

1 **Influence of Shea Tree (*Vitellaria paradoxa*) on Maize and Soybean Production**

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8 **ABSTRACT**

9 *Vitellaria paradoxa* provides many benefits to farmers within the Shea belt. However,  
10 increased threats to it necessitate its conservation, and one common approach is the practice  
11 of agroforestry. A number of studies have shown that Shea tree has influence on crop  
12 production, and yet, some of these studies were done using single season experiments or  
13 bioassays using mature Shea tree components. In this study, the seasonal influence of young  
14 and mature Shea trees on Maize and Soybean yields was investigated using field experiments  
15 in Otuke district of northern Uganda, where, Shea tree parklands are dominant and Maize and  
16 Soybean are used for food security and income. Our results show that there are differential  
17 responses of maize and soybean yield to rainy seasons and physiological differences of  
18 *Vitellaria paradoxa* treatment. We find yield reduction for maize more pronounced than yield  
19 reduction for soybeans under different Shea plants (Mature and Young) and for the two rainy  
20 seasons. We attribute the difference to the differential maize and soybean responses to  
21 *Vitellaria paradoxa* shading and its differential allelopathic inhibition of these crops. We  
22 recommend that Soybeans should be preferred to maize when planting under Shea canopy.

23  
24 Key words: *Vitellaria paradoxa*, *Zea mays*, *Glycine max*, Yield, Season, Differential  
25 Response

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## 27 1. Introduction

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28 The Shea tree (*Vitellaria paradoxa*) is an important parkland tree species indigenous to  
29 Africa, specifically occupying the Sudano-sahelian regions stretching from West Africa,  
30 across Central Africa to East Africa (Boffa, 2015). In Uganda, the Shea belt that occupies  
31 parts of Eastern and Northern Uganda predominantly has *Vitellaria paradoxa* sub species  
32 *nilotica* (Okullo, et al., 2012). The tree produces nuts that are processed to obtain Shea  
33 butter, which are of high economic value (Teklehaimanot, 2004). Shea butter has a wide  
34 range of uses including in the cosmetic and pharmaceutical industries (Gwali, Okullo, Eilu,  
35 Nakabonge, Nyeko, & Vuzi, 2012), and it contains important fatty acids including palmitic,  
36 stearic, oleic, linoleic and arachidic acids (Okullo J. , et al., 2010).

37 Farmers in the Shea belt usually collect Shea nuts for domestic consumption and income and  
38 Shea butter is becoming an important foreign exchange commodity for countries where it is  
39 found (Rousseau, Gautier, & Wardell, 2015; Lovett & Haq, 2013). A number of scholars and  
40 stakeholders agree that there is need to conserve *Vitellaria paradoxa* due to its economic  
41 potential and threats to it (Buyinza & Okullo, 2015). These threats include burning the tree  
42 for charcoal, and large scale clearing of the Shea tree to pave way for mechanized agricultural  
43 production (Agea, Obua, Waiswa, Okia, & Okullo, 2010; Boffa, 2015; Buyinza & Okullo,  
44 2015; Gwali, Okullo, Eilu, Nakabonge, Nyeko, & Vuzi, 2012). Also, increasing population  
45 pressure in the Shea belt means that there is no longer room for natural regeneration of the  
46 Shea tree (Okiror, Agea, Okia, & Okullo, 2012).

47 As a result, several conservation approaches are being encouraged by stakeholders including  
48 among others, intercropping Shea tree with annual agricultural crops. It is recommended that  
49 crops grown under Shea trees are shade tolerant (Boffa, 2015). More so, an increasing  
50 number of studies find that Shea tree has inhibitory effects on certain crops (Alamu & Aleem,  
51 2014; Aleem, Alamu, & Olabode, 2014; Boffa, 2015; Folarin, Ogunkunle, Oyedeji, &  
52 Kolawole, 2015). The magnitude of the inhibition ranges from those that are not statistically  
53 significant and do not cause significant differences in yields, to those that are statistically  
54 significant leading to significant reduction in yields. The influence of planting season and  
55 crop productivity under Shea has not been widely reported. Majority of the studies on  
56 inhibitory effects of Shea tree are single season studies such as those of Aleem et al (2014) or  
57 bioassays that involve planting the experimental crops in soils incorporated with extracts of  
58 mature Shea tree components such as those of Folarin et al (2015). It is widely accepted that

59 variations in seasons have significant influence on crop productivity (Boffa, 2015).  
60 Physiological stages of Shea is also expected to have significant influence on crop  
61 production. These influences are expected to vary with the crop in question, for instance,  
62 Alamu and Aleem, 2014; Aleem et al., 2014 reported differential responses of cowpea and  
63 maize to Shea tree. This study was therefore done to investigate the seasonal variations in the  
64 influence of *Vitellaria paradoxa* on production of *Zea mays* L. (Maize) and *Glycine max* (L.)  
65 *Merrill*. (Soybean) and investigate the influence of the physiological stage of the Shea on  
66 production of the two annual crops.

67 The two crops have been chosen for this study for two main reasons. First, both maize and  
68 soy beans are very important food security and income generating crops in the Uganda Shea  
69 belt. Secondly, these two crops were chosen for the study, due to differences in their  
70 physiology which is a big factor in their individual responses to the influence of *Vitellaria*  
71 *paradoxa*. Maize, for instance is a C4 plant, while soybean is a C3 plant. This means that the  
72 crops follow different photosynthetic pathways and are expected to exhibit different  
73 responses to the influence of *Vitellaria paradoxa* on their yields. We thus expect seasonal  
74 differences in the influence of *Vitellaria paradoxa* on both maize and soybeans, and a  
75 prominent influence of *Vitellaria paradoxa* on maize which, as a C4 plant is likely to be more  
76 responsive to variation in light intensity than soybean. We also expect different responses of  
77 both maize and soybean to different physiological stages of *Vitellaria paradoxa*, and that the  
78 influence of *Vitellaria paradoxa* on both maize and soybeans would be more pronounced for  
79 the mature Shea garden than young Shea garden.

80

## 81        2. Methods

### 82        *2.1 Study Design and Data collection*

#### 83        *Study Area*

84        The study was conducted in the first and second rainy (planting) seasons in Opejal parish  
85        located in Okwang sub County, Otuke district, in Northern Uganda. It has a rainfall pattern  
86        with two rainy seasons from late March to May and July to November, with a long dry spell  
87        stretching from December to early March. The Average annual rainfall for the district varies  
88        between 1000 mm – 1600 mm. This rainfall is suitable for the production of both maize and  
89        soybeans. The mean temperature is between 22°C – 26°C. However, temperatures may be as  
90        high as 40°C during certain periods of the long dry season. Agriculture is the major source of  
91        livelihood in the district with major crops cultivated including; rice, groundnuts, sesame,  
92        soybeans, sorghum, beans, millets, pigeon peas and maize.

93        The natural vegetation is mainly savannah woodland with scattered trees dominated by Shea  
94        trees (*Vitellaria paradoxa*). Other prominent tree species includes *Terminalia*, *Cambretum*  
95        *spp*, *Ficus spp*, *Accacia spp* and *Phoenixma linareclinata*. Otuke district is generally flat or  
96        gently undulating with an altitude between 900 meters to 1500 meters above sea level,  
97        although much of the district lies above 1020 meters above sea level. The largest part of the  
98        district comprises of remnants of lowland surface, and is generally well drained except for  
99        some peripheral areas, that are occupied by poorly drained swamps. The district lies mostly in  
100        the Aswa water catchment that drains her wetlands in the south and west into river Aswa and  
101        Moroto respectively.

#### 102        *Experimental Design and data collection*

103        The experiments involved three treatments of Mature Shea tree garden, Young Shea tree  
104        garden and a control garden that had no Shea tree. For purposes of this study, mature Shea  
105        trees were trees that were already producing nuts, while the young Shea trees had never  
106        produced nuts. The experiments involved planting both maize and soybeans in replicates of  
107        (1) four mature Shea gardens, (2) four young Shea gardens and (3) four Control gardens.  
108        Each treatment and control garden measured 10 x 15 meters. These were divided into sub-  
109        plots of 2.5 x 2.5 meters. In each treatment garden, a total of four sub-plots were planted with  
110        maize and another four sub-plots planted with soybeans in an alternating design (Figure 1).

111 The planted plots were alternated with rest plots. This gives a total of 16 sub-plots for each  
112 treatment under maize and soybeans respectively. In season two, the alternating rest plots  
113 were planted alternately with maize and soybeans.

114 The maize variety Longe 10H and soybean variety Maksoy 3N were used in this experiment.  
115 These varieties were chosen due to their drought resistance and high yielding potentials and  
116 are varieties that are recommended for the region. The agronomic practices undertaken for  
117 both maize and soybeans followed the standard practices that farmers in Otuke district  
118 follow. No inorganic fertilizers were used for all the two seasons. The crops were weeded  
119 twice as required. Maize and soybean yields after harvest, threshing and drying were weighed  
120 and recorded in grams for further analysis.

## 121 ***2.2 Data Analysis***

122 Data on yields of maize and soybeans in both planting seasons were entered, cleaned and  
123 analyzed using statistical packages of Microsoft office excel 10 and SPSS version 20. The  
124 yield data was reported in kilograms per hectare. The data was subjected to Analysis of  
125 Variance (ANOVA) and post ANOVA to test for difference in yields within and between  
126 treatments at 5% level of significance. A yield decline index was also constructed to compare  
127 the yield difference between Maize and Soybean. The index was constructed by taking the  
128 yield from the control experiment as the base and comparing it with the yield from each of  
129 the two treatments as shown in the equation below.

$$130 \quad \text{Yield decline Index} = \frac{\text{Mean yield under shea treatment}}{\text{Mean yield under control treatment}} \times 100$$

131

## 132        **3. Results**

### 133        ***3.1 Experimental Maize and Soybean yields***

134        The results show variations in yield of maize and soybeans under the different treatments  
135        (Figure 2). Analysis of Variance found significant difference in mean yields for maize and  
136        soybean under the different treatment regimens for the two seasons (Table 1). Further  
137        analysis shows significant differences in mean yields for all the three treatments for maize,  
138        while there was no significant difference of soybean yield for mature and young Shea tree  
139        treatments. The mean soybean yields were however significantly different between the  
140        control and treatments and the results for season one was consistent with those of season two.  
141        However, there seems to be seasonal variations in yield within the treatments (Figure 1).

### 142        ***3.2 Comparing maize and soybean yield response to treatment***

143        Comparison of maize and soybean yields from the field experiments found that, overall,  
144        mature Shea tree treatment had the highest yield reduction for both maize and soybeans as  
145        compared to young Shea treatment. This reduction was more pronounced in the maize than in  
146        the soybeans, for instance, the average maize yield in season one for the mature Shea tree  
147        garden was only 23% of the average maize yield from the control garden while the average  
148        soybean yield in season one for the mature Shea tree garden was 42% of the average soybean  
149        yield from the control garden (Table 2). Similar results are seen for both maize and soybeans  
150        in season two.

### 151        ***3.3 Comparing seasonal maize and soybean yield under treatment and control***

152        Analysis of effect of season on the influence of *Vitellaria paradoxa* provides evidence of  
153        differential responses of maize and soybeans under the treatments. Specifically, maize yield  
154        under Mature Shea and Control gardens and soybean yield under mature Shea treatment were  
155        significantly different for the two planting seasons (Table 3).

156

#### 157 4. Discussion

158 This study investigates the influence of seasonal and physiological stages of *Vitellaria*  
159 *paradoxa* on maize and soybean yields in Otuke district in northern Uganda. We find yield  
160 differences between the treatments, specifically; maize yield significantly different for all the  
161 treatments for the two seasons, while soybean yields not significantly different for mature  
162 Shea and young Shea treatments. We attribute this yield differences between the treatments to  
163 a number of factors; firstly, the response of maize and soybeans to different levels of shading  
164 as reported by (Suryanto, Putrab, Kurniawan, Suwignyo, & Sukirno, 2014). The difference  
165 between maize and soybean yield can also be attributed to the physiological differences  
166 between the two crops. For instance, Maize which is a C4 plant is very responsive to light  
167 intensity and temperature (Boffa, 1999). A C4 plant's photosynthetic pathway uses different  
168 enzymes from those used by C3 plants. C4 plants are often called tropical or warm season  
169 plants. They reduce carbon dioxide captured photosynthesis to useable component by first  
170 converting carbon dioxide to oxaloacetate, which is a 4-carbon acid (Hopkins & Huner,  
171 2009). Boffa (2015) indicated that C3 plants are less affected by Shea tree shading than C4  
172 plants. This explains why our results show that the effect of *Vitellaria paradoxa* on Maize (a  
173 C4 plant) is more pronounced than in soybeans (a C3 plant).

174 We also attribute the yield decline due to *Vitellaria paradoxa*, to the presence of  
175 phytochemicals referred to as allelo chemical that have inhibitory effects on the growth and  
176 production of other plants. For instance, Aleem *et al.* (2014) and Alamu & Aleem (2014) in  
177 separate studies of cowpea and maize respectively reported that *Vitellaria paradoxa* had  
178 allelopathic effects on Cowpea and Maize. However, the influence of *Vitellaria paradoxa* on  
179 maize was more pronounced than in cowpea.

180 We also find that there were seasonal variations in the influence of *Vitellaria paradoxa* on  
181 maize and soybeans. Maize and soybeans yield in the second planting season were relatively  
182 higher than yields from the first season of planting. However, there was no significant  
183 influence of season on both maize and soybean yields under young Shea treatment and  
184 soybean under the control treatment. Mature Shea treatment showed significant ( $p < 0.05$ )  
185 yield difference for both maize and soybean. This can be attributed to the seasonal variation  
186 in the chemical composition of *Vitellaria paradoxa*. Boffa (2015) reported that *Vitellaria*  
187 *paradoxa* exhibits phenology chronologically and geographically, while Byakagaba, Eilu,  
188 Okullo, & Mwavu, (2011) reported that Shea population structure and regeneration status  
189 depends partly on land management regimes. This means Shea tree chemical components

190 that have inhibitory effects on growth and production of Maize and Soybeans vary across  
191 time and place. The differences in yields can therefore be attributed to differences in seasonal  
192 water availability.

### 193 ***Limitations of the study***

194 This study was carried out in two planting seasons. The results are therefore limited to  
195 situations similar to those of these two seasons. In case of very high weather variability to  
196 levels significantly different from these seasons, these results may not be applicable.

## 197 **5. Conclusion**

198 In this study, we investigated the influence of *Vitellaria paradoxa* on the yield of *Z. mays* and  
199 *G. Max*. Specifically, we expected to find varying influence of *Vitellaria paradoxa* on these  
200 two crops. We also expected to find differences in the seasonal influences of *Vitellaria*  
201 *paradoxa* on the two crops, and varying influence of mature Shea and young Shea on these  
202 two crops. It was expected that seasonal differences would lead to differences in crop  
203 responses under *Vitellaria paradoxa*, and that differences in the physiology of both maize and  
204 soybeans would lead to different responses of these crops to *Vitellaria paradoxa* under  
205 different physiological conditions and season. In line with our expectations, the study found  
206 that *V. paradoxa* influences maize and soybeans differently. Specifically, the influence was  
207 more pronounced in maize than in soybeans in both seasons. This can be attributed to the  
208 difference in response of maize and soybean to shading, and phytotoxic inhibition by other  
209 plants. The differential response of these crops can be attributed to differences in their  
210 physiology. We also find that mature Shea tree exhibited seasonal influence on both maize  
211 and soybean. This was attributed to the differences in the chemical composition of *V.*  
212 *paradoxa* especially with respect to allelo chemicals.

213 Our study provides a basis to recommend preferential planting of soy beans under Shea tree  
214 canopy as opposed to planting maize. This will help in furthering the effort to conserve the  
215 Shea tree (*V. paradoxa*), given its profound economic value

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- 266

267 **Table 1: Variation in maize and soy bean yield among the treatments and control**

<b>Season One</b>					
<b>Treatment</b>	<b>Number of Observations</b>	<b>Maize yield</b>		<b>Soy bean yield</b>	
		<b>Mean ± SD</b>	<b>p-value</b>	<b>Mean ± SD</b>	<b>p-value</b>
<b>Control garden</b>	16	633.06 ± 68.8 <sup>c</sup>	0.00	629.43 ± 159.70 <sup>a</sup>	0.00
<b>Young Shea</b>	16	231.62 ± 57.4 <sup>b</sup>	0.00	277.62 ± 57.60 <sup>b</sup>	0.00
<b>Mature Shea</b>	16	144.94 ± 23.8 <sup>a</sup>	0.00	170.25 ± 17.24 <sup>b</sup>	0.00
<b>Season Two</b>					
	<b>Number of Observations</b>	<b>Maize yield</b>		<b>Soybean yield</b>	
		<b>Mean ± SD</b>	<b>p-value</b>	<b>Mean ± SD</b>	<b>p-value</b>
<b>Control garden</b>	16	673.31 ± 51.06 <sup>d</sup>	0.00	700.18 ± 106.90 <sup>d</sup>	0.00
<b>Young Shea</b>	16	227.18 ± 48.24 <sup>e</sup>	0.00	297.25 ± 36.14 <sup>e</sup>	0.00
<b>Mature Shea</b>	16	170.25 ± 17.24 <sup>f</sup>	0.00	267.93 ± 17.17 <sup>e</sup>	0.00

*Note: SD Standard Deviation*

*Value in the same column with different superscripts are significantly different at  $p < 0.05$*

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269

270 **Table 2: Comparison maize and soybean yield from the control with the treatments**

<b>Comparison</b>	<b>Yield decline Index (%)</b>			
	<b>Season one</b>		<b>Season two</b>	
	<b>Maize</b>	<b>Soybean</b>	<b>Maize</b>	<b>Soybean</b>
Mature Shea /Control Treatments	23.1548	41.7235	25.4183	39.0404
Young Shea/Control Treatments	36.6053	46.3346	33.9325	43.1694

271

272

273 **Table 3: Seasonal Variation in Yield of Maize and Soybeans by Treatment**

Planting Season	Average Maize Yield by treatment			Average Soybean Yield by treatment		
	Mature Shea	Young Shea	Control	Mature Shea	Young Shea	Control
I	144.94 <sup>a</sup>	231.63 <sup>c</sup>	633.06 <sup>d</sup>	244.25 <sup>a</sup>	277.63 <sup>c</sup>	629.44 <sup>d</sup>
II	170.25 <sup>b</sup>	227.19 <sup>c</sup>	673.31 <sup>e</sup>	267.94 <sup>b</sup>	297.25 <sup>c</sup>	700.19 <sup>d</sup>

274

275 *Season I: March to June*

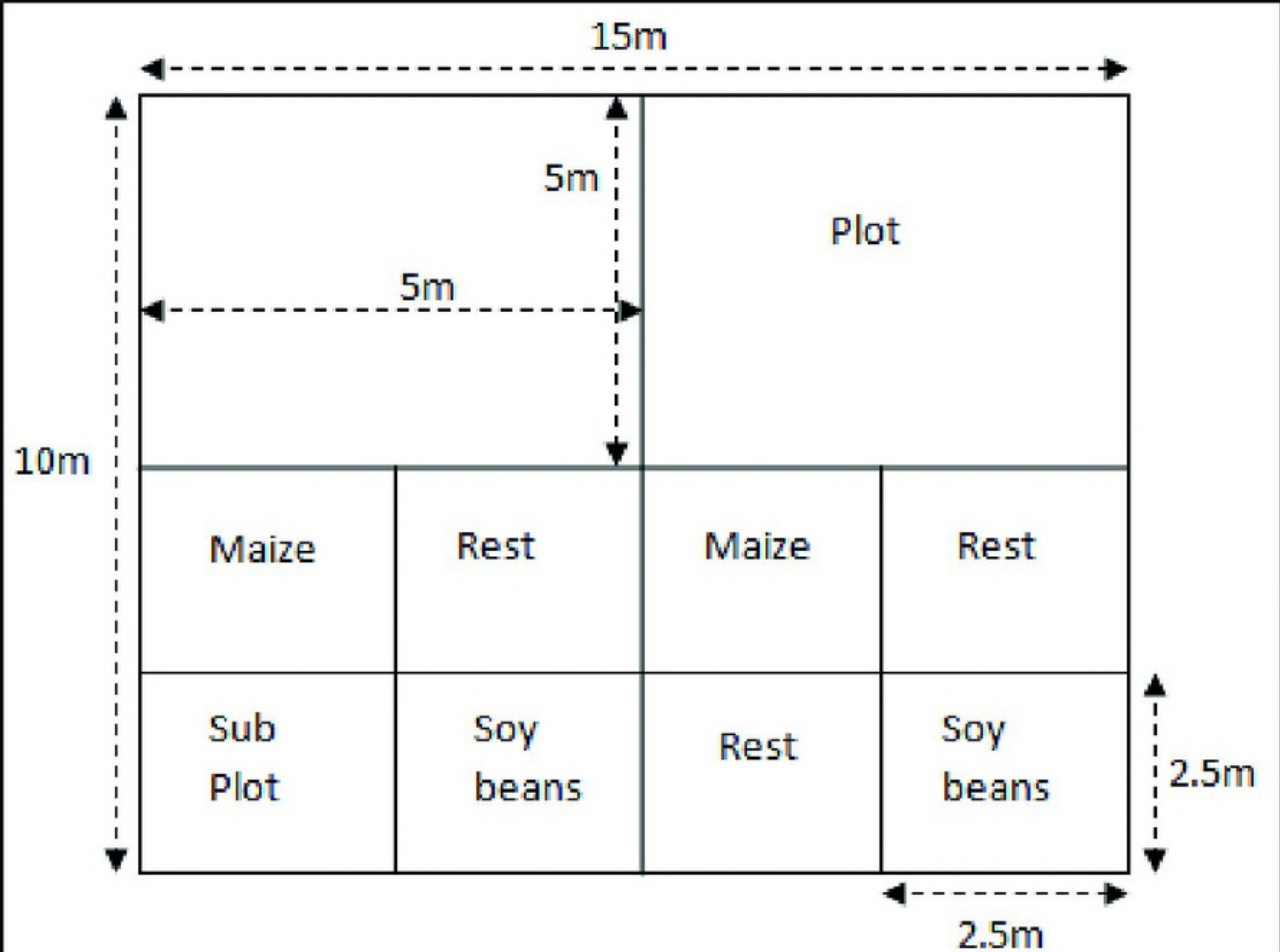
276 *Season II: July to November*

277 *Note: figures in the same column with different superscripts are significant at 95%*  
278 *level of significance.*

279

280 Figure 1: Treatment layout

281 Figure 2: Maize and Soybean yields under different treatments across two seasons



## Comparison of yield across seasons

