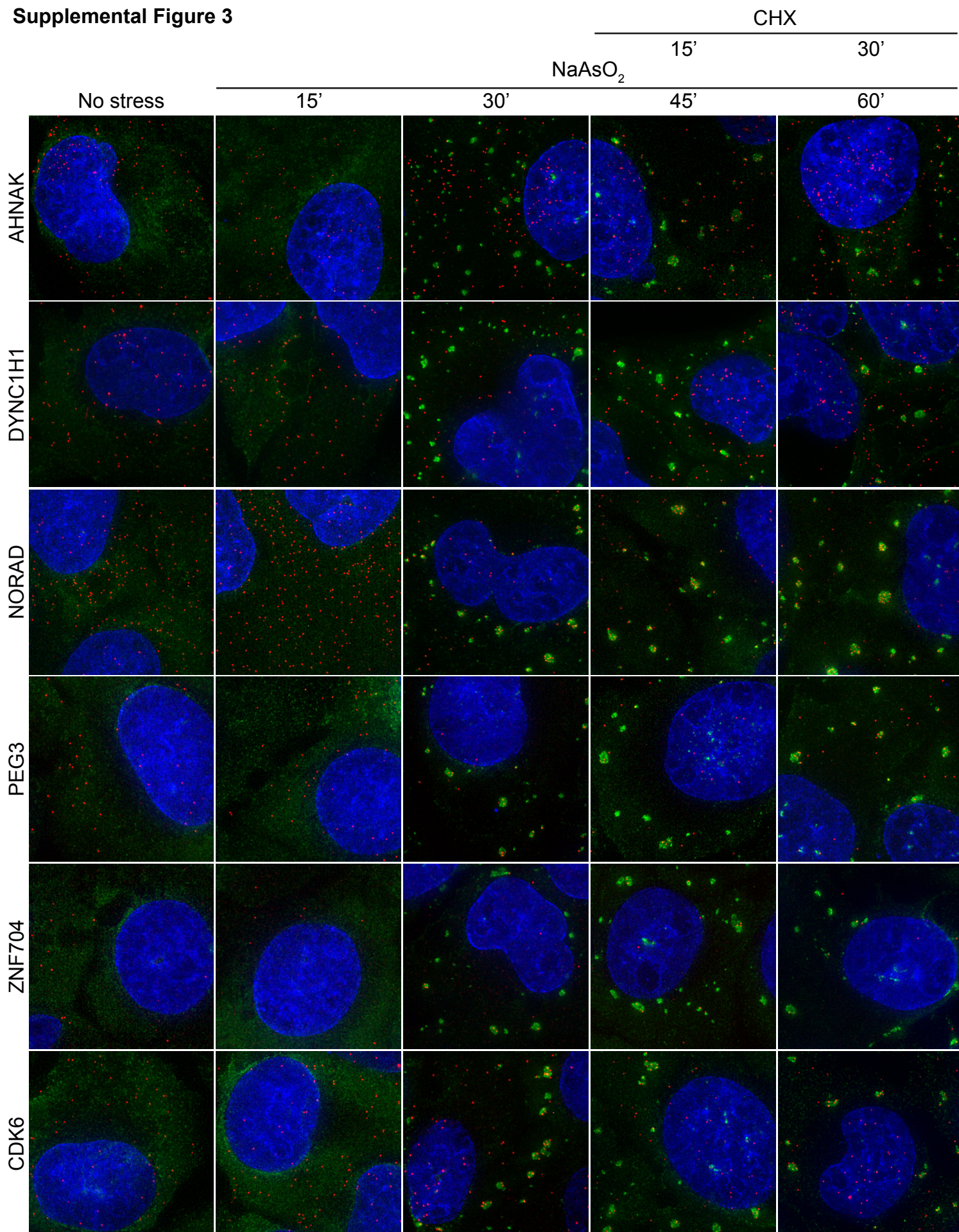


Supplemental Figure 2

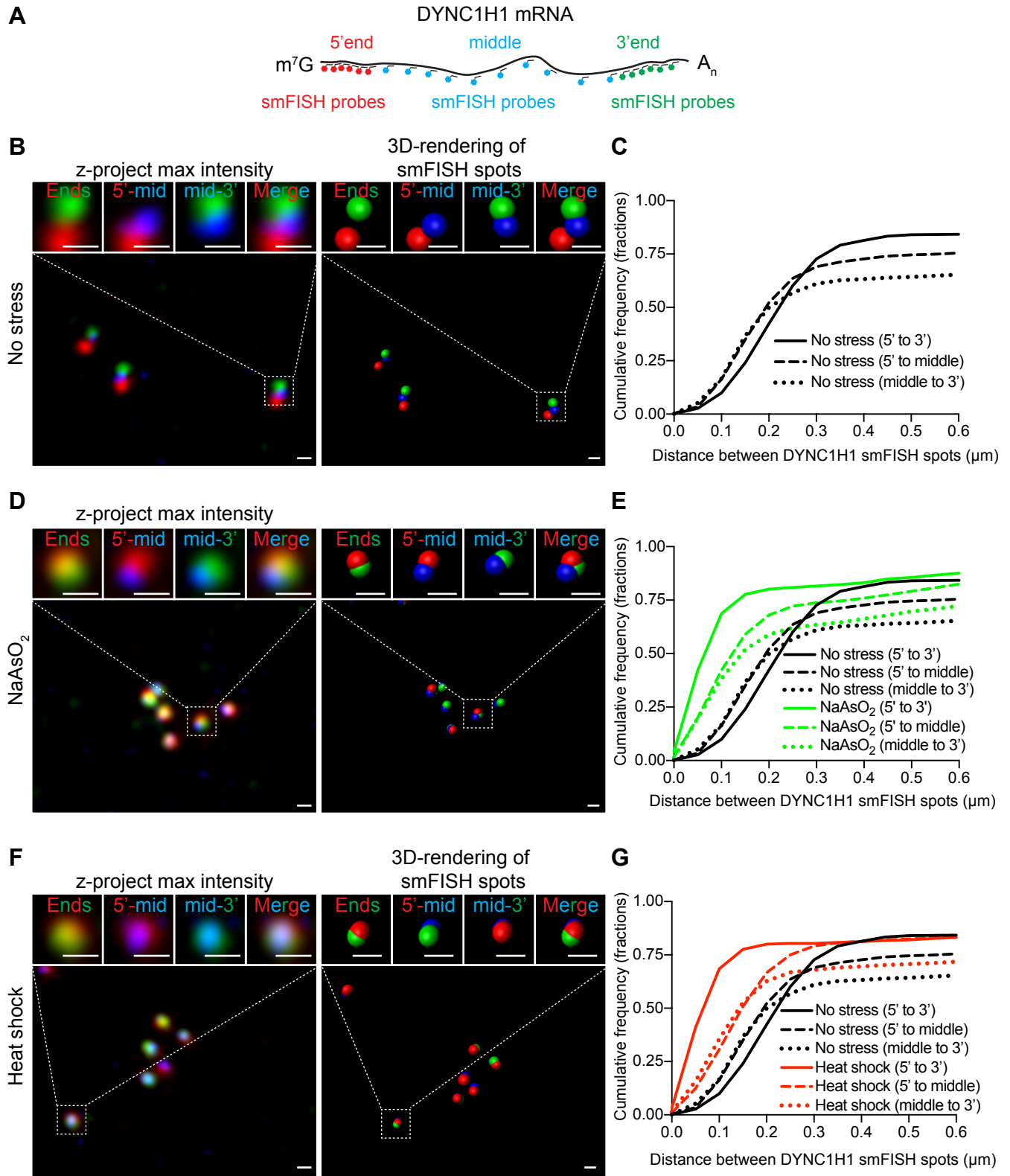
NaAsO₂ + Puromycin



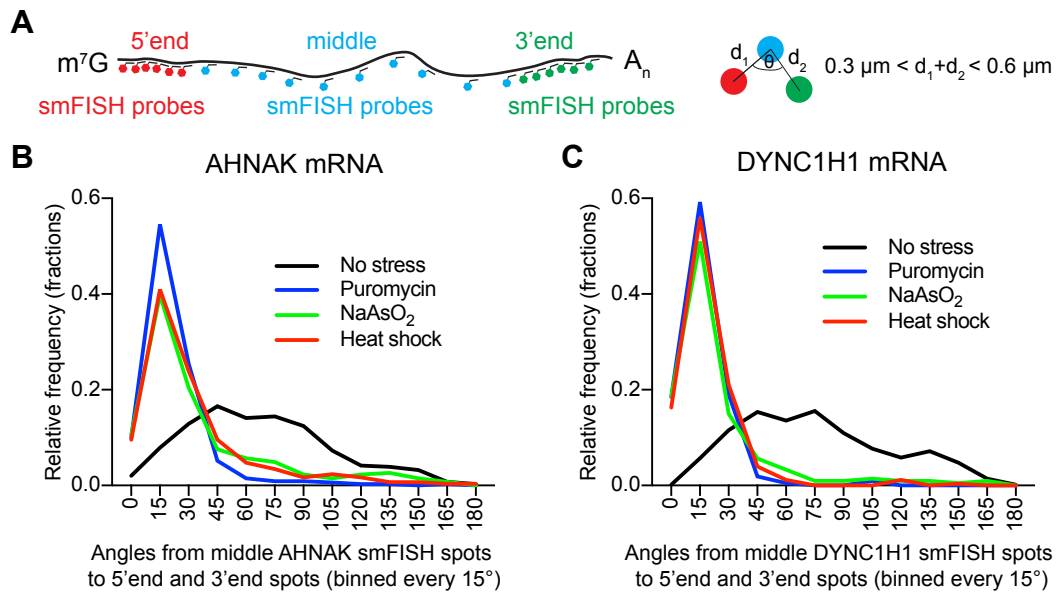
Supplemental Figure 3



Supplemental Figure 4



Supplemental Figure 5



Supplemental Figure 6

